



AIAA Mentor Match: Goal Tracker

Use this form to make a plan and set expectations for your new mentoring relationship.

Mentor Name:

Mentee Name:

Mentorship Start Date:

Mentorship End Date (tentative):

Life happens. You may not always be able to stick to your schedule, but after discussing, what frequency of communication have you agreed upon?

Communication Frequency & Method:

Why did you enroll in the AIAA Mentor Match program? To get the most out of this program, set at least one specific, achievable goal each. Refer back to this form frequently throughout your relationship to make sure you are on-track towards achieving your goals.

Mentor Goal Statement:

Mentee Goal Statement:

Each month, estimate how many hours you spent communicating with each other.

Log Your Meetings:

JAN	FEB	MAR	APR	MAY	JUN
JUL	AUG	SEP	OCT	NOV	DEC