

MMDA's official newsletter serving members in Maryland, Delaware, and Washington, DC

MMDA Membership News – By Fatima Naqvi, MD, CMD; Editor in Chief



ALTC24: A Joyful Reunion with Active Learning

For the first time in years, it felt like COVID-19 was behind us. AMDA's Post Acute Long-Term Care annual conference of 2024 (PALTC24) was held in the perfect location with ideal weather in San Antonio, TX. Attendance was high, creating a warm and familiar atmosphere as colleagues, mentors, and Futures students gathered for the program.

MMDA – The Mid-Atlantic Society for PALTC Medicine was represented in all attributes of the conference. Dr. Michele Ballantoni's active leadership engagement with Futures Program brought many dedicated candidates to the geriatric society. Her presentation on "Breaking Science: Presentation from Leading Researchers in Post-Acute and Long-Term Care Medicine" laid out the cutting-edge research done by the team under her supervision.

MMDA's own Dr. Elizabeth Galik is



MMDA Delegates to AMDA's HOD (from right to left): Fatima Naqvi, Cynthia Kuttner, Elizabeth Galik, Fatima Sheikh, Michele Ballantoni, Elisa Gil-Pires, and Dominique Vinh



HOD members from R-L: Fatima Naqvi, Elizabeth Galik, Dominique Vinh, Michele Ballantoni, Cynthia Kuttner, Fatima Shiekh, and Elisa Gil-Pires.

the Chief Editor of the PALTC Newsmagazine, *Caring for the Ages*. She and her team, including Dr. Barbara Resnick, presented, "Building Collaborative Practices with Advanced Practice Providers Across PALTC Setting." It was an excellent segway for how collaborative work between the providers can support the older adults.

MMDA Represented in AMDA's House of Delegates

Dr. Elizabeth Galik was elected to AMDA's board

as a House of Delegates Representative for 2024-2027.

AMDA announced that it had officially changed its name to **Post-Acute and Long-Term Care Medical Association**, to be referred to as **PALTMed**.

New Editors-in-Chief for JAMDA

MMDA's Barbara Resnick, PhD, CRNP; University of Maryland Baltimore, Baltimore, MD; and Paul R. Katz, MD, CMD; Florida State University College of Medicine, Tallahassee, FL are the Editors-in-Chief of the *Journal of American Medical Director Association* (JAMDA).

MMDA Leadership

2022–2024

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Michele Bellantoni,
Immediate Past President
Ravi Passi, Vice President
Fatima Naqvi, Secretary
Elisa Gil-Pires, Treasurer

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Barbara Resnick
Fatima Sheikh
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Fatima Naqvi, Chair

COMMUNICATIONS COMMITTEE

MMDA Bulletin Newsletter

Fatima Naqvi, Editor in Chief (DC)
Elisa Gil-Pires, Co-Editor (MD)
Cynthia Kuttner, Co-Editor (DE)

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FINANCE

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MEMBERSHIP

Barbara Resnick, Chair

NOMINATING

Michele Bellantoni, Chair

MMDA Business Office

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Message from the President



It is again with a heavy heart that I write the MMDA president's update for this month. We have lost another giant in our field with the passing of Dr. Harold Bob (see page 8). Many of you knew and adored Harold and his love of geriatrics and the PALTC environment was evident the moment you met him.

The Mid-Atlantic region has suffered a number of losses this past year and it always highlights the fragility of life for me and to take the old adage of "seize the day" to heart.

In that spirit, we hosted a number of Hot Topics with growing attendance at each event. We have decided to open up Hot Topics to non-members as well with the hope of growing membership.

In addition, strong work has been done on the annual conference by Dr. Fatima Sheikh and her education committee. We



Dr. Damien Doyle

will once again gather in Rockville at the Charles E. Smith Life Communities / Hebrew Home of Greater Washington the weekend of Nov. 16. This year's theme is "The Future of PALTC: Adapting to a Changing Landscape." Much more to come on this topic but the program and speakers look fantastic!

