

Standard and Transmission-Based Precautions

Shasta Infection Preventionist Training

Healthcare-Associated Infections Program
Center for Health Care Quality
California Department of Public Health



Standard Precautions

Objectives

- Describe the 6 elements of Standard precautions
- Review adherence monitoring results and tools for select Standard precautions care practices.

What are the Standard Precautions?

Part of **Core** practices – **Use all the time, in all settings**

1. Hand hygiene
2. Environmental cleaning and disinfection
3. Injection and medication safety
4. Assess the risk of transmission in task to be performed to select appropriate personal protective equipment (PPE) including gloves, gowns, face masks
5. Minimizing potential exposures
 - Using respiratory hygiene and cough etiquette
6. Reprocessing of reusable medical equipment between each patient and when soiled

(<https://www.cdc.gov/infection-control/hcp/core-practices/index.html>)

Standard Precautions Element 1 Hand Hygiene

- **Unwashed hands of health care workers** are the most common way transmission of pathogens occur

Many healthcare-associated infections (HAI) are preventable with simply using proper hand hygiene!



Efforts to Improve Hand Hygiene

- Hand hygiene has been known to prevent the spread of infection for 150 years
- CDC, the World Health Organization, and many other authorities have promulgated hand hygiene guidelines
- Healthcare facilities must have hand hygiene policies and procedures

Hand hygiene adherence in health care remains inconsistent
Look for opportunities for improving hand hygiene

Alcohol-based Hand Rub or Soap and Water Handwashing?

- Use **alcohol-based hand sanitizer rubs (ABHR)** if hands are *not* visibly soiled
 - The recommended and preferred method for routinely decontaminating hands of **health care workers**
- **Handwashing** with soap and water should occur
 - When hands are visibly soiled or dirty
 - When hands are known to be contaminated with blood or body fluids
 - Before and after eating
 - After toileting
- During outbreaks of certain infection types or pathogens, consider using handwashing with soap and water (with universal gloving)
 - Examples: Norovirus, *Clostridioides difficile* (*C. diff*)

(<https://www.cdc.gov/clean-hands/hcp/clinical-safety/index.html>)

Efficacy of Hand Hygiene Products



*less effective in presence of organic material

(https://apic.org/Resource_/TinyMceFileManager/Practice_Guidance/cdiff/C.Diff_Digital_Toolkit_GNYHA.pdf)

Recommended Hand Hygiene Technique

Hand rub

- Apply to palm of one hand, rub hands together covering all surfaces until dry
- Volume based on manufacturer recommendation



Handwashing

- Wet hands with water, apply soap, rub hands together, paying close attention to between the fingers and nails, for at least **15-20** seconds
- Rinse and dry with disposable towel
- Use towel to turn off faucet



Fingernails

- Artificial nails and gel polishes should **not** be worn by health care personnel
 - Hand hygiene policy and procedure for facility should address this
- Polish may be worn but must be intact (not chipped)
- Nail tips should be kept to $\frac{1}{4}$ inch in length



Hand Hygiene for Patient/Resident Care

Before

- Patient/resident contact
- Touching medical equipment
- Donning gloves
- Accessing indwelling devices
- Giving medications

After

- Contact with a patient's/resident's skin and/or environment
- Contact with body fluids or excretions, non-intact skin, wound dressings
- Removing gloves

Gloving and Hand Hygiene

- Always wear gloves when contact with blood or infectious material is possible
 - Remove gloves after caring for each patient
 - Remove gloves, perform hand hygiene, and re-glove when transitioning care from a soiled area to a clean area
 - Example: Remove a soiled dressing, remove gloves, perform hand hygiene, reapply clean gloves to replace with new dressing
 - Perform hand hygiene upon removing gloves
 - Never wash gloves to reuse
 - Never reuse gloves
 - Do not double glove
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Improving Hand Hygiene Compliance

- Make hand hygiene a facility priority
 - Ensure competency
- Encourage patients/residents and families to remind health care workers to clean their hands
- Make hand rubs easily available (e.g., place at entrance to patient/resident room, at bedside)
- Monitor adherence to hand hygiene and provide feedback of gaps
 - Train/re-train secret shoppers
 - Explore electronic hand hygiene monitoring systems

