

International Conference on Eating Disorders
*Eating Disorders:
Complexity, Progress and New Directions*

ICED 07



May 2–5, 2007

Baltimore Marriott Waterfront

Baltimore, Maryland USA

Final Program

www.aedweb.org



Jointly Sponsored by
the University of New Mexico School of Medicine and
the Academy for Eating Disorders



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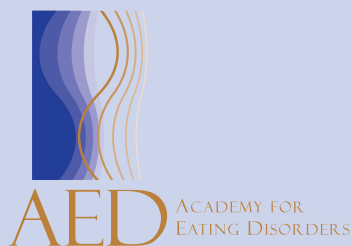
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Princeton Eating Disorders Program
Walden Behavioral Care



Visit www.aedweb.org for more information about AED

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President's Welcome

Following our successful meeting in Barcelona, Spain, in 2006, the Academy for Eating Disorders has returned to the United States. I welcome you to Baltimore, Maryland, for the 2007 International Conference on Eating Disorders, sponsored by the Academy for Eating Disorders. Conference co-chairs Anne Becker, MD, PhD (United States) and Ulrike Schmidt, MD, PhD (United Kingdom), along with their conference committee, have put together a fascinating program centering on this year's theme, "Eating Disorders: Complexity, Progress and New Directions." This year's program promises to be an outstanding one, with an excellent keynote speaker, interesting and diverse plenaries, and a great group of workshops, oral presentations and posters. This year's Teaching Day program offers state-of-the-art presentations on very diverse topics. The Teaching Day workshop on Obesity will be presented in Spanish. Having a Spanish language workshop or Teaching Day has turned into an Academy tradition.

In addition to this conference, many other important Academy activities continue to move forward. The Special Interest Group (SIG) program continues to grow rapidly. The Academy continues to hold general and specialized teaching days and to partner with other organizations in presenting outstanding educational meetings. The *International Journal of Eating Disorders* remains the premiere journal in this field. The third *AED Annual Review of Eating Disorders* was recently published, and work on the fourth Annual Review is underway.

On behalf of the board of directors, it is my pleasure to welcome you to this year's conference. We are excited that you are here in Baltimore; and we are excited about the program for these four days. For anyone who is not yet a member, please stop by the membership booth to learn more about the benefits of membership.

Enjoy the meeting!



Eric van Furth, PhD, FAED
President, Academy for Eating Disorders

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Conference Proceedings

See the 2007 ICED Conference Proceedings, included with your registration packet, to view the full text of abstracts presented at the meeting.

About the Academy for Eating Disorders (AED)

The Academy for Eating Disorders is an international, transdisciplinary, non-profit membership organization for professionals and advocates engaged in research, treatment and prevention of eating disorders. The Academy is home to more than 1,400 members. Approximately 25 percent of these professionals reside outside of the United States.

AED provides members and the field at large with a variety of services, resources and educational programs, including the invaluable support of a community of dedicated colleagues.

Since the organization was founded in 1994, the International Conference on Eating Disorders (ICED) has been AED's flagship activity and the highlight of the AED year. The ICED is the primary gathering place for professionals and advocates engaged in research, treatment and prevention of eating disorders. Each year, ICED attendees, faculty, supporters and exhibitors create a unique, inspiring and intensive environment for education, training, collaboration and dialogue.

Eating disorders are characterized by a persistent pattern of aberrant eating or dieting behavior. These patterns of eating behavior are associated with significant emotional, physical and relational distress.

Specific Goals of the Academy for Eating Disorders

- Promote the effective treatment and care of patients with eating disorders and associated disorders.
- Develop and advance initiatives for the primary and secondary prevention of eating disorders.
- Provide for the dissemination of knowledge regarding eating disorders to members of the Academy, other professionals and the general public.
- Stimulate and support research in the field.
- Promote transdisciplinary expertise within the Academy membership.
- Advocate for the field on behalf of patients, the public and eating disorder professionals.
- Assist in the development of guidelines for training, practice and professional conduct within the field.
- Identify and reward outstanding achievement and service in the field.

Board of Directors

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Pamela Keel, PhD, FAED
Susan Paxton, PhD
Walter Vandereycken, MD, PhD
Steve Wonderlich, PhD, FAED

Special Interest Group Discussion Panels

Thomas Hildebrandt, PsyD
Katharine Loeb, PhD

Meet the Experts Committee

Howard Steiger, PhD, FAED, Chair
Alison Field, ScD, FAED
Debra Katzman MD, FAED
Eric van Furth, PhD, FAED

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2007 Awards

Meehan/Hartley Leadership Award for Public Service and/or Advocacy

Claire Vickery
Kathryn Westin, MA, LP

Leadership Award for Clinical, Administrative or Educational Service

Patricia Fallon, PhD, FAED

Leadership Award for Research

Manfred Fichter, MD

Lifetime Achievement Award

Francesca Brambilla, MD

Mental Health Advocacy Award

U.S. Representative Patrick J. Kennedy

Past Awards and Honors

Lifetime Achievement
1995 Albert Stunkard, MD
1996 Arthur Crisp, MD
1996 Gerald Russell, MD
1998 Katherine Halmi, MD
2000 Paul Garfinkel, MD
2004 Peter Beumont, MD

Meehan/Hartley Award

1994 Vivian Meehan, RN, DSc
1996 Pat Howe Tilton
2000 Patricia Hartley, PhD
2002 Patricia Santucci, MD, FAED
2003 Craig Johnson, PhD
2004 Hispano Latino American Special Interest Group

Founders:

J. Armando Barriguete Melendez, PhD, FAED
Ovidio Bermudez, MD, FAED
Fernando Fernández-Aranda, PhD, FAED
Paulo P.P. Machado, PhD
Fabian Melamed, PhD, FAED

2005 David Herzog, MD
2006 Michael Levine, PhD, FAED

Leadership Award for Clinical, Administrative or Educational Service

1998 Arnold Andersen, MD, FAED
2000 Pauline Powers, MD, FAED
2003 Marsha D. Marcus, PhD, FAED
2005 Robert Palmer, FRCPsych, FAED
2006 Michael Strober, PhD, FAED

Leadership Award for Research

1995 James Mitchell, MD, FAED
1998 Walter Kaye, MD, FAED
2000 W. Stewart Agras, MD
2002 Christopher Fairburn, DM
2003 B. Timothy Walsh, MD, FAED
2004 Janet Treasure, FRCPsych
2005 Ruth Striegel-Moore, PhD, FAED
2006 Cynthia Bulik, PhD, FAED

Distinguished Service

1998 Amy Baker Dennis, PhD, FAED
2002 Joel Yager, MD, FAED

Public Service

1995 Susan Blumenthal, MD
2000 S. Kenneth Schonberg, MD

Fellows Class of 2007

Congratulations to the AED fellows class of 2007. These members will be inducted as fellows during the awards luncheon and business meeting on Saturday.

Laird Birmingham, MD
Rachel Bryant-Waugh, PhD
Neville Golden, MD
David Tobin, PhD
Maria Teresa Rivera, RD, LN

NIMH Student/Early Career Investigator Travel Fellowship Recipients

Thanks to a grant from the National Institute of Mental Health, once again awarded to Ruth Striegel-Moore, PhD, FAED, and Cynthia Bulik, PhD, FAED on behalf of AED, the Academy awards the Student/Early Career Investigator Travel Fellowships. Eligible recipients are United States citizens who are in training and provide evidence of academic excellence. These awards support attendance at the AED/EDRS Teaching Day and the AED 2007 International Conference.

The 2007 Student/Early Career Investigator Fellowship recipients are:

Katie Bannon, BA
Rutgers, The State University of
New Jersey
Piscataway, NJ, USA

Cara Bohon, MS
University of Oregon
Eugene, OR, USA

Sarah Fischer, PhD
University of Chicago
Chicago, IL, USA

Andrea Goldschmidt, MA
Washington University
St. Louis, MO, USA

Alissa Haedt, BS
University of Iowa
Iowa City, IA, USA

Christopher Ochner, PhD
Columbia University
New York, NY, USA

Christina Roberto, BA
Yale University
New Haven, CT, USA

Athena Robinson, PhD
Stanford University
Stanford, CA, USA

Francine Samuels, MD
New York Presbyterian
Psychiatric Institute
New York, NY, USA

Jennifer Slane, BA
Michigan State University
Lansing, MI, USA

Michael Spaulding-Barclay, MD
Indiana University School of
Medicine
Indianapolis, IN, USA

AED thanks the 2007 NIMH travel fellowship council:

Cynthia Bulik, PhD, FAED
Ross Crosby, PhD
Hans Hoek, MD, PhD, FAED
Anna Keski-Rahkonen, MD, PhD, MPH
James Mitchell, MD, FAED
Ruth Striegel-Moore, PhD, FAED

AED Student/Early Career Investigator Travel Fellowship Recipients

AED is able to offer four additional Student/Early Career Investigator Travel Fellowships this year.

Eligible recipients are AED members, current trainees or less than three years post-training. These awards support attendance at the AED/EDRS Teaching Day and the AED 2007 International Conference.

The 2007 award recipients are:

Stephanie Bauer, PhD
University of Heidelberg
Heidelberg, Germany

Wai Sze Trista Chan, BSocSc
City University of Hong Kong
Hong Kong, China

Isabel Krug, MSc
University Hospital of Bellvitge
Barcelona, Spain

Anu Raevuori, MD
University of Helsinki
Helsinki, Finland

AED acknowledges with gratitude the excellent contributions of Mark Chavez, PhD, Chief, Mood, Sleep and Eating Disorders Program for his invaluable work as a resource for eating disorders researchers at the National Institute of Mental Health.

AED Clinician Scholarship Recipients

AED is pleased to provide scholarships to support conference attendance for members who are clinical scholars from around the world. The 2007 clinician scholarship recipients are:

Jennifer Derenne, MD
Massachusetts General Hospital
Boston, MA, USA

Katie Flanagan, MSW
University of North Carolina at Chapel Hill
Chapel Hill, NC, USA

Rebecca Park, MD, PhD
University of Oxford
Oxford, United Kingdom

Mae Lynn Reyes
University of Puerto Rico
San Juan, Puerto Rico

Annual Early Career Investigator Award for Best Paper Published in 2006

This award is presented by *The International Journal of Eating Disorders* and Wiley InterScience to the best paper by a young investigator published in the journal each year. Candidates must not be more than five years post advanced degree, or five years post residency or fellowship training. The recipient for the 2006 publication year is:

Gabrielle Van Son, MA
*Time trends in the incidence of eating disorders:
A primary care study in The Netherlands*

2005
Marian Tanofsky-Kraff, PhD

AED Thanks the Following Individuals for Donations to the Scholarship Campaign and General Fund

Generous member contributions to the Scholarship Campaign provided the funds to sponsor the research and clinician scholarships for the 2007 International Conference on Eating Disorders in Baltimore. Donations to the General Fund provide essential support to AED educational, research, clinical and outreach programs.

Diann Ackard	Laura Hill	Benita Quakenbush-Roberts
Karin Baaz	Holly Hoff	Judith Rabinor
Bette Bakke	Hideaki Horoiwa	Anu Raevuori
Judith Banker	Mimi Israël	Pamela Raizman
Ovidio Bermudez	Joel Jahraus	T.J. Raney
Ahmed Boachie	Walter Kaye	Christina Reiter
Denise Brady	Ann Kearney-Cooke	Kaye Renshaw
Timothy Brewerton	Pamela Keel	Scott Richards
Judith Brisman	Molly Kellogg	Melainie Rogers
Craig Brown	Anna Keski-Rahkonen	Patricia Rohner
Elissa Brown	Nancy King	Ron Saxen
Cynthia Bulik	Mary Kinzie	Stephen Schaefer
Douglas Bunnell	Annette Kluck	Ulrike Schmidt
Kimberly Bushman	Kelly Klump	Elizabeth Shaw
Francesco Cecere	Sue Knight	Carol Signore
Albert Chandler	Richard Kreipe	Dea Silbertrust
Yu-Hsuen Chao	Linnea Lindholm	Elliott Spanier
Alicia Cobelo	Aimee Liu	Howard Steiger
Edi Cooke	James Lock	Karen Stein
Jillian Croll	Deborah Mangham	Semi Sznajderman
Ross Crosby	Marsha Marcus	Mary Tantillo
Scott Crow	JuliAnn Marzuola	Ron Thompson
Ida Flint Dancyger	Beth McGilley	Marika Tiggemann
Michael Devlin	Sara Mijares	Eric van Furth
Catherine Doyen	Kathryn Miller	Kristin Von Ranson
Steven Durkee	Jude Milner	Tracey Wade
Scott Engel	Jonathan Mond	Mark Warren
Patricia Fallon	Charles Murkofsky	Kenneth Weiner
Fernando Fernandez-Aranda	Mary Neal	Laura Weisberg
Manfred Fichter	Dianne Neumark-Sztainer	Denise Wilfley
Alison Field	Dasha Nicholls	Lucene Wisniewski
Sally Finney	Margo Norton	Stephen Wonderlich
Jackie Fischer	Wendy Oliver-Pyatt	D. Blake Woodside
Debra Franko	Robert Palmer	Susan Yanovski
Christine Ganis	Susan Paxton	Shin Yokoyama
Mary Gee	Rebecka Peebles	Erin Zaleski
Josie Geller	Kathleen Pike	
Gayle Goldblatt	Leora Pinhas	This list reflects donors through February 31, 2007.
Heather Guthrie	Andrea Pinheiro	
Phillipa Hay	Jill Pollack	
Joann Hendelman	Nancy Powers	
Judith Henderson		
Stanley Hertz		
Kristen Hewell		

Continuing Education Credit

Meeting Objectives

As a result of this meeting, participants will be able to:

- Foster an appreciation of the advances in treatment, prevention and research techniques for individuals suffering from eating disorders.
- Examine empirical evidence highlighting the interaction of constitutional and sociocultural factors in the development of eating disorders.
- Review current knowledge on developmental factors that are believed to influence eating disorder development across the lifespan.
- Explain recent empirical and clinical findings on specialized treatment techniques suited to commonly seen groups of eating disorder patients.
- Understand risk factors and treatment issues unique to special populations of individuals with eating disorders, including athletes and individuals with comorbid medical conditions.

Physicians

Continuing Medical Education Accreditation

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of the University of New Mexico Office of Continuing Medical Education and the Academy for Eating Disorders. The University of New Mexico Office of Continuing Medical Education is accredited by the ACCME to provide continuing medical education for physicians.

Credit Designation

The University of New Mexico Office of Continuing Medical Education designates this educational activity for a maximum of 21.5 *AMA PRA Category 1 Credit(s)*[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Non-Physicians

The conference is co-sponsored by the Academy for Eating Disorders and The Institute for Continuing Education. Continuing education credit is offered as listed below. If you have questions regarding continuing education, contact AED at phone 847-498-4274 or The Institute by phone, 251-990-5030; fax, 251-990-2665; or e-mail, instconted@aol.com.

Psychology: The Institute for Continuing Education is an organization approved by the American Psychological Association (APA) to sponsor continuing education for psychologists. The Institute for Continuing Education maintains responsibility for this program and its content.

Counseling: The Institute for Continuing Education is an NBCC-approved continuing education provider and a co-sponsor of this event. The Institute for Continuing Education may award NBCC clock/contact hours for programs that meet NBCC requirements. The Institute for Continuing Education maintains responsibility for this program and its content. NBCC Provider No. 5643.

Qualifying Activities

The following activities do not qualify for CE credits: poster sessions, committee meetings, Welcome and Conference Goals session, World Summit session, awards ceremony and business meeting luncheon, Meet the Experts, presidential address, exhibits and any other non-scientific session. Any session not listed in the continuing education packet does not qualify for credit.

Social Work: The Institute for Continuing Education is approved as a provider for continuing education by The Association of Social Work Boards (ASWB), through the Approved Continuing Education Program (ACE). Licensed social workers should contact their individual state jurisdiction to review current continuing education requirements for licensure renewal. The Institute for Continuing Education maintains responsibility for the program. ASWB Provider No. 1007.

- **Illinois Department of Professional Regulation:**
Social Work License: 159-000606
- **Ohio Board of Counselor/Social Work:**
Provider No. RCS 030001
- **California Board of Behavioral Sciences:**
Provider PCE 636
- **Florida Board:**
BAP #255

Marriage/Family Therapy: The Institute for Continuing Education is recognized as a provider of continuing education activities by most state boards of marriage/family therapy.

Nursing: The Institute for Continuing Education is an approved provider of continuing education in nursing by the Alabama State Nurses Association, an accredited approver by the ANCC Commission on Accreditation. ASNA Provider 5-122.

Alcohol/Drug: The Institute for Continuing Education is approved by the National Association of Alcohol and Drug Abuse Counselors (NAADAC) to provide continuing education for alcohol and drug abuse counselors. NAADAC Provider No. 00243.

Additional Accreditations

This additional accreditation is available, but does not fall under the umbrella of the credits offered by the Institute for Continuing Education.

Dietitians:

This CDR pre-approved program has been approved for 21.5 total hours of continuing professional education for registered dietitians and dietetic technicians, registered.

Continuing Education Registration and Requirements

A certificate fee of \$30 for members and \$45 for nonmembers is required. Visit the AED registration desk to pay your certificate fee if you did not pre-register for CE. You may not register for credits after May 5.

To receive continuing education credit, attendees **MUST**:

- pay the CE fee
- sign in and sign out as required
- complete and return the continuing education evaluation packet

Continuing education credit will be awarded on a session-by-session basis, with full attendance required for each session attended. One certificate will be issued for all activities attended.

Please Note: State licensing bureaus and/or professional associations have their own requirements for licensing, certification and/or recertification. Individuals should contact their state licensing bureaus or professional associations regarding the applicability of the continuing education for their own professional needs.

Full Disclosure Policy Affecting CME Activities

As a provider accredited by the Accreditation Council for Continuing Medical Education (ACCME), it is the policy of the University of New Mexico School of Medicine to require the disclosure of the existence of any financial interest or any other relationship a faculty member, scientific program committee member or their families have with the manufacturer(s) of any commercial products or services discussed in an educational presentation. The 2007 ICED presenters and program committee members reported the following:

Ovidio Bermudez
GlaxoSmithKline, Orlistat, Consultant

Hany Bissada
Eli Lilly, Grant/Research Support

Samantha Brooks
Institute of Psychiatry, Grants/Research Support, Consultant

Cynthia Bulik
NIMH, NICHD, NCI, Grant/Research Support
Power Changes LLC, Other Financial or Material Support

Laura Collins
McGraw-Hill, Other Financial or Material Support

Hans-Christoph Friederich
Nina Jackson Eating Disorder Research Charity, Christina Barz
Traveling Fellowship, Grant/Research Support

Josie Geller
Michael Smith Foundation for Health Research, Senior Scholar Award,
Grant/Research Support

Joanne Gusella
CIHR, Grant/Research Support

Debra Katzman
NIH, Grant/Research Support
Shopper's Drug Mart LWW, Consultant

Walter Kaye
Astra Zeneca, Grant/Research Support
Lundbeck, Consultant

Michael Lowe
NIMH, Grant/Research Support
Renfrew Center, Consultant

Dianne Neumark-Sztainer
Guilford Press, Other Financial or Material Support

Susan Paxton
Rotary Health, Telstra, Australian Research Council,
Grant/Research Support

Rebecka Peebles
Stanford Institute on Women and Gender, Grant/Research Support

Robyn Swenson
Park Nicollet Foundation, Grant/Research Support

Janet Treasure,
Psychology Press, Routledge, Other Financial or Material Support

B. Timothy Walsh
Eli Lilly, Abbott Pharmaceuticals, Ortho-McNeil, Grant/Research Support

G. Terence Wilson
National Institute of Mental Health/NIH, Grant/Research Support

Christina Zimmerman
Park Nicollet Health and Research Institute, Grant/Research Support

It is understood that presentations must give a balanced view of therapeutic options. Faculty use of generic names will contribute to this impartiality. The speaker will make every effort to ensure that data regarding the company's products (or competing products) are objectively selected and presented, with balanced discussion of prevailing information on the product(s) and/or alternative treatments. The speaker must also make the audience aware of any "off-label" or investigational uses described for any medication discussed.

Join AED now!

Join the Academy for Eating Disorders

We invite you to join AED and be a part of this important organization. AED provides a forum for mental health professionals to share scientific advances, exchange ideas, foster new research and provide professional and public education on the issues surrounding eating disorders. A membership application is included in this book on page 62.

Join the Academy for Eating Disorders and register for the ICED at the member rate. See the dues table on page 61 to determine your membership fee. Join AED Now!

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Fax 847-480-9282
aed@aedweb.org
www.aedweb.org

Registration Information

Participation in the AED 2007 International Conference on Eating Disorders is limited to registered delegates. Your full registration includes:

- Admission to all sessions (Thursday, May 3 through Saturday, May 5) excluding Clinical Teaching Day — an additional fee is required for these workshops
- Access to all exhibits
- Entry to poster session
- Opening reception on Thursday, May 3
- Closing social event on Saturday, May 5
- Daily coffee breaks
- Final program

Hotel and Travel Information

The Baltimore Marriott Waterfront Hotel is located at 700 Aliceanna Street, Baltimore, Maryland 21202, USA. The telephone number is 410-385-3000 and the guest fax number is 410-895-1900.

Concierge and Babysitting Services

The hotel's concierge desk will help hotel guests book babysitting services, make dinner reservations or plan other activities during your stay in Baltimore. For more information, contact the concierge desk at the Baltimore Marriott Waterfront Hotel.

General Conference Information

Opening Reception and Closing Social Event

A welcome reception for all registrants will take place from 6 – 7:30 p.m. on Thursday, May 3 in Grand Ballroom Salons V/VI. The closing social event will take place from 7:30 p.m. – 10 p.m. in Harborside Ballroom Salons A/B. Business casual attire is appropriate for both events.

Additional Tickets

If you are interested in purchasing additional opening reception tickets or closing social event tickets, you may do so at the AED registration desk anytime during the regular registration hours. The tickets are \$65 for the opening reception and \$65 for the closing social event.

Optional Box Lunches

AED will provide optional box lunches for the Special Interest Group meetings on Thursday, May 3 and Friday, May 4. A \$20 US fee is required for each lunch. If you registered in advance, a ticket(s) is included in your registration packet. For those that are registering on site, tickets may be available at the AED registration desk.

Current/New/Prospective Member Breakfast

The Current/New/Prospective Member Breakfast will be held Friday, May 4, 7 - 8 a.m., in the Grand Ballroom Salons VII/VIII. This breakfast function is available to all registered attendees.

AED Business Meeting and Awards Luncheon

The AED business meeting will be held Saturday, May 5, 12:15 – 2 p.m., in Harborside Ballroom Salons D/E. This is a luncheon function available to all registered attendees.

Committee Meeting Rooms

The Falkland, Galena and Heron rooms, located on the 4th floor, are available for committee or small group meetings at designated times during the conference. Attendees can reserve meeting times by using the sign-up sheet outside the meeting room.

ICED Conference Recordings

Visit the sales desk in the registration area to purchase a CD and/or multimedia CD-ROM of the conference sessions from IntelliQuest Media. Discounts will be extended for onsite orders. You may contact them at 866-651-2586 or visit www.intelliquestmedia.com.

AED Bookseller

Professional Books, Inc. offers a large selection of eating disorders-related publications. Visit them at the conference, contact them at 617-630-9393 or visit www.professionalbooks.com.

AED Registration Desk

The registration desk, located in the Grand Ballroom Rotunda and Foyer, will be open:

Wednesday, May 2	10 a.m. – 5 p.m.
Thursday, May 3	7:30 a.m. – 6 p.m.
Friday, May 4	7:30 a.m. – 5 p.m.
Saturday, May 5	7:30 a.m. – 6 p.m.

Speaker Ready Room

The Speaker Ready Room will be available daily in the Boardroom as follows:

Wednesday, May 2	10 a.m. – 5 p.m.
Thursday, May 3	7:30 a.m. – 5 p.m.
Friday, May 4	7:30 a.m. – 5 p.m.
Saturday, May 5	7:30 a.m. – 4 p.m.

Computers will be provided for speakers to review their presentations.

Exhibits

Vendor exhibits will be located in Grand Ballroom Salons V/VI.

Exhibit hours are:

Thursday, May 3	7:30 a.m. – 7:30 p.m.
Friday, May 4	7:30 a.m. – 5 p.m.
Saturday, May 5	7:30 a.m. – 4 p.m.

A light breakfast will be served daily and beverages will be available in the exhibit hall during the refreshment breaks each day. A directory of participating organizations is included in this program on page 57.

Solicitations

Solicitations by unauthorized persons are strictly prohibited. Sales and promotional activities are restricted to exhibitors and must take place in their own exhibit booths.

Poster Session

Posters will be presented by authors during the AED International Conference and will be available for viewing throughout the meeting. Poster abstracts can be found beginning on page 44 of the 2007 ICED Conference Proceedings, distributed with your registration materials.

The poster presentations are located in Grand Ballroom Salons V/VI.

Poster Session Schedule

Wednesday, May 2

3 – 5 p.m. Poster Session Set-Up

Thursday, May 3

7:30 a.m. – 6 p.m. Poster Session Viewing
(presenters need not be in attendance)
6 – 7:30 p.m. Poster Session Presentations
(with presenters)

Friday, May 4

7:30 a.m. – 5 p.m. Poster Session Viewing
(presenters need not be in attendance)

Saturday, May 5

8 a.m. – 4 p.m. Poster Session Viewing
(presenters need not be in attendance)

Presenters are responsible for dismantling posters. Posters left behind at the close of the dismantling period will be disposed of and are not the responsibility of AED or the hotel.

Message Board

A message board is available in the registration area during the registration hours. Check the board frequently. There will be no paging during the conference. To contact the Message Center, call the Baltimore Marriott Waterfront Hotel at 410-385-3000 and ask to be transferred to the AED registration desk.

Meet the Experts Session

Friday, May 4, 5:30 p.m. – 7 p.m.
Grand Ballroom Salons VII/VIII

Do you have specific questions that you would like to discuss with established experts in your field? Are you looking for consultation on clinical cases, practice issues or ethical dilemmas? Are you interested in developing or evaluating an intervention to treat or prevent eating disorders? Do you want advice on writing a grant application or publishing your work? The Meet the Experts session offers an opportunity for informal discussions on these topics.

Attendance is limited, so sign up now. In order to attend this session, we ask that you sign up at the Meet the Experts table, located in the AED registration area. Attendance is limited, so sign up early! Please sign up for this event by Friday at noon, or as long as space is available.

Submit your questions for the experts. If you have a specific question to be addressed by experts, complete a "Meet the Experts Question Form" at the Meet the Experts table and deposit it in the basket on the table. Questions will be reviewed by the experts prior to Friday night's session.

Resume and Employment Board

Bulletin boards are available in the exhibit area for posting job opportunities or resumes.

Meeting Evaluation

The ICED scientific program committee needs your input to enhance future AED meetings. You will receive an online meeting evaluation via e-mail shortly after the 2007 Annual Meeting. AED greatly appreciates your input.

Special Needs

Notify AED staff members of any special needs by visiting the AED registration desk.

Questions

If you have questions regarding the program or registration, visit the AED registration desk.

Save the Dates!

2008 International Conference on Eating Disorders

May 15-17, 2008

Clinical Teaching Day
May 14, 2008

Westin Seattle
Seattle, Washington, USA

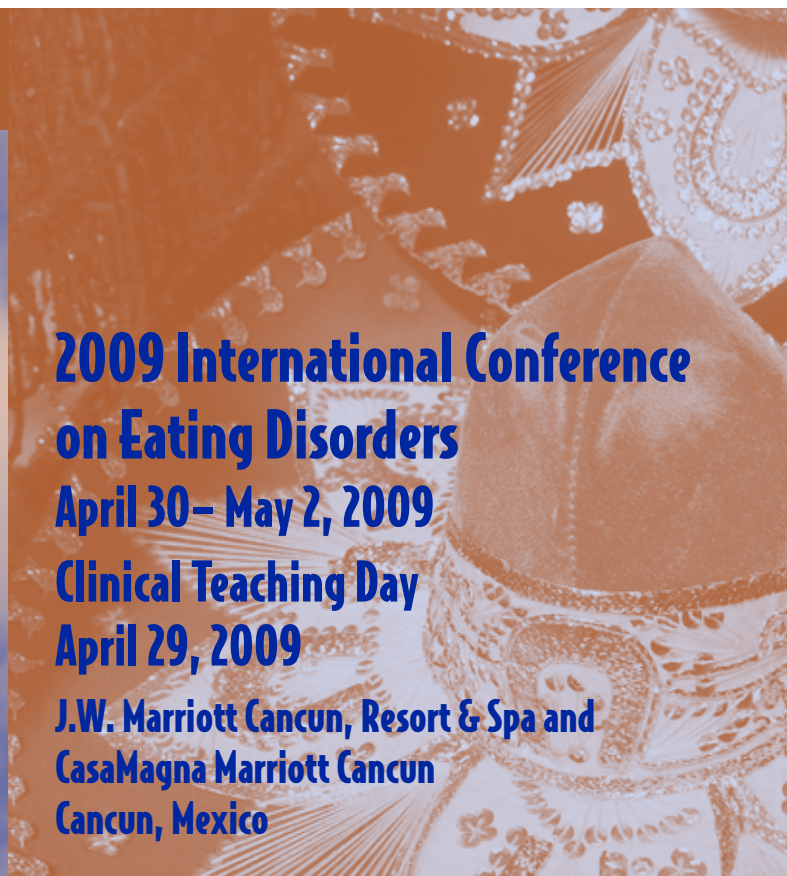


2009 International Conference on Eating Disorders

April 30– May 2, 2009

Clinical Teaching Day
April 29, 2009

J.W. Marriott Cancun, Resort & Spa and
CasaMagna Marriott Cancun
Cancun, Mexico



Schedule-at-a-Glance

Workshops designated with a  code indicate a Core Skills Workshop.

Wednesday, May 2

		Location
8 a.m. – 5 p.m.	AED Board of Directors Meeting	Dover A-C, 3rd Floor
8:30 a.m. – 1:30 p.m.	AED/EDRS Research Training Day Workshop (invitation only)	Essex A-C, 4th Floor
10 a.m. – 5 p.m.	Registration	Grand Ballroom Rotunda and Foyer, 3rd Floor
10 a.m. – 5 p.m.	Speaker Ready Room	Boardroom, 3rd Floor
2 – 5 p.m.	Clinical Teaching Day Workshops (separate registration fee required)	
	A. Sustainable Eating Disorder Prevention Programs: Using the Participatory Approach to Facilitate Both Science and Long-Term Implementation	Grand Ballroom I, 3rd Floor
	B. Statistical Approaches to the Classification of Eating Disorders	Grand Ballroom II, 3rd Floor
	C. Obesity: From Childhood to Adolescence <i>La Obesidad: Desde La Infancia y Adolescencia</i> (This session will be presented in Spanish.)	Grand Ballroom IV, 3rd Floor
	D. The Role of the Therapeutic Relationship in the Treatment of Eating Disorders: Implications for an Integrated Approach	Grand Ballroom III, 3rd Floor
	E. Psychological and Medical Considerations in Working with Hard-To-Manage Cases	Grand Ballroom VII/VIII, 3rd Floor
	F. Best Practices in Psychotherapy for Bulimia Nervosa and Binge Eating Disorder	Grand Ballroom IX, 3rd Floor
Noon – 4 p.m.	Exhibitor Set-Up	Grand Ballroom V/VI, 3rd Floor
3 – 5 p.m.	Poster Presenter Set-Up	Grand Ballroom V/VI, 3rd Floor

Thursday, May 3

7:30 a.m. – 8:30 a.m.	Breakfast with the Exhibitors	Grand Ballroom V/VI, 3rd Floor
7:30 a.m. – 5 p.m.	Speaker Ready Room	Boardroom, 3rd Floor
7:30 a.m. – 6 p.m.	Registration	Grand Ballroom Rotunda and Foyer, 3rd Floor
7:30 a.m. – 7:30 p.m.	Poster Viewing/Exhibit Hall Open	Grand Ballroom V/VI, 3rd Floor
8 – 9 a.m.	Special Interest Group (SIG) Chairs Organizational Meeting	Kent A-C, 4th Floor
9 – 9:15 a.m.	Welcome and Conference Goals Eric van Furth, PhD, FAED, President Anne E. Becker, MD, PhD and Ulrike Schmidt, MD, PhD Scientific Program Committee Co-Chairs	Harborside Ballroom A-C, 4th Floor
9:15 – 10:30 a.m.	Keynote Address Research on Eating Disorders: Bridging Science and Service Thomas R. Insel, MD, Director, National Institute of Mental Health, National Institutes of Health, Bethesda, Maryland USA	Harborside Ballroom A-C, 4th Floor
10:30 – 11 a.m.	Refreshment Break	Grand Ballroom V/VI, 3rd Floor
11 a.m. – 12:30 p.m.	Workshop Session I	
	A. An Evidence-Based Guide to Working with Personality Traits (and Disorders) in People with Eating Disorders: A Trait-Focused, Interpersonally-Centered Approach	Grand Ballroom II, 3rd Floor
	B. The Dark Side of Food: Diagnosis, Psychopathological Aspects and Treatment of Night Eating Syndrome	Grand Ballroom X, 3rd Floor
	C. Identifying and Challenging Core Beliefs in Anorexia and Bulimia Nervosa	Harborside Ballroom A-C, 4th Floor

Schedule-at-a-Glance

Workshops designated with a  code indicate a Core Skills Workshop.

Thursday, May 3 (continued)

		Location
11 a.m. – 12:30 p.m.	Workshop Session I (continued)	
	D. Connections and Disconnections: Applications of Neurobiology to the Clinical Treatment of Eating Disorders	Grand Ballroom VII/VIII, 3rd Floor
	E. Review and Update: Pharmacological Treatment of Children and Adolescents with Eating Disorders and Obesity	Grand Ballroom IX, 3rd Floor
	F. Picking Up Where Hospitalization Leaves Off: The Application of Psychodynamic Treatment Strategies in an Intensive Outpatient Setting for Eating Disorders	Grand Ballroom IV, 3rd Floor
	 G. Political Advocacy around the Globe: Expectations, Emphasis and Application	Essex C, 4th Floor
	H. Dilemmas and Therapeutic Issues Relevant to Treating Adolescents and Young Adults with Eating Disorders and Their Families When a Parent Also Has an Eating Disorder	Grand Ballroom I, 3rd Floor
	I. Mindfulness-Based Eating Awareness Therapy (MB-EAT): An Introduction to Theory and Application	Kent A–C, 4th Floor
	J. Outpatient Management of Anorexia Nervosa in Children and Adolescents: A Comprehensive Multi-Disciplinary Approach That Works	Grand Ballroom III, 3rd Floor
	K. Controlled Evaluation of an Online Primary Prevention Program	Essex A/B, 4th Floor
12:15 – 12:45 p.m.	Box Lunch Pickup (For attendees who have purchased a box lunch in advance and have a ticket.)	Grand Ballroom Foyer, 3rd Floor
12:30 – 2 p.m.	Lunch on Your Own	
12:30 – 2 p.m.	Special Interest Group (SIG) Annual Meetings (Box lunch available with advance purchase.) Assessment and Diagnosis	Grand Ballroom VII/VIII, 3rd Floor
	Body Image	Kent A–C, 4th Floor
	Child and Adolescent Eating Disorders	Essex A/B, 4th Floor
	Family Therapy	Grand Ballroom I, 3rd Floor
	Graduate Student	Essex C, 4th Floor
	Health at Every Size	Grand Ballroom II, 3rd Floor
	Hispano Latino American	Grand Ballroom IV, 3rd Floor
	Information Technology	Grand Ballroom X, 3rd Floor
	Inpatient/Residential Treatment	Grand Ballroom IX, 3rd Floor
	Males	Falkland, 4th Floor
	Trauma	Grand Ballroom III, 3rd Floor
2 – 4 p.m.	Plenary Session I: Eating Disorders as Motivated Behaviors: What Can We Learn from Studies of Food Reward and Addiction? Chair: Angela Guarda, MD Clinical and Psychobiologic Parallels between Disordered Eating and Other Addictive Behaviors Caroline Davis, PhD, York University, Toronto, Ontario, Canada Why Do They Do It? New Insights into Puzzling Symptoms in Anorexia Nervosa Walter Kaye, MD, FAED, University of Pittsburgh, Pittsburgh, Pennsylvania and University of California at San Diego, San Diego, California, USA Eating for Dopamine – An Animal Model of Binge Eating and Bulimia Bart Hoebel, PhD, Princeton University, Princeton, New Jersey, USA Addiction and Change Carlo di Clemente, PhD, University of Maryland, Baltimore, Maryland, USA	Harborside Ballroom A–C, 4th Floor
4 – 4:30 p.m.	Refreshment Break	Grand Ballroom V/VI, 3rd Floor
4:30 – 6 p.m.	Workshop Session II	
	A. Therapists Can Hinder Therapy: How We Might Make It Easier for Eating-Disordered Patients to Get Better in Psychological Treatments	Kent A–C, 4th Floor
	 B. Two Models of DBT's Application to Eating Disorders	Grand Ballroom VII/VIII, 3rd Floor

Schedule-at-a-Glance

Workshops designated with a **CSW** code indicate a Core Skills Workshop.

Thursday, May 3 (continued)

		Location
4:30 – 6 p.m.	Workshop Session II (continued)	
	C. What to Do about EDNOS? A Dimensional Approach to the Pharmacological Treatment of Eating Disorders and Comorbid Conditions	Grand Ballroom IX, 3rd Floor
	D. Advanced Skills Workshop for Multifamily Group Facilitators	Essex A/B, 4th Floor
	E. Understanding and Treating Disturbed Body Image: A Cognitive-Behavioral Approach	Harborside Ballroom A–C, 4th Floor
	F. Essential Components of Relapse Prevention: Multidisciplinary Social and Nutritional Rehabilitation of Eating Disorders	Grand Ballroom I, 3rd Floor
CSW	G. Disordered Eating and Overweight among Children: Research Findings and Implications for Assessment and Treatment	Grand Ballroom II, 3rd Floor
	H. Eating Disorders and African American Women: A Contextual Framework and Recommendations for Researchers and Practitioners	Essex C, 4th Floor
	I. The Role of Personality in Eating Disorders	Grand Ballroom III, 3rd Floor
	J. The Use of Assessment Techniques to Diagnose Eating Disorder Symptoms	Grand Ballroom X, 3rd Floor
	K. Gaining: Long-Term Perspectives on the Life History of Anorexia and Bulimia Nervosa	Grand Ballroom IV, 3rd Floor
6 – 7:30 p.m.	Opening Reception/Poster Presentations/Exhibit Hall Open	Grand Ballroom V/VI, 3rd Floor

Friday, May 4

7 – 8 a.m.	Current, New and Prospective Member Breakfast	Grand Ballroom VII/VIII, 3rd Floor
7:30 – 8 a.m.	Breakfast with the Exhibitors	Grand Ballroom V/VI, 3rd Floor
7:30 a.m. – 5 p.m.	Registration	Grand Ballroom Rotunda and Foyer, 3rd Floor
7:30 a.m. – 5 p.m.	Poster Viewing/Exhibit Hall Open	Grand Ballroom V/VI, 3rd Floor
7:30 a.m. – 5 p.m.	Speaker Ready Room	Boardroom, 3rd Floor
8 – 10 a.m.	<p>Plenary Session II: Promoting Healthy Eating Behaviors and Patterns: Integrating Obesity and Eating Disorder Prevention Approaches Chair: Susan J. Paxton, PhD</p> <p>Preventing Eating Disorders AND Obesity: What Are the Challenges and Can They Be Overcome? Dianne Neumark-Sztainer, MPH, PhD, RD, FAED, University of Minnesota, Minneapolis, Minnesota, USA</p> <p>Promising Obesity Prevention Strategies: Do They Risk Stigmatization and Eating Disorders? Boyd Swinburn, PhD, Deakin University, Melbourne, Victoria, Australia</p> <p>Changing Eating Behaviors of Children: Lessons from Interventions to Increase Fruit and Vegetable Consumption Knut-Inge Klepp, PhD, University of Oslo, Oslo, Norway</p> <p>Impact of Obesity Prevention Efforts on Eating Disorder Symptoms in Adolescents: Evidence from the Field Bryn Austin, PhD, Children's Hospital Boston, Boston, Massachusetts, USA</p>	Harborside Ballroom A–C, 4th Floor
10 – 10:30 a.m.	Refreshment Break	Grand Ballroom V/VI, 3rd Floor

Schedule-at-a-Glance

Workshops designated with a  code indicate a Core Skills Workshop.

