

Eating Disorders Throughout the World: Exploring Similarities and Differences

Final Program

June 7-10, 2006

Hotel Fira Palace

Barcelona, Spain



International Conference
on Eating Disorders

Conferencia Internacional Sobre
Trastornos de la Alimentación



AED ACADEMY FOR
EATING DISORDERS

Jointly Sponsored by the University of New Mexico School of Medicine
and the Academy for Eating Disorders



THE UNIVERSITY OF NEW MEXICO • HEALTH SCIENCES CENTER
SCHOOL OF MEDICINE

www.aedweb.org

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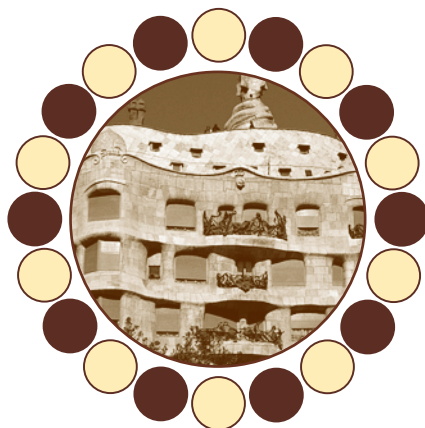
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**AED thanks the National Institutes of Health/
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**International Conference
on Eating Disorders**
June 7-10, 2006
Hotel Fira Palace
Barcelona, Spain

Visit www.aedweb.org for more information about AED

Academy for Eating Disorders
60 Revere Drive, Suite 500
Northbrook, IL 60062 USA
847-498-4274
Fax 847-480-9282
aed@aedweb.org



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Conference Proceedings

See the 2006 ICED Conference Proceedings, included with your registration packet, to view the full text of abstracts presented at the meeting.

Welcome to the 2006 International Conference on Eating Disorders, sponsored by the Academy for Eating Disorders. Conference co-chairs Tracey Wade, PhD, FAED (Australia) and Daniel le Grange, PhD, FAED (USA), along with the conference committee, have put together a fascinating program centering on this year's theme, "Eating Disorders Throughout the World: Exploring Similarities and Differences." This year's program promises to be an outstanding one, with a wonderful keynote speaker, interesting and diverse plenaries, and an outstanding group of workshops, oral presentations and posters. This is a particularly exciting year for the Teaching Day program, with Teaching Day workshops being presented in Italian, French, German, Dutch and English. This is an especially momentous year for the Academy, as this conference in Barcelona represents our first International Conference on Eating Disorders held outside of North America. The AED board has firmly embraced the vision of AED as a truly global community of eating disorders professionals, and meeting in Barcelona this week is another firm step in that direction.

In addition to this conference, the Academy continues to move forward with many other important activities. The Special Interest Group (SIG) program continues to grow rapidly. The Academy also promotes general and specialized teaching days and partners with other organizations in presenting outstanding educational meetings. The *International Journal of Eating Disorders* remains the premiere journal in this field. The second *Eating Disorders Review* was recently published, and work on the third *Review* is underway.

On behalf of the board of directors, it is my pleasure to welcome you to this year's conference. We are excited that you are here, we are excited the meeting is being held in Barcelona, and we are excited about the program for these four days. For anyone who is not yet a member, please stop by the membership booth to learn more about the benefits of membership. Enjoy the meeting!

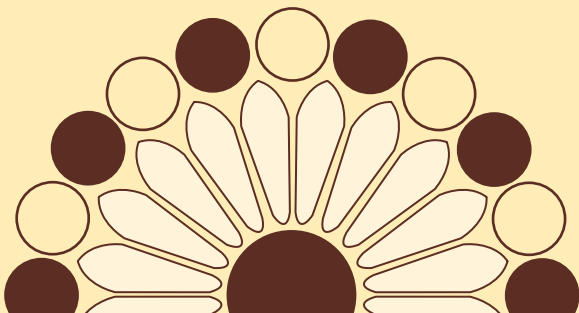
Les damos la bienvenida al Congreso Internacional de Trastornos de Alimentación 2006, organizado por la *Academy for Eating Disorders* (AED). Los co-organizadores Tracey Wade, PhD, FAED (Australia) y Daniel le Grange, PhD, FAED (Estados Unidos) han diseñado un programa extraordinario, que este año tiene por tema: "Trastornos de Alimentación en el mundo: explorando diferencias y semejanzas".

Este programa, que promete ser excepcional, cuenta con una excelente ponente invitada, interesantes y variadas ponencias, talleres, presentaciones orales y pósters de una gran calidad. Asimismo, éste es un año especial al realizarse, por primera vez, talleres, además de en inglés, en italiano, francés, alemán y holandés. Por otro lado, es un año especial para la AED porque es el primer Congreso de Trastornos de Alimentación que se realiza fuera de Norte-América. La junta directiva de la AED, poniendo la mirada en el futuro, se ha propuesto dar un enfoque realmente internacional a la Academia, que englobe a la comunidad internacional de profesionales en trastornos de alimentación, y el congreso de Barcelona es una buena muestra de ello y un paso decisivo en esta dirección.

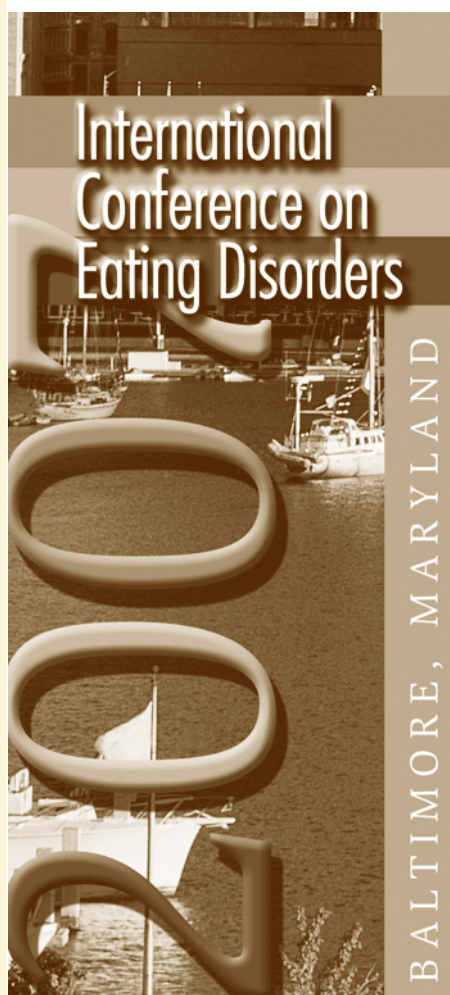
Además de la organización de este Congreso, la Academia continúa con su labor en numerosas actividades de gran relevancia. El programa de Grupos de Especial Interés (SIG) sigue creciendo con rapidez. La Academia también promueve seminarios y talleres, tanto básicos como avanzados, y colabora con otras organizaciones en la mejora de los programas de formación en congresos. La revista científica *Internacional Journal of Eating Disorders* se mantiene como líder en este campo. También, ha sido publicado el segundo ejemplar del *Eating Disorders Review* y, en estos momentos, se está trabajando en el tercero.

En nombre de la Junta Directiva, es un placer darles la bienvenida a este Congreso Anual. Nos alegra que estén presentes aquí, y nos sentimos muy satisfechos tanto por el hecho de que tenga lugar en Barcelona, como por el programa científico de estos próximos cuatro días. Para los que todavía no son miembros de la AED, les recomendaría que visiten nuestra secretaría y conozcan las ventajas de serlo. Espero que disfruten del congreso y de su estancia en Barcelona.

Scott Crow, MD, FAED
President, Academy for Eating Disorders



Academy for Eating Disorders



May 2–5, 2007

Baltimore Marriott Waterfront
Baltimore, MD, USA
<http://marriott.com>

SAVE THE DATE!

Scientific Program Co-Chairs

Anne E. Becker, MD
Ulrike Schmidt, MD, PhD

Online abstract
submission opens
in Fall 2006.

Visit www.aedweb.org

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Dianne Neumark-Sztainer, MPH, PhD, RD, FAED
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Katharine Loeb, PhD

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Academy for Eating Disorders

60 Revere Drive, Suite 500
Northbrook, IL 60062 USA
Phone: 847-498-4274
Fax: 847-480-9282
aed@aedweb.org
www.aedweb.org

2006 Awards

Meehan/Hartley Leadership Award for Public Service and/or Advocacy

Michael Levine, PhD, FAED

Leadership Award for Clinical, Administrative or Educational Service

Michael Strober, PhD, FAED

Leadership Award for Research

Cynthia Bulik, PhD, FAED

Past Awards and Honors

Lifetime Achievement

1995 Albert Stunkard, MD

1996 Arthur Crisp, MD

1996 Gerald Russell, MD

1998 Katherine Halmi, MD

2000 Paul Garfinkel, MD

2004 Peter Beumont, MD

Meehan/Hartley Award

1994 Vivian Meehan, RN, DSc

1996 Pat Howe Tilton

2000 Patricia Hartley, PhD

2002 Patricia Santucci, MD, FAED

2003 Craig Johnson, PhD

2004 Hispano Latino American Special Interest Group

Founders:

J. Armando Barriguete Melendez, PhD, FAED;

Ovidio Bermudez, MD, FAED;

Fernando Fernández-Aranda, PhD, FAED

Paulo P.P. Machado, PhD;

Fabian Melamed, PhD, FAED

2005 David Herzog, MD

Leadership Award for Clinical, Administrative or Educational Service

1998 Arnold Andersen, MD, FAED

2000 Pauline Powers, MD, FAED

2003 Marsha D. Marcus, PhD, FAED

2005 Robert Palmer, FRCPsych, FAED

Leadership Award for Research

1995 James Mitchell, MD, FAED

1998 Walter Kaye, MD, FAED

2000 W. Stewart Agras, MD

2002 Christopher Fairburn, DM

2003 B. Timothy Walsh, MD, FAED

2004 Janet Treasure, FRCPsych

2005 Ruth Striegel-Moore, PhD, FAED

Distinguished Service

1998 Amy Baker Dennis, PhD, FAED

2002 Joel Yager, MD, FAED

Special Thanks

The Academy for Eating Disorders thanks Ruth Striegel-Moore, PhD, FAED, and Cynthia Bulik, PhD, FAED, for their commitment to the AED Student/Early Career Investigator Travel Fellowship Program. Over the past five years, Drs. Striegel-Moore and Bulik have secured funding from the National Institute of Mental Health to support travel for young investigators to attend the International Conference on Eating Disorders; this grant was recently renewed for another five years. AED has been pleased to supplement this funding to allow researchers from outside the United States to participate as well. The Academy is deeply grateful and sincerely thanks Drs. Striegel-Moore and Bulik for their invaluable efforts to encourage young researchers in our field.

Public Service

1995 Susan Blumenthal, MD

2000 S. Kenneth Schonberg, MD

NIMH Student/Early Career Investigator Travel Fellowship Recipients

Thanks to a grant from the National Institute of Mental Health, once again awarded to Ruth Striegel-Moore, PhD, FAED, and Cynthia Bulik, PhD, FAED on behalf of AED, the Academy awards the Student/Early Career Investigator Travel Fellowships. Eligible recipients are United States citizens who are in training and provide evidence of academic excellence. These awards support attendance at the AED/EDRS Teaching Day and the AED 2006 International Conference.

The 2006 Student/Early Career Investigator Fellowship recipients are:

Kelly Beth Bowker
Meredith College
Raleigh, NC, USA

Angela Doyle, PhD
The University of Chicago
Chicago, IL, USA

Allegra Broft, MD
Columbia University
New York, NY, USA

Crystal Edler, BS
University of Iowa
Iowa City, IA, USA

Christina M. Capodilupo, EdM
Teachers College, Columbia
New York, NY, USA

Kristen Fay, BA
Tufts University
Wellesley, MA, USA

Kristen M. Culbert, BA
Michigan State University
East Lansing, MI, USA

John Thomas, BS
Drexel University
Philadelphia, PA, USA

AED thanks the 2006 NIMH travel fellowship council:

Cynthia Bulik, PhD, FAED

Hans Hoek, MD, PhD, FAED

Anna Keski-Rahkonen, MD, PhD, MPH

Ruth Striegel-Moore, PhD, FAED

AED Student/Early Career Investigator Travel Fellowship Recipients

AED is able to offer four additional Student/Early Career Investigator Travel Fellowships this year.

Eligible recipients are AED members, current trainees or less than three years post-training. These awards support attendance at the AED/EDRS Teaching Day and the AED 2006 International Conference. The 2006 award recipients are:

Yu-hsuen (May) Chao
*Wesleyan University
Middletown, CT, USA*

Andrea Poyastro Pinheiro, MD
*University of North Carolina
Chapel Hill, NC, USA*

Stephanie W. Lee, MS
*University of Hong Kong
Hong Kong*

Gudrun Wagner, MAG
*Medical University Vienna
Vienna, Austria*

AED acknowledges with gratitude the excellent contributions of Mark Chavez, PhD, Chief, Mood, Sleep and Eating Disorders Program, and Regina Smith James, MD, Chief, Mood Regulation and Bipolar Disorders Program, for their invaluable work as resources for eating disorders researchers at the National Institute of Mental Health.

AED Clinician Scholarship Recipients

AED is pleased to provide scholarships to support conference attendance to AED members who are clinical scholars from around the world. The 2006 clinical scholarship recipients are:

Maree Burns, PhD
*Eating Difficulties Education Network
Auckland, New Zealand*

Susan Feinberg, MSN
*University of North Carolina Hospitals
Chapel Hill, NC, USA*

Liliane Kijner Kern, MD
*Federal University of Sao Paulo
Sao Paulo, Brazil*

Riikka Viljanen, MSc
*Helsinki University Central Hospital
Helsinki, Finland*

General Information

About the Academy for Eating Disorders (AED)

The Academy for Eating Disorders is an international, transdisciplinary, non-profit membership organization for professionals and advocates engaged in research, treatment and prevention of eating disorders. The Academy is home to more than 1,300 members. Approximately 25 percent of these professional members reside outside of the United States.

AED provides members and the field at large with a variety of services, resources and educational programs, including the invaluable support of a community of dedicated colleagues.

Since the organization was founded in 1994, the International Conference on Eating Disorders (ICED) has been AED's flagship activity and the highlight of the AED year. The ICED is the primary gathering place for professionals and advocates engaged in research, treatment and prevention of eating disorders. Each year, ICED attendees, faculty, supporters and exhibitors create a unique, inspiring and intensive environment for education, training, collaboration and dialogue.

Eating disorders are characterized by a persistent pattern of aberrant eating or dieting behavior. These patterns of eating behavior are associated with significant emotional, physical and relational distress.

Specific Goals of the Academy for Eating Disorders

- Promote the effective treatment and care of patients with eating disorders and associated disorders.
- Develop and advance initiatives for the primary and secondary prevention of eating disorders.
- Provide for the dissemination of knowledge regarding eating disorders to members of the Academy, other professionals and the general public.
- Stimulate and support research in the field.
- Promote transdisciplinary expertise within the Academy membership.
- Advocate for the field on behalf of patients, the public and eating disorder professionals.
- Assist in the development of guidelines for training, practice and professional conduct within the field.
- Identify and reward outstanding achievement and service in the field.

www.aedweb.org

Continuing Education

Meeting Objectives

As a result of this meeting, participants will be able to:

- Foster an appreciation of the advances in treatment, prevention and research techniques for individuals suffering from eating disorders.
- Examine empirical evidence highlighting the interaction of constitutional and sociocultural factors in the development of eating disorders.
- Review current knowledge on developmental factors that are believed to influence eating disorder development across the lifespan.
- Explain recent empirical and clinical findings on specialized treatment techniques suited to commonly seen groups of eating disorder patients.
- Understand risk factors and treatment issues unique to special populations of individuals with eating disorders, including athletes and individuals with comorbid medical conditions.

Physicians

Continuing Medical Education Accreditation

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of the University of New Mexico Office of Continuing Medical Education and the Academy for Eating Disorders. The University of New Mexico Office of Continuing Medical Education is accredited by the ACCME to provide continuing medical education for physicians.

Credit Designation

The University of New Mexico Office of Continuing Medical Education designates this educational activity for a maximum of 21 AMA PRA Category 1 Credit™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Non-Physicians

The conference is co-sponsored by the Academy for Eating Disorders and The Institute for Continuing Education. Continuing education credit is offered as listed below. If you have questions regarding continuing education, please contact The Institute by phone, 251/990-5030; fax, 251/990-2665; or e-mail, instconted@aol.com.

Psychology: The Institute for Continuing Education is an organization approved by the American Psychological Association (APA) to sponsor continuing education for psychologists. The Institute for Continuing Education maintains responsibility for this program and its content.

Counseling: The Institute for Continuing Education is recognized by the National Board for Certified Counselors (NBCC) to offer continuing education for national certified counselors. The Institute for Continuing Education adheres to NBCC continuing education guidelines. NBCC Provider No. 5643.

Social Work: The Institute for Continuing Education is approved as a provider for continuing education by The Association of Social Work Boards (ASWB), through the Approved Continuing Education Program (ACE). Licensed social workers should contact their individual state jurisdiction to review current continuing education requirements for licensure renewal. The Institute for Continuing Education maintains responsibility for the program. ASWB Provider No. 1007.

- **Illinois Dept. of Professional Regulation:**

Social Work License: 159-000606.

- **Ohio Board of Counselor/Social Work:**

Provider No. RCS 030001.

- **California Board of Behavioral Sciences:**

Provider PCE 636.

- **Florida Board:**

BAP #255.

Marriage/Family Therapy: The Institute for Continuing Education is recognized as a provider of continuing education activities by most state boards of Marriage/Family Therapy.

Nursing: The Institute for Continuing Education is an approved provider of continuing education in nursing by the Alabama State Nurses Association, an accredited approver by the ANCC Commission on Accreditation.

Alcohol/Drug: The Institute for Continuing Education is approved by the National Association of Alcohol and Drug Abuse Counselors (NAADAC) to provide continuing education for alcohol and drug abuse counselors. NAADAC Provider No. 000243.

Additional Accreditations

This additional accreditation is available, but does not fall under the umbrella of the credits offered by the Institute for Continuing Education.

Dietitians:

This CDR pre-approved program has been approved for 21 total hours of continuing professional education for registered dietitians and dietetic technicians, registered.

Qualifying Activities

The following activities do not qualify for CE credits; poster sessions, committee meetings, Welcome and Conference Goals session, World Summit Update, World Summit Inaugural Session, Meet the Experts, Presidential Address and Awards, exhibits, and any other non-scientific session. Any session not listed in the CE packet does not qualify for credit.

Registration and Requirements

A certificate fee of \$30 for members and \$45 for nonmembers is required. Visit the AED registration desk to pay your certificate fee if you did not pre-register for CE. You may not register for credits after June 10.

To receive continuing education credit, attendees must:

- pay the CE fee
- sign in/out daily
- complete and return the continuing education evaluation packet

Continuing education credit will be awarded on a session-by-session basis, with full attendance required for each session attended. One certificate will be issued for all activities attended.

Please note: State licensing bureaus and/or professional associations have their own requirements for licensing, certification and/or recertification. It is suggested that individuals contact their state licensing bureaus or professional associations regarding the applicability of the CE for their own professional needs.

Full Disclosure Policy Affecting CME Activities

As a provider accredited by the Accreditation Council for Continuing Medical Education (ACCME), it is the policy of the University of New Mexico School of Medicine to require the disclosure of the existence of any financial interest or any other relationship a faculty member has with the manufacturer(s) of any commercial products or services discussed in an educational presentation. The 2006 ICED presenters reported the following:

Ovidio Bermudez
GlaxoSmithKline, Orlistat, Consultant

Francesca Brambilla
Sacco Hospital, Consultant

Cynthia M. Bulik
NIMH, Duke Endowment, Linking Interventions with Children, Grants/Research Support

Avshalom Caspi
NIMH, UK Medical Research Council, Grants/Research Support

Tara Cousineau
NIH, Grants/Research Support

Rita DeBate
NIH, NIDCR, Grants/Research Support

Inger Halvorsen
The Norwegian Foundation for Health and Rehabilitation, Regional Centre for Child and Adolescent Mental Health, Eastern and Southern Norway, Buskerud Hospital, Grants/Research Support

Johannes Hebebrand
German Research Foundation, German Ministry for Education and Research, European Union, Grants/Research Support

Mari Hotta
Japanese Ministry of Health, Labor and Welfare, Grants/Research Support

Gail Huon
NHMRC, University of New South Wales, Grants/Research Support

A. Jansen
Maastricht University, Grants/Research Support

Debra Katzman
NIH, Grants/Research Support

Diane Klein
NARSAD, Grants/Research Support

Michael Kohn
Children's Hospital at Westmead, Consultant

James Lock
NIH, Grants/Research Support

Virginia McIntosh
NZHRC, Grants/Research Support

Ruth Striegel-Moore
NIMH, NIDOK, NHLBI, Grants/Research Support

Edward Tyson
Avalon Hills ED Treatment Center, Consultant

Tracey Wade
Australian Rotary Health Research Fund, Grants/Research Support

B. Timothy Walsh
Eli Lilly, OrthoMcNeil, GlaxoSmithKline, Abbott, Grants/Research Support

Claudia Zorzi
Italian Ministry for University and Research (MIUR), Grants/Research Support

Presenter disclosures not received at time of printing will be announced in the Program Addendum.

Objectivity and Balance and Off-Label Product Discussion

It is understood that presentations must give a balanced view of therapeutic options. Faculty use of generic names will contribute to this impartiality. The speaker will make every effort to ensure that data regarding the company's products (or competing products) are objectively selected and presented, with balanced discussion of prevailing information on the product(s) and/or alternative treatments. The speaker must also make the audience aware of any "off-label" or investigational uses described for any medication discussed.

Registration Information

Participation in the AED 2006 International Conference on Eating Disorders is limited to registered delegates. Your full registration includes:

- Admission to all sessions (Thursday, June 8 through Saturday, June 10) excluding Clinical Teaching Day — an additional fee is required for these workshops
- Access to all exhibits
- Entry to poster sessions
- Opening reception on Thursday, June 8
- Daily coffee breaks
- Final program
- Friday night event — Tour of El Poble Espanyol

Hotel and Travel Information

The Hotel Fira Palace is located at Avda. Rius i Taulet, 1-3, 08004 Barcelona, Spain. The telephone number is +34 934 262 223 and the guest fax number is +34 934 248 679.

Concierge and Babysitting Services

The hotel's concierge desk will help hotel guests book babysitting services, make dinner reservations or plan other activities during your stay in Barcelona. For more information, contact your selected hotel and ask for the concierge desk.

General Conference Information

Current/New/Prospective Member Breakfast

The Current/New/Prospective Member Breakfast will be held Friday, June 9, 8:30 - 9:30 a.m., in the Diamant room. This breakfast function is available to all registered attendees.

Optional Box Lunches

AED will provide optional box lunches for the SIG meetings on Thursday, June 8 and Friday, June 9. A \$20 US fee is required for each lunch. If you registered in advance, a ticket(s) is included in your registration packet. For those that are registering on site, tickets may be available at the AED registration desk.

Opening Reception and Final Night Event

A welcome reception for all registrants will take place from 7 - 8:30 p.m. on Thursday, June 8 in the Rubi/Zafir room.

The final night event tour of El Poble Espanyol will depart from the main entrance of the Hotel Fira Palace on Saturday, June 10 at 7:30 p.m. A ticket is required.

Business casual attire is appropriate for both events.

Additional Tickets

If you are interested in purchasing additional opening reception tickets or final night tour tickets, you may do so at the AED registration desk anytime during the regular registration hours. The tickets are \$45 for the opening reception and \$10 for the tour.

Speaker Ready Room

The Speaker Ready Room will be available daily as follows in the Tenerife room:

Wednesday, June 7	8:30 a.m. - 6 p.m.
Thursday, June 8	8:30 a.m. - 6 p.m.
Friday, June 9	8:30 a.m. - 6 p.m.
Saturday, June 10	8 a.m. - 2:30 p.m.

Computers will be provided for speakers to review their presentations.

Committee Meeting Room

The Lanzarote room is available for committee or small group meetings at designated times during the conference. A meeting schedule is posted outside the room. Attendees can reserve meeting times by using the sign-up sheet outside the meeting room.

ICED Conference Recordings

Visit the sales desk in the Main Hall to purchase a CD and/or multimedia CD-ROM of the conference sessions from IntelliQuest Media. Discounts will be extended for onsite orders. You may contact them at 866/651-2586 or visit www.intelliquestmedia.com.

Meeting Evaluation

The ICED scientific program committee needs your input to enhance future AED meetings. You will receive an online meeting evaluation via e-mail shortly after the 2006 Annual Meeting. The committee greatly appreciates your input.

AED Bookseller

Wisepress Online Shop offers a large selection of eating disorders-related publications. Visit them at the conference, contact them at 44-20-8715-1812 or visit www.wisepress.co.uk.

Meet the Experts Session

Friday, June 9

7:30 - 9 p.m.

Do you have specific questions that you would like to discuss with established experts in your field? Are you looking for consultation on clinical cases, practice issues or ethical dilemmas? Are you interested in developing or evaluating an intervention to treat or prevent eating disorders? Do you want advice on writing a grant application or publishing your work? The Meet the Experts session offers an opportunity for informal discussions on these topics.

Attendance is limited, so sign up now! In order to attend this session, we ask that you sign up at the Meet the Experts table, located in the AED registration area. Attendance is limited, so sign up early! Please sign up for this event by Friday at noon, or as long as space is available.

Submit your questions for the experts! If you have a specific question to be addressed by experts, complete a "Meet the Experts Question Form" at the Meet the Experts table and deposit it in the basket on the table. Questions will be reviewed by the experts prior to Friday night's session.

Special Needs

Notify AED staff members of any special needs by visiting the AED registration desk.

AED Registration Desk

The registration desk will be open:

Wednesday, June 7	8:30 a.m. – 7:00 p.m.
Thursday, June 8	8:30 a.m. – 7:00 p.m.
Friday, June 9	8:30 a.m. – 7:00 p.m.
Saturday, June 10	8:00 a.m. – 5:00 p.m.

Exhibits

Vendor exhibits will be located in the Rubi/Zafir room.

Exhibit hours are:

Thursday, June 8	8:30 a.m. – 8:30 p.m.
Friday, June 9	8:30 a.m. – 7:00 p.m.
Saturday, June 10	8:00 a.m. – 2:30 p.m.

Beverages will also be available in the exhibit hall during the refreshment breaks each day. A directory of participating organizations is included in this program on page 60.

Poster Session

Posters will be presented by authors during the AED International Conference and will be available for viewing throughout the meeting. Poster abstracts can be found beginning on page 54 of the 2006 ICED Conference Proceedings, distributed with your registration materials.

The poster presentations are located in the Rubi/Zafir room.

Poster Session Schedule

Wednesday, June 7

3 – 5 p.m.	Poster Session I Set-Up
------------	-------------------------

Thursday, June 8

8:30 a.m. – 8:30 p.m.	Poster Session I Viewing (presenters need not be in attendance)
7 – 8:30 p.m.	Poster Session I Presentations (with presenters)

Friday, June 9

8:30 a.m. – 1:30 p.m.	Poster Session I Viewing (presenters need not be in attendance)
1:30 p.m. – 2:30 p.m.	Poster Session I Dismantle
2:30 p.m. – 3:30 p.m.	Poster Session II Set-Up
3:30 p.m. – 7 p.m.	Poster Session II Viewing (presenters need not be in attendance)

Saturday, June 10

8 a.m. – 4:30 p.m.	Poster Session II Viewing (presenters need not be in attendance)
4:30 p.m. – 6 p.m.	Poster Session II Presentations (with presenters)
6 p.m. – 6:30 p.m.	Poster Session II Dismantle

Presenters are responsible for dismantling posters. Posters left behind at the close of the dismantling period will be disposed of and are not the responsibility of AED or the hotel.

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Academy for Eating Disorders

60 Revere Drive, Suite 500
Northbrook, IL 60062 USA
Phone: 847-498-4274
Fax 847-480-9282
aed@aedweb.org

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Questions

If you have questions regarding the program or registration, visit the AED registration desk.



Schedule-at-a-Glance

Workshops designated with a **CSW** code indicate a Core Skills Workshop.

Wednesday, June 7

		Location
8:30 a.m. – 7 p.m.	Registration	Main Hall
8:30 a.m. – 1:30 p.m.	AED/EDRS Research Training Day Workshop (invitation only)	Zafir
9 a.m. – 6 p.m.	AED Board of Directors Meeting	Ambar
2 – 5 p.m.	Clinical Teaching Day Workshops (separate registration fee required)	
	A. English Teaching Day: CBT Approaches to Common Issues in the Treatment of Eating Disorders (English)	Diamant
	B. English Teaching Day: Nutritional Rehabilitation for the Eating Disordered Client (English)	Vivaldi 1
	C. English Teaching Day: Update on the Most Common Eating Disorders: EDNOS and BED (English)	Rossini 1
	D. English Teaching Day: Cutting-Edge Issues in Medical Care of Eating Disorders: Refeeding Syndrome, Gastrointestinal Issues, Osteopenia and Osteoporosis (English)	Rossini 2
	E. Italian Teaching Day: Improving Knowledge about Diagnosis, Etiopathology and Treatment of Anorexia Nervosa and Bulimia Nervosa (Italian) <i>Migliorare le Conoscenze sulla Diagnosi, L'Eziopatogenesi e il Trattamento dell'Anorexia Nervosa e della Bulimia Nervosa</i>	Cristal
	F. French Teaching Day: Multimodal Treatment of Eating Disorders (French) <i>Traitement Multimodal des Troubles des Conduites Alimentaires</i>	Coral
	G. German Teaching Day: Etiology and Treatment of Eating Disorders — An Update (German) <i>Ätiologie und Therapie der Essstörungen — Ein Update</i>	Jade
	H. Dutch Teaching Day: Treatment Studies in Belgium and The Netherlands (Dutch) <i>Behandel Studies in Vlaanderen en Nederland</i>	Vivaldi 2
3 – 5 p.m.	Exhibitor/Poster Session I Set-Up	Rubi/Zafir

Thursday, June 8

8:30 a.m. – 7 p.m.	Registration	Main Hall
8:30 a.m. – 8:30 p.m.	Poster Session I Viewing/Exhibit Hall Open	Rubi/Zafir
9 – 10 a.m.	Special Interest Group (SIG) Chairs Organizational Meeting	Cristal
10 – 10:15 a.m.	Welcome and Conference Goals <i>Scott Crow, MD, FAED, President</i> <i>Tracey Wade, PhD, FAED and Daniel le Grange, PhD, FAED,</i> <i>Scientific Program Committee Co-Chairs</i>	Verdi
10:15 a.m. – 10:30 a.m.	World Summit Update <i>Eric van Furth, PhD, FAED</i>	Verdi
10:30 – 11:30 a.m.	Keynote Address Reducing the Burden of Suffering in Eating Disorders: Toward a Global Perspective <i>Ruth Striegel-Moore, PhD, FAED,</i> <i>Professor of Psychology, Wesleyan University, Middletown, CT, USA</i>	Verdi
11:30 a.m. – Noon	Refreshment Break	Rubi/Zafir
Noon – 1:30 p.m.	Workshop Session I	
	A. Eating Disorders and Pregnancy: Complications and Treatment Strategies for Mother and Child	Vivaldi 1
	B. Integrating Behavioral and Psychodynamic Approaches in Eating Disorder Treatment: Implications for the Therapeutic Use of Countertransference	Diamant
	C. Family-Based Treatment for Adolescent Eating Disorders: Two Decades Since the First Maudsley Treatment Studies	Rossini 1
	D. Use of Internet Tools for the Optimization of Treatment Outcome: Monitoring, Information Feedback and Supervision among Peers	Coral
	E. Body Image Therapy and Eating Disorders: Practical Guidelines	Verdi
	F. Decreasing Risk for Eating Disorders across the Developmental Spectrum: Multimedia Tools for Children, Adolescents and College Students	Cristal
	G. Understanding the Review Process for Papers: How Can I Improve My Chances of Getting Published in Peer-Review Journals?	Rossini 2
	H. The Conceptualization and Implementation of an Assertive Community Treatment Team for Eating Disorders	Jade
	I. The Use of Mindfulness Meditation Techniques in Treatment of Binge Eating Disorder	Vivaldi 2

CSW

CSW



Schedule-at-a-Glance

Workshops designated with a **CSW** code indicate a Core Skills Workshop.

Thursday, June 8

[continued]

Location

1:30 – 3 p.m.	Lunch on your own	
1:30 – 3 p.m.	Special Interest Group (SIG) Annual Meetings (Box lunch available with advance purchase.) Athletes Cognitive Behavioral Therapy Health at Every Size Hispano Latino American Inpatient Males Medical Care Neuropsychology Psychodynamic Psychotherapy	Vivaldi 1 Jade Diamant Rossini 1 Coral Cristal Rossini 2 Diamant Vivaldi 2
3 – 5 p.m.	Plenary Session I: When Nature Meets Nurture: Constitution-Environment Interactions in Eating Disorders Supported by the National Institute of Mental Health <i>Chair: Howard Steiger, PhD, FAED</i> Measured Gene X Environment Interactions in Psychopathology <i>Avshalom Caspi, PhD</i> Eating Disorders and Adolescent Angst: Genes, Environment and Puberty <i>Kelly Klump, PhD, FAED</i> The Influence of Maternal Eating Disorders in the Postnatal Period on Child Development <i>Alan Stein, MD</i> Risk and Resilience in Eating Disorders <i>Corinna Jacobi, PhD, Dipl. Psych.</i>	Verdi
5 – 5:30 p.m.	Refreshment Break	Rubi/Zafir
5:30 – 7 p.m.	Workshop Session II CSW A. Community Treatment of Anorexia Nervosa: The Russell Unit Model B. Parents' Workshops: Teaching Communication Skills to Parents in the Secondary Prevention of Eating Disorders CSW C. Innovative Approaches to Integrating Parents across Levels of Care: How to Prevent Relapse and Promote Recovery in the Treatment of Children and Adolescents with Eating Disorders D. Longitudinal Data Analysis Using Hierarchical Linear Models E. Overall Assessment and Family-Based Treatment of Outpatient Child and Adolescent Anorexia Nervosa Patients: The Family Meal Intervention: When and How CSW F. Hearts, Minds and Guts — Medically Informed Refeeding G. The Integration of a Family-Based Approach into Inpatient Treatment of Adolescent Anorexia Nervosa H. Mother-Baby Interactions: Working with Feeding and Attachment Issues CSW I. Managing Personality Pathology in People with Eating Disorders: A Trait-Focused, Evidence-Based Guide to Treatment	Rossini 2 Vivaldi 2 Rossini 1 Diamant Jade Vivaldi 1 Cristal Coral Verdi
7 – 8:30 p.m.	Opening Reception/Poster Session I Presentations/Exhibit Hall Open Supported by University Hospital of Bellvitge	Rubi/Zafir



Schedule-at-a-Glance

Workshops designated with a **CSW** code indicate a Core Skills Workshop.

Friday, June 9

Location

8:30 a.m. – 7 p.m.	Registration	Main Hall
8:30 – 9:30 a.m.	Current, New and Prospective Member Breakfast	Diamant
8:30 a.m. – 1:30 p.m.	Poster Session I Viewing	Rubi/Zafir
8:30 a.m. – 7:00 p.m.	Exhibit Hall Open	Rubi/Zafir
9:30 – 11:30 a.m.	Plenary Session II: Eating Disorder Diagnosis - An Alternative Perspective <i>Chair: Sloane Madden, MB, BS (Hons), FRANZP</i> Diagnosing Eating Disorders: A Constructive or Constrictive Enterprise? <i>Walter Vandereycken, MD, PhD</i> Eating and Feeding Behavior and Disorders: Transcultural Diagnosis of ED <i>J. Armando Barriguete-Melendez, MD, PhD, FAED</i> Whither Eating Disorders in DSM-V? <i>B. Timothy Walsh, MD, FAED</i> Diagnosis of Eating Disorders in Children: A Developmental Perspective <i>Dasha Nicholls, MBBS, MRC Psych, MD</i>	Verdi
11:30 a.m. – Noon	Refreshment Break	Rubi/Zafir
Noon – 1:30 p.m.	Oral Scientific Paper Session I (brief scientific papers for presentation and discussion) A. Biology 1 B. Children and Adolescents 1 C. Cognition D. Comorbidity 1 E. Course and Outcome F. Diagnosis G. Treatment 1A H. Treatment 1B I. Binge Eating Disorder 1	Jade Rossini 1 Coral Cristal Vivaldi 1 Rossini 2 Verdi Diamant Vivaldi 2
1:30 – 2:30 p.m.	Poster Session I Dismantle	Rubi/Zafir
1:30 – 3:30 p.m.	Lunch on your own	
1:30 – 3:30 p.m.	Special Interest Group (SIG) Annual Meetings (Box lunch available with advance purchase.) Bariatric Surgery Child and Adolescents Information Technology Neuroimaging New Investigators Prevention Transcultural	Vivaldi 2 Vivaldi 1 Rossini 1 Rossini 2 Cristal Diamant Coral
1:30 – 3:30 p.m.	World Summit Inaugural Session	Verdi
1:30 – 3:30 p.m.	NIMH Research Roundtable: Addressing the Need for Valid and Reliable Eating Disorder Screening Tools for Children and Adolescents in the Primary Care Setting	Jade
2:30 – 3:30 p.m.	Poster Session II Presenter Set-Up	Rubi/Zafir
3:30 – 5 p.m.	Oral Scientific Paper Session II (brief scientific papers for presentation and discussion) A. At-Risk Populations B. Binge Eating Disorder 2 C. Biology 2 D. Children and Adolescents 2 E. Comorbidity 2 F. Cross-Cultural G. Measurement and Assessment H. Prevention I. Treatment 2	Rossini 1 Rossini 2 Cristal Diamant Coral Jade Vivaldi 2 Vivaldi 1 Verdi



Schedule-at-a-Glance

Workshops that are designated with a **CSW** code indicate a Core Skills Workshop.

