



2004 International Conference
on Eating Disorders

Finding Common Ground:
Integrating Clinical Practice & Research

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Program at a Glance

Thursday April 29	My Schedule	Friday April 30	My Schedule
<p>9:00am – 12:00pm Clinical Teaching Day Workshops</p> <p>1:00pm – 3:15pm Welcome and Conference Goals & Plenary I</p> <p>3:15pm- 3:45pm Break</p> <p>3:45pm – 5:15pm Workshop Session I</p> <p>5:30pm - 7:00 pm Opening Reception</p> <p>6:30pm – 7:30 pm SIG Chairs Organizational Meeting</p> <p>6:30pm – 7:30pm NIH Roundtable</p> <p>7:00pm – 8:30pm Fellows Roundtables</p> <p>Exhibit Hall Hours: 1:00pm – 5:30pm</p>		<p>7:30am - 8:30am Continental Breakfast</p> <p>7:30am - 8:30am Member Breakfast</p> <p>8:30am – 10:30am Plenary II</p> <p>10:30am – 11:00am Break</p> <p>11:00 am – 12:15pm Keynote Event</p> <p>12:30pm – 2:30pm SIG meetings/Lunch on your Own</p> <p>2:30pm – 4:00pm Scientific Paper Sessions</p> <p>4:00pm – 4:30pm Break</p> <p>4:30pm – 6:00pm SIG Discussion Panels</p> <p>4:30pm – 6:00pm AED-NIMH Travel Fellowship Awards Session</p> <p>6:00pm – 7:30pm Poster Session and Reception</p> <p>Exhibit Hall Hours: 7:30am – 6:00pm</p>	

Program at a Glance

Saturday May 1	My Schedule	Sunday May 2	My Schedule
7:00am - 8:00am Continental Breakfast		8:00am – 9:00am Continental Breakfast	
7:00am – 9:30am Symposium Breakfast		8:00am – 9:00am Special Interest Group Meetings	
10:00am – 12:15 President’s Remarks & Plenary Session III		9:00am- 10:30am Scientific Session II	
12:15pm – 2:00pm AED Business Meeting and Awards Luncheon		10:30am – 11:00am Break	
2:00pm – 4:00pm Plenary Session IV		11:00am – 12:30pm Workshop Session III	
4:00pm – 4:30pm Break		Exhibit Hall Hours: 8:00 am – 11:00am	
4:30pm – 6:00pm Workshop Session II			
7:30pm – 11:00pm Poolside Reception			
Exhibit Hall Hours: 8:00am – 6:00pm			

Welcome y Bienvenidos!

Greetings and welcome to the 2004 International Conference on Eating Disorders! The conference theme is "Finding Common Ground: Integrating Clinical Practice and Research." This year's conference co-chairs, Kelly Klump, PhD (Michigan) and Howard Steiger, PhD, FAED (Canada), together with their committee, have developed an inspiring program that challenges us to cross philosophical, disciplinary, and orientation lines to find common ground in order to further both science and practice in eating disorders. Leah Graves, LD, RD, FAED (Oklahoma) chaired the Clinical Teaching Day and is offering the Academy's first ever teaching day en Español! Our "Global Corridor" will also showcase information from eating disorders organizations around the world during the poster session. So stop by to see the exciting initiatives from around the globe.

As the Academy enters its eleventh year, we continue to grow and develop. Our membership now exceeds 1000 from 36 countries. In addition to our education and training opportunities—which have expanded to include international teaching days—Academy membership includes numerous additional benefits including subscriptions to the *International Journal of Eating Disorders*, the informative *Academy Newsletter*, which is currently edited by Debbie Franko, PhD (Massachusetts), and will also include a copy of the *Annual Review of Eating Disorders*, edited by Steve Wonderlich, PhD, FAED (North Dakota), Jim Mitchell, MD, FAED (North Dakota), Howard Steiger, PhD, FAED (Canada) and Martina de Zwaan, MD, FAED (Germany).

Over the past few years, we are particularly proud of the virtual explosion of activity amongst our SIGS. Under the leadership of Judith Banker, LLP, MA, FAED (Michigan) and Paulo Machado, PhD (Portugal), the SIGS have become a venue for vibrant idea presentation and exchange. Just how vibrant are they? 2004 marks the first time that the founders of a SIG will receive an AED award! In recognition of their innovativeness and leadership, the Hispano Latino American SIG founders were named the recipients of the 2004 Meehan/Hartley Award for Community Service.

The Academy is on the move. Propelled by our new strategic plan, which grew from the seed of membership surveys, the leadership of the Academy is committed to providing high quality services to our colleagues in the field of eating disorders. If you are a member of AED, we look forward to expanding the services we provide and hope that you will encourage your colleagues to join. If you are not yet a member of the Academy, please stop by the membership booth at the conference and explore the special benefits for those who sign up at the conference. We look forward to working with all of you to realize our mission of promoting excellence in research, treatment, and prevention of eating disorders. Enjoy the meeting!



Cynthia M. Bulik, PhD, FAED
President

Awards and Honors

2004 Awards

The AED Meehan/Hartley Leadership Award for Public Service and/or Advocacy

Hispano Latino American Special Interest Group

Founders: J. Armando Barriguete Melendez, PhD, FAED; Ovidio Bermudez, MD, FAED;
Fernando Fernandez-Aranda, PhD; Paulo P.P. Machado, PhD; Fabian Melamed, PhD

Lifetime Achievement Award

Peter Beumont, MD

The AED Leadership Award for Research

Janet Treasure, FRCPsych

Past Awards and Honors

Lifetime Achievement

1995 Albert Stunkard, MD
1996 Arthur Crisp, MD
1996 Gerald Russell, MD
1998 Katherine Halmi, MD
2000 Paul Garfinkel, MD

Distinguished Service

1998 Amy Baker Dennis, PhD
2002 Joel Yager, MD

Meehan/Hartley Award

1994 Vivian Meehan, RN, DSc
1996 Pat Howe Tilton
2000 Patricia Hartley, PhD
2002 Patricia Santucci, MD
2003 Craig Johnson, PhD

Outstanding Clinician

1998 Arnold Andersen, MD
2000 Pauline Powers, MD
2003 Marsha D. Marcus, PhD

Outstanding Researcher

1995 James Mitchell, MD
1998 Walter Kaye, MD
2000 W. Stewart Agras, MD
2002 Christopher Fairburn, DM
2003 B. Timothy Walsh, MD

Public Service

1995 Susan Blumenthal, MD
2000 S. Kenneth Schonberg, MD

About The Academy for Eating Disorders

The Academy for Eating Disorders is an international transdisciplinary professional organization that promotes excellence in research, treatment and prevention of eating disorders. The AED provides education, training and a forum for collaboration and professional dialogue.

The AED brings together these professionals to:

- **Promote** the effective treatment and care of patients with eating disorders and associated disorders
- **Develop** and **advance** initiatives for the primary and secondary prevention of eating disorders
- **Provide** for the dissemination of knowledge regarding eating disorders to members of the Academy, other professionals and the general public
- **Stimulate** and **support** research in the field
- **Promote** multidisciplinary expertise within the Academy membership
- **Advocate** for the field on behalf of patients, the public and eating disorder professionals
- **Assist** in the development of guidelines for training, practice and professional conduct within the field
- **Identify** and **reward** outstanding achievement and service in the field

To receive membership information for yourself, or to pass along to a colleague, visit our web site at www.aedweb.org or contact the AED Central Office, 6728 Old McLean Village Drive, McLean, VA, USA, 22101 (703) 556-9222, AED@degnon.org.

Program Objectives

- 1) To foster an appreciation of the ways in which clinical-research integration improves treatment of individuals suffering from eating disorders
- 2) To examine empirical evidence highlighting the interaction of constitutional and sociocultural factors in the development of eating disorders
- 3) To review current knowledge on developmental factors that are believed to influence eating disorder development across the lifespan
- 4) To present recent empirical and clinical findings on specialized treatment techniques suited to commonly seen groups of eating disorder patients
- 5) To understand risk factors and treatment issues unique to special populations of individuals with eating disorders, including athletes and individuals with comorbid medical conditions

Clinical Teaching Day Workshops

The Academy for Eating Disorders is pleased to sponsor a morning of teaching sessions preceding the formal program. The sessions will be led by recognized experts and will be aimed at enhancing the clinical skills of attendees. The sessions will run simultaneously so that it will be possible to attend only one session. Enrollment in each session will be limited to 35 participants. Additional registration is required.

Global Hallway

The Academy for Eating Disorders would like to acknowledge the tremendous activity around the world on eating disorders during this international conference. Therefore, several international eating disorders organizations are represented at this year's meeting by displaying a poster during the Poster Session and Reception, Friday, April 30th. Be sure and stop by and view what other professionals are doing around the world.

Accreditation

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of the **University of New Mexico Office of Continuing Medical Education and the Academy for Eating Disorders**. The University of New Mexico Office of Continuing Medical Education is accredited by the ACCME to sponsor continuing medical education for physicians.

The UNM Office of Continuing Medical Education designates this continuing medical education activity for a maximum of **25.5** credit hours in Category 1 of the Physician's Recognition Award of the American Medical Association. This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of the University of New Mexico Office of Continuing Medical Education and the Academy for Eating Disorders. The University of New Mexico Office of Continuing Medical Education is accredited by the ACCME to provide continuing medical education for physicians.

The Academy for Eating Disorders is approved by the **American Psychological Association** to offer continuing education for psychologists. The Academy for Eating Disorders maintains responsibility for the program. **25.5** hours of continuing education credit will be offered.

This course meets the qualifications for **25.5** hours of continuing education credits for MFTs and/or LCSW as required by the **California Board of Behavioral Sciences**.

In cooperation with the Academy for Eating Disorders, the **Clinical Social Work Federation** will be authorizing Continuing Education Units for the educational presentations and will offer attendees a Certificate of Completion for the following states: Alaska, Arizona, Arkansas, California, Connecticut, Delaware, Georgia, Idaho, Indiana, Kentucky, Louisiana, Maine, Maryland, Nebraska, New Mexico, North Carolina, North Dakota, Oregon, Pennsylvania, Rhode Island, South Carolina, Tennessee, Utah, Vermont, Washington, Wisconsin, and Wyoming. For those states not listed above, prior approval for CEUs has not been secured by CSWF from the state regulatory agency. However, a Certificate of Completion of the educational presentation attended will be offered to attendees. It is the responsibility of the attendee from states not listed above to determine the applicability of the educational presentations for CEUs and to seek acceptance by their state regulatory agency.

Application for CME credit has been filed with the American Nurses Credentialing Center's Commission on Accreditation. **Determination of credit is pending.** Please check your meeting registration packet for more information.

Application for CME credit has been filed with the Commission on Dietetic Registration for participation in this activity. **Determination of credit is pending.** Please check your meeting registration packet for more information.

This activity has been reviewed and is acceptable for up to **24.75 Prescribed** credits by the **American Academy of Family Physicians**.

Conference Recordings

Selected sessions will be audio recorded and available for purchase through Conference Copy. During the meeting, please visit their table near AED Registration area to order tapes. After the meeting, please visit their web site at www.confcopy.com or call 570-775-0580 to order tapes.

AED Membership

Make plans to stop by the AED Membership booth during the meeting, to learn about the benefits available to AED members during 2004! New, renewing and existing AED members are encouraged to enter one of several raffles that will be held -- please visit their table near AED Registration.

Attendee List

If you are interested in obtaining a list of registrants, please send an e-mail to AED@Degnon.org. A copy will be sent electronically by reply e-mail.

Poster Session and Reception

A scientific poster session will be held on Friday, April 30th from 6:00 pm until 7:30 pm. This session will allow attendees to exchange information and visit with authors of the posters. A wine and cheese reception will take place during the poster session.

If you are presenting a poster, we ask that you assemble your poster any time after 12:00 pm on Friday, April 30th. Each poster is assigned a specific number. This number can be found in the AED Conference Proceedings just before the abstract title. Each poster station will be numbered --please display your poster at the correct number/station. All authors are requested to be at their posters during the reception.

AED Business Meeting & Awards Luncheon

On Saturday, May 1st, AED will hold its Annual Business Meeting to discuss Academy Business and review AED activities for the past year and the future. At the same time, awards will be given to the 2004 recipients.

If you registered in advance of the meeting and you indicated on your registration form that you will attend the Business lunch, you will have received a pink lunch ticket in your registration packet. This ticket will allow admittance to the lunch. If your plans have changed and you can no longer attend the luncheon, please return the ticket to the AED Registration Desk.

If you did not indicate on your registration form in advance of the meeting that you were interested in attending the luncheon, you can still attend as overflow seating will be available in the back of the ballroom.

Speaker Preparation

A Speaker Ready Room (Antigua 1) will be available for presenters who would like to preview their Powerpoint presentations. The Speaker Ready Room will be open on Thursday, Friday and Saturday from 7:00 am to 7:00 pm, and on Sunday from 7:00 am to 12:00 pm

Clinical Teaching Day and Program Schedule

Thursday, April 29

8:00am – 7:00pm Registration *Grand Sierra North Foyer*

**8:00am - 1:00pm Academy for Eating Disorders (AED) and *Curacao 2*
Eating Disorders Research Society (EDRS)
Research Training Day Workshop (*invitation only*)**

9:00am – 12:00pm Clinical Teaching Day Workshops (*separate registration is required*)

A. "Introduction to Eating Disorders, Working with Hispanic Patients and Families" / "Introducción a los Trastornos de la Alimentación, Trabajando con Pacientes y Familias de Origen Hispano" *Curacao 3*

Co-Sponsored by the AED Hispano Latino America Special Interest Group

J. Armando Barriguete, MD, FAED, Honorary Consultant, Psychiatry and ED Instituto Nacional de Ciencias Médicas y Nutrición México; Fabian Melamed, PhD, Adjunct Professor, School of Psychology, Universidad Nacional de Mar del Plata (UNMDP), Argentina, Director, Psychological Research Institute, Universidad Nuestra Señora de la Paz (UNSLP), La Paz Bolivia; Fernando Fernandez-Aranda, PhD, Coordinator Eating Disorders Unit, Consultant Psychologist, Department of Psychiatry, Hospital of Bellvitge, Associated Professor Psychology University of Barcelona, Spain; Maria Teresa Rivera, LN, Coordinator, Ariwá Foundation for the Treatment, Research and Prevention of Eating Disorders, Nutritionist, Río Mayo Medical Group, Cuernavaca, México; and Eva Ma. Trujillo, Director and Founder, To Begin Again Clinic AC, Monterrey, Mexico and Medical Pediatrician Specialist in TCA, Mexico

This innovative workshop will be presented in Spanish and will concentrate on the Spanish and the Hispano-American population and offers an introduction into the diagnosis and treatment of eating disorders in patients by offering a review of diagnostic criteria of Anorexia Nervosa, Bulimia Nervosa, eating disorders not otherwise specified and Binge Eating Disorder. Risk factors of eating disorders and the instruments validated for Spanish populations will be discussed. Special attention will be paid to the diagnosis of the patient as well as a review of useful diagnostic evaluation techniques. Treatment of eating disorders including discussion of the multidisciplinary team approach, putting together a treatment plan and selecting appropriate levels of care e.g. outpatient, day treatment, etc., will be covered. Nutritional interventions such as initial anthropometric, dietetic and clinical assessment will be presented. Este taller ofrecerá una revisión de los criterios diagnósticos y el tratamiento de los trastornos de la conducta alimentaria, con enfoque especial en las poblaciones Hispánicas. Se revisarán los criterios diagnósticos de la anorexia nervosa, la bulimia nervosa, los trastornos de la conducta alimentaria no especificados, y la sobrealimentación compulsiva. También se discutirán aspectos importantes de los factores de riesgo de instrumentos diagnósticos validados en poblaciones Hispánicas. Los principios de tratamiento como el trabajo en equipo multidisciplinario, plan de tratamiento, y la selección de intensidad de tratamiento determinado por la agudeza de cada caso. La evaluación y rehabilitación nutricional será descrita, con énfasis en las medidas antropométricas, asesoramiento dietético y del estado de nutrición.

Objectives/Objetivos:

1. Participants will become familiar with the Spanish version of the DSM-IV-TR diagnostic criteria for eating disorders./ Participantes se familiarizarán con los criterios diagnósticos del DSM-IV-TR versión en español.
2. Participants will become familiar with the principal instruments and questionnaires for eating disorders validated for Spanish populations./ Participantes se familiarizarán con los principales instrumentos y cuestionarios para los TCA validados en poblaciones Hispánicas.
3. Participants will become familiar with the "Therapeutic Alliance in Eating Disorders for Hispano-American patients and families."/ Participantes se familiarizarán con la Alianza Terapéutica en los TCA con pacientes y familias Hispánicas.
4. Participants will have reviewed the pathogenesis and evaluation of eating disorders in Hispano-American patients and families./ Participantes revisarán la patogénesis y evaluación de los TCA en pacientes y familias Hispánicas.
5. Participants will learn of the multidisciplinary team approach in the treatment of Hispano-American patients and families with eating disorders./ Participantes aprenderán el enfoque de equipo interdisciplinario para el tratamiento de los TCA en pacientes y familias Hispánicas.

B. Introduction to Eating Disorders in English (geared towards new learners) **Curacao 4**

Arnold Andersen, MD, FAED, and Wayne Bowers, PhD, FAED, University of Iowa College of Medicine, Iowa City, IA, USA

Eating disorders (EDs) are at times thought to be difficult to treat, usually chronic, with ill-defined treatment methods. In fact, treatment is straightforward, systematic, effective and potentially enduring with knowledge of the origin, natural history, core psychopathology, and treatment studies completed. Information will be presented which will lead to confident diagnostic assessment, and a trans-diagnostic treatment approach for clinicians tested in the treatment of more than 2000 ED patients, including all subtypes and levels of severity. Handouts will include a guide to diagnosis and planning of integrative trans-diagnostic treatment strategies, basics of CBT modified for EDs at all levels of severity and diagnostic subtypes, and tips on psychopharmacology, gender, and co-morbidity.

Objectives:

1. To learn to accurately and confidently diagnose eating disorders, with knowledge of the strengths and weaknesses of the DSM-IV and ICD-10 and to become familiar with the optimal instruments for eating disorder assessments.
2. To learn how to plan comprehensive acute and long-term integrative treatment strategies with the goal of full remission, including decisions related to severity of illness, intensity of treatment and comorbidity.
3. To understand and effectively plan psychotherapeutic interventions, especially the ability to implement CBT modified for eating disorders, with adjustments for developmental stage in individual, group and family contexts.

C. A Practice-Oriented Guide to Psychoeducation and Groups for Eating Disorders in Specialized and Community Settings

Curacao 5

Mimi Israel, MSc, MD, FRCP, Psychiatrist, Eating Disorders Program, Douglas Hospital; Associate Professor, Psychiatry Department, McGill University, Montreal, Quebec, Canada

After presenting a rationale for the use of group psychotherapy with eating disordered patients, this session will convey pragmatic aspects of starting and running ED focused therapy groups. A detailed outline of the therapeutic principles behind, and clinical content of, structured time-limited psychoeducational/cognitive-behavioral groups currently being used in the presenter's specialized treatment setting will be presented. In addition, the session will address "how-to's" of managing acting out, non-compliant, medically worrisome, or attention seeking patients, or other challenging situations that present obstacles to maintaining a problem-centered therapeutic focus. Teaching about group content will be done with the aid of slide presentations and distribution of a detailed handout. Participants basic primer on these methods. We will help you to understand the basics so that you feel comfortable conveying this information to patients and others. Our goal is to present a user-friendly approach to the genetics of eating disorders.

Objectives:

1. Participants will learn about psycho-educational cognitive-behavioral and process-oriented group treatment techniques for ED patients.
2. Participants will receive recommendations on how to manage difficult patients in a group context, and on a therapist stance and attitude that favors good group process.
3. By the end of this workshop, participants should be prepared to start and run their own therapy groups in specialized and non-specialized settings.

D. Identifying and Treating Eating Disorders:

A Primer for Primary Care Providers

Curacao 6

Garry Sigman, MD, FAED, Assistant Professor, Northwestern University School of Medicine, Director, Adolescent Medicine, Evanston, Northwestern Health Care, Skokie, IL, USA; Ovidio Bermudez, MD, FAED, Associate Professor of Pediatrics and Nursing, Vanderbilt University School of Medicine and Director, Eating Disorders Program, Nashville, TN, USA; Debra K. Katzman, MD, FRCP(C), FAED, Associate Professor of Pediatrics, The Hospital for Sick Children and University of Toronto, Medical Director, The Eating Disorder Program, The Hospital for Sick Children, Toronto, ON, Canada; and Diane Mickley, MD, FACP, FAED, Founder and Director, Wilkins Center for Eating Disorders, Assistant Clinical Professor, Department of Psychiatry, Yale University School of Medicine, Greenwich, CT, USA

This workshop is sponsored by an unrestricted educational grant from Ortho-Neil Pharmaceutical, Inc.

The workshop will cover several aspects of the diagnosis and treatment of eating disorders in children, adolescents and adults for the primary care provider (PCP). Presenters will review the interdisciplinary team approach to diagnosis, medical complications and treatment. This workshop will also review the prevalence of eating disorders in the primary care population and the pathogenesis of eating disorders. The role of the PCP in identifying and treating children and adolescents with eating disorders will be reviewed. We will discuss the diagnostic dilemmas and challenges in early detection, initial evaluation and the unique medical complications in the younger population. The presenters will discuss options for the PCP in the treatment of adults with eating disorders. This will include new approaches for patients with anorexia nervosa, as well as issues of pregnancy and parenthood. Primary care management of bulimia nervosa will be discussed, including comorbidity and indications for referral. The program will also touch on the distinction between simple obesity and binge eating disorder and the implications for PCPs.

Objectives:

1. Participants will develop an understanding of the important role of the PCP in the identification and treatment of pediatric (child and adolescent) and adult eating disorders.
2. Participants will become familiar with the DSM-IV diagnostic criteria for eating disorders in children, adolescents and adults.
3. Participants will gain knowledge of the diagnosis and treatment of pediatric and adult eating disorders using a multidisciplinary team approach in the primary care setting.
4. Participants will become familiar with the similarities and differences in the treatment of pediatric compared to adult eating disorders.