Friday, May 4 (continued)

		Location
10:30 a.m. – Noon	Oral Scientific Paper Session I (brief scientific papers for presentation and discussion) A. At-Risk Populations and Gender 1 B. Binge Eating Disorder, Night Eating and Obesity 1 C. Biology 1 D. Children and Adolescents 1 E. Cognition F. Comorbidity and Complications 1 G. Culture and Ethnicity 1 H. Diagnosis, Classification and Measurement 1 I. Treatment 1A J. Treatment 1B	Grand Ballroom IV, 3rd Floor Grand Ballroom I, 3rd Floor Kent A–C, 4th Floor Grand Ballroom IX, 3rd Floor Grand Ballroom III, 3rd Floor Essex A/B, 4th Floor Essex C, 4th Floor Grand Ballroom II, 3rd Floor Harborside Ballroom A–C, 4th Floor Grand Ballroom VII/VIII, 3rd Floor
11:45 a.m. – 12:15 p.m.	Box Lunch Pickup (For attendees who have purchased a box lunch in advance and have a ticket.)	Grand Ballroom Foyer, 3rd Floor
Noon – 1:15 p.m.	Lunch on Your Own	
Noon – 1:15 p.m.	Question and Answer Session with a Representative from the National Institute of Mental Health Mark Chavez, PhD, National Institute of Mental Health, National Institutes of Health, Bethesda, Maryland	Grand Ballroom I, 3rd Floor
Noon – 1:15 p.m.	Special Interest Group (SIG) Annual Meetings (Box lunch available with advance purchase.) Athletes Bariatric Surgery Cognitive Behavioral Therapy Medical Care Neuroimaging Neuropsychology New Investigators Nursing Care Nutrition Prevention Psychodynamic Psychotherapy Transcultural	Harborside Ballroom A–C, 3rd Floor Essex C, 4th Floor Kent A–C, 4th Floor Grand Ballroom IV, 3rd Floor Grand Ballroom IX, 3rd Floor Falkland, 4th Floor Grand Ballroom VII/VIII, 3rd Floor Grand Ballroom X, 3rd Floor Heron, 4th Floor Grand Ballroom II, 3rd Floor Essex A/B, 4th Floor Grand Ballroom III, 4th Floor
1:30 – 3 p.m.	Oral Scientific Paper Session II (brief scientific papers for presentation and discussion) A. At-Risk Populations and Gender 2 B. Binge Eating Disorder, Night Eating and Obesity 2 C. Biology 2 D. Children and Adolescents 2 E. Comorbidity and Complications 2 F. Course and Outcome G. Culture and Ethnicity 2 H. Diagnosis, Classification and Measurement 2 I. Prevention J. Treatment 2	Grand Ballroom IX, 3rd Floor Grand Ballroom IV, 3rd Floor Grand Ballroom VII/VIII, 3rd Floor Grand Ballroom II, 3rd Floor Essex A/B, 4th Floor Grand Ballroom III, 3rd Floor Essex C, 4th Floor Kent A–C, 4th Floor Grand Ballroom I, 3rd Floor Harborside Ballroom A–C, 4th Floor
3 – 3:30 p.m.	Refreshment Break	Grand Ballroom V/VI, 3rd Floor
3:30 – 5 p.m.	Special Interest Group (SIG) Discussion Panels A. Current Directions in the Prevention, Research and Treatment of Athletes with Eating Disorders B. Body Image in Boys and Men: Assessing and Treating the Overlooked C. The Use of New Technologies in the Prevention, Early Intervention and Relapse Prevention of Eating Disorders	Grand Ballroom II, 3rd Floor Grand Ballroom III, 3rd Floor Grand Ballroom IX, 3rd Floor

Schedule-at-a-Glance

Workshops designated with a  code indicate a Core Skills Workshop.

Friday, May 4 (continued)

		Location
3:30 – 5 p.m.	Special Interest Group (SIG) Discussion Panels (continued)	
	D. Strategies for Reducing Body Image Distortion in Inpatient/Residential Treatment Programs	Essex A/B, 4th Floor
	E. Associations between Biological and Neuropsychological Markers in Eating Disorders	Grand Ballroom I, 3rd Floor
	F. Using Multimedia Programs to Expand Eating Disorder Prevention Efforts: Advances and Future Challenges	Grand Ballroom IV, 3rd Floor
	G. Integrating Interpersonal and Neurobiological Processes in the Treatment of Eating Disorders	Essex C, 4th Floor
3:30 – 5 p.m.	AED/National Institute of Mental Health Travel Fellowship Awards	Kent A–C, 4th Floor
5:30 – 7 p.m.	Meet the Experts	Grand Ballroom VII/VIII, 3rd Floor

Saturday, May 5

	Location	
7:30 – 8 a.m.	Breakfast with the Exhibitors	Grand Ballroom V/VI, 3rd Floor
7:30 a.m. – 6 p.m.	Registration	Grand Ballroom Rotunda and Foyer, 3rd Floor
7:30 a.m. – 4 p.m.	Speaker Ready Room	Boardroom, 3rd Floor
7:30 a.m. – 4 p.m.	Poster Viewing/Exhibit Hall Open	Grand Ballroom V/VI, 3rd Floor
7:30 – 9:30 a.m.	World Summit Session (light breakfast will be served) Chair: Paulo Machado, Universidade do Minho, Braga, Portugal	Harborside Ballroom, D/E, 4th Floor
8 – 9 a.m.	Special Interest Group (SIG) Follow-Up Meetings	Kent A–C, 4th Floor
9:30 – 10 a.m.	Refreshment Break	Grand Ballroom V/VI, 3rd Floor
10 – 10:15 a.m.	AED President's Remarks	Harborside Ballroom A-C, 4th Floor
10:15 a.m. – 12:15 p.m.	Plenary Session III: Together We Are Stronger: Working with Carers Chairs: Simon Gowers, MD and Susan Ringwood Working with Carers of People with Mental Health Problems George Szmukler, Institute of Psychiatry, London, United Kingdom Working with Carers of Adolescents with Eating Disorders: Use of Multi-Family Group Therapy to Support Carers Ivan Eisler, PhD, CPsychol, AcSS, Institute of Psychiatry, London, United Kingdom Working with Carers of Adults with Eating Disorders Janet Treasure, PhD, FRCP, FRCPsych, Guy's Hospital, London, United Kingdom Patient and Carers' Perspective Laura Collins, Member of MaudsleyParents.org, Northern Virginia, USA; Joan Riederer, National Eating Disorders Association Parent Family Network Committee Member, Milwaukee, WI, USA	Harborside Ballroom A-C, 4th Floor
12:15 – 2 p.m.	Awards Luncheon and Business Meeting	Harborside Ballroom D/E, 4th Floor
2 – 3:30 p.m.	Workshop Session III	
	A. Biological, Neurological and Clinical Aspects May Condition the Responses to Treatments of Eating Disorders?	Grand Ballroom II, 3rd Floor
	B. Alienating Patients from the "Anorexic Self": Externalization and Alternative Strategies	Harborside Ballroom A–C, 4th Floor
	C. Advanced Technological Tools for Eating Disorder Treatment and Research	Essex A/B, 4th Floor
	D. Do Research Findings Apply to Clinical Practice?	Grand Ballroom X, 3rd Floor
	E. Turbulence, Trouble, Threat: Teams Get in a Mess	Essex C, 4th Floor

Schedule-at-a-Glance

Workshops designated with a **CSW** code indicate a Core Skills Workshop.

Saturday, May 5 (continued)

		Location
2 – 3:30 p.m.	Workshop Session III (continued)	
	F. Emotion-Focused Family Therapy: A Novel Therapeutic Approach for Eating Disorders	Grand Ballroom I, 3rd Floor
	G. Music Inspires Health: Multimedia Strategies, Music Celebrities and Eating Disorders	Grand Ballroom IV, 3rd Floor
	H. Introduction to Therapeutic Approaches to Adolescent Bulimia: Manualized Family-Based Treatment and Cognitive-Behavioral Treatment	Grand Ballroom VII/ VIII, 3rd Floor
	I. Where Trauma and Eating Disorders Intersect: Research, Clinical Implications and Strategies for Treatment of Sequela Arising from Physical, Sexual and Emotional Violence among Adults and Youth	Grand Ballroom III, 3rd Floor
	CSW J. Where Do I Go from Here? Directions in the Career Development of New Professionals	Grand Ballroom IX, 3rd Floor
	K. What's Age Got to Do with It? Adult Women, Eating Disorders and Body Image Despair	Kent A–C, 4th Floor
3:30 – 4 p.m.	Refreshment Break	Grand Ballroom V/VI, 3rd Floor
4 – 6 p.m.	Exhibitor/Poster Presenter Dismantle	Grand Ballroom V/VI, 3rd Floor
4 – 6 p.m.	Plenary Session IV: New Treatment Approaches to Eating Disorders: From Research Studies to Clinical Practice Chairs: Debra L. Franko, PhD, FAED and Pamela K. Keel, PhD, FAED Integrative Cognitive Affective Therapy for Bulimia Nervosa: Preliminary Findings Stephen Wonderlich, PhD, FAED, University of North Dakota School of Medicine and Health Sciences, Fargo, North Dakota, USA Relationship Ingredients that Enhance Change Josie Geller, PhD, University of British Columbia, Vancouver, British Columbia, Canada Transdiagnostic Cognitive Behavior Therapy: Effects and Significance Christopher G. Fairburn, DM, FRCPsych, FMedSci, Oxford University, Oxford, United Kingdom Discussant Judith Banker, MA, LLP, FAED, Center for Eating Disorders, Ann Arbor, Michigan, USA	Harborside Ballroom A-C, 4th Floor
7:30 – 10 p.m.	Closing Social Event	Harborside Ballroom A/B, 4th Floor

Scientific Paper Session I
Friday, May 4
10:30 a.m. – Noon

Time	Grand Ballroom IV	Grand Ballroom I	Kent A-C	Grand Ballroom IX	Grand Ballroom III	Essex A/B	Essex C	Grand Ballroom II	Harborside Ballroom A-C	Grand Ballroom VII/VIII
	At-Risk Populations and Gender 1	Binge Eating Disorder, Night Eating and Obesity 1	Biology 1	Children and Adolescents 1	Cognition	Comorbidity and Complications 1	Culture and Ethnicity 1	Diagnosis, Classification and Measurement	Treatment 1A	Treatment 1B
10:30 a.m.	P1 Thomas Wallaert Lowe	P7 Peterson Mitchell Crow et al	P13 Brooks	P19 Lathner Rosewall Simmonds	P25 Katzman Chui Christensen et al	P31 Sterling Golden Jacobson et al	P37 Chan	P43 Klein Scheibendach Foltin et al	P49 Kristeller Wolever Sheets	P55 Sepulveda Todd Currin et al
10:45 a.m.	P2 Rasmussen Arnaut McKittrick	P8 Boutelle Libbey Story et al	P14 Bohon Stice Olludas	P20 Zimmerman Swenson Adlis et al	P26 Birgegard Björck Clinton et al	P32 Cowdry Coughlin Guardia et al	P38 Cairns Blanchet Jones et al	P44 Tasca Balfour et al	P50 Munsch Schlup Meyer et al	P56 Kaplan Walsh Olmsted et al
11 a.m.	P3 Gravener Damstetter Keel	P9 Ochner Lowe Kounios et al	P15 Stice Olludas Muscatell et al	P21 Couturier Lock Forsberg et al	P27 Steinglass Eisen Altia et al	P33 von Ranson Holub Hodgins	P39 Reyes	P45 Slof-Op't Landt Rebollo Bartels et al	P51 Safer Agras Robinson	P57 Fursland Byrne Nathan
11:15 a.m.	P4 Feldman Meyer	P10 Ranzienhofer Tanofsky-Kraff Yanovski et al	P16 Culbert Bredelove Klump	P22 Mehlenbeck Nassau High et al	P28 Cain Epler Sher	P34 Redgrave Coughlin Vincent et al	P40 Latzer Tzischinsky Azaiza et al	P46 Alvarez-Moya Solano Badia et al	P52 Pretorius Schmidt	P58 Smith Rieger
11:30 a.m.	P5 Swenson McAlpine Adlis et al	P11 Schvey Tanofsky-Kraff Wilfley et al	P17 Suisman Slane Klump	P23 Loeb le Grange Hildebrandt et al	P29 Lopez Tchanturia Stahl et al	P35 Wildes Fagiolini Marcus	P41 Pepper Ruiz	P47 Spoor Bohon Stice et al	P53 Bauer Kordy	P59 Smith Annus Cyders
11:45 a.m.	P6 Woods Vlahou Lilienfeld et al	P12 Verheken Claus Braet et al	P18 Mazzeo Mitchell Bulik et al	P24 Goldschmidt Stein Saelens et al	P30 Zucker LaBar Bulk et al	P36 Jiménez-Murcia Álvarez Granero et al	P42 Nakai	P48 Eddy Dorer Franko et al	P54 Sanchez-Ortiz Schmidt Munro	P60 Satir Thompson-Brenner Bolsseau

Scientific Paper Session II
Friday, May 4
1:30 – 3 p.m.

Time	Grand Ballroom IX	Grand Ballroom IV	Grand Ballroom VII/VIII	Grand Ballroom II	Essex A/B	Grand Ballroom III	Essex C	Kent A-C	Grand Ballroom I	Harborside Ballroom A-C
	At-Risk Populations and Gender 2	Binge Eating Disorder, Night Eating and Obesity 2	Biology 2	Children and Adolescents 2	Comorbidity and Complications 2	Course and Outcome	Culture and Ethnicity 2	Diagnosis, Classification and Measurement	Prevention	Treatment 2
1:30 p.m.	P61 Ackard Vik Neumark-Sztainer et al	P67 Braet	P73 Israel Steiger Gauvin et al	P79 Buchholz Henderson Wagner et al	P85 Baker Kendler	P91 Weltzin	P97 Wang Fu Thompson-Brenner et al	P103 Bohn Cooper Doll et al	P109 Weingeroff Thompson-Brenner Pratt et al	P115 Darcy Dooley Radnall-Quirke et al
1:45 p.m.	P62 Ho Lee Liow et al	P68 Libbey Boutelle Story et al	P74 Brewerton	P80 Tanofsky-Kraiff Goossens Eddy et al	P86 Franko Holm-Denoma Witte et al	P92 Von Holle Thornton Kaye et al	P98 Piran Gadalla	P104 Bellace Wisotzke Rubin et al	P110 Wang Treat Brownell	P116 Lowe Thomas Safar et al
2 p.m.	P63 Wasserman Holmbeck	P69 Ringham Wildes Kalarchian et al	P75 Bello Guarda Hyun et al	P81 Micali Simoneff Treasure	P87 Freizinger Franko Domar et al	P93 Van Son Van Hoeken van Furth et al	P99 Hoek van Hoeken	P105 Thomas Vartanian Brownell	P111 Ferrari Tweed Rummen et al	P117 Delinsky St. Germain Fagley et al
2:15 p.m.	P64 Lilenfeld Picot Jacobs	P70 Vazzana	P76 Steiger Richardson Joubert et al	P82 van den Berg Keery Neumark-Sztainer et al	P88 Torgersen von Holle Bulk et al	P94 Fernandez-Aranda Forcano Santamaria et al	P100 Jordan Joyce	P106 Thompson-Brenner Eddy Franko et al	P112 Calogero Herbozo Thompson	P118 Lock Agras Couturier
2:30 p.m.	P65 Peebles Suarez Lock	P71 Roberts Campbell Troop et al	P77 Bruce Steiger Israel et al	P83 Austin Greaney Spadano-Gasbarro et al	P89 Tedeschini Forcano Gamazo Agüera et al	P95 Bulk Pinheiro Thornton et al	P101 Pinheiro Bulk Sullivan et al	P107 Coughlin Edwards Buenaer et al	P113 Noordenbos	P119 Guisinger Schulberg
2:45 p.m.	P66 Raevuori Hoek Rissanen et al	P72 Lundgren Allison Stunkard	P78 Richardson Steiger Joubert et al	P84 Golden Jacobson Mayer Sterling et al	P90 Berg Reichborn-Kjennerud Torgersen et al	P96 Keskitalo Hoek Bulk et al	P102 Maekawa Mirai Shimanouchi et al	P108 Spanos Slane Klump	P114 Mitchell Mazzeo Rausch et al	P120 Bissada Tasca Barber et al

Detailed Program

Wednesday, May 2

8 a.m. – 5 p.m. Dover A-C, 3rd Floor

AED Board of Directors Meeting

10 a.m. – 5 p.m. Grand Ballroom Rotunda and Foyer, 3rd Floor

Registration

10 a.m. – 5 p.m. Boardroom, 3rd Floor

Speaker Ready Room

8:30 a.m. – 1:30 p.m. Essex A-C, 4th Floor

Academy for Eating Disorders and Eating Disorders Research Society (EDRS) Research Training Day Workshop
(invitation only)

8:30 a.m.

Welcome and Introductions*Ruth Striegel-Moore, PhD, FAED, Walter A. Crowell University Professor of the Social Sciences, Wesleyan University, Middletown, CT, USA**Cynthia Bulik, PhD, FAED, William and Jeanne Jordan Distinguished Professor of Eating Disorders, Department of Psychiatry, University of North Carolina, Chapel Hill, NC, USA*

8:45 a.m.

How to Write a Fundable Grant*Cynthia Bulik, PhD, FAED, William and Jeanne Jordan Distinguished Professor of Eating Disorders, Department of Psychiatry, University of North Carolina, Chapel Hill, NC, USA*

9:30 a.m.

Writing the Statistical Methods Section*Ross Crosby, PhD, Neuropsychiatric Research Institute, Fargo, ND, USA*

10 a.m.

Assessment*Carol Peterson, PhD, Research Associate/Assistant Professor, Department of Psychiatry, University of Minnesota, Minneapolis, MN, USA*

10:30 a.m.

Coffee Break

10:45 a.m.

Getting Your Paper Published in the International Journal of Eating Disorders*Ruth Striegel-Moore, PhD, FAED, Walter A. Crowell University Professor of the Social Sciences, Wesleyan University, Middletown, CT, USA*

11:00 a.m.

How to Use Your Mentor Effectively*Anna Keski-Rahkonen, MD, PhD, MPH, Resident Psychiatrist, University of Helsinki, University of Helsinki, Finland*

11:30 a.m.

Small Group Meetings with Assigned Mentors

12:30 p.m.

Luncheon**Teaching Day Faculty***Cynthia Bulik, PhD, FAED**Ross Crosby, PhD**Hans Hoek, MD, PhD, FAED**Anna Keski-Rahkonen, MD, PhD, MPH**Marsha Marcus, PhD, FAED**James Mitchell, MD, FAED**Carol Peterson, PhD**Ruth Striegel-Moore, PhD, FAED*

2 – 5 p.m.

Clinical Teaching Day Workshops

(separate registration fee required)

**SUSTAINABLE EATING DISORDER PREVENTION PROGRAMS: USING THE PARTICIPATORY APPROACH TO FACILITATE BOTH SCIENCE AND LONG-TERM IMPLEMENTATION****Grand Ballroom I, 3rd Floor***Sponsored by the Prevention Special Interest Group**Carolyn Black Becker, PhD, Trinity University, Department of Psychology, San Antonio, TX, USA; Niva Piran, PhD, FAED, University of Toronto, Toronto, ON, Canada; Jess Haines, PhD, RD, University of Minnesota, Minneapolis, MN, USA*

Despite recent gains in eating disorder prevention, numerous challenges remain regarding the translation of research findings into programs that can have sustained impact in real world settings. This workshop will review the ways in which the participatory approach can be used to engage target social systems (e.g., schools) as partners in eating disorders prevention so as to facilitate the development of effective and sustainable eating disorder prevention programs that do not necessarily require long-term research grant support. The participatory approach engages members of relevant social systems as collaborators in the development, implementation, and testing process and empowers them to become activists in the prevention of eating disorders. A discussion of the general principles of the participatory approach will be provided. Examples from four ongoing participatory programs will be used to discuss the advantages and disadvantages of the participatory approach, along with strategies for overcoming challenges to the use of this approach. The example programs respectively target: an ethnically diverse school in the United States, an elite ballet school in Canada, a campuswide sorority system and a large national sorority. Data from research associated with the programs also will be presented. The workshop also will examine program evaluation and application for funding in implementing and evaluating the participatory approach to prevention.

**STATISTICAL APPROACHES TO THE CLASSIFICATION OF EATING DISORDERS****Grand Ballroom II, 3rd Floor***Pamela K. Keel, PhD, FAED, The University of Iowa, Department of Psychology, Iowa City, IA, USA; Ross D. Crosby, PhD, Neuropsychiatric Research Institute, Fargo, ND, USA*

Given the widespread implications of possible revisions to the nosology of eating disorders in the DSM-V, this workshop is designed to teach participants about empirical approaches to the classification of eating disorders. The workshop will focus on two statistical approaches, Latent Class Analysis (LCA) and Taxometric Analysis (TA), and will provide participants with information on what types of questions these analyses are designed to answer, how they are conducted, results from recent eating disorder studies using these methods, as well as limitations of each method. This workshop is designed for conference participants interested in receiving training in research methods, as well as participants who are interested in gaining a greater understanding of this body of literature.



OBESITY: FROM CHILDHOOD TO ADOLESCENCE/LA OBESIDAD: DESDE LA INFANCIA Y ADOLESCENCIA

Grand Ballroom IV, 3rd Floor

Sponsored by
the Hispano Latino American Special Interest Group

This session will be presented in Spanish.

Ovidio Bermudez, MD, FAED, Laureate Psychiatric Clinic and Hospital, Tulsa, OK, USA; Jennifer Shapiro, PhD, University of North Carolina, Eating Disorders Unit, Chapel Hill, NC, USA; Armando Barriguete, MD, FAED, Departamento Neurología y Psiquiatría, INNSZ, Mexico DF, Mexico; Xochitl Castaneda, MA, Director, The California-Mexico Health Initiative, University of California, Office of the President, Berkeley, California; Juanita Gempeler, CBT, Clinical Psychologist, Scientific Director, Equilibrio, Eating Disorders Program, Bogota, Colombia

Obesity and overweight during childhood and adolescence are among the more prevalent current eating problems in Hispano-American countries, but also among immigrant Hispanic children in several states of the United States. This workshop will focus specifically on the current situation of this eating and weight problem, environmental and genetic risk factors that are involved, current approaches that are being applied (even by using new technologies) and prevention strategies that are being applied with Hispanic children, as well as in the United States and in other countries.

Obesidad y sobrepeso durante la infancia y adolescencia son unos de los problemas de la alimentación que aparecen con mayor prevalencia tanto en países de Latinoamérica, como en poblaciones de inmigrantes hispanos, que se encuentran viviendo en USA. El presente sesión se centrará especialmente en la situación actual de este problema con la alimentación y el peso, factores de riesgo genéticos y ambientales implicados, abordajes terapéuticos (utilizando nuevas tecnologías) y de prevención que están siendo aplicados en la actualidad con niños y adolescentes hispanos, tanto en USA como en otros países.



THE ROLE OF THE THERAPEUTIC RELATIONSHIP IN THE TREATMENT OF EATING DISORDERS: IMPLICATIONS FOR AN INTEGRATED APPROACH

Grand Ballroom III, 3rd Floor

Sponsored by
the Psychodynamic Psychotherapy Special Interest Group

Judith Banker, MA, LLP, FAED, Psychodynamic Psychotherapy Special Interest Group Chair, Center for Eating Disorders, Ann Arbor, MI, USA; Patricia Fallon, PhD, FAED, University of Washington, Private Practice, Seattle, WA, USA; Howard Steiger, PhD, FAED, Douglas-McGill University, Montreal, QC, Canada

Eating disorders are complex illnesses that can both evolve from and create unsatisfying or disturbed interpersonal relationships. These interpersonal difficulties and relational patterns will typically emerge in the relationship between patient and psychotherapist, particularly in cases where the patient has experienced severe or chronic relational disturbance or trauma. This clinical session will focus on the understanding and use of the dynamics within the therapeutic relationship as a central tool in addressing the core interpersonal issues frequently encountered in eating disorder treatment. Drawing on empirical support for the use of adapted behavioral and dynamic treatments, the workshop presentations will describe and demonstrate integrative relationship-focused psychotherapy techniques that can be effective in the treatment of people with eating disorders. Topics will include ways to identify and address interpersonal disturbances through the experience and observation of the therapeutic relationship, the impact of

gender on the therapeutic relationship, particularly in the treatment of the challenging eating disorder patient, and the effective use of therapist authenticity and therapist self-disclosure to develop a more impactful therapeutic relationship.



PSYCHOLOGICAL AND MEDICAL CONSIDERATIONS IN WORKING WITH HARD-TO-MANAGE CASES

Grand Ballroom VII/VIII, 3rd Floor

Janice Russell, MFCP, MBBS, MD(Syd), FRACP, FRANZCP, Clinical Associate Professor, University of Sydney, Psychological Medicine, Sydney, Australia; Kelly Vitousek, PhD, University of Hawaii, Department of Psychology, Honolulu, HI, USA

This session will address special issues in working with difficult patients, including those with chronic eating disorders, those with complicating medical problems, those who retain subthreshold symptoms after partial recovery and those with low motivation for change. Case examples will be presented and solicited from participants, and alternative treatment strategies reviewed. The challenge of identifying an optimal balance between acceptance and pressure for change will be discussed, as well as the importance of providing more intensive support when substantial changes are attempted on an outpatient basis. The session will include discussion of the strong reactions that working with these patients can evoke in health care professionals, including responses to persistent lack of progress, frequent rehospitalization, inadequate resources and patient death.



BEST PRACTICES IN PSYCHOTHERAPY FOR BULIMIA NERVOSA AND BINGE EATING DISORDER

Grand Ballroom IX, 3rd Floor

G. Terence Wilson, PhD, Rutgers University, Graduate School of Applied Psychology, Piscataway, NJ, USA

The workshop focuses primarily on theory-driven, manual-based treatment of bulimia nervosa and binge eating disorder. Following a review of the core components of the approach, the emphasis will be on the following: 1) tailoring treatment to individual cases; 2) the importance of enhancing motivation in treatment-resistant patients; 3) behavioral and cognitive techniques for addressing dysfunctional body shape and weight concerns; 4) strategies for treating negative affect and interpersonal problems that contribute to the maintenance of the eating disorders; and 5) the clinical application of guided self-help in the treatment of both bulimia nervosa and binge eating disorder.

Noon - 4 p.m. Grand Ballroom V/VI, 3rd Floor

Exhibitor Set-Up

3 - 5 p.m. Grand Ballroom V/VI, 3rd Floor

Poster Presenter Set-Up

Thursday, May 3

7:30 – 8:30 a.m. Grand Ballroom V/VI, 3rd Floor

Breakfast with the Exhibitors

7:30 a.m. – 6 p.m. Grand Ballroom Rotunda and Foyer, 3rd Floor

Registration

7:30 a.m. – 7:30 p.m. Grand Ballroom V/VI, 3rd Floor

Poster Viewing/Exhibit Hall Open

7:30 a.m. – 5 p.m. Boardroom, 3rd Floor

Speaker Ready Room

8 – 9 a.m. Kent A-C, 4th Floor

Special Interest Group (SIG)**Chairs Organizational Meeting**

All SIG chairs are invited to attend this meeting to discuss SIG activities.

9 – 9:15 a.m. Harborside Ballroom A-C, 4th Floor

Welcome and Conference Goals

Eric van Furth, PhD, FAED, President

Anne E. Becker, MD, PhD and Ulrike Schmidt, MD, PhD

Scientific Program Committee Co-Chairs

9:15 – 10:30 a.m. Harborside Ballroom A-C, 4th Floor

Keynote Address**Research on Eating Disorders: Bridging Science and Service**

Thomas R. Insel, MD, Director, National Institute of Mental Health, National Institutes of Health, Bethesda, MD, USA

The science of mental illness is undergoing a transformation, based on revolutionary insights from neuroscience and genomics. Increasingly we understand mental disorders as brain disorders, resulting from genetic risk interacting with developmental events. This new perspective on mental disorders suggests new opportunities for prediction, preemption and personalized treatments. How will this new science make a difference for those with eating disorders? Early detection can provide new strategies for prevention. There is an urgent need to define personalized, effective treatments: identifying which treatment will be best for each individual. This presentation will review the current state of the science and discuss how to translate the promise of science to the critical needs of service.

10:30 – 11 a.m. Grand Ballroom V/VI, 3rd Floor

Refreshment Break

11 a.m. – 12:30 p.m.

Workshop Session I

AN EVIDENCE-BASED GUIDE TO WORKING WITH PERSONALITY TRAITS (AND DISORDERS) IN PEOPLE WITH EATING DISORDERS: A TRAIT-FOCUSED, INTERPERSONALLY-CENTERED APPROACH

Grand Ballroom II, 3rd Floor

Howard Steiger, PhD, Director, Eating Disorders Program, Douglas Hospital, Montreal (Verdun), QC, Canada

Personality pathology is common in people with eating disorders, and remains one of the most intriguing and challenging aspects of eating-disorder management. This workshop provides a comprehensive, up-

to-date review of clinically-relevant findings on the association between eating and personality disturbances, and on shared developmental and constitutional/genetic determinants of eating and personality pathologies. It also provides indications and contraindications for the attempt to “tune” psychotherapy to specific personality traits and disturbances — emphasizing the impact of personality pathology upon the expression of eating symptoms, response in therapy, and especially, the therapeutic relationship. This will be a “trait” and “interpersonal process” focused analysis. A main section of the workshop addresses clinical technique. Principles are drawn from within and beyond the eating-disorder literature, around which recommended, personality-focused treatment techniques are structured (including Dialectical Behavior Therapy, Cognitive-Behavioral Therapy, Interpersonal Psychotherapy, Brief Interpersonal Therapy and other forms). Using selected case materials, ingredients of “trait-focused” psychotherapeutic techniques are reviewed that aim to minimize relational reactivities, impediments to change, and ruptures in therapeutic alliance. Using clinical vignettes, trait-focused interventions aimed at specific personality traits and organizations (e.g., perfectionism, limit-setting problems, impulsivity, compulsivity, self-destructiveness, narcissism) will be addressed. Participants are invited to bring case materials from their own practice for discussion purposes.



THE DARK SIDE OF FOOD: DIAGNOSIS, PSYCHOPATHOLOGICAL ASPECTS AND TREATMENT OF NIGHT EATING SYNDROME

Grand Ballroom X, 3rd Floor

Piergiuseppe Vinai, MD, Studi Cognitivi, Magliano Alpi, Italy;

Yael Latzer, PhD, Associate Professor, University of Haifa,

Timrat, Israel; Kelly Allison, PhD, Postdoctoral Researcher,

University of Pennsylvania, Philadelphia, PA, USA

More than fifty years after the first definition of Night Eating Syndrome, its psychopathological characteristics are still not completely defined and a specific therapeutic approach has yet to be established. Our purpose is to highlight clinical characteristics of the syndrome, to put in evidence its peculiar aspects and discuss similarities and differences with other eating disorders, in the light of recent experimental research made by the authors. We'll also present a therapeutic approach based on the Cognitive Behavioral Therapy model. We will focus on the possibilities for tailoring treatment for overweight clients in search of weight loss versus the underweight or normal weight client who is pathologically restricting during the day.



IDENTIFYING AND CHALLENGING CORE BELIEFS IN ANOREXIA AND BULIMIA NERVOSA

Harborside Ballroom A-C, 4th Floor

Wayne Bowers, PhD, Professor, Department of Psychiatry,

University of Iowa, Iowa City, IA, USA; Myra Cooper, DPhil,

Senior Research Tutor, Oxford University, Oxford,

United Kingdom

Cognitive therapy for eating disorders has been characterized as neglecting emotion and interpersonal factors. Features of other therapies have been introduced to address these shortcomings. Fairburn's model now addresses clinical perfectionism, core low self-esteem, mood intolerance and interpersonal difficulties. Cooper and others implicate schemas and core beliefs as developmental and maintaining factors of these disorders. Knowledge of how to access and treat such beliefs, particularly in relation to anorexia nervosa and bulimia nervosa, is currently limited. Specialist training, especially in the micro skills involved in treating eating disorder patients, is not readily available. The workshop will help participants to recognize the basic assumptions, schemas and core beliefs that are typical of these patients. We will outline a cognitive conceptualization addressing the full range of thoughts, feelings, and behaviours in eating disorders with special emphasis upon cognition and affect as cues for identifying

basic assumptions, schemas and core beliefs. Drawing on our clinical experience, interventions focusing particularly on core beliefs about the self and schematic material will be presented, as well as interventions to identify and modify basic assumptions. Examples of cognitive, experiential and imaginal techniques, as well as illustrations of successful behavioural experiments, the use of cognitive continua and the beliefs to which these strategies are suited, will be addressed. Demonstrations of verbal, written and imaginal strategies will help participants to access experiences and modify cognitions (including future related) typical of anorexia nervosa and bulimia nervosa patients. Planning, carrying out typical experiments and use of "cognitive continua" will be demonstrated via role play. To enhance learning, workshop participants are encouraged to bring and discuss case material about the model and treatment strategies being presented.



CONNECTIONS AND DISCONNECTIONS: APPLICATIONS OF NEUROBIOLOGY TO THE CLINICAL TREATMENT OF EATING DISORDERS

Grand Ballroom VII/VIII, 3rd Floor

*Sponsored by the Psychodynamic Psychotherapy
Special Interest Group*

Laura Weisberg, PhD, Clinical Assistant Professor, Duke University Medical Center, Durham, NC, USA; Mary Tantillo, PhD, Director, Eating Disorders Program, Unity Health Systems, Rochester, NY, USA; Kimberli McCallum, MD, Director, McCallum Place Treatment Center, St. Louis, MO, USA

Eating disorders emerge from and lead to biological, psychological and interpersonal disconnections. Since disconnections help drive and perpetuate these illnesses, treatment modalities are required that identify them and decrease their destructive impact, while capitalizing on the growth and healing that can occur when disconnections are effectively managed and repaired. This workshop proposes that effective treatments to address the disconnections associated with eating disorders can be informed by current theory and research in the field of neurobiology. Drawing on the work of Allan Schore and Daniel Siegel, an overview of the interplay between brain development and interpersonal/relational experience will be provided, with a discussion of the implications for the development of eating disorders. Recent findings in neurobiological research will be presented that imply a neurological link to the disconnections associated with eating disorders. The remainder of the workshop will focus on methods for integrating these findings in to the psychotherapeutic treatment of eating disorders. A variety of clinical interventions, informed by an understanding of neurobiological disconnections, will be described with an emphasis on interventions that promote integration, mindfulness and connection with the self and others. Case vignettes will be used to present these interventions, which will include Mindfulness Training techniques to help with the integration of affect and cognition, the use of the therapeutic relationship as a tool for enhancing self-regulation, interpersonal connection, attachment repair and the application of multi-family groups to heal interfamily disconnections. Time will be provided for discussion of further clinical applications and directions for future research.



REVIEW AND UPDATE: PHARMACOLOGICAL TREATMENT OF CHILDREN AND ADOLESCENTS WITH EATING DISORDERS AND OBESITY

Grand Ballroom IX, 3rd Floor

Stanley Hertz, MD, Co-Director, Eating Disorders Center, Schneider Children's Hospital North Shore-LIJ Health System, New Hyde Park, NY, USA; Vivian Kafantaris, MD, Director, Research, Division of Child and Adolescent Psychiatry, Schneider Children's Hospital North Shore-LIJ Health System, New Hyde Park, NY, USA; Ema Saito, MD, Unit Chief, Adolescent Pavillion, Zucker Hillside Hospital, Glen Oaks, NY, USA

This workshop will review and provide an update of drug treatments.

The scientific rationale for the use of medications and the current state of the art will be introduced. This will be followed by a discussion of a double blind placebo controlled study of the efficacy of olanzapine in the treatment of adolescents with anorexia nervosa. An open-label pilot study utilizing topiramate in young patients with bulimia nervosa and binge eating disorder will be reviewed. Following this, several innovative medication treatments for the obese population will be presented. The workshop leader will summarize this portion of the discussion by providing practical guidelines for each of the populations. The audience will then be provided with several clinical vignettes and asked to discuss their management decisions with the presenters.



PICKING UP WHERE HOSPITALIZATION LEAVES OFF: THE APPLICATION OF PSYCHODYNAMIC TREATMENT STRATEGIES IN AN INTENSIVE OUTPATIENT SETTING FOR EATING DISORDERS

Grand Ballroom IV, 3rd Floor

Susan McClanahan, PhD, Co-Director, Insight: Eating Disorders, Weight Management & Psychological Services, Skokie, IL, USA; Jenny Conviser, PsyD, Co-Director, Insight: Eating Disorders, Weight Management & General Psychological Services, Skokie, IL, USA; Angela Picot, PhD, Program Coordinator, Insight: Eating Disorders, Weight Management & General Psychological Services, Skokie, IL, USA; Vicky Singh, PhD, Staff Therapist, Insight: Eating Disorders, Weight Management & General Psychological Services, Skokie, IL, USA

In many residential, partial and inpatient treatment settings, the goals of eating disorder treatment are to offer an environment in which weight is gained or stabilized, refeeding occurs and skills are learned to confront painful or challenging emotions that lead to the problematic symptoms. While these are arguably the first steps in successful treatment for eating disorders, individuals may leave these facilities with little awareness of the deeper issues that contributed to or maintained their eating disorder symptoms. In this vulnerable state, individuals may be susceptible to influences which they cannot identify or understand. It seems therefore that much of the deeper work is left to individual therapists who may be overwhelmed with the task of transitioning still-ill patients back to their lives. This presentation will focus on the use of psychodynamic treatment strategies in an intensive outpatient group setting, specifically addressing the rationale for using psychodynamically informed interventions with eating disordered patients at this level of care, the application of this approach and the difficulties that arise with transference and countertransference in an intensive outpatient setting. Case examples will be presented to highlight the way in which attention to deeper issues and the role of the family at this stage in treatment contributes to recovery in individuals with eating disorders.



POLITICAL ADVOCACY AROUND THE GLOBE: EXPECTATIONS, EMPHASIS AND APPLICATION

Essex C, 4th Floor

Sponsored by the AED Advocacy Committee

Susan Ringwood, BA, Chief Executive Officer, Eating Disorders Association, Norwich, United Kingdom; Kathryn Westin, MA, LP, President, The Anna Westin Foundation, Chaska, MN, USA; Jeanine Cogan, PhD, Policy Director, Eating Disorders Coalition, Washington, DC, USA

Political advocacy keeps the issues about the impact of eating disorders on the lives of individuals and their families in the media and on the minds of educators, policymakers, healthcare decision-makers and the general public. Effective advocacy influences government and private funding for research, education, and treatment, and the responsiveness of healthcare systems to the needs of people with eating disorders and their loved ones, ensuring that people with eating disorders receive the best quality care possible and that community and family education and support services are readily available. Effective

advocacy requires an understanding of political systems and protocols, lobbying strategies, and basic grassroots activism. This didactic and interactive workshop, presented by a professional Washington, D.C. lobbyist, a UK advocacy leader and an international grassroots activist, will provide tools for working within political and healthcare systems around the world, including the United States, the UK, Europe, Australia and New Zealand. Basic principles for advocacy within private and public healthcare systems will be presented along with strategies for “getting in the door” with influential policymakers. Important legislative gains achieved in the United States will be described along with the key advocacy strategies used to promote these policies. Practical examples of grassroots activism focused on empowering patients and families to advocate on their own behalf with insurance and treatment providers and with policymakers will also be provided. An “advocacy toolkit” handout will be made available to all attendees.



