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Moving Forward Through Transdisciplinary Solutions

BOSTON
UNIVERSITY

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Continuing Medical Education

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Medicine and the Academy for Eating Disorders

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AED ACADEMY FOR
EATING DISORDERS

Conference Program

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2009 Exhibitor and Supporter Donations

We thank our exhibitors and supporters who have donated all or part of their 2009 fees to help the AED grow stronger. These organizations are a vital part of our community, and their generosity is greatly appreciated:

Alexian Brothers Behavioral Health Hospital
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McLean Hospital
Oliver-Pyatt Centers
Park Nicollet Melrose Institute
Pine Grove Behavioral Health
Puente de Vida
Remuda Ranch
Rogers Memorial Hospital
Rosewood Ranch
The Renfrew Center
Timberline Knolls
UCSD Eating Disorders Treatment & Research Program
Wiley-Blackwell



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Conference Proceedings

See the 2010 ICED Conference Proceedings, included with your registration packet, to view the full text of abstracts presented at the meeting.

President's Welcome

Dear Colleagues,

Herzlich Willkommen and Warm Greetings!

It is a great pleasure to welcome you all to the 2010 International Conference on Eating Disorders, "Moving Forward Through Transdisciplinary Solutions." It is all the more special to meet this year in magical Salzburg after the disappointment of not being able to hold our conference in 2009. The wonderful opportunities our conference provides for exchanging ideas and meeting old and new friends and colleagues will be savored all the more. It is also very special to be meeting in Salzburg, in the heart of Europe, where there has been so much support for research and professional development in eating disorders over the years, and where AED has many members.

The Salzburg Conference Scientific Program Committee has provided us with a feast of presentations. I thank all the committee for their extraordinarily hard work over the last two years but I wish to particularly recognize the conference co-chairs, Anna Keski-Rahkonen and T.J. Raney, who have brought such creative leadership to the committee. In addition, I very much appreciate the contributions of sponsors and donors who have made possible our conference scholarship schemes and a wide range of conference activities.

Our conference will commence with a keynote address from one of our most respected members, Professor Kelly Vitousek, "Coming together without losing our way: Pros and cons of consensus in the eating disorder field." Kelly has been one of the most original thinkers in our field, focusing on ways to enhance clinical outcomes, and I have no doubt her thoughts will stimulate new ways of thinking.

In the plenary sessions the most recent knowledge in a wide range of aspects of eating disorders will be presented along with input from experts outside the immediate field who will inject new and challenging ideas. The plenary topics are: "The Stigmatization of Eating Disorders," "Biological Determinants and Developmental Consequences of Eating Disorders in Women across the Lifespan," "Current and Future Perspectives on Treatment," and "Prevention and Treatment of Eating Disorders: Economic Perspectives." In addition, parallel sessions will include presentations of the latest research and workshops that extend clinical skills.

Although the presentations are vital to our conference, the opportunity to discuss ideas with colleagues in person is one of its most critical functions. With this in mind, times have been scheduled for Special Interest Group meetings and panels and for the AED 2010 Global Think Tank in which ways to further bridge the research-practice gap will be discussed. A particularly exciting occasion is the first meeting of members of AED Sister and Chapter Organizations at which four new Sister Organizations will be welcomed to AED. The international flavor of these meetings demonstrates that AED has certainly become an organization that actively supports professionals in our field around the world.

Although our conference is the central focus of our year, AED committees work tirelessly throughout the year. I am constantly amazed by the time, energy and talent that committee members voluntarily give to furthering AED's activities. Now that I have an overview of all AED activities, I have a deep appreciation of its complexity and of the very large number of committed individuals that devote their time to AED to the ultimate benefit of patients and carers. Coordinating the activities of these committees are members of AED's dedicated board of directors: Judy Banker, Debbie Katzman, Anne Becker, Dasha Nicholls, Debbie Franko, Pam Keel, Steffi Bauer, Becca Ringham, Diann Ackard and Glenn Waller. And holding everything together is our dedicated AED Staff team, led by Debbie Trueblood. I'd like to take this opportunity to thank you all.

Welcome to you all!

Susan J. Paxton, PhD, FAED
President
Academy for Eating Disorders



Visit www.aedweb.org for more information about AED

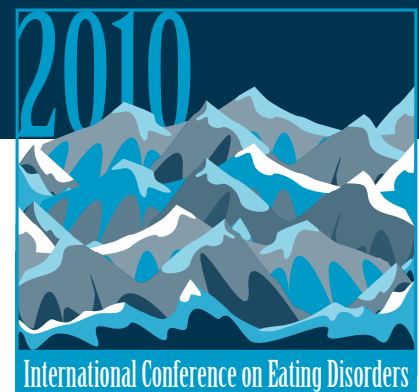
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International Conference on Eating Disorders

About the Academy for Eating Disorders

The Academy for Eating Disorders is an international, transdisciplinary, non-profit membership organization for professionals and advocates engaged in research, treatment and prevention of eating disorders. The Academy is home to more than 1,300 members. Approximately 25 percent of these professionals reside outside of the United States.

AED provides members and the field at large with a variety of services, resources and educational programs, including the invaluable support of a community of dedicated colleagues.

Since the organization was founded in 1994, the International Conference on Eating Disorders (ICED) has been AED's flagship activity and the highlight of the AED year. The ICED is the primary gathering place for professionals and advocates engaged in research, treatment and prevention of eating disorders. Each year, ICED attendees, faculty, supporters and exhibitors create a unique, inspiring and intensive environment for education, training, collaboration and dialogue.

Eating disorders are characterized by a persistent pattern of aberrant eating. These patterns of eating behavior are associated with significant emotional, physical and relational distress.

Specific Goals of the Academy for Eating Disorders

- Promote the effective treatment and care of patients with eating disorders and associated disorders
- Develop and advance initiatives for the prevention of eating disorders
- Disseminate knowledge regarding eating disorders to members of the Academy, other professionals and the general public
- Stimulate and support research in the field
- Promote multidisciplinary expertise within the Academy's membership
- Advocate for the field on behalf of patients, the public and eating disorder professionals
- Assist in the development of guidelines for training, practice and professional conduct within the field
- Identify and reward outstanding achievement and service in the field

2009-2010 Board of Directors

Susan Paxton, PhD, FAED, *President*
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Glenn Waller, DPhil, FAED

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Glenn Waller, DPhil, FAED, *Chair*
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Jennifer Derenne, MD

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Carolyn Becker, PhD, FAED
Dana Rofey, PhD, *Co-Chair*
Wayne Bowers, PhD, ABPP, FAED
Isabel Krug, MPH
Anthea Fursland, PhD
Carole Signore, MS, LMFT, FAED

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James Lock, MD, FAED
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Michael Levine, PhD, FAED

AED Headquarters Staff

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Annie Cox, *Administrative Director*
Buffy Finn, *Administrator*
Robin Lewis, *Administrator*
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Andrew Massengill, *Accountant*
Jill Hronek, *Communications Director*
Matthew Lesh, *Communications Manager*
Jacob Livsey, *Order Processing*

2010 & 2009 Awards

AED Lifetime Achievement Award

2010 Bob Palmer, FRCPsych, FAED

AED Leadership Award for Clinical, Administrative or Educational Service

2010 Howard Steiger, PhD, FAED

2009 Ulrike Schmidt, MD, PhD, FAED

AED Meehan-Hartley Award for Public Service and Advocacy

2010 Mary Tantillo, PhD, FAED

AED Leadership Award for Research

2010 Dianne Neumark-Sztainer, PhD, MPH, RD, FAED

2009 Steve Wonderlich, PhD, FAED

AED Outstanding Clinician Award

2009 Ivan Eisler, PhD

AED Research-Practice Partnership Award

2009 Tri Delta International Fraternity and Carolyn Becker, PhD, FAED

AED Leadership Award for Corporate Service

2009 Bos, International & Claude Carrier

Past Awards and Honors

Lifetime Achievement

1995 Albert Stunkard, MD

1996 Arthur Crisp, MD

1996 Gerald Russell, MD

1998 Katherine Halmi, MD

2000 Paul Garfinkel, MD

2004 Peter Beumont, MD

2007 Francesca Brambilla, MD

Meehan / Hartley Award

1994 Vivian Meehan, RN, DSc

1996 Pat Howe Tilton

2000 Patricia Hartley, PhD

2002 Patricia Santucci, MD, FAED

2003 Craig Johnson, PhD

2004 Hispano Latino American Special Interest Group

2005 David Herzog, MD

2006 Michael Levine, PhD, FAED

2007 Claire Vickery and Kathryn Westin, MA, LP

2008 Susan Ringwood, BA

Leadership Award for Clinical, Administrative or Educational Service

1998 Arnold Andersen, MD, FAED

2000 Pauline Powers, MD, FAED

2003 Marsha D. Marcus, PhD, FAED

2005 Robert Palmer, FRCPsych, FAED

2006 Michael Strober, PhD, FAED

2007 Patricia Fallon, PhD, FAED

2008 Roberta Sherman, PhD, FAED and Ron Thompson, PhD, FAED

Leadership Award for Research

1995 James Mitchell, MD, FAED

1998 Walter Kaye, MD, FAED

2000 W. Stewart Agras, MD

2002 Christopher Fairburn, DM

2003 B. Timothy Walsh, MD, FAED

2004 Janet Treasure, FRCPsych

2005 Ruth Striegel-Moore, PhD, FAED

2006 Cynthia Bulik, PhD, FAED

2007 Manfred Fichter, MD

2008 G. Terrance Wilson, PhD

Outstanding Clinician Award

2008 Susan Willard, LCSW, FAED

Distinguished Service

1998 Amy Baker Dennis, PhD, FAED

2002 Joel Yager, MD, FAED

Public Service

1995 Susan Blumenthal, MD

2000 S. Kenneth Schonberg, MD

AED Leadership Award for Corporate Service

2008 Unilever

Fellows Class of 2010 & 2009

Congratulations to the AED fellows class of 2010 & 2009. These members will be inducted as fellows during the annual business meeting and awards ceremony on Saturday, June 12, 2010.

2010

Bryn Austin, ScD

Anna Bardone-Cone, PhD

Jillian Croll, PhD, RD

Christopher Fairburn, MD

Joann Hendelman, PhD, RN, BSN

John Hubert Lacey, MD

Sloane Madden, MD, FRANZCP

Dasha Nicholls, MBBS, MD

Tomas Silber, MD, MASS

2009

Ursula Bailer, MD, FAED

Anne E. Becker, MD, PhD, FAED

Jacqueline C. Carter, PhD, FAED

Ross D. Crosby, PhD, FAED

Leslie J. Heinberg, PhD, FAED

Joel Jahraus, MD, FAED

Richard E. Kreipe, MD, FAED

Wendy Oliver-Pyatt, MD, FAED

Robert Palmer, FRCPsych, FAED

Susan Paxton, PhD, FAED

Mary R. Rouse, MD, FAED

Janet Treasure, FRCPsych, FAED



NIMH Student / Early Career Investigator Travel Fellowship Recipients of 2010 & 2009

Thanks to a grant from the National Institute of Mental Health and the National Institute of Child Health and Human Development (awarded to Ruth Striegel-Moore, PhD, FAED, and Cynthia Bulik, PhD, FAED), and funds raised by the Academy, the Academy awards the Early Career Investigator Travel Fellowships. Eligible recipients are United States citizens or residents who are in training (NIMH funding) or AED members worldwide who currently are in training or less than three years out of training (AED). Additionally, eligibility requires evidence of academic excellence. These awards support attendance at the AED/EDRS Teaching Day and the AED 2010 International Conference.

2010 NIMH Student / Early Career Investigator Fellowship recipients are:

Peter Doyle, PhD – USA
Camden Elliott, BA – USA
Kamisha Escoto, PhD – USA
Ellen Fitzsimmons, PhD – USA
Teresa Granillo, MSW – USA
Elizabeth Hoffman, BA – USA
Andrea Kass, BA – USA
Lisa Ranzenhofer, MA – USA
Lauren Richards, MA – USA
D. Catherine Walker, MA – USA

2009 NIMH Student / Early Career Investigator Fellowship recipients are:

Rachel Calogero, PhD – UK
Kim Cellone, MA – USA
Troy Ertelt, MA – USA
Janna Fikkan, PhD – USA
Rebecca Greif, PsyD – USA
Megan Jones, MS – USA
Andrea Kass, BA – USA
Danyale McCurdy, MA – USA
Emily Pisetsky, BA – USA
Cristin Runfolo, BA – USA
Christina Tortolani, MA – USA
Sara Trace, MS – USA

AED Thanks the 2010 & 2009 NIMH Travel Fellowship Council:

Cynthia Bulik, PhD, FAED
Steffi Bauer, PhD
Anne Becker, MD, PhD, FAED
Ross Crosby, PhD
Debbie Franko, PhD, FAED
Mae Lynn Reyes, PhD
Ruth Striegel-Moore, PhD, FAED

AED Student / Early Career Investigator Travel Fellowship Recipients of 2010 & 2009

AED is able to offer four additional Student/Early Career Investigator Travel Fellowships this year. Eligible recipients are AED members, current trainees or less than three years post-training. These awards support attendance at the AED/EDRS Teaching Day and the AED 2010 International Conference.

The 2010 AED Student / Early Career Investigator Travel Fellowship recipients are:

Krista Brown, MA – USA
Stefan Ehrlich, MD – USA
Patricia Groleau, BA – Canada
Abbie Pringle, MSc – UK

The 2009 AED Student / Early Career Investigator Travel Fellowship recipients are:

Karina Franco, PhD – Mexico
Marie-Pierre Gagnon-Girouard, BS – Canada
Daniel Munoz, PhD – USA
Jodie Richardson, BSc – Canada

The 2010 ANZAED Student / Early Career Investigator Travel Fellowship recipients is:

Laura Hart, BS, BSc – Australia

The 2009 ANZAED Student / Early Career Investigator Travel Fellowship recipients is:

Hunna Watson, PhD, MPsyCh(Clinical) – Australia

AED Clinician Scholarship Recipients of 2010 & 2009

AED is pleased to provide scholarships to support conference attendance to AED members who are clinical scholars from around the world.

The 2010 Clinician Scholarship recipients are:

Cheryl Aubie, PhD – Canada
Maria Tatiana Estefan, MD – Argentina
Oltea-Daniela Joja, PhD – Romania
Kortney Parman, BS – USA

The 2009 Clinician Scholarship Recipients are:

Sigurm Danielsdottir, Cand. Psychology - Iceland
Carolina Andrea Lopez, PhD - Chile
Christina Papanestro, LCSW – USA
Kristine Tippen, PhD – USA

AED Patient Carer Scholarship of 2010

Thanks to Donna and Randy Friedman for their generous contribution to the AED. Their recent donation, in honor of AED Past President Judith Banker, MA, LLP, FAED, will provide support to fund two patient/carer scholarships for the 2010 International Conference on Eating Disorders in Salzburg, Austria. These one-time-only scholarships will provide an opportunity for the valuable face-to-face exchange of ideas and information among researchers, clinicians and patient/carers. The exchange of new ideas with multiple voices fits well with the AED mission to be the premier organization in the research, prevention, and treatment of eating disorders through facilitating the development of multidisciplinary expertise.

The recipients of the Patient Carer Scholarship are:

June Alexander – Australia
Carrie Arnold, MA, MPH – USA

Annual Early Career Investigator Award for Best Paper Published in 2009 & 2008

This award is presented by *The International Journal of Eating Disorders* and Wiley InterScience to the best paper by a young investigator published in the journal each year. Candidates must not be more than five years post-advanced degree, or five years post-residency or fellowship training.

The recipient for the 2009 Publication year is:

Jocilyn Dellava, PhD

The recipient for the 2008 Publication year is:

Kristin N. Jarvaras, DPhil

2005 Marian Tanofsky-Kraff, PhD

2006 Gabrielle Van Son, MA

2007 Jessica Baker, MS

AED Student Research Grant of 2010 & 2009

This award is to support innovative and cutting-edge research conducted by student members of AED.

The 2010 Research Grant recipients are:

Kelsie Teresa Forbush, MA – USA

Katie Bannon Taylor, MS – USA

The 2009 Research Grant recipients are:

Kristen M. Culbert, MA – USA

Jocilyn Dellava, PhD – USA

AED TJ's Fund for Eating Disorder Research Grant of 2010

TJ's Fund is named in honor of Thomas Lee Warschefsky. TJ's family developed TJ's Fund to promote a search for a cure through biological research related to the cause and/or treatment of eating disorders. TJ's Fund is dedicated to making discoveries in the biological bases and treatment of eating disorders and improving the lives of its sufferers.

The recipient of the 2010 TJ's Fund for Eating Disorder Research Grant is:

Tracey Wade, PhD, FAED – Australia

Continuing Education Credit

Meeting Objectives

As a result of this meeting, participants will be able to:

- Explain the impact of stigma on patients with mental illness in general, and more specifically, identify the role of stigma in eating disorders, overweight, and obesity. Based on successful interventions in depression and other mental illnesses, participants will have a clearer understanding of how to address stigma with patients and families.
- Identify key features in treating underweight, normal weight and overweight patients with eating disorders, detail the current research on treatments of patients in different weight bands, and understand likely future trends in treatment of eating disorders.
- Explain how biological determinants and effects of eating disorders manifest across the lifespan using a developmental perspective, and identify possible practice and intervention points.

- Outline in broad terms how economic analyses are used in health research to inform public health agenda setting, describe how economic analyses have been applied to evaluate eating disorders prevention and treatment programs, and identify approaches advocates and careers can use to effect policy change.

Physicians

Continuing Medical Education Accreditation

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of Boston University, Office of Continuing Medical Education and the Academy for Eating Disorders. The Boston University, Office of Continuing Medical Education is accredited by the ACCME to provide continuing medical education for physicians.

Credit Designation

The Boston University, Office of Continuing Medical Education designates this educational activity for a maximum of 21.50 A/A PRA Category 1 Credit(s)TM. Physicians should only claim credit commensurate with the extent of their participation in the activity.

This activity has been reviewed and is acceptable for up to 22 Elective credit(s) by the American Academy of Family Physicians.

Course Director

Andrea Kronman, MD, Boston University, Boston, MA

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Non-Physicians

The conference is co-sponsored by the Academy for Eating Disorders and The Institute for Continuing Education. Continuing education is offered as listed on the following page. The Conference offers 21.50 contact hours, with total hours subject to change. Credit is awarded on a session-by session basis, with full attendance required at the sessions attended. Application forms will be available on site. If you have questions regarding continuing education, or for a listing of learning objectives, please contact The Institute at: +1-800-557-1950; FAX: +1-866-990-1960.



Psychology: The Institute for Continuing Education is an organization approved by the American Psychological Association (APA) to sponsor continuing education for psychologists. The Institute for Continuing Education maintains responsibility for this program and its content.

Counseling: The Institute for Continuing Education is an NBCC approved continuing education provider and a co-sponsor of this event. The Institute for Continuing Education may award NBCC approved clock hours for programs that meet NBCC requirements. The Institute for Continuing Education maintains responsibility for the content of this program. NBCC Provider No. 5643.

Social Work: The Institute for Continuing Education is approved as a provider for social work continuing education by the Association of Social Work Boards (ASWB), through the Approved Continuing Education (ACE) program. The Institute for Continuing Education maintains responsibility for the program, ASWB Provider No. 1007. Licensed social workers should contact their individual state jurisdiction to review current continuing education requirements for license renewal.

- California Board of Behavioral Sciences Provider No. PCE 636
- Illinois Dept. of Professional Regulation Provider No. 159-000606
- Ohio Counselor and Social Work Provider No. RCS 030001
- Florida Dept. Health, Div. SW, MFT, Counseling Provider BAP 255, expiration 03/2011

Marriage-Family Therapy: The Institute for Continuing Education is recognized as a provider of continuing education by the California Board of Behavioral Sciences, Provider PCE 636.

Drug-Alcohol: The Institute for Continuing Education is approved by the National Association of Alcohol and Drug Abuse Counselors (NAADAC) to provide continuing education for alcohol and drug abuse counselors, NAADAC Provider No. 00243.

Nursing: The Institute for Continuing Education is an approved provider of continuing education in nursing by the California Board of Nursing, Provider CEP 12646. Nurses are responsible for contacting their state board to determine if credit issued through an approved provider of the CA Board of Nursing is accepted by their state board.

CE Disclaimer: It is the responsibility of the attendee to check with their state licensing/certification board to determine if continuing education credit offered by The Institute for Continuing Education will meet their state's regulations.

Additional Accreditations

These additional accreditations may also be available, although they do not fall under the umbrella of credits offered by The Institute for Continuing Education.

Dietitians: This program has been approved by the Commission on Dietetic Registration for 21.50 CPEUs.

Continuing Education Registration and Requirements

A certificate fee of \$30 for members and \$45 for nonmembers is required. Check the appropriate box on the registration form. You also may pay on site. However, you may not register for credits after June 25, 2010. Credit is awarded on a session-by-session basis, with full attendance required at each session. One certificate will be issued for all activities attended.

IMPORTANT! To receive continuing education credit, attendees must:

- Pay the fee (\$30 members/\$45 nonmembers)
- Sign in and sign out at designated locations
- Complete and return the continuing education evaluation packet

Please Note:

- State licensing bureaus and/or professional associations have their own requirements for licensing, certification and/or recertification. Individuals should contact their state licensing bureaus or professional associations regarding the applicability of the continuing education for their own professional needs.
- Learning objectives and the presentation level for all educational sessions will be available on the AED Web site several months prior to the conference and with session evaluations.
- The following activities do not qualify for continuing education credits: poster sessions, committee meetings, Welcome and Conference Goals, SIG meetings, Student/Early Career Investigator Travel Fellowship Awards, Meet the Experts, World Summit Session, exhibits and any other non-scientific session.

AED Thanks Members for Donations to the Scholarship Campaign and General Fund

AED thanks members and friends who have made contributions to the Scholarship Campaign and the General Fund. The Scholarship Campaign provides funding to sponsor the research and clinician scholarships for the 2010 International Conference on Eating Disorders. The General Fund provides essential support to AED educational, research, clinical and outreach programs. Thank you to all who have so graciously contributed. Special thanks to the Friedmans, the Warschefsky family and participants of the Combined Federal Campaign Program.

Full Disclosure Policy Affecting CME Activities

As a provider accredited by the Accreditation Council for Continuing Medical Education (ACCME), it is the policy of the University of New Mexico School of Medicine to require the disclosure of the existence of any financial interest or any other relationship a faculty member, scientific program committee member or their families have with the manufacturer(s) of any commercial products or services discussed in an educational presentation. The 2010 ICED presenters and program committee members reported the following:

Karina Allen

Grant — Australian Rotary Health Research Fund Raine Medical Foundation

Anna Bardone-Cone

Grant — University of MS PRIME Grant and University of MS Research Council Grant

Carolyn Becker

Grant — National Institute of Health

Jennifer Beecham, PhD

Grant — NIHR and Department of Health, England; PP Health Care Foundation

Heather Bolton

Grant — University College London

Kenneth Bruce

Grant — Canadian Institutes for Health Research

Jacqueline Carter

Grant — Canadian Institutes for Health Research

Angelica Claudino

Grant — CAPES, Ministry of Education

Brittany Collins

Grant — The University of Georgia Research Foundation

Jocilyn Dellava

Student Research Award/AED, Grant — JED (CMB) and The Swedish Twin Registry

Barbara Dooley

Grant — St. John Of Gods, Stillorgan

Stefan Ehrlich

Grant — Charite Medical School and DFG scholarship

Daniel Fassnacht

Grant — European Commission

Fernando Fernandez-Aranda

Grant — Fondo de Investigación Sanitaria and AGAUR, European Commission, PlayMancer and ISCIII

Sarah Fischer

Grant — National Eating Disorder Association Young Investigators and University of GA

Ellen Fitzsimmons

Grant — University of MS PRIME and University of MS Research Council Grant.

Martine Flament

Grant — French Mutuelle Générale de l'Education and Institut National de la Santé

Ian Frampton

Grant — Helse Sør Øst

Rita Francisco

Fellowship — Foundation for Science and Technology

Guido Frank

Grant — Klarman Family Foundation Grants Program in Eating Disorders, NIMH

Alana Frost

Fellowships — Stanford University, The Endocrine Society Summer, Medical Student Research Program

Josie Geller

Grant — MSFHR

Patricia Groleau

Grant — Fonds de Recherche en Santé du Québec

Hayriye Güleş

Grant — European Commission, Marie Curie Research Training Network, INTACT Project

Jennifer Hagman

Grant — Janssen Pharmaceutical and the DPEF, University of Colorado Denver

Laura Hart

Scholarship — Ian Scott and Australian Rotary Health Butterfly Distinction Research

Olga Heath

Grant — Government of Newfoundland Labrador, Canada Eastern Health Regional Health Authority

Katherine Henderson

Grant — Provincial Centre of Excellence and U of Ottawa Medical Research Foundation

Elizabeth Hoffman

Grant — Clinical and Translational Science Award, National Institutes of Health

Josee Jarry

Grant — Social Sciences and Humanities Research Council of Canada

Jennifer Jordan

Grant — Health Research Council of New Zealand

Walter Kaye

Grant — Astra Zeneca, Consultant Denver Eating Disorder Center

Eva Kempes

Grant — Australian Research Council Discovery Project Scheme

Christine Knauss

Grant — Swiss National Science Foundation

Elisabeth Kohls

Grant — European Commission

Michele Laliberte

Royalties

Amy Lampard

Scholarship — Butterfly Foundation

Gemma López-Guimerà

Grant — Ministry of Science and Innovation

Sloane Madden

Grant — National Health and Medical Research Council Australia Project

Erin Moss

Grant — Killam Foundation Alberta Heritage Foundation, Canadian Psychological Association

Dianne Neumark-Sztainer

Grant — National Institute of Diabetes and Digestive and Kidney Diseases, National Institutes of Health

Sarah Jane Norwood

Grant — Provincial Centre of Excellence and U of Ottawa Medical Research Foundation

V. Kiely Oberlin

Grant — National Eating Disorder Association of Ireland

Wendy Oliver-Pyatt

Owner and Founder of Oliver-Pyatt Centers

Hana Papezova

Grant — VZ-0021620816 and IGA MZ R NS10045-45/2008

Rebecka Peebles

Grant — National Scientist Development Award from the American Heart Association

Niva Piran

Grant — Social Sciences and Humanities Research Council of Canada

Abbie Pringle

Grant — Medical Research Council

Jodie Richardson

Grant — Canadian Institutes for Health Research

Guillermina Rutzstein

Grant — Universidad de Buenos Aires

Dana Satir

Grant — National Institute of Health and American Psychoanalytic Association

Teresita Saucedo-Molina

Grant — Réseau de recherche interdisciplinaire sur la santé des francophones en situation minoritaire

Ulrike Schulze

Grant — Landesstiftung Baden-Württemberg

Kristin Stedal

Grant — Norwegian Health Authority and the Huntercombe Hospitals Group

Howard Steiger

Grant — Canadian Institutes for Health Research

Monika Stojek

Grant — University of Georgia Research Foundation

Ruth Striegel-Moore

Grant — NIMH / NIDDK

Martin Teufel

Grant — Federal Ministry of Education and Research

Heather Thompson-Brenner

Grant — National Institute of Health

Gillian Todd

Grant — Department of Health Research

Janet Treasure

Royalties

Eric van Furth

Grant — ZonMw

Anna Vannucci

Grant — Marie Curie Research Training Network, INTACT

Courtney Warren

Grant — National Eating Disorder Association Young Investigator Award

Beth Watkins

Grant — Health Foundation (formerly PPP)

Jolie Weingeroff

Grant — NIMH

Alina Wengard

Grant — Health South East

Lars Woeckel

Grant — Institut Danone Ernährung für Gesundheit

Stephen Wonderlich

Grant — NIMH, Otto Bremer Foundation, Dakota Medical Foundation

Stephan Zipfel

Grant — Federal Ministry of Research, Germany

Svetlana Zuchova

Grant — Marie Curie Research Training Network INTACT

It is understood that presentations must give a balanced view of therapeutic options. Faculty use of generic names will contribute to this impartiality. The speaker will make every effort to ensure that data regarding the company's products (or competing products) are objectively selected and presented, with balanced discussion of prevailing information on the product(s) and/or alternative treatments. The speaker must also make the audience aware of any "off-label" or investigational uses described for any medication discussed.

General Conference Information

Opening Reception and Closing Social Event

An opening welcome reception for all registrants will take place from 6:30 – 8:00 p.m. on Thursday, June 10 in the Exhibition Saal. The closing social event will take place from 7:30 – 11:00 p.m. on Saturday, June 12 in the Europa Saal. This is a ticketed event; tickets may be purchased at the Registration Desk. A dinner buffet will be served from 7:30 – 8:30 p.m. Business casual attire is appropriate for both events.

Additional Tickets

If you are interested in purchasing additional opening reception tickets or closing social event tickets, you may do so at the AED registration desk anytime during regular registration hours. Tickets are \$65 for the opening reception and \$30 for the closing social event.

Optional Box Lunches

AED will provide optional box lunches for the Special Interest Group meetings on Thursday and Friday, June 10 and 11 and for the Global Think Tank Session on Saturday, June 10. A \$15 US fee is required for each lunch. If you registered in advance, a ticket(s) is included in your registration packet. For those who are registering on site, tickets may be purchased at the AED registration desk during regular registration hours.

Prospective Member Breakfast

The Prospective Member Breakfast will take place from 8:00 – 9:00 a.m. on Friday, June 11 in the Papageno Saal at the Sheraton. This breakfast event is by invitation only.

AED Business Meeting

Plan to attend the AED Business Meeting. The meeting will take place from 3:45 – 4:30 p.m. on Saturday, June 12 in the Europa Saal. All attendees are encouraged to attend.

Committee Meeting Rooms

A committee meeting room, Salon Mozart at the Sheraton, is available for committee or small group meetings at designated times during the conference. Attendees can reserve meeting times by using the sign-up sheet outside the meeting room.

ICED Conference Recordings

Visit the sales desk in the registration area to purchase a CD and/or multimedia CD-ROM of the conference sessions from IntelliQuest Media. Discounts will be extended for on-site orders. You may contact them at +1-866-651-2586 or visit www.intelliquestmedia.com.

AED Bookseller

Wisepress Ltd. offers a large selection of eating disorders-related publications. Visit them at the sales desk in the exhibit area or contact them at susie.jolley@wisepress.com.

AED Registration Desk

The registration desk, located on the Ground Floor, will be open:
 Wednesday, June 9 11:00 a.m. – 5:00 p.m.
 Thursday, June 10 8:00 a.m. – 6:00 p.m.
 Friday, June 11 8:00 a.m. – 5:00 p.m.
 Saturday, June 12 8:00 a.m. – 3:00 p.m.

Speaker Ready Room

The Speaker Ready Room will be available daily in the Glass Room on the First Floor as follows:

Wednesday, June 9 11:00 a.m. – 5:00 p.m.
 Thursday, June 10 8:00 a.m. – 6:00 p.m.
 Friday, June 11 8:00 a.m. – 5:00 p.m.
 Saturday, June 12 8:00 a.m. – 4:30 p.m.

Exhibits

Vendor exhibits will be located in the Exhibition Saal. Exhibit hours are:

Thursday, June 10 8:00 a.m. – 8:00 p.m.
 Friday, June 11 8:00 a.m. – 4:30 p.m.
 Saturday, June 12 8:00 a.m. – Noon

Beverages will be available in the exhibit hall during the refreshment breaks each day. A directory of participating organizations is included in this program on pages 57–58.

Solicitations

Solicitations by unauthorized persons are strictly prohibited. Sales and promotional activities are restricted to exhibitors and must take place in their own exhibit booths.

