## Novel and Emerging Multidrug-resistant Organisms in California

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Presented via Webinar APIC Sierra Valley Chapter

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#### **Objectives**

- Summarize background information on novel and emerging multidrugresistant organisms (MDRO)
- Provide updates on MDRO cases and clusters in California
- Present statewide and regional MDRO prevention strategy and activities
- Describe recommendations for healthcare facilities to prevent MDRO transmission



### Novel and Emerging Multidrug-resistant Organisms (MDRO)

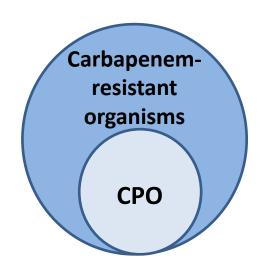


#### **Novel and Emerging Healthcare-Associated MDRO**

- Multidrug-resistant organisms (MDRO) are bacteria and fungi resistant to several classes of antibiotic or antifungal drugs
  - Treatments are less effective; more difficult and expensive to treat
  - Substantial morbidity and mortality
- Patients can remain colonized for many months, possibly indefinitely
  - Colonized patients can also go on to develop clinical infections
- Highly transmissible within and between healthcare facilities
- Early and aggressive facility and public health containment efforts can limit spread
  - We don't want these pathogens to become common in healthcare facilities

#### **Novel and Emerging MDRO Examples**

- Candida auris
- Carbapenemase-producing organisms (CPO)
  - Carbapenem-resistant
    - Enterobacterales, e.g., E. coli, Klebsiella and Enterobacter species (CRE)
    - Pseudomonas aeruginosa (CRPA)
    - Acinetobacter baumannii (CRAB)
  - Carbapenemases
    - Enzymes that confer carbapenem resistance
    - Carbapenemase genes transferred between/within species
    - KPC, NDM, OXA-48, VIM, IMP
    - Other variants including OXA-23, OXA-24/40, OXA-237



#### Healthcare-associated MDRO\*: What We Know

	C. auris	Acinetobacter	Other MDRO (e.g., CRE)	C. diff
Causes outbreaks in healthcare settings	X	X	X	X
Leads to substantial morbidity and mortality	X	X	X	X
Risk factors include frequent or extended healthcare exposure, antimicrobial use	X	X	X	X
Patients can remain colonized for many months (no "clearance" recommendations)	X	X	X	X
Persistent in the healthcare environment	X	X		X
Difficult to identify	X			



<sup>\*</sup>Including Clostridioides difficile (C. diff); C. auris=Candida auris; CRE = carbapenem-resistant Enterobacteriaceae; MDRO=multidrug-resistant organism

#### Regional Outbreaks of Novel and Emerging MDRO

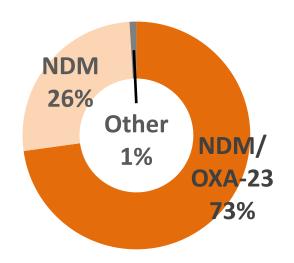


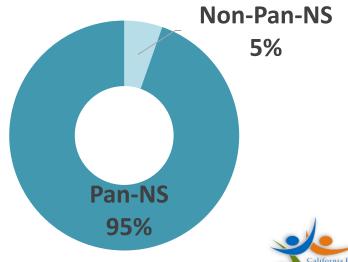
#### **Regional NDM CRAB Outbreak**

 Cases first identified from May to June 2020 at an acute care hospital (ACH) participating in <u>AR</u> <u>Lab Network targeted surveillance program</u> (PDF)

https://www.cdph.ca.gov/Programs/CHCQ/HAI/CDPH%20Document%20Library/CDPH ARLN TargetedSurveillanceDescription 052521.pdf

- Most cases have been:
  - dual mechanism NDM/OXA-23 CRAB
  - not susceptible (NS) to any antibiotic tested against it (pan-NS)

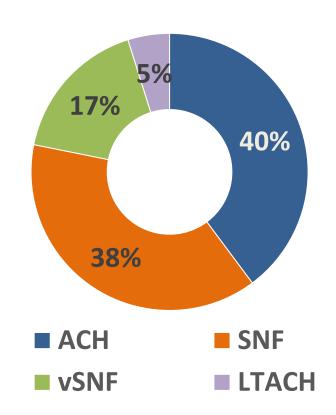






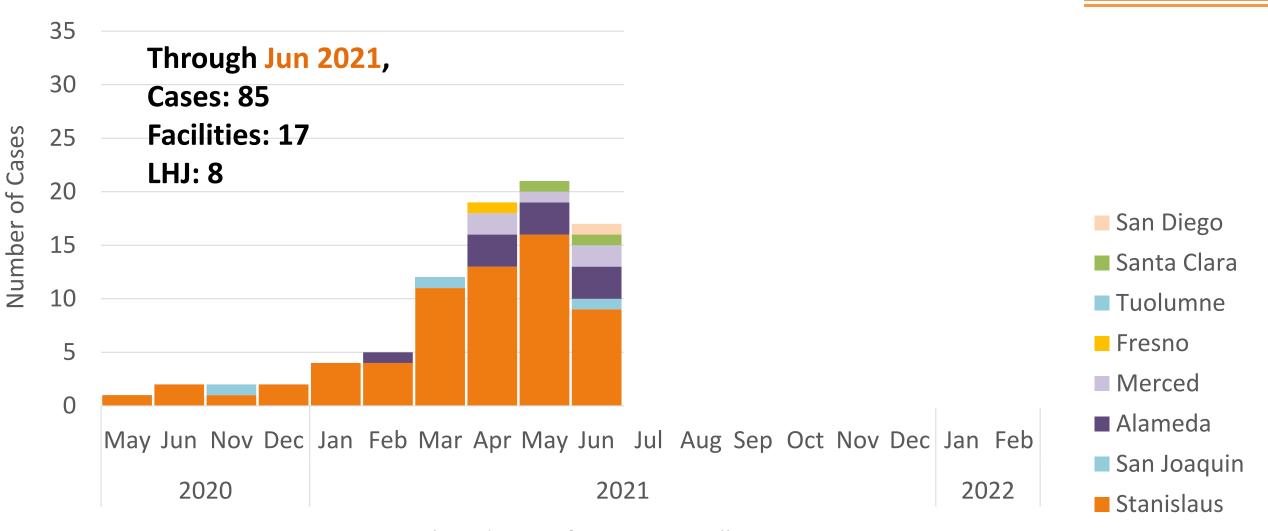
#### **Regional NDM CRAB Outbreak**

- NDM CRAB remain rare in US
- Most cases identified in ACH and skilled nursing facilities (SNF)
- Almost all cases of the same strain, pointing to regional transmission



