

# Using R in a Regulated Environment

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**Rutgers University NCB conference**  
**June 2019**

# Disclaimer

*The views and opinions expressed in this presentation are those of the author and do not necessarily reflect the official policy or position of Novartis or any of its officers.*

# Acknowledgement

- R Validation Hub
- Anthony Rossini
- Joe Cheng
- Max Kuhn
- Phil Bowsher

# Outline

- R use cases
- Regulatory requirements
- R Validation Hub
- Good practices of reproducible research

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- **R use cases**
- Regulatory requirements
- R Validation Hub
- Good practices of reproducible research

# Use cases of R in Pharma

Our mission: discover and develop medicines to treat patients with serious medical conditions.

## Use cases

- Data analysis
- Graphics & visualizations
- Modeling & Simulations
- Machine learning
- Rmarkdown reports
- Shiny web applications

## Regulated industry

- Protect safety/privacy of human subjects
- Preserve scientific integrity
- GxP
  - Clinical research
  - GLP Tox
  - Submission

# Use cases of R at the FDA

- Review of data analysis in clinical trial submissions. "Can we, on our own, replicate the conclusions of the sponsor?"
- Methodology development, innovation and evaluation
- Graphics (R graphics in labels)
- Simulations
- Shiny Application, e.g. [LRT Signal Analysis](#) for the [openFDA initiative](#)

**Similar goals make R a good solution for both industry and FDA**

[Using R in a regulatory environment: FDA experiences](#). (Paul Schuette). useR! 2016 R user conference.

# Federal Source Code Policy: Federal Government supports open-source

- Achieving Efficiency, Transparency, and Innovation through Reusable and Open Source Software (OSS)
- “Each agency shall release as OSS at least 20 percent of its new custom-developed code<sup>29</sup> each year for the term of the pilot program.”

Federal Source Code Policy		<a href="#">Discuss</a>   <a href="#">Edit</a>   <a href="#">View PDF of Policy</a>
Introduction		
1 - Objectives	<b>5. Open Source Software</b>	
2 - Scope and Applicability	<b>5.1 Pilot Program: Publication of Custom-Developed Code as OSS</b>	
3 - Three-Step Software Solutions Analysis	Each agency shall release as OSS <u>at least 20 percent</u> of its new custom-developed code <sup>29</sup> each year for the term of the pilot program. As discussed above, agencies must obtain sufficient rights to custom-developed code to fulfill the open source release objectives of this policy's pilot program.	
4 - Government-		

<https://sourcecode.cio.gov>



# Open source software - a double edge sword

## Pros

- Reusable code reducing duplicate work
- Transparency and better chance of finding bugs with broad access
- Support from a large community of developers
- Cultivate innovation from large community

## Challenges

- No on-demand support
- Uneven quality – everyone can contribute, not following good SDLC
- Lack of documentation and (documented) unit testing
- Adding to challenges in validation

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# Regulations

## GxP for clinical research

- Good Clinical Practice (GCP)
- Good Laboratory Practice (GLP)
- Current Good Manufacturing Practice (cGMP)
- ICH E6 Good Clinical Practice Consolidated Guideline
- 21 CFR Part 11 – Electronic Records & Signatures

## Software guidance

- Guidance for Industry - Computerized Systems Used in Clinical Investigations (2007)
- General Principles of Software Validation; Final Guidance for Industry and FDA Staff (2002)

## Statistical guidance

- ICH E9 - Statistical Principles for Clinical Trials
- Guidance for Industry and FDA Staff - Guidance for the Use of Bayesian Statistics in Medical Device Clinical Trials (2010)

[R: Regulatory Compliance and Validation Issues. A Guidance Document for the Use of R in Regulated Clinical Trial Environments.](#) The R Foundation March 25, 2018

# Regulations do NOT prevent use of R

- [FDA Statistical Software Clarifying Statement](#)
  - “FDA does not require use of any specific software for statistical analyses”
- Matt Soukup in useR! 2007
  - “Regulations do NOT prevent use of R.”
  - Sponsors accountable for **validation** and documentation of R
  - Lists of validated R functions would benefit FDA reviewers and industry
  - Data driven conclusions require **accuracy**, **reliability**, and **consistency**
  - Critical need for **reproducibility** - independent of software
- FDA definition of “Validation” on next slide

# FDA definition of Validation

“Establishing **documented evidence** which provides a high degree of **assurance** that a specific process will **consistently** produce a product **meeting its predetermined specifications** and quality attributes.”\*

