
AHEAD Virtual Conference Session 4.2: Building Strong Relationships in a Virtual World

Resources:

Books

Brown, Brene. *Rising Strong: How the Ability to Reset Transforms the Way We Live, Love, Parent and Lead*. 2017.

Field, Sharon and David Parker (Eds.) *Becoming Self-Determined: Creating Thoughtful Learners in a Standard-Driven, Admissions-Frenzied Culture*. Association for Higher Education and Disability. 2016.

Fredrickson, Barbara. *Love 2.0 Finding Happiness and Health in Moments of Connection*. 2013

Sleeper-Triplett, Jodi. *Empowering Youth With ADHD: Your Guide to Coaching Adolescents and Young Adults for Coaches, Parents and Professionals*. 2010.

Kimsey-House et al. *Co-Active Coaching (4th edition): The Proven Framework for Transformative Conversations at Work and in Life*. 2018

Websites

- ADDitude Magazine: www.additudemag.com
- Be Self-Determined: www.beselfdetermined.com
- Children and Adults with ADHD: www.chadd.org
- International Coach Federation: www.coachfederation.org
- College Parents: <https://collegeparents.org/>
- JST Coaching & Training: www.jstcoaching.com
- Understood: www.understood.org