

**AHEAD in Virginia
Fall Virtual Conference
Thursday & Friday, November 4 & 5, 2021**

Conference Program

Thursday, November 4

1:00 – 2:30 p.m. **Keynote Presentation – *Mindfulness (What to do when dealing with people in distress)***

Presenter: Allana Taylor, Director of Student Counseling
Marymount University

2:30 – 3:00 p.m. **Comfort Break**

3:00 – 4:30 p.m. **Panel Discussion – *Making the Most of External Resources***

- Division of Rehabilitative Services
- Department for the Blind and Vision Impaired
- Regional Libraries

Friday, November 5

9:30 – 10:15 a.m. **Quick Talks – *15-Minute Peer Presentations***

10:15 – 10:45 a.m. **Comfort Break**

10:45 a.m. – 12:15 p.m. **Legal Updates and Q & A –**

Presenter: Sebastian Amar, J.D.
U.S. Dept. of Education
Office for Civil Rights