E. Treating Chronically Eating Disordered Patient

Curacao 7 & 8

Kathleen M. Pike, PhD, FAED, Assistant Professor of Clinical Psychology, Department of Psychiatry, Columbia University, New York, NY, USA; and Evelyn Attila, MD, Associate Professor of Clinical Psychology, Department of Psychiatry, Columbia University, New York, NY, USA

Recognizing that anorexia nervosa can be notoriously intractable is not an argument for resignation but an observation that requires therapists to expand their therapeutic skills in important ways. Often, treatment for AN is protracted and multiple interventions are initiated, pursued, and metabolized before an individual achieves a state of recovery, or even partial recovery. This workshop will focus on the special challenges of working with individuals whose eating pathology has been chronic and debilitating. Particular challenges of engaging and motivating such individuals will be discussed, including the importance of addressing hopelessness, lending hope, increasing engagement and motivation. We will also discuss the potential application of principles of harm reduction from the field of substance abuse to the treatment of AN. The shift of treatment focus from the goal of recovery to the goal of minimizing negative consequences of the eating disorder has major implications both clinically and ethically. When and why may it make sense to make this shift? Finally, clarity about goal setting will be discussed.

Objectives:

1. Enhanced skills of assessment and intervention regarding engagement and motivation for patients with chronic AN
2. Increased understanding of harm reduction principles and treatment applications that apply principles of harm reduction for eating disorders
3. Improved capacity to set realistic and functional goals with individuals who have chronic eating disorder pathology.

F. Genetics and Eating Disorders (a primer)

Bonaire 3

Cynthia M. Bulik, PhD, FAED, Department of Psychiatry, University of North Carolina, Chapel Hill, NC, USA; and Kelly Klump, PhD, Department of Psychology, Michigan State University, East Lansing, MI, USA

Twin and genetic studies of eating disorders can be difficult to understand and are easily misinterpreted. This workshop will provide a basic primer on these methods. We will help you to understand the basics so that you feel comfortable conveying this information to patients and others. Our goal is to present a user-friendly approach to genetics of eating disorders.

Objectives:

1. To understand the basic principles of family and twin studies.
2. To understand the basics of molecular genetic studies.
3. To have sufficient understanding about the implications of genetic studies of eating disorders to inform clinical practice and research.

G. Nutrition Essentials: What Every Therapist Needs to Know

Bonaire 1

Diane Keddy, MS, RD, Private Practice, Newport Beach, CA; and Tami Lyon, CDE, MPH, RD, San Francisco, CA, USA

This workshop explores the role of the registered dietitian (RD) as a member of the treatment team, nutrition intervention techniques, and the nutritional implications of eating disorders. Topics include the legal and professional boundaries for RDs, comparing and contrasting current popular diets, determining healthy body weights, metabolic changes seen in eating disorder patients, and the long-term consequences of eating disorder induced malnutrition. Attendees will leave with an understanding of the scope of practice of RDs and methods they use to normalize eating when treating disorder patients.

Objectives:

1. At the completion of the workshop, the participant will be able to discuss the role and function of the registered dietitian (RD) on the treatment team.
2. At the completion of the workshop, the participant will be able to state four methods used by RDs to teach normalization of eating and acceptance of healthy body weight.
3. At the completion of the workshop, the participant will be able to discuss the long-term nutritional and physiological consequences of eating disorders.

H. Building on Connections: Integrative Themes in Prevention of Negative Body Image and Disordered Eating

Bonaire 5

Michael Levine, PhD, FAED, Department of Psychology, Kenyon College, Gambier, OH, USA; Niva Piran, PhD, Ontario Institute for Studies in Education, University of Toronto, Toronto, ON, Canada; and Dianne Neumark-Sztainer, MPH, PhD, RD, FAED, Division of Epidemiology, University of Minnesota, Minneapolis, MN, USA

This workshop examines integrative themes in prevention. Michael Levine will review the prevention outcome literature and connect his conclusions with what is known from the voluminous research on the prevention of substance abuse. Niva Piran will then discuss the shared themes across the dominant models of prevention and how these themes can be integrated into multidimensional prevention programs. Dianne Neumark-Sztainer will then extend her previous work on shared themes in obesity and eating disorder prevention by examining specific recommendations that follow from an ecological model of intervention.

Objectives:

1. Participants will be able to summarize three basic strengths/contributions and three fundamental shortcomings of prevention research to date.
2. Participants will be able to list at least three shared themes of the cognitive-behavioral model, the nonspecific vulnerability stressor model and the social critical perspectives model of prevention.
3. Participants will be able to define ecological approach to prevention and be able to list at least three ways in which this approach can contribute to the prevention of both obesity and disordered eating.

1:00pm - 1:15pm Welcome and Conference Goals***Grand Sierra F-I***

Cynthia M. Bulik, PhD, FAED, AED President; Kelly Klump, PhD, and Howard Steiger, PhD, FAED, Program Committee Co-Chairs

1:15pm - 3:15pm Plenary Session I***Grand Sierra F-I******Eating and Body Issues Across the Lifespan:
Research Findings and Clinical Implications***

Chairs: Kelly Klump, PhD, Department of Psychology, Michigan State University, East Lansing, MI and Debbie Franko, PhD, Department of Counseling Psychology, Northeastern University, Boston, MA, USA

- ◆ Leann Birch, PhD, Distinguished Professor, The Pennsylvania State University, University Park, PA, USA
- ◆ Ruth Striegel-Moore, PhD, FAED, Professor and Chair of Psychology, Wesleyan University, Middletown, CT, USA
- ◆ Andreas Karwautz, MD, Professor, University Clinic of Neuropsychiatry, Vienna, Austria
- ◆ Marika Tiggemann, PhD, Professor, School of Psychology, Flinders University, Adelaide, Australia

This session will explore the diversity of risk factors and clinical issues present in eating and body image issues across the lifespan. Dr. Birch will begin by presenting her data showing significant parental influences on eating behaviors in children during early and middle childhood and the clinical implications of these findings. Dr. Striegel-Moore will extend this discussion by describing her unique longitudinal study of risk factors for the development of eating disorders in adolescents and young adults. Dr. Karwautz will then present an integrated discussion of the importance of psychosocial and genetic risk factors for anorexia nervosa in adolescence and highlight their relevance for clinical practice. Finally, Dr. Tiggemann will discuss emerging data that highlight the occurrence and clinical implications of body image concerns that occur among older women.

3:15pm - 3:45pm Break***Grand Sierra D*****3:45pm - 5:15pm Workshop Session I (Workshops 1-16)**

A "Core Skills" workshop is one that is geared toward those who are less familiar with eating disorders or who may work in settings other than treatment centers (e.g. schools, self-help organizations). These workshops are designed to be instructive for clinicians who may be in the early stages of their profession, as well as more senior clinicians who have not worked specifically with eating disordered populations. The core skills workshops cover a wide variety of topics, including assessment, diagnosis, treatment, and special populations, and will provide a solid foundation upon which to enhance possessive work with individuals with eating disorders. Look for the CSW logo to find a "Core Skills" Workshop.

**1. Eating Disorders and Obesity Research Funding Opportunities at the National Institutes of Health: Focus on the NIMH and the NIDDK*****Curacao 2***

Regina T. Dolan-Sewell, PhD, National Institutes of Health/NIMH, Bethesda, MD, Susan Yanovski, MD, FAED, National Institutes of Health/ NIDDK, Bethesda, MD, Evelyn Attia, MD, Psychiatry, NYPI / Columbia University, New York, NY, Scott Crow, MD, FAED, Psychiatry, University of Minnesota, Minneapolis, MN, Ruth Striegel-Moore, PhD, FAED, Department of Psychology, Wesleyan University, Middletown, CT, James E. Mitchell, MD, FAED, Neuroscience, University of North Dakota, Fargo, ND, USA

In this workshop, representatives from National Institute of Mental Health (NIMH), the National Institute of Diabetes, Digestive, and Kidney Diseases (NIDDK) and AED members who have successfully applied for support from NIMH and/or NIDDK will present material relevant to those interested in pursuing federal funding in the areas of eating disorders and obesity.

2. Treating Pregnant and Post-Partum Women with Eating Disorders: Challenges in Maintaining a Motivational Stance***Curacao 3***

Suja Srikaneswaran, PhD, Psychiatry, University of British Columbia, Vancouver, British Columbia, Canada, Kim Williams, BSc, Eating Disorders Program, St. Paul's Hospital, Vancouver, British Columbia, Canada

This workshop will review the concerns of pregnant and post-partum women with eating disorders, including fear of loss of control over weight gain, and the struggles they experience when considering the potential impact of the eating disorder upon the fetus or baby. The application and consequences of using a motivational stance in psychotherapy and nutrition counseling with this group will be presented in lecture/discussion format.

3. The Ontario Community Outreach Training Program for Eating Disorders: An Integrated Community-Based Training Program and Provincial Network for the Treatment and Prevention of Eating Disorders***Curacao 4***

Gail L. McVey, PhD, Community Health Systems Resource Group, The Hospital for Sick Children, Toronto, Ontario, Canada, Allan S. Kaplan, MD FRCP (C), FAED, Psychiatry, University Health Network and University of Toronto, Toronto, Ontario, Canada, Debra K. Katzman, MD FRCP (C), FAED, Eating Disorders Program, Division of Adolescent Med, The Hospital for Sick Children, University of Toronto, Toronto, Ontario, Canada, Leora Pinhas, MD, Department of Psychiatry, The Hospital for Sick Children, Toronto, Ontario, Canada

This workshop will review ways in which the Ontario Community Outreach Training Program for Eating Disorders increased involvement of the existing health care system in the provision of specialized services for people with eating disorders. The workshop will describe a unique approach to disseminating an evidence-based model of care for eating disorders to remote underserved areas.

4. The Treatment of Exercise Abuse in Adolescents with Eating Disorders Through Psychoeducation and Graduated Physical Fitness Programing *Curacao 5*

Ronald S. Manley, PhD, Kit Standish MA, Lisa Chernecki, BA Hons, Eating Disorders Program, Children's & Women's Health Centre of British Columbia, Vancouver, British Columbia, Canada

This workshop will demonstrate an effective approach to managing exercise abuse in adolescents with eating disorders. This is accomplished by directly targeting exercise dependence in a group format that includes both a psychoeducational and a practical component. Participants are given practical training in the major components of physical fitness, including cardiovascular and resistance training pursuits. Evaluation of this program is conducted through assessment of participant's fitness knowledge and patient satisfaction measures.



5. Couple Therapy in the Area of Eating Disorders: Theory, Research and Practice

Curacao 6

Jan B. Lackstrom, MSW, Donald B. Woodside MD, MSc FRCP (C), Psychiatry, University of Toronto, Toronto, Ontario, Canada, Gina Dimitropoulos, MSW, Psychiatry, Toronto General Hospital, Toronto, Ontario, Canada

This workshop will introduce participants to the unique issues associated with engaging and working with couples where one person has an eating disorder. The workshop will begin with a brief review of the literature, however the primary focus will be on practice issues including the role of psychoeducation and the content and process of assessment and therapy. Questions and discussion by participants will be encouraged and welcomed.

6. Coping and Understanding: Perspectives and Strategies for Helping Professionals, Sufferers, Families and Friends "Get It"

Curacao 7

Sondra Kronberg, MS, RD, Nutritional Director, Eating Disorder Associates Treatment & Referral Center, Westbury, NY, Carolyn Costin, MFT, Monte Nido Treatment Center, Malibu, CA, USA

Often sufferers, family members and friends will say they don't understand why this is happening to them and they certainly don't understand what they should or can do to help themselves or their loved ones. In fact, they often feel like nobody "gets it" or them. This presentation will enhance your ability to understand the emotional, genetic, behavioral and physiological symptoms that alter the course of a sufferer's life and have the potential to trap a family in an unexpected nightmare. It will provide a user-friendly perspective on the development, purpose and healing of an eating disorder. The presenters will explore eating disorders as a continuum of self-loathing and show how symptoms are a reflection of how one thinks and feels about oneself. It will describe how the development of an eating disorder is multi-factorial, requiring treatment, which addresses the biological, genetic, psychological, behavioral, familial and physiological symptoms that occur. The presentation will assist professionals in helping family members and friends to better understand and cope with a loved one suffering from an eating disorder and explore the role of the family, friends and professionals in the recovery process.



7. Therapeutic Writing as an Adjunct to the Treatment of Eating Disorders

Curacao 8

Ulrike Schmidt, MD, PhD, Section of Eating Disorders, Institute of Psychiatry, London, UK, Miriam

Grover, MSc, Eating Disorders Unit, Maudsley Hospital, London, UK

Eating disorder patients, especially those with anorexia nervosa, are emotionally avoidant. These patients find talking therapies difficult, and many standard psychotherapeutic techniques are difficult to implement. In this interactive workshop we will discuss why and how therapeutic writing can be a useful adjunct to the treatment of eating disorders. Using clinical examples, we will introduce participants to different types of writing exercises that can be helpful in working with eating disorder patients at different stages of their treatment. Participants will also be asked to do a brief writing task in the workshop.



8. Understanding Eating Disorders: A Two-Part Workshop for School Nurses, School Counsellors and all Pastoral Care Staff

Part 1 - Understanding the Problem

Bonaire 2

Jill Welbourne, BM, BCh, MA (Oxon), United Kingdom Eating Disorders Association, Bristol, UK

The first of two linked workshops based on a successful British course. Professionals in education who attend will feel less frightened when faced with students who may have an eating disorder. They will know what to do and where to go for help. Both workshops use a mix of information, discussion and problem-sharing in small groups. *You are encouraged to register for Part 2, which is listed as workshop 42.*

9. The Treatment of Comorbid Anxiety Problems in Patients with Eating Disorders

Bonaire 1

Hendrik Hinrichsen, DCLinPsy, Rachel Lawson, DiplClinPsy, Eating Disorders Service, St. George's Hospital Medical School, London, UK

Anxiety disorders are common in both anorexia and bulimia nervosa and usually precede the onset of the eating disorder. Research has shown that various anxiety problems are frequently experienced by patients with eating disorders. These include social anxiety, obsessive-compulsive disorder and post-traumatic stress disorder (often related to childhood experiences of trauma or abuse). The present workshop will provide practitioners with knowledge and skills required for the treatment of such comorbid anxiety problems in eating-disordered patients, drawing on the most recent advances in cognitive-behavioural theory and treatment.

10. Eating Disorders, Victimization and Co-Morbidity: Principles of Treatment *Bonaire 3*

Timothy D. Brewerton, MD, Psychiatry and Behavioral Sciences, Medical University of South Carolina, Charleston, SC, USA

Co-Morbidity is the rule rather than the exception in eating disorders. Mounting evidence supports the contention that the greater the degree of co-morbidity, the greater the likelihood of a prior history of victimization experiences, such as childhood sexual, physical and/or emotional abuse. This workshop will provide specific empirically-based guidelines for the treatment of the co-morbid ED patient, with particular reference to the traumatized patient with PTSD and other trauma-related disorders.

11. A Map of the Epidemiology, the Socio-Cultural Risk Factors and the Major Therapeutic Issues of Eating Disorders in Countries of the Middle East, The Mediterranean Area and the Latin American Area *Bonaire 4*

Giovanni M. Ruggiero, MD, Research Department, Cognitive Psychotherapy School, Milano, Italy, Armando Barriguete Melendez, MD, tca Instituto Nacional de Ciencias, Médicas y Nutrici, Ciudad do Mexico, Mexico, Karine Tinat, PhD, Fondation de France, Ciudad do Mexico, Mexico, M R Moro, PhD, Université Paris XIII France, Ciudad do Mexico, Mexico, C A. Aguilar, MD, Instituto Nacional de Ciencias Médicas y Nutrición, Ciudad do Mexico, Mexico, Sandra Sassaroli, MD, Cognitive Psychotherapy School, Milano, Italy, Paulo P. Machado, MD, Departamento de Psicologia, Universidade do Minho, Braga, Portugal, Yael Latzer, MD, Division of Psychiatry, Rambam Medical Center, Haifa, Israel, Fernando Fernandez Aranda, PhD, Department of Psychiatry, University Hospital of Bellvitge, Barcelona, Spain

An international group of presenters will review the epidemiology of eating disorders in some countries of the Middle East, the Mediterranean area and the Latin American area. They will investigate the relationship between traditional culture, recent modernization processes and the ascendancy of eating disorders in the above mentioned areas. They will address some specific therapeutic issues linked to the socio-cultural factors for eating disorders.

12. EDNOS (Eating Disorder Not Otherwise Specified): Why is it Important and How to Treat it Using Cognitive Behavior Therapy *Bonaire 5*



Christopher G. Fairburn, DM, Kristin S. Bohn, PhD, Psychiatry, University of Oxford, Oxford, UK, Matt Hutt, PhD, Psychiatry, University of Leicester, Leicester, UK

This workshop will focus on the neglected DSM-IV diagnosis of EDNOS. We will first describe its prevalence and clinical characteristics. We will then describe our experience treating it using a new transdiagnostic form of cognitive behaviour therapy.

13. Males with Eating Disorders: Personality Factors and Treatment Considerations *Bonaire 6*



Theodore E. Weltzin, MD, Catherine C. Loomis, PhD, Eating Disorders Center, Rogers Memorial Hospital, Oconomowoc, WI, USA

This workshop will present current information about males with eating disorders, including similarities and differences between males and females, special issues related to males, and practical strategies in developing a treatment plan for males. The workshop will illustrate therapeutic techniques that have been used in a residential program for males.

14. Eating Disorders and Diabetes: Coming Along Side with Young People Today with Sensitivity and Knowledge *Bonaire 7*

Nancy L. King, MS, La Canada Flintridge, CA, USA

Adolescents with Type 1 diabetes have a higher-than-normal prevalence of eating disorders. How does this chronic disease impact body image, self-esteem and self-efficacy? What are the daily challenges these individuals face and how do these challenges increase their risks for developing eating disorders? What can we learn from these individuals that may be meaningful when working with the increasing numbers of young people diagnosed with Type 2 diabetes?

15. Pre-Operative Psychological Interview for Bariatric Surgery: To Prescreen or to Prepare? *Bonaire 8*

Brenda L. Wolfe, PhD, Private Practice, Albuquerque, NM, Anthea R. Fursland, PhD, Kaiser Permanente, Oakland, CA, USA

This workshop will identify the available facts about bariatric surgery, explore the various objectives of the pre-surgical interview, and discuss appropriate instrumentation to achieve those objectives. The workshop will be structured to incorporate audience input so participants are encouraged to come with questions, ideas, and a willingness to share.

16. Behavioral, Cognitive and Experiential Treatments for Body Image Disturbance: An Advanced Training Workshop *Curacao 1*

Diann M. Ackard, PhD, Private Practice, Golden Valley, MN, Carol B. Peterson, PhD, Psychiatry, University of Minnesota, MN, USA

This workshop is an advanced training in the treatment of body image disturbance. The workshop includes a conceptual overview and review of research and psychometrically sound measures of various aspects of body image. It focuses on providing an in-depth training in behavioral, cognitive and experiential treatments. Relevant research, including the course and outcome of treatment, and prevalence of body image disturbance among different populations, will be summarized. Both presenters will incorporate case studies and include opportunities for discussion.

5:30pm - 7:00pm Opening Reception *Grand Sierra A-C*
Join colleagues as the Academy welcomes you to the 2004 International Conference on Eating Disorders.

6:30pm - 7:30pm SIG Chairs Organizational Meeting *Bonaire 1*

6:30pm – 7:30pm NIH Research Roundtable: Early Recognition of Eating Disorders in Children & Adolescents *Bonaire 2*

The incidence of eating disorders is increasing in younger age groups. The impact of these disorders has serious chronic medical complications, and is of major public health concern. Due to the emergence of symptoms in childhood and adolescence, research questions that address early preventive and interventional strategies are necessary. To reduce the burden of this serious illness and address the paucity of research, the National Institute of Mental Health would like to bring together researchers to identify critical questions that can translate risk and developmental research into new prevention, early intervention and treatment strategies for children and adolescents with eating disorders. There will be a brief overview of the current NIMH eating disorders portfolio that address risk factors and prevention in the adolescent population. This will be followed by open discussion and identification of key research questions that need to be addressed.

This session is hosted by Regina Smith James, M.D. of the Developmental Psychopathology & Prevention Research Branch at the National Institute of Mental Health, NIH, DHHS in Bethesda, MD.

7:00pm - 8:30pm Fellows Roundtables *Bonaire 5-6*

Do you have specific questions that you would like to discuss with established experts in your field? Are you looking for a bit of guidance on clinical cases that you have? Would you like to discuss how to conduct clinically relevant research or how to integrate research into your clinical practice? Are you interested in developing and evaluating an intervention to prevent eating disorders or conduct research related to the prevention of eating disorders? This year we will be offering an opportunity for informal discussions on these topics. Fellows within the Academy, who are interested in sharing their expertise and providing informal mentorship, will be available to guide the discussion and try to answer your questions. Debbie Katzman and Pat Fallon will be leading the discussion on clinical care. Scott Crow and Steve Wonderlich will be available to share their experiences on how to integrate research into your clinical practice and how to generally conduct research related to clinical issues. Michael Levine and Dianne Neumark-Sztainer want to hear about your thoughts for preventing eating disorders and conducting research in the area of eating disorder prevention and will be available to answer your questions.

Friday, April 30

7:00am - 5:00pm Conference Registration *Grand Sierra North Foyer*

7:30am - 8:30am Current, New and Prospective Member Breakfast *Grand Sierra E*

A welcoming and informational breakfast will be hosted for current, new and prospective AED members by Academy Board Members, Fellows, Membership Committee members and SIG Chairs. Benefits of AED membership and opportunities for involvement will be discussed in an informal setting specifically designed for those new to AED or interested in joining the Academy as well as for current members exploring ideas for further involvement. Please join us in this effort to increase awareness of, and collaboration in, the Academy's diverse and significant endeavors.

7:30am - 8:30am Continental Breakfast *Grand Sierra D*

**8:30am - 10:30am NIMH Plenary Session II
Not Just About Eating: Culture and Constitution in Eating Disorders *Grand Sierra F - I***

This session is sponsored by the National Institute of Mental Health

Chairs: Kelly Klump, PhD, Department of Psychology, Michigan State University, East Lansing, MI, USA and Howard Steiger, PhD, FAED, Eating Disorders Program, Douglas Hospital & McGill University, Montreal, Quebec, Canada

- ◆ Anke Hinney, PhD, Head of the Molecular Genetics Laboratory, Clinical Research Group, Child and Adolescent Psychiatry, Philipps University of Marburg, Marburg, Germany
- ◆ Pamela Keel, PhD, Associate Professor, Dept. of Psychology, University of Iowa, Iowa City, IA, USA
- ◆ Michael Strober, PhD, FAED, UCLA Neuropsychiatric Institute, Los Angeles, CA, USA
- ◆ Drew Westen, PhD, Professor and Director of Clinical Psychology Program, Department of Psychology and Psychiatry and Behavioral Sciences, Emory University, Atlanta, GA, USA

This plenary examines diverse aspects of the integration of genetic-constitutional and social-environmental factors in the development of eating disorders. Dr. Hinney will start the session by reviewing state-of-the-art genetic findings for obesity and binge eating and discussing their implications for clinicians working with these problems. Dr. Keel will then present a unique integration of cross-cultural and genetic studies of anorexia and bulimia nervosa that will challenge traditional causal assumptions that have important treatment implications. Dr. Strober will then introduce novel theories about the biological and environmental role of anxiety in susceptibility to anorexia nervosa and its treatment. Dr. Westen will end the session by offering unique ideas about the links between temperament and eating disorders that are essential to the diagnosis and treatment of these disorders.