DILEMMAS AND THERAPEUTIC ISSUES RELEVANT TO TREATING ADOLESCENTS AND YOUNG ADULTS WITH EATING DISORDERS AND THEIR FAMILIES WHEN A PARENT ALSO HAS AN EATING DISORDER

Grand Ballroom I, 3rd Floor

Fabrice Monneyron, Psychiatry Doctor, PhD Student, Institute of Psychiatry, King's College of London, London, United Kingdom; Nadia Micali, Clinical Lecturer, Department of Child and Adolescent Psychiatry, Institute of Psychiatry, London, United Kingdom; Janet Treasure, Professor of Psychiatry, Institute of Psychiatry, King's College of London, London, United Kingdom

The purpose of this workshop is: 1) to inform participants about the research and clinical findings about parents with eating disorders and the implications on their offspring; 2) to identify pitfalls and dilemmas about interventions for families where a parent and child have a current or past eating disorder; 3) to present and discuss our findings about the experience of caring and perceptions of illness in parents who have an eating disorder whose child also has an eating disorder; 4) to discuss possible clinical issues and how to approach therapeutic engagement and therapy in these families. During this workshop, we will first introduce the topic and discuss the research findings on parents with eating disorders and the psychological impact on their children. We will talk about the clinical implications and dilemmas of treating families where both parent and child have a current or past history of an eating disorder. We will then report on findings from research carried out in our department on experiences of caring and perception of their and their child's illness in parents with eating disorders. Interactive case discussion and clinical vignettes presentation will follow with participation from the audience. A general discussion will close the workshop.



MINDFULNESS-BASED EATING AWARENESS THERAPY (MB-EAT): AN INTRODUCTION TO THEORY AND APPLICATION

Kent A-C, 4th Floor

Jean Kristeller, PhD, Professor of Psychology, Indiana State University, Terre Haute, IN, USA

Eating disorders represent a complex system of dysregulated cognitive, emotional and behavioral states. Mindfulness approaches have a rich tradition and increasing empirical support for creating self-awareness and facilitating disengagement from undesired emotional and behavioral reactivity. The Mindfulness-Based Eating Awareness Training (MB-EAT) program offers substantial promise for helping individuals create healthier balance in their food intake, body image and emotional balance. This session will introduce the conceptual background, research evidence and treatment components of a mindfulness meditation-based approach to treatment of binge and compulsive overeating. An overview of our NIH-clinical trial will be presented, along with how this approach helps individuals become more aware

and responsive to hunger and satiety cues. The MB-EAT program produced significant improvement in eating behavior and mood. The amount of improvement was directly related to degree of meditation practice reported. In our work, meditation appears to act by rapidly promoting self-awareness, internalization of control and self-acceptance. Therefore, this approach may be useful not only as a component of treatment for eating dysregulation, but may help expand our understanding of underlying processes of how self-awareness may contribute to emotional, behavioral and physiological self-regulation. Application to a wider range of eating disorders and obesity will also be considered. Experiential work will include presentations of some of the guided meditations for the workshop participants to experience. Mindfulness exercises using actual food will be used, in addition to other eating and general meditation exercises. Portions of a video of participants' experiences will be shared.



OUTPATIENT MANAGEMENT OF ANOREXIA NERVOSA IN CHILDREN AND ADOLESCENTS: A COMPREHENSIVE MULTI-DISCIPLINARY APPROACH THAT WORKS

Grand Ballroom III, 3rd Floor

Tania Heller, MD, FAAP, Medical Director, Washington Center for Eating Disorders and Adolescent Obesity, Bethesda, MD, USA; Linda Blackman, MSSW, LCSW-C, Family and Individual Therapist, Washington Center for Eating Disorders and Adolescent Obesity, Bethesda, MD, USA; Carolyn Weiss, MS, APRN, BC/PMH, Therapist, Washington Center for Eating Disorders and Adolescent Obesity, Bethesda, MD, USA; Katherine Reyes, MSW, LCSW-C, Family and Individual Therapist, Washington Center for Eating Disorders and Adolescent Obesity, Bethesda, MD, USA; Ann Jacob Smith, PhD, Therapist, Washington Center for Eating Disorder and Adolescent Obesity, Bethesda, MD, USA; Kathy Toepfer, BS, RD, Registered Dietitian, Washington Center for Eating Disorders and Adolescent Obesity, Bethesda, MD, USA

This workshop will provide participants with useful methods and techniques for the treatment of a young patient with anorexia nervosa. The importance of a team approach, involving the dietitian, pediatrician, psychiatrist, individual and family therapist will be defined. Additional discussion will include how team members can best work together to optimize patient outcome. Our unique comprehensive team approach to the outpatient management of children and adolescents with anorexia nervosa will be presented. This will include detailed descriptions of our medical and nutritional management, as well as individual and family therapy approaches. Specifically, we will discuss the importance of family participation in the treatment process. Tools for enhancing compliance and managing difficult patients will be reviewed.



CONTROLLED EVALUATION OF AN ONLINE PRIMARY PREVENTION PROGRAM

Essex A/B, 4th Floor

Gail McVey, PhD, Health Systems Scientist, Hospital for Sick Children/University of Toronto, Toronto, ON, Canada; Joanne Gusella, PhD, Psychologist, IWK Health Centre, Halifax, NS, Canada; Stacey Tweed, MA, Clinical/Research Project Coordinator, Hospital for Sick Children, Toronto, ON, Canada; Manuela Ferrari, MSc, Graduate Student, Hospital for Sick Children, Toronto, ON, Canada

Teachers are an important part of the school ethos, both in how they role model and teach health promoting behaviours. They are subjected to an unfavourable socio-cultural environment with regards to food and weight. The health curriculum includes ways to promote healthy eating and healthy weights, yet teachers feel ill-equipped to effectively deal with students' negative body image. The high prevalence of weight loss behaviours among young, healthy weight children is concerning. The purpose of the present controlled study was two-fold: (1) to develop and implement an online primary prevention program matched

to the education curriculum to ease teachers' uptake of evidence-based prevention strategies, and (2) evaluate its influence on teachers' knowledge about the role they play in the development of body image in children and on their own internalization of media ideals, body satisfaction and efficacy to fight weightism. A total of 167 teachers (half of whom were in the comparison group) completed measures prior to, and following, a 60-day study period. Overall, the program significantly increased participants' self-efficacy to fight weight-related social norms in their school/workplace environments. In addition, intervention participants' knowledge about the misconceptions of dieting and weight, their knowledge of the role that media plays in influencing body image and body change practices, as well their knowledge about the body changes associated with puberty, all increased more than those in the comparison group. Furthermore, 72 percent of those who participated in the intervention group felt that their own teaching practices could contribute to the prevention of body image concerns and that the Web-based resources would improve their delivery of body image and healthy eating curriculum to students.

12:15 – 12:45 p.m. Grand Ballroom Foyer, 3rd Floor

Box Lunch Pickup

(For attendees who purchased a box lunch in advance and have a ticket.)

12:30 – 2 p.m.

Lunch on Your Own

12:30 – 2 p.m.

Special Interest Group (SIG) Annual Meetings

The following Special Interest Groups will hold lunchtime meetings. New members are welcome. Box lunches are available with advance purchase. Additional SIG meetings will be held on Friday, May 4, Noon - 1:15 p.m.

Assessment and Diagnosis Grand Ballroom VII/VIII, 3rd Floor

Chairs: Drew Anderson, PhD
Carol Peterson, PhD

Body Image Kent A-C, 4th Floor

Chair: Stacey Dunn, PhD
Co-Chair: Leslie Heinberg, PhD

Child and Adolescent

Eating Disorders Essex A/B, 4th Floor

Chair: Shelagh Wright, DSysPsych
Co-Chair: Nancy Zucker, PhD

Family Therapy Grand Ballroom I, 3rd Floor

Chair: Elizabeth McCabe, MSW

Graduate Student Essex C, 4th Floor

Chair: Andie Ulrich

Health at Every Size Grand Ballroom II, 3rd Floor

Chair: Ellen Shuman
Co-Chair: Debora Burgard, PhD

Hispano Latino American Grand Ballroom IV, 3rd Floor

Chair: Ovidio Bermudez, MD

Information Technology and

Eating Disorders

Grand Ballroom X, 3rd Floor

Chairs: Stephanie Bauer, PhD
Jennifer Shapiro, PhD

Inpatient/Residential Treatment Grand Ballroom IX, 3rd Floor

Chair: Craig Johnson, PhD, FAED
Co-Chair: Stephanie Setliff, MD

Males

Falkland, 4th Floor

Chair: Thomas Hildebrandt, PsyD
Co-Chairs: Rita Debate, PhD, MPH, CHES
Mark Warren, MD, MPH

Trauma

Grand Ballroom III, 3rd Floor

Chairs: Diann Ackard, PhD, LP, FAED
Timothy Brewerton, MD, DFAPA, FAED

2 – 4 p.m.

Harborside Ballroom A-C, 4th Floor

Plenary Session I:

Eating Disorders as Motivated Behaviors: What Can We Learn from Studies of Food Reward and Addiction?

Chair: Angela Guarda, MD, Director, Johns Hopkins Eating Disorders Program, Assistant Professor Psychiatry, Johns Hopkins University School of Medicine, Baltimore, MD, USA

This plenary will address parallels between eating disorders and addictions in three realms: phenomenology, neurobiology and treatment. Eating disorders and addictions share phenomenological characteristics (e.g. escalating frequency of the behavior, progressive narrowing of the behavioral repertoire, increased salience of food/drug stimuli, ambivalence towards treatment and frequent relapse). Neurobiological data from both animal studies and human neuroimaging implicate common brain reward and reinforcement pathways and neurotransmitter systems in both feeding behavior and addictions. Brain pathways for natural rewards (e.g. food and sex) may be usurped in addiction and dysregulated in eating disorders. These similarities suggest we can learn from successful treatment interventions used in the addiction field (e.g. motivational enhancement therapy) which have recently been applied to eating disorders.

Presentations:

Clinical and Psychobiologic Parallels between Disordered Eating and Other Addictive Behaviors

Caroline Davis, PhD, Professor of Psychology, Department of Kinesiology and Health Science, York University, Toronto, ON, Canada

Why Do They Do It? New Insights into Puzzling Symptoms in Anorexia Nervosa

Walter Kaye, MD, FAED, University of Pittsburgh, Department of Psychiatry, Pittsburgh, PA and University of California at San Diego, Department of Psychiatry, San Diego, CA, USA

Eating for Dopamine - An Animal Model of Binge Eating and Bulimia

Bart Hoebel, PhD, Professor of Psychology, Department of Psychology, Neuroscience Program, Princeton University, Princeton, NJ, USA

Addiction and Change

Carlo di Clemente, PhD, University of Maryland, Baltimore, MD, USA

4 – 4:30 p.m. Grand Ballroom V/VI, 3rd Floor

Refreshment Break

4:30 – 6 p.m.

Workshop Session II



THERAPISTS CAN HINDER THERAPY: HOW WE MIGHT MAKE IT EASIER FOR EATING-DISORDERED PATIENTS TO GET BETTER IN PSYCHOLOGICAL TREATMENTS

Kent A-C, 4th Floor

*Glenn Waller, DPhil, Professor, Institute of Psychiatry/CNWL,
London, United Kingdom*

Although the eating disorders are difficult to treat, individual psychological therapies have the best outcomes among adults. While we are used to considering how patients fail to engage in therapy effectively, it is also important to understand that clinicians also act in ways that impair the effectiveness of those treatments. This occurs regardless of the model of pathology or the type of therapy being employed. This workshop will consider ways in which clinicians often make individual therapy less effective, and will suggest how we can aim to improve outcomes for patients. This will include obvious issues (appropriate application of protocols, motivational work, developing an effective working relationship). However, there will be more of a focus on identifying and responding effectively to the traps that clinicians fall into while trying to be sympathetic. These include focusing on immediate crises and losing the overall scheme of the therapy; colluding with the patient's therapy interfering behaviours; not taking responsibility for vital elements of therapy (e.g., weighing the patient); believing that the patient needs to be protected from change; failing to identify when the planned changes are not happening; and persisting with a therapy that is not working. Each of these behaviours on the part of the clinician is understandable, but they reflect safety behaviours on our part and can be counter-therapeutic. If we want to maintain our ability to help the patient to change, then we need constantly to remind ourselves of the common traps that can inhibit such change, and the need to avoid therapist 'drift.'



TWO MODELS OF DBT'S APPLICATION TO EATING DISORDERS

Grand Ballroom, VII/VIII, 3rd Floor

*Lucene Wisniewski, PhD, FAED, Clinical Director, Cleveland
Center for Eating Disorders, Cleveland, OH, USA; Debra
Safer, MD, Assistant Professor, Stanford University School of
Medicine, Stanford, CA, USA*

Dialectic Behavior Therapy (DBT) was originally designed to treat chronically suicidal patients diagnosed with borderline personality disorder (BPD). Recent empirical evidence suggests that DBT may be an effective treatment for eating disorder (ED) patients. This research evidence, in conjunction with the appeal of the DBT approach to the difficult patient, has led many ED treatment programs around the country to include DBT in their programming. The current workshop will present two models of using DBT in the treatment of patients with EDs. The first model, developed at Stanford University, proposes using a 20-week, two-hour outpatient group therapy format for clients with binge eating disorder (BED) or bulimia nervosa (BN). Preliminary empirical evidence for its efficacy will be presented. The second model, developed at the Cleveland Center for Eating Disorders (CCED), suggests a model of DBT-infused CBT for treating severe and complex eating disorders. This model incorporates standard DBT components (i.e., acceptance based strategies) into a framework of traditional CBT for EDs (i.e., including meal planning). The CCED model also provides suggestions for how to incorporate DBT into intensive levels of care (e.g., IOP and PHP). Workshop participants will receive the theoretical and practical information necessary to incorporate these models into clinical practice.



WHAT TO DO ABOUT EDNOS? A DIMENSIONAL APPROACH TO THE PHARMACOLOGICAL TREATMENT OF EATING DIS- ORDERS AND COMORBID CONDITIONS

Grand Ballroom IX, 3rd Floor

*Mimi Israël, MD, FRCPC, FAED, Associate Professor,
Psychiatrist, Douglas Hospital, McGill University, Montreal,
QC, Canada*

Diagnostic criteria and classification systems significantly influence the choice of treatment for any disorder. In the case of eating disorders, the existence of an oversized and heterogeneous residual category, Eating Disorder Not Otherwise Specified (EDNOS), limits the generalizability of what is taught about eating disorders and poses a problem for the generation of treatment guidelines. Furthermore, the exclusion of EDNOS patients from most pharmacological studies of eating disorders limit clinicians' abilities to select appropriate evidence-based treatments for the patients they are most likely to encounter in their practice. This workshop will bring together evidence from the classification, neurobiological, genetic and comorbidity literature in the field of eating disorders, to generate a working model based on weight and trait dimensions. The literature on pharmacological treatments for eating disorders will then be reviewed and integrated into the model to produce recommended guidelines that can be applied to many EDNOS sufferers. In addition, the management of comorbidity will be addressed and practical information imparted about the use of medications in the treatment of eating disorders. Discussion time will be used to solicit input from participants, and to inspire collaborations for future research in the pharmacotherapy of eating disorders.



ADVANCED SKILLS WORKSHOP FOR MULTIFAMILY GROUP FACILITATORS

Essex A/B, 4th Floor

*Gary Seils, BS, Milieu Supervisor, The Children's Hospital
Denver, Denver, CO, USA; Cinda Nab, BS, Clinical Dietitian,
The Children's Hospital, Denver, Denver, CO, USA; Anthony
Edelblute, MA, Music Therapist, The Children's Hospital
Denver, Denver, CO, USA; Jennifer Hagman, MD, Program
Director, The Children's Hospital Denver, Denver, CO, USA*

This skills workshop will describe the Multifamily Group (MFG) program for eating disorders at The Children's Hospital of Denver. The MFG program consists of a highly interactive process oriented group for parents and teens, a parent support/education group, parent skills training and a parent-supported nutrition group. The goal of this workshop is to enhance the clinician's abilities to address the family's barriers to recovery. The topics of this workshop are working with treatment resistant clients and families, parent pathology, teaching meal support, managing high expressed emotion in group and incorporating different modalities such as art, music and role play into MFG. The different skills will be demonstrated with role play and video and interactive group process. At the completion of the workshop the participants will be able to: 1) Understand the benefits and barriers in facilitating a MFG; 2) Enhanced skill and comfort level with MFG; 3) Introduce a wider range of modalities in MFG; 4) Enhance ability to use client and/or family resistance in MFG.



UNDERSTANDING AND TREATING DISTURBED BODY IMAGE: A COGNITIVE-BEHAVIORAL APPROACH

Harborside Ballroom A-C, 4th Floor

*Victoria Mountford, DCLinPsy, Clinical Psychologist, St.
George's Eating Disorder Service, London, United Kingdom;
Emma Corstorphine, DCLinPsy, Clinical Psychologist, St.
George's Eating Disorder Service, London, United Kingdom*

Body image disturbance can be one of the most resistant aspects of an eating disorder and may manifest long after behaviours have ceased. In our clinical experience, many patients struggle with this

aspect of their disorder and therefore, it may contribute to relapse. However, surprisingly little empirical evidence regarding the treatment of body image exists. Indications of what to do, for which patient, and at what stage of treatment, are limited. This workshop will focus on the use of cognitive-behavioural therapy (CBT) principles to understand, collaboratively formulate and develop individualised interventions for disturbed body image with their patients. Significant elements of this approach include understanding the contribution of early experiences, exploring the emotional meaning associated with body image, addressing underlying beliefs and modifying behaviour. Participants will be invited to explore their own attitudes towards body image and the impact this may have on their work. Treatment approaches include developing a narrative of their body image, psychoeducation and imagery, as well as more traditional CBT techniques. Participants will need a basic understanding of CBT. The presentation will include a discussion of theory and treatment methods relating to body image. Clinical case material will be presented and attendees will participate in experiential and role play exercises to further their understanding and skills. Copies of the slides will be used as a handout, with a reading list.



ESSENTIAL COMPONENTS OF RELAPSE PREVENTION: MULTIDISCIPLINARY SOCIAL AND NUTRITIONAL REHABILITATION OF EATING DISORDERS

Grand Ballroom I, 3rd Floor

Angela Guarda, MD, Director, Johns Hopkins Eating Disorders Program, Assistant Professor Psychiatry, Johns Hopkins University School of Medicine, Baltimore, MD, USA; Josie Bodenstein, MSW, Inpatient/Partial Hospital Program Social Worker, The Johns Hopkins Hospital, Baltimore, MD, USA; Fiona Scott, OTR/L, Occupational Therapist, Johns Hopkins Hospital, Baltimore, MD, USA; Graham Redgrave, MD, Assistant Professor of Psychiatry, Johns Hopkins University, School of Medicine, Baltimore, MD, USA; Allisyn Pletch, RN, MS, Nurse Clinician III, Johns Hopkins Hospital, Baltimore, MD, USA; Rachel Lee, MD, Clinical Nutrition Specialist, Johns Hopkins Hospital, Baltimore, MD, USA

This workshop will present a multidisciplinary approach to meeting the social and occupational rehabilitation needs of patients with anorexia nervosa and bulimia. Eating disorders are often chronic and disabling due to time-consuming, ritualistic and secretive behaviors that limit social and occupational function and impede development. These motivated behavioral disorders are often sustained by familiar environmental triggers and habitual response patterns. Although intensive inpatient/partial hospital treatment is effective in normalizing weight and eating behavior, chronically ill patients often return to the setting in which the eating disorder developed and are at high risk of relapsing to previous behaviors. Furthermore, they remain socially isolated and functionally impaired. Successful treatment must therefore address social eating deficits and isolation, as well as eating behaviors per se. We present a multidisciplinary approach focused on functional reintegration into family and community following discharge from an intensive treatment program. This workshop will be of interest to beginner and intermediate practitioners alike and will include practical guidance on patient and family role induction, nutritional education, body image interventions, social and community reintegration strategies and the use of behavioral contracts to reset the treatment frame and contain eating disordered behavior. A series of short presentations will be followed by case vignettes and a discussion period.



DISORDERED EATING AND OVERWEIGHT AMONG CHILDREN: RESEARCH FINDINGS AND IMPLICATIONS FOR ASSESSMENT AND TREATMENT

Grand Ballroom II, 3rd Floor

Meghan Sinton, PhD, Postdoctoral Research Fellow, Washington University School of Medicine, St. Louis, MO, USA; Marian Tanofsky-Kraff, PhD, Assistant Professor, Uniformed Services University Health Services, Bethesda, MD, USA; Alison Field, ScD, Associate Professor of Pediatrics, Children's Hospital Boston, Harvard Medical School, Boston, MA, USA; Andrea Goldschmidt, MA, Doctoral Candidate, Washington University, St. Louis, MO, USA

Disordered eating (e.g. unhealthy weight control attempts, binge eating and loss of control eating) and overweight (body mass index >95th percentile for age and sex), increase the risk for physical and psychosocial complications in children and adolescents; this risk is compounded when overweight and disordered eating present simultaneously. The workshop will review recent studies of overweight, excessive weight gain, dieting/unhealthy weight control strategies, binge eating and loss of control eating in children and adolescents in order to facilitate needed understanding of the associations among these conditions. Results across studies suggest that overweight may put youth at increased risk for disordered eating and that engagement in disordered eating behaviors may contribute to excessive weight gain and onset of overweight in youth. Such findings reveal the need for early and continued screening of disordered eating when treating youth at risk for overweight. To address this need, the proposed workshop will provide an overview of screening recommendations and potential treatment implications relevant to both overweight and disordered eating in children and adolescents, with the intention of providing practical information for clinicians and therapists. Given that youth often define and interpret behaviors such as binge and loss of control eating and unhealthy dieting differently from one another and from professionals who treat disordered eating and weight problems, the workshop will also provide examples of developmentally appropriate screening questions and address related treatment concerns, including the question of whether treating overweight may increase risk for disordered eating in youth. In summary, the current proposal will highlight the need for continued research on overweight and disordered eating in children and adolescents and of the need for early detection of aberrant eating behaviors and excessive weight gain among youth.



EATING DISORDERS AND AFRICAN-AMERICAN WOMEN: A CONTEXTUAL FRAMEWORK AND RECOMMENDATIONS FOR RESEARCHERS AND PRACTITIONERS

Essex C, 4th Floor

Regine Talleyrand Abrams, PhD, Assistant Professor, George Mason University, Fairfax, VA, USA; Jeanmarie Infranco, MA, Counselor, Prince William Community Services Board, Woodbridge, VA, USA

This workshop addresses the unique socialization experiences of African American women and explores how these unique stressors may account for eating disorder symptoms in this population. Traditional models of eating disorder symptomatology do not address stressors faced by people with multiple minority identities, such as African-American women. The presenters describe a contextual framework supported by theoretical and empirical evidence that accounts for specific stressors (e.g., racism, sexism, classism, acculturation) experienced by African-American women. Recommendations for researchers and practitioners are also discussed. African-American women may experience eating and body image issues differently than white women. For instance, African-American women appear to engage in equal or greater rates of binge-eating behavior than white women. The African-American community also may have a different

standard of beauty than the dominant white American culture; therefore, the emphasis on drive for thinness in traditional models may be inappropriate when assessing and understanding eating disorders in African-American women. Racial identity development and level of acculturation (in relation to dominant White cultural norms) also may influence the presentation of eating disorder symptoms in African-American women. Because of increased rates of disease and chronic health conditions (e.g., obesity) in African-American women, researchers and practitioners must examine and address unique stressors faced by such "dual minorities." Further research focusing on African American women and other oppressed groups is needed to better understand their experience of eating disordered attitudes and behaviors. Finally, practitioners must be aware of unique cultural factors influencing the development and presentation of eating disordered behavior in order to engage in comprehensive, culturally competent assessment, treatment and prevention activities.



THE ROLE OF PERSONALITY IN EATING DISORDERS

Grand Ballroom III, 3rd Floor

Lisa Lilenfeld, PhD, Associate Professor, Department of Psychology, Atlanta, GA, USA

This workshop will provide an up-to-date, comprehensive review of the relationship between personality and eating disorders. We know that certain personality traits are common in individuals suffering from anorexia nervosa (e.g., perfectionism, obsessionality, harm avoidance) and bulimia nervosa (e.g., perfectionism, impulsivity). The role of such personality traits in the development and maintenance of eating disorders will be evaluated, including the latest findings regarding the role of personality in predicting risk for the disorder, the course of the disorder once it has developed and treatment outcome. Thus, the role of personality as a vulnerability factor, maintaining factor, consequence, predictor of course and outcome will be reviewed, as well as a discussion of which personality traits may share a common etiology with eating disorders. Theoretical models of the different types of relationships that are possible between eating disorders and personality, in addition to a methodological review of how these models can be tested, will be presented. The workshop will conclude with practical implications for intervention and prevention based upon personality research in the eating disorders field.



THE USE OF ASSESSMENT TECHNIQUES TO DIAGNOSE EATING DISORDER SYMPTOMS

Grand Ballroom X, 3rd Floor

Carol Peterson, PhD, Research Associate/Assistant Professor, Department of Psychiatry, University of Minnesota, Minneapolis, MN, USA

Establishing accurate diagnoses of eating disorder symptoms is essential in both clinical and research settings. However, many factors complicate this process, including the complexity of diagnostic constructs, changes in criteria and limitations in the accuracy of self-report. The purpose of this workshop is to provide a detailed introduction to diagnosing eating disorders, with an emphasis on the use of interview and questionnaire-based methods with established reliability and validity. The first portion of this workshop will focus on the use of semi-structured interview techniques to establish DSM-IV diagnoses for anorexia nervosa, bulimia nervosa and eating disorder not otherwise specified, as well as to assess associated symptoms. Clinical examples will be provided to illustrate the use of these assessment methods, as well as to discuss specific challenges in differential diagnosis. The second portion of the workshop will review questionnaires that can be utilized to assess eating disorders and co-occurring symptoms, including Axis I and II comorbidity. Strategies for instrument selection will also be presented. The conclusion of the workshop will emphasize techniques that can be used to enhance the accuracy of self-reported interview and questionnaire data, as well as ways of utilizing these data in clinical and research settings to assess treatment outcome.



GAINING: LONG-TERM PERSPECTIVES ON THE LIFE HISTORY OF ANOREXIA AND BULIMIA NERVOSA

Grand Ballroom IV, 3rd Floor

Aimee Liu, MFA, Author, Bennington College/Yale, Beverly Hills, CA, USA; Mark Warren, MD, Medical Director, Cleveland Center Eating Disorders, Beachwood, OH, USA

Anorexics and bulimics typically consider themselves cured when they stop restricting, bingeing, and purging and maintain a medically acceptable weight; but shadows of the disorders often persist in their personalities, biochemistry, relationships, body image, parenting styles, food choices and work and exercise habits. We will describe a natural follow-up of a cohort of 30 individuals 20-30 years after onset of illness. These individuals have received a variety of treatments over their lifespans and have had a wide variance in outcome. Discussion will focus on triggers for relapse; strategies and therapies that have most helped these individuals attain a personal sense of normalcy; approaches that most helped subjects achieve new perspective on the process of recovery; relapse prevention; and protection against intergenerational transmission of eating disorders.

6 – 7:30 p.m.

Grand Ballroom V/VI, 3rd Floor

Opening Reception/Poster Presentations/
Exhibit Hall Open

Friday, May 4

7 – 8 a.m.

Grand Ballroom VII/VIII, 3rd Floor

Current, New and Prospective Member Breakfast

If you are a current, new or prospective AED member, the Academy board members, fellows, membership committee and special interest group chairs invite you to attend this breakfast. This event is specifically designed for those new to AED or interested in joining the Academy, as well as current members exploring further involvement in the organization. Items to be discussed include AED member benefits, opportunities for involvement and the Academy's diverse and significant educational endeavors.

7:30 – 8 a.m.

Grand Ballroom V/VI, 3rd Floor

Breakfast with the Exhibitors

7:30 a.m. – 5 p.m.

Grand Ballroom Rotunda and Foyer,
3rd Floor

Registration

7:30 a.m. – 5 p.m.

Grand Ballroom V/VI, 3rd Floor

Poster Viewing/Exhibit Hall Open

7:30 a.m. – 5 p.m.

Boardroom, 3rd Floor

Speaker Ready Room

8 – 10 a.m. Harborside Ballroom A-C, 4th Floor

Plenary Session II:

Promoting Healthy Eating Behaviors and Patterns: Integrating Obesity and Eating Disorder Prevention Approaches

Chair: Susan J. Paxton, PhD, Professor, School of Psychological Science, La Trobe University, Melbourne, Victoria, Australia

Promoting healthy eating behaviors and prevention of eating disorders is a crucial goal of our field. However, from a public health standpoint, the focus is on promoting eating behavior change to prevent obesity and there is a growing body of international research in this closely related field from which we could learn. In this plenary session, we will explore ways in which prevention of eating disorders can be integrated with obesity prevention public health approaches. To achieve this goal, we will hear from international experts both within the eating disorder and obesity prevention fields.

Presentations:

Preventing Eating Disorders AND Obesity: What Are the Challenges and Can They Be Overcome?

Dianne Neumark-Sztainer, PhD, MPH, RD, FAED, Professor, Division of Epidemiology and Community Health, School of Public Health, University of Minnesota, Minneapolis, MN, USA

Promising Obesity Prevention Strategies: Do They Risk Stigmatization and Eating Disorders?

Boyd Swinburn, MB, ChB, MD, PhD, FRACP, Professor of Population Health and Director of the WHO Collaborating Centre for Obesity Prevention, Deakin University, Melbourne, Victoria, Australia

Changing Eating Behaviors of Children: Lessons from Interventions to Increase Fruit and Vegetable Consumption

Knut-Inge Klepp, PhD, MPH, Department of Nutrition, Faculty of Medicine, University of Oslo, Oslo, Norway

Impact of Obesity Prevention Efforts on Eating Disorder Symptoms in Adolescents: Evidence from the Field

Bryn Austin, ScD, Division of Adolescent and Young Adult Medicine, Children's Hospital Boston, Boston, MA, USA

10 – 10:30 a.m. Grand Ballroom V/VI, 3rd Floor

Refreshment Break

10:30 a.m. – Noon

Oral Scientific Paper Session I

(brief scientific papers for presentation and discussion)

Grand Ballroom IV, 3rd Floor

A. At-Risk Populations and Gender 1

Chair: Mark Warren, MD, MPH

10:30 a.m.

P1

WHAT MOTIVATES RESTRAINED EATING IN NORMAL WEIGHT WOMEN? IMPLICIT EVALUATIVE ASSOCIATIONS OF RESTRAINED AND UNRESTRAINED EATERS TO UNDER-WEIGHT, NORMAL WEIGHT, AND OVERWEIGHT BODIES

Graham Thomas, BS, Graduate Student, Drexel University, Philadelphia, PA, USA; Matt Wallaert, BS, Research Assistant, Drexel University, Philadelphia, PA, USA; Michael Lowe, PhD, Professor, Drexel University, Philadelphia, PA, USA

10:45 a.m.

P2

EATING DISORDER PREVALENCE AND RISK FACTORS AMONG FEMALE INMATES: INFORMING NEW DIRECTIONS FOR EATING DISORDER RESEARCH

Jennifer Rasmussen, MS, Doctoral Candidate, Pacific University, Hillsboro, OR, USA; Genevieve Arnaut, PsyD, PhD, Assistant Professor, Pacific University, Portland, OR, USA; Daniel McKittrick, PhD, Professor, Pacific University, Portland, OR, USA

11 a.m.

P3

LONGITUDINAL PATTERNS AND PREDICTORS OF CONVERGENCE OF BULIMIC SYMPTOMS AMONG FRIENDS

Julie Graver, BA, Project Coordinator, University of Iowa, Iowa City, IA, USA; Elizabeth Damstetter, BS, Medical Student, University of Iowa, Iowa City, IA, USA; Pamela Keel, PhD, Associate Professor, University of Iowa, Iowa City, IA, USA

11:15 a.m.

P4

EATING DISORDERS IN DIVERSE LESBIAN, GAY AND BISEXUAL POPULATIONS

Matthew Feldman, PhD, Postdoctoral Fellow, National Development and Research Institutes, Inc., New York, NY, USA; Ilan Meyer, PhD, Associate Professor of Clinical Sociomedical Sciences, Mailman School of Public Health, Columbia University, New York, NY, USA

11:30 a.m.

P5

A COMPARISON OF ATHLETE AND NON-ATHLETE PATIENTS PRESENTING FOR EATING DISORDER TREATMENT

Robyn Swenson, PhD, Psychologist, Water's Edge Counseling and Healing Center, Burnsville, MN, USA; Donald McAlpine, MD, Psychiatrist, Mayo Clinic, Rochester, MN, USA; Susan Adlis, MS, Statistician, Park Nicollet Health Research Center, St. Louis Park, MN, USA; Kyle Norton, MA, Psychology Intern, Nystrom and Associates, New Brighton, MN, USA; Christina Zimmerman, BA, Reunification Counselor, Centre County Youth Service Bureau, State College, PA, USA

11:45 a.m.

P6

BODY DISSATISFACTION, DISORDERED EATING, AND DIETARY ADHERENCE IN CHILDREN AND ADOLESCENTS DIAGNOSED WITH INFLAMMATORY BOWEL DISEASES

Amanda Woods, MA, Graduate Student, Georgia State University, Lawrenceville, GA, USA; Christina Vlahou, MA, Graduate Student, Georgia State University, Atlanta, GA, USA; Lisa Lilienfeld, PhD, Associate Professor, Georgia State University, Atlanta, GA, USA; Lindsey Cohen, PhD, Assistant Professor, Georgia State University, Atlanta, GA, USA; Jeffery Lewis, MD, Chief of Gastroenterology, Children's Center for Digestive Health Care, LLC, Atlanta, GA, USA; Benjamin Gold, MD, Associate Professor, Emory Children's Center, Emory University School of Medicine, Atlanta, GA, USA

Grand Ballroom I, 3rd Floor

B. Binge Eating Disorder, Night Eating and Obesity 1

Chair: Debra Franko, PhD, FAED

10:30 a.m.

P7

AN EXAMINATION OF BINGE EATING DISORDER SUBGROUPING BASED ON PAST BULIMIC SYMPTOMS

Carol Peterson, PhD, Research Associate/Assistant Professor, Department of Psychiatry, University of Minnesota, Minneapolis, MN, USA; James Mitchell, MD, Professor and Chair, University of North Dakota/Neuropsychiatric Research Institute, Fargo, ND, USA; Scott Crow, MD, Professor, Department of Psychiatry, University of Minnesota, Minneapolis, MN, USA; Ross Crosby, PhD, Director of Biomedical Statistics, Neuropsychiatric Research Institute/University of North Dakota School of Medicine, Fargo, ND, USA; Stephen Wonderlich, PhD, Professor, University of North Dakota Medical School/Neuropsychiatric Research Institute, Fargo, ND, USA; Molly Willer, MAequiv, Doctoral Candidate, University of Minnesota, Departments of Psychiatry and Psychology, Minneapolis, MN, USA

10:45 a.m.

P8

UNHEALTHY WEIGHT CONTROL BEHAVIORS, BINGE EATING AND LOSS OF CONTROL IN OVERWEIGHT ADOLESCENTS WHO LOST WEIGHT

Kerri Boutelle, PhD, Assistant Professor, University of Minnesota, Minneapolis, MN, USA; Heather Libbey, EdM, Fellow, University of Minnesota, Minneapolis, MN, USA; Mary Story, PhD, Professor, University of Minnesota, Minneapolis, MN, USA; Dianne Neumark-Sztainer, PhD, Professor, University of Minnesota, Minneapolis, MN, USA

11 a.m.

P9

ASYMMETRICAL BRAIN ACTIVATION: RELATION TO BINGE EATING AND APPETITIVE RESPONSIVENESS IN OBESE PARTICIPANTS

Christopher Ochner, PhD, Postdoctoral Research Fellow, New York Obesity Research Center/Columbia University, New York, NY, USA; Michael R. Lowe, PhD, Drexel University, Philadelphia, PA, USA; John Kounios, PhD, Professor, Drexel University, Philadelphia, PA, USA; Deborah Green, MS, PhD Candidate, Drexel University, Philadelphia, PA, USA; Jason van Steenburgh, BS, PhD Candidate, Drexel University, Philadelphia, PA, USA

11:15 a.m.

P10

VALIDATION OF THE EATING IN THE ABSENCE OF HUNGER-EATING PAST SATIATION (EAH-EPS) QUESTIONNAIRE IN CHILDREN AND ADOLESCENTS

Lisa Ranzenhofer, BS, Intramural Research Training Award Fellow, National Institutes of Child Health and Human Development, Bethesda, MD, USA; Marian Tanofsky-Kraff, PhD, Assistant Professor, National Institutes of Child Health and Human Development, Bethesda, MD, USA; Susan Yanovski, MD, Director, National Institutes of Diabetes and Digestive and Kidney Disorders, Bethesda, MD, USA; Myles Faith, PhD, Assistant Director, Weight and Eating Disorders Program, University of Pennsylvania School of Medicine, Philadelphia, PA, USA; Jennifer Gustafson, BS, Intramural Research Award Training Fellow, National Institutes of Child Health and Human Development, Bethesda, MD, USA; Margaret Rutledge, BS, Intramural Research Training Award Fellow, National Institutes of Child Health and Human Development, Bethesda, MD, USA; Natacha Schvey, BA, Research Associate,

National Institutes of Child Health and Human Development, Bethesda, MD, USA; Allison Bassett, BA in 06/07, Research Volunteer, National Institutes of Child Health and Human Development, Bethesda, MD, USA; Noel Burns, BA in 06/07, Research Volunteer, National Institutes of Child Health and Human Development, Bethesda, MD, USA; Jack Yanovski, MD/PhD, Head, Unit on Growth and Obesity, National Institutes of Child Health and Human Development, Bethesda, MD, USA

11:30 a.m.

P11

A PRELIMINARY INVESTIGATION OF THE DISMISSING ATTACHMENT STYLE IN ADULTS WITH BINGE EATING DISORDER (BED)

Natasha Schvey, BA, Research Associate, NICHD, Bethesda, MD, USA; Marian Tanofsky-Kraff, PhD, Assistant Professor, Uniformed Services University of the Health Sciences, Bethesda, MD, USA; Denise Wilfley, PhD, Professor, Washington University School of Medicine, St. Louis, MO, USA; Emily Spurrell, PhD, Clinical Assistant Professor, Brown Medical School, Providence, RI, USA

11:45 a.m.

P12

CHILDHOOD OBESITY AND IMPULSIVITY: AN INVESTIGATION WITH PERFORMANCE-BASED MEASURES

Sandra Verbeken, Master Clinical Psych., PhD Student, Department of Developmental, Personality and Social Psychology, Ghent University, Ghent, Belgium; Line Claus, Master, Clinical Psychologist, Ghent University, Ghent, Belgium; Caroline Braet, PhD, Department of Developmental, Personality and Social Psychology, Ghent University, Ghent, Belgium; Chantal Nederkoorn, PhD, Department of Experimental Psychology, Maastricht University, Maastricht, Netherlands

Kent A-C, 4th Floor

C. Biology 1

Chair: Iain Campbell

10:30 a.m.

P13

NEURAL CORRELATES OF SYMPTOM PROVOCATION IN ACUTE AND CHRONIC AN PATIENTS

Samantha Brooks, MSc/Neuroscience, PhD Student, Institute of Psychiatry, London, United Kingdom

10:45 a.m.

