

Candida auris: An Emerging Threat

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Speaker Bio



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Doe Kley is an Infection Prevention Fellow within Clorox Healthcare's Clinical and Scientific Affairs team and is passionate about helping gleam insights and solutions to tackle the many challenges faced in infection prevention. Her role focuses on providing consultative services and developing practice tools using her nearly 20 years of clinical expertise in acute care infection prevention from working in large healthcare systems, such as Intermountain Healthcare and Kaiser Permanente.

Doe is a registered nurse and received her Master of Public Health from the University of Nevada, Reno, as well as a Bachelor of Microbiology from Weber State University. She teaches an infection control course for the Ohio State University (OSU) and is also dual-board certified in infection prevention and epidemiology in both acute and long-term care. Additionally, Doe is certified to train EVS through Association for the Healthcare Environment (AHE) and is currently a member of AHE, the Association for Professionals in Infection Control & Epidemiology (APIC), the Association of periOperative Registered Nurses (AORN), and the Society for Healthcare Epidemiology of America (SHEA). Doe is active on several committees including Test Committee for the Certification Board of Infection Control & Epidemiology (CBIC) and the Advisory Council for the Pearce Foundation Environmental Services Optimization Playbook (EvSOP). She also served on the board of directors for California APIC Coordinating Council (CACC) in 2022.

Relevant Financial Disclosures

Faculty for this activity:

• Doe Kley is employed by the Clorox Company. However, no products will be discussed or promoted in this presentation.

Agenda

What we will cover today:

- A brief history of *C. auris*
- What is *C. auris* and why it's so problematic
- Review transmission and outbreaks
- Infection prevention & control measures for *C. auris*
- Caveats around environmental cleaning & disinfection for this unique pathogen.
- Q&A

Learning Objectives

At the conclusion of this webinar, participants will be able to:

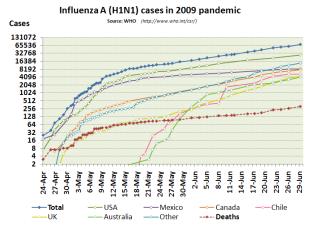
- Explain the epidemiology of *C. auris*.
- Differentiate *C. auris* from other antimicrobial-resistant pathogens.
- Implement surveillance for *C. auris* into their infection control program.
- Select appropriate infection control measures to contain *C. auris*.
- Identify the subtleties around cleaning and disinfection for this pathogen.

C. auris: humble beginnings but rapid spread

Remember 2009?



Barack Obama sworn in as 44th US President



Swine (H1N1) Influenza Pandemic

	2009 H1N1	COVID-19
# Cases	61 million	612 million
# Deaths	12,000	6.5 million



US airways Flight 1549 "Hudson Miracle", Captain Sullenberger



Cruise I never got to take ⊗

2009: Japan - A new foe emerges

Microbiol Immunol 2009; 53: 41-44 doi:10.1111/j.1348-0421.2008.00083.x

ORIGINAL ARTICLE

Candida auris sp. nov., a novel ascomycetous yeast isolated from the external ear canal of an inpatient in a Japanese hospital

Kazuo Satoh^{1,2}, Koichi Makimura^{1,3}, Yayoi Hasumi¹, Yayoi Nishiyama¹, Katsuhisa Uchida¹ and Hideyo Yamaguchi¹

"auris" means "ear" in Latin

¹Teikyo University Institute of Medical Mycology, 359 Otsuka, Hachioji, Tokyo 192-0395, ²Japan Health Sciences Foundation, 13-4 Nihonbashi-Kodenmacho, Chuo-ku, Tokyo 103-0001 and ³Genome Research Center, Graduate School of Medicine and Faculty of Medicine, Teikyo University, Otsuka 359, Hachioji, Tokyo 192-0395, Japan

ABSTRACT

A single strain of a novel ascomycetous yeast species belonging to the genus Candida was isolated from the external ear canal of an inpatient in a Japanese hospital. Analyses of the 26S rDNA D1/D2 domain, nuclear ribosomal DNA ITS region sequences, and chemotaxonomic studies indicated that this strain represents a new species with a close phylogenetic relationship to Candida ruelliae and Candida haemulonii in the Metschnikowiaceae clade. This strain grew well at 40 °C, but showed slow and weak growth at 42 °C. The taxonomic description of Candida auris sp. nov. is proposed (type strain $JCM15448^T = CBS10913^T = DSM21092^T$).

