

2024 AMHCA Annual Conference

H.E.A.L.

HEALING THROUGH COUNSELING RELATIONSHIPS, EQUITY, ACCESS, AND LEADERSHIP

Charlotte, North Carolina

SUNDAY, JUNE 9

Schedule At-A-Glance

Sunday, June 9

1:00PM – 5:00PM: Pre-Conference Sessions
7:00PM – 9:00PM: President's Reception

Monday, June 10

2:00PM – 6:00PM: Breakout Sessions

Tuesday, June 11

9:00AM – 10:00AM: Breakout Sessions
10:30AM – 12:00PM: Keynote Address
12:15PM – 1:15PM: Lunch & Learn
1:45PM – 3:00PM: Breakout Sessions
3:30PM – 5:00PM: Breakout Sessions

Wednesday, June 12

9:00AM – 10:00AM: Breakout Sessions
10:30AM – 12:00PM: Keynote Address
12:15PM – 1:15PM: Lunch & Learn
1:45PM – 3:00PM: Breakout Sessions
3:30PM – 5:00PM: Breakout Sessions

Pre-Conference

1:00PM - 5:00PM

T **N** **The Neurobiology Of Trauma And Its Application To Successful Treatment**
Judith A. Swack, Ph.D. & Wendy Rawlings, MS, LMHC
Trauma is structured and cleared in layers. It has neurobiologic underpinnings that need to be accurately mapped to be successfully treated. Participants will learn the structure of trauma and an evidence-based technique from the field of Energy Psychology for rapidly clearing trauma from the conscious mind, unconscious mind and body.

G **SU** **Seniors And Substance Abuse, Including Common Medications: How To Recognize When Their Usage Rises To The Level Of A Disorder**

Greggus Yahr, PhD, DCMHS, LCPC, NCSP & Fredrick Dombrowski, PhD LMHC, CASAC, LPC, LADC, NCC, CCMHC, ACS, BC-TMH, HS-BCP, MAC, DCMHS, ICADC
Aging tends to lower the body's tolerance for most substances, including common over the counter medications, and older adults generally experience their effects more quickly than when they were younger. This puts older adults at significantly higher risks for falls, car crashes, other unintentional injuries and increased mental health challenges.

Pre-Conference

1:00PM - 5:00PM

T **D** **No Longer Silent: Promoting Discussions About Suicide With BIPOC Males**
Nicole G. Johnson, Ph.D, LPC, ACS, CAADC, CCDP-D, BC-TMH & John Hale, MHS, LPC, CAADC, CAMS-II, TCP
Over 48,000 people died by suicide in the United States in 2022 (CDC, 2023). Of these deaths over 38,000 were males. This session will explore suicide prevention with men generally and men of the BIPOC community specifically. Presenters will highlight collaborations with Faith Leaders to increase suicide prevention.

8:00AM - 5:30PM

FE **Forensic MH Evaluation Workshop (separate registration with NBFEE required)**
Aaron L. Norton, PhD, LMHC, LMFT, CRC, CFMHE
Forensic mental health evaluation is an impactful and lucrative area of specialization for licensed mental health professionals, yet few counselors, social workers, and marriage and family therapists are exposed to this unique specialty in their graduate training.



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2024 AMHCA Annual Conference

MONDAY, JUNE 10

Afternoon Breakouts

2:00PM - 6:00PM

CA

Reframing Resistance: Maybe Teens Aren't Stubborn, Oppositional, Or In Denial

David Flack, LMHC, SUDP

Most teens don't want to talk about their feelings, learn shrink-wrapped skills, or identify measurable treatment goals. That isn't resistance, though. It's predictable teen behavior. In this presentation, we'll reframe this so-called resistance, explore field-tested ideas for increasing willingness, and consider a variety of ways to help teens get unstuck.

SCA

Can I Do That? Legal, Ethical, And Clinical Considerations For Counselors And Psychological Testing

Aaron L. Norton, PhD, LMHC, LMFT, CRC, CFMHE & Tom Black, PhD, LPC, CFMHE, CFP

An introduction to psychological testing, including the scope of practice of counselors with respect to testing; legal, ethical, and professional standards related to testing; an overview of categories of psychological tests; an introduction to symptom screeners; and how to bill insurance companies and other third party payers for testing services.

