Guidelines for Isolation Precautions: Preventing Transmission of Infectious Agents in Healthcare Settings

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Symptom Pattern	Disease	PPE	Additional Considerations **
Fever + headache and/or neck stiffness	Meningitis	Mask, Eye protection	Mask for 24 hours after effective treatment given; eye protection for intubation
Swelling of cheeks, jaw	Mumps	Gloves, Mask	Exclude susceptible health care professionals from the room; isolation is for 5 days after the onset of swelling
Rash – palms and soles, oral ulcers	Hand,foot and mouth disease	Gloves	Mask for 24 hours after effective treatment given; eye protection for intubation
Fever + rash	Measles	Respirator*	 Negative pressure room All HCW should be aware of immunization status*** Limit transport unless medically necessary. Mask patient if they need to be transported.
Deep/major wound (drainage and/or purple necrotic center)	Invasive Group A Streptococcus	Gloves, Mask, Gown	Wear PPE for 24 hours after effective therapy is initiated and drainage is contained.
Cough, hypoxia, fever	SARS-CoV-2	Gloves, Gown Mask/Respirator*	Negative pressure room
Diarrhea	Clostridioides difficile Norovirus	Gloves, Gown	 Clean hands with soap and water after providing patient care. Mask and eye protection if vomiting is anticipated. Mask if cleaning heavily contaminated area.
Vesicular rash	Varicella Zoster (Disseminated)	Gloves, Respirator*	 Negative pressure room Use PPE until lesions are scabbed. All HCW should be aware of immunization status*** Standard Precautions if lesions can be covered/localized.
Hemoptysis; fever, cough in patient with risk factors (endemic geography, history of incarceration or homelessness)	Mycobacterium tuberculosis	Respirator*	Negative pressure room

*N95 or higher respirator is acceptable; perform respirator fit test and seal check. **Private room is preferred for all patients under isolation. ***For IPC information on all infectious agents, see Appendix A.

This simplified chart is based on the Centers for Disease Control & Prevention Clinical Syndromes or Conditions.



Use the QR code for the most recent CDC information and guidance