C. auris likely around since the 1980s

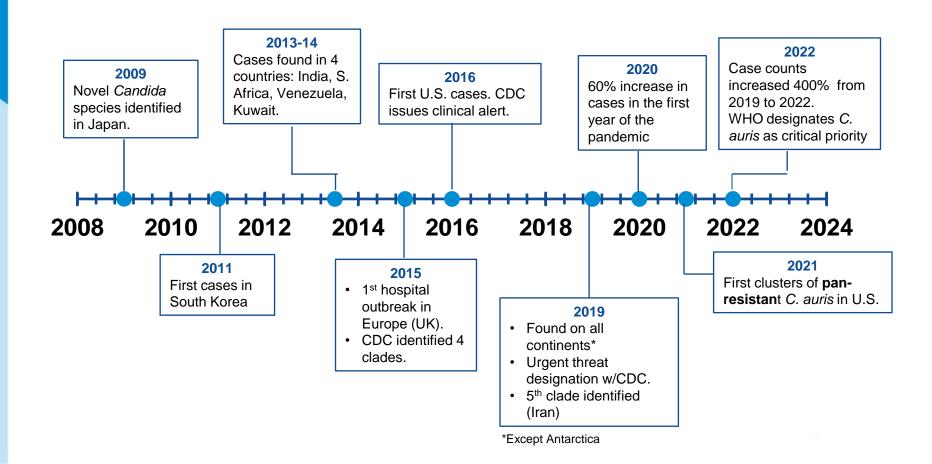
1980s



Cases under-reported:

- Not looking for it
- Lack of local diagnostic testing methods
- Misidentification

C. auris Timeline



C. auris Case Counts in its Early Years in the U.S.

Reported clinical cases of *Candida auris*, 2013-2016



References:

- 1. CDC. Candida auris 2019 Case Definition. Available from https://ndc.services.cdc.gov/case-definitions/candida-auris-2019/
- 2. CDC. MMWR: Investigation of the First 7 Reported Cases of C. auris, A Globally Emerging Invasive, Multidrug-Resistant Fungus US, May 2013-Aug 2016. Available from https://www.cdc.gov/mmwr/volumes/65/wr/mm6544e1.htm#T1_down
- 3. CDC. C. auris Clinical Update 2017. Available from https://www.cdc.gov/fungal/candida-auris/c-auris-alert-09-17.html

Fast Forward 10 years to the Current U.S. Case Counts



Year	U.S. Total Case Count*
2013-16	63
2017	173
2018	331
2019	478
2020	757
2021	1,474
2022	2,377

^{*}Clinical cases only. Colonizations excluded

Image from https://www.cdc.gov/fungal/candida-auris/tracking-c-auris.html

C. auris: A global view

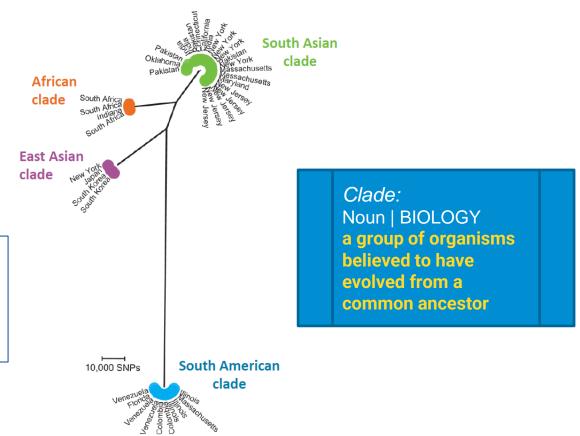
Countries from which Candida auris cases have been reported, as of February 15, 2021

This map is no longer being updated given how widespread *C. auris* has become.



What is C. auris and why is it problematic?

Emerging Pathogenic Yeast



A great read:

Casadevall et al. (2019). On the Emergence of *C. auris*: Climate Change, Azoles, Swaps, and Birds.

ASM mBio, Vol 10, Issue 4, p. 1-6

Global Emerging Threat – Five Reasons Why

Multi-drug resistant

Difficult to identify with routine lab methods

Invasive infections, high mortality

Persists in the environment

Spreads rapidly in healthcare settings



Multi-drug Resistant

3 classes of antifungals to treat Candida infections:

Antifungal	% Resistance
Azoles	86%
Amphotericin B (polyenes)	26%
Echinocandins	1.2%



Image retrieved from CDC (2019) AR Threat Report



Multi-drug Resistant

URGENT THREAT!





Multi-drug Resistant THREAT LEVEL URGENT

URGENT THREAT!