Recently the Board decided to rename the Medical Director of the Year Award after Dr. Steve Levenson in memory of his tremendous contribution to MMDA and to the practice of PALTC medicine.

MMDA will be taking a pause over the summer with the next Hot Topics scheduled for September and October (see page 8). Please enjoy the summer with friends and family and take some time to recharge and renew. Finally, remember carpe diem, I hope you have a wonderful summer!

Damien Doyle, MD, CMD
President, MMDA



THE FOUNDATION
FOR POST-ACUTE AND
LONG-TERM
CARE MEDICINE



Dr. Steven Levenson Medical Direction Memorial Lectureship

Please join us in remembering and honoring Dr. Steve Levenson for his significant contributions and the indelible mark he left on our organization and the field of post-acute and long-term care medicine.



March 18, 1950 - January 24, 2024

The LifeSpan Network family mourns the loss of Dr. Steven Levenson. We were always amazed at his intellect, his kindness, and his respect for others. Beacon adopted and promoted his AMDA Clinical Practice Guidelines, which are still in use, about 25 years ago.

The Foundation for PALTC Medicine has created the **Steven Levenson Medical Direction Memorial Lectureship**. This endowed lectureship will support an inspiring and dynamic lecture that delivers informative content buttressing the roles and responsibilities of medical direction during a general session at the AMDA annual conference.

Donations may be made through the Foundation for PALTC Medicine's website and by designating your gift to the **Steven Levenson Medical Direction Memorial Lectureship**.

Scan the QR code to donate, or visit
<https://form-renderer-app.donorperfect.io/give/paltec-foundation/online-gift-card>



MMDA's New *Bulletin* Newsletter Team



In addition to having a new name for the newsletter – ***Bulletin*** – we are excited to announce the team behind the effort.

Fatima Ali Naqvi, MD, CMD, HMDC, WCC

It is my pleasure to serve MMDA for a decade with various roles. Currently, I am serving as Secretary of the Executive Board, Education and Finance Committee member, and Award Committee Chair.

In previous years, I have served as an Education Committee member for two terms, Award Committee Chair for two terms, and Education Committee Chair for three years.

I am excited to serve as Editor in

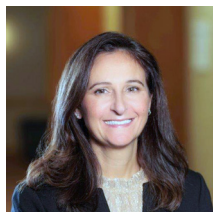


Chief of MMDA's ***Bulletin*** newsletter and extend our services to MMDA members and other non-members who are working in post-acute and long-term care.

Elisa Gil-Pires, MD, CMD, CMO

I am a certified medical director (CMD) and have served MMDA on the Executive Board as the Treasurer and Chair of the Finance committee for the past two years. I am also a member of the Education committee and now I am very excited to be one of the founding members of the new MMDA Communications committee.

I will serve MMDA proudly as one of the co-editors for MMDA's ***Bulletin*** newsletter.



Cynthia Kuttner, MD, CMD

I am the medical director of the Wilmington VA Community Living Center in Wilmington, DE. I am a CMD and teach in the Core Curriculum.



I am a graduate of the Mount Sinai School of Medicine and did my internship and residency at Montefiore Hospital in the Bronx, New York. I completed a Geriatric fellowship at John's Hopkins Bayview Medical Center in Baltimore, MD, and have presented several lectures at AMDA's Annual Conferences on ageism and prognostication. I have worked for the VA serving America's veterans since 2016.



Save the Date!

Nov. 16, 2024

MMDA's 31st Annual Conference

The Future of PALTC: Adapting to a Changing Landscape

Hebrew Home of Greater Washington, Rockville, MD

6105 Montrose Road | Rockville, MD 20852 | (561) 689-6321 | <https://midatlanticmda.org/>

MMDA is the regional affiliate chapter of AMDA – The Society for Post-Acute and Long-Term Care Medicine, supporting medical directors, physicians, nurse practitioners, and other clinicians practicing in the post-acute and long-term care continuum in Maryland, Delaware, and DC. MMDA provides education, advocacy, information, and professional development for its members.



