




**Rapid Molecular Technologies:
Improving Patient Outcomes**

A Better Way
Ed Hochwalt, MT, MBA
Director of Corporate Accounts

 **Cepheid.**
A better way.


Disclosure

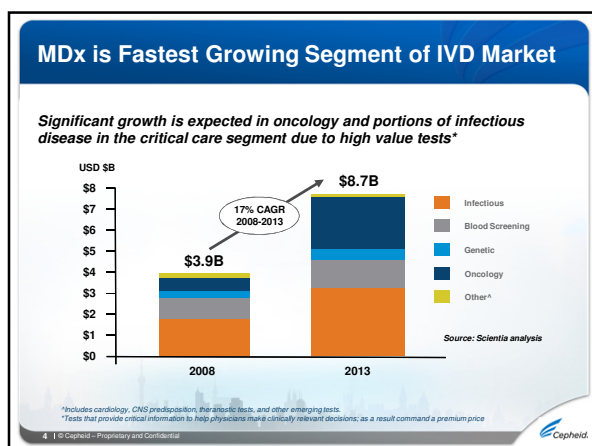
I work for Cepheid as Director of
Corporate Accounts

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Objectives

- Provide a brief overview of molecular PCR technology
- Learn about rapid applications available today
- Provide insight as to how rapid applications have impacted patient care based on current literature
- Provide an understanding of the impact on hospital costs related to rapid results.
- Discuss ways in which antibiotic stewardship can be influenced by rapid test results.

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Molecular Diagnostics

- Designated nucleic acid target (what are you looking for?)
- Sample type (where will you find the target?)
- Extract nucleic acid (how will you isolate the target nucleic acid?)
- Detection and results (how do you know if the target is there?)

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NAA (NAAT) – what does that mean? Nucleic Acid Amplification (Test)

Amplification Technology	Used By	Isothermal?	Level of Multiplexing (commercial product)	Quantitative CE IVD?
PCR	Cepheid, BD, Roche & most of Dx and research world	No	20-80 targets	Dozens
HDA	BioHelix	Yes	One target	0
SDA	BD	Yes	2-3 targets	0
NASBA	BioMerieux	Yes	One target (HIV viral load)	1
TMA	Gen-Probe	Yes	Three targets (HPV is an exception)	0
Loop Mediated Isothermal Amplification	Eiken, Illumigene, Quidel	Yes	One target	0
LDT	Laboratory Developed test	Currently FDA is reviewing how to better manage standards for this group of applications		

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178 PRACTICE GUIDELINES nature publishing group

Am J Gastroenterol 2013; 108:478–498; doi:10.1038/ajg.2013.4; published online 26 February 2013

Guidelines for Diagnosis, Treatment, and Prevention of *Clostridium difficile* Infections

Christina M. Surawicz, MD¹, Lawrence J. Brandt, MD², David G. Bittorf, MD³, Ashwin N. Ananthakrishnan, MD, MPH⁴, Scott R. Curry, MD⁵, Peter H. Colligan, PhD⁶, Lynne V. McFarland, PhD⁷, Mark Mellor, MD⁸ and Brian S. Zuckerbraun, MD⁹

Recommendations

2. Nucleic acid amplification tests (NAATs) for *C. difficile* toxin genes such as PCR are superior to toxins A+B enzyme immunoassay (EIA) as a standard diagnostic test for CDI. (Strong recommendation, moderate-quality evidence)
3. Glutamate dehydrogenase (GDH) screening tests for *C. difficile* can be used in two- or three-step algorithms with subsequent toxin A+B EIA testing, but the sensitivity of such strategies is lower than NAATs. (Strong recommendation, moderate-quality evidence)

The sensitivity of GDH (EIA) antigen detection has led to its use as a screening test as part of CDI testing algorithms, although it should be noted that as many as 10 % of patients with toxigenic organisms can be missed by this method.

Evidence suggests that NAATs for toxigenic *C. difficile* are good stand-alone tests for toxigenic *C. difficile*. There are several Food and Drug Administration (FDA)-approved NAATs, including PCR assays and isothermal amplification tests. PCR is an excellent confirmatory test, but data for isothermal amplification testing are not yet sufficient to recommend it.

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Polymerase Chain Reaction (PCR)

Double Stranded DNA, free nucleotides, enzyme, primers, MgCl₂ and buffer

Target DNA sequence

DENATURATION 95°C

ANNEALING 68°C

EXTENSION 72°C

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PCR Cycles

Target

Color tag

Cycle 1

Cycle 2

Cycle 3

Cycle n = 2⁽ⁿ⁻¹⁾ copies

4 copies

8 copies

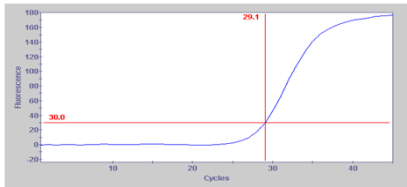
16 copies

heating and cooling cycle is repeated several time and it is called thermal cycling

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How to Detect Amplified Target?