Friday, June 9 (continued)

		Location
3:30 – 7 p.m.	Poster Session II Viewing	Rubi/Zafir
5 – 5:30 p.m.	Refreshment Break	Rubi/Zafir
5:30 – 7 p.m.	Special Interest Group (SIG) Discussion Panels	
	A. Prevention Update: An International Perspective	Rossini 2
	B. The Use of New Technologies in the Treatment of Eating Disorders	Verdi
	C. Mending Broken Hearts: Evaluation and Management of the Cardiovascular Complications of Anorexia Nervosa	Jade
	D. Men and Eating Disorders — Current Knowledge and Research Directions	Vivaldi 1
	E. The Therapeutic Relationship as a Tool in the Treatment of the Core Interpersonal Issues Accompanying Eating Disorders	Rossini 1
	F. Neuroimaging in Anorexia Nervosa: Where Next?	Vivaldi 2
5:30 – 7 p.m.	The Future of Eating Disorders Research: The AED/NIMH Travel Fellowship Awards	Diamant
7:30 – 9 p.m.	Meet the Experts	Cristal/Coral

Saturday, June 10

8 a.m. – 5 p.m.	Registration	Main Hall
8:30 – 10:30 a.m.	Special Symposium on Recent Anorexia Nervosa Psychotherapy Trials <i>Chair: Gerald Russell, MD</i> Acceptance and Dropout: The Nexus in Treating Eating Disorders <i>Katherine Halmi, MD</i> A Comparison of End of Treatment and Longer Term Outcomes in Adolescents with Anorexia Nervosa Treated with Family Therapy <i>James Lock, MD, PhD, FAED</i> A Randomized Controlled Trial of Three Psychotherapies for Anorexia Nervosa: CBT, IPT and Specialist Supportive Clinical Management <i>Virginia McIntosh, PhD, Dip. Clin.Psych, MA</i> Transforming Weight Restoration to Long-Term Recovery: The Challenges of Relapse Prevention in the Treatment of Adult Anorexia Nervosa <i>Kathleen Pike, PhD, FAED</i>	Verdi
8 a.m. – 2:30 p.m.	Exhibit Hall Open	Rubi/Zafir
8 a.m. – 6 p.m.	Poster Session II Viewing	Rubi/Zafir
9 – 10 a.m.	Special Interest Group (SIG) Meetings	
10:30 – 10:45 a.m.	Refreshment Break	Rubi/Zafir
10:45 a.m. – 11:30 a.m.	Presidential Address and Awards Ceremony	Verdi
11:30 a.m. – 1 p.m.	Workshop Session III	
	CSW A. Treatment Decision-Making and the Consideration of Competence in Anorexia Nervosa: Clinical Decision-Making Frameworks Derived from Empirical Medical Ethics Research	Rossini 2
	B. The Scientific Status of Sociocultural Models for Eating Disorders: A Close Look at Controversy, Theory and Data	Rossini 1
	CSW C. What to Do about EDNOS? A Dimensional Approach to the Pharmacological Treatment of Eating Disorders and Comorbid Conditions	Vivaldi 1
	D. Nutritional Treatment Strategies and the Lunch Session Intervention Used with Hispanic Populations in Latin America and in the United States	Coral
	E. A Participatory Approach to the Prevention of Eating Disorders Applications in Two School Settings	Jade
	F. Body Checking, Body Avoidance and “Feeling Fat”	Verdi
	G. Is BED a Particular Pathology? Answers from Different Points of View	Cristal
	H. Demonstration and Discussion of Cognitive Style: How Can This Be Translated into Treatment?	Vivaldi 2
	CSW I. Connecting with Adolescents and Parents with Eating Disorders: It’s All about Mutual Relationships	Diamant
1– 2 p.m.	Lunch on your own	



Schedule-at-a-Glance

Workshops that are designated with a **CSW** code indicate a Core Skills Workshop.

Saturday, June 10 (continued)

2 – 4 p.m.

Location

Verdi

Plenary Session III: Treatment Guidelines

Chair: Anna Keski-Rahkonen, MD, PhD, MPH

The New Revision of the American Psychiatric Association Eating Disorder Treatment Guideline

Joel Yager, MD, FAED

Eating Disorder Treatment Guidelines — Local and Global Perspectives and Implications for Prevention

Gail Huon, PhD, FAED

Clinical Nutritional Care of Severely Underweight Individuals

Alan Jackson, MD

Prevention and Treatment of Childhood Obesity

Johannes Hebebrand, MD

2:30 – 4:30 p.m.	Exhibitor Dismantle	Rubi/Zafir
4 – 4:30 p.m.	AED Business Meeting	Verdi
4:30 – 6 p.m.	Poster Session II Presentations	Rubi/Zafir
6 – 6:30 p.m.	Poster Session II Dismantle	Rubi/Zafir
7:30 p.m.	Depart Hotel Fira Palace for Tour of El Poble Espanyol	Lobby
8 p.m.	Final Night Event — Tour of El Poble Espanyol	



Scientific Paper Session I Friday, June 9 • Noon – 1:30 p.m.

Time	Jade	Rossini 1	Coral	Cristal	Vivaldi 1	Rossini 2	Verdi	Diamant	Vivaldi 2
	Biography 1	Children and Adolescents 1	Cognition	Comorbidity 1	Course and Outcome	Diagnosis	Treatment 1A	Treatment 1B	Binge Eating Disorder 1
Noon	P1 Ebstein Bachner-Melman Zohar et al	P10 Shapiro Bauer Kordy et al	P19 Mountford Haase Glenn	P28 Claes Vandereycken	P37 Fichter Quadflieg	P46 Pinheiro Bulik Thornton et al	P55 Rhodes Brown	P64 Bulik	P73 Dohm Cachelin Striegel-Moore
12:10 p.m.	P2 Bailer Frank Henry et al	P11 Wallin	P20 Cooper Deepak Grocutt et al	P29 Nachmani Latzner Cohen	P38 Stein Yackobovitch-Gavan Golan et al	P47 Raevuori Keski-Rahkonen Rissanen et al	P56 Dalle Grave Di Pauli Sartirana et al	P65 Waller Patient Corstorphine et al	P74 Dingemans Spinhoven van Furth
12:20 p.m.	P3 Slof-Opt Landt van Furth Bartels et al	P12 Franko Striegel-Moore Thompson et al	P21 Evans Stukas	P30 Perez Joiner, Jr. Lewinsohn	P39 Linna Keski-Rahkonen Hoek et al	P48 Gur	P57 Wade Gilchrist Treasure et al	P66 Murphy	P75 Eddy Tanofsky-Kraff Thompson-Brenner Herzog
12:30 p.m.	P4 Edler Lipson Keel	P13 Micali Simonoff Treasure	P22 Tolman Woltz	P31 Piran Gadalla	P40 Mewes Tagay Senf	P49 Palmer Bohn Cooper et al	P58 Steinglass Sysko Schebendach et al	P67 Tobin Banker Bowers	P76 Tzischinsky Lutzer Givon et al
12:40 p.m.	P5 Barbarich- Marsteller Marsteller Fowler et al	P14 Dohnt Tiggemann	P23 Kemps Tokley	P32 Fernández-Aranda Jiménez-Murcia Alvarez et al	P41 Bergin Wade	P50 Zimmerli Guss Kissileff et al	P59 Gowers Smethurst Rowlands	P68 Reyes Rossello Matos	P77 Jansen Havermans Roefs et al
12:50 p.m.	P6 van Elburg Hillebrand de Krom et al	P15 Castro Casulà Saura et al	P24 Roefs Jansen	P33 Bulik Fernández-Aranda Pinheiro et al	P42 Rastam Gilberg Christopher et al	P51 Murnen Smolak Levine	P60 Russell Eisler	P69 Peterson Mitchell Crow et al	P78 Claudino Oliveira Appolinario et al
1 p.m.	P7 Madden Kohn	P16 Smith Simmons Annus et al	P25 Sansa Krug Chamizo et al	P34 Custal Crespo Fernández-Aranda et al	P43 Wentz Gilberg Gilberg et al	P52 Manwaring Bryson Goldschmidt et al	P61 Mond	P70 Currin Tomlinson Murray et al	P79 Mitchell Sanwer Crosby
1:10 p.m.	P8 Mercader Gratacòs Ribases et al	P17 Levine Murnen Smith et al	P26 Smeets Roefs van Furth et al	P35 Root Sinton Collins et al	P44 Nunes Pinheiro	P53 Maldonado Boggiano Oswald	P62 Herzog Franko le Grange et al	P71 Steele Wade	P80 Munsch Biedert Meyer et al
1:20 p.m.	P9 Marocco Zorzi Riva et al	P18 Celio le Grange Goldschmidt et al	P27 Monteburro Feixas Compañ et al	P36 Canalda Fuente Castro et al	P45 Troop Andrews Hiskey et al	P54 Nakai		P72 Grilo	P81 Mulken Jansen Jansen

Scientific Paper Session II

Friday, June 9 3:30 – 5 p.m.

Time	Rossini 1	Rossini 2	Cristal	Diamant	Coral	Jade	Vivaldi 2	Vivaldi 1	Verdi
	At-Risk Populations	Binge Eating Disorder 2	Biology 2	Children and Adolescents 2	Comorbidity 2	Cross-Cultural	Measurement and Assessment	Prevention	Treatment 2
3:30 p.m.	P82 Bachner-Malman Zohar Ebstein et al	P91 Yanover Sacco	P100 Haas Kohn Madden	P109 Sinton Birch	P118 Brewerton O'Neil Kilpatrick	P127 Unikel Bojorquez Vázquez	P136 Hinrichsen Garry Waller	P145 Arata Battini	P154 Noordenbos
3:40 p.m.	P83 Saucedo-Molina	P92 Gluck Lorence	P101 Steiger Richardson Joober et al	P110 May Sinton Birch	P119 Saltini Bussolotti Baraldi et al	P128 Sanchez-Johnsen	P137 de la Rie Noordenbos van Furth	P146 DeBate	P155 Williams
3:50 p.m.	P84 Kalarchian Levine Courcoulas et al	P93 Bégin Provancher Gagnon-Girouard et al	P102 Klein Mayer Schebendach et al	P111 Waldherr Rathner Friedl	P120 Núñez Solano Vallejo et al	P129 Costa Rotenberg Lattimore	P138 Goldschmidt Cello Wittley	P147 Paxton Ellis McLean et al	P156 Calogero Thompson
4 p.m.	P85 Thomas Keel Heatherton	P94 Nederkoorn Jansen Mulken et al	P103 Estivill Ribases Mercader et al	P112 Flament Henderson Buchholz et al	P121 Slane Culbert Klump	P130 Kern Marin	P139 Keski-Rahkonen Sihvola Raevuori et al	P148 Monro Huon	P157 Brunton Sanjeev Bolton et al
4:10 p.m.	P86 Rasmussen Arnaut	P95 Muehlthans	P104 Bruce Steiger Israel et al	P113 Krug Fernández-Aranda Anderluh et al	P122 Reba Bulik Thornton	P131 Xu Ma	P140 Tantillo Sanfiter	P149 Becker Cauble Bull et al	P158 Hotta Ohwada Shibasaki
4:20 p.m.	P87 Wolff Zubery Steiner et al	P96 Henderson Rosenberger Grilo et al	P105 Richardson Steiger Joober et al	P114 Pinhas Morris Heinmaa et al	P123 Weltzin Bean Timmel et al	P132 Hoste le Grange	P141 Henderson Buchholz Perkins-Mangulabnan et al	P150 Wilksch Wade	P159 Pineda García Gomez Peresmitre Rodriguez de Elias et al
4:30 p.m.	P88 Karwautz Wagner Sinnreich et al	P97 Vinaí Vallauri Ferrato et al	P106 Culbert Edler Keel et al	P115 Trobert Klump	P124 Raney Thornton Collaborative Group et al	P133 Floyd	P142 Mian Dalle Grave Probst et al	P151 Haines Neumark-Sztainer	P160 Marra De Filippo Pasanisi et al
4:40 p.m.	P89 Wagner Berger Sinnreich et al	P98 Bocchieri-Ricciardi Chen Munoz et al	P107 Sandor DeSouza Pinzon et al	P116 van den Berg	P125 Fischer Smith Hendricks et al	P134 McVey Suleman	P143 Anderson Simmons Milnes et al	P152 Cousineau Cunningham Siebring et al	P161 Bravender Staples Sangvai
4:50 p.m.	P90 Boisvert Harrell	P99 Boutelle Fulkerson Hannan et al	P108 Kristeller Wolever Jennifer	P117 Halvorsen Heyerdahl	P126 Mathews	P135 Quirk Baillet Flament Obeid et al	P144 Candelori	P153 O'Hagan	P162 Wimmer-Puchinger Strobich

Detailed Program

Wednesday, June 7

8:30 a.m. – 7 p.m.

✿ Main Hall

Registration

8:30 a.m. – 1:30 p.m.

✿ Zafir

Academy for Eating Disorders and Eating Disorders Research Society (EDRS) Research Training Day Workshop (invitation only)

8:30 a.m.

Welcome and Introductions

Ruth Striegel-Moore, PhD, FAED, Professor of Psychology, Wesleyan University, Middletown, CT, USA

Cynthia Bulik, PhD, FAED, William and Jeanne Jordan Distinguished Professor of Eating Disorders, Department of Psychiatry, University of North Carolina, Chapel Hill, NC, USA

8:45 – 9:30 am

How to Write a Fundable Grant

Cynthia Bulik, PhD, FAED, William and Jeanne Jordan Distinguished Professor of Eating Disorders, Department of Psychiatry, University of North Carolina, Chapel Hill, NC, USA

9:30 a.m. – 10 a.m.

Writing the Statistical Methods Section

Ross Crosby, PhD, Neuropsychiatric Research Institute, Fargo, ND, USA

10 – 10:30 a.m.

Writing Human Subjects/Data Safety Monitoring Plan

James Mitchell, MD, FAED, Neuropsychiatric Research Institute, Fargo, ND, USA

10:30 – 10:45 a.m.

Coffee Break

10:45 – 11:00 a.m.

Getting Your Paper Published in the *International Journal of Eating Disorders*

Ruth Striegel-Moore, PhD, FAED, Professor of Psychology, Wesleyan University, Middletown, CT, USA

11 – 11:30 a.m.

How to Use Your Mentor Effectively

Anna Keski-Rahkonen, MD, PhD, MPH, Columbia University, New York, NY, USA

11:30 – 12:30 p.m.

Small Group Meetings with Assigned Mentors

12:30 – 1:30 pm

Luncheon

Research Training Day Faculty:

Cynthia Bulik, PhD, FAED

Ross Crosby, PhD

Hans Hoek, MD, PhD, FAED

Anna Keski-Rahkonen, MD, PhD, MPH

James Mitchell, MD, FAED

Ruth Striegel-Moore, PhD, FAED

2 – 5 p.m.

Clinical Teaching Day Workshops

(separate registration fee required)

✿ Diamant

A. | ENGLISH TEACHING DAY: CBT APPROACHES TO COMMON ISSUES IN THE TREATMENT OF EATING DISORDERS (ENGLISH)

Kathleen M. Pike, PhD, FAED, Associate Professor of Clinical Psychology in Psychiatry, Department of Psychiatry, Columbia University, New York, NY, USA; Michael J. Devlin, MD, FAED, Associate Professor of Psychiatry, Department of Psychiatry, Columbia University, New York, NY, USA

In the course of treatment, individuals suffering from eating disorders and their therapists regularly confront obstacles and complications en route to recovery. Although CBT manuals describe a nomothetic course of treatment, in reality, no single course of recovery exists, and treatment is tailored for each individual to address his or her particular issues and especially difficult challenges. In this workshop, the presenters will review common challenges that arise and discuss how to work within the CBT model to address these issues. Discussion will be organized using case material from individuals across the range of eating disorders to illustrate what CBT looks like in actual practice.

✿ Vivaldi 1

B. | ENGLISH TEACHING DAY: NUTRITIONAL REHABILITATION FOR THE EATING DISORDERED CLIENT (ENGLISH)

Leah L. Graves, RD, LD, FAED, Supervisor of Nutrition Therapy, Laureate Eating Disorders Program, Tulsa, OK, USA

This workshop is intended for new clinicians and will review the nutrition care process across the continuum of care, including the role of the nutrition professional on the treatment team, nutritional assessment and intervention, as well as preparing clients for the transitions to and from different levels of care.

✿ Rossini 1

C. | ENGLISH TEACHING DAY: UPDATE ON THE MOST COMMON EATING DISORDERS: EDNOS AND BED (ENGLISH)

James E. Mitchell, MD, FAED, Neuropsychiatric Research Institute and Department of Clinical Neuroscience, University of North Dakota School of Medicine and Health Sciences, Fargo, ND, USA; Pamela E. Keel, PhD, Department of Psychology, University of Iowa, Iowa City, IA, USA

This workshop will focus on the latest information regarding the diagnosis and treatment of patients with EDNOS. This group, which includes the majority of patients seen in clinical practice, has been grossly understudied. Various described subtypes, including BED, night eating syndrome, and purging disorder, will be covered.

Detailed Program

✿ Rossini 2

D. | ENGLISH TEACHING DAY: CUTTING-EDGE ISSUES IN MEDICAL CARE OF EATING DISORDERS: REFEEDING SYNDROME, GASTROINTESTINAL ISSUES, OSTEOPENIA AND OSTEOPOROSIS (ENGLISH)

Ovidio Bermudez, MD, FAED, Medical Director, Laureate Eating Disorders Program, Adjunct Associate Professor of Pediatrics and Nursing, Vanderbilt University, Tulsa, OK, USA; Philip S. Mehler, MD, Associate Professor of the Glassman Chair in Internal Medicine, University of Colorado School of Medicine, Denver, CO, USA; Richard L. Levine, MD, FAED, Professor, Pediatrics and Psychiatry, Pennsylvania State College of Medicine, Director of Adolescent Medicine and Director of the Eating Disorders Program, Pennsylvania State Children's Hospital - Milton S. Hershey Medical Center, Hershey, PA, USA

This workshop will address three important and controversial issues of medical care across the spectrum of eating disorder diagnosis. The current understanding in the etiopathogenesis, evaluation and treatment of gastrointestinal complaints and complications, refeeding syndrome, and osteopenia/osteoporosis will be discussed. Participants may consider submitting specific case questions in advance.

✿ Cristal

E. | ITALIAN TEACHING DAY: IMPROVING KNOWLEDGE ABOUT DIAGNOSIS, ETIOPATHOLOGY AND TREATMENT OF ANOREXIA NERVOSA AND BULIMIA NERVOSA (ITALIAN)

MIGLIORARE LE CONOSCENZE SULLA DIAGNOSI, L'ETIOPATOGENESI E IL TRATTAMENTO DELL'ANORESSIA NERVOSA E DELLA BULIMIA NERVOSA

Paolo Santonastaso, MD, Department of Neurosciences, University of Padova, Padova, Italy; Angela Favaro, MD, PhD, Department of Neurosciences, University of Padova, Padova, Italy; Palmiero Monteleone, MD, Psychiatric Clinic, Second University, Naples (SUN), Naples, Italy; Francesca Brambilla, MD, Department of Neuropsychiatric Sciences, Sacco Hospital, Milan, Italy

The session aims at improving knowledge about diagnosis, etiopathology and treatment of anorexia nervosa and bulimia nervosa. Clinical vignettes and recent research data will be presented with special attention to: 1) the definition of diagnostic threshold; 2) the problem of comorbidity and differential diagnosis; 3) suicidality and self-injurious behavior in eating disorders; 4) new data and models about the etiopathogenesis of eating disorders: integrating psychological, genetic and biological data; and 5) new insights into pharmacological and psychological treatment in the field of eating disorders.

La sessione ha lo scopo di migliorare e aggiornare le conoscenze circa la diagnosi, l'etiopatogenesi e il trattamento dell'anorexia nervosa e la bulimia nervosa. Verranno utilizzati esempi clinici e recenti dati provenienti dalla ricerca scientifica con una particolare attenzione per i seguenti temi: 1) la definizione delle soglie diagnostiche; 2) il problema della comorbidità e della diagnosi differenziale; 3) la suicidalità e l'autoaggressività nei disturbi alimentari; 4) nuove conoscenze circa i trattamenti psicologici e farmacologici.

✿ Coral

F. | FRENCH TEACHING DAY: MULTIMODAL TREATMENT OF EATING DISORDERS (FRENCH)

TRAITEMENT MULTIMODAL DES TROUBLES DES CONDUITES ALIMENTAIRES

Howard Steiger, PhD, FAED, Directeur, programme des troubles de l'alimentation, hôpital Douglas, Professeur titulaire, département de psychiatrie, Université McGill, Montreal, Quebec, Canada; Martine Flament, MD, PhD, Professeur titulaire, département de psychiatrie, Université d'Ottawa, Professeur, Ecole de Psychologie, Université d'Ottawa, Directeur de l'Unité de l'adolescent de l'Institut de recherche en santé mentale de l'Université d'Ottawa, Royal Ottawa Hospital, Ottawa, Ontario, Canada; Nathalie Godart, MD, PhD, Pédiopsychiatre, responsable d'une unité d'hospitalisation pour adolescents, Institut Mutualiste Montsouris, Université Paris Descartes Service du Pr Jeammet, Institut Mutualiste Montsouris, Paris, France

This workshop will provide an up-to-date review of the main aspects of eating disorder treatment, including general principles for psychotherapeutic management, inpatient treatment and pharmacological therapy.

Cet atelier propose une mise à jour des différents aspects du traitement des troubles des conduites alimentaires (TCA), incluant les principes généraux pour la gestion psychothérapeutique, le traitement durant l'hospitalisation et la thérapie pharmacologique.

✿ Jade

G. | GERMAN TEACHING DAY: ETIOLOGY AND TREATMENT OF EATING DISORDERS — AN UPDATE (GERMAN)

ETIOLOGIE AND THERAPIE DER ESSSTÖRUNGEN — EIN UPDATE

Martina de Zwaan, MD, FAED, Abteilung für Psychosomatik und Psychotherapie (Department of Psychosomatic Medicine and Psychotherapy), Universitätsklinikum Erlangen (University Hospital Erlangen), Erlangen, Germany; Andreas Karwautz, MD, Neuropsychiatrie des Kindes - u. Jugendalters Medizinische Universität, Wien, Allgemeines Krankenhaus der Stadt Wien, Wien, Austria

This workshop will review the recent developments in risk factor research and inform the audience about etiological models and vulnerability to eating disorders. A comprehensive summary of evidence-based treatment approaches (psychotherapy and pharmacotherapy) for anorexia nervosa, bulimia nervosa and binge eating disorder will be presented.

Wir informieren über rezente Entwicklungen in der Risikoforschung und diskutieren ätiologische Modelle und Vulnerabilität für Essstörungen. Wir geben einen umfassenden Überblick über evidenz-basierte Zugänge (Psycho- und Pharmakotherapie) für Anorexia nervosa, Bulimia nervosa und Binge-eating Störung.

☼ Vivaldi 2

H. | DUTCH TEACHING DAY: TREATMENT STUDIES IN BELGIUM AND THE NETHERLANDS (DUTCH)

BEHANDEL STUDIES IN VLAANDEREN EN NEDERLAND

Chair: Hans Bloks, Psy, PhD, voorzitter Nederlandse Academie voor Eetstoornissen, Leidschendam, The Netherlands

A.A. van Elburg, MD, Altrecht/Rintveld, Zeist, The Netherlands; S. Fleminger, MA, Accare/De Ruyterstee, Smilde, The Netherlands; C. Huyser, MD, De Bascule, Amsterdam, The Netherlands; A. Jansen, PhD, University of Maastricht, Maastricht, The Netherlands; M. Roosen, MA, GGZ Oostbrabant, Veghel, The Netherlands; J. Vanderlinden, PhD, University Center Sint Jozef, Kortenberg, Belgium; Marja Nieuwhof, Klinisch Psycholoog-Psychotherapeut, Programmaleider Eetstoornissen, GGZ Oostbrabant, Veghel, The Netherlands

This workshop will cover the following topics:

- Biochemical deviations in young eating disorder patients
- The mandometer method vs. conventional treatment as predictors of effectivity
- Multicenter treatment investigation of multiple family therapy with eating disorder adolescents
- MMPI-2 profiles of patients with different eating disorders
- A cognitive-behavioural program (one day a week) for patients with obesity and binge eating disorder
- The issue of whether obesity should be treated by psychologists in mental health centers

Deze workshop bevat de volgende onderwerpen:

- Biochemische afwijkingen bij jonge eetstoornispatiënten
- De mandometer methode versus conventionele behandeling; voorspellers van effectiviteit
- Multi-center behandelonderzoek voor Anorexia Nervosa
- MMPI-2 profielen van patiënten van verschillende diagnostische groep eetstoornispatiënten
- Een cognitief-gedragtherapeutische deeltijdbehandeling voor patiënten met obesitas en eetbuistoornis
- Obesitas moet behandeld worden door psychologen in de Geestelijke gezondheidszorg

3 – 5 p.m.

☼ Rubi/Zafir

Exhibitor/Poster Session I Presenter Set-Up

Thursday, June 8

8:30 a.m. – 7 p.m.

☼ Main Hall

Registration

8:30 a.m. – 8:30 p.m.

☼ Rubi/Zafir

Poster Session I Viewing/Exhibit Hall Open

9 – 10 a.m.

☼ Cristal

Special Interest Group (SIG) Chairs Organizational Meeting

All SIG chairs are invited to attend this meeting to discuss SIG activities.

10 – 10:15 a.m.

☼ Verdi

Welcome and Conference Goals

*Scott Crow, MD, FAED, President
Tracey Wade, PhD, FAED and Daniel le Grange, PhD, FAED,
Scientific Program Committee Co-Chairs*

10:15 – 10:30 a.m.

☼ Verdi

World Summit Update

Eric van Furth, PhD, FAED

10:30 – 11:30 a.m.

☼ Verdi

Keynote Address

Reducing the Burden of Suffering in Eating Disorders: Toward a Global Perspective

Ruth Striegel-Moore, PhD, FAED, Professor of Psychology, Wesleyan University, Middletown, CT, USA

Individuals with an eating disorder experience intense personal suffering and their difficulties cause considerable burdens to their families and society. Major advances have been achieved in the treatment of some (but not all) eating disorders and progress has been made in elucidating the factors contributing to the development or maintenance of eating disorders. These successes notwithstanding, most individuals do not seek treatment for the eating disorder or, when being treated, receive minimal or inadequate care. This presentation will highlight several major barriers to reducing the burden of suffering from eating disorders, including the stigma of eating disorders, the outdated definition of eating disorders, and the insufficient numbers of properly trained interventionists. Addressing the world community of eating disorder experts, this talk will present an action agenda for addressing these barriers in the global community.

11:30 a.m. – Noon

☼ Rubi/Zafir

Refreshment Break

Noon - 1:30 p.m.

Workshop Session I

☀ Vivaldi 1

A. | EATING DISORDERS AND PREGNANCY: COMPLICATIONS AND TREATMENT STRATEGIES FOR MOTHER AND CHILD

Jessica Setnick, MS, RD/LD, Master's Degree, Registered Dietitian, Understanding Nutrition, Dallas, TX, USA

This presentation will review the current knowledge base on eating disorders before, during, and after pregnancy, while outlining strategies to promote a healthy pregnancy and healthy outcomes for mother and child.

Pregnancy is often unexpected among women with eating disorders who assume that they are infertile or successfully using birth control. In addition to the obvious dangers of poor nutrition during gestation, pregnancy also carries the danger of eating disorder relapse for women who are in eating disorder recovery. After delivery, women with a history of eating disorder have a five-fold risk of postpartum depression versus the general population, and their children may also be at risk. The shame and secrecy that many women associate with their eating problems may discourage full disclosure to their health professionals, with negative consequences for mother and baby.

This presentation will educate physicians, dietitians, mental health professionals, and other medical personnel to recognize, treat, and appropriately monitor their patients with eating disorders who become pregnant, in an effort to minimize the risks and maximize a safe and healthy delivery. Evidence of the risks of eating disorder behaviors particular to pregnancy will be discussed, as well as guidelines to manage these behaviors during pregnancy and after delivery. Finally, the potential consequences of maternal eating disorders on child feeding and eating progression will be discussed, with guidelines for follow-up care provided. Time will be allotted for a question and answer period.

☀ Diamant

B. | INTEGRATING BEHAVIORAL AND PSYCHODYNAMIC APPROACHES IN EATING DISORDER TREATMENT: IMPLICATIONS FOR THE THERAPEUTIC USE OF COUNTERTRANSFERENCE

Sponsored by the Psychodynamic Psychotherapy Special Interest Group

J. Hubert Lacey, MD, MPhil, Professor of Psychiatry, St. George's Hospital Medical Centre, London, United Kingdom; Douglas Bunnell, PhD, Director, Renfrew Center of Southern Connecticut, Wilton, CT, USA; Judith Banker, MA, LLP, Executive Director, Center for Eating Disorders, Ann Arbor, MI, USA

This interactive workshop presents an integrative clinical paradigm and treatment tools to help eating disorder clinicians effectively address the intense negative emotions they may experience when working with eating disorder patients. With a reputation as a "difficult to treat" population, eating disorder patients present with complex symptoms that can evoke strong negative feelings, such as anger, hopelessness, self-doubt, powerlessness, and fear, in treating personnel across disciplines and theoretical orientations. Although little empirical data exists on the impact of these reactions on eating disorder treatment, this presentation suggests that lack of adequate training for clinical personnel on identifying and managing negative responses to patients may have an important impact on treatment

outcomes and drop-out rates, and may contribute to the reluctance of many health care providers to treat eating disorder patients. Based on the psychodynamic concept of "countertransference," the paradigm presented in this workshop offers a transtheoretical framework that enhances the understanding and processing of the emotional response of the clinician to the eating disorder patient. Case vignettes will be used to show how embedding empirically supported behavioral treatments within this paradigm produces a layered range of therapeutic strategies that address symptom management, as well as the ongoing emotional dynamics impacting the therapeutic alliance. Strategies to help large treatment teams work effectively with strong countertransference reactions within the team will also be demonstrated using a case vignette. Suggested guidelines for identifying and addressing strong negative countertransference reactions will be reviewed. Attendees are encouraged to bring case material to share during the discussion period.

☀ Rossini 1

C. | FAMILY-BASED TREATMENT FOR ADOLESCENT EATING DISORDERS: TWO DECADES SINCE THE FIRST MAUDSLEY TREATMENT STUDIES

Daniel le Grange, PhD, Associate Professor, The University of Chicago, Chicago, IL, USA; James Lock, MD, PhD, Associate Professor, Stanford University, Stanford, CA, USA

It has been two decades since the seminal family therapy treatment trials at the Maudsley Hospital in London were launched. In this interactive workshop we will briefly review the original work, but then focus attention on the developments that have taken place since the original studies in the 1980s. These developments include, a) the manualization of family therapy for adolescent anorexia nervosa (AN), b) the application of this treatment in short- and long-term formats for AN, c) the adaptation of this manual for adolescent bulimia nervosa (BN), and d) disseminating this approach beyond the UK. The main focus will be to outline manualized family-based treatment (FBT). This treatment is modeled on the London studies and has come to be known as the Maudsley Method for its origins at this celebrated London hospital. Unlike traditional treatments for adolescents with eating disorders, which promote the adolescent's autonomy around food, the first phase of FBT temporarily places the parents in charge of nutritional rehabilitation. In the second phase of treatment, control over food consumption is transferred back to the adolescent. In the third and final phase, broader concerns of adolescent development are addressed. FBT has shown great promise for adolescent AN and BN, and has also recently been applied to adolescents with Subsyndromal eating disorder presentations. Dr. le Grange will begin this workshop with a brief review of the original research support for FBT. The majority of the workshop will focus on the application of the FBT protocol, with a combination of didactics, case examples, and role plays. Dr. Lock will then present data supporting the use of FBT in both short- and long-term formats, and Dr. le Grange will highlight the differences in FBT for adolescent BN as opposed to AN. Participants will have the opportunity to discuss the potential application of FBT to their current patients.

✿ Coral

D. | USE OF INTERNET TOOLS FOR THE OPTIMIZATION OF TREATMENT OUTCOME: MONITORING, INFORMATION FEEDBACK AND SUPERVISION AMONG PEERS

Stephanie Bauer, PhD, Postdoctoral Research Fellow, Center for Psychotherapy Research, Heidelberg, Germany; Hans Kordy, PhD, Head of Department, Center for Psychotherapy Research, Heidelberg, Germany; Jennifer Shapiro, PhD, NIMH Postdoctoral Research Fellow, University of North Carolina at Chapel Hill, Chapel Hill, NC, USA; Cynthia Bulik, PhD, William and Jeanne Jordan Distinguished Professor of Eating Disorders, Department of Psychiatry, University of North Carolina at Chapel Hill, Chapel Hill, NC, USA

The development of computer-assisted systems now provides tools for both the assessment and continuous monitoring of the course of health at reasonable time and cost. For example, specific software transfers the data into graphs and charts on symptom status and change over time, which can provide clinically relevant feedback to the clinician. Several studies in the general field of psychotherapy research indicate that monitoring and feedback can help to optimize the match between patients' needs and the type, intensity, and duration of care. The Internet makes the embedded information accessible from everywhere and any time. Thus, the Internet-based systems helps bring colleagues together and invites for clinical reflection of such information. Over the past years the German partners of this workshop have successfully developed and evaluated variants of conducting monitoring, information feedback, and case discussions among peers via face-to-face discussions as well as in internet chatrooms. Together with the American partners they have now adopted the system specifically for the field of eating disorders. In this workshop we will introduce both, the monitoring system together with the feedback modules and the model of peer supervision groups via chat technology. To introduce the approaches, we will illustrate clinical examples, demonstrate the software and give participants the possibility to try out the various components.

✿ Verdi

E. | BODY IMAGE THERAPY AND EATING DISORDERS: PRACTICAL GUIDELINES

Michel Probst, PhD, PT, Asst. Professor and Therapist, K.U. Leuven, FABER and University Center, Kortenberg, Belgium; Thea Rytz, MA, Therapist, Psychiatrische Poliklinik Inselspital Bern, Bern, Switzerland; Janis Alexandridis, PhD, Therapist, Klinik Roseneck, Priem am Chiemsee, Germany; Marie Louise Majewski, MA, PT, Therapist, Eating Disorder Unit, Child and Adolescent Psychiatry, Lund University Hospital, Lund, Sweden

Body image therapy is a complementary therapy in the treatment of eating disorders. The theoretical approach and the content of this therapy differ from country to country. Four well known units of eating disorders with a long history of experience from four different countries (Kortenberg, Belgium; Lund, Sweden; Priem am Chiemsee, Germany; Bern, Switzerland) present their work and answer questions concerning the content of the body image therapy; the theoretical inspiration, the practical organization and the scientific research in this field. The different approaches are compared and discussed. In the second part we demonstrate and practice a selection of different concrete exercises. Based on a blind evaluation the following question is answered in the third part: does body image therapy help patients? At the end evidence based practical guidelines are proposed for a well structured scientifically based body image research and therapy.