The Mid-Atlantic Society for
Post-Acute and Long-Term Care Medicine, Inc.

Continued from page 1

MMDA Member Presentations

Dr. Resnick's presentation on "Writing and Reviewing for JAMDA: Tricks of the Trade," encompassed salient features for effective writing and publishing. Her contribution to the research and service of older adults has been phenomenal.

MMDA's Education Committee Chair is Dr. Fatima Sheikh. She is also the Vice Chair of AMDA's Education Committee. Dr. Sheikh's presentation on "Reclaiming Our Joy: Medicine as a Life, Not a Job," brought valuable self-help and innovative ideas for one's tool kit for burnout prevention and finding deeper satisfaction with daily routines. Her dedication to MMDA's Education Committee and her promotion of our CME-approved Hot Topics webinar series has raised the standards of self-directed learning.

Delaware was ably represented by Dr. Cynthia Kuttner and her presentation on "Accurate Prognostication of Life expectancy in Nursing Home Residents: A Conundrum," resulted in the better comprehension of life span. She was also an MMDA delegate to AMDA's House of Delegate (HoD). Her and Dr. Fatima Naqvi's contribution in the

Podcast episodes (2-episode series) of understanding ageism brings a multicultural and unique perspective which is worth listening to.

Advance care planning and serious illness conversations can never be underestimated if there are older adults with complex comorbidities. Dr. Fatima Naqvi was a part of the workshop, "Advance Care Planning or Serious Illness Communication? The spectrum of Caring Conversations." This session explored active and engaged communication with identification and solution of one's own barriers.

Dr. Naqvi serves as secretary of MMDA and Vice-Chair of AMDA's Diversity Equity and Inclusion (DEI) Committee. Her participation in the 3.5-hour workshop, "From Awareness to Action: Driving Inclusive Cultures in PALTC," provided a deeper dive into cultural and emotional intelligence with actionable items for leadership changes to support the aging population.

Dr. Naqvi's and her colleagues presented on, "Journey of DEI and Powerful Storytelling," discussed important aspects of one's implicit bias, misconceptions, and empathic leadership enhancement across the PALTC continuum.



From left: Suzanne Gillespie, Fatima Naqvi, Karl Steinberg, and Swati Gaur

Chapter Membership Meeting

MMDA's chapter membership meeting was informative, refreshing, and memorable. We held moments of silence in memory of Dr. Steve Levenson's sudden departure and remembered his contributions to PALTC as a medical director and provider for quality improvement.

In a related move, the MMDA board of directors recently announced that its Medical Director of the Year Award was to be renamed in honor of Dr. Steve Levenson due to his long-standing dedication to PALTC.

New Administrative Team

MMDA's new administrative team, under the leadership of Ian Cordes, Administrator, and Shane Bellotti, Director of Operations, has done a remarkable job of uplifting the Chapter since last July.

We honored the memory of the passing of Ian's 98-year-old mother in February with a donation to AMDA's Futures Program.

MMDA Delegates Lead the Way

Dr. Fatima Naqvi chaired MMDA's delegation to AMDA's House of Delegates (HOD). She was joined by MMDA representatives from Washington, DC, Delaware, and Maryland.

New members to the HOD included Dr. Dominique Vinh (PM and R)



MMDA Chapter meeting at PALTC24: MMDA members, Delegates, and Futures, all come together for the chapter meeting



AMDA Executive Director Michelle Zinnert (left) and some of her administrative team

Medical Director, Dr. Elisa Gil-Pires (Chief Medical Officer for Hebrew Home of Greater Washington) and Treasurer of MMDA.

In some exciting news, MMDA presented a resolution to the HOD titled, “The Clinician’s Role and Impact in Eliminating Health Care Disparity and Inequity for Early Detection of Stage I Pressure Injury and Deep Tissue Injury (DTI) Among People with Dark Skin Tones,” (see page 8). It passed!