Poster Session

Posters will be presented by authors during the AED International Conference and will be available for viewing throughout the meeting. Poster abstracts can be found in the 2010 ICED Conference Proceedings, distributed with your registration materials. The poster presentations are located in the Exhibition Saal.

Poster Session Schedule

Poster Session I:

Wednesday, June 9

3:00 – 5:00 p.m. Set-up

Thursday, June 10

8:00 a.m. – 8:00 p.m. Viewing

6:30 p.m. – 8:00 p.m. Presentations (presenters must attend)

Friday, June 11

8:00 – 9:00 a.m. Dismantle

Poster Session II:

Friday, June 11

11:00 – 11:30 a.m. Set-up

11:30 a.m. – 7:00 p.m. Viewing

6:00 – 7:00 p.m. Presentations (presenters must attend)

Saturday, June 12

8:00 a.m. – Noon Viewing

Noon – 3:00 p.m. Dismantle

Presenters are responsible for dismantling posters. Posters left behind at the close of the dismantling period will be disposed of and are not the responsibility of AED or the hotel.

Message Board

A message board is available in the registration area during the registration hours. Check the board frequently. There will be no paging during the conference. To contact the Message Center, call the Salzburg Congress at +53-998-848-9600 and ask to be transferred to the AED registration desk.

Meeting Evaluation

The ICED scientific program committee needs your input to enhance future AED meetings. You will receive an online meeting evaluation via e-mail shortly after the 2010 conference. AED greatly appreciates your input.

Special Needs

Notify AED staff members of any special needs by visiting the AED registration desk.

Questions

If you have questions regarding the program or registration, visit the AED registration desk.

Save the Date!

MIAMI, FLORIDA, USA

April 28 – 30, 2011

**2011 International Conference
on Eating Disorders**

**Clinical Teaching Day
April 27, 2011**

Meet the Experts Session

Friday, June 11, 6:30 – 8:00 p.m.

Papageno Saal at the Sheraton

Do you have specific questions that you would like to discuss with established experts in your field? Are you looking for consultation on clinical cases, practice issues or ethical dilemmas? Are you interested in developing or evaluating an intervention to treat or prevent eating disorders? Do you want advice on writing a grant application or publishing your work? The Meet the Experts session offers an opportunity for informal discussions on these topics. Attendance is limited, so sign up early. In order to attend this session, we ask that you sign up at the Meet the Experts table, located in the AED registration area, Ground Floor. Please sign up for this event by Friday at noon, or as long as space is available. Submit your questions for the experts. If you have a specific question to be addressed by experts, complete a "Meet the Experts Question Form" at the Meet the Experts table and deposit it in the basket on the table. Questions will be reviewed by the experts prior to Friday evening's session.

Experts and Topics (subject to last minute changes):

Carolyn Costin, MA, Med, MFT, FAED
Communicating with the Media

Eva María Trujillo, MD, FAED
Communicating with the Media

Eunice Chen, PhD*
Treatment of AN

Ulrike Schmidt, MD, PhD, FAED
Treatment of AN

Dasha Nicholls, MBBS, MD**
Treatment of BN among Adolescents

Daniel Le Grange, PhD, FAED
Treatment of BN among Adolescents

Debra Katzman, MD, FAED
Medical Complications

Richard Levine, MD, FAED
Medical Complications

Steve Wonderlich, PhD, FAED
DSM-V

Hans Hoek, MD, PhD, FAED
DSM-V

Walter Kaye, MD, FAED
Neuroscience and Genetics

Howard Steiger, PhD, FAED
Neuroscience and Genetics

Michael Strober, PhD, FAED
Getting Published

Pam Keel, PhD, FAED
Getting Published

Bryn Austin, ScD**
Prevention of Obesity and Eating Disorders

Dianne Neumark-Stzainer, PhD, MPH, RD, FAED
Prevention of Obesity and Eating Disorders

* Non-Fellow

** New Fellow 2010



Schedule-at-a-Glance

Events will be held at the Salzburg Congress unless otherwise noted

Floor key:

G = Ground Floor
1 = First Floor
2 = Second Floor
3 = Third Floor

Wednesday, June 9

9:00 a.m. – 6:00 p.m.	AED Board of Directors Meeting	Papageno Saal/The Sheraton - G
11:00 a.m. – 5:00 p.m.	Registration	G
2:00 – 6:00 p.m.	Clinical Teaching Day Workshops (separate registration fee required)	
	A. Collaborative Care: The New Maudsley Model	Paracelsus Saal/2
	B. Treatments of Obesity and Binge Eating Disorder: Psychotherapy, Behavioral Therapy, Psychopharmacology and Bariatric	Mozart Saal 1 & 2 /G
	C. Cognitive-behavioral Therapy for Eating Disorders: Core Skills to Help Your Patients Recover	Karajan Saal/1
	D. Medical Complications of Anorexia Nervosa and Bulimia and their Treatment	Wolf Dietrich Saal/1
	E. Multidisciplinary Team Working to Facilitate Treatment of Children and Adolescents with Eating Disorders and Their Families	Mozart Saal 4/G
	F. Everybody Has Won and All Must Have Prizes? How to Improve the Treatment of Eating Disorders? (Jeder hat gewonnen, und Alle sollen Preise haben? Wie kann man die Therapie von Essstörungen verbessern?)	Mozart Saal 3/G
	G. Media Training Workshop — Working Effectively with the Media	Mozart Saal 5/G
3:00 – 5:00 p.m.	Exhibitor Set-Up	Exhibition Saal/1
3:00 – 5:00 p.m.	Poster Session I Set-Up	Exhibition Saal/1

Thursday, June 10

8:00 a.m. – 6:00 p.m.	Registration	G
8:00 a.m. – 8:00 p.m.	Poster Viewing Session I / Exhibit Hall Open	Exhibition Saal/1
8:00 – 9:00 a.m.	Special Interest Group (SIG) Chairs Organizational Meeting	Papageno Saal/The Sheraton - G
8:00 – 9:00 a.m.	Coffee & Tea with Exhibitors	Exhibition Saal/1
9:00 – 9:30 a.m.	Welcome and Conference Goals Anna Keski-Rahkonen, PhD, MD and T.J. Raney, PhD <i>Scientific Program Committee Co-Chairs</i> Presidential Address Susan Paxton, PhD, FAED, <i>President</i>	Europa Saal/2
9:30 – 10:45 a.m.	Keynote Address: Coming Together Without Losing Our Way: Pros and Cons of Consensus in the Eating Disorder Field Kelly Vitousek, PhD <i>University of Hawaii, Honolulu, HI, USA</i>	Europa Saal/2
10:45 – 11:15 a.m.	Refreshment Break with Exhibitors	Exhibition Saal/1
11:15 a.m. – 12:45 p.m.	Workshop Session I	
	A. Healthy Exercise: Not Losing Your Balance <i>Ron Thompson, PhD, FAED</i>	Paracelsus Saal/2
	B. Reflections Body Image Program: Partnering with Sororities in Eating Disorders Prevention and Advocacy <i>Carolyn Becker, PhD</i>	Trakl Saal/3
	C. Where Trauma and Eating Disorders Intersect: How Research and Clinical Practice Inform Strategies to Treat Sequela Arising from Physical, Sexual and Emotional Violence Among Adults and Youth <i>Timothy Brewerton, MD</i>	Mozart Saal 1 & 2/G
	D. The Chronically Ill Patient with Anorexia Nervosa: Developmental Roots, Psychic Adaptation, and Clinical Management <i>Michael Strober, PhD</i>	Karajan Saal/1
	E. Strengthening Voices to Promote Individual Recovery and Societal Change <i>Aimee Liu, MFA</i>	Mozart Saal 5/G
	F. Acute Refeeding for Patients with Protein Energy Malnutrition (PEM) Secondary to Anorexia Nervosa (AN) <i>Michael Kohn, FRACP, MD</i>	Mozart Saal 4/G

Schedule-at-a-Glance

Events will be held at the Salzburg Congress unless otherwise noted

	<p>G. Eating Disorders in DSM-V <i>Hans Hoek, MD, PhD</i> Papegeno Saal/The Sheraton - G</p> <p>H. Genetic, Epigenetic and Neuroendocrinological Mechanisms of Anorexia and Bulimia Nervosa <i>Stefan Ehrlich, MD</i> Wolf Dietrich/1</p> <p>I. The Myth of Motivation: Time for a Fresh Look at Some Received Wisdom <i>Glenn Waller, DPhil</i> Europa Saal/2</p> <p>J. Pregnancy and Motherhood: Assessing and Treating Women with Eating Disorders and Their Children <i>Nadia Micali, MD, PhD</i> Mozart Saal 3/G</p>
12:45 – 2:00 p.m.	Lunch on Your Own
12:45 – 2:00 p.m.	<p>Special Interest Group (SIG) Annual Meetings Box lunch available for purchase. Café House/1 The following SIGs will meet during this time slot:</p> <p>Assessment & Diagnosis Mozart Saal 1 & 2/G</p> <p>Eating & Sleep Mozart Saal 4/G</p> <p>Inpatient/Residential Mozart Saal 3/G</p> <p>Males & Eating Disorders Paracelsus Saal/2</p> <p>Neuroimaging Papegeno Saal/The Sheraton - G</p> <p>Nutrition Trakl Saal/3</p> <p>Prevention and Body Image (combined meeting) Karajan Saal/1</p> <p>Transcultural Mozart Saal 5/G</p> <p>Trauma & Eating Disorders Wolf Dietrich Saal/1</p> <p>Additional SIG meetings will be held on Friday, June 11 at 1:00 p.m.</p>
2:00 – 4:30 p.m.	<p>Awards Ceremony and Plenary Session I: The Stigmatisation of Eating Disorders Moderators: Ulrike Schmidt, MD, PhD, FAED, <i>Maudsley Hospital, London, UK</i> and Sloane Madden, MD FRANZCP, <i>The Children's Hospital of Westmead, Westmead NSW Australia</i> Europa Saal/2</p> <p>On Stigma and its Consequences for People with Mental Illnesses Bruce G Link, PhD, <i>Columbia University, Mailman School of Public Health, New York, NY, USA</i></p> <p>Unraveling the Stigma of Depression Kathleen Griffiths, PhD, <i>Australian National University, Canberra, Australia</i></p> <p>Stigma and Eating Disorders or "The Elephant in the Room" Philippa Hay, MD, PhD, <i>The University of Western Sydney, Sydney, Australia</i></p> <p>Global Social and Policy Changes to Address Eating Disorders and Obesity Kelly Brownell, PhD, <i>Yale University, New Haven, CT, USA</i></p>
4:30 – 5:00 p.m.	Refreshment Break with Exhibitors Exhibition Saal/1
5:00 – 6:30 p.m.	<p>Workshop Session II</p> <p>A. Intensive Outpatient Cognitive Behaviour Therapy for Patients with Severe Eating Disorders <i>Riccardo Dalle Grave, MD</i> Wolf Dietrich Saal/1</p> <p>B. Understanding and Working with Social Cognition in Anorexia Nervosa <i>Ulrike Schmidt, PhD</i> Papegeno Saal/The Sheraton-G</p> <p>C. How Do We Know We are Making a Difference and What Kind of Difference Do We Want to Make?: Incorporating the Patient Experience to Improve Eating Disorders Treatment and Research <i>Mary Tantillo, PhD, RN, CS, FAED</i> Mozart Saal 1 & 2/G</p> <p>D. Interpersonal Psychotherapy (IPT) for Preventing Excessive Weight Gain in Adolescent Girls with Loss of Control Eating <i>Lauren Shomaker, PhD</i> Mozart Saal 3/G</p> <p>E. Cognitive Behavior Therapy for Weight Management: Dealing with Weight in Treatment and Causing No Harm <i>Michele Laliberte, PhD, CPsych</i> Trakl Saal/3</p> <p>F. Countertransference, Transference and the Therapeutic Relationship: Essential Dynamic Tools in the Treatment of Eating Disorders <i>Judith Banker, MA, LLP, FAED</i> Karajan Saal/1</p> <p>G. The Neurobiology of Eating Disorders: Clinical Applications <i>Walter Kaye, MD</i> Europa Saal/2</p>



Schedule-at-a-Glance

Events will be held at the Salzburg Congress unless otherwise noted

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3 = Third Floor

	H. The Therapy of Binge Eating Disorder: Settled Points and Open Questions <i>Piergiuseppe Vinai, MD</i>	Mozart Saal 5/G
	I. An Evidence-Based Guide to Treating Comorbid Psychiatric Disturbances in People with Eating Disorders <i>Howard Steiger, PhD</i>	Paracelsus Saal/2
	J. Eating Disorders and Body Image Dissatisfaction in Midlife Women: Expanding Approaches <i>Ann Kearney-Cooke, PhD</i>	Mozart Saal 4/G
6:30 – 8:00 p.m.	Opening Reception / Poster I Presentation & Viewing Session (authors present) / Exhibit Hall Open	Exhibition Saal/1

Friday, June 11

8:00 – 5:00 p.m.	Registration	G
8:00 a.m. – 4:30 p.m.	Exhibit Hall Open	Exhibition Saal/1
8:00 – 9:00 a.m.	Poster Session I Tear Down	Exhibition Saal-1/1
8:00 – 9:00 a.m.	Prospective Member Breakfast – invitation only	Papageno Saal/The Sheraton - G
8:00 – 9:00 a.m.	Coffee & Tea with Exhibitors	Exhibition Saal/1
9:00 – 11:00 a.m.	Plenary Session II: Biological Determinants and Developmental Consequences of ED in Women Across the Lifespan <i>Moderators:</i> Nadia Micali, MD, MRCPsych, PhD, <i>King's College London, London, UK</i> and Maria Teresa Rivera, RD, FAED, <i>San Antonio, TX, USA</i>	Europa Saal/2
	Perinatal Stress and Its Developmental Effects on the Child Vivette Glover, MA, PhD, DSc, <i>Imperial College London, London, UK</i>	
	Early Onset Eating Disorders and Their Developmental Consequences Bryan Lask, MBBS, FRCPsych, PhD, <i>London, UK</i>	
	Catherine Gordon, MD, MSc, <i>Children's Hospital Bone Health Program and Children's Hospital Boston, Boston, MA, USA</i>	
	Menstrual Dysfunction in Eating Disorders and Its Effects Across the Lifespan Catherine Gordon, MD, MSc, <i>Children's Hospital Bone Health Program and Children's Hospital Boston, Boston, MA, USA</i>	
	<i>Discussant:</i> Cynthia Bulik, PhD, <i>University of North Carolina at Chapel Hill, Chapel Hill, NC, USA</i>	
11:00 – 11:30 a.m.	Poster Session II Set-Up	Exhibition Saal/1
11:00 – 11:30 a.m.	Refreshment Break with Exhibitors	Exhibition Saal/1
11:30 a.m. – 1:00 p.m.	Oral Scientific Paper Session I (brief scientific papers for presentation and discussion) Refer to Detailed Program	
11:30 a.m. – 6:00 p.m.	Poster Viewing Session II	Exhibition Saal/1
1:00 – 2:15 p.m.	Lunch on Your Own	
1:00 – 2:15 p.m.	Special Interest Group (SIG) Annual Meetings Box lunch available for purchase. The following SIGs will meet during this time slot:	Café House
	Athletes	Mozart Saal 1 & 2/G
	Bariatric Surgery	Karajan Saal/1
	Child & Adolescent Eating Disorders	Wolf Dietrich Saal/1
	Cognitive Behavior Therapy	Europa Saal/2
	Health at Every Size	Papageno Saal/ The Sheraton - G
	Information Technology & ED	Paracelsus Saal/2
	Medical Care	Mozart Saal 3/G
	Neuropsychology	Mozart Saal 4/G
	New Investigators	Europa Saal/2
	Nursing Care	Traki Saal/3
	Psychodynamic Psychotherapy	Mozart Saal 5/G
	Additional SIG meetings will be held on Thursday, June 10 at 12:45 p.m.	

Schedule-at-a-Glance

Events will be held at the Salzburg Congress unless otherwise noted

2:30 – 4:00 p.m.	Oral Scientific Paper Session II (brief scientific papers for presentation and discussion) Refer to Detailed Program	
4:00 – 4:30 p.m.	Refreshment Break with Exhibitors	Exhibition Saal/2
4:30 – 6:00 p.m.	The Future of Eating Disorders Research: The AED/NIMH Travel Fellowship Awards	Wolf Dietrich Saal/1
4:30 – 6:00 p.m.	Special Interest Group (SIG) Discussion Panels	
	A. Motivational Interviewing and the Treatment of Binge Eating Disorder	Karajan Saal/1
	B. Latest Developments in Eating Disorders Neuroscience	Europa Saal/2
	C. Assessment of a Fledgling Disorder: The Case of Night Eating Syndrome	Mozart Saal 3/G
	D. The Dual Diagnosis of Eating Disorder and Diabetes Mellitus	Paracelsus Saal/2
	E. What Do Transdisciplinary Approaches Bring to the Integrated Prevention of Obesity and Disordered Eating?	Trakl Saal/3
	F. Technology-Enhanced Delivery of Care	Mozart Saal 5/G
	G. Predictors and Risks for Disordered Eating and Body Dissatisfaction in Ballet and Sport	Mozart Saal 4/G
	H. When There's Significant Pain and No Gain: Treating the Resistant and Refractory Patient with Comorbid Trauma and Eating Disorder	Mozart Saal 1 & 2/G
6:00 – 7:00 p.m.	Poster Presentation & Viewing Session II (authors present)	Exhibition Saal/1
6:30 – 8:00 p.m.	Meet the Experts	Papageno Saal/The Sheraton – G

Saturday, June 12

8:00 – 3:00 p.m.	Registration	G
8:00 – 9:00 a.m.	SIG Chair Follow-Up Meeting	Mozart 1 & 2/G
8:00 – 9:00 a.m.	Coffee & Tea with Exhibitors	Exhibition Saal/1
8:00 – Noon	Exhibits Open / Poster Session II Viewing	Exhibition Saal/1
9:00 – 11:30 a.m.	Awards Ceremony and Plenary Session III: Current and Future Perspectives on Treatment <i>Moderator: Glenn Waller, DPhil, King's College London, London, UK</i>	Europa Saal/2
	Working with Underweight Patients Stephen Touyz, PhD, <i>University of Sydney, Sydney, Australia</i>	
	Working with the Normal Weight Patient Ulrike Schmidt, MRCPsych, PhD, FAED, <i>Institute of Psychiatry, London, UK</i>	
	Working with the Overweight Patient Marsha Marcus, PhD, FAED, <i>University of Pittsburgh, Pittsburgh, PA, USA</i>	
	Discussant: What Do We Know and What Do We Need to Know? Martina de Zwaan, MD, FAED, <i>Friedrich-Alexander University, Erlangen-Nurnberg, Germany</i>	
11:30 – Noon	Refreshment Break with Exhibitors	Exhibition Saal/1
Noon – 3:00 p.m.	Poster Session II Tear Down	Exhibition Saal/1
Noon – 3:00 p.m.	Exhibitor Dismantle	Exhibition Saal/1
Noon – 1:30 p.m.	AED Global Think Tank IV (Box lunch is available for purchase.)	Karajan Saal/1
Noon – 1:30 p.m.	Lunch on your own	



1:30 – 3:45 p.m.	Plenary Session IV: Prevention and Treatment of Eating Disorders: Economic Perspectives <i>Moderators:</i> S. Bryn Austin, ScD, <i>Harvard School of Public Health, Boston, MA, USA</i> and <i>Carolyn Black Becker, PhD, FAED, Trinity University, San Antonio, TX, USA</i>	Europa Saal/2
	The ABC's of Economic Analysis: What Is It and Why Should We Care? <i>Jennifer Beecham, PhD, University of Kent, London, UK</i> Economic Analysis of Preventive Interventions: Can an Economic Case Be Made for Eating Disorders Prevention? <i>Li-Yan Wang, MBA, MA, Centers for Disease Control and Prevention, Atlanta, GA, USA</i> Cost-Effectiveness of Eating Disorder Treatment <i>Ruth Striegel-Moore, PhD, Wesleyan University, Middletown, CT, USA</i> Linking Passion to Purse Strings: Economic Analysis and Advocacy <i>Kitty Westin, MA, LP, Eating Disorders Coalition for Research, St. Louis Park, MN, USA</i>	
3:45 – 4:30 p.m.	AED Business Meeting	Europa Saal/2
4:30 – 4:45 p.m.	Refreshment Break	Exhibition Saal/2
4:45 – 6:15 p.m.	Workshop Session III	
	A. A BMI Less than 13 kg/m2: Medical and Psychiatric Care of Patients with Very Severe Anorexia Nervosa <i>Jennifer Gaudiani, MD</i>	Wolf Dietrich Saal/1
	B. Innovative Therapy Approaches for Complex Clients: CBT and Beyond <i>Lucy Serpell, PhD, DClinPsy</i>	Paracelsus Saal/2
	C. Integrative Cognitive-Affective Therapy for Bulimic Symptoms <i>Stephen Wonderlich, PhD</i>	Papageno Saal/The Sheraton - G
	D. Narrowing the Research-Practice Gap in Psychotherapy for Eating Disorders: Identifying Common Ground <i>Kristin von Ranson, PhD</i>	Mozart Saal 3/G
	E. How Do We Know We Are Making A Difference and What Do Carers Care About Research? How Evidence and Clinical Guidelines Help Caregivers Support Recovery <i>Laura Collins Lyster-Mensch, MS</i>	Mozart Saal 5/G
	F. Gender, Objectification, Embodiment and Prevention <i>Michael Levine, PhD</i>	Mozart Saal 1 & 2/G
	G. Maintenance Treatment and Long-Term Support for Eating Disorders: Extending the Reach of Specialized Treatment Centers <i>Stephanie Bauer, PhD</i>	Mozart Saal 4/G
	H. Preventing Relapse Across the Eating Disorders: A Transdiagnostic Intervention Targeting Extreme Weight and Shape Concerns <i>Traci McFarlane, PhD</i>	Trakl Saal/3
	I. Using the Brain: Integrating Neuropsychological and Biological Perspectives into a Collaborative Care Model for Individuals with an Eating Disorder and Their Families <i>Janet Treasure, PhD, FRCP, FRCPsych</i>	Karajan Saal/1
7:30 – 11:00 p.m.	Closing Social Event – Ticketed Event (dinner buffet and dancing)	Europa Saal/2

Join AED Now!

We invite you to join AED and be a part of our community. AED provides a forum for mental health professionals to share scientific advances, exchange ideas, foster new research and provide professional and public education on the issues surrounding eating disorders. A membership application and Dues Table can be found at the back of the Conference Program book. Join AED Now!

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Scientific Paper Session I

Friday, June 11, 2010

Time	Papageno Saal	Mozart Saal 4	Paracelsus Saal	Trakl Saal	Mozart Saal 5	Mozart Saal 3	Mozart Saal 1 & 2	Wolf Dietrich Saal	Europa Saal	Karajan Saal
	BED & Obesity	Cognition, Personality & Neuropsychology	Physiology & Medical Complications	Outcome & Course of Illness I	Population & Traits	Comorbidity	Children & Adolescents	Body Image I	Cognitive Behavioral Therapy	Different Treatment Approaches
11:30 a.m.	Root Thornton Lindroos Widdowson et al.	Stedal Rose Lask Frampton et al.	Peebles Kappahn Lock	Richardson Steiger Gauvin Joober et al.	Fassnacht Moessner Machado	Brewerton	Pinhas McRoberts Grech Katzman	Becker McDaniel Powell Bull et al.	McKeown	Moss Von Ranson
11:45 a.m.	Dalle Grave Calugi	Kemps Holitt Tiggemann Smeets et al.	Saucedo- Molina Villalón Zaragoza Tavares et al.	Raeuori Keski- Rahkonen Bulik Jordan et al.	Guerdjikova	Doyle Wonderlich Crosby Engel et al.	Norwood Buccholz Bowker Henderson et al.	Thompson- Brenner Boisseau Paolitto St. Paul et al.	Fursland Byrne	Jeffrey
12:00 p.m.	White Vannucci Sinton Wilson et al.	Sternheim Schmidt Startup	Stein Hashomer Doron Ziona et al.	Kass Lowe Eddy Thomas et al.	Flament Quirk Baillet Remy Godart	Collins Fischer Peterson Stojek	Watkins Hassahali	Van Blyderveen Miller	Lampard Byrne Fursland	Taylor Church
12:15 p.m.	Masson Von Ranson	Pringle Ashworth Harmer Norbury et al.	Woeckel	Rowe	Nakai	Jimenez- Murcia Fernandez- Aranda Steiger Israel et al.	Ranzenhofer Tanofsky-Kraff Shomaker Wolkoff et al.	Howes	Brambilla Dalle Grave Calugi	Konishi Mizushima Pike So
12:30 p.m.	Teufel Rieber Hain Hünemeyer et al.	Van Blyderveen Miller	Hoffman Brownley Bulik Jordan	Allen Byrne Stanley Crosby	Lopez Treasure Tchanturia	Ebner Lathner Rosewall Chisholm	Elliott Tanofsky-Kraff Wolkoff Columbo et al.	Neumark- Sztainer Friend Flattum Story et al.	Lundgren Shapiro Bulik	Federici Ben-Porath Wark Wisniewski
12:45 p.m.	Durso Latner Hayashi	Bolton Serpell Burgess Gilbert	Bruce Steiger Kin Israel et al.	Björk	Stojek Fischer Peterson Collins	Peterson Fischer Collins Stojek	Henderson Obeld Buccholz Goldfield et al.	Bachner- Melman Zohar Hefer Bachar	Jordan	Fischer Reed-Knight Hartzell Seibert



Scientific Paper Session II

Friday, June 11, 2010

Time	Papageno Saal	Mozart Saal 3	Wolf Dietrich Saal	Karajan Saal	Mozart Saal 1 & 2	Mozart Saal 4	Trackl Saal	Mozart Saal 5	Europa Saal	Paracelsus Saal
	Internet-Based Approaches	Assessment	Body Image II	Recovery	Genes & Brain	Special Groups: Men & Older Women	Outcome & Course of Illness II	Classification	Treatment of AN	Professionals & Practical Applications
2:30 p.m.	Fichter	Knauss Paxton Alsaker	Tiggemann	Ohara Yamamiya Kamo Suzuki Hotta	Bulik Collier Sullivan	Madden Nicholls Pinhas Katzman	Peterson	Dellava Thomton Lichenstein Pedersen et al.	Hagman Gralla Eric Ellert et al.	Hart Paxton Jorm
2:45 p.m.	Carrard Cr pin Lam Rouget et al.	Elke	Rodgers Chabrol Paxton	Fitzsimmons Bardone-Cone	Steiger Gauvin Bruce Joerber et al.	Darcy Celio Doyle Doyle, P Lock et al.	Ackard Fulkerson Neumark- Sztainer	Perez	Touyz	Verhey
3:00 p.m.	Cass Bardone-Cone	Krysanski illing Tasca Demidenko	Papezova	Meyer	Claudio	Reyes Sala Von Holle Bulik	Carter Bewell Mercer Olmsted et al.	Crowley Garske Warren	Madden Kohn Legrange James et al.	Gülec Bauer Moessner Kohls et al.
3:15 p.m.	Sinton Chang Trockel Kass et al.	Garcia	Watson Raykos Street Fursland et al.	Calderon	Redgrave Reading Bakker Bello et al.	Paxton McLean	Hart	Groleau Steiger Richardson Schmitz et al.	Zipfel Gross Wild Teufel et al.	Warren Schafer Crowley Olivardia
3:30 p.m.	Hoile Paxton	Franzen Ackard Engel Cronemeyer	Jarry Leblang McKeown	Miskovic Madden Wallis Rhodes et al.	Frampton Lask	Fernandez- Aranda Buono Krug Bulik et al.	Girz	Kohls Zimmer Bauer Gülec et al.	Byrne Fursland	Weekes McPherson Hague Groll
3:45 p.m.	Varga Gülec Kohls Türy	Birgegård Björk	Calogero	Oberlin	Frank	Mangham	Todd	Dooley McNicholas Keogh	Ellison Madden Kohn Rhodes et al.	Yager

Detailed Program

Wednesday, June 9

9:00 a.m. – 6:00 p.m.

Papageno Saal at The Sheraton – G
AED Board of Directors Meeting

11:00 a.m. – 5:00 p.m.

Ground Floor-G
Registration

2:00 – 6:00 p.m.

Clinical Teaching Day Workshops
(separate registration fee required)

A.

Paracelsus Saal/2

Collaborative Care: The New Maudsley Model

Janet Treasure PhD, FRCP, FRCPSych, Kings College London, South London and Maudsley Hospital, UK and Pam MacDonald, MSc, Netherlands

The aim of this workshop is to describe a simple intervention developed to help non-expert carers (in particular family members and as a preliminary resource for health professionals at home and professional teachers and counselors) develop the skills and expertise relevant to working with people with eating disorders. Active involvement of the family in treatment and early intervention reduces the need for admission and prevents the illness becoming entrenched and persisting in adulthood. We have developed a programme to share core skills that are helpful in working with people with eating disorders. Psycho-educational materials form the core of the program a set of digital materials in DVD form. The program can be delivered in various forms depending upon the resources available and the severity of the illness. The theoretical underpinning and the practical approaches to this form of information sharing are described in a recently published book.

B.

Mozart Saal 1 & 2/G

Treatments of Obesity and Binge Eating Disorder: Psychotherapy, Behavioral Therapy, Psychopharmacology and Bariatric

Martina de Zwaan, MD, University of Erlangen, Erlangen, Germany and James E. Mitchell, MD, Neuropsychiatric Research Institute, Fargo, North Dakota, USA

This session will focus on the issue of obesity particularly as it interfaces with the problem of eating disorders. Simple obesity, obesity associated with binge eating behavior and with binge eating disorder, and obesity related to various pharmacological causes will be reviewed. The primary focus of the session will be on the treatment of these conditions. This will include discussion of psychosocial interventions for obesity and binge eating disorder as well as pharmacological interventions including a discussion of the currently available agents as well as various other agents in development. The program will also include an in-depth discussion of bariatric surgery including the indications for bariatric surgery and the implications of pre-existing eating problems and eating disorders on bariatric surgery outcome, and on the management of bariatric surgery patients.

C.

Karajan Saal/1

Cognitive-behavioral Therapy for Eating Disorders: Core Skills to Help Your Patients Recover

Glenn Waller, DPhil, Vincent Square Eating Disorders Service, Central and North West London NHS Foundation Trust and Institute of Psychiatry, King's College London, London, UK; Jane Evans, DCLinPsy, Vincent Square Eating Disorders Service, Central and North West London NHS Foundation Trust, London, UK and Madeleine Tatham, DCLinPsy, Vincent Square Eating Disorders Service, Central and North West London NHS Foundation Trust, London, UK

This session is aimed at those who are familiar with the delivery of treatments for the eating disorders, but who want to enhance their skills in delivering evidence-based cognitive-behavioral therapy (CBT) as part of their therapeutic toolkit. The session will begin with a brief presentation of the evidence base, and how to use it to motivate the patient. We will then proceed to talk about how to proceed from the generic "hot cross bun" formulation (used to explain the sequencing of treatment from the beginning) to an individualized formulation (used to drive the remainder of therapy). The importance of the therapeutic alliance will be considered, with an emphasis on an approach based on "firm empathy." There will then be consideration of key CBT skills (Socratic questioning, cognitive challenges, exposure, behavioral experiments, surveys, etc.) and how and when to use them. The second part of the workshop will consist of the participants being broken into small groups to practice key skills (Socratic and motivational work; individualized case formulation; exposure and behavioral experiments). All participants will have the chance to practice each of these skills. Wherever possible, participants' own clinical case material will be used to illustrate principles and as the basis for practical skills development. The final part of the workshop will be spent integrating this material into a "scheme" for therapy and in trouble-shooting individual cases brought by participants, so attendees are encouraged to bring plenty of case material.

