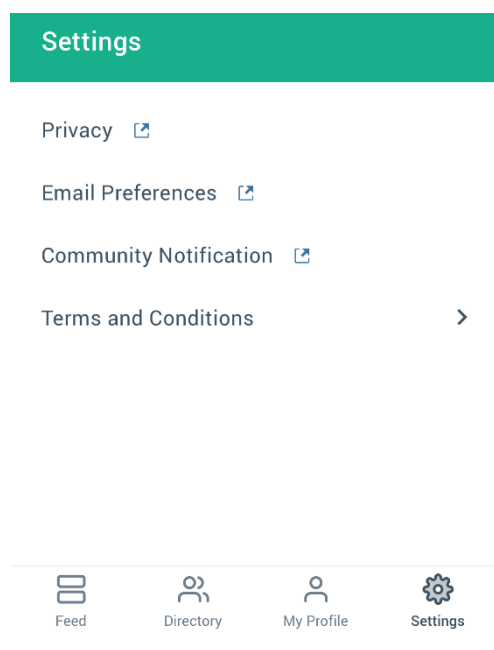# Settings

To view the Settings page, tap the **Settings** icon at the bottom right of the screen.

This page comprises several **external links** and an in-app link to Share Plate's terms and conditions.

Settings
Privacy ⬈
Email Preferences ⬈
Community Notification ⬈
Terms and Conditions >

Feed   Directory   My Profile   Settings

External links

This page primarily serves as a hub to several **external pages**; tapping the links takes you out of the mobile app and navigates you to their associated **page** on the Share Plate desktop / laptop version.

- **Privacy** - This profile page is where you control whether to appear in the Directory and community roster pages, as well as manage the privacy (i.e., visibility) setting for each of your profile fields.

- **Email Preferences** - This is where you manage to which email address you want various community-based email notifications sent. This could be any email address you want, like your personal or work address. You can also choose which notifications you *do* and *do not* want to receive.

- **Community Notifications** - Each time you join a community, you'll be prompted to choose whether to receive notifications *from* that community. You can opt-out altogether or choose one of several subscription types. Use this page to manage the subscription type for each community you belong to.

Help resources that outline every aspect of the pages mentioned above can be found at **shareplate.dietitiansaustralia.org.au/help**