T

Complex Trauma: Adapting to The Unbearable

Stacy Gibbons, LCMHC

Complex Trauma impacts the way individuals experience their relationships with others and themselves. This can lead to the formation of compensatory beliefs, structures, and patterns to cope and maintain safety in life.

2:00PM - 6:00PM

D

Disability Equity And Accessibility In Counseling And Counselor Education

Lynn Pierce, LPC, CRC, ACS

Accessibility is often framed in terms of what institutions or organizations must do to meet legal requirements. This presentation explores the concepts of accessibility, universal design, and disability equity to instead encourage affirming and barrier-reduction approaches to disability in counseling and counselor education settings.

SU

Recovery Centers Of The Future: A Continuum Of Care Model For Recovery Of Our Communities

Don E. Worth, Ph.D. in Psychology, LPC, ALPS, Licensed Psychologist, NCC, MAC

SUD treatment relies on the biomedical perspective that removes people from their communities for recovery, making it harder to reintegrate into their community raising unnecessary obstacles to recovery. A novel framing for SUDs and recovery will be outlined which provides a nonjudgemental, inclusive, continuum of care without leaving their community.

2:00PM - 3:30PM

IBH

Creating A Thriving Psychotherapy Practice

William Whitehead, Ph.D. & Denise Hoyt, LMFT, MA, MAFT

This presentation will explore how to know if you are ready start a private practice, give practical steps to take to create a successful and inclusive mental health practice, and guide attendees on how address the unique challenges in private practice, including managing "imposter syndrome" and preventing therapist burnout.

4:00PM - 6:00PM

T

D

The Multicultural Essentials For Resolving Trauma Ethically

Gray Otis, PhD, LCMHC, Diplomate, Clinical Mental Health Specialist-Trauma

Most clients have experienced trauma. New considerations in treating trauma underscore the crucial need to fully understand the multicultural issues that are frequently integral to evidence-based outcomes. This presentation reviews the requisite cultural essentials for each client as well as the ethics related to multicultural competence and trauma treatment efficacy.

2024 AMHCA Annual Conference

TUESDAY, JUNE 11

Breakout #1

9:00AM - 10:00AM

IM

Self-Efficacy, Acculturative Stress, And Trauma in Latine Immigrants

Jessica S. Gutheil, PhD, NCC, LPCA

This presentation examines Latine immigrant experiences with acculturative stress, trauma and self-efficacy after entering the US and how these factors may impact their mental health. Culturally competent counseling practice with this population, use of assessments, and counselor education considerations will be discussed.

M

Veterans Beliefs On Help Seeking, Career Transition, and Life Satisfaction

Heather C. Robertson, Ph.D., LMHC, LPC

This session reviews a mixed-methods study exploring college student Veterans' beliefs in help seeking behavior, career transition, and life satisfaction. Quantitative findings related to help-seeking behavior, as well as qualitative outcomes on career transition and life satisfaction, will be shared, including a discussion on their impact on counseling Veterans.

9:00AM - 10:00AM

T

Intergenerational Trauma: The Burdens We Are Not Meant To Carry

Terance Dawkins, LISW-CP

Slavery, Racial Trauma, Discrimination, Oppression and Segregation; these are a few of the profound and enduring traumas that have afflicted society today for generations. The weight of the burdens we carry from generational trauma hinders our progress and well-being; even when these burdens are not rightfully ours to bear.

D

Addressing Internalized Oppression: Helping Clients To Healing From Legacies Of Racial Hurt

Marcela Kepic, LPC & Jesus Jaime Diaz, PhD

Historical legacies for social acceptance in the U.S. have been attributed to hurtful legacies of Americanization. To acquire national belonging, generations had to discard their language, culture, and identity. This presentation offers culturally sensitive healing practices to cultivate a robust and healthy sense of well-being and belonging.