- Real-time PCR
- Continuous amplification and detection in one tube
- Use a target specific probe labelled with a fluorescent dye
- Instrument collects fluorescent data and provides result



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No Specialized Training Required to Achieve Reliable, Reproducible Results

INTEGRATED PLATFORM AND TEST



Total Hands-On time <1 Minute

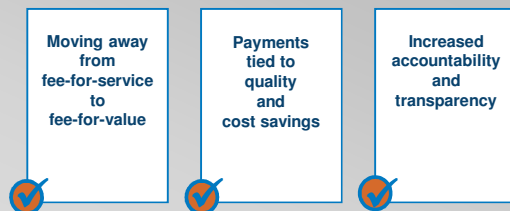
Random Access - Available 24-7

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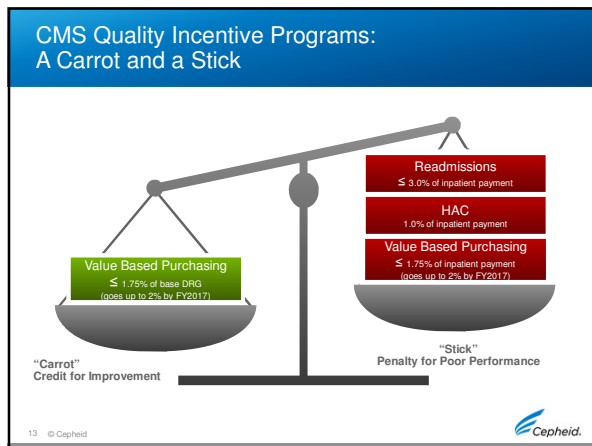
Trends in Healthcare Landscape

Focus is on value, performance & prevention



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Campaign to Prevent Antimicrobial Resistance in Healthcare Settings

Key Prevention Strategies

CDC

- Prevent infection
- Diagnose and treat infection effectively
- Use antimicrobials wisely
- Prevent transmission

CMS Issues Proposed Rule that Reduces Hospital-Acquired Conditions, and Promotes Antibiotic Stewardship in Hospitals

Under the proposed rule, hospitals and CAHs would be required to:

- Have hospital-wide infection prevention and control and antibiotic stewardship programs for the surveillance, prevention, and control of healthcare-associated infections and other infectious diseases, and for the appropriate use of antibiotics;

Clinicians hold the solution!

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Infection Related Quality Metrics: Hospitals

Program (N) Infection Measures	2015	2016	2017	Lab Y/N
Value Based Purchasing (24)				
- Complications/patient safety	X	X	X	Y
- CLABSI	X	X	X	Y
- CAUTI		X	X	Y
- SSI (Colon, hysterectomy)		X	X	Y
- MRSA			X	Y
- CLABSI	X	X	X	Y
- C.difficile	X	X	X	Y
- Spending per beneficiary	X	X	X	Y
- Blood cultures	X	X	X	Y
- Patient Satisfaction	X	X	X	Y

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Two Areas to Measure When Considering PCR

Understand current **patient pathway** and medical interventions around lab results.

Quantify impact on health system **resources**.

Quantify the total cost of diagnosis and patient management through the continuum of care.

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Economic and Medical Cost of Delayed Diagnosis

Potential Patient Impact

- Delays or Wrong Diagnosis
- Misuse or Overuse of Antibiotics
- Cross-infection
- Increased Length of Stay

Potential Economic Impact

- Unnecessary Antibiotics Expense
- Isolation Expenses
- Blocked Beds Expenses

Time to Test Results Costs Money and Lives

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Budgetary Headaches Move Toward Value-Based Medicine


From Silo **To Holistic Approach**

- Moving away from the lowest cost per test to Total Cost of Care
- Focus on medical outcome, quality and prevention

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The Need for Laboratory Speed



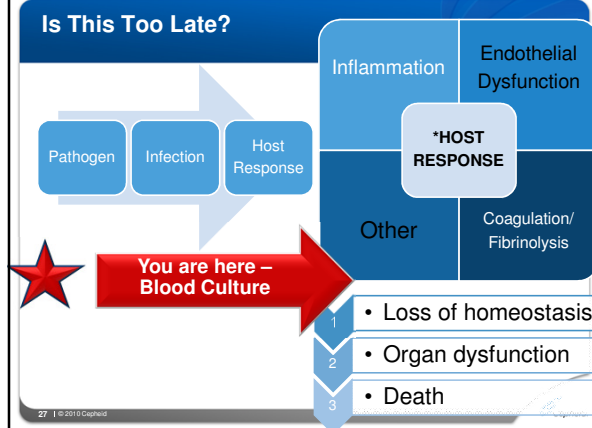
- Rapid Antibiotic Therapy Saves Lives
 - Targeted antibiotic therapy increases survival by ~ 25-45%
 - For every hour appropriate antibiotic is delivered sooner, survival increases by ~ 7-10%¹

In the U.S., sepsis kills nearly 600 patients each day!

1. Kumar et. al, 2006. Crit. Care Med. (34)

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Is This Too Late?



