The American Mental Health Counselors Association (AMHCA) has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 1012. Programs that do not qualify for NBCC credit are identified with an asterisk. AMHCA is solely responsible for all aspects of the programs.

THE LINQ HOTEL & CASINO
3535 S. LAS VEGAS BLVD
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Book your room by May 21, 2021 to take advantage of our discounted pricing!
Weeknight (6/18-24, 27, 28): $105/night
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To secure your room reservation and for more travel information, please visit
www.amhca.org/conference/travel

CONFERENCE RATES
Clinical/Regular/Unified: $499
Student/Recent Grad/Retired/Associate: $299
Non-Member with 1-Year Membership: $599
Non-Member (without Membership): $549

AMHCA ANNUAL CONFERENCE
JUNE 23 - 25, 2021
LAS VEGAS, NV
WEDNESDAY
JUNE 23
Pre-Conference: 8:00am-12:00pm
Conferences in the Treatment of Eating Disorders with Laurie Cooper
Understanding Psychotropic Medications with Joseph Kertesz
The Neurobiology of Trauma and Its Application to Successful Treatment with Judith A. Swack
Diversity Pre-Conference Title TBD
Breakout #1: 2:00-3:30pm
Vulnerability in Supervisory Relationships: An Ethical Imparative with Matthew R. Shupp
Moving Trauma Informed to Trauma Responsive to Trauma Specific Services with Theresa M. McCafferty
Breakouts #1 & 2: 2:00-6:00pm (2 Parts)
What Mental Health Clinicians Need to Know About the Immune System with Penijean Gracefire
Getting Unstuck: Understanding Co-Occurring Disorders in Teens with David Flack
Can I Do That? The Counselor’s Guide to Psychological Testing with Aaron Norton
Disordered Eating and Body Positivity: An Intersectional Approach with Lori Kucharski
Breakout #2: 4:00-6:00pm
Creating Ethical Self-Care While Providing Client Care in a Crisis with Rebecca K. Rucker
Telemental Health Counseling for Integrated Disorder Processing with Gray Otis

THURSDAY
JUNE 24
Breakout #1: 9:00-10:00am
Mentoring as a Supervision Technique with Daniel Amparbeng
Supporting Resilience Skill Building During the COVID-19 Era with Raissa M. Miller
Family Interventions in Problem Gambling Treatment with Cheryl B. Almeida
Performance of Mental Health Counselors in Integrated Care with Dogukan Ulupinar
Mental Health Issues Impacting Disparate Birth Outcomes Among Black Women with Shoshanah B. Yehudah
Self-Compassion for Trauma Survivors with Shedef Tavakoli
General Session: 10:30am-12:00pm
Lunch Session: 12:15-1:15pm
Breakout #2: 1:30-2:45pm
Foundations of Supervision with Katie Ruscitto
Feed Our Body To Feed Our Mind: Nutrition as a Mental Health Intervention with Sophia Sills-Taylor
Technological Therapy in Tough Times with Susan Meyerle
Growing Pains: Understanding Parentification and Cultural Implications with Valerie Kuykendall-Rogers
Breakouts #2-3: 1:30-4:30pm (2 Parts)
From Shame to Pride with Christopher Checke
Creating School-Based Mental Health Collaborations in Rural Communities with Tracie Rutherford Self
Neuroscience-Informed Counseling with Children and Adolescents with Michelle R. Ghoston
Impact of Military Culture on Mental Health and Substance Abuse with Katherine Williams
CBT for OCD: Restoring Freedom, Functioning, and Peace with Fredrick Dombrowski
Are We Really Helping? Counseling Diverse Clients with Eating Disorders with Paula Edwards-Gayfield

FRIDAY
JUNE 25
Breakout #1: 9:00-10:00am
Supervision: Embodying Inner Resources to Prevent Counselor Burnout in the COVID-19 Era with Laurel Shaler
SUD and Resilience: The Missing Link with Caitlin Senk
Spark Sessions: Condensed Therapy Intervention with Maya B. Galathe
Creating Community in a Virtual Training Clinic with Jessica Guthiel
Effectively Working with African American Clients in a Small Practice with Angel Dowden
Blindsided by COVID-19: Endevoring Through Unexpected Death-Related Loss with Marcela Kepic
General Session: 10:30am-12:00pm
Lunch Session: 12:15-1:15pm
Breakout #2: 1:30-2:45pm
Increasing Connection in the Virtual World with Angel Golson
Progressive Muscle Relaxation for Anxiety, Stress, Pain and Other Disorders with Joseph Kertesz
Utilizing DIRFloortime for a Child of ASD and ACEs from an Immigrant Family with Hyangmi “Mimi” Kang
Cultivating Cultural Empathy to Create Change in the Counseling Room with Sunnyclo Teeling
The Darker Side of Sleep: Identifying and Treating Trauma-Induced Insomnia with David Engstrom
Breakouts #2-3: 1:30-4:30pm (2 Parts)
A Multi-Faceted Approach to Cravings Mgmt with Doug Paul
Addressing Religious-Based Values Conflicts in Clinical Supervision with Anita Neuer Colburn
Forensic Evaluation: DSM-5 Resources for Differential Diagnosis with Aaron Norton
Advocating Social Justice & Educating Future Social Change Agents with Devona M. Stalnaker-Shofner
The Intersections of Marginality: Working with LGBTQ+ People of Color with Juan Eric Arevalo
The Spectrum of Suicide: Using Multicultural Empowerment to Understand Suicide Narratives and Foster Reasons to Live with Brynna Arnold

SPECIALTY AREAS
AMHCA’s 2021 Conference Planning Committee is proud to present this year’s schedule full of much-needed topics including Trauma, Addictions, Diversity topics including LGBTQ+ and Social Justice, and much more. Please use this key to find presentations that interest you!