10:30am – 11:00am Break

Grand Sierra D

11:00am – 12:15pm Keynote Event

A Dialogue About Evidence-Based Practice *Grand Sierra F- I*

◆ Christopher Fairburn, DM, Department of Psychiatry, Oxford University, Warneford Hospital, Oxford, UK

◆ Craig Johnson, PhD, FAED, Laureate Psychiatric Hospital, Tulsa, OK, USA

Discussant: Cynthia M. Bulik, PhD, FAED, Department of Psychiatry, University of North Carolina, Chapel Hill, NC, USA

The goal of this session is to examine the state of influence of empirical research upon clinical practice, and of clinical experience upon research priorities and interests. The session will explore the premise that erasing the distinction between research and clinical practice improves both endeavors and translates into better patient care. Also addressed will be the question of why resistances to clinical-research integration exist. The audience will be encouraged to participate in this discussion.

The Relationship Between Treatment Research and Clinical Practice

Christopher G Fairburn, DM, Psychiatry, University of Oxford, Oxford, United Kingdom

This presentation is concerned with the relationship between clinical practice and treatment research. It will be argued that there should be a two-way exchange between the two. Clinical observations and concerns should guide treatment research, and the findings of treatment research should influence clinical practice. Recent systematic reviews of the research on the treatment of eating disorders (e.g., that for the 2004 "NICE" guidelines; see www.nice.org.uk) indicate that there are certain well-supported evidence-based treatments. This especially applies to the treatment of bulimia nervosa. There is a need to disseminate these treatments so that patients get the benefit of them. Barriers to such dissemination exist and need to be addressed. There is also a need to improve upon these evidence-based treatments and extend the availability of evidence-based treatment to anorexia nervosa and EDNOS.

Best Practice Standards: How Are We Going to Get Clinicians to Make Use of Evidence Based Treatment

Craig Johnson PhD, FAED, Laureate Psychiatric Hospital, Tulsa, OK, USA

Treatment research in the field of Eating Disorders has reached a level of sophistication that allows us to begin to establish "best practice standards". This presentation will focus on the challenge of disseminating evidence based treatments. Other fields experience of barriers to acceptance will be reviewed, as well as strategies they have used to overcome predictable resistances. Difficult questions will be raised regarding what role the Academy for Eating Disorders should play in establishing "best practice standards" and monitoring compliance.

12:30pm – 2:30pm Special Interest Group Meetings and Lunch on your own

If you wish, you may purchase lunch items in the Grand Sierra Foyer and bring it with you to a SIG meeting.

Athlete	Curacao 1
Ron Thompson, PhD, and Roberta Sherman, PhD, Chairs	
Bariatric Surgery	Curacao 2
Carol Signore, MS, Chair	
Body Image	Curacao 3
Stacey Tantleff Dunn, PhD, Chair	
CBT	Curacao 4
Claire Wiseman, PhD, Chair	
Child and Adolescent	Curacao 5
Shelagh Wright, Chair	
Family Therapy	Curacao 6
Elizabeth McCabe, MSW, Chair	
Health At Every Size	Curacao 7
Ellen Shuman, Chair	
Hispano Latino American	Curacao 8
Armando Barriguete, MD, FAED, Chair	
Medical Care	Antigua 1
Ovidio Bermudez, MD, FAED, Chair	
Neuroimaging	Bonaire 3
C. Laird Birmingham, MD, Chair	
New Investigators	Bonaire 4
Marci Gluck, PhD, Chair	
Nursing	Bonaire 5
Carolyn Cochrane, PhD, RN, Chair	

Nutrition Sondra Kronberg, MS, RD, Chair	Bonaire 6
Prevention Riccardo Dalle Grave, MD, Chair	Bonaire 1
Private Practice Jill Strasser, PsyD, Chair	Bonaire 7
Psychodynamic Psychotherapy Judith Banker, LLP, MA, FAED, Chair	Bonaire 2

2:30pm – 4:00pm Scientific Session I (oral paper presentations)

Brief scientific papers will be presented and discussed in concurrent sessions. Please see page 28 for the listing of papers being presented. Abstracts of the papers are published in the Conference Proceedings.

BED and Obesity I	Curacao 1
BED and Obesity II	Curacao 2
Biological Factors I	Curacao 3
Child and Adolescents I	Bonaire 2
Gender and Trauma	Curacao 5
Outcome of Eating Disorders I	Curacao 6
Outcome of Eating Disorders II	Curacao 7
Population Studies I	Curacao 8
Prevention I	Bonaire 1
Psychological: Individuals I	Curacao 4
Psychological: Individuals II	Bonaire 3
Socioculture, Cross-Cultural and Ethnicity I	Bonaire 4
Treatment of Eating Disorders I	Bonaire 5

4:00pm - 4:30pm Break **Grand Sierra D**

4:30pm - 6:00pm SIG Discussion Panels

1. Enhancing Clinical Efficacy: Integrating CBT and Psychodynamic Psychotherapy in Eating Disorders Treatment **Grand Sierra F**

Co-Sponsored by the CBT SIG and the Psychodynamic Psychotherapy SIG

Moderator: Judith Banker, MA, LLP, FAED, Chair, Psychodynamic Psychotherapy SIG, Director, Center for Eating Disorders, Ann Arbor, MI, USA

This panel continues the dialogue about the use of manualized, evidence-based treatment versus psychodynamic treatment for eating disorders by examining the benefits and limitations of CBT and of psychodynamic psychotherapy as viewed by clinicians expert in each approach. Methods for integrating these two treatment modalities, as well as the impact of treatment integration on clinical effectiveness, will be discussed from the perspective of each approach using clinical vignettes and a review of research literature.

Strengths and Weaknesses of CBT and of Psychodynamic Psychotherapy as Treatment Modalities

Katharine Loeb, PhD, Co-Chair, CBT SIG, Clinical Director, Eating Disorders Program, Department of Psychiatry, University of Chicago, Chicago, IL, Assistant Professor of Psychiatry, Director, Eating Disorders Program, Department of Psychiatry, Mount Sinai School of Medicine, New York, NY and David Tobin, PhD, Co-Chair Psychodynamic Psychotherapy SIG, Associate Professor of Psychiatry, Tufts University Medical School, Private Practice, Springfield, MA, USA

This discussion will address the utility of CBT and of psychodynamic psychotherapy as singular therapeutic approaches in the treatment of eating disorders. The advantages and disadvantages of each modality, when practiced separately, will be explored using clinical vignettes and a review of the research literature.

Integrating Approaches: Building on Commonalities and Differences for More Effective Treatment

Wayne Bowers, PhD, ABPP, FAED, Professor, Department of Psychiatry, University of Iowa, Iowa City, IA, USA and Jeanne Magagna, MA, Consultant, Child, Adult and Family Psychotherapist, Great Ormond Street Hospital for Children, Elermede Centre for Eating Disorders, London, UK

Panelists will discuss integrating CBT and psychodynamic approaches from a primarily psychodynamic perspective and from a primarily CBT perspective using case examples and research review. Underlying commonalities between these approaches will be explored as well as the impact of treatment integration on clinical effectiveness.

**2. Creating Coherent Prevention Programs Across the Weight Spectrum:
How Do We Address Weight Concerns
without Creating Eating Disorders?**

Bonaire 1 & 2

Sponsored by the Health At Every Size and Prevention SIGs

Moderator: Ellen Shuman, Executive Director, WellCentered Eating Disorders Treatment Center, Cincinnati, OH, USA and Co-Chair AED HAES SIG

**The Health At Every Size Movement and the Prevention
of Eating Disorders: An Introduction**

Ellen Shuman, Executive Director, WellCentered Eating Disorders Treatment Center, Cincinnati, OH, USA and Co-Chair AED HAES SIG

Can we really expect to prevent eating disorders in a world where most people, regardless of their weight, fear being fat? We know diets don't work for most people, yet societal messages saying fat people must "lose weight or die" are growing louder, driven by our alleged "Obesity Epidemic." Increasingly popular interventions, such as weight loss surgery, encourage people at one end of the weight continuum to mimic what we see pathologically in eating disordered clients at the other end of the continuum; e.g., severe restriction leading to nutritional deficiencies, fear of overeating, vomiting and/or diarrhea if they do, etc. This joint HAES and PREVENTION SIG panel discussion will explore a new paradigm, the Health at Every Size Movement (HAES). What is HAES and what are its implications for the overall prevention of eating disorders? Is having a weight-neutral approach to issues across the weight spectrum relevant for the prevention of eating disorders? Is there a connection between eating disorder prevention and size acceptance?

Myths and Realities of the Health At Every Size Movement

Debora Burgard, PhD, Clinical Psychologist, Los Altos, CA, USA and Co-Chair AED HAES SIG

Is HAES radical or conservative? Rational or irresponsible? Against weight loss or weight neutral? People can be starving, bingeing or purging at any point on the weight spectrum, so why is an approach that de-emphasizes focusing on weight so controversial? Given that having a goal of a particular body size rather than a goal of a healthy day-to-day life is a factor that can contribute to the development of and maintenance of an eating disorder, what should prevention efforts target? Why is the medical profession so reluctant to look at the possibility that health seems more related to fitness than fatness? If we know there are interventions that make people healthier and happier, regardless of weight change, why are clinicians and researchers still so focused on dieting and surgery? Dr. Burgard will explore the myths and realities of the Health At Every Size Movement and review the research that support health benefits associated with focusing on responding to the needs of one's body rather than weight change.

Strengths and Limits of the HAES Paradigm on the Prevention of Eating Disorders

Riccardo Dalle Grave, MD, Associazione Italiana Disturbi Dell'Alimentazione e Del Peso, Verona, Italy, Chair, AED Prevention SIG

Providing a comprehensive research update on school-based eating disorder prevention programs that have been evaluated in controlled trials, Dr. Dalle Grave will analyze why it is too difficult to change attitudes about shape and body weight and to promote body weight and shape acceptance in students. According to this research, body weight and shape acceptance might not be enough to prevent eating disorders, as some patients develop an eating disorder for different reasons not related to the pressure to diet. He'll analyze the strengths and the limits of Health At Every Size paradigm in the prevention of eating disorders and suggest work that still needs to be done in this area.

The HAES Philosophy and Community-Based Prevention

Michael Levine, PhD, FAED, Professor of Psychology, Kenyon College, Gambier, OH, USA

What are the implications of the Health at Any Size philosophy for Community-Based Prevention? This discussion will review several of the limitations of school-based prevention and then offer a model for community-based prevention and community-wide health promotion. Dr. Levine will address the ways in which people committed to prevention can work with and in various aspects of the community to promote size acceptance and multiple, intersecting aspects of good health, e.g., healthy eating, an active lifestyle, respect for self and others, gender equity, feelings of relatedness and connectedness. The implications of this approach for a number of general topics will also be considered. This includes advocacy of prevention, prevention outcome research and the Bolder Model of Prevention (Irving, 1999), which combines the personal, the professional and the politics of activism and advocacy.

**4:30pm - 6:00pm The AED-NIMH Travel Fellowship Awards:
The Future of Eating Disorders Research**

Grand Sierra H-I

This special session highlights paper presentations from the recipients of the NIMH and AED Travel Fellowships. These papers represent high-quality submissions from promising investigators in the field.

Screening for Eating Disorders and High Risk Behavior: Caution

Liana Abascal, MA, Clinical Psychology, SDSU/UCSD, San Diego, CA, Corinna Jacobi, PhD, Psychology, University of Trier, Trier, Germany, C. Barr Taylor, MD, Psychiatry, Stanford University, Stanford, CA, USA

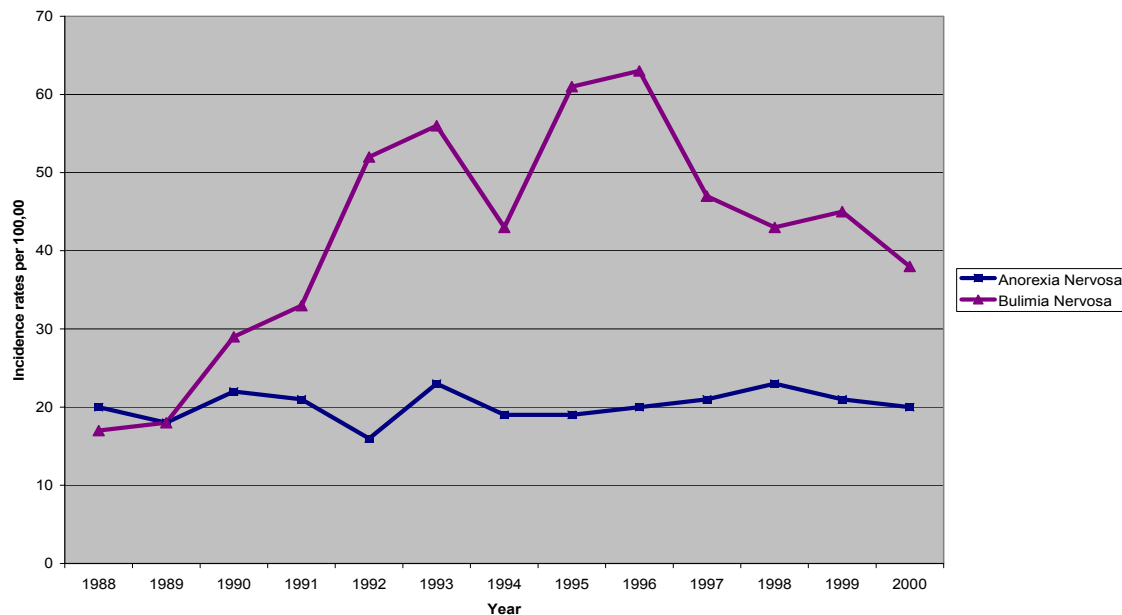
The purpose of this research is to review the state of the art of screening for eating disorders (ED), to discuss methods and criteria applied for screens, and to make recommendations as to which screens should be used for which populations

and purposes. Information on development, psychometric properties and external validation (sensitivity (Se), specificity (Sp), positive predictive values (PPV), negative predictive values etc.) is summarized. Results indicate that screens differ widely with regard to objective, psychometric properties and the validation methodology used. For anorexia nervosa (AN), screens had high Se [range of 100-64.3%] and Sp [97.7-66.1] but low PPV [2.7-19.4] for identifying cases of full syndrome AN. For bulimia nervosa (BN), screens had high Se [100-80] and Sp [100-99.6] however, the Sp for these screens to differentiate between full-syndrome BN and other or partial ED is not known. A screen for ED in general is available with high Se and Sp for AN [Se 93][Sp100], BN[Se 81][Sp 98] and BED [Se 77][Sp 96], but does not identify partial cases. Limited information is available to identify those at risk for developing an ED but do not have one. Screens for middle and high school students are available with ranges for Se [86-43] and Sp [90-53] but have been used in limited populations. It is concluded that screens should be used with caution. Most screens that identify cases are not appropriate for the identification of at-risk behaviors. Little data on the external validity of screens are available. A sequential procedure, in which subjects identified as being at-risk during the first stage is followed by more specific diagnostic tests during the second stage, might overcome some of the limitations of the one-stage screening approach.

Time Trends in Eating Disorders

Laura Currin, BA, Ulrike Schmidt, PhD, Janet Treasure, PhD, Eating Disorder Research Unit, Institute of Psychiatry, King's College London, United Kingdom, Herschel Jick, Boston Collaborative Drug Surveillance Program, Boston University School of Medicine, Boston, MA, USA

This study was conducted to determine if the primary care incidence of anorexia and bulimia nervosa changed over a 12-year period. A national UK database covering approximately 3.8 million patients was searched for new diagnoses of anorexia and bulimia nervosa made between 1 January 1994 and 31 December 2000. Yearly incidence was calculated for women aged 10-39 years by dividing the number of new cases diagnosed annually, by the total number of female patients aged 10-39 registered for that year. This incidence information was combined with previous incidence rates for 1988-1993 calculated by the same method (Turnbull et al. 1996). A comparison of annual incidence rates for anorexia nervosa found a very stable incidence rate for females aged 10-39 years over the 12 years studied (Figure 1). In contrast, the nineties represented a period of marked increase in incidence of bulimia nervosa, with maximum values seen in the years 1993 and 1996. Since these peaks, the incidence of bulimia nervosa has declined (Figure 1). The stability found in incidence of anorexia nervosa agrees with the findings of a recent narrative review (Hoek and van Hoeken, 2003). The heightened incidence of bulimia nervosa during the nineties could be due to more people receiving first time treatment, rather than an actual change in the community incidence. This period was marked by intense media interest in bulimia nervosa due to the 1992 revelation that Princess Diana was suffering from the illness. This media coverage could have combined with other external variables to create a situation of heightened practitioner awareness of the disorder, and increased patient willingness to disclose their symptoms. Therefore, the falling incidence rates may not represent a decrease in the affected population, but the depletion of hidden community cases.



Ballet Dancers and Disordered Eating: Differential Effects of School Type

Jennifer J. Thomas, B.A., Psychology, Yale University, New Haven, CT, Pamela K. Keel, Ph.D., Psychology, University of Iowa, Iowa City, IA, Todd F. Heatherton, Ph.D., Psychological and Brain Sciences, Dartmouth College, Hanover, NH, USA

Young ballet dancers are at high risk for disordered eating, but only a minority exhibit eating disorders (EDs), suggesting that certain sub-groups are at greater risk. One such sub-grouping variable may be professional ballet company affiliation, which influences school competitiveness and provides role models. This study compared the incidence of disordered eating attitudes and behavior among adolescent ballet dancers studying at 3 different types of schools: schools affiliated with national companies, schools affiliated with regional companies, and local schools not affiliated with performing troupes. Female ballet students (N=239, age = 15.0 +/- 1.5 years) from 5 geographically disparate U.S. summer ballet programs completed the Eating Disorders Inventory (EDI) and an eating behavior survey. National students exhibited significantly higher EDI scores ($p=.006$), Drive for Thinness ($p=.0009$), and weight dissatisfaction ($p=.027$), as well as higher levels of dieting ($p=.03$) and self-induced vomiting ($p=.045$) than regional students. National students were significantly more likely to report dieting ($p=.01$), self-induced vomiting ($p=.036$) and having EDs ($p=.006$) than local students. Local students exhibited a greater Drive for Thinness ($p=.048$) and frequency of binge eating ($p=.003$) than regional students. Results suggest that ED risk in ballet students is related to a combination of individual factors and environmental risk. Given an earlier report that genes that increase vulnerability to EDs may enhance the likelihood of ballet school matriculation, the current findings suggest that school type may further influence the expression of this risk. Specifically, regional students may be relatively protected by experiencing a closer fit between their own ability to maintain a thin physique and the body shape represented as ideal by their regional company role models.

Mental Health Problems and Caregiving Experiences in Carers of Individuals with Bulimia Nervosa

Sarah Perkins, BSc, Eating Disorders Section, Institute of Psychiatry, London, United Kingdom

The mental health (MH) needs of non-professional carers (e.g. parents or partners) are an important but under researched area in eating disorders. Preliminary research on carers of individuals with anorexia nervosa has found that they experience more difficulties in their care-giving role and higher levels of distress than carers of individuals with psychosis (Treasure et al., 2001). To date there is no research into the impact of bulimia nervosa (BN) on families and other carers. The present study is the first to examine the impact of being a carer for an individual with BN/EDNOS in terms of carer distress and experiences of caregiving, both quantitatively and qualitatively. Participants were 68 adolescents/young adults referred for treatment for BN/EDNOS and involved in a RCT evaluating guided self-care CBT vs. family therapy. 112 carers completed the following self-report measures: Experience of Care-giving Inventory, General Health Questionnaire, Level of Expressed Emotion Scale (LEE) and Self-report Family Inventory (SFI). Patients completed the Inventory of Interpersonal Problems, LEE and SFI. The qualitative component involved 20 carers, who were interviewed using a semi-structured interview guide covering their experience of services/unmet needs and the impact of BN of their life. Over half of the carers reported some MH problems and a minority experienced considerable difficulties. A negative experience of care giving, particularly in relation to dependency and loss, predicted carer MH status. High weekly patient-carer contact hours and patient ratings of their carers' expressed emotion (EE) predicted a negative experience of care giving. Awareness of carer MH problems and consideration of their needs is crucial as supporting carers is an important way of benefiting patients. Future interventions focusing on reducing carers' EE could prove beneficial in terms of both patient and caregiver outcomes.

V.I.K. (Very Important Kids): Development of a School-Based Intervention to Prevent Weight-Related Disorders in Children

Jess Haines, MHSc, RD, Dianne Neumark-Sztainer, PhD, RD, Lynnell Thiel, Division of Epidemiology, University of Minnesota, Minneapolis, MN, USA

The purpose of this study was to elucidate factors to be addressed in a school-based program designed to prevent weight-related disorders among children in grades 4 through 6. To do this, trained research staff conducted gender-specific focus group interviews with 29 elementary school students and individual interviews with 12 elementary school staff and 21 parents. Questions in the interviews were designed to provide insight into the pertinent issues regarding body image, unhealthy dieting behavior, weight-based stigmatization, nutrition, and physical activity in the target population. Data from the interviews were analyzed using the systematic constant comparison method. Consistent themes that emerged from this analysis were that: 1) teasing, both about weight and other personal characteristics, is a prevalent problem in this age group and that it has grave consequences on students' self esteem and overall mental well-being; 2) students in this age group are critical of their maturing bodies; and 3) students often compare their bodies to images they see in magazines and on television. Based on these results the V.I.K. (very Important Kids) program was developed. The program includes four components: 1) the implementation of a school-wide campaign to reduce teasing; 2) an after-school program for students that focused on promoting a healthy body-image and reducing weight-stigmatization; 3) family outreach; and 4) a theater production focusing on reducing weight-based stigmatization at school. This presentation will focus on how the results from this formative assessment informed the development and implementation of the V.I.K. program. Specifically, it will highlight how multiple intervention strategies are used within the program to address the key issues associated with weight-related disorders as identified by parents, students, and school staff.

6:00pm - 7:30pm Poster Session/Wine and Cheese Reception *Grand Sierra E*

Posters allow attendees the opportunity for informal academic exchange with the presenter. Presenters will be available during this time to discuss their finding and answer questions.