***HOST RESPONSE**

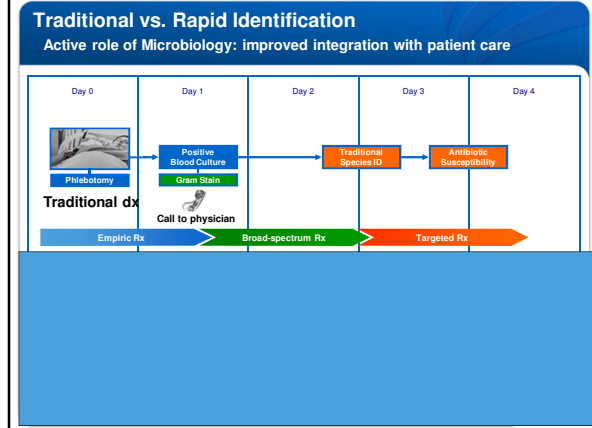
- Inflammation
- Endothelial Dysfunction
- Other
- Coagulation/Fibrinolysis

- 1 • Loss of homeostasis
- 2 • Organ dysfunction
- 3 • Death

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Traditional vs. Rapid Identification

Active role of Microbiology: improved integration with patient care



Traditional dx

Day 0: Phlebotomy

Day 1: Positive Blood Culture, Gram Stain

Day 2: Call to physician

Day 3: Broad-spectrum Rx

Day 4: Targeted Rx

Rapid Identification

Day 2: Traditional Species ID

Day 3: Antibiotic Susceptibility

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Rapid Detection of MRSA & SA – Blood Culture

On-Demand Results Reduces LOS and Cost

CLINICAL PRACTICE INVITED ARTICLE

An Antimicrobial Stewardship Program's Impact with Rapid Polymerase Chain Reaction Methicillin-Resistant *Staphylococcus aureus*/S. aureus Blood Culture Test in Patients with S. aureus Bacteremia

Wael A. Khatib, Andrew S. Wong, Jan-Michael Kaldor, Peter Tenhaken, Karl B. Henner, and Robert A. Giff
Department of Pharmacy and Therapeutics, The Ohio State University Medical Center, Division of Infectious Diseases, College of Medicine, The Ohio State University, Columbus, Ohio

Clinical Infectious Diseases 57(6):1076-1081
© 2013 by the American Academy of Infectious Diseases, Inc. 1076-1081

The Ohio State University College of Medicine

- Implementation of the Xpert® MRSA/SA BC test coupled with an infectious disease pharmacist's consultation resulted in:
 - Mean time of switch from vanco to cefazolin/naftillin (optimal antibiotic therapy) occurred **1.7 days sooner** (for MSSA bacteremic patients)
 - Mean length of stay was **6.2 days shorter** (for both MRSA and MSSA bacteremic patients)
 - Mean hospital costs were **\$21,387 less** (for both MRSA and MSSA bacteremic patients)

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Institute for Healthcare Improvement

Project JOINTS: Joining Organizations IN Tackling SSIs

Screen patients for *Staph aureus* (SA) carriage and decolonize SA carriers with five days of intranasal mupirocin and at least three days of CHG soap prior to surgery

MRSA/MSSA - Rapid detection of MSSA and/or MRSA nasal colonization in 1 hour

Cardiac Surgery

- Cardiovascular operations represent the 2nd most frequent surgical procedure in the US
- SSIs in cardiac surgery patients represent a serious complication leading to higher morbidity, mortality and prolonged hospital stay
- Infective endocarditis (infection of the inner heart tissues) can occur after valve replacement or pacemaker implant

CHALLENGES

- Patients colonized with *Staph aureus* and/or MRSA not accurately identified prior to surgery create opportunities for:
 - Increase risk of SSI
 - Spread of infection to other patients
 - Less than optimal antibiotic prophylaxis

Rapid and Accurate detection of MRSA/SA colonization in 66 minutes or less

- Enables Surgeon to choose appropriate prophylaxis antibiotic
- Ability to implement targeted decolonization prior to surgery
- Quickly identify patients requiring contact precautions
- Allows for better patient management after surgery

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Low culture sensitivity can miss MRSA – no vancomycin ordered

MRSA	Sensitivity ¹	Specificity ¹
Culture with selective media (24-hour test)	62%	99.5%
Culture with selective media (48-hour test)	78%	98%
Same-day PCR	98%	98%

MSSA ²	MRSA ²
<ul style="list-style-type: none"> Bathe with CHG for 5 days prior to surgery Administer intranasal mupirocin decolonization treatment Administer antibiotic prophylaxis (cefazolin) 	<ul style="list-style-type: none"> Bathe with CHG for 5 days prior to surgery Administer intranasal mupirocin decolonization treatment Administer antibiotic prophylaxis (cefazolin + vancomycin)

¹ Archer G, et al. *Antimicrob Agents Technol*. 2011;10:202-217.
² *Guidelines for the Management of Surgical Site Infections and Other Health Care-Associated Infections*. (2017) (17th ed.).

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AMERICAN ACADEMY OF ORTHOPAEDIC SURGEONS

Case Studies: Methicillin-resistant *Staphylococcus aureus*




Figure 2. Successful Total Knee Replacement in Patient colonized with MRSA

- Age of patient: Mid 50s
- Modifiable risk factors: Yes - colonized with MRSA
- Screened for MRSA: Yes
- Preoperatively Decolonized: Yes
- Prophylaxis given: Cefazolin

Outcome
This patient successfully completed a Total Knee Replacement, with no complications from post-operative surgical site infections.




Figure 3. Unsuccessful Total Knee Replacement in Patient colonized with MRSA

- Age of patient: Mid 50s
- Modifiable risk factors: Yes - colonized with MRSA
- Screened for MRSA: No
- Preoperatively Decolonized: No
- Prophylaxis given: Cefazolin

Outcome
This patient underwent a Total Knee Replacement, and developed a postoperative MRSA SSI. The antibiotic given did not cover MRSA. The patient's leg was amputated after several surgical attempts to salvage his leg. Preop screening and decolonization may have prevented the infection.