- Documented evidence: traceability
- Consistently: reproducibility
- Meeting its predetermined specifications: fit-for-purpose
- Emphasis on PROCESS, what is it doing or intended to deliver as output

[\\* Glossary Of Computerized System and Software Development Terminology](#)

# R Foundation's guidance on Base R

- Base R (14) and Recommended Packages (15) can be used for regulatory purposes, "when used in a qualified fashion".
- However obligation to enforce SOPs to
  - Ensure proper installation, validation and utilization of R
  - Manage end-user related risk

[R: Regulatory Compliance and Validation Issues. A Guidance Document for the Use of R in Regulated Clinical Trial Environments.](#) The R Foundation March 25, 2018

# What about 14K+ packages on CRAN?

- Unlike Base R
  - R packages can be written by anyone
  - may not follow software development best practices
  - No testing required, <26% CRAN packages have tests
  - No obligation to maintain bug reports
  - Less used packages have less user exposure
- More packages on Github
- How can one trust these packages?

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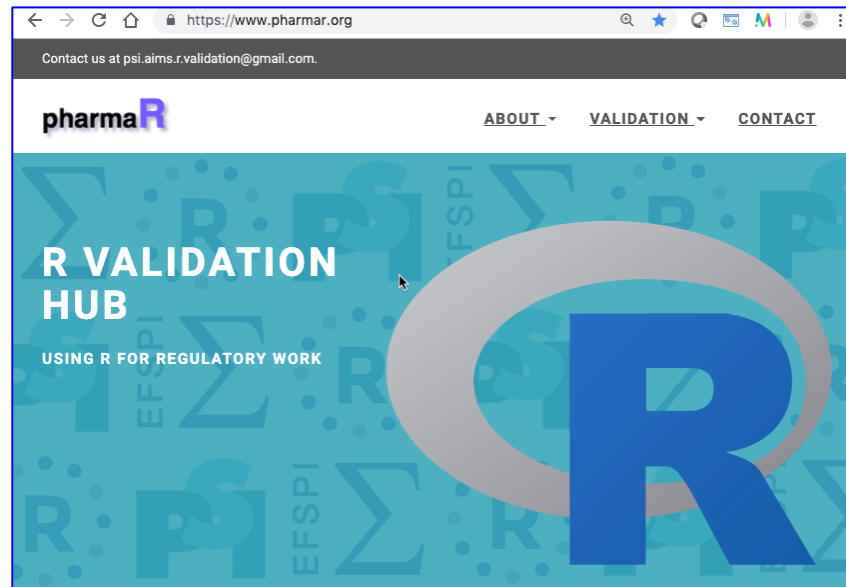


# R validation - a community effort

- Need harmonization/collaboration among agencies, industry, and academia (like CDISC)
- Shared sentiment at 2018 R in Pharma conference
- Led to formation of R Validation Hub, aiming to harmonize community validation efforts through
  - Risk assessment framework for R packages
  - Concerted testing framework
  - Online hub for sharing testing scripts
  - Accumulating quality evidence for R packages

# R Validation Hub

- Started from [PSI AIMS SIG](#) for online repository of R package validation
- Received funding support from R-Consortium
- Meeting monthly via TC
  - Website: <http://pharmar.org>
  - Github: <https://github.com/pharmaR>
  - Slack workspace: [rvalidationhub.slack.com](https://rvalidationhub.slack.com)
  - You are welcome to join!  
[psi.aims.r.validation@gmail.com](mailto:psi.aims.r.validation@gmail.com)



# Organization

- Members from 30+ organizations (FDA, industry and academia)
- Executive Committee
  - Andy Nicholls @ GSK, Chair
  - Lyn Taylor @ Phastar, Secretary
  - Joe Rickert @ Rstudio, R-Consortium
  - Min Lee @ Amgen, Transcelerate
  - Yilong Zhang @ Merck, Metrics subteam lead
  - Keaven Anderson @ Merck, Testing subteam lead
- You are welcome to join!