P14

NEURAL SUBSTRATES OF EMOTIONAL EATING: AN FMRI STUDY

Cara Bohon, MS, Research Assistant, University of Oregon, Eugene, OR, USA; Eric Stice, PhD, Research Scientist, Oregon Research Institute, Eugene, OR, USA; Yalçın Odludas, PhD, Research Associate, Lewis Center for Neuroimaging, University of Oregon, Eugene, OR, USA

11 a.m.

P15

NEURAL SUBSTRATES OF INHIBITING AND NOT INHIBITING RESPONSES TO FOOD: A PRELIMINARY FMRI STUDY OF ADOLESCENT GIRLS

Eric Stice, PhD, Research Scientist, Oregon Research Institute, Eugene, OR, USA; Yalçın Odludas, PhD, Research Associate, Lewis Center for Neuroimaging, University of Oregon, Eugene, OR, USA; Keely Muscatell, BS, Research Assistant, University of Oregon, Eugene, OR, USA; Cara Bohon, MS, Research Assistant, University of Oregon, Eugene, OR, USA; Gregory Scott, BS, Research Assistant, University of Oregon, Eugene, OR, USA

11:15 a.m.

P16

PRENATAL TESTOSTERONE EXPOSURE MASCULINIZES DISORDERED EATING: A COMPARISON OF OPPOSITE-SEX AND SAME-SEX TWINS

Kristen Culbert, BA, Graduate Student, Michigan State University, Department of Psychology, Lansing, MI, USA; S. Marc Breedlove, PhD, Barnett Rosenberg Professor, Michigan State University, Department of Psychology and Neuroscience Program, Lansing, MI, USA; Kelly Klump, PhD, Assistant Professor, Michigan State University, Department of Psychology, Lansing, MI, USA

11:30 a.m.

P17

NEGATIVE AFFECT AND CORTISOL AS MEDIATORS OF THE RELATIONSHIP BETWEEN TEASING AND BINGE EATING IN ADOLESCENT GIRLS

Jessica Suisman, High School Diploma, Research Assistant, Michigan State University, East Lansing, MI, USA; Jennifer Slane, BA, Graduate Student, Michigan State University, East Lansing, MI, USA; Kelly Klump, PhD, Assistant Professor, Michigan State University, East Lansing, MI, USA

11:45 a.m.

P18

HERITABILITY OF ANOREXIA NERVOSA SYMPTOMS: A MARGINAL MAXIMUM LIKELIHOOD APPROACH

Suzanne Mazzeo, PhD, Associate Professor, Virginia Commonwealth University, Richmond, VA, USA; Karen Mitchell, MS, Research Assistant/Doctoral Student, Virginia Commonwealth University, Richmond, VA, USA; Cynthia Bulik, PhD, Professor, University of North Carolina at Chapel Hill, Chapel Hill, NC, USA; Ted Reichborn-Kjennerud, MD, Norwegian Institute of Public Health, Oslo, Norway; Michael Neale, PhD, Professor, Virginia Commonwealth University, Richmond, VA, USA

Grand Ballroom IX, 3rd Floor

D. Children and Adolescents 1

Chair: Dasha Nicholls, MBBS, MD

10:30 a.m.

P19

ORIGINS OF WEIGHT BIAS IN CHILDREN: THE ROLE OF TELEVISION, VIDEOGAME, AND MAGAZINE EXPOSURE

Janet Latner, PhD, Assistant Professor, University of Hawaii, Honolulu, HI, USA; Juliet Rosewall, BA (Hons), Clinical Psychology Student, University of Canterbury, Christchurch, New Zealand; Murray Simmonds, PhD, Senior Lecturer, University of Canterbury, Christchurch, New Zealand

10:45 a.m.

P20

DIFFERENCES IN CLINICAL FACTORS ASSOCIATED WITH EATING DISORDER AGE OF ONSET

Christina Zimmerman, BA, Reunification Counselor, Centre Counseling Youth Service Bureau, State College, PA, USA; Robyn Swenson, PhD, Psychologist, Water's Edge Counseling and Healing Center, Burnsville, MN, USA; Susan Adlis, MS, Statistician, Park Nicollet Health Research Center, St. Louis Park, MN, USA; Elizabeth Chisler, HS Diploma, Intern, Eating Disorders Institute, St. Louis Park, MN, USA

11 a.m.

P21

THE ADDITION OF A PARENT AND CLINICIAN COMPONENT TO THE EATING DISORDER EXAMINATION FOR CHILDREN AND ADOLESCENTS

Jennifer Couturier, MD, Psychiatrist, University of Western Ontario, London, ON, Canada; James Lock, MD, PhD, Psychiatrist, Stanford University, Stanford, CA, USA; Sarah Forsberg, BA, Research Assistant, Stanford University, Stanford, CA, USA; Debbie Vanderheyden, PhD, Psychologist, University of Western Ontario, London, ON, Canada; Hwei-Yen Lee, MD, Psychiatrist, Stanford University, Stanford, CA, USA

11:15 a.m.

P22

ATYPICAL EATING DISORDER V. EARLY ONSET ANOREXIA IN SCHOOL AGE CHILDREN: DIFFERENTIATING CHARACTERISTICS

Robyn Mehlenbeck, PhD, Psychologist/Clinical Asst. Professor, Brown Medical School/Bradley Hasbro Children's Research Center, Providence, RI, USA; Jack Nassau, PhD, Psychologist/Clinical Asst. Professor, Brown Medical School/Bradley Hasbro Children's Research Center, Providence, RI, USA; Pamela High, MD, Physician/Clinical Associate Professor, Brown Medical School/Pediatrics at Rhode Island Hospital, Providence, RI, USA; Thomas Roesler, MD, Psychiatrist/Clinical Associate Professor, Brown Medical School/Bradley Hasbro Children's Research Center, Providence, RI, USA; Diane DerMarderosian, MD, Pediatrician/Clinical Asst. Professor, Brown Medical School/Department of Pediatrics, Providence, RI, USA; Michelle Rickerby, MD, Psychiatrist/Clinical Asst. Professor, Brown Medical School/Bradley Hasbro Children's Research Center, Providence, RI, USA

11:30 a.m.

P23

ANOREXIA NERVOSA IN ADOLESCENCE: AN ELUSIVE DIAGNOSIS?

Katharine Loeb, PhD, Assistant Professor of Psychiatry, Mount Sinai School of Medicine, New York, NY, USA; Daniel le Grange, PhD, Associate Professor of Psychiatry, The University of Chicago, Chicago, IL, USA; Thomas Hildebrandt, PsyD, Fellow, Mount Sinai School of Medicine, New York, NY, USA; Rebecca Greif, BA, Clinical Research Coordinator, Mount Sinai School of Medicine, New York, NY, USA

11:45 a.m.

P24

THE IMPACT OF CHILD EATING DISORDER PSYCHOPATHOLOGY ON OUTCOME IN A PEDIATRIC WEIGHT LOSS INTERVENTION

Andrea Goldschmidt, Master of Arts, Graduate Student in Clinical Psychology, Washington University, St. Louis, MO, USA; Richard Stein, PhD, Research Assistant Professor, Washington University School of Medicine, St. Louis, MO, USA; Brian Saelens, PhD, Assistant Professor of Pediatrics, Cincinnati Children's Hospital Medical Center, Cincinnati, OH, USA; M. Joy Jacobs-Pilipski, PhD, Postdoctoral Fellow, UCSD Eating Disorders Treatment Center, La Jolla, CA, USA; Leonard Epstein, PhD, Professor of Pediatrics, University at Buffalo, Buffalo, NY, USA; Denise Wilfley, PhD, Professor of Psychiatry, Medicine, Pediatrics, and Psychology, Washington University School of Medicine, St. Louis, MO, USA

Grand Ballroom III, 3rd Floor

E. Cognition

Chair: Glenn Waller, DPhil, FAED

10:30 a.m.

P25

COGNITIVE DEFICITS AND MENSTRUAL FUNCTION IN ADOLESCENT-ONSET ANOREXIA NERVOSA: A FOLLOW-UP STUDY

Debra Katzman, MD, Associate Professor of Pediatrics and Head, Division of Adolescent Medicine, Hospital for Sick Children and University of Toronto, Toronto, ON, Canada; Harold T. Chui, BSc, Graduate Student, Institute of Medicine, University of Toronto, Toronto, ON, Canada; Bruce Christensen, PhD, Associate Professor of Psychiatry, University of Toronto, Toronto, ON, Canada; Robert Zipursky, MD, Professor of Psychiatry, University of Toronto, Toronto, ON, Canada

10:45 a.m.

P26

ANOREXIC SELF-CONTROL AND BULIMIC SELF-HATE: DIFFERENTIAL OUTCOME PREDICTION FROM INITIAL SELF-IMAGE

Andreas Birgegard, PhD, Psychologist, Karolinska Institute, Stockholm, Sweden; Caroline Björck, PhD, Psychologist, Karolinska Institute, Stockholm, Sweden; David Clinton, PhD, Associate Professor, Karolinska Institute, Stockholm, Sweden; Staffan Sohlberg, PhD, Associate Professor, Uppsala University, Uppsala, Sweden; Claes Norring, PhD, Associate Professor, Örebro University, Örebro, Sweden

11 a.m.

P27

IS ANOREXIA NERVOSA A DELUSIONAL DISORDER? AN ASSESSMENT OF EATING BELIEFS IN ANOREXIA NERVOSA

Joanna Steinglass, MD, Assistant Professor of Clinical Psychiatry, NYSP/Columbia University, New York, NY, USA; Jane Eisen, MD, Associate Professor of Psychiatry and Human Behavior, Butler Hospital/Brown Medical School, Providence, RI, USA; Evelyn Attia, MD, Associate Clinical Professor of Psychiatry, NYSP/Columbia University, New York, NY, USA; Laurel Mayer, MD, Assistant Professor of Clinical Psychiatry, NYSP/Columbia University, New York, NY, USA; B. Timothy Walsh, MD, Director of Eating Disorders Research Unit, NYSP/Columbia University, New York, NY, USA

11:15 a.m.

P28

YOUNG ADULT MEN'S PATTERNS OF EATING-RELATED COGNITION AND BEHAVIOR: A MULTI-WAVE LATENT CLASS ANALYSIS

Angela Cain, MA, Graduate Student, University of Missouri-Columbia, Columbia, MO, USA; Amee Epler, MA, Graduate Student, University of Missouri-Columbia, Columbia, MO, USA; Kenneth Sher, PhD, Professor, University of Missouri-Columbia, Columbia, MO, USA USA

11:30 a.m.

P29

AN EXAMINATION OF CENTRAL COHERENCE IN WOMEN WITH ANOREXIA NERVOSA

Carolina Lopez, Lic. in Psychology, PhD Student, Institute of Psychiatry, London, United Kingdom; Kate Tchanturia, PhD, Chartered Clinical Psychologist, Institute of Psychiatry, London, United Kingdom; Daniel Stahl, PhD, Lecturer in Biostatistics, Institute of Psychiatry, London, United Kingdom; Francesca Happe, PhD, Reader in Cognitive Neurosciences, Institute of Psychiatry, London, United Kingdom; Rhonda Booth, PhD, Postdoctoral Fellow, Institute of Psychiatry, London, United Kingdom; Joanna Holliday, PhD, DClin Student, Institute of Psychiatry, London, United Kingdom; Janet Treasure, PhD, FRCPsych, Professor of Psychiatry, Kings College London, London, United Kingdom

11:45 a.m.

P30

A SOCIAL COGNITION FRAMEWORK FOR THE STUDY OF ANOREXIA NERVOSA

Nancy Zucker, PhD, Assistant Professor, Duke University Medical Center, Durham, NC, USA; Kevin LaBar, PhD, Associate Professor, Duke University, Durham, NC, USA; Cynthia Bulik, PhD, FAED, William and Jeanne Jordan Distinguished Professor of Eating Disorders, University of North Carolina, Chapel Hill, Chapel Hill, NC, USA; Molly Losh, PhD, Assistant Professor, University of North Carolina, Chapel Hill, NC, USA; Joe Piven, MD, Professor of Psychiatry, University of North Carolina, Chapel Hill, NC, USA; Kevin Pelphrey, PhD, Assistant Professor, Duke University, Durham, NC, USA

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Essex A/B, 4th Floor

F. Comorbidity and Complications 1

Chair: Timothy Brewerton, MD, FAED

10:30 a.m.

P31

METABOLIC ASSESSMENT OF MENSTRUATING AND NON-MENSTRUATING NORMAL WEIGHT ADOLESCENTS

Wendy Sterling, MS, RD, CDN, Nutritionist, Schneider Children's Hospital, New Hyde Park, NY, USA; Neville Golden, MD, Co-Director of the Eating Disorders Center and Attending, Adolescent Medicine, Schneider Children's Hospital, New Hyde Park, NY, USA; Marc Jacobson, MD, Director, Center for Atherosclerosis Prevention, Schneider Children's Hospital, New Hyde Park, NY, USA; Stanley Hertz, MD, Co-Director of the Eating Disorder Center, Schneider Children's Hospital, New Hyde Park, NY, USA

10:45 a.m.

P32

HISTORY OF IMPULSIVE AND COMPULSIVE SELF-INJURY ARE ASSOCIATED WITH PURGING DIAGNOSES AND PSYCHOPATHOLOGY IN INPATIENTS WITH EATING DISORDERS

Hannah Cowdry, BSc, Student, Loyola College, Baltimore, MD, USA; Janelle Coughlin, PhD, Clinical Instructor, Johns Hopkins Department of Psychiatry, Baltimore, MD, USA; Angela Guarda, MD, Director ED Program, Johns Hopkins Hospital Eating Disorders Program/Department of Psychiatry, Baltimore, MD, USA; Graham Redgrave, MD, Assistant Director, ED Program, Johns Hopkins Hospital ED Program/Department of Psychiatry, Baltimore, MD, USA

11 a.m.

P33

PREVALENCE OF EATING PATHOLOGY AMONG COMMUNITY-BASED PATHOLOGICAL GAMBLERS

Kristin von Ranson, PhD, Associate Professor, Department of Psychology, University of Calgary, Calgary, AB, Canada; Alice Holub, MSc, Clinical Psychology Doctoral Student, University of Calgary, Calgary, AB, Canada; David Hodgins, PhD, Professor, Department of Psychology, University of Calgary, Calgary, AB, Canada

11:15 a.m.

P34

EATING DISORDER PATHOLOGY, SUBSTANCE MISUSE AND PERSONALITY TRAITS IN COLLEGE STUDENTS

Graham Redgrave, MD, Assistant Professor, Johns Hopkins University School of Medicine, Baltimore, MD, USA; Janelle Coughlin, PhD, Instructor, Johns Hopkins University School of Medicine, Baltimore, MD, USA; Kathryn Vincent, MA, Faculty Research Assistant, Center for Substance Abuse Research, University of Maryland College Park, College Park, MD, USA; Kim Caldeira, MS, Faculty Research Assistant, Center for Substance Abuse Research, University of Maryland College Park, College Park, MD, USA; Angela Guarda, MD, Assistant Professor, Director, Eating Disorders Program, Johns Hopkins University School of Medicine, Baltimore, MD, USA; Amelia Arria, PhD, Deputy Director of Research, Center for Substance Abuse Research, University of Maryland College Park, College Park, MD, USA

11:30 a.m.

P35

CLINICAL SIGNIFICANCE OF EATING DISORDER CO-MORBIDITY IN PATIENTS WITH BIPOLAR DISORDER

Jennifer Wildes, PhD, Postdoctoral Scholar, Western Psychiatric Institute and Clinic, University of Pittsburgh Medical Center, Pittsburgh, PA, USA; Andrea Fagioli, MD, Associate Professor of Psychiatry, Western Psychiatric Institute and Clinic, University of Pittsburgh Medical Center, Pittsburgh, PA, USA; Marsha Marcus, PhD, Professor of Psychiatry and Psychology, Chief, Behavioral Medicine and Eating Disorders, Western Psychiatric Institute and Clinic, University of Pittsburgh Medical Center, Pittsburgh, PA, USA

11:45 a.m.

P36

PERSONALITY TRAITS IN EATING DISORDERS AND IMPULSE CONTROL DISORDERS WITH ALCOHOL AND DRUG ABUSE

Susana Jiménez- Murcia, PhD, Associate Professor, Department of Psychiatry, HUB, Hospitalet del Llobregat, Spain; Eva Alvarez, PhD, Doctor Psychology, Department of Psychiatry, HUB, Hospitalet, Spain; Roser Granero, PhD, Doctor Psychology, University Autònoma of Barcelona, Hospitalet, Spain; Zaida Agüera, Master Psychology, MPH, Department of Psychiatry, HUB, Hospitalet, Spain; Cynthia Villarejo, Master Psychology, MPH, Department of Psychiatry, HUB, Hospitalet, Spain; Enrico Tedeschini, Psychiatrist, MD, Department of Psychiatry, HUB, Hospitalet, Spain; Isabel Sánchez, Clinical Psychologist, MPH, Department of Psychiatry, HUB, Hospitalet, Spain; Blanca Bueno, Master Psychology, MPH, Department of Psychiatry, HUB, Hospitalet, Spain; Cynthia Bulik, Professor, PhD, FAED, University of North Carolina at Chapel Hill, Chapel Hill, NC, USA; Fernando Fernández-Aranda, Associate Professor, PhD, FAED, Department of Psychiatry, HUB, Hospitalet, Spain

Essex C, 4th Floor

G. Culture and Ethnicity 1

Chair: Paulo Machado, PhD, FAED

10:30 a.m.

P37

A MULTIFACTORIAL MODEL OF EATING DISORDER SYMPTOMATOLOGY: IDENTIFYING AND INTEGRATING POTENTIAL RISK AND PROTECTIVE FACTORS AMONG HONG KONG ADOLESCENT GIRLS

Trista Chan, BSocSc (Hons), MPhil Student, Research Assistant, City University of Hong Kong, Hong Kong

10:45 a.m.

P38

COMPARISON OF ASIAN-CANADIAN WITH NON-ASIAN CANADIAN EATING DISORDERED YOUTH ON BIOLOGICAL AND PSYCHOLOGICAL CHARACTERISTICS

Jadine Cairns, MSc, Registered Dietitian, British Columbia's Children's Hospital, Vancouver, BC, Canada; Annabelle Blanchet, MD, Psychiatrist, British Columbia's Children's Hospital, Vancouver, BC, Canada; Shirley Jones, RN, Nurse, British Columbia's Children's Hospital, Vancouver, BC, Canada; Jorge Pinzon, MD, Pediatrician, British Columbia's Children's Hospital, Vancouver, BC, Canada

11 a.m.

P39

EATING DISORDERS AND DEPRESSION SYMPTOMS: PREVALENCE STUDY AMONG LATINO COLLEGE FRESHMEN STUDENTS

Mae Lynn Reyes, PhD, Postdoctoral Investigator, University of Puerto Rico, San Juan, Puerto Rico, USA

11:15 a.m.

P40

DISORDERED EATING RELATED BEHAVIORS AMONG ARAB SCHOOLGIRLS IN ISRAEL: AN EPIDEMIOLOGICAL STUDY

Yael Latzer, DSc, Director, Rambam Medical Center, Haifa, Israel; Orna Tzischinsky, DSc, Senior Lecturer, Emeq Yezreel College, Nofit, Israel; Faisal Azaiza, PhD, Senior Lecturer, Haifa University, Haifa, Israel; Miri Givon, MSW, Deputy Manager, ED Clinic, Haifa, Israel

11:30 a.m.

P41

GENERATION STATUS MODERATES ANTIFAT ATTITUDES, BODY DISSATISFACTION AND EATING CONCERNS AMONG LATINAS IN THE UNITED STATES

Alison Pepper, MA, Graduate Student, University of Montana, Missoula, MT, USA; Sonia Ruiz, PhD, Assistant Professor, California State University, San Marcos, San Marcos, CA, USA

11:45 a.m.

P42

HISTORY OF EATING DISORDERS IN JAPAN

Yoshikatsu Nakai, MD, Director, Kyoto Institute of Health Science and Karasuma Oike Clinic, Kyoto, Japan

Grand Ballroom II, 3rd Floor

H. Diagnosis, Classification and Measurement 1

Chair: Christopher Fairburn, MD

10:30 a.m.

P43

MEASUREMENT OF THE RELATIVE REINFORCING VALUE OF EXERCISE IN INPATIENTS WITH ANOREXIA NERVOSA: MODEL DEVELOPMENT AND PILOT DATA

Diane Klein, MD, Assistant Professor, Clinical Psychiatry, Columbia University/New York State Psychiatric Institute, New York, NY, USA; Janet Schebendach, MA, Project Coordinator, Columbia University/New York State Psychiatric Institute, New York, NY, USA; Richard Foltin, PhD, Professor of Neuroscience, Columbia University/New York State Psychiatric Institute, New York, NY, USA; Michael Devlin, MD, Associate Professor, Clinical Psychiatry, Columbia University/New York State Psychiatric Institute, New York, NY, USA; B. Timothy Walsh, MD, Professor of Psychiatry, Columbia University/New York State Psychiatric Institute, New York, NY, USA

10:45 a.m.

P44

ATTACHMENT SCALES PREDICT EATING DISORDER SYMPTOMS OVER AND ABOVE DIAGNOSTIC CATEGORIZATION IN A CLINICAL SAMPLE OF EATING DISORDERED WOMEN

George Tasca, PhD, Psychologist, University of Ottawa, Ottawa, ON, Canada; Vanessa Illing, BA, Graduate Student, University of Ottawa, Ottawa, ON, Canada; Louise Balfour, PhD, Psychologist, University of Ottawa, Ottawa, ON, Canada; Hany Bissada, MD, Associate Professor, University of Ottawa, Ottawa, ON, Canada

11 a.m.

P45

CAN SUM SCORES BE USED TO RELIABLY COMPARE GROUPS ON AN UNDERLYING TRAIT? A STUDY OF MEASUREMENT INVARIANCE IN EATING DISORDERS

Margarita Slof-Op 't Landt, PhD Student, Center for Eating Disorders Ursula, National Center for Treatment and Research, Leidschendam, The Netherlands; Irene Rebollo, PhD, Assistant Professor, Vrije Universiteit, Department of Biological Psychology, Amsterdam, The Netherlands; Meike Bartels, PhD, Assistant Professor, Vrije Universiteit, Department of Biological Psychology, Amsterdam, The Netherlands; Eric van Furth, PhD, Director, Center for Eating Disorders Ursula, National Center for Treatment and Research, Leidschendam, The Netherlands; Ingrid Meulenbelt, PhD, Assistant Professor, Leiden University Medical Centre, Molecular Epidemiology Section, Leiden University, The Netherlands; Eline Slagboom, PhD, Professor, Leiden University Medical Centre, Molecular Epidemiology Section, Leiden University, The Netherlands; Dorret Boomsma, PhD, Professor, Vrije Universiteit, Department of Biological Psychology, Amsterdam, The Netherlands

11:15 a.m.

P46

IMPULSIVITY AND EATING DISORDERS: A SISTER-PAIRS CONTROL STUDY

Eva Alvarez-Moya, PhD, Dr., University Hospital of Bellvitge, Barcelona, Spain; Raquel Solano, Psychologist, MPhD, University Hospital of Bellvitge, Barcelona, Spain; Anna Badia, Psychologist, MPhD, University Hospital of Bellvitge, Barcelona, Spain; Fernando Fernandez-Aranda, PhD, FAED, Professor, University Hospital of Bellvitge, Barcelona, Spain

11:30 a.m.

P47

FREQUENCY OF BINGE EATING AND COMPENSATORY BEHAVIORS ASSOCIATED WITH PSYCHOSOCIAL IMPAIRMENTS IN PEER, FAMILY AND SCHOOL/WORK FUNCTIONING: RESULTS FROM A COMMUNITY-RECRUITED SAMPLE

Sonja Spoor, PhD, Postdoctoral Fellow, University of Texas/Oregon Research Institute, Eugene, OR, USA; Cara Bohon, MS, Research Assistant, University of Oregon, Eugene, OR, USA; Eric Stice, PhD, Research Scientist, University of Texas/Oregon Research Institute, Eugene, OR, USA; Emily Burton, PhD, Research Scientist, Malcom Randall VA Medical Center, Gainesville, FL, USA

33

11:45 a.m.

P48

LONGITUDINAL DIAGNOSTIC STABILITY AND CROSSOVER IN ANOREXIA AND BULIMIA NERVOSA

Kamryn Eddy, MA, Clinical Psychology Intern, University of Chicago Hospitals, Chicago, IL, USA; David Dorer, PhD, Biostatistician, Massachusetts General Hospital, Boston, MA, USA; Debra Franko, PhD, Associate Professor, Northeastern University, Boston, MA, USA; Kavita Tahlani, BS, Research Assistant, Massachusetts General Hospital, Boston, MA, USA; Elizabeth Ong, BA, Research Assistant, Massachusetts General Hospital, Boston, MA, USA; David Herzog, MD, Professor of Psychiatry, Massachusetts General Hospital, Boston, MA,

Harborside Ballroom A–C, 4th Floor

I. Treatment 1A

Chair: Harry Brandt, MD

10:30 a.m.

P49

MINDFULNESS-BASED EATING AWARENESS THERAPY FOR BED: FINAL RESULTS OF A RANDOMIZED CLINICAL TRIAL

Jean Kristeller, PhD, Professor of Psychology, Indiana State University, Terre Haute, IN, USA; Ruth Wolever, PhD, Asst. Clinical Professor, Duke University, Durham, NC, USA; Virgil Sheets, PhD, Professor of Psychology, Indiana State University, Terre Haute, IN, USA

10:45 a.m.

P50

THE EVALUATION OF A COGNITIVE-BEHAVIORAL SHORT-TERM TREATMENT FOR PATIENTS WITH BINGE EATING DISORDER

Simone Munsch, PhD, Chief Assistant, University of Basel, Basel, Switzerland; Barbara Schlup, Lic. Phil., Assistant, University of Basel, Basel, Switzerland; Andrea Meyer, PhD, Chief Assistant, University of Basel, Basel, Switzerland; Juergen Margraf, PhD, Professor, University of Basel, Basel, Switzerland

11 a.m.

P51

TREATING BINGE EATING DISORDER: RESULTS FROM A RANDOMIZED CONTROLLED TRIAL COMPARING DIALECTICAL BEHAVIOR THERAPY AND SUPPORTIVE GROUP THERAPY

Debra Safer, MD, Assistant Professor, Stanford University, Stanford, CA, USA; W. Stewart Agras, MD, Professor, Stanford University, Stanford, CA, USA; Athena Hagler Robinson, PhD, Postdoctoral Fellow, Stanford University, Stanford, CA, USA

11:15 a.m.

P52

THE BYTE PROJECT: EARLY INTERVENTION FOR ADOLESCENTS WITH BULIMIA NERVOSA

Natalie Pretorius, BA (Hons), Researcher, Institute of Psychiatry, London, United Kingdom; Ulrike Schmidt, Professor, Institute of Psychiatry, London, United Kingdom

11:30 a.m.

P53

STEP-DOWN CARE IN BULIMIA NERVOSA: THE USE OF TEXT MESSAGING

Stephanie Bauer, PhD, Postdoctoral Fellow, University of Heidelberg, Heidelberg, Germany; Hans Kordy, PhD, Head of Department, University of Heidelberg, Heidelberg, Germany

11:45 a.m.

P54

WHAT DO STUDENTS WITH BULIMIA NERVOSA THINK OF AN INTERNET-BASED COGNITIVE BEHAVIORAL TREATMENT PACKAGE?

Varinia Sanchez-Ortiz, Licenciatura, PhD Student-Research Worker, King's College London, Institute of Psychiatry, London, United Kingdom; Ulrike Schmidt, Professor, King's College London, Institute of Psychiatry, London, United Kingdom; Calum Munro, MRCSPsych, Dr. Specialist Registrar in CBT Psychotherapy, South London and Maudsley NHS Trust, London, United Kingdom

Grand Ballroom VII/VIII, 3rd Floor

J. Treatment 1B

Chair: Wayne Bowers, PhD, ABPP, FAED

10:30 a.m.

P55

EXPRESSED EMOTION IN RELATIVES OF PATIENTS WITH EATING DISORDER AFTER SKILL TRAINING PROGRAM

Ana Sepulveda, PhD, Postdoctoral Fellow, Institute of Psychiatry, King's College of London, London, United Kingdom; Gill Todd, MA, Clinical Nurse Leader, SLAM, Kent, United Kingdom; Laura Currin, PhD, Research Worker, Institute of Psychiatry, King's College of London, London, United Kingdom; Grover Miriam, MA, Clinical Nurse, SLAM, London, United Kingdom; Janet Treasure, Professor of Psychiatry, Institute of Psychiatry, King's College of London, London, United Kingdom

10:45 a.m.

P56

FLUOXETINE VS. PLACEBO TO PREVENT RELAPSE IN ANOREXIA NERVOSA (AN): THE PREDICTION OF WEIGHT MAINTENANCE AFTER SIX MONTHS OF TREATMENT

Allan Kaplan, MD, Head Program for Eating Disorders, Professor of Psychiatry, Toronto General Hospital, University of Toronto, Toronto, ON, Canada; B. Timothy Walsh, MD, Professor of Psychiatry, Columbia University, New York, NY, USA; Marion Olmsted, PhD, Director Eating Disorder Ambulatory Services, Associate Professor of Psychiatry, Toronto General Hospital, Toronto, ON, Canada; Evelyn Attia, MD, Clinical Co-Director, Columbia University, New York, NY, USA; Jacqueline Carter, PhD, Psychologist, Eating Disorder Program, Toronto General Hospital, Associate Professor, Toronto, ON, Canada; Michael Devlin, MD, Associate Professor, Columbia University, New York, NY, USA; Blake Woodside, MD, Director, Inpatient Eating Disorder Service, Toronto General Hospital University of Toronto, Toronto, ON, Canada; Parides Michael, PhD, Biostatistician, Associate Professor, Columbia University, New York, NY, USA; Kathleen Pike, PhD, Psychologist, Columbia University and Keio University, Tokyo, Japan; Christina Roberto, BA, Research Assistant, Columbia University, New York, NY, USA; Wendi Rockert, MEd, Research Coordinator, Toronto General Hospital, Toronto, ON, Canada

11 a.m.

P57

APPLYING FAIRBURN'S CBT-E IN AN AUSTRALIAN CLINIC SETTING

Anthea Fursland, PhD, Dr., Centre for Clinical Interventions, Northbridge, WA, Australia; Sue Byrne, PhD, Specialist Clinical Psychologist, University of Western Australia, Nedlands, Australia; Paula Nathan, Masters, Specialist Clinical Psychologist, Centre for Clinical Interventions, Northbridge, WA, Australia

11:15 a.m.

P58

THE EFFECT OF ATTENTIONAL BIAS TOWARDS WEIGHT AND SHAPE RELATED INFORMATION ON BODY DISSATISFACTION

Evelyn Smith, GradDip, PhD Student, MS, University of Sydney, Sydney, Australia; Elizabeth Rieger, PhD, Dr, Lecturer, University of Sydney, Sydney, Australia

11:30 a.m.

P59

WOMEN HIGH IN THE TRAITS OF URGENCY AND LACK OF DELIBERATION ARE LESS RESPONSIVE TO COGNITIVE BASED INTERVENTIONS

Gregory Smith, PhD, Professor, University of Kentucky, Lexington, KY, USA; Agnes Annus, MS, Graduate Student, University of Kentucky, Lexington, KY, USA; Melissa Cyders, MS, Graduate Student, University of Kentucky, Lexington, KY, USA

11:45 a.m.

P60

CLINICIANS' REACTIONS TO ADOLESCENTS WITH EATING DISORDERS

Dana Satir, MA, Doctoral Candidate, Boston University, Boston, MA, USA; Heather Thompson-Brenner, PhD, Assistant Professor, Boston University, Boston, MA, USA; Christina L. Boisseau, MA, Doctoral Candidate, Boston University, Boston, MA, USA

11:45 a.m. – 12:15 p.m. Grand Ballroom Foyer, 3rd Floor

Box Lunch Pickup

(For attendees who have purchased a box lunch in advance and have a ticket.)

Noon – 1:15 p.m.

Lunch on Your Own

Noon – 1:15 p.m. Grand Ballroom I, 3rd Floor

Question and Answer Session with a Representative from the National Institute of Mental Health

Mark Chavez, PhD, Chief of the Eating, Mood and Sleep Disorders Programs, Chief of the Side Effects of Psychiatric Therapeutics Program, Associate Director for Research Training and Career Development Programs, Division of Adult Translational Research and Treatment Development, National Institute of Mental Health, National Institutes of Health, Bethesda, MD, USA

This informal session provides attendees the opportunity to ask questions they may have regarding NIMH funding, funding priorities, opportunities, referral guidelines for eating disorders research across NIH, etc. In addition, this session is designed to provide NIMH the opportunity to hear from you.

Noon – 1:15 p.m.

Special Interest Group (SIG) Annual Meetings

The following Special Interest Groups will hold lunchtime meetings. New members are welcome. Box lunches are available with advance purchase. Additional SIG meetings will be held on Thursday, May 3, 12:30 – 2 p.m.

Athletes Harborside Ballroom A–C, 3rd Floor

Chairs: Ron Thompson, PhD, FAED
Roberta Sherman, PhD, FAED

Bariatric Surgery Essex C, 4th Floor

Chair: Carol Signore, MAT, LMAT, MS
Co-Chair: Edi Cooke, PsyC

Cognitive Behavioral Therapy Kent A–C, 4th Floor

Chair: Wayne Bowers, PhD

Medical Care Grand Ballroom IV, 3rd Floor

Chair: Ovidio Bermudez, MD, FAED
Co-Chairs: Richard Kreipe, MD
Garry Sigman, MD, FAED

Neuroimaging Grand Ballroom IX, 3rd Floor

Chair: C. Laird Birmingham, MD
Co-Chair: Sloane Madden

Neuropsychology Falkland, 4th Floor

Chair: Kate Tchanturia, PhD
Co-Chair: Janet Treasure, FRCPSych

New Investigators Grand Ballroom VII/VIII, 3rd Floor

Chairs: Marci Gluck, PhD
Jennifer Boisvert, MA

Nursing Care Grand Ballroom X, 3rd Floor

Chair: Sandra Hannon-Engel, MSN, RN, CS
Co-Chair: Karen Stein, PhD

Nutrition Heron, 4th Floor

Chairs: Jillian Croll, PhD, RD, MPH
Co-Chair: Erica Goldstein, MS, RD, CDN

Prevention Grand Ballroom II, 3rd Floor

Chair: Riccardo Dalle Grave, MD
Co-Chair: Carolyn Black Becker, PhD

Psychodynamic Psychotherapy Esses A/B, 4th Floor

Chair: Judith Banker, LLP, MA, FAED
Co-Chairs: David Tobin, PhD
Laura Weisberg, PhD

Transcultural Grand Ballroom III, 3rd Floor

Chair: Richard Gordon, PhD
Co-Chair: Armando Barriguete, MD, FAED

1:30 – 3 p.m.

Oral Scientific Paper Session II

(brief scientific papers for presentation and discussion)

Grand Ballroom IX, 3rd Floor

A. At-Risk Populations and Gender 2

Chair: Lisa Lilienfeld, PhD, FAED

1:30 p.m.

P61

ADOLESCENTS WITH TYPE 1 DIABETES: ARE THEY AT INCREASED RISK FOR DISORDERED EATING AND BODY DISSATISFACTION COMPARED TO OTHER MALE AND FEMALE YOUTHS?

Diann Ackard, PhD, Licensed Psychologist, Private Practice, Golden Valley, MN, USA; Nicole Vik, MPH, Student, University of Minnesota, Division of Epidemiology and Community Health, Minneapolis, MN, USA; Dianne Neumark-Sztainer, PhD, Professor, Division of Epidemiology and Community Health, University of Minnesota, Minneapolis, MN, USA; Kathryn Schmitz, PhD, Assistant Professor, Division of Epidemiology, University of Pennsylvania, Philadelphia, PA, USA; Peter Hannan, MStat, Statistician, Division of Epidemiology and Community Health, University of Minnesota, Minneapolis, MN, USA; David Jacobs, PhD, Professor, Division of Epidemiology and Community Health, University of Minnesota, Minneapolis, MN, USA

1:45 p.m.

P62

AGE-RELATED DIFFERENCES IN PSYCHOSOCIAL AND BEHAVIOURAL FEATURES OF FEMALES AT RISK OF EATING DISORDERS

Ting Fei Ho, MD, Associate Professor, National University of Singapore, Singapore, Singapore; Ee Lian Lee, MMed, Consultant, Singapore General Hospital, Singapore, Singapore; Pei Hsiang Liow, MMed, Consultant, Alexandra Hospital, Singapore, Singapore; Samuel Cheng, MMed, Consultant, Institute of Mental Health, Singapore, Singapore; Bee Choo Tai, PhD, Asst. Professor, National University of Singapore, Singapore, Singapore

2 p.m.

P63

ARE WE ALL INFLUENCED BY MEDIA? THE MODERATING ROLE OF PERSONALITY AND GENDER ON THE RELATIONSHIP BETWEEN IDEALIZED MEDIA EXPOSURE AND BODY DISSATISFACTION (BD)

Michelle Wasserman, PhD, Postdoctoral Fellow, University of Chicago Hospital, Chicago, IL, USA; Grayson Holmbeck, PhD, Professor, Loyola University Chicago, Chicago, IL, USA

2:15 p.m.

P64

THE INTERACTION BETWEEN COMMUNITY INVOLVEMENT AND SELF-ESTEEM IN DETERMINING BODY DISSATISFACTION AMONG GAY MEN

Lisa Lilienfeld, PhD, Associate Professor, Georgia State University, Atlanta, GA, USA; Angela K. Picot, PhD, Program Coordinator, Insight, Chicago, IL, USA; Carli Jacobs, MA, Doctoral Candidate, Georgia State University, Atlanta, GA, USA

2:30 p.m.

P65

GENDER DIFFERENCES AT PRESENTATION IN ADOLESCENTS WITH EATING DISORDERS

Rebecca Peebles, MD, Instructor, Stanford University, Stanford, CA, USA; Dominique M. Suarez, BA, Stanford University, Stanford, CA, USA; James D. Lock, MD, PhD, Stanford University, Stanford, CA, USA

2:45 p.m.

P66

INCIDENCE AND LIFETIME PREVALENCE OF ANOREXIA NERVOSA IN YOUNG MEN

Anu Raevuori, MD, PhD Student, Department of Public Health, University of Helsinki, Helsinki, Finland; Hans Hoek, MD, PhD, Professor, Parnassia The Hague Psychiatric Institute, Hague, The Netherlands; Aila Rissanen, MD, PhD, Professor, Helsinki University Central Hospital, Helsinki, Finland; Jaakko Kaprio, MD, PhD, Professor in Genetic Epidemiology, Department of Public Health, University of Helsinki, Helsinki, Finland

Grand Ballroom IV, 3rd Floor

B. Binge Eating Disorder, Night Eating and Obesity 2

Chair: Ruth Striegel-Moore, PhD, FAED

1:30 p.m.

P67

PATIENT CHARACTERISTICS AS PREDICTORS OF WEIGHT LOSS AND PSYCHOLOGICAL WELL BEING TWO YEARS AFTER INPATIENT OBESITY TREATMENT FOR CHILDREN

Caroline Braet, PhD, Professor, Ghent University, Ghent, Belgium

1:45 p.m.

P68

ASSOCIATIONS BETWEEN WEIGHT-RELATED TEASING AND EATING DISORDERED BEHAVIORS IN OVERWEIGHT ADOLESCENTS

Heather Libbey, EdM, Fellow, University of Minnesota, Minneapolis, MN, USA; Kerri Boutelle, PhD, Assistant Professor, University of Minnesota, Minneapolis, MN, USA; Mary Story, PhD, Professor, University of Minnesota, Minneapolis, MN, USA; Dianne Neumark-Sztainer, PhD, Professor, University of Minnesota, Minneapolis, MN, USA

2 p.m.