What's the Impact?

- As a result of this post-surgical complication, the site may be subject to associated reimbursement penalties:
 - ☐ Surgical site infection ☒
 - ☐ Readmission after total knee replacement ☒
- The average cost of a MRSA surgical site infection is \$42,300 and the average length of stay is 23 days
- CMS does not reimburse hospitals for additional costs associated with a surgical site infection following certain orthopedic procedures

➡ One Infection Avoided Can Pay for Over 1200 PCR Tests!

Zinderman P, et al. *JAMA Intern Med*. 2013;173(17):2019-46

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Preventing Surgical Site Infections

- *Staphylococcal aureus* represents 30% of surgical site infections¹
- Perioperative screening to identify colonization + active decolonization prior can help reduce rates
- On-demand PCR testing has high sensitivity and specificity to ensure the correct organism is identified so appropriate treatment/measures can be administered
- Effective decolonization
 - Nasal decolonization
 - CHG body washes

1. CDC NNIS System. Current Nosocomial Infection Report. 2012. 2012. p. 1-17.

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MRSA Nasal Screening - NEBH

Eradication of Methicillin Sensitive *Staphylococcus aureus* and Methicillin Resistant *Staphylococcus aureus* Before Orthopedic Surgery

19 studies presented at the Society for Healthcare Epidemiology and Infection, Orlando, Florida
\$573,000 savings after the cost of implementing the program

Key points:

- Rapid Screening utilized to detect MRSA prior to surgery
- Rapid screening allowed for more effective patient education
- Mupirocin and CHG used to decolonize prior to surgery
- Appropriate prophylaxis antibiotic utilized at time of surgery
- Appropriate patient management after surgery
- **Reduced SSI by 61% the first year**

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Clin Orthop Relat Res. 2013 Mar 6. [Epub ahead of print].

Staphylococcus aureus Screening and Decolonization in Orthopaedic Surgery and Reduction of Surgical Site Infections.

Chen AF, Wessel CB, Rao N. Department of Orthopaedic Surgery, University of Pittsburgh, Pittsburgh, PA, USA.

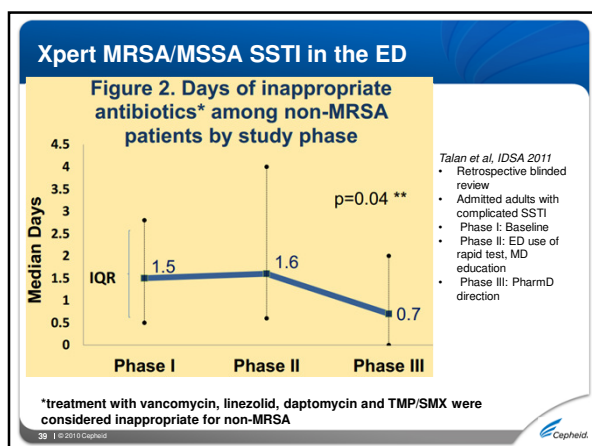
QUESTION: The purposes of this study were to determine (1) whether *S. aureus* screening and decolonization reduce SSIs in orthopaedic patients and (2) if implementing this protocol is cost-effective.

RESULTS: All 19 studies showed a reduction in SSIs or wound complications by instituting a *S. aureus* screening and decolonization protocol in elective orthopaedic (total joints, spine, and sports) and trauma patients. The *S. aureus* screening and decolonization protocol also saved costs in orthopaedic patients when comparing the costs of screening and decolonization with the reduction of SSIs.

CONCLUSION: Preoperative screening and decolonization of *S. aureus* in orthopaedic patients is a cost-effective means to reduce SSIs.

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CDC Centers for Disease Control and Prevention
CDC 24/7: Saving Lives. Protecting People.™

Morbidity and Mortality Weekly Report (MMWR)

Availability of an Assay for Detecting *Mycobacterium tuberculosis*, Including Rifampin-Resistant Strains, and Considerations for Its Use — United States, 2013

1. Perform NAA testing on at least one (preferably the first) respiratory specimen from each patient suspected of pulmonary TB before a diagnosis has been established
2. NAA testing does not replace the need for culture
3. Because NAA testing, including Xpert MTB/RIF, is significantly more sensitive and specific for the detection of MTBC than microscopy alone, substitution of Xpert MTB/RIF assay results that are negative for MTBC for microscopy results increases the negative predictive value for MTBC.
4. For patients with a diagnosis of TB, decisions regarding discontinuation of ALL precautions should be based on microscopy (i.e., three consecutive negative smears) and other clinical criteria.