Saturday, May 1

7:00am - 4:00pm **Conference Registration** *Grand Sierra North Foyer*

8:00am – 9:00am **Continental Breakfast** *Grand Sierra D*

7:00am - 9:30am **Sponsored Symposium**
Binge Eating Disorder and Obesity:
Integrating Basic Science and
Clinical Management *Grand Caribbean 1-3*

(This is a breakfast symposium. Sign-in begins at 7:00am)

This symposium is sponsored by an unrestricted educational grant from Ortho-Neil Pharmaceutical, Inc.

The symposium will provide an overview of current knowledge regarding the genetics, neurobiology, and treatment of binge eating disorder, a recently described eating disorder characterized by recurrent episodes of binge eating, but without the purging behavior found in bulimia nervosa, and its relationship to obesity. Since there has been a surge in research on binge eating disorder, most of the material to be discussed in this symposium has been published only recently. The presenters will emphasize the clinical implications of these new findings. Dr. Bulik will review the recent information obtained from family and genetic studies. Evidence shows there is a genetic component to binge eating behavior associated with obesity; meanwhile, preliminary evidence suggests that binge eating disorder may aggregate within families. Dr. Jimerson will address the neurobiology of eating behavior and obesity, including the regulation of appetite and satiety. Recent studies that implicate common physiologic abnormalities associated with binge eating and obesity will be reviewed. Dr. Walsh's presentation will focus on clinical aspects common to binge eating disorder and obesity treatment, such as psychologic treatment and adjunctive pharmacologic treatment (with antidepressants, anticonvulsants and appetite stimulants).

Chair: James I. Hudson, MD, ScD, FAED, Associate Professor of Psychiatry, Department of Psychiatry, Harvard Medical School/McLean Hospital, Belmont, MA, USA

Genetics of Binge Eating Disorder and Obesity

Cynthia M. Bulik, PhD, FAED, Distinguished Professor of Eating Disorders, Department of Psychiatry, Director, Eating Disorders Program, University of North Carolina at Chapel Hill, Chapel Hill, NC, USA

This presentation will review family and genetic studies of binge eating in general, and of binge eating disorder associated with obesity. Family studies have suggested that binge eating disorder may aggregate in families, although studies published to date have had modest sample sizes and have had methodologic limitations. These studies have also raised the possibility that binge eating disorder and obesity may travel together with mood disorders in families. Preliminary results from a larger, ongoing family study that addresses these questions will also be presented. Twin studies have demonstrated that there are genetic factors involved in binge eating behavior. Binge eating appears to be highly heritable. Recently, genetic studies have reported that mutations of the melanocortin 4 receptor are associated with binge eating disorder and obesity. The presentation will conclude with a review of current genetic epidemiologic research in binge eating disorder and a discussion on future direction.

The Neurobiology of Binge Eating

David C. Jimerson, MD, Professor of Psychiatry, Harvard Medical School, Director of Research in Psychiatry, Beth Israel Deaconess Medical Center, Boston, MA, USA

With increasing awareness of the public health implications of the eating disorders and obesity, research on the neurobiology of eating behavior and body weight regulation has advanced rapidly over the past decade. Within the central nervous system (CNS), hypothalamic circuits play a primary role in shaping meal patterns through effects on hunger and satiety. Impaired postingestive satiety, for example, has been associated with abnormal regulation of the neurotransmitter serotonin, gut-related peptides such as cholecystikinin (CCK) and peptide-YY₃₋₃₆, and melanocortin pathways. The hypothalamus contributes to long-term body weight homeostasis based on feedback signals involving peripheral hormones and adipokines such as leptin and adiponectin. Preclinical laboratory findings have prompted a range of new studies on the clinical neurobiology of bulimia nervosa and binge eating disorder. Recent results suggest that binge eating may be linked to alterations in pathways involving serotonin, CCK, and the melanocortins.

Understanding the Common Treatment Pathways in Binge Eating Disorder and Obesity

B. Timothy Walsh, MD, FAED, Professor of Psychiatry, College of Physicians and Surgeons, Columbia University, Director, Eating Disorders Research Unit, New York State Psychiatric Institute, New York, NY, USA

The last decade has witnessed the development of effective psychological and pharmacologic treatment approaches for binge eating disorder and obesity. Various psychological approaches, including cognitive behavioral therapy and interpersonal therapy, are effective in reducing binge frequency but are less successful in weight reduction. Intriguingly, dietary approaches that focus more directly on weight loss also appear to be useful in reducing binge frequency. Binge eating disorder is associated with increased rates of mood and anxiety disturbances, and several studies have documented that selective serotonin reuptake inhibitors are more effective than placebo in reducing binge frequency and improving mood; however, effects on weight are minimal. Recently, studies have been reported indicating that the antiobesity agent sibutramine and the antiepileptic agent topiramate are associated with improvement in binge eating, weight, and psychological state. This presentation will summarize the existing information on the treatment of binge eating disorder and discuss approaches to the selection of treatment modalities.

10:00am - 10:15am **Academy President's Remarks** *Grand Sierra F-I*

Cynthia M. Bulik, PhD, FAED, Department of Psychiatry, University of North Carolina, Chapel Hill, NC, USA

10:15am - 12:15pm Plenary Session III***Hidden Manifestations and
Long-Term Risks of Eating Disorders******Grand Sierra F-I***

Chairs: Ulrike Schmidt, MD, PhD, Eating Disorders Unit, Maudsley Hospital, London, UK and Scott Crow, MD, FAED, Department of Psychiatry, University of Minneapolis, Minneapolis, MN, USA

- ◆ Ron Thompson, PhD, Bloomington Center for Counseling and Human Development, Bloomington, IN
- ◆ Roberta Sherman, PhD, Bloomington Center for Counseling and Human Development, Bloomington, IN
- ◆ Robert Peveler, PhD, Professor, University of Southampton, Royal South Hants Hospital, Southampton, UK
- ◆ Robert Palmer, Professor, FRCPsych, University Department of Psychiatry, Leicester General Hospital, Leicester, UK
- ◆ Stefan Zipfel, MD, Associate Professor, Department of General Internal and Psychosomatic Medicine, University of Heidelberg, Heidelberg, Germany

This session will discuss important but often neglected facets of eating disorders which contribute to their long-term burden. Ron Thompson and Roberta Sherman will address issues relating to the early identification and the management of eating disorders in athletes and will present data from a large scale survey of athletics coaches to discuss the implications for prevention and clinical practice. Rob Peveler will present data on the long-term physical health of diabetics with eating disorders and will discuss the implication for educating physicians. Bob Palmer will examine issues relating to the management of chronic anorexia nervosa, in particular concentrating on what are appropriate treatment goals whilst respecting people's life-style choices. Stephan Zipfel will present the impact of anorexia nervosa on bone health based on data from a long term follow-up study and give an overview of current clinical practice in the treatment of osteoporosis.

**12:15pm - 2:00pm AED Business Meeting
and Awards Luncheon*****Grand Caribbean 1-3*****2:00pm - 4:00pm Plenary Session IV:
*Overcoming Obstacles to
Successful Outcomes******Grand Sierra F-I***

Chair: Tracey Wade, PhD, Senior Lecturer, School of Psychology, Flinders University of SA, Adelaide, Australia

- ◆ Simon Gowers, FRCPsych, Professor, Adolescent Psychiatry, Academic Unit, Young Peoples Centre, Chester, UK
- ◆ Daniel le Grange, PhD, FAED, Assistant Professor, Department of Psychiatry, The University of Chicago, Chicago, IL, USA
- ◆ Ulrike Schmidt, MD, PhD, Professor, Eating Disorders Unit, Maudsley Hospital, London, UK
- ◆ Martina de Zwaan, MD, FAED, Chair of Psychosomatic Medicine, Department of Psychosomatic Medicine and Psychotherapy, University of Erlangen-Nuremberg, Schwabachanlage, Erlangen, Germany

The first three presentations in this plenary will focus on early psychological interventions with adolescents. Simon Gowers will address issues relating to managing the challenges of developing evidence-based therapy with adolescents who have anorexia nervosa. Daniel le Grange will present the development of family-based treatment for adolescents with bulimia nervosa and Ulrike Schmidt will examine the use of guided self-help with adolescents who have bulimia nervosa. The final talk, presented by Martina de Zwaan, will focus on using self-help approaches with adults who have bulimia nervosa, addressing some of the issues related to dealing with populations who have long histories of eating disorder behavior.

4:00pm – 4:30pm Break***Grand Sierra D*****4:30pm – 6:00pm Workshop Session II (workshops 17-32)**

A "Core Skills" workshop is one that is geared toward those who are less familiar with eating disorders or who may work in settings other than treatment centers (e.g. schools, self-help organizations). These workshops are designed to be instructive for clinicians who may be in the early stages of their profession, as well as more senior clinicians who have not worked specifically with eating disorder populations. The core skills workshops cover a wide variety of topics, including assessment, diagnosis, treatment, and special populations, and will provide a solid foundation upon which to enhance professionals work with individuals with eating disorders. Look for the CSW logo to find a "Core Skills" Workshop.

**17. Using Appetite Awareness Training Within
CBT for Eating Disorders and Weight Concerns*****Curacao 1***

Linda W. Craighead, PhD, Stacy Dicker, PhD, Psychology, University of Colorado, Boulder, CO, Katherine Elder, PhD, Psychiatry, Yale Medical Center, Boulder, CO, USA

This workshop presents Appetite-focused CBT (CBT-AF), an approach in which the end goal is to restore a more normal feeling of control overeating to facilitate long-term maintenance. The initial 6 to 8 weeks of treatment focuses on specific appetite awareness training (AAT) to teach clients to be more aware of and then to use internal cues of moderate (rather than extreme) hunger and fullness to regulate eating. In addition, the appetite monitoring draws attention to eating in response to non-hunger cues so that the monitoring cues teach clients to use other CBT strategies to minimize those problems. By eliminating or minimizing the need for food monitoring, this approach increases the acceptability and effectiveness of CBT for many clients. Attendees will learn to incorporate AAT within CBT treatment for a variety of disordered eating patterns.



18. An Introduction to Eating Disorders in Childhood and Early Adolescence *Curacao 2*

Bryan Lask, FRCPCH, Psychiatry, St George's Hospital Medical School, London, UK, Mae S. Sokol, MD, Psychiatry & Pediatrics, Creighton University School of Medicine, Omaha, NE, USA

This workshop will provide a practical overview of the assessment and management of eating disorders and problems in children and early adolescents under 17 years of age. Physical, psychological and family manifestations of eating disorders will be emphasized. A multidisciplinary and biopsychosocial approach to treatment will be outlined. This workshop will provide mental health clinicians, primary care providers, dietitians, school nurses and educators with a basic understanding of the tools needed to evaluate and treat youngsters with eating disorders and problems.

19. A Training Tape and Manual for Developing Effective Meal Support Skills *Curacao 3*

Rose Calderon, PhD, Division of Child and Adolescent Psychiatry, University of Washington and Seattle Children's Hospital, Seattle, WA, Dave J. Hall, BS, Division of Child and Adolescent Psychiatry, Children's Hospital and Regional Medical Center, Seattle, WA, USA, Pierre Leichner, MD, British Columbia Children's Hospital, Vancouver, British Columbia, Canada

This workshop will review the importance of parent and peer involvement in the normalizing of eating behaviors in adolescents with eating disorders. Communication and relationship building skills will be presented as critical to establishing the foundation necessary for offering effective and supportive direction to normalize eating behaviors in adolescents with eating disorders. A training tape and manual will be featured.

20. Multidimensional Assessment of Body Image: Overview and Practical Applications

Curacao 4

Leslie J. Heinberg, PhD, Psychiatry, Case Western Reserve University School of Medicine, Cleveland, OH, J. Kevin Thompson, PhD, Psychology, University of South Florida, Tampa, FL, USA

This applied workshop will introduce the multi-faceted nature of body image and identify theory-based instruments for assessing body image in eating disordered and non-clinical populations.



21. Making Weight From Every Direction

Curacao 5

Kathleen M. Pike, PhD, Laurel Mayer, MD, Evelyn Attia, MD, Michael J. Devlin, MD, Psychiatry, Columbia University, New York, NY, USA

This workshop will focus on both the common and unique features relevant to enhancing healthy weight management across eating disorder diagnosis. We will discuss the common ground by shifting the focus of weight management interventions from the direction of weight change to a focus on enhancing healthy weight regulation. We will discuss the unique biological factors that influence treatment interventions as a function of diagnostic group and weight status. We will ultimately illustrate how to integrate these complementary perspectives to enhance therapeutic skills related to weight management.

22. Innovations in Eating Disorder Prevention: How Multimedia Tools Can Enhance Your Prevention Efforts and Clinical Practice

Curacao 6

Debra L. Franko, PhD, Counseling Psychology, Northeastern University, Boston, MA, USA

The prevention of eating disorders is an important goal for clinicians, educators, and researchers. With increasing access to computers and the Internet, eating disorder prevention has expanded into multimedia technology. This workshop will address integrating technology with eating disorder prevention by introducing the audience to two multimedia formats, a website (www.MyStudentbody.com - Nutrition) and a CD-ROM program (Food, Mood & Attitude). Audience members will learn about and practice with these tools in an experiential workshop focused on how to implement eating disorder prevention programs in a variety of settings.

23. The Practice and Progress of Healthy Exercise: Identifying and Treating Exercise Issues in Women with Eating Disorders

Curacao 7

Rachel Calogero, MS, Psychology, Syracuse University, Syracuse, NY, Kelly Pedrotty, BA, Renfrew Center, Conshocken, PA, USA

This didactic and interactive workshop focuses on identifying exercise abuse, treating specific exercise issues, and debunking fitness and exercise myths. An approach designed to specifically challenge the distorted and destructive exercise mindset in women with eating disorders will be described. Empirical support for the effectiveness of this new exercise program, why we think this approach works and action-based recommendations for treating exercise abuse in women with eating disorders will be highlighted. Case examples, experiential techniques and an exploration of participants' own exercise issues will foster awareness, understanding, and confidence in treating exercise issues in this population.



25. An Introduction to the Assessment and Diagnosis of Eating Disorders

Bonaire 1

Carol B. Peterson, PhD, Psychiatry, University of Minnesota, Minneapolis, MN, USA

This workshop will provide an introduction to the assessment and diagnosis of eating disorders for clinicians who have not had experience working with these populations. The workshop will focus on the use of assessment techniques, with an emphasis on questionnaires and interviews supported by reliability and validity data. The diagnostic criteria will be reviewed in detail, and the presenter will summarize relevant empirical studies. Clinical examples will be used to illustrate ways of making differential diagnoses.

26. To Speak or Not to Speak? – That is the Question:

Therapist's Self-Disclosure in Eating Disorder Treatment

Bonaire 2

Mary D. Tantillo, PhD, RN, Psychiatry, University of Rochester/Unity Health System, Rochester, NY, Judith Banker, MA, LLP, Center for Eating Disorders, Ann Arbor, MI, Charles W. Portney, MD, Psychiatry, UCLA Medical School/St. Johns Hospital, Santa Monica, CA, Katharine L. Loeb, PhD, Psychiatry, Mount Sinai School of Medicine/University of Chicago, Chicago, IL, USA

This workshop will compare and contrast the use of therapist self-disclosure as an effective therapeutic tool within traditional psychodynamic psychotherapy, CBT and Relational Therapy approaches. How and/or if therapist self-disclosure is practiced within each treatment paradigm will be discussed through use of clinical vignettes and an overview of current research literature. The workshop will also emphasize that regardless of theory-based practice, the decision to self-disclose remains an ethical and clinical one. Suggested guidelines for therapist self-disclosure will be reviewed. A roundtable discussion will follow the workshop for participants interested in further dialogue about their own clinical cases. This workshop is officially co-sponsored by the CBT and Psychodynamic Psychotherapy SIGs.

27. Managing Sexual Abuse – How Far Have We Come?

Bonaire 3

Janice D. Russell, MD(Syd), Psychological Medicine, University of Sydney, Greenwich, NSW, Australia, Michael T. Theodoros, FRANZCP, Psychiatry, University of Queensland, New Farm, Queensland, Australia

This workshop will examine the management of sexual abuse issues in eating disordered patients and whether this has changed in recent years. Data pertaining to prevalence and the process of disclosure will be presented along with video material for discussion of issues relating to awareness.

28. Chronic Eating Disorders: A Treatment Approach for the Treatment Resistant

Bonaire 4

Linda Lauritzen, BScN, RN, Kim Williams, BSc, RD, St. Paul's Hospital, Vancouver, British Columbia, Canada

This workshop will present a unique community-based program designed to address the needs of individuals with chronic anorexia and bulimia nervosa. The program combines principles of motivational interviewing, psychosocial rehabilitation, and harm reduction models to provide a focus on areas which are meaningful to the client.

29. Outpatient ED Clinic: Innovative Multidisciplinary Approach to Assessment, Treatment, Prevention and Research

Bonaire 5

Yael Latzer, DSc, Givon Miriam, MSW, Eating Disorders Clinic, Rambam Medical Center, Haifa, Israel, Einat Tzuber, MSW, Eating Disorders Clinic, SHALVATA - Mental Health Center, Raanana, Israel

Dr. Latzer will present the history of the development of the multidisciplinary treatment model to eating disorders as well as the importance of specialization of the professional staff. In addition she will review the treatment models for ED patients in Israel. Mrs. Givon will present the two teams experience in developing the outpatient clinics for eating disorders in its various stages with emphasis on the multidisciplinary approach, as well as the role of early intervention and prevention using professional teams in the community. Mrs. Tzuber will discuss the unique family interventions that are evidenced in individual, family, and group settings within this model. All presenters will supplement their presentations with clinical vignettes.

30. Interpersonal Psychotherapy in the Treatment of Anorexia Nervosa

Bonaire 6

Ann M. Kearney-Cooke, PhD, Partnership For Gender Specific Medicine, Columbia University, Cincinnati, OH, USA

The treatment of anorexia nervosa continues to be a clinical and therapeutic challenge. Anorexia nervosa is a complicated illness including biological, familial, psychological, and social components. This workshop will focus on interpersonal psychotherapy in the treatment of anorexia nervosa. Interpersonal therapy focuses on the relationship between interpersonal functioning, low self-esteem, negative mood and eating behavior. Through lecture and clinical vignettes, participants will learn about the three phases of treatment and clinical interventions to help patients move through each phase. Practical strategies to help adolescents and adults in individual and group therapy develop self regulation skills, increase feelings of personal effectiveness and develop healthy relationships with others will be discussed. Techniques to help patients handle resistance to weight gain and relapse prevention strategies will also be described.

31. Treatment Non-Negotiables: Why We Hate Them and How to Make Them Work

Bonaire 7

Josie Geller, PhD, Psychiatry, University of British Columbia, Vancouver, British Columbia, Canada

Although treatment non-negotiables are used in most eating disorder treatment settings, they are commonly associated with intense emotional reactions in both clients and care providers. This workshop addresses the need for thoughtful, transparent and clearly articulated non-negotiables, and identifies barriers to their optimal use. Particular emphasis is placed on delivery of non-negotiables, and on maintaining a collaborative stance, even in challenging clinical situations. This workshop will make use of clinical vignettes to review treatment non-negotiables that are explicitly and implicitly embedded within eating disorder treatment, and will provide a philosophy and set of underlying principles to guide their development and implementation.

32. Multi-Family Day Group Treatment for Adolescent Eating Disorders

Bonaire 8

Ivan Eisler, PhD, Section of Family Therapy, Institute of Psychiatry, London, UK

The workshop will describe the development and application of intensive multi-family day treatment for adolescent anorexia nervosa. The program at the Maudsley Hospital in London consists of a one-week multi-family day group program with out-patient follow-up and additional one day meetings for the multi-family group. The workshop will be practically oriented, providing detailed descriptions of the structure of the program with examples of the different activities for whole family groups, adolescent groups, parent groups and individual family meetings. The different clinical activities will be illustrated with video and role play.

7:30pm- 11:00pm An Evening Poolside

Main Pool Area

Relax and enjoy the camaraderie of your colleagues and friends after a full conference day. This event will feature hors d'oeuvres from 7:30-8:30 and then coffee and dessert from 9:00-10:30. Throughout the evening, there will be a cash bar and a live music by the Coco Loco Trio, a tropical trio featuring Calypso, Reggae and other fun-in-the-sun favorites. So, come chat with colleagues and friends (old and new), sip a drink by the pool, and snack on tasty offerings of hors d'oeuvres and desserts! Dunks in the pool are also welcome. We hope to see you there for this relaxed and intimate gathering.

Sunday, May 2

8:00am - 9:00am Continental Breakfast

Grand Sierra D

8:00am - 9:00am Special Interest Group Meetings

Neuroimaging

C. Laird Birmingham, MD, Chair

Bonaire 7

Psychodynamic Psychotherapy

Judith Banker, LLP, MA, FAED, Chair

Bonaire 8

Transcultural

Richard Gordon, PhD, Chair

Bonaire 6

9:00am - 10:30am Scientific Session II (*oral paper presentations*)

Brief scientific papers will be presented and discussed in concurrent sessions. Please see page 39 for the listing of papers being presented. Abstracts of the papers are published in the Conference Proceedings.

At-Risk Populations

Curacao 1

Biological Factors II

Curacao 2

Children and Adolescents II

Curacao 3

Comorbidity

Curacao 4

Diagnosis, Classification & Measurement

Curacao 5

Population Studies II

Curacao 6

Prevention II

Curacao 7

Psychological: Individual III

Curacao 8

Psychological: Individual IV

Bonaire 1

Socioculture, Cross-Cultural and Ethnicity II

Bonaire 2

Treatment of Eating Disorders II

Bonaire 3

Treatment of Eating Disorders III

Bonaire 4

10:30am - 11:00am Break

Grand Sierra D

11:00am - 12:30pm Workshop Session III (*workshops 33 - 45*)

A "Core Skills" workshop is one that is geared toward those who are less familiar with eating disorders or who may work in settings other than treatment centers (e.g. schools, self-help organizations). These workshops are designed to be instructive for clinicians who may be in the early stages of their profession, as well as more senior clinicians who have not worked specifically with eating disorder populations. The core skills workshops cover a wide variety of topics, including assessment, diagnosis, treatment, and special populations, and will provide a solid foundation upon which to enhance professionals working with individuals with eating disorders. Look for the CSW logo to find a "Core Skills" Workshop.



33. Clinicians Who Sexually Abuse Their Patients:



A Cautionary Account for Clinicians Who Are New to Eating Disorders

Curacao 1

Glenn Waller, DPhil, Department of Mental Health, St. George's Hospital Medical School, London, UK, Chris Prestwood, MSc, Eating Disorders Service, Cornwall, UK

A minority of clinicians in the field of the eating disorders are abusive to their patients. This workshop will consider the extent of the problem, focusing on the experience of the relatively inexperienced male clinician in a predominantly female environment. It will explore how clinicians might respond to allegations and cases of such abuse, and their experience of the broader systematic issues.