✿ Cristal

F. | DECREASING RISK FOR EATING DISORDERS ACROSS THE DEVELOPMENTAL SPECTRUM: MULTIMEDIA TOOLS FOR CHILDREN, ADOLESCENTS AND COLLEGE STUDENTS

CSW

Debra Franko, PhD, Professor, Northeastern University, Boston, MA, USA; Tara Cousineau, PhD, Research Scientist, Inflexxion, Inc., Newton, MA, USA

Decreasing risk for eating disorders is an important goal for clinicians and researchers. Because eating disorders, dieting, and body image concerns occur across the developmental spectrum, age-appropriate prevention tools are needed. With increasing access to computers and the Internet, eating disorder prevention programs have expanded into multimedia technology. The focus of this workshop will be to describe four developmentally appropriate multimedia prevention programs designed to reduce risk behaviors and increase healthy eating. Participants will learn about the developmental issues important in prevention and will practice with these tools in an experiential workshop focused on how to implement multimedia eating disorder prevention programs with children, adolescents, and young adults. The use of technology offers a unique opportunity for health professionals to enhance their work by providing a tailored, interactive experience that can serve as a unique adjunct to both prevention and treatment efforts. This workshop introduces the audience to four multimedia programs, each developed for a specific developmental group. Ample time will be devoted to providing opportunities for audience participation with these programs: Trouble on the Tightrope: In Search of Skateboard Sam, an interactive online program designed to improve body image and self-esteem in early and middle adolescents; Jive for Five, a Web site developed to improve eating and physical activity behaviors in high school students; and MyStudentbody.com_Nutrition and Food, Mood & Attitude, two multimedia programs intended for college students. Efficacy data obtained from field trials will also be presented. The goal of the workshop is to illustrate how web-based media offers opportunities for decreasing eating disorder risk and increasing healthy eating in a variety of educational and clinical settings across the developmental spectrum.

✿ Rossini 2

G. | UNDERSTANDING THE REVIEW PROCESS FOR PAPERS: HOW CAN I IMPROVE MY CHANCES OF GETTING PUBLISHED IN PEER-REVIEW JOURNALS?

CSW

Glenn Waller, DPhil, Professor, Institute of Psychiatry, London, United Kingdom; Rachel Bryant-Waugh, DPhil, Locum Head, Feeding and Eating Disorders Service, London, United Kingdom

Clinicians and junior researchers generate many of the best findings and ideas in the field of the eating disorders, but for many the process of getting such material published can feel tortuous. The great majority of submissions to good quality peer-review journals fail to be accepted for publication first time round, even though the work is essentially sound. This problem can be worse for those without a history of publication and can leave authors feeling demoralised and negative, which in turn can lead to potentially useful and interesting material not being disseminated. We will address a key part of the process - understanding the peer review process in order to increase the chances of publication. Rejection or acceptance of papers submitted to peer review journals is largely dependent on how the reviewers rate the work. This workshop is designed to help clinicians and junior researchers to understand the review process,

and to reduce the chances of their work being rejected. The aim is to raise the participants' awareness of the common problems that reviewers identify when they review papers, and suggest means of avoiding them where possible (and responding to them where not). The broad topics for discussion will be: the need to understand the remit and style of different journals; common errors that can be avoided; and dealing with emotional responses to receiving a negative review. The presenters are experienced reviewers of such material, holding positions on the editorial boards of three of the major journals in the eating disorders and routinely reviewing for other journals. We have wide experience of publishing research, and of having our own submissions rejected.

✧ Jade

H. | THE CONCEPTUALIZATION AND IMPLEMENTATION OF AN ASSERTIVE COMMUNITY TREATMENT TEAM FOR EATING DISORDERS

Allan Kaplan, MD, FRCP (C), Head, Eating Disorders Program, Professor of Psychiatry, Toronto General Hospital; University of Toronto, Toronto, ON, Canada; Patricia Cavanagh, MD FRCP(C), Clinical Director, Impact Program, Toronto Western Hospital, Toronto, ON, Canada; Patricia Colton, MD, FRCP(C), Psychiatrist, Eating Disorder Program, Toronto General Hospital; University of Toronto, Toronto, ON, Canada

The first speaker in this workshop will review evidence supporting the model of Assertive Community Treatment (ACT) for individuals with serious and persistent mental illness. The second speaker will review the application of this model to seriously ill clients with eating disorders, describing a new innovative ACT team for this population (ED ACTT). The goals of this ED ACTT are threefold: 1) to reduce length of hospitalization and facilitate the transition of hospitalized clients into the community, 2) to reduce the recidivism rate for chronically ill medically unstable eating disorder clients, and 3) to improve the quality of life for these clients. Staff include nursing, occupational therapy, nutrition and psychiatry. Treatment modalities include client centered individual supportive therapy, motivational enhancement, symptom management, monitoring of medical status and psychotropic medication, leisure time management, assistance with activities of daily living and consultation to clients' families, physicians and other support agencies. The third speaker will provide case examples to illustrate the treatment challenges that this approach creates for staff in this population. The fourth speaker will describe the data base that was developed to conduct program evaluation under five domains: demographics and treatment history, eating disorder symptoms, comorbid symptomatology, quality of life measures, and measures of client satisfaction. Demographic and clinical information for the first cohort of clients in this program will be presented. They are single women with anorexia nervosa in their 30s living alone having been ill for over 15 years with extensive treatment histories with significant medical and psychosocial disability and elevated levels of depression and anxiety. Finally, a description of the initial one year outcome for this program will be presented.

✧ Vivaldi 2

I. | THE USE OF MINDFULNESS MEDITATION TECHNIQUES IN TREATMENT OF BINGE EATING DISORDER

Jean Kristeller, PhD, Professor, Indiana State University, Terre Haute, IN, USA

Mindfulness approaches to treating eating disorders offer substantial promise. This workshop will introduce the conceptual background, research evidence and treatment components of the MB-EAT (Mindfulness-Based Eating Awareness Training). An overview of our completed manualized NIH-randomized clinical trial will be presented, along with experiential material. Video material of mindful eating exercises and interviews with participants will be included.

The nine-session MB-EAT includes basic meditation training, eating meditations, and meditation related to hunger awareness, taste-specific satiety, emotional triggers, and forgiveness. In the clinical trial, 154 obese (BMI = 39) men (13%) and women (13% Af-Am; avg. age = 46.3) with BED were randomized to MB-EAT, a psycho-educational (PE) treatment or a waiting list (WL), with one- and four-month followup. Both MB-EAT and PE showed significant improvements at one and four months (B, 1, 4) compared to the WL group on binges/mos ($p < .01$), the BES ($p < .01$), Eating Self-Efficacy ($p < .05$), and depression (BDI) ($p < .01$). Furthermore, the MB-EAT participants, showed greater internalization of change, as indicated by the TFQ: Disinhibition Scale and the Power of Food Scale ($p < .01$). Greater change on the Disinhibition Scale also predicted weight loss ($r = .28$, $p < .05$). More meditation practice was significantly related to more improvement on binge eating, mood regulation, and weight loss. Supported by NIH-NCCAM R21 AT00416-01.

1:30 – 3 p.m.

Lunch on your own

1:30 – 3 p.m.

Special Interest Group (SIG) Annual Meetings

The following Special Interest Groups will hold lunchtime meetings. New members are welcome. Box lunches are available with advance purchase. Additional SIG meetings will be held on Friday, June 9, 1:30 – 3:30 p.m.

Athletes

✧ Vivaldi 1

Chairs: Roberta Sherman, PhD, FAED
Ron Thompson, PhD, FAED

Cognitive Behavioral Therapy

✧ Jade

Chair: Wayne Bowers, PhD

Health at Every Size

✧ Diamant

Chair: Ellen Shuman
Co-Chair: Deb Burgard, PhD

Hispano Latino American

✧ Rossini 1

Chair: Fernando Fernandez-Aranda, PhD, FAED
Co-Chair, Ovidio Bermudez, MD, FAED

Inpatient/Residential Treatment

✧ Coral

Chair: Craig Johnson, PhD
Co-Chair: Stephanie Setliff, MD

Males

✧ Cristal

Chair: Mark Warren, MD, MPH
Co-Chairs: Thomas Hildebrandt, PsyD
Rita DeBate, PhD

Medical Care

✧ Rossini 2

Chair: Ovidio Bermudez, MD, FAED
Co-Chairs: Richard Kreipe, MD
Gary Sigman, MD, FAED

Neuropsychology

✧ Diamant

Chair: Kate Tchanturia, PhD
Co-Chair: Janet Treasure, FRCPsych

Psychodynamic Psychotherapy

✧ Vivaldi 2

Chair: Judith Banker, LLP, MA, FAED
Co-Chair: David Tobin, PhD

3 – 5 p.m.

✿ Verdi

Plenary Session I

WHEN NATURE MEETS NURTURE: CONSTITUTION-ENVIRONMENT INTERACTIONS IN EATING DISORDERS

Supported by the National Institute of Mental Health

Chair: Howard Steiger, PhD, FAED, Director, McGill University/Douglas Hospital Eating Disorders Program, Montreal, QC, Canada

Across various areas of inquiry, it has been shown that environmental factors can “switch on” genetic vulnerabilities in susceptible individuals—and recent evidence suggests that the eating disorders represent a strong case in point. Findings from new studies in eating-disordered populations highlight the idea that problematic eating often occurs at the point at which constitutional vulnerabilities in at-risk individuals are impacted by stressors arising from developmental changes, adverse life events and (of course) excessive dieting. This plenary provides an unprecedented opportunity to hear leading researchers present new findings bearing upon the nature-nurture theme, from behavioral-genetic, neurodevelopmental and other perspectives. These investigators’ innovative work challenges accepted notions about eating-disorder etiology, and guides the development of an informed, and well- integrated etiological conceptualization.

Presentations:

Measured Gene X Environment Interactions in Psychopathology

Avshalom Caspi, PhD, Medical Research Council, Social, Genetic and Developmental Psychiatry Research Centre, Institute of Psychiatry, King’s College, London, United Kingdom

Eating Disorders and Adolescent Angst: Genes, Environment and Puberty

Kelly Klump, PhD, FAED, Assistant Professor, Michigan State University, East Lansing, MI, USA

The Influence of Maternal Eating Disorders in the Postnatal Period on Child Development

Alan Stein, MD, Leopold Muller Centre for Child Family Health, The Royal Free & University Medical School, Hampstead, London, United Kingdom

Risk and Resilience in Eating Disorders

Corinna Jacobi, PhD, Dipl. Psych., Professor, Clinical Psychology and Psychotherapy, Technical University, Dresden, Germany

5 – 5:30 p.m.

✿ Rubi/Zafir

Refreshment Break

5:30 – 7 p.m.

✿ Rossini 2

Workshop Session II

A. COMMUNITY TREATMENT OF ANOREXIA NERVOSA: THE RUSSELL UNIT MODEL

CSW

Paul Robinson, MD, Consultant Psychiatrist, Camden and Islington Mental Health and Social Care Trust, London, United Kingdom

The workshop will be interactive and sensitive to different contexts. Material will be presented in English, French and Spanish. This workshop will cover the following areas:

1. Setting up the service: How to develop a new service in different settings, with reference to population density, geography, resources available and political systems.
2. New referrals: How to respond to the referral, dealing with urgent cases and setting up outpatient assessment. Reporting back to referrers, and copying information to patients.
3. Outreach and liaison: Supporting other teams and helping patients in other settings such as medical wards, and those unable to get to the hospital.
4. Medical monitoring: Keeping patients safe and avoiding medical problems.
5. Decisions about admission: How to decide when a patient needs a bed, what sort of bed to use and how to support the inpatient staff.
6. Day Hospital: Organizing an effective day hospital service for anorexia nervosa.
7. Dealing with SEED: Severe and Enduring anorexia nervosa, a rehabilitation approach.

✿ Vivaldi 2

B. PARENTS’ WORKSHOPS: TEACHING COMMUNICATION SKILLS TO PARENTS IN THE SECONDARY PREVENTION OF EATING DISORDERS

Ana Sepulveda, PhD, Doctoral Fellow, Institute of Psychiatry, Kings College London, London, United Kingdom; Wendy Whitaker, BSc, Social Worker, Bethlem Royal Hospital, SLAM, Kent, United Kingdom; Janet Treasure, PhD, FRCP, FRCPsych, Professor Psychiatry, Guys, Kings & St. Thomas Medical School, Institute of Psychiatry, Kings College London, London, United Kingdom; Carolina Lopez, Licenciatura in Psyc, PhD Student, Institute of Psychiatry, Kings College London, London, United Kingdom; Gill Todd, BSc in Nursing, Clinical Nurse Leader, Bethlem Royal Hospital, SLAM, Kent, United Kingdom

Carers (usually parents) of people with anorexia nervosa provide high levels of emotional and practical support. This role leads the carers themselves to have high levels of distress and unmet need. Family factors were identified as relevant to the prognosis in the Australian & NICE evidence based guidelines. Interventions that enhance the competence of the informal carer (parents or partners) to cope with the day-to-day care of people with severe mental illness have been found to improve outcome. We have developed a model and intervention which focuses on removing the interpersonal maintaining factors of anorexia nervosa. In this session we will describe a carers workshop which aims to provide the skills and education to carers to optimise their coping response and become expert carers. In the workshop we will use two training modalities: Didactic modality: In this section we will present some of the theoretical models which we have developed to explain carers distress

and coping response. This draws upon both quantitative and qualitative research. We will present the results from exploratory RCT that we have undertaken (1) Collaborative Caring Workshops which investigated different ways of working with families as supplements to inpatient care (2) Expert Carers Workshops which are used to help carers cope when their loved one with an eating disorders is either not engaged in treatment or not. We will outline the content of the Carers Workshops. Experiential modality: We will use video extracts and role plays to show the content of the workshops This includes: (1) How to manage the relationship difficulties (2) Communication skills eg reflective listening, positive communication how to manage crises and conflict, (3) How to manage risk the emotional response eg manage skills to improve mood and coping such as activity scheduling and interrupting vicious cycles, (4) How to tackle difficult behaviours the ABC way, (5) Coaching in problem solving and life balance.

✿ Rossini 1

C. | INNOVATIVE APPROACHES TO INTEGRATING PARENTS ACROSS LEVELS OF CARE: HOW TO PREVENT RELAPSE AND PROMOTE RECOVERY IN THE TREATMENT OF CHILDREN AND ADOLESCENTS WITH EATING DISORDERS

CSW

Sponsored by the Child and Adolescent Eating Disorders Special Interest Group

Nancy Zucker, PhD, Director, Duke Eating Disorder Program, Duke University Medical Center, Durham, NC, USA; Gary Seils, BS Psychology, Lead Mental Health Counselor, The Children's Hospital, Denver, CO, USA; Pamela Carlton, MD, Instructor, Stanford University School of Medicine, Mountain View, CA, USA; Jennifer Hagman, MD, Co-Director, Eating Disorders Treatment Program, The Children's Hospital, Denver, CO, USA; Margaret Kelley, MA, Management 3/2006, Clinical Nurse Manager, The Children's Hospital, Denver, CO, USA

Relapse rates are high among adolescents with eating disorders following an inpatient hospitalization. While research suggests parental involvement can significantly improve the recovery of children and adolescents with eating disorders, logistical and emotional challenges faced by parents may decrease their efficacy in this supportive role. As a result, the ability of programs to produce sustained positive outcomes may be compromised. Pragmatic constraints such as distance or finances and emotional barriers such as burnout or guilt regarding their neglect of other children due to their sibling's illness may prevent parents from being involved in their child's inpatient care to the degree both professionals and parents would wish. Improved strategies to involve, educate and support parents both during their child's hospitalization and following discharge are needed. Professionals from Duke, Stanford and Children's Hospital Denver will present solutions by describing three separate models of parent integration across a multiple treatment levels. Approaches described will include: intensive parent training and support program, parent supported nutrition, methods to facilitate support and treatment gains post-discharge, and the use of different mediums: written materials, videos, and internet. Finally, a comprehensive discharge strategy that addresses the nuances of aftercare planning often overlooked when integrating individuals with an ED back to their home environment will be presented. Data from previous parent surveys and intensive training and support programs will be presented and proposed content for training curricula will be provided.

✿ Diamant

D. | LONGITUDINAL DATA ANALYSIS USING HIERARCHICAL LINEAR MODELS

Ross Crosby, PhD, Director of Biomedical Statistics, Neuropsychiatric Research Institute, Fargo, ND, USA

The goal of this workshop is to provide clinical researchers with a practical, hands-on guide to analyzing longitudinal data using hierarchical linear models (HLM). This approach may be particularly useful for treatment outcome studies involving longitudinal assessments. Topics to be covered during this workshop include: (1) Hierarchical data structures, (2) Understanding HLM models, (3) Similarities and differences between ANOVA models and HLM, (4) Preparing your data for HLM analyses, (5) Performing HLM analyses using SAS or SPSS, (6) Interpreting HLM output, (7) Presenting HLM results, and (8) the Influence of missing data. Actual data from longitudinal eating disorder studies will be used to illustrate the use of HLM models. Participants will be provided with guides and SAS/SPSS commands to perform HLM analyses on their own longitudinal data sets. Participants should have some experience with ANOVA and/or linear regression.

✿ Jade

E. | OVERALL ASSESSMENT AND FAMILY-BASED TREATMENT OF OUTPATIENT CHILD AND ADOLESCENT ANOREXIA NERVOSA PATIENTS: THE FAMILY MEAL INTERVENTION: WHEN AND HOW

Sponsored by the Child and Adolescent Eating Disorders Special Interest Group

Cecile Rausch Herscovici, PhD, Professor, Universidad del Salvador, Buenos Aires, Argentina; Adela Spalter, MD, Pediatrician Specialized in ED, CEMIC, Buenos Aires, Argentina

The goal of this workshop is to present the content of each stage in the family-based assessment and treatment of child adolescent anorexia nervosa (AN) patients as carried out by the therapist and the pediatrician, with special emphasis on the family meal intervention (FMI). The evidence based practice for this age group, though scarce, is clinically sound in proposing a family-based approach, as attested by the clinical trials and literature derived from what is known as the Maudsley model. In clinical practice, the biomedical assessment serves as a guideline of the weight and nutritional restoration priorities. The family-based approach is pivotal towards recruiting the parents, the patient's most significant allies in the course of defeating the AN. The family functional diagnosis is critical in orienting how the family dynamics will be monitored towards putting the parents temporarily in charge of the nutritional rehabilitation during the first phase of treatment. The FMI proposed by the manualized Maudsley model as a standard intervention during this stage, is often challenging to implement. The history and trajectory of this intervention will be reviewed. Special attention will be devoted to describe the motivational enhancement techniques used to transform the FMI into a collaborative endeavor. Case studies will be used to illustrate the different modalities of FMI as well as the qualitative data gathered from a pilot study designed to assess the impact of the FMI on weight gain in adolescent AN. The workshop will focus mainly on the application of the multidisciplinary family-based approach combining case examples and role plays with the audience. Participant interaction is encouraged and will focus primarily on the discussion of advantages, pitfalls and contraindications of the presented interventions.

✱ Vivaldi 1

**F. | HEARTS, MINDS AND GUTS —
MEDICALLY INFORMED REFEEDING**

CSW

Janice Russell, MD (Syd), Associate Professor, University of Sydney, Sydney, Australia; Suzanne Abraham, PhD, Associate Professor, University of Sydney, Sydney, Australia

Refeeding or reversing the process of self starvation is a difficult and uncomfortable process. Understanding some of the pathophysiological dangers and the symptoms which compromise the patient's participation in treatment might enable clinicians to be more effective and more user friendly in their help. Both speakers will introduce the topic and invite audience discussion of difficulties in refeeding. Janice Russell will speak about the autonomic control of heart rhythm and the use of heart rate variability in risk assessment. Some recent research in this area demonstrating reduced heart rate variability in patients with eating disorders other than anorexia nervosa will be briefly presented. The effect of medications and refeeding on the heart will also be examined. Suzanne Abraham will speak about irritable bowel syndrome in eating disorder patients and about small bowel bacterial overgrowth as a contributing factor. Results of a recent study of IBS symptoms will be presented, some new research will be described and treatment implications discussed. Both speakers will present preliminary findings of recent work in magnetic resonance spectroscopy and the correlation with tests of frontal and executive function. How this might impact on therapy and possible interventions will be explored. Audience discussion will be invited to conclude the session.

✱ Cristal

**G. | THE INTEGRATION OF A FAMILY-BASED APPROACH
INTO INPATIENT TREATMENT OF ADOLESCENT
ANOREXIA NERVOSA**

Leslie Sim, PhD, Senior Associate Consultant; Clinical Director, Mayo Eating Disorders Program, Mayo Clinic, Rochester, MN, USA; Wells Lloyd, PhD, MD, Consultant; Associate Professor, Mayo Clinic, Rochester, MN, USA

Inpatient treatment for eating disorders typically focuses on medical stabilization and acute weight restoration. Hospital stays are brief, with the majority of patient recovery conducted through outpatient care. Although patients typically make significant gains during inpatient treatment, research finds that 40% are later readmitted, a bleak statement about continuity of care under the traditional model. Outcome trials suggest that outpatient treatment modalities that make use of the family fare best, suggesting promise for integrating a family-based approach into the inpatient phase of hospitalization. At the Mayo Clinic, every activity on the unit from morning weigh-ins, to re-feeding procedures, to therapeutic activities, to family meetings has been developed with consideration of family involvement following discharge. Aside from follow-up visits with a behavioral therapist, under this method outpatient visits to alternate specialties (e.g., nutrition counseling), partial hospitalization or other intensive outpatient treatments are unnecessary. To demonstrate, this workshop will describe a series of 9 adolescents (M age = 14.0 yrs., SD = 1.6) with AN who received this treatment and were compared pre- and post-treatment on weight and menstrual status. After an average of 26.7 days of hospitalization and 11 outpatient sessions, the patients were significantly improved on primary measures of weight and menstrual status. In addition to sharing these preliminary findings, this workshop will describe the specific princi-

pals, guidelines, and protocols used to treat these patients, offering both a general framework to apply the method and common scenarios in which it is best applied.

✱ Coral

**H. | MOTHER-BABY INTERACTIONS: WORKING WITH FEEDING
AND ATTACHMENT ISSUES**

Rachel Bryant-Waugh, PhD, Consultant Clinical Psychologist, University of Southampton, Eastleigh, United Kingdom; Hannah Turner, DClPsych, Clinical Psychologist, University of Southampton, Eastleigh, United Kingdom

The postnatal period is an important time of adjustment and development for both mother and child. For new mothers with an eating disorder it may constitute a particularly sensitive and challenging time. Difficulties can arise concerning feeding, maternal adjustment, the parent-child bond, and development of the self within the child; issues which can have an important impact on the child's development. In what ways can clinicians sensitively educate and work with these mothers in relation to these areas without creating a sense of hopelessness within the mother? This workshop is concerned with exploring this question in relation to the following: 1. The development of normal infant attachment. 2. Problems in attachment, and attachment disruptions and disorders found in people with eating disorders. 3. Possible implications for women with eating disorders who have children. 4. General feeding difficulties, including the importance of breast feeding, the pros and cons of breastfeeding for mothers with an eating disorder and the implications for the development of attachment patterns within the child. This workshop will be divided into 3 parts. 1. Introduction - an overview of the workshop will be given, followed by a review of the relevant literature relating to attachment, attachment in eating disorders, parental bonding and early feeding, including the importance of breastfeeding. 2. Presentation of clinical material - the presenters will draw upon their experiences of working with mothers of newborns to highlight clinical issues and share their thoughts regarding possible ways of working with these problematic and highly sensitive issues. 3. Group discussion - attendees will be invited to participate in group discussion during which they will be able to reflect on the material presented, as well as their own experiences of working with these issues.

✱ Verdi

**I. | MANAGING PERSONALITY PATHOLOGY IN PEOPLE WITH
EATING DISORDERS: A TRAIT-FOCUSED, EVIDENCE-BASED
GUIDE TO TREATMENT**

CSW

Howard Steiger, PhD, Director, Eating Disorders Program, Montreal, QC, Canada; Jodie Richardson, BA, Student, Eating Disorders Program, Verdun, Montreal, QC, Canada

Personality pathology is common in people with eating disorders, and remains one of the most intriguing and challenging aspects of eating-disorder management. This workshop provides a comprehensive, up-to-date review of clinically-relevant findings on the association between eating and personality disturbances, and on shared developmental and constitutional/genetic determinants of eating and personality pathologies. It also provides specific indications and contraindications for the attempt to tune psychotherapy to specific personality traits and disturbances, emphasizing the impact of personality pathology upon the expression of eating symptoms,

response in therapy, and especially, the therapeutic relationship. This will be a trait and interpersonal process focused analysis. A main section of the workshop addresses clinical technique. Principles are drawn from within and beyond the eating-disorder literature, around which recommended, personality focused treatment techniques are structured (including Dialectical Behavior Therapy, Interpersonal Psychotherapy, Brief Interpersonal Therapy, and other forms). Using selected case materials, specific ingredients of trait-focused psychotherapeutic techniques are reviewed that aim to minimize relational reactivities, resistances to change, and ruptures in therapeutic alliance. Using clinical vignettes, trait-focused interventions aimed at specific personality traits and organizations (e.g., perfectionism, limit-setting problems, impulsivity, compulsivity, self-destructiveness, narcissism) will be addressed. Participants are invited to bring case materials from their own practice, for discussion purposes.

7 – 8:30 p.m.

☀ Rubi/Zafir

Opening Reception/Poster Session I Presentations/ Exhibit Hall Open

Supported by University Hospital of Bellvitge

Friday, June 9

8:30 a.m. – 7 p.m.

☀ Main Hall

Registration

8:30 – 9:30 a.m.

☀ Diamant

Current, New and Prospective Member Breakfast

If you are a current, new or prospective AED member, the Academy board members, fellows, membership committee and special interest group chairs invite you to attend this breakfast. This event is specifically designed for those new to AED or interested in joining the Academy, as well as current members exploring further involvement in the organization. Items to be discussed include AED member benefits, opportunities for involvement and the Academy's diverse and significant educational endeavors.

8:30 a.m. – 1:30 p.m.

☀ Rubi/Zafir

Poster Session I Viewing

8:30 a.m. – 7:00 p.m.

☀ Rubi/Zafir

Exhibit Hall Open

9:30 – 11:30 a.m.

☀ Verdi

Plenary Session II

EATING DISORDER DIAGNOSIS — AN ALTERNATIVE PERSPECTIVE

Chair: Sloane Madden, MB, BS (Hons), FRANZP, Child and Adolescent Psychiatrist, Deputy Head, Department of Psychological Medicine, Co-Director, Child and Adolescent Eating Disorder Program, The Children's Hospital at Westmead, Westmead, NSW, Australia

The diagnosis of eating disorders remains a complex and at times controversial area. Clinicians are frequently faced with seriously ill clients who fail to fit current diagnostic despite clear eating disorder pathology. Arguments have been presented for both increases in the

number of eating disorder diagnoses as well as amalgamation of existing criteria. This plenary brings experts from around the world to look at the historical, cultural and developmental underpinnings of eating disorders as well as looking to the future of current diagnostic criteria. The aim of this plenary is not to provide an answer to the question of more or less diagnoses but rather provide a background for ongoing discussion and thought about the area.

Presentations:

Diagnosing Eating Disorders:

A Constructive or Constrictive Enterprise?

Walter Vandereycken, MD, PhD, Professor of Psychiatry, Catholic University of Leuven, Clinical Director, Eating Disorders Unit, Alexian Brothers Psychiatric Hospital, Tienen, Belgium

Eating and Feeding Behavior and Disorders:

Transcultural Diagnosis of ED

J. Armando Barriguete-Melendez, MD, PhD, FAED, Psychiatrist, Bio-Clinique, Mexico DF, Mexico

Whither Eating Disorders in DSM-V?

B. Timothy Walsh, MD, FAED, Professor of Psychiatry, College of Physicians & Surgeons, Columbia University, Director, Eating Disorders Research Unit, New York State Psychiatric Institute, New York, NY USA

Diagnosis of Eating Disorders in Children:

A Developmental Perspective

Dasha Nicholls, MBBS, MRC Psych, MD, Lead Clinician, CAMHS, Head, Feeding and Eating Disorders Service Department, Psychological Medicine, Great Ormond Street Hospital, London, United Kingdom

11:30 a.m. – Noon

☀ Rubi/Zafir

Refreshment Break

Noon – 1:30 p.m.

Oral Scientific Paper Session I

(brief scientific papers for presentation and discussion)

Brief scientific papers will be presented and discussed in these concurrent sessions. Abstracts of the papers can be found in the Conference Proceedings.

☀ Jade

A. | BIOLOGY 1

Chair: Janet Treasure, FRCPsych

Noon

P1

ASSOCIATION BETWEEN ANOREXIA NERVOSA, PERFECTIONISM AND DOPAMINE D4 RECEPTOR (DRD4)

Richard Ebstein, PhD, Professor, Scheinfeld Center, Psychology Department, Hebrew University, Hebrew University of Jerusalem, Herzog Hospital, Jerusalem, Jerusalem, Israel; Rachel Bachner-Melman, MA, PhD Student, Hebrew University of Jerusalem, Jerusalem, Israel; Ada H. Zohar, PhD, Chair, Behavioral Sciences, Ruppiner Academic College, Ruppiner Academic College, Emek Hefer, Israel; Ilana Kremer, PhD, Head of Psychiatric Department, HaEmek Hospital, Afeka, Israel

12:10 p.m.

P2

ALTERED SEROTONIN TRANSPORTER BINDING AFTER RECOVERY FROM ANOREXIA NERVOSA USING PET AND [11C]MCN5652

Ursula Bailer, MD, Associate Professor of Psychiatry, Department of General Psychiatry, Medical University of Vienna, Vienna, Austria; Carolyn Meltzer, MD, Professor, UPMC, Department of Radiology, Pittsburgh, PA, USA; Angela Wagner, MD, Western Psychiatric Institute & Clinic, Pittsburgh, PA, USA; Walter Kaye, MD, Professor, Western Psychiatric Institute & Clinic, Pittsburgh, PA, USA; Guido Frank, MD, Fellow, Western Psychiatric Institute & Clinic, Pittsburgh, PA, USA; Shannan Henry, BS, Western Psychiatric Institute & Clinic, Pittsburgh, PA, USA; Julie Price, PhD, Associate Professor, UPMC, Department of Radiology, Pittsburgh, PA, USA

12:20 p.m.

P3

THE ROLE OF GENETIC AND ENVIRONMENTAL INFLUENCES ON EATING DISORDER BEHAVIORS

Margarita Slob-O'p't Landt, Ir, PhD Student, National Centre for Eating Disorders, Leidschendam, The Netherlands; Eline Slagboom, Professor, University Medical Centre, Molecular Epidemiology Section, Leiden, The Netherlands; Dorret Boomsma, Professor, Department of Biological Psychology, Vrij Universiteit, Amsterdam, The Netherlands; Eric van Furth, PhD, Clinical Director, National Centre for Eating Disorders, Leidschendam, The Netherlands; Meike Bartels, PhD, Assistant Professor, Department of Biological Psychology, Vrij Universiteit, Amsterdam, The Netherlands; Ingrid Meulenbelt, PhD, Assistant Professor, University Medical Centre, Molecular Epidemiology Section, Leiden, The Netherlands

12:30 p.m.

P4

INFLUENCE OF OVARIAN HORMONES ON BINGE EATING IN BULIMIA NERVOSA

Crystal Edler, BS, Graduate Student, University of Iowa, Iowa City, IA, USA; Susan Lipson, PhD, Lecturer, Harvard University, Cambridge, MA, USA; Pamela Keel, PhD, Associate Professor, University of Iowa, Iowa City, IA, USA

12:40 p.m.

P5

REWARD ALTERATIONS IN DOPAMINE ACTIVITY MEASURED WITH 11C-RACLOPRIDE AND MICROPET IN AN ANIMAL MODEL OF ANOREXIA NERVOSA

Nicole Barbarich-Marsteller, PhD Candidate, Graduate Student, Brookhaven National Laboratory, Upton, NY, USA; Douglas Marsteller, PhD, Graduate Student, Brookhaven National Laboratory, Upton, NY, USA; Joanna Fowler, PhD, Senior Chemist, Brookhaven National Laboratory, Upton, NY, USA; Stephen Dewey, PhD, Senior Scientist, Brookhaven National Laboratory, Upton, NY, USA

12:50 p.m.

P6

TRANSLATIONAL RESEARCH: STUDYING BIOLOGICAL PARAMETERS PUTATIVELY UNDERLYING ANOREXIA NERVOSA

Annemarie van Elburg, MD, Child Psychiatrist, Rintveld Center for Eating Disorders and University Medical Center Utrecht, Zeist, The Netherlands; Herman van Engeland, Professor, Child Psychiatrist, University Medical Center Utrecht, Utrecht, The Netherlands; Jacqueline Hillebrand, PhD, Postdoc, Rintveld Center for Eating Disorders and Rudolf Magnus Institute for Neurosciences, Zeist, The Netherlands; Mariken de Krom, PhD,

Postdoc, Rudolf Magnus Institute of Neuroscience, Utrecht, The Netherlands; Martien Kas, PhD, Senior Researcher, Rudolf Magnus Institute of Neuroscience, Utrecht, The Netherlands; Wijbrand Hoek, Professor, Psychiatrist, Parnassia Institute, Den Haag, The Netherlands

1 p.m.

P7

CHANGES IN BRAIN GRAY AND WHITE MATTER IN ADOLESCENT FEMALES WITH ANOREXIA NERVOSA FOLLOWING REFEEDING USING VOLUMETRIC MRI

Sloane Madden, FRANZCP, Staff Specialist, The Children's Hospital at Westmead, Westmead, Australia; Michael Kohn, FRACP, Senior Staff Specialist, The Children's Hospital at Westmead, Westmead, Australia

1:10 p.m.

P8

TOWARDS THE IDENTIFICATION OF THE ANX MUTATION IN THE ANX/ANX MURINE MODEL FOR ANOREXIA NERVOSA

Josep Mercader, Graduate Student, PhD Student, Center for Genomic Regulation, Barcelona, Spain; Mònica Gratacòs, PhD, Post-Doctoral, Center for Genomic Regulation(CRG)-Pompeu Fabra University (UPF), Barcelona, Spain

1:20 p.m.

P9

TESTING THE SOMATIC MARKER HYPOTHESIS IN ANOREXIA NERVOSA

Elena Marocco, PsyD, Trainee, Department of Psychiatry, San Raffaele Hospital, Vita-Salute San Raffaele University, Milan, Italy; Paolo Cavedini, MD, Psychiatry Consultant, Department of Psychiatry, San Raffaele Hospital, Vita-Salute San Raffaele University, Milan, Italy; Laura Bellodi, MD, Professor of Psychiatry, Department of Psychiatry, San Raffaele Hospital, Vita-Salute San Raffaele University, Milan, Italy; Patrizia Riva, PsyD, Trainee, Department of Psychiatry, San Raffaele Hospital, Vita-Salute San Raffaele University, Milan, Italy; Silvia Boccalon, PsyD, Trainee, Department of Psychiatry, San Raffaele Hospital, Vita-Salute San Raffaele University, Milan, Italy; Tommaso Bassi, MD, Psychiatry Consultant, Department of Psychiatry, San Raffaele Hospital, Vita-Salute San Raffaele University, Milan, Italy

☀ Rossini 1

B. | CHILDREN AND ADOLESCENTS 1

Chair: Rachel Bryant-Waugh, PhD

Noon

P10

USE OF TEXT MESSAGING FOR INCREASING HEALTHY EATING AND ACTIVITY IN CHILDREN

Jennifer Shapiro, PhD, Fellow, University of North Carolina at Chapel Hill, Chapel Hill, NC, USA; Stephanie Bauer, PhD, Fellow, University of Heidelberg, Heidelberg, Germany; Hans Kordy, PhD, Director of the Centre for Psychotherapy Research Heidelberg, University of Heidelberg, Heidelberg, Germany; Cynthia Bulik, PhD, William and Jeanne Jordan Distinguished Professor of Eating Disorders, University of North Carolina, Chapel Hill, NC, USA; June Stevens, PhD, Professor of Nutrition and Epidemiology, University of North Carolina, Chapel Hill, NC, USA; Dianne Ward, EdD, Professor and Intervention and Policy Division Director, Department of Nutrition, University of North Carolina, Chapel Hill, NC, USA; Robert Hamer, PhD, Professor of Psychiatry and Biostatistics, University of North Carolina, Chapel Hill, NC, USA

12:10 p.m.

P11**124 CHILDREN WITH RESTRICTIVE EATING DISORDER**

Ulf Wallin, PhD, MD, Department of Child and Adolescent Psychiatry, Lund, Sweden

12:20 p.m.

P12**DO FAMILY MEALS IN CHILDHOOD PREDICT ADOLESCENT HEALTH OUTCOMES?**

Debra Franko, PhD, Professor, Northeastern University, Boston, MA, USA; Ruth Striegel-Moore, PhD, Professor and Chair, Wesleyan University, Middletown, CT, USA; Douglas Thompson, PhD, Research Scientist, Maryland Medical Research Institute, Baltimore, MD, USA; Sandra Affenito, PhD, Associate Professor, Saint Joseph College, West Hartford, CT, USA

12:30 p.m.

P13**BREASTFEEDING AND INFANT FEEDING IN WOMEN WITH EATING DISORDERS: A POPULATION-BASED COHORT STUDY**

Nadia Micali, MD, DR, Department of Child Psychiatry, King's College London, London, United Kingdom; Emily Simonoff, MD, Professor, Child Psychiatry Dept, King's College London, London, United Kingdom; Janet Treasure, PhD, Professor, Eating Disorders Research Unit, King's College London, London, United Kingdom

12:40 p.m.

