




INTERNATIONAL
CONFERENCE ON
EATING
DISORDERS

2005 | CONFÉRENCE
INTERNATIONALE
SUR LES
TROUBLES
DE L'ALIMENTATION



Reaching
New Frontiers:
Global Advances in
Eating Disorders
Treatment,
Prevention and
Research

Final Program
April 27 – 30, 2005
Hilton Montréal
Bonaventure
Montréal, Québec, Canada

Jointly Sponsored by the University of New México School of Medicine
and the Academy for Eating Disorders
www.aedweb.org



SCHOOL OF MEDICINE



Conference Supporters

The Academy for Eating Disorders thanks
the following supporters of the
2005 International Conference on Eating Disorders.

AED 2005 ICED Platinum Supporter



AED 2005 ICED Traditional Supporters

Center for Discovery
Eating Disorder Institute – Fargo North Dakota
Remuda Ranch

AED 2005 Bookseller Caversham Booksellers



Visit www.aedweb.org
for more information
about AED

60 Revere Drive, Suite 500
Northbrook, IL 60062 USA
847-498-4274
Fax 847-480-9282
aed@aedweb.org



Welcome et Bienvenue a Montréal

Thank you for attending the 2005 International Conference on Eating Disorders, sponsored by the Academy for Eating Disorders. This year's theme, "Reaching New Frontiers: Global Advances in Eating Disorders Treatment, Prevention, and Research," underscores the conference's breadth of expertise, with up-to-the-minute contributions from researchers, educators and clinicians, as well as the Academy's commitment to bringing together eating disorder professionals from across the globe to expand and enrich one another's perspectives.

Co-Chairs Mimi Israël, MD, FRCP(C) (Canada), and Eric van Furth, PhD, FAED (Netherlands), have put together an exciting and novel program that promises to educate us all regarding the latest advances in our field, stimulate new thinking, and challenge us to break new ground in our particular area of endeavor, be it treatment, prevention, investigation or education. And this year's Clinical Teaching Day committee, once again chaired by Leah Graves, LD, RD, FAED (USA), has assembled an array of in-depth workshops that provide something for just about everyone who wishes to "get up to speed" quickly in a new area.

As the Academy enters its 12th year, we continue to expand and evolve. Having set our sights on becoming a truly global community of eating disorder professionals, we are now beginning to achieve that vision. Clinicians and researchers from six continents have joined AED in increasing numbers, and the opportunities for collaboration and cross-fertilization are increasing exponentially.

In addition to our annual International Conference, AED continues to expand its educational offerings worldwide. This year, AED has co-sponsored teaching programs in Italy, Argentina and México, and we are planning many more such teaching days, in and outside of North America, for the near future. The special interest groups (SIGs) have grown in number and importance, and our new Internet capability provides easy-to-access listservs to facilitate SIG-specific discussions and real-time chat.

The *International Journal of Eating Disorders* continues to provide us with access to cutting-edge, clinically relevant research on eating disorders, and following last year's acclaimed BED supplement, a special issue on anorexia nervosa is in the final stages of preparation at this writing. The first AED *Annual Review of Eating Disorders*, summarizing major advances during 2002-2003, was recently mailed to members as an additional benefit. Via its position paper and media initiatives, AED is developing new ways to convey its expertise to a concerned public.

It is remarkable to reflect on how far we've come in our first decade of existence. Our global transdisciplinary membership and bridging of clinician and research communities makes AED the only eating disorder organization of its kind, and provides opportunities that no other organization can match. If you are a member of AED, I hope that you are as excited as I am by the Academy's expansion and development, that you will continue to participate and work to further AED's mission, and that you will encourage your colleagues to join us. If you are not yet a member, but are excited by what we are doing, please stop by the membership booth and explore the special benefits for those who join at the conference. And most of all, enjoy the meeting!

Michael J. Devlin, MD, FAED
President

Table of Contents

AED Leadership	4
AED Headquarters	4
2005 Awards	5
Travel Awards	5
General Information	6
Continuing Education Accreditation	6
Registration Information	7
Schedule-at-a-Glance	9-13
Abstract Grid	14-15
Detailed Program	16-47
Faculty List	48-50
Exhibitor Directory	50-55
Exhibit Hall Floor Plan	56
Poster Hall Floor Plan	56
Hotel Floor Plan	57
AED Membership Application	58

Conference Proceedings

See the 2005 ICED Conference Proceedings, included with your registration packet, to view the full text of abstracts presented at the meeting.

Academy for Eating Disorders

Board of Directors

Michael Devlin, MD, FAED, *President*
Scott Crow, MD, FAED,
President-Elect
Cynthia M. Bulik,
PhD, FAED, Past President
Kelly Klump, PhD, *Secretary*
Eric van Furth, PhD, FAED, *Treasurer*
Judith Banker, LLP, MA, FAED
Jillian K. Croll, PhD, RD, MPH
Fernando Fernández Aranda,
PhD, FAED
Ulrike Schmidt, MD, PhD
Mary Tantillo, PhD, RN, CS, FAED
Tracey Wade, PhD

Scientific Program Committee

Mimi Israël, MD, FRCP(C), *Co-Chair*
Eric van Furth, PhD, FAED, *Co-Chair*
Drew Anderson, PhD
Judith Banker, LLP, MA, FAED
Anne E. Becker, MD, PhD
Christopher Fairburn, DM
Fabian Melamed, PhD, FAED
Ulrike Schmidt, MD, PhD

Clinical Teaching Day Committee

Leah Graves, LD, RD, FAED, *Chair*
Ovidio Bermudez, MD, FAED
Beth Hartman McGilley, PhD, FAED
Dianne Neumark-Sztainer,
MPH, PhD, RD, FAED
Kenneth L. Weiner, MD

Council Chairs

Education and Training

Debra K. Katzman, MD, FAED
Kathleen M. Pike, PhD, FAED

Membership

Daniel le Grange, PhD, FAED

Public Affairs

Debra Franko, PhD
Allan Kaplan, MD, FAED

Publications Council

Stephen Wonderlich, PhD, FAED

Research

Ruth Striegel-Moore, PhD, FAED

AED Headquarters Staff

Greg Schultz
Executive Director

Brian Maddox
Managing Director

Judy DeAcetis
Administrative Director

Sherri Kamensky
Administrator

Nicki Patti
Education Manager

Liz Freyn
Managing Conference Director

Jacky Schweinzger
Conference Director

Aaron Adair
Conference Administrator

Jim Wilkins
Accountant

Jill Hronek
Communications Director

Academy for Eating Disorders

60 Revere Drive, Suite 500
Northbrook, IL 60062 USA
Phone: 847-498-4274
Fax: 847-480-9282
E-mail: aed@aedweb.org
www.aedweb.org

Mark your calendar!

AED 2006 International Conference on Eating Disorders



June 7-10, 2006

Hotel Fira Palace * Barcelona, Spain

www.fira-palace.com

www.spain.info

Online abstract submission page will open in Fall 2005.

2005 Awards

AED Meehan/Hartley Leadership Award for Public Service and/or Advocacy

David Herzog, *MD*

AED Leadership Award for Clinical, Administrative or Educational Service

Robert Palmer, *FRCPsych*

AED Leadership Award for Research

Ruth Striegel-Moore, *PhD, FAED*

Past Awards and Honors

Lifetime Achievement

1995 Albert Stunkard, *MD*

1996 Arthur Crisp, *MD*

1996 Gerald Russell, *MD*

1998 Katherine Halmi, *MD*

2000 Paul Garfinkel, *MD*

2004 Peter Beumont, *MD*

Meehan/Hartley Award

1994 Vivian Meehan, *RN, DSc*

1996 Pat Howe Tilton

2000 Patricia Hartley, *PhD*

2002 Patricia Santucci, *MD*

2003 Craig Johnson, *PhD*

2004 Hispano Latino American Special Interest Group

Founders:

J. Armando Barriguete

Melendez, *PhD, FAED*;

Ovidio Bermudez, *MD, FAED*;

Fernando Fernández-Aranda, *PhD*;

Paulo P.P. Machado, *PhD*;

Fabian Melamed, *PhD*

Outstanding Researcher

1995 James Mitchell, *MD*

1998 Walter Kaye, *MD*

2000 W. Stewart Agras, *MD*

2002 Christopher Fairburn, *DM*

2003 B. Timothy Walsh, *MD*

2004 Janet Treasure, *FRCPsych*

Distinguished Service

1998 Amy Baker Dennis, *PhD*

2002 Joel Yager, *MD*

Outstanding Clinician

1998 Arnold Andersen, *MD*

2000 Pauline Powers, *MD*

2003 Marsha D. Marcus, *PhD*

Public Service

1995 Susan Blumenthal, *MD*

2000 S. Kenneth Schonberg, *MD*

NIMH Junior Investigator Travel Award Recipients

Thanks to a grant from the National Institute of Mental Health, once again awarded to Ruth Striegel-Moore, *PhD, FAED* and Cynthia Bulik, *PhD, FAED*, on behalf of AED, the Academy awards the Junior Investigator Fellowship Travel Awards. Eligible recipients are United States citizens who are in training and provide evidence of academic excellence. These awards support attendance at the AED/EDRS Teaching Day and the AED 2005 International Conference. The 2005 junior investigator fellowship recipients are:

Jenny Carillo, *MS*
Yale University
New Haven, CT USA

Angela Marinilli, *PhD*
Brown University
Providence, RI USA

Vicki Clark, *BA*
Rutgers University
Piscataway, NJ USA

Ashleigh May, *BA*
Pennsylvania State University
University Park, PA USA

Jill Denoma, *MS*
Florida State University
Tallahassee, FL USA

Angela Picot, *MA*
Northwestern University
Medical School
Chicago, IL USA

Jessica Edwards George,
MS/CAGS
Northeastern University
Boston, MA USA

Jennifer Shapiro, *PhD*
University of North Carolina
Chapel Hill, NC USA

Kathryn Gordon, *MS*
Florida State University
Tallahassee, FL USA

Amanda Woods, *BS*
Georgia State University
Atlanta, GA USA

AED Junior Investigator Travel Award Recipients

AED is able to offer four additional Junior Investigator Travel Awards this year. Eligible recipients are AED members, non-U.S. or U.S. citizens and current trainees or not currently training with less than three years post-training. These awards support attendance at the AED/EDRS Teaching Day and the AED 2005 International Conference. The 2005 award recipients are:

Jennifer Couturier, *MD, MSc*
Stanford University
Stanford, CA USA

Simon Wilksch, *B. Psych Hons.*
Flinders University of South
Australia
Adelaide, SA, Australia

Jodie Richardson, *BSc*
McGill University
Montréal, QC, Canada

Hemal Shroff, *PhD*
University of North Carolina
Chapel Hill, NC USA

Hispano Latino American Special Interest Group Travel Award
Myralys Calaf, *BA*
Carlos Albizu University
San Juan, Puerto Rico

AED Clinician Scholarship Recipients

Thanks to profits from the AED Gala in Boston in 2002, AED is pleased to provide scholarships to support conference attendance to clinical scholars from around the world who are AED members. The 2005 clinical scholarship recipients are:

Lauri Langham, *LCSW*
The University of
North Carolina Hospitals
Chapel Hill, NC USA

Christina Reiter, *MS*
Metropolitan State College of
Denver
Denver, CO USA

Adair K. Look, *MD*
Harvard Medical School
Massachusetts General Hospital
Boston, MA USA

Marisa Emmelhainz Sobrino
Universidad Iberoamericana
Puebla, México

AED offers special thanks to Regina Dolan-Sewell, PhD, Chief, Mood, Sleep and Eating Disorders Program, National Institute of Mental Health. Dr. Dolan-Sewell has been an invaluable resource for the field as the eating disorders coordinator at NIMH. She has been a consistent presence at the AED conference and training day events, and has graciously and effectively offered her time and words of wisdom to countless investigators and trainees in the eating disorders field.

AED also acknowledges with gratitude the excellent contributions of Regina Smith James, MD, Chief, Mood Regulation and Bipolar Disorders Program, National Institute of Mental Health, who has initiated efforts to improve awareness, understanding and research of eating disorders in children and adolescents.

About the Academy for Eating Disorders (AED)

The Academy for Eating Disorders is an international, transdisciplinary, non-profit membership organization for professionals and advocates engaged in research, treatment and prevention of eating disorders. The Academy is home to more than 1,200 members. Approximately 25 percent of these professional members reside outside of the United States.

AED provides members and the field at large with a variety of services, resources and educational programs, including the invaluable support of a community of dedicated colleagues.

Since the organization was founded in 1994, the International Conference on Eating Disorders (ICED) has been AED's flagship activity and the highlight of the AED year. The ICED is the primary gathering place for professionals and advocates engaged in research, treatment and prevention of eating disorders. Each year, ICED attendees, faculty, supporters and exhibitors create a unique, inspiring and intensive environment for education, training, collaboration and dialogue.

Eating disorders are characterized by a persistent pattern of aberrant eating or dieting behavior. These patterns of eating behavior are associated with significant emotional, physical and relational distress.

Specific Goals of the Academy for Eating Disorders

- Promote the effective treatment and care of patients with eating disorders and associated disorders.
- Develop and advance initiatives for the primary and secondary prevention of eating disorders.
- Provide for the dissemination of knowledge regarding eating disorders to members of the Academy, other professionals and the general public.
- Stimulate and support research in the field.
- Promote transdisciplinary expertise within the Academy membership.
- Advocate for the field on behalf of patients, the public and eating disorder professionals.
- Assist in the development of guidelines for training, practice and professional conduct within the field.
- Identify and reward outstanding achievement and service in the field.

Continuing Education

Meeting Objectives

As a result of this meeting, participants will be able to:

- Foster an appreciation of the advances in treatment, prevention and research techniques for individuals suffering from eating disorders.
- Examine empirical evidence highlighting the interaction of constitutional and sociocultural factors in the development of eating disorders.
- Review current knowledge on developmental factors that are believed to influence eating disorder development across the lifespan.
- Explain recent empirical and clinical findings on specialized treatment techniques suited to commonly seen groups of eating disorder patients.
- Understand risk factors and treatment issues unique to special populations of individuals with eating disorders, including athletes and individuals with comorbid medical conditions.

Accreditation

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of the University of New México Office of Continuing Medical Education and the Academy for Eating Disorders. The University of New México Office of Continuing Medical Education is accredited by the ACCME to provide continuing medical education for physicians.

Credit Designation

The University of New México Office of Continuing Medical Education designates this continuing medical education activity for a maximum of 23 Category 1 credits toward the Physician's Recognition Award of the American Medical Association. Each physician should claim only those credits that he/she actually spent in the activity.

Psychologists

The Academy for Eating Disorders is approved by the American Psychological Association to offer continuing education for psychologists. The Academy for Eating Disorders maintains responsibility for the program. Twenty-three hours of continuing education will be offered.

Social Workers

This program was approved by the Clinical Social Work Federation for continuing education credits. State regulations governing continuing education vary from state to state. Providers and participants should be informed regarding their specific requirements.

To the following states:

Alabama, District of Columbia, Florida, Illinois, Iowa, Kansas, Massachusetts, Mississippi, Montana, Nevada, New Hampshire, New Jersey, Ohio, Oklahoma, South Dakota, Texas, and West Virginia

The CSWF is providing a Letter of Completion of Educational Presentations indicating CEUs to be used by credentialing professional organizations such as the American Board of Examiners. The CSWF is not authorized to grant CEUs to attendees from the above-specified states. It is the responsibility of each attendee to secure CEU authorization from his/her state licensing board.

Marriage and Family Therapists and Licensed Clinical Social Workers in California

This course meets the qualifications for 23 hours of continuing education credits for MFTs and/or LCSWs as required by the California Board of Behavioral Sciences. The Academy for Eating Disorders is provider number PCE 2479.

Nurses

The University of Texas at Arlington School of Nursing is an approved provider of continuing nursing education by the Texas Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. This activity meets Type I criteria for mandatory continuing education requirements toward relicensure as established by the Board of Nurse Examiners for the State of Texas.

See the Continuing Education packet for additional accreditations.

Full Disclosure Policy Affecting CME Activities

As a provider accredited by the Accreditation Council for Continuing Medical Education (ACCME), it is the policy of the University of New México School of Medicine to require the disclosure of the existence of any significant financial interest or any other relationship a faculty member or a sponsor has with the manufacturer(s) of any commercial product(s) discussed in an educational presentation.

The 2005 ICED presenters reported the following:

Arnold Andersen <i>Pfizer, Educational Grant</i>	Sloane Madden <i>Wyeth-Ayerst, Speakers Bureau</i>
---	---

Anne Becker <i>Wyeth-Ayerst, Other</i>	James E. Mitchell <i>Eli Lilly & Co., Research Grant</i>
---	---

Ovidio Bermudez <i>Aventis Pasteur, Speakers Bureau</i>	Dianne Neumark-Sztainer <i>Guilford Press, Other</i>
--	---

Kelly Brownell <i>WebMD, Advisor</i> <i>Jenny Craig International,</i> <i>Medical Advisory Board</i> <i>American Health Publishing</i> <i>Company, Director</i>	Ellen Rome <i>Organon, Speakers Bureau</i> <i>Pfizer, Speakers Bureau</i> <i>Wyeth-Ayerst, Speakers Bureau</i>
--	---

	Ulrike Schmidt <i>Media Innovations, Other</i>
--	---

Cynthia M. Bulik <i>Ortho McNeil, Consultant</i> <i>Power Changes LLC, Other</i>	Mae Sokol <i>AstraZeneca, Speakers Bureau</i> <i>Ortho McNeil, Educational Grant</i>
--	--

Scott Crow <i>Eli Lilly & Co., Research Grant</i> <i>Ortho McNeil, Research Grant,</i> <i>Other</i> <i>GlaxoSmithKline, Research Grant</i>	Michael Strober <i>Medical Education Speakers</i> <i>Network, Speakers Bureau</i>
--	---

James Hudson <i>Ortho McNeil, Research Grant</i> <i>Eli Lilly & Co., Research Grant</i>	Eric van Furth <i>Sanofi Synthelabo, Other</i>
---	---

Presenter disclosures not received at time of printing will be announced in the Program Addendum.

Off-Label Product Discussion

It is understood that presentations must give a balanced view of therapeutic options. Faculty use of generic names will contribute to this impartiality. The speaker will make every effort to insure that data regarding the company's products (or competing products) are objectively selected and presented, with balanced discussion of prevailing information on the product(s) and/or alternative treatments. The speaker will make the audience aware of any "off label" or investigational uses described for any medication discussed.

Registration Information

Participation in the AED 2005 International Conference on Eating Disorders is limited to registered delegates. Your full registration includes:

- Admission to all sessions (Wednesday, April 27 through Saturday, April 30) excluding Clinical Teaching Day/Spanish Teaching Day Workshops (an additional fee is required for these workshops)
- Access to all exhibits
- Entry to poster sessions
- Opening reception on Thursday, April 28
- Social event on Saturday, April 30
- Daily coffee breaks
- Final program and conference proceedings

Hotel and Travel Information

The Hilton Montréal Bonaventure is located at 900 rue La Gauchetière West, Montréal, Québec H5A 1E4 Canada.

The telephone number is 514-878-2332, and the guest fax number is 514-878-3881.

Concierge and Babysitting Services

The hotel's concierge desk will help hotel guests book babysitting services, make dinner reservations or plan other activities during your stay at the Hilton Montréal Bonaventure. Contact the hotel's concierge desk for information.

Current/New/Prospective Member Breakfast

The Current/New/Prospective Member Breakfast will be held Friday, April 29, 7:30 – 8:30 a.m., in the Verdun room. This is a breakfast function available to all registered attendees.

Optional Box Lunches

New this year! AED will be providing optional box lunches for the SIG meetings on Thursday, April 28, and Friday, April 29. A \$15 US fee is required for each lunch. If you registered in advance, a ticket(s) is included in your registration packet. For those that are registering on site, tickets may be available at the AED registration desk.

AED Business Meeting and Awards Luncheon

The AED Business Meeting will be held Saturday, April 30, 12:15 – 2 p.m., in the Mont Royal room. This is a luncheon function available to all registered attendees. If you pre-registered, a ticket is included in your registration packet. Additional tickets may be available at the AED registration desk. Tickets will be collected at the door.

Opening Reception and Closing Social Event

A welcome reception for all registrants will take place from 6 – 7:30 p.m. on Thursday, April 28 in the Fontaine Exhibition Hall. The closing social event will take place in the Westmount/Outremont rooms on Saturday, April 30 from 7:30 to 11 p.m. Business casual attire is appropriate for both events.

Additional Tickets

If you are interested in purchasing additional opening reception tickets or closing social event tickets, you may do so at the AED registration desk anytime during the regular registration hours. The tickets are \$45 for the opening reception and \$38 for the closing social event.

Speaker Ready Room

The Speaker Ready room will be available daily, beginning Wednesday, April 27 at 7:30 a.m. in the St. Lambert room. Computers will be provided for speakers to review their presentations.

Committee Meeting Rooms

The following rooms are available for committee or small group meetings at designated times during the conference: St. Laurent, St. Michel, St. Léonard, Longueuil, Pointe aux Trembles and Fundy. A meeting schedule is posted outside each room. Attendees can reserve meeting times by using the sign-up sheet outside the meeting room.

Meeting Evaluation

The ICED scientific program committee needs your input to enhance future AED meetings. You will receive an online meeting evaluation via e-mail shortly after the 2005 Annual Meeting. The committee greatly appreciates your input.

Special Needs

Notify AED staff members of any special needs by visiting the AED registration desk.

AED Registration Desk

The registration desk will be open:

Wednesday, April 27	7:30 a.m. – 6 p.m.
Thursday, April 28	7:30 a.m. – 6 p.m.
Friday, April 29	7:30 a.m. – 6 p.m.
Saturday, April 30	10 a.m. – 6 p.m.

Exhibits and Posters

Vendor exhibits and poster presentations will be located in the Fontaine Exhibition Hall. Exhibit and poster viewing hours are:

Thursday, April 28	10 a.m. – 7:30 p.m.
Friday, April 29	7:30 a.m. – 6 p.m.
Saturday, April 30	9 a.m. – 4 p.m.

Continental breakfast will be served in the exhibit hall on Friday morning. Coffee and soft drinks will also be available in the exhibit hall during the refreshment breaks each day. A directory of participating organizations is included in this program on page 50.

Poster Session

Posters will be presented by authors during the AED International Conference and will be available for viewing throughout the meeting. Poster abstracts can be found beginning on page 42 of the 2005 ICED Conference Proceedings, distributed with your registration materials.

The poster presentations are located in the Fontaine Exhibition Hall.

Poster Session Schedule

Wednesday, April 27

1 – 5:30 p.m. Poster Presenter Setup

Thursday, April 28

7 – 10 a.m. Poster Presenter Setup
10 a.m. – 6 p.m. Poster Viewing
(presenters need not be in attendance)
6 – 7:30 p.m. Poster Presentations (with presenters)

Friday, April 29

7:30 a.m. – 6 p.m. Poster Viewing
(presenters need not be in attendance)

Saturday, April 30

9 a.m. – 4 p.m. Poster Viewing
(presenters need not be in attendance)
4 p.m. – 5 p.m. Poster Presenter Dismantle

Solicitations

Solicitations by unauthorized persons are strictly prohibited. Sales and promotional activities are restricted to exhibitors and must take place in their own exhibit booths.

Message Board

A message board will be maintained in the registration area during the registration hours. Check the board frequently. There will be no paging during the conference. To contact the Message Center, dial 514-878-2332 and ask for the AED registration desk at extension 2989.

Resume and Employment Board

Bulletin boards are available in the exhibit area for posting job opportunities or resumes.

Questions

If you have questions regarding the program or registration, visit the AED registration desk.

Academy for Eating Disorders

60 Revere Drive, Suite 500
Northbrook, IL 60062 USA
Phone: 847-498-4274 Fax 847-480-9282
aed@aedweb.org
www.aedweb.org

Join AED Now!

Join the Academy for Eating Disorders

We invite you to join AED and be a part of this important organization. AED provides a forum for mental health professionals to share scientific advances, exchange ideas, foster new research and provide professional and public education on the issues surrounding eating disorders. A membership application is included in this book on page 58.

Join the Academy for Eating Disorders and register for the ICED at the member rate. Annual membership dues are:

Regular/Affiliate

U.S./Canada (includes journal)	\$175 US
Non-U.S./Canada with journal	\$215 US
Non-U.S./Canada without journal	\$125 US

Student*

U.S./Canada with journal	\$85 US
Non-U.S./Canada with journal	\$125 US
Anywhere without journal	\$35 US

*A letter from your department chair or program director is required for verification of student status.

Tentative Schedule-at-a-Glance

Workshops that are designated with a **CSW** code indicate a Core Skills Workshop.

Wednesday, April 27

		Location
7:30 a.m. – 6 p.m.	Registration	Ballroom Foyer
8:30 a.m. – 1:30 p.m.	AED/EDRS Research Training Day Workshop (invitation only)	Verriere
8 a.m. – 5 p.m.	AED Board of Directors Meeting	Verdun
1 – 4 p.m.	Clinical Teaching Day/Spanish Teaching Day Workshops (separate registration fee required)	
	A. Introduction to Eating Disorders	La Salle
	B. Actualidades en Prevencion y Tratamiento para los TCA en Poblaciones Hispanas (Current Approaches in Prevention and Treatment of Eating Disorders in Hispanic Populations)	St. Pierre
	C. The Role of Bariatric Surgery in the Treatment of Eating and Weight Disorders	Lachine
	D. Athletes and Eating Disorders: Fueling for Successful Performance	Côte St. Luc
	E. Cutting Edge Issues in the Medical Care of Eating Disorders	Mont Royal
	F. Marital Therapy for Eating Disorders	Hampstead
1 – 5:30 p.m.	Exhibitor/Poster Presenter Set-Up	Fontaine Exhibition Hall
7 – 9 p.m.	User-Friendly Genetics: What Patients, Families and Practitioners Need and Want to Know! <i>Special Symposium by Genetics of Anorexia Nervosa Consortium</i>	Westmount/Outremont


Thursday, April 28

7 – 10 a.m.	Exhibitor/Poster Presenter Setup	Fontaine Exhibition Hall
7:30 a.m. – 6 p.m.	Registration	Ballroom Foyer
8 – 9 a.m.	Special Interest Group (SIG) Chairs Organizational Meeting	Verriere
9 – 9:15 a.m.	Welcome and Conference Goals <i>Michael Devlin, MD, FAED, President</i> <i>Mimi Israël, MD, FRCP(C) and Eric van Furth, PhD, FAED</i> <i>Scientific Program Committee Co-Chairs</i>	Westmount/Outremont
9:15 – 10:30 a.m.	Keynote Address Correcting the Toxic Food Environment: Real Change Requires Real Change <i>Kelly D. Brownell, PhD, Professor and Chair of Psychology, Professor of Epidemiology and Public Health, Director, Yale Center for Eating and Weight Disorders, Yale University, New Haven, Connecticut, USA</i>	Westmount/Outremont
10 a.m. – 7:30 p.m.	Poster Viewing/Exhibits Open	Fontaine Exhibition Hall
10:30 – 11 a.m.	Refreshment Break	Fontaine Exhibition Hall
11 a.m. – 12:30 p.m.	Workshop Session I	
	A. Management of Eating Disorders in Women with Type I Diabetes	Verriere
	CSW B. Eat or Else: Assessment and Treatment of Eating Disorders in Young Children	Outremont
	C. Socio-Cultural Disorder-So What? Working with Culture in Everyday Clinical Practice	Lachine
	D. The Psychiatric and Psychological Assessment of Bariatric Surgery Candidates	Côte St. Luc
	E. Treating Comorbid Eating Disorders and PTSD in Clinical Practice: The Case Formulation Approach	La Salle
	F. Intensive Home Treatment of Anorexia Nervosa (The ANITT Project)	Verdun
	G. Two Models of DBT's Application to Eating Disorders	Mont Royal
	H. I'm Not Ready! Individual and Group Treatments That Enhance Motivation for Change in the Eating Disorders	Westmount
	CSW I. Eating Disorders Assessment for the Practicing Clinician	St. Pierre
	J. Media Exposure: How to Get Your Message Across Effectively	Fundy

Tentative Schedule-at-a-Glance

Workshops that are designated with a  code indicate a Core Skills Workshop.

Thursday, April 28 (Continued)

		Location
	K. Prevention Research in the School Setting: Findings from Ten Years of Longitudinal Research	Hampstead
	L. Models for Integrative Treatment: Combining Psychodynamic Psychotherapy and CBT into an Effective Approach to Eating Disorder Treatment	Le Portage
12:30 – 2 p.m.	Lunch on your own	
12:30 – 2 p.m.	Special Interest Group (SIG) Annual Meetings (Box lunch available with advance purchase.)	
	Family Therapy	Mont Royal
	Graduate Student	Hampstead
	Health at Every Size	Côte St. Luc
	Males	Verdun
	Neuroimaging	Lachine
	New Investigators	La Salle
	Nursing	Fundy
	Nutrition	St. Pierre
	Prevention	Verriere
	Psychodynamic Psychotherapy	Le Portage
2 – 4 p.m.	Plenary Session I: The Efficacy and Acceptability of New Technologies in the Treatment of Bulimia Nervosa <i>Chair: Eric van Furth, PhD, FAED</i> Cognitive Behavioral Therapy for Bulimia Nervosa Delivered via Telemedicine <i>James Mitchell, MD, PhD, FAED</i> Getting Better Byte by Byte: Treatment of Bulimia Nervosa by E-mail <i>Paul Robinson, MD, PhD</i> Internet Based Self-Help: Guide for Treatment of Bulimia <i>Fernando Fernández Aranda, PhD, FAED</i> From ELIZA to CD-ROM-Based CBT of Bulimia Nervosa: Acceptability, Outcomes and Therapists' Attitudes <i>Ulrike Schmidt, MD, PhD</i>	Westmount/Outremont
4 – 4:30 p.m.	Refreshment Break	Fontaine Exhibition Hall
4:30 – 6 p.m.	Workshop Session II	
	A. Working with Mothers with Eating Disorders: Education, Support and Prevention	Verriere
	B. Innovative Approaches for Successfully Transitioning Young People from Adolescent to Adult Treatment Programs for Eating Disorders	St. Pierre
	C. The Role of Personality in Eating Disorders	Le Portage
	D. New Directions in the Epidemiology of Eating Disorders: What (Else) May We Learn from General Population Surveys of Eating-Disordered Behavior?	Hampstead
	E. Opening the Door for Under-Represented Groups: Widening Access to Eating Disorders Services	Fundy
	F. Eating Disorders Multifamily Therapy Group: The Therapeutic Power of Diversity in Connection	Lachine
	G. From Theory to Practice: Development and Implementation of an Identity Development Intervention for Women with Anorexia and Bulimia Nervosa	Verdun
	H. Emotion Focused Body Image Work: A Promising New Intervention in the Body Image Toolkit	Westmount
	 I. Family-Based Treatment for Adolescent Eating Disorders: Applications of the “Maudsley Method” for Anorexia Nervosa, Bulimia Nervosa, and Subsyndromal Presentations	Mont Royal
	J. Treatment of Eating Disorder with Childhood Trauma and Neglect	La Salle
	K. A Model for the Integration of Psychodynamic and Cognitive-Behavioral Approaches to Eating-Disorder Treatment: Expanding the “Interpersonal Disturbances” Focus to the “Patient-Therapist Relationship”	Côte St. Luc
	L. Ready, Set, No Go: What to Do with Eating-Disordered Youth in an Outpatient Setting Who Are Not Yet Ready to Recover	Outremont

Tentative Schedule-at-a-Glance

Workshops that are designated with a  code indicate a Core Skills Workshop.

Thursday, April 28 (Continued)

		Location
6 – 7:30 p.m.	Opening Reception/Poster Presentations/Exhibit Hall Open	Fontaine Exhibition Hall
7 – 9 p.m.	NIMH Research Roundtable: Identification of Prepubertal Eating Disorders	St. Pierre

Friday, April 29

7:30 – 8:30 a.m.	Continental Breakfast	Fontaine Exhibition Hall
7:30 – 8:30 a.m.	Current, New and Prospective Member Breakfast	Verdun/Lachine/LaSalle
7:30 a.m. – 6 p.m.	Poster Viewing/Exhibit Hall Open	Fontaine Exhibition Hall
7:30 a.m. – 6 p.m.	Registration	Ballroom Foyer
8:30 – 10:30 a.m.	NIMH Plenary Session II: Does Comorbidity Matter? Comorbidity and Treatment of Eating Disorders Supported by the National Institute of Mental Health <i>Chair: Mimi Israël MD, FRCP(C)</i> Comorbidity with Depression, Anxiety and Related Traits <i>Janet Treasure, MD, PhD, FRCP, FRCPsych</i> Eating Disorders and Substance Abuse: The Neglected Comorbid Combination <i>Cynthia M. Bulik, PhD, FAED</i> Comorbidity with Personality Disorders <i>Carlos M. Grilo, PhD</i> Comorbidity with Obesity <i>G. Terence Wilson, PhD</i>	Westmount/Outremont
10:30 – 11 a.m.	Refreshment Break	Fontaine Exhibition Hall
11 a.m. – 12:30 p.m.	Oral Scientific Paper Session I (brief scientific papers for presentation and discussion) A. Child and Adolescents 1A B. Child and Adolescents 1B C. Prevention 1 D. Treatment 1 E. Outcome 1 F. Binge Eating Disorder 1 G. Biology 1 H. Diagnosis/Other 1A I. Diagnosis/Other 1B J. Gender K. Comorbidity	Verriere Le Portage Hampstead Westmount Outremont Côte St. Luc Verdun Lachine La Salle St. Pierre Mont Royal
12:30 – 2:30 p.m.	Lunch on your own	
12:30 – 2 p.m.	Special Interest Group (SIG) Annual Meetings (Box lunch available with advance purchase.) Athletes Bariatric Surgery Body Image Child and Adolescent Cognitive Behavioral Therapy Hispano Latino American Medical Care Private Practice Transcultural	Mont Royal Hampstead Côte St. Luc Verdun Lachine La Salle Verriere St. Pierre Le Portage
2:30 – 4 p.m.	Oral Scientific Paper Session II (brief scientific papers for presentation and discussion) A. Child and Adolescents 2 B. Prevention 2 C. Treatment 2 D. Outcome 2 E. At-Risk Populations 2 F. Binge Eating Disorder 2 G. Biology 2 H. Diagnosis/Other 2A I. Diagnosis/Other 2B J. Cross-Cultural K. Comorbidity/Trauma	Le Portage Hampstead Westmount Outremont Verriere Côte St. Luc Verdun Lachine La Salle St. Pierre Mont Royal


Tentative Schedule-at-a-Glance

Workshops that are designated with a  code indicate a Core Skills Workshop.

Friday, April 29 (Continued)

		Location
4 – 4:30 p.m.	Refreshment Break	Fontaine Exhibition Hall
4:30 – 6 p.m.	Special Interest Group (SIG) Discussion Panels	
	A. Can We Improve Eating Disorder and Obesity Prevention Efforts by Integrating Risk Factor Research?	Outremont
	B. Health at Every Size: Perspectives from Practicing Professionals About the Challenges and Rewards of This New Treatment Paradigm	Mont Royal
	C. Exploring the Use of the Maudsley Techniques in Nutrition Counseling	La Salle
	D. Empirical Support for the Psychodynamic Treatment of Eating Disorders: Where We Are, Where We Need to Go, and How We Get There	Hampstead
	E. Advances in Neuroimaging of Eating Disorders	Côte St. Luc
4:30 – 6 p.m.	AED/NIMH Travel Fellowship Awards <i>Chair: Regina Dolan-Sewell, PhD</i>	Lachine/Verdun
6:30 – 8 p.m.	Meet the Experts	Westmount

Saturday, April 30

10 a.m. – 6 p.m.	Registration	Fontaine Exhibition Hall
8 – 9 a.m.	Special Interest Group (SIG) Meetings	Verdun
9 a.m. – 4 p.m.	Poster Viewing/Exhibits Open	Fontaine Exhibition Hall
10 – 10:15 a.m.	AED President's Remarks	Westmount/Outremont
10:15 a.m. – 12:15 p.m.	Plenary Session III: Weight Management Across the Spectrum of Eating Disorders <i>Chair: Anne Becker, MD, PhD</i> Anthropometric Assessment: How to Use the Information in Clinically Constructive Ways <i>Maria Teresa Rivera, LN</i> Refeeding in Anorexia Nervosa: From Outpatients to Inpatients <i>Janice Russell, MBBS, MD (Syd), FRACP, FRANZCP, MFCP</i> Science or Fad: Do the New Diets Work? <i>Caroline Apovian, MD</i> Discussion <i>Michael Devlin, MD, FAED</i>	Westmount/Outremont
12:15 – 2 p.m.	AED Business Meeting Awards Luncheon	Mont Royal/Hampstead Côte St. Luc
2 – 3:30 p.m.	Workshop Session III	
	A. Parenting Teens with a Healthy Weight and a Positive Body Image in a World Gone Astray: Working with Parents of Adolescents to Prevent the Broad Spectrum of Eating and Weight-Related Problems	Le Portage
	B. Perspectives from the Continent: Concepts and Treatments of Eating Disorders in France and Italy	St. Michel
	C. Father Hunger, Global Girls and Eating Disorders	Verdun
	D. The Québec Association for Assistance to Persons Suffering From Anorexia Nervosa and Bulimia (ANEB QUÉBEC): A Community Based Approach: An Alternative and Essential Resource for Eating Disorders	St. Leonard
	E. A Pediatric Inpatient and Day Hospital Program for Severely Ill Adolescents with Eating Disorders: An Innovative Method of Delivery of Care	La Salle
	F. Team as Culture: An Exploration of the Professional Relationships and Therapeutic Practices of Eating Disorders Teams	Lachine
	G. Parents Focused Treatment Group for Ambulatory Eating Disorders Patients	Verriere
	 H. Integrating Process Orientation and Psychoeducational Material into a Cognitive Therapy Workshop	St. Pierre
	I. Eating-Disordered Patients Who Abuse Substances: Features of Two Clinical Subgroups and Implications for Treatment	Outremont

Tentative Schedule-at-a-Glance

Workshops that are designated with a  code indicate a Core Skills Workshop.