34. Talking to Children

Curacao 2

Beth Watkins, PhD, Mental Health, St George's Hospital Medical School, London, UK, Shelagh Wright, Post Graduate Diploma, Huntercombe Manor, Maidenhead, Berkshire, UK

This workshop will address communicating with children. Language and developmental theories will be explored within the context of engaging with and eliciting reliable information from children for both clinical and research purposes.

35. Not Just Cutting Calories: Assessment and Treatment



of Self-Injurious-Behavior for Individuals with Eating Disorders

Curacao 3

Kathleen D. Robinson, PsyD, Brad Jackson, PhD, Psychiatry/Eating Disorders, The Children's Hospital, Denver, CO, Jennifer Hagman, MD, Psychiatry, The Children's Hospital, Denver, CO, USA

This workshop will provide information regarding the assessment and treatment of self-injurious behaviors for individuals with eating disorders. It will also provide participants with a theoretical perspective on self-injury and how it relates to eating disorder characteristics. Participants will also be given specific assessment materials and treatment tools that can easily be implemented in clinical settings. The participants will also become familiar with various treatment resources, medication options, and facilities for alternate levels of care. This workshop will also allow time for consulting on cases, discussing treatment scenarios, developing strategies for various treatment settings and practicing intervention techniques.

36. Working with Values: An Introduction to Narrative Approaches to Psychotherapy for Eating Disorders

Curacao 4

Amanda T. Jones, MSc (Clin Psych), Eating Disorders Service, Cornwall Partnership Trust NHS, Truro, Cornwall, UK, Julie C. McCormack, MSc (Clin Psych), Eating Disorders Service, Child and Family Services, Cornwall Partnership Trust, Redruth, Cornwall, UK, Ali Borden, MFT, Clinical Director, Monte Nido Treatment Center, Malibu, CA, USA

This workshop will introduce Narrative Therapy as a values-centred therapeutic approach to eating disorders. A re-authoring approach, and in particular White's (2003) recent work on developing values and personal agency, will be presented and related to current treatment concerns in the eating disorder field. The key methods of this approach will be demonstrated and skills training provided.

37. Workshop on Inpatient Management of Multi-Impulsive Anorexia and Bulimia

Curacao 5

Hubert Lacey, MD, Psychiatry, St George's Hospital Medical School, London, UK

This workshop will deal with the practical clinical inpatient management of multi-impulsive eating-disordered patients, that is, where anorexia and bulimia nervosa are associated with addictive and self-damaging behaviour.

38. The Use of Mindfulness Meditation Techniques in Treatment of Binge Eating Disorder

Curacao 6

Jean Kristeller, PhD, Psychology, Indiana State University, Terre Haute, IN, Ruth Quillian-Wolever, PhD, Center for Integrative Medicine, Duke University, Durham, NC, USA

Mindfulness approaches to treating eating disorders offer substantial promise. This workshop will introduce the conceptual background and treatment components of a mindfulness meditation-based intervention. The focus will primarily be on the experiential components of the intervention related to increasing patients' experiences of improved self-regulation.

39. Towards the Creation of Behavioral Guidelines for Bariatric Surgery in Adolescent and Young Adults

Curacao 7

Margaret F. Marino, PhD, Diane Willis, PhD, Pediatrics, New England Medical Center, Boston, MA, USA

This workshop will look at the creation of behavioral guidelines for bariatric surgery with adolescents and young adults. Medical guidelines already exist, but there is a growing need for those doing evaluations in this new arena to have mental health and behavioral guidelines. This workshop will be highly interactive, with the goal of creating a dialogue regarding professionals working in the field of obesity.

40. The Night Eating Syndrome: Identifying and Treating an Under-Recognized Eating Disorder

Curacao 8

Allan Geliebter, PhD, Psychiatry, Marci E. Gluck, PhD, Medicine, St. Luke's/Roosevelt Hospital, NY Obesity Research, New York, NY, Kelly C. Allison, PhD, Albert Stunkard MD, Psychiatry, University of Pennsylvania, Weight & Eating Disorder, Philadelphia, PA, USA

This workshop will describe research and clinical findings to date on an eating disorder that is receiving renewed interest: the Night Eating Syndrome (NES). We will define the syndrome and train those new to the field how to recognize NES in community and patient populations. Associated psychopathology, hormone profiles and treatment interventions will be interactively presented.

41. What Works? Patient Perception on Inpatient Treatment for Eating Disorders

Bonaire 2

Suzanne Abraham, PhD, Obstetrics and Gynaecology, University of Sydney, St Leonards, NSW, Australia, Janice Russell, FRANZCP, Psychological Medicine, University of Sydney, Greenwich, NSW, Australia

This workshop will examine patients' perceptions of what is important in treatment and what patients want. Changes in patients' perception of quality of life issues during inpatient treatment and over the following 12 months will be presented.

**42. Understanding Eating Disorders; A Two-Part Workshop for School Nurses, School Counsellors and all Pastoral Care Staff
Part 2 – How to be Helpful (Doing What Works)**

Bonaire 3



Jill Welbourne, BM, BCh MA (Oxon), United Kingdom Eating Disorder Association, Bristol, UK

The second of two linked workshops based on a successful British course. Professionals in education who attend will feel less frightened when faced with students who may have eating disorders because they will know what to do and where to get help. Both workshops use a mix of information, discussion and problem-sharing in small groups. *You are encouraged to register for Part 1, which is listed as workshop 8.*

43. Relapse Prevention Strategies: A Critical Aspect of Treatment

Bonaire 4

Mary R. Stock, PhD, Psychiatry, Tulane University Health Sciences Center, New Orleans, LA, Lauren H. Langley, APRN-BC, New Orleans, LA, USA

Individuals with eating disorders use maladaptive behaviors to cope with emotions and automatic thoughts that are triggered by everyday situations. Anticipating and predicting triggering situations and preemptively deciding how one can deal with these situations in a healthy manner is a crucial part of comprehensive eating disorder treatment. This workshop will review the use of Relapse Prevention Strategies to assist individuals with eating disorders in understanding the relationship between thoughts, feelings, behaviors, and their consequences, as well as to identify healthy coping mechanisms that will allow them to more effectively cope with everyday stressors. The "Acting-Out Cycle," the Relapse Prevention Worksheet and a 13 question Relapse Prevention Plan will be presented so as to enable attendees to understand these techniques and their clinical applications.

44. The Function of Body Image Treatment: An Experimental/Cognitive Approach

Bonaire 5

Josee L. Jarry, PhD, Kelty L. Berardi, MA, Psychology, University of Windsor, Windsor, Ontario, Canada

This workshop proposes a new experiential/cognitive treatment of body image for women with eating disorders. The experiential elements promote access to the emotional meaning of body image. Cognitive and behavioural elements promote behaviour change and cognitive integration of insight. The treatment is based on a theoretical model that emphasizes three functional roles of body image. The model proposes three functions of body image: affiliation, expression, and avoidance.

45. A Group Parent Training Program: Integrating Parents into the Treatment Team

Bonaire 6

Nancy Zucker, PhD, Psychiatry, Terrill Bravender, MD, MPH, Pediatrics, Duke University Medical Center, Durham, NC, USA

Despite recent advances in the treatment of adolescent eating disorders, there remains a notable absence of approaches that are both effective and easy to disseminate. A treatment model that is particularly suited for adolescent eating disorder management is a group parent training approach. Such a methodology has the benefit of being very acceptable to parents, is easy to disseminate, and promotes accountability of disorder management via group social norms. This workshop will describe the development and implementation of this approach along with the integration of this model with a multi-disciplinary team.

Scientific Paper Session I

Friday, April 30
2:30pm – 4:00pm

BED and Obesity I

Curacao 1

Marsha Marcus, PhD, FAED

Time	Abstract No	Title and Author
2:30pm	001	MAINTENANCE OF TREATMENT EFFECTS FOLLOWING GROUP CBT FOR EARLY INTERVENTION OF BINGE EATING DISORDER: A COMPARISON OF STANDARD CBT AND APPETITE-FOCUSED CBT <i>Katherine A. Elder, PhD, Yale University, New Haven, CT, Linda W. Craighead, PhD, University of Colorado, Boulder, CO, Meredith A. Pung, MA, University of Colorado, Boulder, Heather M. Niemeier, MA, Arnica L. Buckner, MA, University of Colorado, Boulder, CO, USA</i>
2:45pm	002	THE COGNITIVE BEHAVIORAL MODEL FOR EATING DISORDERS: A DIRECT EVALUATION IN OBESE CHILDREN AND ADOLESCENTS <i>Line Claus, MS, Veerle Decaluwé, PhD, Caroline Braet, PhD, Psychology, Ghent University Hospital, Ghent, Belgium</i>
3:00pm	003	INPATIENT TREATMENT FOR OBESE CHILDREN EFFECTS ON WEIGHT LOSS, PSYCHOLOGICAL WELL-BEING AND EATING BEHAVIOR <i>Caroline Braet, PhD, Psychology, Ghent University, Ghent, Belgium</i>
3:15pm	004	PERSONALITY TRAITS IN COMMUNITY WOMEN AND MEN WITH BINGE EATING DISORDER <i>Kristin M. von Ranson, Ph.D., Elizabeth B. Nosen, B.A. (Hons), Stephanie E. Cassin, M.Sc., Amy E. Baxter, B.Sc. (Hons), Psychology, University of Calgary, Calgary, Alberta, Canada</i>
3:30pm	005	INCREASED CORTISOL LEVELS PERSIST IN OBESE WOMEN WITH BINGE EATING DISORDER (BED) AFTER COGNITIVE BEHAVIORAL TREATMENT (CBT) AND WEIGHT LOSS <i>Marci E. Gluck, PhD, Medicine, Allan Geliebter, PhD, Medicine and Psychiatry, St. Luke's/Roosevelt Hospital, NY Obesity Research Center, New York, NY, USA</i>
3:45pm	006	FAMILY STUDY OF BINGE EATING DISORDER: PRELIMINARY DESCRIPTIVE RESULTS <i>James I. Hudson, MD, ScD, Harrison G. Pope, MD, Justine K. Lalonde, MD, Judy M. Berry, MA, Lindsay J. Pindyck, AB, Geoffrey H. Cohane, BA, Psychiatry, Harvard Medical School/McLean Hospital, Belmont, MA, Cynthia M. Bulik, PhD, Psychiatry, University of North Carolina, Chapel Hill, NC, Scott J. Crow, MD, Psychiatry, University of Minnesota, Minneapolis, MN, Nan M. Laird, PhD, Biostatistics, Harvard School of Public Health, Boston, MA, Susan L. McElroy, MD, Psychiatry, University of Cincinnati, Cincinnati, OH, Ming T. Tsuang, MD PhD, Psychiatry, University of California-San Diego, La Jolla, CA, B. Timothy Walsh, MD, Psychiatry, Columbia University/NY State Psychiatric Institute, New York, NY, Norman R. Rosenthal, MD, Ortho-McNeil Pharmaceutical, Raritan, NJ, USA</i>

Time	Abstract No.	Title and Author
2:30pm	007	<p>BINGE EATING IN SERIOUSLY OVERWEIGHT CHILDREN SEEKING TREATMENT</p> <p><i>Rebecca Ringham, MS, Michele Levine, PhD, Melissa Kalarchian, PhD, Western Psychiatric Institute and Clinic, University of Pittsburgh Medical Center, Pittsburgh, PA, Lucene Wisniewski, PhD, Laurelwood Hospital, Willoughby, OH, Marsha Marcus, PhD, Western Psychiatric Institute and Clinic, University of Pittsburgh Medical Center, Pittsburgh, PA, USA</i></p>
2:45pm	008	<p>QUALITY OF LIFE BEFORE AND AFTER BARIATRIC SURGERY: AN INTEGRATION OF QUANTITATIVE AND FOCUS GROUP METHODS</p> <p><i>Claudia M. Toth, M.A., Graduate Institute of Professional Psychology, University of Hartford, Hartford, CT, USA</i></p>
3:00pm	009	<p>PRECIPITANTS OF EATING PROBLEMS IN BINGE EATING DISORDER</p> <p><i>Anja Hilbert, PhD, Psychiatry, Washington University, St. Louis, MO, Kathleen M. Pike, PhD, Psychiatry, Columbia University, New York, NY, Denise E. Wilfley, PhD, Psychiatry, Washington University, St. Louis, MO, Faith-Anne Dohm, PhD, Graduate School of Education and Allied Professions, Fairfield University, Fairfield, CT, USA, Christopher G. Fairburn, PhD, Psychiatry, University of Oxford, Oxford, UK, Ruth H. Striegel-Moore, PhD, Psychology, Wesleyan University, Middletown, CT, USA</i></p>
3:15pm	010	<p>ANATOMY OF A BINGE: HOW TYPES OF FOOD AND SETTING AFFECT CONTROL IN NONPURGE BINGE EATING</p> <p><i>Sarah K. Allison, Ph.D., Gayle M. Timmerman, Ph.D., Nursing, University of Texas at Austin, Austin, TX, USA</i></p>
3:30pm	011	<p>PSYCHOBHAVIOURAL PREDICTORS OF POUCH DILATATION FOLLOWING LAPAROSCOPIC ADJUSTABLE GASTRIC BAND SURGERY FOR MORBID OBESITY</p> <p><i>Norman A. Poole, MRCPsych, Psychiatry, St George's Hospital and Medical School, London, U.K.</i></p>
3:45pm	012	<p>NEGATIVE PSYCHOLOGICAL CONSEQUENCES OF WEIGHT CYCLING FOLLOWING OBESITY TREATMENT</p> <p><i>Melissa P. Mussell, PhD, Psychology, University of St. Thomas, Minneapolis, MN, Roslyn B. Binford, PhD, Psychiatry, The University of Chicago, Chicago, IL, Ross D. Crosby, PhD, Neuroscience, University of North Dakota & Neuropsychiatric Research, Fargo, ND, USA, Martina de Zwaan, MD, Psychosomatic Medicine and Psychotherapy, University Hospital of Erlangen, Erlangen, Germany, Scott J. Crow, MD, Psychiatry, University of Minnesota, Minneapolis, MN, James E. Mitchell, MD, Neuroscience, University of North Dakota & Neuropsychiatric Research, Fargo, ND, USA</i></p>

Time	Abstract No.	Title and Author
2:30pm	013	<p>IPECAC ABUSE, MORBIDITY AND MORTALITY: IS IT TIME TO REPEAL ITS OVER THE COUNTER STATUS?</p> <p><i>Tomas J. Silber, MD, Adolescent Medicine, Children's National Medical Center, Washington, DC, USA</i></p>
2:45pm	014	<p>PRESENCE OF THE SS POLYMORPHISM OF THE SEROTONIN TRANSPORTER GENE MODERATES RESPONSE TO MULTIMODAL TREATMENT IN WOMEN WITH EATING DISORDERS</p> <p><i>Kenneth Bruce, Ph.D, Howard Steiger, Ph.D, Mimi Israel, M.D., Ridha Joobar, M.D., Ph.D, Jodie Richardson, B.Sc., Sandra Mansour, B.A., Eating Disorders Program, Douglas Hospital & McGill University, Montreal, Quebec, Canada</i></p>
3:00pm	015	<p>ASSOCIATION BETWEEN THE INSULIN GROWTH FACTOR 2 (IGF2) GENE, SCORES ON THE EATING ATTITUDES TEST (EAT - 26) AND BODY MASS INDEX (BMI)</p> <p><i>Richard P. Ebstein, PhD, Scheinfeld Center, Psychology, Hebrew University, Jerusalem, Israel, Ada H. Zohar, PhD, Psychology, Behavioral Sciences, Ruppin Academic Center, Emek Hefer, Israel, Rachel Bachner-Melman, MA, Psychology, Hebrew University, Jerusalem, Israel</i></p>
3:15pm	016	<p>MEDICATION TREATMENTS FOR BONE LOSS IN ANOREXIA NERVOSA</p> <p><i>Maria T. Rivera, RCN, Fundacion Ariwa, Grupo Medico Rio Mayo, Cuernavaca, Morelos, Mexico, Maria S. Parra, Dr Sc Research Associate, Nutritional Epidemiology, National Institute of Public Health, Cuernavaca, Morelos, Mexico, Jorge A. Barriguete, MD, Psychiatry, Instituto Nacional de Ciencias Medicas y Nutrición S, Mexico, DF, Mexico</i></p>
3:30pm	017	<p>PAIN PERCEPTION CHANGES IN EATING DISORDERS: THE ASSOCIATION WITH SUBDIAGNOSES, SYMPTOMS AND COURSE OF THE ILLNESS</p> <p><i>Hana Papezova, MD, Psychiatry, Charles University, Prague, Czech Republic, Anna Yamamotova, RNDr, PhD, Physiology, Charles University, Prague, Czech Republic</i></p>
3:45pm	018	<p>EFFECTS OF NUTRITIONAL REHABILITATION ON BONE MINERAL DENSITY IN PATIENTS WITH ANOREXIA NERVOSA: A LONGITUDINAL STUDY</p> <p><i>Viapiana, Ombretta, MD, Gatti, Davide, MD, Adami, S, MD, Braga, B, MD, Colapietro, F, MD, Rossini, M, MD, Riabilitazione Reumatologica, C.O.C. Valeggio sul Mincio/, Università di Verona, Valeggio (Vr), Italy, Todesco, Tiziana, MD, Dalle Grave, Riccardo, MD, Eating Disorder Unit, Casa di Cura Villa Garda, Garda (Vr), Italy</i></p>

Time	Abstract No.	Title and Author
2:30pm	019	<p>THE (HIDDEN) DIFFERENCES BEHIND THE UNIFORMITY OF ANOREXIA NERVOSA IN CHILDREN: A STUDY ON CHILDREN UNDER 15 YEARS OLD</p> <p><i>Ursula Van den Eede, Clinical Psychologist, Annick Lampo, Psychiatrist, Jean Deschepper, Pediatrician, Jesse Van Besien, MD, Karen Corthouts, Dietician, Clinic for Eating Disorders, Acad. Hospital VUB, Brussels, Belgium</i></p>
2:45pm	020	<p>RISK FACTORS FOR EATING PROBLEMS AMONG NATIVE AMERICAN AND CAUCASIAN ADOLESCENTS</p> <p><i>Wesley C. Lynch, Ph.D., Psychology, Montana State University, Bozeman, MT, Michael D. Havens, Ph.D., Elise C. Wagner, BA, Psychology, Montana State University, Billings, MT, Danial P. Heil, Ph.D., Health and Human Development, Bozeman, MT, USA</i></p>
3:00pm	021	<p>GENDER AND AGE DIFFERENCES IN EMOTIONAL RESPONSES TO FOOD IN CHILDREN AND ADOLESCENTS</p> <p><i>Phillipa J. Hay, MD, Psychiatry, James Cook University, Townsville, Australia, Mary Katsikitis, PhD, Australian Psychological Society, Melbourne, Australia</i></p>
3:15pm	022	<p>EATING PSYCHOPATHOLOGY FOLLOWING WEIGHT LOSS TREATMENT IN OBESE ADOLESCENTS</p> <p><i>Marian Tanofsky-Kraff, Ph.D., Dara Faden, B.A., Jennifer McDuffie, Ph.D., Andrea Fredricks, B.S., Deborah Young-Hyman, Ph.D., Ann-Caroline Norman, MS-III, Jack A. Yanovski, MD, Ph.D., Unit on Growth and Obesity, DEB, NICHD, NIH, Bethesda, MD, USA</i></p>
3:30pm	023	<p>WEIGHT STATUS AND PSYCHOSOCIAL FACTORS PREDICT THE EMERGENCE OF DIETING IN PREADOLESCENT GIRLS</p> <p><i>Meghan M. Sinton, M.S., Leann L. Birch, Ph.D, Human Development and Family Studies, Pennsylvania State University, University Park, PA, USA</i></p>

Time	Abstract No.	Title and Author
2:30pm	024	<p>COMPULSIVE FEATURES IN THE EATING DISORDERS: A ROLE FOR TRAUMA?</p> <p><i>Rachel Lawson, DipClinPsysc, Rebecca Lockwood, MA, St.George's Eating Disorders Service, London, UK, Glenn Waller, DPhil, Department of Mental Health, St.George's Hospital Medical School, London, UK</i></p>
2:45pm	025	<p>RELATIONSHIP OF CRIME VICTIMIZATION AND PTSD TO "PURGING DISORDER" IN THE NATIONAL WOMEN'S STUDY</p> <p><i>Timothy D. Brewerton, M.D., Bonnie S. Dansky, Ph.D., Patrick M. O'Neil, Ph.D., Dean G. Kilpatrick, Ph.D., Psychiatry & Behavioral Sciences, Medical University of South Carolina, Charleston, SC, USA</i></p>

Gender and Trauma, continued

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| 3:00pm | 026 | THE SOCIAL CONSTRUCTION OF WOMEN AND EATING DISORDERS
<i>Niva Piran, Ph.D., Holly Cormier, M.Ed., Counselling Psychology, OISE/University of Toronto, Toronto, Ontario, Canada</i> |
| 3:15pm | 027 | PATTERNS OF BODY IMAGE DISTURBANCE IN MALE WEIGHTLIFTERS
<i>Tom Hildebrandt, PsyM, Clinical Psychology, Rutgers, The State University of New Jersey, Piscataway, NJ, Jim Langenbucher, PhD, Center of Alcohol Studies, Rutgers, The State University of New Jersey, Piscataway, NJ, David Schlundt, PhD, Psychology, Vanderbilt University, Nashville, TN, USA</i> |
| 3:30pm | 028 | DISTURBED EATING IN MALES: NEW TRENDS FROM LONGITUDINAL EPIDEMIOLOGICAL STUDY IN HIGH-SCHOOL POPULATION
<i>Eitan Gur, MD, Eating Disorder, The Chaim Sheba Medical Center, Tel Hashomer, Israel, Danny Stein, MD, Tel-Hashomer, Israel, Eytan Bachar, PhD, Psychiatry, Haddasah Medical Center, Jerusalem, Israel</i> |
| 3:45pm | 029 | EATING DISORDER MALES AND THERAPY EFFECTIVENESS: A PILOT STUDY
<i>Fernando Fernandez-Aranda, PhD, Raquel Solano, Clinical Psychologist, Alison Aitken, Clinical Psychologist, Julio Vallejo, Professor, Psychiatry, University Hospital of Bellvitge, Hospitalet del Llobregat, Barcelona, Spain</i> |