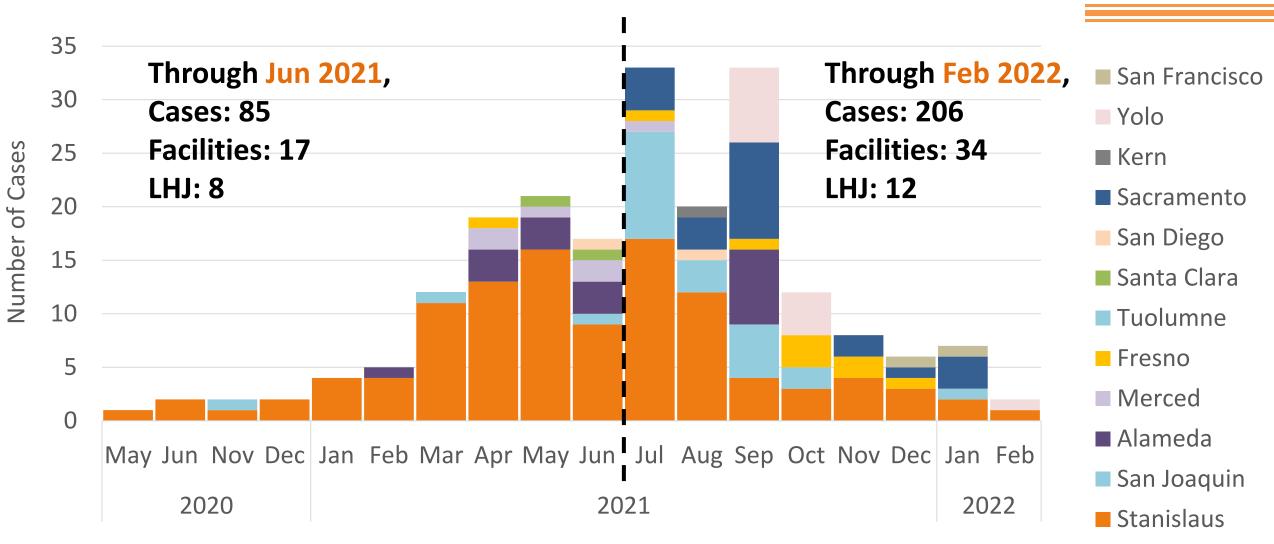


#### NDM CRAB Epi Curve through Feb 2022 (n=206)



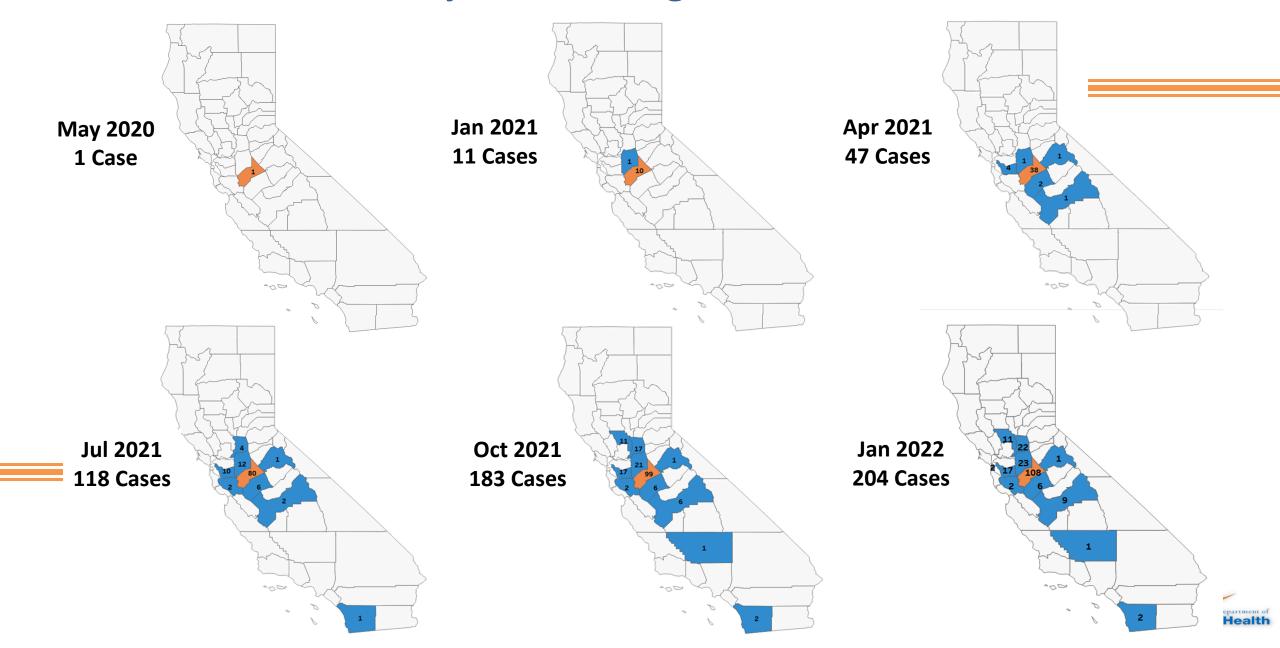
Month and Year of Specimen Collection

#### NDM CRAB Epi Curve through Feb 2022 (n=206)

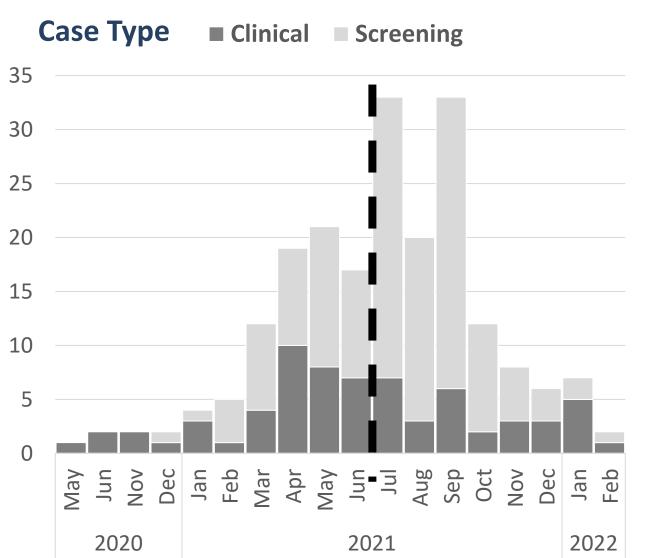


Month and Year of Specimen Collection

#### NDM CRAB Cases, May 2020 through Jan 2022



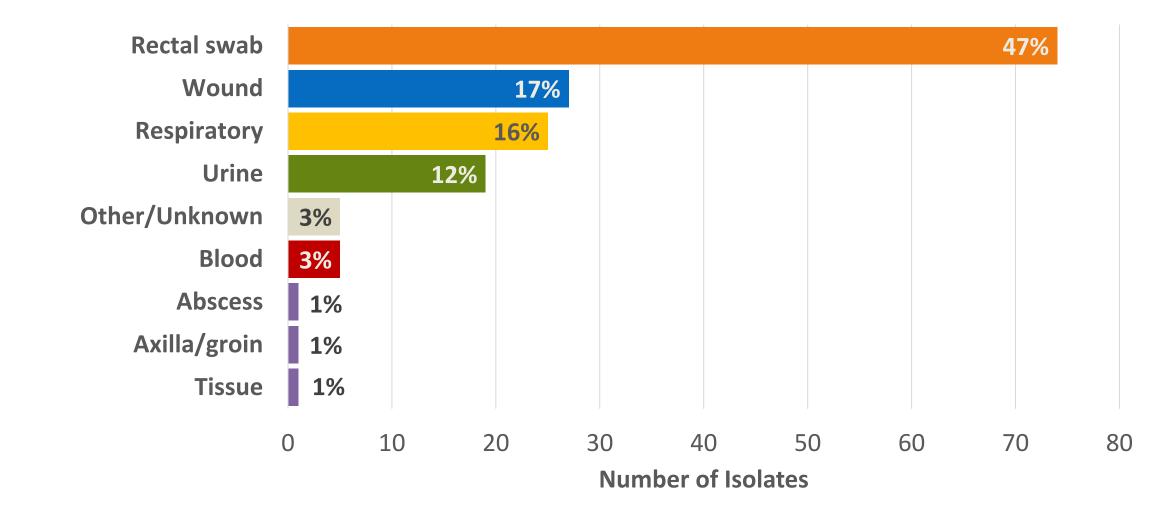
#### **NDM CRAB Clinical and Screening Cases**





# Specimen Source

#### **NDM CRAB Cases by Specimen Source**



#### **NDM CRAB Response**

- Coordinated regional response by engaging local public health and healthcare facilities
  - Conducting epidemiological investigations
  - Performing screening testing and onsite IPC assessments
    - Targeting outbreak facilities and interconnected, high-risk facilities
  - Educating healthcare personnel and facilities about ongoing transmission risk
  - Increasing laboratory surveillance for CRAB
    - Public health surveillance was crucial for identifying this outbreak
- County-specific interventions in affected facilities
  - Enhanced EVS training in SNF
  - Antimicrobial stewardship and interfacility communication promotion and support in hospitals, SNF

#### **NDM CRAB CAHAN**

#### Active Surveillance

- Patients who are not known to be colonized with NDM CRAB and admitted from healthcare facilities experiencing NDM CRAB outbreaks should be screened for carbapenemaseproducing organisms (including CRAB) and placed on empiric Contact precautions while awaiting results. Local health departments can notify facilities of where outbreaks are occurring.
- Screen patients admitted from NDM CRAB outbreak facilities and empirically place on Contact precautions
- Local health department can provide further information about facilities that are experiencing outbreaks of NDM CRAB
- Core IPC practices!