P69

EATING BEHAVIORS IN OVERWEIGHT CHILDREN OF BINGE EATING MOTHERS

Rebecca Ringham, PhD, Postdoctoral Scholar, Western Psychiatric Institute and Clinic, Pittsburgh, PA, USA; Jennifer Wildes, PhD, Postdoctoral Scholar, Western Psychiatric Institute and Clinic, Pittsburgh, PA, USA; Melissa Kalarchian, PhD, Assistant Professor of Psychiatry and Psychology, Western Psychiatric Institute and Clinic, Pittsburgh, PA, USA; Michele Levine, PhD, Assistant Professor of Psychiatry and Psychology, Western Psychiatric Institute and Clinic, Pittsburgh, PA, USA; Carrie Sheets, MS, Graduate Student Researcher, Western Psychiatric Institute and Clinic, Pittsburgh, PA, USA; Betsy Polley, PhD, Research Associate, Western Psychiatric Institute and Clinic, Pittsburgh, PA, USA; Marsha Marcus, PhD, Professor of Psychiatry and Psychology, Western Psychiatric Institute and Clinic, Pittsburgh, PA, USA

2:15 p.m.

P70

PSYCHOSOCIAL RISKS AND BENEFITS OF LAP-BAND® SURGERY IN THE TREATMENT OF MORBIDLY OBESE ADOLESCENTS

Andrea Vazzana, PhD, Clinical Asst. Professor of Psychiatry, NYU Child Study Center, New York, NY, USA

2:30 p.m.

P71

A LONGITUDINAL INVESTIGATION OF THE EFFECTS OF STRESS ON EATING BEHAVIOUR IN NORMAL ADULT WOMEN

Cliff Roberts, PhD, Senior Lecturer, Kings College London, Institute of Psychiatry, London, NA, United Kingdom; Iain Campbell, DSc, Sub Dean, Kings College London, Institute of Psychiatry, London, NA, United Kingdom; Nick Troop, PhD, Senior Lecturer, London Metropolitan University, London, United Kingdom; Frances Connan, PhD, Consultant Psychiatrist, Vincent Square Clinic, London, United Kingdom; Janet Treasure, PhD, Consultant Psychiatrist, Kings College London, Institute of Psychiatry, London, United Kingdom

2:45 p.m.

P72

NIGHT EATING SYNDROME: A STUDY OF NON-OBESE NIGHT EATERS

Jennifer Lundgren, PhD, Assistant Professor, University of Missouri-Kansas City, Kansas City, MO, USA; Kelly Allison, PhD, Assistant Professor, University of Pennsylvania, Philadelphia, PA, USA; Albert Stunkard, MD, Professor, University of Pennsylvania, Philadelphia, PA, USA

Grand Ballroom VII/VIII, 3rd Floor

C. Biology 2

Chair: Sloane Madden

1:30 p.m.

P73

BEARING OF THE 5HTTLPR S ALLELE UPON OUTCOME AFTER SPECIALIZED MULTIMODAL TREATMENTS IN WOMEN WITH BULIMIC EATING SYNDROMES

Mimi Israel, MD, FRCPC, FAED, Associate Professor, Psychiatrist, Douglas Hospital, McGill University, Montreal, QC, Canada; Howard Steiger, PhD, FAED, Professor, Director, Eating Disorders Program, Douglas Hospital, McGill University, Montreal, QC, Cayman Islands; Lise Gauvin, PhD, Professor, University of Montreal, Montreal, QC, Canada; Kenneth Bruce, PhD, FAED, Psychologist, Douglas Hospital, McGill University, Montreal, QC, Canada; Jodie Richardson, BA, Graduate Student, Research Assistant, McGill, Douglas Hospital, Montreal, QC, Canada; Annelie Anestin, BA, Research Assistant, Douglas Hospital, Montreal, QC, Canada; Ng Mien Kwong Ng Ying Kin, PhD, Assistant Professor, Douglas Hospital, McGill University, Montreal, QC, Canada

1:45 p.m.

P74

SEASONAL PATTERNS OF BIRTH FOR BINGERS AND PURGERS: RESULTS FROM THE NATIONAL WOMEN'S STUDY

Timothy Brewerton, MD, Clinical Professor of Psychiatry, Medical University of South Carolina, Isle of Palms, SC, USA

2 p.m.

P75

BINGE-LIKE EATING IN THE RAT PRODUCED BY EPISODES OF CALORIC RESTRICTION FOLLOWED BY REPEATED ACCESS TO A SWEET-FAT FOOD

Nicholas Bello, PhD, Postdoctoral Fellow, Johns Hopkins University, Baltimore, MD, USA; Angela Guarda, MD, Assistant Professor, Johns Hopkins Hospital, Baltimore, MD, USA; Jayson Hyun, BS, Lab Technician, Johns Hopkins University, Baltimore, MD, USA; Timothy Moran, PhD, Professor, Johns Hopkins University, Baltimore, MD, USA

2:15 p.m.

P76

RELATIONSHIP OF 5HTTLPR GENOTYPES AND CHILDHOOD ABUSE TO EMPIRICALLY-DERIVED PERSONALITY FACTORS IN WOMEN SUFFERING BULIMIC SYNDROMES

Howard Steiger, PhD, Director, Eating Disorders Program, Douglas Hospital, Montreal (Verdun), QC, Canada; Jodie Richardson, BA, Graduate Student, Eating Disorders Program, Douglas Hospital, Montreal (Verdun), QC, Canada; Ridha Joobar, MD, PhD, Psychiatrist, Douglas Hospital Research Centre, Montreal (Verdun), QC, Canada; Mimi Israel, MD, Psychiatrist, Eating Disorders Program, Douglas Hospital, Montreal (Verdun), QC, Canada; Lise Gauvin, PhD, Professor, Department of Social Preventive Medicine, University of Montreal, Montreal, QC, Canada; Kenneth Bruce, PhD, Psychologist, Eating Disorders Program, Douglas Hospital, Montreal (Verdun), QC, Canada; Annelie Anestin, BA, Student, Eating Disorders Program, Douglas Hospital, Montreal (Verdun), QC, Canada; Catherine Dandurand, BA, Student, Eating Disorders Program, Douglas Hospital, Montreal (Verdun), QC, Canada; N.M.K. Ng Ying Kin, PhD, Associate Professor, Douglas Hospital Research Centre, Montreal (Verdun), QC, Canada

2:30 p.m.

P77

REDUCED PLATELET [3H]-PAROXETINE-BINDING IN FIRST-DEGREE RELATIVES OF WOMEN WITH ANOREXIA NERVOSA

Kenneth Bruce, PhD, Assistant Professor, McGill University, Montréal, QC, Canada; Howard Steiger, PhD, Professor, McGill University, Montréal, QC, Canada; Mimi Israel, MD, Associate Professor, McGill University, Montréal, QC, Canada; N.M.K. Ng Ying Kin, PhD, Assistant Professor, McGill University, Montréal, QC, Canada

2:45 p.m.

P78

RELEVANCE OF THE 5-HTTLPR POLYMORPHISM TO INCREASED PSYCHIATRIC COMORBIDITY IN WOMEN WITH BULIMIA-SPECTRUM DISORDERS

Jodie Richardson, BSc, PhD Candidate, McGill University, Montreal, QC, Canada; Howard Steiger, PhD, Professor/Director, McGill University/Douglas Hospital, Montreal, QC, Canada; Ridha Joobar, PhD/MD, Associate Professor/Co-Director, McGill University/Douglas Hospital, Montreal, QC, Canada; Mimi Israel, MD, Assistant Professor/Psychiatrist-in-Chief, McGill University/Douglas Hospital, Montreal, QC, Canada; Kenneth Bruce, PhD, Assistant Professor/Researcher, McGill University/Douglas Hospital, Montreal, QC, Canada; Norbert Schmitz, PhD, Assistant Professor/Researcher, McGill University/Douglas Hospital, Montreal, QC, Canada; Melanie Aubut, BSc, PhD Candidate, Douglas Hospital/University of Quebec in Montreal, Montreal, QC, Canada; Annelie Anestin, BSc, Research Assistant, Douglas Hospital, Montreal, QC, Canada; Cathy Dandurand, BSc, Research Assistant, Douglas Hospital, Montreal, QC, Canada

Grand Ballroom II, 3rd Floor

D. Children and Adolescents 2

Chair: Nancy Zucker, PhD

1:30 p.m.

P79

SOCIAL AND EMOTIONAL CORRELATES OF APPEARANCE ESTEEM: A COMPARISON OF MALE AND FEMALE ADOLESCENTS WITHIN A CANADIAN COMMUNITY SAMPLE

Annick Buchholz, PhD, Psychologist, Children's Hospital of Eastern Ontario, Ottawa, ON, Canada; Katherine Henderson, PhD, Clinical Director, Children's Hospital of Eastern Ontario, Ottawa, ON, Canada; Anne Wagner, BA Candidate, Honours Student, University of Western Ontario, London, ON, Canada; Sarah Norwood, BA, Honours Student, University of Ottawa, Ottawa, ON, Canada; Gary Goldfield, PhD, Psychologist, Children's Hospital of Eastern Ontario, Ottawa, ON, Canada; Nicole Obeid, MA, Research Coordinator, Royal Ottawa Hospital, Ottawa, ON, Canada; Martine Flament, MD, PhD, Psychiatrist, Royal Ottawa Hospital, Ottawa, ON, Canada

1:45 p.m.

P80

A MULTI-SITE INVESTIGATION OF BINGE EATING BEHAVIORS IN CHILDREN AND ADOLESCENTS

Marian Tanofsky-Kraff, PhD, Assistant Professor, Uniformed Services University of the Health Sciences, Bethesda, MD, USA; Lien Goossens, PhD, Faculty, University of Ghent, Ghent, Belgium; Kamryn Eddy, MA, Intern, Boston University/CARD, Boston, MA, USA; Rebecca Ringham, PhD, Faculty, University of Pittsburgh Medical Center, Pittsburgh, PA, USA; Andrea Goldschmidt, MA, Graduate Student, Washington University School of Medicine, St. Louis, MO, USA; Susan Yanovski, MD, Co-Director, Office of Obesity Research and Director, Obesity and Eating Disorders, National Institute of Diabetes and Digestive and Kidney Diseases, Bethesda, MD, USA; Caroline Braet, PhD, Professor, Ghent University, Ghent, Belgium; Marsha Marcus, PhD, Professor, University of Pittsburgh School of Medicine, Pittsburgh, PA, USA; Denise Wilfley, PhD, Professor, Washington University School of Medicine, St. Louis, MO, USA; Cara Olson, MS, Biostatistics Consultant, USUHS, Bethesda, MD, USA; Jack Yanovski, MD, PhD, Head, Unit on Growth and Obesity, National Institute of Child Health and Human Development, Bethesda, MD, USA

2 p.m.

P81

WEIGHT AND GROWTH AT NINE AND 18 MONTHS IN CHILDREN OF WOMEN WITH EATING DISORDERS: RESULTS FROM A PROSPECTIVE COHORT STUDY

Nadia Micali, MD, MRCPsych, Clinical Lecturer, King's College London, Institute of Psychiatry, Department of Child and Adolescent Psychiatry, London, United Kingdom; Emily Simonoff, FRCPsych, Professor of Child Psychiatry, King's College London, Institute of Psychiatry, Department of Child and Adolescent Psychiatry, London, United Kingdom; Janet Treasure, PhD, FRCP, Professor of Psychiatry, King's College London, Institute of Psychiatry, London, United Kingdom

2:15 p.m.

P82

ASSOCIATIONS BETWEEN MATERNAL AND CHILD EATING AND WEIGHT RELATED ATTITUDES AND BEHAVIORS: A FIVE-YEAR LONGITUDINAL STUDY

Patricia van den Berg, PhD, Postdoctoral Fellow, University of Minnesota, Division of Epidemiology, School of Public Health, Minneapolis, MN, USA; Helene Keery, PhD, Licensed Psychologist, The Emily Program, St. Louis Park, MN, USA; Dianne Neumark-Sztainer, PhD, Professor, University of Minnesota, Division of Epidemiology, School of Public Health, Minneapolis, MN, USA; Marla Eisenberg, ScD, Assistant Professor, University of Minnesota, Division of Adolescent Health, Department of Pediatrics, Minneapolis, MN, USA

2:30 p.m.

P83

DISPARITIES IN DISORDERED WEIGHT CONTROL BEHAVIORS IN A MULTIETHNIC SAMPLE OF EARLY ADOLESCENT BOYS AND GIRLS: FINDINGS FROM THE HEALTHY CHOICES COLLABORATIVE STUDY

S. Bryn Austin, ScD, Assistant Professor, Children's Hospital Boston, Boston, MA, USA; Mary L. Greaney, PhD, Research Associate, Harvard School of Public Health, Boston, MA, USA; Jennifer Spadano-Gasbarro, PhD, Research Associate, Harvard School of Public Health, Boston, MA, USA; Henry A. Feldman, PhD, Senior Statistician, Children's Hospital Boston, Boston, MA, USA; Anne T. Hunt, ScD, Statistician, Harvard School of Public Health, Lyme, NH, USA; Karen E. Peterson, ScD, Associate Professor, Harvard School of Public Health, Boston, MA, USA

2:45 p.m.

P84

TREATMENT GOAL WEIGHT IN ADOLESCENT GIRLS WITH ANOREXIA NERVOSA (AN): USE OF BMI PERCENTILES

Neville Golden, MD, Co-Director, The Eating Disorders Center, Schneider Children's Hospital, New Hyde Park, NY, USA; Marc Jacobson, MD, Director, Atherosclerosis Center, Schneider Children's Hospital, New Hyde Park, NY, USA; Wendy Meyer Sterling, MS, RD, Nutritionist, Schneider Children's Hospital, New Hyde Park, NY, USA; Stan Hertz, MD, Co-Director Eating Disorders Center, Schneider Children's Hospital, New Hyde Park, NY, USA

Essex A/B, 4th Floor

E. Comorbidity and Complications 2

Chair: Philip Mehler, MD

1:30 p.m.

P85

COMMON INFLUENCES ON THE DEVELOPMENT OF BULIMIA NERVOSA AND DRUG USE DISORDERS

Jessica Baker, BSc, Student, Virginia Commonwealth University, Department of Psychology, Richmond, VA, USA; Kenneth Kendler, MD, Distinguished Professor, Virginia Institute for Psychiatric and Behavioral Genetics, Richmond, VA, USA

1:45 p.m.

P86

EXAMINING THE LINK BETWEEN ANOREXIA NERVOSA AND SUICIDE

Debra Franko, PhD, Professor, Northeastern University, Boston, MA, USA; Jill Holm-Denoma, MS, Psychology Intern, Florida State University, Tallahassee, FL, USA; Tracy Witte, MS, Doctoral Student, Florida State University, Tallahassee, FL, USA; Kathryn Gordon, MS, Doctoral Student, Florida State University, Tallahassee, FL, USA; David Herzog, MD, Professor, Massachusetts General Hospital, Boston, MA, USA; Manfred Fichter, MD, Professor, Roseneck Hospital, Prien, Germany; Norbert Quadfleig, MD, Professor, Roseneck Hospital, Prien, Germany; Thomas Joiner, PhD, Professor, Florida State University, Tallahassee, FL, USA

2 p.m.

P87

THE PREVALENCE OF EATING DISORDERS IN AN INFERTILE POPULATION

Melissa Freizinger, PhD, Postdoctoral Fellow, Massachusetts Mental Health Center, Harvard Medical School, Boston, MA, USA; Debra L. Franko, PhD, FAED, Professor, Northeastern University, Boston, MA, USA; Alice D. Domar, PhD, Assistant Professor of Obstetrics, Gynecology and Reproductive Biology, Beth Israel Deaconess Medical Center, Harvard Medical School, Boston, MA, USA; Marie Dacey, EdD, Assistant Professor, Massachusetts College of Pharmacy and Health Sciences, Boston, MA, USA; Barbara F. Okun, PhD, Professor, Northeastern University, Boston, MA, USA

2:15 p.m.

P88

NAUSEA AND VOMITING DURING PREGNANCY IN WOMEN WITH BULIMIA NERVOSA: FINDINGS FROM THE NORWEGIAN MOTHER AND CHILD COHORT STUDY

Leila Torgersen, PhD, Dr. Psychology, Division of Mental Health, Norwegian Institute of Public Health, Oslo, Norway; Ann von Holle, MS, Biostatistician, Department of Psychiatry, Chapel Hill, NC, USA; Cynthia Bulik, PhD, Professor, Department of Psychiatry, School of Medicine, Chapel Hill, NC, USA; Ted Reichborn-Kjennerud, PhD, Professor, Division of Mental Health, Norwegian Institute of Public Health, Oslo, Norway; Cecilie Knoph Berg, MA, Research Assistant, Division of Mental Health, Norwegian Institute of Public Health, Oslo, Norway; Pat Sullivan, MD, FRANZCP, Department of Psychiatry, University of North Carolina at Chapel Hill, Chapel Hill, NC, USA; Robert Hamer, PhD, Professor, Department of Psychiatry, University of North Carolina Chapel Hill, Chapel Hill NC, USA

2:30 p.m.

P89

PERSONALITY DISORDERS IN EATING DISORDERS: ANALYSIS OF CLINICAL, PSYCHOPATHOLOGICAL AND PERSONALITY DIFFERENCES

Enrico Tedeschini, Medical Psychiatrist, MD, Department of Psychiatry, HUB, Hospitalet, Spain; Laura Forcano Gamazo, Master Psychology, MPH, Department of Psychiatry, HUB, Hospitalet, Spain; Zaida Agüera, Master Psychology, MPH, Department of Psychiatry, HUB, Hospitalet, Spain; Debora Bussolotti, MD, Medical Psychiatrist, Università Di Modena e Reggio Emilia, Modena, Italy; GianPaolo Guaraldi, Professor, MD, Università Di Modena e Reggio Emilia, Modena, Italy; Fernando Fernández-Aranda, Associate Professor, PhD, FAED, Department of Psychiatry, HUB, Hospitalet, Spain

2:45 p.m.

P90

FEATURES ASSOCIATED WITH PREGNANCY IN WOMEN WITH BULIMIA NERVOSA: FINDINGS FROM THE NORWEGIAN MOTHER AND CHILD COHORT STUDY

Cecilie Berg, Cand. Polit, PhD Student, Norwegian Institute of Public Health, Oslo, Norway; Ted Reichborn-Kjennerud, MD, Research Advisor, Norwegian Institute of Public Health, Oslo, Norway; Leila Torgersen, PhD, Researcher, Norwegian Institute of Public Health, Oslo, Norway; Kristian Tambs, PhD, Research Advisor, Norwegian Institute of Public Health, Oslo, Norway; Ann Von Holle, MS, Biostatistician, University of North Carolina, Chapel Hill, NC, USA; Robert Hamer, PhD, Professor, University of North Carolina, Chapel Hill, NC, USA; Pat Sullivan, MD, FRANZCP, University of North Carolina, Chapel Hill, NC, USA; Cynthia Bulik, PhD, FAED, Professor, University of North Carolina, Chapel Hill, NC, USA

Grand Ballroom III, 3rd Floor

F. Course and Outcome

Chair: D. Blake Woodside, MD, FAED

1:30 p.m.

P91

LONG-TERM EFFECTS OF A MULTIDISCIPLINARY RESIDENTIAL TREATMENT PROGRAM ON SHAPE AND WEIGHT CONCERNS FOR MALES AND FEMALES WITH EATING DISORDERS

Ted Weltzin, MD, Medical Director, Rogers Memorial Hospital, Oconomowoc, WI, USA

1:45 p.m.

P92

CONDITIONAL PROBABILITY AND RATE OF REMISSION OF EATING DISORDERS

Ann Von Holle, M.S., Biostatistician, University of North Carolina, Department of Psychiatry, Chapel Hill, NC, USA; Laura Thornton, PhD, University of Pittsburgh, Pittsburgh, PA, USA; Walter Kaye, MD, University of Pittsburgh, Pittsburgh, PA, USA; Cynthia Bulik, PhD, University of North Carolina, Chapel Hill, NC, USA

2 p.m.

P93

OUTCOME OF EATING DISORDERS IN A PRIMARY CARE-BASED STUDY

Gabriëlle Van Son, MA, PhD Student, Center for Eating Disorders
 Ursula, Leidschendam, The Netherlands; Daphne Van Hoeken, PhD,
 Postdoctoral Student, Parnassia Psychiatric Institute, The Hague, The
 Netherlands; Eric van Furth, PhD, Director, Center for Eating Disorders
 Ursula, Leidschendam, The Netherlands; Hans Hoek, PhD, MD,
 Professor, Parnassia Psychiatric Institute, The Hague, The Netherlands

2:15 p.m.

P94

CLINICAL AND PERSONALITY FEATURES IN PARASUICIDAL BULIMIA NERVOSA PATIENTS

Fernando Fernandez-Aranda, PhD, FAED, Head of ED Unit, Department
 of Psychiatry, University Hospital of Bellvitge, Hospitalet del Llobregat,
 Barcelona Spain; Laura Forcano, Master Psychology, MPH, Department
 of Psychiatry, HUB, Hospitalet, Spain; Juan Jose Santamaria, Master
 Psychology, MPH, Department of Psychiatry, HUB, Hospitalet, Spain;
 Susana Jiménez-Murcia, PhD, Associate Professor, Department of
 Psychiatry, HUB, Hospitalet, Spain; Roser Granero, PhD, Professor,
 University Autònoma of Barcelona, Hospitalet, Spain; Isabel Krug,
 Master Psychology, MPH, Department of Psychiatry, HUB, Hospitalet,
 Spain; Nadine Riesco, Doctor Psychology, PhD, Department of
 Psychiatry, HUB, Hospitalet, Spain; Eva Alvarez, Doctor Psychology,
 PhD, Department of Psychiatry, HUB, Hospitalet, Spain; Cynthia Bulik,
 Professor, PhD, FAED, University of North Carolina, Chapel Hill, NC,
 USA

2:30 p.m.

P95

SUICIDE ATTEMPTS IN ANOREXIA NERVOSA

Cynthia Bulik, PhD, Professor, University of North Carolina, Chapel Hill,
 NC, USA; Andrea Pinheiro, MD, Visiting Scholar, UNC, Chapel Hill, NC,
 USA; Laura Thornton, PhD, Statistician, University of Pittsburgh,
 Pittsburgh, PA, USA; Walter Kaye, MD, Professor, University of
 Pittsburgh, Pittsburgh, PA, USA; Collaborative Group GAN, PA, USA

2:45 p.m.

P96

THE NATURAL COURSE OF ANOREXIA NERVOSA

Anna Keski-Rahkonen, MD, PhD, MPH, Resident Psychiatrist, University
 of Helsinki, University of Helsinki, Finland; Hans Hoek, MD PhD,
 Professor, Parnassia, The Hague, The Netherlands; Cynthia Bulik, PhD,
 Professor, University of North Carolina, Chapel Hill, NC, USA; Ezra
 Susser, MD, DrPH, Professor, Columbia University, New York, NY, USA;
 Anu Raevuori, MD, Research Associate, University of Helsinki,
 University of Helsinki, Finland; Milla Linna, BMed, Research Associate,
 University of Helsinki, University of Helsinki, Finland; Jaakko Kaprio,
 MD, PhD, Professor, University of Helsinki, University of Helsinki,
 Finland; Aila Rissanen, MD, PhD, Professor, University of Helsinki,
 University of Helsinki, Finland

Essex C, 4th Floor

G. Culture and Ethnicity 2

Chair: Richard Gordon, PhD

1:30 p.m.

P97

COMPARING EATING ATTITUDES AND BEHAVIORS BETWEEN CHINESE AND JAPANESE FEMALE UNIVERSITY STUDENTS

Jianping Wang, PhD, Research Scholar, Boston University, Boston, MA,
 USA; Dandan Fu, PhD, Doctoral Candidate, Beijing Normal University,
 Beijing, China; Heather Thompson-Brenner, PhD, Assistant Professor,
 Boston University, Boston, MA, USA; Fujio Hideyuki, PhD, Associate
 Professor, Graduate School of Education, Jeoetsu University of
 Education, Jeoetsu, Japan; Dana Satir, MA, Doctoral Candidate, Boston
 University, Boston, MA, USA; Freedom Leung, PhD, Associate
 Professor, Department of Psychology, Chinese University of Hong Kong,
 Hong Kong, China

1:45 p.m.

P98

ETHNIC GROUP MEMBERSHIP AND RISK FOR AN EATING DISORDER IN CANADIAN WOMEN: A NATIONAL STUDY

Niva Piran, PhD, Professor, University of Toronto, Toronto, ON, Canada;
 Tahany Gadalla, PhD, Assistant Professor, University of Toronto, Toronto,
 ON, Canada

2 p.m.

P99

EATING DISORDERS AMONG ANTILLEANS IN THE NETHERLANDS

Hans Hoek, PhD, Professor, Parnassia Psychiatric Institute, The Hague,
 The Netherlands; Daphne van Hoeken, PhD, Dr, Parnassia Psychiatric
 Institute, The Hague, The Netherlands

2:15 p.m.

P100

THE YALE-BROWN-CORNELL EATING DISORDERS SCALE IN A NEW ZEALAND SAMPLE WITH ANOREXIA NERVOSA: WHAT IS IT MEASURING?

Jennifer Jordan, PhD, Research Fellow/Clinical Psychologist, University
 of Otago, Christchurch, New Zealand; Peter Joyce, DSc, Professor,
 University of Otago, Christchurch, New Zealand

2:30 p.m.

P101

AN EMPIRICAL STUDY OF THE TYPOLOGY OF BULIMIC SYMPTOMS IN YOUNG PORTUGUESE WOMEN

Andrea Pinheiro, MD, University of North Carolina, Department of
 Psychiatry, ED Program, Chapel Hill, NC, USA; Cynthia Bulik, PhD,
 FAED, University of North Carolina, School of Medicine, ED Program,
 Chapel Hill, NC, USA; Patrick Sullivan, MD, FRANZCP, Department of
 Genetics, University of North Carolina, Chapel Hill, NC, USA; Paulo
 Machado, PhD, FAED, Universidade do Minho, Departamento de
 Psicologia, Braga, Portugal

2:45 p.m.

P102

PERSONALITY FACTORS THAT DIFFERENTIATE WOMEN WITH ANOREXIA NERVOSA FROM WOMEN WITH HIGH BODY DISSATISFACTION BUT NO EATING DISORDER IN JAPAN

Hiroko Maekawa, MA, Assistant, Kanazawa Gakuin University, Kanazawa, Japan; So Mirai, MD, Psychiatrist, Kurihama National Hospital, Yokosuka, Japan; Tomoko Shimanouchi, MD, Psychiatrist, Sakuragaoka Memorial Hospital, Tama-city, Japan; Takako Sumioka, MD, Psychiatrist, National Hospital Organization Tokyo Medical Center, Meguro-Ku, Japan; Yutaka Ono, MD, PhD, Psychiatrist, Keio University, Shinjuku-ku, Japan; Kathleen Pike, PhD, Associate Professor, Columbia University, New York, NY, USA

Kent A-C, 4th Floor

H. Diagnosis, Classification and Measurement 2

Chair: Carol Peterson, PhD

1:30 p.m.

P103

THE DERIVATION OF AN OPERATIONAL DEFINITION OF AN "EATING DISORDER"

Kristin Bohn, Dipl-Psych, Research Psychologist, University of Oxford, Oxford, United Kingdom; Zafra Cooper, DPhil, Principal Research Psychologist, University of Oxford, Oxford, United Kingdom; Helen Doll, DPhil, Statistician, University of Oxford, Oxford, United Kingdom; Marianne O'Connor, BSc, Senior Research Assistant, University of Oxford, Oxford, United Kingdom; Robert Palmer, FRCPsych, Professor of Psychiatry, University of Leicester, Leicester, United Kingdom; Christopher Fairburn, FMedSci, Professor of Psychiatry, University of Oxford, Oxford, United Kingdom

1:45 p.m.

P104

THE YALE-BROWN-CORNELL EATING DISORDERS SCALE SELF-REPORT QUESTIONNAIRE (YBC-EDS SRQ): A NEW, EFFICIENT TOOL FOR CLINICIANS AND RESEARCHERS

Dara Bellace, PhD, Clinical Psychologist, Weill Cornell Medical College/New York-Presbyterian Hospital, White Plains, NY, USA; Kimberly Wisotzke, BA, Research Coordinator, Weill Cornell Medical College/New York-Presbyterian Hospital, White Plains, NY, USA; Rachel Rubin, MA, Extern, Weill Cornell Medical College/New York-Presbyterian Hospital, White Plains, NY, USA; Katherine Halmi, MD, Program Director, Weill Cornell Medical College/New York-Presbyterian Hospital, White Plains, NY, USA

2 p.m.

P105

A META-ANALYTIC EXAMINATION OF THE DSM-IV DIAGNOSTIC CRITERIA FOR ANOREXIA NERVOSA

Jennifer Thomas, MS, Doctoral Student, Yale University, Department of Psychology, New Haven, CT, USA; Lenny Vartanian, PhD, Postdoctoral Fellow, Cornell University, Department of Applied Economics and Management, Ithaca, NY, USA; Kelly Brownell, PhD, Professor, Yale University, Department of Psychology, New Haven, CT, USA

2:15 p.m.

P106

PERSONALITY CLASSIFICATION SYSTEM FOR EATING DISORDERS: A LONGITUDINAL STUDY

Heather Thompson-Brenner, PhD, Director, Eating Disorders Program, Boston University, Boston, MA, USA; Kamryn T. Eddy, MA, Psychological Intern, Boston University, Boston, MA, USA; Debra L. Franko, PhD, Associate Director, Harris Center for Education and Advocacy in Eating Disorders at MGH, Boston, MA, USA; David Dorer, PhD, Statistician, Harris Center for Education and Advocacy in Eating Disorders at MGH, Boston, MA, USA; Maryna Vaschenko, BA, Research Volunteer, Boston University, Boston, MA, USA; David B. Herzog, MD, Director, Harris Center for Education and Advocacy in Eating Disorders at MGH, Boston, MA, USA

2:30 p.m.

P107

PAIN, DEPRESSIVE SYMPTOMATOLOGY, AND CATASTROPHIZING IN EATING DISORDERS: A MULTI-GROUP COMPARISON

Janelle Coughlin, PhD, Instructor, Johns Hopkins School of Medicine, Baltimore, MD, USA; Robert Edwards, PhD, Assistant Professor, Johns Hopkins School of Medicine, Baltimore, MD, USA; Luis Buenaver, PhD, Postdoctoral Fellow, Johns Hopkins School of Medicine, Baltimore, MD, USA; Graham Redgrave, MD, Assistant Professor, Johns Hopkins School of Medicine, Baltimore, MD, USA; Jennifer Haythornthwaite, PhD, Professor, Johns Hopkins School of Medicine, Baltimore, MD, USA; Angela Guarda, MD, Assistant Professor, Johns Hopkins School of Medicine, Baltimore, MD, USA

2:45 p.m.

P108

AN EXAMINATION OF EATING PATHOLOGY IN DISCORDANT TWIN PAIRS: A ROLE FOR NONSHARED ENVIRONMENT

Alexia Spanos, BA, Graduate Student, Michigan State University, Lansing, MI, USA; Jennifer Slane, BA, Graduate Student, Michigan State University, East Lansing, MI, USA; Kelly Klump, PhD, Associate Professor, Michigan State University, East Lansing, MI, USA

Grand Ballroom I, 3rd Floor

I. Prevention

Chair: Carolyn Black Becker, PhD

1:30 p.m.

P109

AFFECT REGULATION IN ADOLESCENT AND ADULT EATING DISORDERS

Jolie Weingeroff, MA, Doctoral Student, Boston University, Boston, MA, USA; Heather Thompson-Brenner, PhD, Director, Eating Disorders Program, Boston University, Boston, MA, USA; Elizabeth M. Pratt, PhD, Associate Director, Eating Disorders Program, Boston University, Boston, MA, USA; Hilary Sherry, MA, Research Assistant, Boston University, Boston, MA, USA; Mara Fleischer, BA, Research Assistant, Boston University, Boston, MA, USA; Drew Westen, PhD, Professor, Emory University, Atlanta, GA, USA

1:45 p.m.

P110

ASSESSMENT OF UNDERVALUED ASPECTS OF THE SELF AMONG UNDERGRADUATE WOMEN WITH HIGH, MEDIUM- AND LOW-EATING-DISORDER SYMPTOMS

Shirley Wang, MS, Graduate Student, Yale University, Pittsburgh, PA, USA; Teresa Treat, PhD, Assistant Professor, Yale University, New Haven, CT, USA; Kelly Brownell, PhD, Professor, Yale University, New Haven, CT, USA

2 p.m.

P111

INVOLVING PARENTS IN EATING DISORDERS PREVENTION (ED): ARE WE DOING THE RIGHT THING? A COMMUNITY-BASED PILOT STUDY WITH IMMIGRANT PARENTS TO EVALUATE THE CURRENT PREVENTION MATERIALS AND STRATEGIES

Manuela Ferrari, MHSc, Graduate Student, The Hospital for Sick Children, Toronto, ON, Canada; Stacey Tweed, MA, Clinical Research, The Hospital for Sick Children, Toronto, ON, Canada; Joanna Anneke Rummens, PhD, Research Scientist, The Hospital for Sick Children, Toronto, ON, Canada; Gail McVey, PhD, Research Scientist, The Hospital for Sick Children, Toronto, ON, Canada

2:15 p.m.

P112

APPEARANCE-RELATED COMMENTARY, BODY SURVEILLANCE, BODY DISSATISFACTION, AND BODY SHAME: DIFFERENTIAL PATTERNS BETWEEN HIGH AND LOW SELF-OBJECTIFIERS

Rachel Calogero, MA, Postgraduate Student, University of Kent, Canterbury, United Kingdom; Sylvia Herbozo, MA, Graduate Student, University of South Florida, Tampa, FL, USA; J. Kevin Thompson, PhD, Professor, University of South Florida, Tampa, FL, USA

2:30 p.m.

P113

EVALUATION OF A NEW DUTCH PREVENTION PROGRAM FOR EATING DISORDERS

Greta Noordenbos, Dr., Leiden University, Leiden, The Netherlands

2:45 p.m.

P114

INNOVATIVE INTERVENTIONS FOR DISORDERED EATING: EVALUATING DISSONANCE-BASED AND YOGA INTERVENTIONS

Karen Mitchell, MS, Graduate Student, Virginia Commonwealth University, Richmond, VA, USA; Suzanne Mazzeo, PhD, Associate Professor, Virginia Commonwealth University, Richmond, VA, USA; Sarah Rausch, MS, Graduate Student, Virginia Commonwealth University, Richmond, VA, USA; Kathryn Cooke, MS, Graduate Student, Virginia Commonwealth University, Richmond, VA, USA; Kasey Serdar, BA, Graduate Student, Virginia Commonwealth University, Richmond, VA, USA

Harborside Ballroom A-C, 4th Floor

J. Treatment 2

Chair: Evelyn Attia, MD

1:30 p.m.

P115

AN EVALUATION OF A COGNITIVE-BEHAVIOURAL GROUP INTERVENTION FOR INPATIENTS WITH ANOREXIA NERVOSA

Alison Darcy, MLitt, PhD Candidate, School of Psychology, University College Dublin, Dublin, Ireland; Barbara Dooley, PhD, Head of School, School of Psychology, University College Dublin, Dublin, Ireland; Zita Radmall-Quirke, MPsychSci, Head of Department, St. John of God Hospital, Dublin, Ireland; Terence Larkin, MB, FRCP(C), MRCPsyc, Consultant Psychiatrist, St. John of God Hospital, Dublin, Ireland

1:45 p.m.

P116

THE ROLE OF DIETING IN BULIMIA NERVOSA: A REFORMULATION

Michael Lowe, PhD, Professor, Drexel University, Philadelphia, PA, USA; J. Graham Thomas, BS, Doctoral Student, Drexel University, Philadelphia, NJ, USA; Debra Safer, MD, Assistant Professor, Stanford University School of Medicine, Stanford, CA, USA; Meghan Butryn, PhD, Postdoctoral fellow, Drexel University, Philadelphia, PA, USA

2 p.m.

P117

AMBIVALENCE ABOUT RECOVERY AMONG PATIENTS IN RESIDENTIAL TREATMENT FOR EATING DISORDERS

Sherrie Delinsky, PhD, Assistant Psychologist, McLean Hospital, Klarman Center for Eating Disorders, Belmont, MA, USA; Sarah St. Germain, BS, Doctoral Student, Harvard University, Cambridge, MA, USA; William Fagley, MEd, Research Associate, McLean Hospital, Klarman Center for Eating Disorders, Belmont, MA, USA; Anne Becker, PhD, MD, ScM, Director, Eating Disorders Clinical and Research Program, Massachusetts General Hospital, Boston, MA, USA; Philip Levendusky, PhD, ABPP, Director, Psychology, McLean Hospital, Belmont, MA, USA

2:15 p.m.

P118

COSTS AND COST-EFFECTIVENESS OF FAMILY THERAPY FOR ADOLESCENT ANOREXIA NERVOSA

James Lock, MD, PhD, Professor, Stanford University, Stanford, CA, USA; W.S. Agras, MD, Professor, Stanford University, Stanford, CA, USA; Jennifer Couturier, MD, Assistant Professor, University of Western Ontario, London, ON, Canada

2:30 p.m.

P119

PRELIMINARY EXAMINATION OF A BIOPSYCHOSOCIAL TREATMENT FOR ANOREXIA

Shan Guisinger, PhD, Clinical Psychologist in Private Practice, University of Montana, Missoula, MT, USA; David Schuldberg, PhD, Professor, University of Montana, Missoula, MT, USA

2:45 p.m.

P120

A RANDOMIZED CONTROLLED TRIAL OF OLANZAPINE IN THE TREATMENT OF ANOREXIA NERVOSA

Hany Bissada, MD, Associate Professor, University of Ottawa, Ottawa, ON, Canada; George Tasca, PhD, Psychologist, University of Ottawa, Ottawa, ON, Canada; Ann Barber, MA, Research Associate, Ottawa Health Research Institute, Ottawa, ON, Canada; Bradwejn Jacques, MD, Chief of Psychiatry, University of Ottawa, Ottawa, ON, Canada

3 – 3:30 p.m.

Grand Ballroom V/VI, 3rd Floor

Refreshment Break

3:30 – 5 p.m.

Special Interest Group (SIG) Discussion Panels



CURRENT DIRECTIONS IN THE PREVENTION, RESEARCH AND TREATMENT OF ATHLETES WITH EATING DISORDERS

Grand Ballroom II, 3rd Floor

Sponsored by the Athletes Special Interest Group

Moderator: Jennifer A. Crichton, MS, Department of Psychology, University of New Mexico, Albuquerque, NM, USA

This session will provide attendees with current research concerning the prevention and treatment of athletes with eating disorders. Topics include preliminary evaluation of a new prevention program, the identification of genetic variants that may protect certain athletes from an eating disorder, identification of excessive exercise in athletes and recommendations for those treating an athlete with excessive exercise issues.

BodySense:

A Positive Body Image Initiative for Sport Environment

Annick Buchholz, PhD, Children's Hospital of Eastern Ontario Research Institute, Ottawa, ON, Canada

This presentation will describe the program 'BodySense,' which is a prevention initiative to assist coaches, clubs and parents in creating a training environment, for male and female athletes, that is safe and nurturing, and whose intention it is to foster positive body image and to prevent disordered eating. The program has recently received funding from the Ontario Trillium Foundation and is hoping to have a significant impact in three sports (gymnastics, diving, and figure skating) in Ontario (Canada) over the next three years. Preliminary evaluation data of the BodySense program will also be presented.