ANTIBIOTIC RESISTANCE THREATS IN THE UNITED STATES 2019

Urgent Threats

- Carbapenem-resistant Acinetobacter
- Candida auris (C. auris)
- Clostridioides difficile (C. difficile)
- Carbapenen resistant Enterobacteriaceae (CRE)
- Drug-resistant Neisseria gonorrhoeae (N. gonorrhoeae)

Serious Threats

- Drug-resistant Campylobacter
- Drug-resistant Candida
- Extended-spectrum beta-lactamase (ESBL)-producing Enterobacteriaceae
- Vancomycin-resistant Enterococci (VRE)
- Multidrug-resistant Pseudomonas aeruginosa (P. aeruginosa)
- Drug-resistant nontyphoidal Salmonella
- Drug-resistant Salmonella serotype Typhi
- Drug-resistant Shigella
- Methicillin-resistant Staphylococcus aureus (MRSA)
- Drug-resistant Streptococcus pneumoniae (S. pneumoniae)
- Drug-resistant Tuberculosis (TB)

Concerning Threats

- Erythromycin-resistant group A Streptococcus
- Clindamycin-resistant group B Streptococcus

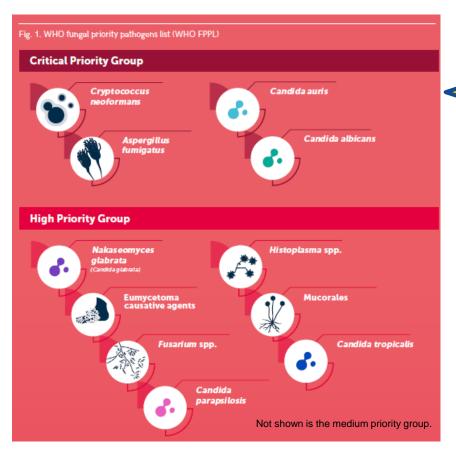
Watch List

- Azole-resistant Aspergillus fumigatus (A. fumigatus)
- Drug-resistant Mycoplasma genitalium (M. genitalium)
- Drug-resistant Bordetella pertussis (B. pertussis)

Revised Dec. 2019

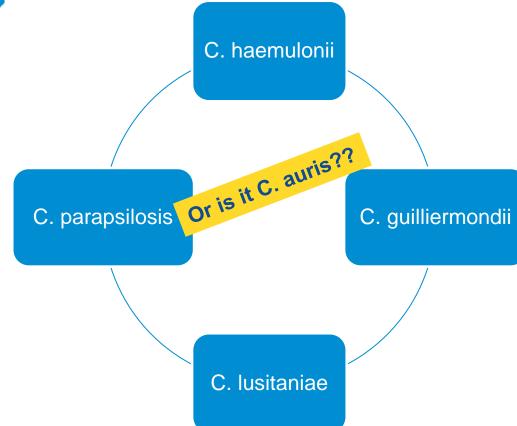


Multi-drug Resistant



CRITICAL PRIORITY GROUP!

Difficult to identify



Misidentification

- Its not common to identify to species level when isolated from non-sterile body site.
- When hospital labs do speciate, it is often misidentified as other Candida sp.

Difficult to identify

When to suspect C. auris, when to speciate



Mixed culture of *Candida glabrata* (purple), *Candida tropicalis* (navy blue), and *Candida auris* (white, circled in red) on CHROMagar Candida.



Candida auris on CHROMagar Candida, displaying multiple color morphs.

Difficult to identify

Appropriate identification methods:

- MALDI-TOF
- · DNA sequencing
- Enrichment broth

Misidentification

Identification Method	Organism <i>C. auris</i> can be misidentified as
Vitek 2 YST*	Candida haemulonii Candida duobushaemulonii
API 20C	Rhodotorula glutinis (characteristic red color not present) Candida sake
API ID 32C	Candida intermedia Candida sake Saccharomyces kluyveri
BD Phoenix yeast identification system	Candida haemulonii Candida catenulata
MicroScan	Candida famata Candida guilliermondii** Candida lusitaniae** Candida parapsilosis**
RapID Yeast Plus	Candida parapsilosis**

Source: CDC: https://www.cdc.gov/fungal/candida-

Invasive infections - High mortality

Serious Infections



Colonization	Non-Invasive Infections	Invasive Infections
Urine or Stool	Wounds	Bloodstream
External ear canal	Otitis	Intra-abdominal
Wounds	UTI	Myocarditis
Respiratory tract	SSI	Meningitis
Skin (axilla, groin)	Skin abscesses	Osteomyelitis



Persists in the Environment

Survival on surfaces

S	urface Type	Survival Time	# Studies
	Glass	3 days	1 study
8	Stainless steel	>7 days	1 study
[Plastic	>14 days	3 studies

C. auris contaminates and persists in the environment



Spreads rapidly in healthcare settings

Transmission







Spreads rapidly in healthcare settings

Rapid Spread Outbreaks!