(<https://www.cdph.ca.gov/Programs/CHCQ/HAI/CDPH%20Document%20Library/AdherenceMonitoringHandHygieneApproved101516.pdf>)

Standard Precautions Element 2

Environmental Cleaning and Disinfection

- Ensure routine cleaning of environmental surfaces as indicated by level of patient/resident contact and degree of soiling
 - Clean high touch areas more frequently
 - Promptly clean and decontaminate spills of blood and other potentially infectious materials
- Select EPA-registered disinfectants with activity against pathogens most likely to contaminate the patient area
 - Follow disinfectant manufacturers' instructions for proper cleaning and disinfecting products

(More details will be provided in another session)

Standard Precautions Element 3

Injection Safety

- Injection safety, or safe injection practices, is a set of measures taken to perform injections in an optimally safe manner for patients/residents, healthcare personnel, and others.
 - Injection safety **protects patients**
 - Injection safety **protects health care workers**

Aseptic Technique for the Preparation and Administration of Injected Medications

- Hand hygiene should be performed prior to medication preparation and administration of injected medications
- Medications should be drawn up into syringes in a designated clean medication area
 - Area must not be adjacent to areas where potentially contaminated items are placed
 - Away from splash zones around sinks



Needles and Syringes: One Time Use ONLY

- **Needles** used for only **one patient**
- **Syringes** used for only **one patient**
 - Includes manufactured prefilled syringes
 - Cartridge devices
 - Insulin pens



<https://stacks.cdc.gov/view/cdc/31801>

Single-Dose Vials: One Patient/Resident Only Once

- Carefully read the vial label to determine if it is single-use
- Never enter a medication vial with a used syringe or needle
- If the vial says “single-dose” and has already been accessed, throw it away
- Single use medications should not be stored for future use
- Discard according to the manufacturer’s expiration date after use
- When in doubt, throw it out!

[SINGLE-DOSE OR MULTI-DOSE? \(cdc.gov\)](https://stacks.cdc.gov/view/cdc/140849)

(<https://stacks.cdc.gov/view/cdc/140849>)

Multi-Dose Vials

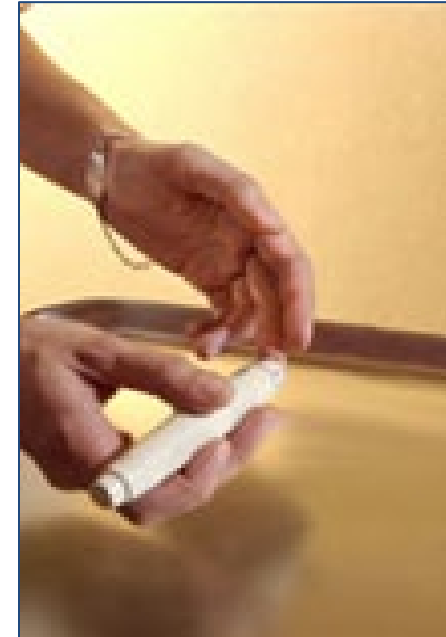
- Limit the use of multi-dose vials
 - When possible, dedicate them to a single patient
 - Use a new needle and syringe when accessing
- Multiple-dose vials for vaccines is acceptable
- Date when first opened
- Only good for a certain amount of days per pharmacy policy
 - If manufacturer's expiration is before pharmacy use by date, throw it away
- Watch for suspicious behavior by healthcare workers who may be diverting drugs
- Keep medications in a dedicated space and locked if no staff are present

[Dangerous misperceptions \(cdc.gov\)](https://stacks.cdc.gov/view/cdc/31803)

(<https://stacks.cdc.gov/view/cdc/31803>)

Injection Safety for Persons with Diabetes

- Insulin pens containing more than one dose of insulin are only meant for one person
- For glucose testing, clean the glucometer after **every** use



Medication Vials Must be Cleaned Before Entry

Manufacturers guarantee sterility of medications and IV solutions but not the **outside** of medication vials or containers

- Cleanse access diaphragms (septums) of medication vials using friction with 70% isopropyl alcohol
- Allow the alcohol to **dry** before inserting a device into the vial
- Disinfect the tops of vials after removing dust cover, with alcohol, even if they have lids or caps
 - Fungi have been cultured from underneath those caps