P14**A PROSPECTIVE ANALYSIS OF PEER AND MEDIA INFLUENCES ON THE BODY DISSATISFACTION OF YOUNG GIRLS**

Hayley Dohnt, PhD (Clinical Psychology) Student, Flinders University, Adelaide, Australia; Marika Tiggemann, PhD, Professor, Flinders University, Adelaide, Australia

12:50 p.m.

P15**PREDICTORS OF WEIGHT MAINTENANCE AFTER HOSPITAL DISCHARGE IN ADOLESCENT ANOREXIA NERVOSA**

Josefina Castro, MD, PhD, Psychiatrist, Child Adolescent Psychiatry and Psychology Department Hospital Clinic Barcelona, Barcelona, Spain; Vanessa Casulà, PhD, Psychologist, Child Adolescent Psychiatry and Psychology Department, Hospital Clinic Barcelona, Barcelona, Spain; Begoña Saura, PhD, Psychologist, Child Adolescent Psychiatry Psychology Department, Hospital Clinic Barcelona, Barcelona, Spain; Esteve Martinez, PhD, Psychologist, Child Adolescent Psychiatry Psychology Department, Hospital Clinic Barcelona, Barcelona, Spain; Montserrat Vila, PhD, Psychologist, Child Adolescent Psychiatry and Psychology Department, Hospital Clinic Barcelona, Barcelona, Spain; Josep Toro, MD, PhD, Psychiatrist, Child Adolescent Psychiatry and Psychology Department, Hospital Clinic Barcelona, Barcelona, Spain

1 p.m.

P16**THINNESS AND EATING EXPECTANCIES PREDICT SUBSEQUENT BINGE EATING AND PURGING BEHAVIOR AMONG ADOLESCENT GIRLS**

Gregory Smith, PhD, Professor, University of Kentucky, Lexington, KY, USA; Kate Flory, PhD, Assistant Professor, University of South Carolina, Columbia, SC, USA; Jean Simmons, PhD, Psychologist, The Cleveland Clinic, Cleveland, OH, USA; Agnes Annus, B.A., Graduate Student, University of Kentucky, Lexington, KY, USA

1:10 p.m.

P17**META-ANALYTIC EXAMINATION OF STUDIES OF THE CORRELATION BETWEEN NEGATIVE BODY IMAGE, DISORDERED EATING, AND EXTENT OF EXPOSURE TO MASS MEDIA**

Michael Levine, PhD, Professor of Psychology, Kenyon College, Gambier, OH, USA; Sarah Murnen, PhD, Professor of Psychology, Kenyon College, Gambier, OH, USA; Jennifer Smith, BA, Cognitive Scientist, Applied Research Associates, Inc., Fairborn, OH, USA; Lisa M. Groesz, MA, University of Texas, Department of Psychology, Austin, TX, USA

1:20 p.m.

P18**IMPAIRMENT IN OVERWEIGHT ADOLESCENTS AT HIGH-RISK FOR EATING DISORDERS**

Angela Celio, PhD, Postdoctoral Fellow, The University of Chicago, Chicago, IL, USA; Daniel le Grange, PhD, Associate Professor, The University of Chicago, Chicago, IL, USA; Andrea Goldschmidt, BA, Doctoral Student, Washington University, St. Louis, MO, USA; Denise Wilfley, PhD, Professor, Washington University, St. Louis, MO, USA

Coral

C. | COGNITION

Chair: Kate Tchanturia, PhD

Noon

P19**BODY CHECKING IN THE EATING DISORDERS: ASSOCIATIONS BETWEEN COGNITIONS AND BEHAVIOURS**

Victoria Mountford, DCLinPsy, Dr, South West London and St. George's Mental Health NHS Trust, London, United Kingdom; Anne Haase, PhD, Lecturer in Exercise, Nutrition and Health, University of Bristol, Bristol, United Kingdom; Waller Glenn, DPhil, Professor, South West London and St. George's Mental Health NHS Trust, London, United Kingdom

12:10 p.m.

P20**THE EXPERIENCE OF "FEELING FAT" IN WOMEN WITH ANOREXIA NERVOSA, DIETING AND NON-DIETING WOMEN: AN EXPLORATORY STUDY**

Myra Cooper, DPhil, Senior Research Tutor, University of Oxford, Oxford, United Kingdom; Kavita Deepak, BA, Research Assistant, University of Oxford, Oxford, United Kingdom; Elizabeth Grocutt, MA, Research Assistant, University of Oxford, Oxford, United Kingdom; Emma Bailey, MSc, Research Assistant, University of Oxford, Oxford, United Kingdom

12:20 p.m.

P21**SELF-VERIFICATION IN WOMEN ASSOCIATED WITH APPEARANCE AND WEIGHT AND THEIR MALE PARTNER'S COMMENTS ABOUT APPEARANCE AND WEIGHT**

Lynette Evans, PhD, Lecturer, La Trobe University, Bundoora, Victoria, Australia; Arthur Stukas, PhD, Senior Lecturer, La Trobe University, Bundoora, Victoria, Australia

12:30 p.m.

P22

WORKING MEMORY PROCESSING DIFFERENCES AS A FUNCTION OF UNDERLYING ATTRIBUTES OF DISORDERED EATING

Jennifer Tolman, PhD, Psychology Resident, University of Utah & Avalon Hills Residential Treatment Facility, Petersboro, UT, USA; Dan Woltz, PhD, Professor, University of Utah, Salt Lake City, UT, USA

12:40 p.m.

P23

PREOCCUPATION WITH DETAIL CONTRIBUTES TO POOR ABSTRACT THINKING IN ANOREXIA NERVOSA

Eva Kemps, PhD, Dr, Flinders University, Adelaide, Australia; Melanie Tokley, Bpsych (Hons), Ms, Flinders University, Adelaide, Australia

12:50 p.m.

P24

BMI INFLUENCES WHAT YOU LOOK AT IN THE MIRROR

Anne Roefs, PhD, Postdoctoral Fellow, Maastricht University, Maastricht, The Netherlands; Anita Jansen, PhD, Full Professor, Maastricht University, Maastricht, The Netherlands

1 p.m.

P25

AN ANIMAL MODEL OF LEARNING IN BINGE EATING: THE ROLE OF CONTEXTUAL CONDITIONING AND DENSITY OF FOOD

Joan Sansa, PhD, Lecturer, Universitat de Barcelona, Barcelona, Spain; Isabel Krug, MPH, PhD Student, University Hospital of Bellvitge, Hospitalet de Llobregat, Spain; Victoria Chamizo, Professor, Professor, Universitat de Barcelona, Barcelona, Spain; Fernando Fernandez-Aranda, PhD, FAED, Head of ED Unit, University Hospital of Bellvitge, Hospitalet de Llobregat, Spain

1:10 p.m.

P26

VISUAL ATTENTION BIAS FOR BODY AND FOOD RELATED WORDS IN EATING DISORDERS

Elke Smeets, MSc, PhD Student, Maastricht University Faculty of Psychology, Maastricht, The Netherlands; Anne Roefs, PhD, PhD, Maastricht University Faculty of Psychology, Maastricht, The Netherlands; Eric van Furth, MD, MD, Eating Disorders Clinic 'Ursula', Leidschendam, The Netherlands; Anita Jansen, Professor, Professor, Maastricht University Faculty of Psychology, Maastricht, The Netherlands

1:20 p.m.

P27

SELF-CONSTRUCTION, COGNITIVE DIFFERENTIATION AND CONFLICTS IN A SAMPLE OF WOMEN WITH BULIMIA NERVOSA (BN): A PERSONAL CONSTRUCT APPROACH

Claudia Montebruno, Graduate Degree, Doctoral Student, Universitat de Barcelona, Barcelona, Spain; Guillem Feixas, PhD, Assistant Professor, Universidad de Barcelona, Barcelona, Spain; Victoria Compán, Graduate Degree, Doctoral Student, Universitat de Barcelona, Barcelona, Spain; Montserrat del Castillo, Graduate degree, Psychologist, Instituto de Trastornos Alimentarios, Barcelona, Spain

☀ **Cristal**

D. | COMORBIDITY 1

Chair: Greta Noordenbos, PhD

Noon

P28

FUNCTIONAL MODELS OF SELF-INJURY TESTED IN FEMALE EATING-DISORDERED PATIENTS AND COMPARED TO MALE PSYCHIATRIC PATIENTS

Laurence Claes, PhD, Dr., KULeuven-Department Psychology, Leuven, Belgium; Walter Vandereycken, PhD, Professor, Kliniek Broeders Alexianen, Tienen, Belgium

12:10 p.m.

P29

BULIMIA NERVOSA AND SUBSTANCE ABUSE: ARE THEY REALLY DIFFERENT?

Sharon Nachmani, MA, PhD Student, University of Haifa, Israel, Hod-Hasharon, Israel; Yael Latzer, DSc, Senior Lecturer, University of Haifa, Israel, Haifa, Israel; Ben-Zion Cohen, PhD, Associate Professor, University of Haifa, Israel, Haifa, Israel

12:20 p.m.

P30

THE ASSOCIATION OF BULIMIA NERVOSA WITH MAJOR DEPRESSIVE DISORDER AND DYSTHYMIA

Marisol Perez, PhD, Assistant Professor, Texas A&M University, Psychology Department, College Station, TX, USA; Thomas Joiner, Jr., PhD, Bright-Burton Professor of Psychology, Florida State University, Tallahassee, FL, USA; Peter Lewinsohn, PhD, Senior Scientist, Oregon Research Institute, Eugene, OR, USA

12:30 p.m.

P31

EATING DISORDERS AND SUBSTANCE ABUSE IN CANADIAN WOMEN: A NATIONAL STUDY

Niva Piran, PhD, Professor, OISE/University of Toronto, Toronto, ON, Canada; Tahany Gadalla, PhD, Assistant Professor, University of Toronto, Toronto, ON, Canada

12:40 p.m.

P32

IMPULSE CONTROL DISORDERS IN EATING DISORDERS

Fernando Fernandez-Aranda, PhD, Head of ED Unit, Department of Psychiatry, University Hospital Bellvitge, Hospitalet del Llobregat (Barcelona), Spain; Julio Vallejo, MD, Head of Psychiatry, Department of Psychiatry, University Hospital of Bellvitge, Hospitalet del Llobregat, Spain; Susana Jimenez-Murcia, PhD, Head of Pathological Gambling Unit, Department. of Psychiatry, Univ. Hospital of Bellvitge, Hospitalet del Llobregat, Spain; Eva Alvarez, PhD, Postdoc, Department. of Psychiatry, University Hospital of Bellvitge, Hospitalet del Llobregat, Spain; Roser Granero, PhD, Titular Professor, Psychology Faculty, University Autònoma of Barcelona, Bellaterra, Spain; Cynthia M. Bulik, PhD, Director, UNC Eating Disorders Program, University of North Carolina at Chapel Hill, Chapel Hill, NC, USA

12:50 p.m.

P33**IMPULSE CONTROL DISORDERS IN WOMEN WITH EATING DISORDERS**

Cynthia Bulik, PhD, William and Jeanne Jordan Distinguished Professor of Eating Disorders, Department of Psychiatry, University of North Carolina, Chapel Hill, NC, USA; Fernando Fernandez Aranda, PhD, Head of Eating Disorders Unit and Associate Professor UB, Department of Psychiatry, University Hospital of Bellvitge, Barcelona, Spain; Price Foundation Collaborative Research Group, Collaborative Research Group, Price Foundation, University of Pittsburgh and University of North Carolina, Pittsburgh, PA, USA; Andrea Pinheiro, MD, Research Visiting Fellow ED Program UNC, Department of Psychiatry, University of North Carolina, Chapel Hill, NC, USA; Laura Thornton, PhD, Program Coordinator Computer Genetics, Department of Psychiatry, University of Pittsburgh, Pittsburgh, PA, USA; Walter Kaye, MD, Professor of Psychiatry, Department of Psychiatry, University of Pittsburgh, Pittsburgh, PA, USA

1 p.m.

P34**RELATIONSHIP BETWEEN BIPOLAR AND EATING DISORDERS**

Nuria Custal, PhD, Psychiatry Resident, Hospital Bellvitge, Hospitalet del Llobregat, Spain; José Manuel Menchon, MD, PhD, Adjunct, Hospital Bellvitge, Hospitalet del Llobregat, Spain; Julio Vallejo, MD, PhD, Head of Service, Hospital Bellvitge, Hospitalet del Llobregat, Spain; José Manuel Crespo, PhD, Adjunct, Hospital Bellvitge, Hospitalet del Llobregat, Spain; Fernando Fernandez-Aranda, PhD, Head of ED Unit, Hospital Bellvitge, Hospitalet del Llobregat, Spain; Mikel Urretavizcaya, PhD, Adjunct, Hospital Bellvitge, Hospitalet del Llobregat, Spain

1:10 p.m.

P35**USING LATENT TRANSITION ANALYSIS TO EXAMINE THE RELATION BETWEEN DISORDERED EATING AND THE ONSET OF SUBSTANCE USE IN FEMALES DURING LATE ADOLESCENCE**

Tammy Root, MA, Graduate Student, Penn State, State College, PA, USA; Kristin von Ranson, PhD, Assistant Professor, University of Calgary, Calgary, AB, Canada; Naomi Marmorstein, PhD, Assistant Professor, Rutgers University, Camden, Camden, NJ, USA; Meghan Sinton, MS, Graduate Student, Penn State, University Park, PA, USA; Linda Collins, PhD, Professor, Penn State, State College, PA, USA; William Iacono, PhD, Professor, University of Minnesota, Minneapolis, MN, USA

1:20 p.m.

P36**PERSONALITY DISORDERS IN ADOLESCENTS WITH EATING DISORDERS AND ADOLESCENTS WITH OTHER PSYCHIATRIC DISORDERS**

Gloria Canalda, PhD, Psychologist, Department of Child and Adolescent Psychiatry and Psychology, Hospital Clínic, Barcelona, Spain; Jose E. Fuente, MD, Psychiatrist, Department of Child and Adolescent Psychiatry and Psychology, Hospital Clínic, Barcelona, Spain; Josefina Castro, PhD, Psychiatrist, Head of Department, Department of Child and Adolescent Psychiatry and Psychology, Hospital Clínic, Barcelona, Spain; Gloria Canalda, PhD, Psychologist, Department of Child and Adolescent Psychiatry and Psychology, Hospital Clínic, Barcelona, Spain

Vivaldi 1**E. | COURSE AND OUTCOME**

Chair: Manfred Fichter, MD

Noon

P37**COURSE AND OUTCOME OF AN, BN AND BED OVER A DOZEN YEARS**

Manfred Fichter, Prof. Dr., Medical Director, Roseneck Hospital for Behavioral Medicine, Prien, Germany; Norbert Quadflieg, Dipl.-Psych., Clinical Research Specialist, Department of Psychiatry, University of Munich, München, Germany

12:10 p.m.

P38**THE USE OF LOGISTIC REGRESSION MODELS FOR THE ASSESSMENT OF FACTORS INFLUENCING THE OUTCOME OF ANOREXIA NERVOSA**

Daniel Stein, MD, Director, Pediatric Psychosomatic Department, Safra Children's Hospital, Ramat Gan, Israel; Michal Yackobovitch-Gavan, PhD, RD, Senior Teaching Assistant and Instructor, School of Nutritional Sciences, Rehovot, Israel; Shulamit Kreidler, PhD, Full Professor, Department of Psychology, Tel Aviv, Israel; Eytan Bachar, PhD, Chief Psychologist, Hadassah Medical Center & Hebrew University, Jerusalem, Israel; Abraham Weizman, MD, Full Professor, Director, Felsenstein Medical Research Center, Department of Psychiatry, Sackler Faculty of Medicine, Petah Tiqva, Israel; Michal Yackobovitch-Gavan, PhD, RD, Senior Teaching Assistant and Instructor, School of Nutritional Sciences, Rehovot, Israel; Moria Golan, PhD, RD, Director, Shahaf Community Treatment Center for Eating Disorders, School of Nutritional Sciences, Mobile Post Soreq, Israel; Abraham Valevski, MD, Director, Psychiatric Department B, Geha Mental Health Center, Petah Tiqva, Israel

12:20 p.m.

P39**SOCIAL OUTCOMES OF ANOREXIA NERVOSA IN A COMMUNITY BASED COHORT**

Milla Linna, Medical Student, PhD student, Department of Public Health, Helsinki, Finland; Anu Raevuori, MD, PhD Student, Department of Public Health, University of Helsinki, Helsinki, Finland; Jaakko Kaprio, PhD, Professor, Department of Public Health, University of Helsinki, Helsinki, Finland; Aila Rissanen, PhD, Professor, Department of Psychiatry, Helsinki University Central Hospital, Helsinki, Finland; Hans Hoek, PhD, Professor, Parnassia Psychiatric Institute, The Hague, The Netherlands; Anna Keski-Rahkonen, PhD, Postdoctoral Fellow in Psychiatric Epidemiology, Department of Epidemiology, Columbia University, New York, NY, USA; Cynthia Bulik, PhD, Professor, Department of Psychiatry, University of North Carolina at Chapel Hill, Chapel Hill, NC, USA

12:30 p.m.

P40**WEIGHT CURVES AS PREDICTORS FOR ANOREXIA NERVOSA INPATIENTS**

Ricarda Mewes, PhD, Graduate Assistant, Department of Psychosomatic Medicine and Psychotherapy, University of Essen, Essen, Germany; Sefik Tagay, PhD, Research Assistant, Management of the Research Unit, Department of Psychosomatic Medicine and Psychotherapy, University of Essen, Essen, Germany; Wolfgang Senf, MD, Head of the Department of Psychosomatic Medicine and Psychotherapy, Essen, Department of Psychosomatic Medicine and Psychotherapy, University of Essen, Essen, Germany

12:40 p.m.

P41
**UNDERSTANDING PERSISTENCE IN ANOREXIA NERVOSA:
AN INVESTIGATION OF MOTIVATIONAL ISSUES**

Jacqueline Bergin, BA (Hons), PhD Student, Flinders University of South Australia, Adelaide, Australia; Tracey Wade, PhD, Associate Professor, Flinders University of South Australia, Adelaide, Australia

12:50 p.m.

P42
**EIGHTEEN-YEAR FOLLOW-UP OF ADOLESCENT-ONSET
ANOREXIA NERVOSA: PSYCHIATRIC DISORDERS AND OVERALL
FUNCTIONING SCALES**

Maria Rastam, Ass. Professor, MD, PhD, Department of Child and Adolescent Psychiatry, Göteborg, Sweden; Elisabet Wentz, MD, PhD, Doctor, Department of Child Adolescent Psychiatry, Göteborg, Sweden; Henrik Anckarsater, MD, PhD, Ass. Professor, Institute of Clinical Sciences, Malmö, Sweden; Carina Gillberg, MD, PhD, Ass. Professor, Department of Child Adolescent Psychiatry, Göteborg, Sweden; Gillberg Christopher, MD, PhD, Professor, Department of Child Adolescent Psychiatry, Göteborg, Sweden

1 p.m.

P43
**PREGNANCIES AND CHILDREN: 18 YEARS AFTER
TEENAGE-ONSET ANOREXIA NERVOSA**

Elisabet Wentz, Associate Professor, Department of Child and Adolescent Psychiatry, Göteborg University, Göteborg, Sweden; Maria Rastam, Associate Professor, Department of Child and Adolescent Psychiatry, Göteborg University, Göteborg, Sweden; Christopher Gillberg, Professor, Department of Child and Adolescent psychiatry, Göteborg University, Göteborg, Sweden; Carina Gillberg, Associate Professor, Department of Child and Adolescent Psychiatry, Göteborg University, Göteborg, Sweden; Henrik Anckarsater, Associate Professor, Associate Professor, Forensic Psychiatric Clinic, Institute of Clinical Sciences, Malmö, Lund University, Malmö, Sweden

1:10 p.m.

P44
**PROSPECTIVE 8-YEAR FOLLOW-UP IN A SAMPLE OF BRAZILIAN
WOMEN WITH EATING DISORDERS**

Maria Angélica Nunes, PhD, UFRGS, Porto Alegre, Brazil; Andrea Pinheiro, MD, Research Visiting Fellow ED Program, University of North Carolina, Chapel Hill, NC, USA

1:20 p.m.

P45
**SOCIAL RANK AND EATING DISORDER SYMPTOMS: A LONGITU-
DINAL STUDY OF ENTRAPMENT AND SUBMISSIVE BEHAVIOUR
IN WOMEN WITH A HISTORY OF EATING DISORDERS**

Nicholas Troop, PhD, Senior Lecturer, London Metropolitan University, London, United Kingdom; Leanne Andrews, PhD, Health Psychologist, Essex University, Colchester, United Kingdom; Syd Hisey, PhD, Clinical Psychology Trainee, University College London, London, United Kingdom; Janet Treasure, PhD, Professor, King's College London, London, United Kingdom

Rossini 2

F. I DIAGNOSIS

Chair: Paulo Machado, PhD, FAED

Noon

P46
**CLINICAL CHARACTERISTICS, PERSONALITY TRAITS AND
PSYCHIATRIC COMORBIDITY ASSOCIATED WITH MENSTRUAL
DYSFUNCTION IN WOMEN WITH EATING DISORDERS**

Andrea Pinheiro, MD, MPH, Research Visiting Fellow at ED Research Program, University of North Carolina, Chapel Hill, NC, USA; Laura Thornton, PhD, Program Coordinator, Computational Genetics, University of Pittsburgh, Pittsburgh, PA, USA; Walter Kaye, MD, Professor of Psychiatry, University of Pittsburgh, Pittsburgh, PA, USA; Katherine Plotnicov, PhD, Program Administrator, Eating Disorders Research Program, University of Pittsburgh Department of Psychiatry, Pittsburgh, PA, USA; Price Foundation Collaborative Research Group, Price Foundation, Price Foundation, University of Pittsburgh, Pittsburgh, PA, USA; Cynthia Bulik, PhD, William and Jeanne Jordan Distinguished Professor of Eating Disorders, University of North Carolina, Chapel Hill, NC, USA

12:10 p.m.

P47
**SELF-REPORTED EATING DISORDERS IN A POPULATION
SAMPLE OF YOUNG ADULT MEN**

Anu Raevuori, MD, Department of Public Health, University of Helsinki, Helsinki, Finland; Aila Rissanen, MD PhD, Professor, Department of Psychiatry, Helsinki University Central Hospital, Helsinki, Finland; Anna Keski-Rahkonen, MD, PhD, MPH, Postdoctoral Fellow in Psychiatric Epidemiology, Department of Epidemiology, Columbia University, New York, NY, USA

12:20 p.m.

P48
**THE FUTURE OF EATING DISORDER NO OTHERWISE SPECIFIED
(ED-NOS): DIAGNOSIS IN TRANSITION**

Eitan Gur, MD, Director of the ED Department, Sheba Medical Center, Tel Hashomer, Israel

12:30 p.m.

P49
WHY EATING DISORDER NOS IS CLINICALLY IMPORTANT

Bob Palmer, FRCPsych, University of Leicester, Leicester, United Kingdom; Christopher Fairburn, DM, Professor, University of Oxford, Oxford, United Kingdom; Kristen Bohn, DipPsych, Research Therapist, University of Oxford, Oxford, United Kingdom; Zafra Cooper, DPhil, University of Oxford, Oxford, United Kingdom; Helen Doll, DPhil, University of Oxford, Oxford, United Kingdom

12:40 p.m.

P50
**RATE OF EATING DOES NOT AFFECT BINGE SIZE IN
BULIMIA NERVOSA (BN)**

Ellen Zimmerli, PhD, Assistant Clinical Professor, Columbia University, Department of Psychiatry, New York, NY, USA; B. Timothy Walsh, MD, Professor, Columbia University, Department of Psychiatry, New York, NY, USA; Migdalia Torres, BS, Technician, St. Luke's-Roosevelt Hospital, New York, NY, USA; H. Lofink, BS, Technician, St. Luke's-Roosevelt Hospital, New York, NY, USA; Michael Devlin, MD, Associate Professor, Columbia University, New York, NY, USA; A. Spanos, BA, Professor, Columbia University, New York, NY, USA; Janet Guss, PhD, Research Scientist, St. Luke's-Roosevelt Hospital, New York, NY, USA; Harry Kissileff, PhD, Professor, St. Luke's-Roosevelt Hospital, New York, NY, USA

12:50 p.m.

P51**GENDER AND EATING PROBLEMS: WHAT HAVE WE LEARNED THROUGH META-ANALYSIS?**

Sarah Murnen, PhD, Professor of Psychology, Kenyon College, Gambier, OH, USA; Linda Smolak, PhD, Professor of Psychology, Kenyon College, Gambier, OH, USA; Michael Levine, PhD, Professor of Psychology, Kenyon College, Gambier, OH, USA

1 p.m.

P52**PROCESS VARIABLES IN AN ONLINE PROGRAM FOR THE PREVENTION OF EATING DISORDERS**

Jamie Manwaring, MA, Graduate Student, Washington University in St. Louis, St. Louis, MO, USA; Denise Wilfley, PhD, Professor, Washington University in St. Louis, St. Louis, MO, USA; C. Barr Taylor, MD, Professor, Stanford University School of Medicine, Palo Alto, CA, USA; Susan Bryson, MA, MS, Research Associate, Stanford University School of Medicine, Palo Alto, CA, USA; Andrea Goldschmidt, BA, Graduate Student, Washington University in St. Louis, Saint Louis, MO, USA; Andrew Winzelberg, PhD, Research Associate, Stanford University School of Medicine, Palo Alto, CA, USA

1:10 p.m.

P53**A COMPARATIVE ANALYSIS OF THE NATURE OF BINGEING IN THE BINGE EATING DISORDERS**

Christine Maldonado, BS, Graduate Student, University Missouri-Columbia, Columbia, MO, USA; Kimberly Oswald, BA, Student, University of Alabama Birmingham, Birmingham, AL, USA; Mary Boggiano, PhD, Professor, University of Alabama Birmingham, Birmingham, AL, USA

1:20 p.m.

P54**PROPOSAL OF THE DIAGNOSTIC CRITERIA FOR EATING DISORDERS**

Yoshikatsu Nakai, MD, Manager, KarasumaOikeNakaiClinic, Kyoto, Japan

🌟 **Verdi**

G. | TREATMENT 1A

Chair: Jillian Croll, PhD, RD, MPH

Noon

P55**PARENT-TO-PARENT CONSULTATION IN THE MAUDSLEY MODEL OF FAMILY-BASED TREATMENT FOR ANOREXIA NERVOSA: A QUALITATIVE AND QUANTITATIVE STUDY**

Paul Rhodes, MA, Clinical Psychology, Clinical Psychologist, Childrens Hospital Westmead, Westmead, Australia; Jacob Brown, PhD, Clinical Psychology, Lecturer, Department of Psychology, Macquarie University, Sydney, Australia

12:10 p.m.

P56**THE INTERPRETATION OF SYMPTOMS OF STARVATION/SEVERE DIETARY RESTRAINT IN EATING DISORDER PATIENTS**

Riccardo Dalle Grave, MD, Department of Eating and Weight Disorder, Villa Garda Hospital, Garda (Vr), Italy; Roz Shafran, PhD, Department of Psychiatry, Oxford University, Oxford, United Kingdom; Daniele Di Pauli, Psychology, Assistant, Associazione Italiana Disturbi dell'Alimentazione e del Peso (AIDAP), Verona, Italy; Massimiliano Sartirana, Psychology, Assistant, Associazione Italiana Disturbi dell'Alimentazione e del Peso (AIDAP), Verona, Italy; Simona Calugi, Psychology, Assistant, Associazione Italiana Disturbi dell'Alimentazione e del Peso (AIDAP), Verona, Italy

12:20 p.m.

P57**A PRELIMINARY EXAMINATION OF THE FIRST EIGHT PEOPLE ENTERED IN TO A NEW ANOREXIA NERVOSA TREATMENT TRIAL**

Tracey Wade, PhD, Associate Professor, Flinders University, Adelaide, Australia; Peter Gilchrist, MBBS, Flinders Medical Centre, Adelaide, Australia; Janet Treasure, FRCPsych, PhD, Professor, Institute of Psychiatry KCL, London, United Kingdom; Ulrike Schmidt, MRCPsych, PhD, Reader in Eating Disorders, Maudsley Hospital, London, United Kingdom

12:30 p.m.

P58**FEAR EXTINCTION IN ANOREXIA NERVOSA USING D-CYCLOSERINE**

Joanna Steinglass, MD, Research Fellow, Columbia University/NYSPI, New York, NY, USA; Michael Strober, PhD, Program Director, UCLA Neuropsychiatric Institute, Los Angeles, CA, USA; B. Timothy Walsh, MD, Director, Eating Disorders Research Unit, NYSPI/Columbia University, New York, NY, USA; Robyn Sysko, MS, Doctoral Candidate, Rutgers University, Piscataway, NJ, USA; Janet Schebendach, MA, Project Coordinator, New York State Psychiatric Institute, New York, NY, USA

12:40 p.m.

P59**TWO YEAR OUTCOMES OF A RANDOMISED CONTROLLED TRIAL FOR ADOLESCENT ANOREXIA NERVOSA — (THE TOUCAN TRIAL)**

Simon Gowers, FRCPsych, Professor of Adolescent Psychiatry, University of Liverpool, Chester, United Kingdom; Nicola Smethurst, BA, Assistant Psychologist, University of Liverpool, Chester, United Kingdom; Laura Rowlands, BA, Research Assistant, University of Liverpool, Chester, United Kingdom

12:50 p.m.

P60**FAMILE THERAPY AND THE FAMILY IN ANOREXIA NERVOSA**

Gerald Russell, MD, Emeritus Professor of Psychiatry, Institute of Psychiatry, London, United Kingdom; Ivan Eisler, PhD, Reader in Family Psychology and Family Therapy, Institute of Psychiatry, London, United Kingdom

1 p.m.

P61**HEALTH-SERVICE UTILIZATION FOR EATING DISORDERS: FINDINGS FROM THE AUSTRALIAN HEALTH AND WELL-BEING STUDY**

Jonathan Mond, PhD, Research Scientist, Neuropsychiatric Research Institute, Fargo, ND, USA

1:10 p.m.

P62

FLUOXETINE AND PSYCHOTHERAPY IN ANOREXIA NERVOSA

David Herzog, MD, Professor of Psychiatry (Pediatrics), Harvard Medical School, Boston, MA, USA; Kavita Tahlilani, BS, Research Assistant, Massachusetts General Hospital, Boston, MA, USA; David Dorer, PhD, Biostatistician, Massachusetts General Hospital, Boston, MA, USA; Walter Kaye, MD, Professor of Psychiatry, Western Psychiatric Institute, Pittsburgh, PA, USA; Elizabeth Ong, BA, Research Assistant, Massachusetts General Hospital, Boston, MA, USA; Debra Franko, PhD, Professor of Counseling and Applied Educational Psychology, Northeastern University, Boston, MA, USA; Daniel le Grange, PhD, Associate Professor of Psychiatry, University of Chicago, Chicago, IL, USA; Cynthia Bulik, PhD, Professor of Nutrition, School of Public Health, University of North Carolina at Chapel Hill, Chapel Hill, NC, USA

✱ **Diamant**

H. | TREATMENT 1B

Chair: Susan Paxton, PhD

Noon

P64

EVIDENCE-BASED REVIEW FOR EATING DISORDERS TREATMENT AND OUTCOMES

Cynthia Bulik, PhD, Professor, University of North Carolina, Chapel Hill, NC, USA; Nancy Berkman, PhD, Research Analyst, RTI, Research Triangle Park, NC, USA; Kim Brownley, PhD, Assistant Professor, University of North Carolina, Chapel Hill, NC, USA; Kathy Lohr, PhD, Director, Evidence Based, RTI International, Research Triangle Park, NC, USA

12:10 p.m.

P65

COGNITIVE BEHAVIOUR THERAPY FOR BULIMIC DISORDERS: EFFECTIVENESS IN NON-RESEARCH SETTINGS

Glenn Waller, DPhil, Professor, Eating Disorders Section, Institute of Psychiatry, London, United Kingdom; Rachel Lawson, MSc, Cognitive-Behaviour Therapist, St. George's Eating Disorders Service, London, United Kingdom; Victoria Mountford, DClInPsych, Clinical Psychologist, St. George's Eating Disorders Service, London, United Kingdom; Eloise Patient, BSc, Psychology Assistant, St. George's Eating Disorders Service, London, United Kingdom; Emma Corstorphine, ClinPsyD, Clinical Psychologist, St. George's Eating Disorders Service, London, United Kingdom; Hendrik Hinrichsen, DClInPsy, Clinical Psychologist, St. George's Eating Disorders Service, London, United Kingdom

12:20 p.m.

P66

THE IMPACT OF A TIME-LIMITED, INTEGRATED PSYCHO-DYNAMIC-BEHAVIOURAL OUTPATIENT TREATMENT PROGRAMME FOR BULIMIA NERVOSA AND BINGE EATING DISORDER

Susan Murphy, MA, Springfield Hospital, SWL&St.George's, London, United Kingdom

12:30 p.m.

P67

I KNOW WHAT YOU DID LAST SUMMER (AND IT WASN'T CBT): A SURVEY OF THERAPEUTIC STRATEGIES USED BY EATING DISORDERS CLINICIANS

David Tobin, PhD, Associate Professor, Tufts University Medical School, Springfield, MA, USA; Laura Weisberg, PhD, Assistant Clinical Professor, Duke University Medical Center, Durham, NC, USA; Judith Banker, MA, LLP, Executive Director, Center for Eating Disorders, Ann Arbor, MI, USA; Wayne Bowers, PhD, Professor, University of Iowa, Iowa City, IA, USA

12:40 p.m.

P68

COGNITIVE BEHAVIORAL THERAPY FOR BULIMIA NERVOSA IN LATINOS

Mae Lynn Reyes, PhD, Postdoctoral Investigator, University of Puerto Rico, San Juan, Puerto Rico; Jeannette Rossello, PhD, Professor, University of Puerto Rico, San Juan, Puerto Rico; Angelique Matos, BA Candidate, Student, University of Puerto Rico, San Juan, Puerto Rico

12:50 p.m.

P69

THE EFFICACY OF THERAPIST LED VS. SELF HELP GROUP TREATMENT OF BINGE EATING DISORDER

Carol Peterson, PhD, Research Associate/Assistant Professor, University of Minnesota, Minneapolis, MN, USA; James Mitchell, MD, Professor and Chair, University of North Dakota and Neuropsychiatric Research Institute, Fargo, ND, USA; Scott Crow, MD, Associate Professor, University of Minnesota, Minneapolis, MN, USA; Ross Crosby, PhD, Director of Biomedical Statistics, Neuropsychiatric Research Institute and University of North Dakota, Fargo, ND, USA

1 p.m.

P70

VIEWS FROM THE FRONTLINE — WHAT ROLE SHOULD PRIMARY CARE PLAY IN THE TREATMENT OF EATING DISORDERS?

Laura Currin, BA, Research Worker, Institute of Psychiatry, King's College London, London, United Kingdom; Ulrike Schmidt, MD, PhD, Reader in Eating Disorders, Institute of Psychiatry, London, United Kingdom; Sophie Tomlinson, BA, Research Assistant, St George's Eating Disorder Service, London, United Kingdom; Joanna Murray, BA, Senior Lecturer, Institute of Psychiatry, London, United Kingdom; Glenn Waller, DPhil, Professor of Clinical Psychology, St George's Eating Disorder Service, London, United Kingdom

1:10 p.m.

P71

EVALUATING A COGNITIVE GUIDED SELF-HELP APPROACH IN THE TREATMENT OF BULIMIA NERVOSA USING A RANDOMIZED CONTROLLED DESIGN

Anna Steele, BPsych (Hons), PhD Candidate, School of Psychology, Flinders University, Adelaide, Australia; Tracey Wade, PhD, Associate Professor, School of Psychology, Flinders University, Adelaide, Australia

1:20 p.m.

P72

NEGATIVE PROGNOSTIC SIGNIFICANCE OF DIETARY-NEGATIVE AFFECT SUBTYPE OF BINGE EATING DISORDER: FINDINGS FROM TWO CONTROLLED TREATMENT TRIALS

Carlos Grilo, PhD, Professor of Psychology, Yale University School of Medicine, New Haven, CT, USA

✿ Vivaldi 2

I. | BINGE EATING DISORDER 1

Chair: James E. Mitchell, MD

Noon

P73

VARIABILITY OF FOOD AMOUNT RATINGS BY AGE, SOCIOECONOMIC STATUS, WEIGHT AND EAT-40 SCORES FOR A SAMPLE OF MEXICAN AND WHITE WOMEN

Faith-Anne Dohm, PhD, Associate Professor, Fairfield University, Fairfield, CT, USA; Fary Cachelin, PhD, Associate Professor, California State University at Los Angeles, Glendora, CA, USA; Ruth Striegel-Moore, PhD, Professor, Wesleyan University, Middletown, CT, USA

12:10 p.m.