October 18, 2013 / 62(41):821-824

MMWR Xpert MTB/RIF update 2015

Centers for Disease Control and Prevention
MMWR
Weekly / Vol. 64 / No. 7

Morbidity and Mortality Weekly Report
February 27, 2015

Morbidity and Mortality Weekly Report

Revised Device Labeling for the Cepheid Xpert MTB/RIF Assay for Detecting *Mycobacterium tuberculosis*

Division of Microbiology Devices, Office of In Vitro Diagnostics and Radiological Health, Center for Devices and Radiological Health, Food and Drug Administration

- 638 U.S. patients, 14.4% TB+, 37.6% HIV+
- Negative Predictive Value 1 Xpert = 99.6 %
- Negative Predictive Value 2 Xperts = 100 %



Key US publications

Consensus Statement on the Use of Xpert MTB/RIF

• NTCA/APHL* recommends:

- Negative Xpert MTB/RIF results:
Consider release from respiratory isolation
- Positive Xpert MTB/RIF result:
Diagnosis of TB is highly likely;
continue respiratory isolation
- Xpert MTB/RIF is the only nucleic acid amplification test, cleared by FDA, that can help support decisions to discontinue respiratory isolation for persons suspected of infectious pulmonary tuberculosis

Note: LDT NAA test + Xpert MTB/RIF



Consensus statement on the use of Cepheid Xpert MTB/RIF assay in making decisions to discontinue airborne infection isolation in healthcare settings

PURPOSE

The purpose of this consensus statement is to provide guidance for clinicians, nurses, and hospital infection preventionists on the use of the FDA-approved Cepheid Xpert MTB/RIF (Xpert) Nucleic Acid Amplification (NAA) test when making decisions to discontinue airborne infection isolation (AII) for persons with suspected, infectious pulmonary tuberculosis (TB).

It is important to note that the purpose described herein is not to be used as a sole basis for decision-making. The Xpert MTB/RIF assay is a rapid, sensitive, and specific test for the detection of TB. It is not a substitute for a culture-based test. The Xpert MTB/RIF assay should be used in conjunction with other tests and clinical data to make decisions on AII.

How FDA Approved Labeling (and this document) applies for this statement and this program only.

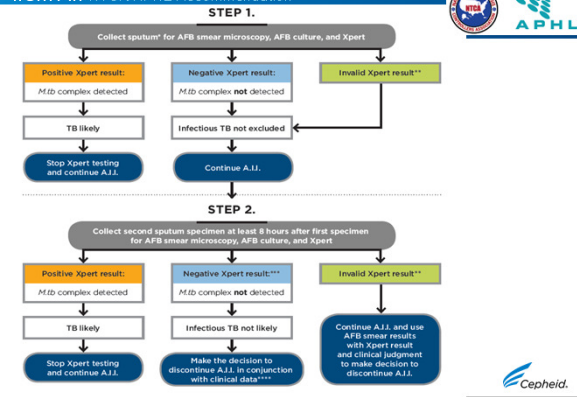
See Appendix 1 for Definition of Terms.

NTCA = National TB Controllers Association APHL = Association of Public Health Laboratories

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Source: Consensus statement on the use of Cepheid Xpert MTB/RIF assay in making decisions to discontinue airborne infection isolation in healthcare settings, April 2015.

Use of 2 Xpert Mtb/Rif for Removing patients from All NTCA/APHL Recommendation



Key points in the document

- Specimen quality is important. Document contains detailed guidance for proper specimen collection.
- Once diagnosed with TB, Xpert test results should not be used to remove patients from isolation.
- For any laboratory test, physician judgement based on risk factors, physical exam, chest X-ray, other factors, should be used along with the Xpert result to decide whether to remove patients from All.

(Note: 3 smears much less sensitive [60.4% vs 85.2%] than 1 Xpert)

- At least 2 smears and cultures on samples collected at least 8 hours apart should be performed, even if Xpert is being used.
- Note: positive smear and negative Xpert = Non-TB mycobacterium

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Rapid Molecular Testing for TB to Guide Respiratory Isolation in the U.S.: A Cost-Benefit Analysis

Alexander J. Millman^{3,5}, David W. Dowdy⁶, Cecily R. Miller⁴, Robert Brownell³, John Z. Metcalfe^{1,2,3}, Adithya Cattamanchi^{1,2,3}, J. Lucian Davis^{1,2,3*}

PLOS ONE | www.plosone.org

1

November 2013 | Volume 8 | Issue 11 | e79669

Results: Among a hypothetical cohort of 234 individuals undergoing evaluation for presumed active TB annually, 6.4% had culture-positive TB. Compared to smear microscopy, Xpert reduced isolation bed utilization from an average of 2.7 to 1.4 days per patient, leading to a 48% reduction in total annual isolation bed usage from 632 to 328 bed-days. Xpert saved an average of \$2,278 (95% uncertainty range \$1582–4570) per admission, or \$533,520 per year, compared with smear microscopy.

Conclusions: Molecular testing for TB could provide substantial savings to hospitals in high-income countries by reducing respiratory isolation usage and overall length of stay.

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Impact of Xpert MTB/RIF on Antibiotic Stewardship

Impact of GeneXpert MTB/RIF on Patients and Tuberculosis Programs in a Low-Burden Setting A Hypothetical Trial

J. Lucian Davis^{1,2}, L. Messie Kawamura¹, Lella H. Chaisson¹, Jennifer Grinsdale³, Jihane Benhammou⁴, Christine Ho⁵, Anna Babat⁶, Houmpheng Banouong⁷, John Z. Metcalfe^{1,2}, Mark Pandorf⁸, Philip C. Hopewell^{1,2}, and Adithya Cattamanchi^{1,2}

Am J Respir Crit Care Med Vol 189, Iss 12, pp 1551–1559, Jun 15, 2014

Conclusions:

- Xpert could greatly reduce the frequency and impact of unnecessary empiric treatment, contact investigation, and housing

Clinician Decision			Xpert Reclassification		Xpert-guided Decision		
TB Therapy?	TB (n=13)	Not TB (n=143)			TB Therapy?	TB (n=13)	Not TB (n=143)
Initiate (n=59)	12	47	TP	FP	Initiate (n=15)	12	3
Withhold (n=97)	1	96	FN	TN	Withhold (n=141)	1	140



In general, threats assigned to the urgent and serious categories require more monitoring and prevention activities, whereas the threats in the concerning category require less. Regardless of category, threat-specific CDC activities are tailored to meet the epidemiology of the infectious agent and to address any gaps in the ability to detect resistance and to protect against infections.