D.

Wolf Dietrich Saal/1

Medical Complications of Anorexia Nervosa and Bulimia and their Treatment

Philip S. Mehler, MD, Denver Health Medical Center, Denver, CO, USA

This session will cover in great detail all the medical complications associated with anorexia nervosa and bulimia. Attendance at this session is important for any clinician caring for patients with anorexia nervosa or bulimia given the fact that both of these eating disorders are associated with medical complications which directly impact the ability to achieve a successful outcome.

The session will be structured as a comprehensive, albeit salient and practical, body system by body system orderly review of these medical complications with clear delineation of those which are associated with anorexia nervosa versus those associated with bulimia. In addition, an extensive amount of time will be devoted to reviewing the evidence-based therapeutic options for these medical complications. There will also be ample time during the workshop, as well as at the end of it, for worthwhile and interactive discussions.



F.

Mozart Saal 4/G

Multidisciplinary Team Working to Facilitate Treatment of Children and Adolescents with Eating Disorders and Their Families

*Dasha Nicholls, MBBS, MD, Great Ormond Street Hospital, London, UK;
Hilary Davies, Family Therapist, Great Ormond Street Hospital, London, UK*

The session will begin with an overview of multidisciplinary teams and their typical constituents when treating young people with eating disorders. Consideration will be given to why multidisciplinary working is so crucial with this patient group, highlighting the risks of "lone working." Participants will be invited to reflect on their own work context in terms of its strengths and limitations.

The session will then move on to think about the elements that make team working effective, in particular multidisciplinary team meetings, their purpose and how to make them functional. The way that anxiety about young people, and the anxieties that young people and their families bring, are played out through team members will be highlighted, and the concepts of transference and splitting illustrated.

In the last part of the session, hypothetical case scenarios will be used to facilitate discussion of the way that the tensions and pitfalls of multidisciplinary team working contribute to therapeutic work with young people and their families. The presenters will conclude that multiple perspectives and different therapeutic elements are vital to work with this age group, but that treatment success depends on these elements being integrated, and on providing opportunities for differences between team members to be heard and understood.

F.

Mozart Saal 3/G

Everybody Has Won and All Must Have Prizes? How to Improve the Treatment of Eating Disorders? (Jeder hat gewonnen, und Alle sollen Preise haben? Wie kann man die Therapie von Essstörungen verbessern?)

*Günther Rathner, PhD, Innsbruck Medical University, Innsbruck, Austria;
Karin Waldherr, PhD, Ludwig Boltzmann Institute Health Promotion Research, Vienna, Austria*

The number of treatment facilities and specifically of private treatment centres for eating disorders (ED) has increased steadily in the last decades. The glossy brochures and homepages promise "individualized treatment" which is scientifically based: "internationally accepted and approved (evidence-based) treatments" with supplements like canyoning, rafting, adventure therapy etc. by default. However, the difference between promoted and factual treatments causes serious concern not only in German language countries.

All that glitters is not gold! Given the variety and the differing quality the following questions immediately come to one's mind: What is a state-of-the-science treatment? What are the cornerstones of good treatment for sufferers and carers? Which elements are necessary and sufficient in treatment, which elements are only add-ons, which elements are mainly advertisement, which elements could be potentially harmful? Which treatment approaches fulfill the necessary quality criteria, for instance evidence-base for their effectivity, recognition of sufferers and carers needs and rights, etc.? Is it possible to provide a treatment according to the state-of-the-science in a private practice? Is a special setting necessary for treatment?

Participants will be i) encouraged to a critical evaluation of the factual

treatments offered for ED and ii) enabled to distinguish between good and bad approaches according to established criteria. As we are not sure what is the best treatment of ED, as a minimum prerequisite at least bad and harmful treatments of ED still existing in everyday practice should be blamed.

Die Zahl der Therapieangebote, speziell privater Behandlungseinrichtungen, für Essstörungen ist in den letzten Jahrzehnten ständig gestiegen. Die Hochglanzbroschüren und Homepages versprechen „individualisierte Behandlung“ nach wissenschaftlich fundierten Behandlungsmethoden: „international anerkannte (evidenzbasierte) Behandlung“ inklusive ergänzender Angebote wie z.B. Erlebnispädagogik mit Canyoning, Klettergarten, etc. Allerdings ist der Unterschied zwischen der angeblichen und der tatsächlichen Behandlung Anlass zu grosser Sorge.

Es ist nicht alles Gold was glänzt! Angesichts der Vielfalt und der großen Qualitätsunterschiede stellt sich die Frage, wie ein gutes Behandlungsmodell nach dem state-of-the-science aussehen muss: Was sind die Eckpunkte einer guten Therapie für PatientInnen und Angehörige? Was ist aus therapeutischer Sicht notwendig und hinreichend, was nur add-on, was nur Ankündigungspolitik, was sogar schädlich? Welche Behandlungsmethoden erfüllen Qualitätskriterien wie z.B. ausreichende Evidenz für ihre Effektivität, Beachtung der Rechte von PatientInnen und Angehörigen, etc.? Kann ein/e Therapeut/in in freier Praxis eine Behandlung nach dem state-of-the-science anbieten, oder bedarf es eines bestimmten Settings?

Durch die Beantwortung dieser Fragen soll es den TeilnehmerInnen ermöglicht werden, die tatsächliche Behandlung kritisch zu bewerten und anhand etablierter Kriterien zwischen guten und schlechten Behandlungen zu unterscheiden. Wir sind zwar nicht sicher, was die richtige Therapie für Essstörungen ist; ein Minimum ist jedoch die Demaskierung der schlechten und schädlichen Behandlungen, die nach wie vor in der tagtäglichen Praxis vorkommen.

G.

Mozart Saal 5/G

Media Training Workshop - Working Effectively with the Media

Kitty Westin, PhD; Theresa Fasshi, PhD

As eating disorder specialists, we are sometimes asked by members of the media to share our expertise about eating disorders, their treatment and prevention. Media training is critical in a patient centered healthcare system. Although we may feel confident about our knowledge of eating disorders as practitioners, it is also important to know how to participate effectively in an interview with a journalist in order to disseminate accurate and helpful information.

In our training session, we will show participants how to prepare for an interview and deliver their message clearly. Skills for working with both print and broadcast media will be introduced. Participants will engage in practice exercises and discuss the process.

Additional issues, such as ethics and internet media, will also be reviewed.

3:00 – 5:00 p.m.

Exhibition Saal-1

Exhibitor Set-Up

3:00 – 5:00 p.m.

Exhibition Saal-1

Poster Session I Set-Up

Thursday, June 10

8:00 a.m. – 6:00 p.m.

Ground Floor-G
Registration

8:00 a.m. – 8:00 p.m.

Exhibition Saal-1
Poster Viewing Session I / Exhibit Hall Open

8:00 – 9:00 a.m.

Papageno Saal-Sheraton-G
Special Interest Group (SIG) Chairs Organizational Meeting

8:00 – 9:00 a.m.

Exhibition Saal-1
Coffee & Tea with Exhibitors

9:00 – 9:30 a.m.

Europa Saal-2
Welcome and Conference Goals
Anna Keski-Rahkonen, PhD, MD and T.J. Raney, PhD
Scientific Program Committee Co-Chairs

Presidential Address

Susan Paxton, PhD, FAED, *President*

9:30 – 10:45 a.m.

Europa Saal-2
Keynote Address

Coming Together Without Losing Our Way: Pros and Cons of Consensus in the Eating Disorder Field

Kelly Vitousek, PhD, University of Hawaii, Honolulu, HI, USA

Across professional divisions, the eating disorder field has been converging on some common principles. We have long recognized the need for multidisciplinary input on these complex problems. More recently, transdiagnostic approaches have highlighted the value of looking outside our own specialty area to identify shared themes and promising treatment strategies across diverse forms of psychopathology. At the same time, familiar questions are being examined in innovative ways, as new technologies and domains of expertise are applied to the study of eating disorders. Belatedly, professionals have also begun to attend more closely to the perspectives of patients and family members - and to join them in vigorous efforts to shape public views and policies.

All of these developments have the potential to move the field forward, yet each carries some risk of leading it astray. If we are increasingly united around a core of common assumptions, it is not clear that all are accurate, helpful, or even widely endorsed by eating disorder experts. Several elements of the emerging consensus model are so vaguely defined that they foster the illusion of agreement; others carry hidden costs for our patients. Some boundary-breaking research has been technologically sophisticated but clinically naive, uninformed by thoughtful observation of what individuals with eating disorders actually feel, think, and do. A number of the most distinctive features of these disorders are persistently, peculiarly neglected. The search for transdisciplinary solutions will be most productive to the extent that it is guided by rigorous and creative thinking about the specific problems we are trying to understand and resolve.

10:45 – 11:15 a.m.

Exhibition Saal-1
Refreshment Break with Exhibitors

11:15 a.m. – 12:45 p.m.

Workshop Session I

A.

Paracelsus Saal/2

HEALTHY EXERCISE: NOT LOSING YOUR BALANCE

Ron Thompson, PhD, FAED, Psychologist, BCCHD, Bloomington, IN, USA;
Roberta Sherman, PhD, FAED, Psychologist, BCCHD, Bloomington, IN, USA

This workshop will define and discuss healthy exercise, and compare and contrast it with “unbalanced” exercise. It will examine the concept of balance in exercise, as well as how to find and maintain a healthy balance, not only in exercise but also in the relationship between exercise and eating. The consequences of unhealthy or unbalanced exercise will be contrasted with the benefits of healthy exercise, and the myth that “more exercise is better” will be challenged regarding health, sport performance, and immune function. Practical treatment recommendations for regaining exercise balance will be offered. Other topics to be discussed will include but not be limited to: Identification of exercise problems using both quantitative and qualitative factors, difficulties associated with identifying unhealthy exercise, when exercise is in need of intervention, when exercise is part of an eating disorder, and special issues related to males and exercise.

B.

Trakl Saal/3

REFLECTIONS BODY IMAGE PROGRAM: PARTNERING WITH SORORITIES IN EATING DISORDERS PREVENTION AND ADVOCACY

Carolyn Becker, PhD, Associate Professor, Trinity University, San Antonio, TX, USA;
Susan Woda, MPAff, Senior Director of Operations, Delta Delta Delta Fraternity, Mansfield, TX, USA

Researchers have made marked progress in developing eating disorder (ED) prevention programs. The final impact of programs (i.e., dissemination), however, will depend on partnerships with key social systems. Reflections: Body Image Program is a peer-led, 2-session dissonance-based program that encourages sorority members to actively challenge the thin-ideal standard of female beauty. Reflections, which has been endorsed by AED, was created by blending the latest ED prevention science with a participatory approach that actively engaged sororities in the creation and expansion of the program. By June 2010, local sorority members will have contributed over 16,000 hours to the creation, testing, and ongoing management of Reflections at Trinity University, and the Tri Delta Fraternity will have invested tens of thousands of hours and hundreds of thousands of dollars in an effort to disseminate and expand Reflections, making it available to any sorority in North America. Tri Delta also has engaged other partners (e.g., AED, NEDA & NOW) in an advocacy effort aimed at reducing fat talk among all women internationally. In 2008, Tri Delta launched Reflections: Body Image Academy (BIA) and the program expanded to 28 different campuses throughout North America with multiple sororities. In this workshop we will review the history of Reflections, present footage from BIA, experientially explore some Reflections exercises, and discuss



why we believe that both evidence-based and participatory approaches were critical to development and expansion of Reflections. The goal is for participants to a) learn from our experience and b) have the chance to discuss issues related to combining evidence-based and participatory approaches so as to facilitate development of new partnerships that can impact EDs. We also will briefly review research supporting the efficacy and effectiveness of Reflections, and will explain how interested workshop participants can become involved with Reflections.

C.

Mozart Saal 1 & 2/.G

WHERE TRAUMA AND EATING DISORDERS INTERSECT: HOW RESEARCH AND CLINICAL PRACTICE INFORM STRATEGIES TO TREAT SEQUELA ARISING FROM PHYSICAL, SEXUAL, AND EMOTIONAL VIOLENCE AMONG ADULTS AND YOUTH

Timothy Brewerton, MD, Medical University of South Carolina, Mt Pleasant, SC, USA; Diann Ackard, PhD, University of Minnesota, Golden Valley, MN, USA

This workshop addresses the background research, clinical implications, and strategies for treatment of psychopathology resulting from the physical, sexual, and emotional (e.g., bullying, teasing) traumas among patients with eating disturbances. In the first part of this workshop, the presenters will define trauma for use in research and clinical assessment, and discuss traumas as significant but nonspecific risk factors for eating disturbances among youth and adults. An overview of the extant research between victimization, eating disorders, and subsequent PTSD, mood disturbances, substance use, suicidal thoughts and/or attempts, and related pathologies will be presented using clinical, epidemiological, and forensic samples, and incorporating new, yet unpublished, findings. Next, the presenters will briefly discuss the possible mechanisms underlying the link between victimization and disordered eating behaviors and attitudes. Third, the presenters will address complex clinical issues, such as distorted cognitions and food texture avoidance, among victimized individuals with eating disturbances, and demonstrate practical strategies for treatment through case studies and didactic exercises. Treatment strategies provided are based in cognitive-behavioral (CBT), graded exposure/response prevention (ERP), interpersonal (IPT) and dialectical-behavioral (DBT) theory applications. Finally, the workshop will include opportunities for questions and discussion on topics relevant to trauma and eating disturbances.

D.

Karajan Saal/1

THE CHRONICALLY ILL PATIENT WITH ANOREXIA NERVOSA: DEVELOPMENTAL ROOTS, PSYCHIC ADAPTATION, AND CLINICAL MANAGEMENT

Michael Strober, PhD, Franklin Mint Professor of Eating Disorders, Semel Institute for Neuroscience & David Geffen School of Medicine at UCLA, Los Angeles, CA, USA

Patients with anorexia nervosa do not welcome treatment unhesitatingly; nor do they consider introspection an important source of knowledge of the self or the foundation for logical truths. All forms of psychological illness are complex, but there is arguably no other form of suffering in which disturbances of the mind's biology, the consciousness of altered emotion and motivation, and willfulness of behavior are as seamless. The proposed workshop offers a perspective

on the chronically ill patient, one that has matured over the course of 35 years of clinical research, and a wide breadth of experience in caring for patients in long-term psychotherapy in multiple settings. The material to be presented is organized in four sections, bridging developmental neuroscience with contemporary psychodynamic formulations of self structure. Rather than a dry and esoteric formulation, the workshop will use real case transcripts to illustrate its application. First, it applies a mechanistic, developmental neural systems framework to explain core features of the illness, and why for certain persons illness continues unabated throughout adult life. Second, it outlines how alterations in emotion arousal, memory, and appetitive vs avoidance behavior shape psychic structures observed almost universally in anorexia nervosa. Third, it will illustrate how the model allows for an informed frame of reference and shared understanding in the clinical relationship. Finally, the workshop uses case material to illustrate (a) specific elements of countertransference that hinder clinical work; (b) potentially deleterious interventions that must be avoided; and (c) a paradigm of management (to be described in concrete detail) emphasizing palliative care with carefully measures approaches to nutritional stabilization and weight restoration, and how to structure working relationship with other treating professionals. Time is allotted for audience questions and consultation.

E.

Mozart Saal 5/G

STRENGTHENING VOICES TO PROMOTE INDIVIDUAL RECOVERY AND SOCIETAL CHANGE

Aimee Liu, MFA, MS, Beverly Hills, CA, USA; Cynthia Bulik, PhD, Professor, University of North Carolina, Chapel Hill, NC, USA; Susan Ringwood, BAHons, Chief Executive, BEAT, Norwich, United Kingdom; Susan Paxton, PhD, Professor, La Trobe University, Melbourne, Australia

We strive to bring about positive changes in personal and community understanding, knowledge and attitudes about eating disorders. We fight the ignorance, discrimination, stigma and secrecy that surround these disorders. However, finding ways to communicate our message in compelling and persuasive ways takes practice and skill. In this workshop, three members of AED's Advisory Board will explore different perspectives on using the individual and collective voice as powerful instruments of change, from the artistic, scientific and activist perspective. Presenter will provide insights into strategies they use to communicate their message and explore with workshop members ways that they could enhance the impact of their own voice in their work. Aimee Liu, author of "Gaining: The Truth About Eating Disorders" will discuss "the existential voice" and the use of individual expression as a means of communicating with individuals with eating disorders and the community. Cynthia Bulik, as researcher and clinician, will describe the "scientific voice" and methods she uses to communicate her research to bring about a greater understanding of eating disorders as well as individual change. Finally, Susan Ringwood, Executive Director of Beat, will describe how organizations and key stakeholders can advance improvements in prevention, treatment, and research by joining forces. Group guided discussion will enable workshop participants to consider ways to amplify their own message and bring about change in their own settings using strategies raised by presenters and participants.

F.

Mozart Saal 4/G

ACUTE REFEEDING FOR PATIENTS WITH PROTEIN ENERGY MALNUTRITION (PEM) SECONDARY TO ANOREXIA NERVOSA (AN).

Michael Kohn, FRACP MD, The Children's Hospital at Westmead, Sydney, Australia; Simon Clarke, FRACP, Westmead Hospital, NSW, Australia; Sloane Madden, FRACP, CHW, Sydney, Australia

Refeeding protocols for patients admitted with protein calorie malnutrition resulting from anorexia nervosa (AN) are typically based on statements from the general literature rather than clinical experience in a relevant setting. In so doing, published treatment protocols to date do not optimally address medical needs, and confer treatment strategies and risk not observed in current clinical practice for treating patients with AN.

In the last 10 years over 700 adolescents, with mean age 13.8 y, and mean body mass index 14.1 kg/m², have presented with medical instability. Refeeding syndrome, as recognized by the occurrence of delirium, has been diagnosed in two of these patients. There have been no significant cardiac events recorded, nor have any patients required supplementation with other than a standard multivitamin preparation and phosphate. Replacement fluid and nutrition have been supplied by oral feeding and/or nasogastric tube. Weight gain greater than two kilograms has been observed in the first week of treatment. Throughout the admission weight gain has averaged 0.75kg per week for this cohort of patients, who are graded up to receive 3000kcal daily.

When developing treatment recommendations and providing treatment for patients with PEM, it therefore remains important to recognize differences in the presentation and underlying mechanism, and to therefore select the most appropriate, clinically relevant treatment to the cause of the PEM. Similarly, appreciating these differences has enabled current treatment of PEM for patients with AN, as outlined above, to be increasingly safe and efficient, reducing costs of medical stabilization and refeeding as well as decreasing length of hospitalization.

This workshop/presentation expands on the theoretical underpinnings of the current refeeding protocols and further outcomes of refeeding will be provided through facilitated discussion.

G.

Papageno Saal/The Sheraton - G

EATING DISORDERS IN DSM-V

Hans Hoek, MD, PhD, Parnassia Bavo Academy, The Hague, Netherlands; Anne Becker, MD, PhD, Massachusetts General Hospital, Boston, MA, USA; Marsha Marcus, PhD, Western Psychiatric Institute, Pittsburgh, PA, USA; Ruth Striegel-Moore, PhD, Montana State University, Bozeman, MT, USA; Stephen Wonderlich, PhD, Neuropsychiatric Research Institute, Fargo, NV, USA; Rachel Bryant-Waugh, PhD, Great Ormond Street Hospital, London, United Kingdom; James Mitchell, MD, Neuropsychiatric Research Institute, Fargo, NV, USA; B. Timothy Walsh, MD, Columbia University/NYSPI, New York, NY, USA

The release of DSM-V is expected in May 2012. The process for revising the eating disorder section of the Diagnostic and Statistical Manual of Mental Disorders (DSM) started in 2007. Based on comprehensive reviews of scientific advancements, targeted research analyses and consultations like this ICED meeting, the DSM-V Eating Disorder Work Group will develop draft DSM-V diagnostic criteria in 2010-2011. The validity and utility of the current criteria and potential new eating disorders in DSM-V will be discussed. One major difference between the DSM-IV and the DSM-V will be the more prominent use of dimensions. The session will consist of brief introductions by DSM-V ED Work Group members, followed by a discussion with the audience.

H.

Wolf Dietrich Saal/1

GENETIC, EPIGENETIC AND NEUROENDOCRINOLOGICAL MECHANISMS OF ANOREXIA AND BULIMIA NERVOSA I

Stefan Ehrlich, MD, MGH/ Harvard Medical School & Charité - Universitätsmedizin Berlin, Charlestown, MA, USA; Manuel Föcker, Dep. of Child and Adolescent Psychiatry, Essen, Germany; Nicolas Ramoz, PhD, CMME, Hopital Sainte-Anne, Paris, France; Katharina Bühren, PhD, Department for Child and Adolescent Psychiatry, Technical University Aachen, Aachen, Germany; Anke Hinney, Habilitation, PD, Dept. of Child and Adolescent Psychiatry, Essen, Germany; Helge Frieling, Habilitation, Prof Dr, Hannover Medical School, Department of Psychiatry, Hannover, Germany

Despite their deleterious effect on somatic and psychological development, the aetiology of anorexia nervosa (AN) and bulimia nervosa (BN) remain largely unknown. Large-scale community-based and twin studies have shown high heritability estimates and recent data from animal and clinical studies suggest aberrant neuroendocrinological regulation of hunger and energy expenditure.

In this symposium we will present new data on genetic associations, abnormalities in epigenetic mechanisms and expression levels of appetite-regulating hormones and neurotransmitters.

In particular, we report (1) on a common single nucleotide polymorphism in the 'fat mass and obesity associated' gene. Our data show an association of the obesity risk allele with BN and AN as well as with maximum BMI in patients with BN. With obesity being a risk factor for the development of BN this association may shed some light on common molecular mechanisms in eating disorders. (A. Hinney).

In addition, we suggest (2) that estrogen receptor alpha polymorphisms confer a high risk of vulnerability to the restrictive subtype of AN. This finding may help to understand the time of onset and gender distribution in AN. (N. Ramoz).

Next, we will explain (3) the importance of leptin as a clinical parameter for the diagnosis of AN (M. Foecker) and its potential role (4) in the regulation of neurocognitive functioning and mood during the refeeding process (K. Bühren).

The hormones AGRP and its antagonist α -MSH (5) are regulated by leptin and they control food intake. Despite normal DNA promoter methylation, the expression levels of both mediators were found to be upregulated in patients with acute AN. This lends support to the "mixed signalling" hypothesis. (S. Ehrlich)

Dopaminergic imbalance has been reported in AN and BN. We have found an epigenetic dysregulation in several dopaminergic genes that might account for some of the previous findings from imaging studies (H. Frieling).



I. **THE MYTH OF MOTIVATION: TIME FOR A FRESH LOOK AT SOME RECEIVED WISDOM?**

Europa Saal/2

Glenn Waller, DPhil, King's College London, London, United Kingdom

It is widely accepted that motivation is a key target when working with adults suffering from eating disorders. However, the evidence behind this received wisdom is poor. Indeed, many clinicians report working on motivational enhancement to the exclusion of any more active therapy. Using case material throughout, this session will encourage participants to consider how their therapeutic work might be improved by adopting a more heretical view of motivation (e.g., maybe behavioural change is needed for greater motivation), regardless of the type of therapy and the setting. It will start by outlining the need to maintain patient safety while not giving up on the drive to change. It will then critically review the clinical evidence that motivational work is effective in the eating disorders. Participants will be introduced to the problems of adopting a model wholesale from substance abuse, including the notion of 'stages of change'. Participants will be encouraged to think of motivation as a state, or even a manifesto (in politics, a promise expressed to get voted in, rather than a guarantee of action once in office). Most importantly, we need to understand that clinicians' actions can be a handicap (e.g., believing that we can judge motivation; treating motivation and therapy as distinct; assuming that our own motivation is sufficient to get the patient to change; overinvesting in the patient). Pantheapeutic, transdiagnostic strategies will be considered for working with patients' motivation (e.g., using techniques adapted from dialectical behaviour therapy; working with permissive cognitions; disability training). Overall, the stress will be on the importance of getting the patient to take responsibility for change, and dealing with the emotional reactions of both clinicians and patients to this process). This workshop could be uncomfortable to attend, but that might just be necessary if we are to get to grips with motivation for adults with eating disorders.

J. **PREGNANCY AND MOTHERHOOD: ASSESSING AND TREATING WOMEN WITH EATING DISORDERS AND THEIR CHILDREN**

Mozart Saal 3/G

Nadia Micali, MD, PhD, NIHR Institute for Psychiatry, King's College London, London, United Kingdom; Fabrice Monneyron, MD, Chef de Clinique, Institut Mutualiste Montsouris, Paris, France; Abigail Easter, BSc, Institute of Psychiatry, London, United Kingdom

Aims:

- 1) To inform participants about the research and clinical findings about parents with eating disorders as patients
- 2) To discuss the experiences of pregnancy in women with eating disorders
- 3) To identify pitfalls and dilemmas of interventions for families where a parent and child have a lifetime eating disorder

Content: We will introduce the topic and discuss the research findings on pregnancy and parenthood in women with eating disorders (10 minutes). We will highlight theoretical models in relation to the effects of eating disorders in pregnancy on infant development (10 minutes). We will then report on findings from research carried out in our department on the clinical features (caregiving, expressed emotion, eating attitudes and personality traits) and also the experiences (phenomenological approach) of mother-daughter dyads where both mother and daughter have had an eating disorder in order to explore

factors that may impact on risk for and outcome in eating disorders (30 minutes). Interactive case discussion and clinical vignettes presentation will follow with participation from the audience (20 minutes). A general discussion will close the workshop (15 minutes).

Contributions from each presenter: Dr. Micali will introduce the topic. Ms Easter will then talk about the literature findings and possible effects of maternal eating disorders on infant development, and the dilemmas in treating women with lifetime ED who are pregnant. Dr. Monneyron will then report on findings from his research on mother-daughter dyads where both mother and daughter have had an eating disorder and present some case vignettes for discussion. Dr Micali and Monneyron will then discuss the clinical dilemmas encountered in clinical practice when treating families when a parent and child have an eating disorder and present some case vignettes for discussion.

12:45 – 2:00 p.m.

Lunch on Your Own

12:45 – 2:00 p.m.

Café House-1

Special Interest Group (SIG) Annual Meetings

(Box lunch available with advanced purchase.)

The following Special Interest Groups will hold annual meetings. New members are welcome. Additional SIG meetings will be held on Friday, June 11 at 1:00 p.m.

Assessment & Diagnosis

Mozart Saal 1 & 2-G

Co-Chairs Drew Anderson, PhD and Carol Peterson, PhD

Eating and Sleep

Mozart Saal 4-G

Co-Chairs Kelly Allison, PhD, Piergiuseppe Vinai, MD and Yael Latzer, DSc

Inpatient/Residential Treatment

Mozart Saal 3-G

Co-Chairs Craig Johnson, PhD, FAED and Stephanie Setliff, MD

Males & Eating Disorders

Paracelsus Saal-2

Co-Chairs Mark Warren, MD, MPH and Rita Debate, PhD

Neuroimaging

Papageno Saal -Sheraton-G

Co-Chairs Ian Frampton and Walter Kaye, MD, FAED

Nutrition

Trakl Saal-3

Co-Chairs Christina Reiter, MS, RD and Roberta Pearle Lamb, MPH, RD, LDN

Prevention and Body Image (combined meeting)

Karajan Saal-1

Co-Chairs Riccardo Dalle Grave, MD and Carolyn Becker, PhD, FAED

Transcultural

Mozart Saal 5-G

Co-Chairs Armando Barriguete, MD, FAED and Richard Gordon

Trauma & Eating Disorders

Wolf Dietrich Saal-1

Co-Chairs Diann Ackard, PhD, LP, FAED and Timothy Brewerton, MD, FAED, DFAPA**2:00 – 4:30 p.m.**

Europa Saal-2

Awards Ceremony and**Plenary Session I: THE STIGMATISATION OF EATING DISORDERS***Moderators:* Ulrike Schmidt, MD and Sloane Madden, MD, FRANZCP

Mental illnesses are highly stigmatized conditions and eating disorders and obesity are no exception. Stigmatising beliefs about eating disorders and obesity include that these disorders reflect a weakness of character, are self inflicted, that outcome is poor, that the disorders are incurable and that it is difficult to communicate with people who have these disorders. Stigmatising beliefs about mental illness are deeply rooted in society and result in poorer outcomes, distress and discrimination for those with mental illness. Health professionals are not exempt from these beliefs. Professor Bruce Link will open this plenary by giving an introduction to the topic and reviewing the current evidence base on stigma in mental health in general. The second speaker, Professor Kathy Griffiths will focus on ways in which stigmatization of mental disorders can be reduced, using her work on stigma reduction in depression as an exemplar. Professor Philippa Hay will talk about stigmatization of eating disorders and Professor Kelly Brownell will conclude the session by giving a global perspective on legal, economic, marketing and other issues that could simultaneously help with weight stigma, obesity and ED.

Presentations:**ON STIGMA AND ITS CONSEQUENCES FOR PEOPLE WITH MENTAL ILLNESSES**Bruce G Link, PhD, *Columbia University, Mailman School of Public Health, New York, NY, USA***UNRAVELLING THE STIGMA OF DEPRESSION**Kathleen Griffiths, PhD, *Australian National University, Canberra, Australia***STIGMA AND EATING DISORDERS OR "THE ELEPHANT IN THE ROOM"**Professor Philippa Hay, MD, PhD, *The University of Western Sydney, Sydney, Australia***GLOBAL SOCIAL AND POLICY CHANGES TO ADDRESS EATING DISORDERS AND OBESITY**Kelly Brownell, PhD, *Yale University, New Haven, CT, USA***4:30 – 5:00 p.m.**

Exhibition Saal-1

Refreshment Break with Exhibitors

5:00 – 6:30 p.m.**Workshop Session II****A.**

Wolf Dietrich Saal/1

INTENSIVE OUTPATIENT COGNITIVE BEHAVIOUR THERAPY FOR PATIENTS WITH SEVERE EATING DISORDERS*Riccardo Dalle Grave, MD, Villa Garda Hospital, Department of Eating and Weight Disorder, Garda, Italy*

Intensive outpatient-based cognitive behaviour therapy (ICBT) is a novel approach indicated for eating disorder patients who are having difficulty modifying their eating habits in response to conventional outpatient-based CBT. It is derived from the enhanced form of CBT for eating disorders (CBT-E), but has two main distinguishing features: (1) it is delivered by multiple therapists from different professional backgrounds; (2) there is assistance with eating. With underweight patients it lasts from 12.45am to 7.45pm every weekday for 12 weeks. With non-underweight patients and those with frequent bulimic episodes, the treatment can be shorter (two to four weeks). The treatment includes three meals a day supervised by a dietitian (lunch, afternoon snack and dinner), two individual CBT-E sessions a week with a psychologist, two individual sessions a week with a dietitian, two psychoeducational groups a week, periodic medical examinations, and weekly review meetings with the therapists and patient. In the final four weeks patients gradually consume the meals outside the outpatient unit, and the treatment gradually evolves into conventional outpatient CBT-E.

In this workshop the treatment programme will be described in detail, together with data on its effectiveness, and the workshop will be illustrated with numerous clinical vignettes.

B.