P74

MODERATORS OF TREATMENT OUTCOME FOR BINGE EATING DISORDER (BED)

Alexandra Dingemans, MSc, Researcher, National Center for Eating Disorders Ursula, Leidschendam, The Netherlands; Philip Spinhoven, Professor, Professor, Leiden University, Leiden, The Netherlands; Eric van Furth, PhD, National Center for Eating Disorders Ursula, Leidschendam, The Netherlands

12:20 p.m.

P75

PSYCHOPATHOLOGY AMONG MOTHERS OF OVERWEIGHT YOUTH: THE RELATION BETWEEN PARENT AND CHILD PRESENTATION

Kamryn Eddy, MA, Graduate Student, Center for Anxiety and Related Disorders, Boston University, Boston, MA, USA; Marian Tanofsky-Kraff, PhD, Psychologist, 3Unit on Growth and Obesity, NIH, Bethesda, MD, USA; Heather Thompson-Brenner, PhD, Assistant Professor, Center for Anxiety and Related Disorders, Boston University, Boston, MA, USA; David Herzog, MD, Professor of Psychiatry, Massachusetts General Hospital, Boston, MA, USA

12:30 p.m.

P76

SLEEP WAKE CYCLES IN OBESE ADOLESCENTS WITH AND WITHOUT BINGE EATING EPISODES

Orna Tzischinsky, DSc, Senior Lecturer, Sleep Lab, Haifa, Israel; Yael Latzer, DSc, Director, ED Clinic, Haifa, Israel; Miri Givon, MSW, Deputy Manager, ED Clinic, Haifa, Israel; Michal Weigert, MSW, Family Therapist, ED Clinic, Haifa, Israel

12:40 p.m.

P77

OVEREATING IN OBESITY IS RELATED TO DEPRESSION, AND NOT TO DIETARY RESTRAINT

Anita Jansen, PhD, Full Professor, Maastricht University, Maastricht, The Netherlands; Remco Havermans, PhD, Assistant Professor, Maastricht University, Maastricht, The Netherlands; Anne Roefs, PhD, Postdoc, Maastricht University, Maastricht, The Netherlands; Chantal Nederkoorn, PhD, Assistant Professor, Maastricht University, Maastricht, The Netherlands

12:50 p.m.

P78

A RANDOMIZED, PLACEBO-CONTROLLED, DOUBLE-BLIND TRIAL OF TOPIRAMATE PLUS COGNITIVE BEHAVIOR THERAPY IN BINGE EATING DISORDER

Angelica Claudino, MD, Head of Eating Disorders Program, Federal University of São Paulo, São Paulo, Brazil; Monica Duchesne, MA, Psychologist of Eating Disorder Program, Federal University of Rio de Janeiro, Rio de Janeiro, Brazil; Rosely Sichieri, DSc, Professor, State University of Rio de Janeiro, Brazil; Josue Bacaltchuk, DSc, Professor, Federal University of São Paulo, São Paulo, Brazil; Irismar Oliveira, DSc, Professor, Federal University of Bahia, São Paulo, Brazil; Jose Appolinario, DSc, Head Eating Disorders Program, Federal University of Rio de Janeiro, Rio de Janeiro, Brazil; Taki Cordas, DSc, Head of Eating Disorders Program, State University of São Paulo, São Paulo, Brazil

1 p.m.

P79

REDUNDANT SKIN AND PLASTIC SURGERY AFTER BARIATRIC SURGERY FOR MORBID OBESITY

James Mitchell, MD, President and Scientific Director, Neuropsychiatric Research Institute, Fargo, ND, USA; Ross Crosby, PhD, Director of Statistics, Neuropsychiatric Research Institute, Fargo, ND, USA; David Sarwer, PhD, Associate Professor Psychology, University of Pennsylvania, Philadelphia, PA, USA

1:10 p.m.

P80

TREATMENT OF BINGE EATING DISORDER COMPARATIVE EFFICACY AND THE ROLE OF UNSPECIFIC TREATMENT FACTORS

Simone Munsch, Dr (PhD), Oberassistentin, Institute of Psychology, University of Basel, Basel, Switzerland; Esther Biedert, Dr (PhD), Assistentin, Institute of Psychology, University of Basel, Basel, Switzerland; Andrea Meyer, Dr (PhD), Oberassistent, Institute of Psychology, University of Basel, Basel, Switzerland; Juergen Margraf, Professor, Professor Ordinarius, Institute of Psychology, University of Basel, Basel, Switzerland

1:20 p.m.

P81

BEHAVIOURAL VERSUS COGNITIVE BEHAVIOURAL THERAPY FOR SERIOUSLY OVERWEIGHT CHILDREN: SHORT TERM AND 1-YEAR FOLLOW-UP EFFECTS

Sandra Mulken, PhD, Lecturer/Assistant Professor, Maastricht University, Faculty of Psychology, Maastricht, The Netherlands; Anita Jansen, PhD, Full Professor, Maastricht University, Faculty of Psychology, Maastricht, The Netherlands; Esther Jansen, MA, PhD student, Maastricht University, Faculty of Psychology, Maastricht, The Netherlands

1:30 – 2:30 p.m.

✱ Rubi/Zafir

Poster Session I Dismantle

1:30 – 3:30 p.m.

Lunch on your own

1:30 – 3:30 p.m.

Special Interest Group (SIG) Annual Meetings

The following Special Interest Groups will hold lunchtime meetings. New members are welcome. Box lunches will be available with advance purchase. Additional SIG meetings will be held on Thursday, June 8, 1:30 – 3 p.m.

Bariatric Surgery

✱ Vivaldi 2

Chair: Carol Signore, MAT, LMAT, MS
Co-Chair: Edi Cooke, PsyD

Child and Adolescent

✱ Vivaldi 1

Chair: Shelagh Wright
Co-Chair: Nancy Zucker, PhD

Information Technology

✱ Rossini 1

Chairs: Stephanie Bauer, PhD
Jennifer Shapiro, PhD

New Investigators

✱ Cristal

Chair: Marci Gluck, PhD
Co-Chair: Jennifer Boisvert, MA

Neuroimaging

✱ Rossini 2

Chair: C. Laird Birmingham, MD
Co-Chair: Sloane Madden, MB, BS(Hon), FRANZP

Prevention

✱ Diamant

Chair: Riccardo Dalle Grave, MD
Co-Chair: Carolyn Black Becker, PhD

Transcultural

✱ Coral

Chair: Richard Gordon, PhD
Co-Chair: Armando Barriguete, MD, FAED

1:30 – 3:30 p.m.

✱ Verdi

World Summit Inaugural Session

Moderators:

Ulrike Schmidt, PhD, Institute of Psychiatry, DeCrespigny Park, London, United Kingdom, Rose Zohs, The Bronte Foundation, Melbourne, Victoria, Australia

The summit will be a working session to build on the launch of the first International Patients' Charter for people with eating disorders and their families and loved ones. This document, drawn from the survey responses of eating disorder professionals, patient/carers and other stakeholders from six continents, will detail what people around the world should be able to expect in terms of current treatment and services and will also provide a vision for how eating disorder care should develop over the next few decades. Join us as we move forward in this exciting worldwide collaboration.

1:30 – 3:30 p.m.

✱ Jade

NIMH Research Roundtable: Addressing the Need for Valid and Reliable Eating Disorder Screening Tools for Children and Adolescents in the Primary Care Setting

2:30 – 3:30 p.m.

✱ Rubi/Zafir

Poster Session II Presenter Set-Up

3:30 – 5 p.m.

Oral Scientific Paper Session II

(brief scientific papers for presentation and discussion)

Brief scientific papers will be presented and discussed in these concurrent sessions. Abstracts of the papers can be found in the Conference Proceedings.

✱ Rossini 1

A. | AT-RISK POPULATIONS

Chair: Eunice Chen, PhD

3:30 p.m.

P82

HOW ANOREXIC-LIKE ARE THE SYMPTOM AND PERSONALITY PROFILES OF AESTHETIC ATHLETES?

Rachel Bachner-Melman, MA, PhD Student, Clinical Psychology Intern, Hebrew University of Jerusalem, Hadassah Hospital, Jerusalem, Israel; Ada H. Zohar, PhD, Chair of Behavioral Sciences, Ruppin Academic College, Emek Hefer, Israel; Richard P. Ebstein, PhD, Professor, Psychology Department, Hebrew University of Jerusalem and Herzog Hospital, Jerusalem, Israel; Naama Constantini, MD, Head, Medical Committee of the Israel Olympic Committee, Medical Committee of the Israel Olympic Committee, Hadassah Hospital, Jerusalem, Israel

3:40 p.m.

P83

PREDICTIVE MODEL OF RESTRICTIVE DIETING IN A SAMPLE OF ADULT MEXICAN WOMEN

Teresita Saucedo-Molina, PhD, Instituto de Ciencias de la Salud, Universidad Autonoma del Estado de Hidalgo, Pachuca, Hidalgo, Mexico

3:50 p.m.

P84

CHILDHOOD TRAUMA AND EATING DISORDERS AMONG BARIATRIC SURGERY CANDIDATES

Melissa Kalarchian, PhD, Assistant Professor of Psychiatry and Psychology, WPIC, University of Pittsburgh Medical Center, Pittsburgh, PA, USA; Anita Courcoulas, MD, Assistant Professor of Surgery, University of Pittsburgh Medical Center, Pittsburgh, PA, USA; Julia Soulakova, MS, Graduate Student Researcher, University of Pittsburgh, Pittsburgh, PA, USA; Marsha Marcus, PhD, Professor of Psychiatry and Psychology, Western Psychiatric Institute and Clinic, Pittsburgh, PA, USA; Michele Levine, PhD, Assistant Professor of Psychiatry and Psychology, Western Psychiatric Institute and Clinic, Pittsburgh, PA, USA

4 p.m.

P85**VOMITING AND FASTING ARE ASSOCIATED WITH INJURIES AND LONGER RECUPERATION TIME AMONG ADOLESCENT BALLET DANCERS**

Jennifer Thomas, MS, Doctoral Student, Yale University, Department of Psychology, New Haven, CT, USA; Pamela Keel, PhD, Associate Professor, University of Iowa, Department of Psychology, Iowa City, IA, USA; Todd Heatherton, PhD, Champion International Professor, Dartmouth College, Department of Psychological and Brain Sciences, Hanover, NH, USA

4:10 p.m.

P86**EATING DISORDER PREVALENCE AMONG FEMALE INMATES RECEIVING MENTAL HEALTH SERVICES**

Jennifer Rasmussen, MS, Doctoral Candidate, Pacific University, Forest Grove, OR, USA; Genevieve Arnaut, PhD, Professor, Pacific University, Portland, OR, USA

4:20 p.m.

P87**CHARACTERISTICS OF THE FATHER-DAUGHTER RELATIONSHIP IN EATING DISORDERS**

Maya Wolff, BSC, PhD Student, Bar Ilan University, Ramat Gan, Israel; Eynat Zubery, MSW, Head, ED Unit, Davidson Clinic, Shalvata Mental Health Center, Israel, Raanana, Israel; Evelyn Steiner, MD, Head of Davidson Mental Health Clinic, Shalvata Mental Health Center, Israel, Raanana, Israel; Netta Horesh, PhD, Senior lecturer, Bar Ilan University, Ramat Gan, Israel

4:30 p.m.

P88**EATING DISORDERS AND DISORDERED EATING IN DISORDERS TYPE 1 DIABETES: REVIEW OF POSSIBLE MECHANISMS AND REPORT ON RECENT DATA IN AUSTRIAN ADOLESCENTS**

Andreas Karwautz, Professor, Neuropsychiatry of Childhood and Adolescence, Eating Disorders Unit, Vienna, Austria; Vasileia Grylli, PhD, Neuropsychiatry Eating Disorders Unit, Vienna, Austria; Gudrun Wagner, Mag, Research Psychologist, Neuropsychiatry, Eating Disorders Unit, Vienna, Austria; Ursula Sinnreich, MD, Neuropsychiatry Eating Disorders, Vienna, Austria; Edith Schober, MD, Pediatrics, Diabetes Care Unit, Vienna, Austria; Gabie Berger, MD, Neuropsychiatry Eating Disorders, Vienna, Austria; Astrid Eisenkölbl, Cand Med, Neuropsychiatry Eating Disorders Unit, Vienna, Austria

4:40 p.m.

P89**EATING DISORDERS AND EATING PATHOLOGY IN ADOLESCENT PATIENTS WITH CELIAC DISEASE**

Gudrun Wagner, Mag, Research Psychologist, Eating Disorders Unit, Neuropsychiatry of Childhood and Adolescence, Vienna, Austria; Andreas Wagner, Professor, Head of Eating Disorders Unit, Eating Disorders Unit, Neuropsychiatry of Childhood and Adolescence, Vienna, Austria; Astrid Eisenkölbl, Cand Med, Scientific Research, Eating Disorders Unit, Neuropsychiatry of Childhood and Adolescence, Vienna, Austria; Wolf-Dietrich Huber, MD, Gastroenterologist, Gastroenterological Unit, Medical University Vienna, Vienna, Austria; Edith Schober, Prof, Diabetic Care Unit, Medical University Vienna, Vienna, Austria; Gabriele Berger, MD, Eating Disorder Unit, Neuropsychiatry of Childhood and Adolescence, Vienna, Austria; Ursula Sinnreich, MD, Eating Disorder Unit, Neuropsychiatry of Childhood and Adolescence, Vienna, Austria; Vasileia Grylli, PhD, Clinical Psychologist, Eating Disorder Unit, Neuropsychiatry of Childhood and Adolescence, Vienna, Austria

4:50 p.m.

P90**SEX AND SEXUAL ORIENTATION AS RISK FACTORS OF EATING DISORDER SYMPTOMATOLOGY: A COMPARISON OF LESBIAN WOMEN, GAY MEN, AND HETEROSEXUALS ON EATING DISORDER SYMPTOMATOLOGY**

Jennifer A. Boisvert, PhD, Associate Psychologist, Population Research Laboratory, Edmonton, AB, Canada; W. Andrew Harrell, PhD, Director, Population Research Laboratory, Edmonton, AB, Canada

✿ Rossini 2

B. | BINGE EATING DISORDER 2

Chair: Michael Devlin, MD, FAED

3:30 p.m.

P91**THE CONTRIBUTIONS OF EATING BEHAVIOURS TO OBESITY AND OVERWEIGHT**

Tovah Yanover, MA, Graduate Student, University of South Florida, Tampa, FL, USA; William Sacco, PhD, Professor, University of South Florida, Tampa, FL, USA

3:40 p.m.

P92**GHRELIN LEVELS INCREASE FOLLOWING A COLD STRESS TEST AND ARE RELATED TO CORTISOL STRESS RESPONSIVITY IN OBESE WOMEN WITH BINGE EATING DISORDER (BED)**

Marci Gluck, PhD, Research Associate, NY Obesity Research Center, New York, NY, USA; Allan Geliebter, PhD, Research Scientist, St. Luke's/Roosevelt Hospital, New York, NY, USA; Margarita Lorence, BS, Research Assistant, St. Luke's/Roosevelt Hospital, New York, NY, USA

3:50 p.m.

P93**DOES AN INTERVENTION BASED ON A HEALTH AT EVERY SIZE APPROACH IMPACT ON THE PSYCHOLOGICAL PROFILE OF OVERWEIGHT WOMEN?**

Catherine Bégin, PhD, Professor, Laval University, Québec, QC, Canada; Angelo Tremblay, PhD, Professor, Division of Kinesiology, Quebec, QC, Canada; Véronique Provencher, MSc, Student, Institute of Nutraceuticals and Functional Foods, Quebec, QC, Canada; Sonia Boivin, PhD, Psychologist, CHUQ, Quebec, QC, Canada; Marie-Pierre Gagnon-Girouard, BA, Student, School of Psychology, Quebec, QC, Canada

4 p.m.

P94**IMPULSIVITY AS A PREDICTOR OF TREATMENT OUTCOME IN OBESE CHILDREN**

Chantal Nederkoorn, PhD, Assistant Professor, Maastricht University, Maastricht, The Netherlands; Esther Jansen, MS, PhD Student, Maastricht University, Maastricht, The Netherlands; Sandra Mulkens, PhD, Assistant Professor, Maastricht University, Maastricht, The Netherlands; Anita Jansen, PhD, Full Professor, Maastricht University, Maastricht, The Netherlands

4:10 p.m.

P95

PSYCHOLOGICAL STATUS AND HEALTH RELATED QUALITY OF LIFE OF PATIENTS PRIOR TO BARIATRIC SURGERY UNDER SPECIAL CONSIDERATION OF BINGE EATING DISORDER

Barbara Muehlhans, Diploma, DiptPsych, Universitaetsklinikum Erlangen, Erlangen, Germany

4:20 p.m.

P96

WEIGHT LOSS READINESS AND PSYCHIATRIC STATUS IN SEVERELY OBESE BARIATRIC SURGERY CANDIDATES

Kathryn Henderson, PhD, Associate Research Scientist, Yale University, New Haven, CT, USA; Carlos Grilo, PhD, Professor of Psychiatry, Yale School of Medicine, New Haven, CT, USA; Patricia Rosenberger, PhD, Associate Research Scientist, Yale University School of Medicine, New Haven, CT, USA

4:30 p.m.

P97

BINGE EATING AND NOCTURNAL EATING, ONLY A QUESTION OF WHEN? PSYCHOPATHOLOGICAL DIFFERENCES BETWEEN BED AND NES

Piergiuseppe Vinai, MD, Medicine and Surgery, Studi Cognitivi, Magliano Alpi, Italy; Sandra Sassaroli, MD, Psychiatrist, Studi Cognitivi, Milan, Italy; Paola Vallauri, PhD, Psychologist, Studi Cognitivi, Milan, Italy; Gabriella Carpegna, PhD, Psychologist, Studi Cognitivi, Milan, Italy; Donatella Masante, PhD, Psychologist, Studi Cognitivi, Milan, Italy; Patrizia Todisco, MD, Medicine and Surgery, Studi Cognitivi, Milan, Italy; Gianluigi Luxardi, PhD, Psychologist, Eating Disorder Unit, Pordenone, Italy; Silvia Cardetti, PhD, Psychologist, Studi Cognitivi, Milan, Italy; Noemi Ferrato, PhD, Psychologist, Studi Cognitivi, Milan, Italy

4:40 p.m.

P98

BEYOND THE FIRST YEAR AFTER GASTRIC BYPASS: INVESTIGATION OF BINGE EATERS AND NON-BINGE EATERS USING THE THREE FACTOR EATING QUESTIONNAIRE

Lindsey Bocchieri-Ricciardi, PhD, Postdoctoral Fellow, University of Chicago Hospitals, Chicago, IL, USA; Daniel le Grange, PhD, Associate Professor, University of Chicago, Chicago, IL, USA; Maureen Dymek-Valentine, PhD, Assistant Professor, University of North Carolina, Chapel Hill, NC, USA; John Alverdy, MD, Director of Surgery, University of Chicago, Chicago, IL, USA; Eunice Chen, PhD, Instructor, University of Chicago, Chicago, IL, USA; Daniel Munoz, MA, Psychology Intern, University of Chicago, Chicago, IL, USA; Sarah Fischer, MA, Psychology Intern, University of Chicago, Chicago, IL, USA

4:50 p.m.

P99

OBESEITY AS A TRIGGER FOR DEPRESSION IN FEMALE ADOLESCENTS

Kerri Boutelle, PhD, Assistant Professor, University of Minnesota, Minneapolis, MN, USA; Eric Stice, PhD, Research Scientist, University of Texas at Austin, Austin, TX, USA; Jayne Fulkerson, PhD, Associate Professor, University of Minnesota, Minneapolis, MN, USA; Peter Hannan, Mstat, Senior Research Scientist, University of Minnesota, Minneapolis, MN, USA; Scott Crow, MD, Associate Professor, University of Minnesota, Minneapolis, MN, USA

Cristal

C. | BIOLOGY 2

Chair: Ian Frampton, PhD

3 p.m.

P100

BODY PROTEIN REPLETION DURING WEIGHT RECOVERY IN ANOREXIA NERVOSA

Verena Haas, PhD, Researcher, Children's Hospital Westmead, Sydney NSW, Australia; Michael Kohn, FRACP, Senior Staff Specialist, Children's Hospital Westmead, Sydney NSW, Australia; Sloane Madden, FRACP, Staff Specialist, Children's Hospital Westmead, Sydney NSW, Australia

3:40 p.m.

P101

ASSOCIATION OF 5HTTLPR S ALLELE AND EXPOSURE TO CHILDHOOD ABUSE WITH INCREASED BORDERLINE PERSONALITY DISORDER AND TRAITS IN BULIMIC WOMEN

Howard Steiger, PhD, Director, Eating Disorders Program, Montreal, QC, Canada; Julie Hakim, BSc, Student, Eating Disorders Program, Montreal, QC, Canada; Melanie Aubut, MA, Student, Eating Disorders Program, Montreal, QC, Canada; N.M.K. Ng Ying Kin, PhD, Researcher, Research Center, Montreal, QC, Canada; Kenneth Bruce, PhD, Psychology, Eating Disorders Program, Montreal, QC, Canada; Lise Gauvin, PhD, Professor, Social and Preventive Medicine, Montreal, QC, Canada; Jodie Richardson, BA, Graduate Student, Eating Disorders Program, Montreal, QC, Canada; Ridha Joober, MD, PhD, Psychiatrist, Research Center, Montreal, QC, Canada; Mimi Israel, MD, Psychiatrist, Eating Disorders Program, Montreal, QC, Canada

3:50 p.m.

P102

PHYSICAL ACTIVITY IN ANOREXIA NERVOSA: PSYCHOLOGICAL, BEHAVIORAL AND BIOLOGICAL CORRELATES

Diane Klein, MD, Assistant Professor, Clinical Psychiatry, Columbia University, New York, NY, USA; Laurel Mayer, MD, Asst. Professor, Columbia University, New York, NY, USA; Janet Schebendach, MS, Project Coordinator, Columbia University, New York, NY, USA; B. Timothy Walsh, MD, Professor, Columbia University, New York, NY, USA

4 p.m.

P103

PATTERNS OF BDNF/NTRK2 DNA VARIANTS AND BDNF PROTEIN BLOOD LEVELS IN EATING DISORDERS

Xavier Estivill, Professor, Head of Department, Center for Genomic Regulation (CRG)-Pompeu Fabra University (UPF), Barcelona, Spain; Marta Ribases, PhD, Postdoctoral, Unitat de psiquiatria genètica Hospital de vall D'hebron, Barcelona, Spain; Josep Maria Mercader, PhD Student, Center for Genomic Regulation (CRG)-Pompeu Fabra University (UPF), Barcelona, Spain; Mònica Gratacòs, PhD, Postdoctoral, Center for Genomic Regulation (CRG)-Pompeu Fabra University (UPF), Barcelona, Spain; Mònica Bayes, PhD, Postdoctoral, Center for Genomic Regulation (CRG)-Pompeu Fabra University (UPF), Barcelona, Spain; Fernando Fernández Aranda, PhD, Psychologist, Psychiatric Service, Ciutat Sanitària Bellvitge, Barcelona, Spain

4:10 p.m.

P104**SUBJECTIVE MOOD EFFECTS OF ACUTE TRYPTOPHAN DEPLETION IN BULIMIC WOMEN ARE MEDIATED BY AFFECTIVE INSTABILITY**

Kenneth Bruce, PhD, Assistant Professor, McGill University, Montreal, QC, Canada; Simon Young, PhD, Professor, McGill University, Montreal, QC, Canada; NMK Ng Ying Kin, PhD, Assistant Professor, McGill University, Montreal, QC, Canada; Mimi Israel, MD, Associate Professor, McGill University, Montreal, QC, Canada; Julie Hakim, BA, Research Assistant, McGill University, Montreal, QC, Canada; Howard Steiger, PhD, Professor, McGill University, Montreal, QC, Canada; Jodie Richardson, BA, PhD Candidate, McGill University, Montreal, QC, Canada; Lise Gauvin, PhD, Professor, University of Montreal, Montreal, QC, Canada; Mélissa Lévesque, BA, Research Assistant, McGill University, Montreal, QC, Canada

4:20 p.m.

P105**ASSOCIATION BETWEEN THE 5-HTTLPR POLYMORPHISM AND DEPRESSIVE SYMPTOMS IN WOMEN WITH BULIMIA-SPECTRUM DISORDERS**

Jodie Richardson, BSc, PhD Candidate, McGill University, Verdun, QC, Canada; Kenneth Bruce, PhD, Assistant Professor, McGill University, Verdun, QC, Canada; Howard Steiger, PhD, Professor, McGill University, Verdun, QC, Canada; Annelie Anestin, BSc, Research Assistant, Douglas Hospital, Verdun, QC, Canada; Ridha Joobier, MD PhD, Associate Professor, McGill University, Verdun, QC, Canada; Mimi Israel, MD FRCP, Associate Professor, McGill University, Verdun, QC, Canada; N.M.K. Ng Ying Kin, PhD, Assistant Professor, McGill University, Verdun, QC, Canada; Cathy Dandurand, BSc, Research Assistant, Douglas Hospital, Verdun, QC, Canada; Melanie Aubut, BSc, PhD Candidate, University of Quebec in Montreal, Verdun, QC, Canada

4:30 p.m.

P106**FLUCTUATIONS IN BINGE EATING AND ESTRADIOL OVER THE MENSTRUAL CYCLE IN A COMMUNITY SAMPLE OF WOMEN**

Kristen Culbert, BA, Graduate Student, Michigan State University, East Lansing, MI, USA; Kelly Klump, PhD, Assistant Professor, Michigan State University, East Lansing, MI, USA; Crystal Edler, BS, Graduate Student, University of Iowa, Iowa City, IA, USA; Pamela Keel, PhD, Associate Professor, University of Iowa, Iowa City, IA, USA

4:40 p.m.

P107**ECHO-DOPPLER ASSESSMENT OF HEMODYNAMICS AND CARDIAC RESPONSES TO EXERCISE IN ADOLESCENT FEMALES WITH EATING DISORDERS**

George Sandor, MB ChB, Pediatric Cardiologist, Division of Cardiology, BC Children's Hospital, Vancouver, BC, Canada; Mary Potts, RDCS, Echocardiographer, Division of Cardiology, B.C. Children's Hospital, Vancouver, BC, Canada; James Potts, PhD, Epidemiologist, Division of Cardiology, B.C. Children's Hospital, Vancouver, BC, Canada; Astrid DeSouza, MSc, Graduate Student, Division of Cardiology, B.C. Children's Hospital, Vancouver, BC, Canada; Jorge Pinzon, MD, Pediatrician, Eating Disorders Program & Youth Health Program, B.C. Children's Hospital, Vancouver, BC, Canada; Ronald Manley, PhD, Clinical Director/Psychologist, Eating Disorders Program and Youth Health Program, B.C. Children's Hospital, Vancouver, BC, Canada

4:50 p.m.

P108**MINDFULNESS MEDITATION: IMPROVEMENT IN METABOLIC FUNCTION IN OBESE BINGE EATERS**

Jean Kristeller, PhD, Professor, Indiana State University, Terre Haute, IN, USA; Ruth Wolever, PhD, Assistant Professor, Duke University, Durham, NC, USA; Best Jennifer, PhD, Postdoctoral Fellow, Duke University, Durham, NC, USA

✿ **Diamant****D. | CHILDREN AND ADOLESCENTS 2**

Chair: Nancy Zucker, PhD

3:30 p.m.

P109**ASSOCIATIONS BETWEEN PRE-ADOLESCENT RISK FOR AND EARLY ADOLESCENT ENGAGEMENT IN DISORDERED EATING**

Meghan Sinton, MS, Doctoral Candidate, Pennsylvania State University, University Park, PA, USA; Leann Birch, PhD, Distinguished Professor, Pennsylvania State University, University Park, PA, USA

3:40 p.m.

P110**THE DEVELOPMENT OF GIRLS' DIETARY DISINHIBITION IS LINKED TO DEPRESSION**

Ashleigh May, MS, Doctoral Student, The Pennsylvania State University, University Park, PA, USA; Meghan Sinton, MS, Doctoral Student, The Pennsylvania State University, University Park, PA, USA; Leann Birch, PhD, Distinguished Professor of Human Development, The Pennsylvania State University, University Park, PA, USA

3:50 p.m.

P111**CHANGES OF EATING DISORDER RELATED ATTITUDES IN AUSTRIAN ADOLESCENTS DURING THE LAST DECADE**

Karin Waldherr, MSc ScD, University of Vienna, School of Psychology, Vienna, Austria; Günther Rathner, Prof PhD, Medical University Innsbruck, Department of Psychological Medicine and Psychotherapy, Austria; Helga Friedl, University of Vienna, School of Faculty, Vienna, Austria

4 p.m.

P112**CORRELATES OF EATING AND WEIGHT DISORDERS IN A COMMUNITY-BASED SAMPLE OF ADOLESCENTS: INVESTIGATING AN INTEGRATIVE BIOPSYCHOSOCIAL MODEL**

Martine Flament, MD, PhD, Professor of Psychiatry, University of Ottawa Institute of Mental Health Research, Ottawa, ON, Canada; Nicole Obeid, MA, Research Assistant, University of Ottawa Institute of Mental Health Research, Ottawa, ON, Canada; Neda Faregh, MA, Research Coordinator, University of Ottawa Institute of Mental Health Research, Ottawa, ON, Canada; Kimberly Matheson, PhD, Professor of Psychology, Carleton University, Ottawa, ON, Canada; Dr. Katherine Henderson, PhD, Head Eating Disorders Program, Children's Hospital of Eastern Ontario, Ottawa, ON, Canada; Annick Buchholz, PhD, Psychologist, Children's Hospital of Eastern Ontario, Ottawa, ON, Canada; Gary Goldfield, PhD, Investigator, Children's Hospital of Eastern Ontario Research Institute, Ottawa, ON, Canada

4:10 p.m.

P113

ASSOCIATIONS OF CHILDHOOD EATING PATTERNS AND PARENTAL ATTITUDES TO FOOD: A MULTICENTER EUROPEAN STUDY

Isabel Krug, PhD Student, University Hospital of Bellvitge, Barcelona, Spain; Andreas Karwautz, PhD, MD, University Clinic of Neuropsychiatry of Childhood and Adolescence, Vienna, Austria; Gudrun Wagner, PhD, PUniversity Clinic of Neuropsychiatry of Childhood and Adolescence, Vienna, Austria; Fernando Fernandez-Aranda, PhD, University Hospital of Bellvitge, Barcelona, Spain; Elena Cellini, PhD, University of Florence, Florence, Spain; Roser Granero, PhD, Universidad Autonoma de Barcelona, Cerdanyola del Valles, Spain; David Collier, PhD, Institute of Psychiatry, London, United Kingdom; Kate Tchanturia, PhD, Institute of Psychiatry, London, United Kingdom; Janet Treasure, PhD, Institute of Psychiatry, London, United Kingdom; Laura Bellodi, PhD, Fondazione Centro del monte Tabor Dept Psychiatry, Milan, Italy; Benedetta Nacmias, PhD, University of Florence, Florence, Italy; Sandro Sorbi, PhD, University of Florence, Florence, Italy; Marija Anderluh, PhD, Department of Psychiatry, Ljubljana, Slovenia

4:20 p.m.

P114

FOOD AVOIDANT EMOTIONAL DISORDER: IS IT TIME FOR A NEW DIAGNOSTIC CATEGORY IN DSM?

Leora Pinhas, MD, FRCP, Psychiatric Director, Eating Disorder Program, Assistant Professor, Sickkids Hospital, University of Toronto, Toronto, ON, Canada; Margus Heinmaa, PhD, Postdoctoral Fellow, Psychology and Psychiatry, Sickkids Hospital, Toronto, ON, Canada; Debra Katzman, MD FRCP, Head, Division of Adolescent Medicine, Sickkids Hospital, Toronto, ON, Canada; Anne Morris, Fellowship, Pediatrician, Sickkids Hospital, Toronto, ON, Canada; Ross Crosby, PhD, Director of Biomedical Statistics, Neuropsychiatric Research Institute, Fargo, ND, USA

4:30 p.m.

P115

DISORDERED EATING IN ADOLESCENTS: CRITICISM AND TEASING, AND PARENTAL INVESTMENT IN THINNESS

Heather Trobert, MA, Graduate Student, Michigan State University, East Lansing, MI, USA; Kelly Klump, PhD, Assistant Professor, Michigan State University, East Lansing, MI, USA

4:40 p.m.

P116

FAT 'N HAPPY 5 YEARS LATER: IS IT BAD FOR OVERWEIGHT GIRLS TO LIKE THEIR BODIES?

Patricia van den Berg, PhD, Postdoctoral Fellow, University of Minnesota, Minneapolis, MN, USA

4:50 p.m.

P117

CHILDREN AND ADOLESCENTS WITH ANOREXIA NERVOSA AS YOUNG ADULTS COMPARED WITH SIBLINGS: SELF- AND PARENT-REPORTED PROBLEMS, ADAPTIVE FUNCTIONING AND SUBSTANCE USE

Inger Halvorsen, MD, Research Fellow/MD, Buskerud Hospital, Drammen, Norway; Sonja Heyerdahl, PhD, Head of Research, Centre for Child and Adolescent Mental Health, Eastern and Southern Norway, Oslo, Norway

☀ Coral

E. | COMORBIDITY 2

Chair: Carol Peterson, PhD

3:30 p.m.

P118

SEASON AND MONTH OF BIRTH IN BULIMIA NERVOSA: RESULTS FROM THE NATIONAL WOMEN'S STUDY

Timothy Brewerton, MD, Clinical Professor of Psychiatry and Behavioral Sciences, Medical University of South Carolina, Mt. Pleasant, SC, USA; Bonnie Dansky, PhD, Adjunct Professor of Psychiatry & Behavioral Sciences, Medical University of South Carolina, Charleston, SC, USA; Patrick O'Neil, PhD, Professor of Psychiatry and Behavioral Sciences, Medical University of South Carolina, Charleston, SC, USA; Dean Kilpatrick, PhD, Professor of Psychiatry and Behavioral Sciences, Medical University of South Carolina, Charleston, SC, USA

3:40 p.m.

P119

EATING DISORDERS AND SUICIDAL IDEATION: AN ITALIAN COMMUNITY-BASED STUDY

Anna Saltini, PhD, Clinical Psychologist, Unità Operativa di Psichiatria n.27 di Mantova, Mantova, Italy; Debora Bussolotti, PhD, Psychiatrist, Unità Operativa di Psichiatria n.27 di Mantova, Mantova, Italy; Enrico Baraldi, MD, Psychiatrist, Unità Operativa di Psichiatria n.27 di Mantova, Mantova, Italy; Alessandra Boccaletti, Psychology Degree, Clinical Psychologist, Unità Operativa di Psichiatria n.27 di Mantova, Mantova, Italy; Sara Valentini, Psychology Degree, Clinical Psychologist, Unità Operativa di Psichiatria n.27 di Mantova, Mantova, Italy; Alessandra Zappellini, Psychology Degree, Clinical Psychologist, Unità Operativa di Psichiatria n.27 di Mantova, Mantova, Italy; Giovanni Rossi, MD, Chief of Department of Mental Health, Unità Operativa di Psichiatria n.27 di Mantova, Mantova, Italy

3:50 p.m.

P120

PERSONALITY AND PSYCHOPATHOLOGICAL TRAITS IN SPANISH EATING DISORDER MALES: A COMPARATIVE STUDY

Araceli Núñez, MSc, PhD Student, University Hospital of Bellvitge, Barcelona, Spain; Raquel Solano, MSc, PhD Student, University Hospital of Bellvitge, Barcelona, Spain; Julio Vallejo, MD, University Hospital of Bellvitge, Barcelona, Spain; Fernando Fernandez-Aranda, PhD, Head of ED Unit, University Hospital of Bellvitge, Barcelona, Spain

4 p.m.

P121

EXTERNALIZING FACTORS AS PREDICTORS OF EATING PATHOLOGY IN MALES

Jennifer Slane, BA, Graduate Student, Michigan State University, Lansing, MI, USA; Kristen Culbert, BA, Graduate Student, Michigan State University, East Lansing, MI, USA; Kelly Klump, PhD, Assistant Professor, Michigan State University, East Lansing, MI, USA

4:10 p.m.

P122

CAFFEINE AND DIET PILL USE IN INDIVIDUALS WITH EATING DISORDERS

Lauren Reba, BA, PhD Student, University of North Carolina at Chapel Hill, Carrboro, NC, USA; Cynthia Bulik, PhD, Jordan Distinguished Professor of Eating Disorders, University of North Carolina at Chapel Hill, Chapel Hill, NC, USA; Laura Thornton, PhD, Statistician, University of Pittsburgh, Pittsburgh, PA, USA; Walter Kaye, MD, Professor of Psychiatry, University of Pittsburgh, Pittsburgh, PA, USA; Cynthia Bulik, PhD, Jordan Distinguished Professor of Eating Disorders, University of North Carolina at Chapel Hill, Chapel Hill, NC, USA

4:20 p.m.