In general, threats assigned to the urgent and serious categories require more monitoring and prevention activities, whereas the threats in the concerning category require less. Regardless of category, threat-specific CDC activities are tailored to meet the epidemiology of the infectious agent and to address any gaps in the ability to detect resistance and to protect against infections.

URGENT

URGENT significant risks identified across several criteria. These threats may not be currently widespread but have the potential to become so and require urgent public health attention to identify infections and to limit transmission.

○○○○○○

Clotrimidazole-resistant (*C. difficile*), Carbapenem-resistant Enterobacteriaceae (CRE), Drug-resistant *Neisseria gonorrhoeae* (cephalosporin resistance)

- **Xpert C diff/EPI**
- **Xpert Carba-R** Now FDA approved for rectal screening
- **Xpert CT/NG**

SERIOUS

SERIOUS
 ○○○○○○

- Xpert VAN-A
- Xpert MRSA, SSTI and Blood Culture, Pre-surgical
- Xpert MTB/RIF

CONCERNING

Vancomycin-resistant *Staphylococcus aureus* (VRSA), Erythromycin-resistant *Streptococcus* Group A, Clindamycin-resistant *Streptococcus* Group B

- **Xpert GBS**

Although *C. difficile* is not currently significantly resistant to antibiotics used to treat it, it was included in the threat assessment because of its unique relationship with resistance issues, antibiotic use, and its high morbidity and mortality.



THREAT LEVEL
URGENT ○○○○○○

This bacteria is an immediate public health threat that requires urgent and aggressive action.

Clostridium difficile (*C. difficile*) causes life-threatening diarrhea. These infections mostly occur in people who have had both recent medical care and antibiotics. Often, *C. difficile* infections occur in hospitalized or recently hospitalized patients.

RESISTANCE OF CONCERN

- Although resistance to the antibiotics used to treat *C. difficile* infections is not yet a problem, the bacteria spreads rapidly because it is naturally resistant to many drugs used to treat other infections.
- In 2000, a stronger strain of the bacteria emerged. This strain is resistant to fluoroquinolone antibiotics, which are commonly used to treat other infections.
- This strain has spread throughout North America and Europe, infecting and killing more people wherever it spreads.

PUBLIC HEALTH THREAT

- 250,000 infections per year requiring hospitalization or affecting already hospitalized patients.
- 14,000 deaths per year.
- At least \$1 billion in excess medical costs per year.
- Deaths related to *C. difficile* increased 400% between 2000 and 2007, in part because of a stronger bacteria strain that emerged.
- Almost half of infections occur in people younger than 65, but more than 90% of deaths occur in people 65 and older.
- About half of *C. difficile* infections first show symptoms in hospitalized or recently hospitalized patients, and half first show symptoms in nursing home patients or in people recently cared for in doctors' offices and clinics.



U.S. Department of
Health and Human Services
Centers for Disease
Control and Prevention

CLOSTRIDIUM DIFFICILE

 **250,000**
INFECTIONS PER YEAR

 **14,000**
DEATHS

WHAT YOU CAN DO

CEOs, Medical Officers, and other Healthcare Facility Leaders Can:

- Support better testing (nucleic acid amplification tests), tracking, and reporting of infections and prevention efforts.
- Ensure policies for rapid detection and isolation of patients with *C. difficile* are in place and followed.

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Real-time polymerase chain reaction correlates well with clinical diagnosis of *Clostridium difficile* infection

N. Berry^{a,*}, B. Sewell^b, S. Jaffri^c, C. Puli^c, S. Vazir^a, A.M. Lewis^a, D. Davies^d, E. Rees^a, C.L. Ch'ng^c J Hosp Infect 87:109-14, 2014

Table 1
Comparison of test algorithms with clinical diagnosis of *Clostridium difficile* infection (CDI)

(a) Polymerase chain reaction (PCR) test vs clinical diagnosis of CDI

PCR	Clinical diagnosis		Sens (%)	Spec (%)	PPV (%)	NPV (%)
	Negative	Positive				
Negative	912	1	99.1	98.9	91.9	99.9
Positive	10	111				
Total	922	112				

(b) Culture cytotoxin neutralization assay (CCNA) vs clinical diagnosis of CDI

CCNA	Clinical diagnosis		Sens (%)	Spec (%)	PPV (%)	NPV (%)
	Negative	Positive				
Negative	917	55	51.0	99.4	91.9	94.3
Positive	5	57				
Total	922	112				