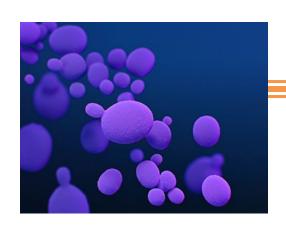


#### Candida auris

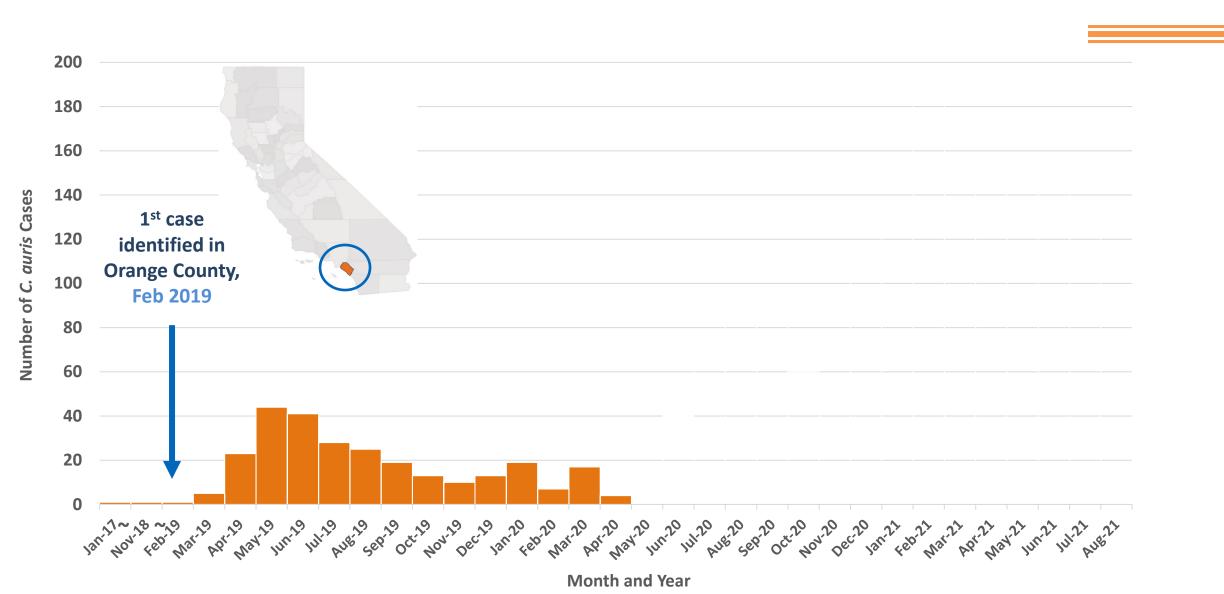


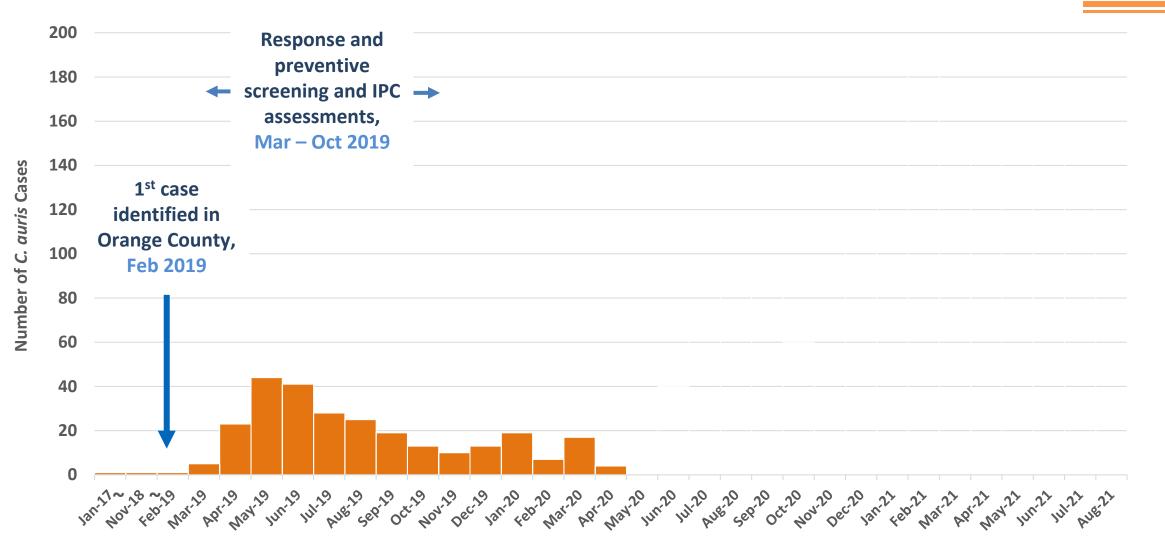
#### Candida auris

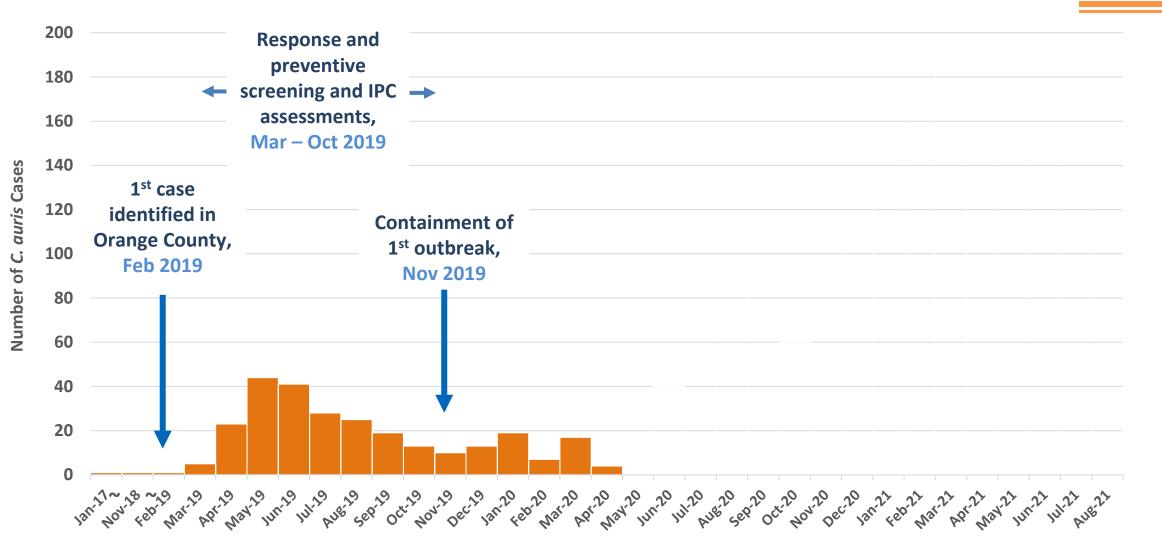
- Multidrug-resistant yeast, some pan-resistant
- Individuals can remain colonized for long periods
  - Invasive infections can lead to 30-60% mortality
- Persists in the healthcare environment
- Can spread rapidly in healthcare settings, causing outbreaks; in United States:
  - Long-term acute care hospitals (LTACH), ventilator-capable skilled nursing facilities (vSNF)
  - Less common in short-stay acute care hospitals (ACH)

