

# Support Group Mentor

## Volunteer Position Description

Support Group Mentors provide mentoring and training support for facilitators of early stage or caregiver groups.

- Key Activities:**
- Collaborate with Association staff to provide hands-on assistance where needed to improve the quality and participation in Alzheimer's Association support groups.
  - Provide co-training, ongoing consultation, mentoring support and assistance and evaluate successes, challenges and needs of the group.
  - Provide annual quality assurance visits and review evaluation data with Facilitators to improve the constituent experience.
  - Consult with support group leaders and staff to devise a plan to grow participation and expand the reach of support groups.
  - Serve as a substitute for short-term facilitator absences or co-facilitator for virtual support groups during which time the Mentor assumes the temporary role of Facilitator.

- Qualifications:**
- Long-term success facilitating and leading support groups with strong listening and effective facilitation and communication skills.
  - Demonstrated ability to lead a team of volunteers to high performance.
  - Demonstrated technology skills and comfort delivering groups or visiting facilitators via virtual platforms.
  - Ability to promote local groups through in person, print and electronic methods.
  - Passionate about the Alzheimer's Association mission with personal or professional experience with dementia preferred.
  - Must be age 21 to apply. Background checks are required.

- Commitment Expected:**
- Support Group Mentors commit to a 1-year term supporting up to 10 Facilitators.
  - All program volunteers participate in initial training and ongoing education and must comply with Alzheimer's Association volunteer policies and procedures.
  - Terms are renewable upon successful completion of annual goal-setting conversation with your staff partner.

- Benefits to the Volunteer:**
- Perfect your volunteer engagement, quality assurance and people management skills.
  - Increase your knowledge of Alzheimer's disease and other dementias.
  - Be recognized as a leader and resource for Alzheimer's disease and dementia.
  - Join a network of other volunteers, staff and community leaders to help create a world without Alzheimer's and all other dementia.

The Alzheimer's Association will provide training, information and electronic or printed materials to assist in your efforts. Orientation includes several hours of online learning, self-study and shadowing or mentoring by local Alzheimer's Association staff and volunteers.

To apply to become a Support Group Mentor, visit [volunteer.alz.org](http://volunteer.alz.org).

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