	J. Clinical Evolutions and Technological Innovations: Improving the Match Between Patients' Needs and Care Provision	Fundy
	 K. Motivational Group Therapy for Eating Disorders: A How-To Guide	Westmount
3:30 – 4 p.m.	Refreshment Break	Fontaine Exhibition Hall
4 – 6 p.m.	Plenary Session IV: Integrating New Perspectives on Body Image and Body Image Disturbance <i>Chair: Drew A. Anderson, PhD</i> Innovations in the Assessment and Treatment of Body Image Disturbance <i>Roz Shafran, PhD</i> The Role of Body Image Distress in Obesity: Is It Motivating or Malevolent? <i>Leslie Heinberg, PhD</i> Cognitive-Behavioral Treatment of Body Dysmorphic Disorder <i>Fugen Neziroglu, PhD</i> Body Image Dissatisfaction and Cosmetic Surgery <i>David Sarwer, PhD</i>	Westmount/Outremont
4 p.m. – 5 p.m.	Exhibitor/Poster Presenter Dismantle	Fontaine Exhibition Hall
7:30 – 11 p.m.	Social Event	Westmount/Outremont

Scientific Paper Session I

Friday, April 29

11 a.m. – 12:30 p.m.

Time	Verriere	Le Portage	Hampstead	Westmount	Outremont	Côte St. Luc	Verdun	Lachine	La Salle	St. Pierre	Mont Royal
	Child and Adolescents 1A	Child and Adolescents 1B	Prevention 1	Treatment 1	Outcome 1	Binge Eating Disorder 1	Biology 1	Diagnosis/ Other 1A	Diagnosis/ Other 1B	Gender	Comorbidity
11 a.m.	P1 Haines Neumark-Sztainer Eisenberg	P7 Jategaonkar Young Greaves et al	P13 Hoek Van Son Van Hoeken et al	P19 Fernandez-Aranda Badia Solano et al	P25 Halmi Agras Crow et al	P31 Hudson Pope Jr Lalonde et al	P37 Richardson Steiger Joober et al	P43 Woolrich Cooper Turner	P49 Binford le Grange Crosby et al	P55 Boisvert Harrell	P61 Bola Kossert Jarry
11:15 a.m.	P2 Boutelle McNeeley	P8 Sokol Wyoske Jung et al	P14 Hoek Van Son Van Hoeken et al	P20 Currin Schmidt Waller	P26 Keski-Rahkonen Bulik Hoek et al	P32 Dingemans Spinhoven van Furth	P38 Steiger Israel Bruce et al	P44 Sysko Walsh Schebendach et al	P50 Peterson Crosby Wonderlich et al	P56 Raevuori Keski-Rahkonen Aila et al	P62 Bola Jarry Kossert
11:30 a.m.	P3 Kirsh Tweed McVey et al	P9 Boisseau Thompson-Brenner Groff et al	P15 Becker Ciao Smith et al	P21 Zucker Best Ferriter et al	P27 Carter Blackmore Olmsted et al	P33 Soetens Braet	P39 Bruce Steiger Joober et al	P45 Coughlin Redgrave Leslie et al	P51 Marinilli Guarda Heinberg et al	P57 Woods Lilienfeld	P63 Thompson-Brenner Eddy Westen
11:45 a.m.	P4 Field Taylor Striegel-Moore et al	P10 Eddy Tanofsky-Kraff Thompson-Brenner et al	P16 Gordon	P22 Paxton Gollings	P28 Couturier Lock	P34 Latner Rosewall Chisholm et al	P40 Komaki Ando Naruo et al	P46 Redgrave Coughlin Heinberg et al	P52 Elder Lozano Grilo	P58 Lilienfeld	P64 Lash Smith Wolfe
Noon	P5 Carlton Pyle	P11 Henderson Buchholz Obeid et al	P17 Ho Lim Tai Lee	P23 von Ranson Robins	P29 Egedy Blanchet Frappier et al	P35 White Masheb Grilo	P41 Shroff Thornton Reba et al	P47 Boisvert Harrell	P53 Reyes Rossello Cervantes et al	P59 Jacobs Woods Lilienfeld	P65 Satir Thompson-Brenner Eddy et al
12:15 p.m.	P6 Sinton Davison Birch	P12 Kochavi Stein Yaroslavy et al	P18 Franko Edwards	P24 Hay Mond Owen	P30 Wojciechowski Geilen van Hulst	P36 Shapiro Bulik Reba et al	P42 Komaki Ando Konijki et al	P48 Wiseman Freilich Anderson	P54 Andersen McDowell	P60 Picot Lilienfeld Jacobs	P66 Agranat-Meged Deitcher Goldzweig, et al

Scientific Paper Session II

Friday, April 29

2:30 – 4 p.m.

Time	Le Portage	Hampstead	Westmount	Outremont	Verriere	Côte St. Luc	Verdun	Lachine	La Salle	St. Pierre	Mont Royal
	Child and Adolescents 2	Prevention 2	Treatment 2	Outcome 2	At-Risk Populations 2	Binge Eating Disorder 2	Biology 2	Diagnosis/ Other 2A	Diagnosis/ Other 2B	Cross-Cultural	Comorbidity/ Trauma
2:30 p.m.	P67 Hochdorf Latzer	P73 McVey Tweed	P79 Turner Offord Cooper	P85 Dellasega Haagen	P91 Micali Simonoff Treasure et al	P97 Latner Wilson Jackson	P103 Groff	P109 Rosval Steiger Bruce et al	P115 Cooper	P121 Machado Sampalo	P127 Piran Robinson
2:45 p.m.	P68 Solomon Klump Levendosky	P74 Taylor Bryson Cello et al	P80 Rausch Herscovici	P86 Federici Kaplan	P92 Mazzeo Zucker Gerke et al	P98 Etu Kotler Attia et al	P104 Barbarich- Marsteller Marsteller Dewey	P110 Ho Lim Tai et al	P116 Todd Wells Cooper et al	P122 Unikel Bojorquez Villatoro et al	P128 Klein Boudreau Devlin et al
3 p.m.	P69 L'Espérance Gómez- Peresmitre	P75 Mond Marks Hay et al	P81 Tasca Daniel Bissada et al	P87 Spoor Strien Bekker et al	P93 Colton Olmsted Daneman et al	P99 Ringham Kalarchian Levine et al	P105 Herzog Franko Dorer et al	P111 Ahrén-Moonga af Klinteberg von Knorring	P117 Latzer	P123 Carrillo Brownell	P129 Piran Cormier
3:15 p.m.	P70 Katzman Pinhas Sameuls et al	P76 DeBate	P82 Bowers	P88 Turrell Peterson- Badali Wiener et al	P94 Ackard Fedio Neumark- Sztainer et al	P100 Gluck Gellebter Lorence et al	P106 Golden Iglesias Jacobson et al	P112 Lee Shafra Payne	P118 Sargent Stein	P124 Bojorquez Unikel Israel	P130 Bruce Steiger Israel
3:30 p.m.	P71 Couturier Lock	P77 May Kim McHale	P83 Manara Todisco Pigoli	P89 de la Rie Noordenbos van Furth	P95 Caldwell Koski	P101 Mazzeo Saunders Mitchell	P107 Nakai	P113 Forbush Keel Heatherton	P119 Bryant-Waugh Turner East	P125 Elder Lozano Grilo	P131 Brewerton Dansky O'Neil et al
3:45 p.m.	P72 Jones Katharine Walsh et al	P78 Stein Canetti Bachar et al	P84 Brambilla Caluggi Todesco et al	P90 ONeill Bardone-Cone	P96 Giovanni Sandra Forti et al	P102 Hildebrandt Latner	P108 Manara Todisco Gardini et al	P114 Ochner Lowe	P120 Reas Grilo	P126 Rush-Wilson	P132 Capodilupo Haedt Keel

Detailed Program

Workshops that are designated with a  code indicate a Core Skills Workshop.

Wednesday, April 27

7:30 a.m. – 6 p.m.

Ballroom Foyer

Registration

8:30 a.m. – 1:30 p.m.

Verriere

Academy for Eating Disorders and Eating Disorders Research Society (EDRS) Research Training Day Workshop
(invitation only)

8:30 a.m.

Introductions

Ruth H. Striegel-Moore, PhD, FAED, Professor of Psychology, Wesleyan University, Middletown, Connecticut, USA

8:45 – 9:45 a.m.

Seven Secrets for Successful Applications

Mock Study Section Presentation

Cynthia M. Bulik, PhD, FAED; William and Jeanne Jordan Distinguished Professor of Eating Disorders, Department of Psychiatry, University of North Carolina, Chapel Hill, North Carolina USA; James E. Mitchell, MD, FAED, Chairman, Department of Neuroscience, President, Neuropsychiatric Research Institute, The NRI/Lee A. Christoferson Professor, Chester Fritz Distinguished Professor, University of North Dakota School of Medicine and Health Sciences, Fargo, North Dakota, USA

9:45 – 10:15 a.m.

Writing Human Subjects and Data Safety Monitoring Plans

Timothy Walsh, MD, FAED, Professor of Psychiatry, Columbia University, New York, New York, USA

10:15 – 10:30 a.m.

Break

10:30 – 11 a.m.

Writing Your Analysis Section

Ross D. Crosby, PhD, Director of Biomedical Statistics, Neuropsychiatric Research Institute, Fargo, North Dakota, USA

11 – 11:15 a.m.

Funding Opportunities at the NIH:

How to Explore for Funding Opportunities in Your Country?

Regina Dolan-Sewell, PhD, Chief, Mood, Sleep and Eating Disorders Program, National Institute of Mental Health, National Institutes of Health, Bethesda, Maryland, USA

11:15 – 11:45 a.m.

Getting Your Paper Published

Michael Strober, PhD, FAED, UCLA Neuropsychiatric Institute, Los Angeles, California, USA

11:45 a.m. – 12:30 p.m.

Small Group Mentoring

12:30 p.m. – 1:30 p.m.

Lunch

1 – 4 p.m.

Clinical Teaching Day/Spanish Teaching Day Workshops (separate registration fee required)

A INTRODUCTION TO EATING DISORDERS (English)

La Salle

Rachel Bryant-Waugh, PhD, University of Southampton, Eastleigh, Hampshire, United Kingdom

The aim of this workshop is to provide clinicians who are relatively new to the field of eating disorders with a basic grounding in clinical issues related to assessment, diagnosis and treatment. Material presented will draw both on research evidence as well as expert clinical opinion, and will include the clinical management of children, adolescents and adults with eating disorders, in different types of settings. A range of psychological therapies and methods of working will be discussed, with comment on current knowledge and practice regarding matching of patients to treatments. Key factors influencing therapy outcomes will also be discussed. Limitations of current knowledge will be acknowledged, to enable clinicians to engage honestly with their patients. The session will include time for discussion and questions to maximize potential value to participants.

B ACTUALIDADES EN PREVENCIÓN Y TRATAMIENTO PARA LOS TCA EN POBLACIONES HISPANAS (CURRENT APPROACHES IN PREVENTION AND TREATMENT OF EATING DISORDERS IN HISPANIC POPULATIONS)

St. Pierre

Co-sponsored by the Hispano Latino America Special Interest Group
J. Armando Barriguete, MD, FAED, Honorary Consultant Psychiatry and ED Instituto Nacional de Ciencias Medicas y Nutricion "SZ," México, and Co-Chair, Hispano Latino America Special Interest Group; Fabian Melamed, PhD, FAED, Adjunct Professor, School of Psychology, Universidad Nacional de Mar del Plata, Mar del Plata, BA, Argentina and Director, Psychological Research Institute, Universidad Nuestra Señora de la Paz, La Paz, Bolivia and Co-Chair, Hispano Latino America Special Interest Group; Luis Rojo-Moreno, PhD, Professor of Psychiatry, School of Medicine, University of Valencia, and Director, Prevention Program for the City of Valencia, Valencia, Spain; Juanita Gempeler, CBT, Clinical Psychologist and Scientific Co-Director, Equilibrio, Associate Professor, Department of Psychiatry, School of Medicine, Javeriana University, Bogota, Colombia

This workshop will explore the challenges and opportunities in working with Hispanic populations with eating disorders, including the cross-cultural issues as they pertain to risk factors, prevention, and psychological treatment. In addition, the uniqueness of Hispanic cultural influences in diverse populations with eating disorders, such as infants, immigrants and older patients will be discussed.

Este taller va a explorar las dificultades y oportunidades de trabajar con poblaciones Hispánicas con trastornos de la conducta alimentaria (TCA), incluyendo aspectos transculturales que conciernen a factores de riesgo, prevención, y tratamiento psicológico. Además, las importantes influencias de la Hispanidad en poblaciones diversas con TCA como son lactantes, migrantes y pacientes de mayor edad serán discutidas.

C THE ROLE OF BARIATRIC SURGERY IN THE TREATMENT OF EATING AND WEIGHT DISORDERS

Lachine

Melissa A. Kalarchian, PhD, Assistant Professor of Psychiatry, Western Psychiatric Institute and Clinic, University of Pittsburgh Medical Center, Pittsburgh, Pennsylvania, USA

The speaker is a licensed psychologist specializing in adapting obesity and eating disorder treatments to the needs of special populations. This workshop will cover treatment recommendations for weight loss surgery, along with an overview of current procedures, risks and outcomes. Available research on the eating behaviors, binge eating, and psychopathology in

Detailed Program

Workshops that are designated with a  code indicate a Core Skills Workshop.

the bariatric patient population will be emphasized. Finally, ways in which behavior therapy might be used to optimize weight loss and psychosocial adjustment after operation will be discussed.

ATHLETES AND EATING DISORDERS: FUELING FOR SUCCESSFUL PERFORMANCE

Côte St. Luc

Karen Wetherall, MS, RD, LDN, Dietetic Internship Director, Sports Nutritionist, Medical Nutrition Therapist, Eating Disorders, The University of Tennessee, Knoxville, Tennessee, USA

The first half of this workshop will focus on the successful Team ENHANCE Program developed by the Women's Athletic Department at the University of Tennessee, Knoxville. We will explore the development and services of this program, as well as the successes and discoveries over the past ten years. During the second half we will discuss nutritional management of the athlete with disordered eating, and the use of body composition measurements.

CUTTING EDGE ISSUES IN THE MEDICAL CARE OF EATING DISORDERS

Mont Royal

Co-sponsored by the Medical Care Special Interest Group
Ovidio Bermudez, MD, FAED, Vanderbilt University Medical Center, Adolescent Medicine and Behavioral Science, Nashville, Tennessee, USA; Philip S. Mehler, MD, Associate Medical Director, Denver Health, Endowed Professor of the Glassman Chair in Internal Medicine, University of Colorado School of Medicine, Denver, Colorado, USA; Richard L. Levine, MD, FAED, Milton S. Hershey Medical Center, Department of Pediatrics, Hershey, Pennsylvania, USA

This workshop will address the important and controversial issues of the medical care across the spectrum of eating disorder diagnosis. The current understanding in the etiopathogenesis, evaluation and treatment of gastrointestinal complaints and complications, refeeding syndrome, and osteopenia/osteoporosis will be discussed. Participants may consider submitting specific case questions in advance.

MARITAL THERAPY FOR EATING DISORDERS

Hampstead

Blake Woodside, MD, Toronto General Hospital, Department of Psychiatry, Toronto, Ontario, Canada; Jan Lackstrom, MSW, Assistant Professor, Department of Psychiatry, University of Toronto, Toronto, Ontario, Canada; Gina Dimitropoulos, MSW, Toronto General Hospital, University Health Network, Toronto, Ontario, Canada

This workshop will address the theory and practice of couple's therapy when one of the partners has an eating disorder. The integration of theory and practice will be demonstrated within the context of assessment, brief and long-term therapy. The workshop will close with a discussion of obstacles to change and impasses in treatment and will address issues that can be evoked in the therapist when they work with these couples. There will be opportunity for case discussion.

1 – 5:30 p.m. **Fontaine Exhibition Hall**

Exhibit/Poster Presenter Set-Up

7 – 9 p.m. **Westmount/Outremont**

Special Symposium by Genetics of Anorexia Nervosa Consortium

USER-FRIENDLY GENETICS: WHAT PATIENTS, FAMILIES AND PRACTITIONERS NEED AND WANT TO KNOW!

In this symposium, members of the Genetics of Anorexia Nervosa Consortium and Price Foundation groups will first give brief research updates on the “state of the science” of the genetics of eating disorders, including new findings on core behavioral features or “endophenotypes.” They will then engage in a Q&A panel addressing the most

common questions posed by patients, families and practitioners about genetic research, including the impact of genetics on future detection, prevention and treatment. This symposium will provide you with information you need, in terms you can understand, about genetic research in eating disorders.

Genetics consortia participants: *Cynthia M. Bulik, PhD, FAED; William and Jeanne Jordan Distinguished Professor of Eating Disorders, Department of Psychiatry, University of North Carolina, Chapel Hill, North Carolina USA; Bernie Devlin, PhD, Associate Professor of Psychiatry and Human Genetics, University of Pittsburgh, Pittsburgh, Pennsylvania, USA; Craig Johnson, PhD, FAED, Laureate Psychiatric Hospital, Tulsa, Oklahoma, USA; Walter Kaye, MD, FAED, Western Psychiatric Institute and Clinic, Pittsburgh, Pennsylvania, USA; Michael Strober, PhD, FAED, UCLA Neuropsychiatric Institute, Los Angeles, California, USA; Federica Tozzi, MD, University of North Carolina, Chapel Hill, North Carolina, USA*

Clinician participants: *Judith Banker, LLP, MA, FAED, Center for Eating Disorders, Ann Arbor, Michigan, USA, Chair; Douglas W. Bunnell, PhD, Clinical Director, The Renfrew Center of Connecticut and Board President, National Eating Disorders Association, Wilton, Connecticut, USA; Susan Paxton, PhD, School of Psychological Science, Melbourne, VIC, Australia; J. Hubert Lacey, MD, MPhil, Professor and Director, St. George's Eating Disorders Service, University of London, London, United Kingdom*

Thursday, April 28

7 – 10 a.m. **Fontaine Exhibition Hall**

Exhibit/Poster Presenter Set-Up

7:30 a.m. – 6 p.m. **Ballroom Foyer**

Registration

8 – 9 a.m. **Verriere**

Special Interest Group (SIG) Chairs Organizational Meeting

All SIG chairs are invited to attend this meeting to discuss SIG activities.

9 – 9:15 a.m. **Westmount/Outremont**

Welcome and Conference Goals

Michael Devlin, MD, FAED, President

Mimi Israël, MD, FRCP(C) and Eric van Furth, PhD, FAED, Scientific Program Committee Co-Chairs

9:15 – 10:30 a.m. Keynote Address **Westmount/Outremont**

Correcting the Toxic Food Environment:

Real Change Requires Real Change

Kelly D. Brownell, PhD, Professor and Chair of Psychology, Professor of Epidemiology and Public Health, Director, Yale Center for Eating and Weight Disorders, Yale University, New Haven, Connecticut USA

In some instances, the eating disorders and obesity fields disagree (e.g., on topics such as the wisdom of dieting, how obese binge eaters should be treated), but there are many areas where each field would benefit from input by the other. One is the issue of prevention of unhealthy eating, as exemplified by the growing global crisis with obesity, in which a “toxic” food and physical activity environment elevates risk for all manners of eating and weight problems. Altering broad social factors will be necessary to create change, raising questions of whether science can be married to advocacy, whether change will occur from the top down or bottom up and how best to change public opinion. These issues will be discussed with the goal of addressing prevention for both obesity and eating disorders.

Detailed Program

Workshops that are designated with a  code indicate a Core Skills Workshop.

10 a.m. – 7:30 p.m. **Fontaine Exhibition Hall**

Poster Viewing/Exhibits Open

10:30 – 11 a.m. **Fontaine Exhibition Hall**

Refreshment Break

11 a.m. – 12:30 p.m.

Workshop Session I

MANAGEMENT OF EATING DISORDERS IN WOMEN WITH TYPE I DIABETES

Verriere

Patricia A. Colton, MD, Assistant Professor of Psychiatry, University of Toronto, Toronto, Ontario, Canada; Marion P. Olmsted, PhD, Associate Professor of Psychiatry, University of Toronto, Toronto, Ontario, Canada; Gary M. Rodin, MD, Professor of Psychiatry, University of Toronto, Toronto, Ontario, Canada

Eating disturbances and disorders are more common in girls and women with type I diabetes mellitus (DM) than in the general population, and contribute to poor blood sugar control and higher risk of hospitalization and diabetes-related medical complications. Despite the substantial medical comorbidity and frequent chronic course of eating disorders in this high-risk group, there is little empirical work examining treatment modalities or outcome. Models of risk, prevention and treatment of eating disorders in women with DM will be briefly reviewed. Treatment outcome findings to date, including data from a randomized controlled trial of a psychoeducational intervention and our tertiary care center's experience with individuals with DM, will be presented. In this interactive workshop, we will focus on practical approaches to tailoring individual and group treatment to address both the mental health and medical needs of eating disorder patients with DM.

EAT OR ELSE: ASSESSMENT AND TREATMENT OF EATING DISORDERS IN YOUNG CHILDREN

 **Outremont**

Brad Jackson, PhD, Psychologist, The Children's Hospital, Denver, Colorado, USA; Kathleen D. Robinson, PsyD, Psychologist, The Children's Hospital, Denver, Colorado, USA; Kwai J. Kendall-Grove, PhD, Psychologist, The Children's Hospital, Denver, Colorado, USA; Jennifer R. Hagman, MD, Assistant Professor, University of Colorado Health Sciences, Denver, Colorado, USA

The workshop is designed to prepare clinicians and educators to respond to the alarming trend toward increased eating disorders in younger children (ages 6-12). The format will be interactive, didactic, and consultative. Eating disorders in children present both a diagnostic challenge and an opportunity to implement innovative treatment approaches. This workshop will consider the unique etiology of eating disorders in children including cultural, developmental, individualistic, and systemic influences. We have found that eating dysregulation is often a secondary expression of underlying primary psychiatric diagnoses and is often one of several areas of dysregulation in the child's or the family's life (e.g., behavior problems, parent-child relationship struggles). Therefore, we will explore developmentally appropriate measures and approaches for diagnosing eating issues and other psychiatric symptoms in children and their families. The workshop will present our adaptation of the "Maudsley method" specifically modified for children. This parent-assisted nutrition plan considers the developmental needs of the child and the family. We will also discuss the challenges of creating an appropriate treatment and peer milieu that incorporates age, maturity, cognitive, and developmental differences. The workshop will highlight developmentally appropriate treatment strategies for comorbid psychiatric diagnoses such as OCD (March & Mulle, 1998), trauma, and mood disorders. In light of the recent controversy about the use of psychotropic medications with children, a child psychiatrist will present appropriate pediatric medication options. Our approach utilizes child clinical approaches (e.g., play, narrative, art, parent coaching) to provide treatment and support for the whole child and family. The workshop will include case consultation and discussion.

SOCIO-CULTURAL DISORDER — SO WHAT? WORKING WITH CULTURE IN EVERYDAY CLINICAL PRACTICE

Lachine

Julie C. McCormack, MSc, Senior Clinical Psychologist, Eating Disorders Team, Perth, Western Australia, Australia; Julie A. Potts, BSc, Program Leader, Eating Disorder Team, Perth, Western Australia, Australia

Background: The contribution of socio-cultural factors to the development and maintenance of eating disorders is well accepted internationally and has guided our etiological debates and prevention efforts. Surprisingly, the potential of working with 'culture' in therapy has received little discussion in the mainstream of the field. Aims: This workshop will provide an overview of the relevance of cultural theory to psychotherapy with people experiencing eating disorders. It will highlight implications for three domains of therapy: the therapeutic relationship, the client's and the professional's descriptions of the presenting problem and approaches to working with the client's meanings, beliefs and values. This workshop will highlight the application of cultural ideas not only for cross-cultural therapeutic work, but will explicate the value of attending to 'culture' in therapy for all clients, regardless of ethnic background. Content: 1. A brief overview of the relevance of cultural theory for the assessment and treatment of eating disorders. Culture will be discussed as inclusive of ethnicity, globalisation, cultural transition, migration, beliefs and discourse around body image, gender roles, etc., aspects of context such as economic, political, geographical and religious factors, and processes that develop within a culture such as identity, belonging and oppression. The focus of this discussion will be the effects of 'culture' on description (diagnosis) etiological understandings, and therapeutic content and process (15 minutes, J McCormack). 2. An exploration of how in attending to 'culture' in the broadest sense there is potential for rich descriptions of eating disorder symptoms and consequently a wider scope for therapeutic intervention. Clinical vignettes will be used to demonstrate the potential of this approach for client and family motivation for change, alleviation of guilt, blame and impotence, and for widening the targets for therapeutic intervention. We will discuss how these ideas are congruent with and extend upon ideas from motivational enhancement approaches, values-focused cognitive therapy, schema-focused therapy and quality of life interventions (20 minutes, J Potts). 3. A brief video playback will be used to explore the value of attending to the therapeutic relationship through the lens of culture. The audience will be asked to observe and discuss common themes including gender, hierarchy, the integration of professional and client belief systems and the context of therapy (15 minutes, J McCormack). 4. An introduction to therapeutic methods for exploring the effects of culture on the person's life and eating disorder including therapeutic stance and questioning style, the use of 'psycho-education' and ways of 'making meaning' (J Potts, 20 minutes). 5. An interactive discussion in the wider group of how these ideas compare with and/or extend upon current therapeutic approaches (20 minutes, both presenters).

THE PSYCHIATRIC AND PSYCHOLOGICAL ASSESSMENT OF BARIATRIC SURGERY CANDIDATES

Côte St. Luc

Sponsored by the Bariatric Surgery Special Interest Group
Donald E. McAlpine, MD, Assistant Professor of Psychiatry, Psychiatry and Psychology, Rochester, Minnesota USA; Matthew W. Clark, PhD, Associate Professor of Psychology, Department of Psychiatry and Psychology, Rochester, Minnesota, USA

The prevalence of obesity in our country is increasing at an astounding rate. The number of adults seeking bariatric surgery has increased significantly, and most patients are required to have a psychiatry evaluation before being approved for bariatric surgery. However, limited research has been published on psychosocial factors that are predictive of outcome from bariatric surgery. Drs. McAlpine and Clark assess more than two hundred pre-bariatric patients per year, and have developed some suggestions for clinical guidelines. This workshop will review the prevalence of psychiatric disorders in patients seeking

Detailed Program

Workshops that are designated with a  code indicate a Core Skills Workshop.

bariatric surgery, and the connection between psychotropic medications, depression, thought disorders, and weight gain. The literature on psychosocial factors and bariatric outcome will be discussed. Issues such as binge eating disorder and trauma survivorship will be covered. Finally, case examples will be used to highlight important clinical topics.

TREATING COMORBID EATING DISORDERS AND PTSD IN CLINICAL PRACTICE: THE CASE FORMULATION APPROACH

La Salle

Carolyn B. Becker, PhD, Assistant Professor, Department of Psychology, San Antonio, Texas, USA; Claudia Zayfert, PhD, Associate Professor, Department of Psychiatry, Lebanon, New Hampshire, USA; Elizabeth M. Pratt, PhD, Postdoctoral Fellow, Women's Health Sciences Division, Boston, Massachusetts, USA

Reported rates of PTSD in clinical eating disorder samples range from 11% to 52% (Gleaves, Eberenz, & May, 1998; Striegel-Moore, Garvin, Dohm, & Rosenheck, 1999; Turnbull, Troop, & Treasure, 1997), and a recent clinical practice study found that 16% of PTSD patients had a probable eating disorder (Becker, DeViva, & Zayfert, 2004). Taken together, these results suggest that both eating disorder and trauma clinicians are likely to encounter significant comorbidity in clinical practice. Randomized clinical trials support the use of cognitive-behavioral therapy (CBT) in both the treatment of bulimia nervosa and PTSD, and recent reports suggest that transtheoretical CBT may be useful for a broader range of eating disorders including EDNOS (Fairburn et al., 2004). Although CBT for eating disorders is becoming increasingly flexible, patients with comorbid eating disorders and PTSD often present with a highly complicated clinical picture, and current CBT manuals include limited advice regarding strategies for blending core components of treatments designed for different classes of disorders (i.e., eating disorders and anxiety disorders) in comorbid cases. Persons and colleagues (Persons, Davidson, & Tompkins, 2000; Persons & Davidson, 2001; Persons & Tompkins, 1997) have articulated a case formulation approach designed to help clinicians in practice translate disorder-specific treatment protocols into individualized evidence-based treatment plans. The purpose of this workshop is to show how the case formulation approach, which has been most thoroughly outlined with respect to depression, can be used to conceptualize and treat individuals with comorbid eating disorders and PTSD utilizing evidence-based methods.

INTENSIVE HOME TREATMENT OF ANOREXIA NERVOSA (THE ANITT PROJECT)

Verdun

Christopher Paul Freeman, MRC Psychology, Consultant Psychiatrist/Psychotherapist, The Cullen Centre, Edinburgh, Midlothian, Scotland; Fiona A. Simpson, DCLinPsy, Clinical Psychologist, The Cullen Centre, Royal Edinburgh Hospital, Edinburgh, Midlothian, Scotland; Cecilia Moyes, M.B Ch.B, Staff Grade Psychiatrist, The Cullen Centre, Royal Edinburgh Hospital, Edinburgh, Midlothian, Scotland; Jean Corr, SRD, Senior Dietitian, The Cullen Centre, Royal Edinburgh Hospital, Edinburgh, Midlothian, Scotland

The workshop will aim to describe the structure and function of The Anorexia Nervosa Intensive Treatment Team (ANITT), providing intensive home based treatment to low weight anorexic patients at high physical risk. Treatment trends in recent years have been to set up more day patient/partial hospitalisation and to move to shorter periods of inpatient treatment. In the UK, the vast majority of inpatient beds are provided by the private sector and treatment is often lengthy and remote from the patients home, social and treatment network. Several studies confirm our own clinical experience that whilst inpatient treatment can be successful in achieving weight gain it is remarkably unsuccessful in helping patients maintain the weight they have gained. These and other factors have led us to set up an intensive treatment team with the aim of reducing the need for admissions and managing the transition from inpatient to outpatient care more effectively. An integral part of this programme is to offer intensive home

based treatment for such patients with home delivery of care by psychiatrists, Psychologists and dietitians. Workshop content will include formal presentation, case discussion using audio/video taped case material, and a group exercise.

TWO MODELS OF DBT'S APPLICATION TO EATING DISORDERS

Mont Royal

Lucene Wisniewski, PhD, Clinical Director, Eating Disorder Programs, Willoughby, Ohio, USA; Debra Safer, MD, Clinical Instructor, Psychiatry and Behavioral Sciences, Palo Alto, California, USA

Dialectic Behavior Therapy (DBT) was originally designed to treat chronically suicidal patients diagnosed with borderline personality disorder. Recent empirical evidence suggests that DBT may be an effective treatment for eating disorder (ED) patients. This research evidence, in conjunction with the appeal of the DBT approach to the difficult patient, has led many ED treatment programs around the country to include DBT in their programming. The current workshop will present two models of using DBT in the treatment of patients with EDs. The first model, developed at Stanford University, proposes using a 20-week, two hour outpatient group therapy format for clients with BED or BN. Preliminary empirical evidence for its efficacy will be presented. The second model developed at Laurelwood Hospital, proposes a model of DBT-infused CBT for treating all ED diagnoses. This model incorporates standard DBT components (i.e., acceptance-based strategies) into a framework of traditional CBT for EDs. The Laurelwood model also provides suggestion for how to incorporate DBT into intensive levels of care (e.g., intensive outpatient (IOP) and partial hospital (PHP)). Workshop participants will receive the theoretical and practical information necessary to incorporate these models into clinical practice.

I'M NOT READY! INDIVIDUAL AND GROUP TREATMENTS THAT ENHANCE MOTIVATION FOR CHANGE IN THE EATING DISORDERS



Westmount

Josie Geller, PhD, Director of Research, Eating Disorders Program, Vancouver, British Columbia, Canada; Erin C. Dunn, PhD, Post-Doctoral Fellow, Eating Disorders Program, Vancouver, British Columbia, Canada

Treatment refusal, dropout, and relapse are common occurrences in the eating disorders, and are predicted by client readiness for change. Given that intensive eating disorders treatment is expensive, making most efficacious use of limited clinical resources is a priority. One way to do this is to provide low-cost preparatory interventions for individuals referred to intensive symptom-reduction treatment. Recent research has shown that increases in readiness are associated with decreases in psychiatric distress, increased value placed on relationships, increased insight about the function of the eating disorder, and shifts in self-concept. The purpose of this workshop is to describe treatments that were developed to specifically enhance readiness and motivation for change by addressing these factors. Readiness and Motivation Therapy (RMT) is a manualized five-session individual treatment. The presenters will review the philosophy and content of RMT, and report results from a randomized control trial evaluating its efficacy. Contemplation group is a 12-session closed group that is based upon the principles of RMT. The challenges and advantages of adapting RMT to group format will be addressed. Dr. Geller will describe clinical research on readiness and motivation for change and address how this research informs the development of readiness-enhancing interventions. Drs. Geller and Dunn will review the interventions, and facilitate group discussion and exercises to highlight workshop content. Workshop attendees will be provided with written materials describing the interventions and will have the opportunity to discuss how such treatments may be incorporated into both inpatient and outpatient clinical settings.

Detailed Program

Workshops that are designated with a  code indicate a Core Skills Workshop.

EATING DISORDERS ASSESSMENT FOR THE PRACTICING CLINICIAN

 **St. Pierre**

Drew Anderson, PhD, State University of New York at Albany, Albany, New York, USA

This workshop will provide guidelines for the assessment of eating disorders for the practicing clinician. While accurate assessment is critical in all phases of the treatment process, most discussions of assessment focus on the needs of researchers. Clinicians face a very different set of challenges, however, and relatively little information is available to assist clinicians in developing assessment protocols that fit their particular needs. This lack of knowledge has practical consequences; a recent survey found a number of shortcomings in the typical assessment practices of eating disorder clinicians. This workshop was designed to give clinicians the knowledge and tools to conduct an appropriate assessment throughout the treatment process, from initial diagnosis to evaluation of treatment outcome. To do so, the fundamental necessities of assessment will be reviewed. Then, the separate phases of the assessment process will be summarized, along with the critical domains that should be evaluated in each of these phases. Some of the more widely-used assessment instruments and their applicability to a clinical context will also be discussed. Finally, participants will learn to choose assessment procedures and design an effective assessment protocol.

MEDIA EXPOSURE: HOW TO GET YOUR MESSAGE ACROSS EFFECTIVELY

Fundy

Ellen S. Rome, MD, MPH, Head, Section of Adolescent Medicine, The Cleveland Clinic Foundation, Cleveland, Ohio, USA; Ann Kearney-Cooke, PhD, FAED, Cincinnati Psychotherapy Institute, Cincinnati, Ohio, USA; J. Scott Mizes, PhD, FAED, Department of Behavioral Medicine and Psychiatry, Morgantown, West Virginia, USA; Rachel Bryant-Waugh, PhD, Consultant Clinical Psychologist, University of Southampton, Eating Disorders Service, Eastleigh, Hampshire, United Kingdom

In a media saturated climate, multidisciplinary health care professionals are often called upon to give a “sound bite” on particular issues, including eating disorders and obesity. The artful interviewee can create a “newsworthy” moment, serving as an advocate for patients/clients, helping put forth a necessary research agenda that deserves funding, and using these opportunities proactively for the benefit of our patients/clients. This workshop will: 1) Help participants prepare message points that he/she would like to convey to a media target and prepare/practice a media interview. 2) Discuss strategies to stay in control of the interview by using each question as an opportunity to communicate your message versus your responses telling the interviewer's message. 3) Describe strategies to respond to commonly used interview techniques (e.g., interviewer who asks several questions at once in order to confuse). 4) Describe specific tips for television, telephone, radio and print interviews. 5) Teach participants to create a “media moment” and use it effectively, with perspectives from our colleagues here and abroad.