A

9:00AM - 10:00AM

S

The Impact of Problematic Smartphone Use, Anxiety, And Wellness Among Counselors And Counselors-in-Training: A Supervisory Approach

Logan McCarthy, PhD, LCPC, NCC, ACS & Karin Dumont, PhD, NCC, LCMHC-S, LCAS, CCMHC, CCCJS, CMCC, ACS

Smartphones have become a vital form of technology today. While smartphones have positive benefits, several studies have demonstrated a relationship among these devices and many physical, mental, and emotional problems. This presentation will provide a supervisory approach with counselors and counselors-in-training who have been impacted by problematic smartphone use.

DD

The Crossroads Of Trauma, Neurodivergency, Chaos, & Resilience

with Angela Pote, NCC, LPC, CCSP, ACT, DBT, CBT

This presentation will explore the intersection of trauma, neurodivergency, chaos, and resilience, with a specific focus on providing effective counseling for neurodivergent individuals. The presentation will cover the unique needs of neurodivergent individuals, including navigating social interactions, developing coping strategies, and improving overall well-being.

2024 AMHCA Annual Conference

TUESDAY, JUNE 11

KEYNOTE ADDRESS

10:30AM - 12:00PM

Well-Being 2.0:

The Nervous System's Role In Turning Struggles Into Strengths

Integrating neuroscience with counseling is no longer optional and is instead essential in maintaining a wellness and wellbeing orientation in the midst of the medical model. So, join us for a look into the nuanced relationship between our nervous system and the process of navigating challenges to emerge stronger. We'll explore the practical dynamics of "Wellbeing 2.0," a contemporary perspective that emphasizes the significant impact our nervous system has on our ability to adapt and grow through adversity.

The session is a user-friendly foray into the autonomic nervous system's role in managing stress responses and neuroadaptation when confronted with difficulties. The aim is to offer a realistic understanding of how individuals can leverage their nervous system to transform struggles into opportunities for personal development. This approach seeks to move beyond clichés, offering a pragmatic exploration of the tangible ways in which our nervous system can be harnessed to navigate life's obstacles.

Chad Luke

Ph.D., LPC-MHSP, NCC, ACS, MAC

Chad Luke PhD, LPC-MHSP, NCC, ACS, MAC is a Licensed Professional Counselor (TN), counselor educator, author, researcher, and a neuro-wellbeing consultant. He is an internationally recognized expert in the clinical integration of neuroscience. His other areas of specialization include, substance use disorders, career counseling, and counseling children and adolescents. He has authored or coauthored over 50 publications, eight books. His other titles include Neuroscience for Counselors and Therapists: Integrating the Sciences of Brain and Mind, as well as Applying Neuroscience to Counseling Children and Adolescents: A Guide to Brain-Based, Experiential Interventions (with Chris Schimmel). He trains clinicians in the clinical integration of neuroscience in the US and around the world. His latest book is Substance Use and Misuse: A Helper's Guide to Neuroscience-Based Treatment (Cognella) (Spring, 2024).



SPECIALTY AREAS

AMHCA's 2024 Conference Planning Committee is proud to present this year's schedule full of much-needed topics including Trauma, Addictions, Diversity topics including LGBTQ+ and Social Justice, and much more. Please use this key to find presentations that interest you!

- A** Advocacy and Leadership
- CA** Children and Adolescents
- CF** Couples and Family
- DD** Developmental and Learning Disabilities
- D** Diversity and Inclusion
- E** Ethics
- GI** Gender Identity
- G** Geriatric
- IBH** Integrated Behavioral Healthcare
- M** Military and Veterans
- N** Neuroscience
- SCA** Specialized Clinical Assessment
- SU** Substance Use and Addictions
- S** Supervision
- TAC** Technology Assisted Counseling
- T** Trauma and Crisis Assessment and Treatment



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2024 AMHCA Annual Conference

TUESDAY, JUNE 11

Breakout #2

1:45PM - 3:00PM

CA **Treating Children Whose Parents Have A Mental Illness, Building A Supportive Communication Framework**

Brian Hart, M.S. MHC

Incorporating a parent's mental illness into treating a child's family system is often a taboo consideration for therapists. This training provides the theory and step-by-step processes giving clinicians the skills and competence to validate the child's contributions, age-appropriate psychoeducation, and accept their voice to assist in engaging multiple systems support.