Papageno Saal/The Sheraton - G

UNDERSTANDING AND WORKING WITH SOCIAL COGNITION IN ANOREXIA NERVOSA*Ulrike Schmidt, PhD, Institute of Psychiatry, London, United Kingdom; Kate Tchanturia, PhD, Section of Eating Disorders, London, United Kingdom*

Social cognition has been defined as "the mental operations underlying social interactions, which include the human ability to perceive the intentions and dispositions of others" (Brothers, 1990). Aspects of social cognition encompass emotion recognition and regulation, and theory of mind (ToM), i.e. the ability to represent the mental states of others in terms of their intentions, desires and beliefs, and to use that representation to understand and predict behavior. Social cognition underpins social behavior. In anorexia nervosa (AN), there is considerable evidence to suggest that social functioning is substantially impaired (Schmidt et al., 1995) and that some of these difficulties are present premorbidly. The study of social cognition in AN has recently gathered momentum, building on work in other neurodevelopmental disorders such as autism (Baron-Cohen, 1995) and schizophrenia (Pinkham et al., 2006). Emerging evidence from our group and others suggests that people with AN do indeed show significant impairments in different aspects of social cognition (Tchanturia et al., 2004; Russell et al., 2009; Oldershaw et al., submitted; Hambrook et al., submitted) and models of the causation and maintenance of AN incorporating social cognitive impairments are beginning to appear (Schmidt & Treasure, 2006; Zucker et al., 2007). In this workshop we will introduce the topic by briefly covering what social cognition is and by summarising the research evidence on social cognitive impairments in anorexia nervosa. The main part of the workshop will look at (1) how social cognitive



impairments may contribute to the maintenance of AN, (2) how clinicians can use information about social cognitive impairments to talk to patients and their carers, and (3) how in our clinical practice we address social cognitive impairments in treatment with people with AN, in out-patient and in-patient settings. The workshop will be interactive using videos and role-plays to support learning.

C. **HOW DO WE KNOW WE ARE MAKING A DIFFERENCE AND WHAT KIND OF DIFFERENCE DO WE WANT TO MAKE?: INCORPORATING THE PATIENT EXPERIENCE TO IMPROVE EATING DISORDERS TREATMENT AND RESEARCH**

Mozart Saal 1 & 2/G

Mary Tantillo, PhD, RN, CS, FAED, University of Rochester School of Nursing, Rochester, NY, USA; Ciaran Newell, PhD, Kimmeridge Court Therapy Services, Dorset, United Kingdom; Donna Friedman, BA, University of Charleston, Ann Arbor, MI, USA

This workshop is sponsored by the AED Patient/Carer Task Force

Evidence-based practice calls for the integration of best research evidence with clinical expertise and patient values. The field of eating disorders has been slow to incorporate the patient experience in the evaluation and development of our treatments and research. Treatment outcome measures almost exclusively focus on professional perspectives on symptom measures. Further, patient viewpoints are at times stigmatized or invalidated by professionals in light of the cognitive impairment associated with malnutrition or the perception of eating disorders as 'ego-syntonic' and therefore undermining the value of self report. This interactive workshop proposes that information about patient values and experience is critical to the development of the highest quality eating disorder treatments and research. The workshop will begin by introducing a relational framework within which eating disorders are described as diseases of disconnection and recovery is based upon perceived mutuality in the treatment relationship. Case vignettes will be used to illustrate this and examples will be provided on how to conduct treatment research that is informed by the experience and values of patient focus groups. This will be followed by a description of how UK health service policy promotes the measurement of the "patient experience" as part of defining the quality of services provided. Challenges and solutions to this process will be discussed as well. The workshop also incorporates the observations of a patient activist who will share her views on how the inclusion or exclusion of her experience impacted the quality of her treatment over time. Throughout the workshop the skill and knowledge of participants will be called upon to contribute to the endeavor through large group discussion and experiential exercises.

D. **INTERPERSONAL PSYCHOTHERAPY (IPT) FOR PREVENTING EXCESSIVE WEIGHT GAIN IN ADOLESCENT GIRLS WITH LOSS OF CONTROL EATING**

Mozart Saal 3/G

Lauren Shomaker, PhD, Post-doctoral Fellow, Uniformed Services University of the Health Sciences, Bethesda, MD, USA; Marian Tanofsky-Kraff, PhD, Uniformed Services University of the Health Sciences, Bethesda, MD, USA

The coordination of obesity and eating disorder interventions may serve as a promising approach to prevent both conditions. With the dramatic increase in obesity over the past several decades, prevention is essential. The most prevalent disordered eating pattern in overweight and at-risk for overweight adolescents is loss of control (LOC) eating, characterized by difficulty controlling the amount of food consumed. Prospective data indicate that LOC predisposes youth to gain excess weight. Thus, efforts to decrease LOC in adolescents may help prevent obesity. Interpersonal Psychotherapy (IPT) adapted for the treatment of binge eating disorder reduces binge episodes and induces modest weight loss/stabilization among obese adults with the disorder. Therefore, IPT may be a promising preventive program for youth with LOC. We tested the utility of group IPT in preventing excessive weight gain (IPT-WG) in adolescent girls at "high-risk" for adult obesity, defined as being above average weight and reporting LOC. Our IPT-WG pilot study indicated the program's feasibility and acceptability to adolescent girls and suggested that IPT-WG may prevent excess weight gain. A randomized, controlled trial is currently underway to investigate whether IPT-WG decreases LOC and slows excess weight gain in adolescent girls. IPT-WG is a 12-week, manualized group program that focuses upon modifying the interpersonal context in which LOC eating has been developed and maintained. Incorporating clinical case material, this workshop outlines the key components of IPT-WG. We review how to deliver psychoeducation on obesity risk factors, facilitate teens' understanding of the links among relationships, mood, and eating, and teach communication skills to improve relationships. Upon completion, workshop participants will understand risk factors for obesity in youth, appreciate the rationale for an IPT approach for obesity prevention, and potentially deliver this type of intervention in the future.

E. **COGNITIVE BEHAVIOR THERAPY FOR WEIGHT MANAGEMENT: DEALING WITH WEIGHT IN TREATMENT AND CAUSING NO HARM**

Traki Saal/3

Michele Laliberte, PhD, St. Joseph's Hospital/McMaster University, Hamilton, ON, Canada; Amy Wojtowicz, PhD, St. Joseph's Eating Disorder Program, Hamilton, ON, Canada

Cognitive behavior therapy for eating disorders has historically been consistent in its message concerning weight management: eating disordered clients have been encouraged to normalize both their eating and activity, and to accept their "natural" weight. The debate concerning weight loss as a goal of treatment in individuals with Binge Eating Disorder, or even in individuals with Bulimia Nervosa who are overweight, has challenged the non-dieting/weight acceptance stance that has traditionally characterized the treatment of eating disorders. This workshop will present a balanced review of the literature on weight loss. Workshop participants will be provided with a practical and evidence-based approach to weight management in the treatment of individuals who are overweight or obese. Strategies for addressing both the health and body image concerns of these clients will be presented.

Original research findings concerning the importance of weight control beliefs in promoting body satisfaction will be presented and discussed as a critical factor in evaluating any treatment approach.

F. COUNTERTRANSFERENCE, TRANSFERENCE AND THE THERAPEUTIC RELATIONSHIP: ESSENTIAL DYNAMIC TOOLS IN THE TREATMENT OF EATING DISORDERS

Karajan Saal/1

Judith Banker, MA, LLP, FAED, Center for Eating Disorders, Ann Arbor, MI, USA; J. Hubert Lacey, MD, St. George's, University of London (Medical School), London, United Kingdom

Eating disorder patients have the reputation as a "difficult to treat" population with challenging clinical features that can evoke strong negative feelings in treating personnel across disciplines and theoretical paradigms. The interpersonal disturbances, medical complications, high comorbid prevalence of mood disorders and substance abuse, the seemingly intractable behavioral, thought, and perceptual patterns of these patients can stir powerful, primitive responses of anger, powerlessness and self-doubt within the people responsible for their health care. The intensity of these reactions may, in part, cause many in the health care field to eschew treating people with eating disorders, thus contributing to the scarcity of specialized resources in many regions. Despite the universality of these strong reactions, few empirical guidelines exist to help non-specialist and specialist clinicians and treatment teams working with eating disorder patients effectively manage and address these emotions. This interactive workshop proposes that the psychodynamic tools of countertransference/transference and the therapeutic alliance provide a rich transtheoretical framework for understanding and managing the emotional response of the clinician and treatment team to the eating disorder patient. The workshop will begin with a brief review of the empirical support for the role of countertransference, transference and the therapeutic alliance in eating disorder treatment. We will then use experiential exercises and care vignettes to 1) explore participants' own countertransference reactions and alliance challenges in working with patients with eating disorders; 2) train participants in the application and use of countertransference, transference and alliance building tools to manage these experiences and 3) demonstrate how these tools can promote treatment adherence and guide the effective application of behavioral interventions and other treatment decisions in individual outpatient and inpatient treatment team settings across theoretical orientations. Workshop attendees are encouraged to bring case material for discussion.

G. THE NEUROBIOLOGY OF EATING DISORDERS: CLINICAL APPLICATIONS

Europa Saal/2

Kathryn Westin, MA, Walter Kaye, MD, UCSD Eating Disorder Research and Treatment Program, La Jolla, CA, USA; Laura Hill, PhD, The Center For Balanced Living, Worthington, OH, USA

New neurobiological research findings present a shift in the paradigm of our understanding of eating disorders toward a biologically based mental illness. Recent insights in the neurocircuit function of anorexia nervosa reshape our understanding of why and how some eating disorder thoughts and behaviors develop. What is known about the neurobiological information for bulimia nervosa is not necessarily true for anorexia nervosa. There is little to no information on how clinical applications of neurobiological research findings can be provided

to clinicians and in turn described to patients and their loved ones. We need to explore innovative ideas that translate neurobiological ED research into "digestible" and creative treatment methods that offer clinical tools that can be applied in multiple clinical settings. This workshop is in support of a key principle of AED Guidelines for Research-Practice Integration "research findings and clinical practice information should be organized and communicated to practitioners.... in a way that is easy to comprehend and to integrate into their thinking". It will introduce clinical tools and materials for therapists that could serve as a basis for treatment applications for persons with eating disorders and their families to more fully comprehend and respond to the illness. Methods for transforming and interpreting research findings from the lab to apply in the home will be presented, such as findings from brain imaging studies that shed light on neurocircuits dysfunction that contribute to behavioral symptoms in anorexia nervosa such as disturbed appetite, reward, and relentless concerns about consequences. Since clinical application tools are new to the field, summaries of feedback from clinical staff, patients and families will be presented that evaluate impact of the clinical training tools from two sites.

H. THE THERAPY OF BINGE EATING DISORDER: SETTLED POINTS AND OPEN QUESTIONS

Mozart Saal 5/G

Piergiuseppe Vinai, MD, GNOSIS, Magliano Alpi, Italy; James Mitchell, MD, University of North Dakota School of Medicine and Health Sciences, Fargo, ND, USA; Patrizia Todisco, MD, Centro Pilota Regionale, Verona, Italy

Half a century after the first description of Stunkard, the therapy of Binge Eating Disorder is still an open question. BED seems to respond to almost every treatment tested, even though the results are limited to the bingeing behavior and insufficient as far as weight loss. The workshop will focus on this topic presenting different therapeutic approaches to BED and debating pros and contra of manual based and tailored therapies. One presentation will focus on the use of a cognitive behavioral treatment for BED that has been validated in two randomized trials. This manual based approach relies heavily on readings and homework assignments, and can be delivered in a treatment package over three months. The therapy can be used in group and individual formats. The presentation will focus on practical issues regarding using this treatment. Another presentation will suggest a general strategy to tackle cognitive and emotional mechanism responsible for the eating behavior (escape from awareness, blocking of emotion, emotional eating, disinhibition) and a specific strategy to deal with the most important problematic areas in these patients (e.g. self-esteem, relationships). Techniques and instruments are directly derived from cognitive-behavioral approach (food diary, cognitive restructuring, etc.) but also specifically developed to reach the therapeutic targets. Ample time will be provided for participants to engage in a guided discussion on the topic.



I. **AN EVIDENCE-BASED GUIDE TO TREATING COMORBID PSYCHIATRIC DISTURBANCES IN PEOPLE WITH EATING DISORDERS**

Paracelsus Saal/2

Steiger Howard, PhD, Douglas Institute, McGill University, Montreal, QB, Canada; Mimi Israel, MD, Douglas Institute, McGill University, Montreal, QB, Canada

Anorexia nervosa, bulimia nervosa and binge eating disorder co-occur frequently with mood, anxiety, post-traumatic, impulse-control and substance-use disorders. This workshop provides comprehensive guidelines for the clinical management of psychiatric comorbidity in patients with eating disorders (EDs), and for the management of EDs in people with psychiatric comorbidity. The most commonly encountered comorbid entities in EDs will be addressed (Mood Disorders, Suicidality, Anxiety Disorders, Post-Traumatic Stress Disorder, Substance-Use Disorders and Personality Disorders), with attention to patterns of co-occurrence with different ED subtypes, potential for diagnostic confusions, indications and contraindications for symptom-specific interventions, and heuristics guiding sequencing and prioritization of treatment targets. Workshop leaders will address cause/ consequence questions (concerning ways in which ED symptoms exaggerate psychopathological manifestations and vice versa). For each area of disturbance, presenters will provide recommendations concerning psychotherapeutic and pharmacotherapeutic aspects of management. The workshop aims to achieve broad coverage, but emphasizes strategies for which there is reasonable empirical support. Participants are invited to bring case materials from their own practice, for discussion purposes.

J. **EATING DISORDERS AND BODY IMAGE DISSATISFACTION IN MIDLIFE WOMEN: EXPANDING APPROACHES**

Mozart Saal 4/G

Ann Cooke, PhD, Cincinnati Psychotherapy Institute, Cincinnati, OH, USA; Judith Rabinor, PhD, American Eating Disorders Center of Long Island, Lido Beach, NY, USA

Much of the existing research on eating disorders and body image dissatisfaction has focused on adolescent and young adult women. Relatively little attention has been paid to understanding eating disorders and body image concerns of midlife women, even though recent data indicates an increased incidence in this population. Preliminary data identifies three distinct sub-categories of midlife women: those women who have developed problems at midlife for the first time, those who are chronic patients with long-term treatment histories, and those who have suffered for many years but have only now at midlife decided to get help. We will present an integrative treatment model based on interpersonal, relational and psychodynamic conceptualizations with specific attention focused on each of these three subgroups. Similarities and differences between subgroup as well as contrasts with adolescent treatment will be highlighted. With the goal of helping patients develop a positive body image, we will use didactic and experiential approaches to demonstrate and teach clinical strategies aimed at increasing the capacity for self regulation and for developing healthy relationships with others. Participants will learn to integrate specific techniques into ongoing treatment, including mindfulness, journal writing, and dialectical behavior techniques and guided imagery.

6:30 – 8:00 p.m.

Exhibition Saal -1

Opening Reception / Poster I Presentation & Viewing Session (authors present) / Exhibit Hall Open

Friday, June 11

8:00 a.m. – 5:00 p.m.

Ground Floor

Registration

8:00 a.m. – 4:30 p.m.

Exhibition Saal -1

Exhibit Hall Open

8:00 – 9:00 a.m.

Exhibition Saal -1

Poster I Dismantle

8:00 – 9:00 a.m.

Papageno Saal-Sheraton-G

Prospective Member Breakfast

8:00 – 9:00 a.m.

Exhibition Saal -1

Coffee & Tea with Exhibitors

9:00 – 11:00 a.m.

Europa Saal-2

Plenary Session II: Biological Determinants and Consequences Eating Disorders and Related Psychopathology In Women Across the Lifespan

Moderators: Nadia Micali, MD, MRCPsych, PhD, King's College

London, London, UK and Maria Teresa Rivera, RD, FAED, San Antonio, TX, USA

This session will provide a multidisciplinary perspective on biological determinants and consequences of eating disorders and related psychopathology on women. It will provide participants with an overview of current perspectives on the topic and will focus on women's health across the lifespan. Speakers will review the advances in biological determinants and effects of ED and related psychopathology across the lifespan—from the perinatal period to adulthood—using a developmental perspective. This plenary will be of interest to both clinicians and researchers. It will give clinicians an overview of recent research in this area, highlighting possible practice and intervention points.

The speakers are three of the best biological researchers in the field of women's health, who have the skills and experience both to summarize the current state of knowledge on the specific topics and to give practice and future research points. The discussant will pull together themes discussed by the 3 speakers and highlight the relevance of a developmental perspective in treating adult patients and treatment/prevention implications

Presentations:

Stress In Pregnancy and the Post-Partum: Developmental Effects on the Fetus and Infant

Vivette Glover, MA, PhD, DSc, Imperial College London, London, UK

Early Onset Eating Disorders in Adolescents and Their Developmental Consequences

Bryan Lask, MBBS, FRCPsych, PhD, London, UK

Menstrual Dysfunction in Eating Disorders: Its Effects Across the Lifespan

Catherine Gordon, MD, MSc, *Children's Hospital Bone Health Program and Children's Hospital Boston, Boston, MA, USA*

Discussant:

Cynthia Bulik, PhD, *University of North Carolina at Chapel Hill, Chapel Hill, NC, USA*

11:00 – 11:30 a.m.

Exhibition Saal-1

Poster Session II Set-Up

11:00 – 11:30 a.m.

Exhibition Saal-1

Refreshment Break with Exhibitors

11:30 a.m. – 1:00 p.m.

Oral Scientific Paper Session I

(Brief scientific papers for presentation and discussion)

A. BED & Obesity I

Papageno Saal/The Sheraton - G

Chair: Gunther Rathner

11:30 a.m.

P1

An Examination of Shared and Specific Genetic and Environmental Influences on Binge Eating and Night Eating

Tammy Root, PhD, *Postdoctoral Fellow, UNC, Chapel Hill, Chapel Hill, NC, USA*; Laura Thornton, PhD, *Statistician, UNC, Chapel Hill, Chapel Hill, NC, USA*; Ann Karin Lindroos, PhD, *Senior Research Scientist, Elsie Widdowson Laboratory, MRC Human Nutrition Research, Cambridge, United Kingdom*; Albert Stunkard, MD, *Professor, University of Pennsylvania, Philadelphia, PA, USA*; Paul Lichtenstein, PhD, *Professor, Karolinska Institutet, Stockholm, Sweden*; Nancy L Pedersen, PhD, *Professor, Karolinska Institutet, Stockholm, Sweden*; Finn Rasmussen, PhD, *Professor, Karolinska Institutet, Stockholm, Sweden*; Cynthia M Bulik, PhD, *William and Jeanne Jordan Distinguished Professor of Eating Disorders, UNC, Chapel Hill, Chapel Hill, NC, USA*

11:45 a.m.

P2

Weight Loss Outcome in Obese Patients with Night Eating Syndrome

Riccardo Dalle Grave, MD, *Villa Garda Hospital, Department of Eating and Weight Disorder, Garda (VR), Italy*; Simona Calugi, *Assistant Researcher, Villa Garda Hospital, Department of Eating and Weight Disorder, Garda (VR), Italy*

12:00 noon

P3

Gender Differences in Treatment Response for Individuals with Binge Eating Disorder

Emily White, BA, *Project Coordinator, Washington University, St Louis, MO, USA*; Anna Vannucci, BA, *Research Assistant, Washington University, St Louis, MO, USA*; Meghan M. Sinton, PhD, *Research Instructor, Washington University, St Louis, MO, USA*; G. Terence Wilson, PhD, *Professor, Rutgers University, Piscataway, NJ, USA*; W. Stewart Agras, MD, *Emeritus Professor, Stanford University, Stanford, CA, USA*; Denise E. Wilfley, PhD, *Professor, Washington University, St Louis, MO, USA*

12:15 p.m.

P4

Exploring Impulsiveness in Binge Eating Disorder: Comparisons between Women with Binge Eating Disorder and Women with Alcohol Dependence

Philip Masson, BA, *Graduate Student, University of Calgary, Calgary, AB, Canada*; Kristin von Ranson, PhD, *Associate Professor, University of Calgary, Calgary, AB, Canada*

12:30 p.m.

P5

Bariatric Surgery and Education: Psychoeducational Intervention for Morbidly Obese Patients after Bariatric Surgery - Design and Telemedical Treatment

Martin Teufel, Asst. Medical Director, *Universityhospital, Tuebingen, Germany*; Nicole Rieber, Diploma, *Assistant, Universityhospital, Tuebingen, Germany*; Bernhard Hain, Asst. Medical Director, *Universityhospital, Heidelberg, Germany*; Katharina Hünneimyer, Diploma, *Assistant, Universityhospital, Heidelberg, Germany*; Helene Sauer, Diploma, *Assistant, Universityhospital, Tuebingen, Germany*; Beate Wild, Researcher, *Universityhospital, Heidelberg, Germany*; Wolfgang Herzog, Prof. Medical Director, *Universityhospital, Heidelberg, Germany*; Stephan Zipfel, Prof., *Medical Director, Universityhospital, Tuebingen, Germany*

12:45 p.m.

P6

Perceived Discrimination is Associated with Binge Eating in Stigmatized

Laura Durso, MA, *Graduate Student, University of Hawaii at Manoa, Honolulu, HI, USA*; Janet Latner, PhD, *Associate Professor, University of Hawaii at Manoa, Honolulu, HI, USA*; Kentaro Hayashi, PhD, *Associate Professor, University of Hawaii at Manoa, Honolulu, HI, USA*

B. Cognition, Personality & Neuropsychology

Mozart Saal 4/G

Kate Tchanturia



11:30 a.m.

P7

The Ravello Profile. A Global Neuropsychological Test Battery for Eating

Kristin Stedal, Cand. Psych, PhD Student, Oslo University Hospital Ullevål, Oslo, Norway; Mark Rose, MSc, Assistant Psychologist, Huntercombe Hospitals Group, Maidenhead, United Kingdom; Bryan Lask, Emeritus Professor, Research Director, Oslo University Hospital Ullevål, Oslo, Norway; Ian Frampton, Neuropsychologist, Deputy Research Director, Oslo University Hospital Ullevål, Oslo, Norway; Nils Inge Landrø, Professor, Professor of Neuropsychology, University of Oslo, Oslo, Norway

11:45 a.m.

P8

Cognitive Mechanisms Underlying Attentional Bias for Food Cues in Dietary Restraint

Eva Kemps, PhD, Flinders University, Adelaide, Australia; Sarah Hollitt, BBSc(Hons), Ms, Flinders University, Adelaide, Australia; Marika Tiggemann, PhD, Prof, Flinders University, Adelaide, Australia; Elke Smeets, MPsych, MS, Maastricht University, Maastricht, Netherlands; Jennifer Mills, PhD, York University, Toronto, ON, Canada

12:00 noon

P9

Decision Making Under Uncertain Conditions; How Do People With Eating Disorders Fare?

Lot Sternheim, MSc, PhD Student, Institute of Psychiatry, King's College London, London, United Kingdom; Ulrike Schmidt, Professor, Institute of Psychiatry, King's College London, London, United Kingdom; Helen Startup, DClin, Institute of Psychiatry, King's College London, London, United Kingdom

12:15 p.m.

P10

Neural Correlates of Emotional Processing in Bulimia Nervosa

Abbie Pringle, MSc, DPhil Student, University of Oxford, Oxford, United Kingdom; Fiona Ashworth, DPhil, Clinical Psychologist, The Oliver Zangwill Center, Ely, United Kingdom; Catherine Harmer, PhD, Reader, University of Oxford, Oxford, United Kingdom; Raymond Norbury, PhD, Postdoctoral Researcher, University of Oxford, Oxford, United Kingdom; Myra Cooper, DPhil, Senior Research Tutor, University of Oxford, Oxford, United Kingdom

12:30 p.m.

P11

Examining the Role of Introversion in the Severity of Eating Disorder Symptomology

Sherry Van Blyderveen, PhD, Psychologist, McMaster Children's Hospital, Hamilton, ON, Canada; Jessie Miller, PhD, Post-Doctoral Student, McMaster University, Hamilton, ON, Central African Republic

12:45 p.m.

P12

Perseveration: Examining the Effects of Starvation, Mood and Anxiety on Rigid thinking in a Non-Clinical Population

Heather Bolton, MSc (Masters), University College London, London, United Kingdom; Lucy Serpell, PhD, Clinical Psychologist and Lecturer, University College London, London, United Kingdom; Paul Burgess, PhD, Professor of Neuroscience, Institute of Cognitive Neuroscience, University College London, London, United Kingdom; Sam Gilbert, PhD, University Research Fellow, Institute of Cognitive Neuroscience, University College London, London, United Kingdom

C. Physiology & Medical Complications

Paracelsus Saal/2

Chair: Andreas Karwautz

11:30 a.m.

P13

Predictors of Serious Medical Complications in Adolescent Females Hospitalized for Eating Disorders

Rebecca Peebles, MD, Instructor, Stanford University, Mountain View, CA, USA; Cynthia Kapphahn, MD, MPH, Clinical Associate Professor, Stanford University, Mountain View, CA, USA; James Lock, MD, PhD, Professor, Stanford University, Stanford, CA, USA

11:45 a.m.

P14

Eating Behaviors in Mexican Patients with and without Type 2 Diabetes Mellitus

Teresita Saucedo-Molina, PhD, Área Académica de Nutrición. Universidad Autónoma del Estado de Hidalgo, Pachuca de Soto, Hidalgo, Mexico; Lita Villalón, PhD, Université de Moncton, Moncton, New Brunswick, Canada; Jessica Zaragoza Cortes, Nutritionist, Área Académica de Nutrición. Universidad Autónoma del Estado de Hidalgo, Pachuca de Soto, Hidalgo, Mexico; Lidiana Almeida Tavares, Nutritionist, Université de Moncton, Moncton, New Brunswick, Canada; Calderón Ramos Zuli, Master Degree, Área Académica de Nutrición, Universidad Autónoma del Estado de Hidalgo, Pachuca de Soto, Hidalgo, Mexico

12:00 noon

P15

Growth Characteristics and Final Height in Female and Male Adolescents Hospitalized Because of Anorexia Nervosa

Daniel Stein, Director, MD, Pediatric Psychosomatic Department, Tel Hashomer, Israel; Yariv Doron, Resident, MD, Child and Adolescent Psychiatric Clinic, Nes Ziona, Israel; Amit Yaroslavsky, Deputy Director, MD, Pediatric Psychosomatic Department, Tel Hashomer, Israel; Brigitte Kochavi, RD, BSc, Pediatric Psychosomatic Department, Tel Hashomer, Israel; Anat Toledano, Head Nurse, RN, BSc, Pediatric Psychosomatic Department, Tel Hashomer, Israel; Sharon Iron Segev, RD, PhD, Pediatric Psychosomatic

Department, Tel Hashomer, Israel; Dalit Modan-Moses, Senior Pediatrician, MD, Pediatric Endocrinology and Diabetes Unit, Tel Hashomer, Israel

12:15 p.m.

P16

Number of Taste Papillae is Reduced in Acutely Ill But Not in Remitted Anorectic Patients

Lars Woeckel, Senior physician, Dr, Department of Child & Adolescent Psychiatry & Psychotherapy, Aachen University, Aachen, Germany

12:30 p.m.

P17

Plasma, Salivary, and Urinary Oxytocin in Eating Disorders: A Pilot Study

Elizabeth Hoffman, BA, MD/PhD Student, University of North Carolina-Chapel Hill, Chapel Hill, NC, USA; Kimberly Brownley, PhD, Assistant Professor, University of North Carolina-Chapel Hill, Chapel Hill, NC, USA; Cynthia Bulik, PhD, William and Jeanne Jordan Distinguished Professor of Eating Disorders, University of North Carolina-Chapel Hill, Chapel Hill, NC, USA

12:45 p.m.

P18

Dexamethasone Nonsuppression is Associated with Co-Morbid Psychopathology and Interpersonal Disturbances among Women with Bulimia-Spectrum Eating

Kenneth Bruce, PhD, Douglas Institute, Montreal, QB, Canada; Howard Steiger, PhD, Douglas Institute, Montreal, QB, Canada; N.M.K. Ng Ying Kin, PhD, Douglas Institute, Montreal, QB, Canada; Mimi Israel, MD, Douglas Institute, Montreal, QB, Canada; Jodie Richardson, BA, MS, Douglas Institute, Montreal, QB, Canada; Patricia Groleau, BA, MS, Douglas Institute, Montreal, QB, Canada

D. Outcome & Course of Illness I

Trakl Saal/3

Chair: Hans Hoek

11:30 a.m.

P19

An Exploration of the Effects of Psychiatric Comorbidity and Genetic Factors on Treatment Outcome in Women with Bulimia-Spectrum Disorders

Jodie Richardson, BSc, PhD Candidate, Student, McGill University, Verdun, QB, Canada; Howard Steiger, PhD, Director, Professor, Eating Disorders Program, Douglas Institute, Verdun, QB, Canada; Lise Gauvin, PhD, Professor, University of Montreal, Outremont, QB, Canada; Ridha Joobar, MD, PhD, Director, Associate Professor, Douglas Institute, Verdun, QB, Canada; Patricia Groleau, BA, PhD Candidate, Student, McGill University, Verdun, QB, Canada; Kenneth Bruce, PhD, Psychologist, Assistant Professor, Eating Disorders Program, Douglas Institute, Verdun, QB, Canada; Mimi Israel, MD, Psychiatrist, Associate Professor, Douglas Institute, Verdun, QB, Canada

11:45 a.m.

P20

Does Depression and Drive for Thinness Decrease the Likelihood of Recovery from Bulimia Nervosa—A Population Based Study

Anu Raevuori, MD, PhD, Research Scientist, Dept Public Health, Helsinki, Finland; Anna Keski-Rahkonen, MD, PhD, Research Scientist in the Finnish Academy, University of Helsinki, Helsinki, Finland; Cynthia Bulik, PhD, William and Jeanne Jordan Distinguished Professor of Eating Disorders, Director, UNC Eating Disorders Program, NC, USA; Hans Hoek, MD, PhD, Professor of Psychiatry, Department of Psychiatry, Groningen University, The Netherlands, Groningen, Netherlands; Elina Sihvola, MD, PhD, Research Scientist, Dept Public Health, Helsinki, Finland; Kaprio Jaakko, MD, PhD, Professor in Genetic Epidemiology, Dept Public Health, Helsinki, Finland; Rissanen Aila, MD, PhD, Professor, Helsinki University Central Hospital, Helsinki, Finland

12:00 noon

P21

Does Weight Suppression Prospectively Predict Eating Disorder Outcome in Bulimia Nervosa Patients?

Andrea Kass, BA, Graduate Student, Harris Center for Eating Disorders at Massachusetts General Hospital, Saint Louis, MO, USA; Michael R. Lowe, PhD, Professor of Psychology, Department of Psychology, Drexel University, Philadelphia, PA, USA; Kamryn T. Eddy, PhD, Instructor in Psychiatry, Department of Psychiatry, Harvard Medical School, Boston, MA, USA; J. Graham Thomas, PhD, Research Fellow, Department of Psychology, Drexel University, Philadelphia, PA, USA; Debra L. Franko, PhD, Professor of Psychology, Department of Counseling and Applied Educational Psychology, Northeastern Univ, Boston, MA, USA; Meredith S. Sears, BA, Graduate Student, Harris Center for Eating Disorders at Massachusetts General Hospital, Boston, MA, USA; Heather Thompson-Brenner, PhD, Research Assistant Professor, Department of Psychology, Boston University, Boston, MA, USA; David B. Herzog, MD, Endowed Professor of Psychiatry, Department of Psychiatry, Harvard Medical School, Boston, MA, USA

12:15 p.m.

P22

Do Dimensional Measures of Personality Predict Outcome in those with Bulimia Nervosa at 5-Year Follow-up?

Sarah Rowe, MEd, Assistant Research Fellow and Current PhD student, University of Otago, Christchurch, Christchurch, New Zealand



12:30 p.m.

P23

The Prevalence and Course of Eating Disorders in a Population-Based Sample of Male and Female Adolescents: Results from The Western Australian Pregnancy Cohort (Raine) Study

Karina Allen, PhD, Telethon Institute for Child Health Research, Western Australia, Australia; Susan Byrne, DPhil, Associate Professor, University of Western Australia, Crawley, Australia; Fiona Stanley, PhD, Professor, Telethon Institute for Child Health Research, West Perth, Australia; Ross Crosby, PhD, Professor, Neuropsychiatric Research Institute, Fargo, ND, USA

12:45 p.m.