(c) Glutamate dehydrogenase (GDH) alone vs clinical diagnosis of CDI


GDH	Clinical diagnosis		Sens (%)	Spec (%)	PPV (%)	NPV (%)
	Negative	Positive				
Negative	832	17	83.8	94.5	64.7	97.9
Positive	48	68				
Total	880	105				

n=1034 patient episodes

New Epidemic Strain of *C. difficile*

- **Name: BI/NAP1/027, toxinotype III**
 - Historically uncommon (particularly in U.S. strain collections), now epidemic
 - Current strain more resistant to fluoroquinolones
 - Carries extra toxin known as **binary toxin**
 - Mutations in **toxins A and B regulatory gene (*tcdC*)** and increased toxin production *in vitro*
 - Shows increased spore production

Xpert *C. difficile*/Epi - FDA approved



Product Profile:

- Rapid detection of toxigenic *C. difficile* in stool
- Identification of the 027/B1/NAP1 strain
- **Detection of three targets plus control:**
 - toxin B
 - Binary toxin
 - *tcdC* mutation
- Specific call-out of potential epidemic strains
- <50 minutes for a result
- Rapid enablement of antibiotic or other treatment selection
- PCR results available on-demand, 24/7 (even your night crew can do this test)

Overview
Title: Diagnosis of *Clostridium difficile* Infections: The Latest Poop
Ferric C. Fang, MD
Professor of Laboratory Medicine, Microbiology, and Medicine
University of Washington School of Medicine
<http://portal.on24.com/view/channel/index.html?showId=1112689&showCode=cephheid>

The Value of 027/NAP1/BI Identification in Xpert C diff/Epi

- Identifies one of the most virulent and difficult to control *C. difficile* strains immediately without the need for culture and the expense of sending multiple isolates for strain typing
- Can provide early indications of an outbreak in the hospital that may require changes in environmental disinfection or other infection control practices to stop transmission, such as restriction of fluoroquinolones
- Can provide evidence for effectiveness of infection control interventions when 027/NAP1/BI outbreaks occur

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Implementation of Polymerase Chain Reaction to Rule Out *Clostridium difficile* Infection Is Associated With Reduced Empiric Antibiotic Duration of Therapy
William J. Peppard, PharmD, BCPS,* and Nathan A. Ledebor, PhD, D (ABMM)†,‡

Moving from batch test to a rapid test resulted in:

Table 2. Primary and secondary clinical and economic outcomes

Clinical and economic outcomes	EIA (n = 79)	PCR (n = 87)	P
Duration of antibiotic therapy in days, mean (CI)	2.31 (1.48-3.15)	0.88 (0.45-1.33)	.007
Diagnostic test performed per patient, mean (CI)	2.73 (2.64-2.83)	1.16 (1.04-1.28)	<.001
Duration of contact isolation in days, mean (CI)	1.46 (0.91-2.32)	0.62 (0.08-1.32)	.131
Total treatment cost per patient* (CI)	69.54 (43.36-95.73)	65.97 (46.61-85.34)	.828
Diagnostic test cost* (CI)	13.67 (13.08-14.26)	37.15 (32.51-41.79)	<.001
Antibiotic therapy cost* (CI)	36.95 (12.70-61.20)	20.64 (5.08-36.20)	.262
Contact isolation cost* (CI)	19.39 (5.07-30.71)	8.19 (1.14-17.52)	.131

Note: CI = 95% confidence interval; EIA = enzyme immunoassay; PCR = polymerase chain reaction.

*Costs are reported in US dollars.

The rapid reporting of PCR test results was associated with a reduced empiric CDI antibiotic duration of therapy. When combined with fewer diagnostic laboratory tests performed per patient, shorter length of empiric antibiotic therapy, and briefer duration of contact isolation, the higher acquisition cost of the PCR test was offset and resulted in cost neutrality. These findings provide additional data to support the routine use of the PCR test.

Hosp Pharm 2014;49(7):639-643. 2014 © Thomas Land Publishers, Inc.

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Rapid Molecular Flu/RSV

Unmet Need*

- An ability to detect and differentiate influenza A and B and RSV accurately will provide additional value to the management of patients presenting with Influenza-Like Illness (ILI) as symptoms for Flu and RSV are very similar to common cold and pneumonia.
 - Prescription drug is available and widely used for influenza, but there is no available antiviral treatment for RSV.
- Overwhelming evidence now shows that rapid influenza and RSV tests lack adequate clinical performance and, therefore, clinical usefulness.^{1,2}
- Respiratory viruses, especially influenza, mutate rapidly and novel strains can emerge with little notice making reliable diagnostics challenging.

1. Harper et al., Seasonal Influenza in Adults and Children—Diagnosis, Treatment, Chemoprophylaxis, and Institutional Outbreak Management: Clinical Practice Guidelines of the Infectious Diseases Society of America. Clinical Infectious Diseases 2009.
2. <http://www.cdc.gov/rivd/about/faq.html>

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FDA Re-classification of the FLU rapid tests

Summary

Due to the public health implications of influenza virus infections and the wide use of RIDTs in US medical practice, FDA proposes:

- To reclassify rapid influenza detection devices from Class I into Class II with special controls
- To implement special controls, along with design controls to significantly improve the reliability of influenza tests over their TPLC and reduce the likelihood of false negative results

Improved and reliable influenza diagnostic devices would:

- Aid physicians to make accurate patient diagnosis and appropriate treatment decisions
- Allow for effective infection control during influenza outbreaks

FDA Re-classification of the FLU rapid tests

What are the Issues?

