

DISABILITY SERVICES

DAY AT THE CAPITOL

March 24, 2026

ARRM



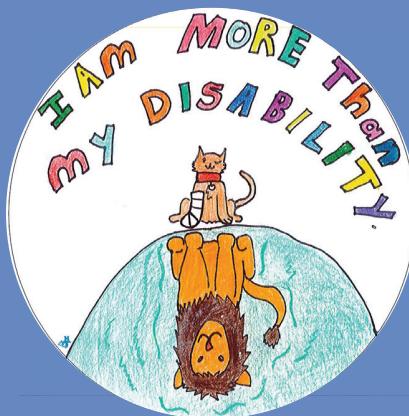
Best Life
ALLIANCE

Button Contest

Tips

- Please note that illustrations must be created by self-advocates and all designs must be kept within the circle template.
- Do not use any small words in the design as they will be lost/hard to read after the image is reduced to button size.

Past Winners!



How to Submit Your Work

EMAIL: info@arrm.org

OR MAIL: ARRM
860 Blue Gentian Road
Suite 190
Eagan, MN 55121

Note: Your file must be saved as an .eps, .pdf, .ai, or .jpg that is at least 300 dpi resolution.

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2026 Button Contest

I understand that this artwork along with the name of the artist and organization might be displayed publicly on ARRM's social media platforms.

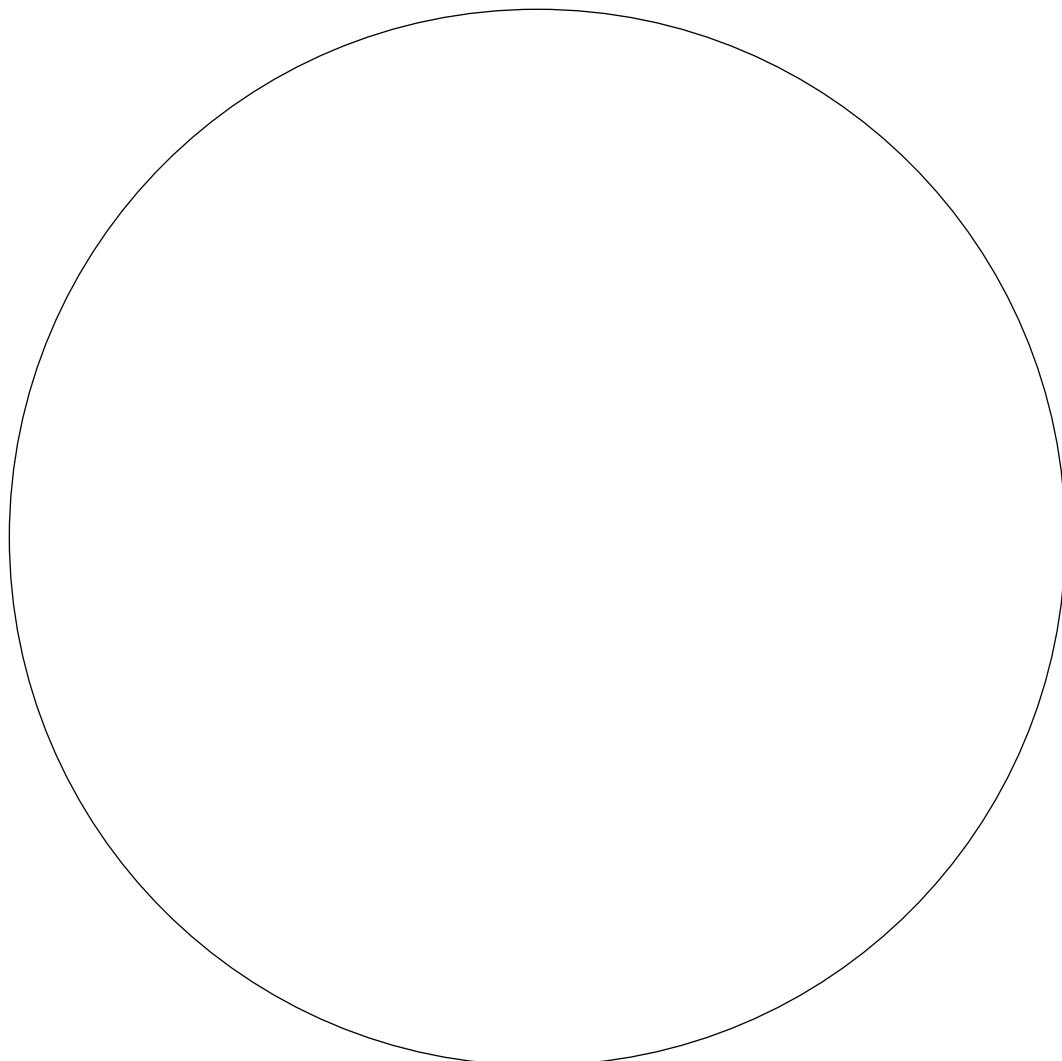
Artist Name: _____

Organization: _____

Contact Name: _____

Contact Email: _____

Contact Phone: _____



** ALL SUBMISSIONS MUST BE RECEIVED BY 5PM ON FEBRUARY 6, 2026