The proposed resolution shared the evidence of higher rates of Stage I and DTI among patients with darker skin tone admitted to PALTC.

The suggestion was made to support clinicians and leadership regarding standardization of visual inspection practices, and ensure consistency among clinical assessments and education to minimize knowledge gaps among various skin tones.

The AMDA conference offered many learning opportunities and deeper connections, with memorable evening dinners and cathartic walks with colleagues and friends.

As John Keats aptly said, “A thing of beauty is a joy forever.”



Friends getting together at PALTC 24 (from left): Sadia Baqai, Fatima Sheikh, and Fatima Naqvi



From left: Ali Jafri (Futures), Dominique Vinh, Pamela Aung, and Fatima Naqvi.

Maryland Passes The First Major Change to Physician Assistant Practice Law in 25 Years



The Maryland Academy of Physician Assistants (MdAPA) applauds Maryland legislators for passing the PA Modernization Act (HB0806/SB0167), which marks the first major change to physician assistant (PA) practice law in Maryland in 25 years. The bill was officially signed into law by Gov. Wes Moore on Thursday, May 16.

The PA Modernization Act, in part, helps to safeguard patients' ability to access high-quality healthcare and ensures the healthcare workforce is being fully utilized.

The bipartisan bill, sponsored by Maryland Sen. Mary Beth Carozza (R-District 38) and Delegate Ken Kerr (D-District 3), defines the relationship between physicians and PAs as collaborative, recognizing the role PAs play in providing healthcare to Maryland patients. The legislation had the support of both Senate Finance Chair Pamela Beidle (D-District 32) and House Health and Government Operations Chair Joseline Pena-Melnyk (D-District 21).

"I have been working with local physician assistants and across the State of Maryland for the past three years on priority legislation to update and modernize the collaboration between physician assistants and physicians to increase access to quality care for patients," Carozza said. "The role of physician assistants is especially important on Maryland's Eastern Shore where we continue to face an acute shortage of health care providers."

The Modernization Act also provides PAs more flexibility if their collaborating physician no longer practices. This is especially important as more physicians near or exceed the retirement age. Under current law, PAs must discontinue practice in 15 days if the physician no longer practices, potentially leaving patients in that area with no healthcare options. The Modernization Act allows PAs to continue to practice in collaboration with other physicians, ensuring there are fewer disruptions for patients seeking healthcare.

"As the healthcare workforce shortages grow, we must think of proactive



solutions to guarantee that Maryland patients can access the healthcare they deserve," said MdAPA Legislative Director Jennifer Grover, DHSc, MMS, PA-C. "The Act recognizes the critical role that the more than 3,600 Maryland PAs play in healthcare today."

Folusho E. Ogunfiditimi, DM, MPH, PA-C, DFAAPA, president and chair of the American Academy of Physician Associates (AAPA), said the Act is a win for patients and providers alike.

"So much has changed in medicine over the last 25 years. The Maryland PA Modernization Act recognizes those changes and ensures that practice laws better align with how healthcare is delivered in 2024," Ogunfiditimi said.

"I applaud the tireless efforts of Maryland PA leaders and state legislators for passing this bill," he added.

You Can't Make This Stuff Up

By Ian Cordes, MBA, NHA, FACHCA; MMDA Administrator



My parents moved into independent living more than 10 years ago and they both continued to drive well into their 80s. In fact, my "older" and "wiser" brother was visiting from Toronto when he decided he would take my dad's car keys away from him – it did not go well. As he started into his monologue with our dad about why he had to stop driving, I could see our father's reaction – it looked like steam was about to shoot from his ears! Needless to say it was more than a year later that my dad willingly give up driving.

But before he stopped driving, I received a call from my mother one day. She and my dad had just been in a 3-car crash. My mother was driving her car and hit the car in front of her. My dad was driving his car and rear-ended my mother's car. Thankfully, no one was hurt. Next, my parents made the unfortunate decision to drive away and leave the scene of the accident before the police arrived. I was horrified and asked my mother what possessed them to do that! She looked at me with a blank stare and did not reply. Afterwards, my wife and I joked that my parents were wanted felons running from the law. *Do you have a story to share?*



Join MMDA Today!

