Everyday Actions
QUICK REFERENCE GUIDE

Every week SAY THIS

• “We’re in this together. Let’s work together to make sure no one gets left behind.”
• “You’re all capable of doing physics. It just requires hard work.”

Every week DO THIS

• Call on a female student to share her work/answer when you know she has the right approach/understanding
• Direct students to a female student for help; ask a female student if she can help others with their work.

Every month

• Encourage a female student who shows an affinity to physics to consider pursuing a degree in it.

Every course

• Do the Careers in Physics Lesson and the Women in Physics Lesson.

Learn more at STEPUPphysics.org and register to access instructional support and discussion boards.