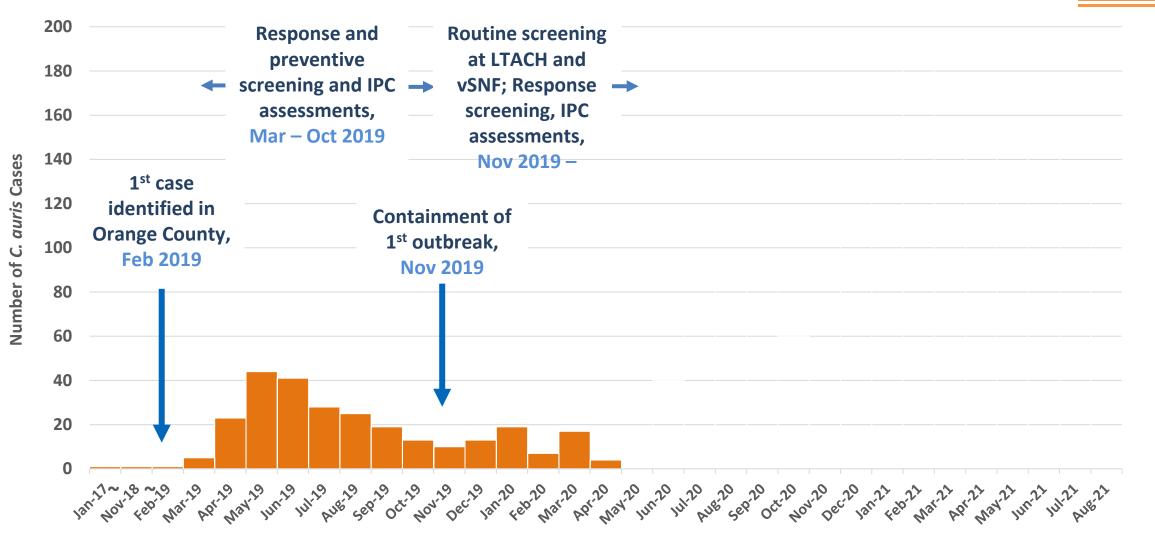




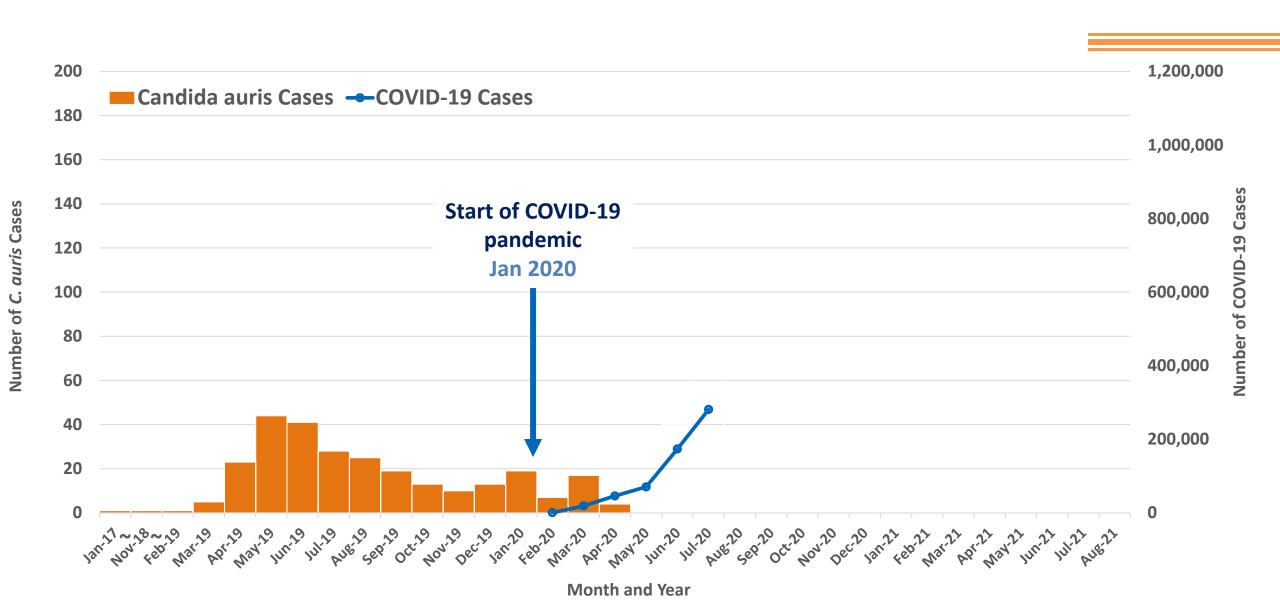




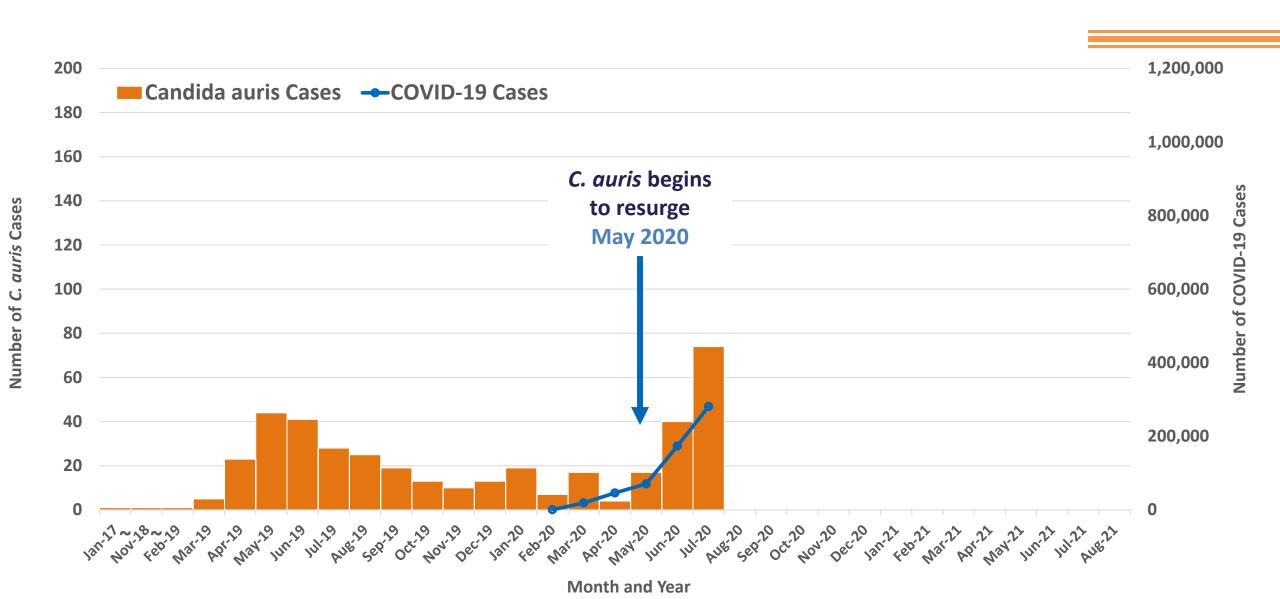




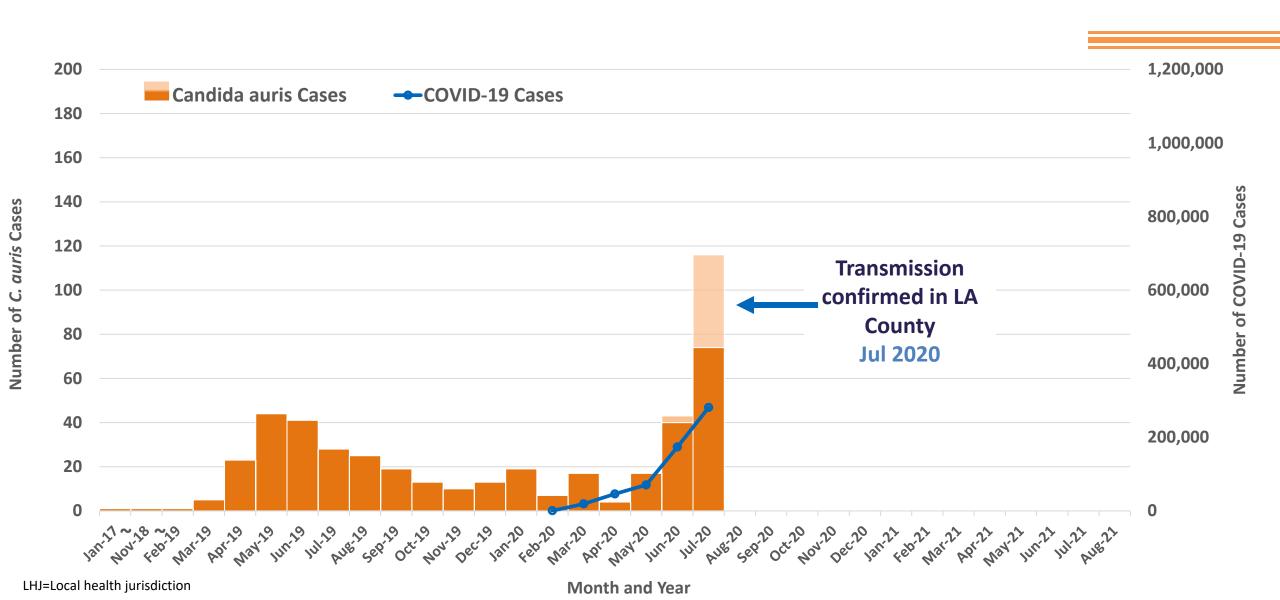
#### C. auris and COVID-19 Cases



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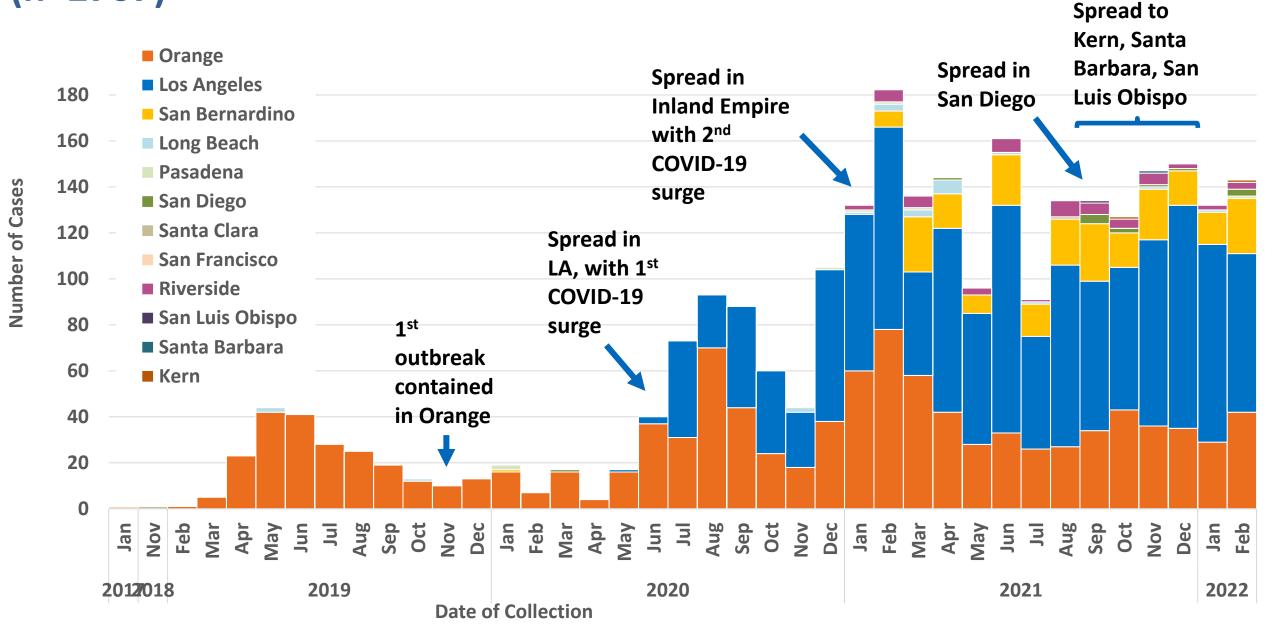