Outcome of Eating Disorders I

Curacao 6

Dasha Nicholls, PhD

- | Time | Abstract No. | Title and Author |
|-------------|---------------------|---|
| 2:30pm | 030 | PATTERNS OF OUTCOME IN ANOREXIC INPATIENTS AT DISCHARGE AND 3-MONTH FOLLOW-UP
<i>Maryelizabeth Forman, Ph.D., Jennifer A. Harriger, M.S., William N. Davis, Ph.D., Research/Psychology, The Renfrew Center, Philadelphia, PA, USA</i> |
| 2:45pm | 031 | CRITERIA FOR RECOVERY OF EATING DISORDERS ACCORDING THERAPISTS AND ED PATIENTS
<i>Greta Noordenbos, Ph.D., Clinical Psychology, Leiden University, Leiden, The Netherlands</i> |
| 3:00pm | 032 | COGNITIONS IN ANOREXIA NERVOSA: CHANGES AFTER TREATMENT IN A COGNITIVE THERAPY MILIEU INPATIENT TREATMENT PROGRAM: A ONE YEAR FOLLOW-UP
<i>Wayne A. Bowers, Ph. D., Psychiatry, Univ. of Iowa, Iowa City, IA, USA</i> |
| 3:15pm | 033 | INNER BODY, OUTWARD APPEARANCE, AND EATING DISORDERS: SENSATIONS AND EMOTIONS
<i>Sonja Spoor, Lecturer, Psychology and Health, Tilburg University, Tilburg, The Netherlands</i> |

Outcome of Eating Disorders I, continued

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| 3:30pm | 034 | MORTALITY IN ANOREXIA NERVOSA IN NORTHEAST SCOTLAND
<i>Harry R. Millar, FRCPsych, Eating Disorders Service, Royal Cornhill Hospital, Aberdeen, Scotland, UK, Fiona Wardell, BSc(Hons), Simon A. Naji, BSc(Hons), Juliet Vyvyan, BSc, Mental Health, University of Aberdeen, Aberdeen, Scotland, UK, John E. Eagles, FRCPsych, General Adult Psychiatry, Royal Cornhill Hospital, Aberdeen, Scotland, UK</i> |
| 3:45pm | 035 | OUTCOME AND PROGNOSTIC FACTORS OF EATING DISORDERS IN JAPAN
<i>Yoshikatsu Nakai, MD, School of Health Sciences, Kyoto University, Faculty of Medicine, Kyoto, Japan</i> |

Outcome of Eating Disorders II

Curacao 7

Patricia Fallon, PhD

- | Time | Abstract No. | Title and Author |
|-------------|---------------------|---|
| 2:30pm | 036 | PREDICTORS OF RELAPSE AND READMISSION AMONG EATING DISORDERED INPATIENTS
<i>Sherri Y. Theoharidis, Ph.D., Gladstone, MO, USA</i> |
| 2:45pm | 037 | EXAMINATION OF THE CHARACTERISTICS AND TREATMENT OUTCOME OF A LARGE SAMPLE OF MALES IN RESIDENTIAL TREATMENT
<i>Catherine C. Loomis, Ph.D., Pamela Bean, Ph.D., Pamela Timmel, B.A., Jane Mammel, M.A., Eating Disorders Center, Rogers Memorial Hospital, Oconomowoc, WI, Mary Maddocks, M.S., Department of Counseling and Educational Psychology, Marquette University, Milwaukee, WI, Theodore E. Weltzin, M.D., Eating Disorders Center, Rogers Memorial Hospital, Oconomowoc, WI, USA</i> |
| 3:00pm | 038 | OUTCOME PREDICTORS IN RELATION TO COMORBIDITY IN EATING DISORDERS: COMPARISON BETWEEN DIFFERENT THERAPEUTIC SETTINGS
<i>Mauro Consolati, PhD, Psychiatry, ED Center- A.O., Brescia, Italy, Patrizia Todisco, MD, Fausto Manara, PhD, Psychiatry, ED Center A.O. Spedali Civili - Brescia, Italy</i> |
| 3:15pm | 039 | MATERNAL OBESITY AND PSYCHOPATHOLOGY AS PREDICTORS OF LONG TERM RECOVERY FROM BULIMIA NERVOSA
<i>Aimee J. Arikian, BA, Kathryn B. Miller, PhD, Psychiatry, University of Minnesota, Minneapolis, MN, James E. Mitchell, MD, Neuropsychiatric Research Institute, Fargo, ND, Scott J. Crow, MD, Paul D. Thuras, PhD, Psychiatry, University of Minnesota, Minneapolis, MN, Pamela K. Keel, PhD, Psychology, University of Iowa, Iowa City, IA, USA</i> |
| 3:30pm | 040 | ALTERNATIVE PREDICTORS OF INPATIENT READMISSION IN ADOLESCENTS WITH EATING DISORDERS
<i>Margus Heinmaa, M.Psy., Psychology, Debra K. Katzman, M.D., Pediatrics, Leora Pinhas, M.D., Paul Agar, B.Sc., Psychiatry, Hospital for Sick Children, Toronto, Ontario, Canada</i> |
| 3:45 | 041 | MARITAL STATUS AND BULIMIA NERVOSA: A CONTROLLED STUDY OF ITS PROGNOSTIC RELEVANCE
<i>Debora Bussolotti, Psychiatrist, Fernando Fernandez-Aranda, PhD, Maria Jose Ramos, Clinical Psychologist, Laura Gimenez, Clinical Psychologist, Anna Badia, MPh, Raquel Solano, MPh, Julio Vallejo, Professor, Psychiatry, University Hospital of Bellvitge, Hospitalet del Llobregat, Barcelona, Spain</i> |

Time	Abstract No.	Title and Author
2:30pm	042	<p>DECREASING RATES OF BULIMIA NERVOSA AMONG COLLEGE STUDENTS</p> <p><i>Pamela K. Keel, Ph.D., Psychology, University of Iowa, Iowa City, IA, David Dorer, Ph.D., Psychiatry, Massachusetts General Hospital, Boston, MA, Todd F. Heatherton, Ph.D., Psychological and Brain Sciences, Dartmouth College, Hanover, NH, USA</i></p>
2:45pm	043	<p>PSYCHOLOGICAL PROFILES OF WOMEN WITH A LIFETIME DIAGNOSIS OF AN: VULNERABILITY ENDOPHENOTYPES OR CORRELATES OF DISORDER?</p> <p><i>Ada H. Zohar, PhD, Psychology, Behavioral Sciences, Ruppin Academic Center, Emek Hefer, Israel, Rachel Bachner-Melman, MA, Psychology, Richard P. Ebstein, PhD, Scheinfeld Center, Psychology, Hebrew University, Jerusalem, Israel</i></p>
3:00pm	044	<p>A PROSPECTIVE COHORT STUDY OF SEXUAL ORIENTATION AND BULIMIC BEHAVIORS IN ADOLESCENT GIRLS</p> <p><i>Bryn Austin, ScD, Najat Ziyadeh, MPH, Adolescent Medicine, Children's Hospital, Boston, MA, Jessica A. Kahn, MD, MPH, Adolescent Medicine, Children's Hospital, Cincinnati, OH, Carlos A. Camargo, MD, DrPH, Graham A. Colditz, MD, DrPH, Channing Lab, Brigham & Women's Hospital, Boston, MA, Alison E. Field, ScD, Adolescent Medicine, Children's Hospital, Boston, MA, USA</i></p>
3:15pm	045	<p>ASSOCIATION OF WEIGHT CHANGE, WEIGHT CONTROL PRACTICES, AND WEIGHT CYCLING AMONG WOMEN IN THE NURSES' HEALTH STUDY II</p> <p><i>Alison E. Field, ScD, Adolescent Medicine, Children's Hospital, Boston, MA, JoAnn E. Manson, MD, DrPH, Preventive Medicine, Brigham and Women's Hospital, Boston, MA, Barr Taylor, MD, Psychiatry, Stanford Medical Center, Stanford, CA, Walter C. Willett, MD, DrPH, Nutrition, Harvard School of Public Health, Boston, MA, Graham A. Colditz, MD, DrPH, Channing Lab, Brigham and Women's Hospital, Boston, MA, USA</i></p>
3:30pm	046	<p>INTENTIONAL WEIGHT LOSS IN YOUNG ADULT TWINS</p> <p><i>Anna Keski-Rahkonen, MD, Epidemiology, Columbia University, New York, NY, USA, Jaakko Kaprio, MD, PhD, Public Health, University of Helsinki, Helsinki, Finland, Richard J. Rose, PhD, Psychology, Indiana University, Bloomington, IN, USA, Aila Rissanen, MD, PhD, Psychiatry, University of Helsinki, Helsinki, Finland</i></p>
3:45pm	047	<p>THE UPS AND DOWNS OF BULIMIA NERVOSA</p> <p><i>Richard A. Gordon, PhD, Psychology, Bard College, Annandale-on-Hudson, NY, USA</i></p>

Prevention I		Bonaire 1	Dianne Neumark-Sztainer, PhD
Time	Abstract No.	Title and Author	
2:30pm	048	A RANDOMIZED CONTROLLED TRIAL OF AN INTERVENTION FOR PREADOLESCENT GIRLS AIMED AT PREVENTING EATING DISORDERS. <i>Gina Dimitropoulos, M.S.W., University Health Network, Toronto, ON, Canada, Donna Ciliska, Ph.D., School of Nursing, McMaster University, Hamilton, ON, Canada, Lynn Garrison, M.Sc., Halton Region Health Department, Oakville, ON, Canada, Debbie Oliver, M.Sc., School of Nursing, McMaster University, Hamilton, ON, Canada</i>	
2:45pm	049	MOTIVATIONAL INTERVIEWING IN THE REDUCTION OF RISK FACTORS FOR EATING DISORDERS: A PILOT STUDY <i>Meredith A. Pung, M.A., Psychology, VA Long Beach Healthcare System, Long Beach, CA, Heather M. Niemeier, M.A., Psychiatry and Human Behavior, Brown University Medical School, Providence, RI, Alysia C. Cirona, Alinne Z. Barrera, M.A., Linda W. Craighead, Ph.D., Psychology, University of Colorado, Boulder, CO, USA</i>	
3:00pm	050	SECONDARY PREVENTION OF EATING DISORDERS: THE TEACHERS PERSPECTIVE <i>Erica A. Layton, M.A., Toronto, Ontario, Canada, Niva Piran, Ph.D., Adult Education and Counselling Psychology, University of Toronto, Toronto, Ontario, Canada</i>	
3:15pm	052	A BRIEF INTERACTIVE BODY IMAGE INTERVENTION TARGETING BODY COMPARISON PROCESSES IN ADOLESCENT GIRLS: A PILOT STUDY <i>Sarah J. Durkin, PGradDip, Psychology, University of Melbourne, Melbourne, Victoria, Australia, Susan J. Paxton, PhD, Eleanor H. Wertheim, PhD, Psychology, La Trobe University, Melbourne, Victoria, Australia</i>	
3:30pm	053	FOOD, MOOD, AND ATTITUDE: A MULTIMEDIA PROGRAM TO REDUCE EATING DISORDER RISK FACTORS IN COLLEGE WOMEN <i>Debra L. Franko, Ph.D., Counseling Psychology, Northeastern University, Boston, MA, Laurie B. Mintz, Ph.D., Counseling Psychology, University of Missouri Columbia, Columbia, MO, Mona Villapiano, Ph.D., Traci C. Green, M.Sc., Dana Mainelli, MSW, Lesley Folsensbee, B.A., Stephen F. Butler, Ph.D., Simon H. Budman, Ph.D., Inflexxion, Inc., Newton, MA, Meghan Davidson, M.S., Emily Hamilton, M.S., Counseling Psychology, University of Missouri-Columbia, Columbia, MO, Deborah Little, M.S., Counseling Psychology, Northeastern University, Boston, MA, USA</i>	
Psychological: Individual I		Curacao 4	Josie Geller, PhD
Time	Abstract No.	Title and Author	
2:30pm	054	CONCERN FOR APPROPRIATENESS: RISK FACTOR FOR DISORDERED EATING <i>Rachel Bachner-Melman, MA, Psychology, Hebrew University of Jerusalem, Jerusalem, Israel, Ada H. Zohar, PhD, Psychology, Behavioral Sciences, Ruppin Academic Center, Emek Hefer, Israel, Richard P. Ebstein, PhD, Scheinfeld Center, Psychology, Hebrew University of Jerusalem, Jerusalem, Israel</i>	

- 2:45pm 055 **ANOREXIC SUBJECTS MISJUDGE THE AMOUNT OF ALTERED AND UNALTERED FOOD**
Piergiuseppe Vinai, MD, "Gnosis" research group, "Studi Cognitivi" Cognitive Psychotherapy School, Magliano Alpi, Italy, Donatella Masante, Psychotherapist, "Gnosis" research group, "Studi Cognitivi" Cognitive Psychotherapy School, Mondovì, Italy, Gianluigi Luxardi, Psychologist, Unità Disturbi Alimentari, Milano, Italy, Sandra Sassaroli, Psychiatrist, Giovanni M. Ruggiero, Psychiatrist, Research, "Studi Cognitivi" Cognitive Psychotherapy School, Milano, Italy
- 3:00pm 056 **USE OF ARTIFICIALLY SWEETENED PRODUCTS IN EATING DISORDERS**
Diane A. Klein, MD, Psychiatry, Columbia University/New York State Psychiatric Institute, New York, NY, Michael J. Devlin, MD, Psychiatry, Columbia University, College of Physicians and Surgeons, New York, NY, Gillian S. Boudreau, BA, Psychiatry, New York State Psychiatric Institute, New York, NY, Timothy Walsh, MD, Psychiatry, Columbia University/New York State Psychiatric Institute, New York, NY, USA
- 3:15pm 057 **FEATURES AND CORRELATES OF LAXATIVE ABUSE IN AN EATING DISORDER POPULATION**
Federica Tozzi, MD, Psychiatry, University of North Carolina, Chapel Hill, NC, Laura M. Thornton, Ph.D., Psychiatry, University of Pittsburgh, Pittsburgh, PA, James E. Mitchell, M.D., Neuroscience, University of North Dakota, Fargo, ND, Cynthia M. Bulik, Ph.D., Psychiatry, University of North Carolina, Chapel Hill, NC, Walther H. Kaye, M.D., Psychiatry, University of Pittsburgh, Pittsburgh, PA, USA
- 3:30pm 058 **NEED FOR CONTROL, PERFECTIONISM, INTOLERANCE OF UNCERTAINTY AND OTHER CORE COGNITIVE CONSTRUCTS PREDICT SEVERITY OF EATING DISORDER SYMPTOMATOLOGY**
Sandra Sassaroli, MD, Psychotherapy School, "Studi Cognitivi" Cognitive Psychotherapy School, Milano, Italy, Sara Bertelli, MD, Psychiatry, Ospedale "San Paolo" Milano, Milano, Italy, Marco Decoppi, MD, Research, Fondazione "Maria Bianca Corno per la lotta all'anor", Monza, Italy, Sarah Motter, Servizio di Psicologia, Bolzano, Italy
- 3:45pm 059 **ATTENTIONAL BIASES IN EATING DISORDERS: ASSESSMENT USING AN ENHANCED METHODOLOGY**
Michelle Lee, BSc (Hons), Roz Shafran, PhD, Christopher G. Fairburn, DM, FRCPsych, Psychiatry, Oxford University, Oxford, UK

Time Abstract No. Title and Author

- 2:30pm 060 **SENSORY MODULATION DYSFUNCTION IN ANOREXIA NERVOSA AND BULIMIA NERVOSA**
Daniel Stein, M.D., Pediatric Psychosomatic Department, The Edmond and Lily Safra Children's Hospital, Tel Hashomer, Israel, Yehudit Eitan, Occupational Therapist, Department of Occupational Therapy, School of Health Professions, Tel Aviv, Israel, Parush Shulamit, Occupational Therapist, School of Occupational Therapy, Hebrew University, Jerusalem, Israel, Anka Ram, M.D., Adult Center for the Treatment of Eating Disorders, The Chaim Sheba Medical Center, Tel Hashomer, Israel, Israel Orbach, Clinical Psychologist, Psychology, Bar Ilan University, Ramat Gan, Israel

- 2:45pm 061 **STRESSFUL SCHOOL PERFORMANCE REVEALS ASSOCIATION BETWEEN LOW SELF ESTEEM, PERFECTIONISM, AND WORRY AND MEASURES OF EATING DISORDERS**
Giovanni M. Ruggiero, MD, Research, "Studi Cognitivi" Cognitive Psychotherapy School and, Milano, Italy, Clarice Mezzaluna, PhD, "Studi Cognitivi" Cognitive Psychotherapy School and San Benedetto del Tronto, Italy, Tiziana Ciccio, PhD, Fermo, Italy, Marica Ferri, PhD, "Studi Cognitivi" Cognitive Psychotherapy School and, Fermo, Italy, Sofia Piccioni, PhD, "Studi Cognitivi" Cognitive Psychotherapy School and, Belvedere Ostrense, Italy, Stefania Urbani, PhD, "Studi Cognitivi" Cognitive Psychotherapy School and Porto San Giorgio, Italy
- 3:00pm 062 **FAMILY HISTORY OF ALCOHOLISM WORSENS BEHAVIORAL DYSCONTROL IN PATIENTS WITH EATING DISORDERS**
Graham Redgrave, MD, Janelle Coughlin, PhD, Psychiatry and Behavioral Sciences, Johns Hopkins University School of Medicine, Baltimore, MD, Leslie Heinberg, PhD, Psychiatry, Case Western Reserve University School of Medicine, Cleveland, OH, Angela Guarda, MD, Psychiatry and Behavioral Sciences, Johns Hopkins University School of Medicine, Baltimore, MD, USA
- 3:15pm 063 **A CONTROLLED ASSESSMENT OF THE CIRCADIAN RHYTHMS OF EATING AND SLEEPING IN THE NIGHT EATING SYNDROME**
John P. O'Reardon, MD, Kelly C. Allison, PhD, Albert J. Stunkard, MD, Psychiatry, University of Pennsylvania, Philadelphia, PA, USA
- 3:30pm 064 **WHAT ARE THEY THINKING? DYSFUNCTIONAL THOUGHTS ASSOCIATED WITH NIGHT EATING SYNDROME**
Kelly C. Allison, Ph.D., Albert J. Stunkard, M.D., John P. O'Reardon, M.D., Psychiatry, University of Pennsylvania, Philadelphia, PA, USA
- 3:45pm 065 **PERSONALITY SUBTYPES AMONG ADOLESCENTS WITH EATING DISORDERS**
Kamryn T. Eddy, M.A., Heather Thompson-Brenner, Ph.D., Psychology, Boston University, Boston, MA, Drew Westen, Ph.D., Psychology/Psychiatry, Emory University, Atlanta, GA, USA

Socioculture, Cross-Cultural,
and Ethnicity

Bonaire 4

Marika Tiggemann, PhD

Time Abstract No. Title and Author

- 2:30pm 071 **THE GLOBAL EPIDEMIOLOGY OF EATING DISORDERS: AN UPDATE**
Richard A. Gordon, PhD, Psychology, Bard College, Annandale-on-Hudson, NY, USA
- 2:45pm 067 **PREDICTORS OF IMPACT OF EXPOSURE TO IDEALISED MALE IMAGES IN ADOLESCENT BOYS**
Susan J. Paxton, PhD, Psychology, La Trobe University, Melbourne, Victoria, Australia, Paul Humphreys, BA(Hons), Psychology, University of Melbourne, Melbourne, Victoria, Australia
- 3:00pm 068 **ANOREXIA NERVOSA IN SINGAPORE - A RETROSPECTIVE STUDY**
Ee-Lian Lee, M. Med. (Psychiatry), Behavioural Medicine, Singapore General Hospital, Singapore, Singapore, Huei-Yen Lee, M. Med. (Psychiatry), General Psychiatry, Parvathy Pathy, M. Med. (Psychiatry), Child & Adolescent Psychiatry, Institute of Mental Health & Woodbridge Hospital, Singapore

Socioculture, continued

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| 3:15pm | 069 | BEING HEALTHY AS A SALES GIMMICK: THE RELATIONSHIP BETWEEN IDEAL PERCEIVED WEIGHT AMONG 10 CHINESE BULIMIC WOMEN IN SINGAPORE AND THE SINGAPORAN MEDIA'S PORTRAYAL OF WOMEN
<i>Maho Isono, MA, Applied Anthropology, Oregon State University, Hotaka Minamiazumi, Nagano, Japan</i> |
| 3:30pm | 070 | THE EFFECT OF MEDIA EXPOSURE ON ATTENTION TO BODY AND APPEARANCE-RELATED WORDS
<i>Stephanie E. Cassin, M.Sc., Psychology, University of Calgary, Calgary, Alberta, Canada, Kristin M. von Ranson, Ph.D., Psychology, Univeristy of Calgary, Calgary, Alberta, Canada</i> |
| 3:45pm | 066 | THE FACTORS AND PROCESSES OF WEIGHT AND SHAPE CONCERNS IN JAPANESE FEMALE ADOLESCENTS
<i>Hiroko Maekawa, M.A., Education, Keio University, Ota-ku, Tokyo, Japan</i> |

Treatment of Eating Disorders I

Bonaire 5

Scott Crow, MD

- | Time | Abstract No. | Title and Author |
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| 2:30pm | 072 | CBT ACCORDING TO FAIRBURN'S MODEL AND A SINGLE-CASE APPROACH: COMPARISON BETWEEN TWO PERSPECTIVES IN THE TREATMENT OF A BULIMIC PATIENT
<i>Patrizia Todisco, MD, Psychiatry, ED Center A.O. Spedali Civili - Brescia, Italy</i> |
| 2:45pm | 073 | FAMILY WORK IN ADOLESCENTS WITH BULIMIA NERVOSA
<i>Ursula C. Castro, MD, Psychology, Universidad Complutense, Madrid, Spain, Angeles M. Gómez, PhD, Psychology, Universidad Pontificia Salamanca, Salamanca, Spain, Gonzalo Morandé, PhD, Aisa Itziar, Patricia Gómez, Eating Disorders Unit, Hospital del Niño Jesús, Madrid, Spain, Carla Brinkerhoff, Psychiatry and Psycology, The Starting Place Inc, Hollywood, FL, USA</i> |
| 3:00pm | 074 | IDENTITY INTERVENTION PROGRAM: A SELF-SCHEMA FOCUSED APPROACH TO THE TREATMENT OF THE EATING DISORDERS
<i>Karen F. Stein, PhD, Pamela E. Paulson, PhD, School of Nursing, David S. Rosen, M.D., Medical School, University of Michigan, Ann Arbor, MI, USA</i> |
| 3:15pm | 075 | RELATIONSHIPS BETWEEN EXERCISE BEHAVIOUR, EATING-DISORDERED BEHAVIOUR AND QUALITY OF LIFE IN A COMMUNITY SAMPLE OF WOMEN: WHEN IS EXERCISE EXCESSIVE?
<i>Jonathan M. Mond, MPhil (Psychol), Psychological Medicine, The Canberra Hospital, Canberra, Australia</i> |
| 3:30pm | 076 | CHANGES IN FAMILY FUNCTIONING DURING INPATIENT TREATMENT OF ANOREXIA NERVOSA: ROLE OF DIAGNOSTIC SUBTYPE AND DEPRESSIVE SYMPTOMS
<i>Gina Dimitropoulos, M.S.W., Elizabeth Blackmore, M.Sc., Jacqueline C. Carter, Ph.D., Blake Woodside, M.D., University Health Network, Toronto, Canada</i> |

NEUROSTEROIDS IN ANOREXIA NERVOSA

Daniel Stein, M.D., Pediatric Psychosomatic Department, The Edmond and Lily Safra Children's Hospital, Tel Hashomer, Israel, Rachel Maayan, M.Sc., The Felsenstein Medical Research Center, Rabin Medical Center, Petah Tiqva, Israel, Anka Ram, M.D., Adult Center for the Treatment of Eating Disorders, The Chaim Sheba Medical Center, Tel Hashomer, Israel, Abraham Weizman, M.D., The Felsentein Medical Research Center, Rabin Medical Center, Petah Tiqva, Israel

Scientific Paper Session II

Sunday, May 2

9:00am-10:30am

At-Risk Populations

Curacao 1

Roberta Sherman, PhD

Time

**Abstract
No.**

Title and Author

9:00am

078

BALLET DANCERS AND DISORDERED EATING: DIFFERENTIAL EFFECTS OF SCHOOL TYPE

Jennifer J. Thomas, B.A., Psychology, Yale University, New Haven, CT, Pamela K. Keel, Ph.D., Psychology, University of Iowa, Iowa City, IA, Todd F. Heatherton, Ph.D., Psychological and Brain Sciences, Dartmouth College, Hanover, NH, USA

9:15am

079

BODY DISSATISFACTION DURING PREGNANCY: A PROSPECTIVE STUDY

Helen Skouteris, PhD, Roxanne Carr, Honours, Eleanor H. Wertheim, PhD, Psychological Science, La Trobe University, Bundoora, Victoria, Australia

9:30am

080

CHILDHOOD BEAUTY PAGEANT PARTICIPANTS: ANOTHER AT-RISK POPULATION FOR EATING DISORDERS AND ASSOCIATED FEATURES?

