

#### PRESIDENT'S WELCOME

APRIL NELSEN, PHD MLS(ASCP)

ASCLS-SD PRESIDENT
CLINICAL ASSISTANT PROFESSOR, CLINICAL COORDINATOR
SOUTH DAKOTA STATE UNIVERSITY

Welcome to ASCLS-SD! I am so excited to serve as your president for 2023-24. Each and every one of you is a valued member of our lab profession, and my goal as the ASCLS-SD President is to capture our uniqueness and share our passion for lab science to anyone and everyone.



**SUMMER 2024** 

# NEWSLETTER HIGHLIGHTS

- PRESIDENTS WELCOME- 1
- PAST PRESIDENT MESSAGE- 3
- RECRUITMENT AND RETENTION4
- ASCLS-SD HIGHLIGHTS-6
- JAM HIGHLIGHTS-7
- WHAT'S NEXT- 9

# UPCOMING EVENTS

- 9/28-9/29: ASCLS REGION V
- 10/23-10/24 LEG DAYS
- 1/14 MID-YEAR HOUSE OF DELEGATES
- 2/22-2/24 CLEC
- 4/11-4/12 ASCLS-SD SPRING SYMPOSIUM
- 7/7-7/11 JAM

To better serve our patients, my community of medical laboratory professionals share knowledge, ideas, and resources.

#Lab4Life

#lamASCLS and I renewed my membership





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APRIL NELSEN
ASCLS-SD PRESIDENT



**ASCLS SOUTH DAKOTA** 



#### HTTPS://ASCLS.ORG/OFFTHEBENCH/

### PRESIDENT'S WELCOME CONTINUED

A little bit about myself. My husband, Aaron, and I have 4 children: Kaeley, Julia, Mark, and Chloe. We are sending our oldest to college this year (Go Yotes?). We live on an acreage just north of Sioux Falls where we raise chickens. I am currently a Clinical Assistant Professor at South Dakota State University (Go Jacks!!) and the Clinical Coordinator for our MLS Program.

As we move into the new year, I hope to build on the excitement of our new board by hosting events and giving back to our community. The growth of our profession relies on our members, especially the newer members. While we cannot do it all overnight, we can lay the groundwork for our upcoming generations. I am here to serve you, ASCLS-SD, so please contact me with anything.

Please join our Facebook group: <u>ASCLS South</u> <u>Dakota</u> to stay up to date on the happenings!

Contact information: april.nelsen@sdstate.edu or ascls.southdakota@gmail.com 605-941-3035

# A MESSAGE FROM THE OUTGOING PRESIDENT

STACIE LANSINK, MS MT (ASCP)

As I close out another term as the ASCLS-SD president, I look forward to seeing how this organization continues to evolve. Now more than ever we need to show how great our profession is and the continued demand for laboratory professionals. This past year, MLS and MLT students were able to attend our meetings and network with professionals. They were able to see what a laboratory degree can provide and all the opportunities available.

This year also brought some changes to our region as we navigate without having a Region V director and working toward a council for our region and the Region V Symposium. Our region is strong, and your continued support is greatly appreciated.

As we move into the next phase, the Board of Directors for ASCLS-SD continues to work to create our presence in South Dakota. Your continued membership and the promotion of the profession is greatly appreciated.



Convenient, High-Quality, and Affordable Continuing Education for Laboratory Professionals



STACIE LANSINK ASCLS-SD PAST PRESIDENT



ascis.org/renew



# RECRUITMENT AND RETENTION OF VOLUNTEERS; MAKE IT A PRIORITY!

# PAT TILLE PH.D. MLS(ASCP) AHI(AMT) FACSC ASCLS PRESIDENT ELECT 2023-2024

As a non-profit organization, the American Society for Clinical Laboratory Science (ASCLS), relies on the contributions and participation of volunteers at all levels. However, with all the external factors such as work life balance that includes personal and professional commitments it has become a critical challenge for our state, regional and national opportunities. The recruitment and retention of volunteers should be a priority at all levels.