Low sensitivity and failure to detect emerging influenza viruses

- Sensitivity reported in the labeling for devices cleared since 1998:
Flu A 73.8% (95% CI: 64.4%-81.9%) - 94.2% (95% CI: 91.0%-96.3%)
Flu B 60.0% (95% CI: 45.2%-73.6%) - 97.8% (95% CI: 88.7%-99.6%)
- Tests not used as intended; negative results frequently not followed up by culture or molecular test as indicated in labeling
- Insufficient post-market monitoring to ensure that tests continue to detect newly emerging influenza virus strains
- Risk to Health
 - False negative results may lead to non-use/delay of antiviral therapy and failure to institute proper infection control procedures

Both CDC and RIDT test manufacturers recommend confirming negatives

A Case Study

A Texas jury awarded \$17.5 million to a man (Mr. F.) who lost both arms and legs

developed an infection known as MRSA, or methicillin-resistant *Staphylococcus aureus*, after surgery for ulcers

A doctor who failed to properly treat the infection with the right type of antibiotic. Dr. P treated the plaintiff with eight different antibiotics, but the infection was known to be resistant to all of them, and the doctor failed to prescribe the one that treats MRSA

Dr P's attorney said: There were no less than seven doctors from seven specialties, all board-certified, who saw this guy over the crucial time period, and nobody knew what it was

As a result of the failure to properly treat the infection, patient developed gangrene and required both of his arms to be removed below the elbows and both of his legs to be removed below the knees



The Dallas Morning News



Pre-surgical Work-up:

MRSA/SA Nasal surveillance – Detects MRSA and SA colonized patients from nasal swabs at the time of admission or during pre-surgical work-up and is used in active surveillance programs to prevent the SSI associated with MRSA and SA.

Mr F. could have been screened prior to surgery and then decolonized with mupirocin and chlorhexidine and if MRSA positive, Vancomycin prophylaxis could have been considered during surgery

A Texas jury awarded \$17.5 million to a man who lost both arms and legs



The Dallas Morning News

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If the infection did develop after surgery then:

MRSA/SA Skin and Soft Tissue - In less than one hour, Cepheid's Xpert MRSA/SA SST1 test processes specimens from suspected skin and soft tissue infection swabs to determine if a patient is infected with MRSA or SA, giving physicians and surgeons a powerful new tool to aid in selecting the most effective antibiotic therapy to improve patient management. The ability to detect MRSA or SA in less than one hour, versus two to three days with current culture methods, will enable clinicians to make real-time decisions as to the best course of treatment or management.

Mr F. surgical site infection could have been swabbed and results would have been available in one hour. Appropriate antibiotics could have been administered within an hour.

A Texas jury awarded \$17.5 million to a man who lost both arms and legs



The Dallas Morning News

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If the infection goes onto sepsis and blood cultures turn positive for GPCC:

MRSA/SA blood culture - for the detection of Methicillin-resistant *Staphylococcus aureus* (MRSA) and *Staphylococcus aureus* (SA typically Methicillin susceptible) in blood culture bottles showing gram-positive cocci — in less than one hour. Cepheid's Xpert MRSA/SA BC test processes positive blood culture specimens to determine if a patient's blood is infected with MRSA or SA, which are frequent causes of sepsis in hospitalized patients. This may enable physicians to quickly de-escalate from broad-spectrum antibiotic treatment to a more effective targeted therapy, thus reducing risk of resistance and improving patient outcomes and cost.

Mr F. could have gotten to a targeted therapy days quicker.

A Texas jury awarded \$17.5 million to a man who lost both arms and legs



The Dallas Morning News

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What Does CDC Recommend That Hospitals Do About CRE?

Healthcare CEOs, Medical Officers, and Other Healthcare Facility Leaders Can:

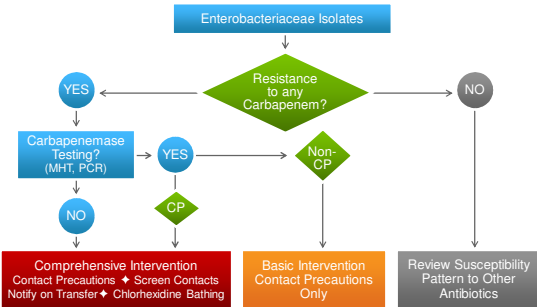
- Require and strictly enforce CDC guidance for CRE detection, prevention, tracking, and reporting.
- Make sure your lab can accurately identify CRE and alert clinical and infection prevention staff when these bacteria are present.
- Know CRE trends in your facility and in the facilities around you.
- When transferring a patient, require staff to notify the other facility about infections, including CRE.
- Join or start regional CRE prevention efforts, and promote wise antibiotic use.

* The more information you have about which types of CRE are in your hospital, the better your infection prevention measures will be

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CDC Recommendations for CRE Management



Xpert® Carba-R

Key Features for Isolate Confirmation....And now rectal swabs

The On-Demand PCR test for confirmation of the most prevalent carbapenem-resistant gene families from cultured isolates and rectal swabs



- 48 Minutes to results
- >90 genes reported as 5 common CPE families
 - KPC, NDM, VIM, OXA-48, IMP
- Screening Rectal Swabs
- Isolates cultured from many specimen sources
 - Urine
 - Blood
 - Sputum

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