IBH **The Power of Food: Mental Health, Wellness And Culture**

Jie Bin Chen, NCC

Food can be a powerful tool to help manage physical and mental health through the gut-brain connection. We will explore the bi-directional communication of our nervous system, discuss why clinicians should collaborate inter-professionally and talk to clients about food's effect on mood and how it is part of our identity.

1:45PM - 3:00PM

The Dream Team: Peer Support In Counselor Education And Beyond

Shawn Graham, LCPC, CADC, BC-TMH & Natashia Collins, LPC, LPAT, ACS, ATCS, ATR-BC, NCC & Traci Bitondo, LPC, LMHC, LPAT, ATR-BC, ACS, ATCS

Peer support in counselor education strengthens social connection, wellness, and resiliency while mitigating the risk of attrition. The presenters use literature, personal experiences, and humor to reinforce positive peer support outcomes within and beyond counselor education programs.

S **ACTivate Your Supervision: Enhancing Supervision with the ACT Matrix**

Robert Burdine, Jr., LPC

"ACTivate Your Supervision: Enhancing Supervision with the ACT Matrix" offers supervisors in mental health counseling tools to improve their practice. This workshop integrates the ACT Matrix and the Discrimination Model, focusing on values-driven supervision applicable across therapeutic modalities. Participants will learn practical application through exercises, enhancing their skills and client outcomes.

1:45PM - 3:00PM

SU **The Role Of Community Partnerships For Treatment Engagement Within Minority Populations At High Risk For HIV/AIDS and Substance Use Disorders**

William Atherton, LCMHCS, LCAS, CRC, CCS & Dominique "CJ" Clemmons-James, LCMHCS, CRC, MAC, LCAS, CCS & Paul Toriello, LCMHCS, LCAS, CRC, CCS

This presentation includes the current results of Engage ENC: Minority AIDS Initiative. The discussion will focus on the unique challenges experienced when seeking to engage hard to reach populations. Participants will learn strategies for leveraging community partnerships and how these relationships have contributed to improved treatment engagement and health outcomes.

1:45PM - 5:00PM

M **Presentation During Breakouts 2 AND 3 Beyond The Uniform: Empowering Veterans in Transition from Service To Civilian Life**

Maria G. Giuliani, FL LMHC

Join this interactive workshop to explore the unique challenges veterans face in transitioning to civilian life. Integrating Carl Jung's theories with veterans' narratives, we provide mental health counselors with practical strategies for assisting veterans in their journey of personal and professional growth.

2024 AMHCA Annual Conference

TUESDAY, JUNE 11

Breakout #3

3:30PM - 5:00PM

CA **Youth Who Engage In Sexually Abusive Behaviors: Overview, Treatment, and Risk Assessment**

Timothy Owens, LMHC & Katie Cummings, LMHC, MA
This presentation will provide an overview of current research on youth who have engaged in sexually abusive behaviors. Presenters will provide definitions of sexually abusive behaviors; an overview of normal vs. deviant behaviors; an exploration of risk factors and current risk assessment tools; and an exploration of common treatment goals.

T **Navigating Traumatic Experiences During Pregnancy And Perinatal Post-Traumatic Stress Disorder (P-PTSD)**

Zoya McCants, EdD, LMHC, LPC-ACS
Perinatal Post-Traumatic Stress Disorder (P-PTSD) is a mental health condition that can affect individuals during the perinatal period; typically, through one year after birth. This presentation will focus on mental health conditions that arise during pregnancy and postpartum, with a major focus on P-PTSD, prevalence, symptoms, assessment, and providing treatment.

3:30PM - 5:00PM

D **The Double Masks We Wear: A Discussion Of The "Shifting" Phenomenon Among Black Women And Other Women of Color**

Carla Eugene, LPC
"Shifting" is a fundamental skill Black women and other women of color have adopted to navigate spaces of racism, discrimination, sexism, and prejudice in professional settings. Participants will learn and explore shifting as a tool to assist women of color in understanding the complexity of their intersecting identities.