How do you recruit, retain and encourage volunteer engagement? The first step in building a successful volunteer pool is laying out the description of the role and the expectations. That sounds easier than it is. Does the description say what you think? Does the description say what the volunteer things? Do they match? If the description and expectations are clear, that builds the first level of trust between the organization and the volunteer. A few additional helpful hints to make your description effective, includes the line of communication for the volunteer to find help, encouragement or how to full fill their role. This can also be accomplished by providing links to useful information on your ASCLS state website including documents and minutes in strategically created files folders in your state library option. It is a true statement that no one seems to want to read long documents, information should be accessible, easy to read and find! That is your first strategy to retention!



PAT TILLE
ASCLS PRESIDENT
ELECT



The second step in building your volunteer pool is considering the WHY? Why should someone volunteer for the position? How is the position connected to the cause? This is where the rubber meets the road for every organization and volunteer. If the description is well written, the expectations and communication are clear, the next critical point is what does it do for the organization and is there a passion or connection to the volunteer. Often in professional organizations such as ASCLS, the impact of a volunteer's contribution is not something that is often perceived as tangible or visible. Volunteers are driven by their commitment to the organization, the profession and as a servant leader in most cases. Everything a volunteer does, even stuffing the attendee packets the night before your state meeting is impactful. It demonstrates organization to the meeting attendees. The point of this is, no measure of commitment from a volunteer is too small or intangible! Everything they do impacts something else and is a piece of the entire puzzle!

The last little bit of advice for securing a volunteer or even considering becoming a volunteer, is the flexibility of the opportunity! Not everyone can meet on a Monday at 5 pm CDT. In South Dakota, as an example, we have two time zones. Five pm may work on the eastern side of the state, but not the western side of the state. Monday may not work for everyone. What about off shift professionals? If you set up a standard meeting time to accommodate most of the committee, taskforce, board of directors or planning committee, have a secondary meeting time as well. Vary that time from one month to the next as alternates to permit an opportunity to include everyone who wishes to volunteer. Every volunteer is a valuable asset to the organization and should be viewed as such. Remove the barriers and be willing to adjust as needed!

Remember, ASCLS is a grassroots organization founded on the driving force of the needs of our profession through our members! All members are valuable and should be viewed as assets to the

organization. Never turn away someone who wants to learn a new position or simply help for a day! Anyone who has the passion, the drive and desire to volunteer should be provided that opportunity. The key is continued support, encouragement, and education! This can only be accomplished through continued communication and support. Never leave a volunteer waiting for a response!

Volunteers are the key to success in ASCLS! Volunteer management is important and an asset at all levels. Making it a priority will strengthen the organization and improve member services, recruitment and retention!

#### **ASCLS-SD PURPOSE**

ASCLS-SD, BEING A
CONSTITUENT SOCIETY OF
THE AMERICAN SOCIETY
FOR CLINICAL LABORATORY
SCIENCE, EMBRACES THE
MISSION OF ASCLS FOR
OUR SOUTH DAKOTA ASCLS
MEMBERS, LABORATORY
SERVICES AND THE
RESOURCES WE PROVIDE
TO THE PUBLIC.

#### **SOCIETY OVERVIEW**

THE AMERICAN SOCIETY FOR CLINICAL LABORATORY **SCIENCE-SOUTH DAKOTA** (ASCLS-SD) IS A STATE **CONSTITUENT SOCIETY OF** THE AMERICAN SOCIETY FOR CLINICAL LABORATORY SCIENCE (ASCLS) AND JOINS MINNESOTA, NORTH **DAKOTA, AND WISCONSIN** IN MAKING UP ASCLS **REGION V. ASCLS REGION V** IS ONE OF THE TEN STRUCTURED REGIONS IN THE NATIONAL ORGANIZATION OF ASCLS.

THIS "GRASSROOTS
STRUCTURE" GIVES ASCLS
MEMBERS TRUE
PROFESSIONAL VOICE
WHERE IT COUNTS, WITHIN
THE STATE, WITHIN THE
REGION AND AT A
NATIONAL LEVEL. YOUR
PROFESSIONAL VOICE,
VALUE, AND VISION COUNT,
IS RECOGNIZED AND IS
VALUED!