Outbreaks Associated with Unsafe Infection Practices

- In one clinic exposure, 50,000 persons exposed, only 1,000 notified
 - Outbreak of hepatitis B, C, and HIV
- Outbreaks due to injection safety breaches
 - Reuse of syringes
 - Contaminated medication vials used for more than one patient
 - Use of single-dose vials for more than one patient
 - Drug diversion by HCP/employees

(<https://stacks.cdc.gov/view/cdc/31802>)

Sharps Safety

- Sharps injuries occur most frequently due to **inappropriate sharps disposal** by healthcare workers, including
 - Insufficient maintenance of sharps containers
 - Improper design of sharps disposal container
 - Inappropriate placement of sharps disposal container
 - Overfilling sharps disposal container



Sharps Disposal Container Requirements

- Must be puncture-resistant, durable during installation and transport, and of appropriate size and shape for the sharps being inserted
- Must be see through with sharps clearly visible
- Must be easy to access by being placed in an upright position and easy to operate
- Must have ease of assembly, require minimal worker training requirements, easy to use
- Ensure used sharps boxes are locked away to prevent public access

(<https://www.fda.gov/medical-devices/safely-using-sharps-needles-and-syringes-home-work-and-travel/sharps-disposal-containers-health-care-facilities>)

Management of Needle Sticks and Other Exposures to Blood or Other Bodily Secretions

- Wash the needlestick site or cut with soap and water until clean
- Flush splashes to the nose, mouth, or skin with water
- Irrigate eyes with clean water, saline, or sterile irrigant
- Report the incident to your supervisor immediately
- Immediately seek medical evaluation per facility policy

(<https://www.cdc.gov/nora/councils/hcsa/stopsticks/whattodo.html>)

Standard Precautions Element 4

Personal Protective Equipment

- HCP need immediate **access** to PPE and **training** to be able to select proper PPE based on
 - The nature of the patient interaction
 - Potential for exposure to blood, body fluids or other infectious material
- Types of PPE
 - Gloves
 - Gowns
 - Face masks and respirators
 - Goggles and face shields



PPE Education Resources

SEQUENCE FOR PUTTING ON PERSONAL PROTECTIVE EQUIPMENT (PPE)

The type of PPE used will vary based on the level of precautions required, such as standard and contact, droplet or airborne infection isolation precautions. The procedure for putting on and removing PPE should be tailored to the specific type of PPE.

- 1. GOWN**
 - Fully cover torso from neck to knees, arms to end of wrists, and wrap around the back
 - Fasten in back of neck and waist
- 2. MASK OR RESPIRATOR**
 - Secure ties or elastic bands at middle of head and neck
 - Fit flexible band to nose bridge
 - Fit snug to face and below chin
 - Fit-check respirator
- 3. GOGGLES OR FACE SHIELD**
 - Place over face and eyes and adjust to fit
- 4. GLOVES**
 - Extend to cover wrist of isolation gown






USE SAFE WORK PRACTICES TO PROTECT YOURSELF AND LIMIT THE SPREAD OF CONTAMINATION

- Keep hands away from face
- Limit surfaces touched
- Change gloves when torn or heavily contaminated
- Perform hand hygiene




HOW TO SAFELY REMOVE PERSONAL PROTECTIVE EQUIPMENT (PPE) EXAMPLE 1

There are a variety of ways to safely remove PPE without contaminating your clothing, skin, or mucous membranes with potentially infectious materials. Here is one example. **Remove all PPE before exiting the patient room** except a respirator, if worn. Remove the respirator **after** leaving the patient room and closing the door. Remove PPE in the following sequence:





- 1. GLOVES**
 - Outside of gloves are contaminated!
 - If your hands get contaminated during glove removal, immediately wash your hands or use an alcohol-based hand sanitizer
 - Using a gloved hand, grasp the palm area of the other gloved hand and peel off first glove
 - Hold removed glove in gloved hand
 - Slide fingers of ungloved hand under remaining glove at wrist and peel off second glove over first glove
 - Discard gloves in a waste container
- 2. GOGGLES OR FACE SHIELD**
 - Outside of goggles or face shield are contaminated!
 - If your hands get contaminated during goggle or face shield removal, immediately wash your hands or use an alcohol-based hand sanitizer
 - Remove goggles or face shield from the back by lifting head band or ear pieces
 - If the item is reusable, place in designated receptacle for reprocessing. Otherwise, discard in a waste container
- 3. GOWN**
 - Gown front and sleeves are contaminated!
 - If your hands get contaminated during gown removal, immediately wash your hands or use an alcohol-based hand sanitizer
 - Unfasten gown ties, taking care that sleeves don't contact your body when reaching for ties
 - Roll gown away from neck and shoulders, touching inside of gown only
 - Turn gown inside out
 - Fold or roll into a bundle and discard in a waste container
- 4. MASK OR RESPIRATOR**
 - Front of mask/respirator is contaminated — DO NOT TOUCH!
 - If your hands get contaminated during mask/respirator removal, immediately wash your hands or use an alcohol-based hand sanitizer
 - Grasp bottom ties or elastics of the mask/respirator, then the ones at the top, and remove without touching the front
 - Discard in a waste container
- 5. WASH HANDS OR USE AN ALCOHOL-BASED HAND SANITIZER IMMEDIATELY AFTER REMOVING ALL PPE**


PERFORM HAND HYGIENE BETWEEN STEPS IF HANDS BECOME CONTAMINATED AND IMMEDIATELY AFTER REMOVING ALL PPE




HOW TO SAFELY REMOVE PERSONAL PROTECTIVE EQUIPMENT (PPE) EXAMPLE 2

Here is another way to safely remove PPE without contaminating your clothing, skin, or mucous membranes with potentially infectious materials. **Remove all PPE before exiting the patient room** except a respirator, if worn. Remove the respirator **after** leaving the patient room and closing the door. Remove PPE in the following sequence:

- 1. GOWN AND GLOVES**
 - Gown front and sleeves and the outside of gloves are contaminated!
 - If your hands get contaminated during gown or glove removal, immediately wash your hands or use an alcohol-based hand sanitizer
 - Grasp the gown in the front and pull away from your body so that the ties break, touching outside of gown only with gloved hands
 - While removing the gown, hold or roll the gown inside-out into a bundle
 - As you are removing the gown, peel off your gloves at the same time, only touching the inside of the gloves and gown with your bare hands. Place the gown and gloves into a waste container
- 2. GOGGLES OR FACE SHIELD**
 - Outside of goggles or face shield are contaminated!
 - If your hands get contaminated during goggle or face shield removal, immediately wash your hands or use an alcohol-based hand sanitizer
 - Remove goggles or face shield from the back by lifting head band and without touching the front of the goggles or face shield
 - If the item is reusable, place in designated receptacle for reprocessing. Otherwise, discard in a waste container
- 3. MASK OR RESPIRATOR**
 - Front of mask/respirator is contaminated — DO NOT TOUCH!
 - If your hands get contaminated during mask/respirator removal, immediately wash your hands or use an alcohol-based hand sanitizer
 - Grasp bottom ties or elastics of the mask/respirator, then the ones at the top, and remove without touching the front
 - Discard in a waste container
- 4. WASH HANDS OR USE AN ALCOHOL-BASED HAND SANITIZER IMMEDIATELY AFTER REMOVING ALL PPE**