E **Ethics Update: NBCC's New Code And Ethical Considerations For Artificial Intelligence**

Brenden A. Hargett, PhD, NCC, MAC, LCMHC (NC), LCAS(NC)
As counseling practice shifts and changes, ethical codes must assist in this protection. This session will explore the updates/changes to the new NBCC Code of Ethics along with ethical trends and violations. Participants will engage in discussion about ethical considerations for the use of artificial intelligence in the counseling profession.

3:30PM - 5:00PM

SU **Come As You Are: The Harm Reduction Approach to Addictions Counseling**

George Stoupas, LCMHC, LMFT, MCAP & Sara Ahmed, MA, LCMHC-A, LCAS-A
Harm reduction counseling offers an alternative to traditional, abstinence-only addiction treatment. It is based on radical empathy, client autonomy, and collaboration. This breakout session will provide an overview of the harm reduction counseling model, with specific attention to social justice and clinical application.

1:45PM - 5:00PM

M **Presentation During Breakouts 2 AND 3 Beyond The Uniform: Empowering Veterans in Transition From Service To Civilian Life**

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2024 AMHCA Annual Conference

WEDNESDAY, JUNE 12

Breakout #1

9:00AM - 10:00AM

Rethinking Teen Mental Health

CA Treatment: Increasing Parental And Caregiver Engagement

Denise L. Takakjy, MS, LPC-PA, LPC-NJ, NCC, CATP, BSL

This presentation will address the factors that prevent parental engagement in adolescent counseling. Current research, common challenges that counselors experience when attempting to encourage parental engagement, and strategies to increase parental engagement will be presented. Counselors will gain knowledge and strategies to increase parental engagement for teen clients.

CF D Unfolding the Intersections: Infertility and Multicultural Considerations

Nouna Jalilzadeh, Ph.D., LMHC., NCC

Infertility is a medical diagnosis that affects about 19% of the population globally. Despite being a common diagnosis, the mental health implications and cultural considerations from an intersectional framework are not openly discussed.

9:00AM - 10:00AM

N Embracing Neurodiversity:

DD A Nervous System Centered Approach

J Laurel Thornton, LPC/ALPS (WV), LPC (PA), LCMHC (NC)

This presentation will draw on current neuroscience research to help better conceptualize how neurodiversity impacts how clients show up to therapy. If we let our clients' nervous system be at the center of our focus we can learn new ways that our clients are resilient.

D GI Considering 'The Change' In Case Conceptualization

Jennifer Casani, PhD, LMHC, NCC & Meredith Francom, MA, tLMHC

Social stigma and inequality result in lack of knowledge and competence regarding menopause care (Hickey et al., 2022). Symptoms overlap with common DSM diagnoses (Soares, 2019); mental health counselors are first responders to provide culturally informed care, empowering clients to advocate for needs. Adequate assessment for co-morbid concerns is needed.

9:00AM - 10:00AM

DD Neurodivergence and Bias: What To Know About Working With Individuals With Intellectual And Developmental Disabilities (IDD)

Eric Camden, PHD, LPC, NCC, ACS & Alysha Blagg, LPCC-S, NCC

The purpose of this presentation is to highlight the potential presence of negative attitudes and lack of skills and competence of counselors providing mental health services to individuals with intellectual/developmental disabilities (IDD). As such, suggestions are provided for helping clinicians maximize their working relationship with clients with IDD.

SU Coping Through Addiction: Exploring The Relationship Between Coping And Relapse For People Who Use Opioids

Abigail Gazvoda, LPC

This presentation will present the relevant literature, findings, and implications of a study which explored the relationship between coping (problem-focused, emotion-focused, and avoidant coping) and relapse for people who use opioids.

2024 AMHCA Annual Conference

WEDNESDAY, JUNE 12

KEYNOTE ADDRESS

10:30AM - 12:00PM

Ubuntu: Reimagining Trauma

In today's fast-paced and interconnected world, trauma has become an unfortunate reality that many individuals and communities face. However, clinical mental health counselors and other helping professionals can find hope and healing by implementing culturally sensitive and empowering practices. Drawing upon the latest research and real-life examples, the keynote presentation, infused with the transformative philosophy of Ubuntu, will highlight various healing-centered practices that empower individuals and communities to reclaim their narratives and rebuild their lives. By incorporating Ubuntu philosophy into trauma-informed approaches, individuals and communities can navigate their healing journeys with interconnectedness and cultural pride. The keynote will explore how cultural empathy, respect, and understanding can be integrated into practices and policies, fostering inclusive environments that support healing and collective well-being. Together, we can cultivate resilience, reclaim narratives, and rebuild lives in the face of trauma, honoring the strength and wisdom embedded within diverse cultural heritages.



