

6th Annual

Jefferson Infertility Counseling Conference

When It Takes More Than Two To Make A Baby:
Basic and Advanced Skills

May 29 - June 1, 2019

Wyndham Philadelphia Historic District

PRESENTED BY:

Department of Obstetrics & Gynecology
Thomas Jefferson University

NEW THIS
YEAR!
NURSING
TRACK



NURSES AND MENTAL HEALTH PROFESSIONALS

CONFERENCE DIRECTORS

Andrea Braverman, PhD

Clinical Professor of Obstetrics & Gynecology
Clinical Associate Professor of Psychiatry & Behavioral Medicine
Thomas Jefferson University
Philadelphia, PA

Susan L. Crockin, JD

Principal, Crockin Law & Policy Group, PLLC
Sr. Scholar, O'Neil Institute for National & Global Health Law,
Georgetown Law Center
Washington, DC

William D. Petok, PhD

Clinical Associate Professor of Obstetrics & Gynecology
Thomas Jefferson University
Licensed Psychologist in Independent Practice
Baltimore, Maryland

FACULTY

Jean Benward, MS, LCSW

Counseling Office, San Ramon, CA

Helen L. Coons, PhD, ABPP

Department of Psychiatry,
University of Colorado School of Medicine
Aurora, CO

Nidhi Desai, JD

Partner, Desai & Miller
Deputy Director, AAAA
Chicago, IL

Alice Domar, PhD

Director of Integrative Care, Boston IVF
Associate Professor of Obstetrics & Gynecology,
Harvard Medical School, Waltham MA

Sharon Edwards, RN, BSN

Chief Clinical Officer,
Boston IVF, Waltham MA

Kathryn Go, PhD, HCLD (ABB)

Director, Embryology Laboratory, Boston IVF
Managing Director, Embryology
Waltham, MA

Elizabeth Grill, PsyD

Director, Psychological Services, CRM
Associate Professor of Psychology
Weill Cornell Medicine
New York, NY

Marcia Inhorn, PhD, MPH

William K. Lanman Jr. Professor,
Yale University, New Haven, CT

Lisa Rinehart, RN, JD

LegalCare Consulting, Inc.
Chicago, IL

William Schlaff, MD

Paul and Eloise Bowers Professor & Chair,
Department of Obstetrics & Gynecology,
Thomas Jefferson University, Philadelphia, PA

Lisa Schuman, LCSW

Director, The Center for Family Building
Director of Mental Health Services, RMA CT,
New York, NY and CT

Margaret Swain, RN, JD

Principle, Law Office of Margaret E. Swain
Director, AAAA
Baltimore, MD

Janet Takefman, PhD

Assistant Professor,
Depts of Obstetrics and Gynecology & Psychology,
McGill University
Montreal, Canada

Melissa Thompson

Patient Advisor
Patient & Family Advisory Council for Quality,
Memorial Sloan Kettering Cancer Center
New York, NY

CONFERENCE DESCRIPTION

Designed for mental health, nursing and other ART professionals, this unique conference explores ART's intertwined psychological, legal and ethical issues. Expert lectures, interactive sessions, small workshops, live psych lab and networking opportunities all enhance targeted learning. Join Us!

CONFERENCE OBJECTIVES

Wednesday, May 29: Fundamentals

At the conclusion, participants should be able to:

- Describe counseling approaches and challenges for ART for mental health and nursing professionals
- Recognize the roles and risks of patient consent and psychoeducation in ART

Thursday, May 30: Advanced Clinical Practice

At the conclusion, participants should be able to:

- Understand the donor-conceived community's psychosocial diversity and complexity
- Describe the evolving impact of pre-implantation genetic testing

Thursday, May 30: Nursing Track

At the conclusion, participants should be able to:

- Understand the impact of genetic technologies/information, mental health, and societal/cultural diversity on ART patients
- Identify common stressors in fertility nursing and develop mechanisms for setting boundaries and resolving nursing dilemmas in office-based practice.

Friday, May 31: Ethics

At the conclusion, participants should be able to:

- Identify the current psychosocial, counseling and legal challenges in surrogacy
- Develop ethical problem solving strategies for working with surrogacy stakeholders

Saturday, June 1: Use and Interpretation of the Personality Assessment Inventory (PAI) in Reproductive Medicine Workshop

WORKSHOP DESCRIPTION

A basic introduction to the use and interpretation of the Personality Assessment Inventory (PAI) in reproductive medicine and fertility counseling settings. This workshop will address the unique features of the PAI, with particular attention to the problem of defensiveness, and includes case studies for illustration.

