

Beyond Compliance : Hand Hygiene Program in Skilled Nursing Facilities



OBJECTIVES

1. Identify hand hygiene strategies using 4E's
2. Describe importance of hand hygiene and strategies that improve compliance in Skilled Nursing Facilities (SNF).
3. Enumerate the challenges in SNF related to hand hygiene.

HAND HYGIENE PROGRAM

- Policy
- Support from leadership
- Culture
- Supplies
- Recruitment
- Observation

Challenges in SNF's

- Limited staffing
- Busy workload
- Limited financial budget
- Gloves misuse
- Staff forgets
- Lack of supplies
- Location of sink/
alcohol-based hand
sanitizer (ABHS)





4 E's

- Engage
- Educate
- Execute
- Evaluate

Framework to building successful hand hygiene practices

CDC 4 E's

1. Engage

- Involve all staff – how engage are staff
- Ensure all supplies are always available and visible
- Empower to share ideas how to improve HH
- Goals should focus on outcomes be realistic
- Conducting weekly audit that HH cleaning supplies are accessible
- Creating a way for personnel to report and communicate when barriers identified
- Involve different managers to oversee and monitor progress
- Develop culture kind accountability and teamwork

ENGAGE

Involve all healthcare personnel and build foundational commitment to clean hands.

- Ensuring access to supplies
- Creating awareness of times when hands should be cleaned
- Developing aspirational goals
- Holding personnel accountable

Hand Hygiene Pledge

We pledge to clean our hands with soap and water or an alcohol based gel or foam cleanser at key points throughout our shifts:

1. Upon entering a room and before touching a patient.
2. Before performing a clean/aseptic procedure.
3. After contact with a patient, whether bodily fluids soil my hands
4. Before putting on and after removing gloves.
5. Before leaving any patient room, especially after touching patient surroundings.

We know clean hands prevent transmission of diseases. Thus, we will:

- Keep our fingers and hands free of jewelry
- Have short nails and no artificial fingernails

No excuses. No exceptions.



EDUCATE

Educate-each best practice techniques, proper timing, and practical skills.

- Training
- ABHS vs hand washing
- Contributing factors
- Supplies



EXECUTE

Build clear accountability systems among staff members.

- ◉ Reminder
- ◉ Give feedback
- ◉ Cultivate mindfulness
- ◉ Commit



EVALAUTE

Use data and action plans for ongoing quality improvement

- Checking supplies volume of ABHS
- Collecting observations

CHAMPIONS/COACH

- Assign at least 2 champion per unit
- Provide standard trainings (policy, exemptions etc)

- Evaluate

Responsibilities

1. Observe
2. Encourage Peers
3. Remind co-workers if non complaint
4. Share reminders during huddles



SECRET SHOPPERS

- Recruit different departments other than nursing
- Peer observations

Consideration :
Provide training
Report timely manner



FRIENDLY COMPETITION

- Which unit has the highest compliance this month ?

Unit, per service

- Reward Ideas : do it during all staff meeting

Pizza

Coffee

Certificate

Coffee

Issue:\$\$\$



References

- 4 E's
- <https://www.cdc.gov/clean-hands/hcp/clean-hands-count/index.html>