Taunya Marie Tinsley
Ph.D., D.Min., NCC, LPC, LPCC

Taunya Marie Tinsley owns Transitions Counseling Service LLC and Life Skills Program, which includes a ministry division, Love and Basketball Ministries, and Life Coaching Services. She provides individual, marriage, family, and group counseling services, coaching and consultative services, and leadership development training. Additionally, she serves as the Clinical Director of the Mount Ararat Baptist Church Counseling Center in Pittsburgh, PA. She is a National Certified Counselor (NCC), Licensed Professional Counselor (PA & NJ), and Licensed Professional Clinical Counselor (OH). Dr. Tinsley accepted the call to ministry on December 4, 2011, and was ordained on December 12, 2022, at Mount Ararat Baptist Church, Pittsburgh, PA. With a rich professional journey spanning over 25 years, Taunya has garnered invaluable experience in clinical counseling, higher education, athletic admin, and culturally relevant ministries. Her diverse background also includes providing personal and academic growth opportunities for aspiring professional counselors, church leaders, and other helping professionals. Dr. Tinsley spent nine years at California University of Pennsylvania as a tenured, Associate Professor in the Department of Counselor Education and Program Coordinator for the Sports Counseling Certificate Program. She has also served as the Director of Graduate Programs in Counseling at both Waynesburg University and Missio Seminary as well as an Assistant Teaching Professor in the Education and Counseling Department at Villanova University and Associate Professor at Lincoln University of Pennsylvania, a Historically Black College and University (HBCU), in the Counseling and Human Services program.

2024 CONFERENCE
PLANNING COMMITTEE

AMHCA would like to say a big thank you to all of the members of this year's Conference Planning Committee who are instrumental in making our event a success! We couldn't do this without you!

Yoon Suh Moh, Chair

Courtney Ackerson
Eric Camden
Kica Christian
Lynn Giang
Renee Hodgins
Marcela Kepic
Amanda Legrand
Ashley Marzullo
Corey Milsap
Chiquita Patterson
Alecia Rodriguez
Shannon Thompson
Shama Winston Ford



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2024 AMHCA Annual Conference

WEDNESDAY, JUNE 12

Breakout #2

1:45PM - 3:00PM

Making Nice With Naughty:

CF Overcontrolled Coping Style And The Search For Sexual Pleasure

Thomas Murray, Jr., PhD, LCMHCS, LMFT, CSTS
Counselors often overlook biotemperament's impact on clients' sexual and intimate lives, particularly the overcontrolled (OC) temperament. OC is really about having too much self-control. This presentation explores the role of Radically Open Dialectical Behavior Therapy (RODBT) in helping clients with maladaptive OC improve their sexual health and quality of life.

M Neuroscience-Informed CBT And Military Sexual Trauma

Gina Martin, PhD, LPC & Laura A. Boddicker, PhD, LMHC, CRC & Thomas Field, PhD, LPC, LMHC, NCC, CCMHC, ACS

Neuroscience-informed CBT (nCBT) is being successfully used for treatment of military sexual trauma. In this presentation, participants will learn strategies for addressing military sexual trauma in clinical practice, including the implementation of a novel CBT approach. Preliminary data are discussed from a single subject case design spanning 20 treatment sessions.

1:45PM - 3:00PM

Cultivating Trauma Resilience: Nurturing Body And Mind

T Well-Being Through Counseling Relationships And Equity Access, Regardless Of Circumstance

Lourdes Araujo, LMHC, Ed.D & Nicole Kratimenos, LMHC, Ed.D

The presentation offers an innovative approach and collaborative effort of mental health professionals aimed at building essential skills to help individuals become more resilient in the face of challenges. Participants will explore the significance of healing and counseling relationships in their journey towards resilience. The presentation focuses on sensory-based techniques.