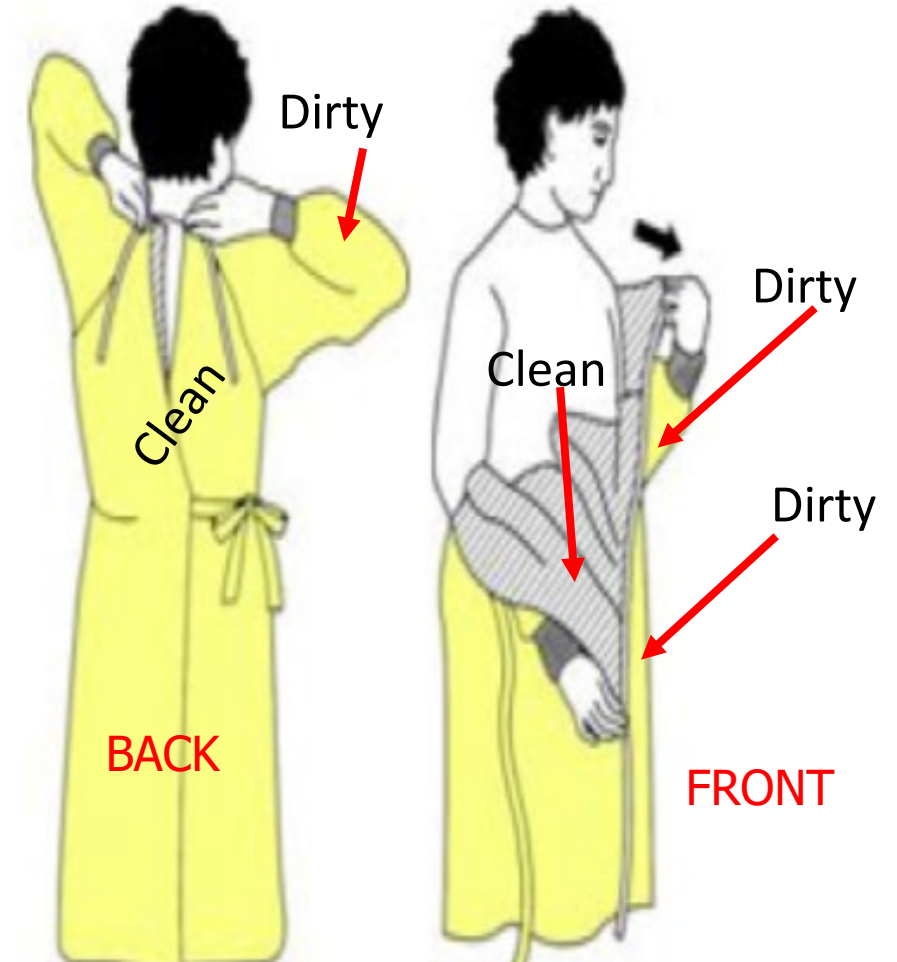
PERFORM HAND HYGIENE BETWEEN STEPS IF HANDS BECOME CONTAMINATED AND IMMEDIATELY AFTER REMOVING ALL PPE



(<https://www.cdc.gov/infection-control/media/pdfs/Toolkits-PPE-Sequence-P.pdf>)

Considerations for Safe Removal of PPE

- After use, areas of PPE are considered “Dirty” or “Clean(er)”
- Dirty or contaminated PPE areas
 - The outside and front of PPE
 - Likely to have been in contact with a patient, body fluids, medical materials, equipment, or surfaces with infectious organisms
- Clean(er) PPE areas
 - The inside and outside back of PPE
 - Less likely to have been in contact with infectious organisms



PPE Removal

- Remove and discard PPE, other than respirators, upon completing a task before leaving the patient/resident's room or care area
 - If a respirator is used, it should be removed and discarded (or reprocessed if reusable) after leaving the room or care area and closing the door
- Do not use the same gown or pair of gloves for care of more than one patient/resident
- Remove and discard disposable gloves upon completion of a task or when soiled during the process of care
 - Do not wash gloves for the purpose of reuse

Standard Precautions Element 5

Minimize Potential Exposure

- Use **respiratory hygiene and cough etiquette**
- Prompt patients/residents and visitors with symptoms of respiratory infection to contain their secretions and perform hand hygiene after contact with respiratory secretions
 - Provide tissues, masks, hand hygiene supplies and instructional signage or hand outs at point of entry and throughout the facility
- If possible, place patients/residents with respiratory symptoms into droplet precautions as soon as possible



Cover Your Cough Poster: (https://www.cdc.gov/flu/pdf/protect/cdc_cough.pdf)
(<https://www.cdc.gov/flu/professionals/infectioncontrol/resphygiene.htm>)

Standard Precautions Element 6

Reprocessing of Reusable Medical Devices

- Clean and reprocess (disinfect or sterilize) reusable medical equipment prior to use on another patient or resident
 - Blood glucose meters and other point-of-care devices
 - Blood pressure cuffs
 - Oximeter probes
 - Surgical instruments
 - Endoscopes
- Maintain separation between clean and soiled equipment to prevent cross contamination

(More details in another session)

Summary: Standard Precautions: Part of the Core Practices Apply to All Care Settings at All Times

