

An abstract network diagram on the left side of the slide. It features a complex web of interconnected nodes and lines. The nodes are represented by small circles in various shades of brown, tan, and grey. The lines connecting them are thin, with some being dark brown and others a lighter tan color. The overall pattern suggests a dense, interconnected network or a map of relationships.

# APIC 2024 |

## Connecting the Dots with Key Takeaways

APIC National Conference San  
Antonio, Texas

Abby Avery

# You Just Can't Do it All at Once



Review the schedule and sessions before you go. Print/Use the App.

You cannot attend all the sessions- prioritize and plan to finish some later

Take advantage of Product Rep sessions- free breakfast/dinner and great content!

Keynote Speakers are worth it!

Collect those CEU's and IPU's

Don't miss the vendor hall- this is also why you need extra luggage space

Network and Connect

Must have items: chargers, portable charger, water bottle, extra luggage space, business cards

Start early and end late!

Be sure to share with your colleagues when you get home!

Take time to explore the area

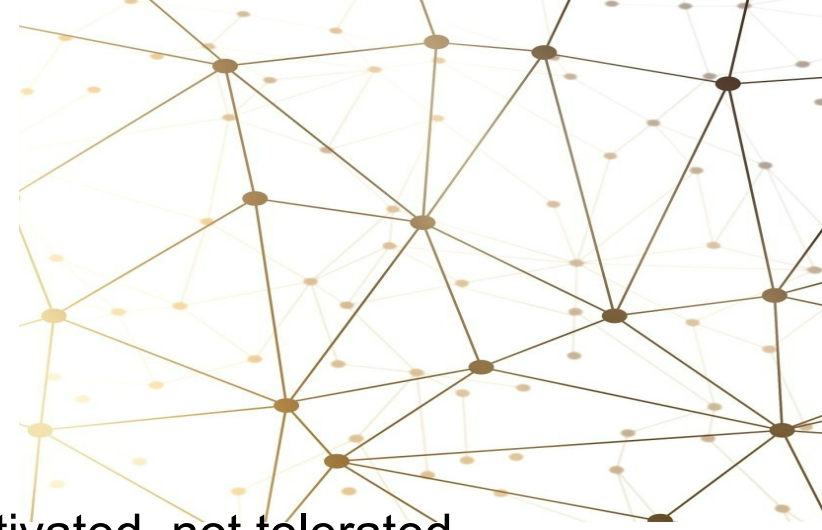
# Keynote Speakers

- Empowering, uplifting, relevant to your work
- These are ones you don't usually want to miss!
- **Dr. Tania Bubb**: 2024 APIC President (and so very much more)
  - APIC crossed the 15,000-member mark; we are coming back to where we were before the pandemic
  - Dr. Bubb shared the story of her mother- of minorities having disproportionate deaths during the pandemic. But even before her mother could expect 5 years less life expectancy
  - 'Rise to the challenge and bring your best forward'
  - If you aren't looking at events by race, gender, age, zip code, language ability---- you are missing things!!! Monitor for healthcare disparities in HAI rates
  - **Actions IPs can take**: review educational materials, look at events by vulnerable populations, submit abstracts/publish work



# Keynote Speaker

## **Simon T. Bailey: 'Thrive Don't Survive'**



- Contagious laugh, very engaging. Books available
- Thanked Healthcare Leaders for understanding that IPs are to be activated, not tolerated
- Referenced Jean Watson and nursing theory of caring: calmness is your superpower- coming back to the breath. Meaning that you can choose how you show up in the moment. 'You are a bad mambajamba'
- Life Giving vs. Life Draining Conversation- concept that words carry energy
- You are a learner forever; Educators draw out resilience in others
- 'Some people are more negative than an undeveloped piece of film'
- 'You give everybody the best of you but give yourself what is left--- Take care of yourself.
- Ask yourself 3 questions at the end of every day:
  - 1) How did I grow today?
  - 2) What difference did I make today?
  - 3) What difference will I make tomorrow?

# Coloplast

Dr. Stephanie Ellis, micro background



## Why Bathing is Important

- Lines are highways right into the epidermis
- Bathing:
  - Restores the Acid Mantle
  - Reduces organism burden: only 3 organisms typically can live together
  - The epidermis is protective
- We all know what KISS means: Keep It Simple..... And Straightforward!
- 5 different generations in the workforce: all have different currency
  - Learn it and what speaks to them
  - Most people want to know 'what's in it for me'



# Solventum (formerly 3M)



- ‘In God We Trust. All Others Must Bring Data’
- ‘Without data it is just an opinion’
- PIVs are the most common invasive procedure
- Mortality rate is the same regardless of VAD
- AC and Femoral sites have higher bacterial burden
- Avoid early dressing disruption and changes
- CVCs currently get a lot of attention due to NHSN required reporting- interesting what shift to HABS I may do
- Shared the idea of Zero Harm Rounds
  - Do your bundles need updated?
  - One are shared success with pre-made BC kits in green bags

# Other Tidbits

- The US Department of Labor now recognizes Infection Prevention as a job title
- AI Summit- Tuesday October 15. First ever; free event. Virtual. Not much information out yet
- Take a notebook, your favorite pen, and your best learning mindset!