P123

CO-MORBID OBSESSIVE COMPULSIVE BEHAVIORS IN EATING DISORDER PATIENTS ACCOUNT FOR LONGER LENGTH OF STAY AND MORE SEVERE EATING DISORDER SYMPTOMS

Theodore Weltzin, MD, Medical Director, Rogers Memorial Hospital, Oconomowoc, WI, USA; Pamela Timmel, Outcome Study Coordinator, Rogers Memorial Hospital, Oconomowoc, WI, USA; Pamela Bean, PhD, Executive Director Research, Rogers Memorial Hospital, Madison, WI, USA; Michael Brondino, PhD, Assistant Professor, University of Wisconsin - Milwaukee, Milwaukee, WI, USA

4:30 p.m.

P124

RELATION BETWEEN CHILDHOOD ANXIETY DISORDERS AND ANOREXIA NERVOSA

T.J. Raney, PhD, Assistant Professor, University of North Carolina-Chapel Hill, Chapel Hill, NC, USA; Walter Kaye, MD, Professor, University of Pittsburgh, Pittsburgh, PA, USA; Cynthia Bulik, PhD, William and Jeanne Jordan Distinguished Professor of Eating Disorders, University of North Carolina-Chapel Hill, Chapel Hill, NC, USA; Laura Thornton, PhD, Senior Program Coordinator, University of Pittsburgh, Pittsburgh, PA, USA; Price Foundation Collaborative Group, Price Foundation, NC, USA

4:40 p.m.

P125

THE ROLE OF TRAIT URGENCY AND EXPECTANCIES IN PROBLEM DRINKING AND BINGE EATING: IMPLICATIONS FOR COMORBIDITY OF ALCOHOL DEPENDENCE AND EATING DISORDERS

Sarah Fischer, MS, Psychology Intern, University of Chicago Medical Center, Chicago, IL, USA; Gregory T. Smith, PhD, University of Kentucky, Lexington, KY, USA; Megan Hendricks, BA, Research Assistant, University of Kentucky, Lexington, KY, USA; Agnes Annus, BA, Graduate Student, University of Kentucky, Lexington, KY, USA

4:50 p.m.

P126

BULIMIA VS. DEPRESSION: SELF AND INTERPERSONAL DISCREPANCIES

Abigail Matthews, BA, Clinical Psychology Graduate Student, State University of New York at Binghamton, Binghamton, NY, USA

✿ Jade

F. | CROSS-CULTURAL

Chair: Fernando Fernández-Aranda, PhD, FAED

3:30 p.m.

P127

RISKY EATING BEHAVIORS: A COMPARISON OF MEXICAN FEMALE RURAL AND URBAN STUDENTS IN MEXICO

Claudia Unikel, PhD, Full Time Researcher, Instituto Nacional de Psiquiatría, Mexico City, Mexico; Ietza Bojorquez, Masters in Science, PhD Student, Instituto Nacional de Salud Pública, Mexico City, Mexico; Magdalena Vázquez, Nutriologist, Masters Student, Instituto Nacional de Psiquiatría, Mexico City, Mexico

3:40 p.m.

P128

LATINO-CENTERED EATING DISORDER AND OBESITY ASSESSMENT

Lisa Sanchez-Johnsen, PhD, Assistant Professor, University of Hawaii-Manoa, Honolulu, HI, USA

3:50 p.m.

P129

EATING PROBLEMS AND ATTRIBUTION STYLES: DOES CULTURE MATTER?

Ana Costa, 5-Year Degree in Psychology, PhD Student, Keele University (UK), Newcastle-under-Lyme, United Kingdom; Kenneth Rotenberg, PhD, Professor/Chair, Keele University, Newcastle-under-Lyme, United Kingdom; Paul Lattimore, PhD, Senior Lecture, John Moores Liverpool University, Liverpool, United Kingdom

4 p.m.

P130

ANALYSIS OF THE MEANING OF THE DISEASE FOR MOTHERS OF GIRLS WITH ANOREXIA NERVOSA WHO ARE IN TREATMENT AT AN OUTPATIENT FACILITY FOR EATING DISORDERS AT THE FEDERAL UNIVERSITY OF SAO PAULO

Liliane Kern, MD, Federal University of Sao Paulo, Sao Paulo, Brazil; Denise Marin, PhD, Professor Assistant, Federal University of Sao Paulo, Sao Paulo, Brazil

4:10 p.m.

P131

WHAT IMPAIRS MOTIVATION: A QUALITATIVE INQUIRY ON CHINESE PATIENTS SUFFERING FROM EATING DISORDERS

Wenyan Xu, MSS, PhD student, The Chinese University of Hong Kong, Hong Kong, Hong Kong; Lai Chong Ma, PhD, Professor, The Chinese University of Hong Kong, Hong Kong, Hong Kong

4:20 p.m.

P132

EXPRESSED EMOTION AMONG CAUCASIAN AND MINORITY FAMILIES OF EATING DISORDERED ADOLESCENTS

Renee Hoste, PhD, Postdoctoral Fellow, University of Chicago, Chicago, IL, USA; Daniel le Grange, PhD, Associate Professor, University of Chicago, Chicago, IL, USA

4:30 p.m.

P133

ETHNIC AND GENDER DIFFERENCES IN PUBERTY AND BODY IDEAL INTERNALIZATION AS RISK FACTORS FOR BODY DISSATISFACTION

Tiffany Floyd, PhD, Assistant Professor, City College of New York, New York, NY, USA

4:40 p.m.

P134

UNHEALTHY MEANS TO ATTAIN A HEALTHY WEIGHT: ARE CHILDREN MISINTERPRETING OUR HEALTH PROMOTION MESSAGES?

Gail McVey, PhD, Scientist, Research Institute, The Hospital for Sick Children, Toronto, ON, Canada; Shazeen Suleman, BSc Candidate, Undergraduate Student, University of Toronto/The Hospital for Sick Children, Toronto, ON, Canada

4:50 p.m.

P135

OBESITY AND EATING DISORDERS IN ADOLESCENTS: A STUDY OF CULTURAL DETERMINANTS THROUGH A COMPARATIVE SURVEY OF HIGH SCHOOL STUDENTS IN FRANCE AND THE UNITED STATES

Denise Quirk Baillot, Master of Arts, Research Manager, INSERM ADR VI, Paris, France; Neda Faregh, MA, Research Coordinator, Youth Research Unit, Royal Ottawa Hospital, Ottawa, ON, Canada; Martine Flament, MD, Professor of Psychiatry, University of Ottawa, Ottawa, ON, Canada; Nicole Obeid, MA, Research Assistant, Youth Research Unit, Royal Ottawa Hospital, Ottawa, ON, Canada; Brigitte Remy, MD, Co-Author, Mutuelle Générale de l'Éducation Nationale (MGEN), Paris, France; Clothilde Van Lerberghe, DESS, Associate Researcher, INSERM ADR VI, Paris, France

✶ Vivaldi 2

G. | MEASUREMENT AND ASSESSMENT

Chair: Maria Teresa Rivera, RD

3:30 p.m.

P136

DEVELOPMENT AND PRELIMINARY VALIDATION OF THE TESTABLE ASSUMPTIONS QUESTIONNAIRE — EATING DISORDERS (TAQ-ED)

Hendrik Hinrichsen, DClinPsy, Principal Clinical Psychologist, Institute of Psychiatry, London, United Kingdom; James Garry, BSc (Hons), Research Associate, St. George's Eating Disorders Service, London, United Kingdom; Glenn Waller, DPhil, Visiting Professor, Institute of Psychiatry, London, United Kingdom

3:40 p.m.

P137

THE PATIENTS' VIEW ON QUALITY OF LIFE AND EATING DISORDERS

Simone de la Rie, MA, Psychologist/Researcher, National Centre for Eating Disorders, Leidschendam, The Netherlands; Greta Noordenbos, PhD, Researcher, University of Leiden, Leiden, The Netherlands; Eric van Furth, PhD, Head of Research and the Resource Centre of the National Centre for ED, National Centre for Eating Disorders, Leidschendam, The Netherlands

3:50 p.m.

P138

QUESTIONNAIRE VERSUS INTERVIEW METHODS FOR ASSESSING EATING DISORDER PSYCHOPATHOLOGY IN OVERWEIGHT ADOLESCENTS

Andrea Goldschmidt, BA, Doctoral Student in Clinical Psychology, Washington University, St. Louis, MO, USA; Angela Celio, PhD, Postdoctoral Fellow, University of Chicago, Chicago, IL, USA; Denise Wilfley, PhD, Professor of Psychiatry, Medicine, Pediatrics, and Psychology, Washington University School of Medicine, St. Louis, MO, USA

4 p.m.

P139

RELIABILITY OF SELF-REPORTED EATING DISORDERS: OPTIMIZING POPULATION SCREENING

Anna Keski-Rahkonen, MD, PhD, Postdoctoral Fellow, Columbia University, New York, NY, USA; Jaakko Kaprio, Professor, MD, PhD, University of Helsinki, Helsinki, Finland; Anu Raevuori, MD, Research Associate, University of Helsinki, University of Helsinki, Finland; Elina Sihvola, MD, Resident Psychiatrist, University of Helsinki, University of Helsinki, Finland; Aila Rissanen, MD, PhD, Professor, Helsinki University Central Hospital, Helsinki, Finland; Hans W. Hoek, MD, PhD, Professor, Parnassia, The Hague, The Netherlands; Cynthia Bulik, PhD, Professor, University of North Carolina, Chapel Hill, NC, USA

4:10 p.m.

P140

THE IMPACT OF DISCONNECTIONS FOR INDIVIDUALS WITH EATING DISORDERS: EVALUATING THE LEVEL OF PERCEIVED MUTUALITY IN RELATIONSHIPS WITH PARENTS USING THE CONNECTION-DISCONNECTION SCALE

Mary Tantillo, PhD, RN, Director, Eating Disorders Program, Unity Health System, Rochester, NY, USA; Jennifer Sanfinter, PhD, Assistant Professor of Psychology, Slippery Rock University, Slippery Rock, PA, USA

4:20 p.m.

P141

DEVELOPMENT OF A NEW MEASURE TO HELP CLINICIANS ASSESS THE SEVERITY OF A YOUTH'S EATING DISORDER AND TRACK TREATMENT PROGRESS

Katherine Henderson, PhD, Clinical Director, Children's Hospital of Eastern Ontario, Ottawa, ON, Canada; Stephen Feder, MD, Medical Director, Children's Hospital of Eastern Ontario, Ottawa, ON, Canada; Annick Buchholz, PhD, Research Coordinator, Children's Hospital of Eastern Ontario, Ottawa, ON, Canada; Julie Perkins-Mangulabnan, BA (Hons), Graduate Student, University of Ottawa, Ottawa, ON, Canada; Wendy Spettigue, MD, Psychiatric Director, Children's Hospital of Eastern Ontario, Ottawa, ON, Canada

4:30 p.m.

P142

BODY IMAGE ASSESSMENT IN EATING DISORDER PATIENTS: TESTING A NEW DIGITAL METHOD

Emanuel Mian, MS, Researcher, Villa Garda Hospital, Ruda, Italy; Johan Vanderlinden, PhD, Associate Professor, University Center St-Josez Kortenberg, Kortenberg, Belgium; Guido Pieters, PhD, Head, Behaviour Therapy Department, Kortenberg, Belgium; Michel Probst, PhD, Associate Professor, University Center St-Josez Kortenberg, Kortenberg, Belgium; Riccardo Dalle Grave, MD, Chief Eating Disorder Unit, Clinica Villa Garda, Verona, Italy

4:40 p.m.

P143**BASE RATES OF EATING DISORDERED ATTITUDES AND BEHAVIORS: QUESTIONNAIRE VERSUS UNMATCHED COUNT TECHNIQUE**

Drew Anderson, PhD, Associate Professor, University at Albany-SUNY, Albany, NY, USA; Angela Simmons, MA, Graduate Student, University at Albany-SUNY, Albany, NY, USA; Suzanne Milnes, BA, Graduate Student, University at Albany-SUNY, Albany, NY, USA; Mitchell Earleywine, PhD, Associate Professor, University at Albany-SUNY, Albany, NY, USA

4:50 p.m.

P144**ATTACHMENT STYLES IN EATING DISORDERS**

Carla Candelori, Associate Professor, PhD, Facoltà di Psicologia, Università, Chieti, Italy

☀ **Vivaldi 1**

H. | PREVENTION

Chair: Yael Latzer, DSc

3:30 p.m.

P145**A SURVEY ON EATING ATTITUDES AND BODY IMAGE IN A NORTHERN ITALY ADOLESCENT SCHOOL POPULATION: IS PRIMARY PREVENTION AT SCHOOL REALLY EFFECTIVE?**

Antonella Arata, MD Psychiatrist, Senior Registrar, Eating Disorder Unit ASL 3 Genoa, Genoa, Italy; Valeria Battini, Trainee, Psychologist, Centro Disturbi Alimentari ASL 3 Genovese, Genoa, Italy

3:40 p.m.

P146**RESEARCH TO PRACTICE: EATING DISORDER SECONDARY-PREVENTION RESOURCE FOR DENTAL PROFESSIONALS**

Rita DeBate, PhD, Associate Professor, Old Dominion University, Smithfield, VA, USA

3:50 p.m.

P147**GROUP INTERNET EARLY INTERVENTION PROGRAM REDUCES BODY DISSATISFACTION IN ADOLESCENT GIRLS**

Susan Paxton, PhD, Professor, La Trobe University, Melbourne, Australia; Brooke Ellis, BSc Hons, Ms, La Trobe University, Melbourne, Australia; Sian McLean, BSc Hons, Ms, La Trobe University, Melbourne, Australia; Eleanor Wertheim, PhD, La Trobe University, Melbourne, Australia

4 p.m.

P148**MEDIA-PORTRAYED IDEALIZED IMAGES: THE EFFECTS OF ATTAINABILITY ON POST-EXPOSURE BODY DISSATISFACTION AND MOOD**

Fiona Monro, B.Psychology (Hons), PhD Candidate, University of New South Wales, Sydney, NSW, Australia; Gail Huon, PhD, Dean of Graduate School, The Australian National University, Canberra, ACT, Australia

4:10 p.m.

P149**PEER-FACILITATED EATING DISORDERS PREVENTION IN SORORITIES: A TWO-YEAR REPLICATION COMPARING DISSONANCE AND MEDIA ADVOCACY**

Carolyn Becker, PhD, Associate Professor, Trinity University, San Antonio, TX, USA; Stephanie Bull, HS, Student, Trinity University, San Antonio, TX, USA; Amanda Franco, BA, Student, Trinity University, San Antonio, TX, USA; Meredith Miller, HS, Student, Trinity University, San Antonio, TX, USA; Adele Cauble, HS, Student, Trinity University, San Antonio, TX, USA

4:20 p.m.

P150**THE IMPACT OF AN INTERACTIVE SCHOOL-BASED MEDIA LITERACY PROGRAM FOR REDUCING EATING DISORDER RISK FACTORS IN YOUNG ADOLESCENT GIRLS AND BOYS**

Simon Wilksch, BPsychHons, Flinders University, Adelaide, South Australia, Australia; Tracey Wade, Associate Professor, Flinders University, Adelaide, Australia

4:30 p.m.

P151**RESULTS FROM V.I.K.: A PILOT PROGRAM DESIGNED TO IMPACT FACTORS OF RELEVANCE FOR THE SPECTRUM OF WEIGHT-RELATED DISORDERS**

Jess Haines, PhD, Graduate Research Assistant, University of Minnesota, Minneapolis, MN, USA; Dianne Neumark-Sztainer, PhD, Professor, University of Minnesota, Minneapolis, MN, USA

4:40 p.m.

P152**BODY DISSATISFACTION PREVENTION FOR INFERTILE WOMEN SEEKING MEDICAL TREATMENT**

Tara Cousineau, PhD, Research Scientist, Inflexxion, Newton, MA, USA; Debra Franko, PhD, Professor, Northeastern University, Boston, MA, USA; Angel Siebring, PhD, Psychologist, Partners at Brigham and Women's Hospital, Newton, MA, USA; Thea Barnard, BA, Research Coordinator, Inflexxion, Newton, MA, USA; Evelyn Corsini, MSW, Project Manager, Inflexxion, Newton, MA, USA

4:50 p.m.

P153**PREVENTING DISORDERED EATING: A PROGRAM IN KNOWLEDGE TRANSFER FOR PARENTS AND CARE GIVERS**

Patricia O'Hagan, PhD, Executive Director NGO, St. Paul's Hospital, Vancouver, BC, Canada

☼ Verdi

I. | TREATMENT 2

Chair: Stephanie Bauer, PhD

3:30 p.m.

P154

DO PREVENTION PROGRAMS BENEFIT EARLY RECOGNITION AND INTERVENTION OF EDS?

Greta Noordenbos, PhD, PhD, Leiden University, Leiden, The Netherlands Antilles

3:40 p.m.

P155

PROFESSIONAL COMPETENCIES OF THE EATING DISORDERS THERAPIST: SELECTED RESULTS FROM A CANADIAN DELPHI STUDY

Meris Williams, MA, PhD Student, University of British Columbia, Vancouver, BC, Canada

3:50 p.m.

P156

EXAMINING THE ROLE OF SEXUAL SELF-ESTEEM IN THE ASSOCIATION BETWEEN BODY OBJECTIFICATION AND EATING DISORDER PATHOLOGY IN COLLEGE WOMEN

Rachel Calogero, MA, Doctoral Student; Part-Time Teacher, University of Kent, Canterbury, United Kingdom; Kevin Thompson, PhD, Professor of Psychology, University of South Florida, Tampa, FL, USA

4 p.m.

P157

IMPACT OF OESTROGEN REPLACEMENT IN A POPULATION OF PATIENTS WITH CHRONIC ANOREXIA NERVOSA

Joan Brunton, MBBS, Consultant Psychiatrist, St. George's Eating Disorders Service, London, United Kingdom; Patel Sanjeev, MBBS, Consultant Rheumatologist, St. George's University of London, London, United Kingdom; James Bolton, MBBS, Consultant Psychiatrist, St. George's University of London, London, United Kingdom; Hubert Lacey, MD, Professor, St. George's University of London, London, United Kingdom

4:10 p.m.

P158

THE PATHOGENESIS AND TREATMENT FOR SPINAL BONE LOSS IN SEVERELY EMACIATED ANOREXIA NERVOSA PATIENTS

Mari Hotta, MD, PhD, Professor, National Graduate Institute for Policy Studies, Tokyo, Japan; Rina Ohwada, MD, Instructor, Tokyo Women's Medical University, Tokyo, Japan; Tamotsu Shibasaki, MD, PhD, Professor, Nippon Medical School, Tokyo, Japan

4:20 p.m.

P159

EATING DISORDERS PREVENTION BASED ON THE COGNITIVE DISSONANCE THEORY: AN EXPERIMENTAL STUDY

Gisela Pineda Garcia, Faculty of Psychology, UNAM, Mexico, Mexico

4:30 p.m.

P160

IMPROVEMENT OF BONE METABOLISM IN PATIENTS WITH ANOREXIA NERVOSA FOLLOWING COMPLETE WEIGHT RECOVERY

Maurizio Marra, PhD, Chief Nutrition Laboratory, University, Naples, Italy; Annarita Caldara, Dietitian, University, Naples, Italy; Concetta Montagnese, Biology, Doctor, University, Naples, Italy; Franco Contaldo, MD, Professor of Medicine, University, Naples, Italy; Emilia de Filippo, MD, University, Naples, Italy; Fabrizio Pasanisi, MD, Assistant Professor, University, Naples, Italy; Ada Signorini, MD, University, Naples, Italy

4:40 p.m.

P161

HEALTH INSURANCE REIMBURSEMENT FOR MEDICAL MANAGEMENT OF EATING DISORDERS

Terrill Bravender, MD, MPH, Director of Adolescent Medicine, Duke University, Durham, NC, USA; Betty Staples, MD, Clinical Associate, Duke University, Durham, NC, USA; Devdutta Sangvai, MD, MBA, Clinical Associate, Duke University, Durham, NC, USA

4:50 p.m.

P162

EXPERIENCES OF A TOLL-FREE INFORMATION HOTLINE FOR EATING DISORDERS IN VIENNA/AUSTRIA

Beate Wimmer-Puchinger, PhD, Professor, Women's Health Office Vienna, Vienna, Austria; Michaela Strobich, MSc, Project Manager, Women's Health Office Vienna, Vienna, Austria

3:30 – 7 p.m.

☼ Rubi/Zafir

Poster Session II Viewing

5 – 5:30 p.m.

☼ Rubi/Zafir

Refreshment Break

5:30 – 7 p.m.

Special Interest Group (SIG) Discussion Panels

All conference attendees welcome.

☼ Rossini 2

A. | PREVENTION UPDATE: AN INTERNATIONAL PERSPECTIVE

Sponsored by the Prevention Special Interest Group

Moderator: Riccardo Dalle Grave, MD, Chair, SIG Prevention, Department of Eating and Weight Disorders, Villa Garda Hospital, Garda (VR), Italy

In the last ten years the field of eating disorders prevention has seen a considerable growth despite the minimal resources dedicated to it. Eating disorder programs have developed independently in Canada, Croatia, the United States, Norway, Spain, Switzerland, The Netherlands, the United Kingdom, Italy and Israel. The purpose of the panel is an international update on prevention efforts. The panel includes four international speakers from Australia, Canada, Israel and Spain. Each presenter will discuss best practices and unique or interesting aspects of developments in her country. The format of the panel will be highly interactive and the discussion will focus on how we can learn from each other.

BODY DISSATISFACTION AND EATING DISORDER PREVENTION IN AUSTRALIA: CURRENT INITIATIVES AND RESEARCH

Susan J. Paxton, PhD, School of Psychological Science, La Trobe University, Melbourne, Australia

This presentation will review present prevention initiatives in Australia. The review will describe resources recently developed by government-funded agencies for schools, coaches and the fitness industry. It will also describe innovative research that aims to evaluate enhanced school based interventions, early interventions using computer technology to address geographic distances, and community interventions based on a Mental Health Literacy Model.

A DEVELOPMENTAL AND COMMUNITY-WIDE APPROACH TO THE PREVENTION OF DISORDERED EATING: FINDINGS FROM OUTCOME-BASED RESEARCH

Gail McVey, PhD, CPsych, The Hospital for Sick Children Research Institute, Toronto, ON, Canada

A sequential model of health promotion, selective prevention and early intervention of disordered eating (carried out in Ontario, Canada) will be presented. Findings from controlled evaluations of school-based interventions carried out within elementary, middle school, high school, and college/university settings will be discussed, as well as findings from a community-based training program (and a recently-developed online training program) designed to disseminate best practices in prevention to teachers, public health practitioners and other stakeholders who work with youth.

PREVENTION PROGRAM FOR DISTURBED EATING AND BODY DISSATISFACTION IN A SPANISH ADOLESCENT POPULATION

Ana R. Sepulveda, PhD, Eating Disorder Unit, Institute of Psychiatry, King's College of London, London, United Kingdom

A randomized controlled trial (RCTs) study was developed to evaluate the effect of a health promotion program for eating disturbances and body dissatisfaction in secondary students. The ED prevention workshops consisted of six 60-minute workshops. The content of the program was based on participation, co-operation and learning educational theories centred on the student. Different positive aspects of the health promotion experience will be discussed.

SOCIO-CULTURAL INFLUENCES ON EATING-RELATED ATTITUDES AND BEHAVIORS AND PRIMARY PREVENTION ATTEMPTS IN ISRAEL

Yael Latzer, DSc, Eating Disorders Clinic, Psychiatric Division, Rambam Medical Center, Faculty of Social Welfare and Health Studies, School of Social Work, Haifa University, Haifa, Israel; Daniel Stein, MD, The Pediatric Psychosomatic Department, The Edmond and Lily Safra Children's Hospital, The Chaim Sheba Medical Center, Tel Hashomer, affiliated with the Sackler Faculty of Medicine, Tel Aviv University, Tel Aviv, Israel

Israel is a unique country with a population characterized by diversity and contrasts, a multi-cultural immigrant nation to which Jews have come within a relatively brief period of time from a multitude of cultures. Israeli society is composed of many different social, ethnic and religious groups, including secular and religious Jews, diverse groups of Moslem and Christian Arabs, Israeli-born and new immigrants, or residents in modern cities and traditional underdeveloped rural areas. Israeli socio-cultural standpoints are constantly in transition, based on the one hand on ancient traditions, yet similarly influenced by cutting-edge technology and juridical system. Israel's unique social and cultural structure provides an opportunity to study the influences of immigration, ethnic origin, religion, or social infra-

structure (for example the Kibbutz), on eating-related attitudes and customs, body image, femininity, sexuality, and gender roles. We will additionally relate to the characteristics and presentations of disturbed eating behaviors in specific populations such as new immigrants, the Kibbutz, and different Arab groups.

In the second part of our presentation, we will relate to the state of the art ED-related prevention programs implemented in Israel. We will discuss the influence of a primary prevention program recently developed for middle school students, geared to increase knowledge and adaptive behaviors concerning eating, weight and exercise; and to enhance the ability to cope with influences of the media, family and peers. Issues related to the short and long-term influence of this program on eating-related attitudes and behaviors will be addressed. We will also describe the influence of a specific Israeli intervention for the prevention of overweight — edutainment — that combines the active participation of overweight youngsters in a musical together with popular celebrities (active entertainment) with a lifestyle change workshop (education) on change in physical activity, eating-related behaviors, and attitudes towards dieting.

Verdi

B. | THE USE OF NEW TECHNOLOGIES IN THE TREATMENT OF EATING DISORDERS

Sponsored by the Information Technology and Eating Disorders Treatment Special Interest Group

Moderators: Jennifer R. Shapiro, PhD, Department of Psychiatry, University of North Carolina at Chapel Hill, Chapel Hill, NC, USA; Stephanie Bauer, PhD, Center for Psychotherapy Research, University Hospital of Heidelberg, Heidelberg, Germany

Several types of intervention approaches are currently being developed and tested to explore the feasibility of new technologies for the treatment of eating disorders and obesity. Specifically, technological enhancement of current treatment approaches are being implemented at different stages of the treatment process (e.g. prevention, self-help, treatment support, relapse prevention). These approaches take advantage of different forms of media (e.g., Internet, CD-ROM, text messaging) and also address both patients as well as their families. In addition to the advantages of such programs for patients, new technologies are also interesting and helpful for clinicians. For example, online outcome monitoring systems can be used to track patients' course of symptoms over time and Internet chat groups can be the basis for continuous education programs. This discussion panel introduces a variety of approaches developed by leading experts in the field. The presenters will each discuss their own work in treatment enhancement via information technology. We will then discuss the potential of these approaches for the optimization of care for ED patients. Finally, we will outline future developments.

WEB-BASED, FAMILY-BASED PROGRAM FOR HEALTHY EATING AND ACTIVITY IN CHILDREN

Cynthia M. Bulik, PhD, William and Jeanne Jordan Distinguished Professor of Eating Disorders, Department of Psychiatry, University of North Carolina at Chapel Hill, Chapel Hill, NC, USA

It is well known that family-based intervention for changing child eating and activity behaviors are the most effective, yet it is increasingly difficult to get families into treatment. In order to combat the rapidly increasing prevalence of childhood overweight, effective interventions with broad public health reach are required. We present a web-based, family-based program for children ages 6-12 that focuses on nutrition, beverages, physical activity and becoming a consumer sleuth. This engaging interactive program provides education, vivid examples, and engaging "you can too" field trips for parents and children to practice together in order to create positive behavior change.

COMPUTERIZED THERAPY FOR YOUNG PEOPLE WITH ANOREXIA NERVOSA AND THEIR CAREERS

Ulrike Schmidt, PhD, Reader in Eating Disorders, Section of Eating Disorders, Institute of Psychiatry, De Crespigny Park, London, United Kingdom

Carers of people with anorexia nervosa (AN), typically parents, are a unique resource, given their intimate knowledge of the sufferer. Many of these parents have high levels of distress (Treasure et al., 2001) and unmet needs — in particular, the need for relevant information (Haigh et al., 2003). Distressed and poorly informed families have difficulties in their caring role and may inadvertently maintain the young person's AN, rather than effectively supporting recovery. A solid body of research suggests that family involvement (though not necessarily formal family therapy) is a central aspect of treatment for younger people with AN (Eisler et al., 2002). The involvement of carers in the treatment of AN patients of all ages is considered good practice, in line with the recommendations of the UK NICE Guideline on the treatment of eating disorders (2004). We describe here the development of an integrated CD-ROM based multi-media treatment program for young people with anorexia nervosa and their carers.

INTERNET BASED SELF-HELP: GUIDE FOR TREATMENT OF BULIMIA

Fernando Fernández-Aranda, PhD, FAED, Head of Eating Disorders Unit, Associate Professor in Psychology, Department of Psychiatry, University Hospital of Bellvitge, Barcelona, Spain

Clinical research has shown that self-help manuals, based on Cognitive Behavioural Therapy (CBT), can be employed effectively for the treatment of Bulimia Nervosa (BN). Self-help manuals, delivered via the Internet, have recently been established, because several factors, such as the shortage of trained CBT therapists, the inaccessibility of some patients to attend sessions on a regular basis and the huge distances between the patient's place of residence and the therapy center, have been revealed to affect the efficiency of habitual CBT treatments. The presentation focuses on the effectiveness of Internet Based Therapy (IBT), in reducing symptoms of bingeing and vomiting in BN patients, when compared to other therapy options or a waiting list group. The study employed an online CBT self-help guide (Internet based therapy, IBT), developed within the SALUT project (an European Multicenter Study). The results indicate that a self-help guide appears to be a valid treatment option for people who have difficulties to attend a treatment centre or who present lower severity of their ED symptoms.

ONLINE COGNITIVE BEHAVIORAL GROUP THERAPY FOR OBESITY

Eric F. van Furth, PhD, FAED, National Center for Eating Disorders, Leidschendam, The Netherlands

The prevalence of obesity in the Dutch population has recently increased to about 10%. Lifestyle interventions show that short-term weight loss of 5-10% is feasible which leads to a considerable improvement in risk factors. However, long-term weight maintenance is usually poor. This study aims to assess the efficacy of a 20-week online cognitive behavioral group therapy (CBGT) followed by a guided self-help internet maintenance phase. The online CBGT consists of a therapist led group-chat, writing exercises combined with participant coaching and a physical exercise module. Participants were recruited via newspaper and web advertisements for the treatment of obesity via the internet. During the pilot phase of the study, pre and post treatment assessments were carried out on 24 consecutive patients (22 female, 2 male). The mean age of participants is 37 years (SD = 8). Preliminary results show a good compliance, virtually no treatment drop-out, and statistically significant improvements in body weight, BMI, % body fat and blood pressure. The results from this pilot study and anecdotal data show that online CBGT may be a promising addition to the treatment of obesity. However, the efficacy will need to be tested in a large RCT.

INTERNET-BASED INTERVISION GROUPS FOR CLINICIANS

Hans Kordy, PhD, Center for Psychotherapy Research, University Hospital of Heidelberg, Heidelberg, Germany

The general idea suggested in this presentation is to take advantage of the modern communication technologies to conduct case discussions among peers (peer intervision groups) in an Internet chat-room: A group of 6-8 clinicians working in the field of eating disorders meets in a secure chat-room once per month for 60-90 minutes and discusses a specific case. Prior to this meeting, the presenting therapist provides a short case report that is accessible for the authorized group members so that all participants have the same background information before starting the chat. Furthermore, it will be suggested to take into account also the course of the patient's symptomatology. For this purpose, clinicians should continuously collect data on the symptomatology using an online questionnaire. Information via charts and tables will be made available for the group online. We will introduce the foreseen concepts and technical devices, report on our experiences with the approach in a pilot study in Germany, and invite participants to join a new project on this innovative form of continuous clinical education.

✿ Jade

C. MENDING BROKEN HEARTS: EVALUATION AND MANAGEMENT OF THE CARDIOVASCULAR COMPLICATIONS OF ANOREXIA NERVOSA

Sponsored by the Medical Care Special Interest Group

Moderator: Ovidio Bermudez, MD, FAED, Medical Director, Laureate Eating Disorders Program, Tulsa, OK

This panel will discuss the evaluation and management of cardiovascular complications of Anorexia Nervosa both from the perspective of a review of the literature and from a practical clinical perspective. Each presenter will discuss a relevant and related topic such as bradycardia, ekg abnormalities, hypotension and postural tachycardia, and special considerations for athletes. An open discussion will follow and the opportunity of participants to discuss cases or clinical scenarios.

BRADYCARDIA

Kim McCallum, MD, Medical Director, McCallum Place in the Park, St. Louis, MO, USA; Associate Clinical Professor of Psychiatry, Washington University School of Medicine

There is limited published data to guide clinicians in the evaluation, ongoing monitoring, or treatment of cardiovascular complications associated with eating disorders. In addition, no consensus exists regarding recommendations for either the ongoing evaluation of cardiac parameters or the clinical implications of common findings. Bradycardia is typically associated with a low BMI and/or rapid weight loss. Factors contributing to the bradycardia along with associated risks will be presented. Tips for evaluating the clinical implications of bradycardia in patients with eating disorders will be proposed.

EKG ABNORMALITIES

Josep Comin-Colet, MD, Department of Cardiology, Hospital del Mar, Associate Professor, Department of Medicine, Universitat Autònoma de Barcelona, Barcelona, Spain

This presentation will focus on the relationship between EKG abnormalities and the evaluation and management of cardiovascular complications in anorexia nervosa.

HYPOTENSION AND POSTURAL TACHYCARDIA

Maria Portilla, MD, Associate Professor of Pediatrics and Adolescent Medicine, University of Arkansas for Medical Sciences, Medical Director, Adolescent Eating Disorders Program, Arkansas Children's Hospital, Little Rock, AR, USA

Cardiovascular complications are commonly seen in patients with anorexia nervosa. These include bradycardia, hypotension, poor myocardial function, arrhythmias, and orthostatic abnormalities. This presentation will focus on hypotension and orthostatic changes. It is essential to recognize these cardiovascular problems in patients with anorexia nervosa as they can be debilitating and life threatening. They also play a significant role in determining level of treatment. Etiology, symptoms, and management of these abnormalities will be discussed.

SPECIAL CONSIDERATIONS FOR ATHLETES

Ed Tyson, MD, Adjunct Assistant Professor, Department of Kinesiology and Health Education, University of Texas, Private Practice, Austin, TX, USA

Athletes are at greater risk than their peers for developing an eating disorder. The qualities desired in an athlete are very similar to those found in those with anorexia. Because of the demands of sport, athletes with EDs may be at particular risk of severe complications, including cardiac, electrolyte, and dehydration problems. Other topics to be addressed include "athletic heart syndrome" and "female athlete triad," as well as methods to screen athletes for eating disorders and their complications. Athletes with EDs are also at greater risk of orthopedic injury and have poorer recovery from both workouts and injuries. Methods for rehabilitation, monitoring, and progressing safe return to sport will be considered.

✶ Vivaldi 1

D. | MEN AND EATING DISORDERS — CURRENT KNOWLEDGE AND RESEARCH DIRECTIONS

Sponsored by the Males Special Interest Group

Moderators: Rita Debate, PhD, MPH, CHES, Associate Professor, School of Community and Environmental Health, Old Dominion University, Norfolk, VA, USA; Mark Warren, MD, MPH, Assistant Clinical Professor, Department of Psychiatry, Case Western Reserve University, Medical Director, Laurelwood Hospital, Willoughby, OH, USA

This panel will provide an overview on the current state of the science of men and eating disorders. We will be drawing from diverse topics of research and experience to gain a better overall knowledge of eating disorders and their expression in men. We will identify areas of understanding of gender issues, areas of lack of knowledge and areas of high need for further research. In a field whose prototypical patient is female, the emergence of understanding of the epidemiology, etiology and treatment of men with these disorders is a key movement in our understanding of these illnesses for the entire population. We will look at how we can better connect to find solutions and move from research to practice.

GENOTYPE TO PHENOTYPE — MALES ARE DIFFERENT

Arnold Andersen, MD, Professor of Psychiatry, University of Iowa, College of Medicine, Iowa City, IA, USA

Males and females with similar genetic endowment differ in their phenotypic expression. This is true for virtually all disorders, with some being predominantly high male to female ratio (ADHD, Antisocial Personality Disorder), and some higher in females (major depressive disorder, Chronic Fatigue Syndrome). While the factors and mechanism modifying the varying phenotypic expression of the same genetic endowment in males vs. females are incompletely known, some of the modifying factors include: early effect of testosterone on brain formation, with later effect on behavioral expression; differential sociocultural grids for acceptance or non-acceptance of disease categories by gender; diagnostic biases; more vs. less lateralization of the brain; the presence of an "heir and a spare," i.e. two X chromosomes, vs. one X and one Y, varying thresholds for the expression of limbic system behavioral repertoires. This workshop will focus on the general issue of how genotypes lead to phenotypes, surveying a variety of psychiatric and medical disorders, but then focus primarily on understanding the large (although controversial re: exact ratio) discrepancy between males and females with eating disorders. The gender factor enters into the form of the eating disorder, diagnostic recognition, the predisposing and precipitating and sustaining factors, and many phases of treatment.