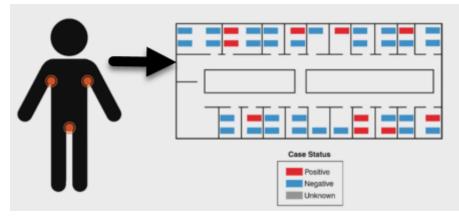


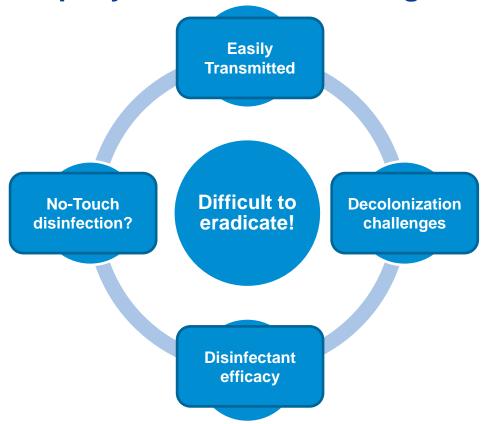
Image from CDC COCA call 6/20/2019

Easily transmitted:

- Spread by direct and indirect contact.
 Shedding from colonized pt's.
- Prolonged survival on environmental surfaces,
- Difficult to kill with some disinfectants.
- Sharing of pt's across the HC continuum.
- ➤ 1/3-1/2 of residents on a unit become colonized within weeks of an index case.
- C. auris prevalence increased from 43% to 71% in the 2yr study period.
- > 39% of environmental samples tested (+) for *C. auris*.



Spreads rapidly in healthcare settings



References:

1. Hayden M, et al. Characterization of Skin Microbiota, and Relation of Chlorhexidine Gluconate (CHG) Skin Concentration to *C. auris* Detection Among Patients at a High-Prevalence Ventilator-Capable Skilled Nursing Facility (vSNF) with Established CHG Bathing. Open Forum Infect Dis. 2019; 6(Supple 2): S25-S26.

2. Council of State and Territorial Epidemiologists (CSTE). *C. auris* Update. May 2018. Available from https://www.cste.org/resource/dynamic/forums/20180822_092336_22224.pdf

Surveillance: Don't let *C. auris* get a foot in the door

Active Surveillance: No Clear Guidance



Considerations

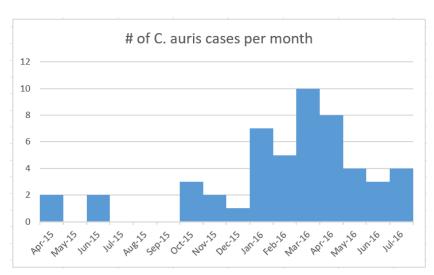
Patients transferred from an LTACH or vSNF.

Patients transferred from any healthcare facility in a geographical area experiencing *C. auris* transmission.

As otherwise determined by your facility or local public health dept.

UK Hospital Outbreak: One case becomes many

First Hospital Outbreak of *C. auris* (UK, 2015-16)



Clinical Manifestation	Total number (%)
Colonized only	28/50 (56%)
Candidemia	9/50 (18%)
Central line tip culture (+)	7/50 (14%)
Sternal wound SSI	3/50 (6.3%)
Invasive candidiasis of unknown primary infection site	2/50 (4%)
CAUTI	1/50 (2%)

Adapted from Schelenz et al. (2016)

One case is a big deal!

Epidemic

 Sudden increase in cases above normal in the population of a given area

Outbreak

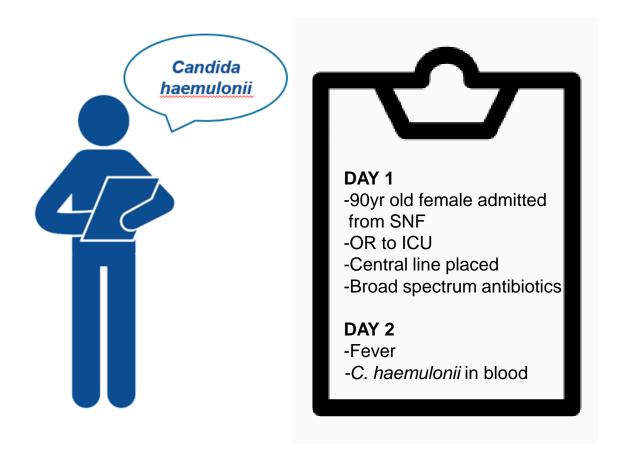
 Same as epidemic but used for more limited geographic area I case: report, investigate

>2 cases: outbreak!

References:

- 1. CDC. Division of Scientific Education and Professional Development Archives. Introduction to Epidemiology, 2012. Available from https://www.cdc.gov/csels/dsepd/ss1978/lesson1/section11.html.
- 2. APIC.(nd). Outbreaks, epidemics and pandemics what you need to know. Available from https://apic.org/monthly_alerts/outbreaks-epidemics-and-pandemics-what-you-need-to-know/
- 3. CORHA. C. auris: Recommendations for Healthcare Outbreak Response, 2022. Available from https://www.corha.org/resources/candida-auris-recommendations-for-healthcare-outbreak-response/

Case Study: The start of the day...