WORKSHOP OBJECTIVES

- 1) Describe the unique advantages of the PAI for psychological assessment of individuals in reproductive medicine and fertility counseling settings
- 2) List three types of respondent behavior that affect the accuracy of PAI results
- 3) Describe three strategies for evaluating defensiveness of individual respondents

SYLLABUS MATERIALS

All lectures will be available to download and print prior to the conference.

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|------------------------|--------------|------------|------------------------------|
| CREDITS OFFERED | May 29, 2019 | 8 | Continuing Education Credits |
| | May 30, 2019 | 7 | Continuing Education Credits |
| | May 31, 2019 | 3.75 | Continuing Education Credits |
| | June 1, 2019 | 5.5 | Continuing Education Credits |

Number of continuing education credits are based on those awarded by the specific professional organization awarding those credits. Health Psychology Solutions (HPS) is approved by the American Psychological Association to sponsor continuing education for psychologists. HPS maintains responsibility for this program and its content. CEs will be provided upon completion of the post course surveys. If you have questions about APA CE credits, please contact Helen L. Coons, PhD, ABPP, Health Psychology Solutions at 215-370-2342 or hcoons@comcast.net.

Applications for continuing education credits for social workers are under review for the National Association of Social Workers, NY State Social Work and the New York Mental Health Counselors Association. Number of contact hours may vary by the providing organization.

A maximum of 17.75 nursing contact hours will be awarded for this program. The participant must attend the entire program to be eligible for full contact hour credit. Thomas Jefferson University Hospital is an approved provider of Continuing Nursing Education (CNE) by the PA State Nurses Association, an accredited provider by the American Nurses Credentialing Center's Commission on Accreditation.

All faculty are required to disclose to the audience (1) significant financial relationships with the manufacturer(s) of any commercial products, goods or services and (2) any unlabeled or unapproved uses of drugs or devices discussed in their presentations. Such disclosures will be made in writing or electronically in the course of presentation materials.

IMPORTANT REMINDER! A participant may arrive no more than 10 minutes late and must attend the full day to receive credit that day. Please arrive early to check in for each day!

ACCOMMODATIONS A block of rooms at the Wyndham Philadelphia Historic District Hotel, 400 Arch Street, Philadelphia PA, 19106 has been arranged at a special group conference rate at \$169.00 per night, current tax 15.5%, subject to change without notice. Rates may be available pre/post conference based on hotel room availability. Rooms must be reserved by **May 8, 2019** to receive the conference rate. Call 267-765-3382 and mention Thomas Jefferson University. We **strongly** recommend making hotel reservations early to benefit from the reduced conference room rate.

- 7:30 am Registration and Breakfast (provided)
- 8:15 am Welcome
- 8:30 am The Doctor Is In: New Advances in ART
William Schlaff, MD

Attendees have the choice of Track 1 or 2 for morning only

TRACK 1

- 9:30 am Donor and Gestational Surrogate Evaluations
Andrea Braverman, PhD
- 10:30 am Refreshment Break
- 10:45 am Men are from Mars: Understanding Male Infertility
William Petok, PhD
- 11:15 am Practicing safer ART: Legal Considerations in 3rd Party Family Building
Susan Crockin, JD

TRACK 2

- 9:30am Sexual Trauma: Preparing Women for Ob/Gyn/RE Procedures
Helen Coons, PhD, ABPP
- 10:30 am Refreshment Break
- 10:45 am Creative Counseling Interventions and Theoretical Frameworks for 3rd Party and Loss
Janet Takefman, PhD and Elizabeth Grill, PsyD

12:00 pm Lunch and Faculty Led Mini Seminars

COMBINED AFTERNOON TRACKS

- 1:30 pm Details Matter: a Personal Story of How and Why We Consent Patients
Melissa Thompson
- 2:00 pm Consent Forms and Risk Management
Lisa Rinehart, RN, JD
- 2:45 pm Refreshment Break
- 3:15 pm Ripped from Your Offices
Braverman, Crockin, Petok
- 4:00 pm KEYNOTE: The Mind-Body Doctor Is In: Approaches to Infertility Management**
Alice Domar, PhD
- 5:00 pm Day 1 Adjourns
- 6:00 pm Welcome Cocktail Reception**
Sponsored by California Cryobank