MMDA – The Mid-Atlantic Society for PALTC Medicine serves medical directors, attending physicians, advanced practice nurses, and consultant pharmacists practicing in SNFs throughout Maryland, Delaware, and Washington, DC.

Join us in advancing excellence!

Here are a few of the benefits of membership:

- ▶ Networking Opportunities
- ▶ Education and Training
- ▶ Advocacy and Recognition
- ▶ Resources and Support
- ▶ Exclusive Member Benefits
- ▶ Leadership Opportunities
- ▶ Join us in Advancing Excellence

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 MMDAwebsite@gmail.com

MMDA Membership Update

Visit our Website — www.midatlanticmda.org

“Hot Topics” — See the list of remaining topics for 2024 on page 8.

Call for Awards Nominations — Your colleagues work tirelessly throughout the year! We invite you to consider nominating them for the Steve Levenson Medical Director of the Year Award or the Clinician of the Year Award. Be on the lookout for the e-notice, check the website for nomination forms at www.midatlanticmda.org, request the forms via email from mmda-website@gmail.com, or call the business office at (561) 689-6321. The Awards will be presented during the business meeting at the annual conference in November.

Your Membership is Appreciated...Your Engagement is Essential — Share your professional expertise and knowledge of good governance practices by serving on one of MMDA's committees. MMDA committee chairs and members are listed on page 2. If you would like to be considered for committee membership, send an email to MMDA staff at mmdawebsite@gmail.com.

Call for Poster Proposals — MMDA's Poster Session will be held during its 31st Annual Conference on Saturday, Nov. 16, 2024. Posters provide an opportunity to share research results, best practices, and outcomes with colleagues. The sessions are visual presentations using diagrams, charts, and figures. Poster presentations may be on any aspect of clinical care, pharmacology of medicine, medical education, medical direction, medical care delivery, medical/nursing/pharmacist ethics, economics of medicine, pediatric long-term care — and in any post-acute and long-term care setting. All poster abstract proposals must be submitted online so look for the email announcement with the link. To learn more about MMDA's annual meeting, visit www.midatlanticmda.org, to submit a poster abstract proposal, call Shane Bellotti at (561) 689-6321.

In Memory of Harold Benton Bob, MD, CMD

Dr. Harold Bob, MD, CMD, passed away on Tuesday, May 21, 2024, at the age of 77. He is survived by his wife, Carmen Bob (nee Garcia); by his children, Rachel Bob, Jeremy (Channa) Bob, Daniel Bob and Lilyana Bob; by his grandchildren, Natan, Shahar, Ayala, and Jaron Bob; and by his cousins Marilyn and Barbara Zimbel.

According to Dr. Fatima Naqvi, “It was Dr. Bob’s enthusiasm and encouragement that prompted me to join MMDA almost a decade ago. He



was the Education Chair advancing MMDA’s educational activities at that time. His dedication to serving older adults with leadership skills, staying realistic and practical, are a few of the many skills he possessed. I had the experience of working very closely with him when we both worked together as regional medical directors in the same group, he always had some insight and story to share for guidance. He would not hesitate to write to the Office of Health Quality or Senator when it came to caring for older adults.

Dr. Naqvi still remembers the walks after sessions at the AMDA PALTC Annual Conferences; work-life balance and staying healthy before helping others stay healthy was something I learned from Dr. Bob.

One of my most memorable times with him was almost a decade ago at AMDA’s Annual Conference in Kentucky. Some of our colleagues including Harold and I visited Mohammed Ali Boxer’s Museum, together, we read the famous saying of Muhammad Ali’s quote, “Service to others is the rent you pay for your room here on earth.”

Upcoming Hot Topics Webinars

Out of the six Hot Topics Webinars we planned for 2024, here are the remaining two, 1-hour CME/CMD approved webinars which are scheduled for the fall.