Risk factors for *C. auris*



In the past year, hospitalized **outside of the US** in endemic country In the past year, hospitalized in an area **in the US** seeing transmission

Multiple or prolonged healthcare stays

Recent care in post-acute care (PAC) setting

Recent broadspectrum antimicrobials

Patients infected or colonized with CPOs

Presence of invasive medical devices (e.g., trache, central line)

Certain chronic conditions or immunosuppressed

References:

- 1. Hu, S. (2021) Retrospective Analysis of Clinical Characteristics of C. auris Infection Worldwide 2009-2020. Microbiol., Vol 12.
- 2. CDC (2020). Candida auris: Information for IPs.. Available from https://www.cdc.gov/fungal/candida-auris/fact-sheets/cdc-message-infection-experts.html

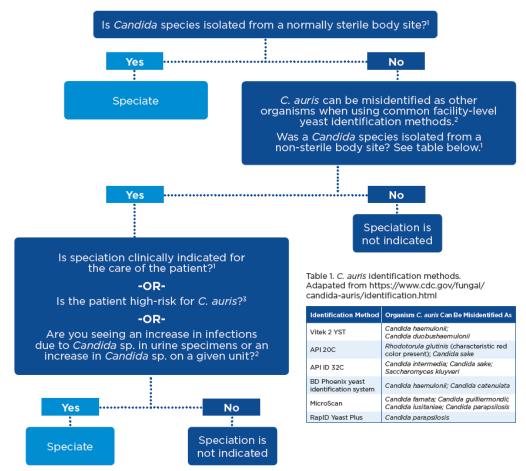
4 Situations to Seek Species-Level Identification?

	When to speciate for <i>C. auris</i>
1	Yeast identified from sterile body site . ¹
2	 Candida isolated from non-sterile body site when:¹ Clinically indicated Patient is high-risk for C. auris (see previous slide) Surveillance cultures as part of outbreak management
3	Identification of a fungal isolate known to represent potential misidentification of <i>C. auris</i> . Ex: <i>C. haemulonii</i> ²
4	An increase in infections due to Candida sp. on a unit or an increase in Candida from urine specimens. ²

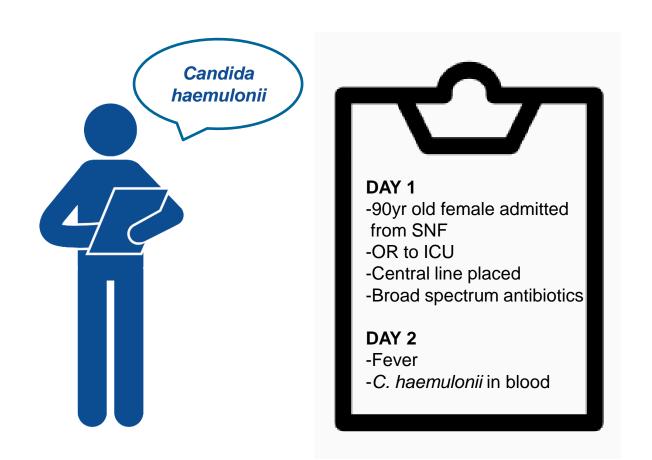
References

- 1. CDC (2022). Surveillance for Candida auris Available from https://www.cdc.gov/fungal/candida-auris/c-auris-surveillance.html
- 2. CDC (2022). Identification of Candida auris. Available from https://www.cdc.gov/fungal/candida-auris/identification.html?CDC_AA_refVal=https%3A%2F%2Fwww.cdc.gov%2Ffungal%2Fcandida-auris%2Frecommendations.html

Algorithm: When to seek species-level identification



A decision to be made



The results are in...



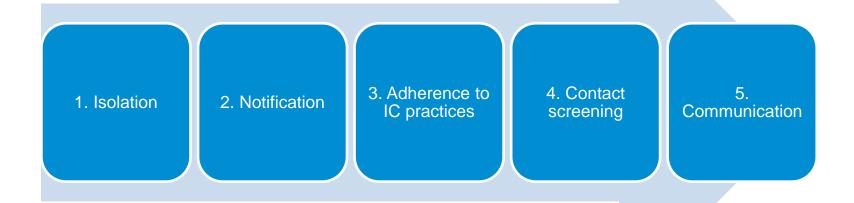
The results are in...



You have a case. Five things to do... NOW!

Robust IP&C Response!

Infection control is for everyone – not just IPs!