An Examination of Eating Pathology and Personality in Athletes

Rachel Bachner-Melman, MA, Psychology, Hebrew University of Jerusalem and Psychiatry, Hadassah University Medical Center, Jerusalem, Israel

Results of a study will be presented that examined the eating symptomatology, lifetime eating disorder diagnoses and personality profiles of a large sample of Israeli dancers and athletes. Whereas competitive athletes enjoyed some degree of protection from eating disorders, aesthetic athletes (such as dancers and gymnasts) had an elevated lifetime rate of EDNOS compared to competitive athletes and controls. Aesthetic athletes with a history of EDNOS exhibited eating pathology but similar personality profiles to the other groups. Results will be discussed in relation to "anorexia athletica".

Identification of Excessive Exercise in Athletes: Challenges and Recommendations

Ron A. Thompson, PhD, FAED, Bloomington Center for Counseling and Human Development, Bloomington, IN, USA

Although the identification of excessive exercise can be difficult with non-athletes, it can be even more difficult when working with competitive athletes. This presentation will focus on aspects of the sport environment that complicate identification, as well as the recommended use of qualitative factors to determine if the athlete's activity is excessive, if it is symptomatic of an eating disorder, and if the athlete should be permitted to train and compete while symptomatic.



BODY IMAGE IN BOYS AND MEN: ASSESSING AND TREATING THE OVERLOOKED

Grand Ballroom III, 3rd Floor

Sponsored by the Body Image Special Interest Group

Moderator: Leslie J. Heinberg, PhD, Case Western Reserve University School of Medicine, Department of Epidemiology and Biostatistics, Cleveland, OH, USA

This session will include a moderated panel discussion focusing on the body image issues facing men, their role in problematic eating behavior, substance use and the need for more comprehensive assessment and treatment strategies. Focus will include the diversity of body image ideals in male populations, need for culturally competent assessment and treatment strategies that are relevant for differing ethnicities and sexual orientations. Specific presentations will not be made. Rather, speakers will speak briefly about their area of expertise. This will be followed by discussion points facilitated by moderator and fielding of audience questions, group and audience discussion, description of helpful treatment strategies and brainstorming of research agenda. Useful tools of assessment will be provided for audience members interested in improving their work with male populations.

Men with Eating Disorders

Mark Warren, MD, MPH, Cleveland Center for Eating Disorders, Cleveland, OH USA

Males with eating disorders have become more visible to professionals, families and society at large. A historically neglected subgroup of the population with eating disorders, men have been excluded from research, not offered clinical screening and were generally not seen as being as vulnerable to social pressures around food, body, size and shape. The intricacies of how Eating Disorders express themselves in men are just entering our knowledge base. The relation of eating disorders to body image in the male population is an area that will spark greater knowledge of the field as a whole.

Body Image in Body-Builders, Male Athletes, Steroid Use

Tom Hildebrandt, PsyD, Mount Sinai School of Medicine, New York, NY, USA

Male body image disturbance has been linked to a range of different identities and behavioral disturbances. In particular, research has linked male body image disturbance (BID) to different weightlifting identities (e.g., bodybuilder, powerlifter, etc.), athletic performance, and the use of illicit and licit drugs taken to alter appearance and improve performance. Despite these links, there are several pressing questions that need to be addressed. These include (a) whether or not different identities are associated with different patterns of BID; (b) whether drug use and exercise patterns associated with BID are functional or dysfunctional; and (c) whether these different patterns of BID have different clinical implications. These questions will be discussed in the context of adult weightlifting populations with a specific emphasis on those who use appearance and performance enhancing drugs (APEDs) such as anabolic-androgenic steroids, thyroid hormones, and over-the-counter thermogenics.

Body Image in Men Who Have Sex with Men

Chris Kraft, PhD, Johns Hopkins University School of Medicine, Baltimore, MD, USA

This presentation will review and discuss the body image and eating concerns of men who have sex with men.

Body Image Assessment for Men

J. Kevin Thompson, PhD, University of South Florida, Tampa, FL, USA

This talk will detail the latest measures of body image disturbance for men. Included will be assessment instruments that focus on the measurement of the muscular ideal, the drive for muscularity, muscle satisfaction and muscle dysmorphia. Psychometric characteristics of these measures will also be examined.

Body Image and Eating Behavior in Men Who Identify as Heterosexual and Gay, and Objectification and Assessment of Men's Body Image

Tracy L. Tylka, PhD, The Ohio State University, Columbus, Ohio

This presentation will cover men's body image and eating behavior, how objectification is associated with these variables and the assessment of men's body image. Audience members will be provided with a copy of the Male Body Attitudes Scale (MBAS), which has shown to yield reliable and valid scores with samples of men. There will be a discussion on the importance of exploring how men feel about their body fat and height in addition to their muscularity, as all three areas have been found to be salient to men's well-being, body image and eating behavior.



THE USE OF NEW TECHNOLOGIES IN THE PREVENTION, EARLY INTERVENTION AND RELAPSE PREVENTION OF EATING DISORDERS

Grand Ballroom IX, 3rd Floor

Sponsored by the Information Technology for the Treatment of Eating Disorders Special Interest Group

Moderators: Stephanie Bauer, PhD, University of Heidelberg, Center for Psychotherapy Research, Heidelberg, Germany; Jennifer Shapiro, PhD, University of North Carolina at Chapel Hill, Department of Psychiatry, Chapel Hill, NC, USA

Although effective treatments for eating disorders exist, many patients follow a chronic course. There are several reasons for this trajectory, but for some patients it may be due to: 1) great length of illness prior to seeking treatment, and/or 2) substantial risk of relapse after treatment completion. A stepped care approach may be most optimal for patients with eating disorders (EDs), such that they would receive interventions of various intensity depending on their level of illness. Consequently, researchers have been developing and evaluating approaches that will help to 1) identify people at risk for EDs, and thus prevent ED onset or detect EDs at an early stage and provide early intervention and 2) maintain treatment gains for the long term and prevent relapse. Given that the Internet is becoming the primary source of health care information for patients, new technologies may offer innovative possibilities for the development of such prevention, early intervention and aftercare programs. Internet-based programs may assist with identifying a larger proportion of the population at risk, decrease absenteeism from those in treatment, help those in aftercare maintain their treatment gains and may ultimately optimize the current health care of EDs in a cost-effective way. This discussion panel introduces four different Internet-based programs developed for the prevention of EDs in different stages of illness: the prevention, the early intervention in at-risk populations and the aftercare following CBT. The presenters will each describe and discuss their program and experiences with its use. They will then discuss the potential of these approaches for the optimization of care for both at-risk populations and patients with EDs. Finally future developments and research will be outlined.

An Internet Program for the Prevention of Eating Disorders in At-Risk College-Age Women

Meghan M. Sinton, PhD, Washington University School of Medicine, Department of Psychiatry, St. Louis, MO, USA

The purpose of our research has been to design and evaluate an Internet-based approach to reducing eating disorder onset among college-age women with high weight and shape concerns. Our program, Student Bodies (SB), is an eight-week Internet-based cognitive-behavioral intervention combined with an online, asynchronous, moderated discussion group. The core goals of the program are to reduce weight and shape concerns, enhance body image, promote healthy weight regulation, reduce binge eating and increase knowledge about the risks associated with EDs. To date, the SB program has been used at several universities and colleges (e.g. Taylor et al., 2006; Low et al., 2006; Winzelberg et al., 2000), has been replicated in Germany (Jacobi et al., 2005), and has also been modified for high school age girls (Luce et al., 2004). Recently, Taylor et al. (2006) reported on the effect of the SB program on weight concerns and eating disorder onset among a large sample of college age women with high weight concerns ($N=480$) over a two-year period. Analyses indicated that there were statistically significant baseline to post intervention and baseline to one-year follow-up differences between intervention and control groups on disordered eating attitudes, including weight concerns, Global EDE-Q scores and EDI Drive for Thinness scores. In addition, there was a significant reduction in the intervention group on EDI Bulimia scores from baseline to post intervention. Further, the intervention significantly reduced the onset of EDs in two subgroups: 1) participants with an elevated body mass index ($BMI \geq 25$) at baseline; and 2) at one site, participants with baseline compensatory behaviors (e.g. self-induced vomiting, laxative use, diuretic use, diet pill use, driven exercise). No intervention participant with an elevated baseline BMI developed an ED, while the rates of onset of ED in the comparable BMI control group (based on survival analysis) were 4.7% at one year and 11.9% at two years ($CI = 2.7\%-21.1\%$). Overall, current findings indicate that the SB program is an effective approach to reducing risk for EDs in at-risk college women and that reducing risk factors in high-risk groups can lead to reductions in the onset of EDs. The presentation will provide a description of the SB program, further elaboration on results pertaining to the SB program, and on future research goals for and applications of Internet-based approaches designed to reduce ED onset.

Applying New Technologies for the Detection and Prevention of Eating Disorders: A Spanish Experience

Luis Rojo-Moreno, MD, University of Valencia, Departamento de Medicina, Psychiatric Unit, Valencia, Spain

The prevention program presented here was developed for the early detection and prevention of eating disorders in the Valencian school population aged 13-15 years. The diagnostic process included double screening using the ChEAT and an online diagnostic program, followed by an expert interview for clinical diagnosis. The prevention program was offered to all schools in the region of Valencia. In total, 42,875 pupils (53.6% of the school population) from 486 schools participated; 20,670 (48.2%) girls and 21,329 boys (51.2%). The prevention program was taught at the school level by teachers and school guidance counsellors. The teaching schedule included mentoring and physical education classes. The program followed a participatory model, in that not only information was transmitted but reflection and participation were promoted and thus a change of attitude was facilitated. The participating educators were trained through the Internet. This training referred to both program contents and application skills. In addition, the participating centers received continuous internet-based support. We investigated to which extent the prevention program could enhance protection factors in adolescents, such as self-esteem, healthy eating habits, body satisfaction, critical thinking to counter pressure from the environment and demythologising (diets, body

types). We will present our experiences with the program and discuss implications of our findings.

ESPRIT: Eating Disorders Prevention and Early Intervention via the Internet

Hans Kordy, PhD, University of Heidelberg, Center for Psychotherapy Research, Heidelberg, Germany

The presentation introduces the program ESPRIT, an innovative Internet-based ED prevention program for college-age women. ESPRIT follows a stepped-care approach and combines various support components of increasing intensity: All students eligible for participation can access the information Web site and the message board and can thus get in touch with other participants (step 1). Students identified as at risk for developing an ED are invited to participate in the automated ESPRIT supportive monitoring and feedback program (step 2), which assesses risk factors and ED symptoms on a weekly basis, reinforces positive developments and suggests alternative behaviors in case of negative developments. Additionally, at-risk students can participate in moderated individual or group chat sessions to receive advice and support from a clinician and other participants (step 3). Finally, participants who develop substantial ED symptoms during their participation in the program are referred to the University Counseling Center to seek face-to-face treatment (step 4). Compared to traditional prevention programs, the main advantage of ESPRIT is the monitoring system throughout the whole program which allows for timely interventions in case of negative developments and thus guarantees that participants get more intense support or treatment as soon as they need it. We will introduce the underlying concepts and various components of this complex prevention program, and report on our experiences with the approach in a sample of German college students.



STRATEGIES FOR REDUCING BODY IMAGE DISTORTION IN INPATIENT/RESIDENTIAL TREATMENT PROGRAMS

Essex A/B, 3rd Floor

Sponsored by the Inpatient/Residential Treatment Special Interest Group

Moderator: Craig L. Johnson, PhD, Director of Eating Disorder Programs, Laureate Psychiatric Clinic and Hospital, Tulsa, OK, USA

Persistent body image distortion continues to be a predictor of poor outcome in the treatment of AN and BN. This is particularly true for patients treated in residential programs because they usually have more severe forms of these distortions. Four panelists from established treatment programs will present strategies that they use to treat body image distortion. These strategies include structured workbooks, process groups and experiential interventions such as movement, art and yoga/meditation therapy. Outcome results will also be presented. Panelist presentations will be brief to allow for audience discussion.

Rogers Memorial Experience with Treating Body Image Distortion

Ted Weltzin, MD, Director of Eating Disorder Programs, Rogers Memorial Hospital, Oconomowoc, WI, USA

This presentation will discuss strategies used by Rogers Memorial to address body image distortion and how these strategies alter the distortion as measured at admission and discharge.

Toronto General's Experience with Treating Body Image Distortion

D. Blake Woodside, MD, Director of Eating Disorder Program, Toronto General Hospital, Department of Psychiatry, Toronto, ON, Canada

This presentation will discuss strategies used by Toronto General Hospital to address body image distortion and how these strategies alter the distortion as measured at admission and discharge.

Remuda Ranch's Experience with Treating Body Image Distortion

Marian Eberly RN, CISW, DAPA, Clinical Director, Remuda Ranch, Wickenburg, AZ, USA

This presentation will discuss strategies used by Remuda Ranch to address body image distortion and how these strategies alter the distortion as measured at admission and discharge.

Laureate's Experience with Treating Body Image Distortion

Craig L. Johnson, PhD, Director of Eating Disorder Programs, Laureate Psychiatric Clinic and Hospital, Tulsa, OK, USA

This presentation will discuss strategies used by Laureate to address body image distortion and how these strategies alter the distortion as measured at admission and discharge.



ASSOCIATIONS BETWEEN BIOLOGICAL AND NEUROPSYCHOLOGICAL MARKERS IN EATING DISORDERS

Grand Ballroom I, 3rd Floor

Sponsored by the Neuropsychology Special Interest Group

Moderator: Kate Tchanturia, PhD, Institute of Psychiatry, King's College London, United Kingdom

Recent findings from different labs will be presented to address the relationship between neuropsychological and biological markers in eating disorders. Four short papers will be presented.

Associations between Cognitive Flexibility and Brain-Derived Neurotrophic Factor (BDNF) in Anorexia Nervosa

Michiko Nakazato, MD, PhD, Section of Eating Disorders, Institute of Psychiatry, London, United Kingdom

Neuropsychological studies of patients with anorexia nervosa (AN) have shown impaired cognitive flexibility, but little is known whether these deficits are associated with biological markers. Several lines of evidence suggest that Brain derived neurotrophic factor (BDNF) plays a role in the pathophysiology of eating disorders. This study assessed set shifting using a neuropsychological battery including the Wisconsin Card Sorting Test (WCST), in female patients with AN compared with healthy control group. BDNF levels in serum and plasma were measured. Patients with AN showed significantly more total errors, perseverative errors, non-perseverative errors in WCST and more significant errors in Catbat test. The significant correlation was found between the WCST total errors, perseverative errors and BMI (kg/m^2), min BMI (kg/m^2) in the AN group. Catbat errors significantly correlated with BMI (kg/m^2), minBMI (kg/m^2), Eating Disorders Examination Questionnaires (EDEQ) scores in the AN group. This findings suggest that patients with AN represent a specific cognitive impairment in set shifting task.

Differential Motivational Responses to Food and Pleasurable Cues in Anorexia and Bulimia Nervosa: A Startle Reflex Paradigm

Hans-Christoph Friederich, Department of Psychosomatic and General Internal Medicine, Heidelberg University, Heidelberg, Germany

Background. The aim of the present study was to investigate motivational processing of disorder-specific and standard emotional cues in anorexia (AN) and bulimia nervosa (BN) using Startle eyeblink modulation (SEM). SEM is sensitive to motivational states of approach (appetitive response) and withdrawal (aversive response), which are independent of conscious intentional control. **Method.** Acoustically elicited SEM and subjective anxiety ratings were measured in 30 female patients with an ED (n=15 AN, n=15 BN) and 30 female control subjects while they viewed ED-relevant stimuli (food, female bodies, body checking pictures) and standardized emotional pictures. **Results.** BN subjects showed an appetitive response (startle inhibition) to food relative to neutral cues that differed significantly from AN subjects. By contrast, self-reports indicated significantly increased anxiety related to food cues across both ED groups. To female body picture and body checking (relative to neutral) cues, no significant between-group differences were found for SEM. ED subjects unexpectedly showed an aversive response (startle potentiation) to positive cues, in contrast to controls, who showed the established startle attenuation. **Conclusions.** These preliminary results suggest that BN patients demonstrated an exaggerated appetitive response to food but not to standardized positive cues, whereas SEM in AN patients points to a generalized failure to activate the appetitive motivational system. Differences in motivational salience to food cues are in line with distinctions between AN and BN in eating behaviour and food consumption and support differential treatment requirements.

How People with Anorexia Make Decisions – Cross-Sectional Study Using Iowa Gambling Task

Kate Tchanturia, PhD, Institute of Psychiatry, King's College London, London, United Kingdom

Objective: To determine a) if decision making ability is impaired in anorexia nervosa (AN) and people with good recovery from AN; b) whether any impairment in decision making is associated with alterations in skin conductance responses (SCR). **Method:** Patients with AN (n=29), healthy controls (HC n=29), comparable in age and IQ, and women long term recovered from AN (n=14) completed the Iowa Gambling Task (IGT) during which time their SCR were measured. **Results:** AN participants performed poorly in the IGT compared to HC and to recovered AN participants. AN patients had decreased anticipatory SCR prior to choosing cards and reduced SCR after losses compared to HC. The IGT performance and the SCR of recovered AN participants did not differ from HC. **Conclusions:** Decision making is impaired in AN. It is associated with a significantly attenuated SCR. Neither of these features are found in recovered AN. The association between the impaired decision making ability and decreased autonomic response is consistent with the somatic marker hypothesis.

Altered fMRI Response to Reward and Taste Stimuli in Anorexia Nervosa

Walter H. Kaye, MD, FAED, University of Pittsburgh, School of Medicine, Department of Psychiatry, Western Psychiatric Institute and Clinic, Pittsburgh, PA and University of California, San Diego, Department of Psychiatry, La Jolla, CA, USA

Individuals with AN are often anhedonic and ascetic, do not seem interested in the normally rewarding aspects of life, and when ill, have a rather flat learning curve in terms of changing their behaviors. Recent studies have found evidence of altered dopamine (DA) function, a neurotransmitter system thought to play a role in goal directed behaviors, reward and motivation. Our laboratory has engaged in a series of brain imaging studies, using fMRI, that seeks to understand

response to salient stimuli in AN. We compared women who had recovered from restricting-type AN (one year normal weight, regular menstrual cycles, no bingeing or purging) were compared to healthy control women. The first study assessed neural responses to positive and negative feedback in AN, by using a simple monetary reward task. We found different responses in the anterior ventral striatum (AVS), the region most implicated in goal directed behaviors. This data suggests individuals with AN may have difficulty in discriminating positive and negative stimuli, and experience both as aversive. They may compensate by attempting to reduce stimuli, resulting in overcontrolled and ascetic behaviors. In a second study, fMRI was used to examine neural activation in primary (insula) and secondary (orbital frontal cortex) taste cortical regions after sucrose and water administration. Independent of condition, AN had a blunted response to sugar and water for insular regions compared to CW. Finally, insular neural activity correlated with pleasantness ratings in CW ($r=.65, p=.006$), but not in AN subjects. Together this data suggests AN have difficulties in discriminating salient stimuli. These findings may help understand difficulties in learning from experience.



USING MULTIMEDIA PROGRAMS TO EXPAND EATING DISORDER PREVENTION EFFORTS: ADVANCES AND FUTURE CHALLENGES

Grand Ballroom IV, 3rd Floor

Sponsored by the Prevention Special Interest Group

Moderator: Dianne Neumark-Sztainer, PhD, MPH, RD, FAED, Professor, Division of Epidemiology and Community Health, School of Public Health, University of Minnesota, Minneapolis, MN, USA

Recent research indicates that eating disorder prevention programs that are delivered via multimedia technology can significantly reduce eating disorder risk factors and the onset of new disorders. The purpose of this panel is to provide an overview of recently developed programs along with a discussion of both the advantages and challenges associated with multimedia eating disorders prevention. The programs discussed in this panel were developed by three independent labs in two countries (USA and Australia); these programs will be used as a starting point to stimulate a broader discussion of the opportunities and obstacles that multimedia technology offers the prevention community. Interaction with the audience and participant input will be a major focus of this panel discussion.

Multimedia Programs for Eating Disorder Prevention: Challenges and Opportunities

Debra L. Franko, PhD, FAED, Professor, Northeastern University, Department of Counseling and Applied Educational Psychology, Boston, MA, USA

With increasing access to computers and the Internet, eating disorder prevention programs have taken advantage of these opportunities and expanded into multimedia technology. The focus of this presentation will be to describe eating disorder prevention programs for adolescents and college students that utilize multimedia technology to reduce risk behaviors and increase healthy eating. Three programs will be highlighted: *Trouble on the Tightrope: In Search of Skateboard Sam*, an interactive online program focused on puberty education and body image concerns for early and middle adolescents; and *MyStudentbody.com_Nutrition and Food, Mood & Attitude*, two multimedia programs designed for college students. The use of technology offers a unique opportunity for health professionals to enhance their work by providing a tailored, interactive experience to address concerns related to eating disorder prevention. However, developing and implementing such programs can present challenges, several of which will be highlighted in this presentation. Some of these challenges include: (1) designing content that is interactive, developmentally-appropriate, and meets the intended goals of the program, while at

the same time providing a program that keeps the audience engaged; (2) implementing and evaluating programs in school and after-school settings; and (3) developing strategies for wider dissemination of prevention programs after the conclusion of research-based evaluations. The process of conducting three large randomized trials to test these programs will provide the basis for the key points highlighted in this presentation. The goal of this presentation is to illustrate how multimedia technology offers opportunities for decreasing eating disorder risk in a variety of settings and to highlight the multiple challenges involved when conducting this innovative work.

Prevention of Eating Disorders in At-Risk College-Age Women and Older Adolescents

C. Barr Taylor, MD, Professor, Stanford University, Department of Psychiatry and Behavioral Science, Stanford, CA, USA

The purpose of this presentation is to discuss results from a recently completed long-term prevention study and to discuss new challenges to preventive interventions with college students. The goal of the long-term study was to determine if an Internet-based psychosocial intervention can prevent the onset of eating disorders (EDs) in young women at risk for developing EDs. Four hundred and eighty college-age women in San Diego and the San Francisco Bay Area with high weight and shape concerns were randomized to an eight-week internet based intervention that included a moderated online discussion group or wait list control. Participants were followed for up to three years. There was a significant reduction in Weight Concern Scale (WCS) scores in the SB intervention group (*Student Bodies*) compared to the control group at post-intervention ($p < 0.001$), one year ($p < 0.001$) and two years ($p < 0.001$). The slope for reducing WCS was significantly greater in the treatment compared to the control group ($p = 0.023$). Over the course of follow-up, 43 participants developed subclinical or clinical EDs. While there was no overall significant difference in onset of EDs between intervention and control groups, the intervention significantly reduced the onset of EDs in two subgroups identified through moderator analyses: 1) participants with an elevated body mass index ($BMI \geq 25$) at baseline; and 2) at one site, participants with baseline compensatory behaviors (e.g. self-induced vomiting, laxative use, diuretic use, diet pill use, driven exercise). These two subgroups constituted about half the sample. The effects of weight and shape concerns have been replicated in a German population and the effectiveness of the program when used in other populations has also been examined. The presenter will also discuss challenges in adapting the program to young populations and discuss how the program might address comorbidity and high-risk college-age women.

Synchronous Online Group Body Image and Disordered Eating Intervention for Adolescent Girls: Making it Work

Susan J. Paxton, PhD, Professor, School of Psychological Science, La Trobe University, Melbourne, Victoria, Australia

We have successfully implemented a synchronous online group early intervention for adolescent girls, called *My Body, My Life*. The program consists of six, 90-minute group sessions facilitated by a guided self-help manual and a trained therapist. Sessions are conducted with groups of five-eight girls who log into a secure chat-room site at a specified time each week. Participants completed self-report assessments of body image, attitudes towards thinness and eating behaviors at baseline, post-intervention, two-month and six-month follow-up. Findings will briefly be reviewed. They provide support for the efficacy of the program. However, through delivery of the intervention we have learnt many things about the difficulties of implementation of such a program with adolescent girls using this technology and we have identified numerous possible solutions. Discussion of these issues will be the central focus of this presentation. They will include consideration of: (1) how to reach the target audience, (2) the essential role of an

assessment of self-harm behaviors, (3) issues of parental consent, (4) helpful risk management strategies, (5) can different types of body image and eating problems be addressed in one program, (6) learning chat-room communication, (7) focus on text rather than verbal/visual communication and therapist skills, (8) ways to minimize computer/technical problems that interfere with program delivery, and (9) strategies to facilitate attendance. Experience of participants will be drawn on to identify other challenges and solutions.



INTEGRATING INTERPERSONAL AND NEUROBIOLOGICAL PROCESSES IN THE TREATMENT OF EATING DISORDERS

Essex C, 4th Floor

Co-Sponsored by the Psychodynamic Psychotherapy Special Interest Group and the Neuroimaging Special Interest Group

Moderators: Judith Banker, MA, LLP, FAED, Chair, Psychodynamic Psychotherapy SIG, Executive Director, Center for Eating Disorders, Ann Arbor, MI, USA and Laird Birmingham, MD, Chair, Neuroimaging SIG, Professor and Director, Eating Disorders Programme, St. Paul's Hospital, University of British Columbia, Vancouver, BC, Canada

This interdisciplinary panel proposes that a truly integrative approach to eating disorder treatment takes in to account dynamic interpersonal and behavioral processes, as well as neurobiological processes. Presentations will address recent findings in the area of neurobiology that are relevant to the understanding and treatment of eating disorders. Panelists will address the integration of findings from the neurosciences in to the clinical psychodynamic, relational and behavioral treatment of eating disorders.

Psychobiological Perspectives of Eating Disorder Psychodynamics

Timothy Brewerton, MD, DFAPA, FAED, Clinical Professor of Psychiatry and Behavioral Sciences, Medical University of South Carolina, Charleston, SC, USA

The fields of biosociology, ethology and evolutionary psychiatry/psychology, which focus on how social context and hierarchical social relationships affect and interact with psychobiological systems, may illuminate psychodynamic and psychosomatic aspects of eating disorders (EDs). ED patients report high levels of submissive behaviors and a more unfavorable social comparison than controls. A sense of submissiveness and social defeat may be related to the onset and/or maintenance of EDs, which can be understood as attempts to increase social rank. Ultimately the ED strategy fails to foster a real sense of self-love and self worth, which is reflected in disturbed neuropsychobiology. This in turn may aggravate self-perceived alterations in social status.

Mind Over Matter? Self and Non-Self Imaging in Women with Anorexia Nervosa

Sloane Madden, PhD, Co-Chair, Neuroimaging Special Interest Group, Deputy Head of Department and Head of Eating Disorders, Children's Hospital of Westmead, Westmead, New South Wales, Australia

New findings in the area of brain imaging research show that the brain activity in anorexic patients is markedly suppressed when they see pictures of themselves. But their brains seem to fire normally when shown images of other women with the same wasting disease. The implications of these findings for understanding body image distortion in anorexia nervosa and directions for further research will be discussed.

Schemas in the Eating Disorders:

A Neurobiological Perspective

Glenn Waller, PhD, Eating Disorders Section, Institute of Psychiatry, King's College London, Vincent Square Clinic, Central and North-West London Mental Health NHS Trust, London, United Kingdom

From a psychological perspective, schemas are currently moving to centre stage in our understanding of the eating disorders. This presentation will address those dangers inherent in this development and will suggest a broader definition of the term "schema" that includes emotions, motivations, cognitive processes, behaviors, and physiology. Links from these elements to neurobiological phenomena will be outlined. A paradigm for an integrated approach to understanding schemas will be described. Based on Beck's schema-based model of personality and existing cognitive-behavioural methods, this paradigm provides a framework for clinical work with the core pathology of the eating disorders.

Blending Dynamics and Neuroscience: An Integrative Approach to the Treatment of Eating Disorders

Laura J. Weisberg, PhD, Co-Chair, Psychodynamic Psychotherapy SIG, Department of Psychiatry and Behavioral Sciences, Duke University Medical Center, Durham, NC, USA

Advances in the field of neurobiology and neuroimaging have provided us with greater documentation of the effects of early experience on the development of the brain. Recent efforts by Siegal, Shore, Fonagy and others to integrate these findings with advancements in the field of attachment theory have resulted in new insights into how psychotherapy may heal. This presentation will emphasize the clinical applications of what we are learning from the neurosciences to our work with eating disorder patients. Specifically, the importance of the therapeutic relationship and the role of self knowing in potentially changing neuronal pathways will be explored. The importance of opening our minds to a variety of psychotherapeutic methodologies also will be emphasized.

Interpersonal Neurobiology from a Relational-Cultural Perspective

Mary Tantillo, PhD, RN, CS, FAED, Clinical Associate Professor, Department of Psychiatry and Behavioral Health, University of Rochester School of Medicine, Rochester, NY, USA

Jean Baker Miller, a pioneer in the development of Relational-Cultural Theory (RCT), stated that hope lies in believing that one has or can move toward a sense of connection. Relational-Cultural Theory views eating disorders as diseases of disconnection. These disconnections have neurobiological as well as psychosocial causes and consequences that create and perpetuate a sense of disconnection from self and others. Through the use of clinical examples, this presentation describes how neurobiologically-based disconnections create and interact with disconnections experienced in an individual's environment. Implications for the therapeutic relationship are discussed with an emphasis on the challenges and strategies involved in fostering mutuality and psychological growth in connection with others.

3:30 – 5 p.m.

Kent A-C, 4th Floor

The Future of Eating Disorders Research: The AED/NIMH Travel Fellowship Awards

This special session highlights paper presentations from the recipients of the National Institute of Mental Health (NIMH) and AED travel fellowships. These papers represent high quality submissions from promising investigators in the field.

Chairs: Cynthia Bulik, PhD, FAED, William and Jeanne Jordan Distinguished Professor of Eating Disorders, Department of Psychiatry, University of North Carolina, Chapel Hill, NC, USA; Ruth Striegel-Moore, PhD, FAED, Walter A. Crowell University Professor of the Social Sciences, Wesleyan University, Middletown, CT, USA

5:30 – 7 p.m.

Grand Ballroom VII/VIII, 3rd Floor

Meet the Experts

Do you have specific questions that you would like to discuss with established experts in your field? Are you looking for consultation on clinical cases, practice issues or ethical dilemmas? Are you interested in developing or evaluating an intervention to treat or prevent eating disorders? Do you want advice on writing a grant application or publishing your work? This session offers an opportunity for informal discussion on these topics. AED fellows will guide the discussion and answer questions.

Roundtable discussions:

A. CLINICAL CASE MANAGEMENT

Ann Kearney-Cooke, PhD, FAED, Cincinnati Psychotherapy Institute, Cincinnati, OH, USA; James Mitchell, MD, FAED, Professor and Chair, University of North Dakota/Neuropsychiatric Research Institute, Fargo, ND, USA

B. GENES AND PATHOPHYSIOLOGY

Cynthia Bulik, PhD, FAED, William and Jeanne Jordan Distinguished Professor of Eating Disorders, Department of Psychiatry, University of North Carolina, Chapel Hill, NC, USA; Walter H. Kaye, MD, FAED, University of Pittsburgh, School of Medicine, Department of Psychiatry, Western Psychiatric Institute and Clinic, Pittsburgh, PA, USA and University of California, San Diego, Department of Psychiatry, La Jolla, CA, USA

C. GETTING FUNDED

Mark Chavez, PhD, Chief of the Eating, Mood and Sleep Disorders Programs, Chief of the Side Effects of Psychiatric Therapeutics Program, Associate Director for Research Training and Career Development Programs, Division of Adult Translational Research and Treatment Development, National Institute of Mental Health, National Institutes of Health, Bethesda, MD, USA; Janet Treasure, PhD, FRCP, FRCPsych, Guy's Hospital, London, United Kingdom

D. GETTING PUBLISHED

Ulrike Schmidt, MD, PhD, Consulting Psychiatrist, Maudsley Hospital, Eating Disorders Unit, London, United Kingdom; Michael Strober, PhD, FAED, UCLA Semel Institute for Neuroscience, Los Angeles, California, USA

E. MANAGING CHILDREN AND ADOLESCENTS

James Lock, MD, PhD, FAED, Stanford University School of Medicine, Stanford, CA; Nancy Zucker, PhD, Duke University Medical Center, Department of Psychiatry and Behavioral Sciences, Durham, NC, USA

F. MEDICAL COMPLICATIONS

Scott Crow, MD, FAED, University of Minnesota, Department of Psychiatry, Minneapolis, MN, USA; Debra Katzman, MD, FAED, Hospital for Sick Children, Division of Adolescent Medicine, Toronto, ON, Canada

G. NUTRITION AND OBESITY

Alison Field, ScD, FAED, Children's Hospital Boston, Department of Adolescent Medicine, Boston, MA, USA; Allan Geliebter, PhD, Columbia University/St. Luke's Hospital, New York Obesity Research Center, New York, NY, USA

H. PREVENTION

Dianne Neumark-Sztainer, PhD, MPH, RD, FAED, Professor, Division of Epidemiology and Community Health, School of Public Health, University of Minnesota, Minneapolis, MN, USA; Susan Paxton, PhD, Professor, School of Psychological Science, La Trobe University, Melbourne, Victoria, Australia

Saturday, May 5

7:30 – 8 a.m. Grand Ballroom V/VI, 3rd Floor

Breakfast with the Exhibitors

7:30 a.m. – 6 p.m. Grand Ballroom Rotunda and Foyer, 3rd Floor

Registration

7:30 a.m. – 4 p.m. Boardroom, 3rd Floor

Speaker Ready Room

7:30 a.m. – 4 p.m. Grand Ballroom V/VI, 3rd Floor

Poster Viewing/Exhibit Hall Open

7:30 – 9:30 a.m. Harborside Ballroom D/E, 4th Floor

World Summit Session

(light breakfast will be served)

Chair: Paulo Machado, PhD, FAED, Universidade do Minho, Departamento de Psicologia, Braga, Portugal

World Summit Task Force

Judith Banker, LLP, MA, FAED; Scott Crow, MD, FAED; Jan Cullis; Kelly Klump, PhD, FAED; Paulo Machado, PhD, FAED; Susan Ringwood; Eric F. van Furth, PhD, FAED; Ulrike Schmidt, MD, PhD; Grainne Smith; Kathryn Westin; Rose Zohs

This session will build on the 2006 launch of the first International Patients' Charter for people with eating disorders and their families and loved ones. This document, drawn from the survey responses of eating disorder professionals, patient/carers and other stakeholders from six continents, details what people around the world should be able to expect in terms of current treatment and services and will also provide a vision for how eating disorder care should develop over the next few decades. This year's AED World Summit Session focuses on the theme of building a strong and effective partnership between professionals and patient/carers around the globe. All conference attendees are invited to participate in what promises to be an exciting, one-of-a-kind roundtable discussion addressing critical regional issues related to the quality and accessibility of eating disorder treatment, education and research. Join us as we move forward in this exciting worldwide collaboration.

8 – 9 a.m. Kent A–C, 4th Floor

Special Interest Group (SIG) Follow-Up Meetings

This time period is reserved for Special Interest Groups requiring follow-up time to close out SIG annual meeting discussions.

9:30 – 10 a.m. Grand Ballroom V/VI, 3rd Floor

Refreshment Break

10 – 10:15 a.m. Harborside Ballroom A-C, 4th Floor

AED President's Remarks

Eric van Furth, PhD, FAED, National Center for Eating Disorders, Leidschendam, The Netherlands

10:15 a.m. – 12:15 p.m. Harborside Ballroom A-C, 4th Floor

Plenary Session III:

Together We Are Stronger: Working with Carers

Chairs: Simon Gowers, MD, Professor of Adolescent Psychiatry, University of Liverpool, Cheshire and Merseyside Eating Disorder Service for Adolescents, Cheshire, United Kingdom and Susan Ringwood, Chief Executive Officer, Eating Disorders Association, Norwich, United Kingdom

This session will focus on the role of informal carers, i.e. family members and partners in the treatment of people with eating disorders of all ages. Whilst in the treatment of adolescents with eating disorders it is widely accepted that families have an important role to play in the recovery of the person with the eating disorder, this is not the case in the treatment of adults with eating disorders. Here service providers are all too ready to ignore the family and to focus only on the individual on the grounds of patient confidentiality. This workshop will bring together carers and experts on carer research and eating disorders to present and discuss new ways in which carers and service providers can work together to support the person with the eating disorders effectively.

Working with Carers of People with Mental Health Problems

George Szmulker, Institute of Psychiatry, London, United Kingdom

Working with Carers of Adolescents with Eating Disorders: Use of Multi-Family Group Therapy to Support Carers

Ivan Eisler, PhD, CPsychol, AcSS, Institute of Psychiatry, London, United Kingdom

Working with Carers of Adults with Eating Disorders

Janet Treasure, PhD, FRCP, FRCPsych, Guy's Hospital, London, United Kingdom

Patient and Carers' Perspective

Laura Collins, Member of MaudsleyParents.org, Northern Virginia, USA; Joan Riederer, National Eating Disorders Association Parent Family Network Committee Member, Milwaukee, WI, USA

12:15 – 2 p.m. Harborside Ballroom D/E, 4th Floor

Awards Luncheon and Business Meeting

2 – 3:30 p.m.

Workshop Session III



BIOLOGICAL, NEUROLOGICAL AND CLINICAL ASPECTS MAY CONDITION THE RESPONSES TO TREATMENTS OF EATING DISORDERS?

Grand Ballroom II, 3rd Floor

Francesca Brambilla, Professor of Psychiatry, Consultant, Sacco Hospital, Department Psychiatry, Milano, Italy; Palmiero Monteleone, Professor of Psychiatry, Head Department Psychiatry, Naples University II Psychiatric Institute, Naples, Italy; Angela Favaro, MD, Resident, Department Psychiatry Padova University, Padova, Italy; Walter H. Kaye, Professor of Psychiatry, Head of Anorexia and Bulimia Nervosa Research Program, Western Psychiatric Institute, Pittsburgh PA, USA

Treatments of ED with psychotherapy, pharmacotherapy and nutrition may be unsuccessful because patients drop out or do not respond to treatments. Aim of this workshop is to present data on the genetic, neurological and biological pathologies possibly responsible for the therapeutic failures and to propose new lines of investigations. Monteleone investigated genetic vulnerability with control association studies of genes coding for proteins involved in eating behavior (ghrelin, BDNF, serotonin transporter) and found that they are not major determinants of biological vulnerability to ED, but confer a susceptibility to certain psychopathological and nutritional aspects and influence responses to drug therapy. Favaro studying the role of perinatal complications in AN and BN for a neurological-developmental hypothesis of the diseases and for impact on therapeutic results, found a significant negative influence of obstetric complications on symptom improvements at the treatment end. Brambilla treating anorexics with the DA receptor inhibitor olanzapine or with the SSRI fluoxetine to putatively correct the altered DA and 5-HT activities found significant biological and psychological improvements, but without correlations between the two phenomena. Kaye using PET with specific radioligands for 5-HT and DA functions in recovered AN and BN found elevated 5-HT transporter in restrictor AN and reduced in bulimic AN, and elevated DA D2 receptor activity in the anteroventral striatum, the "reward" center, in restricted AN. Significant correlations were found between 5-HT and DA receptor activity and responses to positive-negative stimuli, novelty seeking, self control, anxiety and harm avoidance, reflecting complex 5-HT-DA pathways dysregulation, which may shed light on understanding specific symptoms (inflexibility, rigidity, disregards of normal rewards in AN, unstable mood, impulse control in BN) and provide insight into ED medications.