#### C. auris and COVID-19 Cases

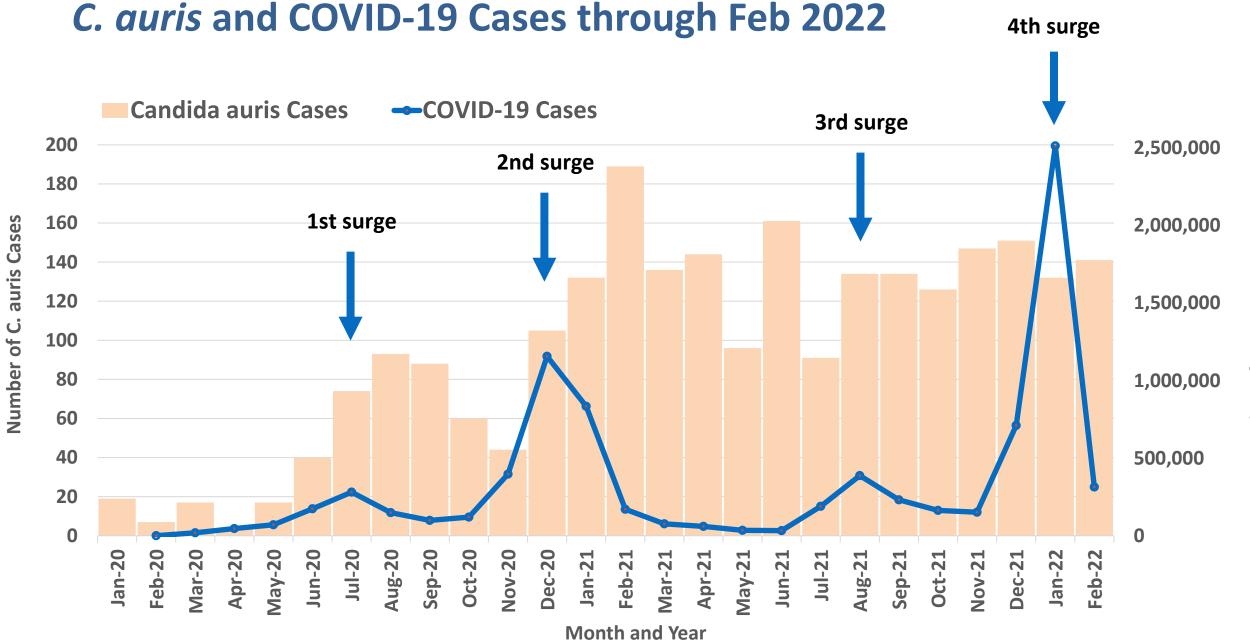


C. auris Cases Reported by Local Health Jurisdiction through Feb 2022

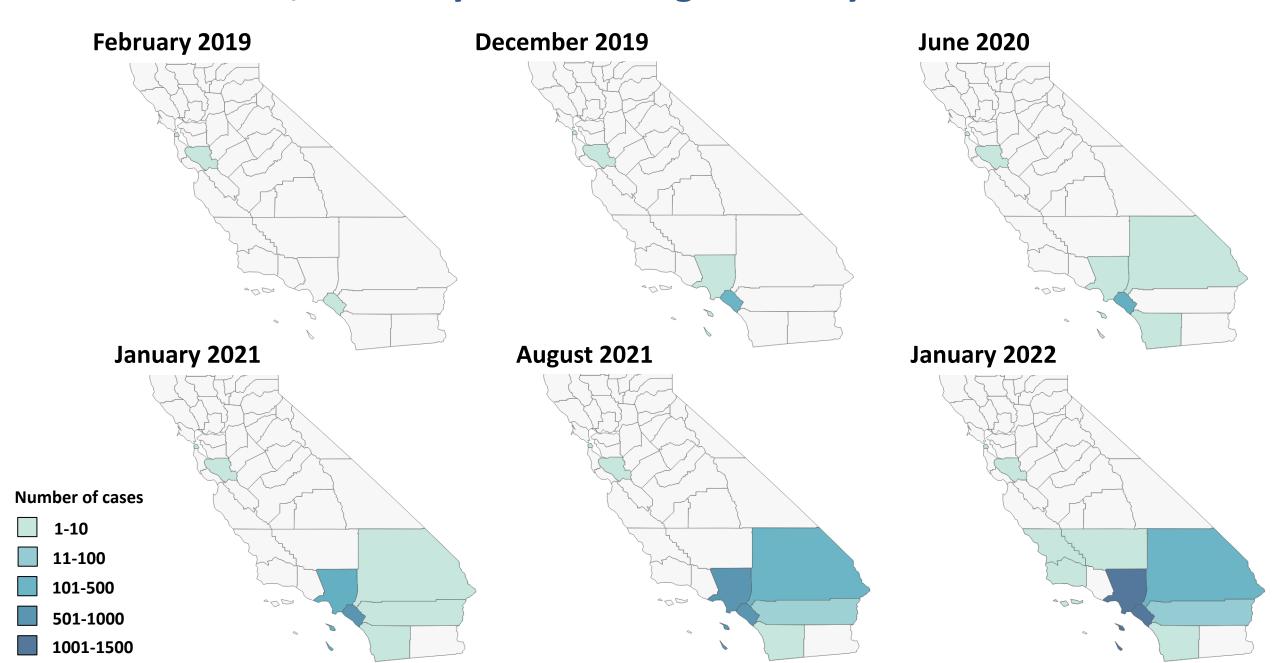




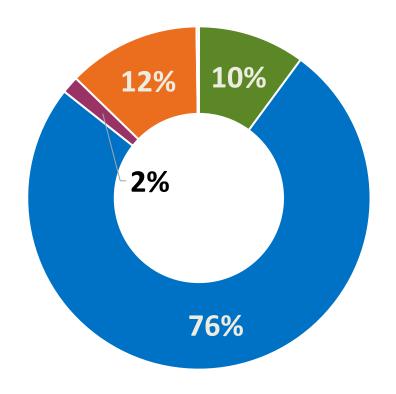




#### C. auris Cases, February 2019 through January 2022



#### C. auris Collection Facility Type and Risk Factors



- Prolonged admission in healthcare settings, particularly high-acuity longterm care facilities, such as LTACH and vSNF
- Presence of indwelling devices
- Broad-spectrum antibiotic and antifungal use

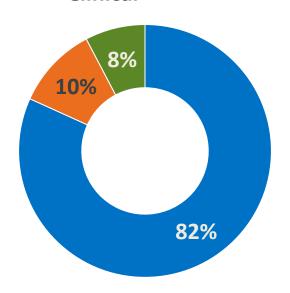




#### C. auris Cases by Case, Clinical Specimen Type through Feb 2022

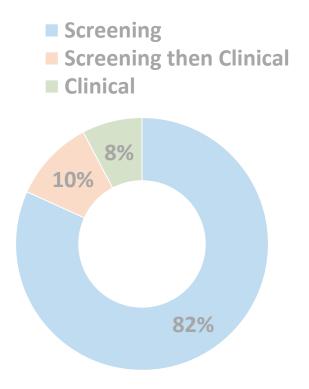


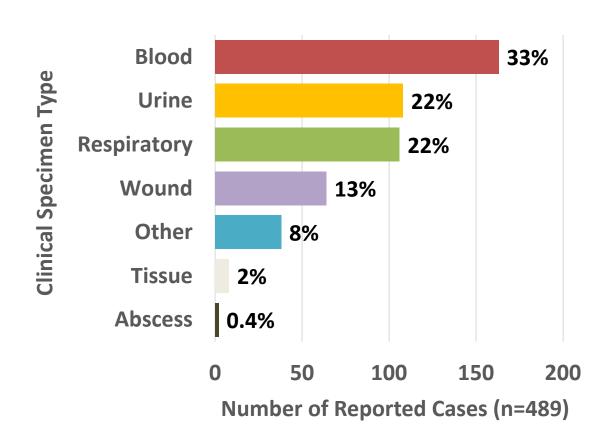
- Screening then Clinical
- **■** Clinical





#### C. auris Cases by Case, Clinical Specimen Type through Feb 2022







#### Healthcare-associated MDRO\*: What We Know

	C. auris	CRAB	Other MDRO (e.g., CRE, CRPA)	C. diff
Causes outbreaks in healthcare settings	Х	X	X	X
Leads to substantial morbidity and mortality	X	X	X	X
Risk factors include frequent or extended healthcare exposure, antimicrobial use	X	X	X	X
Patients can remain colonized for many months (no "clearance" recommendations)	X	X	X	X
Persistent in the healthcare environment	X	X		X
Can be difficult to identify	X			

<sup>\*</sup>Including Clostridioides difficile (C. diff); C. auris=Candida auris; CRAB = carbapenem-resistant Acinetobacter baumannii; CRE = carbapenem-resistant Pseudomonas aeruginosa: MDRO=multidrug-resistant organism

#### C. auris Response

- Coordinated regional response by engaging local public health and healthcare facilities
  - Conducting epidemiological investigations
  - Performing screening testing and onsite IPC assessments
    - Targeting outbreak facilities and interconnected, high-risk facilities
  - Educating healthcare personnel and facilities about ongoing transmission risk
  - Increasing **laboratory surveillance** for *C. auris* 
    - Enhanced laboratory surveillance was crucial for identifying this outbreak
- Released 3 CAHAN advisories



#### **CAHAN Key Messages**

- *C. auris* is **highly transmissible** in the healthcare environment
- Since 2020, *C. auris* spread has followed COVID-19 surges, in part due to related infection prevention and control (IPC) challenges
