

Classroom Visit Instructions

Before you go:

- **Familiarize yourself:** review the STEP UP [Project Overview](#) and [project FAQ](#).
- **Find a classroom** to visit. Go to a physics class at a high school you can easily access.
- **Contact a teacher** to request a visit.
 - You can use the Request Template (available at the Visit Classrooms page of STEPUPphysics.org) as a guide.
- **Plan your group:** How many people will go? How will you get there?
- **Remind the teacher** that you're coming about one (1) week before you go.

What should you bring?

- Swag! Who doesn't love swag?! From the kit you requested, please give teachers:
 - A STEP UP sticker
 - A STEP UP Teacher flyer
 - A Classroom Guidelines poster

Talking Points

- **When you talk to the teacher, your goal is to get them to register for STEP UP.**
- Helpful talking points are:
 - You have the power to change the face of physics by inspiring young women to pursue physics degrees.
 - In high school, women represent approximately 50% of physics students, but once they enter college, that percentage drops to 20%.
 - STEP UP is a national community that has developed downloadable lessons for physics classes, created by teachers and researchers, to enact this change.
 - Join the movement by registering at STEPUPphysics.org.
- If the teacher has further questions, direct them to STEPUPphysics.org and the project FAQ.
- **When you talk to students:**
 - Introduce yourself/your group and STEP UP.
 - Share your personal experiences.
 - Discuss your physics career thus far.
 - Why did you decide to study physics?
 - Do you do any hobbies/projects/research/activities related to physics?
 - What are your future plans?
 - Discuss the opportunities and benefits of being a physics (or similar) major.
 - What's your favorite part about being in your major at your school?
 - What fun social things do you get to do?
 - What things do you do outside your major?

Just remember...

- Have fun!
- If you have any questions, check out the [Outreach FAQ](#).
- **Our goal is to get these teachers to register for STEP UP.**
- Fill out our [survey](#) after you reach out to teachers and enter to win swag!