PREVENTION RESEARCH IN THE SCHOOL SETTING: FINDINGS FROM TEN YEARS OF LONGITUDINAL RESEARCH

Hampstead

Gail L. McVey, PhD, Health Systems Research Science, The Hospital for Sick Children, Toronto, Ontario, Canada; Stacey Tweed, BSc, Graduate Student, Hospital for Sick Children, Toronto, Ontario, Canada

Dieting to lose weight was reported in 30% of a Canadian sample of healthy weight 10-14 year-old girls, and 24.5% of boys (McVey, Tweed, & Blackmore, 2004a,b). From a population health perspective, schools provide an important avenue to intervene in the prevention of unhealthy dieting by providing access to a large number of children, and increasing resilience in a non-stigmatizing way. The goal of the

present workshop is to discuss the evolution of a school-based prevention program stemming from the promotion of individual competency and expanding to a comprehensive, school-wide approach. Elements of a comprehensive school health model are discussed to highlight the crucial role of community partnerships in the successful recruitment, implementation, and knowledge translation of prevention research findings. A community-based training program for educators (in the primary prevention) and for school support staff (in targeted prevention and early identification) will be presented. Finally, school-based research trials related to the building of a sequential model of health promotion (universal prevention), selected prevention, targeted prevention, and first stage treatment of disordered eating (with age-matched strategies and target groups) will be discussed.

MODELS FOR INTEGRATIVE TREATMENT: COMBINING PSYCHODYNAMIC PSYCHOTHERAPY AND CBT INTO AN EFFECTIVE APPROACH TO EATING DISORDER TREATMENT

Le Portage

Sponsored by the Psychodynamic Psychotherapy Special Interest Group

Judith Banker, MA, LLP, Executive Director, Center for Eating Disorders, Ann Arbor, Michigan, USA; J. Hubert Lacey, MD, Chairman, Department of Psychiatry, St. George's Hospital Medical School, London, UK; Mary Tantillo, PhD, RN, Director, Eating Disorder Program, Unity Health System, Rochester, New York, USA; Heather Thompson-Brenner, PhD, Director, Eating Disorders Program, Boston University, Boston, Massachusetts, USA

Clinicians frequently report that they adapt and incorporate elements of a variety of modalities into their treatment of eating disorder patients, particularly with more complex and challenging cases. This workshop will present an innovative process of integrating two uniquely complementary modalities, psychodynamic psychotherapy and cognitive behavioral therapy (CBT), into an approach that can enhance treatment efficacy. A review of the empirical and theoretical literature supporting an integrative approach will be followed by descriptions of models of integration practiced in individual and group treatment for anorexia nervosa and bulimia nervosa. The workshop will conclude with a description of guidelines for the implementation of integrative treatment and a discussion period. Judith Banker will begin with an overview, using slides, of the theoretical and empirical literature that supports the integration of psychodynamic psychotherapy and CBT in eating disorders treatment. Strengths and drawbacks of combining these modalities will be discussed. The remainder of the workshop will focus on practical models for treatment integration using case vignettes drawn from individual and group treatment. Heather Thompson-Brenner will describe the integration of CBT with psychodynamic psychotherapy in the individual treatment of anorexia and will summarize the impact of the combined treatment, Mary Tantillo will describe the process and impact of integrating CBT with Relational Therapy in the group treatment of bulimia nervosa, and J. Hubert Lacey will outline the design and implementation of a short-term integrative treatment program for bulimia nervosa and discuss program efficacy data. Judith Banker will then review basic clinical guidelines for effective treatment integration with a discussion period to follow.

12:30 – 2 p.m.

Lunch on your own

Detailed Program

Workshops that are designated with a  code indicate a Core Skills Workshop.

12:30 – 2 p.m.

Special Interest Group (SIG) Annual Meetings

The following Special Interest Groups will hold lunchtime meetings. New members are welcome. Box lunches will be available with advance purchase. Additional SIG meetings will be held on Friday, April 29, 12:30 p.m. – 2 p.m.

Family Therapy

Mont Royal

Chair: *Elizabeth McCabe, MSW*

Graduate Student

Hampstead

Chair: *Andie Ulrich*

Health at Every Size

Côte St. Luc

Chair: *Ellen Shuman*

Co-Chair: *Deb Burgard, PhD*

Males

Verdun

Chair: *Mark Warren, MD, MPH*

Co-Chairs: *Richard Kreipe, MD*

Garry Sigman, MD, FAED

Neuroimaging

Lachine

Chair: *C. Laird Birmingham, MD*

Co-Chair: *Sloane Madden, MD*

New Investigators

La Salle

Chair: *Marci Gluck, PhD*

Co-Chair: *Jennifer Boisvert, MA*

Nursing

Fundy

Chair: *Carolyn Cochrane, PhD, RN, CS*

Nutrition

St. Pierre

Chair: *Sondra Kronberg, MS, RD*

Co-Chair: *Reba Sloan, MPH, LRD*

Prevention

Verriere

Chair: *Ricardo Dalle Grave, MD*

Co-Chair: *Carolyn Becker, PhD*

Psychodynamic Psychotherapy

Le Portage

Chair: *Judith Banker, LLP, MA, FAED*

Co-Chair: *David Tobin, PhD*

2 – 4 p.m.

Westmount/Outremont

Plenary Session I

THE EFFICACY AND ACCEPTABILITY OF NEW TECHNOLOGIES IN THE TREATMENT OF BULIMIA NERVOSA

Chair: *Eric van Furth, PhD, FAED, Director of the National Center for Eating Disorders, Leidschendam, The Netherlands*

Computerized psychological treatments have been in use since the 1970s, with evidence of efficacy in depression, anxiety disorders and obsessive-compulsive disorder. Broadly speaking two types of use of technology need to be distinguished: those where patient and therapist communicate with the help of technology (e.g., as in e-mail therapy or tele-medicine) and second, those treatments where an interactive computer program delivers the treatment with little or no additional human input.

The eating disorders field has been relatively slow to pick up on the use of new technologies in treatment, although this is beginning to change. To some extent this hesitancy to embrace new technology results from a belief held by many practitioners that interpersonal

aspects of the therapy are of vital importance in helping eating disorders sufferers to change, and that computer-based treatments therefore are inferior to therapist-administered treatment, if not outright damaging to patients. This symposium will present our knowledge about the efficacy and acceptability of new technologies such as telemedicine, e-mail therapy, and CD-Rom based treatments in the treatment of bulimia nervosa.

Presentations:

Cognitive Behavioral Therapy for Bulimia Nervosa Delivered via Telemedicine

James E. Mitchell, MD, PhD, FAED, Chester Fritz Distinguished Chair and Professor of Psychiatry of Neuroscience, University of North Dakota School of Medicine and Health Sciences and President, Neuropsychiatric Research Institute (NRI), Fargo, North Dakota, USA

Getting Better Byte by Byte:

Treatment of Bulimia Nervosa by E-Mail

Paul Robinson, MD, PhD, Consultant Psychiatrist, Royal Free Eating Disorders Service/Russell Unit, Royal Free Hospital, London, United Kingdom

Internet Based Self-Help: Guide for Treatment of Bulimia

Fernando Fernández Aranda, PhD, FAED, Professor, Department of Psychiatry and Clinical Psychobiology, University of Barcelona, Barcelona, Spain

From ELIZA to CD-ROM-Based CBT of Bulimia Nervosa:

Acceptability, Outcomes and Therapists' Attitudes

Ulrike Schmidt, MD, PhD, Reader, Division of Psychological Medicine, Institute of Psychiatry, and Consultant Psychiatrist, Eating Disorders Unit, Maudsley Hospital, London, United Kingdom

4 – 4:30 p.m.

Fontaine Exhibition Hall

Refreshment Break

4:30 – 6 p.m.

Workshop Session II

WORKING WITH MOTHERS WITH EATING DISORDERS: EDUCATION, SUPPORT AND PREVENTION

Verriere

Rachel Bryant-Waugh, PhD, Consultant Clinical Psychologist, University of Southampton, Eastleigh, Hampshire UK; Hannah M. Turner, DClinPsych, Clinical Psychologist, University of Southampton, Southampton, Hampshire UK

Research suggests that mothers with eating disorders may find the parenting role particularly challenging, in terms of both infant feeding practices and the parent-child relationship. In line with these findings, there is a growing consensus that mothers with eating disorders might benefit from receiving specific support in relation to the parenting role. We have three aims when working with these mothers; first, we hope to provide guidance and training that will promote healthy parenting practices at home; second, we hope to enable these mothers to feel more positive about their role as parents, thereby potentially facilitating recovery through building self-confidence and self-esteem; and third, it is hoped that this type of intervention might fulfil an important preventative role through disrupting the intergenerational transmission of eating disorder pathology. This workshop will begin with a brief welcome and session overview. A review of the key issues relating to mothers with eating disorders who are caring for young children will be given. This will include a summary of the current research literature, as well as data from a study recently conducted by the facilitators. Attendees will then have time to comment on the material presented and share their clinical experiences of working with mothers who have

Detailed Program

Workshops that are designated with a  code indicate a Core Skills Workshop.

an eating disorder. An outline of a support group recently piloted in a community setting will then be presented. This will cover the key aims of the group, issues concerning practicalities, and an outline of the treatment sessions. Clinical material will be used to illustrate relevant themes and points. Time will then be given to small group discussion, during which attendees will be able to reflect on the material presented, as well as their own experiences of working with mothers with eating difficulties. During this time the facilitators will join each of the discussion groups. The workshop will be drawn to a close with feedback to the group as a whole.

INNOVATIVE APPROACHES FOR SUCCESSFULLY TRANSITIONING YOUNG PEOPLE FROM ADOLESCENT TO ADULT TREATMENT PROGRAMS FOR EATING DISORDERS

St. Pierre

Gina Dimitropoulos, PhD Cand., Clinical Social Worker, Toronto General Hospital, Toronto, Ontario, Canada; Debra K. Katzman, MD, Associate Professor of Pediatrics, Hospital for Sick Children, Toronto, Ontario, Canada; Leora Pinhas, MD, Psychiatric Director, Hospital for Sick Children, Toronto, Ontario, Canada; Blake Woodside, MD, Director, Inpatient Eating Disorder Program, Toronto General Hospital, Toronto, Ontario, Canada

Late adolescence is a crucial developmental time period for eating disorder interventions that ideally should involve long-term planning for recovery and continuity of care. The aim of this workshop is to describe how pediatric and adult service providers can most effectively work together with older adolescents and their families to help them make a successful transition from pediatric care to adult-oriented treatment for eating disorders. This workshop will highlight the differences in policies and models of care between adolescent and adult treatment programs for individuals with eating disorders. Common challenges that arise for adolescents and their families as they transition from pediatric to adult programs will be discussed, giving special attention to the impact of the adolescent's increased decision-making power and changes in the level of family involvement in the treatment process. Drs. Katzman and Pinhas will discuss how the pediatric team prepares adolescents and their families for the transition to the adult program and for the possibility of long-term treatment. Ms. Dimitropoulos and Dr. Woodside will present outcome data on predictors of response to an adult inpatient eating disorders program for those who have previously been in pediatric eating disorders programs. The presenters will describe innovative interventions to assist adolescents and their families to transition from a tertiary care pediatric eating disorder program to a tertiary care adult eating disorder program. Drawing upon empirical data and their clinical experiences, the presenters will provide suggested guidelines to enhance collaboration between pediatric and adolescent programs in order to provide continuity and improved outcomes for these young people. Case presentations and didactic format will be used. Participants will be encouraged to share their challenges and successes in moving young people from the pediatric to adult eating disorder programs.

THE ROLE OF PERSONALITY IN EATING DISORDERS

Le Portage

Lisa R. Lilienfeld, PhD, Associate Professor of Psychology, Georgia State University, Atlanta, Georgia, USA

This workshop will provide an up-to-date, comprehensive review of the relationship between personality and eating disorders. We know that certain personality traits are common in individuals suffering from anorexia nervosa (e.g., perfectionism, obsessiveness, harm avoidance) and bulimia nervosa (e.g., perfectionism, impulsivity). The role of such personality traits in the development and maintenance of eating disorders will be evaluated, including the latest findings regarding the role of personality in predicting risk for the disorder, the course of the disorder once it has developed, and treatment outcome. Thus, the role of personality as a vulnerability factor, maintaining factor, consequence, predictor of course and outcome will be reviewed, as well as a discussion of which personality traits may share a common etiology with eat-

ing disorders. Theoretical models of the different types of relationships that are possible between eating disorders and personality, in addition to a methodological review of how these models can be tested, will be presented. The workshop will conclude with practical implications for intervention and prevention based upon personality research in the eating disorders field.

NEW DIRECTIONS IN THE EPIDEMIOLOGY OF EATING DISORDERS: WHAT (ELSE) MAY WE LEARN FROM GENERAL POPULATION SURVEYS OF EATING-DISORDERED BEHAVIOR?

Hampstead

Jonathan M. Mond, MPhil, Research Scientist, Neuropsychiatric Research Institute, Fargo, North Dakota, USA; Phillipa J. Hay, MD, PhD, Professor, James Cook University, Townsville, QLD, Australia; Bryan Rodgers, PhD, Senior Fellow, Australian National University, Canberra, ACT, Australia

The goal of this workshop is to review and discuss applications of psychiatric epidemiology which have been under-utilized in eating disorders research. First, we will review three classic applications of psychiatric epidemiology research, namely: 1) "Completing the clinical picture" of a mental disorder, that is, describing all presentations of a disorder, as opposed to only those cases presenting to health services; 2) Determining the "burden" of a mental disorder, namely, the combination of prevalence and disability; 3) Elucidating health service utilization for mental disorders, in particular, the proportion of community cases of a disorder which reach treatment and the factors which predict treatment-seeking and type of treatment sought. Second, we will illustrate, with reference to our own research and that of others, how these applications can be utilized in eating disorders research, focusing on: 1) the presentation of the more commonly occurring eating disorders and the implications of this for classification schemes; 2) the burden of the more commonly occurring eating disorders; and 3) the role of "mental health literacy" variables, such as the individual's knowledge and beliefs concerning the treatment of eating-disordered behavior, in elucidating health service utilization for eating disorders. Finally, we will discuss some of the practical difficulties likely to be encountered in conducting general population surveys of eating-disordered behavior, including: obtaining a representative sample; achieving satisfactory response rates; determining the presence of non-response bias; and difficulties involved in the implementation of a two-phase research design.

OPENING THE DOOR FOR UNDER-REPRESENTED GROUPS: WIDENING ACCESS TO EATING DISORDERS SERVICES

Fundy

Glenn Waller, DPhil, Consultant Clinical Psychologist, St. George's Eating Disorders Service, London, England; Christopher Prestwood, MSc, Team Leader, Cornwall Partnership NHS Trust, Truro, England; Michael Bartrum, MSc, Senior Nurse Practitioner, St. George's Eating Disorders Service, London, England

While most publicly funded eating disorder services would aim to represent their local catchment area population, some groups are under-represented in clinical practice. In particular, those who do not fit the stereotypical picture of an eating-disordered patient are less likely to be referred or to be offered treatment. In this workshop, we will examine service biases that lead to some individuals being less likely to be treated, and outline ways in which services can undertake self-examination and enhance the equity of service provision. First, we will briefly outline evidence that biases exist in the referral process. Males, non-Caucasians and individuals from socially disadvantaged backgrounds are referred far less frequently than one would expect from population and prevalence data. Social and psychological explanations for these biases are considered. We discuss outreach programmes and user/carer initiatives that can encourage sufferers to approach their primary care practitioner to obtain an initial referral, and ways in which such practitioners can be encouraged to identify such cases and to respond appropriately. Second, we will consider evidence that special-

Detailed Program

Workshops that are designated with a  code indicate a Core Skills Workshop.

ist services are biased in how they offer treatment. Again, non-stereotypical cases are less likely to be offered treatment, and the treatment offered is likely to be less intensive. Psychological and social explanations for these biases will be considered. Participants will be encouraged to consider how to identify such biases through audit of their own services, and how to ensure that services are equitable in how they treat patients. Participants will be encouraged to participate actively. The workshop will allow them to generate locally-appropriate strategies for encouraging all sufferers to seek treatment, and for encouraging all clinicians to respond on the grounds of clinical severity. The aim will be to reduce the likelihood that we are biased by gender, ethnicity or socio-economic status.

EATING DISORDERS MULTIFAMILY THERAPY GROUP: THE THERAPEUTIC POWER OF DIVERSITY IN CONNECTION

Lachine

Mary D. Tantillo, PhD, RN, Director, Eating Disorders Program, Unity Health System, Department of Psychiatry, Rochester, New York, USA

The main healing power of an eating disorders psychoeducational multifamily therapy group (pmftg) comes from the sense of mutual empathy and empowerment experienced within its diverse therapeutic social network. This workshop describes the model for multifamily therapy group developed at unity health system (umftg) which builds on the work of McFarlane (2000) and integrates a relational/cultural approach to pmftg with cognitive-behavioral and motivational approaches. The workshop will emphasize how patients' and families' abilities to honor difference within a strong connection with one another help them identify various disconnections that maintain the eating disorder and prevent them from building new relational opportunities in recovery. Dr. Tantillo will begin the workshop with slides and didactic instruction regarding the use of multifamily therapy group in the treatment of eating disorders. She will present the umftg model emphasizing the biopsychosocial risk factors that help create various disconnections contributing to the development and maintenance of eating disorders. Participants will engage in an experiential exercise to identify possible points of tension and disconnections that occur for patients and families due to the eating disorder and recovery process. Dr. Tantillo will then discuss the umftg format, content, goals and interventions for each group session. She will use clinical vignettes (including an audiotape) to show how group members are helped to decrease the patient's relationship with the illness by strengthening perceived mutuality in relationships with one another, embracing difference, engaging in relational repair and helping the patient stay connected to her/his own genuine experience. The workshop will conclude with a review of implications of the integrated model for practice and research and a discussion period.

FROM THEORY TO PRACTICE: DEVELOPMENT AND IMPLEMENTATION OF AN IDENTITY DEVELOPMENT INTERVENTION FOR WOMEN WITH ANOREXIA AND BULIMIA NERVOSA

Verdun

Karen F. Stein, PhD, Associate Professor, University of Michigan, Ann Arbor, Michigan, USA; Lucy Miller, MS, RN, NP, Psychotherapist, University of Michigan School of Nursing, Ann Arbor, Michigan, USA

Disturbances in the self-concept are widely recognized as an important factor in the etiology of eating disorders. Bruch (1981) posited that anorexia nervosa was a search for self-definition in the face of a lack of a clear identity and consequent feelings of ineffectiveness and powerlessness. Since that early formulation, multiple theoretical and clinical models including CBT, have focused on disturbances in the self as core vulnerability contributing to both anorexia and bulimia nervosa. Current treatment models focus primarily on altering the eating disorder identity and have shown some success in modifying eating disorder related self-cognitions and diminishing negative effects on health. However, existing models of treatment have not explicitly focused on

the broader self-concept disturbances and developing domains of self-definition apart from the eating disorder identity. The purpose of this workshop is to describe a theory based cognitive behavioral intervention that is a systematic attempt to assist women with eating disorders to elaborate new domains of self-definition. The intervention is based on Markus's self-schema model and focuses on the elaboration of new self-schemas through cognitive, behavioral and social intervention strategies. The efficacy of the intervention model is being tested in a 5-year randomized clinical trial funded by NIH. This presentation, at the midpoint of the trial, focuses on describing the intervention: the theoretical framework underlying the intervention, the therapeutic application, the challenges arising during implementation, and the potential the approach holds for ED treatment and prevention. The workshop will emphasize the integration of the theoretical perspective with the clinical application by an experienced eating disorder therapist.

EMOTION FOCUSED BODY IMAGE WORK: A PROMISING NEW INTERVENTION IN THE BODY IMAGE TOOLKIT

Westmount

Anne-Marie Smith, MSW, RSW, Clinical Social Worker, Ambulatory Care for Eating Disorders, Toronto, Ontario, Canada; Joanne Dolhanty, PhD, Psychological Assistant, Ambulatory Care for Eating Disorders, Toronto, Ontario, Canada

Emotion Focused Therapy (EFT) is an approach that involves evoking and skillfully working with emotions to facilitate perceptual and cognitive shifts that promote therapeutic change in self-experience. This "emotion-friendly" therapy holds the view that some unpleasant and painful emotions are constructive and can offer cues and direction in guiding the treatment process. While an abundance of approaches including CBT strategies, feminist models, guided imagery, and virtual reality interventions are available to the clinician, body image is often still described as an impenetrable aspect of the eating disorder experience. We have incorporated the techniques of EFT into our body image work at the Toronto General Hospital in the Eating Disorders Program and have found it to be very helpful in assisting individuals to address, and begin to transform, their body image disturbance. The purpose of this workshop is to offer a theoretical rationale and practical beginner training in implementing EFT for body image work. The model offered will provide a framework for how to get started using an emotion focused approach, when to use the techniques, and how to incorporate them with existing approaches such as CBT. A brief overview of the current theoretical models used in body image therapy for individuals with eating disorders will be presented. Ms. Dolhanty will present the basic principles of EFT and how it's applicable to the treatment of body image disturbance, with the use of illustrative examples. Ms. Smith will discuss how EFT is a useful therapeutic tool that can be combined with existing models to enable individuals to better understand the particular meaning of their body image disturbance and begin to shift their perception, beliefs and feelings about themselves. All three presenters will encourage participants to discuss the practical applications of this new and exciting approach.

FAMILY-BASED TREATMENT FOR ADOLESCENT EATING DISORDERS: APPLICATIONS OF THE "MAUDSLEY METHOD" FOR ANOREXIA NERVOSA, BULIMIA NERVOSA, AND SUBSYNDROMAL PRESENTATIONS

Mont Royal

Katharine L. Loeb, PhD, Assistant Professor of Psychiatry, Mount Sinai School of Medicine, New York, New York, USA; Daniel le Grange, PhD, Assistant Professor of Psychiatry, The University of Chicago, Chicago, Illinois, USA

This interactive workshop will present a family-based treatment (FT) for adolescents with eating disorders, an approach known as the Maudsley Method for its origins at the eponymous hospital in London. This innovative intervention has shown great promise for adolescents with anorexia nervosa, and has recently been applied to adolescents with bulimia nervosa and subsyndromal eating disorder presentations. Unlike traditional treatments for adolescents with eating disorders,

Detailed Program

Workshops that are designated with a  code indicate a Core Skills Workshop.

which promote sustained autonomy around food, FT temporarily places the parents in charge of nutritional rehabilitation during the first phase of treatment. Phase One includes a family meal. The second phase of FT transfers control over food consumption back to the adolescent, and the third and final phase addresses the broader concerns of adolescent development. Dr. le Grange will begin this workshop with a brief review of the original literature on FT from the Maudsley Hospital. Drs. Loeb and le Grange will then present data from the United States supporting the use of FT for adolescents with acute anorexia nervosa and bulimia nervosa. Dr. Loeb will also present preliminary data on the use of FT as a prophylactic measure in subsyndromal cases to prevent progression to a full diagnosis of anorexia nervosa. The remainder and majority of the workshop will focus on the application of the FT protocol, with a combination of didactics, case examples, presentations of videotaped FT sessions, and roleplays between Drs. le Grange and Loeb and with the audience. Participant interaction, feedback, and questions are welcomed and encouraged. Participants will also have the opportunity to discuss the potential application of FT to their current patients.

TREATMENT OF EATING DISORDER WITH CHILDHOOD TRAUMA AND NEGLECT

La Salle

Mark F. Schwartz, ScD, Director, Castlewood Treatment Center, Ballwin, Missouri, USA

The treatment of childhood trauma has evolved significantly over the past 20 years from basic exposure to information reprocessing and abreactive-based therapies to safer and tighter titrated witnessing and unburdening of overwhelming childhood events with schema-based cognitive restructuring. There remain large differences among clinicians regarding the necessary and significant criteria for trauma resolution, particularly when the target addictive/compulsive symptom often does not readily remit. The factors that contribute to the origins of a symptom are quite different than those that maintain and perpetuate them. Cognitive-behavioral eating disorder therapists often ignore the developmental factors and focus on the symptom, but if there is treatment failure and/or relapse, they may consider longer-term developmentally focused therapies. Frequently, trauma-based therapists know little about specific strategies for treating restrictors or bulimics and use a generalized relapse prevention approach to addictions. However, treatment for anorexia, bulimia, self-cutting, substance abuse, stealing, and sexual compulsions all require symptom-specific interventions. This workshop will review the author's experience over the past 30 years with trauma-based therapies with different self-injurious behaviors and synthesize clinically and empirically-based criteria for treatment success. Primary focus will be on blending trauma-based and cognitive-behavioral approaches with particular focus on structural deficits of children from early misattunement with caregiver as contributory to some recalcitrant eating disorder syndromes and other self-injurious behavior.

A MODEL FOR THE INTEGRATION OF PSYCHODYNAMIC AND COGNITIVE-BEHAVIORAL APPROACHES TO EATING-DISORDER TREATMENT: EXPANDING THE "INTERPERSONAL DISTURBANCES" FOCUS TO THE "PATIENT-THERAPIST RELATIONSHIP"

Côte St. Luc

Howard Steiger, PhD, Director Eating Disorders Program, Douglas Hospital, McGill University, Montréal, Québec, Canada

Recent research on the Eating Disorders (EDs), Anorexia and Bulimia Nervosa, has emphasized genetic (and other biological) processes, but the main vehicle of change in treatment still remains the relationship between patient and therapist. This workshop expands upon recent discussions on the integration of psychodynamic and cognitive-behavioral therapy technique for EDs. It assumes that a point of commonality for therapists working either model will be common assumptions made about the role of interpersonal processes: That EDs implicate problematic relationship experiences, and that interpersonal disturbances

impact upon the possibility of patients achieving satisfying relationships-including those with their therapists. A logical consequence is that we need to develop principled techniques to guide the therapeutic management and exploration of ED relevant interpersonal phenomena, and especially, interpersonal phenomena arising within the patient-therapist relationship. This workshop addresses each of these issues, and attempts to develop principled guidelines for the exploration and utilization of interpersonally relevant phenomena in ED treatment. Based on empirical evidence suggesting that EDs are systematically associated with interpersonal or relational disturbances, Dr Steiger will present a rationale for emphasis upon interpersonal phenomena in ED treatment. Based on this premise, he will discuss the ways in which interpersonal deficits/disturbances can be assumed to impact (sometimes adversely) upon the therapeutic relationship. He will then present a model, based on relationship focussed, cognitive-behavioral techniques (such as those described by Safran, Sigal, Weiss, and others) that offers promise of guiding relationship focussed techniques.

READY, SET, NO GO: WHAT TO DO WITH EATING-DISORDERED YOUTH IN AN OUTPATIENT SETTING WHO ARE NOT YET READY TO RECOVER

Outremont

Barbara J. Beach, PhD, Psychologist, British Columbia Children's Hospital, Vancouver, BC, Canada; Jadine C. Cairns, MSc, Clinical Dietitian, Eating Disorders Program, BCCH, Vancouver, BC Canada; Pierre Lechner, MD, Psychiatric Director, Eating Disorders, British Columbia Children's Hospital, Vancouver, BC, Canada; Patricia Roles, MSW, Social Work Supervisor, British Columbia Children's Hospital, Vancouver, BC, Canada; Jorge L. Pinzon, MD, Clinical Associate Professor, Pediatrics, University of British Columbia, Vancouver, BC, Canada

This workshop will highlight obstacles and opportunities involved in treating children and adolescents with an eating disorder who are unready to take action for recovery. Case presentations will be used to demonstrate how to manage these youth in a safe manner. Participants will be involved in a practical exercise in ethical decision-making and care planning to consolidate the information shared. Throughout the workshop, different techniques will promote audience engagement including small group work, open discussion, video presentation, and ample time for participant interaction at the end of the workshop. A comprehensive handout with recent bibliography will be provided prior to the workshop. Strategies for establishing a working therapeutic relationship with an adolescent while encouraging progress through the precontemplative and contemplative stages of change will be reviewed by a psychologist and dietitian. The tension between the parents' anxiety and desire to assure the safety of their child while allowing the youth to build motivation often affects parental support of a motivational approach. A psychologist, dietitian, psychiatric director, family therapist and pediatrician will present different perspectives, philosophies and strategies of how to work with the family and the health care system while the youth works through their ambivalence about recovering from an eating disorder. Specific interventions developed for this purpose will be shared with the audience, including a meal support video and manual for friends and family members. The advantages and limitations of these strategies and materials, based on the presenters' experience, will be discussed with the audience.

6 – 7:30 p.m.

Fontaine Exhibition Hall

Opening Reception/Poster Presentations/Exhibit Hall Open

7 – 9 p.m.

St. Pierre

NIMH Research Roundtable:

Identification of Prepubertal Eating Disorders

Regina Smith James, MD, Chief, Eating Disorders Program, Division of Pediatric Translational Research and Treatment Development, National Institute of Mental Health, NIH, DHHS, Bethesda, Maryland, USA

The incidence of eating disorders has doubled since 1960 and is increasing in younger age groups. To begin to address this serious

Detailed Program

Workshops that are designated with a  code indicate a Core Skills Workshop.

public health concern the National Institute of Mental Health convened a workshop in January 2005 to identify areas that merit further investigation in pediatric eating disorders research. This roundtable discussion will continue the dialogue, with a focus on the development of screening and assessment tools for the pre-adolescent population. The goal of this meeting is to provide recommendations for “next steps” in the development of standardized instruments that take into account the unique developmental needs of this population that will facilitate early recognition and ultimately treatment.

Friday, April 29

7:30 a.m. - 6 p.m.

Ballroom Foyer

Registration

7:30 a.m. - 6 p.m.

Fontaine Exhibition Hall

Poster Viewing/Exhibit Hall Open

7:30 - 8:30 a.m.

Fontaine Exhibition Hall

Continental Breakfast

7:30 - 8:30 a.m.

Verdun/Lachine/LaSalle

Current, New and Prospective Member Breakfast

If you are a current, new or prospective AED member, the Academy board members, fellows, membership committee and special interest Group chairs invite you to attend this breakfast. This event is specifically designed for those new to AED or interested in joining the Academy, as well as current members exploring further involvement in the organization. Items to be discussed include AED member benefits, opportunities for involvement and the Academy's diverse and significant educational endeavors.

8:30 - 10:30 a.m.

Westmount/Outremont

NIMH Plenary Session II

DOES COMORBIDITY MATTER? COMORBIDITY AND TREATMENT OF EATING DISORDERS

Supported by the National Institute of Mental Health

Chair: Mimi Israël, MD, FRCP(C), Associate Professor, McGill University and Psychiatrist-in-Chief, Douglas Hospital, Montréal, Québec, Canada

This symposium is primarily designed to be of interest and value to practicing clinicians. It will address a topic that is rarely discussed and is of theoretical interest. It should therefore also be of interest to experts in the field.

Three main questions will be addressed by each speaker:

1. How do the various types of comorbidity seen in the eating disorders affect natural course, treatment, and treatment outcome?
2. When does treatment need to be adjusted to accommodate comorbidity?
3. If adjustments are needed, what form should they take?

Presentations:

Comorbidity with Depression, Anxiety and Related Traits

Janet Treasure, MD, PhD, FRCP, FRCPsych, South London and Maudsley NHS Trust, Eating Disorder Unit and Institute of Psychiatry, King's College, London, United Kingdom

Eating Disorders and Substance Abuse:

The Neglected Comorbid Combination

Cynthia M. Bulik, PhD, FAED, William and Jeanne Jordan Distinguished Professor of Eating Disorders, Department of Psychiatry, University of North Carolina, Chapel Hill, North Carolina, USA

Comorbidity with Personality Disorders

Carlos M. Grilo, PhD, Professor of Psychiatry and Director, Eating Disorders Program, Yale University School of Medicine, New Haven, Connecticut USA

Comorbidity with Obesity

G. Terence Wilson, PhD, Oscar K. Buros Professor of Psychology, Director, Rutgers Eating Disorders Clinic, Rutgers University, Piscataway, New Jersey, USA

10:30 - 11 a.m.

Fontaine Exhibition Hall

Refreshment Break

11 a.m. - 12:30 p.m.

Oral Scientific Paper Session I

Brief scientific papers will be presented and discussed in these concurrent sessions. Abstracts of the papers can be found in the Conference Proceedings.

Child and Adolescents 1A Verriere

Chair: Rachel Bryant-Waugh, PhD

11:00 a.m.

P1

WEIGHT-TEASING AND UNHEALTHY WEIGHT CONTROL BEHAVIORS IN ADOLESCENTS AND YOUNG ADULTS: LONGITUDINAL FINDINGS FROM PROJECT EAT (EATING AMONG TEENS)

Jess I. Haines, MHSc, RD, Graduate Research Assistant, University of Minnesota, Minneapolis, Minnesota, USA; Dianne Neumark-Sztainer, PhD, RD, Professor, University of Minnesota, Minneapolis, Minnesota, USA; Marla Eisenberg, ScD, Assistant Professor, University of Minnesota, Minneapolis, Minnesota, USA

11:15 a.m.

P2

THE RELATIONSHIP BETWEEN RACE/ETHNICITY, ACCULTURATION AND WEIGHT-RELATED CONCERNS AND BEHAVIORS IN A DIVERSE SAMPLE OF ADOLESCENTS

Kerri N. Boutelle, PhD, Assistant Professor, General Pediatrics and Adolescent Health, Minneapolis, Minnesota, USA; Clea A. McNeeley, PhD, Assistant Professor, Johns Hopkins University, Baltimore, Maryland, USA

11:30 a.m.

P3

PSYCHOSOCIAL VARIABLES ASSOCIATED WITH DISORDERED EATING IN YOUNG ADOLESCENT FEMALES: A COMPARISON BETWEEN COMMUNITY AND EATING DISORDER INPATIENT SAMPLES

Gillian A. Kirsh, MA, Psychology Intern, Hospital for Sick Children, Toronto, Ontario, Canada; Stacey Tweed, BSc, Graduate Student, Hospital for Sick Children, Toronto, Ontario, Canada; Gail L. McVey, PhD, Health Systems Research Scientist, Hospital for Sick Children, Toronto, Ontario, Canada; Debra K. Katzman, MD, Associate Professor/Associate Scientist, Department of Paediatrics, University of Toronto, Toronto, Ontario, Canada

Detailed Program

Workshops that are designated with a  code indicate a Core Skills Workshop.

11:45 a.m.

P4

PEER, PARENT, AND MEDIA PREDICTORS OF THE DEVELOPMENT OF BINGE EATING AND PURGING AMONG ADOLESCENT GIRLS AND BOYS

Alison E. Field, ScD, Assistant Professor of Pediatrics, Harvard Medical School, Boston, Massachusetts, USA; C. Barr Taylor, MD, Professor of Psychiatry, Stanford School of Medicine, Stanford, California, USA; Ruth H. Striegel-Moore, PhD, Professor of Psychology, Wesleyan University, Middletown, Connecticut, USA; S. Bryn Austin, ScD, Instructor in Pediatrics, Harvard Medical School, Boston, Massachusetts, USA; Carlos A. Camargo, MD, Assistant Professor of Medicine, Harvard Medical School, Boston, Massachusetts, USA; Nan Laird, PhD, Professor of Biostatistics, Harvard School of Public Health, Boston, Massachusetts, USA; Graham A. Colditz, MD, Professor of Medicine, Harvard Medical School, Boston, Massachusetts, USA

Noon

P5

EFFECTS OF A MULTIDISCIPLINARY EDUCATION AND SUPPORT PROGRAM FOR PARENTS OF ADOLESCENTS WITH EATING DISORDERS

Pamela G. Carlton, MD, Clinical Educator and Research Associate, Stanford University School of Medicine, Mountain View, California, USA; Renee P. Pyle, PhD, Staff Psychologist, Lucile Packard Children's Hospital, Palo Alto, California, USA

12:15 p.m.

P6

EVALUATING THE ASSOCIATION BETWEEN GIRLS' REACTIONS TO PUBERTAL DEVELOPMENT AND GIRLS' RISK FOR BODY DISSATISFACTION AND DISORDERED EATING

Meghan M. Sinton, MS, Graduate Student/Research Assistant, Pennsylvania State University, University Park, Pennsylvania, USA; Kirsten K. Davison, PhD, Assistant Professor, University of Albany, Rennselaer, New York, USA; Leann L. Birch, PhD, Distinguished Professor, Pennsylvania State University, University Park, Pennsylvania, USA

B Child and Adolescents 1B **Le Portage**

Chair: *Daniel le Grange, PhD, FAED*

11:00 a.m.

P7

INTEGRATION OF A SMOKING INTERVENTION WITHIN AN EATING DISORDERS PROGRAM: A PRELIMINARY STUDY

Natasha Jategaonkar, MSc, Tobacco Research Coordinator, BC Ctr of Excellence for Women's Health, Vancouver, British Columbia, Canada; Katherine Young, BC Ctr of Excellence for Women's Health, Vancouver, British Columbia, Canada; Lorraine Greaves, PhD, Executive Director, BC Ctr of Excellence for Women's Health, Vancouver, British Columbia, Canada; Ronald S. Manley, PhD, Clinical Director, Eating Disorders Program, Vancouver, British Columbia, Canada; Pierre Lechner, MD, Psychiatric Director, Eating Disorders Program, Vancouver, British Columbia, Canada; Rochelle Tucker, Vancouver, British Columbia, Canada

11:15 a.m.