- Risk factors include prolonged admission in healthcare settings, esp. high-acuity long-term care facilities such as LTACH and vSNF
- During COVID-19 surges, long-term admissions in high-acuity ACH units (e.g., ICU and step-down units (SDU)) might also increase risk
  - Santa Barbara, Kern, San Luis Obispo
- Early detection and containment can prevent further spread

#### **CAHAN Updated Recommendations**

- Use disinfectant with C. auris claims (List P, List K, bleach)
  - All LTACH
  - SNF ventilator units
  - ACH high-acuity units (e.g., ICU, SDU)
- Assess and conduct screening testing for highest risk patients on admission, those:
  - From any LTACH
  - From SNF ventilator unit in jurisdictions with known C. auris transmission
  - From any facility with known transmission
  - With other known risk factors (e.g., international healthcare exposure, CPO co-colonization) (https://www.cdph.ca.gov/Programs/CHCQ/HAI/Pages/Candida-auris.aspx)
- In addition to adhering to core IPC practices...



#### **Infection Prevention and Control Practices**



### MDRO\* and COVID-19 Containment and IPC Measures

	C. auris	CRAB	Other MDRO (e.g., CRE, CRPA)	C. diff	COVID-19
Good hand hygiene – ABHS preferred	X	X	X	Soap & water	X
Contact precautions, single room if possible	X	Х	X	X	+ respirator, eye protection
Thorough environmental cleaning and disinfection	Use <u>List P</u> <u>agent</u> (List K agent or bleach, OK)	X	X	Use <u>List K agent</u>	Use <u>List N agent</u> (List P and K agents OK)
Routine adherence monitoring	Х	X	X	X	X
Cohorting of patients and HCP	X	X	X	X	X
Lab surveillance	X	X	X	X	X
Screening of high-risk contacts	X	Χ	X		X

<sup>\*</sup>Including Clostridioides difficile (C. diff); C. auris=Candida auris; CRAB = carbapenem-resistant Acinetobacter baumannii; CRE = carbapenem-resistant Enterobacterales; CRPA = carbapenem-resistant Pseudomonas aeruginosa: MDRO=multidrug-resistant organism

## **Hand Hygiene**

- Use ABHS over soap and water (unless visibly soiled hands/C. diff)
- More then just gel-in/gel-out; remember the 5 moments
- Gloves are NOT a substitute for HH; perform HH before donning PPE, after doffing
- Perform adherence monitoring

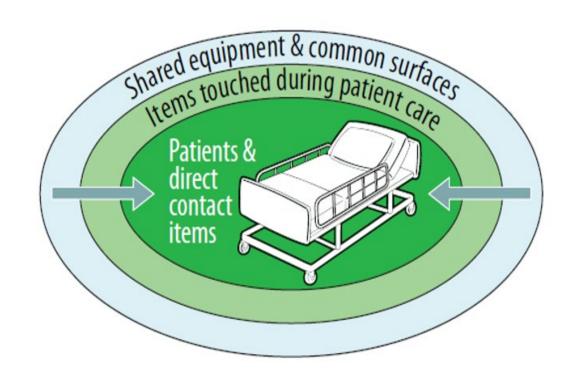


#### WHO 5 Moments for Hand Hygiene

(www.who.int/infection-prevention/campaigns/clean-hands/5moments/en/)