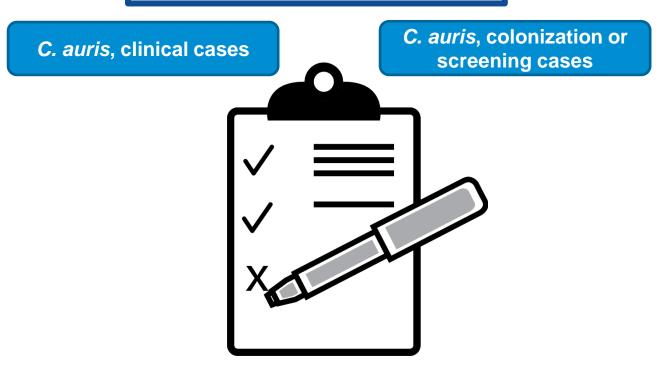
1.Isolate – Contact Precautions



- Private room or cohort with other C. auris pt's.
- Dedicate equipment to the room.
- Hand sanitizer, PPE, and disinfectant wipes should be readily available at the pointof –use.
- Ensure PPE is correctly donned/doffed.
- Consider cohorting staff.

2. Notification

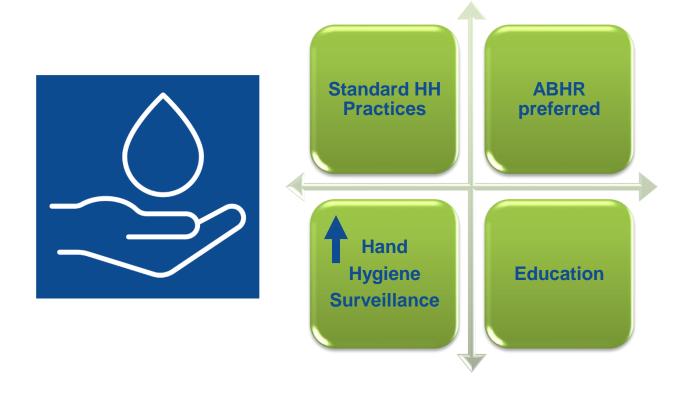
Report to Public Health Authorities
Notify Facility Leadership and & Risk Mgt



3. Adherence to Infection Control Practices



3. Adherence to Infection Control Practices



4. Contact Screening



Pts who were close contacts of a case



Point prevalence survey if ongoing transmission



Composite swab of groin and axilla

5. Communication

Poor communication is at the root of every HAI or risk event.

Inter-facility Transfer Form:

Please att sending Healthcare Facility		atest culture repor			ilities if ava		to or with transfer
Patient/Resident Last Name		First Name		Date of Birth		Medical Record Number	
Name/Address of Sending Facility			Sending Unit			Sending Facility P	
Sending Facility Contacts	Contact Name		Phone		E-m	E-mail	
Transferring RN/Unit							
Transferring physician							
Case Manager/Admin/SW							
Infection Preventionist							
Does the person* currently have an infection, colonization OR a history of positive culture of a multidrug-resistant organism (MDRO) or other potentially transmissible infectious organism?					Colonization or history (Check if YES		Active infection on Treatment (Check if YES)
Methicillin-resistant Staphyl	(MRSA)		■ Ye			■ Yes	
Vancomycin-resistant Entere		■ Ye:		5	■ Yes		
Clostridioides difficile			■ Yes		5	■ Yes	
Acinetobacter, multidrug-resistant				■ Yes		5	■ Yes
Enterobacteriaceae (e.g., E. coli, Klebsiella, Proteus) producing- Extended Spectrum Beta-Lactamase (ESBL)				■ Yes		5	■ Yes
Carbapenem-resistant Enterobacteriaceae (CRE)					■ Yes		■ Yes
Pseudomonas aeruginosa, multidrug-resistant					■ Yes		■ Yes
Candida auris			■ Yes		5	■ Yes	
Other, specify (e.g., lice, scable	ıza):			■ Ye:	5	■ Yes	
Ooes the person* currently	have any of the	following? (Check	here if r	none ap	ply)		
Cough or requires suction	■ C	Central line/PICC (Approx. date inserted					
Diarrhea	■ H	■ Hemodialysis catheter					
Vomiting		■ U	rinary catl	heter (A	pprox. date	insert	ed

https://www.cdc.gov/hai/prevent/prevention_tools.html

Open wounds or wounds requiring dressing change

Facilitate adherence to infection control measures



UK Hospital Outbreak: Infection Control Measures

First Hospital Outbreak of *C. auris* (UK, 2015-16)

Isolation Precautions

PPE

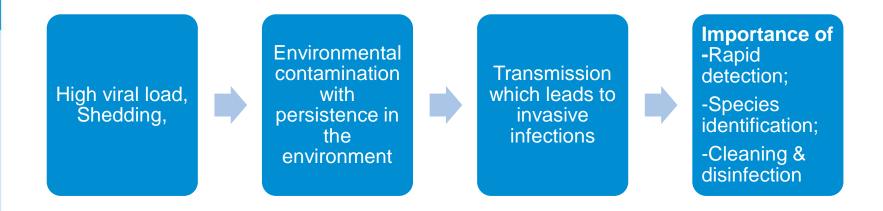
Surveillance & screening

CHG impregnated discs for central lines

Enhanced cleaning & disinfection (bleach)

Reference: Schelenz et al. (2016). First Hospital Outbreak of the Globally Emerging *Candida auris* in a European Hospital. *Antimicrobial Resistance and Infection Control*, 5:35.