P8

21 CASES OF POSSIBLE INFECTION-TRIGGERED ANOREXIA NERVOSA

Mae S. Sokol, MD, Associate Professor, Psychiatry and Pediatrics, Omaha, Nebraska, USA; Rebecca Wyoske, MD, Milwaukee, Wisconsin, USA; Lawrence Jung, MD, Associate Professor, Creighton University, Pediatrics, Omaha, Nebraska, USA; Tammy K. Jackson, BA, Graduate Student, Psychology, University of North Carolina at Charlotte, Charlotte, North Carolina, USA; Nicole D. Christiansen, BA, Medical Student, Creighton University School of Medicine, Omaha, Nebraska, USA

11:30 a.m.

P9

ATTENTION DEFICIT DISORDER AND ADOLESCENT EATING DISORDERS: INCIDENCE AND RELATIONSHIPS TO PERSONALITY VARIABLES

Christina L. Boisseau, BS, Doctoral Student, Boston University, Boston Massachusetts, USA; Heather Thompson-Brenner, PhD, Assistant Director of Clinical Training, Boston University, Boston, Massachusetts, USA; April Groff, MA, Doctoral Student, Boston University, Boston, Massachusetts, USA; Drew Westen, PhD, Professor of Psychology, Emory University, Atlanta, Georgia, USA

11:45 a.m.

P10

EATING DISORDER SYMPTOMS AND ASSOCIATED PATHOLOGY AMONG OVERWEIGHT YOUTH: PRELIMINARY FINDINGS

Kamryn T. Eddy, MA, Graduate Student, Boston University; Children's Hospital, Brookline, Massachusetts, USA; Marian Tanofsky-Kraff, PhD, Unit on Growth and Obesity, NIH, Washington, DC, USA; Heather Thompson-Brenner, PhD, Boston University, Boston, Massachusetts, USA; David B. Herzog, MD, Massachusetts General Hospital, Boston, Massachusetts, USA

Noon

P11

THE EFFECTIVENESS OF A DAY TREATMENT PROGRAM FOR YOUTH WITH EATING DISORDERS: POST TREATMENT AND SIX MONTH FOLLOW-UP DATA

Katherine A. Henderson, PhD, Clinical Director Eating Disorders, Children's Hospital of Eastern Ontario, Ottawa, Ontario, Canada; Annick Buchholz, PhD, Psychologist, Children's Hospital of Eastern Ontario, Ottawa, Ontario, Canada; Nicole Obeid, BA, University of Ottawa, Ottawa, Ontario, Canada; Cynthia York, MEd, Psychometrist, Children's Hospital of Eastern Ontario, Ottawa, Ontario, Canada

12:15 p.m.

P12

BODY COMPOSITION AND RESTING ENERGY EXPENDITURE IN FEMALE ADOLESCENT INPATIENTS DIAGNOSED WITH ANOREXIA NERVOSA AND BULIMIA NERVOSA

Brigitte Kochavi, BSc, Pediatric Psychosomatic Department, Sheba Medical Center, Kfar Yona, Israel; Daniel Stein, MD, Pediatric Psychosomatic Department, Sheba Medical Center, Tel Hashomer, Ramat Gan, Israel; Amit Yaroslavsky, MD, Pediatric Psychosomatic Department, Sheba Medical Center, Tel Hashomer, Ramat Gan, Israel; Toledano Anat, BSc, Pediatric Psychosomatic Department, Sheba Medical Center, Tel Hashomer, Ramat Gan, Israel; Ovadia Nir, BSc, Pediatric Psychosomatic Department, Sheba Medical Center, Tel Hashomer, Ramat Gan, Israel; Buyanover Yoram, MD, Pediatric Gastroenterology Department, Sheba Medical Center, Tel Hashomer, Ramat Gan, Israel

Detailed Program

Workshops that are designated with a  code indicate a Core Skills Workshop.

C

Prevention 1

Hampstead

Chair: Carolyn B. Becker, PhD

11:00 a.m.

P13

CHANGES IN THE INCIDENCE OF EATING DISORDERS

Hans W. Hoek, MD, Professor, Parnassia Psychiatric Institute, The Hague, The Netherlands; Gabriëlle E. Van Son, MA, Robert-Fleury Foundation, Leidschendam, The Netherlands; Daphne Van Hoeken, PhD, Parnassia Psychiatric Institute, The Hague, The Netherlands; Aad I.M. Bartelds, MD, NIVEL, Utrecht, The Netherlands; Eric F. Van Furth, PhD, Director, Robert-Fleury Foundation, Leidschendam, The Netherlands

11:15 a.m.

P14

BULIMIA NERVOSA IS ASSOCIATED WITH DEGREE OF URBANIZATION

Hans W. Hoek, MD, Professor, Parnassia Psychiatric Institute, The Hague, The Netherlands; Gabriëlle E. Van Son, MA, Robert-Fleury Foundation, Leidschendam, The Netherlands; Daphne Van Hoeken, PhD, Parnassia Psychiatric Institute, The Hague, The Netherlands; Aad I.M. Bartelds, MD, NIVEL, Utrecht, The Netherlands; Eric F. Van Furth, PhD, Dr, Robert-Fleury Foundation, Leidschendam, The Netherlands

11:30 a.m.

P15

PEER-LED EATING DISORDERS PREVENTION IN SORORITY MEMBERS: COGNITIVE DISSONANCE VERSUS MEDIA PSYCHOEDUCATION

Carolyn B. Becker, PhD, Assistant Professor, Trinity University, San Antonio, Texas, USA; Anna C. Ciao, BA, San Antonio, Texas, USA; Lisa M. Smith, BA, San Antonio, Texas; Jennifer L. Bell, BA, San Antonio, Texas, USA; Laura J. Hemberger, BA, San Antonio, Texas, USA; Amanda Franco, HS, San Antonio, Texas, USA

11:45 a.m.

P16

IS THERE AN EPIDEMIC OF EATING DISORDERS?

Richard A. Gordon, PhD, Professor of Psychology, Bard College, Annandale-on-Hudson, New York, USA

Noon

P17

PERCEPTION AND EXPECTATION OF WEIGHT IN FEMALES AT RISK OF EATING DISORDERS

Ting Fei F. Ho, MD, Associate Professor, National University of Singapore, Singapore, Singapore; Hui Ching C. Lim, BSc, Graduate Student, National University of Singapore, Singapore, Singapore; Bee Choo C. Tai, BSc, PhD Candidate, National University of Singapore, Singapore, Singapore; Ee Lian L. Lee, MBBS, Dr, National Healthcare Group, Singapore, Singapore; Pei Hsiang H. Liow, MBBS, Dr, National Healthcare Group, Singapore, Singapore; Samuel Cheng, MBBS, Dr, National Healthcare Group, Singapore, Singapore

12:15 p.m.

P18

CULTURALLY SPECIFIC PREVENTION PROGRAMMING FOR LATINA WOMEN

Debra L. Franko, PhD, Associate Professor, Northeastern University, Counseling Psychology, Boston, Massachusetts, USA; Jessica G. Edwards, MS, Doctoral Student, Northeastern University, Counseling Psych, Boston, Massachusetts, USA

D

Treatment 1

Westmount

Chair: J. Hubert Lacey, MD, MPhil

11:00 a.m.

P19

BRIEF HOSPITALIZATION PLUS OUTPATIENT GROUP THERAPY IN BULIMIA NERVOSA: ANALYSIS OF THE EFFECTIVENESS OF A COMBINED TREATMENT

Fernando Fernández-Aranda, PhD, FAED, Associate Professor, Department of Psychiatry, Hospitalet del Llobregat, Barcelona; Anna Badia, MPh, Master, Department of Psychiatry, U. Hospital Bellvitge, Hospitalet del Llobregat, Barcelona, Spain; Raquel Solano, MPh, Master, Department of Psychiatry, U. Hospital Bellvitge, Hospitalet del Llobregat, Barcelona, Spain; Julio Vallejo, MD, Professor of Psychiatry, Department of Psychiatry, U. Hosp. Bellvitge, Hospitalet del Llobregat, Barcelona, Spain

11:15 a.m.

P20

MANAGING EATING DISORDERS IN PRIMARY CARE — DO SPECIALISTS ASK FOR THE IMPOSSIBLE?

Laura G. Currin, BA, Research Worker, Institute of Psychiatry, KCL, Denmark Hill, London, England; Ulrike Schmidt, MD, PhD, Reader in Eating Disorders, Institute of Psychiatry, London, England; Glenn Waller, DPhil, Consultant Psychologist, St George's Eating Disorder Service, London, England

11:30 a.m.

P21

A GROUP PARENT TRAINING PROGRAM: WHO ATTENDS?

Nancy L. Zucker, PhD, Assistant Clinical Professor, Duke University Medical Center, Durham, North Carolina, USA; Stephanie Best, BA, Graduate Student, Duke University, Durham, North Carolina, USA; Caitlin Ferriter, BA, Research Assistant, Duke University Medical Center, Durham, North Carolina, USA; Terrill Bravender, MD, Assistant Professor of Pediatrics, Duke University Medical Center, Durham, North Carolina, USA

11:45 a.m.

P22

A QUANTITATIVE AND QUALITATIVE ANALYSIS OF INTERNET DELIVERY OF A GROUP BODY IMAGE AND EATING DISORDER PROGRAM FOR ADULT WOMEN

Susan J. Paxton, PhD, Professor, La Trobe University, Melbourne, Victoria, Australia; Emma K. Gollings, DPsych, Dr, La Trobe University, Melbourne, Victoria, Australia

Noon

P23

EDUCATIONAL BACKGROUND AND CHOICE OF PSYCHOTHERAPEUTIC APPROACH: A SURVEY OF CALGARY EATING DISORDER CLINICIANS

Kristin M. von Ranson, PhD, Assistant Professor, University of Calgary, Calgary, AB, Canada; Kathleen E. Robinson, BA, Graduate Student, University of Calgary, Calgary, AB, Canada

Detailed Program

Workshops that are designated with a  code indicate a Core Skills Workshop.

12:15 p.m.

P24

CAN KNOWLEDGE AND BELIEFS ABOUT EATING DISORDERS AND THEIR TREATMENTS BE IMPROVED AND LEAD TO HEALTH BENEFITS BY CLOSING THE GAP FOR PEOPLE WITH UNMET NEED FOR TREATMENT? A RANDOMIZED CONTROLLED TRIAL

Phillipa J. Hay, MD, Professor, School of Medicine, James Cook University, Townsville, Queensland, Australia; Jonathan Mond, MPsych, Mr, NRI, Fargo, North Dakota, USA; Cathy Owen, MD, A/Professor, Medical School, ANU, Canberra, ACT, Australia

E

Outcome 1

Outreamount

Chair: Paulo Machado, PhD

11:00 a.m.

P25

PREDICTORS OF TREATMENT ACCEPTANCE AND COMPLETION IN ANOREXIA NERVOSA: IMPLICATIONS FOR STUDY DESIGNS

Katherine A. Halmi, MD, Professor of Psychiatry, New York Presbyterian Hospital, White Plains, New York, USA; W. Stewart Agras, MD, Professor of Psychiatry, Stanford University, Stanford, California, USA; Scott Crow, MD, Professor of Psychiatry, University of Minnesota, Minneapolis, Minnesota, USA; James Mitchell, MD, Professor of Psychiatry, Neuropsychiatric Research Institute, Fargo, North Dakota, USA; G. Terence Wilson, PhD, Professor of Psychology, Rutgers University, Piscataway, New Jersey, USA; Susan W. Bryson, MS, Stanford University, Stanford, California, USA; Helena C. Kreamer, PhD, Stanford University, Stanford, California, USA

11:15 a.m.

P26

OUTCOMES OF ANOREXIA AND BULIMIA NERVOSA IN A POPULATION SAMPLE OF YOUNG WOMEN

Anna Keski-Rahkonen, MD, Post-Doctoral Fellow, Columbia University, New York, New York, USA; Cynthia M. Bulik, PhD, Professor, University of North Carolina, Chapel Hill, North Carolina, USA; Hans W. Hoek, MD, PhD, Professor, Parnassia Institute, The Hague, The Netherlands; Aila Rissanen, MD, PhD, Professor, University of Helsinki, Helsinki, Finland; Jaakko Kaprio, MD, PhD, Professor, University of Helsinki, Helsinki, Finland

11:30 a.m.

P27

RELAPSE IN ANOREXIA NERVOSA: A LONGITUDINAL, PROSPECTIVE STUDY

Jacqueline C. Carter, PhD, Psychologist, Program for Eating Disorders, Toronto, Ontario, Canada; Elizabeth Blackmore, MA, Research Associate, Eating Disorders Program, Toronto, Ontario, Canada; Marion P. Olmsted, PhD, Director, Ambulatory Care for Eating Disorders, Toronto, Ontario, Canada; Blake Woodside, MD, Director, Inpatient Eating Disorders Unit, Toronto, Ontario, Canada; Allan S. Kaplan, PhD, Head, Program for Eating Disorders, Toronto, Ontario, Canada; Ross D. Crosby, PhD, Director of Biomedical Statistics, Neuropsychiatric Research Institute, Fargo, North Dakota, USA

11:45 a.m.

P28

DESCRIBING REMISSION IN ADOLESCENT ANOREXIA NERVOSA: AN EXPLORATION OF VARIOUS METHODS

Jennifer L. Couturier, MD, Postdoctoral Scholar, Stanford University, Stanford, California, USA; James Lock, MD, PhD, Associate Professor, Stanford University, Stanford, California, USA

Noon

P29

EATING DISORDERS (ED) DURING ADOLESCENCE: LONG-TERM SEXUAL, GYNAECOLOGIC AND OBSTETRICAL OUTCOMES

Maud M.P. Egedy, MD, Fellow, Adolescent Division, Montréal, Québec, Canada; Corinne Blanchet, MD, Praticien hospitalier, Service de médecine de l'adolescent, Paris, France; Jean-Yves Frappier, MD, Professor of Pediatrics, Adolescent Division, Montréal, Québec, Canada; Jean Wilkins, MD, Professor of Pediatrics, Adolescent Division, Montréal, Québec, Canada

12:15 p.m.

P30

PREDICTORS OF AN INPATIENT WEIGHT RESTORATION PROGRAM FOR ANOREXIA NERVOSA

Franz L. Wojciechowski, PhD, Head Eating Disorders Unit, University Hospital of Maastricht, Maastricht, Limburg, The Netherlands; Anouk Gellen van Hulst, MA, Psychologist, University Hospital of Maastricht, Maastricht, Limburg, The Netherlands

F

Binge Eating Disorder 1

Côte St. Luc

Chair: Stacey Dunn, PhD

11:00 a.m.

P31

FAMILY STUDY OF BINGE EATING DISORDER

James I. Hudson, MD, ScD, Associate Professor of Psychiatry, Harvard Medical School/McLean Hospital, Belmont, Massachusetts, USA; Harrison G. Pope Jr, MD, Professor of Psychiatry, Harvard Medical School/McLean Hospital, Belmont, Massachusetts, USA; Justine K. Lalonde, MD, Research Fellow in Psychiatry, Harvard Medical School/McLean Hospital, Belmont, Massachusetts, USA; Lindsay J. Pindyck, Harvard Medical School/McLean Hospital, Belmont, Massachusetts, USA; Steven Barry, Harvard Medical School/McLean Hospital, Belmont, Massachusetts, USA; Michaela M. Vine, Harvard Medical School/McLean Hospital, Belmont, Massachusetts, USA; Cynthia M. Bulik, PhD, Professor, University of North Carolina, Chapel Hill, North Carolina, USA; Scott J. Crow, MD, Associate Professor of Psychiatry, University of Minnesota, Minneapolis, Minnesota, USA; Nan M. Laird, PhD, Professor of Biostatistics, Harvard School of Public Health, Boston, Massachusetts, USA; Susan L. McElroy, MD, Professor of Psychiatry, University of Cincinnati, Cincinnati, Ohio, USA; Ming T. Tsuang, MD, PhD, University Professor, University of California, San Diego, San Diego, California, USA; B. Timothy Walsh, MD, Professor of Psychiatry, Columbia University, New York, New York, USA; Norman R. Rosenthal, MD, Ortho-McNeil Pharmaceutical, Raritan, New Jersey, USA

11:15 a.m.

P32

PREDICTORS OF SHORT-TERM TREATMENT OUTCOME FOR BINGE EATING DISORDER (BED)

Alexandra E. Dingemans, MSc, National Center for Eating Disorders, Leidschendam, Zuid-Holland, The Netherlands; Philip Spinhoven, PhD, Professor, University Leiden, Leiden, Zuid Holland, The Netherlands; Eric F. van Furth, PhD, National Center of Eating Disorders, Leidschendam, Zuid-Holland, The Netherlands

Detailed Program

Workshops that are designated with a  code indicate a Core Skills Workshop.

11:30 a.m.

P33

THE WEIGHT OF A THOUGHT: THE EFFECTS OF THOUGHT SUPPRESSION ON THE FREQUENCY OF FOOD-RELATED THOUGHTS IN OBESE AND NON-OBESE YOUNGSTERS

Barbara Soetens, Masters, PhD Candidate at Ghent University, Developmental and Personality Psychology, Ghent, East Flanders, Belgium; Caroline Braet, PhD, Professor at Ghent University, Developmental and Personality Psychology, Ghent, East Flanders, Belgium

11:45 a.m.

P34

EFFECT OF DIETARY ENERGY DENSITY ON SATIATION IN WOMEN WITH BULIMIA NERVOSA AND BINGE EATING DISORDER

Janet D. Latner, PhD, Lecturer, Psychology, Christchurch, Canterbury, New Zealand; Juliet Rosewall, University of Canterbury, Christchurch, Canterbury, New Zealand; Amy Chisholm, University of Canterbury, Christchurch, Canterbury, New Zealand; Courtney Clyne, University of Canterbury, Christchurch, Canterbury, New Zealand

Noon

P35

SMOKING, FOOD CRAVINGS, AND EMOTIONAL OVEREATING AMONG OBESE FEMALES WITH BINGE EATING DISORDER

Marney A. White, PhD, Postdoctoral Associate, Yale University School of Medicine, New Haven, Connecticut, USA; Robin M. Masheb, PhD, Assistant Professor, Yale University School of Medicine, New Haven, Connecticut, USA; Carlos M. Grilo, PhD, Professor, Yale University School of Medicine, New Haven, Connecticut, USA

12:15 p.m.

P36

CD-ROM AND WEB-BASED CBT TREATMENT FOR BED AND OBESITY

Jennifer R. Shapiro, PhD, NIMH Postdoctoral Research Fellow, University of North Carolina at Chapel Hill, Chapel Hill, North Carolina, USA; Cynthia M. Bulik, PhD, University of North Carolina at Chapel Hill, Chapel Hill, North Carolina, USA; Lauren Reba, BA, University of North Carolina at Chapel Hill, Chapel Hill, North Carolina, USA; Maureen Dymek-Valentine, PhD, University of North Carolina at Chapel Hill, Chapel Hill, North Carolina, USA



Biology 1

Verdun

Chair: Sloane Madden, MD

11:00 a.m.

P37

THE 5HTTLPR POLYMORPHISM, PSYCHOPATHOLOGICAL SYMPTOMS, AND CHILDHOOD ABUSE IN BULIMIC EATING SYNDROMES

Jodie Richardson, BSc, Clinical Psychology Doctoral Student, McGill University, Montréal, Québec, Canada; Howard Steiger, PhD, Professor, McGill University, Montréal, Québec, Canada; Ridha Joober, MD, Assistant Professor, McGill University, Montréal, Québec, Canada; Mimi Israël, MD, Associate Professor, McGill University, Montréal, Québec, Canada; Kenneth Bruce, PhD, Assistant Professor, McGill University, Montréal, Québec, Canada; N.M.K. Ng Ying Kin, PhD, Assistant Professor, McGill University, Montréal, Québec, Canada; Lise Gauvin, PhD, Professor, University of Montréal, Montréal, Québec, Canada; Simon Young, PhD, Professor, McGill University, Montréal, Québec, Canada; Melanie Aubut, BA, Clinical Psychology Doctoral Student, University of Québec in Montréal, Montréal, Québec, Canada

11:15 a.m.

P38

IS REDUCED PLATELET PAROXETINE BINDING A MARKER OF VULNERABILITY TO BULIMIA NERVOSA?

Howard Steiger, PhD, Director, Eating Disorders Program, Montréal, Québec, Canada; Mimi Israël, MD, Associate Professor, Psychiatry, McGill University, Montréal, Québec, Canada; Kenneth Bruce, PhD, Assistant Professor, Psychiatry, McGill University, Montréal, Québec, Canada; Joober Ridha, MD, Associate Professor, Psychiatry, McGill University, Montréal, Québec, Canada; N.M.K. Ng Ying Kin, PhD, Assistant Professor, Psychiatry, McGill University, Montréal, Québec, Canada; Lise Gauvin, PhD, Professor, University of Montréal, Montréal, Québec, Canada; Jodie Richardson, PhD, Eating Disorders Program, Douglas Hospital, Montréal, Québec, Canada; Simon Young, PhD, Professor, Psychiatry, McGill University, Montréal, Québec, Canada; Melanie Aubut, BA, Eating Disorders Program, Douglas Hospital, Montréal, Québec, Canada

11:30 a.m.

P39

SEROTONIN GENE POLYMORPHISMS 5HTTLPR AND -1438G/A PREDICT DEGREE OF RESPONSE TO OUTPATIENT TREATMENT IN WOMEN WITH EATING DISORDERS

Kenneth Bruce, PhD, Assistant Professor, Psychiatry Department, McGill University, Montréal, Québec, Canada; Howard Steiger, PhD, Professor, Psychiatry Department, McGill University, Montréal, Québec, Canada; Ridha Joober, MD, PhD, Assistant Professor, Psychiatry Department, McGill University, Montréal, Québec, Canada; Mimi Israël, MD, Associate Professor, Psychiatry Department, McGill University, Montréal, Québec, Canada

11:45 a.m.

P40

A POSSIBLE ROLE FOR GHRELIN GENE POLYMORPHISM IN THE ETIOLOGY OF EATING DISORDERS: A STUDY OF JAPANESE PATENTS

Gen Komaki, MD, PhD, Director, Department of Psychosomatic Research, National Institute of Mental Health, NCNP, Ichikawa City, Chiba, Japan; Tetsuya Ando, MD, PhD, Chief, Department of Psychosomatic Research, Nat. Inst. of Mental Health, NCNP, Ichikawa City, Chiba, Japan; Tetsuro Naruo, MD, PhD, Associate Professor, Kagoshima University Faculty of Medicine, Kagoshima City, Kagoshima, Japan; Kenjiro Okabe, MD, Chief, Department of Psychosomatic Medicine, Tenri Hospital, Tenri City, Nara, Japan; Takehiro Nozaki, MD, PhD, Assistant Professor, Department of Psychosom. Med, Kyushu University Faculty of Medicine, Fukuoka City, Fukuoka, Japan; Masato Takii, MD, PhD, Assistant Professor, Department of Psychosom. Med, Kyushu University Faculty of Medicine, Fukuoka City, Fukuoka, Japan; Fujilo Konjiki, Professor, Department of Psychology and Education, Tokyo Kasei University, Isayama City, Saitama, Japan; Kaori Takeuchi, MD, PhD, Chief, Department of Internal Medicine, Saitama Social Insurance Hospital, Saitama City, Saitama, Japan; Michiko Takei, MD, PhD, President, Takei Medical Clinic, Kagoshima City, Kagoshima, Japan; Takazu Oka, MD, PhD, Assist Professor, Department of Neurology, University of Occupational and Environmental Health, Kitakyushu City, Fukuoka, Japan; Akinori Masuda, MD, PhD, Assistant Professor, Department of Psychosom. Medicine, Kagoshima University Faculty of Medicine, Kagoshima City, Kagoshima, Japan; Toshio Ishikawa, MD, PhD, Director, Department of Psychosomatic Medicine, Kohnodai Hosp, NCNP, Ichikawa City, Chiba, Japan; Yuhei Ichimaru, MD, PhD, Professor, School of Home Economics and Science, Tokyo Kasei University, Itabashi-ku, Tokyo, Japan

Detailed Program

Workshops that are designated with a  code indicate a Core Skills Workshop.

Noon

P41

AN INVESTIGATION OF PREGNANCY AND BIRTH RELATED FACTORS ASSOCIATED WITH A DIAGNOSIS OF ANOREXIA NERVOSA

Hemal Shroff, PhD, Postdoctoral Fellow, University of North Carolina, Chapel Hill, North Carolina, USA; Laura Thornton, PhD, University of Pittsburgh, Pittsburgh, Pennsylvania, USA; Lauren Reba, BA, University of Chapel Hill, Chapel Hill, North Carolina, USA; Walter H. Kaye, MD, University of Pittsburgh, Pittsburgh, Pennsylvania, USA; Cynthia M. Bulik, PhD, University of North Carolina, Chapel Hill, North Carolina, USA

12:15 p.m.

P42

A GHRELIN GENE POLYMORPHISM AS A RISK FACTOR FOR EATING DISORDERS — A NON-CLINICAL STUDY OF JAPANESE ADOLESCENTS

Gen Komaki, MD, PhD, Director, Department of Psychosomatic Research, National Institute of Mental Health, NCNP, Ichikawa City, Chiba, Japan; Tetsuya Ando, MD, PhD, Chief, Department of Psychosomatic Research, National Institute of Mental Health, NCNP, Ichikawa City, Chiba, Japan; Fujiko Konjiki, MD, PhD, Professor, Department of Psychology and Education, Tokyo Kasei University, Isayama City, Saitama, Japan; Midori Shimura, MA, Clinical Psychologist, Karibe Clinic, Yokohama City, Kanagawa, Japan; Yuhei Ichimaru, MD, PhD, Professor, School of Home Economics and Science, Tokyo Kasei University, Itabashi-ku, Tokyo, Japan

Diagnosis/Other 1A

Lachine

Chair: Debra K. Katzman, MD, FAED

11:00 a.m.

P43

NEGATIVE SELF-BELIEFS IN ANOREXIA NERVOSA: A DETAILED EXPLORATION OF THEIR CONTENT, ORIGIN AND LINK TO BEHAVIOR

Rachel A. Woolrich, DClInPsych, Clinical Psychologist/Research Tutor, Oxford Doctoral Course in Clinical Psychology, Oxford, Oxon, United Kingdom; Myra J. Cooper, DPhil, Senior Research Tutor, Oxford Doctoral Course in Clinical Psychology, Oxford, Oxon, United Kingdom; Hannah M. Turner, DClInPsych, Clinical Psychologist, University of Southampton, Southampton, Dorset, United Kingdom

11:15 a.m.

P44

EATING BEHAVIOR IN ANOREXIA NERVOSA

Robyn J. Sysko, MS, Psychology, Piscataway, New Jersey, USA; B. Timothy Walsh, MD, Psychiatry, New York, New York, USA; Janet Schebendach, MA, Clinical Psychopharmacology, New York, New York, USA; G. Terence Wilson, PhD, Psychology, Piscataway, New Jersey, USA

11:30 a.m.

P45

NOT A SUB-THRESHOLD DIAGNOSIS: CLINICAL SEVERITY OF INPATIENTS WITH EDNOS MATCHES THAT OF ANOREXIA NERVOSA

Janelle W. Coughlin, PhD, Clinical Instructor, Psychiatry and Behavioral Sciences, Baltimore, Maryland, USA; Graham Redgrave, MD, Instructor, Psychiatry and Behavioral Sciences, Baltimore, Maryland, USA; Leslie J. Heinberg, PhD, Associate Professor, Psychiatry, Cleveland, Ohio, USA; Cassie Brode, BA, Baltimore, Maryland, USA; Angela S. Guarda, MD, Assistant Professor, Psychiatry and Behavioral Sciences, Baltimore, Maryland, USA

11:45 a.m.

P46

CHARACTERISTICS OF HIGH- AND LOW-FREQUENCY EXERCISERS AMONGST EATING DISORDER INPATIENTS

Graham W. Redgrave, MD, Instructor, Johns Hopkins University, Psychiatry and Behavioral Sciences, Baltimore, Maryland, USA; Janelle Coughlin, PhD, Instructor, Johns Hopkins University, Psychiatry and Behavioral Sciences, Baltimore, Maryland, USA; Leslie Heinberg, PhD, Associate Professor, Case School of Medicine, Psychiatry, Cleveland, Ohio, USA; Angela S. Guarda, MD, Assistant Professor, Johns Hopkins University, Psychiatry and Behavioral Sciences, Baltimore, Maryland, USA

Noon

P47

IMPLICATIONS OF A NON-LINEAR RELATIONSHIP BETWEEN BMI AND DRIVE FOR THINNESS IN WOMEN: AGE AS A MODIFIER

Jennifer A. Boisvert, MA, PhD Student, Clinical Psychology, University of Regina, Regina, Saskatchewan, Canada; W. Andrew Harrell, PhD, Director, Population Research Laboratory, University of Alberta, Edmonton, Alberta, Canada

12:15 p.m.

P48

BODY ESTEEM, STRESS, AND RESTRAINED EATING: EFFECTS ON CORTISOL

Claire Wiseman, PhD, Asst Clinical Professor of Psychology, Yale School of Medicine, Hartford, Connecticut, USA; Sarah Freilich, BS, Research Assistant, Boston University, Boston, Massachusetts, USA; Drew Anderson, PhD, Associate Professor of Psychology, State University of New York, Albany, New York, USA

Diagnosis/Other 1B

La Salle

Chair: Jillian Croll, PhD, RD, MPH, LD

11:00 a.m.

P49

BULIMIA NERVOSA: DSM-IV-DEFINED VERSUS EATING DISORDER NOT OTHERWISE SPECIFIED

Roslyn B. Binford, PhD, Clinical Instructor, The University of Chicago, Chicago, Illinois, USA; Daniel le Grange, PhD, Assistant Professor, The University of Chicago, Chicago, Illinois, USA; Ross D. Crosby, PhD, Professor, University of North Dakota, Fargo, North Dakota, USA; Carol B. Peterson, PhD, Research Associate, University of Minnesota, Minneapolis, Minnesota, USA; Scott J. Crow, MD, Associate Professor, University of Minnesota, Minneapolis, Minnesota, USA; Marjorie H. Klein, PhD, Professor, University of Wisconsin, Madison, Wisconsin, USA

Detailed Program

Workshops that are designated with a  code indicate a Core Skills Workshop.

11:15 a.m.

P50

PSYCHOMETRIC PROPERTIES OF THE EDE-Q IN A MULTISITE SAMPLE OF WOMEN WITH BULIMIC SYMPTOMS

Carol B. Peterson, PhD, Research Associate, University of Minnesota, Minneapolis, Minnesota, USA; Ross D. Crosby, PhD, Director of Biomedical Statistics, Neuropsychiatric Research Institute, Fargo, North Dakota, USA; Stephen A. Wonderlich, PhD, Professor and Associate Chair, University of North Dakota School of Medicine, Fargo, North Dakota, USA; Scott J. Crow, MD, Associate Professor, University of Minnesota Medical School, Minneapolis, Minnesota, USA; James E. Mitchell, MD, Professor and Chair, University of North Dakota and NRI, Fargo, North Dakota, USA; Anna M. Bardone-Cone, PhD, Assistant Professor, University of Missouri-Columbia, Columbia, Missouri, USA; Marjorie H. Klein, PhD, Professor, University of Wisconsin, Madison, Wisconsin, USA; Daniel le Grange, PhD, Assistant Professor of Psychiatry, University of Chicago, Chicago, Illinois, USA; Thomas Joiner, PhD, Professor, Florida State University, Tallahassee, Florida, USA; Greg G. Kolden, PhD, Associate Professor, University of Wisconsin, Madison, Wisconsin, USA; Howard Steiger, PhD, Professor, McGill University, Montréal, Québec, Canada

11:30 a.m.

P51

DEVELOPMENT AND VALIDATION OF THE EATING DISORDER RECOVERY SELF-EFFICACY QUESTIONNAIRE

Angela Marinilli, PhD, Postdoctoral Fellow, Brown University, Providence, RI, USA; Angela S. Guarda, MD, Director, Eating Disorders Program, Johns Hopkins Hospital, Baltimore, Maryland, USA; Leslie J. Heinberg, PhD, Associate Professor, Department of Psychiatry, Case School of Medicine, Cleveland, Ohio, USA; Carlo C. DiClemente, PhD, Professor and Chair, Department of Psychology, University of Maryland, Baltimore County, Baltimore, Maryland, USA

11:45 a.m.

P52

THE SPANISH LANGUAGE VERSION EATING DISORDER EXAMINATION: A COMPARISON OF THE INTERVIEW AND SELF-REPORT QUESTIONNAIRE

Katherine A. Elder, PhD, Postdoctoral Associate, Yale School of Medicine, Psychiatry, New Haven, Connecticut, USA; Christine Lozano, PsyD, Associate Research Scientist, Yale School of Medicine, Psychiatry, New Haven, Connecticut, USA; Carlos M. Grilo, PhD, Professor, Yale School of Medicine, Psychiatry, New Haven, Connecticut, USA

Noon

P53

CULTURAL ADAPTATION OF INSTRUMENTS FOR BULIMIA NERVOSA IN LATINOS

Mae Lynn Reyes, PhD, Researcher and Professor, University of Puerto Rico, San Juan, Puerto Rico, USA; Jeannette Rossello, PhD, Associate Professor, University of Puerto Rico, San Juan, Puerto Rico, USA; Sarah Cervantes, BA, Doctoral Level Student, University of Puerto Rico, San Juan, Puerto Rico, USA; Myralys Calaf, BA, Doctoral Level Student, Carlos Albizu University, San Juan, Puerto Rico, USA; Marlene Birriel, BA, Doctoral Level Student, University of Puerto Rico, San Juan, Puerto Rico, USA; Marielisa Maysonet, BA, Doctoral Level Student, University of Puerto Rico, San Juan, Puerto Rico, USA

12:15 p.m.

P54

GENDER DIFFERENCES IN THE EATING ATTITUDES-26 TEST AND THE EATING DISORDERS INVENTORY-2

Arnold E. Andersen, MD, Professor, University of Iowa, Department of Psychiatry, Iowa City, Iowa, USA; Bradley D. McDowell, PhD, Asst. Research Scientist, University of Iowa, Iowa City, Iowa, USA

J

Gender

St. Pierre

Chair: Thomas Hildebrandt, PsyM

11:00 a.m.

P55

A RECURSIVE MODEL OF THE EFFECTS OF BMI, OBJECTIFIED BODY CONSCIOUSNESS, AGE, AND SEX ON EATING DISORDER SYMPTOMATOLOGY: AN AGE-SEX INTERACTION

Jennifer A. Boisvert, MA, PhD Student, Clinical Psychology, University of Regina, Regina, Saskatchewan, Canada; W. Andrew Harrell, PhD, Director, Population Research Laboratory, University of Alberta, Edmonton, Alberta, Canada

11:15 a.m.

P56

GENETIC AND ENVIRONMENTAL INFLUENCES ON MUSCLE DISSATISFACTION AMONG YOUNG ADULT MALE TWINS

Anu H. Raevuori, MD, PhD Student, Department of Public Health, Helsinki, Finland; Anna K. Keski-Rahkonen, MD, Postdoctoral Researcher, Department of Epidemiology, New York, New York, USA; Rissanen Aila, PhD, Professor, Department of Psychiatry, Helsinki, Finland; Jaakko Kaprio, PhD, Professor of Epidemiology, Department of Public Health, Helsinki, Finland

11:30 a.m.

P57

INTERNALIZATION OF MEDIA MESSAGES AS A PREDICTOR OF IDEAL BODY IMAGE: A COMPARISON OF GAY AND STRAIGHT MEN

Amanda M. Woods, BA, Georgia State University, Atlanta, Georgia, USA; Lisa R. Lilienfeld, PhD, Associate Professor, Georgia State University, Atlanta, Georgia, USA; Carli H. Jacobs, MA, Georgia State University, Atlanta, Georgia, USA

11:45 a.m.

P58

THE INFLUENCE OF IDEAL ATHLETIC BODY IMAGES INTERNALIZED FROM THE MEDIA UPON EATING PATHOLOGY IN GAY AND STRAIGHT MEN

Lisa R. Lilienfeld, PhD, Associate Professor of Psychology, Georgia State University, Atlanta, Georgia, USA; Carli H. Jacobs, MA, PhD, Candidate in Clinical Psychology, Georgia State University, Atlanta, Georgia, USA; Angela K. Picot, MA, PhD, Candidate in Clinical Psychology, Georgia State University, Atlanta, Georgia, USA; Prudence C. Wildman, MA, PhD, Candidate in Clinical Psychology, Georgia State University, Atlanta, Georgia, USA; Jill B. Baird, MS, Doctoral Candidate in Clinical Psychology, Georgia State University, Atlanta, Georgia, USA; Nanette Stroebele, PhD, Post-Doctoral Fellow, Georgia State University, Atlanta, Georgia, USA

Detailed Program

Workshops that are designated with a  code indicate a Core Skills Workshop.

Noon

P59

PERFECTIONISM PREDICTING IMPAIRMENT IN SOCIAL AND OCCUPATIONAL FUNCTIONING AMONG MEN WHO WORK OUT IN GYMS: MEDIA INTERNALIZATION AS A PARTIAL MEDIATOR

Carli H. Jacobs, MA, Clinical Psychology Graduate Student, Georgia State University, Atlanta, Georgia, USA; Amanda M. Woods, B.S., Clinical Psychology Graduate Student, Georgia State University, Department of Psychology, Atlanta, Georgia, USA; Lisa R. Lilienfeld, PhD, Associate Professor, Georgia State University, Department of Psychology, Atlanta, Georgia, USA

12:15 p.m.