Check your emails for the invitation to register for MMDA’s Hot Topics.

Attendees must register in advance to receive the webinar link. Each participant will be required to complete a session evaluation in order to earn CMEs/CMDs and receive a certificate of attendance.

Psychotropic Safety & Regulatory Updates in Long-Term Care

Monday, Sept. 16, 2024, from 12-1 p.m.
Join special guest, **Bill LeGallee, PharmD, BCGP**, and moderator **Fatima Sheikh, MD, CMD**.

This webinar will examine psychotropic medications commonly encountered in long-term care (LTC). The webinar will review five categories of psychotropic medications, how to recognize potential adverse effects related to their use, and appropriate administration and monitoring of these medications. In addition, this session will provide an update of regulatory considerations

associated with psychotropic medications in long-term care.

This webinar focuses on the following learning objectives:

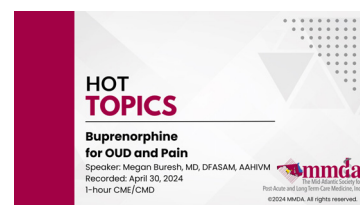
1. Identify psychotropic medications commonly encountered in long-term care.
2. Recognize the potential adverse effects related to psychotropic medication use.
3. Understand appropriate administration and monitoring of psychotropic medications.
4. Take regulatory considerations into account when using psychotropic medications in long-term care.

Financial Disclosure: None of the planners, faculty, or others in control of content disclosed a relevant financial relationship with an ineligible company.

The Basics of Appropriate Wound Care Delivery and Documentation in Nursing Homes

Monday, Oct. 14, 2024, from 12-1 p.m.

Join special guest, **Ziad K. Mirza, MD, CPE, CMD, FACP, MBA, ABIM, ABPM/UHM**, and moderator **Fatima Sheikh, MD, CMD**.



This webinar will provide an overview of the types of wounds including the appropriate diagnostic, preventive, and healing modalities, that are in line with the standard of care delivery. In addition, the session will provide insight on appropriate documentation and completeness of the medical records in the nursing home setup, thus averting regulatory survey deficiencies and litigation.

This webinar focuses on the following learning objectives:

1. Accurate entry of types of wounds.
2. Available healing modalities.
3. Oversee accurate documentation by other team members.
4. Establish systems for metrics regarding occurrence, healing and outliers.

Financial Disclosure: None of the planners, faculty, or others in control of content disclosed a relevant financial relationship with an ineligible company.

AMDA - THE SOCIETY FOR POST-ACUTE AND LONG-TERM CARE MEDICINE

RESOLUTION F24: Clinician's Role and Impact in Eliminating Health Care Disparity and Inequity for Early Detection of Stage I Pressure Injury and Deep Tissue Injury Among People with Dark Skin Tones

INTRODUCED BY: MMDA – The Mid-Atlantic Society for PALTC Medicine and
AMDA's Diversity, Equity, and Inclusion Committee

INTRODUCED ON: MARCH 2024

WHEREAS, Evidence suggests that United States and Worldwide skin tone demographics continue to shift. Stage I Pressure Injury (PI) in people with dark skin tone is often missed. Similarly, Deep Tissue Injury (DTI) PI is discovered at a later stage with a larger size in darker skin tone as compared to light skin tone people;

AND WHEREAS, Evidence suggests that a higher rate (16.6%) of PI has been reported among darker skin tone patients who were admitted to nursing homes as compared to lighter skin tone (8.4%). Among all ethnic and racial groups, darkest skin tone patients have the highest prevalence of severe PI (Stage III-7% and IV-8%) as compared to the lighter skin tone PI (Stages III and IV-3%). The gap analysis manifests inadequate knowledge of clinical skin assessment for dark skin tones. It is also evident that mere visual inspection of the skin and widespread reliance on blanching is incomplete and unreliable;