P24

The Impact of Using Different Outcome Measures on Remission Rates in a Three Year Follow-Up of Eating Disorders

Tabita Björk, PhD, Researcher, Psychiatric Research Centre, Örebro, Sweden

E. Populations & Traits

Mozart Saal 5/G

Chair: Pam Keel, PhD, FAED

11:30 a.m.

P25

Exploration of Factors Predicting ED Symptoms in a Portuguese Student Population

Daniel Fassnacht, Master, PhD student, University of Minho, Braga, Portugal; Markus Moessner, Master, PhD student, University Hospital Heidelberg, Heidelberg, Germany; Paulo Machado, PhD, PhD, University of Minho, Braga, Portugal

11:45 a.m.

P26

Binge Eating Disorders in Older Adults

Anna Guerdjikova, PhD, Researcher, LCOH; UC, Mason, OH, USA

12:00 noon

P27

Prevalence of Obesity and Eating Disorders in Adolescents from Two Western Countries: A Comparison between France and the U.S.

Martine Flament, MD, PhD, Professor of Psychiatry, University of Ottawa Institute of Mental Health Research, Ottawa, ON, Canada; Denise Quirk Baillot, MA, PhD Cand, University Paris VI, Paris, France; Brigitte Remy, MD, Praticien Hospitalier, Mutuelle Générale de l'Éducation Nationale, Paris, France; Nathalie Godart, MD, PhD, Praticien Hospitalier, Institut Mutualiste Montsouris, Paris, France

12:15 p.m.

P28

Purging Disorder in Japan

Yoshikatsu Nakai, MD, Director, Kyoto Institute of Health Sciences, Kyoto, Japan

12:30 p.m.

P29

Autistic Traits and Thinking Style in Women with Eating Disorders

Carolina Lopez, PhD, Institute of Psychiatry, Kings College London & University of Chile, Santiago, Chile; Janet Treasure, PhD, FRCP, FRCPSych, Professor, Kings College London, London, United Kingdom; Kate Tchanturia, PhD, Senior Lecturer, Institute of Psychiatry, Kings College London, London, United Kingdom

12:45 p.m.

P30

Ethnic Identity Moderates the Effect of Trait Anxiety on Bulimic Symptoms

Monika Stojek, BS, Graduate Student, University of Georgia, Athens, GA, USA; Sarah Fischer, PhD, Assistant Professor, University of Georgia, Athens, GA, USA; Claire Peterson, MA, Graduate Student, University of Georgia, Athens, GA, USA; Brittany Collins, BS, Graduate Student, University of Georgia, Athens, GA, USA

F. Comorbidity

Mozart Saal 3/G

Chair: Mimi Israel

11:30 a.m.

P31

The Number of Divergent Purging Behaviors Is Associated with Histories of Trauma, PTSD and Comorbidity in a National Sample of Women

Timothy Brewerton, MD, Clinical Professor of Psychiatry & Behavioral Sciences, Medical University of South Carolina, Mt. Pleasant, SC, USA

11:45 a.m.

P32

Momentary Negative Mood in Relation to Bulimic Behaviors in Women with Bulimia Nervosa and Comorbid Borderline Personality Disorder

Peter Doyle, PhD, Postdoctoral Fellow, The University of Chicago, Chicago, IL, USA; Stephen Wonderlich, PhD, Professor of Clinical Neuroscience, University of North Dakota School of Medicine & Health Sciences, Fargo, ND, USA; Ross Crosby, PhD, Director of Biomedical Statistics, Neuropsychiatric Research Institute, Fargo, ND, USA; Scott Engel, PhD, Research Scientist, Neuropsychiatric Research Institute, Fargo, ND, USA; James Mitchell, MD, President, Neuropsychiatric Research Institute, Fargo, ND, USA; Daniel Le Grange, PhD, Professor of Psychiatry & Behavioral Neuroscience, The University of Chicago, Chicago, IL, USA

12:00 noon

P33

Interaction of Thought Suppression and Sexual Assault Prospectively Predicts Increases in Eating Disorder Symptoms Across the First Semester of College

Brittany Collins, BS, Graduate Student, University of Georgia, Athens, GA, USA; Sarah Fischer, PhD, Assistant Faculty, University of Georgia, Athens, GA, USA; Claire Peterson, MS, Graduate Student, University of Georgia, Athens, GA, USA; Monika Stojek, BS, Graduate Student, University of Georgia, Athens, GA, USA

12:15 a.m.

P34

Pathological Gambling in Eating Disorders: Prevalence and Clinical Implications

Susana Jimenez-Murcia, Head of Unit, PhD, Department of Psychiatry, HUB, Hospitalet del Llobregat, Spain; Fernando Fernandez-Aranda, Head of Unit, PhD, FAED, Department of Psychiatry, UB, Barcelona, Spain; Howard Steiger, Head of Unit, PhD, Douglas University Institute in Mental Health & Psychiatry Department, McGill, Montreal, Canada; Mimi Israel, MD, PhD, Douglas University Institute in Mental Health & Psychiatry Department, Montreal, Canada; Roser Granero, PhD, Laboratori d'Estadística Aplicada, Dept. de Psicobiologia i Metodologia, UAB, Barcelona, Spain; Remei Prat, PhD, Departament de Psicobiologia i Metodologia, Barcelona, Spain; Juan J Santamaria, Department of Psychiatry, Hospital Bellvitge, Barcelona, Spain; Laura Moragas, Department of Psychiatry, HUB, Barcelona, Spain; Isabel Sanchez, Department of Psychiatry, HUB, Barcelona, Spain; Jose M Menchon, Head of Department, MD, Department of Psychiatry, University Hospital of Bellvitge, Barcelona, Spain

12:30 a.m.

P35

Impulsivity Among Restrained Eaters

Daria Ebner, Dipl. Psych., University of Hawaii at Manoa, Honolulu, HI, USA; Janet Latner, PhD, Associate Professor, University of Hawaii at Manoa, Honolulu, HI, USA; Juliet Rosewall, PhD, University of Canterbury, Christchurch, New Zealand; Amy Chisholm, MSc, University of Canterbury, Christchurch, New Zealand

12:45 a.m.

P36

Eating Disorder Symptoms in College Women Engaging in Deliberate Self Harm Behaviors

Claire Peterson, MA, Graduate Student, University of Georgia, Athens, GA, USA; Sarah Fischer, PhD, Assistant Professor, University of Georgia, Athens, GA, USA; Brittany Collins, BS, Graduate Student, University of Georgia, Athens, GA, USA; Monika Stojek, BS, Graduate Student, University of Georgia, Athens, GA, USA

G. Children & Adolescents

Mozart Saal 1 & 2/G

Chair: Dasha Nicholls

11:30 a.m.

P37

Integrating Evidence-Based Care - Does Changing the Weight Criteria for Discharge Reduce Readmission Rates on a Child and Adolescent Inpatient Eating Disorder Unit?

Leora Pinhas, MD FRCP, Psychiatrist, Hospital For Sick Children, Toronto, ON, Canada; Katharine McRoberts, RN, Nurse Educator, Hospital for Sick Children, Toronto, ON, Canada; Belinda Grech, BA, Staff RN, Hospital for Sick Children, Toronto, ON, Canada; Debra Katzman, MD, Professor of Pediatrics, Hospital for Sick Children, Toronto, ON, Canada

11:45 a.m.

P38

Gender Differences in Self-Silencing Behaviours as Predictors of Eating Pathology Among Adolescents

Sarah Jane Norwood, MA, Doctoral Student, York University, Toronto, ON, Canada; Annick Buchholz, PhD, Lead, Outcomes Management and Research, Children's Hospital of Eastern Ontario, Ottawa, ON, Canada; Anne Bowker, PhD, Full Professor, Carleton University, Ottawa, ON, Canada; Katherine Henderson, PhD, Clinical Director, Eating Disorder Program, Children's Hospital of Eastern Ontario, Ottawa, ON, Canada; Gary Goldfield, PhD, Investigator, Children's Hospital of Eastern Ontario Research Institute, Ottawa, ON, Canada; Martine Flament, MD, PhD, Director, Youth Research Unit, University of Ottawa Institute of Mental Health Research, Ottawa, ON, Canada

12:00 noon

P39

General Psychological Functioning in Adolescents with a Diagnosis Of Anorexia Nervosa: A Comparison of Agreement Between Parent And Adolescent Report, Before and After a Period of Treatment Involving the Family

Beth Watkins, PhD, Dr, Great Ormond Street Hospital, London, United Kingdom; Nedah Hassanali, BSc. student, Miss, Great Ormond Street Hospital, London, United Kingdom



12:15 p.m.

P40

Pre-Meal State Negative Affect Predicts Increased Intake of Snack and Dessert-Type Foods In Youth With Loss of Control Eating

Lisa Ranzenhofer, MA, Doctoral Candidate, Uniformed Services University of Health Sciences, Bethesda, MD, USA; Marian Tanofsky-Kraff, PhD, Assistant Professor, Uniformed Services University of Health Sciences, Bethesda, MD, USA; Lauren Shomaker, PhD, Post-Doctoral Fellow, Uniformed Services University of Health Sciences, Bethesda, MD, USA; Laura Wolkoff, BS, Research Assistant, National Institute of Child Health and Human Development, Bethesda, MD, USA; Kelli Columbo, BS, Research Assistant, National Institute of Child Health and Human Development, Bethesda, MD, USA; Camden Elliott, MA, Doctoral Candidate, Uniformed Services University of Health Sciences, Bethesda, MD, USA; Susan Yanovski, MD, Co-director, Office of Obesity Research, National Institute of Diabetes and Digestive and Kidney Diseases, Bethesda, MD, USA; Jack Yanovski, MD/PhD, Investigator, National Institute of Child Health and Human Development, Bethesda, MD, USA

12:30 p.m.

P41

A Preliminary Investigation of Loss of Control Eating Disorder (LOC-ED) in Children Age 12y and Younger

Camden Elliott, MA, Student, Uniformed Services University, Washington, DC, USA; Marian Tanofsky-Kraff, PhD, Assistant Professor, Uniformed Services University, Bethesda, MD, USA; Laura Wolkoff, BA, research assistant, Unit on Growth and Obesity, NICHD, Bethesda, MD, USA; Kelli Columbo, BS, Research Assistant, Unit on Growth and Obesity, NICHD, Bethesda, MD, USA; Susan Yanovski, MD, Co-Director, Office of Obesity Research, NIDDK, Bethesda, MD, USA; Lauren Shomaker, PhD, Post-Doctoral Fellow, Unit on Growth and Obesity, NIH, Bethesda, MD, USA; Sheila Brady, RN, Nurse Practitioner, Unit on Growth and Obesity, NIH, Bethesda, MD, USA; Jack Yanovski, MD, PHD, Head, Unit on Growth and Obesity, NICHD, NIH, Bethesda, MD, USA

12:45 p.m.

P42

Does Coping Matter? A Mediational Model of Stress, Coping, and Eating Pathology

Katherine Henderson, PhD, Children's Hospital of Eastern Ontario, Ottawa, ON, Canada; Nicole Obeid, MA, PhD Student, Children's Hospital of Eastern Ontario, Ottawa, Canada; Annick Buchholz, PhD, Children's Hospital of Eastern Ontario, Ottawa, ON, Canada; Gary Goldfield, PhD, Children's Hospital of Eastern Ontario Research Institute, Ottawa, ON, Colombia; Martine Flament, MD, PhD, Institute of Mental Health Research, Ottawa, ON, Canada

H. Body Image I

Wolf Dietrich Saal/1

Chair: Susan Paxton

11:30 a.m.

P43

Reducing Eating Disorder Risk Factors in Female Athletes: The Female Athlete Body Project

Carolyn Becker, PhD, Associate Professor, Trinity University, San Antonio, TX, USA; Leda McDaniel, BA, Project Coordinator, Trinity University, San Antonio, TX, USA; Marc Powell, LAT, ATC, Head Athletic Trainer, Trinity University, San Antonio, TX, USA; Stephanie Bull, BA, Project Coordinator, Trinity University, San Antonio, TX, USA; Leah Hay, BA, Student, Trinity University, San Antonio, TX, USA; Miquela Garcia, BA, Student, Trinity University, San Antonio, TX, USA; Virginia Haley, HS, Student, Trinity University, San Antonio, TX, USA

11:45 a.m.

P44

Thin-Ideal Representations in African American Magazines

Heather Thompson-Brenner, PhD, Director, Eating Disorders Program, Boston University, Boston, MA, USA; Christina L. Boisseau, MA, Doctoral Student, Boston University, Boston, MA, USA; Amanda Paolitto, MA, Research Assistant, Boston University, Boston, MA, USA; Michelle St. Paul, BA, Research Assistant, Boston University, Boston, MA, USA; Ashley Witt, BA, Research Assistant, Boston University, Boston, MA, USA

12:00 noon

P45

Eating Disorder Symptoms and Fears of Humiliation/Rejection: A Consideration of Parental Criticism and Socially Prescribed Perfectionism

Sherry Van Blyderveen, PhD, Psychologist, McMaster Children's Hospital, Hamilton, ON, Canada; Jessie Miller, PhD, Post-Doctoral Student, McMaster University, Hamilton, ON, Canada

12:15 p.m.

P46

Testing Predictors of the Socioculturally Based Dual-Pathway Model in the Development of Disordered Eating in Athletes

Sarah Howes, Master of Arts, Senior Research Assistant, University of Rhode Island/Butler Hospital, Providence, RI, USA

12:30 p.m.

P47

New Moves: Findings from a Group-Randomized Trial to Prevent Weight-Related Problems in Adolescent Girls

Dianne Neumark-Sztainer, PhD, Professor, Division of Epidemiology and Community Health, Minneapolis, MN, USA; Sarah Friend, MPH, RD, Evaluation Coordinator, University of Minnesota, Minneapolis, MN,

USA; Colleen Flattum, MS, RD, Intervention Coordinator, University of Minnesota, Minneapolis, MN, USA; Mary Story, PhD, RD, Professor, University of Minnesota, Minneapolis, MN, USA; Peter Hannan, MStat, Statistician, University of Minnesota, Minneapolis, MN, USA

12:45 p.m.

P48

The Relationship between Selflessness Levels and the Severity of Anorexia Nervosa Symptomatology

Rachel Bachner-Melman, PhD, Dr, Hadassah University Medical Center, Jerusalem, Israel; Ada H. Zohar, PhD, Professor, Ruppin Academic Center, Emek Hefer, Israel; Eytan Bachar, PhD, Professor, Hadassah University Medical Center, Jerusalem, Israel

I. Cognitive Behavioral Therapy

Europa Saal/2

Chair: Corinna Jacobi

11:30 a.m.

P49

The Efficacy of Cognitive-Behavioural Therapy for Eating-Disordered Populations: A Meta-Analysis

Catherine McKeown, BAH Psychology, Social Worker, University of Windsor, Oshawa, ON, Canada

11:45 a.m.

P50

Transdiagnostic CBT-E: A Naturalistic Trial Comparing Treatment Completers and Drop-Outs

Anthea Fursland, PhD, Principal Clinical Psychologist, Centre for Clinical Interventions, Northbridge, Australia; Susan Byrne, DPhil, Associate Professor, University of Western Australia, Crawley, Australia

12:00 noon

P51

An Evaluation of the Transdiagnostic Cognitive-Behavioural Model of Eating Disorders

Amy Lampard, BA (Hons), PhD Candidate, University of Western Australia, Crawley, Australia; Susan Byrne, PhD DPhil, Associate Professor, University of Western Australia, Crawley, Australia; Anthea Fursland, PhD, Specialist Clinical Psychologist, Centre for Clinical Interventions, Northbridge, Australia

12:15 p.m.

P52

Effects of Cognitive-Behavioral Therapy on Eating Disorders: Neurotransmitter secretory Response to Treatment

Francesca Brambilla, MD, Consultant, Dept. Mental Health, Milano, Italy; Riccardo Dalle Grave, Director, MD, Center for Eating Disorders, Garda (VR), Italy; Riccardo Dalle Grave, Director, MD, Center for Eating Disorders,

Garda (VR), Italy; Riccardo Dalle Grave, Director, MD, Center for Eating Disorders, Garda (VR), Italy; Simona Calugi, Consultant, MD, Center for Eating Disorders, Garda (VR), Italy

12:30 p.m.

P53

The Effect of Cognitive Behavioral Therapy for Bulimia Nervosa on Nighttime Eating

Jennifer Lundgren, PhD, Assistant Professor, University of Missouri-Kansas City, Kansas City, MO, USA; Jennifer Shapiro, PhD, Scientific Director, Santech, Inc., La Jolla, CA, USA; Cynthia Bulik, PhD, Professor, University of North Carolina at Chapel Hill, Chapel Hill, NC, USA

12:45 p.m.

P54

What Happens to Therapeutic Alliance in Those Who Complete or Do Not Complete a Course of Psychotherapy for Anorexia Nervosa

Jennifer Jordan, PhD, University of Otago, Christchurch, Christchurch, New Zealand

J. Different Treatment Approaches

Karajan Saal/1

Chair: Manfred Fichter

11:30 a.m.

P55

Longitudinal Investigation of Eating Disorder Symptomatology Associated with Behavioral-Weight Loss Treatment

Erin Moss, MSc, Graduate Student, University of Calgary, Calgary, AB, Canada; Kristin von Ranson, PhD, Associate Professor, University of Calgary, Calgary, AB, Canada

11:45 a.m.

P56

BMI Banding - A Weight Management Process to Enhance Weight Restoration and Reduce Length of Hospital Admissions?

Shane Jeffrey, Graduate Diploma, Dietitian, Royal Brisbane and Womens Hospital, Samford Valley, Australia



12:00 noon

P57

The Use Of Outdoor Spaces Within In-patient Treatment

Becky Taylor, PgDip, Head of Research, Plumpton College, Plumpton, United Kingdom; Andrew Church, PhD, Professor, University of Brighton, Brighton, United Kingdom

12:15 p.m.

P58

The Effectiveness of Interpersonal Psychotherapy from an Emotion Regulation Perspective

Haruka Konishi, BA, Teaching Assistant Research Coordinator, Temple University Japan, Saitama, Japan; Hiroko Mizushima, MD, PhD, Psychiatrist, Temple University Japan, Tokyo, Japan; Kathleen Pike, PhD, Professor, Temple University Japan, Tokyo, Japan; Mirai So, MD, Psychiatrist, Temple University Japan, Tokyo, Japan

12:30 p.m.

P59

Effectiveness of a DBT-Oriented Day Treatment Program for Patients with Complex Eating Disorders: Getting Creative with Evidence-Based Practice

Anita Federici, PhD, Psychologist (Supervised Practice), Cleveland Center for Eating Disorders, Cleveland, OH, USA; Denise D. Ben-Porath, PhD, Associate Professor, John Carroll University, Cleveland, OH, USA; Mark Warren, MD, MPH, FAED, Medical Director, Cleveland Center for Eating Disorders, Cleveland, OH, USA; Lucene Wisniewski, PhD, FAED, Clinical Director, Cleveland Center for Eating Disorders, Cleveland, OH, USA

12:45 p.m.

P60

Treating Eating Disorders in Conjunction with Substance Abuse, PTSD and Borderline PD using Dialectical Behavior Therapy

Sarah Fischer, PhD, Assistant Professor, University of Georgia, Athens, GA, USA; Bonney Reed-Knight, MS, Graduate Student, University of Georgia, Athens, GA, USA; Erin Hartzell, MS, Graduate Student, University of Georgia, Athens, GA, USA; Alana Seibert, MS, Graduate Student, University of Georgia, Athens, GA, USA

1:00 – 2:15 p.m.

Lunch on Your Own

1:00 – 2:15 p.m.

Special Interest Group (SIG) Annual Meetings
(Box lunch available with advanced purchase.)

The following Special Interest Groups will hold annual meetings. New members are welcome. Additional SIG meetings will be held on Thursday, June 10 from 12:45 – 2:00 p.m.

Athletes

Mozart Saal 1 & 2-G

Co-Chairs: Ron Thompson, PhD, FAED and Jennifer Harriger, PhD

Bariatric Surgery

Karajan Saal-1

Co-Chairs: Carol Signore, MAT, LMAT, MS, Melissa Santos and Andrea Vazzano

Child & Adolescent Eating Disorders

Wolf Dietrich Saal-1

Co-Chairs: Nancy Zucker, PhD and Katherine Loeb, PhD

Cognitive Behavior Therapy

Europa Saal-2

Co-Chairs: Wayne Bowers, PhD, ABFP, FAED and Myra Cooper, DPhil

Health at Every Size

Papageno Saal-Sheraton-G

Co-Chairs: Ellen Shuman, Deb Burgard, PhD and Sigrún Daníelsdóttir

Information Technology & Eating Disorders

Paracelsus Saal-2

Co-Chairs: Stephanie Bauer, PhD and Jennifer Shapiro, PhD

Medical Care

Mozart Saal 3-G

Co-Chairs: Ovidio Bermudez, MD, FAED, Laird Birminham, MD, FAED and Kim McCallum, MD

Neuropsychology

Mozart Saal 4-G

Co-Chairs: Kate Tchanturia, PhD and Janet Treasure, FRCPsych

New Investigators

Europa Saal-2

Co-Chairs: Marci Gluck, PhD and Jennifer Boisvert, MA

Nursing Care

Traki Saal-3

Co-Chairs: Sandra Hannon-Engel, MSN, RN, CS and Kirsti Weekes

Psychodynamic Psychotherapy

Mozart Saal 5-G

Co-Chairs: David Tobin, PhD, FAED and Laura Weisberg, PhD

2:30 p.m. – 4:00 p.m.

Oral Scientific Paper Session II

(Brief scientific papers for presentation and discussion)

A. Internet-Based Approaches

Papageno Saal/The Sheraton - G

Chair: Steffi Bauer

2:30 p.m.

P61

Internet-Based Relapse Prevention for Eating Disorders Following Inpatient Treatment: Randomized Controlled Trial for Anorexia Nervosa

Manfred Fichter, MD, Professor of Psychiatry, Roseneck Hospital for Behavioral Medicine, Prien, Germany

2:45 p.m.

P62

Guided Self-Treatment on the Internet for Binge-Eating Disorder: First Results of a Randomized Controlled Trial

Isabelle Carrard, Dipl Psy, Psychologist, Geneva University Hospital, Geneva 14, Switzerland; Christelle Crépin, Dipl Psy, Psychologist, Geneva University Hospital, Geneva 14, Switzerland; Tony Lam, MBA, Director, Netunion, Lausanne, Switzerland; Patrick Rouget, Dipl Psy, Psychologist, Geneva University Hospital, Geneva 14, Switzerland; Alain Golay, MD, Professor, Geneva University Hospital, Geneva 14, Switzerland; Martial Van der Linden, PhD, Professor, Geneva University, Geneva, Switzerland

3:00 p.m.

P63

Which Women Are Most Negatively Affected By Viewing A Pro-Anorexia Website? A Test Of Three Moderators

Kamila Cass, PhD, Multisystemic Therapist, Jefferson Center for Mental Health, Lakewood, CO, USA; Anna Bardone-Cone, PhD, Associate Professor of Psychology, University of North Carolina at Chapel Hill, Chapel Hill, NC, USA

3:15 p.m.

P64

Impact of an Internet Program on Reducing Eating Disorder Behaviors and Comorbidities in High Risk College Women

Meghan Sinton, PhD, Research Instructor, Washington University School of Medicine, Saint Louis, MO, USA; Vickie Chang, PhD, Research Instructor, Stanford University, Stanford, CA, USA; Mickey Trockel, PhD/MD, Clinical Instructor, Stanford University, Stanford, CA, USA; Andrea Kass, BA, Graduate Student, Washington University, Saint Louis, MO, USA; Darby Cuning, MA, Social Science Research Assistant, Stanford University, Stanford, CA, USA; Corinna Jacobi, PhD, Professor, Dresden University, Dresden, Germany; Denise Wilfley, PhD, Professor of Psychiatry, Washington University School of Medicine, Saint Louis, MO, USA; C. Barr Taylor, MD, Professor of Psychiatry, Stanford University, Stanford, CA, USA

3:30 p.m.

P65

Comparison of Two Internet Delivered Prevention Interventions for Body Dissatisfaction and Disordered Eating

Hannah Hoile, BA Hons, Psychologist, La Trobe University, Melbourne, Vic, Australia; Susan Paxton, PhD, Professor, La Trobe University, Melbourne, Vic, Australia

3:45 p.m.

P66

Therapeutical Experiences with Chat Sessions in an Online Support Program for Eating Disordered Patients

Márta Varga, MA in Psychology, PhD student, Semmelweis University, Budapest, Institute of Behavioural Sciences, Budapest, Hungary; Hayriye Gülec, MA, Research Fellow, Semmelweis University, Budapest, Institute of Behavioural Sciences, Budapest, Hungary; Elisabeth Kohls, Dipl Psych, Research Fellow, Semmelweis University, Budapest, Institute of Behavioural Sciences, Budapest, Hungary; Ferenc Túry, MD, Professor, Chair Person, Semmelweis University, Budapest, Institute of Behavioural Sciences, Budapest, Hungary

B. Assessment

Mozart Saal 3/G

Chair: Daniel Fassnacht

2:30 p.m.

P67

Validation of the German Version of the Sociocultural Attitudes Towards Appearance Questionnaire (SATAQ-G)

Christine Knauss, PhD, Research Fellow, Department of Psychology, University of Berne, Berne, Switzerland; Susan Paxton, PhD, Professor, School of Psychological Science, La Trobe University, Melbourne, Australia; Françoise Alsaker, PhD, Professor, Department of Psychology, University of Berne, Berne, Switzerland

2:45 p.m.

P68

Body Checking Induces an Attentional Bias for Body-Related

Smeets Elke, Msc, PhD Student, Maastricht University Faculty of Psychology, Maastricht, Netherlands



3:00 p.m.

P69

Development and Validation of the Knowledge of Eating Disorders Scale (KEDS)

Valerie Kryszanski, PhD, Psychologist, University of Manitoba, Winnipeg, MB, Canada; Vanessa Illing, MA, Psychology Resident, The University of Ottawa, Ottawa, ON, Canada; Giorgio A Tasca, PhD, Psychologist, University of Ottawa & The Ottawa Hospital, Ottawa, ON, Canada; Natasha Demidenko, PhD, Psychologist, University of Ottawa & The Ottawa Hospital, Ottawa, ON, Canada; Hany Bissada, MD, Psychiatrist, The Ottawa Hospital, Ottawa, ON, Canada

3:15 p.m.

P70

Translation of the SCOFF Questionnaire and Validation of this French Version for the Screening of Eating Disorders in a Student Population.

Frederico Garcia, MD, Dr, Nutrition Unit, Biomedical Research Institute EA 4311, Rouen University, Rouen, France

3:30 p.m.

P71

Assessing Health-Related Quality of Life in Patients with Eating Disorders: A Comparison of Generic and Disease-Specific Measures

Lisa Franzen, BAS, Research Study Coordinator, Melrose Institute, St. Louis Park, MN, USA; Diann Ackard, PhD, Therapist, Private Practice, Golden Valley, MN, USA; Scott Engel, PhD, Research Scientist, Neuropsychiatric Research Institute, Fargo, ND, USA; Catherine Cronemeyer, MA, Research Manager, Melrose Institute, St. Louis Park, MN, USA

3:45 p.m.

P72

The Stepwise Database: Results from the First Five Years of Internet-Based Data Collection for Specialized Eating Disorder Treatment.

Andreas Birgegård, PhD, Psychologist, Karolinska Institute, Stockholm, Sweden; Caroline Björck, PhD, Psychologist, Karolinska Institute, Stockholm, Sweden

C. Body Image II

Wolf Dietrich Saal/1

Chair: Hana Papezova

2:30 p.m.

P73

The Internet and Adolescent Girls' Drive for Thinness.

Marika Tiggemann, PhD, Professor, Flinders University, Adelaide, Australia

2:45 p.m.

P74

A Cross-Cultural Exploration of the Tripartite Influence Model of Body Image and Eating Disturbance Among Australian and French Students

Rachel Rodgers, PhD, Psychologist, CERPP, Toulouse, France; Henri Chabrol, PhD, Professor, CERPP, Toulouse, France; Susan Paxton, PhD, Professor, La Trobe University, Melbourne, Australia

3:00 p.m.

P75

Pain and Body Perception in Eating Disorders Modified by Social Factors (Beauty Ideal) in Patients With and Without Self-Harming Behavior

Hana Papezova, Prof., Head of ED Unit, Psychiatric Department, Prague, Czech Republic

3:15 p.m.

P76

Shape and Weight Overvaluation and Conditional Goal-Setting as Mediators Between Perfectionism and Eating Disorder Psychopathology in Women with Eating Disorders

Hunna Watson, PhD, Research Psychologist, Centre for Clinical Interventions, Department of Health in Western Australia, Perth, Australia; Bronwyn Raykos, PhD, Clinical Psychologist, Centre for Clinical Interventions, Department of Health in Western Australia, Perth, Australia; Helen Street, PhD, Associate Professor, University of Western Australia, Perth, Australia; Anthea Fursland, PhD, Specialist Clinical Psychologist, Centre for Clinical Interventions, Department of Health in Western Australia, Perth, Australia; Paula Nathan, MPsych(Clinical), Clinical Director, Centre for Clinical Interventions, Department of Health in Western Australia, Perth, Australia

3:30 p.m.

P77

Self-esteem Threat Combined with Exposure to Salient Appearance Information Leads to Reduced Eating in Women

Josee Jarry, PhD, Associate Professor, University of Windsor, Windsor, ON, Canada; Katie Leblang, BA, Graduate Student, University of Windsor, Windsor, ON, Canada; Catherine McKeown, BA, Student, University of Windsor, Windsor, ON, Canada

3:45 p.m.

P78

Mindful Exercise: A New Tool in Health Promotion and Eating Disorders Prevention?