Anna L. Wonderlich, B.A., Psychiatry, University of Minnesota, St. Paul, MN, Diann M. Ackard, Ph.D., Judith B. Henderson, Ph.D., Private Practice, Golden Valley, MN, USA

9:45am

081

ASSOCIATIONS BETWEEN CHILDHOOD DANCE PARTICIPATION AND ADULT DISORDERED EATING AND RELATED PSYCHOPATHOLOGY

Anna L. Wonderlich, B.A., Psychiatry, University of Minnesota, St. Paul, MN, Diann M. Ackard, Ph.D., Judith Henderson, Ph.D., Private Practice, Golden Valley, MN, USA

10:00am

082

CLINICAL IMPLICATIONS OF DISORDERED EATING ATTITUDES AND BEHAVIORS IN COLLEGE WOMEN

Heather M. Niemeier, M.A., Psychiatry and Human Behavior, Brown University Medical School, Providence, RI, Meredith A. Pung, M.A., Psychology, VA Long Beach Healthcare System, Long Beach, CA, Linda W. Craighead, Ph.D., Psychology, University of Colorado at Boulder, Boulder, CO, USA

10:15am

083

PREGNANCY, PARENTHOOD AND EATING DISORDERS

Anca Ram, MD, Zvia Altar, RN, Weight and Eating Disorders Center, Sheba Medical Center, Tel Hashomer, Israel

Biological Factors II		Curacao 2	Andreas Karwautz, PhD
Time	Abstract No.	Title and Author	
9:00am	084	LACK OF AN ASSOCIATION BETWEEN 5-HT2A- SEROTONIN RECEPTOR GENE POLYMORPHISM AND DISORDERED EATING IN WOMEN <i>Kyle L. Gobrogge, B.Sc., Psychology, Katherine A. Nummy, M.Sc., Karen H. Friderici, Ph.D., Microbiology and Molecular Genetics, Kelly L. Klump, Ph.D., Psychology, Michigan State University, East Lansing, MI, USA</i>	
9:15am	085	SEROTONIN-BASED MODERATION OF BINGE ANTECEDENTS IN BULIMIA NERVOSA: DOES ABNORMAL SEROTONIN FUNCTION FAVOR RESTRAINT- OR EMOTION-BASED PATHWAYS TO BINGE EATING? <i>Howard Steiger, Ph.D., Douglas Hospital and McGill University, Montreal, Quebec, Canada, Lise Gauvin, Ph.D., University of Montreal, Montreal, Quebec, Canada, Marla J. Engelberg, Ph.D., Kenneth R. Bruce, Ph.D., Mimi Israel, M.D., N.M.K Ng Ying Kin, Ph.D., Julia Finkelstein, B.A., Jodie Richardson, B.A., Douglas Hospital and McGill University, Montreal, Quebec, Canada</i>	
9:30am	086	EXAMINING THE RELATIONSHIP BETWEEN BASAL CORTISOL LEVELS AND COMPENSATORY BEHAVIORS IN FEMALE COLLEGE STUDENTS <i>Heather L. Stemple, Undergraduate, Melissa A. Munn, B.S, Kelly L. Klump, Ph.D., Psychology, Michigan State University, East Lansing, MI, USA</i>	
9:45am	087	EEG AND QUANTITATIVE EEG ANALYSIS IN EATING DISORDERS <i>Peter N. Smith, Psy. D., Mirasol, Inc., Tucson, AZ, USA</i>	
10:00am	088	NEUROPSYCHOLOGICAL EXAMINATION OF FRONTAL LOBE FUNCTIONING AND RESTRAINED EATING <i>Gillian M. Stavro, M.A., Kelly L. Klump, Ph.D., Joel T. Nigg, Ph.D., Psychology, Michigan State University, East Lansing, MI, USA</i>	
10:15am	089	THE CRITICAL DURATION OF LOW BODY WEIGHT FOR SHORT STATURE IN EARLY ADOLESCENCE-ONSET ANOREXIA NERVOSA PATIENTS <i>Mari Hotta, M.D., Health Services Center, National Graduate Institute For Policy Studies, Tokyo, Japan, Rina Ohwada, M.D., Kazue Takano, M.D., Institute of Clinical Endocrinology, Tokyo Women's Medical University, Tokyo, Japan, Tamotsu Shibasaki, M.D., Physiology, Nippon Medical School, Tokyo, Japan</i>	
Children and Adolescents II		Curacao 3	Philippa Hay, PhD
Time	Abstract No.	Title and Author	
9:00am	090	WHAT UNDERLIES DIFFERING PERCEPTIONS OF FAMILY FUNCTIONING BETWEEN MOTHERS AND THEIR DAUGHTERS WITH EATING DISORDERS? <i>Ida F. Dancyger, Ph.D., Victor M. Fornari, M.D., Suzanne R. Sunday, Ph.D., Psychiatry, North Shore University Hospital, Manhasset, NY, USA</i>	

9:15am	091	PERCEPTIONS OF THE RECOVERY PROCESS IN EARLY ONSET ANOREXIA NERVOSA <i>Kate Willoughby, BSc, Mental Health, St George's Hospital Medical School, Univ. of London, London, UK, Susan Ayers, PhD, Psychology, University of Sussex, Brighton, UK, Bryan Lask, MRCPsych, Mental Health, St George's Hospital Medical School, University of London, London, UK</i>
9:30am	092	LOSS OF CONTROL OVER EATING, BODY FAT, AND PSYCHOPATHOLOGY IN NORMAL WEIGHT AND OVERWEIGHT CHILDREN <i>Christina M. Morgan, MA, Psychiatry, Universidade Federal de São Paulo, São Paulo, Brazil, Marian Tanofsky-Kraff, Ph.D., Unit on Growth and Obesity, NICHD, National Institutes of Health, Bethesda, MD, Susan Z. Yanovski, M.D., NIDDK, National Institutes of Health, Bethesda, MD, USA, Miguel R. Jorge, Ph.D., Psychiatry, Universidade Federal de São Paulo, São Paulo, Brazil, Jack A. Yanovski, M.D., Ph.D., Unit on Growth and Obesity, DEB, NICHD, National Institutes of Health, Bethesda, MD, USA</i>
9:45am	093	RISPERIDONE TREATMENT IN ADOLESCENTS WITH ANOREXIA NERVOSA-A CASE SERIES <i>Nogah C. Kerem, MD, Pediatrics, Division of Adolescent Medicine, The Hospital for Sick Children, University of Toronto, Toronto, Ontario, Canada, Leora Pinhas, MD, FRCP(C), Psychiatry, University of Toronto, Toronto, Ontario, Canada, Ahmed Boachie, MD, FRCP(C), Psychiatry, Hospital for Sick Children, University of Toronto, Toronto, Ontario, Canada, Debra K. Katzman, MD, FRCP(C), Pediatrics, Hospital for Sick Children, Toronto, Ontario, Canada</i>
10:00am	094	LOSS OF CONTROL EATING & DIETING IN TREATMENT-SEEKING OVERWEIGHT ADOLESCENTS <i>Dara Faden, B.A., Marian Tanofsky-Kraff, Ph.D., Jennifer McDuffie, Ph.D., Andrea Fredricks, B.S., Arlene B. Mercado, M.D., Jack A. Yanovski, MD, Ph.D., Unit on Growth and Obesity, DEB, NICHD, NIH, Bethesda, MD, USA</i>
10:15am	095	THE TRANSMISSION OF THE IMPORTANCE OF WEIGHT AND SHAPE FROM MOTHERS TO THEIR ADOLESCENT CHILDREN <i>Alison E. Field, ScD, Bryn Austin, ScD, Adolescent Medicine, Children's Hospital, Boston, MA, Ruth H. Striegel-Moore, PhD, Psychology, Wesleyan University, Middletown, CT, Barr Taylor, MD, Psychiatry, Stanford Medical Center, Stanford, CA, Carlos A. Camargo, MD, DrPH, Channing Lab, Brigham and Women's Hospital, Boston, MA, William R. Beardslee, MD, Psychiatry, Children's Hospital, Boston, MA, Nan Laird, PhD, Biostatistics, Harvard School of Public Health, Boston, MA, Graham A. Colditz, MD, DrPH, Channing Lab, Brigham and Women's Hospital, Boston, MA, USA</i>
Comorbidity Time	Abstract No.	Curacao 4 Title and Author Don Williamson, PhD
9:00am	096	FREQUENCY OF SPECIFIC OBSESSIVE AND COMPULSIVE SYMPTOMS IN CHILDREN & ADOLESCENTS WITH ANOREXIA NERVOSA <i>Varsha Hirani, BSc, Mental Health, St. George's Hospital Medical School, London, UK, Lucy Serpell, PhD, University College London, London, UK, Kate Willoughby, BSc, Mental Health, St. George's Hospital Medical School, London, UK, Marc Neiderman, M.Ed, PRA International, Charlottesville, VA, USA, Bryan Lask, MRCPsych, Mental Health, St. George's Hospital Medical School, London, UK</i>

Comorbidity, continued

9:15am	097	ANXIETY, STAGES OF TREATMENT AND ANOREXIA NERVOSA <i>Dana A. Satir, B.A., Michael J. Devlin, M.D., Psychiatry, Columbia Presbyterian Medical Center/NYSPI, New York, NY, USA</i>
9:30am	098	PERSONALITY OR PATHOLOGY?: OBSESSIVE-COMPULSIVE FEATURES IN CHILDREN AND ADOLESCENTS WITH ANOREXIA NERVOSA <i>Lucy Serpell, PhD, University College London, London, UK, Varsha Hirani, BSc, Kate Willoughby, BSc, Mental Health, St. George's Hospital Medical School, London, UK, Marc Neiderman, M.Ed, PRA International, Charlottesville, VA, USA, Bryan Lask, MRCPsych, Mental Health, St. George's Hospital Medical School, London, UK</i>
9:45am	099	BULIMIC SYMPTOMS, COGNITIONS AND BODY DISSATISFACTION IN WOMEN WITH MAJOR DEPRESSIVE DISORDER <i>Jennifer E. Wildes, Ph.D., Anne D. Simons, Ph.D., Psychology, University of Oregon, Eugene, OR, Marsha D. Marcus, Ph.D., Psychiatry, Western Psychiatric Institute and Clinic, University, Pittsburgh, PA, USA</i>
10:00am	100	SOCIAL ANXIETY AND AGORAPHOBIA IN THE EATING DISORDERS: ASSOCIATIONS WITH CORE BELIEFS <i>Hendrik Hinrichsen, DCLinPsy, Eating Disorders Service, St. George's Hospital Medical School, London, UK</i>
10:15am	102	PREDICTORS OF ONSET AND RECOVERY FOR ALCOHOL ABUSE IN EATING DISORDERS <i>Debra L. Franko, Ph.D., Counseling Psychology, Northeastern University, Boston, MA, David J. Dorer, Ph.D., Biostatistics Center, Mary Pat Manzo, A.B., Safia C. Jackson, B.S., Psychiatry, Massachusetts General Hospital, Boston, MA, Pamela K. Keel, Ph.D., Psychology, University of Iowa, Iowa City, IA, David B. Herzog, M.D., Psychiatry, Harvard Medical School, Boston, MA, USA</i>

Diagnosis, Classification & Measurement Curacao 5

Yael Latzer, PhD

Time	Abstract No.	Title and Author
9:00am	101	BINGE EATING DISORDER AND BULIMIA NERVOSA: AN EXAMINATION OF CONCURRENT VALIDITY <i>Charles B. Anderson, Ph.D., Psychiatry, University of North Carolina, Chapel Hill, NC, USA, Eric F. van Furth, Ph.D., National Center for Eating Disorders, Robert-Fleury Stichting, Liesschendam, The Netherlands, Cynthia M. Bulik, Ph.D., Psychiatry, University of North Carolina, Chapel Hill, NC, USA</i>
9:15am	104	NEW CLINICALLY RELEVANT EAT-26 FACTORS <i>David M. Garner, Ph.D., Eating Disorders, River Centre Clinic, Sylvania, OH, Elizabeth A. Soll, Ph.D., Eating Disorders, River Centre Foundation, Sylvania, OH, Maureen Garner, Ph.D., Eating Disorders, River Centre Clinic, Sylvania, OH, USA</i>
9:30am	105	EDE VERSUS EDE-Q IN FULL AND PARTIAL-SYNDROME BULIMIA NERVOSA AND ANOREXIA NERVOSA ADOLESCENTS <i>Roslyn B. Binford, PhD, Daniel le Grange, PhD, Courtney C. Jellar, BA, Psychiatry, The University of Chicago, Chicago, IL, USA</i>

Diagnosis, Classification & Measurement, continued

9:45am 106 **BODY IMAGE IN EATING DISORDERS. TEST OF THE COMPUTER PROGRAM BODY SHAPE**
Helen Lonning, MS, Child and Adolescent Psychiatry, Videgarden Eating Disorder Unit, Linköping, Sweden

10:00am 107 **EATING DISORDERS STAGE OF CHANGE: RELIABILITY AND VALIDITY OF A NEW SELF-REPORT ASSESSMENT**
Diann M. Ackard, Ph.D., Private Practice, Golden Valley, MN, Jillian K. Croll, Ph.D., Eating Disorders Institute, St. Louis Park, MN, Anna L. Wonderlich, B.A., Psychiatry, University of Minnesota, St. Paul, MN, Susan A. Adlis, M.S., Health Research Center, Park Nicollet Institute, St Louis Park, MN, USA

Population Studies II Curacao 6 Pamela Keel, PhD

Time Abstract No. Title and Author

9:00am 108 **MUSCLE DISSATISFACTION IN A POPULATION SAMPLE OF YOUNG MEN**
Anu Raevuori, BS, Anna Keski-Rahkonen, MD, Jaakko Kaprio, PhD, Public Health, Aila Rissanen, PhD, Helsinki University Central Hospital, University of Helsinki, Helsinki, Finland

9:15am 109 **BODY DISSATISFACTION AMONG 8-11 YEAR OLD BRAZILIAN SCHOOLCHILDREN: PREVALENCE AND ASSOCIATED FACTORS**
Andréa P. Pinheiro, MS, Epidemiology, Elsa Regina J. Giugliani, PhD, Pediatrics, Medical School - Federal University of RS, Porto Alegre, Rio Grande do Sul, Brazil

9:30am 110 **USE OF "DIET AIDS" NEEDS TO BE ASSESSED IN HIGH-RISK COLLEGE POPULATIONS**
Christine I. Celio, M.A., Darby Cunning, M.A., Psychiatry, Stanford University School of Medicine, Stanford, CA, Roxanne Rockwell, B.A., Center for Eating and Weight Disorders, San Diego State University, San Diego, CA, Susan W. Bryson, M.A., M.S, Kristine Luce, Ph.D., Andrew Winzleberg, PhD, Psychiatry, Stanford University School of Medicine, Stanford, CA, Denise Wilfley, PhD, Psychiatry, Washington University St Louis, St Louis, MO, C.Barr Taylor, M.D., Psychiatry, Stanford University School of Medicine, Stanford, CA, USA

9:45am 111 **WEIGHT, WEIGHT CONTROL BEHAVIORS, BODY DISSATISFACTION AND SUICIDAL BEHAVIOR IN ADOLESCENTS**
Scott J. Crow, M.D., Psychiatry, University of Minnesota Medical School, Minneapolis, MN, Marla E. Eisenberg, M.P.H., Pediatrics, University of Minnesota Medical School, Minneapolis, MN, Mary T. Story, Ph.D., Dianne Neumark-Sztainer, Ph.D., Epidemiology, University of Minnesota, Minneapolis, MN, USA

10:00am 112 **RISK FACTORS FOR THE DEVELOPMENT OF BULIMIA NERVOSA IN PORTUGAL**
Paulo P. Machado, PhD, Sónia Gonçalves, MA, Barbara C. Machado, MSc, Carla Martins, PhD, Psychology, Univesridade do Minho, Braga, Portugal

10:15am	113	ESTABLISHING THE PREVALENCE OF DISORDERED EATING IN A POPULATION-BASED SAMPLE OF WOMEN AGED 20 TO 40 YEARS: UTILITY OF A TELEPHONE SURVEY <i>Lise Gauvin, PhD, Social and Preventive Medicine & GRIS, University of Montreal, Montreal, Quebec, Canada, Howard Steiger, PhD, Eating Disorders Program, Douglas Hospital & McGill University, Montreal, Quebec, Canada, Jean-Marc Brodeur, PhD, Louise Potvin, PhD, Social and Preventive Medicine & GRIS, University of Montreal, Montreal, Quebec, Canada</i>
Prevention II		Curacao 7 Susan Paxton, PhD
Time	Abstract No.	Title and Author
9:00am	114	SELECTIVE EATING DISORDERS PREVENTION IN SORORITY MEMBERS: COGNITIVE DISSONANCE VERSUS MEDIA PSYCHOEDUCATION <i>Carolyn B. Becker, PhD, Psychology, Trinity University, San Antonio, TX, Lisa M. Smith, HS, Anna C. Ciao, HS, Allison C. Jessee, HS, Jennifer L. Bell, HS, Laura J. Hemberger, HS, San Antonio, TX, USA</i>
9:15am	115	CAUSAL LINKS BETWEEN HOPE, SPIRITUALITY, RELIGIOSITY, OBJECTIFIED BODY CONSCIOUSNESS, WEIGHT STATUS, AND EATING DISORDER SYMPTOMATOLOGY IN CANADIAN WOMEN <i>Jennifer A. Boisvert, Ph.D. Student, Psychology, University of Regina, Regina, Saskatchewan, Canada, W. Andrew Harrell, Ph.D., Center for Experimental Sociology, University of Alberta, Edmonton, Alberta, Canada</i>
9:30am	116	SCREENING FOR EATING DISORDERS AND HIGH RISK BEHAVIOR: CAUTION <i>Liana Abascal, MA, Clinical Psychology, SDSU/UCSD, San Diego, CA, USA, Corinna Jacobi, PhD, Psychology, University of Trier, Trier, Germany, C. Barr Taylor, MD, Psychiatry, Stanford University, Stanford, CA, USA</i>
9:45am	117	A CONTROLLED TRIAL OF DISSONANCE THIN-IDEAL AND HEALTHY BEHAVIOR EATING DISORDERS PREVENTION PROGRAMS <i>Jill A. Matusek, BA, Psychology, Mount Holyoke College, South Hadley, MA, Claire V. Wiseman, Ph.D, Psychology, Trinity College, Hartford, CT, Sally J. Wendt, Ph.D., Psychology and Education, Mount Holyoke College, South Hadley, MA, USA</i>
10:00am	118	HOW DO ADOLESCENT GIRLS EVALUATE BODY DISSATISFACTION PREVENTION MESSAGES? <i>Sarah J. Durkin, PGradDip, Psychology, University of Melbourne, Melbourne, Victoria, Australia, Susan J. Paxton, PhD, Eleanor H. Wertheim, PhD, Psychology, La Trobe University, Melbourne, Victoria, Australia</i>
10:15am	119	SPIRITUALITY AMONG YOUNG WOMEN AT RISK FOR EATING DISORDERS <i>M. Joy Jacobs, J.D., Joint Doctoral Program in Clinical Psychology, SDSU/UCSD, San Diego, CA, Andrew Winzelberg, Ph.D., Psychiatry and Behavioral Sciences, Stanford University, Stanford, CA, Denise E. Wilfley, Ph.D., Psychiatry, Washington University School of Medicine, St. Louis, MO, C. Barr Taylor, M.D., Psychiatry and Behavioral Sciences, Stanford University School of Medicine, Stanford, CA, USA</i>