AND WHEREAS, Evidence suggests that there is a need for objective skin assessment based on the Standardized criteria of skin evaluation versus ethnic or culturally based skin description (Asian, African, American, Korean, others). Some of the objective assessment tools for skin tone classification are, but not limited to Fitzpatrick

Classification Scale, The Skin Tone Color Scale System, Eumelanin Human

Skin Color scale. Standardized visual inspection practices in terminology and technique ensure consistency among various clinicians' assessments at the same or variable time;

AND WHEREAS, Evidence suggests that clinical assessment in conjunction with augmented visual technology utilized for skin assessment (Examples are Sub Epidermal Moisture Technology, and Long Wave Infrared Technology) has suggested its usefulness in early detection, reducing the incidence and increasing the healing rate of PI patients with all skin tones;

AND WHEREAS, Assessment of dark skin tones for presence of stage I PI or deep tissue injury through identification of skin redness or blanching is unreliable. Standardizing inspection of dark skin for discoloration, subtle temperature changes, edema, changes in tissue consistency and pain are required to improve detection of early PI development in dark skin.

THEREFORE BE IT RESOLVED, that
AMDA—The Society
for Post-Acute and
Long-Term Care

Medicine, encourages and facilitates clinicians to play an active role in educating and training facility staff and leadership regarding standardization of visual inspection practices with reference to terms and technique of skin assessment and ensure consistency among various clinical assessments. The Society should provide them tools to teach the standardized process and incorporate evaluation of facility practices. The role of the clinician in their educational sessions should include, but not limited to, identifying, and minimizing the knowledge gap and inclusivity in regard to representation of diverse skin tone.



From left: Fatima Naqvi (standing), Chair of MMDA's Delegation, presenting F-24 ; AMDA Executive Director Michelle Zinnert on stage; with Wayne Saltsman, MD, PhD, CMD; Chairman, House of Delegates at the podium.

MEMBERSHIP APPLICATION

One (1) Membership Year: January to December

**MMDA –
The Mid-Atlantic
Society for Post-
Acute and Long-
Term Care Medicine,
Inc.**

Maryland
Washington, DC
Delaware
Chapter of AMDA

Name _____ Credential(s) _____

Affiliation _____

Address _____

City, State, ZIP _____

E-mail (**REQUIRED**) _____

Telephone (office) _____ Fax _____

I have served as a Medical Director for _____ years.

I have served as a clinician in long-term care for _____ years.

☐ **Yes, I would like to Join or Renew MMDA!**

**Membership
Fees:**

General: Physicians, APNs, PAs in practice _____ \$150

Affiliate: Nurses, DONs, DDSs, CNSs, DPMs, and other IDT members _____ \$75

Emeritus: Retired _____ \$40

Students of all disciplines, **Residents**, and **Fellows** _____ \$0

TOTAL AMOUNT ENCLOSED \$ _____

**Payment
Methods:**

PAYMENT OPTIONS:

You may go to the MMDA website at www.midatlanticmda.org and pay using a credit card

**Check
Payments:**

☐ Check enclosed. Please make checks payable to **MMDA**.

☐ Visa ☐ MasterCard ☐ American Express

**Credit Card
Payments:**

Card Number _____ Exp. Date _____ Security Code _____

ZIP code of billing address _____

Print Name _____
(as it appears on the card)

Signature _____ Date _____

I am interested in working on the following committee(s) – Each are for 1-year terms.

☐ Quality Assurance/Patient Care ☐ Education/Program

☐ Finance ☐ Public Policy ☐ Membership

**Mailing
Payment
Address:**

MMDA – The Mid-Atlantic Society for Post-Acute and Long-Term Care Medicine, Inc.
3123 Breakwater Court, West Palm Beach, FL 33411

You may also email this form to mmdawebsite@gmail.com, fax to **(561) 689-6324**, or mail the check separately. If you have questions regarding membership, please visit www.midatlanticmda.org, email mmdawebsite@gmail.com, or call **Shane Bellotti, Director of Operations**, at **(561) 689-6321**.



Join Now at <https://midatlanticmda.org/mmda-membership-form/>