EATING DISORDERED MALES AND THERAPY EFFECTIVENESS: A PILOT STUDY

Fernando Fernández-Aranda, PhD, FAED, Head of Eating Disorders Unit, Associate Professor in Psychology, Department of Psychiatry, University Hospital of Bellvitge, Barcelona, Spain

This study attempts to understand the impact of gender on the treatment outcome of Eating Disorder patients. 19 male ED patients admitted to our Unit (32% AN; 42% BN; 26% EDNOS) participated in the study. All patients fulfilled diagnostic criteria according to DSM-IV. This group was compared with a cohort of 19 female ED, matched for age of onset, diagnosis, duration and severity of the disorder. In both groups, similar outpatient CBT group therapy was applied. Although males seem to be more likely to drop-out than females, our study suggests that the gender factor seems not to be relevant on the treatment outcome of ED patients.

COMORBIDITY IN MEN WITH EATING DISORDERS

Theodore Weltzin, MD, Rogers Memorial Hospital, Eating Disorder Program, Oconomowoc, WI, USA

Males with eating disorders remain a relatively understudied population. While males do seem to respond well to treatment there are still subgroups of males who have poor outcome. Dr. Weltzin will discuss issues related to treatment of males with eating disorders, specifically focusing on co-morbid depression and anxiety disorders (including obsessive compulsive disorder) as predictors of outcome.

INTRODUCTION TO APPEARANCE AND PERFORMANCE ENHANCING DRUG USE AMONG MALE WEIGHTLIFTERS: REPORTS ON 500 ADULT MEN

Thomas Hildebrandt, PsyD, Postdoctoral Fellow, Eating and Weight Disorders Program, Mount Sinai School of Medicine, New York, NY, USA

Appearance and Performance Enhancing Drugs (APED) encompass a range of substances including anabolic-androgenic steroids (AAS), non-steroidal anabolics (e.g., human growth hormone), thermogenics, and a host of ancillary drugs used to prevent or combat side effects of APED use. However, APED users are often reluctant to disclose their use and consequently little research on their drug use behavior exists. METHODS: 500 steroid-using men recruited through the Internet by posting links to exercise, bodybuilding, and APED use discussion boards, completed an interactive online survey about their APED use. RESULTS: APEDs are most commonly used in cycles for an average of 14.0 (SD = 9.4) weeks with a median of 750-999 mg/week of AAS. Self-reported side-effects were common (98% reported at least 1 side effect), although serious side effects were reportedly rare. DISCUSSION: Directions for future research are discussed including; (a) investigating the relationship between patterns of APEDs and psychopathology including body image disturbance and eating disorder symptomology; (b) distinguishing between pathological and less problematic patterns of APED use; and (c) identifying appropriate risk factors for problematic APED use so more effective interventions can be developed.

★ Rossini 1

E. | THE THERAPEUTIC RELATIONSHIP AS A TOOL IN THE TREATMENT OF THE CORE INTERPERSONAL ISSUES ACCOMPANYING EATING DISORDERS

Sponsored by the Psychodynamic Psychotherapy Special Interest Group

Moderator: Judith Banker, MA, LLP, FAED, Chair, Psychodynamic Psychotherapy Special Interest Group, Executive Director, Center for Eating Disorders, Ann Arbor, MI, USA

Eating disorders present a complex clinical picture with a high degree of comorbidity. Evidence-based therapies have been demonstrated to be effective in the treatment of the symptoms of, in particular, bulimia nervosa but little empirical guidance exists for the clinician treating eating disorder patients with comorbid diagnoses and the maladaptive interpersonal patterns exhibited by these patients. This panel discussion will focus on the understanding and use of the dynamics within the therapeutic relationship as a central tool in addressing the core interpersonal issues frequently encountered in eating disorder treatment. The presentations will begin with a discussion of the rationale for turning to dynamically-informed ideas and therapies at a time when CBT is regarded as the first line treatment of choice, followed by presentations on relationship-focused psychotherapy techniques adapted to eating disorder treatment, the therapeutic use of the countertransference experience and the impact of gender on the therapeutic relationship in the treatment of the challenging eating disorder patient.

IT AIN'T A COMPETITION, BUT WHAT IS THE PLACE OF PSYCHODYNAMIC THERAPY IN THE AGE OF CBT?

Robert Palmer, FRCPsych, University of Leicester, Leicester, United Kingdom

This contribution will consider which areas of therapeutic practice in the field of eating disorders seem to offer the more potentially fruitful foci for psychodynamic approaches. The issues of conducting research and demonstrating benefit will also be discussed along with the obstacles to even trying. What stops dynamic therapists from shelving their prejudices and joining the evidence-based fray?

INTERPERSONAL DISTURBANCES AND THE PATIENT-THERAPIST RELATIONSHIP: RELATIONSHIP CENTERED TECHNIQUES FOR EATING DISORDER TREATMENT

Howard Steiger, PhD, FAED, Director, McGill University/Douglas Hospital Eating Disorders Program, Montreal, QC, Canada

Recent research on anorexia nervosa and bulimia nervosa has emphasized genetic and other biological processes, but the main vehicle of change in treatment still remains the relationship between the patient and therapist. A commonality for therapists working from either a psychodynamic or behavioral model is the assumption that eating disorders often implicate problematic relationship experiences, and that corresponding interpersonal disturbances impact upon the possibility of patients achieving satisfying relationships - including those with their therapists. This is especially true in the case of patients with marked personality pathology. A logical consequence is that we need to develop principled techniques to guide the therapeutic management and exploration of eating disorder relevant interpersonal phenomena, and especially, interpersonal phenomena arising within the patient-therapist relationship. This presentation will describe principals gleaned from various relationship-focused psychotherapy techniques adapted and applied to the therapeutic use of interpersonally relevant phenomena in eating disorder treatment.

IMPROVING ALL EATING DISORDERS TREATMENTS BY EXAMINING COUNTERTRANSFERENCE REACTIONS

Charles W. Portney, MD, FAPA, Psychiatry Department, UCLA Geffen School of Medicine, Chairman, Eating Disorders, St. Johns Hospital, Santa Monica, CA, USA

The countertransference experience, a traditionally psychodynamic concept, can be an effective transtheoretical therapeutic tool. Countertransference reactions are an opportunity for learning more about a particular patient, the treatment relationship, and how to help the patient, as opposed to being an indicator that the therapist is errant or just revealing their own psychopathology. This presentation will use case vignettes to illustrate such, with a selective focus on therapist responses to "treatment resistance" and to the dynamics, behavior and physical state of eating disorder patients. The influence of the therapist's personality, age, gender and degree of burnout on the countertransference experience will be discussed.

"WHAT YOU HEARD WASN'T WHAT I SAID": THE ROLE OF GENDER IN THE TREATMENT OF CHALLENGING EATING DISORDER PATIENTS

Patricia Fallon, PhD, FAED, Psychologist, Private Practice, Clinical Associate Professor, University of Washington, Seattle, WA, USA

Eating disorder patients, in particular those characterized as "complex," "challenging," "difficult," or "treatment resistant," present a unique challenge in the therapeutic relationship. The more layered the clinical presentation, the more likely it is that transference, countertransference, and attachment issues will become a core

focus in treatment. This presentation will facilitate understanding on the therapist's part of the common gender issues evoked in therapy. In addition, the effective therapist must be able to understand the unique gender-based experiences that these individuals bring to treatment. Interweaving feminist, dynamic and cognitive theory, this perspective will guide conceptualizations, interpretations, and interventions with challenging patients, increasing the likelihood of a positive treatment outcome.

✿ Vivaldi 2

F. | NEUROIMAGING IN ANOREXIA NERVOSA: WHERE NEXT?

Sponsored by the Neuroimaging Special Interest Group

Moderator: Sloane Madden, MB, BS (Hons), FRANZP, Child and Adolescent Psychiatrist, Deputy Head, Department of Psychological Medicine, Co-Director, Child and Adolescent Eating Disorder Program, The Children's Hospital at Westmead, Westmead, NSW, Australia

The panel will look at current imaging technologies including options for combining imaging and neuropsychological test batteries to better quantify the complexities of eating disorders.

AN OVERVIEW OF IMAGING TECHNOLOGIES

Sloane Madden, MB, BS (Hons), FRANZP, Child and Adolescent Psychiatrist, Deputy Head, Department of Psychological Medicine, Co-Director, Child and Adolescent Eating Disorder Program, The Children's Hospital at Westmead, Westmead, NSW, Australia

Dr. Sloane Madden will present a brief overview of current imaging technologies with a discussion about their roles in future research.

A NEUROPSYCHOLOGY PROTOCOL FOR ASSESSMENT IN THE EATING DISORDERS

Ian Frampton, PhD, Cornwall Partnership NHS Trust, Cornwall, United Kingdom

Dr. Ian Frampton will present a neuropsychological protocol for assessments of individuals with eating disorders for both research and clinical indications.

NEUROCOGNITIVE DEFICITS IN AN — CLINICAL AND THERAPEUTIC IMPLICATIONS

Kate Tchanturia, PhD, Eating Disorders, Institute of Psychiatry, De Crespigny Park, London, United Kingdom

Dr Kate Tchanturia will present an overview of neuropsychological research in eating disorders and look at the clinical implications of this work.

ANOREXIA NERVOSA — A DISCONNECTION SYNDROME? EVIDENCE FROM NEUROIMAGING AND NEUROPSYCHOLOGY

Bryan Lask, MD, FAED, Professor of Child and Adolescent Psychiatry, St. George's University of London, Cranmer Terrace, London, United Kingdom

Professor Bryan Lask will present a neurobiological model for anorexia nervosa based on the recent research findings.

5:30 – 7 p.m.

✿ Diamant

The Future of Eating Disorders Research: The AED/NIMH Travel Fellowship Awards

This special session highlights paper presentations from the recipients of the National Institute of Mental Health (NIMH) and AED travel fellowships. These papers represent high quality submissions from promising investigators in the field.

Chairs:

Cynthia Bulik, PhD, FAED, William and Jeanne Jordan Distinguished Professor of Eating Disorders, Department of Psychiatry, University of North Carolina, Chapel Hill, North Carolina, USA

Ruth Striegel-Moore, PhD, FAED, Professor of Psychology, Wesleyan University, Middletown, Connecticut, USA

7:30 – 9 p.m.

✿ Cristal/Coral

Meet the Experts

Do you have specific questions that you would like to discuss with established experts in your field? Are you looking for consultation on clinical cases, practice issues or ethical dilemmas? Are you interested in developing or evaluating an intervention to treat or prevent eating disorders? Do you want advice on writing a grant application or publishing your work? This session offers an opportunity for informal discussion on these topics. AED fellows will guide the discussion and answer questions.

Roundtable Discussions:

A. | CHILD AND ADOLESCENT ISSUES

Debra Katzman, MD, FRCP, FAED, Head, Division of Adolescent Medicine, Hospital for Sick Children, Toronto, ON, Canada; Tracey Wade, PhD, FAED, Associate Professor, Flinders University of South Australia, Adelaide, Australia

B. | CLINICAL CASE CONSULTATION

Timothy Brewerton, MD, FAED, Clinical Professor of Psychiatry and Behavioral Sciences, Medical University of South Carolina, Mt. Pleasant, SC, USA; Robert Palmer, FRCPsych, University of Leicester, Leicester, United Kingdom

C. | GETTING YOUR MANUSCRIPT PUBLISHED

Michael Strober, PhD, FAED, Franklin Mint Professor of Eating Disorders, UCLA Neuropsychiatric Institute, Los Angeles, CA, USA; B. Timothy Walsh, MD, FAED, Professor of Psychiatry, College of Physicians & Surgeons, Columbia University, New York, NY, USA

D. | MEDICATION AND MEDICAL MANAGEMENT

Martina de Zwaan, MD, FAED, University Hospital Erlangen-Nuremberg, Erlangen, Germany; Mimi Israël, MD, FAED, Psychiatrist, Douglas Hospital, Eating Disorders Program, Montreal, QC, Canada

E. | NUTRITIONAL ISSUES

Leah L. Graves, RD, LD, FAED, Supervisor of Nutrition Therapy, Laureate Eating Disorders Program, Tulsa, OK, USA; Maria Teresa Rivera, RD, Nutrition and Dietician, Department Chair, Bio-Clinique, Mexico DF, Mexico

F. | OBESITY AND BINGE EATING DISORDER

Michael J. Devlin, MD, Associate Professor of Psychiatry, Department of Psychiatry, Columbia University, New York, NY, USA; James Mitchell, MD, FAED, Neuropsychiatric Research Institute, Fargo, ND, USA

G. | ROLE OF FAMILIES

James Lock, MD, PhD, Associate Professor, Stanford University, Stanford, CA, USA; Eric F. van Furth, PhD, FAED, National Center for Eating Disorders, Leidschendam, The Netherlands

Saturday, June 10

8 a.m. – 5 p.m.

✱ Main Hall

Registration

8:30 – 10:30 a.m.

✱ Verdi

Special Symposium on Recent Anorexia Nervosa Psychotherapy Trials

Chair: Gerald Russell, MD, Hayes Grove Priory Hospital, Kent, United Kingdom

ACCEPTANCE AND DROPOUT: THE NEXUS IN TREATING EATING DISORDERS

Katherine Halmi, MD, Weill Medical College of Cornell University, White Plains, NY, USA

A COMPARISON OF END OF TREATMENT AND LONGER TERM OUTCOMES IN ADOLESCENTS WITH ANOREXIA NERVOSA TREATED WITH FAMILY THERAPY

James Lock, MD, PhD, FAED, Associate Professor of Child Psychiatry and Pediatrics, Stanford University School of Medicine, Director, Eating Disorders Program for Children and Adolescents, Lucile Salter Packard Children's Hospital at Stanford, Stanford, CA, USA

A RANDOMIZED CONTROLLED TRIAL OF THREE PSYCHOTHERAPIES FOR ANOREXIA NERVOSA: CBT, IPT AND SPECIALIST SUPPORTIVE CLINICAL MANAGEMENT

Virginia McIntosh, Clin.Psych, MA, Christchurch School of Medicine and Health Sciences, Department of Psychological Medicine, Christchurch, New Zealand

TRANSFORMING WEIGHT RESTORATION TO LONG TERM RECOVERY: THE CHALLENGES OF RELAPSE PREVENTION IN THE TREATMENT OF ADULT ANOREXIA NERVOSA

Kathleen Pike, PhD, FAED, Associate Professor of Clinical Psychology in Psychiatry, Columbia University, Tokyo, Japan

This symposium will highlight the anorexia nervosa psychotherapy randomized controlled trials that have recently been published from 2003. These trials highlight potential avenues for future exploration, challenge the know-how to conduct these studies and point to encouraging possibilities for recovery in young patients.

8 a.m. – 2:30 p.m.

✱ Rubi/Zafir

Exhibit Hall Open

8 a.m. – 6 p.m.

✱ Rubi/Zafir

Poster Session II Viewing

9 – 10 a.m.

Special Interest Group (SIG) Meetings

This time period is reserved for Special Interest Groups requiring follow-up time to close out SIG annual meeting discussions.

10:30 – 10:45 a.m.

✱ Rubi/Zafir

Refreshment Break

10:45 a.m. – 11:30 a.m.

✱ Verdi

Presidential Address and Awards Ceremony

Scott Crow, MD, FAED, University of Minnesota, Minneapolis, Minnesota, USA

11:30 a.m. – 1 p.m.

Workshop Session III

✱ Rossini 2

A. | TREATMENT DECISION-MAKING AND THE CONSIDERATION OF COMPETENCE IN ANOREXIA NERVOSA: CLINICAL DECISION-MAKING FRAMEWORKS DERIVED FROM EMPIRICAL MEDICAL ETHICS RESEARCH

CSW

Jacinta Tan, MRCPsych, Research Fellow and Honorary Consultant Child and Adolescent Psychiatrist, University of Oxford, Oxford, United Kingdom; Anne Stewart, MRCPsych, Consultant Child and Adolescent Psychiatrist, Oxfordshire Mental Healthcare NHS Trust, Oxford, United Kingdom

This workshop will present two frameworks for use in clinical practice with anorexia nervosa: a framework to assist clinicians through the stages of engaging and making collaborative decisions with patients and their families; and a framework to help clinicians to determine the treatment decision-making style of their patients. These frameworks are not prescriptive. Instead, they aim to guide clinicians in their considerations in these complex areas. The frameworks were developed from a series of three empirical medical ethics research studies. These studies involved qualitative interviews with patients and their parents, one with a longitudinal and two with a cross-sectional design. They examined the issues relevant to competence and treatment decision-making in anorexia nervosa. The studies found that patients with anorexia nervosa can be compromised in their ability to make treatment decisions in many and varied ways. Some of these ways are not included in the standard accounts of competence, and include areas such as personal identity, changes in values, and the person's preferred decision-making style. In the workshop, we will use an interactive style. We will facilitate discussions about the dilemmas that participants face in the course of trying to make treatment decisions with and for their patients. Next, we will briefly present the most relevant findings of the research studies, and introduce the workshop participants to the frameworks. Finally, we will discuss with participants how these can be applied to their own clinical settings.

✿ Rossini 1

B. | THE SCIENTIFIC STATUS OF SOCIOCULTURAL MODELS FOR EATING DISORDERS: A CLOSE LOOK AT CONTROVERSY, THEORY AND DATA

Michael Levine, PhD, Professor of Psychology, Kenyon College, Gambier, OH, USA; Linda Smolak, PhD, Professor of Psychology, Kenyon College, Gambier, OH, USA; Sarah Murnen, PhD, Professor of Psychology, Kenyon College, Gambier, OH, USA

Proponents of the influential biopsychiatric paradigm sharply criticize sociocultural models as incomplete theories with unimpressive empirical support. These researchers and clinicians argue forcefully that sociocultural factors do not play a significant role in causing eating disorders. Moreover, they contend that a focus on such factors has retarded progress in the field by implying that eating disorders are not actual and severe illnesses, which leads the public and granting agencies to take eating disorders less seriously. Finally, they have argued that emphasizing sociocultural factors and models has led to misguided efforts to prevent and treat eating problems and disorders. This workshop critically evaluates these serious criticisms. Following a clarification of what is meant by a sociocultural model" and consideration of several prominent examples, we will briefly consider the nature of scientific evidence, with special attention to issues of cross-population consistency as well as internal validity. Then the evidentiary bases of the sociocultural paradigm will be evaluated in detail. Data from longitudinal risk factor studies, experimental manipulations, and meta-analyses will demonstrate that there is indeed a very strong scientific basis for developing the sociocultural paradigm as a means of addressing the very important questions posed by Striegel-Moore and colleagues 20 years ago: Why so many women? Why are particular women suffering? Why now? This workshop concludes with the implications of our review for (a) conceptualizing, researching, and preventing eating disorders; and (b) the contentions of the biopsychiatric approach regarding the shortcomings of the sociocultural models and the strength of its own theory and findings. We will also propose how the two paradigms might work together to create a new biopsychosocial paradigm.

✿ Vivaldi 1

C. | WHAT TO DO ABOUT EDNOS? A DIMENSIONAL APPROACH TO THE PHARMACOLOGICAL TREATMENT OF EATING DISORDERS AND COMORBID CONDITIONS

CSW

Mimi Israël, MD, Psychiatrist, Associate Professor, Douglas Hospital - McGill University, Montreal, QC, Canada

Diagnostic criteria and classification systems significantly influence the choice of treatment for any disorder. In the case of eating disorders the existence of an oversized and heterogeneous residual category, Eating Disorder Not Otherwise Specified (EDNOS), limits the generalizability of what is taught about eating disorders and poses a problem for the generation of treatment guidelines. Furthermore, the exclusion of EDNOS patients from most pharmacological studies of eating disorders limit clinicians' abilities to select appropriate evidence-based treatments for the patients they are most likely to encounter in their practice. This workshop will bring together evidence from the classification, neurobiological, genetic and comorbidity literature in the field of eating disorders, to generate a working model based on weight and trait dimensions. The literature on

pharmacological treatments for eating disorders will then be reviewed and integrated into the model to produce recommended guidelines that can be applied to many EDNOS sufferers. In addition, the management of comorbidity will be addressed and practical information imparted about the use of medications in the treatment of eating disorders. Discussion time will be used to solicit input from participants, and to inspire collaborations for future research in the pharmacotherapy of eating disorders.

✿ Coral

D. | NUTRITIONAL TREATMENT STRATEGIES AND THE LUNCH SESSION INTERVENTION USED WITH HISPANIC POPULATIONS IN LATIN AMERICA AND IN THE UNITED STATES

Sponsored by the Hispano Latino American Special Interest Group

Maria Teresa Rivera, RD, Nutrition and Dietician Department Chair, Bio-Clinique, Mexico DF, Mexico; Adela Spalter, MD, Director, Eating Disorder Clinic, Cemic, Buenos Aires, Argentina; Cecile Herscovici, PhD, Full Professor of Psychotherapy Methods and Techniques, Universidad del Salvador, Buenos Aires, Argentina; Marisa Emmelhainz Sobrino, RD, Dietitian, Department of Prevention, Bio-Clinique, Puebla, Mexico; Rullina Acra-Cabral, RD, Dietitian, The Renfrew Center, Coconut Grove, FL, USA

The purpose of the workshop is to highlight nutritional management techniques and the lunch session intervention within the overall treatment of the Hispanic population residing in Latin America or in the United States. The methods to be used will be didactic. Using active participation from the audience, we will discuss useful strategies that have been implemented in institutions and in private practices while caring for low income population. In addition, we will supply the participants with helpful educational materials that are needed to assess their specific food and weight-related cognitive distortions. The criteria selection for the choice of the family meal intervention will be discussed. Finally, the audience will have the opportunity to participate in case studies, helping them to brainstorm the skills needed to treat this population.

✿ Jade

E. | A PARTICIPATORY APPROACH TO THE PREVENTION OF EATING DISORDERS APPLICATIONS IN TWO SCHOOL SETTINGS

Jess Haines, PhD, Graduate Research Assistant, University of Minnesota, Minneapolis, MN, USA; Niva Piran, PhD, Professor, OISE of the University of Toronto, Toronto, ON, Canada

The participatory approach to the prevention of eating disorders in schools engages administrators, teachers, parents and students in dialogue and empowers them to develop and/or implement interventions that are anchored in, and relevant to, the particular school setting. In addition, the involvement of all stakeholders in the school community allows for constructive system-wide changes in the school to occur. The goal of this workshop is to discuss the use of a participatory approach to the prevention of eating disorders in schools. The general principles of a participatory approach will be described. Application of this approach in two different school settings will be presented: 1) an ethnically-diverse public elementary school setting in the United States; and 2) a high-risk, competitive ballet school in Canada. Finally, the advantages and challenges of using this approach to intervention development will be discussed.

✿ Verdi

F. | BODY CHECKING, BODY AVOIDANCE AND "FEELING FAT"

Christopher Fairburn, FMedSci, Professor, Oxford University Department of Psychiatry, Oxford, United Kingdom

This workshop will focus on shape checking and shape avoidance, weight checking and weight avoidance, and "feeling fat". Each of these features will be described in detail with clinical illustrations, and its place in the maintenance of eating disorders considered. Then an integrated cognitive behavioural approach to the assessment and modification of these features will be described based on the strategies and procedures used in the new "enhanced" form of CBT for eating disorders. There will be numerous clinical illustrations including a recorded role play. Common obstacles to change will be discussed.

✿ Cristal

G. | IS BED A PARTICULAR PATHOLOGY? ANSWERS FROM DIFFERENT POINTS OF VIEW

Piergiuseppe Vinai, MD, Medicine and Surgery, Studi Cognitivi, Magliano Alpi, Italy; Patrizia Todisco, MD, Medicine and Surgery, Studi Cognitivi, Verona, Italy; Palmiero Monteleone, MD, Psychiatry, University of Naples, Castellammare di Stabia Napoli, Italy; Federica Tozzi, MD, Medicine and Surgery, GlaxoSmithKline S.p.A., Verona, Italy; Sandra Sassaroli, MD, Psychiatry, Studi Cognitivi, Milan, Italy; Giovanni Ruggiero, MD, Psychiatry, Studi Cognitivi Psychotherapy School, Milan, Italy; Jennifer R. Shapiro, PhD, Department of Psychiatry, University of North Carolina at Chapel Hill, Chapel Hill, NC, USA

Many researchers think that binge eating disorder is a particular pathology needing a specific therapy, other researchers think that it is not. The participants at the workshop could have a look at this syndrome from different points of view: epidemiology, genetics, neuro-endocrinology, cognitive behavioural therapy. Experts in these fields will try to answer this question: "In your expertise, does BED have particular characteristics?" An epidemiologist will talk about the incidence and prevalence of BED compared with those of Bulimia Nervosa in different social contexts. A genetics expert will show the data pro and contra heritability of this pathology. A neuropsychiatrist will illustrate the last findings about neuro-endocrinal characteristics typical of BED and a Cognitive therapist will speak about peculiar cognitive constructs of these patients. With regard to therapy CBT therapists are requested to answer the question: "Does BED need a particular treatment?" One of them will illustrate a CD based self help program developed for this disorder and another will explain the reasons for a new "emotional diary" for the self monitoring of patients affected by BED. They will show the reasons why they chose to study a CD based self help program and a new "emotional diary" for the self monitoring of patients affected by BED. The aim of the workshop is to offer a summary of the last findings about BED and to stimulate a constructive discussion about the topic among the participants.

✿ Vivaldi 2

H. | DEMONSTRATION AND DISCUSSION OF COGNITIVE STYLE: HOW CAN THIS BE TRANSLATED INTO TREATMENT?

Janet Treasure, PhD, FRCP, FRCPsych, Professor Psychiatry, Guys, Kings & St. Thomas Medical School, London, Institute of Psychiatry, King's College London, London, United Kingdom; Katevan Tchanturia, PhD, Clinical Lecturer in Mental Health Studies and Eating Disorders, Institute of Psychiatry, King's College London, London, United Kingdom; Carolina Lopez, Licenciatura in Psyc, PhD Student, Institute of Psychiatry, King's College London, London, United Kingdom

Evidence from neuropsychology suggests that part of the predisposition to anorexia nervosa (AN) lies in the neural template underlying emotional and information processing. The typical neuropsychological profile seen in people with eating disorders is marked by strengths as well as weaknesses. The strengths include fewer impulsive response errors compared to controls and superiority on tasks that require directed analytic effort. On the other hand relative weakness is found in tasks which involve flexibility/set shifting skills, requiring the inhibition/unlearning of previous stimulus-response associations and a change to newly defined associations. This domain of difficulties include tasks which involve the inhibition of pre-potent responses in perceptual judgements, and cognitive switch tasks such as the Hayling sentence completion task, trail making etc. This suggests that people with AN may be extreme on the dimensions of cognitive style i.e. are at the analytic end of the Wholist-Analytic dimension. In this workshop we describe how this understanding of innate vulnerabilities can be translated into treatment. We will use two training modalities: Didactic: We will summarise the key aspects of cognitive functioning in anorexia nervosa. We will discuss how translation of work on cognitive style and strategies in education can inform treatment in anorexia nervosa as a process intervention for later cognitive work. Experiential: There will be the opportunity for participants to obtain a profile of their own cognitive style in terms of wholistic-analytic- and verbal-imagery dimensions. We will present the profiles of patients with eating disorders. In small group work we will discuss how to translate this into clinical practice. Finally we will demonstrate the way we are implementing this into our practice.

✿ Diamant

I. | CONNECTING WITH ADOLESCENTS AND PARENTS WITH EATING DISORDERS: IT'S ALL ABOUT MUTUAL RELATIONSHIPS

CSW

Richard Kreipe, MD, Professor of Pediatrics; Chief, Division of Adolescent Medicine, University of Rochester, Rochester, NY, USA; Mary Tantillo, PhD, Director, Eating Disorder Program, Unity Health System, Rochester, NY, USA

In both their presentation and their treatment, eating disorders in adolescents represent disorders of disconnection in relationships. Adolescents themselves may become disconnected from: 1) normal adolescent growth and development, 2) parents, and 3) the treatment team. Parents may become disconnected from: 1) each other, 2) other family members, and 3) the treatment team. Professionals involved in the care of adolescents are disconnected from each other when: 1) they are split into opposing factions, 2) open lines of communication do not occur amongst themselves, and 3) adolescents transition to adult systems of care as they age out of pediatric care.

Based on more than 20 years of collaborative, mutual experience of the workshop leaders, this evidence-based session focuses on the

treatment of adolescents with eating disorders from a biopsychosocial perspective using a developmental relational, rather than a psychopathological, perspective. Clinical vignettes will underscore pitfalls in working with adolescent patients, their parents and other professionals, but practical strategies to avoid or manage these problems will be emphasized. Motivational interviewing, which not only facilitates engaging in treatment but also models mutuality, will be demonstrated. An integrated care map, a model for staff training, consultation, joint problem solving and transition across care settings and systems will all be discussed with respect to adolescents in a case-based format. All workshop materials will be provided in hard-copy and on CDs to participants who are expected to engage in this didactic session, at the end of which they will be able to: 1) apply motivational interviewing techniques to connect with adolescents and parents, 2) facilitate parents connecting with each other in a modified Maudsley approach, and 3) connect with other professionals from various disciplines who care for the adolescent patient, using supplied tools and techniques.

1–2 p.m.

Lunch on Your Own

2–4 p.m.

✳ Verdi

Plenary Session III

TREATMENT GUIDELINES

Chair: Anna Keski-Rahkonen, MD, PhD, MPH, Postdoctoral Fellow in Psychiatric Epidemiology, Department of Epidemiology, Columbia University, New York, NY, USA

This session will focus on evidence-based treatment recommendations for eating disorders and obesity in adolescents and adults, combining recent scientific findings with practical insights.

Presentations:

THE NEW REVISION OF THE AMERICAN PSYCHIATRIC ASSOCIATION EATING DISORDER TREATMENT GUIDELINE

Joel Yager, MD, FAED, Professor and Vice-Chair for Education and Academic Affairs, University of New Mexico School of Medicine, Albuquerque, NM, USA

EATING DISORDER TREATMENT GUIDELINES - LOCAL AND GLOBAL PERSPECTIVES AND IMPLICATIONS FOR PREVENTION

Gail Huon, PhD, FAED, Professor and Dean of Graduate Studies, Australian National University, Canberra, ACT, Australia

CLINICAL NUTRITIONAL CARE OF SEVERELY UNDERWEIGHT INDIVIDUALS

Alan Jackson, MD, Professor of Human Nutrition, Institute of Human Nutrition, University of Southampton, Southampton General Hospital, Southampton, United Kingdom

PREVENTION AND TREATMENT OF CHILDHOOD OBESITY

Johannes Hebebrand, MD, Director, Department of Child and Adolescent Psychiatry, Rheinischen Kliniken, University of Duisburg-Essen, Essen, Germany

2:30 p.m.

✳ Rubi/Zafir

Exhibitor Dismantle

4–4:30 p.m.

✳ Verdi

AED Business Meeting

4:30–6 p.m.

✳ Rubi/Zafir

Poster Session II Presentations

6–6:30 p.m.

✳ Rubi/Zafir

Poster Session II Dismantle

7:30 p.m.

✳ Lobby

Depart Hotel Fira Palace for Tour of El Poble Espanyol

8 p.m.

Final Night Event — Tour of El Poble Espanyol

Enjoy a 45-minute tour of El Poble Espanyol, an area of architectural interest in the city of Barcelona. Conceived as a real “village,” a tour here fosters a meeting point with history and the mark it has made on popular architecture throughout the Spanish state. The complex consists of reproductions of various famous buildings throughout Spain, as well as several shops, restaurants and discotheques for you to enjoy following the tour.

