



We recently took the opportunity to speak with one of our CoreNet Global Canadian Chapter colleagues
Andrea Wolf MCR.w, SLCR
to discuss her experience with the Mentorship Program.

Throughout my career, I have been both a mentee and a mentor. Both serve a purpose and it's what you put into the relationship that drives the benefits you get out of it.

As a mentor in the CoreNet program, I want to be able to offer advice and areas of opportunity for those being mentored, whether it's an introduction to a person of influence for my Mentee or a suggested book or course that might help them on their path.

I also believe that you are never too old to participate as the Mentee. You can always learn something, seek advice or a different perspective from a trusted source. I also believe that the Mentor doesn't always have to be more experienced or older than you in order for it to be worthwhile. There are many organizations that are calling this reverse mentoring where they match up a younger Mentor with an older Mentee to share a different perspective.

I am having a great time meeting with my mentee and have probably gotten just as much out of the relationship as she has (I hope anyway). If nothing else it has expanded our professional network and the ability to comfortably reach out for quick questions, advice or a casual conversation.

My advice for others, participate, broaden your horizons, network and knowledge. Put yourself out there for the experience, have fun and let it just happen. It's a nice monthly check-in to keep you in check and a break from the everyday. Best advice is to keep your meeting even if you must delay it by a week. A Mentor relationship should happen naturally. You shouldn't be upset if it doesn't work, maybe the alignment of knowledge and need just wasn't there. Keep trying till you find the connection; you'll know when it happens.

I want to thank Craig Trenholm and his committee for the work that they have put into creating this program.

-Andrea Wolf, MCR.w, SLCR