Rachel Calogero, PhD, ESRC Postdoctoral Fellow, University of Kent, Canterbury, United Kingdom

D. Recovery

Karajan Saal/1

Chair: Eric van Furth**2:30 p.m.****P79****What Anorexia Nervosa Patients Want from their Family : A Recovered Patient Perspective**

Chisato Ohara, MA, Clinical Psychologist, Institute of Women's Health, Tokyo Women's Medical University, Tokyo, Japan; Yuko Yamamiya, PhD, Adjunct Faculty, Temple University Japan, Tokyo, Japan; Toshiko Kamo, MD, Professor, Institute of Women's Health, Tokyo Women's Medical University, Tokyo, Japan; Mari Suzuki Hotta, Professor, MD, Health Services Center of National Graduate Institute for Policy Studies, Tokyo, Japan

2:45 p.m.**P80****Differences in Coping Across Stages of Recovery from an Eating Disorder**

Ellen Fitzsimmons, BA, Clinical Psychology Graduate Student, University of North Carolina at Chapel Hill, Chapel Hill, NC, USA; Anna Bardone-Cone, PhD, Associate Professor, University of North Carolina at Chapel Hill, Chapel Hill, NC, USA

3:00 p.m.**P81****Should I Ask about their Eating?: Disclosure of Eating Disorders and Subsequent Help Seeking**

Caroline Meyer, PhD, Reader in Psychology, Loughborough University, Loughborough, United Kingdom

3:15 p.m.**P82****Understanding Quality of Life in the Recovery of Adolescent Anorexia: What do Parents and Teens Report**

Rosemary Calderon, PHD, Associate Professor, University of Washington, Seattle, WA, USA

3:30 p.m.**P83****Waiting for Weight Gain: An Eight-Year Case Review of the Role of Hospitalisation and Family-Based Treatment in Weight Recovery from Adolescent Anorexia Nervosa**

Jane Miskovic, DCP Student-2010Grad, Eating Disorder Research Manager, The Children's Hospital at Westmead, Westmead NSW, Australia; Sloane Madden, BMed/BSurg, Senior Staff Specialist, The Children's Hospital at Westmead, Westmead NSW, Australia; Andrew Wallis, BSocial Work, Senior Social Worker, The Children's Hospital at Westmead, Westmead NSW, Australia; Paul Rhodes, PhD, Clinical Psychologist, University of

Sydney, Camperdown 2006, Australia; Michael Kohn, BMed/BSurg, Senior Staff Specialist, The Children's Hospital at Westmead, Westmead NSW, Australia; Stephen Touyz, PhD, Professor of Clinical Psychology, University of Sydney, Camperdown, Australia

3:45 p.m.**P84****Eating Disorder Recovery: The Stories Told by Those Recovered**

V. Kieley Oberlin, PhD Candidate, Eating Disorder Treatment Specialist, Trinity College Dublin, Dublin, Ireland

E. Genes & Brain

Mozart Saal 1 & 2/G

Chair: Howard Steiger**2:30 p.m.****P85****A Genomewide Scan for Anorexia Nervosa Genes: Genetic Consortium for Anorexia Nervosa (GCAN)**

Cynthia Bulik, PhD, Distinguished Professor, University of North Carolina, Chapel Hill, NC, USA; David Collier, PhD, Professor, Kings College, London, United Kingdom; Patrick Sullivan, MD, FRANZCP, Distinguished Professor, University of North Carolina, Chapel Hill, NC, USA

2:45 p.m.**P86****Contributions of the Glucocorticoid Receptor Polymorphism (Bcl1) and Childhood Abuse to Risk of Bulimia Nervosa With (and Without) Comorbid Psychiatric Disorders**

Howard Steiger, PhD, Program Director, Eating Disorders Program, Douglas University Institute, Montreal (Verdun), QB, Canada; Lise Gauvin, PhD, Professor, University of Montreal, Montreal (Verdun), QB, Canada; Kenneth Bruce, PhD, Psychologist, EDP, Douglas Institute, Montreal, QB, Canada; Ridha Joobar, MD, Psychiatrist, Douglas Institute, Montreal, QB, Canada; Mimi Israel, MD, Psychiatrist, EDP, Douglas Institute, Montreal, QB, Canada; Patricia Groleau, BA, grad student, McGill University, Montreal, QB, Canada; Jodie Richardson, PhD, Grad Student, McGill University, Montreal, QB, Canada; NMK Ng Yin Kin, PhD, Researcher, Douglas Institute, Montreal, QB, Canada

3:00 p.m.**P87****A Pilot Investigation of the Effects of Repetitive Transcranial Magnetic Stimulation(rTMS) in Bulimic Disorders**

Angelica Claudino, MD, PhD, UNIFESP, São Paulo, Brazil



3:15 p.m.

P88

The Relationship Between Fractional Anisotropy and Body Mass Index in Anorexia Nervosa

Graham Redgrave, MD, Assistant Professor, Johns Hopkins University School of Medicine, Baltimore, MD, USA; Sarah Reading, MD, Assistant Professor, Johns Hopkins University School of Medicine, Baltimore, MD, USA; Arnold Bakker, MA, Graduate Student, Johns Hopkins University, Baltimore, MD, USA; Nicholas Bello, PhD, Postdoctoral Fellow, Johns Hopkins University School of Medicine, Baltimore, MD, USA; Brian Caffo, PhD, Associate Professor, Johns Hopkins Bloomberg School of Public Health, Baltimore, MD, USA; Janelle Coughlin, PhD, Assistant Professor, Johns Hopkins University School of Medicine, MD, USA; Angela Guarda, MD, Associate Professor, Johns Hopkins University School of Medicine, MD, USA; Julie McEntee, MS, Research Assistant, Johns Hopkins University School of Medicine, Baltimore, MD, USA; James Pekar, PhD, Associate Professor, Johns Hopkins University School of Medicine, Baltimore, MD, USA; Guillermo Verdusco, BA, Research Assistant, Johns Hopkins University School of Medicine, Baltimore, MD, USA; Timothy Moran, PhD, Professor, Johns Hopkins University School of Medicine, Baltimore, MD, USA

3:30 p.m.

P89

Testing the Insula Hypothesis

Ian Frampton, DPsych, Deputy Research Director, Oslo University Hospital, Oslo, Norway; Bryan Lask, MD, Research Director, Oslo University Hospital, Oslo, Norway

3:45 p.m.

P90

Expectancy Determines Brain Reward Signals in Anorexia Nervosa
Guido Frank, MD, Assistant Professor, University of Colorado Denver, Aurora, CO, USA

F. Special Groups: Men and Older Women

Mozart Saal 4/G

Chair: Anu Raevuori

2:30 p.m.

P91

Early Onset Eating Disorders in Boys a Prospective Study

Sloane Madden, FRANZCP, Head of Eating Disorder Service, The Children's Hospital at Westmead, Westmead, Australia; Dasha Nicholls, MD, Dr, Great Ormond St Hospital, Harpenden, United Kingdom; Dasha Nicholls, MD, Dr, Great Ormond St Hospital, Harpenden, United Kingdom; Dasha Nicholls, MD, Dr, Great Ormond St Hospital, Harpenden, United Kingdom; Leora Pinhas, FRCP, Assistant Professor, Hospital for Sick Kids, Toronto, ON, Canada; Debbie Katzman, FRCP, Paediatrician, The Hospital for Sick Kids, Toronto, ON, Canada

2:45 p.m.

P92

The Utility of the Eating Disorders Examination in Adolescent Males.

Alison Darcy, PhD, Post-Doctoral Research Fellow, Stanford University, Stanford, CA, USA; Angela Celio Doyle, PhD, Clinical Associate, The University of Chicago, Department of Psychiatry and Behavioral Neuroscience, Chicago, IL, USA; Peter Doyle, PhD, Postdoctoral Fellow, University of Chicago, Chicago, IL, USA; James Lock, MD, PhD, Professor, Stanford, Stanford, CA, USA; Rebecka Peebles, MD, Instructor, Stanford University, Stanford, CA, USA; Daniel le Grange, PhD, Professor of Psychiatry & Behavioral Neuroscience, University of Chicago, Chicago, IL, USA

3:00 p.m.

P93

Latino Males: A Description of Disordered Eating Behaviors

Mae Lynn Reyes, PhD, Clinical Assistant Professor, University of North Carolina at Chapel Hill, Chapel Hill, NC, USA; Margarita Sala, BA Candidate, Psychology student, University of North Carolina at Chapel Hill, Chapel Hill, NC, USA; Ann Von Holle, MS, Biostatistician, University of North Carolina at Chapel Hill, Chapel Hill, NC, USA; Cynthia Bulik, PhD, Director ED UNC Program, University of North Carolina at Chapel Hill, Chapel Hill, NC, USA

3:15 p.m.

P94

An Evaluation of a Body Image and Disordered Eating Intervention for Women in Midlife: An RCT

Susan Paxton, PhD, Professor, La Trobe University, Melbourne, Vic, Australia; Sian McLean, BScHons, Ms, La Trobe University, Melbourne, Vic, Australia

3:30 p.m.

P95

Late Onset In Eating Disorders

Fernando Fernandez-Aranda, Head of Unit, PhD, FAED, Department of Psychiatry, University Hospital of Bellvitge, Barcelona, Spain; Blanca Bueno, Department of Psychiatry, HUB, Barcelona, Spain; Isabel Krug, Department of Psychiatry, HUB, Barcelona, Spain; Cynthia M Bulik, PhD, FAED, Department of Psychiatry, University of North Carolina, Chapel Hill, NC, USA; Susana Jimenez-Murcia, Department of Psychiatry, HUB, Barcelona, Spain; Roser Granero, Laboratori d'Estadística Aplicada, UAB, Barcelona, Spain; Laura Thornton, Department of Psychiatry, UNC, Chapel Hill, NC, USA; Eva Penelo, Laboratori d'Estadística Aplicada, UAB, Barcelona, Spain; Isabel Sanchez, Department of Psychiatry, HUB, Barcelona, Spain; Jose M. Menchon, Department of Psychiatry, HUB, Barcelona, Spain

3:45 p.m.

P96

More Midlife Women are Seeking Eating Disorders Treatment

Deborah Mangham, MD, Associate Medical Director, Melrose Institute, St. Louis Park, MN, USA

G. Outcome Course of Illness II

Trakl Saal/3

Chair: Jacqui Carter

2:30 p.m.

P97

Thinness and Restricting Expectancies and Trait Urgency Prospectively Predict Increases in Restriction and Purging over the First Semester of College

Claire Peterson, MA, Graduate Student, University of Georgia, Athens, GA, USA

2:45 p.m.

P98

Are Individuals with Subthreshold Eating and Shape Disorders at Similar Risk to Those with Full-Threshold Eating Disorders for Substance Use, Depression, Poor Self-Esteem and Suicide?

Diann Ackard, PhD, Licensed Psychologist; Adjunct Assistant Professor, Private Practice; University of Minnesota, Golden Valley, MN, USA; Jayne Fulkerson, PhD, Associate Professor, University of Minnesota School of Nursing, Minneapolis, MN, USA; Dianne Neumark-Sztainer, PhD, Professor, University of Minnesota Division of Epidemiology and Community Health, Minneapolis, MN, USA

3:00 p.m.

P99

Predictors of Relapse in Anorexia Nervosa: A Longitudinal Prospective Study

Jacqueline Carter, PhD, Staff Psychologist, University Health Network (Toronto General Hospital), Toronto, ON, Canada; Carmen Bewell, MA, Research Assistant, University Health Network (Toronto General Hospital), Toronto, ON, Canada; Kimberley Mercer, MA, Research Assistant, University Health Network (Toronto General Hospital), Toronto, ON, Canada; Marion Olmsted, PhD, Director of Eating Disorders Program, University Health Network (Toronto General Hospital), Toronto, ON, Canada; Blake Woodside, FRCPC, MD, Medical Director, University Health Network (Toronto General Hospital), Toronto, ON, Canada; Ross Crosby, PhD, Director of Biomedical Statistics, Neuropsychiatric Research Institute, Fargo, ND, USA

3:15 p.m.

P100

Weight Cycling in Anorexia Nervosa

Susan Hart, PhD Candidate, Program Manager, Royal Prince Alfred Hospital, Camperdown, Australia

3:30 p.m.

P101

Adolescent and Parent Outcomes and Trajectories of Change Following Family Based Treatment for an Eating Disorder

Laura Girz, MA, Student, University of Toronto, Toronto, ON, Canada

3:45 p.m.

P102

Cognitive Predictors of Eating Disorder Symptoms: a Prospective Cohort Study

Gillian Todd, PhD, Senior Lecturer, University of East Anglia, Norwich, United Kingdom

H. Classification

Mozart Saal 5/G

Chair: Hans Kordy

2:30 p.m.

P103

Effects of Broadening Definitions of Anorexia Nervosa on Sample Characteristics

Jocelyn Dellava, PhD, Post Doctoral Fellow, University of North Carolina at Chapel Hill, Chapel Hill, NC, USA; Laura Thornton, PhD, Biostatistician, University of North Carolina at Chapel Hill, Chapel Hill, NC, USA; Paul Lichtenstein, PhD, Professor, Karolinska Institutet, Stockholm, Sweden; Nancy Pedersen, PhD, Professor, Karolinska Institutet, Stockholm, Sweden; Cynthia Bulik, PhD, William and Jeanne Jordan Distinguished Professor of Eating Disorders, University of North Carolina at Chapel Hill, Chapel Hill, NC, USA

2:45 p.m.

P104

Cultural Sensitivity of the DSM-IV Eating Disorder Diagnostic Criteria

Marisol Perez, PhD, Assistant Professor, Texas A&M University, College Station, TX, USA



3:00 p.m.

P105

Measurement of Binge Eating: A Psychometric Study

MaryEllen Crowley, PhD, Assistant Psychologist, McLean Hospital/Harvard Medical School, Arlington, MA, USA; Courtney Warren, PhD, Assistant Professor, University of Nevada, Las Vegas, Las Vegas, NV, USA; John Garske, PhD, Professor Emeritus, Ohio University, Athens, OH, USA

3:15 p.m.

P106

Association Between Latent-Class Based Variants of Perfectionism and Variations in Clinical Symptoms in a Sample of Eating-Disordered Women.

Patricia Groleau, BA, PhD Student, McGill University, Montreal, QB, Canada; Howard Steiger, PhD, Professor & Program Director, McGill University/Douglas Institute, Montreal, QB, Canada; Jodie Richardson, BSc, PhD student, McGill University, Montreal, QB, Canada; Norbert Schmitz, PhD, Assistant Professor, McGill University/Douglas Institute, Montreal, QB, Canada; Mimi Israel, MD, Psychiatrist in Chief/Chair Psychiatry dept, McGill University/Douglas Institute, Montreal, QB, Canada; Kenneth Bruce, PhD, Assistant Professor/Psychologist, McGill University/Douglas Institute, Montreal, QB, Canada

3:30 p.m.

P107

Process and Outcome in Eating Disorders Treatment: Does Early Response Predict Treatment Outcome?

Elisabeth Kohls, Dipl Psych, MA, Research Fellow, Semmelweis University Budapest, Institute of Behavioural Sciences, Budapest, Hungary; Benjamin Zimmer, Dipl Psych, MA, Research Fellow, Centre for Psychotherapy Research, University Hospital Heidelberg, Heidelberg, Germany; Stephanie Bauer, PhD, Research Fellow, Centre for Psychotherapy Research, University Hospital Heidelberg, Heidelberg, Germany; Hayriye Güleç, MA, Research Fellow, Semmelweis University Budapest, Institute of Behavioural Sciences, Budapest, Hungary; Ferenc Túry, MD, PhD, Prof, Chairperson, Semmelweis University Budapest, Institute of Behavioural Sciences, Budapest, Hungary

3:45 p.m.

P108

Prediction of Class Membership (Normal Control, Screen Positives. Clinical Cases for Eating Disorders) Using Discriminant Function Analysis in an Adolescent Sample

Barbara Dooley, PhD, University College Dublin, Dublin, Ireland; Fiona McNicholas, MD, Professor, Lucena Clinic, St. John of Gods and University College Dublin, Dublin, Ireland; Leonie Keogh, DPsychSc (Clinical), St. John of Gods, Dublin, Ireland

I. Treatment of AN

Europa Saal/2

Chair: Angela Favaro

2:30 p.m.

P109

A Double Blind, Placebo Controlled Study of Risperidone for the Treatment of Anorexia Nervosa

Jennifer Hagman, MD, Medical Director, The Children's Hospital, Aurora, CO, USA; Jane Gralla, PhD, Research Statistician, The Children's Hospital, Aurora, CO, USA; Sigel Eric, MD, Associate Professor, The Children's Hospital, Aurora, CO, USA; Swan Ellert, MS, Clinical Research Informatist, Department of Pediatrics, Aurora, CO, USA; Gardner Rick, PhD, Professor Emeritus, University of Colorado, Denver, Lakewood, CO, USA; Melinda Dodge, BA, Professional Research Assistant, University of Colorado Denver, Aurora, CO, USA; Marianne Wamboldt, MD, Chair of Psychiatry and Behavioral Sciences, The Children's Hospital, Aurora, CO, USA

2:45 p.m.

P110

A Randomised Control Trial of Nonspecific Supportive Clinical Management (NSCM) Versus Cognitive Behaviour Therapy (CBT) in Longstanding Anorexia Nervosa

Stephen Touyz, PhD, Professor, University of Sydney, Sydney, Australia

3:00 p.m.

P111

A RCT of Inpatient Treatment in Adolescent Anorexia Nervosa

Sloane Madden, FRANZCP, Dr., The Children's Hospital at Westmead, Westmead, Australia; Michael Kohn, FRACP, A/Prof, The Children's Hospital at Westmead, Westmead, Australia; Daniel LeGrange, PhD, Professor, The University of Chicago, Chicago, IL, USA; Lock James, PhD, Prof, Stanford University, Stanford, CA, USA; Stephen Touyz, PhD, Prof, The University of Sydney, Camperdown, Australia; Miskovic Jane, MPsych, Research Coordinator, The Children's Hospital at Westmead, Westmead, Australia; Paul Rhodes, PhD, Senior Lecturer, The University of Sydney, Camperdown, Australia

3:15 p.m.

P112

The ANTOP Study - a Randomized Multicentre Outpatient Treatment Trial in Anorexia Nervosa

Stephan Zipfel, MD/PhD, Professor, University of Tuebingen, Tuebingen, Germany; Gaby Gross, PhD, Researcher, University of Tuebingen, Tuebingen, Germany; Beate Wild, PhD, Researcher, University of Heidelberg, Heidelberg, Germany; Martin Teufel, MD, Senior Resident, University of Tuebingen, Tuebingen, Germany; Friederich H, Senior Resident, Christoph, University of Heidelberg, Heidelberg, Germany

3:30 p.m.

P113

The Effect of Weight Gain on Eating Disorder Psychopathology During Treatment for Anorexia Nervosa.

Susan Byrne, D Phil, Associate Professor, University of Western Australia, Crawley, Australia; Anthea Fursland, PhD, Principal Clinical Psychologist, Centre for Clinical Interventions, Northbridge, Australia

3:45 p.m.

P114

Mechanisms of Change in The Maudsley Model of Family-Based Treatment for Anorexia Nervosa

Rani Ellison, BA(Psych)Hons, Psychologist and Candidate for Doctorate of Clinical Psychology/Master of Scien, The University of Sydney, Sydney NSW, Australia; Sloane Madden, B Med, B Surgery, Psychiatrist-Senior Staff Specialist, The Children's Hospital at Westmead, Westmead, NSW, Australia; Michael Kohn, FRACP MD, Associate Professor, CHW, Sydney, Australia; Paul Rhodes, PhD, Senior Lecturer in Clinical Psychology, The University of Sydney, Sydney, Australia; Stephen Touyz, PhD, Professor of Clinical Psychology, The University of Sydney, Sydney, Australia; Jane Miskovic, B Psych (Hons), Research Coordinator, The Children's Hospital at Westmead, Westmead, Australia; Andrew Wallis, Master Family Therapy, Clinical Specialist Social Worker, Head of Family Therapy Team, The Children's Hospital at Westmead, Westmead, Australia

J. Professionals & Practical Applications

Paracelsus Saal/2

Chair: Leora Pinhas

2:30 p.m.

P115

First Aid for Eating Disorders: Development of Guidelines for Use by the Public

Laura Hart, BA/BSC(honours), PhD Student, Centre for Youth Mental Health, University of Melbourne, Parville, Victoria, Australia; Susan Paxton, PhD, Head of School, LaTrobe University, Melbourne VIC, Australia; Anthony Jorm, PhD, Professor, Centre for Youth Mental Health, University of Melbourne, Parkville VIC, Australia

2:45 p.m.

P116

User Groups and Structure of Intervention in Online Counselling for Eating Disorders

Ruth Verhey, MSc, Clinical Psychologist, DFE e.V. German Research Initiative for Eating Disorders, Harare, Zimbabwe

3:00 p.m.

P117

An Online Support Program for the Maintenance of Treatment Gains

Hayriye Güleç, MA, Research Fellow, Semmelweis University, Budapest, Institute of Behavioural Sciences, Budapest, Hungary; Stephanie Bauer, PhD, Research Fellow, Centre for Psychotherapy Research, University Hospital Heidelberg, Heidelberg, Germany; Markus Moessner, Dipl Psych, Research Fellow, Centre for Psychotherapy Research, University Hospital Heidelberg, Heidelberg, Germany; Elisabeth Kohls, Dipl Psych, Research Fellow, Semmelweis University, Budapest, Institute of Behavioural Sciences, Budapest, Hungary; Márta Varga, MA, Research Fellow, Semmelweis University, Budapest, Institute of Behavioural Sciences, Budapest, Hungary; Bernadett Babusa, MA, Research Fellow, Semmelweis University, Budapest, Institute of Behavioural Sciences, Budapest, Hungary; Ferenc Túry, MD, PhD, Professor and Chairperson, Semmelweis University, Budapest, Institute of Behavioural Sciences, Budapest, Hungary

3:15 p.m.

P118

Treating Patients with Eating Disorders: An Examination of Therapist Burnout

Courtney Warren, PhD, Assistant Professor, University of Nevada, Las Vegas, Las Vegas, NV, USA; Kerri Schafer, MS, Graduate Student, University of Nevada, Las Vegas, Las Vegas, NV, USA; MaryEllen Crowley, PhD, Assistant Psychologist, McLean Hospital/Harvard Medical School, Belmont, MA, USA; Roberto Olivardia, PhD, Clinical Instructor, McLean Hospital/Harvard Medical School, Arlington, MA, USA

3:30 p.m.

P119

The Role of the Eating Disorders Nurse: A Canadian and American Multi-Site, Mixed Method Study

Kirsti Weekes, MScN, Advanced Practice Nurse, Eating Disorders, The Ottawa Hospital, Ottawa, ON, Canada; Christine McPherson, PhD, Assistant Professor, University of Ottawa, School of Nursing, Ottawa, ON, Canada; Jennifer Hague, MScN, Clinical Nurse Specialist, Douglas University Institute in Mental Health, Montreal, QB, Canada; Dianne Groll, PhD, Assistant Professor, Queen's University, Department of Psychiatry, Kingston, ON, Canada

3:45 p.m.

P120

Do Undergraduate Students in Food and Exercise Related Degree Areas Require Personal and Professional Preparation?

Zali Yager, PhD, Lecturer, La Trobe University, Bendigo, Australia



4:00 – 4:30 p.m.

Exhibition Saal-2

Refreshment Break with Exhibitors

4:30 – 6:00 p.m.

Wolf Dietrich Saal-1

The Future of Eating Disorders Research: The AED/NIMH Travel Fellowship Awards

4:30 – 6:00 p.m.

Special Interest Group (SIG) Discussion Panels

A.

Karajan Saal/1

Motivational Interviewing in Nutrition Therapy

Moderator: Christina S Reiter, MS, RD, CSSD, Littleton, CO, USA

Sponsored by the Nutrition Special Interest Group

Motivational interviewing (MI), a behavioral intervention rooted in clinical theory and empirical evidence, has been successfully applied to substance abuse and other addictive behaviors. The use of a variety of techniques to increase effective motivation to change can be skillfully applied to group and individual nutrition therapy for the spectrum of eating disorders. Key components of motivational interviewing in a group setting will be presented. The panel will explore counseling strategies melded with nutrition science to enhance behavior change among eating disordered clients. An open discussion will allow participants to have the opportunity to discuss cases or clinical scenarios.

Presentation:

Motivational Interviewing in Nutrition Therapy

Eileen Stollefson Myers, MPH, RD, LDN, FADA, TN, USA and Christina S Reiter MS RD CSSD, Littleton, CO, USA

This session describes the role of the nutrition professional in supporting recovery utilizing a best practice model for effecting behavior change. The nutrition professional that has a foundation in the concepts of evidence-based behavioral therapies as applied to eating and food choices will have the effective means to support recovery in the population served. This session provides opportunities for practitioners to engage in interactive discussion and exercises to explore concepts of mindfulness, cognitive distortions, assessing readiness to change, resistance, ambivalence, connecting with patients, boundaries and self-disclosure.

B.

Europa Saal/2

Latest Developments in Eating Disorders Neuroscience

Moderators: Walter Kaye, MD, University of California, San Diego Medical Center, La Jolla, CA, USA (Neuroimaging SIG chair) and Kate Tchanturia, PhD, University of London, Institute of Psychiatry, London, UK, (Neuropsychology SIG chair)

Sponsored by the Neuropsychology and Neuroimaging Special Interest Groups

This joint Discussion Panel provides an opportunity to hear about some of the latest developments in the neuroscience of eating disorders. As a joint meeting between the Neuropsychology and Neuroimaging Special Interest Groups, the session aims to bring together clinicians and researchers to discuss the clinical implications of current studies.

Presentations:

Understanding Your Own and Other's Minds: The Relationship to Eating Disorder Symptoms

Louise Warren & Myra Cooper, University of Oxford, UK

Theory of mind or "mentalising" difficulties have not yet been investigated in detail in relation to eating disorder symptoms. Historically, Hilde Bruch discussed their importance, although they were not formally assessed. It has become important to do so, given that cognitive behaviour therapy is now widely recommended for eating disorders; yet most versions assume mentalising skills are intact.

The current study aimed to evaluate whether eating disorder symptoms are related to theory of mind abilities, including emotional, cognitive and behavioural awareness, and in relation to individual's own and others' minds. To achieve ecological validity vignettes relevant to the concerns of people with eating disorders, and constructs relevant to cognitive behaviour therapy were measured and rated by participants. Our interest was in a range of situations, none of which directly concerned weight, shape, food or eating information.

One hundred and forty five women took part in the study. Each responded to four vignettes in three modalities – how they would respond, how an attachment figure and how an acquaintance would respond. The data was coded, and good inter rater reliability was achieved. Multiple regression analyses with participants EAT score as the dependent variable were conducted, all controlling for depression, anxiety, dieting behaviour and BMI. All regressions were significant, and each identified a number of variables amongst the vignette codes that predicted unique variance in EAT score. Thus higher levels of eating disorder symptoms were associated with particular patterns of understanding not only their own reactions to the vignettes, but those of an attachment figure and an acquaintance.

The finding of differences according to EAT score, and the specific differences identified, including between self and other people, has implications for both the theory and practice of cognitive and emotional processing and their associated therapies in those with eating disorders.

Attentional Biases to Social and Emotional Cues in Anorexia Nervosa: Results from a Pictorial Stroop Task

Janet Treasure, Amy Harrison, Sarah Sullivan, Kate Tchanturia, Institute of Psychiatry, Kings College London, UK

Background

Interpersonal processes and anxiety form a key part of the clinical conceptualisation of anorexia nervosa (AN), but the experimental findings to support this are limited.

Aim

The aim of this study was to examine attentional biases to social and stimuli in people with AN.

Method

A computerised pictorial (angry and neutral faces) Stroop task was administered to 33 women with AN and 33 female healthy controls (HCs).

Results

The AN group demonstrated significantly more attentional bias for social stimuli, compared to non-social stimuli than HCs. Within the social stimuli condition (faces only), AN participants demonstrated significantly more attentional bias for angry faces compared to neutral faces than HCs. The subgroup with the attentional bias to anger had higher levels of depression. The AN group showed significantly slower response times than HCs.

Conclusions

The results demonstrate the salience of social stimuli for individuals with AN. This supports aetiological and maintenance models of AN which have interpersonal processes at their core. These findings provide some possible treatment targets for AN.

Neural Correlates of Impaired Cognitive-Behavioral Flexibility in Anorexia Nervosa

A Zastrow, S Kaiser, C Stippich, S Walther, W Herzog, K Tchanturia, A Belger, M Weisbrod, J Treasure, H-C Friederich, Center for Psychosocial Medicine, University Hospital Heidelberg, Department of Psychosomatic and General Internal Medicine, Heidelberg, Germany

Objective: Impaired cognitive and behavioral flexibility is regarded as a trait marker in anorexia-nervosa (AN) patients. However, no studies to date have investigated the neural correlates of this deficit in executive functioning in anorexia-nervosa.

Method: 15 female participants with AN and 15 age-matched healthy female controls (HC) underwent event related functional magnetic-resonance imaging (fMRI), while performing a target detection task. The task was designed to distinguish between shifts in behavioral response and shifts in cognitive set. It involves infrequent target and non-target distractor stimuli, embedded in an array of prepotent standard stimuli.

Results: Compared to controls, AN patients showed a significantly higher error rate in behavioral response shifting, independent of whether those runs also involved cognitive set shifting. During behavioral response shifting, AN patients showed reduced activation in bilateral thalamus, ventral striatum, anterior cingulate cortex (ACC), sensorimotor brain regions and cerebellum that differed significantly from the HC group, but showed dominant activation in frontal and parietal brain regions. These differential activations in patients and controls were specific to shifts in behavioral response, as except for thalamic activation, they were not observed in response to non-target distractor trials that required no alternation in behavioral response.

Conclusion: Cognitive-behavioral inflexibility in AN seems to be associated with hypoactivation in the ventral ACC-striato-thalamic loop involved in motivation-related behavior. The failure to activate cortico-subcortical pathways compared to predominant activation of fronto-parietal networks is indicative of effortful and supervisory cognitive control during task performance in AN patients.

Are Anorexia Nervosa and Bulimia Nervosa Really Eating Disorders: New Understanding of Puzzling Symptoms

Walter Kaye, MD, Tyson A. Oberndorfer, MS, Guido K.W. Frank, MD, Julie L. Fudge, MD, Alan N. Simmons, PhD, Martin P. Paulus, MD, Angela Wagner, MD, PhD Dept Psychiatry, UCSD, San Diego, CA, USA

Why do individuals with anorexia nervosa (AN) restrict food intake and become emaciated, while those with bulimia nervosa (BN) overeat? We used fMRI to interrogate 'top-down' cortical and limbic neural processes that modulate the sensory and reward aspects of food. In response to tastes of sucrose, AN had diminished and BN had exaggerated activation of the anterior insula (AI), suggesting dysregulation of sensory-interoceptive response to gustatory stimuli. The anterior insula plays an important role in interoceptive awareness. Thus the role of the anterior insula is focused on how the value of stimuli might affect the body state as well as determining homeostatic appetitive needs when hungry or satiated. AN individuals may be able to restrict food and become emaciated because of a failure of the anterior insula to respond appropriately to hunger due to altered interoceptive homeostatic mechanisms, perhaps involving disturbed sensory-hedonic tone. In contrast, the findings in BN raises the provocative possibility that an exaggerated sensory-hedonic response to palatable foods may contribute to a vulnerability for overeating. Moreover, in AN individuals, AI response to sucrose inversely correlated with dopamine D2/D3 receptor binding potential in the ventral putamen, mechanistically linking taste and the motivational components of reward. Together, these findings suggest that AI neural processing plays an important role in higher-order regulation of food-wanting behaviors.

C.

Mozart Saal 3/G

Assessment of a Fledgling Disorder: The Case of Night Eating Syndrome

Moderator: Kelly C. Allison, PhD, University of Pennsylvania, Department of Psychiatry, Philadelphia, PA, USA

Sponsored by the Eating & Sleep Special Interest Group

Proper assessment of signs and symptoms is essential to understanding and treating all disorders. The body of research on night eating syndrome is growing, and with newly proposed diagnostic criteria, assessment techniques for screening and diagnosis need to be improved. This session will describe the current assessment tools available for night eating syndrome, how they have been applied, and how they can be improved.

Presentations:

Challenges for Assessment of Night Eating Syndrome: Lessons Learned from Other Eating Disorders

Drew A. Anderson, PhD, University at Albany-SUNY, Department of Psychology, Albany, NY, USA

This presentation will first discuss important theoretical issues in the assessment of NES. For example, how does one distinguish NES from BED and bulimia nervosa and how can those differences be assessed? It will then discuss how to integrate these theoretical concerns with more practical considerations, and provide suggestions for how assessors can individualize their assessments depending on their particular needs.



Assessment of a Fledgling Disorder: The Case of Night Eating Syndrome

Jennifer D. Lundgren, PhD, University of Missouri-Kansas City, Kansas City, KS, USA

This presentation will describe the screening questionnaires, symptom inventories, and semi-structured interview currently used to assess NES. Other assessment techniques relevant to the disorder will also be described, including actigraphy, polysomnography, and monitoring of eating and sleep patterns. These techniques evaluated for advantages and shortcomings in regards to the new diagnostic criteria for NES.

