The Future of Coaching
In Disability Resources

Presenters

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JST Coaching and Training

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We ask you to join us in creating a culture that reflects…

Access and Inclusion

and

Civility and Respect

…this week and in all aspects of our organization.
Coaching in Disability Resources: From Transactional to Transformational

Monograph Preview

Expected publication: Fall 2022
Our Goals for the Monograph

• How using a coaching model shifts student interactions from Transactional to Transformational
• Why DR providers are poised for coaching
• How DR providers can shift to a transformational model
• How the coaching process can create opportunities for students and institutions
• The importance of coaching as an equity approach
• Current research and the future of coaching in disability resources
Chapter 1: Introduction

“Coaching builds awareness around a student’s behaviors, beliefs, and ways of being— all essential components to feeling empowered as they navigate an academic environment where barriers exist.”

- Jodi Sleeper-Triplett and Christina Fabrey
Chapter 2: Student Success Coaching

• What is Student Success Coaching?
• The Coaching Process
• Useful Coaching Tools and Strategies
• Transactional to Transformational Approach
Learn more…

Core Coaching Skills:
• Cultivating Trust and Safety
• Supporting a Student-Centered Agenda
• Using Active Listening Skills
• Asking Powerful Questions
• Creating Accountability
Chapter 3: Welcome to College

- Understanding our incoming students
- How young people with disabilities respond to working with coaches
- Coaching readiness
- Supporting families
- Recommendations for coaching incoming students
Learn more…

Strategies to Encourage Students to Work with Us

• Learn more about students’ past educational experiences.
• Focus on the student’s agenda rather than your own.
• Ask brief, open-ended questions to which you do not have an answer.
• Trust students to have the ability to generate strategies to meet their own goals.
• Encourage students to clarify the result they want to achieve.
Chapter 4: Coaching as an Equity Approach

• How Coaching uses an Equity Approach
• Equity Mindset Process Development
• The Effects of Bias on Coaching
• Equity Perspective Development for Coaches
Learn more...

_Sample Synthesis Questions:_

How might students benefit from interacting with coaches who are intentional about exposure to people from diverse populations?

How might an understanding of the values, norms, historical experiences, challenges, and frustrations help cultivate trust and safety in coaching relationships?
Chapter 5: Coaching Case Studies

- Gallaudet University
- Pima Community College
- Syracuse University
- University of Kentucky
- Vassar College
Learn more…

Gallaudet University - The first higher education team of ICF-certified Deaf coaches serving students through creating a sense of belonging and increasing student confidence.
Chapter 6: Validating College Coaching Through Research

- Research overviews:
  - Life coaching
  - ADHD coaching
  - Student coaching
Learn more…

“Disability Resources (DR) professionals can continue to play creative and critical roles in the creation, implementation and application of coaching research.”

- Dr. David Parker
What’s Next: Training and Credentialing

• The value of coach training
• A coach approach versus becoming a certified coach
• Training and credentialing
• Coach training programs
• The coaching mindset: other learning opportunities in coaching
Learn more...

<table>
<thead>
<tr>
<th>A Coach Approach to Disability Resources</th>
<th>A Certified Coach in Disability Resources</th>
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<tbody>
<tr>
<td>Uses coaching skills in everyday conversations with students</td>
<td>Uses coaching skills in everyday conversation and also understands coaching at a deeper level through gained knowledge and experience</td>
</tr>
<tr>
<td>Uses coaching skills within an institutional coaching program or apply a coaching approach with students to curriculum topics such as time management</td>
<td>Has engaged in extensive coach training hours, experience, client coaching, mentoring, and/or coach knowledge examination</td>
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<tr>
<td>Has some coach training (conference presentations, webinars, reading, limited training hours, etc.)</td>
<td>Has received a certification through a coach credentialing body and abides by a standard of practice and code of ethics</td>
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Looking Towards the Future

• How coaching can transform
  • students
  • providers
  • institutions
Session Evaluation

Please point your phone at this QR code, or go to:
tinyurl.com/AHEADeval

Your feedback helps shape future programming.
Thank you for attending!
Thank You for Attending!

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