ALIENATING PATIENTS FROM THE "ANOREXIC SELF": EXTERNALIZATION AND ALTERNATIVE STRATEGIES

Harborside Ballroom A-C, 4th Floor

Kelly Vitousek, PhD, Associate Professor, University of Hawaii, Honolulu, HI, USA

In recent years, many clinicians have adopted the practice of characterizing anorexia nervosa as a separate entity that can be contrasted with the individual's "real," "true" or "healthy" self. Diverse treatment approaches such as narrative therapy, family therapy and solution-focused therapy have advocated using the construct in different ways to further a variety of goals. These include shifting the patient's perspective on egosyntonic symptoms; turning patient and therapist into allies against a common opponent; deflecting blame; and disinhibiting parents to "take charge" of their child's disorder. At the same time, there are grounds for concern about invoking a separate Anorexic Self in psychotherapy, including the risks that we may invalidate the patient's private experience, fail to recognize consonance between symptoms and stable aspects of the self, substitute caricatures for more complex realities and/or diminish the individual's sense of auton-

omy and personal responsibility. Before the device becomes a standard element in treatment, we should consider the full range of possible consequences -- including the potential for misuse by professionals, parents and patients. This workshop will outline conceptual and clinical arguments for and against the use of externalization. Suggestions for preserving putative benefits while minimizing risks will be proposed, and alternative techniques for achieving the same objectives discussed. Participants will be encouraged to contribute their own experiences and perspectives.



ADVANCED TECHNOLOGICAL TOOLS FOR EATING DISORDER TREATMENT AND RESEARCH

Essex A/B, 4th Floor

Stephanie Bauer, PhD, Postdoctoral Fellow, University of Heidelberg, Heidelberg, Germany; Hans Kordy, PhD, Head of Department, University of Heidelberg, Heidelberg, Germany; Markus Moessner, Dipl Psych, Research Assistant, University of Heidelberg, Heidelberg, Germany; Markus Wolf, Dipl Psych, Research Assistant, University of Heidelberg, Heidelberg, Germany

Several types of intervention approaches have been developed and tested to explore the feasibility and effectiveness of new technologies for the treatment of eating disorders (ED). Such IT-based approaches have been implemented at different stages of the treatment process (e.g. prevention, self-help, treatment support, relapse prevention) and take advantage of different media (e.g. Internet, Email, text messaging). Newer approaches also acknowledge that not all ED patients require the same type and intensity of treatment and suggest individually tailored stepped care strategies to optimize the match between patients' needs and the type, intensity and duration of care. In addition to the potential of these developments for clinical routine, the data collected when using E-health tools open new possibilities for research on ED: The computer-assisted assessment of patients' health status and the continuous monitoring of symptoms provide longitudinal data at reasonable time and cost and promise new insights in the course of ED. Furthermore, the written material automatically collected e.g. in Email- or Chatroom-based interventions, allows for the analysis of language and communication characteristics of ED patients. The aims of this workshop are twofold: 1. The introduction of three IT-based programs for different steps of ED treatment (a group-therapy approach using Internet chat-technology, a relapse prevention program using text messaging and an Internet-based prevention and early intervention program). 2. The illustration of innovative methods for the analysis of text material collected with E-health tools in ED patients (linguistic fingerprints and interaction patterns). Illustrated with clinical examples and software demonstrations, the potential of such approaches for the optimization of care for ED patients will be discussed.



DO RESEARCH FINDINGS APPLY TO CLINICAL PRACTICE?

Grand Ballroom X, 3rd Floor

Laurel Mayer, MD, Psychiatrist, New York State Psychiatric Institute/Columbia University, New York, NY, USA; Evelyn Attia, MD, Associate Clinical Professor of Psychiatry, Columbia University/New York State Psychiatric Institute, New York, NY, USA; B. Timothy Walsh, MD, William and Joy Ruane Professor of Psychiatry, Columbia University/New York State Psychiatric Institute, New York, NY, USA; Joanna Steinglass, MD, Assistant Professor of Clinical Psychiatry, Columbia University/New York State Psychiatric Institute, New York, NY, USA; Angela Guarda, MD, Assistant Professor of Clinical Psychiatry, Johns Hopkins University, Baltimore, MD, USA

Evidence-based medicine is emerging as the current standard for healthcare practice and rigorous scientific study is the approach used to determine the "evidence." However, clinicians have long felt that

strictly applied research design limits the applicability of research findings to "real world" clinical samples. Random treatment assignment, narrowly defined samples and standardized definitions of treatment success are often touted as only partially relevant to clinicians and their samples of patients who may present with sub-clinical syndromes, atypical features or comorbidities. The goal is to engage clinicians and academic clinical researchers in a dialogue about the relevance of treatment research to clinical practice. Research results from four recent studies will be presented and the relevance to clinical practice will be discussed.



TURBULENCE, TROUBLE, THREAT: TEAMS GET IN A MESS

Essex C, 4th Floor

Julie McCormack, MSc, Specialist Clinical Psychologist, Eating Disorder Program, Perth, Australia; Julie Potts, BSc, Program Manager, Eating Disorders Program, Perth, Australia; Ana Kristina Skrapac, BSc, Dietician, Eating Disorder Program, Perth, Australia

This workshop will review current perspectives within the eating disorders field relating to professional practices and relationships (eg. Geller, Lacey etc). We will debate the premise that outcomes for patients are directly related to the team functioning, communication and values. We will provide an overview of possible threats to professional relationships and the ways in which communication and decision-making can 'get in a mess'. The metaphor of "team as culture" will be introduced to enable a common language to explore these workshop themes. A small group exercise will be used to facilitate exploration of possible effects for professionals, clients and families when professional relationships are under threat. The presenters and the audience will workshop a range of helpful responses to the challenges that teams experience, with consideration of local context. These issues will then be reviewed from systemic and cultural theoretical perspectives, including a discussion of the cultural practices implicated in anorexia nervosa and possible ways in which services can revision professional relationships to partake less in practices that invite eating disorders. The concluding discussion will address ways in which teams can develop "team cultures and practices" that are resilient to threat and assist professionals negotiate turbulence and other troubles.



EMOTION-FOCUSED FAMILY THERAPY: A NOVEL THERAPEUTIC APPROACH FOR EATING DISORDERS

Grand Ballroom I, 3rd Floor

Gina Dimitropoulos, MSW, Social Worker, University Health Network, Toronto General Hospital, Toronto, ON, Canada; Joanne Dolhanty, PhD, Psychologist, Credit Valley Hospital, Mississauga, ON, Canada

Emotion-focused therapy is based on exploration and reprocessing of feelings with the ultimate aim of learning to challenge dysfunctional emotional responses. Given the success of this approach in individual therapy, we propose that this model can be effectively applied to family therapy with both adolescents and adults. In eating disorders, there is a rich body of literature on the importance of working with families and therefore this model seems particularly applicable to this population. In this workshop we will introduce principles and techniques from emotion-focused therapy as applied to family dyads, triads and whole families. The aim will be for participants to learn the basic principles and techniques of emotion-focused therapy as applied to families, to learn to identify the markers for when to use this approach, and to receive introductory instruction in using the techniques of emotion-focused therapy in their practice with families of individuals with eating disorders. Presenters will provide an introduction to the basic principles of emotion-focused therapy and a rationale for its application to

the treatment of eating disorders, compare and contrast other family therapy approaches (e.g. systemic therapy) with emotion-focused therapy as applied to families and will also discuss the role of the emotion-focused therapist when working with families. Presenters will then provide specific discussion and examples of techniques applied to families of both adolescent and adult ages. Participants in the workshop will learn skills designed to facilitate the evocation, expression and transformation of emotions within families. Interventions will be illustrated using in vivo demonstrations and video vignettes. During this workshop, active audience participation will be encouraged including the opportunity to share experiences in working with families in whom this approach could be applied.



MUSIC INSPIRES HEALTH: MULTIMEDIA STRATEGIES, MUSIC CELEBRITIES AND EATING DISORDERS

Grand Ballroom IV, 3rd Floor

Benjamin Levy, III, BA Music, Executive Director, Emory University School of Medicine/Music Inspires Health Initiative, Inc., Atlanta, GA, USA; Michael Devlin, MD, Associate Professor of Clinical Psychiatry, Columbia University College of Physicians and Surgeons, New York City, NY, USA; Catherine O'Connor, BA, Assistant Producer, Emory University School of Public Health, Atlanta, GA, USA

Music Inspires Health Initiative is a new national health education program teaming up music celebrities with medical students, college health professionals, high school counselors, physicians and public health experts in a collaborative effort to teach high school and college students about age-relevant health issues. Our programs teach about eating disorders, depression, HIV/STD prevention, smoking prevention, obesity and alcohol abuse. We will present our plans for a 2007-2008 national health education concert tour stopping at colleges, high schools and major venues around the country. Innovative uses of entertainment multimedia, celebrities and viral/social networking in health education campaigns will be presented. We will teach the audience about effective uses of flash animation, streaming audio, compressed video health education messages and podcasts in health education. Presenters include a previous associate producer for the celebrity television program "Entertainment Tonight," who will discuss ways that eating disorder programs can attempt to influence the television industry's portrayal of body image. We will also present ways that health education programs can convince celebrities to join campaigns, as well as ways that the Music Inspires Health Initiative is influencing college student awareness of eating disorders. Feedback from college focus groups aimed at our program development will be discussed. We will also present plans for a national poster campaign and multimedia Web site. During the last 30 minutes, we will engage the audience in a brainstorming session to develop ideas for two additional videos that we will produce on eating disorders next summer with students and professors from the Savannah College of Art and Design.



INTRODUCTION TO THERAPEUTIC APPROACHES TO ADOLESCENT BULIMIA: MANUALIZED FAMILY-BASED TREATMENT AND COGNITIVE-BEHAVIORAL TREATMENT

Grand Ballroom VII/VIII, 3rd Floor

James Lock, MD, PhD, Associate Professor, Stanford University, Stanford, CA, USA; Daniel le Grange, PhD, Associate Professor, The University of Chicago, Chicago, IL, USA

Adult treatments for BN suggest that CBT is the first line approach. Recent studies demonstrate that CBT-Adolescent version (CBT-A) can be adapted for adolescents with BN with similar outcomes. CBT-A is a modified version of the method originally developed by Fairburn. CBT-A is an individually-based therapy that uses 20 sessions involving

three major therapeutic stages over six months. Modifications for adolescents include: 1) increased contact of therapist early treatment to promote therapeutic alliance; 2) involvement of parents in supporting the CBT; 3) use of concrete examples; and 4) exploration of adolescent developmental issues. In contrast, Family-Based Therapy for BN (FBT-BN) shares many characteristics with the original Maudsley family treatment model. Parental guilt about having possibly caused the illness and anxiety about how best to proceed further disable them. FBT-BN is agnostic as to the cause of BN, but assumes that the usual progress through adolescence is negatively affected by the disorder. To target these problems, FBT-BN employs a 20-session and three-stage treatment involving the whole family. Treatment aims at empowering families and parents in particular to develop strategies to engage with the adolescent in attempts to disrupt binge eating, purging, restrictive dieting and any other pathologic weight control behaviors. It also aims to externalize and separate the disordered behaviors from the affected adolescent. Once abstinence from disordered eating and related behaviors has been achieved, the second stage of treatment begins wherein parents transition control overeating and weight-related issues back to the adolescent. The third stage is focused on the ways the family can help to address the effects of bulimia on adolescent developmental processes. In addition to clinical cases, recent data from a large case series that employed manualized CBT-A, as well as a randomized clinical trial that used manualized FBT-BN, will be discussed.



WHERE TRAUMA AND EATING DISORDERS INTERSECT: RESEARCH, CLINICAL IMPLICATIONS AND STRATEGIES FOR TREATMENT OF SEQUELA ARISING FROM PHYSICAL, SEXUAL AND EMOTIONAL VIOLENCE AMONG ADULTS AND YOUTH

Grand Ballroom III, 3rd Floor

Diann Ackard, PhD, Licensed Psychologist, Private Practice, Golden Valley, MN, USA; Timothy Brewerton, MD, Clinical Professor of Psychiatry and Behavioral Sciences, Medical University of South Carolina, Mt. Pleasant, SC, USA

This workshop addresses the background research, clinical implications and strategies for treatment of psychopathology resulting from the physical, sexual, and emotional (e.g., bullying, teasing) traumas among patients with eating disturbances. In the first part of this workshop, the presenters will define trauma for use in research and clinical assessment, and discuss traumas as significant but nonspecific risk factors for eating disturbances in populations of youth and adults. An overview of the extant research between victimization, eating disorders and subsequent PTSD, mood disturbances, substance use, suicidal thoughts and/or attempts and related pathologies will be presented using clinical, epidemiological and forensic samples. Next, the presenters will briefly discuss the theories on the possible mechanisms underlying the link between victimization and disordered eating behaviors and attitudes will be discussed. Third, the presenters will address complex clinical issues, such as distorted cognitions and food texture avoidance, among victimized individuals with eating disturbances, and demonstrate practical strategies for treatment through case studies and didactic exercises. Treatment strategies provided are based in cognitive-behavioral (CBT), graded exposure/response prevention (ERP), interpersonal (IPT) and dialectical-behavioral (DBT) theory applications. Finally, the workshop will include opportunities for questions and discussion on topics relevant to trauma and eating disturbances.



WHERE DO I GO FROM HERE? DIRECTIONS IN THE CAREER DEVELOPMENT OF NEW PROFESSIONALS

Grand Ballroom IX, 3rd Floor

Sponsored by the New Investigators Special Interest Group



Marci Gluck, PhD, Research Clinical Psychologist, National Institute of Diabetes and Digestive and Kidney Diseases, Phoenix, AZ, USA; Jennifer Boisvert, PhD, Educational Consultant/Psychometrician, Educational Counseling and Support Services, Edmonton, AB, Canada; Catherine Steiner-Adair, EdD, Clinical and Consulting Psychologist, Harvard Medical School/McLean Hospital, Chestnut Hill, MA, USA; Mark Chavez, PhD, Chief of the Eating, Mood and Sleep Disorders Programs, Chief of the Side Effects of Psychiatric Therapeutics Program, Associate Director for Research Training and Career Development Programs, Division of Adult Translational Research and Treatment Development, National Institute of Mental Health, National Institutes of Health, Bethesda, MD, USA; Joshua I. Hrabosky, PsyD, Yale University School of Medicine, New Haven, CT, USA; Ruth Striegel-Moore, PhD, Professor, Wesleyan University, Middletown, CT, USA

As new professionals, some know what they want to achieve in their career but don't know how to get there. For others, even knowing what type of career path they want to take would be a step in the right direction. Nonetheless, for many new professionals, whether a senior graduate student, postdoctoral fellow or junior faculty member, many questions likely exist about their career options and the most effective steps and strategies to take in their career development. The purpose of this session is to help individuals in the earlier stages of their career learn important keys and strategies to successful career development, as well as to determine effective ways to negotiate and balance personal and professional interests and responsibilities. Panelists consist of professionals from different disciplines whose careers fall across the academic-clinical continuum. They will discuss their experiences in their own career development and provide suggestions in establishing and maintaining a successful career. They will review a wide variety of available professional opportunities and discuss how to get started in these various career paths. Topics to be covered include where to begin in the grant-writing process; how to attain licensure; how to organize your time and activities for tenure; how to establish a career in nonacademic settings (e.g., private clinical practice); how to balance research, teaching/training and/or clinical practice; and how to remain active in professional activities and organizations.



WHAT'S AGE GOT TO DO WITH IT? ADULT WOMEN, EATING DISORDERS AND BODY IMAGE DESPAIR

Kent A-C, 4th Floor

Margo Maine, PhD, Psychologist, Maine & Weinstein Specialty Group, West Hartford, CT, USA

Eating disorders represent a major threat to the health, well-being, and status of contemporary women across the globe. In previous generations, satisfaction with bodies increased with age, but today 65 percent of midlife women express significant body distress and weight preoccupation. Increasingly, adult women suffer from clinical and sub-clinical eating disorders, despite prevailing beliefs that these conditions only affect the young. This workshop summarizes the data available regarding the extent of eating disorders, body image distress and disordered eating in adult women. It identifies three distinct patterns of symptom development: women who suffered these problems at a younger age but recovered to relapse later in life; those with chronic issues throughout their lives; and those who develop symptoms for the first time as adult women. Contributing stressors include the physiological issues as women's bodies mature and experience hormonal shifts through pregnancies, fertility problems and menopause, all of which are associated with weight gain. The multiple role transitions

and losses of adulthood also may lead women to revert to focusing on the body as a misguided way to deal with issues of aging. Women today experience unprecedented attention to their bodies and appearance, and have few role models to emulate or sources of wisdom to guide their attempts to manage these pressures. Lacking other coping mechanisms, they mistakenly accept the body myth that controlling their weight, shape, and eating, will answer their deeper questions, needs, and appetites. Case material, unique clinical issues and implications for professional training, outreach, prevention and public policy will also be discussed. Ample time for audience involvement, experiential learning and discussion will be provided throughout the presentation.

3:30 – 4 p.m. Grand Ballroom V/VI, 3rd Floor

Refreshment Break

4 – 6 p.m. Grand Ballroom V/VI, 3rd Floor

Exhibitor/Poster Presenter Dismantle

4 – 6 p.m. Harborside A-C, 4th Floor

Plenary Session IV:

New Treatment Approaches to Eating Disorders: From Research Studies to Clinical Practice

Chairs: Debra L. Franko, PhD, FAED, Professor, Northeastern University, Department of Counseling and Applied Educational Psychology, Boston, MA, USA and Pamela K. Keel, PhD, FAED, The University of Iowa, Department of Psychology, Iowa City, IA, USA

This plenary session will highlight new and innovative treatment approaches presented by scholars within the field of eating disorders. With presentations that focus on the therapeutic relationship, integration of cognition and affect, and a transdiagnostic approach to treatment, the speakers will present data on novel interventions to treat eating disorders. Discussion by a seasoned clinician will center on how findings may impact clinical practice.

Integrative Cognitive Affective Therapy for Bulimia Nervosa: Preliminary Findings

Stephen Wonderlich, PhD, FAED, University of North Dakota School of Medicine and Health Sciences, Fargo, ND, USA

Relationship Ingredients that Enhance Change

Josie Geller, PhD, University of British Columbia, Vancouver, BC, Canada

Transdiagnostic Cognitive Behavior Therapy: Effects and Significance

Christopher G. Fairburn, DM, FRCPsych, FMedSci, Oxford University, Department of Psychiatry, Oxford, United Kingdom

Discussant

Judith Banker, MA, LLP, FAED, Center for Eating Disorders, Ann Arbor, MI, USA

7:30 – 10 p.m. Harborside Ballroom A/B, 4th Floor

Closing Social Event

- Regine M. Talleyrand Abrams, PhD, Assistant Professor, George Mason University, Fairfax, VA, USA
- Diann M. Ackard, PhD, FAED, Licensed Psychologist, Private Practice, Golden Valley, MN, USA
- Kelly Allison, PhD, Postdoctoral Researcher, University of Pennsylvania, Philadelphia, PA, USA
- Evelyn Attia, MD, Associate Clinical Professor of Psychiatry, Columbia University/New York State Psychiatric Institute, New York, NY, USA
- Bryn Austin, ScD, Division of Adolescent and Young Adult Medicine, Children's Hospital and Department of Society, Human Development and Health, Harvard School of Public Health, Boston, MA, USA
- Rachel Bachner-Melman, MA, Psychology, Hebrew University of Jerusalem and Psychiatry, Hadassah University Medical Center, Jerusalem, Israel
- Judith Banker, MA, LLP, FAED, Psychodynamic Psychotherapy Special Interest Group Chair, Center for Eating Disorders, Ann Arbor, MI, USA
- Armando Barriguete, MD, FAED, Departamento Neurología y Psiquiatría, INNSZ, Mexico DF, Mexico
- Stephanie Bauer, PhD, Postdoctoral Fellow, University of Heidelberg, Heidelberg, Germany
- Anne Becker, PhD, MD, ScM, Director, Eating Disorders Clinical and Research Program, Massachusetts General Hospital, Boston, MA, USA
- Carolyn Black Becker, PhD, Trinity University, Department of Psychology, San Antonio, TX, USA
- Ovidio Bermudez, MD, FAED, Laureate Psychiatric Clinic and Hospital, Tulsa, OK, USA
- Laird Birmingham, MD, Chair, Neuroimaging SIG, Professor and Director, Eating Disorders Program, St. Paul's Hospital, University of British Columbia, Vancouver, BC, Canada
- Linda Blackman, MSSW, LCSW-C, Family and Individual Therapist, Washington Center for Eating Disorders and Adolescent Obesity, Bethesda, MD, USA
- Josie Bodenstein, MSW, Inpatient/Partial Hospital Program Social Worker, The Johns Hopkins Hospital, Baltimore, MD, USA
- Jennifer Boisvert, PhD, Educational Consultant/Psychometrician, Educational Counseling and Support Services, Edmonton, AB, Canada
- Wayne Bowers, PhD, FAED, Professor, Department of Psychiatry, University of Iowa, Iowa City, IA, USA
- Francesca Brambilla, Professor of Psychiatry, Consultant, Sacco Hospital, Department of Psychiatry, Milano, Italy
- Timothy Brewerton, MD, FAED, Clinical Professor of Psychiatry and Behavioral Sciences, Medical University of South Carolina, Mt. Pleasant, SC, USA
- Annick Buchholz, PhD, Children's Hospital of Eastern Ontario Research Institute, Ottawa, ON, Canada
- Cynthia Bulik, PhD, FAED, William and Jeanne Jordan Distinguished Professor of Eating Disorders, Department of Psychiatry, University of North Carolina, Chapel Hill, NC, USA
- Xochitl Castañeda, MA, Director, The California-Mexico Health Initiative, University of California, Office of the President, Berkeley, California, USA
- Mark Chavez, PhD, Chief of the Eating, Mood and Sleep Disorders Programs, Chief of the Side Effects of Psychiatric Therapeutics Program, Associate Director for Research Training and Career Development Programs, Division of Adult Translational Research and Treatment Development, National Institute of Mental Health, National Institutes of Health, Bethesda, MD, USA
- Jeanine Cogan, PhD, Policy Director, Eating Disorders Coalition, Washington, DC, USA
- Emma Corstorphine, DCLinPsy, Clinical Psychologist, St. George's Eating Disorder Service, London, United Kingdom
- Jennifer A. Crichton, MS, Department of Psychology, University of New Mexico, Albuquerque, NM, USA
- Laura Collins, Member of MaudsleyParents.org, Northern Virginia, USA
- Jenny Conviser, PsyD, Co-Director, Insight: Eating Disorders, Weight Management & General Psychological Services, Skokie, IL, USA
- Myra Cooper, DPhil, Senior Research Tutor, Oxford University, Oxford, United Kingdom
- Ross D. Crosby, PhD, Neuropsychiatric Research Institute, Fargo, ND, USA
- Scott Crow, MD, FAED, University of Minnesota, Department of Psychiatry, Minneapolis, MN, USA
- Caroline Davis, PhD, Professor of Psychology, Department of Kinesiology and Health Science, York University, Toronto, ON, Canada
- Michael Devlin, MD, FAED, Associate Professor, Clinical Psychiatry, Columbia University/New York State Psychiatric Institute, New York, NY, USA
- Carlo Di Clemente, PhD, Professor, Department of Psychology, University of Maryland, Baltimore, MD, USA
- Gina Dimitropoulos, MSW, Social Worker, University Health Network, Toronto General Hospital, Toronto, ON, Canada
- Joanne Dolhanty, PhD, Psychologist, Credit Valley Hospital, Mississauga, ON, Canada
- Marian Eberly, RN, CISW, DAPA, Clinical Director, Remuda Ranch, Wickenburg, AZ, USA
- Anthony Edelblute, MA, Music Therapist, The Children's Hospital Denver, Denver, CO, USA
- Ivan Eisler, PhD, CPsychol, AcSS, Institute of Psychiatry, London, United Kingdom
- Christopher G. Fairburn, DM, FRCPsych, FMedSci, Oxford University, Department of Psychiatry, Oxford, United Kingdom
- Patricia Fallon, PhD, FAED, University of Washington, Private Practice, Seattle, WA, USA
- Angela Favaro, MD, Resident, Department of Psychiatry, Padoua University, Padoua, Italy
- Manuela Ferrari, MSc, Graduate Student, Hospital for Sick Children, Toronto, ON, Canada
- Alison Field, ScD, FAED, Children's Hospital Boston, Department of Adolescent Medicine, Boston, MA, USA
- Debra L. Franko, PhD, FAED, Professor, Northeastern University, Department of Counseling and Applied Educational Psychology, Boston, MA, USA
- Hans-Christoph Friederich, Department of Psychosomatic and General Internal Medicine, Heidelberg University, Heidelberg, Germany
- Allan Geliebter, PhD, Columbia University/St. Luke's Hospital, New York Obesity Research Center, New York, NY, USA
- Josie Geller, PhD, University of British Columbia, Vancouver, BC, Canada
- Juanita Gempeler, CBT, Clinical Psychologist, Scientific Director, Equilibrio, Eating Disorders Program, Bogota, Colombia
- Marci E. Gluck, PhD, Research Clinical Psychologist, National Institute of Diabetes and Digestive and Kidney Diseases, Phoenix, AZ, USA
- Andrea Goldschmidt, MA, Doctoral Candidate, Washington University, St. Louis, MO, USA
- Simon Gowers, MD, Professor of Adolescent Psychiatry, University of Liverpool, Cheshire and Merseyside Eating Disorder Service for Adolescents, Cheshire, United Kingdom
- Angela Guarda, MD, Assistant Professor of Clinical Psychiatry, Johns Hopkins University, Baltimore, MD, USA
- Angela S. Guarda, MD, Director, Johns Hopkins Eating Disorders Program, Assistant Professor Psychiatry, Johns Hopkins University School of Medicine, Baltimore, MD, USA
- Joanne Gusella, PhD, Psychologist, IWK Health Centre, Halifax, NS, Canada
- Jennifer Hagman, MD, Program Director, The Children's Hospital Denver, Denver, CO, USA
- Jess Haines, PhD, RD, University of Minnesota, Minneapolis, MN, USA
- Leslie J. Heinberg, PhD, Case Western Reserve University School of Medicine, Department of Epidemiology and Biostatistics, Cleveland, OH, USA
- Tania Heller, MD, FAAP, Medical Director, Washington Center for Eating Disorders and Adolescent Obesity, Bethesda, MD, USA
- Stanley M. Hertz, MD, Co-Director, Eating Disorders Center, Schneider Children's Hospital North Shore-LIJ Health System, New Hyde Park, NY, USA
- Tom Hildebrandt, PsyD, Mount Sinai School of Medicine, New York, NY, USA
- Bart Hoebel, PhD, Professor of Psychology, Department of Psychology, Program in Neuroscience, Princeton University, Princeton, NJ, USA
- Hans Hoek, MD, PhD, FAED, Professor, Parnassia The Hague Psychiatric Institute, Hague, The Netherlands
- Joshua Hrabosky, PsyD, Yale University School of Medicine, New Haven, CT, USA
- Jeanmarie Infranco, MA, Counselor, Prince William Community Services Board, Woodbridge, VA, USA

- Thomas R. Insel, MD, Director, National Institute of Mental Health, National Institutes of Health, Bethesda, MD USA
- Mimi Israël, MD, FRCPC, FAED, Associate Professor, Psychiatrist, Douglas Hospital, McGill University, Montreal, QC, Canada
- Craig L. Johnson, PhD, FAED, Director of Eating Disorder Programs, Laureate Psychiatric Clinic and Hospital, Tulsa, OK, USA
- Vivian Kafantaris, MD, Director, Research, Division of Child and Adolescent Psychiatry, Schneider Children's Hospital North Shore-LIJ Health System, New Hyde Park, NY, USA
- Debra Katzman, MD, FAED, Hospital for Sick Children, Division of Adolescent Medicine, Toronto, ON, Canada
- Walter H. Kaye, MD, FAED, University of Pittsburgh, School of Medicine, Department of Psychiatry, Western Psychiatric Institute and Clinic, Pittsburgh, PA and University of California, San Diego, Department of Psychiatry, La Jolla, CA, USA
- Ann Kearney-Cooke, PhD, FAED, Cincinnati Psychotherapy Institute, Cincinnati, OH, USA
- Pamela K. Keel, PhD, FAED, The University of Iowa, Department of Psychology, Iowa City, IA, USA
- Anna Keski-Rahkonen, MD, PhD, MPH, Resident Psychiatrist, University of Helsinki, Helsinki, Finland
- Knut-Inge Klepp, PhD, MPH, Department of Nutrition, Faculty of Medicine, University of Oslo, Oslo, Norway
- Hans Kordy, PhD, Head of Department, University of Heidelberg, Heidelberg, Germany
- Chris Kraft, PhD, Johns Hopkins University School of Medicine, Baltimore, MD, USA
- Jean L. Kristeller, Ph.D., Professor of Psychology, Indiana State University, Terre Haute, IN, USA
- Yael Latzer, PhD, Associate Professor, University of Haifa, Timrat, Israel
- Daniel le Grange, PhD, FAED, Associate Professor, The University of Chicago, Chicago, IL, USA
- Rachel Lee, MD, Clinical Nutrition Specialist, Johns Hopkins Hospital, Baltimore, MD, USA
- Benjamin H. Levy, III, BA, Music, Executive Director, Emory University School of Medicine/Music Inspires Health Initiative, Inc., Atlanta, GA, USA
- Lisa R. Lilenfeld, PhD, FAED, Associate Professor, Department of Psychology, Atlanta, GA, USA
- Aimee E. Liu, MFA, Author, Bennington College/Yale, Beverly Hills, CA, USA
- James Lock, MD, PhD, FAED, Associate Professor, Stanford University, Stanford, CA, USA
- Paulo Machado, PhD, FAED, Universidade do Minho, Departamento de Psicologia, Braga, Portugal
- Sloane Madden, PhD, Co-Chair, Neuroimaging Special Interest Group, Deputy Head of Department and Head of Eating Disorders, Children's Hospital of Westmead, Westmead, NSW, Australia
- Margo Maine, PhD, FAED, Psychologist, Maine & Weinstein Specialty Group, West Hartford, CT, USA
- Marsha Marcus, PhD, FAED, Professor of Psychiatry and Psychology, Chief, Behavioral Medicine and Eating Disorders, Western Psychiatric Institute and Clinic, University of Pittsburgh Medical Center, Pittsburgh, PA, USA
- Laurel Mayer, MD, Psychiatrist, New York State Psychiatric Institute/Columbia University, New York, NY, USA
- Kimberli McCallum, MD, Director, McCallum Place Treatment Center, St. Louis, MO, USA
- Susan McClanahan, PhD, Co-Director, Insight: Eating Disorders, Weight Management & Psychological Services, Skokie, IL, USA
- Julie C. McCormack, MSc, Specialist Clinical Psychologist, Eating Disorder Program, Perth, Australia
- Gail L. McVey, PhD, Health Systems Scientist, Hospital for Sick Children/University of Toronto, Toronto, ON, Canada
- Nadia Micali, Clinical Lecturer, Department of Child and Adolescent Psychiatry, Institute of Psychiatry, London, United Kingdom
- James Mitchell, MD, FAED, Professor and Chair, University of North Dakota/Neuropsychiatric Research Institute, Fargo, ND, USA
- Markus Moessner, Dipl. Psych., Research Assistant, University of Heidelberg, Heidelberg, Germany
- Fabrice Monneyron, Psychiatry Doctor, PhD Student, Institute of Psychiatry, King's College of London, London, United Kingdom
- Palmiero Monteleone, Professor of Psychiatry, Head, Department of Psychiatry, Naples University II Psychiatric Institute, Naples, Italy
- Victoria A. Mountford, DClinPsy, Clinical Psychologist, St. George's Eating Disorder Service, London, United Kingdom
- Cinda Nab, BS, Clinical Dietitian, The Children's Hospital Denver, Denver, CO, USA
- Michiko Nakazato, MD, PhD, Section of Eating Disorders, Institute of Psychiatry, London, United Kingdom
- Dianne Neumark-Sztainer, PhD, MPH, RD, FAED, Professor, Division of Epidemiology and Community Health, School of Public Health, University of Minnesota, Minneapolis, MN, USA
- Catherine O'Connor, BA, Assistant Producer, Emory University School of Public Health, Atlanta, GA, USA
- Susan J. Paxton, PhD, Professor, School of Psychological Science, La Trobe University, Melbourne, Victoria, Australia
- Carol Peterson, PhD, Research Associate/Assistant Professor, Department of Psychiatry, University of Minnesota, Minneapolis, MN, USA
- Angela Picot, PhD, Program Coordinator, Insight: Eating Disorders, Weight Management & General Psychological Services, Skokie, IL, USA
- Niva Piran, PhD, FAED, University of Toronto, Toronto, ON, Canada
- Allsyn Pletch, RN, MS, Nurse Clinician III, Johns Hopkins Hospital, Baltimore, MD, USA
- Julie Potts, BSc, Program Manager, Eating Disorders Program, Perth, Australia
- Graham Redgrave, MD, Assistant Professor of Psychiatry, Johns Hopkins University, School of Medicine, Baltimore, MD, USA
- Katherine Reyes, MSW/ LCSW-C, Family and Individual Therapist, Washington Center for Eating Disorders and Adolescent Obesity, Bethesda, MD, USA
- Joan Riederer, National Eating Disorders Association Parent Family Network Committee Member, Milwaukee, WI, USA
- Susan Ringwood, BA, Chief Executive Officer, Eating Disorders Association, Norwich, United Kingdom
- Luis Rojo-Moreno, MD, University of Valencia, Departamento de Medicina, Psiquiátrica Unit, Valencia, Spain
- Janice Russell, MFCP, MBBS, MD(Syd), FRACP, FRANZCP, Clinical Associate Professor, University of Sydney, Psychological Medicine, Sydney, Australia
- Debra Safer, MD, Assistant Professor, Stanford University School of Medicine, Stanford, CA, USA
- Ema Saito, MD, Unit Chief, Adolescent Pavilion, Zucker Hillside Hospital, Glen Oaks, NY, USA
- Ulrike Schmidt, MD, PhD, Consulting Psychiatrist, Maudsley Hospital, Eating Disorders Unit, London, United Kingdom
- Fiona Scott, OTR/L, Occupational Therapist, Johns Hopkins Hospital, Baltimore, MD, USA
- Gary Seils, BS, Milieu Supervisor, The Children's Hospital Denver, Denver, CO, USA
- Jennifer Shapiro, PhD, University of North Carolina, Eating Disorders Unit, Chapel Hill, NC, USA
- Vicky Singh, PhD, Staff Therapist, Insight: Eating Disorders, Weight Management & General Psychological Services, Skokie, IL, USA
- Meghan M. Sinton, PhD, Washington University School of Medicine, Department of Psychiatry, St. Louis, MO, USA
- Ana Kristina Skrapac, BSc, Dietician, Eating Disorder Program, Perth, Australia
- Ann Jacob Smith, PhD, Therapist, Washington Center for Eating Disorders and Adolescent Obesity, Bethesda, MD, USA
- Howard Steiger, PhD, FAED, Director, Eating Disorders Program, Douglas Hospital, Montreal (Verdun), QC, Canada
- Catherine Steiner-Adair, EdD, FAED, Clinical and Consulting Psychologist, Harvard Medical School/McLean Hospital, Chestnut Hill, MA, USA
- Joanna Steinglass, MD, Assistant Professor of Clinical Psychiatry, Columbia University/New York State Psychiatric Institute, New York, NY, USA
- Ruth Striegel-Moore, PhD, FAED, Walter A. Crowell University Professor of the Social Sciences, Wesleyan University, Middletown, CT, USA
- Michael Strober, PhD, FAED, UCLA Semel Institute for Neuroscience, Los Angeles, California, USA
- Boyd Swinburn, MB ChB, MD, PhD, FRACP, Professor of Population Health and Director of the WHO Collaborating Centre for Obesity Prevention, Deakin University, Melbourne, Victoria, Australia

George Szmukler, Institute of Psychiatry, London, United Kingdom
 Marian Tanofsky-Kraff, PhD, Assistant Professor, Uniformed Services University Health Services, Bethesda, MD, USA
 Mary Tantillo, PhD, FAED, Director, Eating Disorders Program, Unity Health Systems, Rochester, NY, USA
 C. Barr Taylor, MD, Professor, Stanford University, Department of Psychiatry and Behavioral Science, Stanford, CA, USA
 Kate Tchanturia, PhD, Institute of Psychiatry, King's College London, United Kingdom
 J. Kevin Thompson, PhD, University of South Florida, Tampa, FL, USA
 Ron A. Thompson, PhD, FAED, Bloomington Center for Counseling and Human Development, Bloomington, IN, USA
 Kathy Toepfer, BS, RD., Registered Dietitian, Washington Center for Eating Disorders and Adolescent Obesity, Bethesda, MD, USA
 Janet Treasure, Professor of Psychiatry, Institute of Psychiatry, King's College of London, London, United Kingdom
 Stacey Tweed, MA, Clinical/Research Project Coordinator, Hospital for Sick Children, Toronto, ON, Canada
 Tracy L. Tylka, PhD, The Ohio State University, Columbus, Ohio
 Eric van Furth, PhD, FAED, National Center for Eating Disorders, Leidschendam, The Netherlands
 Piergiuseppe Vinai, MD, Studi Cognitivi, Magliano, Alpi, Italy
 Kelly M. Vitousek, PhD, Associate Professor, University of Hawaii, Honolulu, HI, USA
 Glenn Waller, PhD, FAED, Eating Disorders Section, Institute of Psychiatry, King's College London, Vincent Square Clinic, Central and North-West London Mental Health NHS Trust, London, United Kingdom

B. Timothy Walsh, MD, FAED, William & Joy Ruane Professor of Psychiatry, Columbia University/New York State Psychiatric Institute, New York, NY, USA
 Mark Warren, MD, Medical Director, Cleveland Center Eating Disorders, Beachwood, OH, USA
 Laura J. Weisberg, PhD, Clinical Assistant Professor, Duke University Medical Center, Durham, NC, USA
 Carolyn Weiss, MS, APRN, BC/PMH, Therapist, Washington Center for Eating Disorders and Adolescent Obesity, Bethesda, MD, USA
 Ted Weltzin, MD, Director of Eating Disorder Programs, Rogers Memorial Hospital, Oconomowoc, WI, USA
 Kathryn Westin, MA, LP, President, The Anna Westin Foundation, Chaska, MN, USA
 Lucene Wisniewski, PhD, FAED, Clinical Director, Cleveland Center for Eating Disorders, Cleveland, OH, USA
 G. Terence Wilson, PhD, Rutgers University, Graduate School of Applied Psychology, Piscataway, NJ, USA
 Markus Wolf, Dipl. Psych., Research Assistant, University of Heidelberg, Heidelberg, Germany
 Stephen Wonderlich, PhD, FAED, University of North Dakota School of Medicine and Health Sciences, Fargo, ND, USA
 D. Blake Woodside, MD, FAED, Director of Eating Disorder Program, Toronto General Hospital, Department of Psychiatry, Toronto, ON, Canada
 Nancy Zucker, PhD, Duke University Medical Center, Department of Psychiatry and Behavioral Sciences, Durham, NC, USA

Exhibitor Directory

Alexian Brothers Behavioral Health Hospital
Booth Number: 12
 1650 Moon Lake Blvd.
 Hoffman Estates, IL 60169
 Phone: 847/755-8325
 Fax: 847/755-8543
 Email: carol.hartmann@abbhh.net
 Web Site: www.abbhh.org

The Eating Disorder Treatment Program at Alexian Brothers Behavioral Health Hospital focuses on increasing the patient's ability to self-manage without the use of unhealthy or self-defeating behaviors. Our therapeutic services include: Inpatient hospital treatment, PHP, IOP, nutritional education and intervention, medication education and management, experiential therapies including movement therapy, Tai Chi, body image work, art therapies, skills-based therapies, outpatient individual and family treatment, weekly individual and family support groups, weekly alumni group.