Assessing Evening Hyperphagia and Nocturnal Ingestions among Eating Disorder Patients and Persons in the Community

Yael Latzer, DSc, Associate Professor, Faculty of Social Welfare and Health Sciences, Haifa University, Israel; Director, Eating Disorders Clinic, Psychiatric Division, Rambam Medical Center, Haifa, Israel

Assessing evening hyperphagia and nocturnal ingestions among patients with eating disorders is not standard practice. Our group has used clinical interviews, actigraphy, surveys, and polysomnography to assess features of night eating syndrome (NES) and sleep-related eating disorder (NES). We will discuss our previous studies using these techniques and provide analysis of the difficulties of assessing night eating behaviors among an eating disorders population, as compared to individuals from the community. We will comment on the possible overlap between the binge eating that often occurs after dinner as part of a "daytime" eating disorder and the requirement of consuming at least 25% of one's daily caloric intake after the evening meal needed to meet the NES criterion for evening hyperphagia. We will discuss the challenges this potential overlap brings to diagnosing NES.

One Patient for Two Specialists: The Strange Case of the Nocturnal Eaters. Polysomnographic and Psychological Assessment of Obese Patients Eating at Night

Piergiuseppe Vinai MD, GNOSIS Non-Profit Research Group; Studi Cognitivi Research Group; Milan, Italy

Patients dealing with nocturnal eating, either affected by Sleep Related Eating Disorder (SRED) or Night Eating Syndrome (NES), are treated by both eating and sleep disorder specialists. Given their similar nocturnal behavior and the lack of communication between the two specialists, there has been diagnostic overlap between the two syndromes. In 2008 new provisional diagnostic criteria were proposed to better distinguish SRED from NES, but there are still few studies evaluating how nocturnal eaters are assessed in eating and sleep disorder units. This presentation will describe the results of a study in which a group of consecutive obese patients affected by nocturnal eating were assessed by both a team of eating disorders specialists through a clinical interview and structured questionnaires and by sleep disorders specialists of the San Raffaele University in Milan using polysomnography and clinical interview. The results show that the proposed diagnostic criteria better split the two syndromes, but also provided evidence for needing greater collaboration between eating and sleep disorders specialists in assessing these patients.

D.

Paracelsus Saal/2

The Dual Diagnosis of Eating Disorder and Diabetes Mellitus

Moderator: Joel Jahraus, MD, Melrose Eating Disorders Program, Minneapolis, MN, USA

Sponsored by the Medical Care Special Interest Group

This SIG discussion panel will present the proceeds of a consensus conference held in Minneapolis in the Fall of 2008 where researchers and clinicians from the fields of diabetology and eating disorders gathered to discuss the definition, epidemiology, risk factors, clinical presentations, outpatient management, inpatient treatment and future directions in the care of patients with the dual diagnosis of eating disorder and diabetes mellitus. Each of these topics will be discussed, along with current available data on the increased diabetic morbidity and increased overall mortality of this challenging patient population.

Presentations:

The Dual Diagnosis of ED-DMT1: The Research Perspective

Patricia Colton, MD, FRCPC, Toronto General Hospital, Ontario, Canada

This presentation will discuss the definition, epidemiology, and risk factors associated with the dual diagnosis of eating disorder and diabetes mellitus.

The Dual Diagnosis of ED-DMT1: The Clinical Perspective

Ovidio Bermudez, MD, FAED, Laureate Eating Disorders Program, Tulsa, OK, USA

This presentation will discuss the increased diabetic morbidity, increased overall mortality, aspects of outpatient management and inpatient treatment approaches for the dual diagnosis of eating disorder and diabetes mellitus.

E.

Trakl Saal/3

What Do Transdisciplinary Approached Bring to the Integrated Prevention of Obesity and Disordered Eating?

Moderator: Michael P. Levine, PhD, FAED, Samuel B. Cummings Jr. Professor of Psychology, Kenyon College, OH

Sponsored by the Prevention Special Interest Group

This session will include a moderated panel discussion focusing on the ways in which different disciplines view and approach the challenge, if not the necessity, of integrated prevention of eating disorders and obesity. Panelists differ both in academic background, prevention experiences, and in geographical location – thus creating both a transdisciplinary (e.g., public health, clinical psychology, community psychology, academic/experimental psychology, community and governmental advocacy/activism) and international panel (Spain, Canada, Austria, and the United States) Specific presentations will not be made. Rather, speakers will speak briefly about their area of expertise and their overall perspective on prevention of eating disorders and/or obesity. This will be followed by discussion points facilitated by moderator and fielding of audience questions, group and audience discussion aimed at making the panel highly interactive. It is anticipated that the brief presentations by panel members and the ensuing discussion will address certain topics, such as the rationale for integrated prevention, the actual and illusory conflicts posed by the goals and concerns of those who have focused on prevention of either

eating disorders or obesity, and the practical challenges for integrated prevention. However, the moderator and the panel will work together to identify future research goals that might better inform this challenging area and the causes of prevention in general.

Panelist 1:

Beate Wimmer-Puchinger, (Prof., PhD), *Executive Director for Women's Health Vienna Program for Women's Health Municipal Department - Public Health Services of the City of Vienna, Vienna, Italy*

Area of Expertise:

Health psychology; public health; public health eating disorder prevention campaigns; role of government in prevention.

Panelist 2:

Gemma López-Guimerà, PhD, *Post-doctoral Research and Professor at Autonomous University of Barcelona, Dept. Psicologia Clínica i de la Salut, Barcelona, Spain*

Areas of expertise:

Prevention and intervention on eating and weight related disorders and human nutrition.

Panelist 3:

Niva Piran, PhD, FAED, *Professor and Associate Chair, Counseling Psychology Program, Ontario Institute for Studies in Education, University of Toronto, Toronto, Canada*

Areas of Expertise

Application of principles from community psychology, feminist theory, participatory action research, and the concept of Health Promoting Schools, prevention research and advocacy with a variety of organizations (e.g., the elite Toronto Ballet School); sociocultural factors that contribute to a variety of experiences of dis-embodiment in girls and women.

Panelist 4:

S. Bryn Austin, ScD, *Div of Adolescent Medicine, Children's Hospital, Harvard University, Boston, MA, USA*

Areas of Expertise:

Intersection between public health (e.g., epidemiology, the distribution of risk across populations, prevention, outcome evaluation), obesity, and disordered eating, implementation of a large scale obesity and disordered eating prevention program; classic Rose Paradox in understanding that the majority of cases of a spectrum disorder will come from the moderate-to-low risk categories

F.

Mozart Saal 5/G

Technology-Enhanced Delivery of Care

Moderators: Stephanie Bauer, PhD, University Hospital Heidelberg, Center for Psychotherapy Research, Heidelberg, Germany; Jennifer Shapiro, PhD, University of North Carolina at Chapel Hill, Department of Psychiatry, Chapel Hill, NC, USA; Santech, Inc., La Jolla, CA, USA; University of California, San Diego, Department of Family and Preventive Medicine, San Diego, CA, USA

Sponsored by the Information Technology Special Interest Group

Technology-enhanced programs play an increasing role for the delivery of psychosocial interventions, health promotion programs, and psychotherapeutic treatment. They have the advantages of enhanced dissemination, including traditionally underserved populations, at relatively low cost, are time efficient, and enable professionals to provide tailored and personalized interventions to consumers and patients. The potential of dynamic health systems and technology-

enhanced interventions has been explicitly addressed in the Health Strategy recently adopted by the European Commission ('Together for Health: A Strategic Approach for the EU 2008-2013') which states that "New technologies have the potential to revolutionize healthcare and health systems and to contribute to their future sustainability".

This discussion panel introduces four approaches that have been developed for the improvement of nutrition, physical activity, and body image, and for the enhancement of treatment for individuals with eating disorders. Specifically, presentations will include a discussion on two interventions for bulimia nervosa, one program for carers of eating disorder patients, and one intervention for health promotion in adolescents. The overall objective of the panel is to discuss the potential of these approaches for the optimization of care and to outline future developments in the innovative field of using various modes of technology to enhance treatment for disordered eating.

Presentations:

CBT4BN: Cognitive Behavioral Therapy for Bulimia Nervosa

Stephanie Zerwas, PhD, University of North Carolina at Chapel Hill, Department of Psychiatry, School of Medicine, Chapel Hill, NC, USA

Although the efficacy of Cognitive Behavioral Therapy (CBT) for bulimia nervosa is well documented (Shapiro et al., 2007), we have failed to "reach" a large proportion of individuals with eating disorders. An internet-based delivery system, if shown to be both efficacious and cost-effective, could expand our ability to provide evidence-based treatment to a larger number of individuals in need. Emerging research has demonstrated that online CBT is effective in the treatment of depression (Kessler et al., 2009), chronic back pain (Wolf et al., 2008) and insomnia (Ritterband et al., 2009.) Moreover, internet-supported clinical therapy trials for bulimia nervosa are ongoing both in the UK (Schmidt et al., 2009) and in the US. The current presentation will describe the unique chat-group based components of CBT4BN and present preliminary results on participation and retention of participants.

CBT4BN (www.cbt4bn.unc.edu) was conceived at the University of North Carolina Chapel Hill Eating Disorders Program in partnership with the University of Heidelberg Center for Psychotherapy Research and the University of Pittsburgh Center for Overcoming Problem Eating (COPE). The overarching goal of CBT4BN is to compare the efficacy of online chat group therapy to face-to-face group therapy. Participants in both groups receive the same information and both engage in active self-monitoring of their food intake, thoughts, emotions and behaviors. The primary difference between the groups is the mode of delivery (online CBT vs. face-to-face CBT). Therapy groups began in November of 2008 both at UNC and the University of Pittsburgh and to date, 49 individuals have participated in online and face-to-face treatment. Although data are still being entered, early results suggest that participants find the online format to be acceptable and engaging. Participation and retention rates in the online and face-to-face therapy groups will be compared for this SIG. Ultimately, if CBT4BN is shown to be effective and cost-effective, it could become an important tool in providing care to individuals who live in geographic areas with limited access to specialty care and/or individuals who find face-to-face treatment to be shameful or burdensome. The researchers have already received emails from individuals living across the US, in Australia and in Guam inquiring about participation in online treatment portion of the study. Thus, online treatment for bulimia nervosa shows promise to be a unique part of a stepped-care approach to mental health for eating disorders.



Mobile Therapy: Text Messaging to Enhance Cognitive-Behavioral Therapy for Bulimia Nervosa

Jennifer R. Shapiro, PhD, University of North Carolina at Chapel Hill, Department of Psychiatry, School of Medicine, Chapel Hill, NC, USA; Santech, Inc., La Jolla, CA, USA; University of California, San Diego, Department of Family and Preventive Medicine, San Diego, CA, USA

The purpose of this study was to examine a text messaging program for self-monitoring symptoms of bulimia nervosa (BN) within the context of cognitive-behavioral therapy (CBT). Thirty-one women participated in 12 weekly group CBT sessions and a 12 week follow-up. Participants submitted a text message nightly indicating the number of binge eating and purging episodes and ratings of their peak urges to binge and purge. Upon receiving their text message, the server submitted an automatic feedback message tailored to their self-reported symptoms. The results show that a total of 87% of participants adhered to self-monitoring and reported good acceptability. The number of binge eating and purging episodes as well as symptoms of depression (BDI), eating disorder (EDI), and night eating (NES) decreased significantly from baseline to both post-treatment and follow-up. Given the frequent use of mobile phones and text messaging globally, this proof-of-principle study suggests that mobile phone use may enhance self-monitoring and treatment for BN leading to improved attendance, adherence, engagement in treatment, and remission from the disorder. The next step is to test this program in a randomized clinical trial.

Using Health 2.0 Technology to Promote Healthy Nutrition, Physical Activity, and Positive Body Image in Adolescents

Tara M. Cousineau, PhD, Women Insight, Inc., The BodiMojo Project, Milton, MA, USA

Adolescents are a complex target group for health prevention initiatives for a number of developmental reasons, including their drive for autonomy, lack of interest in long term effects of unhealthy behavior, experimenting/ risk taking, variable attention spans, busy schedules, and grappling with identity and body image while being highly attuned to media (e.g., the latest brands, fads and celebrities). Targeting health promotion or obesity prevention programming to teens represents both a challenge and an opportunity. As such, harnessing the latest technologies, such as social networking and wireless applications, is one approach that may capture teen engagement precisely because of their fluency with these new technologies.

Efforts to improve nutrition, physical activity, or body esteem among teens are very challenging relative to program uptake, adherence, and social stigmatization. To address the unique needs of adolescents in the context of current technological innovations, BodiMojo.com offers a web-based personalized health promotion program allowing teens to track health goals, find empirically-based health information, and receive personalized health feedback in a timely and confidential manner via their online profile page, email or text-messaging.

This presentation focuses on the development process in constructing an online health promotion program that is based on a user-centered design philosophy, user-generated content, and computer-tailored methods employing theories of motivation, self-efficacy, and empowerment. Over 50 high school students participated in the development of BodiMojo via focus groups, usability testing, and content contribution. Preliminary results from a randomized controlled effectiveness study (N=300) will be presented, as well as lessons learned and guidelines for Health 2.0 approaches in prevention programming.

Internet-Based Chat Support Groups for Parents in Family-Based Treatment for Adolescent Eating Disorders

Roslyn Binford Hopf, PhD, University Hospital Heidelberg, Center for Psychotherapy Research, Heidelberg, Germany and The University of Chicago, Department of Psychiatry, Chicago, IL, USA

Carers of individuals with eating disorders have reported that involvement in a support group composed of other carers who share similar challenges caring for an individual with an eating disorder would help to reduce feelings of isolation, would provide an opportunity to share information and experiences and offer advice and reassurance about how to cope with the person in their care. The purpose of this pilot study was to evaluate the feasibility and acceptability of an internet-based chat support group for parents implementing family-based treatment (FBT) for adolescent eating disorders. Participants (N = 13) were parents of eating disorder adolescents who participated in weekly on-line therapist-guided chat sessions. Sessions focused on encouraging and supporting caregiver efforts to help their child overcome an eating disorder. In addition, sessions provided carers with an opportunity to express both positive and negative feelings associated with the caregiving process. Carers were assisted by fellow carers and the group therapist with problem-solving difficulties experienced in implementing FBT, sharing ideas they found helpful in taking control of their own child's eating, helping caregivers choose more proactive coping, and managing acute crises. Information about eating disorders and FBT also was provided. Satisfaction ratings of the chat program including the qualitative experience of chatting on-line and participant perspectives regarding the advantages and disadvantages of the chat program will be reported. Preliminary results indicate that an on-line carer chat program would be a helpful adjunct to FBT.

G.

Mozart Saal 4/G

Predictors and Risks for Disordered Eating and Body Dissatisfaction in Ballet and Sport

Moderator: Ron A. Thompson, PhD, FAED, Private Practice, Bloomington, IN, USA

Sponsored by the Athlete Special Interest Group

Sport participation has been associated with both increased and decreased risk of disordered eating. This panel will discuss possible risk, predictive, and protective factors associated with body dissatisfaction and disordered eating in sport and dance. Specific issues and factors discussed will include age, gender, type of sport (i.e., lean activities such as ballet and gymnastics vs. non-lean sport activities), and the effect of revealing attire on female participants in sport and dance.

Presentations:

What We Know About Eating Disorders in Sport: A Brief Review of the Literature

Ron A. Thompson, PhD, FAED, Private Practice, Bloomington, IN, USA

The presenter will discuss the major research findings regarding eating disorders and related partial eating syndromes among sport participants. The discussion will include prevalence rates, potential moderating or risk factors, such as gender, competition level, type of sport (i.e., lean vs. non-lean, new emerging sports that appear to carry an increased risk), and implications for future research.

Risk and Protective Factors in Women's Artistic Gymnastics: The Relationship to Disordered Eating and Negative Body Image

Jennifer Harriger, PhD, Dept of Psychology, Pepperdine University, Malibu, CA, USA

The presenter will discuss how characteristics such as perfectionism, athletic identity, self-esteem, objectified body consciousness, level of training, and pubertal development may either protect or predispose gymnasts to negative body image or eating pathology. Implications for future directions in prevention and treatment of athletes with eating disorders will be discussed.

Eating Disorders in Ballet Students from Buenos Aires

Guillermina Rutzstein, PhD, Dept of Psychology, Universidad de Buenos Aires, Argentina

The presenter will discuss a study whose purpose was to assess the degree of body image satisfaction in young ballet students and identify those at high risk for the development of an eating disorder. Findings indicated that 17.7% of 107 female ballet students (ages 13-18) were judged to be at risk for developing an eating disorder. The factors of age, educational level, socio-economic status, current weight, and psychometric data will be discussed relative to study findings.

Revealing Athlete Uniforms and Their Possible Effects on Competitive Thinness, Body Dissatisfaction, and Disordered Eating in Female Athletes

Roberta Trattner Sherman, PhD, FAED, Bloomington, IN, USA

The presenter will examine the role of revealing sport uniforms and attire in competitive thinness, body dissatisfaction, and disordered eating among sportswomen. Examples of revealing attire will be shown to illustrate the differences in uniforms or sportsmen and women in the same sports, and explanations for such differences will be theorized. Recommendations regarding current and future research, as well as recommendations regarding changes in current uniforms will be discussed.

H.

Mozart Saal 1 & 2/G

When There's Significant Pain and No Gain: Treating the Resistant and Refractory Patient with Comorbid Trauma and Eating Disorder

Moderators: Judith Banker, MA, LLP, FAED, Executive Director, Center for Eating Disorders, Ann Arbor, MI, USA

Immediate Past President, AED and Former Chair, Psychodynamic Psychotherapy SIG and Diann M. Ackard, PhD University of Minnesota, Department of Epidemiology and Community Health, School of Public Health, Minneapolis, MN, USA (Trauma SIG)

Sponsored by the Psychodynamic Psychotherapy Special Interest Group and Trauma & Eating Disorders Special Interest Group

This international panel will tackle difficult and complex issues associated with the resistant, refractory eating disordered patient who also has a history of trauma. Dr. Josie Geller will discuss motivational issues and offer effective methods for promoting change among this patient population. Dr. Yael Latzer will present an integrative approach, drawing upon a number of different empirically validated treatments, to treating Night Eating Syndrome in patients with bulimia nervosa or binge eating disorder who have experienced trauma. Dr. Timothy Brewerton will present the integration of knowledge from the eating disorder and traumatology fields on the challenges facing therapists

who work with this population—challenges including legal issues, countertransference, and vicarious traumatization. Dr. Laura Weisberg will integrate clinical case material with recent research findings highlighting the role of the therapeutic relationship in addressing the self regulatory deficits so frequently seen in this subgroup of patients.

Presentations:

Addressing Motivational Issues in Treating Individuals with an Eating Disorder and Trauma History

Josie Geller, PhD, Director of Research, Eating Disorders Program at Providence Health; Associate Professor, Department of Psychiatry, University of British Columbia, Canada; and Senior Scholar, Michael Smith Foundation for Health Research

Dr. Geller will discuss motivational issues in the care of individuals with eating disorder and trauma history. Critical to promoting change in this group is a trusting therapeutic alliance and a treatment plan that takes into account the function of eating disorder symptoms, personal barriers to recovery, and locus of control for change. The pace and timing of treatment, as well as the relative benefits of integrated vs. sequential approaches, will also be addressed.

Treating Patients with Comorbid Eating Disorders and Trauma: Focus on Bulimia Nervosa and Binge Eating Disorder with Night Eating Syndrome

Yael Latzer, PhD, Faculty of Social Welfare and Health Sciences, Haifa University, Haifa, Israel

Dr. Latzer will present an integrative approach to the treatment of Night Eating Syndrome in bulimic and binge eating patients who have experienced trauma. This approach, developed with her colleagues O. Tzischinsky and M. Givon, emphasizes an individualized approach that incorporates elements drawn from several therapeutic models including CBT, IPT, family based treatment, EMDR, psychodynamic psychotherapy, and psychopharmacology. The treatment is based in an understanding of the syndrome as a means of coping with the emotional sequelae of the traumatic experiences.

Challenges to Therapists in the Long-Term Psychotherapy of Traumatized Eating Disorder Patients

Timothy D. Brewerton, MD, DFAPA, FAED, Clinical Professor of Psychiatry and Behavioral Sciences, Medical University of South Carolina, Charleston, SC, USA

The treatment of eating disorders is a challenging undertaking for any health professional but when Trauma and its sequelae enter the picture it often becomes even more daunting if not overwhelming for therapists. The fields of eating disorders and traumatology have both made impressive gains in the last several years, and this presentation will seek to integrate the best of both worlds from a clinical perspective. Regardless of theoretical orientation therapists are faced with a host of challenging issues in working with these patients, including increased comorbidity, resistance and refractoriness to treatment, potential legal issues, and a host of transference and countertransference issues, such as repetition compulsion or reenactment of prior traumas and/or neglect, the wish to rescue, as well as vicarious traumatization and abandonment of the patient.



Relationship and Regulation in the Treatment of Individuals with Eating Disorders and Co-Morbid Trauma

Laura J. Weisberg, PhD, Assistant Clinical Professor, Duke University Medical Center, Department of Psychiatry and Behavioral Sciences, Durham, NC, USA (Co-chair, Psychodynamic Psychotherapy Special Interest Group)

Recent advances in neuroscience have led to a renewed appreciation for the role of relationships in affecting how an individual develops and maintains the capacity for self regulation. Trauma can severely disrupt this ability, potentially resulting in an individual turning to symptoms such as an eating disorder in order to cope. This presentation will integrate clinical case examples with recent research highlighting the use of the therapeutic relationship as an active change agent for eating disordered individuals with a history of trauma.

6:00 – 7:00 p.m.

Exhibition Saal-1

Poster II Presentation & Viewing Session (authors present)

6:30 – 8:00 p.m.

Papageno Saal-Sheraton-G

Meet the Experts

Saturday, June 12

8:00 a.m. – 3:00 p.m.

Ground Floor

Registration

8:00 – 9:00 a.m.

Mozart 1 & 2-G

SIG Chair Follow-Up Meeting

8:00 – 9:00 a.m.

Exhibition Saal-1

Coffee & Tea with Exhibitors

8:00 a.m. – Noon

Exhibition Saal-1

Poster Session II Viewing / Exhibit Hall Open

9:00 – 11:30 p.m.

Europa Saal-2

Awards Ceremony and Plenary Session III: Current and Future Perspectives on Treatment

Moderator: Glenn Waller, DPhil, King's College London, London, UK

This session will provide a multidisciplinary, trans-theoretical perspective on the treatment of eating-disordered patients. Rather than focusing on diagnoses, the speakers will consider treatment options based on one of the most obvious factors in the field – the patient's weight. What should the clinician have in mind when faced with a patient who falls into a broad weight band (underweight, normal weight, overweight)? First, for those who need a brief introduction to the existing literature, the speakers will provide an overview of the best current therapeutic strategies for addressing eating disorders at each of these weight bands, including information on nutrition, physical state, medication and psychological therapies, as appropriate. Then, the speakers will consider potential future developments, based on forthcoming research and their own vision of where clinical research will take us. The speakers are among the best clinical researchers in the field, and each has the skills and experience both to summarize the current state of our knowledge on the topic and to present a coherent vision of the future. The

discussant will focus on the themes that are similar and different across the weight bands, outlining how we can take the field forward.

Presentations:

Working with the Underweight Patient

Stephen Touyz, PhD, University of Sydney, Sydney, Australia

Working with the Normal Weight Patient

Ulrike Schmidt, MRCPsych, PhD, FAED, Institute of Psychiatry, London, UK

Working with the Overweight Patient

Marsha Marcus, PhD, FAED, University of Pittsburgh, Pittsburgh, PA, USA

Discussant: What Do We Know and What Do We Need to Know?

Martina de Zwaan, MD, FAED, Friedrich-Alexander University, Erlangen-Nurnberg, Germany

11:30 – Noon

Exhibition Saal-1

Refreshment Break with Exhibitors

Noon – 3:00 p.m.

Exhibition Saal 1

Poster Session II Tear Down

Noon – 3:00 p.m.

Exhibition Saal-1

Exhibitor Tear Down

Noon – 1:30 p.m.

Karajan Saal-1

AED Global Think Tank IV

(Box lunch is available for purchase.)

Integrating Research and Practice: "What Qualifies as Evidence?"

The AED Global Think Tank, a popular, annual interactive session featuring guided small and large group discussion, offers a unique forum for all conference attendees to engage in dialogue and problem-solving about ways to advance our field.

The AED Guidelines for Research-Practice Integration (www.aedweb.org) call for an expansion of our definition of "evidence". Sponsored by the AED Research Practice Committee (RPC), the 2010 Global Think Tank IV will address this recommendation by posing the question, "What qualifies as evidence?", to foster discussion of ways to bridge clinical experience with academic research. The RPC is very pleased to announce that International Journal of Eating Disorders (IJED) Editor-in-Chief, Michael Strober, and Wiley-Blackwell Vice-President and Executive Publisher, Joe Ingram, will be joining with RPC members in facilitating this session. As the official publication of the AED, the IJED publishes basic research, as well as clinical and theoretical articles, addressing all aspects of our field, thus placing it at the center of the research-practice interface. The involvement of these distinguished IJED representatives will contribute to a lively problem-solving discussion about whether or not our field should:

- recognize that both research findings and clinical observation, judgment, and experience contribute to our knowledge base, and,
- expand the definition of "research evidence" to include multiple types of evidence (e.g., efficacy, effectiveness, epidemiological, case histories, etc.) drawn from a range of potential sources, including laboratory and clinical settings, and multiple research designs.

Noon – 1:30 p.m.

Lunch on Your Own

1:30 – 3:45 p.m.

Europa Saal-2

Awards Ceremony and

Plenary Session IV: Prevention and Treatment of Eating Disorders: Economic Perspectives

Moderators: S. Bryn Austin, ScD, *Harvard School of Public Health, Boston, MA, USA* and Carolyn Black Becker, PhD, FAED, *Trinity University, San Antonio, TX, USA*

The principal aim of this plenary is to provide an introduction to economic analyses and how they might be applied to the prevention and treatment of eating disorders. The first presentation will lay the groundwork for the plenary, explaining the ABCs of economic analyses in public health research and, perhaps more importantly, why we should care. The second and third presentations will offer easy-to-understand illustrations of the applications of economic analyses to eating disorders prevention and treatment, with the aim of showing how this information can be of use to researchers and clinicians. Finally, the discussant will bring it back home to the vitally important work of advocates and carers by detailing how advocates in the field can make use of economic analysis to effect policy change.

Presentations:

The ABC's of Economic Analysis: What Is It and Why Should We Care?

Jennifer Beecham, PhD, *University of Kent, London, UK*

Economic Analysis of Preventive Interventions: Can an Economic Case Be Made for Eating Disorders Prevention?

Li-Yan Wang, MBA, MA, *Centers for Disease Control and Prevention, Atlanta, GA, USA*

Cost-Effectiveness of Eating Disorder Treatment

Ruth Striegel-Moore, PhD, *Wesleyan University, Middletown, CT, USA*

Linking Passion to Purse Strings: Economic Analysis and Advocacy

Kitty Westin, MA, LP, *Eating Disorders Coalition for Research, St. Louis Park, MN, USA*

3:45 – 4:30 p.m.

Europa Saal-2

AED Annual Business Meeting

4:30 – 4:45 p.m.

Exhibition Saal-2

Refreshment Break

4:45 – 6:15 p.m.

Workshop Session III

A.

Wolf Dietrich Saal/1

A BMI LESS THAN 13 KG/M2: MEDICAL AND PSYCHIATRIC CARE OF PATIENTS WITH VERY SEVERE ANOREXIA NERVOSA

Jennifer Gaudiani, MD, *Assistant Medical Director, A.C.U.T.E.; Hospitalist, ACUTE Center at Denver Health, Denver, CO, USA*; Philip Mehler, MD, *Medical Director, ACUTE. Chief Medical Officer, Denver Health, Denver Health and Hospital Authority, Denver, CO, USA*; Ken Weiner, MD, *Medical Director, Eating Recovery Center, Eating Recovery Center, Denver, CO, USA*

Patients with anorexia nervosa who have a body mass index (BMI) of

less than 13 kg/m2 represent a uniquely sick population, characterized by the potential for multi-organ failure, increased risk of refeeding problems, and deeply entrenched resistance to nutritional rehabilitation. Their care requires multi-disciplinary medical and psychiatric expertise. We will discuss the experience of two centers with expertise in these patients with very severe anorexia nervosa. One is a five bed medical stabilization unit which manages the medical complications of patients with severe anorexia nervosa and BMIs of 9-13 kg/m2. They evaluate and manage organ failure and initiate weight restoration until patients are stable enough to proceed with their next stage of treatment at an inpatient eating disorder program. The other is a twenty-four bed inpatient eating disorder program which cares for medically compromised, albeit stable, patients, with no minimum BMI admission criterion. This interactive workshop will review, in a case-based manner, the common and often life-threatening medical complications of severe starvation and the most current evidence-based therapies available. Additionally, we will discuss the structure and collaborative nature of these two units, the use of psychotropic medications in very low body weight patients, treatment expectations and goals, and our outcomes data from both units. In a patient population such as this, where little evidence-based data exists, these units' respective expertise in the medical and psychiatric management of patients with very severe anorexia nervosa help define a new standard of care.

B.

Paracelsus Saal/2

INNOVATIVE THERAPY APPROACHES FOR COMPLEX CLIENTS: CBT AND BEYOND

Lucy Serpell, PhD, *DClinPsy, Clinical Psychologist/Lecturer, University College London, London, United Kingdom*; Victoria Mountford, *DClinPsy, Clinical Psychologist, South London and Maudsley NHS Trust, Denmark Hill, London, United Kingdom*

A good evidence base exists for the use of cognitive behavior therapy (CBT) in a range of eating disorders (Fairburn et al, 2009). However, for some individuals with eating disorders, standard CBT is ineffective or inappropriate. Reasons for this can include chronicity, ambivalence regarding change and comorbidity. Comorbid features such as obsessionality, somatization and personality issues can add to complexity. Clinicians can feel overwhelmed when attempting to formulate and develop a treatment plan for such individuals. Beginning work with a client who has already had CBT and failed to benefit is also a common challenge. Drawing on clinical experience and the literature, we have generated a tool box of innovative ideas to enhance standard CBT approaches. We will present a range of techniques for working with these complex patients within a formulation driven CBT based approach.

Techniques and approaches to be covered include:

- Developing and sharing complex formulations with clients
- Working with values: motivation and beyond
- Working with imagery
- Harnessing the power of role-play
- Dialectical behavior therapy approaches for working with emotions
- Increasing flexibility and working with perseverative thinking
- The use of letter writing in therapy

Some knowledge of CBT with eating disorders is advisable to benefit from this lively interaction based session. Participants will be encouraged to share case material and role-play techniques. Copies of the slides will be given as handouts, including a reference list.



The presenters are Chartered Clinical Psychologists working in specialist eating disorder services. Both have extensive experience of working with complex eating disorders in out and in-patient settings and of training staff in this area.

C. Papageno Saal/The Sheraton - G INTEGRATIVE COGNITIVE-AFFECTIVE THERAPY FOR BULIMIC SYMPTOMS

Stephen Wonderlich, PhD, Chester Fritz Distinguished University Professor, University of North Dakota School of Medicine & Health Sciences, Fargo, ND, USA

This workshop will describe Integrative Cognitive-Affective Therapy (ICAT), a newly developed psychotherapy for bulimic symptoms. The first part of this presentation will describe the model of bulimic symptoms that has been used to develop ICAT. The main focus of this workshop will provide detailed information about the four phases of ICAT: Phase I, which emphasizes the importance of emotion as well as motivational enhancement; Phase II, which introduces a structured meal plan for nutritional rehabilitation; Phase III, which focuses on self-directed style, interpersonal patterns, and self-oriented cognition related to self-discrepancy; and Phase IV, which outlines relapse prevention strategies. ICAT psychotherapeutic strategies, particularly those that are emotion-focused, will be illustrated using clinical examples. Preliminary data supporting the efficacy of ICAT will also be presented.

