



Is the Grass Greener?

Career Reflection & Transition Toolkit

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1. Take Inventory of Your Transferable Skills

Identify the skills you use regularly and/or enter others not listed.

Accommodation expertise

Change management

Accessibility strategy

Vendor/client management

ADA/504 knowledge

Writing and documentation

Training and presentations

Data analysis and reporting

Project management

Leadership and supervision

Relationship building

Data management knowledge

Conflict resolution

Legal knowledge

My Top Three Professional Strengths

- _____
- _____
- _____

2. Reflect on Your Current Career Satisfaction

Rate each area from 1 (low) to 5 (high):

Area	Rating
Meaning and purpose	____
Work-life balance	____
Compensation	____
Professional growth	____
Flexibility	____
Organizational culture	____
Leadership opportunities	____

What gives me energy at work? _____

What drains my energy? _____

3. Consider the Possibilities

What attracts me to consulting? _____

What attracts me to higher education? _____

What assumptions am I making about either career path?

4. Questions to Ask Before Making a Career Change

- What problem am I trying to solve?
- Am I running toward something or away from something?
- Which skills do I want to use more often?
- What am I willing to trade off?
- What kind of impact do I want to have?
- What would success look like one year from now?

5. My Next Steps

Choose one action you can take in the next 30 days:

- Reflect and complete a skills inventory
- Decide if an LLC is right for you, finances
- Revise resume/CV
- Create your brand (website/email) and update LinkedIn/Indeed/any sites
- Network
- Connect with someone in consulting
- Learn more about federal contracting
- Explore accessibility consulting opportunities
- Other: _____

Final Thought

The grass is not always greener on the other side. Sometimes it is worth exploring. As Mary Oliver said in her Poem "**The Summer's Day**":

**Tell me, what is it you plan to do
with your one wild and precious life?**

