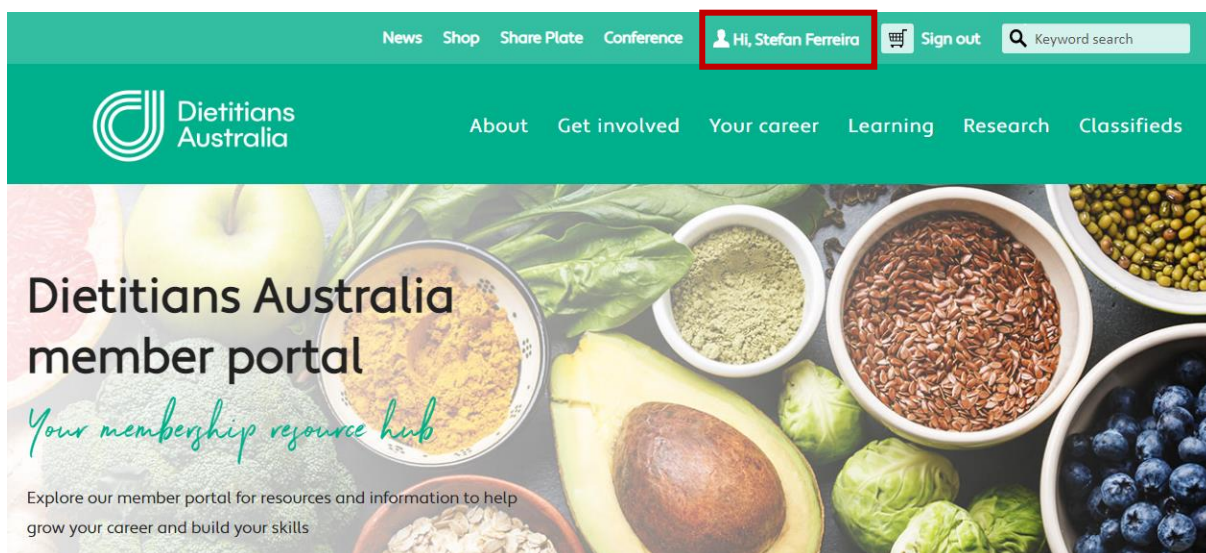


# How to join and leave communities on Share Plate

This guide will outline the steps required to join communities in Dietitians Australia's Interest Groups and Branches.

**Step 1: Navigate to the Dietitians Australia member portal located at <https://member.dietitiansaustralia.org.au/>**

**Step 2: Sign into the Member Portal and click your name in the top menu to navigate to your Member profile.**



## Step 2: Click on the Share Plate communities tab

Click on the 'Share Plate communities' tab; the fourth tab on the left-hand side. This tab will show you the full list of Interest and Discussion groups available for you to join.

Status Active - Financial    Membership Expiry 31/12/2022

About me  
Member profile  
Participation  
**Share Plate communities**  
Membership  
APD profile  
CPD logs 2020 onwards

## Share Plate communities

Select your interest topics below to join the relevant community in [Share Plate](#). You can also unselect the groups you are currently a member of but would like to leave. [Please note: as some of our systems update overnight, your request to join or leave Share Plate groups may not happen immediately. These updates should appear in your 'My Communities' list on Share Plate the following day. Discover more about joining or leaving groups in Share Plate.](#)

### Interest Groups

☒ Adverse Food Reactions
☒ Bariatric Surgery
☒ Cardiology

Step 3: Select the Interest Groups and Branches you'd like to join or leave

Select the groups you'd like to join and then click 'save'. There is no limit to the number of groups you can join. You can also unselect the groups you are currently a member of but would like to leave.

**A NOTE ON TIMING:** As our system syncs overnight, your request to join or leave these groups won't happen for approximately 24 hours. The updates will appear in your 'my communities' list on Share Plate the following day.