### **ASCLS-SD HIGHLIGHTS**

# CONGRATULATIONS TO THE ELECTED BOARD!

PRESIDENT: APRIL NELSEN

PRESIDENT-ELECT: JENNIFER BANNWARTH

PRESIDENT-ELECT ELECT: ALISSA NEIGEL

SECRETARY/TREASURER: KASSI ERICKSON

BOARD MEMBER AT LARGE: ANN THOMAS HEGERFELD, TONIA BENTHIN

ASCENDING PROFESSIONAL MEMBER-AT-LARGE: HANNAH FOSTER

NOMINATIONS COMMITTEE: KACIE BIRKEL, KACY PETERSON

**DEVELOPING PROFESSIONAL: EMMA MATRISCIANO** 

## CONGRATULATIONS TO THE ASCLS-SD AWARD WINNERS

MEMBER OF THE YEAR: TONIA BENTHIN

ASCLS-SD TRAVEL GRANT: HANNAH HASSE AND ELIZABETH FOSTER

ASCLS-SD SCHOLARSHIP: DHALTEN DIRKS, ANNA FELDMAN, HANNAH HASSE



FIRST ANNUAL BEAN BAG TOURNAMENT WINNERS:
ANN HEGERFELD AND BEN FORMELT

### **JAM HIGHLIGHTS**

# **CONGRATULATIONS!!!**

#### **SOUTH DAKOTA HIGHLIGHTS:**

PATRICIA TILLE WAS ELECTED AS THE ASCLS NATIONAL PRESIDENT-ELECT.

STEPH JACOBSON WAS ELECTED ONTO THE ASCLS NOMINATIONS COMMITTEE.

APRIL NELSEN RECEIVED THE VOICES UNDER 40 AWARD

KASSI ERICKSON WON THE GRADUATE POSTER COMPETITION WITH 2ND PLACE IN BEST OVERALL.

APRIL NELSEN WON THE ORAL PRESENTATION.

#### **REGION V HIGHLIGHTS:**

ALI NUSSBAUM FROM MINNESOTA WAS ELECTED TO THE NATIONAL BOARD OF DIRECTORS.

POLITICAL ACTION COMMITTEE FUNDRAISING CONSTITUENT SOCIETY MOST CONTRIBUTED PER MEMBER: 3RD PLACE WITH \$8.31 PER MEMBER.

POLITICAL ACTION COMMITTEE FUNDRAISING CONSTITUENT SOCIETY MOST CONTRIBUTED: 2ND PLACE WITH \$1,412 TOTAL.



DR. PAT TILLE BEING SWORN IN AS ASCLS PRESIDENT-ELECT



DR. KASSI ERICKSON ACCEPTING ONE OF HER AWARDS



DR. NELSEN'S ORAL PRESENTATION

## **FUN AT JAM!!**



ASCLS-SD AT JAM:
PAT TILLE, KASSI ERICKSON,
APRIL NELSEN, STEPHANIE
JACOBSON, AND EMMA
MATRISCIANO



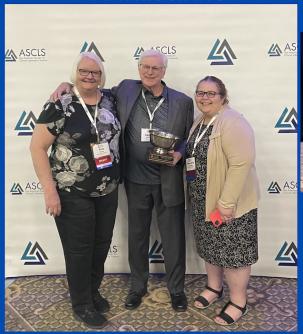
**REGION V SOCIAL!** 



**MORE REGION V FUN!** 



GALINA DRONOVA, CRYSTAL PAUL, AND KASSI ERICKSON AT ALPHA MU TAU



GEORGE FRITSMA LIFETIME ACHIEVEMENT AWARD NOMINATED BY PAT AND TOULA!



**REGION V AT JAM!!** 



THERE'S ALWAYS TIME FOR ICE CREAM!



LAB FRIENDS MAKE
THE BEST FRIENDS!
 ASCLS-SD
 DEVELOPING
 PROFESSIONAL
 EMMA
MATRISCIANO WITH
HER ROOMMATE
FROM LOUISIANA

## **WHAT'S NEXT?**



REGISTER AT: HTTP://WWW.REGIONVASCLS.ONLINE/



PLEASE REACH OUT TO APRIL NELSEN IF YOU WANT TO ATTEND!!



PLEASE REACH OUT TO APRIL NELSEN IF YOU WANT TO BE A PART OF THE PLANNING!!