THURSDAY, MAY 30 2019 | ADVANCED CLINICAL PRACTICE

- 7:30 am Registration and Breakfast (provided)
- 8:15 am Welcome and Welcome Back
- 8:30 am Another Royal Wedding: ART and Genetics
Kathryn Go, PhD, HCLD (ABB)
- 9:15 am The "Kids" Are Alright, But How About the Rest of Us? Voices of the Donor-Conceived Community
Moderator: Andrea Braverman, PhD
- 10:15 am Refreshment Break
- 10:45 am Donor Linking: When Donors, Donor-Conceived and Genetic Siblings Make Contact
Jean Benward, MS, LCSW
- 11:30 am Ripped From the Headlines
Andrea Braverman, PhD, Susan Crockin, JD and William Petok, PhD
- 12:00 pm Networking Lunch (provided)
- 1:00 pm Breakouts I (Choose One):
 - Talking to Donor-Conceived "Kids"
Jean Benward, MS, LCSW
 - Understanding and Supporting Surrogacy Relationships
Andrea Braverman, PhD
 - Oncofertility
Helen Coons, PhD, ABPP

- Legal Tips for Gamete Donation and Surrogacy
Susan Crockin, JD and Margaret Swain, RN, JD
- Implementing Mind-Body Approaches in your Practice
Alice Domar, PhD
- The Lab Director is In: A Look Under the Hood
Kathryn J. Go, PhD, HCLD
- What's Sex Got To Do With It?
William Petok, PhD
- Protecting Yourself With the Challenging Patient
Lisa Rinehart, RN, JD
- 2:00 pm Breakouts II (Choose One Topic From Breakout I)
- 3:00 pm Refreshment Break
- 3:30 pm What's New in LGBTQ Family Building?
Lisa Schuman, LCSW
- 4:15 pm KEYNOTE: Cultural Sensitivity in Reproductive Medicine Counseling: ART & Infertility in the Muslim World**
Marcia Inhorn, PhD, MPH
- 5:00 pm Day 2 Adjourns

6:00 pm Optional Networking Dinner *This is an optional dinner at Positano Coast (additional cost of \$45 not included in the conference fee). See website for more details.*

THURSDAY, MAY 30 2019 | NURSING TRACK



- 7:30 am Registration and Breakfast (provided)
- 8:15 am Welcome and Welcome Back
- 8:30 am Another Royal Wedding: ART and Genetics
Kathryn Go, PhD, HCLD (ABB)
- 9:15 am Welcome to the Nursing Track
Lisa Rinehart, RN, JD
- 9:20 am Stress Management for the Overloaded Nursing Professional
Alice Domar, PhD
- 10:15 am Refreshment Break
- 10:30 am Patient Boundaries: How to Know, Set, and When to Move Them
Janet Takefman, PhD
- 11:15 am "Ripped from Your Offices"
Sharon Edwards, RN, BSN, Lisa Rinehart, RN, JD and Margaret Swain, RN, JD
- 12:00 pm Moderated Networking Lunch (provided)
- 1:00 pm Welcome Back to the Nursing Track
Sharon Edwards, RN, BSN
- 1:05 pm Identifying and Addressing Diverse Patients' Needs
Liz Grill, PsyD
- 1:45 pm Support Services 101: Helping Patients Find and Use Resources
Sharon Edwards, RN, BSN
- 2:15 pm Nurses and Lawyers: What We Need from Each Other
Margaret Swain, RN, JD
- 3:00 pm Refreshment Break
- 3:30 pm What's New in LGBTQ Family Building?
Lisa Schuman, LCSW
- 4:15 pm KEYNOTE: Cultural Sensitivity in ART in the Muslim World**
Marcia Inhorn, PhD, MPH
- 5:00 pm Day 2 Adjourns

FRIDAY, MAY 31 2019 | ETHICS WITH LIVE PSYCHOLOGY LAB

- 7:30 am Registration and Breakfast (provided)
- 8:15 am Welcome and Welcome Back
- 8:30 am What's New in Surrogacy: An Ethics and Legal Update
Nidhi Desai, JD and Andrea Braverman, PhD
- 9:15 am Live Psychology Ethics Lab: A Surrogacy Arrangement in 3 Acts (Faculty)
You're the therapist for our actors, either international intended parents or their gestational carrier, facing real-life surrogacy issues
- ACT 1, Starting in Small Groups:
You meet your clients to address their initial evaluations and psychoeducational issues
- ACT 2, Small Groups Continue:
You helped "make a match" and now you have an international surrogacy arrangement to help maintain and counsel as their challenges arise
- 10:45 am Break
- 11:15 am ACT 3, All Together Now:
Our groups come together to share their expertise and experiences.
- 12:00 pm Top 10 Ethical Tips for the Road Home (Faculty)
- 12:30 pm Conference Adjourns