## **Infection Control: Environmental Cleaning**

- Daily and terminal cleaning and disinfection of patient care environment
  - For C. auris, use List P, List K or bleach agent in high-risk patient areas
- High-touch surfaces, mobile medical equipment
- Nursing vs. EVS: who cleans what, and audit separately
- Read labels: know contact time
- Observe and monitor with fluorescent marker



CDC Environmental Cleaning Procedures

(www.cdc.gov/hai/prevent/resource-limited/cleaning-procedures.html)

#### **PPE and Contact Precautions**

- Do not practice extended use or reuse of gowns\* and gloves
- Everyone should adhere, including physicians and ancillary staff
- Double-gowning and -gloving are
   NOT recommended
- Don/Doff WITH hand hygiene
- Keep signage simple and consistent



#### **CDC Contact Precautions Signage (PDF)**

(www.cdc.gov/infectioncontrol/pdf/contact-precautions-sign-P.pdf)



<sup>\*</sup>Strategies for Optimizing the Supply of Isolation Gowns (www.cdc.gov/coronavirus/2019-ncov/hcp/ppe-strategy/isolation-gowns.html)

#### **Patient Placement**

- If applicable, cohort patients with the same MDRO, regardless of specimen source, infection or colonization status
  - In acute care settings, patients with MDROs should be in single-bed rooms for the duration of the admission
- Avoid unnecessary patient movement



#### **HEALTHCARE-ASSOCIATED INFECTIONS PROGRAM**

#### **Communication**

- Key to preventing inter-facility transmission!
- Actively seek MDRO status of all admissions
- Flag medical record for future admissions
- Inform receiving facility of patient MDRO status and IC recommendations
- Reach out to high-volume transfer facilities (hospital-SNF), share IP expertise
- Educate patients and family
- Use interfacility transfer form

Interfacility Transfer Communications Guide (www.cdph.ca.gov/Programs/CHCQ/HAI/Pages/Interfacility Communication.aspx)

<b>HEALTHCARE FACILITY TRANSFER FORM</b> Use this form for <u>all</u> transfers to an admitting healthcare facility.						fix patient els here.		
Patient Name (L	ast, First):							
Date of Birth:		MRN:			Transfer Date:			
Receiving Facilit	<b>y</b> Name:							
Contact Name:	act Name: Contact Phone:							
Sending Facility	Name:							
Contact Name:	ontact Name: Contact Phone:							
RECAUTIONS								
Patient currently on precautions? If yes, check all that apply:								
☐ Yes ☐ No ☐ Airborne ☐ Contact ☐ Droplet ☐ Enhanced Stan					Standard*			
Personal protect	ive equipment (	PPE) to consider at rec	eiving facil	ity*:				
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	9-1-16			$\bigcirc$				
☐ Gloves	☐ Gown	☐ Mask		N95/PAPR	$\square$ Eye Protection			
ransmission, i.e., g DPH%20Documer	gown and glove us ht%%20Library/Al	ment Enhanced Standarc e for high-contact care a FL-19-22.pdf); such patien results with organism	ctivities ( <u>ht</u> nts may be o	tps://www.cdph.ca. on Contact precaution	gov/Program ons in acute ca	s/CHCQ/LC		
Patient has mult	tidrug-resistant	organism (MDRO) or o	ther lab re	sults requiring pr	ecautions?			
☐ <b>Yes</b> (record o	rganism(s), spec	cimen source, collection	n date)	□No				
☐ Exposed to M	IDRO/other (red	ord organism(s) and la	st date(s) c	of exposure if know	vn)			
Organism				Carbapenemase (if applicable)**	Source	Date		
☐ Candida auris ( <b>C. auris</b> )								
☐ Clostridiodes difficile (C. diff)								
☐ Acinetobacter, multidrug-resistant (e.g., CRAB**)								
☐ Carbapenem-resistant Enterobacterales (CRE**) ☐ Pseudomonas aeruginosa, multidrug-resistant (e.g., CRPA**)			CRPA**)					
☐ Extended-spectrum beta-lactamase (ESBL)-producer								
		coccus aureus (MRSA)						
☐ Vancomycin-r						i		
		molecular screening te	st**)					
Other, specify	•							
LA G SARS-COV-	2 (COVID-19) lic	a scahias dissaminata	ld.		l	I		



## **Antimicrobial Stewardship (AS)**

## Limit unnecessary use of antimicrobial agents

- Broad-spectrum antimicrobials (e.g., carbapenems)
- Antifungal treatment not recommended for *C. auris* isolated from noninvasive sites without evidence of infection
- Reach out to SNF in patient sharing network to support their AS activities



#### **CDPH AS Program Honor Roll**

(www.cdph.ca.gov/Programs/CHCQ/HAI/Pages/Honor Roll.aspx)

- 1-on-1 ASP Mentorship
- 2-year designation
- March 1 + Sept 1 rolling enrolment



## CA AS Collaborative Network (ASCN)

#### <u>Listserv</u>

(https://www.cdph.ca.gov/Programs/CHCQ/HAI/Pages/ASCN.as px)



# MDRO Prevention Activities: A Comprehensive Approach



## **Phased Approach to MDRO Prevention and Containment**

- Activities and resources depend on jurisdiction-specific **epidemiology and phase** for a given MDRO (*C. auris*, CPO)
- Focus on prevention, including proactive screening testing and IPC assessments
- Early detection and aggressive response in affected facilities complement prevention efforts in unaffected facilities
- Public health responsibility for activities shifts to healthcare facilities in later phases
- Strengthen foundation for prevention and containment activities: laboratory testing capacity, facility IPC practices, antimicrobial stewardship, interfacility communication

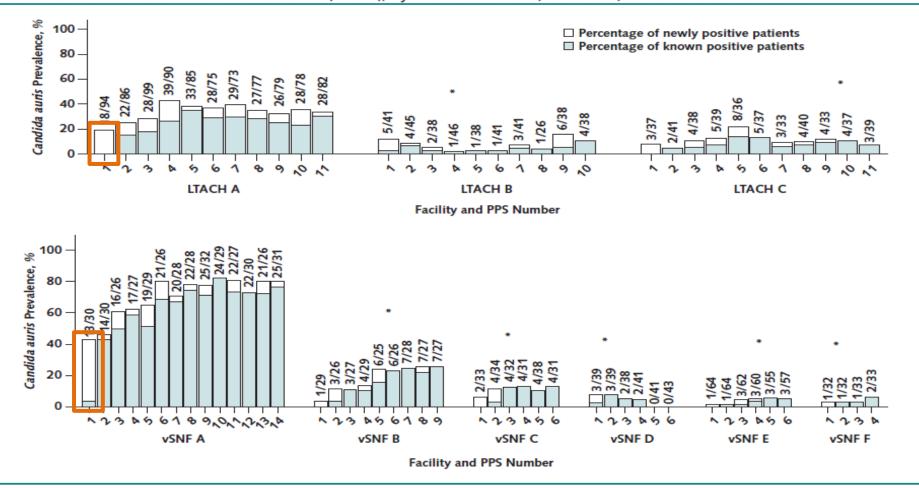
## **Comprehensive MDRO Prevention Activities**

- 1. Routine and proactive MDRO screening and clinical testing
  - Understand baseline prevalence + early detection
  - Prevent spread in high-risk facilities in adjacent/interconnected jurisdictions

**Public**Health

## Lesson Learned: Higher Initial Burden → More transmission

Figure 1. Prevalence of Candida auris and the total number of screening cases (new and known) among total facility census, identified on serial PPSs within all OC LTACHs and 6 vSNFs (A to F), by PPS number–OC, California, March to October 2019.



 $LTACH = long-term\ acute\ care\ hospital;\ OC = Orange\ County;\ PPS = point\ prevalence\ survey;\ vSNF = ventilator\ - capable\ skilled\ - nursing\ facility.$ 

<sup>\*</sup> First facility instances of 2 consecutive PPSs with no new positive detections.