Lessons Learned from Outbreaks



Considerations for Cleaning & Disinfection

Option 1 of 2 Disinfectant for *C. auris*

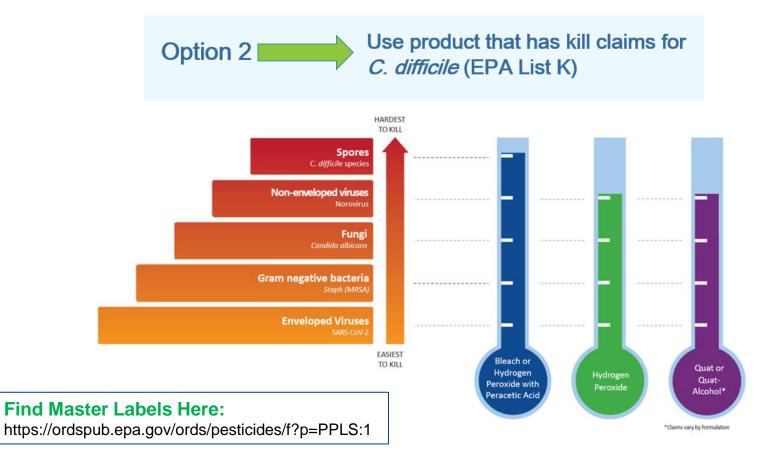


List P Sampling

EPA Registration#	Active Ingredient	Product Brand Name	Company	Contact Time (minutes)
56392-7	Sodium Hypochlorite	Dispatch Hospital Cleaner Disinfectant with Bleach	Clorox Professional Products Company	3
67619-12	Sodium Hypochlorite	Clorox HealthcareBleach Germicidal Wipes	Clorox Professional Products Company	3
67619-24	Hydrogen Peroxide	Clorox Healthcare Hydrogen Peroxide Cleaner Disinfectant	Clorox Professional Products Company	2
67619-25	Hydrogen Peroxide	Clorox Healthcare Hydrogen Peroxide Cleaner Disinfectant Wipes	Clorox Professional Products Company	2
67619-40	Sodium Hypochlorite	Clorox Spore Defense Cleaner Disinfectant	Clorox Professional Products Company	3

Reference: CDC. (2021). IP&C for *C. auris*. Available from https://www.cdc.gov/fungal/candida-auris/c-auris-infection-control.html

Option 2 of 2 Disinfectant for *C. auris*



Reference: CBC. (2021). IP&C for C. auris. Available from https://www.cdc.gov/fungal/candida-auris/c-auris-infection-control.html

What to Clean

Outbreak studies have isolated *C. auris* from these surfaces:

High-touch surfaces:

- Around the patient → overbed table, bed rails, remote/call button
- Remote from patient → chair, countertops, windowsills, floor

Mobile medical equipment

 Transport equipment, equipment monitors, keypads, infusion pumps, glucometers, temperature probes, blood pressure cuffs, ultrasound machines, nursing carts, and crash carts.



















Key:

- Mobile equipment
- 2. Increase frequency of cleaning
- 3. Declutter

References:

Vallabhaneni S. Investigation of the First Seven Reported Cases of Candida auris in the US. MMWR. 2016 / 65(44);1234–1237

Schelenz S. First hospital outbreak of the globally emerging Candida auris in a European hospital. Antimic Resist Infect Control (2016) 5:35

Tsay S. Notes from the Field: Ongoing Transmission of Candida auris in Health Care Facilities — United States, June 2016–May 2017. MMWR. 2017 / 66(19);514–515

CDC. Infection Prevention and Control for Candida auris. https://www.cdc.gov/fungal/candida-auris/c-auris-infection-control.html

Ideal Product Format by Surface

High-touch surfaces









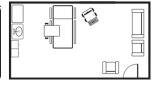




Environmental surfaces











Mobile equipment













Adjunct technologies for use against *C. auris*



Ultraviolet-C (UVC)

- Research is ongoing
- Early studies show low susceptibility*
- No EPA claims permitted
- Exposure and contact times will be device- and protocol-dependent



Electrostatic sprayer

- Product-specific
 - Must be approved for use through sprayer
 - Must have C. auris or C. difficile spore claim

