

Literature summaries are provided as information only. Please refer to the original published articles for complete details on study methodology, results and discussion.

- *** Must read. Landmark publication that affects practice
- ** Recommend reading. Secondary paper that adds to literature
- * Consider reading. cursory importance to the practice

Hematopoietic Cell Transplantation

**Scott BL, Pasquini MC, Logan BR, et al. Myeloablative versus reduced-intensity hematopoietic cell transplantation for acute myeloid leukemia and myelodysplastic syndromes. *J Clin Oncol*. 2017 Feb 13 [Epub ahead of print]. <https://www.ncbi.nlm.nih.gov/pubmed/28380315>

- Randomized, multicenter phase III trial comparing MAC (n=135) versus RIC (n=137) followed by HCT from MRD or MUD in adult patients with AML or MDS.
- Accrual ended early due to significantly higher relapse at 18 months with RIC (48.3%; 95% CI, 39.6% to 56.4%) versus MAC (13.5%; 95% CI, 8.3% to 19.8%) ($P<.001$); relapse was the primary cause of death (86.4%) for those receiving RIC.
- TRM at 18 months was significantly higher in the MAC arm (15.8%; 95% CI, 10.2% to 22.5%) versus the RIC arm (4.4%; 95% CI, 1.8% to 8.9%) ($P=.002$); GVHD was the primary cause of death (50%) for those receiving MAC.
- The primary endpoint of OS at 18 months post-random assignment was 77.5% (95% CI, 69.4% to 83.7%) in the MAC arm and 67.7% (95% CI, 59.1% to 74.9%) in the RIC arm ($P=.07$); this was not statistically significant.
- When treating death and relapse as competing risks, the cumulative incidence of grade 2-4 GVHD at day 100 was 44.7% (95% CI, 36% to 53%) with MAC and 28.6% (95% CI, 21% to 36%) with RIC ($P=.006$); grade 3-4 GVHD at day 100 was 14.4% (95% CI, 9% to 21%) with MAC and 3.8% (95% CI, 1% to 8%) with RIC ($P=.003$); chronic GVHD at 18 months was 65.6% (95% CI, 57% to 73%) with MAC and 36.9% (95% CI, 28% to 45%) with RIC ($P<.01$).
- The authors concluded that although RIC lowered TRM, this benefit was offset by significantly higher relapse rates in those receiving MAC. Even though the difference in OS was not statistically significant, OS was numerically lower for those receiving RIC. The data supports the use of MAC as standard of care for fit patients with AML or MDS.

*Purev E, Tian X, Aue G, et al. Allogeneic transplantation using CD34+ selected peripheral blood progenitor cells combined with non-mobilized donor T cells for refractory severe aplastic anemia. *Br J Haematol*. 2017 Feb 7. Doi: 10.1111/bjh.14448. [Epub ahead of print]. <https://www.ncbi.nlm.nih.gov/pubmed/28169418>

- Prospective, non-randomized study of 15 heavily-transfused patients with BMFS who underwent MRD HCT with GCSF-mobilized T-cell depleted CD34+ cells co-infused with a BMT equivalent dose of non-mobilized donor T-cells. Outcomes were compared with a historical cohort of 56 similar patients who received unmanipulated PBSC transplant.

- All patients in the study cohort achieved neutrophil recovery occurring at a median time of 14 days (range 10-23), 14/15 (93%) achieved platelet recovery at a median time of 18 days (range 9-321), and none experienced graft rejection. Results were similar in both cohorts.
- All patients in the study cohort achieved full donor ($\geq 95\%$) T-cell and myeloid chimerisms at a median time of 30 days (range 15-730) and 15 days (range 15-30) post-transplant, respectively. Although myeloid engraftment was similar to the historical cohort, the study cohort was significantly slower in achieving full-donor T-cell chimerism (53% vs 82% by day 30; $P=0.014$).
- Two patients each (13%) developed acute grade II-IV (95% CI: 2-35) and chronic GVHD (95% CI: 2-35) in the study cohort at day 100. The historical cohort experienced significantly more grade II-IV acute GVHD (13% vs 52%; $P=0.010$) and chronic GVHD (13% vs 72%; $P=0.0004$).
- With a median follow-up of 42 months (range 11-61), 13 out of 15 patients in the study cohort survived, for an estimated OS probability of 86% (95% CI: 71-100). OS was comparable between cohorts (86% vs 87%; $P=0.86$).
- Although this method showed delayed T-cell reconstitution, the authors concluded that this method achieves excellent engraftment and survival with a reduction in acute and chronic GVHD without increasing the risk of graft rejection. These findings are hypothesis-generating and warrant further investigation especially among lower-risk SAA patients with treatment-naïve disease.