#### **Routine Surveillance**

Detection of MDROs ensures timely IPC interventions to prevent their spread

#### CPO

- Perform or access carbapenemase testing for CRE, CRPA, and CRAB isolates
  - Testing resources available through public health

#### • C. auris

- Identify all Candida from sterile sites to the species level
- Consider identifying *Candida* from urine and other non-sterile sites to the species level, especially in high-risk patients



## **MDRO Screening: Proactive Colonization Testing**

- In LTACH + vSNF, baseline and follow-up PPS, with IPC onsite assessment
- In **all facilities**, conduct admission screening + empiric Contact precautions for high-risk patients:
  - from any LTACH
  - from vent unit in vSNF, esp. from area with ongoing transmission
  - from any known outbreak facility
  - with other risk factors (e.g., international healthcare exposure)



## **MDRO Screening: Response Colonization Testing**

#### When new case is identified, screen:

- Roommates, those who shared bathroom
- Other epi-linked high-risk patient contacts
  - Shared medical equipment/services (e.g., respiratory therapy)
  - Ventilated, incontinent, bedbound, in high-risk (intensive care/burn/oncology) unit overlapping on same unit/ward
- Consider point prevalence survey (PPS) if longer length of stay, or high-risk unit or facility (vSNF, LTACH)



## **Public Health MDRO Testing Capacity**

Public Health Laboratory	CPO Screening (rectal)	Carbapenemase Testing	C. auris Screening (axilla/groin)	C. auris ID/ Confirmatory Testing	Antimicrobial Susceptibility Testing
Local, some		X	X	X	
State, MDL		CRE, CRPA	Coming soon	X	
Regional, AR Lab Network	CRE, CRPA, CRAB	CRE, CRPA, CRAB*	X	Non-albicans Candida spp.*	CRE, CRPA, CRAB*, non- albicans Candida spp.*

- Access state and regional testing in consultation with CDPH HAI Program, HAIProgram@cdph.ca.gov
- Guidance available for prioritizing carbapenemase testing, CPO/C. auris screening
- \* Available through AR Lab Network <u>Targeted Surveillance Program</u>



## Reporting

- Carbapenemase-producing CRE (Klebsiella, Enterobacter species, E. coli) are labreportable under Title 17. See <u>CP-CRE Reporting Requirements FAQ</u> (PDF) (www.cdph.ca.gov/Programs/CHCQ/HAI/CDPH%20Document%20Library/CP\_CRE\_ReportingFAQ\_Approved\_10. 4.19 ADA.pdf).
- Other carbapenemase-producing organisms (CPO), or other unusual or highly-resistant organisms, including *C. auris* are reportable as unusual infectious disease occurrences and outbreaks to public health under Title 17, and CDPH Licensing & Certification per All Facilities Letter 19-18 (PDF)
   (www.cdph.ca.gov/Programs/CHCQ/LCP/CDPH%20Document%20Library/AFL-19-18.pdf)
- Proposed updates to Title 17 include expanding CP-CRE to include all CPO and adding C. auris



## **Comprehensive MDRO Prevention Activities**

- 1. Routine and proactive MDRO testing and screening
  - Understand baseline prevalence + early detection
  - Prevent spread in high-risk facilities in adjacent/interconnected jurisdictions
- 2. Proactive and follow-up onsite infection prevention and control (IPC) assessments
  - Experienced HAI Program infection preventionists (IP)
- 3. Statewide vSNF and LTACH MDRO Prevention Projects
  - Patient sharing networks, interfacility communication
  - Strengthen core IPC practices (vSNF) and antimicrobial stewardship (AS) (LTACH)
- 4. Regional MDRO Prevention Projects
  - All facility types
  - Strengthen core IPC practices, AS, interfacility communication, lab capacity

## **A Success Story: San Diego County**

Initiated
proactive onsite
assessments and
PPS at
LTACH/vSNF

Apr 9, 2021

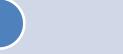
Initiated admission screening at LTACH

Jul 31, 2021

11 total cases identified: 2 at ACH; 5 by LTACH admission screening; 4 by LTACH PPS

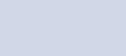
Mar 1, 2022

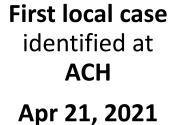












First case identified through LTACH admission screening

Sep 1, 2021



## **A Success Story: San Diego County**

#### Before report of first locally-identified case, initiated:

- 1. Proactive onsite IPC assessments, strengthen IPC practices, ensure interfacility communication
- 2. Proactive PPS: baseline at all vSNF/LTACH, continuing quarterly at LTACH; response testing at 2-week intervals as necessary
- 2. Routine admission screening and identifying Candida species of clinical isolates
- 9/11 cases identified, all through LTACH testing
  - 4 from PPS; 5 from admission screening
- Early detection and prevention were key in preventing widespread transmission!

#### **Conclusions**

Antimicrobial resistance threatens our ability to prevent and treat infectious diseases

- Core actions to prevent resistance include improving antimicrobial prescribing through stewardship, reducing infections, and preventing transmission of MDRO
- **Proactive, routine, and active surveillance** for *C. auris* and CPOs are crucial to identify these organisms and prevent transmission and ensuring patient safety

Public health is here to support you!



## Resources



#### Resources

- <u>CDPH Antimicrobial Resistance Resources landing webpage</u>
   (www.cdph.ca.gov/Programs/CHCQ/HAI/Pages/AntimicrobialResistanceLandingPage.aspx)
- <u>CDPH CRO Webpage</u> (www.cdph.ca.gov/Programs/CHCQ/HAI/Pages/CRE\_InfectionPreventionStrategies.aspx)
- <u>CDPH CRE Quicksheet</u> (PDF) (www.cdph.ca.gov/Programs/CHCQ/HAI/CDPH%20Document%20Library/CRE\_QuicksheetOct2019.pdf)
- <u>CDPH CRPA and CRAB Quicksheet</u> (PDF)
   (www.cdph.ca.gov/Programs/CHCQ/HAI/CDPH%20Document%20Library/CRO\_Quicksheet\_Oct2020.pdf)
- CDPH C. auris Webpage (www.cdph.ca.gov/Programs/CHCQ/HAI/Pages/Candida-auris.aspx)
- <u>CDPH C. auris Quicksheet (PDF)</u>
   (www.cdph.ca.gov/Programs/CHCQ/HAI/CDPH%20Document%20Library/C%20auris%20Quicksheet\_Interim\_070720\_ADA.pdf)
- CDPH C. auris and CPO Screening Decision Tree (PDF)
   (www.cdph.ca.gov/Programs/CHCQ/HAI/CDPH%20Document%20Library/Tier2\_Pathogen\_Screening\_Decision\_Tree\_Oct2020.pdf)
- <u>CDPH Algorithm for Prioritizing Carbapenemase Testing</u> (PDF)
   (www.cdph.ca.gov/Programs/CHCQ/HAI/CDPH%20Document%20Library/CP\_Testing\_Prioritization\_Algorithm\_Oct2020.pdf)



#### Resources

- <u>CDC/CDPH Novel MDRO in Long-Term Care Facilities Webinar</u> (slides)(PDF)
   (www.cdph.ca.gov/Programs/CHCQ/HAI/CDPH%20Document%20Library/C\_auris\_AHR\_CDC\_CDPHshareWebinarcCombined\_ADA\_121020.pdf)
- CDC/CDPH Novel MDRO in Long-Term Care Facilities Webinar (recording) (YouTube) (www.youtu.be/5ulpo7wi6xk)
- <u>CDPH CRE for Families Webpage</u> (https://www.cdph.ca.gov/Programs/CHCQ/HAI/Pages/Carbapenem-resistantEnterobacteriaceae(CRE).aspx)
- <u>CDPH CRAB for Families Webpage</u> (https://www.cdph.ca.gov/Programs/CHCQ/HAI/Pages/Carbapenem\_resistantAcinetobacter.aspx)
- <u>CDPH CRPA for Families Webpage</u>
   (https://www.cdph.ca.gov/Programs/CHCQ/HAI/Pages/Carbapenem\_resistantPseudomonas.aspx)



## Thank you!

**Questions?** 

For more information, contact

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