SATURDAY, JUNE 1 2019 | PAI WORKSHOP (Optional) | *John Kurtz, PhD*

USE AND INTERPRETATION OF THE PERSONALITY ASSESSMENT INVENTORY (PAI)

- 9:00 Structural Features of the PAI
PAI Full Scales and Subscales
Conceptual Rationale and Development
- 10:30 Break
- 10:45 Detection of Random/Careless and Negative Response Distortion
Assessment of Positive Response Distortion and Defensiveness
Validation Studies and Case Illustrations
- 12:00 Lunch (on your own)
- 1:00 Full Scale and Subscale Profile Interpretation
Psychodiagnosis Using Fit Coefficients and LOGIT Functions
Cluster-Based Interpretation
- 2:30 Break
- 2:45 Assessment of Motivation and Amenability for Treatment
Use of the PAI for Treatment Selection
Case Studies
- 4:00 Adjourn

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May 29 - June 1, 2019

ONLINE REGISTRATION

Pay by credit card and register online for fastest service and confirmation. Go to JeffersonHealth.org/InfertilityCounselingConference. Visa and MasterCard are accepted.

REGISTRATION INFORMATION

The registration fee includes all course materials, which will be made available on the website for attendees only, continental breakfast, lunch, cocktail reception, and refreshment breaks. **The deadline for early bird registration is May 6th.** Your registration will be confirmed via e-mail. If you have special needs, please contact Andrea M. Braverman, PhD by **May 14th** at Andrea.Braverman@Jefferson.edu. The registration fee does not include parking or hotel room fees.

LOCATION

Wyndham Philadelphia Historic District, 400 Arch Street, Philadelphia, PA 19106.
Phone: (215) 923-8660

CANCELLATION/REFUND POLICY

Registration cancellations must be received in writing by **May 15, 2019**. Your paid tuition, less a \$50.00 administrative fee, will be returned. No refunds will be granted after **May 15, 2019**. Jefferson ObGyn reserves the right to cancel or postpone this course due to unforeseen circumstances. In the event of cancellation or postponement, Jefferson ObGyn will refund registration fees, but is not responsible for related costs or expenses to participants, including cancellation fees assessed by hotels, airlines or travel agencies.

| | | | | |
|-----------------------------|------------|--|---------------|-------------------------|
| Title (Dr, Mr, Ms, Mrs) | First Name | MI | Last Name | Personal Title (II, Jr) |
| Degree (MD, PhD, BSN, etc.) | | Profession (Psychologist, Social Worker, MFT, JD, Licensed Counselor, Nurse, Lawyer, etc.) | | |
| Company/Organization Name | | Position/Job Title | | |
| Address | | City | State | Zip |
| Mobile Phone* | | Office Phone | Email Address | |

**Your mobile phone number will not be disseminated and is only intended to record attendance at selected activities*

REGISTRATION FEES

EARLY BIRD REGISTRATION DEADLINE IS MAY 6, 2019.

Until May 6 After May 6 Select Your Days

- Entire Conference*\$575.....\$650
- 2 Days of Conference*\$450.....\$525..... W Th F
- 1 Day of Conference*\$275.....\$325..... W Th F

I am attending the Wednesday Session Track #1 Track #2

I am attending the Nursing Track

-
- Saturday PAI Workshop* *Until May 1 After May 1*
\$200 \$225

***Saturday PAI Post Conference Workshop is a separate fee, not included in Conference Fee and will be held at 833 Chestnut Street, OBGYN Dept.**

PAYMENT

TOTAL AMOUNT ENCLOSED \$ _____

- Check enclosed made payable to Jefferson ObGyn
- Visa MC

Account Number _____ Expiration Date _____

Cardholder's Name _____

Cardholder's Signature (required) _____

Billing Address (if different from above) _____

REGISTER ONLINE

JeffersonHealth.org/InfertilityCounselingConference

OR MAIL THIS FORM AND CHECK TO:

Andrea Braverman, PhD
Jefferson OBGYN
833 Chestnut Street, Mezzanine
Philadelphia, PA 19107

QUESTIONS?

For registration questions, contact Jacki Bennis at 843-856-5150 ext. 2

For any other questions, please contact Andrea Braverman, PhD at (215) 955-9216 or Andrea.Braverman@Jefferson.edu.



Jefferson

Philadelphia University +
Thomas Jefferson University

HOME OF SIDNEY KIMMEL MEDICAL COLLEGE

Jefferson OBGYN
833 Chestnut Street, Mezzanine
Philadelphia, PA 19107

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