CF We Want Your Sex: Counselors And Clients Processing Sex In Therapy

Laurie Bonjo, PhD, PSC, NCC & Brett Santo, M.S. & Jason Gorski, LPC

The common practice of sanitizing of LGBTGEQIAP2S+ identities for heterosexual consumption results in widespread erasure of sex from discourse in counseling applications, including those aimed at queer clients. Supporting clients whose needs include sexual wellness requires counselor education programs to prioritize training on unpacking sexual thoughts, feelings, and behaviors.

1:45PM - 3:00PM

S Colleagues Helping Colleagues - Designing And Managing A Peer Consultation Group

Judith A. Harrington, Ph.D., LPC-S, LMFT-S
Peer consultation groups can be a valuable form of self-care, clinical enrichment, and sometimes legal protection for the challenging work in mental health. Volunteer, regulatory, hierarchical, and topically-oriented group dynamics will be highlighted along with norms for healthy group management.

SU The Opiate Crisis Just Got Worse: Navigating Xylazine

Fredrick Dombrowski, PhD, LMHC, CASAC, LPC, LADC, NCC, CCMHC, MAC, ACS, BC-TMH, HS-BCP, ICADC, DCMHS

The opiate crisis in the United States is being exacerbated by the addition of Xylazine with Fentanyl. This combination increases the likelihood of overdose as well as causes life altering physical body changes even for those who recover. This presentation will discuss ways clinicians can respond to this crisis.

2024 AMHCA Annual Conference

WEDNESDAY, JUNE 12

Breakout #3

3:30PM - 5:00PM

SU **Co-Occurring Disorders in Young Adults: Common Issues in Treatment**

Michael Roeske, PsyD

Young adults with co-occurring disorders are common, complex, and difficult to properly diagnose. As well, the behavioral health field lacks agreement on policies, beliefs, and approaches to treatment. In this talk, we will explore effective diagnosis, standards of care and best practices, as well as common issues and barriers.

M **Soul Wounds - Moral Injury In Military Service Members And Veterans**

Katherin Langone, LCMHC, MLADC, NCC, CCTP

To heal a wound of the soul, we must understand the cause of the injury. Moral Injury is becoming exceedingly more prevalent in the Military and Veteran populations. Thus, it is imperative that mental health providers can identify and treat moral injury within this population.

3:30PM - 5:00PM

T **Healing The Silent Wounds: Addressing The Challenges And Traumas Of Refugees Within Culturally Competent Lens**

Loubna Alkhatay, Ph.D., LPC, NBCC & Shadin Atiyeh, PhD LPC

The presentation describes the unique challenges and risk factors that impact the mental health status of resettled refugees, and proposes implementing culturally responsive and community-based prevention and intervention approaches to address the mental health disparities faced by resettled refugees.

TAC **Incorporating Energy, Biofeedback And BioRegulation Therapy Techniques To Increase Positive And Holistic Outcomes And Produce More Rapid Treatment Outcomes**

Michael G. Holler, MA, NCC, CFMHE, CCCE, CCMHC, LMHC

An overview of Energy, Biofeedback & Bio-Regulation Therapy technology and the science behind it. How Electromagnetic Field Therapy and Body Biofeedback devices work and how they can be used to provide improved and more rapid therapeutic outcomes & increased benefits with less recidivism of BRT for your clients.

3:30PM - 5:00PM

E **Did Somebody Really Do That?**

Susan D. Meyerle, LIMHP

Truth is stranger than fiction! This session will review the recent actions taken by licensure boards. We will consider the action taken by the licensee and how to avoid the same mistakes in your own practice, applying AMHCA's Code of Ethics and considering state and federal regulations.

D **Spicy and Fabulous: ADHD And Queer Identity Development**

Cody Helgesen, LPC, NCC, CCTP, ASDCS & Jason Gorski, LPC & Laurie Bonjo, PhD, PSC, NCC

In this session, presenters queer community and one presenter with lived experience of being neurodivergent and queer, will present on ADHD and queer identities across the lifespan. The presentation involves an introduction to intersectional experiences, current approaches/challenges, and considerations for working with this population in clinical settings.