*Sakellari I, Mallouri D, Gavriilaki E, et al. Survival advantage and comparable toxicity in reduced-toxicity treosulfan-based versus reduced-intensity busulfan-based conditioning regimen in myelodysplastic syndrome and acute myeloid leukemia patients after allogeneic stem cell transplantation. *Biol Blood Marrow Transplant*. 2017;23:455-451. <https://www.ncbi.nlm.nih.gov/pubmed/27914967>

- Twenty-five patients with AML and 6 patients with MDS were treated with a fludarabine 150 mg/m² and treosulfan 42 g/m² (FluTreo) regimen (plus anti-thymocyte globulin 5 mg/kg for unrelated donors) compared with 26 historical controls treated with a fludarabine 150-180 mg/m², busulfan 6.4 mg/kg, anti-thymocyte globulin 5-7.5 mg/kg (FluBuATG) regimen. Of note, there were more MUD recipients in the FluTreo group ($p<0.001$).
- No grade III or grade IV organ toxicities were observed in either group. 1-year OS probability was 76% with FluTreo and 57% in FluBuATG ($p=0.026$) and DFS was 79% vs 38% ($p<0.001$). In multivariate analysis, the only significant favorable factor for OS and DFS was use of the FluTreo regimen ($p=0.010$, $p=0.012$).
- Relapsed mortality at 1 year was significantly lower in the FluTreo group compared to the FluBuATG group (7.4% vs 42.3%, $P<0.001$).
- Rates of acute and chronic GVHD ($P=0.426$ and 0.247 , respectively) and TRM ($P=0.681$) were similar between the two groups.
- The authors concluded that a treosulfan-based regimen resulted in favorable OS and DFS with acceptable toxicity and low relapse rates compared with busulfan-based conditioning.

Others

*Iglesias L, Perera MM, Torres-Miñana L, Pena-López MJ. CMV viral load in bronchoalveolar lavage for diagnosis of pneumonia in allogeneic hematopoietic stem cell transplantation. *Bone Marrow Transplant*. 2017 Feb 20. [Epub ahead of print]. <https://www.ncbi.nlm.nih.gov/pubmed/28218754>

- Single center study of 56 patients post alloHCT to describe those who had a detectable CMV viral load in their bronchoalveolar lavage fluid.
- Thirty-five (62.5%) patients experienced plasma CMV reactivation in the first 100 days. Ten out of 16 BAL samples collected were found to have a detectable CMV viral load.

- Six patients were diagnosed with probable CMV pneumonia, all of which had a viral load > 150 copies/mL. Each of the patients had a bronchoalveolar lavage CMV viral load that was higher than that obtained in the plasma, and one patient even had an undetectable plasma level. All were treated initially with ganciclovir or valganciclovir, with 3 requiring addition or change to foscarnet.
- Three of the 6 patients showed improvement and an undetectable viral load within 7 days of the start of treatment. The remaining 3 patients died with refractory CMV pneumonia.
- Despite the small sample size, the authors concluded that for alloHCT patients, any level of CMV viral load in the BAL could indicate CMV pneumonia, and these patients should receive CMV-directed antiviral therapy.

Abbreviations

ALL: acute lymphoid leukemia
 alloHCT: allogeneic hematopoietic cell transplantation
 AML: acute myelogenous leukemia
 ATG: anti-thymocyte globulin
 AUC: area under the curve
 BEAM: carmustine, etoposide, cytarabine, melphalan
 BMFS: bone marrow failure syndrome
 CBT: cord blood transplant
 CLL: chronic lymphocytic leukemia
 CMV: cytomegalovirus; CR, complete remission
 CrCl: creatinine clearance; EFS, event-free survival
 FCR: fludarabine/cyclophosphamide/rituximab
 FDA: Food and Drug Administration
 GVHD: graft versus host disease
 GVL: graft versus leukemia
 HCT: hematopoietic cell transplantation
 IBW: ideal body weight
 MAC: myeloablative conditioning
 MDS: myelodysplastic syndrome
 MMF: mycophenolate mofetil
 MRD: matched related donor
 MUD: matched unrelated donor
 NMA: non-myeloablative
 NRM: non-relapse mortality
 ORR: overall response rate
 OS: overall survival
 PBSC: peripheral blood stem cells
 PFS: progression free survival
 SAA: severe aplastic anemia
 TPN: total parenteral nutrition
 TRM: transplant-related mortality

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