Core Infection Prevention Practices

For Use in All Health Care Settings At All Times

- ☐ Visible, tangible **leadership** support for infection control
- ☐ Infection prevention **training** for all HCP
- ☐ Patient, family, caregiver HAI prevention **education**
- ☐ Performance **monitoring** and **feedback**
- ☐ Early, prompt **removal of invasive devices**
- ☐ Occupational health

- ☐ **Standard precautions**
 - ☐ Hand hygiene
 - ☐ Environmental cleaning and disinfection
 - ☐ Injection safety, medication safety
 - ☐ Assess risk, use PPE appropriately
 - ☐ Minimize potential exposures
 - ☐ Clean and reprocess reusable medical equipment
- ☐ **Transmission-based precautions** as necessary

(<https://www.cdc.gov/infection-control/hcp/core-practices/index.html>)

Transmission-Based Precautions

Objectives

- Describe Transmission-based (isolation) precautions
- Review correct donning and doffing of personal protective equipment (PPE)
- Understand Enhanced Barrier precautions used in California skilled nursing facilities
- **Review adherence monitoring to assess Transmission-based precautions practices in healthcare facilities**

What are Transmission-based Precautions?

- Isolation based on modes of disease transmission
- Updated regularly by CDC
- Describes care precautions for infected/colonized patients/residents
- Using proper Transmission-based precautions prevents the spread of infection and transmission of organisms

(<https://www.cdc.gov/infection-control/hcp/isolation-precautions/precautions.html#:~:text=Transmission-Based%20Precautions%20are%20for,measures%20to%20effectively%20prevent%20transmission.>)

Types of Transmission-based Precautions

To prevent spread of infectious diseases and pathogens, use

1. Contact precautions

- When mode of transmission is direct contact with a patient or contaminated environment
- Examples when needed: *C. difficile*, high-concern multi-drug resistant organisms (MDRO)

2. Droplet precautions

- When mode of transmission is respiratory droplets
- Examples when needed: Influenza, pertussis

3. Airborne precautions

- When mode of transmission is small aerosolized particles
- Examples when needed: measles, tuberculosis (TB)

(<https://www.cdc.gov/infection-control/hcp/basics/transmission-based-precautions.html>)

Infection/Condition	Type of Precaution	Duration of Precaution	Precautions/Comments
Gastroenteritis <i>C. difficile</i>	Contact + Standard	Duration of illness	Discontinue antibiotics if appropriate. Do not share electronic thermometers; [853, 854] ensure consistent environmental cleaning and disinfection. Hypochlorite solutions may be required for cleaning if transmission continues [847]. Handwashing with soap and water preferred because of the absence of sporicidal activity of alcohol in waterless antiseptic handrubs [983].

(<https://www.cdc.gov/infection-control/hcp/isolation-precautions/appendix-a-type-duration.html>)

Centers for Medicare and Medicaid Services (CMS) Requires Transmission-based Precautions

- All hospitals and skilled nursing facilities must be capable of implementing Transmission-based precautions when needed to safely care for patients/residents.
 - Hospitals - Part 42 Subpart C - Basic Hospital Functions
Section § 482.42
 - SNF - Part 43 Subpart B - Long Term Care Facilities Section § 483.65
- “Prevent and control outbreaks and cross-contamination using transmission-based precautions in addition to standard precautions”

(<https://www.cms.gov/regulations-and-guidance/guidance/transmittals/downloads/r54soma.pdf>)

How to Implement Transmission-Based Precautions

- Implement Transmission-based precautions
 - Based on the patient/resident's clinical presentation and likely infection diagnoses
 - Examples: Syndromes such as diarrhea, meningitis, fever and rash, respiratory infection
 - As soon as possible upon entry to the healthcare facility
 - Includes: Reception or triage areas in emergency departments, ambulatory clinics or physicians' offices
- Transmission-based precautions are **ALWAYS** used **IN ADDITION** to Standard Precautions

How to Implement Transmission-Based Precautions - 2

- Place patients/residents who may need transmission-based precautions into a single-patient room while awaiting clinical assessment if available
- Adjust or discontinue precautions when more clinical information becomes available (laboratory results, imaging)
- Notify accepting facilities and the transporting agency about suspected infections and the need for transmission-based precautions when patients are transferred