About me  
Member profile  
Participation  
**Share Plate communities**  
Membership  
APD profile  
CPD logs 2020 onwards  
Past CPD logs  
Billing  
Directory profiles  
Settings

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### Interest Groups

☒ Adverse Food Reactions
☒ Bariatric Surgery
☒ Cardiology

☐ Corporate Nutrition
☐ Culturally and Linguistically Diverse Nutrition
☐ Cystic Fibrosis

☒ Diabetes
☐ Dietetic Educators
☒ Dietitians in Management

☒ Dietitians in Private Sector
☒ Disability
☒ Eating Disorders

☐ Emerging Dietitians
☐ Food Composition
☒ Food Environment

☒ Food Service
☒ Gastroenterology
☐ Health Behaviour & Weight Management

☐ HIV/AIDS
☒ Indigenous Nutrition
☐ Integrative Medicine

☐ Ketogenic Diet
☐ LGBTIQ+
☒ Male Nutrition Issues

☒ Mental Health
☐ Nutrition Informatics
☐ Nutrition Support

☐ Nutritional Genomics
☐ Oncology
☐ Paediatrics & Maternal Health

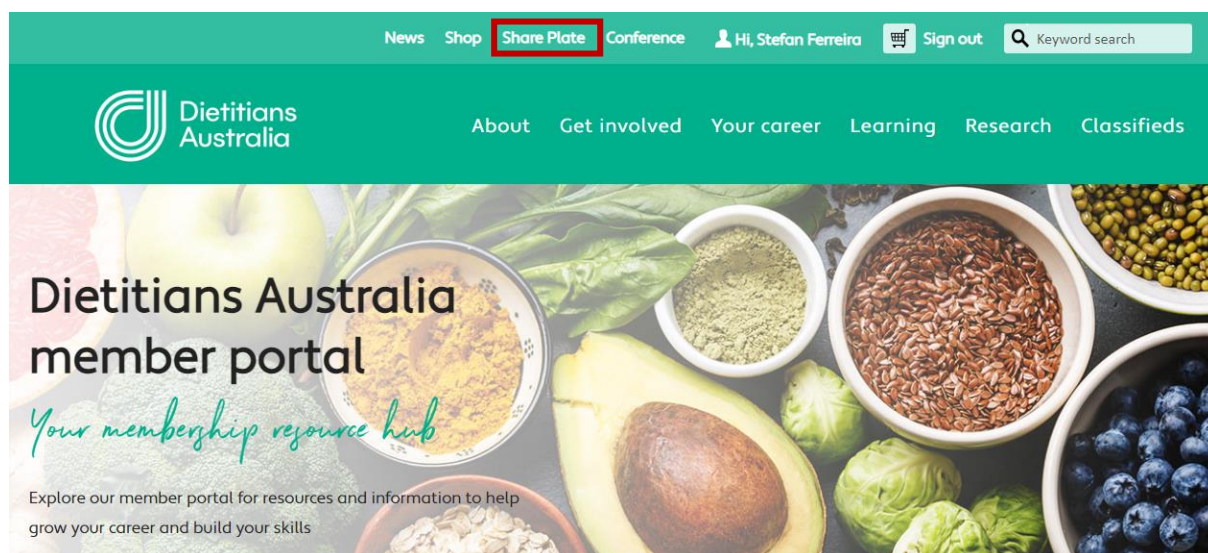
☐ Polycystic Ovarian Syndrome
☐ Public Health & Community Nutrition
☐ Rehabilitation Aged Care

**Branches**

<input type="checkbox"/> ACT	<input type="checkbox"/> NSW	<input type="checkbox"/> NT
<input type="checkbox"/> QLD	<input type="checkbox"/> SA	<input type="checkbox"/> TAS
<input type="checkbox"/> VIC	<input type="checkbox"/> WA	

#### Step 4: Check your 'My Communities' page in Share Plate (please remember to allow 24 hours for requests to be activated)

Click on 'Share Plate' in the top header menu of the Member Portal.



You'll then be taken to Share Plate. Go to the 'My Communities' section by clicking on the drop down menu for 'Communities' in the top navigation bar. Click on 'All communities' to see the full list of communities available, or visit 'My communities' to see the communities you are now part of.

## Welcome to Share Plate

Connect with peers, share ideas and join a diverse range of Interest Groups to keep across emerging discussions in the nutrition and dietetics field.

### Step 5: Join the conversation

Click on the name of the community to see the latest discussions, view resources in the library and participate in the discussion. For further information on how to get involved in Share Plate, check out other help resources at

<https://shareplate.dietitiansaustralia.org.au/help>