In June 2018 the R Consortium granted funding for a PSI AIMS SIG initiative to create an 'online R package validation repository'. Following the R in Pharma Conference in August 2018, membership of the group was expanded and as of October 2018, the group includes participants from:

- Abbvie - Greg Cicconetti
- Amgen - Bella Feng, Min Lee
- Astellas - Michael Carriello
- Bayer - Karl Brand
- Biogen - Dan Boisvert, Bob Engle, Eric Millman, Nate Mockler
- BioMarin Pharmaceutical Inc. - Dharmesh Desai
- Boehringer-Ingelheim - Matthias Trampisch
- Cognigen Corporation - Nash Delcamp
- Eli Lilly - Eric Nantz
- FDA - Tomas Dizon, Paul Schuette, Mat Soukup
- Galapagos NV - Paul Meyvisch
- Genentech - Doug Kalkhoff
- GSK - Tilo Bieri, Andy Nicholls, Alexander Lock-Achilleos
- IQVIA - Thomas Brechenmacher, Jack Elkes
- InModela - Patrice Kiener
- Johnson & Johnson - Paulo Bargo, Mark Bynens, Satish Murthy, Karma Tarap
- Linux Foundation - John Mertic
- Merck KGaA/EMD Serono - Martin Gregory, Juliane Maritz
- MSD - Keaven Anderson, Rinki Jajoo, Edward Lauzier, Yilong Zhang
- MRC-BSU - Kevin Kurzmann
- Novartis - Xiao Ni, Hullei Xu
- Novonordisk - Claus Dethlefsen
- Pfizer - John Sims
- Phastar - Lyn Taylor
- PPD - Craig McIlhoney
- Quanticate - Niccolo Bassani
- RCPE - Phillip Clarke
- Rho, Inc. - Rebecca Krouse, Steve Noga
- Roche - Alun Bedding, James Black, Markus Elze, Jules Hernandez-sanchez, Reinhold Koch, Kieran Martin
- RStudio - Phil Bowsher, Joseph Rickert
- Sanofi - Patric Stracke
- Scharr - Anthony Williams
- Servier - Mickael Suedi, Yann Robert
- SQN Clinical - Chris Toffis

If your organisation is not listed above and you are interested in getting involved please contact [psi.aims.r.validation@gmail.com](mailto:psi.aims.r.validation@gmail.com).

# Subteams and ongoing effects

- PharmaR.org website development
- Risk assessment/metrics of R packages
- Requirements / testing framework
- White paper development

# Risk assessment of R packages: risk scores based on various metrics

- Unit testing metrics
  - Code coverage: % measuring degree of source code executed by unit tests
  - Code coverage of all dependent packages
- Documentation metrics
  - Vignette, Source control, Formal bug tracking, Size of codebase
  - Website, News, Release rate, License
- Community engagement metrics
  - Author reputation, Package maturity, Avg # downloads in past 6 mo.
  - Number of active contributors, Number of authors / maintainers

# R packages for metrics

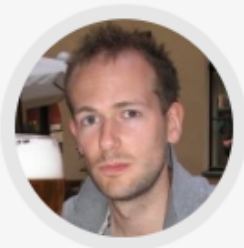
- `packagemetrics` a rOpenSci package
  - <https://docs.ropensci.org/packagemetrics>
- `packageMetrics2` by Mango solutions
  - <https://github.com/MangoTheCat/packageMetrics2>
- `riskmetric` under development at R Validation Hub
  - <https://github.com/pharmaR/riskmetric>

```
library(packagemetrics)
library(dplyr)

dplyr_and_dt <- package_list_metrics(c("dplyr", "data.table"))
glimpse(dplyr_and_dt)
```

```
## Observations: 2
## Variables: 18
## $ package      <chr> "dplyr", "data.table"
## $ published    <chr> "2017-09-28", "2017-10-27"
## $ title        <chr> "A Grammar of Data Manipulation", "Extensio...
## $ depends_count <int> 1, 1
## $ suggests_count <int> 17, 18
## $ tidyverse_happy <lgl> TRUE, FALSE
## $ has_vignette_build <lgl> TRUE, TRUE
## $ has_tests     <lgl> TRUE, TRUE
## $ reverse_count <int> 677, 377
## $ dl_last_month <dbl> 393520, 286717
## $ ci           <chr> "Travis, Appveyor", "NONE"
## $ test_coverage <chr> "CodeCov", NA
## $ forks        <dbl> 836, 650
## $ stars        <dbl> 2097, 1253
## $ watchers     <dbl> 236, 156
## $ last_commit  <dbl> 0.66666667, 0.06666667
## $ last_issue_closed <dbl> 0.06666667, 0.10000000
## $ contributors <dbl> 136, 43
```

# R in Pharma 2019 conference



Andy Nicholls

R Validation Hub (past, current and future state)

GSK [R validation hub website](#)

The R-Consortium in June 2018 awarded funding to create an online repository for R package validation in accordance with regulatory standards. Since the main hurdle for widespread use of R in late phase trials is ensuring adequate validation documentation, we are now focused on designing a framework which will specify a set of requirements, including metadata and examples of tests, which together would form evidence of the quality of an R package.