Transmission-Based Airborne Precautions in California

- CAL OSHA requires facilities follow an airborne transmissible diseases (ATD) standard for diseases that require Airborne precautions
 - Includes placement of patients into airborne isolation infection rooms (AIIR)
 - Includes use of N95 or higher-level respirator
- For facilities without AIIR, patients must be transferred to an appropriate facility within 5 hours


https://www.dir.ca.gov/dosh/dosh_publications/ATD-Guide.pdf

[§5199. Aerosol Transmissible Diseases](http://www.dir.ca.gov/title8/5199.html) (www.dir.ca.gov/title8/5199.html)

Transmission-based Precautions Training

- Healthcare facilities are expected to **train** staff on
 - Disease transmission
 - Correct Transmission-based Precautions
- Staff must be trained upon hire and at least annually
 - May repeat if adherence monitoring rates are low
- Training must include assessment of **competency**
 - With return demonstration

Adherence Monitoring for Transmission-based Precautions



Healthcare-Associated Infections Program Adherence Monitoring
Contact Precautions

Assessment completed by: _____
Date: _____
Unit: _____

Regular monitoring with feedback of results to staff can maintain or improve adherence to contact precautions practices. Use this tool to identify gaps and opportunities for improvement. Monitoring may be performed in any type of patient care location where patients are on contact precautions.

Instructions: Observe 3-4 patients/residents on contact precautions. Observe each practice and check a box if adherent, Yes or No. In the column on the right, record the total number of "Yes" for adherent practices observed and the total number of observations ("Yes" + "No"). Calculate adherence percentage in the last row.

Contact Precautions Practices		Contact Precautions Patient/Resident 1	Contact Precautions Patient/Resident 2	Contact Precautions Patient/Resident 3	Contact Precautions Patient/Resident 4	# Yes	# Observed
CP1.	Gloves and gowns are available and located near point of use.	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No		
CP2.	Signs indicating the patient/resident is on contact precautions are clear and visible.	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No		
CP3.	The patient/resident on contact precautions is housed in single-room or cohorted based on a clinical risk assessment.	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No		
CP4.	Hand hygiene is performed before entering the patient/resident care environment.	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No		
CP5.	Gloves and gowns are donned before entering the patient/resident care environment.	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No		
CP6.	Gloves and gowns are removed and discarded, and hand hygiene is performed before leaving the patient/resident care environment. Soap & water is used if it is hospital policy or if the patient/resident has <i>C.difficile</i> infection.	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No		
CP7.	Dedicated or disposable noncritical patient-care equipment (e.g. blood pressure cuffs) is used; if dedicated/disposable equipment is unavailable, then equipment is cleaned and disinfected prior to use on another patient/resident according to manufacturers' instructions.	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No		
# of Correct Practices Observed ("# Yes"): _____		Total # Contact Precautions Observations ("# Observed"): _____ (Up to 28 total)			Adherence _____% (Total "# Yes" ÷ Total "# Observed" x 100)		

If practice could not be observed (i.e. cell is blank), do not count in total # Observed.

Version 2016.10.12

(<https://www.cdph.ca.gov/Programs/CHCQ/HAI/CDPH%20Document%20Library/AdherenceMonitoringContactPrecautionsApproved101516.pdf>)

Enhanced Barrier Precautions (EBP) for Skilled Nursing Facilities

- Mandated by CMS in April 2024
 - QSO 24-08-NH
- EBP are indicated for residents with any of the following:
 - Infection or colonization with a CDC-targeted MDRO when Contact Precautions do not otherwise apply; or
 - Wounds and/or indwelling medical devices even if the resident is not known to be infected or colonized with a MDRO
- Alternative to keeping a resident in contact precautions for entire admission
- Hospitals may place residents transferring in contact precautions for MDROs

(<https://www.cms.gov/files/document/qso-24-08-nh.pdf>)

Summary

- Correct use of Standard and Transmission-based precautions prevents disease transmission
- May need a combination of transmission-based precaution types for prevention purposes
- Adherence monitoring for Transmission-based precautions and environmental cleaning provides feedback to staff to improve performance prevent the spread of infection
 - Measures competency of hand hygiene and PPE usage
 - Measures EVS cleaning efficacy
- Enhanced Barrier precautions in SNF is another type of precautions, that allow for individualizing necessary precautions

Questions?



For more information,
please contact

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