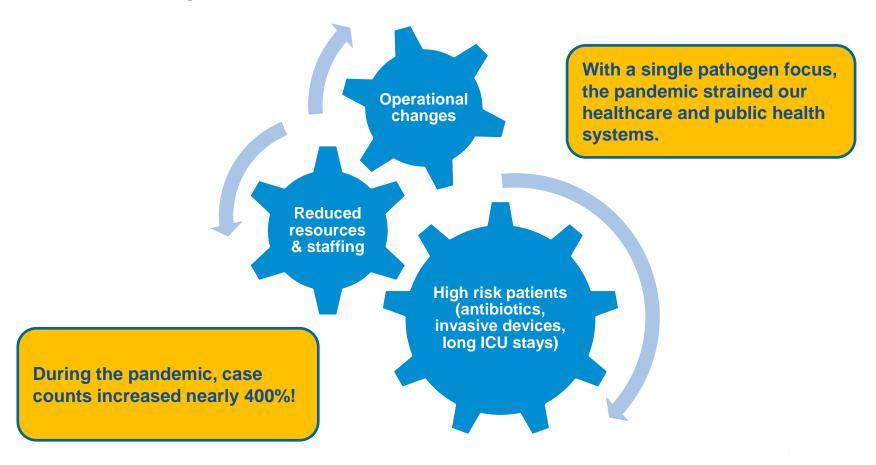
Cost: \$\$\$\$\$

Cost: \$\$

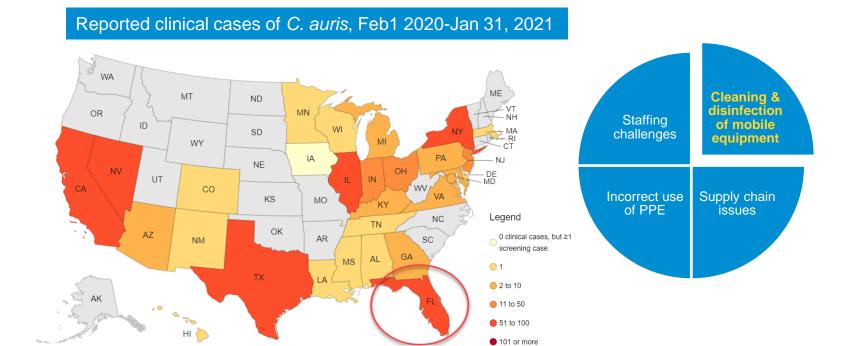
^{*} For efficacy studies, see Infection Prevention and Control for *Candida auris* https://www.cdc.gov/fungal/candida-auris/c-auris-infection-control.html

Impact of COVID-19 on C. auris

COVID-19 impact on *C. auris*



C. auris outbreaks in the face of COVID



References

- 1. CDC. (2021). Tracking C. auris. [online].[cited 2021 May15]. Available from https://www.cdc.gov/fungal/candida-auris/tracking-c-auris.html
- 2. CDC. (2021). MMWR Vol. 70: Candida auris Outbreak in a COVID-19 Specialty Care Unit Florida, July-August 2020. [online]. [cited 2021 Mar 15]. Available from https://www.cdc.gov/mmwr/volumes/70/wr/mm7002e3.htm

C. auris outbreaks in the face of COVID

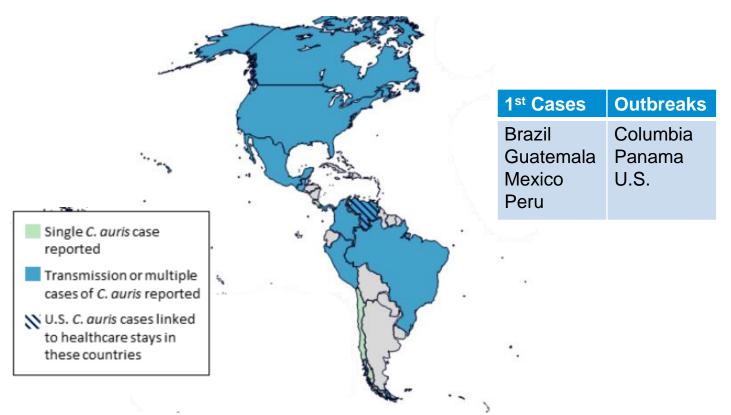


Image retrieved from https://www.cdc.gov/fungal/candida-auris/tracking-c-auris.html



Let's review

Here's what we have learned today:

- 1. The history of *C. auris* and how quickly a single case of an emerging threat can spread (2009 to present)
- 2. Why this pathogen is so problematic (e.g., high mortality rate, difficult to identify, MDR, easily transmitted in HC facilities, difficult to eradicate from a facility once it gets a foot hold)
- 3. Infection control measures to take and how to facilitate adherence if a case is identified in your facility
- 4. Special considerations around cleaning & disinfection for this unique pathogen including kill claims and what to clean
- **5.** Impact of the COVID-19 pandemic on *C. auris*

Questions



Contact Info for Doe:
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Follow me on LinkedIn







https://www.cloroxpro.com/resource-center/candida-auris/