- <http://rinpharma.com>
- August 21-23, Harvard University
- August 21 pre-conference workshops

# What about Shiny apps?

- Not yet discussed within the R Validation Hub
- Added challenges
  - Dynamic user interface
  - Web deployment and maintenance
  - Dependency management
- Joe Cheng [2018 R/Pharma keynote talk](#)
- Joe's upcoming workshop at 2019 R/Pharma conference

The screenshot shows a Shiny application interface. At the top, the title is "Using Shiny responsibly in pharma". Below the title, there is a white box containing the text "Using ~~interactivity~~ responsibly in pharma", where "interactivity" is crossed out and "Shiny" is written in red above it. Below this, it says "R/Pharma 2018" and "Joe Cheng, RStudio, Inc.". At the bottom of the app, there is a navigation bar with the author's name "Joe Cheng", the date "August 16, 2018", and icons for "Programming", "0 stars", "530 views", and a download icon.

**Workshops**

 **Joe Cheng** Shiny Reproducibility  
RStudio [Github](#)  
Joe is the Chief Technology Officer and Shiny team leader at RStudio.

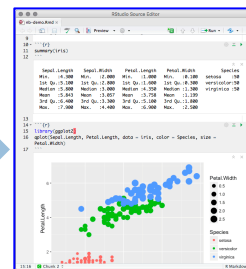


# Joe's 2018 R/Pharma Demo

## Features

- Save/restore states
- Generate R code
- Generate stand alone reports

Pathway towards validated output for submission



R Markdown.

R code



<https://github.com/jcheng5/rpharma-demo>

# What about non-clinical research?

- Some non-clinical research is non-GxP
- But NCB = **N**ever **C**ompromise **B**est practices!
- Quality principle and mindset
- Good practices lead to
  - Reproducible research (see [CRAN Task view](#))
  - Preserving scientific integrity
  - Quality products

# Outline

- R use cases
- Regulatory requirements
- R Validation Hub
- **Good practices of reproducible research**

# Some good practices

- Organizing projects for reproducibility
- Use good R programming style
  - # Good                      # Bad
  - x == y                      x==y
- Reproducible reports through literature programming
  - Rmarkdown and Rnotebook
- Version control
  - Git and Github
- An excellent resource
  - [A Guide to Reproducible Code](#). (2019). British Ecological Society.

# Reproducible reports

- CRAN Task View: [Reproducible Research](#)
  - Tie scientific claims + data analysis + data
  - Allows reproducibility and verification by others
- Rmarkdown / Rnotebook for [literate programming](#)
  - A single document defines content and analysis
  - Blend subject matter natural language + R code



# Summary

- R (and open-source tools) can be used for regulatory use
- Common uses cases make R a good choice for Pharma + FDA
- R validation poses challenges
- R Validation Hub facilitates a community effort  
Your contribution is welcome!
- Good practices lead to good science and quality
- GxP is all about documentation

# References

- R: Regulatory Compliance and Validation Issues. A Guidance Document for the Use of R in Regulated Clinical Trial Environments (2018) R Foundation.
- R validation hub, <http://pharmar.org>
- Use of R in Clinical Trials and Industry-Sponsored Medical Research. (2007). Marc Schwartz. useR! 2007.
- Using R in a regulatory environment: some FDA perspective. (2018). Paul Schuette, FDA.
- Using R: Perspectives of a FDA Statistical Reviewer. (2007). Mat Soukup, FDA. useR! 2007.
- A Guide to Reproducible Code. (2019). British Ecological Society.



# Backup



# R has many more use cases

Games ([link](#))

PoreTris

Next

Score  
0

0319009

NHL play-by-play analysis ([link](#))

PLAY-BY-PLAY

2018-2019

2018-06-07  
WSH vs VSK  
Game ID

Game ID	Game Date	Away	Home
2017020001	2017-10-04	TOR	WPG
2017020002	2017-10-04	STL	PIT
2017020003	2017-10-04	CGY	EDM
2017020004	2017-10-04	PHE	S.J
2017020005	2017-10-05	NSH	BOS

Showing 1 to 6 of 1,353 entries

GOALS ONLY

NHL.COM GAME ID

2017030415 40%

PLAYER NAME

Alex Ovechkin 30%

See Shiny contest

<https://blog.rstudio.com/2019/04/05/first-shiny-contest-winners/>

# FDA Statistical Software Clarifying Statement

“FDA does not require use of any specific software for statistical analyses, and statistical software is not explicitly discussed in Title 21 of the Code of Federal Regulations [e.g., in 21CFR part 11]. However, the software package(s) used for statistical analyses should be **fully documented** in the submission, including version and build identification.”