P60

AN EXAMINATION OF EATING DISORDER RISK FACTORS AMONG GAY AND LESBIAN INDIVIDUALS

Angela K. Picot, MA, Psychology Intern, Psychiatry and Behavioral Sciences, Chicago, Illinois, USA; Lisa R. Lilienfeld, PhD, Assistant Professor, Psychology, Atlanta, Georgia, USA; Carli H. Jacobs, MA, Doctoral Student, Psychology, Atlanta, Georgia, USA

K

Comorbidity

Mont Royal

Chair: Stephen Wonderlich, PhD, FAED

11:00 a.m.

P61

OBSESSIVE COMPULSIVE SYMPTOM PRESENTATION IN RESTRAINED EATERS

Sabreena K. Bola, BA, Student, University of Windsor, Stoney Creek, Ontario, Canada; Amy L. Kossert, Student, University of Windsor, Windsor, Ontario, Canada; Josee L. Jarry, PhD, Assistant Professor, University of Windsor, Windsor, Ontario, Canada

11:15 a.m.

P62

THE INTERACTION BETWEEN DIETING AND CHECKING COMPULSIONS INTERFERE WITH IMPROVEMENT IN EATING PATHOLOGY OVER TIME

Sabreena K. Bola, BA, Student, University of Windsor, Stoney Creek, Ontario, Canada; Josee L. Jarry, PhD, Assistant Professor, University of Windsor, Windsor, Ontario, Canada; Amy L. Kossert, Student, University of Windsor, Windsor, Ontario, Canada

11:30 a.m.

P63

PERSONALITY CLASSIFICATION SYSTEMS FOR ADOLESCENTS WITH EATING DISORDERS

Heather Thompson-Brenner, PhD, Research Assistant Professor, Boston University, Boston, Massachusetts, USA; Kamryn T. Eddy, MA, Doctoral Candidate, Boston University, Boston, Massachusetts, USA; Drew Westen, PhD, Professor, Emory University, Atlanta, Georgia, USA

11:45 a.m.

P64

AVOIDANT COPING AND OBLIGATORY EXERCISE IN WOMEN WITH NEGATIVE BODY IMAGE

Denise N. Lash, Ms, Graduate Student, University of New Mexico, Albuquerque, New Mexico, USA; Jane Ellen Smith, PhD, Professor, University of New Mexico, Albuquerque, New Mexico, USA; Brenda L. Wolfe, PhD, Clinical Psychologist, University of New Mexico, Albuquerque, New Mexico, USA

Noon

P65

ETIOLOGICAL FACTORS FOR PERSONALITY PATHOLOGY IN ADOLESCENT EATING DISORDERS

Dana A. Satir, AB, Doctoral Candidate, Boston University, Boston, Massachusetts, USA; Heather Thompson-Brenner, PhD, Assistant Professor, Boston University, Boston, Massachusetts, USA; Kamryn T. Eddy, MA, Doctoral Candidate, Boston University, Boston, Massachusetts, USA; Drew Westen, PhD, Professor, Emory University, Atlanta, Georgia, USA

12:15 p.m.

P66

CHILDHOOD OBESITY AND ATTENTION DEFICIT/HYPERACTIVITY DISORDER: A NEWLY DESCRIBED COMORBIDITY IN OBESE HOSPITALIZED CHILDREN

Anat N. Agranat-Meged, MD, Head Child Psychiatry Inpatient Department, Hadassah University Hospital, Jerusalem, Israel; Chane Deitcher, PhD, Hadassah University Hospital, Jerusalem, Israel; Gil Goldzweig, PhD, Hadassah University Hospital, Jerusalem, Israel; Lilach Leibenson, MD, Beer Sheva, Israel; Magda Stein, BA, Hadassah University Hospital, Jerusalem, Israel; Esti Galili-Weisstub, MD, Head, Child and Adolescent Psychiatry, Hadassah University Hospital, Jerusalem, Israel

12:30 – 2:30 p.m.

Lunch on your own

12:30 – 2:00 p.m.

Special Interest Group (SIG) Annual Meetings

The following Special Interest Groups will hold lunchtime meetings. New members are welcome. Box lunches will be available with advance purchase. Additional SIG meetings will be held on Thursday, April 28, 12:30 – 2 p.m.

Athletes

Mont Royal

Chairs: Ron Thompson, PhD, FAED

Roberta Sherman, PhD, FAED

Bariatric Surgery

Hampstead

Chair: Carol Signore, MAT, LMAT, MS

Co-Chair: Brenda Wolfe, PhD

Perry Kaly, PhD

Body Image

Côte St. Luc

Chair: Stacey Dunn, PhD

Child and Adolescents

Verdun

Chair: Shelagh Wright

Co-Chair: Nancy Zucker, PhD

Cognitive Behavioral Therapy

Lachine

Chair: Claire Wiseman, PhD

Co-Chair: Katharine Loeb, PhD

Hispano Latino American

La Salle

Chair: Armando Barriguete, MD, FAED

Co-Chairs: Fabian Melamed, PhD, FAED

Fernando Fernández-Aranda, PhD, FAED

Medical Care

Verriere

Chair: Ovidio Bermudez, MD, FAED

Co-Chairs: Richard Kreipe, MD

Garry Sigman, MD, FAED

Detailed Program

Workshops that are designated with a  code indicate a Core Skills Workshop.

Private Practice

St. Pierre

Chair: Jill Strasser, PsyD

Transcultural

Le Portage

Chair: Richard Gordon, PhD

Co-Chair: Armando Barriguete, MD, FAED

2:30 – 4 p.m.

Oral Scientific Paper Session II

Brief scientific papers will be presented and discussed in these concurrent sessions. Abstracts of the papers can be found in the Conference Proceedings.

A Child and Adolescents 2

Le Portage

Chair: Nancy Zucker, PhD

2:30 p.m.

P67

INSECURE ATTACHMENT STYLE AND REPULSION BY LIFE IN ANOREXIC AND BULIMIC PATIENTS

Zipora Hochdorf, PhD, Lecturer in Faculty of Education, Family Therapist, Western Galilee Acadami, Haifa, Israel; Yael Latzer, PhD, Lecturer in the School of Social work, Director of the Eating Disorder Clinic, Haifa, Israel

2:45 p.m.

P68

RELATIONSHIPS BETWEEN ATTACHMENT STYLES, PERSONALITY, AND DISORDERED EATING

Janet W. Solomon, MA, Graduate Student, Psychology, Okemos, Michigan, USA; Kelly Klump, PhD, Associate Professor, Psychology, East Lansing, Michigan, USA; Alytia Levendosky, PhD, Professor, Psychology, East Lansing, Michigan, USA

3:00 p.m.

P69

CONSTRUCT VALIDITY OF THE CHILDREN'S EATING ATTITUDE TEST IN A SAMPLE OF MEXICAN PREADOLESCENT GIRLS

Paulette C. L'Espérance, MD, Student, National University of Mexico, Mexico City, Mexico, D.F., Mexico; Gilda L. Gómez-Peresmitre, PhD, Full-Time Researcher and Teacher, National University of Mexico, Mexico City, Mexico, D.F., Mexico

3:15 p.m.

P70

TRIAGE PREDICTOR TOOL FOR CHILD AND ADOLESCENT EATING DISORDERS

Debra K. Katzman, MD, Associate Professor of Pediatrics, Hospital for Sick Children and University of Toronto, Toronto Ontario, Canada; Leora Pinhas, MD, Lecturer, The Hospital for Sick Children, Toronto, Ontario, Canada; Donna Sameuls, RN, Nurse, The Hospital for Sick Children, Toronto, Ontario, Canada; Margus Heinmaa, MPsy, PhD Candidate, The Hospital for Sick Children, Toronto, Ontario, Canada

3:30 p.m.

P71

INTERNAL CONSISTENCY OF THE EATING DISORDER EXAMINATION WITH THE ADDITION OF SUPPLEMENTARY ITEMS IN ADOLESCENTS WITH ANOREXIA NERVOSA

Jennifer L. Couturier, MD, Postdoctoral Scholar, Stanford University, Stanford, California, USA; James Lock, MD, PhD, Associate Professor, Stanford University, Stanford, California, USA

3:45 p.m.

P72

CLINICAL CHARACTERISTICS AND PSYCHOLOGICAL FEATURES OF ANOREXIA NERVOSA: A COMPARISON OF ADULTS AND ADOLESCENTS

Jennifer E. Jones, PhD, Instructor in Clinical Psychology, Columbia University College of P & S, New York, New York, USA; Loeb L. Katharine, PhD, Assistant Professor of Psychiatry, Mt. Sinai School of Medicine, New York, New York, USA; B. T. Walsh, MD, Ruane Professor of Psychiatry, Columbia University College of P & S, New York, New York, USA; Evelyn Attia, MD, Associate Clinical Professor of Psychiatry, Columbia University College of P & S, New York, New York, USA

B Prevention 2

Hampstead

Chair: Ricardo Dalle Grave, MD

2:30 p.m.

P73

HEALTHY SCHOOLS-HEALTHY KIDS: FINDINGS FROM AN RCT OF A COMPREHENSIVE EATING DISORDER PREVENTION PROGRAM IN MIDDLE SCHOOLS

Gail L. McVey, PhD, Health Systems Research Scientist, The Hospital for Sick Children, Toronto, Ontario, Canada; Stacey R. Tweed, BSc, The Hospital for Sick Children, Toronto, Ontario, Canada

2:45 p.m.

P74

AN INTERNET BASED PSYCHOSOCIAL INTERVENTION CAN REDUCE WEIGHT SHAPE CONCERNS

Barr Taylor, MD, Professor, Psychiatry, Stanford, California, USA; Susan Bryson, MA, Statistician, Psychiatry, Stanford, California, USA; Angela Celio, MA, Doctoral Student, Washington University School of Medicine, St. Louis, Missouri, USA; Kristine H. Luce, PhD, Research Assistant, Psychiatry, Stanford, California, USA; Darby Cunniff, MA, Research Assistant, Psychiatry, Stanford, California, USA; Liana Abascal, MA, Doctoral Student, SDSU/UCSD, San Diego, California, USA; Roxanne Rockwell, BA, Assistant Clinical Director, SDSU/UCSD, San Diego, California, USA; Pavarti Dev, PhD, Senior Research Associate, Stanford Medical Center, Stanford, California, USA; Andrew Winzelberg, PhD, Research Associate, Psychiatry, Stanford, California, USA; Denise Wilfley, PhD, Professor, Psychiatry, St. Louis, Missouri, USA

3:00 p.m.

P75

KNOWLEDGE AND BELIEFS OF ADOLESCENT FEMALES CONCERNING THE TREATMENT OF BULIMIA NERVOSA

Jonathan M. Mond, MPhil, Research Scientist, Neuropsychiatric Research Institute, Fargo, North Dakota, USA; Peta Marks, RN, Development Officer, Centre for Eating and Dieting Disorders, Sydney, NSW, Australia; Phillipa Hay, PhD, Professor, James Cook University, Townsville, QLD, Australia; Bryan Rodgers, PhD, Senior Fellow, Australian National University, Canberra, ACT, Australia; Claire Kelly, BA (Hons), Doctoral student, Australian National University, Canberra, ACT, Australia; Cathy Owen, MD, Associate Professor, Australian National University, Canberra, ACT, Australia; Susan J. Paxton, PhD, Professor, La Trobe University, Bundoora, Victoria, Australia

Detailed Program

Workshops that are designated with a  code indicate a Core Skills Workshop.

3:15 p.m.

P76

A BRIDGE OVER TROUBLED WATER: DENTAL HYGIENISTS' READINESS AND CAPACITY FOR SECONDARY PREVENTION OF EATING DISORDERS

Rita D. DeBate, PhD, Associate Professor, Community and Environmental Health, Norfolk, Virginia, USA

3:30 p.m.

P77

LINKS BETWEEN PARENT-ADOLESCENT RELATIONSHIP QUALITIES AND THE DEVELOPMENT OF WEIGHT CONCERNS FROM EARLY THROUGH LATE ADOLESCENCE: A MULTI-LEVEL MODELING APPROACH

Ashleigh L. May, BA, Doctoral Student, Pennsylvania State University, University Park, Pennsylvania, USA; Ji-Yeon Kim, MS, Doctoral Candidate, Pennsylvania State University, University Park, Pennsylvania, USA; Susan McHale, PhD, Professor of Human Development, Pennsylvania State University, University Park, Pennsylvania, USA

3:45 p.m.

P78

THE INFLUENCE OF A PRIMARY PREVENTION PROGRAM ON EATING-RELATED ATTITUDES OF FEMALE MIDDLE SCHOOL STUDENTS

Daniel Stein, MD, Director, Pediatric Psychosomatic Department, Tel Hashomer, Israel; Laura Canetti, PhD, Psychologist, Psychiatric Department, Hadassah University Hospital, Jerusalem, Israel; Eitan Bachar, PhD, Chief Psychologist, Hadassah University Hospital, Jerusalem, Israel; Eitan Gur, MD, Director, Eating Disorders Department, Sheba Medical Center, Tel Hashomer, Israel

C

Treatment 2

Westmount

Chair: Howard Steiger, PhD, FAED

2:30 p.m.

P79

ADOLESCENT IN-PATIENT TREATMENT FOR ANOREXIA NERVOSA: A QUALITATIVE STUDY EXPLORING YOUNG ADULTS' RETROSPECTIVE VIEWS OF TREATMENT AND DISCHARGE

Hannah M. Turner, DClInPsych, Clinical Psychologist, University of Southampton, Eastleigh, Hampshire, United Kingdom; Abaigh Offord, DClInPsych, Clinical Psychologist, University of Oxford, Oxford, Oxfordshire, United Kingdom; Myra Cooper, MPhil, Senior Research Tutor, Oxford University, Oxford, Oxfordshire, United Kingdom

2:45 p.m.

P80

EFFECT OF THE FAMILY MEAL INTERVENTION ON WEIGHT GAIN AND GENERAL OUTCOME IN ADOLESCENT ANOREXIA NERVOSA-A RANDOMIZED CONTROLLED PILOT STUDY

Cecile Rausch Herscovici, PhD, Full Professor, Universidad del Salvador, Buenos Aires, Buenos Aires, Buenos Aires, Argentina

3:00 p.m.

P81

ATTACHMENT PREDICTS TREATMENT COMPLETION IN AN EATING DISORDERS PARTIAL HOSPITAL PROGRAM AMONG WOMEN WITH ANOREXIA NERVOSA

Giorgio A. Tasca, PhD, Psychologist/Clinical Professor, The Ottawa Hospital/University of Ottawa, Ottawa, Ontario, Canada; Taylor Daniel, PhD, Psychologist, Ottawa, Ontario, Canada; Hany Bissada, MD, Assistant Professor, University of Ottawa/The Ottawa Hospital, Ottawa, Ontario, Canada; Kerri Ritchie, PhD, Psychologist, The Ottawa Hospital, Ottawa, Ontario, Canada; Louise Balfour, PhD, Psychologist/Clinical Professor, The Ottawa Hospital/University of Ottawa, Ottawa, Ontario, Canada

3:15 p.m.

P82

THE USE OF ANTI-DEPRESSANT MEDICATIONS DURING INPATIENT TREATMENT OF EATING DISORDERS IN A COGNITIVE THERAPY MILIEU: EFFECT ON OUTCOME OF DEPRESSIVE SYMPTOMS

Wayne A. Bowers, PhD, Professor, University of Iowa, Iowa City, Iowa, USA

3:30 p.m.

P83

6-YEAR FOLLOW-UP OF A DAY-HOSPITAL TREATMENT FOR EATING DISORDERS: PRELIMINARY RESULTS

Fausto Manara, PhD, Professor of Psychiatry, Brescia, Italy; Patrizia Todisco, MD, Medical Doctor, AED, SRP, ISSPD, SIS-DCA, SIO, ANSISA, Brescia, Italy; Narciso Pigoli, Male Nurse, Brescia, Italy

3:45 p.m.

P84

BIOLOGICAL BACKGROUND OF THE PSYCHOLOGICAL EFFECTS OF COGNITIVEBEHAVIORAL THERAPY IN ANOREXIA NERVOSA

Francesca Brambilla, MD, Professor, Department Mental Health, Hospital Sacco, Milano, Italy; Simona Caluggi, MD, Assistant, Villa Garda, Garda, Italy; Tiziana Todesco, MD, Assistant, Villa Garda, Garda, Italy; Riccardo Dalle Grave, MD, Director, Villa Garda, Garda, Italy

D

Outcome 2

Outremont

Fernando Fernández-Aranda, FAED, PhD

2:30 p.m.

P85

AN INSIDER'S PERSPECTIVE OF MOTHERS AND FATHERS WHO PROVIDE CARE FOR CHILDREN WITH EATING DISORDERS

Cheryl A. Dellasega, PhD, Professor of Humanities, Penn State University College of Medicine, Hershey, Pennsylvania, USA; Brigitte F. Haagen, DNSc, Associate Professor of Nursing, York College of Pennsylvania, York, Pennsylvania, USA

2:45 p.m.

P86

RELAPSE AND RECOVERY IN ANOREXIA NERVOSA: THE PATIENTS' PERSPECTIVE

Anita Federici, MSc, PhD Candidate, York University, Clinical Psychology, Toronto, Ontario, Canada; Allan S. Kaplan, MD, Professor, Faculty of Medicine, Toronto General Hospital, Toronto, Ontario, Canada

Detailed Program

Workshops that are designated with a  code indicate a Core Skills Workshop.

3:00 p.m.

P87

THE RELATIONSHIP BETWEEN EATING DISORDER SYMPTOMATOLOGY AND AWARENESS OF INNER BODY AWARENESS

Sonja Spoor, PhD Student, Psychology and Health, Tilburg, Noord Brabant, The Netherlands; Tatjana van Strien, Associate Professor, Clinical Psychology, Nijmegen, Gelderland, The Netherlands; Marrie Bekker, PhD, Psychology and Health, Tilburg, Noord Brabant, the Netherlands; Guus van Heck, Professor, Psychology and Health, Tilburg, Noord Brabant, The Netherlands

3:15 p.m.

P88

ADOLESCENT FEMALES WITH ANOREXIA NERVOSA: CAPACITY TO CONSENT TO TREATMENT

Sheri L. Turrell, PhD, Psychologist (Supervised Practice), North York General Hospital, Toronto, Ontario, Canada; Michele Peterson-Badali, PhD, Associate Professor, OISE/University of Toronto, Toronto, Ontario, Canada; Judith Wiener, PhD, Professor, OISE/University of Toronto, Toronto, Ontario, Canada; Debbie Katzman, MD, Medical Director, Eating Disorders, HSC, Hospital for Sick Children, Toronto, Ontario, Canada

3:30 p.m.

P89

QUALITY OF TREATMENT FOR EATING DISORDERS FROM THE PATIENT PERSPECTIVE

Simone M. de la Rie, MA, Psychologist and Researcher, Robert Fleury Foundation, Leidschendam, Zuid Holland, The Netherlands; Greta Noordenbos, PhD, University of Leiden, Leiden, Zuid Holland, The Netherlands; Eric F. van Furth, PhD, Robert Fleury Foundation, Leidschendam, Zuid Holland, The Netherlands

3:45 p.m.

P90

INVESTIGATING THE IMPACT OF PRO-ANOREXIA WEBSITES: A PILOT STUDY

Kamila M. O'Neill, MA, Clinical Psychology Doctoral Student, University of Missouri-Columbia, Columbia, Missouri, USA; Anna M. Bardone-Cone, PhD, Assistant Professor, University of Missouri-Columbia, Columbia, Missouri, USA

E At-Risk Populations 2 Verriere

Chair: Roberta Sherman, PhD, FAED

2:30 p.m.

P91

EATING DISORDERS BEHAVIORS DURING PREGNANCY: RESULTS FROM A LONGITUDINAL STUDY

Nadia Micali, MD, Lecturer, Child Psychiatry Dept, London, United Kingdom; Emily Simonoff, PhD, Professor of Child Psychiatry, Child Psychiatry Dept., IOP, London, United Kingdom; Janet L. Treasure, PhD, Professor of Psychiatry, Institute of Psychiatry and GKT Medical, London, United Kingdom; The Alspac Study Team, Bristol, United Kingdom

2:45 p.m.

P92

PARENTING CONCERNS OF MOTHERS WITH EATING DISORDERS: A QUALITATIVE INVESTIGATION

Suzanne E. Mazzeo, PhD, Assistant Professor, Virginia Commonwealth University, Richmond, Virginia, USA; Nancy Zucker, PhD, Assistant Professor, Duke University, Durham, North Carolina, USA; Clarice K. Gerke, MS, Research Assistant, Virginia Commonwealth University, Richmond, Virginia, USA; Cynthia M. Bulik, PhD, Professor, University of North Carolina Chapel Hill, Chapel Hill, North Carolina, USA

3:00 p.m.

P93

EATING DISTURBANCES IN GIRLS WITH TYPE I DIABETES: ONE-YEAR FOLLOW-UP

Patricia A. Colton, MD, Assistant Professor, University of Toronto, Toronto, Ontario, Canada; Marion P. Olmsted, PhD, Associate Professor of Psychiatry, University of Toronto, Toronto, Ontario, Canada; Denis Daneman, MD, Professor of Pediatrics, Hospital for Sick Children, Toronto, Ontario, Canada; Anne C. Rydall, MSc, Research Coordinator, University Health Network, Toronto, Ontario, Canada; Gary M. Rodin, MD, Professor of Psychiatry, University of Toronto, Toronto, Ontario, Canada

3:15 p.m.

P94

DISORDERED EATING BEHAVIORS AMONG ADOLESCENT MALES SEXUALLY ACTIVE WITH OTHER MALES: PREVALENCE AND ASSOCIATIONS WITH PSYCHOSOCIAL FACTORS

Diann M. Ackard, PhD, Licensed Psychologist, Private Practice, Minneapolis, Minnesota, USA; Greg Fedio, MPH, Registered Dietitian, Eating Disorders Institute, St Louis Park, Minnesota, USA; Dianne Neumark-Sztainer, PhD, Assistant Professor, School of Public Health, Minneapolis, Minnesota, USA; Heather R. Britt, PhD, Prevention Research Specialist, Minnesota Department of Education, Roseville, Minnesota, USA

3:30 p.m.

P95

ROUTINE BODY COMPOSITION ASSESSMENT — THE TRIGGER FOR DISORDERED EATING PATTERNS AMONG UNIVERSITY FEMALE ATHLETES

Tristaca K. Caldwell, BSc, MSc Student/Research Assistant, Nutrition and Dietetics, McGill, Montréal, QC, Canada; Kristine G. Koski, PhD, Program Director, Dietetics and Nutrition, McGill, Montréal, QC, Canada

3:45 p.m.

P96

DEPRESSIVE STRESS IN ATHLETES REVEALS AN ASSOCIATION BETWEEN CATASTROPHIC THOUGHT AND MEASURES OF BULIMIA

Ruggiero M. Giovanni, MD, Studi Cognitivi Cognitive Therapy School, Milano, Italy; Sassaroli Sandra, MD, Director of Studi Cognitivi, Studi Cognitivi Cognitive Therapy School, Milano, Italy; Marco Forti, PsyD, Studi Cognitivi Cognitive Therapy School, San Benedetto del Tronto, Ascoli Piceno, Italy; Marilena De Angelis, PsyD, Studi Cognitivi Cognitive Therapy School, San Benedetto del Tronto, Ascoli Piceno, Italy; Andrea Ramadori, Studi Cognitivi Cognitive Therapy School, San Benedetto del Tronto, Ascoli Piceno, Italy; Francesca Scacchioli, PsyD, Studi Cognitivi Cognitive Therapy School, San Benedetto del Tronto, Ascoli Piceno, Italy

Detailed Program

Workshops that are designated with a  code indicate a Core Skills Workshop.

F Binge Eating Disorder 2 Côte St. Luc

Chair: James Hudson, MD, FAED

2:30 p.m.

P97

DO BODY DISSATISFACTION, FEAR OF WEIGHT GAIN, AND STIGMATIZATION EXPERIENCES PREDICT OBESITY TREATMENT OUTCOME?

Janet D. Latner, PhD, Lecturer, Psychology, Christchurch, Canterbury, New Zealand; G. Terence Wilson, PhD, Oscar K. Buros Professor of Psychology, Rutgers University, Piscataway, New Jersey, USA; Mary L. Jackson, Director, Trevoze Behavior Modification Program, Philadelphia, Pennsylvania, USA

2:45 p.m.

P98

THE EFFECT OF A PILOT DAY PROGRAM FOR OBESE ADOLESCENTS ON PSYCHOLOGICAL WELL-BEING

Sarah F. Etu, BA, Research Coordinator, Columbia University/NYSPI, New York, New York, USA; Lisa A. Kotler, MD, Assistant Professor of Clinical Psychiatry, Columbia University/NYSPI, New York, New York, USA; Evelyn Attia, MD, Associate Professor of Clinical Psychiatry, Columbia University/NYSPI, New York, New York, USA; Michael J. Devlin, MD, Associate Professor of Clinical Psychiatry, Columbia University/NYSPI, New York, New York, USA; B. Timothy Walsh, MD, Ruane Professor of Psychiatry, Columbia University/NYSPI, New York, New York, USA

3:00 p.m.

P99

BEHAVIORAL TREATMENT OF SEVERELY OVERWEIGHT CHILDREN: PREVALENCE AND CORRELATES OF PARENT BARIATRIC SURGERY

Rebecca Ringham, MS, Graduate Student Researcher, Western Psychiatric Institute and Clinic, Pittsburgh, Pennsylvania, USA; Melissa Kalarchian, PhD, Western Psychiatric Institute and Clinic, Pittsburgh, Pennsylvania, USA; Michele Levine, PhD, Western Psychiatric Institute and Clinic, Pittsburgh, Pennsylvania, USA; Carrie Sheets, BA, Western Psychiatric Institute and Clinic, Pittsburgh, Pennsylvania, USA; Denise Stokes, BA, Pittsburgh, Pennsylvania, USA; Jaime Hostetler, BA, Pittsburgh, Pennsylvania, USA; Marsha Marcus, PhD, Pittsburgh, Pennsylvania, USA

3:15 p.m.

P100

BINGE EATING STATUS AND BINGE EATING REMISSION DO NOT PREDICT WEIGHT LOSS OR IMPROVED PSYCHOPATHOLOGY FOLLOWING ROUX-EN-Y GASTRIC BYPASS SURGERY (RYGB)

Marci E. Gluck, PhD, Research Associate, NY Obesity Research Center, New York, New York, USA; Allan Geliebter, PhD, Research Scientist, NY Obesity Research Center, New York, New York, USA; Margarita Lorence, BA, Project Coordinator, NY Obesity Research Center, New York, New York, USA; Mayumi Takahashi, MD, Research Assistant, NY Obesity Research Center, New York, New York, USA; Louis Flancbaum, MD, Associate Professor of Clinical Surgery, St. Luke's/Roosevelt Hospital, Department Surgery, New York, New York, USA

3:30 p.m.

P101

BINGE EATING AMONG AFRICAN AMERICAN AND CAUCASIAN WOMEN SEEKING BARIATRIC SURGERY

Suzanne E. Mazzeo, PhD, Assistant Professor, Psychology, Richmond, Virginia, USA; Ronna Saunders, MSW, Director, Center for Behavioral Change, Richmond, Virginia, USA; Karen S. Mitchell, BS, Research Assistant, Psychology, Richmond, Virginia, USA

3:45 p.m.

P102

RESPONSE OF BINGE EATING TO SELF-MONITORING: DOES BINGE DRIFT OCCUR?

Tom Hildebrandt, PsyM, Psychology Intern, Department of Psychiatry, Piscataway, New Jersey, USA; Janet D. Latner, PhD, Lecturer, Department of Psychology, Christchurch, New Zealand

G Biology 2

Verdun

Chair: Scott Crow, MD, FAED

2:30 p.m.

P103

FRONTAL LOBE FUNCTION AND EATING PATHOLOGY

April Groff MA, Graduate Student, Boston University, Boston, Massachusetts, USA

2:45 p.m.

P104

EFFECTS OF LONG-TERM FOOD DEPRIVATION ON NEURONAL ACTIVITY ASSESSED WITH 2-DEOXY-2-[¹⁸F] FLUORO-D-GLUCOSE AND MICROPET: AN ANIMAL MODEL OF ANOREXIA NERVOSA

Nicole C. Barbarich-Marsteller, BS, PhD Candidate in Neuroscience, SUNY Stony Brook, Upton, New York, USA; Douglas A. Marsteller, MA, PhD Candidate in Pharmacology, SUNY Stony Brook, Stony Brook, New York, USA; Stephen L. Dewey, PhD, Senior Chemist, Brookhaven National Laboratory, Upton, New York, USA

3:00 p.m.

P105

DOES PARTICIPATION IN OSTEOPOROSIS TREATMENT TRIALS ENHANCE AN OUTCOME?

David B. Herzog, MD, Professor, Harvard Medical School, Boston, Massachusetts, USA; Debra L. Franko, PhD, Associate Professor, Northeastern University, Boston, Massachusetts, USA; David J. Dorer, PhD, Massachusetts General Hospital, Boston, Massachusetts, USA; Safia C. Jackson, BS, Massachusetts General Hospital, Boston, Massachusetts, USA; Mary Patricia Manzo, AB, Massachusetts General Hospital, Boston, Massachusetts, USA; Steven K. Grinspoon, MD, Associate Professor, Harvard Medical School, Boston, Massachusetts, USA; Karen K. Miller, MD, Assistant Professor, Harvard Medical School, Boston, Massachusetts, USA

Detailed Program

Workshops that are designated with a  code indicate a Core Skills Workshop.

3:15 p.m.

P106

BISPHOSPHONATES FOR THE TREATMENT OF OSTEOPENIA IN ANOREXIA NERVOSA

Neville H. Golden, MD, Co-Director, Eating Disorders Center, Schneider Children's Hospital, New Hyde Park, New York, USA; Elba Iglesias, MD, Schneider Children's Hospital, New Hyde Park, New York, USA; Marc S. Jacobson, MD, Schneider Children's Hospital, New Hyde Park, New York, USA; Dennis Carey, MD, Schneider Children's Hospital, New Hyde Park, New York, USA; Wendy Meyer, MSRD, Schneider Children's Hospital, New Hyde Park, New York, USA; Janet Schebendach, RDMA, Schneider Children's Hospital, New Hyde Park, New York, USA; Stanley Hertz, MD, Co-Director, Eating Disorders Center, Schneider Children's Hospital, New Hyde Park, New York, USA; I. Ronald Shenker, MD, Schneider Children's Hospital, New Hyde Park, New York, USA

3:30 p.m.

P107

ALTERATIONS OF AUTONOMIC CARDIAC CONTROL AND QT INTERVAL IN CHRONIC ANOREXIA NERVOSA

Yoshikatsu Nakai, MD, Professor, School of Health Sciences, Kyoto, Kyoto, Japan

3:45 p.m.

P108

PULMONARY FUNCTION IN ANOREXIA NERVOSA

Fausto Manara, PhD, Professor of Psychiatry, Brescia, Italy; Patrizia Todisco, MD, Internal Medicine and Psychotherapy, SPR, SIS-DCA, SITCC, SIO, ANSISA, Brescia, Italy; Giovanni Gardini, MD, Brescia, Italy; Stefania Redolfi, MD, Brescia, Italy; Enrico Boni, MD, Brescia, Italy; Luciano Corda, MD, Brescia, Italy; Michele Guerini, MD, Brescia, Italy



Diagnosis/Other 2A

Lachine

Chair: Susan Paxton, PhD

2:30 p.m.

P109

MULTIDIMENSIONAL ASSESSMENT OF THE IMPULSIVITY CONSTRUCT IN ANOREXIA AND BULIMIA NERVOSA: RELEVANCE OF BEHAVIORAL AND SELF-REPORT MEASURES

Lindsay M. Rosval, Research Assistant, Eating Disorders Program, H. Douglas, Montréal, Québec, Canada; Howard Steiger, PhD, Professor of Psychiatry, McGill University and Douglas Hospital, Montréal, Québec, Canada; Kenneth Bruce, PhD, Assistant Professor of Psychiatry, McGill University, Montréal, Québec, Canada; Mimi Israël, MD, Associate Professor, Psychiatrist, McGill University and Douglas Hospital, Montréal, Québec, Canada; Jodie Richardson, BSc, Doctoral Student, McGill University, Montréal, Québec, Canada; Melanie Aubut, BSc, Doctoral Student, University du Québec et Montréal, Montréal, Québec, Canada

2:45 p.m.

P110

HIGH RISK BEHAVIORS AND INTERPERSONAL RELATIONSHIP OF YOUNG FEMALES AT RISK OF EATING DISORDERS

Ting Fei T. Ho, MD, Associate Professor, National University of Singapore, Singapore, Singapore; Hui Ching C. Lim, BSc, Graduate Student, National University of Singapore, Singapore, Singapore; Bee Choo C. Tai, BSc, PhD Candidate, National University of Singapore, Singapore, Singapore; Ee Lian L. Lee, MBBS, Dr, National Healthcare Group, Singapore, Singapore; Pei Hsiang H. Liow, MBBS, Dr, National Healthcare Group, Singapore, Singapore; Samuel Cheng, MBBS, Dr, National Healthcare Group, Singapore, Singapore

3:00 p.m.

P111

EATING DISORDERS; PERSONALITY TRAITS AND NEUROPSYCHOLOGICAL FUNCTION

Jennie C. Åhrén-Moonga, MSc, Doctoral Student, Institution for Neuroscience/Psychiatry, Uppsala, Sweden; Britt af Klinteberg, PhD, Professor, Chess, Karolinska Institute, Stockholm, Sweden; Lars von Knorring, MD, PhD, Professor, Institution for Psychiatry, Uppsala University Hospital, Uppsala, Sweden

3:15 p.m.

P112

MANIPULATION OF PERFECTIONISM AND EATING DISORDER PSYCHOPATHOLOGY

Michelle J. Lee, BSc, Research Psychologist, Oxford University Department of Psychiatry, Oxford, Oxon, United Kingdom; Roz Shafran, PhD, Chartered Clinical Psychologist, Oxford University Department of Psychiatry, Oxford, Oxon, United Kingdom; Elizabeth Payne, BSc, Research Assistant, Oxford University Department of Psychiatry, Oxford, Oxon, United Kingdom

3:30 p.m.

P113

RELATIONSHIPS BETWEEN TRAIT PERFECTIONISM AND SPECIFIC DISORDERED EATING BEHAVIORS

Kelsie T. Forbush, BA, Graduate Student, The University of Iowa, Iowa City, Iowa, USA; Pamela K. Keel, PhD, Associate Professor, The University of Iowa, Iowa City, Iowa, USA; Todd F. Heatherton, PhD, Department Chair and Professor, Dartmouth College, Hanover, New Hampshire, USA

3:45 p.m.

P114

THE RELATIONSHIP BETWEEN CALCIUM AND BODY WEIGHT: RECENT FINDINGS FROM A STUDY OF WEIGHT LOSS MAINTENANCE

Christopher N. Ochner, MA, Doctoral Student, Drexel University, Philadelphia, Pennsylvania, USA; Michael R. Lowe, Drexel University, Philadelphia, Pennsylvania, USA



Diagnosis/Other 2B

La Salle

Chair: Anna Keski-Rahkonen, MD

2:30 p.m.

P115

DEVELOPING COGNITIVE THEORY IN EATING DISORDERS: THE ROLE OF THE EATING DISORDER BELIEF QUESTIONNAIRE

Myra Jane Cooper, DPhil, Senior Research Tutor, University of Oxford, Oxford, Oxfordshire, United Kingdom

Detailed Program

Workshops that are designated with a  code indicate a Core Skills Workshop.

2:45 p.m.

P116

SINGLE CASE EVALUATION OF THE EFFECTS OF MANIPULATING POSITIVE AND NEGATIVE BELIEFS ABOUT EATING ON EATING BEHAVIOR IN BULIMIA NERVOSA: A REPEATED MEASURES CROSSOVER DESIGN

Gillian Todd, BA, Miss, Cambridge University, Cambridge, Cambridgeshire, United Kingdom; Adrian Wells, PhD, Professor, University of Manchester, Manchester, Lancashire, United Kingdom; Myra J. Cooper, D.Phil, Research Tutor/Consultant Psychologist, University of Oxford, Oxford, Oxfordshire, United Kingdom; Ian M. Goodyer, PhD, Professor of Developmental Psychiatry, University of Cambridge, Cambridge, Cambridgeshire, United Kingdom; Tim J. Croudace, PhD, Psychometric Epidemiologist, University of Cambridge, Cambridge, Cambridgeshire, United Kingdom

3:00 p.m.

P117

SOCIO-CULTURAL PROFILE OF PATIENTS SEEKING TREATMENT AT TWO LARGE ED OUTPATIENTS CLINICS IN ISRAEL: A DESCRIPTIVE EPIDEMIOLOGICAL STUDY

Yael Latzer, DSc, Senior Lecturer, ED Clinic, Rambam Medical Center, Haifa, Israel

3:15 p.m.

