



## Poster Presentation Information

The following information will help you prepare your research results so that you and your colleagues get the maximum benefit from your poster presentation.

### Guidelines

#### What is a Poster Presentation?

A poster is a visual presentation of your research or clinical project. Presenters should use schematic diagrams, graphs, tables and other strategies to direct the visual attention of the viewer, rather than explaining it using text as you would in a journal article.

A poster addresses one central question. State the question or hypothesis clearly in the poster and use your presentation to provide a clear and explicit take-home message.

#### What will you need?

You will be provided a space, approximately 100 cm high x 200 cm wide (39 inches high x 78 inches wide). Prepare your poster so that it takes at least half of this space, but does not exceed the area. If you plan to provide a handout of your poster, be sure that it includes your full contact information including an email address and any web link that can be accessed for a copy. This information gives your colleagues access to your important ideas after the conference.

Thumbtacks will be provided to affix your poster to your assigned space.

**Please note:** Due to fire regulations, we will be unable to place any tables or chairs in front of the poster boards. For the same reason, electrical hook-ups will not be allowed.

### Schedule

All presenters are required to stand by their poster(s) to explain and discuss it with other attendees at their assigned time(s).

#### Poster Session I (June 8)

7:00 am – 8:00 am	Poster Session I <b>Set-Up</b>
8:00 am – 7:15 pm	Poster Session I Viewing (presenters need not be present)
<b>5:45 pm – 7:15 pm</b>	<b>Poster Session I Presentations (attendance is required)</b>
7:15 pm – 7:45 pm	Poster Session I <b>Dismantle</b> (all posters must be removed)

#### Poster Session II (June 9)

7:00 am – 8:00 am	Poster Session II <b>Set-Up</b>
8:00 am – 7:15 pm	Poster Session II Viewing (presenters need not be present)
<b>12:45 pm – 2:00 pm</b>	<b>Poster Session II Presentations/Lunch (attendance is required)</b>
7:15 pm – 7:45 pm	Poster Session II <b>Dismantle</b> (all posters must be removed)

Presenters are responsible for dismantling posters. Posters left behind at the close of the dismantling period will be disposed of and are not the responsibility of AED.

## Recommended Format

Poster Boards are 100 cm high x 200 cm wide (39 inches high x 78 inches wide). You do NOT need to make your poster fit the entire poster board; it is best to aim to cover at least half of the board but it is your decision what size to make your poster.

- Make it clear what needs to be read in what order (headers and a structured layout help).
- Use bullet points to simplify sections like the introduction and conclusions.
- Use a font for your title and header that can be read from several feet away.
- Use large type, such as

- **36-point** type for section headings, and

- **24-point** type for text.

- Never use type smaller than **18 point** for any reason.

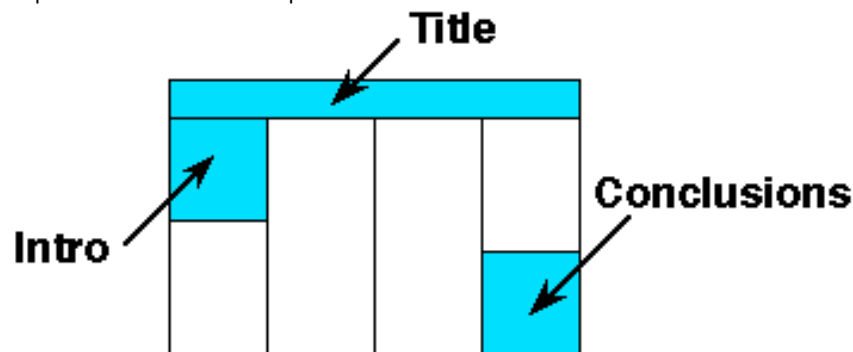
- Make effective use of underlines and **boldface**.
- Use illustrations as appropriate to avoid it being too text heavy.
- Use graphs and figures whenever possible.
- Make your poster visually pleasing and attractive.
- Programs like Microsoft PowerPoint can be helpful in creating your poster.

**Remember that the best way to communicate your findings is to make the poster one that can be easily read.**

## Other Suggestions

### Title and Author

The title of your poster presentation and your name should be printed in very LARGE type font so that viewers may easily see the subject matter and author from a distance (at least 1" lettering, or 36 point font). The title, author's name and affiliation are usually placed at the top and in the center of the poster board.



### Content

Posters usually have a similar structure to a research paper or journal article: an abstract, introduction (i.e., brief rationale or review of relevant research), method section, results section, and a conclusion or summary. You may also want to list key references. If your poster is more clinically-oriented, you may elect to use a different format, but breaking things down into clear sections with headings will help your colleagues understand your poster easily and quickly.

In the busy and crowded environment of a poster session, most people do not have the ability to read and process long sections of text. Therefore, keep text to the bare essentials and stick to the most important ideas. You can convey details via discussion when you are standing by your poster.

## Have Questions?

If you have any questions about your poster presentation, please contact AED Deputy Executive Director, Dawn Gannon at [dgannon@aedweb.org](mailto:dgannon@aedweb.org).

Thank you for presenting at the 2017 International Conference on Eating Disorders (ICED)!