Avalon Hills Residential Eating Disorders Program
Booth Number: 30
 8530 S. 500 W.
 Paradise, UT 84328
 Phone: 435/245-4537
 Fax: 435/245-4793
 Email: carrie@avalonhills.org
 Web Site: www.avalonhills.org

Avalon Hills assists adolescents and young adult females in altering the negative beliefs, emotions, behaviors, interactions, and cultural influences that have contributed to the development of disordered eating, co-morbid mental disorders and concomitant medical concerns. The program is founded on three cornerstones for positive change: new information, new insights, and new experiences. Our treatment approach is both evidence-based and holistic in nature. Avalon Hills remains committed to individualized, comprehensive programming for all clients we serve.

Cambridge Eating Disorder Center
Booth Number: 27
 3 Bow St.
 Cambridge, MA 02138
 Phone: 617/547-2255 x222
 Fax: 617/547-0003
 Email: seda@cedcmail.com
 Web Site: www.eatingdisordercenter.org

Cambridge Eating Disorder Center (CEDC) offers a comprehensive continuum of treatment services that include outpatient, intensive outpatient, partial hospital, and residential programs. Our specialized services are available for male and female adults and adolescents. CEDC provides a nurturing, supportive environment in a state-of-the-art facility in beautiful and exciting Cambridge, Massachusetts. The mission of CEDC is to provide comprehensive continuum of high quality specialized services in a community setting to individuals suffering from eating disorders.

Carolina House
Booth Number: 16
 176 Lassiter Homestead Rd.
 Durham, NC 27713
 Phone: 919/372-7949
 Fax: 919/293-0013
 Email: efoland@crchealth.com
 Web Site: www.carolinaeatingdisorders.com

Situated in the heart of North Carolina, Carolina House offers residential eating disorder treatment providing care to individuals with anorexia nervosa, bulimia nervosa and related issues. We seek to treat the whole person, and promote development of strong, life-long emotional and behavioral skills that honor a person's unique situation and needs. We form relationships with our patients founded on dignity and respect, with an understanding of the role an eating disorder has played in their lives.

Castlewood Treatment Center
Booth Number: 28
 800 Holland Rd.
 St. Louis, MO 63201
 Phone: 888/822-8938
 Fax: 314/822-0345
 Email: kwoodasst@castlewoodtc.com
 Web Site: www.castlewoodtc.com

Castlewood Treatment Center is proud to offer elements of alignment with this year's ICED program and is prepared to discuss and display not only our progress, but also new ideals and techniques surrounding the complex nature of eating disorders.

Center for Change
Booth Number: 4
 1790 N. State St.
 Orem, UT 84057
 Phone: 801/224-8255
 Fax: 801/224-8301
 Email: pkidd@centerforchange.com
 Web Site: www.centerforchange.com

Center for Change is a place of hope and healing. Committed to helping women and adolescent girls break free and fully recover from eating disorders. The Center uses specialized and intensive treatment, under the care of a supportive and experienced staff. The Center for Change offers comprehensive programs, from inpatient and residential care, to outpatient and aftercare. Most importantly, the Center emphasizes a loving and safe environment where individuals can reclaim their bodies and spirits.

The Center for Counseling and Health Resources
Booth Number: 35
 547 Dayton St.
 Edmonds, WA 98020
 Phone: 425/308-7404
 Fax: 425/670-2807
 Email: lauram@aplacelofhope.com
 Web Site: www.aplaceofhope.com

The Center for Counseling and Health Resources with Founder/Executive Director, Dr. Gregg Jantz, is a full-service day and outpatient program that serves an International clientele for eating disorders, chemical dependency, substance abuse, and the full spectrum of mental health issues. Offices are located in Edmonds, Everett, Stanwood, Des Moines, Washington and Quito, Ecuador. The Center has provided whole-person care for over 22 years. Dr. Jantz is the author of over 18 books and has been a guest on 1500+ radio and television shows since 1995.

Center for Discovery
Booth Number: 2
 11911 Washington Blvd.
 Whittier, CA 90606
 Phone: 562/328-4201
 Fax: 626/304-0741
 Email: Nichole.Damiani@centerfordiscovery.com
 Web Site: www.centerfordiscovery.com

The Center for Discovery and Adolescent Change is a California State Licensed and JCHAO accredited organization which specializes in the treatment of adolescents between the ages of 10 and 19 who suffer from Anorexia Nervosa, Bulimia Nervosa, Binge Eating Disorder, and related complex disordered eating. The Center offers a professional, structured environment with the comfort and nurturing of a serene home-style setting. Current facility locations are Whittier, Lakewood, Downey, La Habra, Long Beach, and Menlo Park.
 1-800/760-3934

Center for Eating Disorders at Sheppard Pratt
Booth Number: 31
 6501 N. Charles St.
 Baltimore, MD 01201
 Phone: 410/938-5252
 Fax: 410/938-5250
 Email: khudson@sheppardpratt.org
 Web Site: www.eatingdisorder.org

The Center for Eating Disorders at Sheppard Pratt, led by Drs. Harry Brandt and Steven Crawford, is located in Baltimore, MD, and has been a leading provider of treatment in our region since 1989. The Center's multi-disciplinary team treats adults, adolescents and children with our comprehensive continuum of care. Hospital services include Inpatient, Day Treatment and Intensive Outpatient programs. Other services include individual, group, and family therapy; nutritional counseling, and medication management.

Center for Hope of the Sierras
Booth Number: 24
 1453 Pass Drive
 Reno, Nevada 89509
 Phone: 775/225-5102
 Fax: 919/293-0013
 Email: bondic@crchealth.com
 Web site: www.centerforhopeofthesierras.com

Center for Hope of the Sierras offers residential therapy and a step-down transitional program for the treatment of anorexia nervosa, bulimia nervosa, and related disorders. Less than 30 minutes from Lake Tahoe, the Center grounds are comprised of two large, cozy Victorian-Country style homes. Each house holds six beds in a welcoming and supportive environment. Our program is individualized, offering opportunities for self-exploration, self-expression and development of a meaningful and worthwhile lifestyle for each client

The Children's Hospital – Colorado
Booth Number: 21
 1056 E 19th Ave, Box 130
 Denver, CO 80218
 Phone: 303/861-6452
 Fax: 303/861-6209
 Email: Sullivan.vicki@tchden.org
 Web Site: www.thechildrenshospital.org

TCH has provided a comprehensive, multidisciplinary team approach for the treatment of eating disorders since 1988. We manage medically complicated patients (Male and Female) with severe eating disorders from ages 6-21. Our specialized multidisciplinary team focuses on the needs of children, adolescents, young adults and their families utilizing a family centered approach which spotlights parent supported nutrition model. Services provided span all levels of care inpatient eating disorders unit, PHP, IOP and outpatient clinic services.

Eating Disorder Center of Denver
Booth Number: 13
 950 S. Cherry St. #1010
 Denver, CO 80246
 Phone: 720/889-4253
 Fax: 720/889-4258
 Email: priley@edccdenver.com
 Web Site: www.edccdenver.com

Eating Disorder Center of Denver offers cost-effective PHP, EIOp and outpatient services for patients 16 years and older. A clinical leadership team with extensive experience in treating eating disorders—Medical Director Ken Weiner, MD; EIOp and Outpatient Services Director Rick Bishop, MD; Program Director Trish O'Donnell, MA, ATR-BC, LPC; and Clinical Director Tamara Pryor, PhD—works together to empower patients to become self-directed in regaining their health. For more information, call 866/771.0861 or visit our website at www.edccdenver.com

Eating Disorder Institute
Booth Number: 11
 120 8th St.
 Fargo, ND 58122-0702
 Phone: 701/234-6282
 Fax: 701/234-7345
 Email: katie.onofrechuk@meritcare.com
 Web Site: www.meritcare.com/specialties/mental/eating

Eating Disorders Institute is a comprehensive treatment program for the treatment of anorexia nervosa, bulimia nervosa and binge eating disorder and includes five levels of care – inpatient, partial day, intensive outpatient, outpatient and residential programs.

The Emily Program
Booth Number: 26
 2550 University Ave W
 Ste 314N
 Phone: 651/379-6133
 Fax: 651/647-5135
 Email: jillian@emilyprogram.com
 Web Site: www.emilyprogram.com

The Emily Program (www.emilyprogram.com) offers a wide range of personalized treatment services to individuals concerned about their relationship with food and/or body. We provide comprehensive care for individuals with all types of eating disorders in multiple locations throughout the Minneapolis/St. Paul, Minnesota metropolitan area. Program options include individual, group, and family outpatient psychological, psychiatric, medical, and nutritional assessment and counseling, 5 intensive outpatient programs, an intensive day program, and in fall 2007, The Anna Westin House, residential eating disorder treatment.

Fairwinds Treatment Center
Booth Number: 29
 1569 S. Fort Harrison Ave.
 Clearwater, FL 33756
 Phone: 727/449-0300
 Fax: 727/446-1022
 Email: fairwinds@fairwindstreatment.com
 Web Site: www.fairwindstreatment.com

Fairwinds Treatment Center is a private, thirty-bed facility delivering the utmost in quality care from a nationally renowned, highly skilled staff. A true dually-licensed psychiatric and substance abuse center, Fairwinds is medically based yet created as a homelike setting. Our program integrates philosophies and practices from the medical and therapeutic communities, family systems theory and the Twelve-Steps philosophy.

Insight: Eating Disorders, Weight Management and Psychological Center
Booth Number: 15
 333 E. Ontario St, Ste. 4401B
 Chicago, IL 60611
 Phone: 312/337-6064
 Fax: 312/337-6510
 Email: sfmcclanahan@sbcglobal.net
 Web Site: www.insightforeating.com

Our booth will provide information about our intensive outpatient program for eating disorders and education about eating disorders in general. Directors and staff members will be present to give additional information and answer questions. Posters, brochures and flyers, as well as small tokens such as pens and magnets will be used to represent our program visually.

Johns Hopkins Hospital
Booth Number: 40
 600 N. Wolfe St. – Meyer 101
 Baltimore, MD 21287-7101
 Phone: 410/955-3863
 Fax: 410/955-6155
 Email: aguarda@jhmi.edu
 Web Site: www.hopkinsmedicine.org/psychiatry/eating_disorders/index.html

The Johns Hopkins Eating Disorders Program offers comprehensive treatment for eating disorders including: Daily evaluation and treatment by a psychiatrist-led, multidisciplinary team, Closely monitored behavioral protocol to assist patients in normalizing eating behavior, Social eating skills training, Supervised housing for partial hospital, Nutritional guidance in meal preparation, menu selecting and portioning, Parent training in meal supervision for adolescents, Treatment of comorbid psychiatric conditions, Intensive group therapy, Full medical consultation services.

Laureate Eating Disorders Program
Booth Number: 36
 6655 S. Yale Ave.
 Tulsa, OK 74136
 Phone: 918/491-5775
 Fax: 918/491-3765
 Email: lxhenderson@saintfrancis.com
 Web Site: www.eatingdisorders.laureate.com

The Eating Disorders Program at Laureate is entering its eighteenth year of operation under the leadership of Craig Johnson, PhD, and Ovidio Bermudez, M.D. Internationally recognized as a center for excellence in research and treatment. Laureate provides acute, residential, and partial levels of care as well as Magnolia House, our group home, and outpatient services. Laureate offers separate treatment programs for adults and adolescents, experience in nutritional and physical rehabilitation, and a family program to facilitate recovery.

Laurel Hill Inn
Booth Number: 5
 P.O. Box 368
 Medford, MA 02155
 Phone: 781/393-0559
 Fax: 781/391-8820
 Email: Linda@laurelhillinn.com
 Web Site: www.laurelhillinn.com

Laurel Hill Inn, located in the Greater Boston Community offers all of its treatment programs in attractive, home-like settings. Our highly skilled and expert clinical team includes psychiatrists, a consulting physician, psychologists, licensed social workers, family therapists and counselors. Our treatment modality includes cognitive therapy, DBT skills training, nutrition education, intensive group therapy, yoga, art/music therapy and a high concentration on experiential work pertaining to food issues, including restaurant outings and therapeutic social outings.

Life Healing Center of Santa Fe
Booth Number: 20
 P.O. Box 6758
 Santa Fe, NM 87502
 Phone: 847/363-5277
 Email: mtilford@crchealth.com
 Web Site: www.life-healing.com

In the foothills of the mountains near Santa Fe, Life Healing Center is an intimate residential specializing in the treatment of adults who have experienced trauma. We provide integrative treatment for PTSD and the myriad co-occurring disorders found with it. Creative integration of intensive individual therapy, depth-oriented group therapy and experiential and body-centered therapies all focus on the goal of balance and awareness in a healthy mind and body. Contact us at 1-800-989-7406

Linden Oaks Eating Disorder Program
Booth Number: 37
 852 West St.
 Naperville, IL 60540
 Phone: 630/646-6798
 Fax: 630/428-5866
 Email: bwatson@edward.org
 Web Site: www.linden Oaks.org

The Linden Oaks Eating Disorder Program offers various levels of care for adults and adolescents 12 and over: Inpatient Hospitalization offers therapy, monitoring, discharge planning, and aftercare; Partial Hospitalization includes eight hours of daily structured group therapy; Intensive Outpatient provides three hours of daily programming, and Arabella House, our group home for females ages 16 and older. For more information or a free level of care assessment please call 630/305-5500 or visit our website www.linden Oaks.org.

McCallum Place
Booth Number: 23
 100 S. Brentwood Blvd.
 Suite 350
 Clayton, MO 63105
 Phone: 314/863-7700 x16
 Fax: 314/863-7701
 Email: tracy@mccallumplace.com
 Web Site: www.mccallumplace.com

McCallum Place provides comprehensive medical and psychiatric care, specialized psychotherapies and nutritional support for patients with eating disorders. Our state-of-the-art treatment and programs, which integrate the latest findings from eating disorders research with experienced clinical practice, are designed to create an environment of structure and support. We offer programs that address each type of need from intensive, 24-hour care to intensive outpatient programs, and are in network with Blue Cross Blue Shield and Cigna Behavioral Health.

McLean Hospital
Booth Number: 14
 115 Mill Street
 Belmont, MA 02478
 Phone: 617/855-2877
 Fax: 617/855-2550
 Email: dandrel@mcleanpo.mclean.org
 Web Site: www.mclean.harvard.edu

The Klarman Eating Disorders Center at McLean Hospital provides state-of-the-art treatment for eating disorders in girls and young women ages 13-23. The program offers intensive residential and transitional partial hospital levels of care. McLean is a psychiatric teaching facility of Harvard Medical School located minutes from Boston in Belmont, Massachusetts. To learn more, contact us at 617/855-3410 or visit <http://www.mclean.harvard.edu/patient/adult/edc.php>.

The Menninger Clinic
Booth Number: 32
 PO Box 809045
 2801 Gessner Dr.
 Houston, TX 77280
 Phone: 866/881-5498
 Fax: 816/758-4059
 Email: szahner@menninger.edu
 Web Site: www.menninger.edu

The Menninger Eating Disorders Program is one of a few in the nation with the ability to address complex genetic & personality traits that often coexist with eating disorders. Menninger treats eating disorders and: Depression or bipolar disorder, Anxiety disorder, Substance abuse, Posttraumatic stress disorder (PTSD), Personality disorders, Trauma, Mild to moderate OCD behavior including body dysmorphic disorder.

Menninger develops a treatment plan to meet each individual's needs. To learn more: Please call Menninger Admissions at 800/351-9058.

Methodist Hospital Eating Disorders Institute
Booth Number: 10
 6490 Excelsior Blvd.
 St. Louis Park, MN 55246
 Phone: 952/993-3924
 Fax: 952/993-1079
 Email: schalcp@parknicollete.com
 Web Site: www.parknicollete.com/edi

Methodist Hospital Eating Disorders Institute (EDI), Minneapolis, MN is a nationally recognized program treating people struggling with anorexia nervosa, bulimia nervosa and binge-eating disorder. EDI collaborates with client and family to develop an individualized treatment plan, using a multidisciplinary approach to treatment, including physicians, dietitians, psychologists, psychiatrists and other specialty disciplines. EDI offers a continuum of care including inpatient, partial, residential (Anna Westin House), and outpatient programs. EDI is a division of Park Nicollet Health Services.

Montecatini

Booth Number: 33

2524 La Costa Avenue
La Costa, CA 92009
Phone: 760/927-6459
Fax: 919/293-0013
Email: cunzueta@crchealth.com
Web Site: www.montecatineatingdisorder.com

Montecatini, a pioneer in the treatment of eating disorders, has been helping women and adolescents overcome their eating disorders since 1991. Located in a home-like atmosphere, in north coastal area of San Diego, California – offers Residential, Transitional, and Intensive Outpatient Treatment. We believe that successful recovery can only be measured by how well our patients return to functional and productive lives and our services to be truly special – offering hope to women and adolescent girls.

Monte Nido & Affiliates

Booth Number: 9

27162 Sea Vista Dr.
Malibu, CA 90265
Phone: 310/457-9958
Fax: 310/457-8442
Email: Alison@montenido.com
Web Site: www.montenido.com

The Monte Nido & Affiliates exhibit consists of photographs, brochures, pamphlets and information on our residential treatment centers, Monte Nido in Malibu California and RainRock near Eugene, Oregon. Our literature speaks to our philosophy and the treatment we offer to women suffering from anorexia nervosa, bulimia nervosa and exercise addiction.

Puente de Vida

Booth Number: 22

P.O. Box 86020
San Diego, CA 92138
Phone: 858/452-3915
Fax: 858/452-1798
Email: sschaefer@puentedevida.com
Web Site: www.puentedevida.com

Puente de Vida is a center for caring and individualized treatment where therapeutic services are offered to those 15 and older with eating disorders, including those with co-occurring disorders including anxiety, depression, OCD, PTSD, attachment and other disorders. A private six bed facility located in beautiful La Jolla, California provides an excellent setting. Puente de Vida recognizes that every recovery journey is different and complex and assists each individual in finding their path and support in recovery.

Remuda Ranch

Booth Number: 1

One E. Apache St.
Wickenburg, AZ 85390
Phone: 928/684-4501
Fax: 928/684-4507
Email: brandi.larimer@remudaranch.com
Web Site: www.remudaranch.com

Remuda Ranch offers inpatient and residential treatment for women and girls suffering from eating disorders and related issues. Our Christian programs provide hope and healing to patients of all faiths. Three separate inpatient programs for adults, adolescents and children specialize in the treatment of anorexia and bulimia and are located on ranch-like settings. In addition to inpatient treatment, we offer residential treatment programs for those struggling with anorexia, bulimia, obesity, binge-eating disorder and compulsive overeating.

The Renfrew Center

Booth Number: 3

7700 NW 48 Ave.
Coconut Creek, FL 33013
Phone: 954/698-9222
Fax: 954/698-9007
Email: dvitz@renfrewcenter.com
Web Site: www.renfrewcenter.com

The Renfrew Center was established in 1985 as the nation's first residential treatment facility dedicated to addressing women's mental healthcare needs and the treatment of eating disorders. Our residential and outpatient sites are located in Philadelphia, PA and Greater Ft. Lauderdale, FL; and outpatient sites in Bryn Mawr, PA; New Jersey; New York City and Connecticut. In our 20-year history, over 45,000 women have trusted us as their partner in healing.

Ridgeview Institute

Booth Number: 19

3995 S. Cobb Dr.
Smyrna, GA 30080
Phone: 770/434-4568 x3001
Fax: 770/431-7025
Email: dgay@ridgeviewinstitute.com
Web Site: www.ridgeviewinstitute.com

Ridgeview Institute, Georgia, is a private, not-for-profit provider of psychiatric and addiction treatment, including inpatient, partial hospitalization, and intensive outpatient treatment options for youth, young adults, adults, and seniors. We offer specialty programs for Impaired Professionals, Eating Disorders, Young Adults, and Seniors. For more information on Ridgeview's programs and services please call 770/434-4567 or visit www.ridgeviewinstitute.com.

River Oaks

Booth Number: 6

110 North Hampton Road
Dallas, TX 75208
Phone: 214/437-2120
Fax: 214/942-6448
Email: RonCummings@sbcglobal.net
Web Site: www.riveroakshospital.com

The Eating Disorders Treatment Center at River Oaks Hospital is committed to an eclectic approach which concurrently addresses physical and mental health problems. The treatment goal of the multidisciplinary treatment team is to enable patients to work through the conflicts and issues underlying their eating disorder by identifying, addressing and relieving the psychological underpinnings and aberrant behaviors simultaneously. Therapies include (but are not limited to) CBT, DBT and insight oriented psychotherapy.

Rogers Memorial Hospital

Table Number: 25

34700 Valley Road
Oconomowoc, WI 53066
Phone: 262/646-4411 x309
Fax: 262/646-9771
Email: BBAus@rogershospital.org
Web site: www.rogershospital.org

Inpatient, residential, and partial hospitalization for males and females ages 12 and older; separate program for males with eating disorders. Our approach integrates intensive psychiatry, cognitive behavioral therapy, nutrition and body image counseling, and coping skills training. The 60-member medical staff includes four full-time psychiatrists, physicians, psychologist, registered dietitians, registered nurses, master's level clinical and experiential (art, recreation) therapists, and residential counselors. Rogers Memorial is on 50 acres of wooded lakefront property near Milwaukee, Wisconsin.

Rosewood Ranch

Booth Number: 18

36075 S. Rincon Rd
Wickenburg, AZ 85390
Phone: 480/367-5715
Fax: 480/367-1160
Email: kevin-hughes@cox.net
Web Site: www.rosewoodranch.com

Rosewood Ranch formally a bed and breakfast is a 14-bed inpatient treatment program combined with a 20 bed extended care facility designed to treat adult women 18 and older suffering with eating disorders. The multidisciplinary team of a psychiatrist, registered nurses, master level therapists and a dietitian applies an integrative approach, utilizing various treatment modalities and activities to ensure the best care for each patient. Most insurance accepted.

Shades of Hope

Booth Number: 38

396 Lawrence Switch Dr.
Jackson, TN 38305
Phone: 866/521-2899
Email: hshadesofhope@aol.com
Web Site: www.shadesofhope.com

Shades of Hope is an all-addiction treatment center specializing in the treatment of disordered eating and the dually addicted individual. Recovery requires the treatment of all addictions-eating, alcoholism, drug, co-dependency, etc. Clients will discover their issues and develop solutions through counseling, group therapy, medical supervision and education. Shades of Hope is a 12-step program and provides: Week Long Eating Disorder Intensives, In-Patient Residential Treatment, Transitional Living and Halfway House Living. For information, and free assessments call 800/588-4673.

Timberline Knolls

Booth Number: 8

40 Timberline Dr
Lemont, IL 60439
Phone: 630/343-2324

Email: goberville@timberlineknolls.com
Web Site: www.timberlineknolls.com

Timberline Knoll's unique approach to residential treatment is an individualized program that combines evidence-based clinical services, a state approved educational academy, and expressive therapies tailored to women and adolescent girls, ages 12 and older, struggling to overcome: eating disorders, chemical/alcohol abuse, self-harming behaviors, and co-occurring disorders. For more information about this treatment facility, please contact Colleen Kula, Admission Relationship Manager at 877/257-9611 or visit our Web site at www.timberlineknolls.com

University Medical Center at Princeton

Eating Disorders Program

Booth Number: 7

253 Witherspoon St.
Princeton, NJ 08540
Phone: 609/497-4000 x6078
Fax: 609/497-4412

Email: csoban@princetonhcs.org
Web Site: www.princetonhcs.org

The University Medical Center at Princeton Eating Disorders Program offers inpatient and partial hospital levels of care combining a psychosocial approach with the latest advances in nutritional and medical treatment. A multidisciplinary team provides comprehensive services, including monitored meals, regular weight checks, intensive individual, group, and family therapy, medical management, psychotherapy and psychoeducation, nutritional therapy, relaxation training, yoga, and a multi-family program. Individual tutoring is also provided onsite for elementary and high school students.

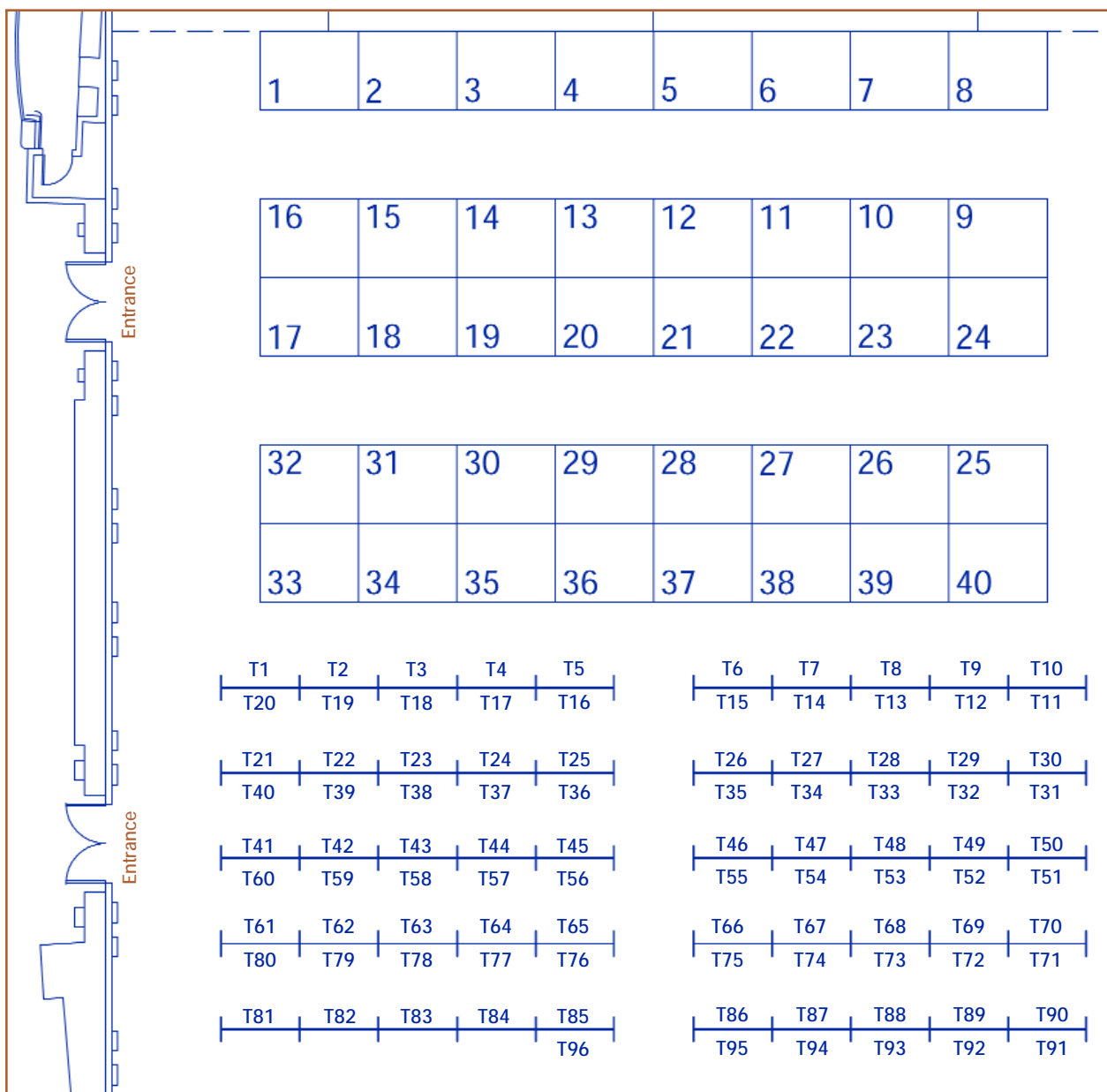
Walden Behavioral Care

Booth Number: 34

9 Hope Ave., Ste. 500
Waltham, MA 02453
Phone: 781/647-6702
Fax: 781/647-6755

Email: abuono@waldenbehavioralcare.com
Web Site: www.waldenbehavioralcare.com

Walden Behavioral Care of Waltham, Mass. provides a complete "continuum of care" for treating patients with eating disorders (including in-patient, residential, partial hospitalization and intensive out-patient programs) and patients with psychiatric disorders (including in-patient and partial hospitalization programs). By adjusting treatment to the patient's needs on an ongoing basis, and by treating mental and physical conditions concurrently, Walden helps achieve lasting results for those who seek a meaningful recovery. For further information, contact info@waldenbehavioralcare.com or call 781/647-6700.



In order to reflect the international nature of our organization's mission and membership, AED used a tiered dues structure with dues levels based on economic indicators which the World Bank applies in order to evaluate all nations. This structure recognizes the impact of varying economic conditions on the relative cost of AED membership to each individual.

The table below shows a listing of dues according to a member's nation of residence and membership category selected:

Nations designated by the World Bank as "low income" or "lower middle income"

Afghanistan, Albania, Algeria, Angola, Armenia, Azerbaijan, Bangladesh, Belarus, Benin, Bhutan, Bolivia, Bosnia-Herzegovina, Brazil, Bulgaria, Burkina Faso, Burundi, Cambodia, Cameroon, Cape Verde, Central African Republic, Chad, Colombia, Comoros, Congo (Democratic Republic), Congo (Republic), Cote d'Ivoire, Cuba, Democratic Republic of Korea, Djibouti, Dominican Republic, Ecuador, Egypt, El Salvador, Equatorial Guinea, Eritrea, Ethiopia, Federated States of Micronesia, Fiji, Gambia, Georgia, Ghana, Guatemala, Guinea, Guinea-Bissau, Guyana, Haiti, Honduras, India, Indonesia, Iran, Iraq, Jamaica, Jordan, Kazakhstan, Kenya, Kiribati, Kyrgyz Republic, Lao PDR, Lesotho, Liberia, Macedonia, Madagascar, Malawi, Maldives, Mali, Marshall Islands, Mauritania, Moldova, Mongolia, Morocco, Mozambique, Myanmar, Namibia, Nepal, Nicaragua, Niger, Nigeria, Pakistan, Papua New Guinea, Paraguay, Peoples Republic of China, Peru, Philippines, Romania, Russian Federation, Rwanda, Samoa, Sao Tome and Principe, Senegal, Serbia and Montenegro, Sierra Leone, Solomon Islands, Somalia, South Africa, Sudan, Suriname, Swaziland, Syrian Arab Republic, Tajikistan, Tanzania, Thailand, Timor-Leste, Togo, Tonga, Tunisia, Turkey, Turkmenistan, Uganda, Ukraine, Uzbekistan, Vanuatu, Vietnam, West Bank and Gaza, Yemen, Zambia, Zimbabwe

Members pay dues according to this schedule

	Regular/Affiliate Members	Fellows	Student Members
with journal subscription	\$145	\$145	\$120
without journal subscription	\$114	\$114	\$44

Nations designated by the World Bank as "upper middle income"

American Samoa, Antigua and Barbuda, Argentina, Barbados, Belize, Botswana, Chile, Costa Rica, Croatia, Czech Republic, Dominica, Estonia, Gabon, Grenada, Hungary, Latvia, Lebanon, Libya, Lithuania, Malaysia, Mauritius, Mayotte, Mexico, Northern Mariana Island, Oman, Palau, Panama, Poland, Saudi Arabia, Seychelles, Slovak Republic, St. Kitts and Nevis, St. Lucia, Trinidad and Tobago, Uruguay, Venezuela

Members pay dues according to this schedule

	Regular/Affiliate Members	Fellows	Student Members
with journal subscription	\$185	\$185	\$120
without journal subscription	\$114	\$114	\$44

Nations designated by the World Bank as "high income"

Andorra, Aruba, Australia, Austria, Bahamas, Bahrain, Belgium, Bermuda, Brunei, Cayman Islands, Channel Islands, Cyprus, Denmark, Faeroe Islands, Finland, France, French Polynesia, Germany, Greece, Greenland, Guam, Hong Kong, Iceland, Ireland, Isle of Man, Israel, Italy, Japan, Kuwait, Liechtenstein, Luxembourg, Malta, Monaco, Netherlands, Netherlands Antilles, New Caledonia, New Zealand, Norway, Portugal, Puerto Rico, Republic of Korea, Qatar, San Marino, Singapore, Slovenia, Spain, Sweden, Switzerland, United Arab Emirates, United Kingdom, U.S. Virgin Islands

Members pay dues according to this schedule

	Regular/Affiliate Members	Fellows	Student Members
with journal subscription	\$245	\$245	\$150
without journal subscription	\$149	\$149	\$54

Members from the North America (U.S. and Canada) pay dues as follows:

	Regular/Affiliate Members	Fellows	Student Members
Includes journal subscription	\$199	\$199	\$98
without journal (students only)			\$44

Membership Application

I am applying for membership as: ☐ Regular ☐ Affiliate ☐ Student

Name (First/Given) _____ (Last/Family) _____ Credentials _____

☐ Female ☐ Male

Organization _____

Address _____

City _____ State/Province _____ ZIP/Postal Code _____

Country _____

Phone (Business) _____ Fax _____ E-mail _____

Professional Information

Highest Degree: _____

Discipline:

- ☐ Dietetics/Nutrition ☐ Nursing ☐ Psychology
☐ Exercise Physiology ☐ Counseling ☐ Primary Medicine
☐ Marriage/Family Therapy ☐ Psychiatry ☐ Social Work
☐ Physician/Pediatrician ☐ Other (specify): _____

Institutional Affiliation: _____

Do you see patients or accept clinical referrals? ☐ Yes ☐ No

List memberships in other professional organizations: _____

Are you interested in learning about or joining a SIG? ☐ Yes ☐ No
 For a complete listing and description of current SIGs, visit www.aedweb.org.

Practice Parameters (check all that apply)

I see:

- ☐ Children ☐ Adolescents ☐ Adults ☐ All ages ☐ Families

My practice is:

- ☐ Outpatient ☐ Inpatient/residential ☐ Residential ☐ Both
☐ Other (specify): _____

Payment Information (Please see the AED dues chart to find the dues amount for your membership type and nation of residence.)

Membership year is January 1 through December 31. Dues are billed on a calendar year, not anniversary. Dues are not prorated.

Journal subscribers will receive back issues for the months prior to the join date of that membership year.

- ☐ Check (make payable to the Academy for Eating Disorders in US funds)
☐ VISA ☐ MasterCard ☐ American Express

Payment Enclosed: \$ _____

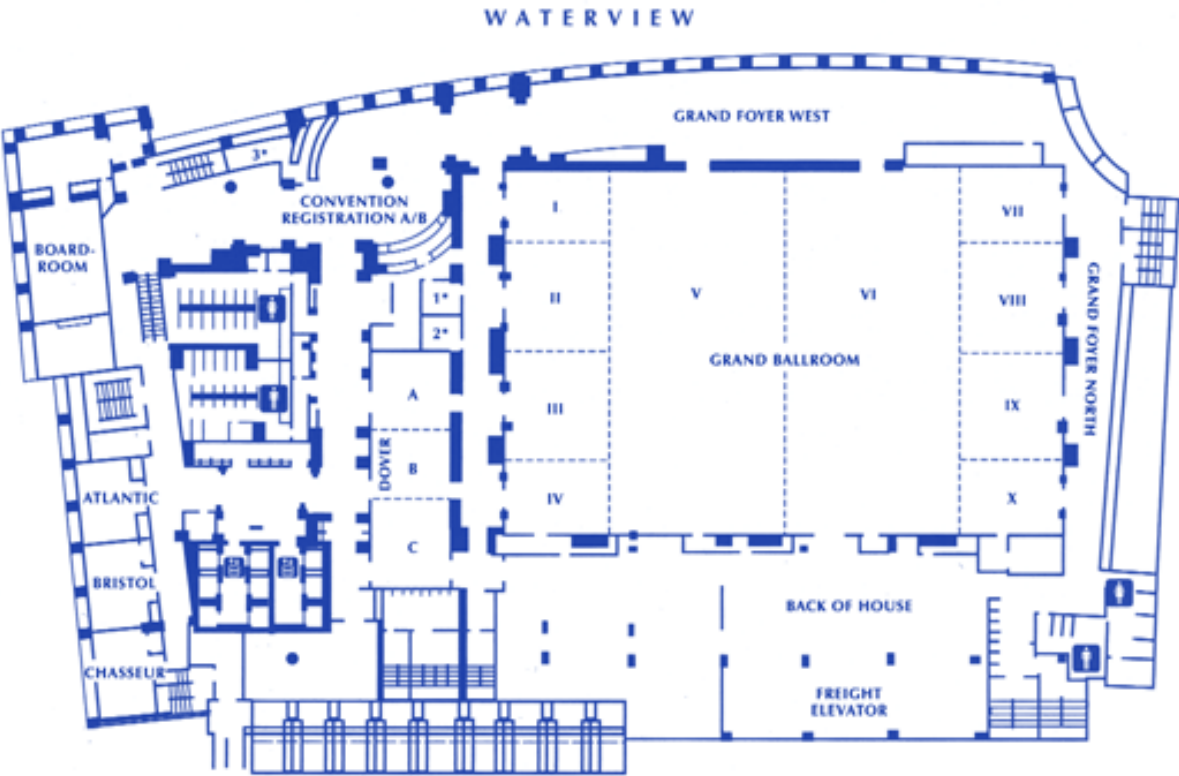
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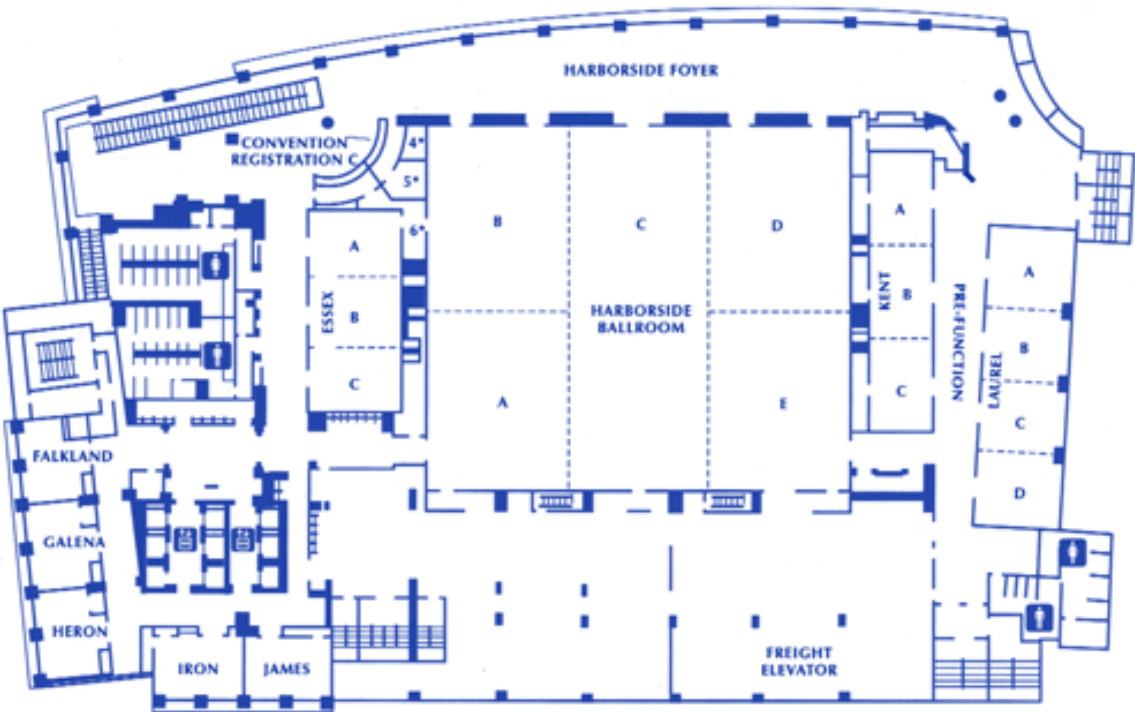
Signature _____

Mail or fax payment to:

Academy for Eating Disorders
 36841 Treasury Center • Chicago, IL 60694-6800 • Fax: 847/480-9282



Third Floor



Fourth Floor



60 Revere Drive
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E-mail: aed@aedweb.org
www.aedweb.org



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