P118

INTERVENTION RESEARCH/INTERVENTION ADHERENCE: A METHODOLOGY TO VALIDATE FIDELITY OF THE INDEPENDENT VARIABLE IN CLINICAL TRIALS

Judy T. Sargent, MS, Doctoral Student, University of Michigan, Ann Arbor, Michigan, USA; Karen F. Stein, PhD, Associate Professor, University of Michigan, Ann Arbor, Michigan, USA

3:30 p.m.

P119

PREVALENCE AND PROFILES OF LAXATIVE MISUSE ACROSS EATING DISORDER DIAGNOSES

Rachel Bryant-Waugh, PhD, Consultant Clinical Psychologist, University of Southampton, Eastleigh, Hampshire, United Kingdom; Hannah M. Turner, DCLinPsych, Clinical Psychologist, University of Southampton, Southampton, Hampshire, United Kingdom; Philippa East, BSc, Assistant Psychologist, Hampshire Partnership NHS Trust, Southampton, Hampshire, United Kingdom

3:45 p.m.

P120

BODY CHECKING IN OBESE PATIENTS WITH BINGE EATING DISORDER: PRELIMINARY RESULTS AND PSYCHOMETRIC EVALUATION OF THE BODY CHECKING QUESTIONNAIRE

Deborah L. Reas, PhD, Postdoctoral Associate, Yale School of Medicine, Psychiatry, New Haven, Connecticut, USA; Carlos M. Grilo, PhD, Professor, Yale School of Medicine, Psychiatry, New Haven, Connecticut, USA

J

Cross-Cultural

St. Pierre

Chair: Armando Barriguete, MD, FAED

2:30 p.m.

P121

EPIDEMIOLOGY OF EATING DISORDERS: A TWO-STAGE EPIDEMIOLOGIC STUDY IN THE PORTUGUESE SCHOOL AGED POPULATION

Paulo P.P. Machado, PhD, Professor, Psicologia, Braga, Portugal; Daniel Sampaio, MD, Professor, Faculdade de Medicina, Lisboa, Portugal

2:45 p.m.

P122

RISKY EATING BEHAVIORS IN STUDENT POPULATION IN MÉXICO CITY: TENDENCIES 1997-2003

Claudia Unikel, PhD, Full Time Researcher, Epidemiological and Psychosocial Studies, DF, México; Ietza R. Bojorquez, MA, Student, Masters in Public Mental Health, DF, México; Jorge A. Villatoro, MA, Full Time Researcher, Epidemiological and Psychosocial Studies, DF, México; Clara Fleiz, BA, Full Time Researcher, Epidemiological and Psychosocial Studies, DF, México; María Elena Medina-Mora, PhD, Head Office, Epidemiological and Psychosocial Studies, DF, México

3:00 p.m.

P123

CONCEPTUALIZING RACE IN EATING DISORDERS RESEARCH: A HISTORICAL ANALYSIS OF METHODOLOGICAL APPROACHES IN EATING DISORDERS RESEARCH

Jenny L. Carrillo, MS, Graduate Student, Yale University, New Haven, Connecticut, USA; Kelly Brownell, PhD, Professor and Chair of Psychology, Yale University, New Haven, Connecticut, USA

3:15 p.m.

P124

GENDER CONSTRUCTION AND RISKY EATING ATTITUDES AND BEHAVIORS AMONG A GROUP OF PUREPECHA TEENAGE GIRLS IN MICHOACAN, MÉXICO

Ietza Bojorquez, MD, Doctoral Student, Instituto Nacional de Salud Publica, Cuernavaca, Morelos, México; Claudia Unikel, PhD, Researcher, Instituto Nacional de Psiquiatria, Ciudad de México, D.F., México

3:30 p.m.

P125

INTER-RATER AND TEST-RETEST RELIABILITY OF THE SPANISH LANGUAGE VERSION OF THE EATING DISORDER EXAMINATION INTERVIEW: CLINICAL AND RESEARCH IMPLICATIONS

Katherine A. Elder, PhD, Postdoctoral Associate, Yale School of Medicine, Psychiatry, New Haven, Connecticut, USA; Christine Lozano, PsyD, Associate Research Scientist, Yale School of Medicine, Psychiatry, New Haven, Connecticut, USA; Carlos M. Grilo, PhD, Professor, Yale School of Medicine, Psychiatry, New Haven, Connecticut, USA

3:45 p.m.

P126

THE MANY LAYERS OF UNPRETTY: A QUALITATIVE ANALYSIS OF EATING DISORDERS AND AFRICAN AMERICAN WOMEN

Tiffany C. Rush-Wilson, PhD, Walden University, Cleveland, Ohio, USA

Detailed Program

Workshops that are designated with a  code indicate a Core Skills Workshop.

K

Comorbidity/Trauma

Mont Royal

Chair: Glen Waller, DPhil

2:30 p.m.

P127

THE ASSOCIATIONS BETWEEN DISORDERED EATING AND LICIT AND ILLICIT SUBSTANCE USE: A COMMUNITY-BASED INVESTIGATION

Niva Piran, PhD, Professor, University of Toronto, Toronto, Ontario, Canada; Shannon Robinson, MA, Doctoral Candidate, University of Toronto, Toronto, Ontario, Canada

2:45 p.m.

P128

CLINICAL CORRELATES OF ARTIFICIAL SWEETENER USE AMONG WOMEN WITH BULIMIA NERVOSA

Diane A. Klein, MD, Research Fellow, Columbia University, New York, New York, USA; Gillian S. Boudreau, BA, Research Assistant, Columbia University, New York, New York, USA; Michael J. Devlin, MD, Associate Professor of Clinical Psychiatry, Columbia University, New York, New York, USA; B. Timothy Walsh, MD, Professor of Psychiatry, Columbia University, New York, New York, USA

3:00 p.m.

P129

DISORDERED EATING AND SUBSTANCE USE PATTERNS: A COMPARISON OF PERCEIVED ADVERSE IMPACTS

Niva Piran, PhD, Professor, University of Toronto, Toronto, Ontario, Canada; Holly Cormier, PhD, Research Fellow, Center for Addiction and Mental Health, Toronto, Ontario, Canada

3:15 p.m.

P130

EFFECTS OF CO-MORBID ALCOHOL USE DISORDER IN BULIMIA NERVOSA: BEHAVIORAL CHARACTERISTICS, SEROTONERGIC FUNCTION AND RESPONSE TO A LABORATORY ALCOHOL CHALLENGE

Kenneth Bruce, PhD, Assistant Professor, Psychiatry Department, McGill U., Montréal, Québec, Canada; Howard Steiger, PhD, Professor, Psychiatry Department, McGill U., Montréal, Québec, Canada; Mimi Israël, MD, Associate Professor, Psychiatry Department, McGill U., Montréal, Québec, Canada

3:30 p.m.

P131

SENSATION SEEKING, EATING DISORDERS AND VICTIMIZATION IN THE NATIONAL WOMEN'S STUDY

Timothy D. Brewerton, MD, Clinical Professor, Psychiatry and Behavioral Sciences, Charleston, South Carolina, USA; Bonnie S. Dansky, PhD, Adjunct Professor, MUSC Psychiatry and Behavioral Sciences, Charleston, South Carolina, USA; Patrick M. O'Neil, PhD, Professor, MUSC Psychiatry and Behavioral Sciences, Charleston, South Carolina, USA; Dean G. Kilpatrick, PhD, Professor, MUSC Psychiatry and Behavioral Sciences, Charleston, South Carolina, USA

3:45 p.m.

P132

ASSOCIATIONS BETWEEN SEXUAL AND PHYSICAL ABUSE AND EATING DISORDERS

Christina M. Capodilupo, EdM, Doctoral Student, Teachers College, Columbia University, New York, New York, USA; Alissa A. Haedt, Project Coordinator, University of Iowa, Iowa City, Iowa, USA; Pamela K. Keel, PhD, Associate Professor, University of Iowa, Iowa City, Iowa, USA

4 – 4:30 p.m.

Fontaine Exhibition Hall

Refreshment Break

4:30 – 6 p.m.

Special Interest Group (SIG) Discussion Panels

All conference attendees welcome.

A

CAN WE IMPROVE EATING DISORDER AND OBESITY PREVENTION EFFORTS BY INTEGRATING RISK FACTOR RESEARCH?

Outremont

Sponsored by the Prevention Special Interest Group

Moderator: Carolyn Becker, PhD, Co-Chair, Prevention SIG, Assistant Professor of Psychology, Trinity University, San Antonio, Texas, USA

What does risk factor research tell us about the viability of eating disorder and obesity prevention? Can we use basic research investigating etiology to improve prevention programs? This panel aims to critically relate findings from basic risk factor research to the prevention of both eating disorders and obesity. Panelists will discuss what risk factor research suggests about the possibility of eating disorder and obesity prevention, and will explore the utility of risk factor findings in the development of prevention programs. Panelists also will explore what we can learn from more developed prevention fields in terms of integrating risk factor research.

How Much Success Can We Expect from Eating Disorder Prevention Programs? Reconciling the Findings from Risk Factor Research

Gail Huon, PhD, Professor, School of Psychology, University of New South Wales, Sydney, Australia

Eating disorders are widely agreed to have a multidetermined aetiology that implicates sociocultural, familial and individual psychological and biological factors. A recent increase in methodological sophistication of risk factor research has begun not only to highlight the multiple factors involved, but also to shed light on the complexity of their contributions. This presentation will consider the plausibility of the goal of preventing eating disorders, given a critical reflection on risk factor research.

Using Risk Factor Findings to Design Eating Disorder Prevention Programs: Tales of Success and Failure

Eric Stice, PhD, Research Professor, University of Texas at Austin, Austin, Texas, USA and Heather Shaw, PhD, Research Scientist, University of Texas at Austin, Austin, Texas, USA

We will provide an overview of a series of prospective risk factor studies that have found that individuals with elevated thin-ideal internalization and dietary restraint are at increased risk for future onset of bulimic pathology. We will then describe two randomized trials that evaluated a prevention program designed to specifically reduce thin-ideal internalization. These trials provided rigorous experimental support for the assertion that thin-ideal internalization promotes bulimic symptoms, and therefore represent an example of using risk factor findings to develop an effective eating disorder prevention program. Next, we will describe two randomized trials that manipulated dietary restraint. The results of these experiments suggested that dietary restriction does not promote bulimic pathology, and therefore represent an example of a case when risk factor findings misinformed prevention efforts (probably because some omitted third-variable explains the effects observed in prospective risk factor studies or because the measures were invalid). Thus, this program of research provides an example of when risk factor findings fruitfully inform prevention efforts, but also illustrates that this process can go awry.

Workshops that are designated with a  code indicate a Core Skills Workshop.

Obesity Prevention: Problems and Opportunities

Ricardo Dalle Grave, MD, Chair, Prevention SIG, Head of Eating Disorder Unit, Casa di Cura Villa Garda, and President of AIDAP (Associazione Italiana Disturbi dell'Alimentazione e del Peso), Garda (Vr), Italy

Paradoxically, while many controlled trials are available for eating disorder prevention, there is almost no research in obesity prevention. The field of obesity prevention lacks both a structured framework and solid theory. Regarding universal prevention, little rigorous research has been carried out in larger populations. Selective prevention, directed at high risk individuals (e.g., at children with obese parents), shows various degrees of effectiveness, and the available data are limited in number of studies as well as in study design. Finally, although targeted prevention has produced promising results in obese children when compared to no treatment, long-term follow-up data are limited. The global epidemic of obesity indicates that obesity prevention should become a high priority research goal. A possible advance in the field of prevention could involve combining obesity and eating disorder prevention given that risk factor studies indicate that it may be inaccurate to view eating disorders and obesity as distinct entities. These conditions can co-occur and, in some cases, individuals pass from eating disorders to obesity or vice versa. Case control studies have shown that obesity is a risk factor for bulimia nervosa and binge eating disorder, and binge eating behaviors are very common among persons with obesity. In addition to conceptual reasons there are at least two important practical reasons for integrating eating disorders and obesity prevention. One important reason is cost reduction; one intervention is obviously cheaper than two. The second reason is to eliminate potential conflicting messages on nutrition, physical activity and body image and their potential iatrogenic effects coming from programs delivered separately.

From Highly Specific Risk Factors to Community-Based Prevention: Lessons from the Prevention of Cigarette Smoking and Alcohol Use by Young Adolescents

Michael Levine, PhD, FAED, Samuel B. Cummings, Jr. Professor of Psychology (with Dr. Linda Smolak), Kenyon College, Gambier, Ohio, USA

There is a very large literature on the universal and selective prevention of cigarette-smoking and alcohol use by young adolescents. It is safe to say that this "field" is far more advanced than the prevention of negative body image and disordered eating. This presentation considers how prevention research in the field of eating disorders can benefit from the ways in which an established field addresses risk factor research, prevention programming, and outcome evaluation.

B HEALTH AT EVERY SIZE: PERSPECTIVES FROM PRACTICING PROFESSIONALS ABOUT THE CHALLENGES AND REWARDS OF THIS NEW TREATMENT PARADIGM

Mont Royal

Sponsored by the Health at Every Size Special Interest Group

Moderator: Ellen Shuman, BA, Co-Chair, Health at Every Size SIG, Founder/Director, WellCentered Eating Disorder Treatment Programs, Life Coach, Cincinnati, Ohio, USA

In view of the potential risks associated with calorie-restrictive dieting, weight fluctuation (yo-yo dieting), and bariatric surgery, the Health At Every Size (HAES) paradigm suggests that public health may be better served by teaching individuals to incorporate healthy lifestyle changes and to place less importance on specific weight loss goals. What is the impact of incorporating the HAES approach into clinical practice? How do we help clients engage in this work, given the fat phobic culture in which we all live? Is the HAES paradigm empirically supported? How do a clinician's feelings about his/her own body impact HAES work? Join our transdisciplinary panel of experts for a lively discussion of the HAES movement and its implications for treatment.

What Do We Really Mean When We Say We Promote "Health At Every Size"?

Ellen Shuman, BA, Co-Chair, HAES SIG, Founder/Director, WellCentered Eating Disorder Treatment Programs, Life Coach, Cincinnati, Ohio, USA

We have all struggled with what to say when faced with a client's unrealistic expectations about how quick, easy, and rewarding weight loss will be. The Health At Every Size paradigm promotes eating based on internal cues of hunger and satiety rather than on fad diets or rigid food plans, and movement or activity based on physical enjoyment and health benefits rather than for the sole purpose of weight loss. HAES espouses the practice of size-acceptance in order to break the link between self-esteem and body weight/size or weight loss. This presentation will address the implications and usefulness of the HAES model for people of all sizes.

Is HAES an Empirically Supported Treatment? The Theory and Research Behind HAES

Deb Burgard, PhD, Co-Chair, HAES SIG, Licensed Psychologist, Creator of BodyPositive.com and ShowMeTheData.info, Los Altos, California, USA

The HAES approach differs from conventional weight-loss-focused interventions because it directs the clinician and patient to focus on the day-to-day activities that lead to health. Furthermore, the emphasis is on finding sustainable practices for each individual so that the usual weight cycling and "on/off the wagon" patterns can be replaced by life-long, pleasurable self-care. What aspects of the HAES approach have been researched and which are based on theory? WE will touch on the multidisciplinary evidence for the HAES approach, as well as map out directions for future research.

Chocolate and Chips? The Practice of Healthy Non-Diet Eating

Evelyn Tribole, MS, RD, Co-Author, Intuitive Eating, Nutrition Counseling Practice Specializing in Eating Disorders, Irvine, California, USA

Teaching clients to differentiate hunger and satiety sensations from emotions as a way to normalize eating is a central treatment intervention in the HAES approach. This presentation will provide three clinical vignettes which illustrate the incorporation of this intervention in to nutrition counseling, featuring the nutritionist giving patients "permission" to eat traditional non-diet foods such as chocolate, french fries, or tortilla chips. Ways to identify and define patient progress in this area of treatment, other than through weight loss, will be discussed.

"But My Doctor Told Me to Lose Weight..."

Carol Kostynuk, MD, FRCP(C), Psychiatrist in Private Practice, Founder, President, and Medical Director of the Eating Disorder Education Organization (EDEO), Edmonton, Alberta, Canada

HAES is a relatively new paradigm. Many doctors, therapists, dietitians, and exercise specialists our patients come in contact with may not yet be familiar with HAES tenets, or the research that supports the HAES approach. When patients are faced with ongoing pressure to "try another diet," or to choose more drastic measures, such as weight loss surgery, they need support and real ammunition to respond to family, friends and, yes, especially their physicians. The HAES information clinicians can provide to patients needs to be clear, logical, and supported by research that can be easily understood and easily accessed. During this presentation, we will engage in a basic review of such research and we will offer a reading/video list suitable for a wide variety of academic levels.

Detailed Program

Workshops that are designated with a  code indicate a Core Skills Workshop.

EXPLORING THE USE OF THE MAUDSLEY TECHNIQUES IN NUTRITION COUNSELING

La Salle

Sponsored by the Nutrition Special Interest Group

Moderator: Marcia Herrin, EdD, MPH, RD, LD, Dartmouth Medical School, Eating Disorders Institute, Plymouth State University, Plymouth, New Hampshire and Herrin Nutrition Services, Hanover, New Hampshire, USA

A reality of most outpatient treatment programs is that oversight of a child's food intake lies primarily with nutritionists. There is evidence from controlled clinical trials of the Maudsley method that if parents are actively involved in normalizing the eating behaviors of their children, treatment will be more effective and less likely that hospitalization will be required. Briefly summarized, the Maudsley method uses family therapy to put parents directly in charge of their child's eating behavior. Siblings are directed to provide empathetic, noncritical support to the one struggling with the eating disorder and not to interfere with the parents' efforts to refeed the patient. Once the child is eating well and has gained to a healthy weight the control of eating is transferred back to the child.

Nutritionists in Maudsley treatment are regulated to a consulting role. They do not meet with the family or the patient, but instead provide information and advice to the family therapist who works directly with the family. There is growing interest, however, in the Maudsley techniques among outpatient nutritionists since few therapists outside of research institutions are familiar with or use Maudsley techniques. This panel will explore whether and how nutritionists can employ Maudsley treatment methods in their work. The panel presenters will describe and discuss various Maudsley techniques for putting the parent in charge of their eating disordered child's eating behavior and instituting a "coached" family meal. Nutritionists who are using Maudsley techniques will discuss clinical experiences, advantages, pitfalls, and contraindications.

The Family Meal

Russell Marx, MD, Medical Director of the Eating Disorders Program at University Medical Center at Princeton, Princeton, New Jersey, USA

Dr. Marx will give an overview of the Maudsley method and its use by family therapists. He will recapitulate the three phases of the Maudsley method. Dr. Marx will also describe the use of Family Meal interventions with the presentation of a case study. This "coached" family meal is used to help parents find their own techniques to control their child's eating behaviors. The family (parents and siblings) is instructed to bring a meal to a treatment session so the professional can assess the family's transactional patterns during eating and can coach the parents how they can get their child to eat one more mouthful than he/she is prepared to do.

Nutrition-Related Maudsley Techniques

Sandra Kronberg, MS, RD, CDN, Director of Eating Disorders Associates, Westbury, New York, USA

Despite the importance and effectiveness of parent-directed, home-based refeeding, treatment clinicians often have very little specific guidance to offer parents. Usually by the time clinicians are involved, parents have tried a number of unsuccessful tactics to control their child's food behaviors and are desperate for guidance from treatment providers. Ms. Kronberg will describe her use of Maudsley techniques and other food-related interventions with families and with individual patients. Ms. Kronberg will describe the pros and cons of using various techniques, how she determines what interventions to use, and how she manages the resulting family dynamics.

Nutrition Counseling in Conjunction with Maudsley Treatment

Erica Goldstein, MS, RD, CDN, Nutrition Therapist, Greenwich Adolescent Medicine, Greenwich, Connecticut, Columbia University, New York, New York, Barnard College, New York, New York, USA

The Maudsley method is a form of treatment that creates a unique dynamic for the role of the nutritionist. Ms. Goldstein will describe her work with one of her patients, and her family, who is currently undergoing Maudsley treatment. In addition, she will discuss meal planning, setting and reaching a goal weight, and nutrition therapy. Ms. Goldstein will review her role within the treatment team as well as her interaction with the patient and their family. This discussion will also include the benefits and limits that she has faced while working with a patient following the Maudsley method.

EMPIRICAL SUPPORT FOR THE PSYCHODYNAMIC TREATMENT OF EATING DISORDERS: WHERE WE ARE, WHERE WE NEED TO GO, AND HOW WE GET THERE

Hampstead

Sponsored by the Psychodynamic Psychotherapy Special Interest Group

Moderator: Judith Banker, MA, LLP, FAED, Chair, Psychodynamic Psychotherapy SIG, Founding Director, Center for Eating Disorders and Executive Director, The Therapy Center of Ann Arbor, Ann Arbor, Michigan, USA

The topic of empirically supported psychological treatments for eating disorders generally points to cognitive behavioral therapy (CBT) and other manual-based treatment approaches as the treatments of choice. This panel proposes that psychodynamic psychotherapy provides a critical component of effective eating disorder treatment, particularly with complex cases and as part of an integrative treatment model combining CBT and psychodynamic psychotherapy. The panel presentations will address the empirical support for the use of psychodynamic psychotherapy in eating disorder treatment along with the implications for the design and focus of future research given the unique complexities inherent in the practice of psychodynamic treatment.

Caveats and Complements to Randomized Controlled Trials in the Study of the Psychodynamic Treatment of Eating Disorders

Heather Thompson-Brenner, PhD, Director, Eating Disorders Program, Center for Anxiety and Related Disorders, Research Assistant Professor, Boston University, Boston, Massachusetts USA

Randomized controlled trials (RCTs) for eating disorders have demonstrated the efficacy of a handful of therapy protocols. In this presentation, Dr. Thompson-Brenner will critically review those data from clinical trials that support and fail to support the use of psychodynamic psychotherapy. In addition, she will examine the limitations of traditional RCT designs, suggest some creative adjustments to these designs, and review complementary data from naturalistic sources, pertaining to the use of dynamic or integrative therapy.

A Critical Review of the Empirical Literature Regarding the Use of Psychodynamic Psychotherapy in Eating Disorder Treatment

David Tobin, PhD, Co-Chair Psychodynamic Psychotherapy SIG, Associate Professor of Psychiatry, Tufts University Medical School, Private Practice, Springfield, Massachusetts, USA

Cognitive-Behavioral Therapy (CBT) is cited as the gold standard for empirically supported treatment for the eating disorders, based on reviews of randomized clinical trials. Despite overwhelming evidence for the effectiveness of CBT, not all patients are recovered in these studies, suggesting that alternative treatments should be explored and developed. However, our empirically supported treatments were not developed in an empirical fashion, but based on theoretical models, which are poorly tied to basic research. Suggestions for an empirical approach to designing treatment for the eating disorders will be discussed, with specific implications for the integration of cognitive-behavioral and psychodynamic therapies.

Detailed Program

Workshops that are designated with a  code indicate a Core Skills Workshop.

The Case for an Integrative Approach to Eating Disorders

J. Hubert Lacey, MD, Professor and Director, St. George's Eating Disorders Service, University of London, London, United Kingdom

Little evidence alone does not justify the downgrading of psychodynamic psychotherapy as a treatment approach. Professor Lacey will present the results of an integrative approach combining psychodynamic and behavior therapies in the treatment of hospitalized anorectics and in the outpatient treatment of bulimia nervosa. The management techniques needed to weld large teams of multidisciplinary staff proffering different therapies (both in terms of model and setting) into a unified whole will be outlined.

The Economics and Politics of Evidence-Based Treatment: The Future of Psychodynamic Psychotherapy

Craig Johnson, PhD, Director of the Eating Disorders Program, Laureate Psychiatric Clinic and Hospital and Professor of Clinical Psychology, University of Tulsa, Tulsa, Oklahoma, USA

This presentation will review the insurance industry's view of evidenced-based treatments and the politics of published guidelines for treatment. The implications for the future of psychodynamic therapy will be discussed.

ADVANCES IN NEUROIMAGING OF EATING DISORDERS

Côte St. Luc

Sponsored by the Neuroimaging Special Interest Group

Moderator: Carl Birmingham, MD, St. Paul's Hospital, Vancouver, British Columbia, Canada

A Neuroanatomical Hypothesis for the Causation of Anorexia Nervosa

Carl Birmingham, MD, St. Paul's Hospital, Vancouver, British Columbia, Canada

Dr. Birmingham will present his own hypothesis of the causation of anorexia nervosa. The hypothesis includes neuroanatomical localization of the "pathology" and how this relates to the results of several treatment interventions.

Neuroimaging in Other Psychiatric Disorders:

Parallels with Eating Disorders

Rudolf Uher, MUDr, PhD, Institute of Psychiatry, King's College, London, United Kingdom

Dr. Uher will review the results of neuroimaging in other psychiatric disorders, which is better established than eating disorders. He will compare these findings with those of anorexia nervosa and highlight the possible significance of similarities and differences.

Imaging the Developing Brain

Sloane Madden, MD, Children's Hospital Westmead, Sydney, New South Wales, Australia

Dr. Madden will review knowledge of neuroimaging in childhood and adolescence in light of his own recent research.

Advances in Neuroimaging

Bryan Lask, MD, FRCPsych, FRCPCH, FAED, University of London, London, United Kingdom

Dr. Lask will present the findings from neuroimaging studies in early onset anorexia nervosa and the correlations with neuropsychology studies.

Correlations between the Manifestations of Eating Disorders and Neuroimaging

Walter Kaye, MD, Western Psychiatric Institute and Clinic, Pittsburgh, Pennsylvania, USA

Dr. Kaye will correlate genetic and neurotransmitter findings in eating disorders and correlate these with neuroimaging findings.

4:30 – 6 p.m.

Lachine/Verdun

The Future of Eating Disorders Research: The AED/NIMH Travel Fellowship Awards

This special session highlights paper presentations from the recipients of the National Institute of Mental Health (NIMH) and AED travel fellowships. These papers represent high-quality submissions from promising investigators in the field.

Chair: Regina Dolan-Sewell, PhD, Chief, Mood, Sleep and Eating Disorders Program, National Institute of Mental Health, NIH, Bethesda, Maryland, USA

6:30 – 8 p.m.

Westmount

Meet the Experts

Do you have specific questions that you would like to discuss with established experts in your field? Are you looking for consultation on clinical cases, practice issues or ethical dilemmas? Are you interested in developing or evaluating an intervention to treat or prevent eating disorders? Do you want advice on writing a grant application or publishing your work? The Fellows Roundtables offers an opportunity for informal discussions on these topics. Academy fellows will guide the discussion and answer questions.

Roundtable discussions:

Getting Your Manuscript Published

Ruth Striegel-Moore, PhD, FAED, Wesleyan University, Middletown, Connecticut, USA; Michael Strober, PhD, FAED, UCLA Neuropsychiatric Institute, Los Angeles, California, USA

Child and Adolescent Issues

Rachel Bryant-Waugh, PhD, Consultant Clinical Psychologist, University of Southampton, Eating Disorders Service, Eastleigh, Hampshire, United Kingdom; Debra K. Katzman, MD, FAED, Associate Professor of Pediatrics, Hospital for Sick Children, Toronto, Ontario, Canada

Eating Disorders Prevention

Claire Wiseman, PhD, Trinity College, New Haven, Connecticut, USA; Debra Franko, PhD, Northeastern University, Boston, Massachusetts, USA

Medication and Medical Management

Maria C. LaVia, MD, Western Psychiatric Institute and Clinic, University of Pittsburgh Medical Center, Pittsburgh, Pennsylvania, USA; Scott Crow, MD, FAED, University of Minnesota, Department of Psychiatry, Minneapolis, Minnesota, USA

Obesity/BED/Bariatric Surgery

Marsha D. Marcus, PhD, FAED, Western Psychiatric Institute and Clinic, University of Pittsburgh Medical Center, Pittsburgh, Pennsylvania, USA; James E. Mitchell, MD, PhD, FAED, President, Neuropsychiatric Research Institute, Fargo, North Dakota, USA

Clinical Case Consultation

Patricia Fallon, PhD, FAED, University of Washington, Seattle, Washington, USA; Howard Steiger, PhD, FAED, Director Eating Disorders Program, Douglas Hospital, McGill University, Montréal, Québec, Canada

Detailed Program

Workshops that are designated with a  code indicate a Core Skills Workshop.

Saturday, April 30

7 – 9:30 a.m.

Networking Time

Please note that the sponsored symposium, originally scheduled for this timeframe, will not take place. If you are not involved in a Special Interest Group meeting this morning, plan to visit the poster hall and exhibit hall beginning at 9 a.m. Take advantage of this time to meet informally with peers and network with colleagues. As mentioned on page 8 of this final program, there are meeting rooms available for committee meetings or small group meetings. Use this opportunity to conduct your own small group meeting.

8 – 9 a.m.

Verdun

Special Interest Group (SIG) Meetings

This time period is reserved for Special Interest Groups requiring follow-up time to close out SIG annual meeting discussions.

9 a.m. – 4 p.m.

Fontaine Exhibition Hall

Poster Viewing/Exhibits Open

10 a.m. – 6 p.m.

Ballroom Foyer

Registration

10 – 10:15 a.m.

Westmount/Outremont

AED President's Remarks

Michael Devlin, MD, FAED, New York State Psychiatric Institute, New York, New York, USA

10:15 a.m. – 12:15 p.m.

Westmount/Outremont

Plenary Session III

WEIGHT MANAGEMENT ACROSS THE SPECTRUM OF EATING DISORDERS

Chair: Anne Becker, MD, PhD, Associate Professor of Medical Anthropology, Assistant Professor of Psychiatry, Harvard Medical School and Director, Adult Eating and Weight Disorders Program, Massachusetts General Hospital, Boston, Massachusetts USA

This symposium will present empirical support for best clinical practices for weight evaluation and management across a spectrum of eating disorders. Three main questions will be addressed by the speakers:

1. When is active weight management indicated in treating a patient with an eating disorder?
2. What are the most effective means of weight management across the spectrum of eating disorders?
3. What risks and pitfalls are likely to be encountered in the course of weight management for patients with eating disorders?

Presentations:

Anthropometric Assessment:

How to Use the Information in Clinically Constructive Ways

Maria Teresa Rivera, LN, Grupo Médico Rio Mayo Department of Nutrition, Cuernavaca Bioclinique Department of Nutrition, México City, México

Refeeding in Anorexia Nervosa: From Outpatients to Inpatients

Janice Russell, MBBS, MD (Syd), FRACP, FRANZCP, MFCP, Clinical Associate Professor, Discipline of Psychological Medicine, University of Sydney and Director, Eating Disorders Programs, Royal Prince Alfred Hospital and Central Sydney Area Health Service and Northside Clinic, Greenwich, NSW, Australia

Science or Fad: Do the New Diets Work?

Caroline Apovian, MD, Associate Professor of Medicine, Boston University School of Medicine and Director, Nutrition and Weight Management Center, Boston Medical Center, Boston, Massachusetts, USA

Discussion: Weight Management Across the Spectrum of Eating Disorders

Discussant: Michael Devlin, MD, FAED, Associate Professor of Clinical Psychiatry, Columbia University, College of Physicians and Surgeons and Clinical Co-Director, Eating Disorders Research Unit, New York State Psychiatric Institute, New York, New York, USA

12:15 – 2 p.m.

Mont Royal/Hampstead/Côte St. Luc

AED Business Meeting and Awards Luncheon

If you pre-registered for this luncheon, a ticket is included in your registration packet. Only those who pre-registered for this luncheon receive an entrance ticket.

2 – 3:30 p.m.

Workshop Session III

PARENTING TEENS WITH A HEALTHY WEIGHT AND A POSITIVE BODY IMAGE IN A WORLD GONE ASTRAY: WORKING WITH PARENTS OF ADOLESCENTS TO PREVENT THE BROAD SPECTRUM OF EATING AND WEIGHT-RELATED PROBLEMS

Le Portage

Dianne Neumark-Sztainer, PhD, Professor, Epidemiology and Community Health, Minneapolis, Minnesota, USA

Can we simultaneously work toward the prevention of eating disorders and obesity in adolescents? How can parents help their teenagers feel good about their bodies within a society that constantly tells them what is wrong with how they look? How can parents help their teenagers avoid unhealthy weight control behaviors that place them at risk for the onset of eating disorders? How can parents help their teenagers prevent obesity without leading to an unhealthy obsession with weight? What can we do as health professionals to help parents take responsibility for their children, without feeling blame when things don't go as planned? We will address these questions in this workshop through a presentation of some tools and guidelines for working with parents and through a discussion of shared experiences. A broad spectrum of weight-related problems that includes weight control behaviors, physical activity, body image, eating behaviors, and weight status will be presented and strategies for utilizing this spectrum with parents will be discussed. We will consider the role of the family within the web of influences on teens and a model for showing this to parents will be presented. Guidelines for working with parents of teens based upon the following four cornerstones will also be presented and discussed: 1) Model healthy behaviors for your children; 2) Provide an environment that makes it easy for your children to make healthy choices; 3) Focus less on weight; instead focus on behaviors and overall health; and 4) Provide a supportive environment with lots of talking and even more listening. Participants are encouraged to share challenges they have faced and strategies that they have found helpful in working with parents of teens.

Workshops that are designated with a  code indicate a Core Skills Workshop.

B PERSPECTIVES FROM THE CONTINENT: CONCEPTS AND TREATMENTS OF EATING DISORDERS IN FRANCE AND ITALY

St. Michel

Sponsored by the Transcultural Special Interest Group

Richard A. Gordon, PhD, Professor of Psychology, Bard College, Annandale-on-Hudson, New York, USA; Giovanni M. Ruggiero, MD, Head of Research, Studi Cognitivi, Cognitive Psychotherapy School of Milano, Milan, Lombardy, Italy; Sandra Sassaroli, MD, Director, Cognitive Psychotherapy School of Milano, Milan, Lombardy, Italy; Michel Botbol, MD, Medical Director, Clinique Dupre, Sceaux, Isle de France, France

While some of the first descriptions of anorexia nervosa came from France and Italy, recent developments in the treatment of eating disorders in these two countries may be unfamiliar to many professionals. This may be in part attributable to the fact that much of the literature has not been published in English. In this workshop, experts in eating disorders from France and Italy will present an overview of recent developments and controversies in current eating disorder research and treatment in their respective countries. There will be an emphasis on the unique perspectives that have flourished in different national settings, and an attempt to locate these within particular intellectual and scientific traditions as well as varying philosophies and practicalities of health care. Special attention will be given to particular philosophies and methods of cognitive therapy that have taken hold in Italy and to the relational/attachment approach currently emphasized in France. The application of these methods within a spectrum of outpatient and residential treatment settings will be detailed.

C FATHER HUNGER, GLOBAL GIRLS AND EATING DISORDERS

Verdun

Margo D. Maine, PhD, Psychologist, Maine & Weinstein Specialty Group, West Hartford, Connecticut, USA

While much of the work in eating disorders has focused on mother-daughter issues and identification with the same-sex parent, this presentation places special importance on the role of fathers in the health and functioning of the family, the psychosexual development of females, the recovery process, and the promotion of resilience to the sociocultural risk factors contributing to eating disorders. Globalization has introduced additional stressors including new roles and expectations for women, the ongoing dissemination of western ideals of beauty, the ever-expanding technology of body change, and a unique, universal form of peer pressure. Experiencing unprecedented pressures, today's "global girls," lack female role models who have successfully navigated this psychosocial territory and they hunger for fathers' involvement and guidance as well. Consequently, global girls are at greater risk to develop clinical eating disorders, as changing incidence patterns and demographics demonstrate. This presentation integrates familial and sociocultural risk factors, showing that parental contributions are shared by both sexes, and suggests an integral role for fathers in the treatment and prevention of eating disorders. The presenter traces the historical development of the father's peripheral role in the postmodern family and explores the stressors this has caused. The resulting family functioning often maintains father's distance and mother's responsibility. Living in a culture which encourages women to use their bodies as a commodity to please men and in a family with unsatisfying male-female relationships may lead to poor self-esteem, ambivalence about femininity, and body dissatisfaction. An eating disorder may be both an attempt to get father's approval or involvement and to re-examine roles in the family. This presentation will blend didactic and experiential material, with special emphasis on obstacles and impasses in the treatment and recovery process.