Faculty List

- Suzanne Abraham, PhD, Associate Professor, University of Sydney, Sydney, Australia
- Rullina Acra-Cabral, RD, Dietitian, The Renfrew Center, Coconut Grove, FL, USA
- Janis Alexandridis, PhD, Therapist, Klinik Roseneck, Priem am Chiemsee, Germany
- Arnold Andersen, MD, FAED, Professor of Psychiatry, University of Iowa, College of Medicine, Iowa City, IA, USA
- J. Armando Barriguete-Melendez, MD, PhD, FAED, Psychiatrist, Bio-Clinique, Mexico DF, Mexico
- Judith Banker, MA, LLP, FAED, Executive Director, Center for Eating Disorders, Ann Arbor, MI, USA
- Stephanie Bauer, PhD, Postdoctoral Research Fellow, Center for Psychotherapy Research, Heidelberg, Germany
- Ovidio Bermudez, MD, FAED, Medical Director, Laureate Eating Disorders Program, Adjunct Associate Professor of Pediatrics and Nursing, Vanderbilt University, Tulsa, OK, USA
- Hans Bloks, Psy, PhD, voorzitter Nederlandse Academie voor Eetstoornissen, Leidschendam, The Netherlands
- Francesca Brambilla, MD, Department of Neuropsychiatric Sciences, Sacco Hospital, Milan, Italy
- Timothy Brewerton, MD, FAED, Clinical Professor of Psychiatry and Behavioral Sciences, Medical University of South Carolina, Mt. Pleasant, SC, USA
- Rachel Bryant-Waugh, PhD, Consultant Clinical Psychologist, University of Southampton, Eastleigh, United Kingdom
- Cynthia Bulik, PhD, William and Jeanne Jordan Distinguished Professor of Eating Disorders, Department of Psychiatry, University of North Carolina at Chapel Hill, Chapel Hill, NC, USA
- Douglas Bunnell, PhD, FAED, Director, Renfrew Center of Southern Connecticut, Wilton, CT, USA
- Pamela Carlton, MD, Instructor Stanford University School of Medicine, Mountain View, CA, USA
- Avshalom Caspi, PhD, Medical Research Council, Social, Genetic and Developmental Psychiatry Research Centre, Institute of Psychiatry, King's College, London, United Kingdom
- Pamela Castle, MA, SAFE/SART Coordinator, Maryland Coalition Against Sexual Assault, Annapolis, MD, USA
- Patricia Cavanagh, MD FRCP(C), Clinical Director, Impact Program, Toronto Western Hospital, Toronto, ON, Canada
- Patricia Colton, MD FRCP(C), Psychiatrist, Eating Disorder Program, Toronto General Hospital, University of Toronto, Toronto, ON, Canada
- Josep Comin-Colet, MD, Department of Cardiology, Hospital del Mar, Associate Professor, Department of Medicine, Universitat Autònoma de Barcelona, Barcelona, Spain
- Tara Cousineau, PhD, Research Scientist, Inflexxion, Inc., Newton, MA, USA
- Ross Crosby, PhD, Director of Biomedical Statistics, Neuropsychiatric Research Institute, Fargo, ND, USA
- Scott Crow, MD, FAED, University of Minnesota, Minneapolis, Minnesota, USA
- Riccardo Dalle Grave, MD, Chair, SIG Prevention, Department of Eating and Weight Disorders, Villa Garda Hospital, Garda (VR), Italy
- Martina de Zwaan, MD, FAED, Abteilung für Psychosomatik und Psychotherapie (Department of Psychosomatic Medicine and Psychotherapy), Universitätsklinikum Erlangen (University Hospital Erlangen), Erlangen, Germany
- Rita DeBate, PhD, MPH, CHES, Associate Professor, School of Community and Environmental Health, Old Dominion University, Norfolk, VA, USA
- Michael J. Devlin, MD, FAED, Associate Professor of Psychiatry, Department of Psychiatry, Columbia University, New York, NY, USA
- Christopher Fairburn, F.Med.Sci., Professor, Oxford University, Department of Psychiatry, Oxford, United Kingdom
- Patricia Fallon, PhD, FAED, Psychologist, Private Practice, Clinical Associate Professor, University of Washington, Seattle, WA, USA
- Angela Favaro, MD, PhD, Department of Neurosciences, University of Padova, Padova, Italy
- Fernando Fernández-Aranda, PhD, FAED, Head of Eating Disorders Unit, Associate Professor in Psychology, Department of Psychiatry, University Hospital of Bellvitge, Barcelona, Spain
- Martine Flament, MD, PhD, Professeur titulaire, département de psychiatrie, Université d'Ottawa, Professeur, Ecole de Psychologie, Université d'Ottawa, Directeur de l'Unité de l'adolescent de l'Institut de recherche en santé mentale de l'Université d'Ottawa, Royal Ottawa Hospital, Ottawa, Ontario, Canada
- S. Fleminger, MA, Accare/De Ruyterstee, Smilde, The Netherlands
- Ian Frampton, PhD, Cornwall Partnership NHS Trust, Cornwall, United Kingdom
- Debra Franko, PhD, FAED, Professor, Northeastern University, Boston, MA, USA
- Nathalie Godart, MD, PhD, Pédiopsychiatre, responsable d'une unité d'hospitalisation pour adolescents, Institut Mutualiste Montsouris, Université Paris Descartes Service du Pr Jeammet, Institut Mutualiste Montsouris, Paris, France
- Leah L. Graves, RD, LD, FAED, Supervisor of Nutrition Therapy, Laureate Eating Disorders Program, Tulsa, OK, USA
- Jennifer Hagman, MD, Co-Director, Eating Disorders Treatment Program, The Children's Hospital, Denver, CO, USA
- Jess Haines, PhD, Graduate Research Assistant, University of Minnesota, Minneapolis, MN, USA
- Katherine Halmi, MD, Weill Medical College of Cornell University, White Plains, NY, USA
- Johannes Hebebrand, MD, Director, Department of Child and Adolescent Psychiatry, Rheinischen Kliniken, University of Duisburg-Essen, Essen, Germany
- Cecile Rausch Herscovici, PhD, Professor, Universidad del Salvador, Buenos Aires, Argentina
- Thomas Hildebrandt, PsyD, Postdoctoral Fellow, Eating and Weight Disorders Program, Mount Sinai School of Medicine, New York, NY, USA
- Gail Huon, PhD, FAED, Professor and Dean of Graduate Studies, Australian National University, Canberra, ACT, Australia
- C. Huyser, MD, De Bascule, Amsterdam, The Netherlands
- Mimi Israël, MD, FAED, Psychiatrist, Associate Professor, Douglas Hospital - McGill University, Montreal, QC, Canada
- Alan Jackson, MD, Professor of Human Nutrition, Institute of Human Nutrition, University of Southampton, Southampton General Hospital, Southampton, United Kingdom
- Corinna Jacobi, PhD, Dipl. Psych., Professor, Clinical Psychology and Psychotherapy, Technical University, Dresden, Germany
- A. Jansen, PhD, University of Maastricht, Maastricht, The Netherlands

Faculty List

- Allan Kaplan, MD, FRCP(C), FAED, Head, Eating Disorders Program, Professor of Psychiatry, Toronto General Hospital, University of Toronto, Toronto, ON, Canada
- Pamela E. Keel, PhD, Department of Psychology, University of Iowa, Iowa City, IA, USA
- Andreas Karwautz, MD, Neuropsychiatrie des Kindes - u. Jugendalters Medizinische Universität, Wien, Allgemeines Krankenhaus der Stadt Wien, Wien, Austria
- Debra Katzman, MD, FRCP, FAED, Head, Division of Adolescent Medicine, Hospital for Sick Children, Toronto, ON, Canada
- Margaret Kelley, MA, Management 3/2006, Clinical Nurse Manager, The Children's Hospital, Denver, CO, USA
- Anna Keski-Rahkonen, MD, PhD, MPH, Postdoctoral Fellow in Psychiatric Epidemiology, Department of Epidemiology, Columbia University, New York, NY, USA
- Kelly Klump, PhD, FAED, Assistant Professor, Michigan State University, East Lansing, MI, USA
- Hans Kordy, PhD, Head of Department, Center for Psychotherapy Research, Heidelberg, Germany
- Richard Kreipe, MD, Professor of Pediatrics, Chief, Division of Adolescent Medicine, University of Rochester, Rochester, NY, USA
- Jean Kristeller, PhD, Professor, Indiana State University, Terre Haute, IN, USA
- J. Hubert Lacey, MD, MPhil, Professor of Psychiatry, St. George's Hospital Medical Centre, London, United Kingdom
- Bryan Lask, MD, FAED, Professor of Child and Adolescent Psychiatry, St. George's University of London, Cranmer Terrace, London, United Kingdom
- Yael Latzer, DSc, Eating Disorders Clinic, Psychiatric Division, Rambam Medical Center, Faculty of Social Welfare and Health Studies, School of Social Work, Haifa University, Haifa, Israel
- Daniel le Grange, PhD, FAED, Associate Professor, The University of Chicago, Chicago, IL, USA
- Michael Levine, PhD, FAED, Professor of Psychology, Kenyon College, Gambier, OH, USA
- Richard L. Levine, MD, FAED, Professor, Pediatrics and Psychiatry, Pennsylvania State College of Medicine, Director of Adolescent Medicine and Director of the Eating Disorders Program, Pennsylvania State Children's Hospital - Milton S. Hershey Medical Center, Hershey, PA, USA
- James Lock, MD, PhD, FAED, Associate Professor of Child Psychiatry and Pediatrics, Stanford University School of Medicine, Director, Eating Disorders Program for Children and Adolescents, Lucile Salter Packard Children's Hospital at Stanford, Stanford, CA, USA
- Carolina Lopez, Licenciatura in Psych., PhD Student, Institute of Psychiatry, King's College London, London, United Kingdom
- Sloane Madden, MB, BS (Hons), FRANZP, Child and Adolescent Psychiatrist, Deputy Head, Department of Psychological Medicine, Co-Director, Child and Adolescent Eating Disorder Program, The Children's Hospital at Westmead, Westmead, NSW, Australia
- Marie Louise Majewski, MA, PT, Therapist, Eating Disorder Unit, Child and Adolescent Psychiatry, Lund University Hospital, Lund, Sweden
- Kim McCallum, MD, Medical Director, McCallum Place in the Park, Clayton, MO, USA
- Virginia McIntosh, Clin.Psych, MA, Christchurch School of Medicine and Health Sciences, Department of Psychological Medicine, Christchurch, New Zealand
- Gail McVey, PhD, CPsych, The Hospital for Sick Children Research Institute, Toronto, ON, Canada
- Philip S. Mehler, MD, Associate Professor of the Glassman Chair in Internal Medicine, University of Colorado School of Medicine, Denver, CO, USA
- James E. Mitchell, MD, Neuropsychiatric Research Institute and Department of Clinical Neuroscience, University of North Dakota School of Medicine and Health Sciences, Fargo, ND, USA
- Palmiero Monteleone, MD, Psychiatric Clinic, Second University, Naples (SUN), Naples, Italy
- Sarah Murnen, PhD, Professor of Psychology, Kenyon College, Gambier, OH, USA
- Dasha Nicholls, MBBS, MRC Psych, MD, Lead Clinician, CAMHS, Head, Feeding and Eating Disorders Service Department, Psychological Medicine, Great Ormond Street Hospital, London, United Kingdom
- Marja Nieuwhof, Klinisch Psycholoog-Psychotherapeut, Programmaleider Eetstoornissen, GGZ Oostbrabant, Veghel, The Netherlands
- Robert Palmer, FRCPSych, University of Leicester, Leicester, United Kingdom
- Susan J. Paxton, PhD, School of Psychological Science, La Trobe University, Melbourne, Australia
- Kathleen M. Pike, PhD, FAED, Associate Professor of Clinical Psychology in Psychiatry, Department of Psychiatry, Columbia University, NY, New York, USA
- Niva Piran, PhD, FAED, Professor, OISE of the University of Toronto, Toronto, ON, Canada
- Maria Portilla, MD, Associate Professor of Pediatrics and Adolescent Medicine, University of Arkansas for Medical Sciences, Medical Director, Adolescent Eating Disorders Program, Arkansas Children's Hospital, Little Rock, AR, USA
- Charles W. Portney, MD, FAPA, Psychiatry Department, UCLA Geffen School of Medicine, Chairman, Eating Disorders, St. Johns Hospital, Santa Monica, CA, USA
- Michel Probst, PhD, PT, Asst. Professor and Therapist, K.U. Leuven, FABER and University Center, Kortenberg, Belgium
- Jodie Richardson, BA, Student, Eating Disorders Program, Verdun, Montreal, QC, Canada
- Maria Teresa Rivera, RD, Nutrition and Dietitian Department Chair, Bio-Clinique, Mexico DF, Mexico
- Paul Robinson, MD, Consultant Psychiatrist, Camden and Islington Mental Health and Social Care Trust, London, United Kingdom
- M. Roosen, MA, GGZ Oostbrabant, Veghel, The Netherlands
- Giovanni Ruggiero, MD, Psychiatry, Studi Cognitivi Psychotherapy School, Milan, Italy
- Gerald Russell, MD, Hayes Grove Priory Hospital, Kent, United Kingdom
- Janice Russell, MD (Syd), Associate Professor, University of Sydney, Sydney, Australia
- Thea Rytz, MA, Therapist, Psychiatrische Poliklinik Inselspital Bern, Bern, Switzerland
- Paolo Santonastaso, MD, Department of Neurosciences, University of Padova, Padova, Italy
- Sandra Sassaroli, MD, Psychiatry, Studi Cognitivi, Milan, Italy
- Ulrike Schmidt, PhD, Reader in Eating Disorders, Section of Eating Disorders, Institute of Psychiatry, De Crespigny Park, London, United Kingdom
- Gary Seils, BS, Psychology, Lead Mental Health Counselor, The Children's Hospital, Denver, CO, USA

Faculty List

- Ana Sepulveda, PhD, Doctoral Fellow, Institute of Psychiatry, King's College London, London, United Kingdom
- Jessica Setnick, MS, RD/LD, Master's Degree, Registered Dietitian, Understanding Nutrition, Dallas, TX, USA
- Jennifer Shapiro, PhD, NIMH Postdoctoral Research Fellow, University of North Carolina at Chapel Hill, Chapel Hill, NC, USA
- Linda Smolak, PhD, Professor of Psychology, Kenyon College, Gambier, OH, USA
- Marisa Emmelhainz Sobrino, RD, Dietitian, Department of Prevention, Bio-Clinique, Puebla, Mexico
- Adela Spalter, MD, Director, Eating Disorder Clinic, Cemic, Buenos Aires, Argentina
- Howard Steiger, PhD, FAED, Director, Eating Disorder Program, Douglas Hospital, Professor, Psychiatry, McGill University, Montreal, QC, Canada
- Alan Stein, MD, Leopold Muller Centre for Child Family Health, The Royal Free & University Medical School, Hampstead, London, United Kingdom
- Daniel Stein, MD, The Pediatric Psychosomatic Department, The Edmond and Lily Safra Children's Hospital, The Chaim Sheba Medical Center, Tel Hashomer, affiliated with the Sackler Faculty of Medicine, Tel Aviv University, Tel Aviv, Israel
- Anne Stewart, MRCPsych, Consultant Child and Adolescent Psychiatrist, Oxfordshire Mental Healthcare NHS Trust, Oxford, United Kingdom
- Ruth Striegel-Moore, PhD, FAED, Professor of Psychology, Wesleyan University, Middletown, CT, USA
- Michael Strober, PhD, FAED, Franklin Mint Professor of Eating Disorders, UCLA Neuropsychiatric Institute, Los Angeles, CA, USA
- Suzanne Abraham, PhD, Associate Professor, University of Sydney, Sydney, Australia
- Jacinta Tan, MRCPsych, Research Fellow and Honorary Consultant Child and Adolescent Psychiatrist, University of Oxford, Oxford, United Kingdom
- Mary Tantillo, PhD, Director, Eating Disorder Program, Unity Health System, Rochester, NY, USA
- Katevan Tchanturia, PhD, Clinical Lecturer in Mental Health Studies and Eating Disorders, Institute of Psychiatry, King's College London, London, United Kingdom
- Gill Todd, BSc in Nursing, Clinical Nurse Leader, Bethlem Royal Hospital, SLAM, Kent, United Kingdom
- Patrizia Todisco, MD, Medicine and Surgery, Studi Cognitivi, Verona, Italy
- Federica Tozzi, MD, Medicine and Surgery, GlaxoSmithKline S.p.A., Verona, Italy
- Janet Treasure, PhD, FRCP, FRCPsych, Professor, Psychiatry Guys, King's & St. Thomas Medical School, London, Institute of Psychiatry, King's College London, London, United Kingdom
- Hannah Turner, DClinPsych, Clinical Psychologist, University of Southampton, Eastleigh, United Kingdom
- Ed Tyson, MD, Adjunct Assistant Professor, Department of Kinesiology and Health Education, University of Texas, Private Practice, Austin, TX, USA
- A.A. van Elburg, MD, Altrecht/Rintveld, Zeist, The Netherlands
- Eric F. van Furth, PhD, FAED, National Center for Eating Disorders, Leidschendam, The Netherlands
- Walter Vandereycken, MD, PhD, Professor of Psychiatry, Catholic University of Leuven, Clinical Director, Eating Disorders Unit, Alexian Brothers Psychiatric Hospital, Tienen, Belgium
- J. Vanderlinden, PhD, University Center Sint Jozef, Kortenberg, Belgium
- Piergiuseppe Vinai, MD, Medicine and Surgery, Studi Cognitivi, Magliano Alpi, Italy
- Tracey Wade, PhD, FAED, Associate Professor, Flinders University of South Australia, Adelaide, Australia
- Glenn Waller, DPhil, FAED, Professor, Institute of Psychiatry, London, United Kingdom
- B. Timothy Walsh, MD, FAED, Professor of Psychiatry, College of Physicians & Surgeons, Columbia University, Director, Eating Disorders Research Unit, New York State Psychiatric Institute, New York, NY USA
- Mark Warren, MD, MPH, Assistant Clinical Professor, Department of Psychiatry, Case Western Reserve University, Medical Director, Laurelwood Hospital, Willoughby, OH, USA
- Theodore Weltzin, MD, Rogers Memorial Hospital, Eating Disorder Program, Oconomowoc, WI, USA
- Wendy Whitaker, BSc, Social Worker, Bethlem Royal Hospital, SLAM, Kent, United Kingdom
- Joel Yager, MD, FAED, Professor and Vice-Chair for Education and Academic Affairs, University of New Mexico School of Medicine, Albuquerque, NM, USA
- Nancy Zucker, PhD, Director, Duke Eating Disorder Program, Duke University Medical Center, Durham, NC, USA

Exhibitor Directory

Avalon Hills Residential Eating Disorders Program

Booth Number: 7
7852 W. 600 N.
Petersboro, UT 84325
Phone: 800/330-0490
Fax: 435/753-3760
Email: carrie@avalonhills.org
Web Site: www.avalonhills.org

Avalon Hills assists adolescents and young adult females in altering the negative beliefs, emotions, behaviors, interactions, and cultural influences that have contributed to the development of disordered eating, co-morbid mental disorders and concomitant medical concerns. The program is founded on three cornerstones for positive change: new information, new insights, and new experiences. Our treatment approach is both evidence-based and holistic in nature. Avalon Hills remains committed to individualized, comprehensive programming for all clients we serve.

Cambridge Eating Disorder Center

Booth Number: 13
3 Bow Street
Cambridge, MA 02138
Phone: 617/547-2255
Fax: 617/547-0003
Email: seda@cedcmail.com
Web Site: www.eatingdisordercenter.org

Cambridge Eating Disorder Center (CEDC) is a free standing comprehensive treatment center that provides outpatient services, intensive outpatient programs for adolescents and adults, partial hospital programs for adolescents and adults, and a residential program for adults. It is staffed by a multidisciplinary team of highly qualified eating disorder specialists. CEDC is located in beautiful and exciting Harvard Square in Cambridge, MA.

Center For Discovery

Booth Number: 11
11911 Washington Blvd
Whittier, CA 90606
Phone: 562/698-8888
Fax: 562/698-8815
Email: jerrycarminio@verizon.net
Web Site: www.centerfordiscovery.net

At the Center for Discovery we believe that just as eating disorders require specialized treatment, so do adolescents. The struggles of adolescence, full confusion, self-doubt and the search for an identity, further compounded by dramatic physiological changes in the body, are vastly different than the developmental struggles in adulthood.

The Children's Hospital – Colorado

Booth Number: 5
1056 E. 19th Ave., Box 130
Denver, CO 80218
Phone: 303/861-6452
Fax: 303/861-6209
Email: kellet.margaret@tchden.org
Web Site: www.thechildrenshospital.org

The Children's Hospital — Colorado has provided a comprehensive, multidisciplinary team approach for the treatment of eating disorders since 1988. Children's provides the only program in the Rocky Mountain region with the ability to manage medically complicated patients (male and female) with severe eating disorders from childhood through the young adult years. Specialized focus on the needs of children, adolescents, young adults and families is achieved with a multidisciplinary team consisting of adolescent medicine specialists, psychiatrists, psychologists, nurses, nutrition therapist, social workers, therapeutic recreation specialist, art therapists, music therapists, movement therapists and learning specialists.

Service provided span all levels of care outpatient, inpatient medical stabilization, inpatient eating disorder unit, outpatient partial hospitalization or day-treatment, intensive outpatient services and outpatient clinic follow-up.

CRC Health Group, Inc.

Booth Number: 9
11351 Clubhaven Place #101
Raleigh, NC 27617
Phone: 919/619-0896
Fax: 919/596-4703
Email: jholland@crchealth.com
Web Site: www.crchealth.com

CRC ED Treatment, Inc. a subsidiary of CRC Health Group, Inc., sets the standard of excellence in the treatment of eating disorders through providing quality care and a choice of providers. With facilities located throughout the United States, we have the opportunity to provide clients with treatment modalities that are tailored to meet their individual needs. Residential facilities are typically located in home-like settings with scenic and peaceful surroundings. We offer a range of services including Residential Inpatient, Day Program and Intensive Outpatient Treatment for Anorexia Nervosa, Bulimia Nervosa, Binge Eating and related disorders.

We firmly believe that successful recovery can only be measured by how well residents return to their daily lives upon discharge from treatment. We provide a system of services that support and encourage the lowest possible relapse rates, promoting healthy lifestyle choices and the tools necessary for long term recovery.

CRC Health Group, Inc. facilities have developed an industry wide reputation for treatment excellence over the past 20 years. CRC Eating Disorders Treatment, Inc. believes our facilities and services to be truly special - offering hope and recovery to individuals with eating disorders and their associated issues.

Eating Disorders Institute – Minneapolis, MN

Booth Number: 14
 3800 Park Nicollet Blvd.
 St. Louis Park, MN 55416
 Phone: 952/993-3924
 Fax: 952/993-1079
 Email: schalc@parknicollet.com
 Web Site: www.parknicollet.com/edi

Eating Disorders Institute is a comprehensive treatment program for the treatment of anorexia nervosa, bulimia nervosa and binge eating disorder and include five levels of care - inpatient, partial day, intensive outpatient, outpatient and residential programs.

Fundacion Mexicana Contra Anorexia y Bulimia

Booth Number: 6
 Av. Paseo de las Palmas # 745-805
 Lomas de Chapultepec, 11000 Mexico D.F.
 Phone: +55-55-20-52-42
 Fax: +55-55-40-02-33
 Email: araceliaizpuru@prodigy.net.mx
 Web Site: www.amatucuespo.com

Fundacion Mexicana Contra Anorexia y Bulimia provides patients a personal and interdisciplinary treatment to achieve a full recovery. We create and run prevention programs and our aim is to give back women their capability to live in harmony with their bodies.

John Wiley & Sons, Inc.

Booth Number: 15
 111 River Street, Hoboken NJ 07030-5174
 Phone: 201/748-6105
 Fax: 201/748-8888
 Email: pjansic@wiley.com
 Web Site: www.wiley.com

John Wiley & Sons is an independent, global publisher of scientific, technical, and medical books, journals, and electronic products. Featured journals on display include the International Journal of Eating Disorders, an official publication of the AED Depression & Anxiety, and European Eating Disorders Review. Featured books include Eating Disorders: A Multidisciplinary Approach (Hindmarch) and the Essential Handbook of Eating Disorders (Treasure).

McCallum Place

Booth Number: 16
 100 S. Brentwood, Ste 350
 Clayton, MO 63105
 Phone: 314/863-7700
 Fax: 314/863-7701
 Email: shannon@mccallumplace.com
 Web Site: www.mccallumplace.com

McCallum Place provides comprehensive medical and psychiatric care, specialized psychotherapies and nutritional support for patients with eating disorders. State-of-the-art treatment and programs, which integrate the latest findings from eating disorders research with experienced clinical practice, are designed to create an environment of structure and support.

Monte Nido Treatment Center

Booth Number: 10
 27162 Sea Vista Dr,
 Malibu, CA 90265
 Phone: 310/457-9958
 Fax: 310/457-8442
 Email: mntc@montenido.com
 Web Site: www.montenido.com

Located in the foothills of Malibu, Monte Nido is a unique 6-bed eating and exercise disorder facility offering highly individualized care. Director Carolyn Costin, recovered herself, utilizes a highly trained staff, many of who serve as role models for recovery. Due to Monte Nido's success, an affiliate facility "RainRock" will be opening near Eugene, Oregon in June.

Puente de Vida

Booth Number: 17
 Post Office Box 86020
 San Diego, CA 92138
 Phone: 858/452-3915
 Fax: 858/452-1798
 Email: sschaefer@puentedevida.com
 Web Site: www.puentedevida.com

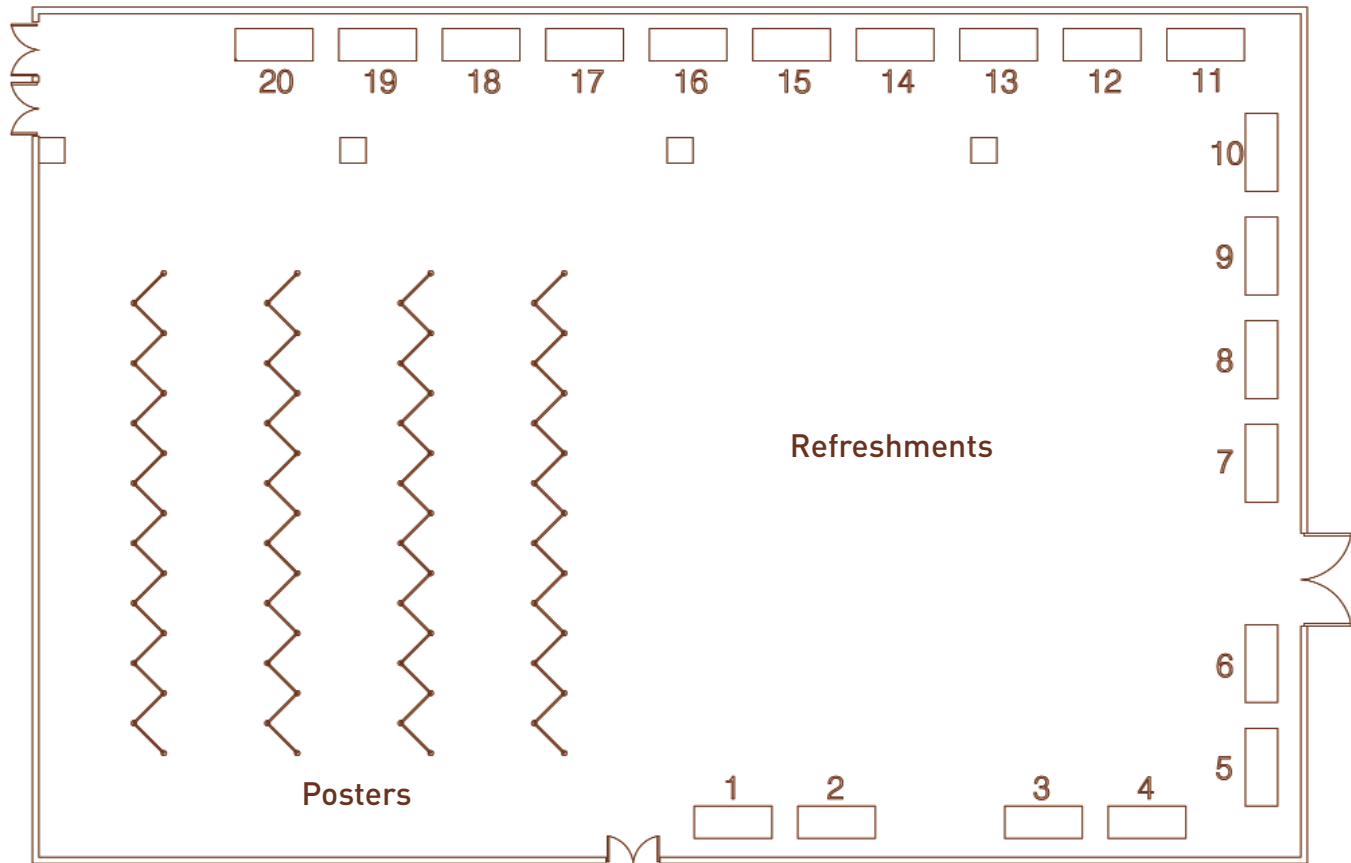
Puente de Vida is a center for caring and individualized treatment where therapeutic services are offered to those 15 and older with eating disorders, including those with co-occurring disorders including anxiety, depression, OCD, PTSD, attachment and other disorders. A private six-bed facility located in beautiful La Jolla, California, provides an excellent setting for the sensitive, inner work that takes place. Puente de Vida recognizes that every recovery journey is different and complex and assists each individual in finding their unique path and support in recovery.

Remuda Ranch

Booth Number: 12
 One E. Apache Street
 Wickenburg, AZ 85390
 Phone: 928/684-4501
 Fax: 928/684-4507
 Email: brandi.larimer@remudaranch.com
 Web Site: www.remudaranch.com

Remuda Ranch offers inpatient and residential treatment for women and girls suffering from eating disorders and related issues. Our Christian programs provide hope and healing to patients of all faiths. Each patient is treated by a multi-disciplinary treatment team consisting of Psychiatric and Primary Care Providers, Registered Dietitians, Masters Level Therapists, Psychologists and Registered Nurses. Three separate inpatient programs for adults, adolescents and children specialize in the treatment of anorexia and bulimia and are located on ranch-like settings. In addition to inpatient treatment, we offer residential treatment programs for those struggling with anorexia, bulimia, obesity, binge-eating disorder and compulsive overeating.

Exhibit Hall/Poster Hall Floorplan



Rosewood Ranch

Booth Number: 8
 36075 S. Rincon Road
 Wickenburg, AZ 85390
 Phone: 800/845-2211
 Fax: 928/684-9562
 Email: executivedirector@rosewoodranch.com
 Web Site: www.rosewoodranch.com

Rosewood Women's Center for Eating Disorders is a small, private facility located in the beautiful Sonoran Desert, 60 miles northwest of Phoenix, Arizona. State licensed and JCAHO accredited, Rosewood is dedicated to the treatment of eating disorders and the issues that co-exist with them including chemical dependency, depression, anxiety and trauma. Rosewood's integrative treatment model includes closely supervised medical assessment and treatment; psychopharmacology; nutritional evaluation and restabilization; primary group therapy; individual therapy; expressive art, body image and equine assisted therapy; psycho-education, CBT and DBT, family programming and wellness activities including Yoga, Tai Chi, drumming, mediation and Reiki. Rosewood offers an extended care program - based on the same philosophy of care - that provides community-based, semi-structure support for on-going recovery.

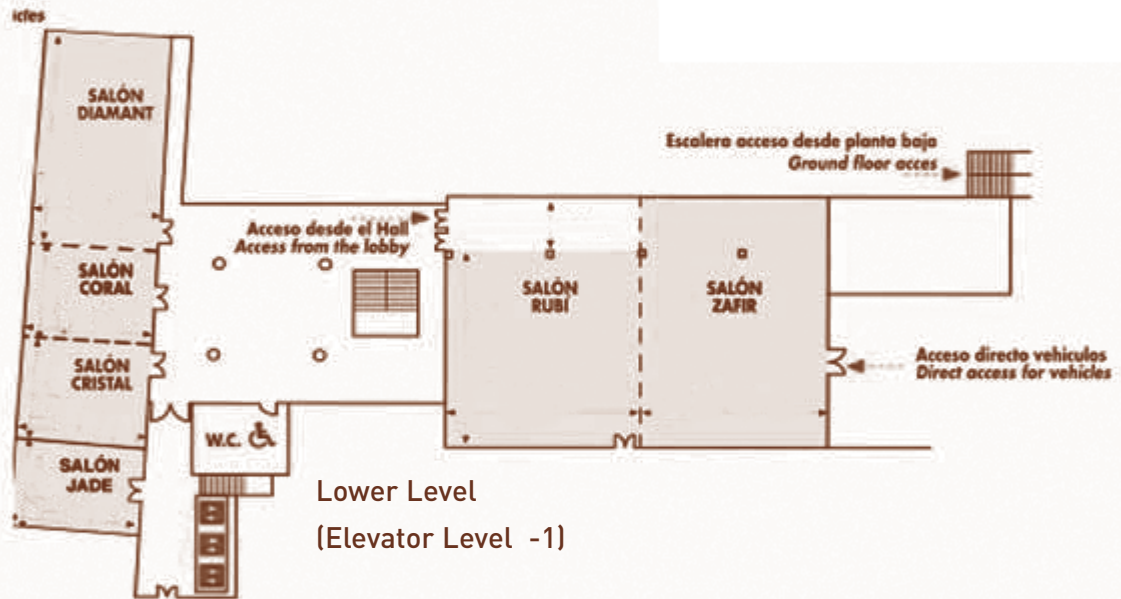
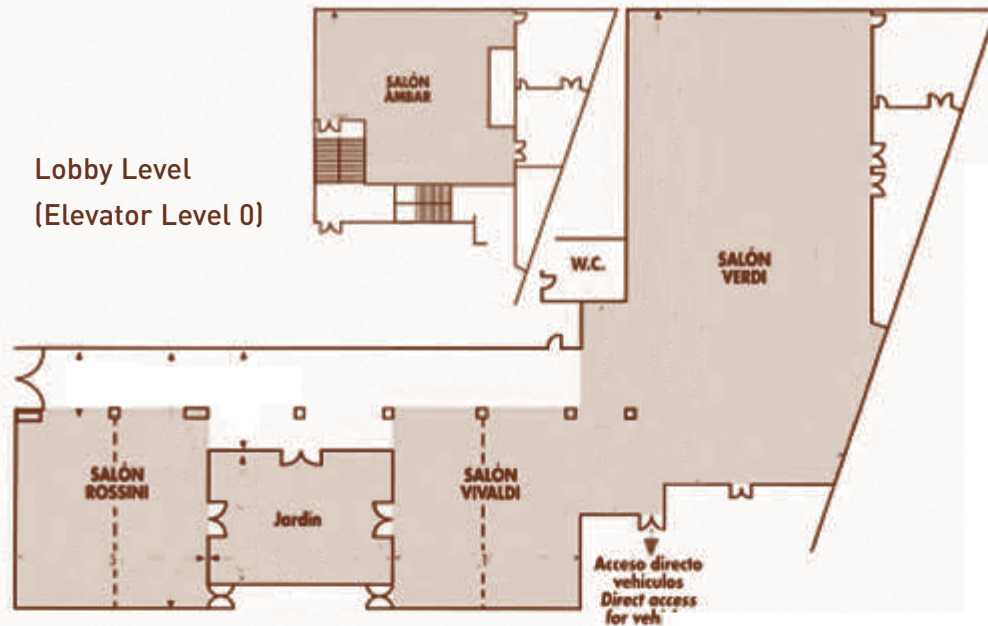
Wisepress Online Shop

Booth Number: 1-4
 The Old Lamp Works, 25 High Path
 London, SW192JL U.K.
 Phone: +44-20-8715-1812
 Fax: +44-208-715-1722
 Email: sara@wisepress.co.uk
 Web Site: www.wisepress.co.uk

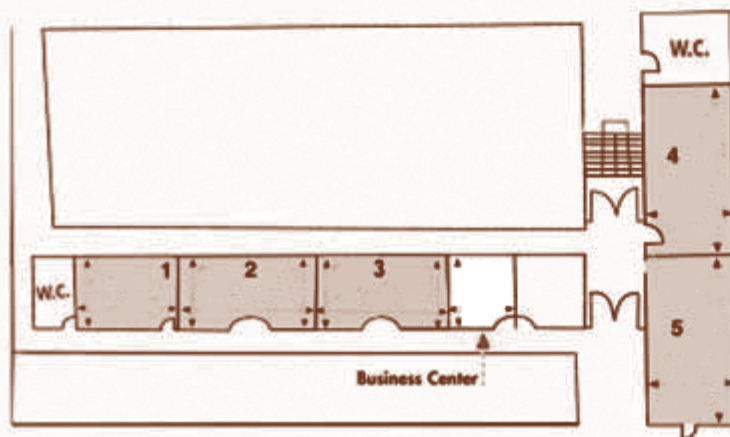
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Hotel Fira Palace Floorplan

Lobby Level
(Elevator Level 0)



Lower Level
(Elevator Level -1)



Mezzanine
(Elevator Level A)

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Dues Tables

In order to reflect the international nature of our organization's mission and membership, AED used a tiered dues structure with dues levels based on economic indicators which the World Bank applies in order to evaluate all nations. This structure recognizes the impact of varying economic conditions on the relative cost of AED membership to each individual.

The table below shows a listing of dues according to a member's nation of residence and membership category selected:

Nations designated by the World Bank as "low income" or "lower middle income"			
Afghanistan, Albania, Algeria, Angola, Armenia, Azerbaijan, Bangladesh, Belarus, Benin, Bhutan, Bolivia, Bosnia-Herzegovina, Brazil, Bulgaria, Burkina Faso, Burundi, Cambodia, Cameroon, Cape Verde, Central African Republic, Chad, Colombia, Comoros, Congo (Democratic Republic), Congo (Republic), Cote d'Ivoire, Cuba, Democratic Republic of Korea, Djibouti, Dominican Republic, Ecuador, Egypt, El Salvador, Equatorial Guinea, Eritrea, Ethiopia, Federated States of Micronesia, Fiji, Gambia, Georgia, Ghana, Guatemala, Guinea, Guinea-Bissau, Guyana, Haiti, Honduras, India, Indonesia, Iran, Iraq, Jamaica, Jordan, Kazakhstan, Kenya, Kiribati, Kyrgyz Republic, Lao PDR, Lesotho, Liberia, Macedonia, Madagascar, Malawi, Maldives, Mali, Marshall Islands, Mauritania, Moldova, Mongolia, Morocco, Mozambique, Myanmar, Namibia, Nepal, Nicaragua, Niger, Nigeria, Pakistan, Papua New Guinea, Paraguay, Peoples Republic of China, Peru, Philippines, Romania, Russian Federation, Rwanda, Samoa, Sao Tome and Principe, Senegal, Serbia and Montenegro, Sierra Leone, Solomon Islands, Somalia, Sudan, Suriname, Swaziland, Syrian Arab Republic, Tajikistan, Tanzania, Thailand, Timor-Leste, Togo, Tonga, Tunisia, Turkey, Turkmenistan, Uganda, Ukraine, Uzbekistan, Vanuatu, Vietnam, West Bank and Gaza, Yemen, Zambia, Zimbabwe			
Members pay dues according to this schedule			
	Regular/Affiliate Members	Fellows	Student Members
with journal subscription	\$135	\$135	\$110
without journal subscription	\$110	\$110	\$40
Nations designated by the World Bank as "upper middle income"			
American Samoa, Antigua and Barbuda, Argentina, Barbados, Belize, Botswana, Chile, Costa Rica, Croatia, Czech Republic, Dominica, Estonia, Gabon, Grenada, Hungary, Latvia, Lebanon, Libya, Lithuania, Malaysia, Mauritius, Mayotte, Mexico, Northern Mariana Island, Oman, Palau, Panama, Poland, Saudi Arabia, Seychelles, Slovak Republic, St. Kitts and Nevis, St. Lucia, Trinidad and Tobago, Uruguay, Venezuela			
Members pay dues according to this schedule			
	Regular/Affiliate Members	Fellows	Student Members
with journal subscription	\$175	\$175	\$110
without journal subscription	\$110	\$110	\$40
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Members pay dues according to this schedule			
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Includes journal subscription	\$190	\$190	\$90
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Membership Application

I am applying for membership as: ☐ Regular ☐ Affiliate ☐ Student

Name (First/Given) (Last/Family) Credentials

☐ Female ☐ Male

Organization

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City State/Province ZIP/Postal Code

Country

Phone (Business) Fax E-mail

Professional Information

Highest Degree: _____

Discipline:

- ☐ Dietetics/Nutrition ☐ Nursing ☐ Psychology
☐ Exercise Physiology ☐ Counseling ☐ Primary Medicine
☐ Marriage/Family Therapy ☐ Psychiatry ☐ Social Work
☐ Physician/Pediatrician ☐ Other (specify): _____

Institutional Affiliation: _____

Do you see patients or accept clinical referrals? ☐ Yes ☐ No

List memberships in other professional organizations:

Are you interested in learning about or joining a SIG? ☐ Yes ☐ No
For a complete listing and description of current SIGs, visit www.aedweb.org.

Practice Parameters (check all that apply)

I see:

- ☐ Children ☐ Adolescents ☐ Adults ☐ All ages ☐ Families

My practice is:

- ☐ Outpatient ☐ Inpatient/residential ☐ Residential ☐ Both

☐ Other (specify): _____

Payment Information (Please see the AED dues chart to find the dues amount for your membership type and nation of residence.)

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