D. Mozart Saal 3/G NARROWING THE RESEARCH-PRACTICE GAP IN PSYCHOTHERAPY FOR EATING DISORDERS: IDENTIFYING COMMON GROUND

Kristin von Ranson, PhD, Associate Professor, Department of Psychology, University of Calgary, Calgary, AB, Canada

Psychotherapists use a variety of approaches in treating eating disorders. Most common is an eclectic approach, which is consistent with therapists' paramount desire to tailor treatment to individual client needs (von Ranson & Robinson, 2006). By contrast, clinical trials suggest that cognitive-behavior therapy and interpersonal psychotherapy are most effective in treating many eating disorders (National Institute for Clinical Excellence, 2004). Thus a gap exists between approaches described by researchers as "gold standards" for eating disorders treatment and those in use by front-line psychotherapists. How do we reconcile research and practice perspectives? This workshop will explore contentious issues related to the selection of psychotherapeutic approaches and techniques in an atmosphere of respect for diverse perspectives, with the aim of learning from one other. The goals of this workshop are to: (1) discuss the research-practice gap in psychotherapy for eating disorders, (2) re-examine what practices are in the best interests of clients, (3) strengthen best practices in eating disorders research and treatment, and (4) describe recent Canadian survey findings describing therapists' approaches and motivations to eating disorders treatment, the definition of treatment efficacy used by researchers, and best practices for psychotherapy for eating disorders. Next, we will present participants with controversial questions for discussion, such as: What produces change in eating disorders treatment? How do we know when treatment is working? What key factors should drive clinical decision-making regarding treatment? What problems are there with applying research findings to psychotherapy for eating disorders, or with relying on clinical acumen alone? What roles should clients play in making decisions about their treatment? Finally, we will seek common ground and guide participants in considering how each one can work toward narrowing the research/practice divide.

E. Mozart Saal 5/G HOW DO WE KNOW WE ARE MAKING A DIFFERENCE AND WHAT DO CARERS CARE ABOUT RESEARCH? HOW EVIDENCE AND CLINICAL GUIDELINES HELP CAREGIVERS SUPPORT RECOVERY

Laura Collins Lyster-Mensh, MS, Executive Director, F.E.A.S.T., Warrenton, VA, USA; Susan Ringwood, MS, Chief Executive, BEAT, Norwich, Norfolk, United Kingdom; Ulrike Schmidt, PhD, Professor of Eating Disorders, Eating Disorders Unit, Maudsley Hospital, London, United Kingdom; Donna Friedman, BA, Ann Arbor, MI, USA

Evidence based recommendations are a popular topic among eating disorder professionals, but how do families and caregivers respond to this type of information? This workshop brings a patient, a carer, an advocate, and a researcher/clinician together to address how current science and research findings have, and have not, improved patient and caregiver support. We will present newly completed research comparing clinician perceptions of caregiver needs with actual expectations. A 30 year sufferer of an eating disorder will describe and evaluate the effectiveness of how differing treatment approaches and interventions have been presented to her by clinicians throughout the course of her treatment, including the more recent emphasis on the use of "evidence-based" practices. A caregiver advocate will describe the continuing confusion among parents about what evidence exists to support different treatment approaches and will offer case vignettes to demonstrate how the science is interpreted in day-to-day family life. The presenters will summarize concrete recommendations from all three stakeholder perspectives for how evidence-based practice can be presented to caregivers effectively: thereby maximizing treatment adherence, and positive outcomes. Attendees will have an opportunity, through role-play and small group discussion, to practice the recommended ways to effectively present evidence-based practice to caregivers."

F. Mozart Saal 1 & 2/G GENDER, OBJECTIFICATION, EMBODIMENT, AND PREVENTION

Michael Levine, PhD, Samuel B. Cummings Jr., Professor of Psychology, Kenyon College, Gambier, OH, USA; Niva Piran, PhD, Professor, Ontario Institute for Studies in Education, Toronto, ON, Canada; Marika Tiggemann, PhD, Professor, Flinders University, Adelaide, AK, Australia

This workshop explores ways in which the topics of gender, objectification, and embodiment can and should be integrated into prevention programs across the universal-selective spectrum. Tiggemann's portion, entitled "Gender, Objectification, and Embodiment as Neglected Social Constructs in the Prevention of Disordered Eating," introduces Frederickson and Roberts' (1997) Objectification Theory. Although the proposed consequences of being a woman in a culture that sexually objectifies the female body include increased body shame and anxiety, as well as disordered eating, research has largely been conducted within a social psychological framework. Thus, Tiggemann's presentation considers the specific implications of Objectification Theory and related research for prevention. Next, Piran's presentation, entitled "Implications for Prevention of the Developmental Theory of Embodiment (DTE)", applies her own research-based developmental theory, which considers social factors (such as gender) and relational experiences in shaping individuals' embodied experiences, including body image. DTE suggests that both

protective and risk factors are organized around the physical domain, the mental/social construction domain, and the social power domain. Based on its comprehensive nature and its inclusion of protective as well as risk factors, DTE theory guides a range of health promotion activities. Levine's presentation is entitled "Athletics, Positive Body Image, and Embodiment: What Does it Mean for Prevention?" Menzel and Levine's recent work on athletics, embodying experiences, and positive body image will be integrated with the findings of Levine and colleagues' recent reviews of what works best in effective programs for universal, selective, and targeted prevention. This workshop uses lecture material, visual aids, and discussion in working to integrate objectification and embodiment theories with areas in the prevention field that need improvement.

G.

Mozart Saal 4/G

MAINTENANCE TREATMENT AND LONG-TERM SUPPORT FOR EATING DISORDERS: EXTENDING THE REACH OF SPECIALIZED TREATMENT CENTERS

Stephanie Bauer, PhD, Research Fellow, University of Heidelberg, Heidelberg, Germany; Markus Moessner, Dipl-Psych, Research Fellow, University of Heidelberg, Heidelberg, Germany; Hayriye Guelec, MA, Research Fellow, Semmelweis University Budapest, Budapest, Hungary

A number of effective treatments for eating disorders (ED) exist. However, at the end of even the best available treatment, a substantial portion of patients is not symptom-free. In addition, the risk of relapse following successful treatment is high. Finally, a subgroup of patients has to be described as chronically ill and needs specialized care repeatedly throughout the course of their illness. Thus it appears that there is a need for extending the reach of specialized institutions to stabilize treatment gains by providing additional support to patients following their discharge. Such programs have to meet several requirements: 1. Given that ED follow very heterogeneous courses, maintenance and long-term programs have to be flexible enough to meet patients' individual needs for support in the various stages of their illness, 2. They have to be feasible for both patients and institutions in routine care, and 3. They have to be cost-effective. Interventions based on Information Technology (IT) promise to meet these requirements: They allow to continuously monitor patients' symptoms, to inform clinicians on their patients' symptom status and changes over time, and thus to offer timely support of varying intensity at reasonable effort. Over the past years, the Center for Psychotherapy Research has developed and evaluated various forms of IT-enhanced interventions aiming at the optimization of care. In this workshop we will introduce an Internet-based platform developed for the maintenance treatment of ED patients. The various online components of the program will be demonstrated and illustrated with clinical examples. Finally, we will discuss how individualized maintenance treatment strategies may optimize health care for ED patients taking into account service research and cost-effectiveness considerations.

H.

Traki Saal/3

PREVENTING RELAPSE ACROSS THE EATING DISORDERS: A TRANSDIAGNOSTIC INTERVENTION TARGETING EXTREME WEIGHT AND SHAPE CONCERNS

Traci McFarlane, PhD, Psychologist, University Health Network, Toronto, ON, Canada; Kathryn Trotter, PhD, Psychologist, University Health Network, Toronto, ON, Canada

Overconcern with weight and shape is the core maladaptive cognitive feature across the eating disorders and this is reflected in current diagnostic criteria. Rates of relapse following behavioral remission are high. Evidence that extreme weight and shape concerns are resistant to our current treatments and predict relapse support the importance of these concerns as a maintaining factor. Body checking and avoidance behaviors are not only a behavioral consequence of overconcern with weight and shape but also serve to maintain these extreme thoughts and beliefs. Body avoidance prevents opportunities to learn new information about the body and that feared outcomes do not come true. Body checking is likely to lead the eating disordered person to draw incorrect conclusions about her/his body owing to selective attention to disliked parts of the body and confirmatory cognitive biases. Participants in this workshop will learn how to apply specific psychoeducational, behavioral, cognitive and mindfulness interventions in order to reduce body checking and avoidance, and decrease the overvaluation of weight and shape. For example, the application of in vivo graded exposure therapy to reduce anxiety and avoidance will be taught. Through gradual, repeated, prolonged and generalized exposure practices, individuals with eating disorders habituate to their negative thoughts and feelings about their bodies and learn that their negative predictions and feared outcomes do not occur. In addition, mindfulness strategies to help these clients distance themselves from their body image distress and take a neutral observer's stance will also be taught.

I.

Karajan Saal/1

USING THE BRAIN: INTEGRATING NEUROPSYCHOLOGICAL AND BIOLOGICAL PERSPECTIVES INTO A COLLABORATIVE CARE MODEL FOR INDIVIDUALS WITH AN EATING DISORDER AND THEIR FAMILIES.

Janet Treasure, PhD FRCP FRCPsych, Professor, Institute of Psychiatry, London, United Kingdom; Elizabeth Goddard, MSc, Research Worker / PhD Student, Institute of Psychiatry, London, United Kingdom

Involving the family and using information concerning specific individual and familial traits may be useful in addressing individual and interpersonal maintenance factors of eating disorders. Neuropsychological and biological perspectives can be integrated into material that can be fed back to families to promote reflection and compassion. We will discuss current understanding of neuropsychological and emotional processing profiles in eating disorders and family members. We will discuss the family neuropsychological assessment procedure and demonstrate how feedback can be delivered in a therapeutic setting. The feedback session can provide an arena to discuss and reflect on traits within the family and how they can work together to target factors that can perpetuate symptoms and affect the



illness course. We will then discuss how our biological understanding of eating disorders can be integrated into a model of Collaborative Care when working with carers. This section will demonstrate content and delivery of "brain enhanced" Collaborative Care Skills Training workshops for carers. A summary and general discussion will close the workshop. Contributions from presenters: Elizabeth Goddard will present findings on our understanding of the neuropsychological profiles of people with eating disorders and their families. Elizabeth will go on to discuss the family neuropsychological assessment procedure. Prof. Treasure will then demonstrate how task performance is fed back to families in a therapeutic setting and the information is shared to facilitate discussion with a focus on relating traits to daily and family processes. Examples will be given with vignettes for discussion and practice. Elizabeth Goddard will summarize research on carers' perceptions of receiving such feedback. Prof. Treasure will demonstrate how our understanding of the brain's involvement in the maintenance of eating disorders can be shared with carers in the context of Collaborative Care workshops.

7:30 – 11:00 p.m.

Europa Saal-2

Closing Social Event

[Ticketed Event](#)

Dinner buffet and dancing

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Conference on
Eating Disorders**

April 28 – 30, 2011

Clinical Teaching Day

April 27, 2011

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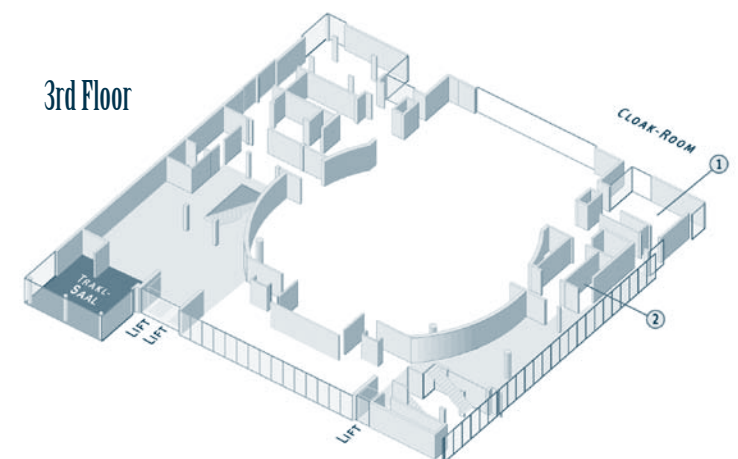
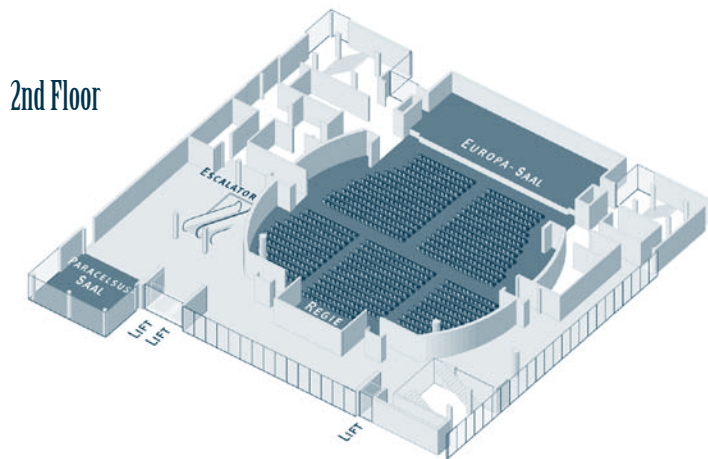
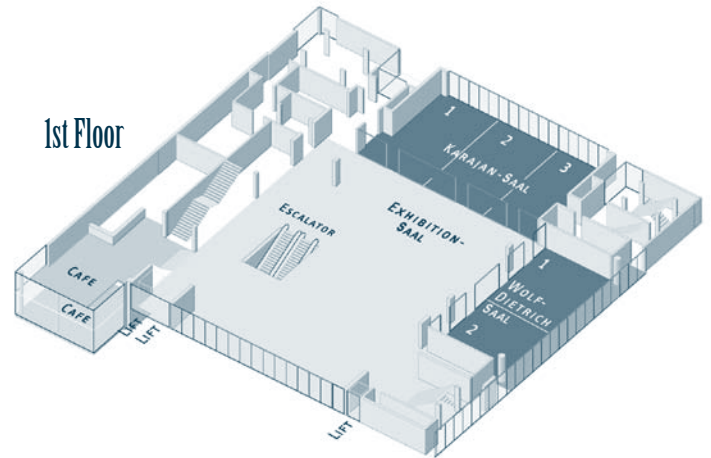
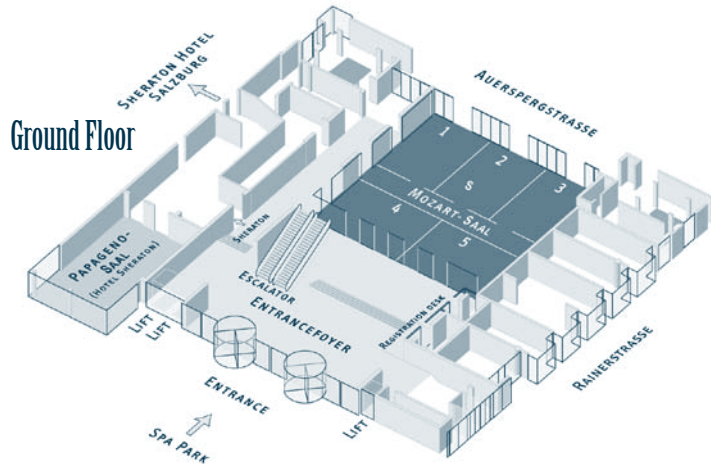
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Salzburg Congress Floorplans



Sheraton Salzburg Floorplans

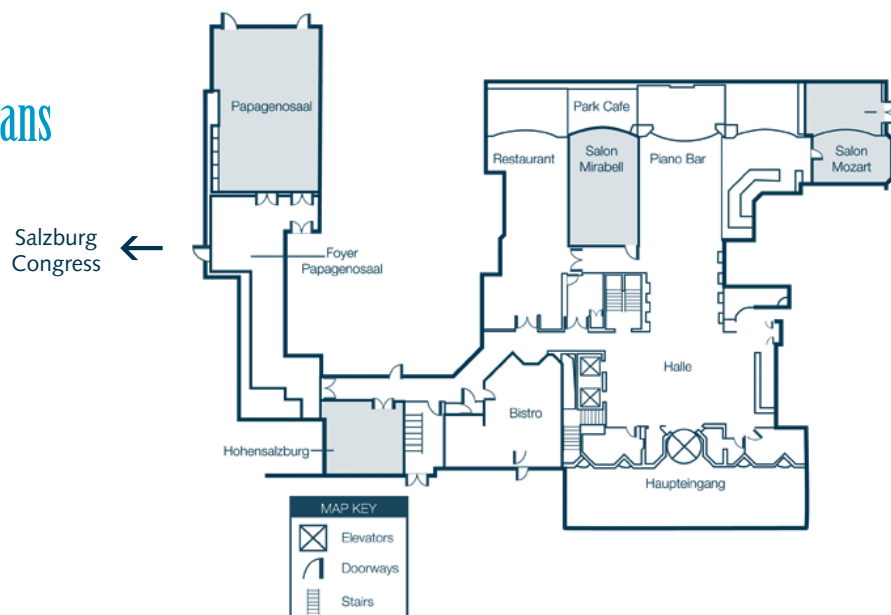


Exhibit & Support Directory

Cambridge Eating Disorder Center

3 Bow St.
Cambridge, MA 02138
Phone: +1-617-547-2255
Fax: +1-617-547-0003
E-mail: seda@cedcmail.com
Web site: www.eatingdisordercenter.org
Exhibitor

Cambridge Eating Disorder Center (CEDC) offers a comprehensive continuum of treatment services that include outpatient, intensive outpatient, partial hospital, residential, and transitional living programs. Our specialized services are available for male and female adults and adolescents. CEDC provides a nurturing, supportive environment in a state-of-the-art facility in beautiful and exciting Cambridge, Massachusetts. The mission of CEDC is to provide comprehensive continuum of high quality specialized services in a community setting to individuals suffering from eating disorders.

Center for Eating Disorders Ursula

P.O. Box 422
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Phone: +31 704 441 156
Fax: +31 704 441 008
E-mail: evanfurth@tiscali.nl
Web site: www.centrummeetstoornissen.nl
Supporter: Traditional

The Center for Eating Disorders Ursula is the oldest and largest specialized treatment program for people with eating disorders in the Netherlands. Founded in 1988, the program accommodates 48 clients for residential treatment, 40 clients for day treatment and performs about 12,000 outpatient sessions per year. All treatments offered are covered by insurance. Our Center employs 120 professionals involved in prevention, treatment and research. More information: <http://www.centrummeetstoornissen.nl/>, and <http://www.proud2bme.nl>, and <http://www.youtube.com/eetstoornissen>.

Cleveland Center for Eating Disorders

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Fax: +1-216-765-0521
E-mail: mwarren@edcleveland.com
Website: www.edcleveland.com
Supporter: Traditional

The Cleveland Center for Eating Disorders takes the most current research and translates it into individualized and effective programming for patients of all ages with Eating Disorders. Our treatment model provides intensive levels of care in a manner that is least interfering with day to day life while being most cost effective. We utilize the Maudsley approach for family-based therapeutic services; Dialectical Behavior Therapy, to teach skills in effective emotion regulation; and Cognitive Behavioral Therapy.

CRC Health Group

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E-mail: criddle@crchealth.com
Web site: www.crchealth.com
Exhibitor

Through quality care and choice of providers, CRC Health Group's Eating Disorders Programs set the standard of excellence in the treatment of eating disorders. Located throughout the United States, our facilities provide a variety of individualized treatment options and are designed to be collaborative and patient-driven with an emphasis on self-responsibility and self-awareness utilizing skills for life-time recovery. For more information contact the CRC National Resource Center at (866) 540-5240 or visit www.crchealth.com.

Eating Recovery Center

1830 Franklin, Ste 500
Denver, CO 80218
Phone: +1-303-825-8584
Fax: +1-303-825-8585
E-mail: info@eatingrecoverycenter.com
Web site: www.EatingRecoveryCenter.com
Supporter: Traditional

Eating Recovery Center, situated at the foot of the Rockies in beautiful Denver, Colorado, provides individuals sustainable recovery from eating disorders in a warm, nurturing environment. Our comprehensive program offers patients from across the country a full continuum of care in a licensed and Joint Commission accredited behavioral hospital setting. The Center's commitment to collaboration with treating professionals and loved ones cultivates lasting behavioral change. For more information, please call +1-877-218-1344, e-mail info@EatingRecoveryCenter.com or visit www.EatingRecoveryCenter.com.

Fairwinds Treatment Center

1569 S Fort Harrison Ave
Clearwater, FL 33756
Phone: +1-800-226-0301
Fax: +1-727-446-1022
E-mail: angieg@fairwindstreatment.com
Web site: www.fairwindstreatment.com
Exhibitor

Fairwinds Treatment Center is a specialized residential program providing acute medical care through the rehabilitation phase of treatment in a home like setting. Fairwinds is a dually licensed 30-bed facility providing care for Eating Disorders and Addictions. Treatment includes a fully integrated treatment team of recovery & non-recovery Professionals including Psychiatrists, Nurses, Psychotherapists, & Art/Expressive Therapists. Our goal is to help guide each patient to find Acceptance, Serenity & a Desire for recovery. www.fairwindstreatment.com



International Eating Disorders Centre

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T: +44 1296 330557
F: +44 1296 339209
E-mail: enquiries@eatingdisorderscentre.co.uk
Web site: www.eatingdisorderscentre.co.uk
Exhibitor

The International Eating Disorders Centre utilises the skills of a comprehensive range of mental health professionals to provide intensive multi-disciplinary, 120 day, time limited individually tailored inpatient programmes for clients with eating disorders. It offers complete care from pre-admission assessment and inpatient care to post-discharge follow up, day care, and outpatient support. Part of the Royal Buckinghamshire Hospital, it also provides physiotherapy, occupational therapy, and hydrotherapy and vital medical input and overview.

Laureate Eating Disorders Program

6655 S. Yale Avenue
Tulsa, OK 74136
Phone: +1-918-491-5775
Fax: +1-918-491-3765
E-mail: lmrillo@saintfrancis.com
Web site: www.eatingdisorders.laureate.com
Supporter: Traditional

The Laureate Eating Disorders Program is entering its twenty-first year of operation under the leadership of Craig Johnson, PhD, and Ovidio Bermudez, M.D. It is internationally recognized as a Center of Excellence in treatment and research. Laureate provides acute, residential, and partial levels of care. Magnolia House, our transitional living home, offers a no-cost thirty day stay for those who complete treatment. Laureate provides complete outpatient services, including medication management, psychotherapy, and nutritional counseling.

Park Nicollet Melrose Institute

3525 Monterey Drive
St. Louis Park, MN 55416
Phone: +1-952-993-6200
E-mail: abi.girard@parknicollet.com
Web site: www.parknicollet.com/eatingdisorders
Supporter: Silver/Exhibitor

Park Nicollet Melrose Institute is healing eating disorders together with patients and families.

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Remuda Ranch

One East Apache Street
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Phone: +1-928-684-4246
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E-mail: nancy.berry@remudaranch.com
Web site: www.remudaranch.com
Exhibitor

Remuda Ranch offers inpatient and residential treatment for women and girls suffering from eating disorders and related issues. Our Christian programs provide hope and healing to patients of all faiths. Three separate inpatient programs for adults, adolescents and children specialize in the treatment of anorexia and bulimia and are located on ranch-like settings. In addition to inpatient treatment, we offer residential treatment programs for those struggling with anorexia, bulimia, obesity, binge-eating disorder and compulsive overeating.

Rosewood Centers for Eating Disorders

36075 S. Rincon Road,
Wickenburg, AZ 85390
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Fax: +1-928-684-9562
E-mail: info@rosewoodranch.com
Web site: www.rosewoodranch.com
Exhibitor

Rosewood Centers for Eating Disorders is a premier provider of treatment services. Rosewood offers a full continuum of care for men, women and adolescents suffering from eating disorders including inpatient hospitalization, residential treatment, partial hospitalization, intensive outpatient programs, transitional living, and outpatient services. Rosewood's treatment model is interdisciplinary while focusing on the individual needs of each patient. Treatment at Rosewood Ranch is covered by many insurance plans. To inquire about Rosewood's full continuum of treatment services call +1-800-845-2211 or visit www.rosewoodranch.com.

University Medical Center at Princeton

253 Witherspoon Street
Princeton, NJ 08540
Phone: +1-609-497-4490
Fax: +1-609-497-4412
E-mail: clane@princetonhcs.org
Web site: www.princetonhcs.org
Supporter: Traditional

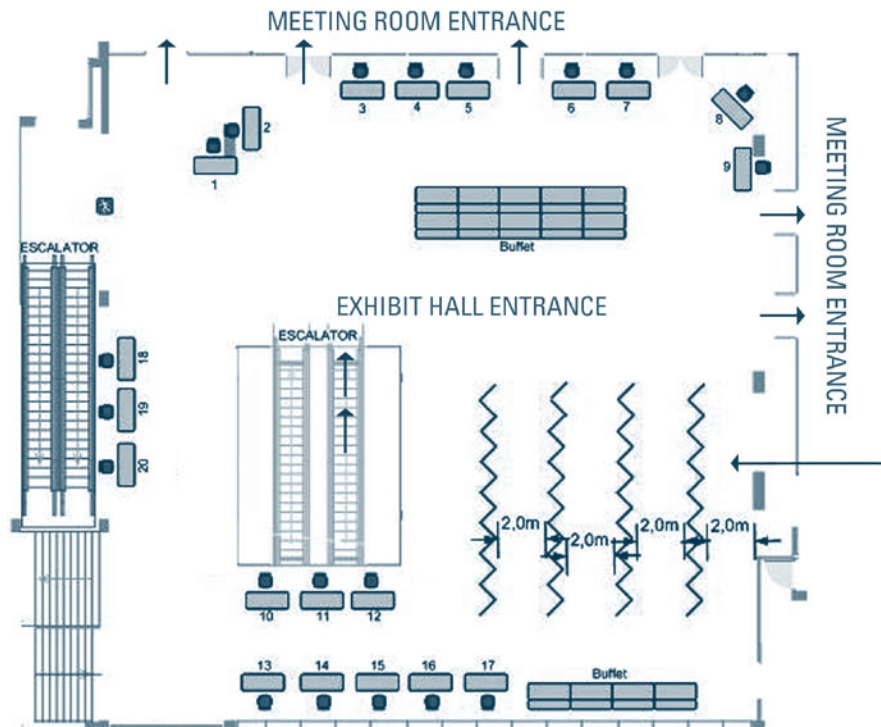
University Medical Center at Princeton Eating Disorders Program offers inpatient and partial hospital levels of care combining a psychosocial approach with the latest advances in nutritional and medical treatment. A multidisciplinary team provides comprehensive services, including monitored meals, regular weight checks, intensive individual, group, and family therapy, medical management, psychotherapy and psychoeducation, nutritional therapy, relaxation training, yoga, and a multi-family program. Individual tutoring is also provided onsite for elementary and high school students.

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Exhibit Hall Floorplan



Poster Floorplan





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I see: ☐ Children ☐ Adolescents ☐ Adults ☐ All ages ☐ Families
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2010 Dues Table

In order to reflect the international nature of our organization's mission and membership, AED uses a tiered dues structure with dues levels based on economic indicators which the World Bank applies in order to evaluate all nations. This structure recognizes the impact of varying economic conditions on the relative cost of AED membership to each individual.

The table below shows a listing of dues according to a member's nation of residence and membership category selected:

Nations designated by the World Bank as "low income" or "lower middle income" ZONE 4			
Afghanistan, Albania, Angola, Armenia, Azerbaijan, Bangladesh, Belarus, Belize, Benin, Bhutan, Bolivia, Brazil, Bulgaria, Burkina Faso, Burundi, Cambodia, Cameroon, Cape Verde, Central African Republic, Chad, Comoros, Congo (Democratic Republic), Congo (Republic), Cote d'Ivoire, Cuba, Democratic Republic of Korea, Djibouti, Ecuador, Egypt, El Salvador, Equatorial Guinea, Eritrea, Ethiopia, Federated States of Micronesia, Fiji, Gambia, Georgia, Ghana, Guatemala, Guinea, Guinea-Bissau, Guyana, Haiti, Honduras, India, Indonesia, Iran, Iraq, Jamaica, Jordan, Kazakhstan, Kenya, Kiribati, Kosovo, Kyrgyz Republic, Lao PDR, Lesotho, Liberia, Madagascar, Malawi, Maldives, Mali, Marshall Islands, Mauritania, Moldova, Mongolia, Morocco, Mozambique, Myanmar, Nepal, Nicaragua, Niger, Nigeria, Pakistan, Papua New Guinea, Paraguay, Peoples Republic of China, Philippines, Romania, Russian Federation, Rwanda, Samoa, Sao Tome and Principe, Senegal, Serbia and Montenegro, Sierra Leone, Solomon Islands, Somalia, South Africa, Sudan, Suriname, Swaziland, Syrian Arab Republic, Tajikistan, Tanzania, Thailand, Timor-Leste, Togo, Tonga, Tunisia, Turkey, Turkmenistan, Uganda, Ukraine, Uzbekistan, Vanuatu, Vietnam, West Bank and Gaza, Yemen, Zambia, Zimbabwe			
Members pay dues according to this schedule			
	Regular/Affiliate Members	Fellows	Student Members
with journal subscription	\$180	\$180	\$143
without journal subscription	\$124	\$124	\$47
Nations designated by the World Bank as "upper middle income" ZONE 3			
Algeria, American Samoa, Antigua and Barbuda, Argentina, Barbados, Bosnia-Herzegovina, Botswana, Chile, Colombia, Costa Rica, Czech Republic, Dominica, Dominican Republic, Estonia, Gabon, Grenada, Hungary, Latvia, Lebanon, Libya, Lithuania, Macedonia, Malaysia, Mauritius, Mayotte, Mexico, Namibia, Northern Marianna Island, Oman, Palau, Panama, Peru, Poland, Saudi Arabia, Seychelles, Slovak Republic, St. Kitts and Nevis, St. Lucia, Trinidad and Tobago, Uruguay, Venezuela			
Members pay dues according to this schedule			
	Regular/Affiliate Members	Fellows	Student Members
with journal subscription	\$222	\$222	\$143
without journal subscription	\$126	\$126	\$47
Nations designated by the World Bank as "high income" ZONE 2			
Andorra, Aruba, Australia, Austria, Bahamas, Bahrain, Belgium, Bermuda, Brunei, Cayman Islands, Channel Croatia, Islands, Cyprus, Denmark, Faeroe Islands, Finland, France, French Polynesia, Germany, Greece, Greenland, Guam, Hong Kong, Iceland, Ireland, Isle of Man, Israel, Italy, Japan, Kuwait, Liechtenstein, Luxembourg, Malta, Monaco, Netherlands, Netherlands Antilles, New Caledonia, New Zealand, Norway, Portugal, Puerto Rico, Republic of Korea, Qatar, San Marino, Singapore, Slovenia, Spain, Sweden, Switzerland, United Arab Emirates, United Kingdom, U.S. Virgin Islands			
Members pay dues according to this schedule			
	Regular/Affiliate Members	Fellows	Student Members
with journal subscription	\$269	\$269	\$159
without journal subscription	\$173	\$173	\$63
Members from the North America (U.S. and Canada) pay dues as follows: ZONE 1			
	Regular/Affiliate Members	Fellows	Student Members
Includes journal subscription	\$225	\$225	\$109
without journal (students only)			\$53

*New Member Introductory rate: \$180 with journal. Please note requirements on Web site at <http://www.aedweb.org/membership/index.cfm>.

*New Professional Member rate: \$180 with journal. Please note requirements on Web site at <http://www.aedweb.org/membership/index.cfm>.



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