D THE QUÉBEC ASSOCIATION FOR ASSISTANCE TO PERSONS SUFFERING FROM ANOREXIA NERVOSA AND BULIMIA (ANEB QUÉBEC): A COMMUNITY BASED APPROACH: AN ALTERNATIVE AND ESSENTIAL RESOURCE FOR EATING DISORDERS

St. Leonard

Josée Champagne, PhD, MSW, Executive Director, ANEB Québec, Pointe-Claire, Québec, Canada; Brigitte Aquin, Coordinator, ANEB Québec, Pointe-Claire, Québec, Canada; Marlène Duchense, SW, Executive Director, Maison de Transition L'Éclaircie, Sainte-Foy, Québec, Canada

Although medical intervention and psychotherapy remain the treatment of choice for anorexia nervosa and bulimia, they are not always accessible for clients with eating disorders. Given the tremendous gaps in the continuum of care, the long waiting lists in specialized treatment settings and the rapid emergence of private clinics that are unaffordable, an alternative approach is critical. The purpose of this workshop therefore is to describe the how to build a community-based organization for clients with eating disorders, that compliment eating disorder centers. For some, this is a stepping stone towards getting professional assistance, and for others, it supports them after treatment. Working in partnership with both the Eating Disorders Unit of the Douglas Hospital and the Adolescent Clinic of Sainte-Justine Hospital, the Québec Association for assistance to persons suffering from anorexia nervosa and bulimia (ANEB Québec) is the only non-profit organization in the Greater Montréal area that provides this community-based approach to eating disorders. The role of ANEB Québec is to provide support to all those who are directly or indirectly committed to working towards recovery. This support is provided through a variety of programs and activities that are structured to increase self-awareness and accountability, explore options and encourage connectedness between clients. An active help line, support groups for people suffering directly from eating disorders as well as coping courses for families and friends are all examples of the services offered at ANEB Québec. Empirical evidence of the effectiveness of these programs will be presented in order to confirm the importance of a community-based approach. Although this workshop will be presented in a lecture format, a strong emphasis will be placed on questions and discussion from the audience. Please note that this workshop may be offered in French.

E A PEDIATRIC INPATIENT AND DAY HOSPITAL PROGRAM FOR SEVERELY ILL ADOLESCENTS WITH EATING DISORDERS: AN INNOVATIVE METHOD OF DELIVERY OF CARE

La Salle

Rose Geist, MD, Psychiatric Director Youth Eating Disorders, North York General Hospital, Toronto, Ontario, Canada; Katherine Leonard, MD, Medical Director, Youth Eating Disorders, North York General Hospital, Toronto, Ontario, Canada; Cathy Marriot, RD, Registered Dietician, North York General Hospital, Toronto, Ontario, Canada

The treatment of severe eating disorders in young people has traditionally been provided on medical psychiatry inpatient units. The patient is admitted as a medical emergency, medically stabilized, and then treated in a psychosocial milieu where weight restoration occurs often over a period of months. In recent years, day hospitals have provided a cost-effective and clinically effective method of service delivery. These partial hospitalization programs usually require a weight above 85% (estimate) as a criterion of admission. In these day hospitals weight is restored to an optimal 90-100% IBW. These programs have generally served as an alternative to or a step down from the long term inpatient stay. In response to the limited availability of long term inpatient beds, we have developed a program for severely ill patients. This service consists of an 8 bed day hospital for young people aged 12-18 years which is supported by two short stay programs housed on pediatrics; a medical stabilization program (3-21 days) and a symptom interruption psychosocially focused program (3 days). In this workshop we will discuss the first 68 admissions to our day hospital program over a 3-year

Detailed Program

Workshops that are designated with a  code indicate a Core Skills Workshop.

period. Our day hospital is a multidisciplinary program which provides academics, individual management, as well as family oriented and group focused treatments. Parental involvement is central to the treatment. Special emphasis will be placed on the patients admitted to the day hospital at a low weight. Of the total patients admitted to the day hospital program, 49% were below 85% IBW, with 30% of these below 80%, and 5% below 75% IBW. The average length of stay in our hospital is 4 months where over 90% (58/68) admission) reached >95% IBW on discharge. We will also discuss the pediatric inpatient medical stabilization and symptom interruption programs including the staffing and process of stabilization. This workshop will provide the opportunity for a broader discussion of this model of service delivery as a possible alternative to prolonged inpatient stay programs.

TEAM AS CULTURE: AN EXPLORATION OF THE PROFESSIONAL RELATIONSHIPS AND THERAPEUTIC PRACTICES OF EATING DISORDERS TEAMS

Lachine

Julie C. McCormack, MSc, Senior Clinical Psychologist, Eating Disorders Team, Perth, Western Australia Australia; David A. Forbes, MD, Associate Professor, University of Western Australia, Perth, Western Australia, Australia; Julie A. Potts, BSc, Program Leader, Eating Disorders Team, Perth, Western Australia, Australia

The Eating Disorders field has recently focused attention on how the configuration of services and quality of professional relationships influence delivery of care and client satisfaction. Geller (2004) offers ideas from organizational psychology (e.g., mission statements and team values) whilst Lacey (2003) describes a political strategy (e.g., cabinet responsibility) to suggest ways teams can enhance their working relationships and clinical processes. In addition clinical practice guidelines suggest that the field needs to attend to aspects of service delivery such as setting context (inpatient versus outpatient), practitioner attitudes and styles (e.g., authoritarian style, levels of intrusiveness and restriction) and beliefs about weight and illness. Further, the contribution of cultural factors to the development of eating disorders is well accepted internationally yet the potential of utilising cultural theory to inform service delivery and therapeutic practice has only recently been recognised. This workshop will provide an overview of the relevance of cultural theory to service configuration and the therapeutic practices of Eating Disorder Services. It will explore the parallel processes between the cultural conditions that make eating disorders possible, and the cultures within which therapies and services operate. Participants can expect to gain an understanding of the value and application of cultural ideas within the broader service context, for the roles/relationships of multi-disciplinary teams and for therapeutic practices. This workshop will utilise metaphors of 'team as culture' and 'therapy as colonisation' to explore the dilemmas of implicating cultural values and processes in the etiology of these serious disorders (Nasser, 2002) and the potential to replicate these in therapies and in our service delivery. Given that there is no singular or ideal model of service configuration or therapeutic practice, the stance we will advocate is that local culture and context be attended to. Using examples from videotaped interviews and the audience's own experiences, we will discuss how different 'team cultures' and therapeutic practices emerge depending on the history and context of the service and the clients. We will describe ways of implementing these ideas in practice, including ways in which teams can create and describe their 'cultures', evaluate the effects of their 'cultures' and practices on professionals and clients, and configure services accordingly. Julie McCormack will overview background and theory and introduce the workshop metaphors (15 minutes) Julie Potts will present implications for service configuration and therapeutic practice (15 minutes). Julie McCormack will present and discuss videotaped team interviews (15 minutes). Dr. David Forbes will discuss his experience of the 'cultures' of medicine and psychiatry drawing out key themes such as 'time' and 'cure' (15 minutes). All presenters will facilitate audience participation and discussion to explore potential applications for different service settings and practitioner styles (30 minutes).

PARENTS FOCUSED TREATMENT GROUP FOR AMBULATORY EATING DISORDERS PATIENTS

Verriere

Miri Givon, MSW, ED Clinic, Haifa, Israel; Noa Tziperman, MA, ED Clinic, Rambam Medical Center, Haifa, Israel; Yael Latzer, DSc, Senior Lecturer, ED Clinic, Rambam Medical Center, Haifa, Israel; Eynat Zubery, CSW, Shalvata Mental Health Center, Clalit Services, Israel

The workshop will describe the development and application of a treatment and counseling group for Parents of adolescents and young adults patients struggling with Eating Disorders. This program is part of an outpatient treatment program in ED Clinic affiliated with a general hospital, Rambam medical center in Haifa Israel. The group functions with a "revolving door" model with a stable setting as to setting and leaders, while participants change. The group is co-led by a senior family therapist and clinical psychologist. The workshop will be practically oriented providing detailed description of the structure of the program and the role and function of the group. The workshop will comment on the group process and evaluate the group's usefulness from the therapist and parents' viewpoint. Main topics of the group process will be presented including: the impact of the illness on the parents, sibling and significant others, the food role as a means of communication, the illness as an evoke mechanism to express negative feelings such as anger, guilt, hatred, fear, and frustration and leadership issues. Through lecture and clinical vignettes participants will learn about the treatment phases and clinical interventions to help parents move through each phase. Clinical impressions after two years will be discussed in relation to 1) Productive vs. counterproductive of the interventions; 2) To other treatment modalities for families of children receiving treatment for ED; and 3) In light of issues needed more exploration and further research. The workshop will be structured to incorporate audience input so participants will be encouraged to come with questions, ideas.

INTEGRATING PROCESS ORIENTATION AND PSYCHOEDUCATIONAL MATERIAL INTO A COGNITIVE THERAPY WORKSHOP

St. Pierre

Wayne A. Bowers, PhD, Professor, University of Iowa, Department of Psychiatry, Iowa City, Iowa, USA; Arnold E. Andersen, MD, Professor, University of Iowa, Department of Psychiatry, Iowa City, Iowa, USA

The purpose of this workshop is to enable participants to understand a CBT model of eating disorders and to implement various CBT methods for group therapy. The workshop will use interactive educational methods (Power Point with slide summaries; intermittent assessment of teaching materials by group discussion; application to sample non-identifiable but typical cases) to teach the CBT model of eating disorders, using evidence based studies for comparison with other models (neurobiological; sociocultural). While CBT in group therapy format is effective in treating bulimia nervosa (BN), less has been proven with anorexia nervosa (AN). The first CBT approach will introduce a group format adapted from the standard method validated by Beck et al for treating depression. The second CBT approach will integrate standard CBT procedures with add information on developing distress tolerance in patients, feelings identification, and a more psycho-dynamic self-understanding. Both groups will emphasize the integration of psychoeducation with CBT. Dr. Bowers will present studies with instruments specific for measuring AN cognitive distortions, validating the acute effectiveness of CBT for AN, and the enduring effectiveness at one-year follow-up. He will use clinical vignettes, videotaped sessions and slides to compare and contrast these two approaches to CBT for group therapy, emphasizing the non-competitive benefits of each approach to different patient groups. Dr. Andersen will present information validating the effectiveness of CBT on neurobiological functioning, especially fear conditioning, and the integration of CBT with psychopharmacological choices. He will also present gender-specific application of CBT to group treatment of males with EDOs.

Detailed Program

Workshops that are designated with a  code indicate a Core Skills Workshop.

EATING-DISORDERED PATIENTS WHO ABUSE SUBSTANCES: FEATURES OF TWO CLINICAL SUBGROUPS AND IMPLICATIONS FOR TREATMENT

Outremont

Manuela Oliosi, Masters, Psychologist/Psychotherapist, Peschiera del Garda, Verona, VR Italy; Patrizia Todisco, Masters, Dr, Regional Eating Disorder Center, Brescia, VR Italy; Glenn Waller, DPhil, Consultant Clinical Psychologist, St. George's Eating Disorder Service, London, United Kingdom

Many patients with eating disorders have comorbid substance abuse problems. These patients often fail to benefit from standardized evidence-based treatments. There is a need for a clear understanding of the specific psychopathology of these patients, and for treatments that are linked to that pathology. This workshop will briefly outline a cognitive-behavioural model for understanding such cases, and will then describe clinical cases in order to demonstrate the treatment methods required to address different subgroups of such patients. Drawing from both psychopathological theory and clinical experience, we identify two types of patient where there is comorbidity between substance abuse, with very different treatment implications. These groups are more easily identified by their pattern of pathology than by their diagnosis. The first group are those who have relatively compulsive pathology, presenting with high levels of restriction and obsessiveness. These patients tend to use sedative drugs (e.g., cannabis, heroin) for anxiolytic purposes and to reduce the fear of identity disintegration that is related to psychotic states. Case material is used to demonstrate clinical approaches to such cases, stressing the potential need for anxiolytic medication as a 'bridge' during the stage when psychological treatments are beginning to reduce the use of eating behaviours and substance abuse. The second group are those with impulsive pathology, who present with a range of impulsive behaviours. These patients are more likely to abuse stimulants (e.g., cocaine, amphetamine) for their antidepressant effect. Case material is used to demonstrate the potential benefits of using concurrent treatments for depression (e.g., antidepressant medication, interpersonal psychotherapy) during the period when the patient begins to give up dependence on the eating behaviours and the stimulants. Finally, we will review the clinical skills of assessment and treatment needed to work with these patients, and the importance of going beyond the current evidence base in order to develop one that encompasses such cases.

CLINICAL EVOLUTIONS AND TECHNOLOGICAL INNOVATIONS: IMPROVING THE MATCH BETWEEN PATIENTS' NEEDS AND CARE PROVISION

Fundy

Hans Kordy, PhD, Dr., Co-Director, Center For Psychotherapy Research, Stuttgart, Germany; Stephanie Bauer, PhD, Research Assistant, Center For Psychotherapy Research, Stuttgart, Germany; Cynthia M. Bulik, PhD, Distinguished Professor, University of North Carolina, Chapel Hill, North Carolina, USA; Jennifer R. Shapiro, PhD, NIMH Post-Doctoral Research Fellow, University of North Carolina, Chapel Hill, North Carolina, USA

Patients' needs differ. Not all people at risk actually develop an eating disorder and not all of those who develop eating disorders require the same type and intensity of care. When in treatment, some respond quickly, others slowly or not at all. Individually tailored stepped care is a strategy for the optimization of the match between patients' needs and the type, intensity and duration of care. The progression across levels of care has been aided by technological innovations. Low threshold programs such as self-help and psycho-education (step-up care) can be offered via internet, or specific step-down interventions after treatment at specialized centres can be delivered through internet or text messaging and mobile telephones. Computer-assisted assessment of status and continuous monitoring of the course of health support clinical decision making on the optimal transition between such steps of care. The presenters of this workshop were among the pioneers in the systematic development and evaluation of such novel options of

care. Today they rely on robust technologies that have been demonstrated to be safe and practical. Based on the high patient acceptability and promising effectiveness these new forms of delivery of care are working their way into mainstream clinical routine. In this workshop we will introduce a broad spectrum of clinical concepts and settings: 1. interactive self-help programs on CD-Rom and the internet 2. group-therapy in internet-chatrooms 3. therapeutic e-mail in an individual setting 4. semi-automated support and self-monitoring via text-messaging. Illustrated with rich clinical examples and outcome from clinical trials, emphasis will be given to data security and confidentiality, to patient safety, and organizational and technical issues. Participants will also have the "hands on" experience with the various technologies and software.

MOTIVATIONAL GROUP THERAPY FOR EATING DISORDERS: A HOW-TO GUIDE

 **Westmount**

Joanne Dolhanty, PhD, Psychological Assistant, Toronto General Hospital, Toronto, Ontario, Canada; Allan S. Kaplan, MD, Professor in Psychiatry, University of Toronto, Toronto, Ontario, Canada; Lara Ostolosky, MD, Psychiatrist, Walter Mackenzie Health Science Centre, Edmonton, Alberta, Canada

The application of a motivational approach to the treatment of eating disorders is both compelling and challenging. The high rates of drop-out, treatment failure and relapse point to the need for an approach that incorporates careful consideration of the obstacles to change, the weighing of pros and cons, and patients' articulation of their own reasons for illness and recovery. This workshop will review the principles of motivational interviewing and the transtheoretical model of change and their applications to eating disorders. This will be followed by a practical framework for running a group, with concrete guidelines for treatment themes, session outlines, group handouts, homework assignments and therapeutic interventions. There will be a discussion of the challenges in implementing these with this population and in a group setting. Treatment themes will be presented as modules that can be applied, along with the hand-outs, in individual as well as in group therapy. This workshop will be conducted by Joanne Dolhanty.

3:30 – 4 p.m.

Fontaine Exhibition Hall

Refreshment Break

Detailed Program

Workshops that are designated with a  code indicate a Core Skills Workshop.

4 – 6 p.m.

Westmount/Outremont

Plenary Session IV

INTEGRATING NEW PERSPECTIVES ON BODY IMAGE AND BODY IMAGE DISTURBANCE

Chair: Drew A. Anderson, PhD, Associate Professor, State University of New York at Albany, Albany, New York, USA

This symposium is designed to be of interest and value to both practicing clinicians and researchers. It will highlight different and innovative perspectives on body image and body image disturbance and will therefore be of interest to both beginners and experts in the field.

Three main questions will be addressed by each speaker:

1. In what new and unique ways can body image and body image disturbance be conceptualized?
2. How might these conceptualizations affect treatment for eating disorders and obesity?
3. How can we integrate these conceptualizations with more traditional views of body image and body image disturbance?

Presentations:

Innovations in the Assessment and Treatment of Body Image Disturbance

Roz Shafran, PhD, Welcome Career Development Fellow and Director of Experimental Research, University of Oxford, Department of Psychiatry, Centre for Research on Eating Disorders and Obesity, Oxford, United Kingdom

The Role of Body Image Distress in Obesity: Is It Motivating or Malevolent?

Leslie Heinberg, PhD, Associate Professor, Case Western Reserve University School of Medicine, Department of Psychiatry, Cleveland, Ohio, USA

Cognitive-Behavioral Treatment of Body Dysmorphic Disorder

Fugen Neziroglu, PhD, ABBP, ABPP, Board Certified in Behavioral and Clinical Psychology, Professor, Hofstra University, Department of Psychology, Clinical Professor of Psychiatry, New York University, and Senior Clinical Director, Bio-Behavioral Institute, Great Neck, New York, USA

Body Image Dissatisfaction and Cosmetic Surgery

David Sarwer, PhD, Assistant Professor of Psychology in Psychiatry and Surgery and Director of Education at the Weight and Eating Disorders Program, University of Pennsylvania School of Medicine, Philadelphia, Pennsylvania, USA

4 p.m. – 5 p.m.

Fontaine Exhibition Hall

Exhibitor/Poster Presenter Dismantle

7:30 – 11 p.m.

Westmount/Outremont

Closing Social Event

Faculty List

- Arnold E. Andersen, MD, FAED, Professor, University of Iowa, Department of Psychiatry, Iowa City, IA, USA
- Drew Anderson, PhD, Associate Professor, State University of New York at Albany, Albany, NY, USA
- Caroline Apovian, MD, Associate Professor of Medicine, Boston University School of Medicine, Boston, MA, USA
- Brigitte Aquin, Coordinator, ANEB Québec, Pointe-Claire, QC, Canada
- Judith Banker, LLP, MA, FAED, Executive Director, Center for Eating Disorders, Ann Arbor, MI, USA
- J. Armando Barriguete, MD, FAED, Clinic Instituto Nacional de la Nutrición, México City, México
- Michael Bartrum, MSc, Senior Nurse Practitioner, St. George's Eating Disorders Service, London, United Kingdom
- Stephanie Bauer, PhD, Research Assistant, Center For Psychotherapy Research, Stuttgart, Germany
- Barbara J. Beach, PhD, Psychologist, British Columbia Children's Hospital, Eating Disorder Program, Vancouver, BC, Canada
- Anne E. Becker, MD, PhD, Director, Adult Eating and Weight Disorders Program, Massachusetts General Hospital, Boston, MA, USA
- Carolyn B. Becker, PhD, Assistant Professor, Trinity University, Department of Psychology, San Antonio, TX, USA
- Ovidio Bermudez, MD, FAED, Vanderbilt University Medical Center, Adolescent Medicine and Behavioral Science, Nashville, TN, USA
- Carl Birmingham, MD, St. Paul's Hospital, Vancouver, BC, Canada
- Michel Botbol, MD, Medical Director, Clinique Dupre, Sceaux, Ile de France, France
- Wayne A. Bowers, PhD, Professor, University of Iowa, Department of Psychiatry, Iowa City, IA
- Kelly D. Brownell, PhD, Professor and Chair of Psychology, Professor of Epidemiology and Public Health, Director, Yale Center for Eating and Weight Disorders, Yale University, New Haven, CT, USA
- Rachel Bryant-Waugh, PhD, Consultant Clinical Psychologist, University of Southampton, Eating Disorders Service, Eastleigh, Hampshire, United Kingdom
- Cynthia M. Bulik, PhD, FAED, William and Jeanne Jordan Distinguished Professor of Eating Disorders, Department of Psychiatry, University of North Carolina, Chapel Hill, NC, USA
- Douglas W. Bunnell, PhD, Clinical Director, The Renfrew Center of Connecticut and Board President, National Eating Disorders Association, Wilton, CT, USA
- Regina Dolan-Sewell, PhD, Chief, Mood, Sleep and Eating Disorders Program, National Institute of Mental Health, National Institutes of Health, Bethesda, Maryland, USA
- Deb Burgard, PhD, Co-Chair, HAES SIG, Licensed Psychologist, Creator of BodyPositive.com and ShowMeTheData.info, Los Altos, CA, USA
- Jadine C. Cairns, MSc, Clinical Dietitian, Eating Disorders Program, BCCH, Vancouver, BC, Canada
- Jacqueline C. Carter, Assistant Professor of Psychiatry, University of Toronto, Toronto, ON, Canada
- Josée Champagne, PhD, Executive Director, ANEB Québec, Pointe-Claire, QC, Canada
- Matthew W. Clark, PhD, Associate Professor of Psychology, Department of Psychiatry and Psychology, Rochester, MN, USA
- Patricia A. Colton, MD, Assistant Professor of Psychiatry, University of Toronto, Toronto General Hospital, Toronto, ON, Canada
- Jean Corr, SRD, Senior Dietitian, The Cullen Centre, Royal Edinburgh Hospital, Edinburgh, Midlothian, Scotland
- Ross D. Crosby, PhD, Director of Biomedical Statistics, Neuropsychiatric Research Institute, Fargo, North Dakota, USA
- Scott Crow, MD, FAED, University of Minnesota, Department of Psychiatry, Minneapolis, Minnesota, USA
- Bernie Devlin, PhD, Associate Professor of Psychiatry and Human Genetics, University of Pittsburgh, Pittsburgh, Pennsylvania, USA
- Michael Devlin, SW, MD, FAED, Co-Director, Eating Disorders Research Unit, New York State Psychiatric Institute, New York, NY, USA
- Gina Dimitropoulos, MSW, Clinical Social Worker, Toronto General Hospital, University Health Network, Toronto, ON, Canada
- Regina Dolan-Sewell, PhD, Chief, Mood, Sleep and Eating Disorders Program, National Institute of Mental Health, National Institutes of Health, Bethesda, Maryland, USA
- Joanne Dolhanty, PhD, Psychological Assistant, Ambulatory Care for Eating Disorders, Toronto General Hospital, Toronto, ON, Canada
- Marlene Duchense, SW, Executive Director, Maison de Transition L'Éclaircie, Sainte-Foy, Québec, Canada
- Erin C. Dunn, PhD, Postdoctoral Fellow, Eating Disorders Program, Vancouver, BC, Canada
- Noga Engelstein, Eating Disorders Clinic, Rambam Medical Center, Haifa, Israel
- Patricia Fallon, PhD, FAED, University of Washington, Seattle, WA, USA
- Fernando Fernández Aranda, PhD, FAED, Professor, Department of Psychiatry, University Hospital of Bellvitge, Hospitalet Del Llobregat, Barcelona, Spain
- David A. Forbes, MD, Associate Professor, University of Western Australia, Perth, WA, Australia
- Debra Franko, PhD, Northeastern University, Department of Counseling Psychology, Boston, MA USA
- Christopher Paul Freeman, MRC Psychology, Consultant Psychiatrist/Psychotherapist, The Cullen Centre, The Royal Edinburgh Hospital, Morningside Terrace, Edinburgh, Midlothian, Scotland
- Rose Geist, MD, FRCP, Psychiatric Director Youth Eating Disorders, North York General Hospital, Toronto, ON, Canada
- Josie Geller, PhD, Director of Research, Eating Disorders Program, St. Paul's Hospital, Vancouver, BC, Canada
- Juanita Gempeler, CBT, Clinical Psychologist and Scientific Co-Director, Equilibrio, Associate Professor, Department of Psychiatry, School of Medicine, Javeriana University, Bogota, Colombia
- Miri Givon, Eating Disorders Clinic, Haifa, Israel
- Miri Givon, MSW, ED Clinic, Haifa, Israel
- Erica Goldstein, MS, RD, CDN, Nutrition Therapist, Greenwich Adolescent Medicine, Greenwich, CT, USA
- Richard A. Gordon, PhD, Professor of Psychology, Bard College, Annandale-on-Hudson, NY USA
- Ricardo Dalle Grave, MD, President, AIDAP (Associazione Italiana Disturbi dell'Alimentazione e del Peso), Verona, Italy
- Carlos M. Grilo, PhD, Professor of Psychiatry and Director, Eating Disorders Program, Yale Psychiatric Institute, New Haven, CT, USA
- Jennifer R. Hagman, MD, Assistant Professor, University of Colorado Health Sciences, Denver, CO, USA
- Phillipa J. Hay, MD, DPhil, Professor, James Cook University, Townsville, QLD, Australia
- Leslie J. Heinberg, PhD, Associate Professor, Case School of Medicine/UHHS, Department of Psychiatry, Cleveland, OH, USA
- Marcia Herrin, EdD, MPH, RD, LD, Dartmouth Medical School, Eating Disorders Institute, Hanover, NH, USA
- Gail F. Huon, PhD, Professor, University of New South Wales, School of Psychology, Sydney, NSW, Australia
- Mimi Israël, MD, FRCP(C), Psychiatrist-in-Chief, Douglas Hospital, Eating Disorders Program, Montréal, QC, Canada
- Brad Jackson, PhD, Psychologist, The Children's Hospital, Department of Psychiatry, Denver, CO, USA
- Regina Smith James, MD, Chief, Eating Disorders Program, Division of Pediatric Translational Research and Treatment Development, National Institute of Mental Health, NIH, DHHS, Bethesda, Maryland, USA
- Craig Johnson, PhD, FAED, Director of the Eating Disorders Program, Laureate Psychiatric Hospital, Tulsa, OK, USA
- Melissa A. Kalarchian, PhD, Assistant Professor of Psychiatry, Western Psychiatric Institute and Clinic, University of Pittsburgh Medical Center, Pittsburgh, PA, USA
- Allan S. Kaplan, MD, FAED, Professor in Psychiatry, University of Toronto, Toronto, ON, Canada
- Debra K. Katzman, MD, FAED, Associate Professor of Pediatrics, Hospital for Sick Children, Toronto, ON, Canada
- Walter Kaye, MD, FAED, Western Psychiatric Institute and Clinic, Pittsburgh, PA, USA
- Ann Kearney-Cooke, PhD, FAED, Cincinnati Psychotherapy Institute, Cincinnati, OH, USA
- Kwai J. Kendall-Grove, PhD, Psychologist, The Children's Hospital, Denver, CO, USA
- Hans Kordy, PhD, Dr., Co-Director, Center For Psychotherapy Research, Christian-Belser- Stuttgart, Germany
- Carol Kostynuk, MD, FRCP(C), Psychiatrist in Private Practice, Founder, President, and Medical Director of the Eating Disorder Education Organization (EDEO), Edmonton, Alberta, Canada
- Sondra Kronberg, MS, RD, CDN, Director of Eating Disorders Associates, Westbury, NY, USA
- Maria C. LaVia, MD, Western Psychiatric Institute and Clinic, University of Pittsburgh Medical Center, Pittsburgh, PA, USA
- J. Hubert Lacey, MD, MPhil, Chairman, Department of Psychiatry, St. George's Hospital Medical School, London, England, United Kingdom

Faculty List

- Jan Lackstrom, MSW, Toronto, Ontario, Canada
- Bryan Lask, MD, FRCPsych, FRCPCH, FAED, University of London, London, United Kingdom
- Yael Latzer, DSc, Senior Lecturer, Eating Disorders Clinic, Haifa, Israel
- Daniel le Grange, PhD, FAED, Assistant Professor of Psychiatry, The University of Chicago, Chicago, IL, USA
- Pierre Leichner, MD FRCP(C), Psychiatric Director, Eating Disorders, British Columbia Children's Hospital, Vancouver, BC, Canada
- Katherine Leonard, MD, Medical Director Youth Eating Disorders, North York General Hospital, Toronto, ON, Canada
- Michael Levine, PhD, FAED, Samuel B. Cummings Jr. Professor of Psychology, Kenyon College, Department of Psychology, Gambier, OH, USA
- Richard L. Levine, MD, FAED, Milton S. Hershey Medical Center, Department of Pediatrics, Hershey, PA, USA
- Lisa R. Lilienfeld, PhD, FAED, Associate Professor of Psychology, Georgia State University, Department of Psychology, Atlanta, GA, USA
- Katharine L. Loeb, PhD, Assistant Professor of Psychiatry, Mount Sinai School of Medicine, New York, NY, USA
- Sloane Madden, MD, Children's Hospital Westmead, Sydney, NSW, Australia
- Margo D. Maine, PhD, FAED, Psychologist, Maine & Weinstein Specialty Group, West Hartford, CT, USA
- Marsha D. Marcus, PhD, FAED, Western Psychiatric Institute and Clinic, University of Pittsburgh Medical Center, Pittsburgh, PA, USA
- Cathy Marriot, RD, Registered Dietitian, North York General Hospital, Toronto, ON, Canada
- Russell Marx, MD, Medical Director of the Eating Disorders Program, University Medical Center at Princeton Eating Disorders Program, Princeton, NJ, USA
- Donald E. McAlpine, MD, Assistant Professor of Psychiatry, Psychiatry and Psychology, Mayo Clinic College of Medicine, Rochester, MN, USA
- Julie C. McCormack, MSc, Senior Clinical Psychologist, Eating Disorders Team, Perth, WA, Australia
- Gail L. McVey, PhD, Health Systems Research Science, The Hospital for Sick Children, Community Health Systems Resource Group, Toronto, ON, Canada
- Philip S. Mehler, MD, Associate Medical Director, Denver Health, Endowed Professor of the Glassman Chair in Internal Medicine, University of Colorado School of Medicine, Denver, CO, USA
- Fabian Melamed, PhD, FAED, Adjunct Professor, School of Psychology, Universidad Nacional de Mar del Plata, Mar del Plata, BA, Argentina
- Lucy Miller, MS, RN, NP, Psychotherapist, University of Michigan School of Nursing, Ann Arbor, MI, USA
- James E. Mitchell, MD, PhD, FAED, President, Neuropsychiatric Research Institute, Fargo, ND, USA
- J. Scott Mizes, PhD, FAED, Department of Behavioral Medicine and Psychiatry, Morgantown, WV, USA
- Jonathan M. Mond, MPhil, Research Scientist, Neuropsychiatric Research Institute, Fargo, ND, USA
- Cecilia Moyes, MB, ChB, Staff Grade Psychiatrist, The Cullen Centre, Royal Edinburgh Hospital, Edinburgh, Midlothian, Scotland
- Dianne Neumark-Sztainer, MPH, PhD, RD, FAED, Professor, Epidemiology and Community Health, University of Minnesota, Minneapolis, MN, USA
- Fugen Neziroglu, PhD, ABBP, ABPP, Senior Clinical Director, Bio-Behavioral Institute, Great Neck, NY, USA
- Manuela Oliosi, Masters, Psychologist/Psychotherapist, Verona, Italy
- Marion P. Olmsted, PhD, Associate Professor of Psychiatry, University of Toronto, Toronto General Hospital, Toronto, ON, Canada
- Lara Ostolosky, MD, Psychiatrist, Walter Mackenzie Health Science Centre, Edmonton, AB, Canada
- Susan Paxton, PhD, School of Psychological Science, Melbourne, VIC, Australia
- Leora Pinhas, MD, FRCP, Psychiatric Director, Hospital for Sick Children, Toronto, ON, Canada
- Jorge L. Pinzon, MD, Clinical Associate Professor, Pediatrics, University of British Columbia, Vancouver, BC, Canada
- Julie A. Potts, BSc, Program Leader, Eating Disorder Team, Perth, WA, Australia
- Elizabeth M. Pratt, PhD, Postdoctoral Fellow, Women's Health Sciences Division, Boston, MA, USA
- Christopher Prestwood, MA, Team Leader, Cornwall Partnership NHS Trust, Truro, United Kingdom
- Maria Teresa Rivera, RD, Grupo Médico Rio Mayo Department of Nutrition, Cuernavaca Bioclinique Department of Nutrition, Cuernavaca, Morelos, México
- Kathleen D. Robinson, PsyD, Psychologist, The Children's Hospital, Denver, CO, USA
- Paul Robinson, MD, PhD, FRCP, Consultant Psychiatrist, Royal Free Eating Disorders Service/Russell Unit, Royal Free Hospital, London, United Kingdom
- Bryan Rodgers, PhD, Senior Fellow, Australian National University, Canberra, ACT, Australia
- Gary M. Rodin, MD, Professor of Psychiatry, University of Toronto, Toronto, ON, Canada
- Luis Rojo-Moreno, PhD, Professor of Psychiatry, School of Medicine, University of Valencia, Spain
- Patricia Roles, MSW, Social Work Supervisor, British Columbia Children's Hospital, Vancouver, BC, Canada
- Ellen S. Rome, MD, MPH, Head, Section of Adolescent Medicine, The Cleveland Clinic Foundation, Cleveland, OH, USA
- Giovanni M. Ruggiero, MD, Head of Research, Studi Cognitivi, Cognitive Psychotherapy School of Milano, Milan, Lombardy, Italy
- Janice Russell, MBBS, MD, FRACP, FRANZCP, MFCP, Director, Northside Clinic, Greenwich, NSW, Australia
- Debra Safer, MD, Clinical Instructor, Psychiatry and Behavioral Sciences, Palo Alto, CA, USA
- David Sarwer, PhD, Assistant Professor of Psychology in Psychiatry and Surgery, University of Pennsylvania School of Medicine, Philadelphia, PA
- Sandra Sassaroli, MD, Director, Cognitive Psychotherapy School of Milano, Milan, Lombardy, Italy
- Ulrike Schmidt, MD, PhD, Consultant Psychiatrist, Maudsley Hospital, Eating Disorders Unit, London, United Kingdom
- Mark F. Schwartz, ScD, Director, Castlewood Treatment Center, 800 Holland Road, Ballwin, MO, USA
- Roz Shafran, PhD, Wellcome Career Development Fellow and Director of Experimental Research, Oxford University Department of Psychiatry, Oxford, United Kingdom
- Jennifer R. Shapiro, PhD, NIMH Postdoctoral Research Fellow, University of North Carolina, Chapel Hill, NC, USA
- Heather Shaw, PhD, Research Scientist, University of Texas at Austin, Austin, Texas
- Ellen Shuman, BA, Founder/Director, WellCentered ED Treatment Center, Cincinnati, OH, USA
- Fiona A. Simpson, DClinPsy, Clinical Psychologist, The Cullen Centre, Royal Edinburgh Hospital, Edinburgh, Midlothian, Scotland
- Anne-Marie Smith, MSW, RSW, Clinical Social Worker, Ambulatory Care for Eating Disorders, Toronto General Hospital, UHN, Toronto, ON, Canada
- Howard Steiger, PhD, FAED, Director Eating Disorders Program, Douglas Hospital, McGill University, Montréal, QC, Canada
- Karen Stein, PhD, Associate Professor, University of Michigan, Ann Arbor, MI, USA
- Eric Stice, PhD, Research Professor, University of Texas at Austin, Department of Psychology, Austin, TX, USA
- Ruth Striegel-Moore, PhD, FAED, Professor of Psychology, Wesleyan University, Middletown, CT, USA
- Michael Strober, PhD, FAED, UCLA Neuropsychiatric Institute, Los Angeles, CA, USA
- Mary D. Tantillo, PhD, RN, CS, FAED, Director, Eating Disorders Program, Unity Health System, Department of Psychiatry, Rochester, NY, USA
- Heather Thompson-Brenner, PhD, Director, Eating Disorders Program, Boston University, Boston, MA, USA
- David Tobin, PhD, Associate Professor of Psychiatry, Tufts University Medical School, Springfield, MA, USA
- Patrizia Todisco, Dr, Regional Eating Disorder Center, Brescia, Italy
- Federica Tozzi, MD, University of North Carolina, Chapel Hill, Chapel Hill, NC, USA
- Janet Treasure, MD, PhD, FRCP, FRCPsych, Institute of Psychiatry, London, United Kingdom
- Evelyn Tribole, MS, RD, Nutrition Counseling Practice Specializing in Eating Disorders, Irvine, CA, USA
- Hannah M. Turner, DClinPsy, Clinical Psychologist, University of Southampton, Southampton, Hampshire, United Kingdom
- Stacey Tweed, BSc, Graduate Student, Hospital for Sick Children, Toronto, ON, Canada
- Noa Tziperman, MA, Eating Disorders Clinic, Rambam Medical Center, Haifa, Israel
- Rudolf Uher, MUDr, PhD, Institute of Psychiatry, King's College, London, United Kingdom

Faculty List

Eric van Furth, PhD, FAED, Director, National Center for Eating Disorders, Robert-Fleury Stichting, Leidschendam, The Netherlands

Glenn Waller, DPhil, Consultant Clinical Psychologist, St. George's Eating Disorders Service, Outpatient Eating Disorders Service, Springfield University Hospital, London, United Kingdom

Timothy Walsh, MD, FAED, Professor of Psychiatry, Columbia University, New York, NY, USA

Karen Wetherall, MS, RD, LDN, Dietetic Internship Director, Sports Nutritionist, Medical Nutrition Therapist, Eating Disorders, The University of Tennessee, Knoxville, Tennessee

G. Terence Wilson, PhD, Oscar K. Buross Professor of Psychology, Rutgers University, Graduate School of Applied and Professional Studies, Piscataway, NJ, USA

Claire Wiseman, PhD, Trinity College, New Haven, Connecticut, USA

Lucene Wisniewski, PhD, FAED Clinical Director, Eating Disorder Programs, Laurelwood Hospital, Willoughby, OH, USA

Blake Woodside, MD, Director, Inpatient Eating Disorder Program, Toronto General Hospital, Toronto, ON, Canada

Claudia Zayfert, PhD, Associate Professor, Department of Psychiatry, Lebanon, NH, USA

Eynat Zubery, CSW, Shalvata Mental Health Center, Clalit Services, Israel

Exhibitor Directory

Alexian Brothers Behavioral Health Hospital

Booth Number: 25

1650 Moon Lake Boulevard

Hoffman Estates, IL 60194

847-755-8325

Fax 847-755-8060

carol.hartmann@abbhh.net

For more than 10 years, the Alexian Brothers Behavioral Health Hospital in Hoffman Estates, Illinois, has provided specialized treatment to patients, particularly children and early adolescents, who suffer from eating disorders. Our comprehensive program creates a supportive environment that involves families and encourages patients to overcome self-defeating behaviors.