As noted in the FDA guidance, *E9 Statistical Principles for Clinical Trials*, “The computer software used for data management and statistical analysis should be **reliable**, and **documentation of appropriate software testing procedures should be available**.” Sponsors are encouraged to **consult with FDA review teams** and especially with FDA statisticians regarding the choice and suitability of statistical software packages at an early stage in the product development process.”

<https://www.fda.gov/downloads/forindustry/datastandards/studydatastandards/ucm587506.pdf>

# Validation $\supset$ Qualification

## Validation

- In a business process context
- Assures quality for a process/product throughout its lifecycle
- *Quality assurance*: the maintenance of a desired level of quality in a service or product, especially by means of attention to every stage of the process of delivery or production

## Qualification

- A phase of verification and/or testing within an overall validation program
- Verification: an activity performed during and/or between phases of the overall lifecycle
- Installation (IQ), operational (OQ) and Performance Qualification (PQ)

# 21 CFR part 11

- Issued by the FDA to provide regulatory requirements for processes and controls that must be applied to **electronic records** and **electronic signatures**.
- i.e. **output** from validated system

# 21 CFR part 11

- If there are *predicate rules that require records* to be maintained, and these *records* are managed electronically, then Part 11 controls apply to those *records*.
- If there are *predicate rules that require a signature* to be applied, and this signature is applied electronically or digitally, then Part 11 controls apply.
- “**Records** submitted to FDA, under predicate rules in electronic format [are Part 11 records]. However, a record that is *not itself submitted*, but is used in generating a *submission*, is not a part 11 record unless it is otherwise required to be maintained under a predicate rule and it is maintained in electronic format.”

# British Ecological Society: Reproducible Code



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BRITISH  
ECOLOGICAL  
SOCIETY

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**François Michonneau**, University of Florida, USA

[A Guide to Reproducible Code](#). (2019). British Ecological Society.

# Good programming styles

- Google's R Style Guide
  - <https://google.github.io/styleguide/Rguide.xml>
- Hadley Wickham's R style guide in *Advanced R* book
  - <http://adv-r.had.co.nz/Style.html>
- Some useful R packages for styling and formatting
  - `lintr`
  - `styler`
  - `formatR`

## Example:

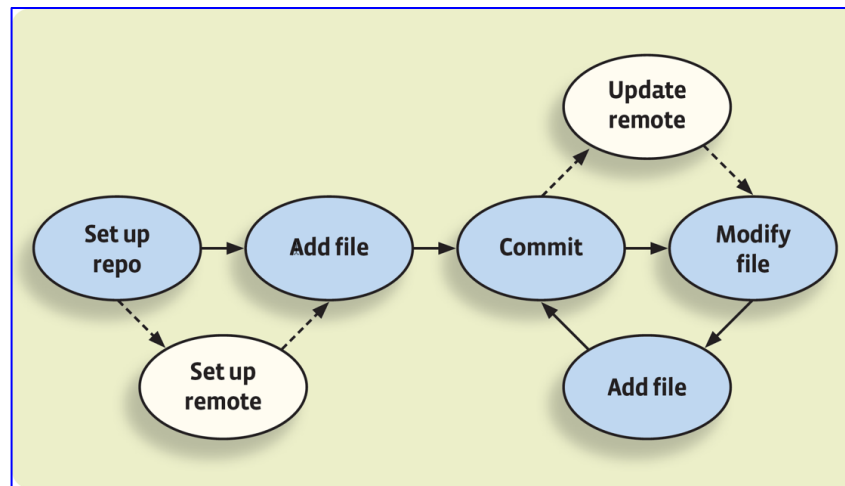
Put spaces around all infix binary operators (=, +, \*, ==, &&, <- , %\*%, etc.).

```
# Good  
x == y
```

```
# Bad  
x==y
```

# Version control

- Keeping track of changes as code evolve
- Reproduce analysis through a previous version
- Facilitate collaboration within teams or contributing to open-source
- Git is a free and open-source version control system
- Github is a web-based hosting service for version control using Git.



A typical version control workflow  
Source: BES Guide: Reproducible Code