Avalon Hills Residential Eating Disorder Program

Booth Number: 19

760 North Orange Street

Orange, CA 92867

714-318-1627

yanezlori@cs.com

Web Site: www.avalonhills.org

Avalon Hills assists girls, ages 11-17, in altering the negative beliefs, emotions, behaviors, interactions and cultural influences that have contributed to the development of disordered eating and concomitant medical concerns. Avalon Hills incorporates multifaceted animal therapies and experimental therapies along with group and individual sessions and psycho-educational classes.

Bellwood Health Services

Booth Number: 39

1020 McNicoll Avenue

Toronto, ON M1W 2J6

416-496-0926 or 800-387-6198

Fax 416-495-7943

csenior@bellwood.ca

Web Site: www.bellwood.ca

Bellwood Health Services provides residential treatment for males and females, 19 years of age and older, from across Canada, who struggle with anorexia nervosa, bulimia nervosa, binge eating disorder and other food, weight and body image issues. Treatment programs are also available for alcohol, drug, gambling and sexual addictions.

The Boswell Center

Booth Number: 1

6817 Southpoint Parkway, Suite 904

Jacksonville, FL 32246

904-332-9100

Fax 904-482-0647

Web Site: www.boswellcenter.com

The Boswell Center is a multidisciplinary practice that focuses on providing strategies for successful living throughout the life cycle. The Boswell Center's professionals provide a broad scope of clinical services including counseling for children, adolescents, and adults; personal coaches and nutritionists; and onsite medication management. The Center is comprised of psychologists, licensed counselors, social workers, nutritionists, and a Triple-boarded psychiatrist. These professionals work together to develop effective and practical treatment modalities that empower clients toward achieving their goals.

Center for Change

Booth Number: 4

1790 North State Street

Orem, UT 84057

888-224-8250.

Fax 201-224-8301

kcozzens@centerforchange.com

Web Site: www.centerforchange.com

Center for Change is committed to helping women break free and fully recover from eating disorders. The Center's clinical staff helps the client make the very important transitions from acute inpatient treatment, to residential care, and then to transitional day/ outpatient treatment. The Center is JCAHO accredited.

The Center for Counseling and Health Resources

Booth Number: 37

Post Office Box 700, 547 Dayton

Edmonds, WA 98020

425-771-5166

Fax 425-771-3799

drjantz@aplaceofhope.com

Web Site: www.aplaceofhope.com

The Center for Counseling and Health Resources is a full-service outpatient facility that serves mental health and chemical dependency issues. The center has specialized in eating disorders for over 20 years. Our model that works is using the whole-person approach. Dr. Gregg Jantz is the founder and executive director, certified as an eating disorder specialist.

Center for Discovery

Booth Number: 6
4136 Ann Arbor Road
Lakewood, CA 90712
562-622-1083
Fax 562-622-1173
jerrycarminio@verizon.net
Web Site: www.centerfordiscovery.com

Adolescent residential treatment program. The Center for Discovery and Adolescent Change offers intensive residential specialty programs for eating disorders and dual diagnosis disorders (emotional and/or substance abuse problems). Our programs are licensed by the state of California and JCAHO accredited.

Center for Hope of the Sierras

Booth Number: 9
1453 Pass Drive
Reno, NV 89509
775-828-4949
Fax 775/322-4556
centerhopeinfo@aol.com
Web Site: www.centerforhopeofthesierras.com

At the Center for Hope of the Sierras, we help clients to redefine their lives by finding meaning based on their unique gifts, interests, and talents separate from their body and their eating disorder. To accomplish this, the Center offers a multitude of individual, family and group therapies designed to heal. These include art therapy, equestrian & pet therapy, massage therapy, educational classes, yoga and meditation, music lessons, horticulture, language and photography classes and alternative approaches to provide healing to the whole being. We have a registered dietitian and chef who work with each individual to plan meals and do shopping once a week. Once a patient attains an appropriate level of health, they are invited to help prepare meals to work towards overcoming obsessive thoughts or compulsive behavior associated with the disease.

Children's Hospital Eating Disorders Program, Omaha, Nebraska

Booth Number: 24
8200 Dodge Street
Omaha, NE 68114
402-955-6190
phogan@chsomaha.org
Web Site: www.chsomaha.org

The Children's Hospital Eating Disorders Program provides specialty treatment for all ages of children, from the very young up to the twenty-second birthday. Our unique program has a board-certified child and adolescent psychiatrist within the unit. For more information, please call 1-800-642-8822, or visit www.chsomaha.org.

Children's Hospital Eating Disorders Treatment Program

Booth Number: 13
1056 East 19th Avenue, Box 130
Denver, CO 80218
303-764-8347
Fax 303-861-6209
kelly.margaret@tchden.org
Web Site: www.thechildrenshospital.org

The Eating Disorders Treatment Program is a comprehensive treatment center for children, adolescents and young adults through age 21. Established in 1988, it is the Rocky Mountain region's most comprehensive center for evaluation and treatment of eating disorders in children, adolescents and young adults through age 21. Due to our unique location within a children's hospital, we are able

to address the full spectrum of symptoms that can be associated with an eating disorder. Our program focuses on the many factors which contribute to the onset and maintenance of the eating disorder, the role of the family and support system, and establishing a plan to achieve and maintain recovery. Our multidisciplinary treatment team includes specialists from adolescent medicine, psychiatry and nutrition.

Clinique St-Amour

Booth Number: 41
1120, Boulevard de la Rive-Sud, Suite 200
St-Romuald, Québec G6W 5M6
418-834-9825
Fax 418-834-9823
information@cliniquestamour.com
Web Site: www.cliniquestamour.com
La Clinique St-Amour traite les personnes souffrant d'anorexie, de boulimie et de compulsion alimentaire, provenant du Canada et des pays francophones. Nos services spécialisés sont offerts sur une base externe ainsi qu'en suivis intensifs avec hébergement. Les professionnels peuvent référer directement leur clientèle à notre numéro de téléphone sans frais: 1-877-boulimie.

Comenzar de Nuevo A.C.

Booth Number: 2
Avenida Humberto Lobo No. 240-8
Colonia Del Valle
Garza García, N.L. 66220 México
52-81-8129-4683
Fax 52-81-83-46-9641
comenzardenuevo@axtel.net
Web Site: www.comenzardenuevo.org
Comenzar de Nuevo, A.C., was established in Monterrey, N.L. México, with the objective of providing free information concerning the prevention, diagnosis and referral for treatment of those individuals struggling with Eating Disorders. We seek to promote social attitudes that support the maintenance of a healthy body image, and to counter the "thin" ideal, a leading cause for most eating disorders. We also have the new "Comenzar de Nuevo Eating Disorders Center", which is a bilingual 12 bed inpatient facility located just 20 minutes away from Monterrey, México in a 64,584 sq. foot land viewing the Sierra Madre Mountain.

Denver Health Medical Center

Booth Number: 23
660 Bannock Street
Denver, CO 80204
877-228-8348
jsmith@dhha.org
Web Site: www.denverhealth.org
The A.C.U.T.E. Medical Center at Denver Health is a unique ICU/Medical unit for individuals suffering from severe anorexia or bulimia and associated medical complications. A service for patients whose physical conditions have become life-threatening, the partnership between Denver Health and The Eating Disorder Center of Denver is the only hospital program in the nation providing acute medical treatment with intensive ongoing psychiatric collaboration. Specifically designed for those who are physically ill and in crisis, the medical treatment provided may be covered under the patient's medical health insurance benefit.

Eating Disorder Center of Denver

Booth Number: 28
950 South Cherry Street
Denver, CO 80245
720-889-4234
Fax 303-773-3402
mschimmer@edcdenver.com
Web Site: www.edcdenver.com

Eating Disorder Clinic of Denver provides comprehensive treatment for anorexia, bulimia and related disorders in a safe supportive setting. The partial hospitalization program is an intensive, cost-effective alternative to traditional inpatient treatment. A multidisciplinary team works together to create individualized treatment plans that address the physical, psychosocial and nutrition needs of each patient. The treatment model of Eating Disorder Center of Denver is based on an integrated approach that facilitates growth and promotes lasting lifestyle change. EDC-Denver also offers an intensive outpatient program and comprehensive outpatient services.

Eating Disorder Institute – Fargo, North Dakota

Booth Number: 31
1720 S. University Dr #330
Fargo, ND 58108
701-461-5325
Fax 701-461-5374
Katie.Onofrechuk@meritcare.com
Web Site: www.meritcare.com

EDI provides a full continuum of care for adults and adolescents with eating disorders. Our exhibit offers you information on the EDI interdisciplinary approach and a complimentary article titled "Bulimia Nervosa" published by EDI researchers James E. Mitchell, MD and Stephen A. Wonderlich, PhD.

Eating Disorders Institute at Methodist Hospital

Booth Number: 15
6490 Excelsior Boulevard, Suite 315E
St. Louis Park, MN 55426
952-993-6200
Fax 952-933-6742
schalc@parknicollet.com
Web Site: www.parknicollet.com
Comprehensive treatment program for anorexia nervosa and bulimia nervosa. Inpatient, partial day, intensive outpatient and residential programs.

Fairwinds Treatment Center

Booth Number: 33
1569 South Fort Harrison Avenue
Clearwater, FL 33756
800-226-0301
Fax 727-467-0438
fairwinds@fairwindstreatment.com
Web Site: www.fairwindstreatment.com
The Fairwinds Treatment program is a medical recovery model based on the concept of a multi-disciplinary team approach. The goal is to treat female and male patients with anorexia, bulimia and related eating disorders with a quality residential program that is sufficiently lengthy to permit the patients to attain recovery. Fairwinds eating disorders program is able to meet the specialized needs of the dually diagnosed patient with co-occurring chemical dependency and or psychiatric disorders.

Genetics of Anorexia Nervosa Consortium

Booth Number: 8
Post Office Box 1415, 700 1st Avenue, South
Fargo, ND 58103
888/895-3886
Fax 701/293-3226
edresearch@upmc.edu
Web Site: www.angenetics.org
National Institute of Mental Health: Genetics of Anorexia Nervosa – The Genetics Consortium, consisting of 10 sites across North America and Europe, needs 400 families to participate in the study. This international study is seeking to determine whether a gene(s) might predispose individuals to develop anorexia nervosa. The study is looking for families where two or more relatives – sisters, brothers, cousins, aunts, grandparents—currently have or have had anorexia nervosa in the past. If your family fits this description and you would like more information about participating, call 888/895-3886 (toll free), email at edresearch@upmc.edu or visit www.angenetics.org. If you have patients with relatives who have had anorexia, please tell them about this study.

The Klarman Eating Disorders Center at McLean Hospital

Booth Number: 29
115 Mill Street
617-855-2885
Fax 617-855-2550
sheaj@mcleanpo.Mclean.org
Web Site: www.mclean.harvard.edu/patient/adult/edc.php
The Klarman Eating Disorders Center at McLean Hospital provides state-of-the-art treatment for eating disorders in girls and young women ages 13-23. The program offers intensive residential and transitional partial hospital levels of care. McLean is a psychiatric teaching facility of Harvard Medical School and located minutes from Boston in Belmont, Massachusetts.

Laureate Psychiatric Clinic Hospital

Booth Number: 35
6655 South Yale Avenue
Tulsa, OK 74136
918/491-5673
Fax 918/491-3765
lalandwerlin@saintfrancis.com
Web Site: www.laureate.com
The nationally recognized Eating Disorders Program at Laureate Psychiatric Clinic and Hospital has been designed to meet the needs of individuals with anorexia nervosa, bulimia and other eating-related difficulties. The staff at Laureate has dedicated many years to learning how to help patients and their families understand the causes of the disorder and how to recover. We offer five distinct levels of care: acute, residential, partial, group home and outpatient.

Laurel Hill Inn

Booth Number: 40
Post Office Box 368
Medford, MA 02155
781-393-0559
Fax 781-391-8820
lhi@laurelhillinn.com
Web Site: www.laurelhillinn.com
Laurel Hill Inn is a residential program for the treatment of eating disorders, located in the greater Boston area. The setting has the welcoming feeling of an old New England Inn and is tailored to

deliver a personalized treatment program to a small group of residents. Our program provides treatment exclusively to adults whose primary diagnosis is anorexia nervosa or bulimia nervosa. An experienced multi-disciplinary staff provides individual, group and family therapy.

Lotus Group

Booth Numbers: 21, 22
11950 Fishers Crossing Drive
Fishers, IN 46038
317/595-5555
Fax 317/595-5554
info@lotusgroup.biz
Web Site: www.lotusgroup.biz

We are a private practice counseling group in central Indiana, specializing in the treatment of eating disorders. We provide an IOP for eating disorders, directed by Misty Rees, CEDS. It serves as a great step-down from residential treatment. We plan to open a residential facility in late Summer/Fall 2005. Look for our table at this conference announcing the facility.

McCallum Place on the Park

Booth Number: 20
100 South Brentwood, Suite 350
Clayton, MO 63105
314/863-7700
Fax 314/863-7701
kirsten@mccallumplace.com
Web Site: www.mccallumplace.com
McCallum Place provides integrated care for individuals with eating disorders. Our treatment programs draw on both medical expertise and psychotherapy to create an environment of structure and support, accommodating those in need of weight restoration and providing each individual the stability necessary to change his or her patterns of restrictive eating, purging and compulsive exercise. McCallum Place offers 24 hour acute and residential treatment, transitional living, day treatment and intensive outpatient programs. McCallum Place serves men and women aged 13 to 50.

Mirasol Inc.

Booth Number: 38
7650 East Broadway, Suite 303
Tucson, AZ 85710
888-520-1700
Fax 520-546-3205
jrust@mirasol.net
Web Site: www.mirasol.net
Mirasol offers an integrative medicine approach for treating eating disorders in adult women and adolescent girls, ages 12-17. We offer traditional medical model treatment combined with alternative and experiential treatments such as neurofeedback, animal therapy, acupuncture, clinical hypnosis and body work (to mention a few). The adolescent program also offers adventure therapy, martial arts, rocks and ropes and mother/daughter workshops along with the traditional family programs. For more information call 888-520-1700 or see www.mirasol.net.

The Monte Nido Treatment Center

Booth Number: 26
27162 Sea Vista Drive
Malibu, CA 90265
310-457-9958
Fax 310-457-8445
mntc@montenido.com
Web Site: www.montenido.com
Nestled in the foothills of Malibu on two acres of pine, oak, sycamore, and fruit trees, Monte Nido™ lives up to its name, "Mountain Nest". Surrounded by a state park with hiking trails that lead to the beach, Monte Nido is a secluded, gated estate equipped with a gym, swimming pool, and private bath and deck in each bedroom. Our home-like atmosphere provides comfort in a unique setting where the challenges necessary for recovery take place. Monte Nido contracts with Carolyn Costin, LMFT to be its Clinical Director with her professional clinical corporation, Community Counseling for Individuals and Families, Inc. to provide the best possible psychotherapeutic care.

MySelfHelp.com

Booth Number: 14
184 Otis Street
Northboro, MA 01532
508-393-5638
Fax 508-393-3671
jrpa@myselfhelp.com
Web Site: www.myselfhelp.com
MySelfHelp.com is the world's premier provider of interactive self-help programs for depression, eating disorders and related mental health problems. Our family of programs includes exercises, tools and resources designed to support and enhance therapy, speed recovery and prevent relapses. MySelfHelp.com programs are funded and supported by the National Institute of Mental Health, recommended by therapists throughout the world and used by individuals in 23 countries.

National Eating Disorder Information Centre (NEDIC)

Booth Number: 34
200 Elizabeth Street, ES7-421
Toronto, ON M5G 2C4
416-340-4800
Fax 416-340-4736
karin.davis@uhn.on.ca
Web Site: www.nedic.ca
The National Eating Disorder Information Centre (NEDIC) is a non-profit organization founded in 1985 to provide information and resources on eating disorders and food and weight preoccupation. One of our main goals is to inform the public about eating disorders and related issues. NEDIC is a program of the University Health Network in Toronto, Canada.

National Eating Disorders Association (NEDA)

Booth Number: 18

603 Stewart Street, Suite 803

Seattle, WA 98101

206-382-3587

Fax 206-829-8501

kkelly@nationaleatingdisorders.org

Web Site: www.NationalEatingDisorders.org

NEDA hosts a national, toll-free Referral Helpline, an annual conference and National Eating Disorders Awareness Week. Our Web site, www.NationalEatingDisorders.org, provides educational tools and referrals to more than 600 treatment providers nationwide.

NEDA also distributes educational programs, advocates for access to treatment and awards grants for new research in the field.

Penn State Eating Disorder Program

Booth Number: 36

Child Psychiatry Inpatient Unit

Penn State Milton S. Hershey Medical Center

500 University Drive

Hershey, PA 17033-0850

717-531-7146

Fax 717-531-3662

jswope@psu.edu

Web Site: www.pennstateeatingdisorders.com

Treatment of pre-adolescents and adolescents through fifteen years of age on a child/adolescent psychiatric unit. The specific eating disorder program is designed to promote medical stabilization, recovery of healthy eating habits, and weight gain/maintenance. Care of both female and male patients. Multi-disciplinary team of specialists from fields of psychiatry, adolescent medicine, psychology and nutrition. Outpatient treatment center available for comprehensive aftercare.

Puente de Vida

Booth Number 42

Post Office Box 86020

San Diego, CA 92138

858/581-1239

Fax 858/581-1300

cschaefer@puentedevida.com

Web Site: www.puentedevida.com

Puente de Vida is a center for caring and individualized treatment where therapeutic services are offered to those 15 and older with eating disorders, including those with co-occurring disorders including anxiety, depression, OCD, PTSD, attachment and other disorders. A private six-bed facility located in beautiful La Jolla, California, provides an excellent setting for the sensitive, inner work that takes place. Puente de Vida recognizes that every recovery journey is different and complex and assists each individual in finding their unique path and support in recovery.

Rader Programs

Booth Number: 17

26560 Agoura Road, Suite 108

Calabasas, CA 91302

818-880-3755

Fax 818-880-3750

rader@raderprograms.com

Web Site: www.raderprograms.com

The treatment staff at Rader Programs has been providing high-quality clinical programs for over 20 years. It is our mission to help save the lives of those suffering from eating disorders. The primary purpose of Rader Programs is to treat the dysfunctional behavior in a supportive environment. A staff of caring and experienced professionals, many who are recovering themselves, assist the affected individual and family in developing a lifelong program for recovery. We understand the complexity of the disorder and understand the medical, psychological, physical and nutritional aspects of eating disorders.

Remuda Ranch

Booth Number: 32

1 East Apache Street

Wickenburg, AZ 85390

928-684-4501

Fax 928-684-4507

jessica.morse@remudaranch.com

Web Site: www.remudaranch.com

Remuda Ranch provides intensive inpatient programs for women and girls suffering from anorexia, bulimia and related issues. Our Biblically based programs offer hope, help and healing to patients of all faiths. In our non-institutional settings, our treatment team, consisting of Psychiatric and Primary Care Providers, Registered Dietitians, Masters Level Therapists, Psychologists and Registered Nurses, supports each resident by providing the right tools to live a healthy and productive life.

The Renfrew Center

Booth Number: 7

7700 Northwest 48th Avenue

Coconut Creek, FL 33073

954-698-9222

Fax 954-698-9007

inquiries@renfrew.org

Web Site: www.renfrewcenter.com

The Renfrew Center is the nation's first freestanding facility exclusively dedicated to the treatment of eating disorders. The Center now operates eight facilities in five states.

Ridgeview Institute

Booth Number: 30

3995 South Cobb Drive

Smyrna, GA 30080

770-434-4567 x3013

Fax 770-431-7025

rfernandez@ridgeviewinstitute.com

Web Site: www.ridgeviewinstitute.com

Ridgeview Institute, located at 3995 South Cobb Drive in Smyrna, Georgia, is a private, not-for-profit provider of psychiatric and substance abuse treatment, including inpatient, partial and intensive outpatient treatment options for children, adolescents, adults and seniors. We offer specialty programs for Impaired Professionals, Eating Disorders, Young Adults and Seniors.

River Oaks Hospital

Booth Number: 27
1525 River Oaks Road West
New Orleans, LA 70123
504-734-1740
Fax 504-733-7020
cara.vaccarino@uhsinc.com
Web Site: www.riveroakshospital.com

The Eating Disorders Treatment Center at River Oaks Hospital is affiliated with the Tulane University School of Medicine. The program offers inpatient and partial hospitalization services for male and female adolescents and adults.

Rogers Memorial Hospital

Booth Number: 5
34700 Valley Road
Oconomowoc, WI 53066
800-767-4411 x309
Fax 262-646-9771
bbaus@rogershospital.org
Web Site: www.rogershospital.org

Eating Disorder Services at Rogers Memorial Hospital provides inpatient, residential day treatment for males and females ages 12 and older, with a separate program for males. Our treatment approach encourages self-empowerment and we expect our patients to demonstrate willingness to receive treatment and a desire to recover. We are a nonprofit hospital offering residential care that is an affordable alternative to inpatient treatment. Our treatment program integrates cognitive behavioral therapy, interpersonal therapy and coping skills training, individualized for each patient's needs.

Rosewood Ranch Women's Center

Booth Number: 3
36075 South Rincon Rd.
Wickenburg, AZ 83390
928-684-9594
Fax 928-231-0868
marketing@rosewoodranch.com
Web Site: www.rosewoodranch.com

Rosewood Women's Center helps women 18 and older liberate themselves from the grip of their disordered eating. As a former bed and breakfast, Rosewood is a warm and inspiring setting to experience recovery. The integrated team of expert therapists, dietician, psychiatrist and medical doctor help empower women to accept and feel comfortable within their own bodies.

Shades of Hope

Booth Number: 12
Post Office Box 639
Buffalo Gap, TX 79508
800/588-4673
Fax 325-572-3405
hnshadesofhope@aol.com
Web Site: www.shadesofhope.com

Shades of Hope is an all-addiction treatment center specializing in the treatment of eating disorders. Shades of Hope recognizes there are those who not only deal with disordered eating but with chemical dependency and other addiction issues as well. It is our goal to have clients uncover the core issues that lead to the disordered behaviors; and then, to teach clients and their loved ones new ways of dealing.

Summit Eating Disorders and Outreach Program

Booth Number: 11
601 University Avenue, Suite 175
Sacramento, CA 95825
916-920-5276
Fax 916-920-5221
jennifer@sedop.org
Web Site: www.sedop.org

Summit Eating Disorders and Outreach Program is dedicated to the prevention and treatment of eating disorders. The program consists of a multidisciplinary team of professionals working together to provide outpatient services to people with eating disorders and prevention services to our community. The program seeks to provide a safe, supportive, and nurturing environment where people can heal from the guilt, shame, and destructive thinking that often accompanies anorexia, bulimia, binge eating disorder, and compulsive eating. Our primary goal is to help people experience the freedom of recovery, to enhance understanding and awareness of eating disorders and to encourage prevention, treatment and recovery.

University Medical Center at Princeton

Booth Number: 10
253 Witherspoon Street
Princeton NJ 08540
609-497-4490
larauch@hotmail.com
Web Site: www.princetonhcs.org

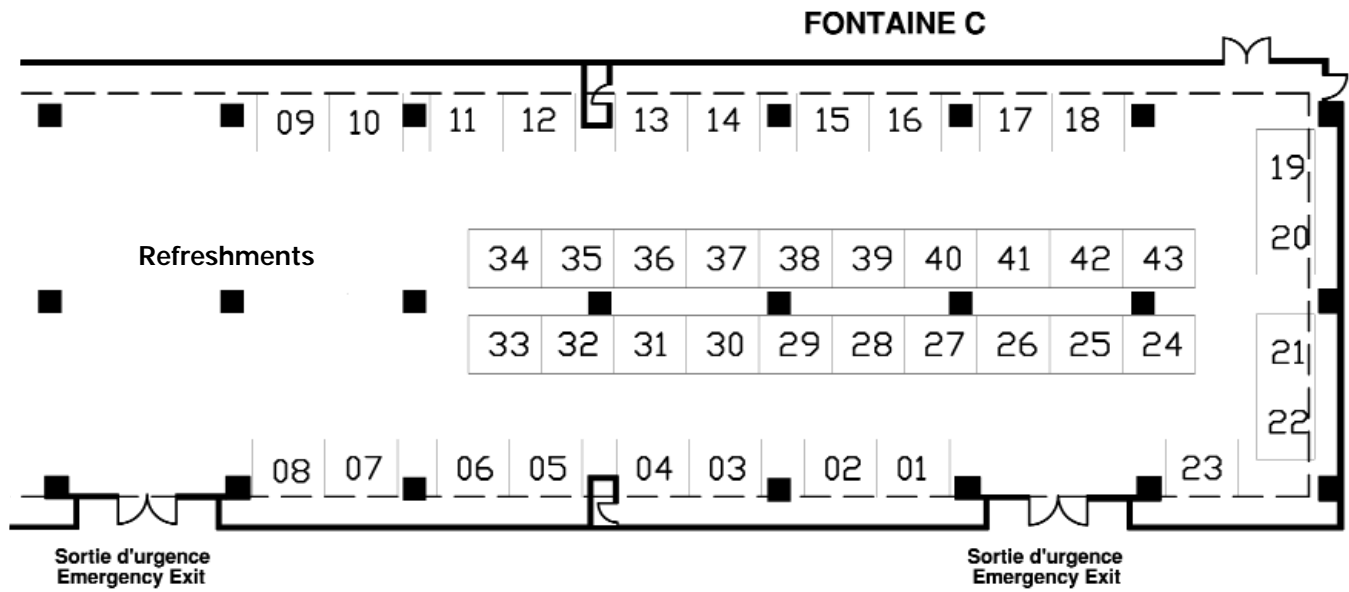
The Eating Disorders Program at University Medical Center at Princeton is committed to providing the best medical, psychotherapeutic and nutritional care for adults, adolescents and children suffering from anorexia, bulimia, and other eating disorders. The program offers inpatient and partial hospital treatment, combining a psychosocial approach with the latest advances in nutritional and medical treatment. Because of its location in a full-service medical center, the program emphasizes thorough and efficient treatment of any medical complications while simultaneously addressing the psychological issues underlying eating disorders. The multidisciplinary treatment team is composed of board certified psychiatrists, psychologists, social workers, registered dietitians, registered nurses and certified teachers. The program is located in historic Princeton, New Jersey, offering patients the opportunity to heal in a charming and quiet community.

Westwind Eating Disorder Recovery Centre

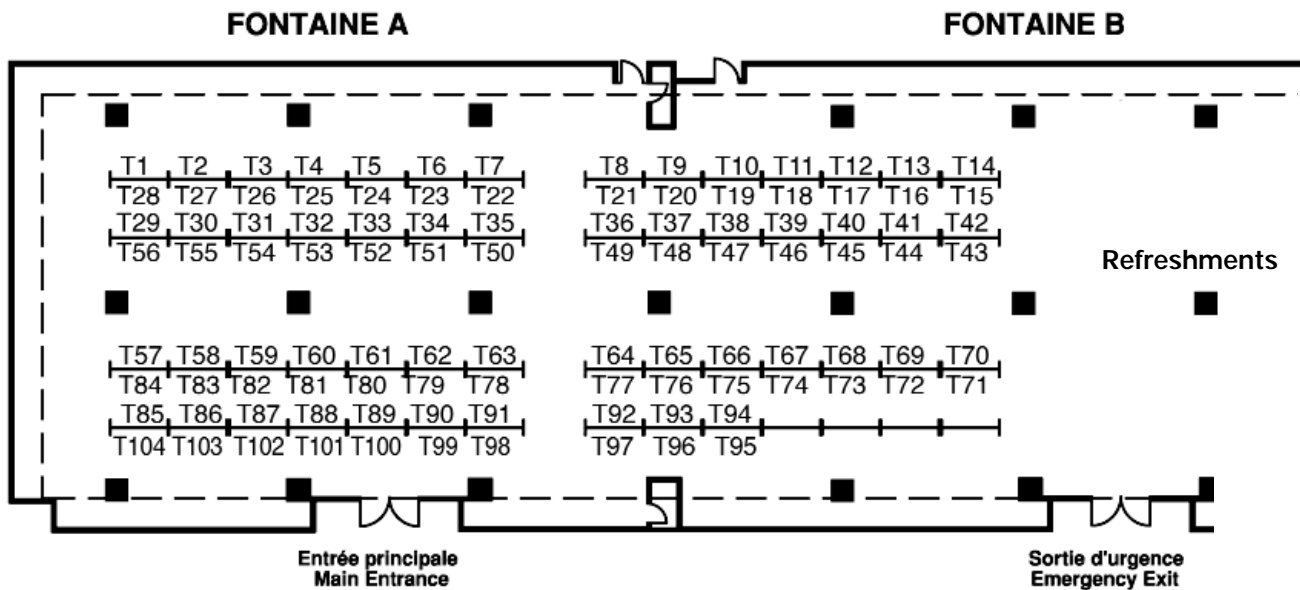
Booth Number: 16
458 14th Street
Brandon, MB R7A 4T3
204-728-2499
Fax 204-728-2513
lynnerobertson@mts.net
Web Site: www.westwind.mb.ca

Westwind Eating Disorder Recovery Centre specializes in the treatment of anorexia and bulimia in a comfortable, home-like atmosphere.

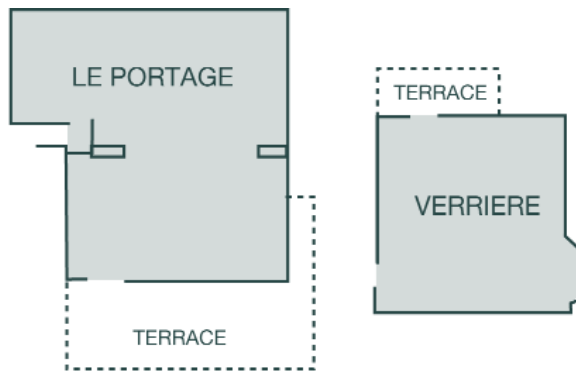
Exhibit Hall Floor Plan



Poster Hall Floor Plan

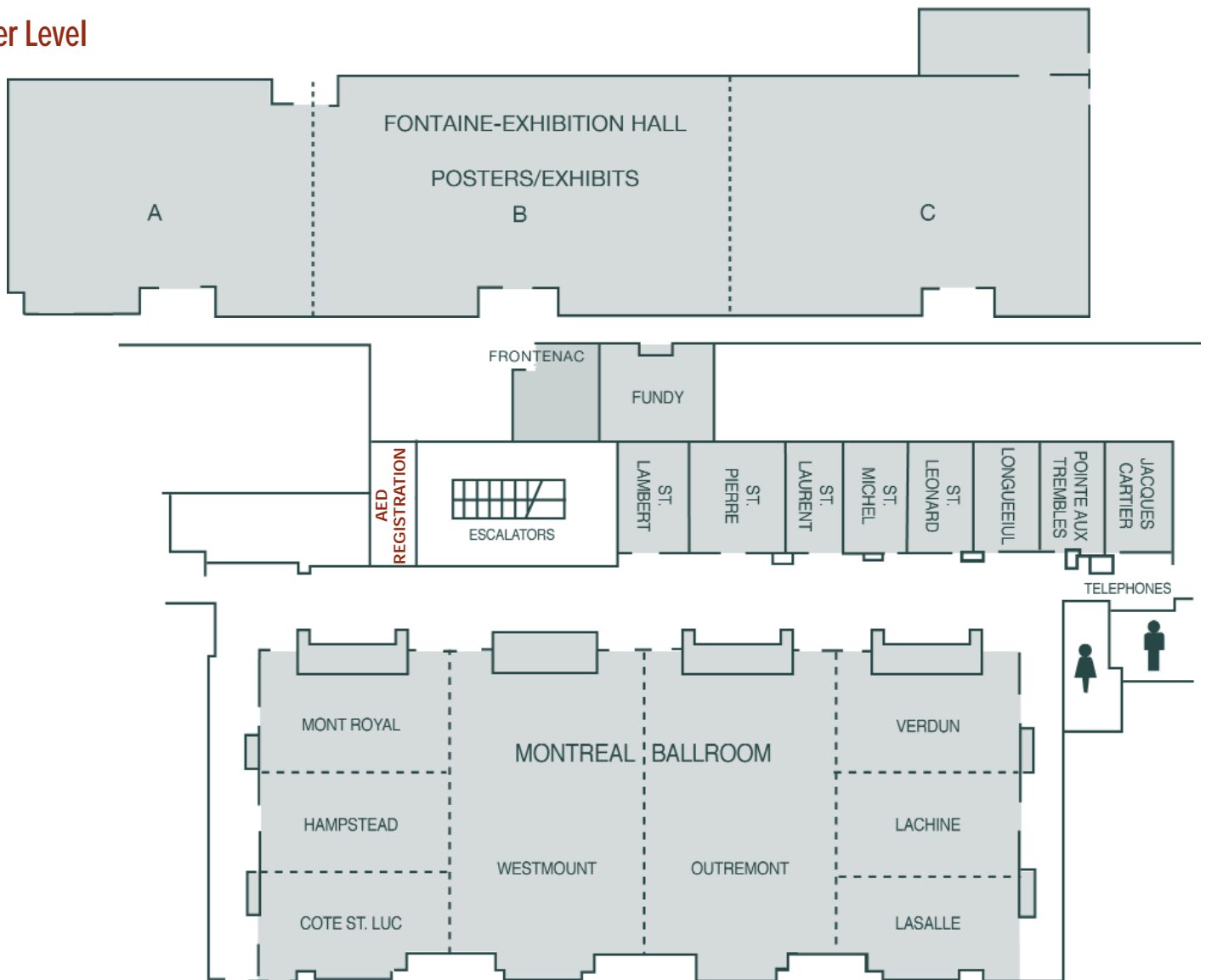


Lobby Level



Hilton Montréal Bonaventure

Lower Level





Membership Application

I am applying for membership as: ☐ Regular ☐ Affiliate ☐ Student

Name (First) (Last) Credentials

☐ Female ☐ Male

Organization

Address

City

State/Province

ZIP/Postal Code

Country

Phone (Business)

Fax

E-mail

Professional Information

Highest Degree: _____

Discipline:

- | | | |
|--|---|---|
| <input type="checkbox"/> Dietetics/Nutrition | <input type="checkbox"/> Nursing | <input type="checkbox"/> Psychology |
| <input type="checkbox"/> Exercise Physiology | <input type="checkbox"/> Counseling | <input type="checkbox"/> Primary Medicine |
| <input type="checkbox"/> Marriage/Family Therapy | <input type="checkbox"/> Psychiatry | <input type="checkbox"/> Social Work |
| <input type="checkbox"/> Physician/Pediatrician | <input type="checkbox"/> Other (specify): _____ | |

Institutional Affiliation: _____

Do you see patients or accept clinical referrals? ☐ Yes ☐ No

List memberships in other professional organizations: _____

Are you interested in learning about or joining a SIG? ☐ Yes ☐ No
For a complete listing and description of current SIGs, visit www.aedweb.org.

Practice Parameters (check all that apply)

I see:

- ☐ Children ☐ Adolescents ☐ Adults ☐ All ages ☐ Families

My practice is:

- ☐ Outpatient ☐ Inpatient/residential ☐ Residential ☐ Both

☐ Other (specify): _____

Payment Information

- ☐ Check (make payable to the Academy for Eating Disorders in US funds)
☐ VISA ☐ MasterCard ☐ American Express

Payment Enclosed: \$ _____

Card Number

Expiration Date

Credit Card Billing Address (if different from above)

Signature

Mail or fax payment to:
Academy for Eating Disorders
36841 Treasury Center
Chicago, IL 60694-6800

Regular/Affiliate

U.S./Canada \$175 US
(includes journal)

Non-U.S./Canada with journal \$215 US

Non-U.S./Canada without journal \$125 US

Student*

U.S./Canada with journal \$85 US

Non-U.S./Canada with journal \$125 US

Anywhere without journal \$35 US

**A letter from your department chair or program director is required for verification of student status.*

Membership dues are not tax deductible as a charitable contribution. Dues may be deducted as an ordinary and necessary expense. Consult your tax advisor.

Join AED online at: www.aedweb.org

Notes

[illegible]



60 Revere Drive, Suite 500
Northbrook, IL 60062 USA
Phone: 847-498-4274
Fax: 847-480-9282
E-mail: aed@aedweb.org
www.aedweb.org




INTERNATIONAL
CONFERENCE ON
EATING
DISORDERS

2005 | CONFÉRENCE
INTERNATIONALE
SUR LES
TROUBLES
DE L'ALIMENTATION

www.aedweb.org