Psychological III		Curacao 8	Rachel Bryant-Waugh, PhD
Time	Abstract No.	Title and Author	
9:00am	120	THE EFFECT OF EXPOSURE TO A DESIRABLE MATE ON THE EATING BEHAVIOUR OF RESTRAINED AND UNRESTRAINED EATERS: AN EVOLUTIONARY PERSPECTIVE <i>Sara L. Robillard, BA, Josee L. Jarry, Ph.D, Psychology, University of Windsor, Windsor, Ontario, Canada</i>	
9:15am	121	QUALITY OF LIFE AND EATING DISORDERS <i>Simone M. de la Rie, MA, National Centre for Eating Disorders, Robert-Fleury Stichting, Leidschendam, The Netherlands, Greta Noordenbos, PhD, Clinical and Health Psychology, University of Leiden, Leiden, The Netherlands, Eric van Furth, Phd, National Centre for Eating Disorders, Robert-Fleury Stichting, Leidschendam, The Netherlands</i>	
9:30am	122	WHEN SUPPRESSION BACKFIRES: THE IRONIC EFFECTS OF SUPPRESSING FOOD-RELATED THOUGHTS <i>Barbara Soetens, MS, Caroline Braet, Ph.D., Psychology, Ghent University, Ghent, Belgium</i>	
9:45am	123	AN INVESTIGATION OF THE IMPACT OF WEIGHT-RELATED TEASING ON BINGE EATING BEHAVIOUR AND MOOD <i>Cheryl D. Aubie, MA, Josee L. Jarry, PhD, Psychology, University of Windsor, Windsor, Ontario, Canada</i>	
10:00am	124	CHANGES OF ATTITUDES TOWARDS SEXUALITY IN EATING DISORDERS PATIENTS AFTER A MULTIDIMENSIONAL PROGRAM <i>Patrizia Todisco, MD, Fausto Manara, PhD, Psychiatry, ED Center A.O. Spedali Civili - Brescia, Brescia, Italy</i>	
10:15am	125	BODY IMAGE AND EXERCISE: THE ROLE OF DIETARY RESTRAINT AND INTERNALIZATION <i>Kelty L. Berardi, M.A., Josee L. Jarry, Ph.D., Psychology, University of Windsor, Windsor, Ontario, Canada</i>	
Psychological IV		Bonaire 1	Kenneth Bruce, PhD
Time	Abstract No.	Title and Author	
9:00am	126	COGNITIVE DEFICITS IN FEMALES WITH SEVERE ANOREXIA NERVOSA: A FOLLOW-UP STUDY <i>Lageder Eveline, MD, Wilfried Biebl, MD, Psychosomatic Medicine, Psychiatry, Innsbruck, Austria</i>	
9:15am	127	RESTRAINED AND UNRESTRAINED EATERS' ATTRIBUTIONS OF SUCCESS AND FAILURE TO BODY WEIGHT: LIMITATIONS OF THE FALSE CONSENSUS EFFECT <i>Josee L. Jarry, PhD, Psychology, University of Windsor, Windsor, Ontario, Canada, Janet Polivy, PhD, Psychology, University of Toronto, Mississauga, Ontario, Canada, Peter C. Herman, PhD, Psychology, University of Toronto, Toronto, Ontario, Canada, Patty Pliner, PhD, Psychology, University of Toronto, Mississauga, Ontario, Canada, John A. Arrowood, PhD, Psychology, University of Toronto, Toronto, Ontario, Canada</i>	

Psychological IV, continued

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| 9:30am | 128 | <p>RELATIONSHIPS BETWEEN ATTACHMENT STYLES AND DISORDERED EATING</p> <p><i>Janet Solomon, M.A., Alytia Levendosky, Ph.D., Kelly Klump, Ph.D., Psychology, Michigan State University, East Lansing, MI, USA</i></p> |
| 9:45am | 129 | <p>ALEXITHYMIA, EMOTIONAL EXPRESSION, AND EATING ATTITUDES IN ONCLINICAL WOMEN</p> <p><i>Stephanie J. Quinton, PhD, Hugh L. Wagner, PhD, Psychology, University of Central Lancashire, Preston, Lancashire, UK</i></p> |
| 10:00am | 130 | <p>A NATURALISTIC EVALUATION OF THE RELATIONSHIP BETWEEN DIETARY RESTRAINT, BINGE EATING, AND THE URGE TO BINGE USING ECOLOGICAL MOMENTARY ASSESSMENT</p> <p><i>Marla J. Engelberg, B.Sc., Psychiatry, University of Chicago, Chicago, IL, USA, Howard Steiger, Ph.D., Psychiatry, McGill University, Montreal, Quebec, Canada, Lise Gauvin, Ph.D., Social and Preventive Medicine, University of Montreal, Montreal, Quebec, Canada</i></p> |
| 10:15am | 131 | <p>A CLOSER EXAMINATION OF IMPULSIVITY AND ITS ROLE IN BULIMIC AND SEXUAL BEHAVIORS</p> <p><i>Kristen M. Culbert, BA, Kelly L. Klump, Ph.D., Psychology, Michigan State University, East Lansing, MI, USA</i></p> |

Socioculture, Cross-Cultural and Ethnicity II

Bonaire 2

Armando Barriguete, PhD

- | Time | Abstract No. | Title and Author |
|-------------|---------------------|---|
| 9:00am | 132 | <p>A PROSPECTIVE STUDY OF PERSONALITY AND DISORDERED EATING AMONG AN ETHNICALLY DIVERSE SAMPLE OF COLLEGE WOMEN</p> <p><i>Lisa R. Lilienfeld, Ph.D., Carli H. Jacobs, B.A., Angela K. Picot, M.A., Prudence C. Wildman, M.A., Psychology, Georgia State University, Atlanta, GA, USA</i></p> |
| 9:15am | 133 | <p>ETHNIC, GENDER, AND AGE DIFFERENCES IN THE STIGMATIZATION OF OBESITY</p> <p><i>Janet D. Latner, PhD, Psychology, University of Canterbury, Christchurch, New Zealand, Albert J. Stunkard, MD, Psychiatry, University of Pennsylvania, Philadelphia, PA, G. Terence Wilson, PhD, Psychology, Rutgers University, Piscataway, NJ, USA</i></p> |
| 9:30am | 134 | <p>PRESENCE OF DISORDERED EATING ATTITUDES AND BEHAVIORS AMONG RURAL MEXICAN TEENAGERS</p> <p><i>Ietza Bojorquez, MD, Mexico City, Mexico, Claudia Unikel, MS, Insitituto Nacional de Psiquiatría, Mexico City, Mexico</i></p> |
| 9:45am | 135 | <p>IMPACT OF RACE ON PSYCHOSOCIAL CHARACTERISTICS OF FEMALE BARIATRIC SURGERY APPLICANTS</p> <p><i>Katherine L. Applegate, Ph.D., Tina M. Gremore, MS, Jennifer Shapiro, MA, Psychiatry, John P. Grant, M.D., Surgery, Duke University Medical Center, Durham, NC, USA</i></p> |

10:00am 136 **DIETING, DISORDERED EATING AND RELIGIOUS OBSERVANCE IN JEWISH ADOLESCENTS**
Leora Pinhas, M.D., Psychiatry, Margus Heinmaa, M.Psy., Psychology, Pier Bryden, M.D., Psychiatry, Hospital for Sick Children, Toronto, Ontario, Canada

10:15am 137 **BODY DISSATISFACTION, SELF-ESTEEM, AND BMI IN BLACK AND WHITE ADOLESCENT GIRLS**
Debra L. Franko, Ph.D., Counseling Psychology, Northeastern University, Boston, MA, Ruth H. Striegel-Moore, Ph.D., Psychology, Wesleyan University, Middletown, CT, Douglas Thompson, Ph.D., Bruce A. Barton, Ph.D., Biostatistics, Maryland Medical Research Institute, Baltimore, MD, USA

Treatment of Eating Disorders II Bonaire 3 Ulrike Schmidt, MD, PhD

Time Abstract No. Title and Author
 9:00am 138 **TREATMENT EXPECTATIONS, EXPERIENCES AND OUTCOMES IN RESIDENTIAL TREATMENT FOR EATING DISORDERS**
Maryelizabeth Forman, Ph.D., Jennifer A. Harriger, M.S., William N. Davis, Ph.D., The Renfrew Center, Philadelphia, PA, USA

9:15am 139 **USE OF THE BAN BOOK TO REDUCE EATING DISORDER BEHAVIORS AMONG MALES IN RESIDENTIAL TREATMENT**
Nancy A. Cannon, Psy.D., Catherine C. Loomis, Ph.D., Theodore E. Weltzin, M.D., Pamela Bean, Ph.D., Eating Disorders Center, Rogers Memorial Hospital, Oconomowoc, WI, Michelle M. Fink, B.S., Department of Counseling and Educational Psychology, Marquette University, Milwaukee, WI, Bradley C. Riemann, Ph.D., Obsessive-Compulsive Disorder Center, Rogers Memorial Hospital, Oconomowoc, WI, USA

9:30am 140 **LONG-TERM USE OF TOPIRAMATE IN THE TREATMENT OF BINGE EATING DISORDER**
Susan L. McElroy, MD, Psychiatry, University of Cincinnati College of Medicine, Cincinnati, OH, Nathan A. Shapira, MD, PhD, Psychiatry, University of Florida, Gainesville, FL, Lesley M. Arnold, MD, Psychiatry, Paul E. Keck, MD, Psychiatry and Pharmacology, University of Cincinnati College of Medicine, Cincinnati, OH, Shu-Chen Wu, PhD, Ortho-McNeil Pharmaceutical, Raritan, NJ, James I. Hudson, MD, Psychiatry, Harvard Medical School, Belmont, MA, Julie A. Capece, BA, Norman Rosenthal, MD, Ortho-McNeil Pharmaceutical, Raritan, NJ, USA

9:45am 141 **CHANGING UTILIZATION OF INPATIENT TREATMENT FOR ANOREXIA NERVOSA**
Molly C. Gill, BA, Psychology, Scott J. Crow, MD, Psychiatry, University of Minnesota, Minneapolis, MN, USA

10:00am 142 **MIRROR EXPOSURE FOR BODY IMAGE DISTURBANCE**
Sherrie S. Delinsky, M.S., G. Terence Wilson, Ph.D., Psychology, Rutgers, The State University of New Jersey, Piscataway, NJ, USA

Treatment of Eating Disorders II, continued

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| 10:15am | 143 | <p>A PRELIMINARY STUDY EXAMINING THE EFFECTIVENESS OF ASSERTIVENESS TRAINING FOR INDIVIDUALS WITH EATING DISORDERS</p> <p><i>Maria C. Antoniou, MA, Bulimia Anorexia Nervosa Association, Windsor, Ontario, Canada, Josee L. Jarry, Ph.D., C.Psych., Keltj Berardi, MA, Psychology, University of Windsor, Windsor, Ontario, Canada, Mary Kaye Lucier, MSW, Bulimia Anorexia Nervosa Association, Windsor, Ontario, Canada</i></p> |
|---------|-----|---|

Treatment of Eating Disorders III Bonaire 4 Martina de Zwaan, PhD

- | Time | Abstract No. | Title and Author |
|-------------|---------------------|--|
| 9:00am | 144 | <p>PERCEIVED CONTROL OVER WEIGHT VERSUS PERCEIVED CONTROL OVER LIFESTYLE: THEIR RELATIONSHIP TO DISTURBED EATING AND SELF-ESTEEM</p> <p><i>Michele M. Laliberte, Ph.D., Psychiatry, St. Joseph's Healthcare, Hamilton, Ontario, Canada, Jennifer Mills, Ph.D., Psychology, York University, Toronto, Ontario, Canada, Mandi Newton, Ph.D., Nursing, McMaster University, Hamilton, Ontario, Canada, Randi McCabe, Ph.D., Psychology, St. Joseph's Healthcare, Hamilton, Ontario, Canada</i></p> |
| 9:15am | 145 | <p>TARGET WEIGHT DISCREPANCY AS A MEASURE OF FEAR OF FATNESS</p> <p><i>Janelle W. Coughlin, Ph.D., Graham Redgrave, M.D., Psychiatry and Behavioral Sciences, Johns Hopkins University School of Medicine, Baltimore, MD, Leslie Heinberg, Ph.D., Psychiatry, Case Western Reserve University School of Medicine, Cleveland, Ohio, Angela Guarda, M.D., Psychiatry and Behavioral Sciences, Johns Hopkins University School of Medicine, Baltimore, MD, USA</i></p> |
| 9:30am | 146 | <p>BODY PHOTOGRAPHIC HISTORY, EXPOSURE AND RESPONSE PREVENTION AND SENSORY INTEGRATION AS THERAPEUTIC INTEGRATED TOOLS FOR THE CORRECTION OF THE BODY IMAGE DISTORTION</p> <p><i>Juanita Gempeler, Diploma in Beh. Therapy, Psychiatry, Javeriana University, Bogotá, Bogotá, Colombia</i></p> |
| 9:45am | 147 | <p>CD-ROM BASED COGNITIVE-BEHAVIORAL INTERVENTION FOR BINGE-EATING AND OBESITY</p> <p><i>Cynthia M. Bulik, PhD, Psychiatry, University of North Carolina at Chapel Hill, Chapel Hill, NC, USA</i></p> |
| 10:00am | 148 | <p>MINDFULNESS MEDITATION IN TREATING BINGE EATING DISORDER: A RANDOMIZED CLINICAL TRIAL</p> <p><i>Jean L. Kristeller, Ph.D., Psychology, Indiana State University, Terre Haute, IN, Ruth Quillian-Wolever, Ph.D., Center for Integrative Medicine, Duke University, Durham, NC, Virgil Sheets, Ph.D., Psychology, Indiana State University, Terre Haute, IN, USA</i></p> |
| 10:15am | 149 | <p>A CASE SERIES EVALUATION OF GUIDED SELF-HELP FOR BULIMIA NERVOSA USING A COGNITIVE MANUAL</p> <p><i>Tracey D. Wade, PhD, Briony J. Pritchard, MClInPsych, Jacqueline L. Bergin, BArtsHons, School of Psychology, Flinders University, Adelaide, Australia</i></p> |

Scientific Paper Session I

Friday, April 30
2:30pm – 4:00pm

Time	Curacao 1	Curacao 2	Curacao 3	Bonaire 2
	BED and Obesity I	BED and Obesity II	Biological Factors I	Child and Adolescents I
2:30pm	001 Elder Craighead Pung, et. Al.	007 Ringham Levine Kalarchian, et. Al.	013 Silber	019 Van den Eede Lampo Deschepper, et. Al.
2:45pm	002 Claus Decaluwe Braet	008 Toth	014 Bruce Steiger Israel, et. Al.	020 Lynch Havens Wagner, et. Al.
3:00pm	003 Braet	009 Hilbert Pike Wilfley, et. Al.	015 Ebstein Zohar Bachner-Melman	021 Hay Katsikitis
3:15pm	004 von Ranson Nosen Cassin, et. Al.	010 Allison Timmerman	016 Rivera Parra Barriguete	022 Tanofsky-Kraff Faden McDuffie, et. al
3:30pm	005 Gluck Geliebter	011 Poole	017 Papezova Yamamoto	023 Sinton Birch
3:45pm	006 Hudson Pope Lalonde, et. Al.	012 Mussell Binford Crosby, et. Al.	018 Viapiana Gatti Adami, et. Al.	

Time	Curacao 5	Curacao 6	Curacao 7	Curacao 8
	Gender and Trauma	Outcome of Eating Disorders I	Outcome of Eating Disorders II	Population Studies I
2:30pm	024 Lawson Lockwood Waller	030 Forman Harriger Davis	036 Theoharidis	042 Keel Dorer Heatherton
2:45pm	025 Brewerton Dansky O'Neil, et. Al.	031 Noordenbos	037 Loomis Bean Timmel, et. Al.	043 Zohar Bachner-Melman Ebstein
3:00pm	026 Piran Cormier	032 Bowers	038 Consolati Todisco Manara	044 Austin Ziyadeh Kahn, et. Al.
3:15pm	027 Hildebrandt Langenbucher Schlundt	033 Spoor	039 Arikian Miller Mitchell, et. Al.	045 Field Manson Taylor, et. Al.
3:30pm	028 Gur Stein Bachar	034 Millar Wardell Naji, et. Al.	040 Heinmaa Katzman Pinhas, et. Al.	046 Keski-Rahkonen Kaprio Rose, et. Al.
3:45	029 Fernandez-Aranda Solano Aitken, et. Al.	035 Nakai	041 Bussolotti Frenandez-Aranda Ramos, et. Al.	047 Gordon

Scientific Paper Session I (cont.)

Friday, April 30
2:30pm – 4:00pm

Time	Bonaire 1	Curacao 4	Bonaire 3	Bonaire 4	Bonaire 5
	Prevention I	Psychological: Individuals I	Psychological: Individuals II	Socioculture, Cross- Cultural and Ethnicity I	Treatment of Eating Disorders I
2:30pm	048 Dimitropolous Ciliska Garrison, et. Al.	054 Bachner-Melman Zohar Ebstein	060 Stein Eitan Shulamit, et. Al.	071 Gordon Maekawa	072 Todisco
2:45pm	049 Pung Neimerier Cirona, et. Al.	055 Vinai Masante Luxardi, et. Al.	061 Ruggiero Mezzaluna Ciccioli, et. Al.	067 Paxton Humphreys	073 Castro Gomez Morande, et. Al.
3:00pm	050 Layton Piran	056 Klein Devlin Boudreau, et. Al.	062 Redgrave Coughlin Heinberg, et. Al.	068 Lee, E. Lee, H. Pathy	074 Stein Paulson Rosen
3:15pm	052 Durkin Paxton Wertheim	057 Tozzi Thorton Mitchell, et. Al.	063 O'Reardon Allison Stunkard	069 Isono	075 Mond
3:30pm	053 Franko Mintz Villapiano, et. Al.	058 Sassaroli Bertelli Decoppi, et. Al.	064 Allison Stunkard O'Reardon	070 Cassin Von Ransom	076 Dimitropoulos Blackmore Carter, et. Al.
3:45pm		059 Lee Shaffran Fairburn	065 Eddy Thompson-Brenner Westen	066 Maekawa	077 Stein Maayan Ram, et. Al.

Scientific Paper Session II

Sunday, May 2
9:00am-10:30am

Time	Curacao 1	Curacao 2	<i>Curacao 3</i>	<i>Curacao 4</i>
	At-Risk Populations	Biological Factors II	Children and Adolescents II	Comorbidity
9:00am	078 Thomas Keel Heatherton	084 Gobrogge Nummy Friderici, et. Al.	090 Dancyger Fornari Sunday	096 Hirani Serpell Willoughby, et. Al.
9:15am	079 Skouteris Carr Wertheim	085 Steiger Gauvin Engelberg, et. Al.	091 Willoughby Ayers Lask	097 Satir Devlin
9:30am	080 Wonderlich Ackard Henderson	086 Stemple Munn Klump	092 Morgan Tanofsky-Kraff Yanovski, et. Al.	098 Serpell Hirani Willoughby, et. Al.
9:45am	081 Wonderlich Ackard Henderson	087 Smith	093 Kerem Pinhas Boachie, et. Al.	099 Wildes Simons Marcus
10:00am	082 Neimeier Pung Craighead	088 Stavro Klump Nigg	094 Faden Tanofsky-Kraff McDuffie, et. Al.	100 Hinrichsen
10:15am	083 Ram Altar	089 Hotta Ohwada Takano, et. Al.	095 Field Austin Striegel-Moore, et. Al.	102 Franko Dorer Manzo, et. Al.

Time	Curacao 5	Curacao 6	Curacao 7	Curacao 8
	Diagnosis, Classification & Measurement	Population Studies II	Prevention II	Psychological: Individual III
9:00am	101 Anderson van Furth Bulik	108 Raevuori Keski-Rahkonen Kaprio, et. Al.	114 Becker Smith Ciao, et. Al.	120 Robillard Jarry
9:15am	104 Garner Soll Garner	109 Pinherio Giugliani	115 Boisvert Harrell	121 de la Rie Noordenbos van Furth
9:30am	105 Binford le Grange Jellar	110 Celio Cunning Rockwell, et. Al.	116 Abascal Jacobi Taylor	122 Soetens Braet
9:45am	106 Lonning	111 Crow Eisenberg Story, et. Al.	117 Matusek Wiseman Wendt	123 Aubie Jarry
10:00	107 Ackard Croll Wonderlich, et. Al.	112 Machado, P Goncalves Machado, B	118 Durkin Paxton Wertheim	124 Todisco Manara
10:15am		113 Gauvin Steiger Brodeur, et. Al.	119 Jacobs Winzelberg Wilfley, et. Al.	125 Berardi Jarry

Scientific Paper Session II (cont.)

Sunday, May 2
9:00am-10:30am

Time	Bonaire 1	Bonaire 2	Bonaire 3	Bonaire 4
	Psychological: Individual IV	Socioculture, Cross- Cultural and Ethnicity II	Treatment of Eating Disorders II	Treatment of Eating Disorders III
9:00am	126 Eveline Biebl	132 Lilenfeld Jacobs Picot, et. Al.	138 Forman Harriger Davis	144 Laliberte Mills Newton, et. Al.
9:15am	127 Jarry Polivy Herman, et. Al.	133 Latner Stunkard Wilson	139 Cannon Loomis Weltzin, et. Al.	145 Coughlin Redgrave Heinberg, et. Al.
9:30am	128 Solomon Levendosky Klump	134 Bojorquez Unikel	140 McElroy Shapira Arnold, et. Al.	146 Gempeler
9:45am	129 Quinton Wagner	135 Applegate Germore Shapiro, et. Al.	141 Gill Crow	147 Bulik
10:00am	130 Engelberg Steiger Gauvin	136 Pinhas Heinmaa Bryden	142 Delinsky Wilson	148 Kristeller Quillan-Wolever Sheets
10:15am	131 Culbert Klump	137 Franko Striegel-Moore Thompson, et. Al.	143 Antoniou Jarry Berardi, et. Al.	149 Wade Pritchard Bergin

Presenters

- Liana Abascal, MA, SDSU/UCSD, San Diego, CA, USA
- Suzanne Abraham, PhD, Professor, University of Sydney, St Leonards, NSW, Australia
- Diann Ackard, PhD, Licensed Psychologist, Private Practice, Golden Valley, MN, USA
- Sarah Allison, PhD, Post Doctoral Fellow, Women's Health, University of TX at Austin, SON, Austin, TX, USA
- Kelly Allison, PhD, University of Pennsylvania, Philadelphia, PA, USA
- Arnold Andersen, MD, FAED, Professor, University of Iowa College of Medicine, Iowa City, IA, USA
- Charles Anderson, PhD, Postdoctoral Fellow, University of North Carolina, Chapel Hill, NC, USA
- Maria Antoniou, MA, Bulimia Anorexia Nervosa Association, Windsor, ON, Canada
- Katherine Applegate, PhD, Assistant Clinical Professor, Duke University Medical Center, Durham, NC, USA
- Aimee Arikian, BA, Community Program Assistant, University of Minnesota, Minneapolis, MN, USA
- Evelyn Attia, MD, Associate Professor, Columbia University, NY, USA
- Cheryl Aubie, MA, Doctoral Candidate, University of Windsor, Windsor, ON, Canada
- Bryn Austin, ScD, Instructor, Children's Hospital, Boston, MA, USA
- Rachel Bachner-Melman, MA, Student, Hebrew University of Jerusalem, Jerusalem, Israel
- Judith Banker, MA, LLP, FAED, Center for Eating Disorders, Ann Arbor, MI, USA
- J. Armando Barriguete, MD, FAED, Honorary Consultant, Institute of National Medicine, Mexico City, Mexico
- Carolyn Becker, PhD, Assistant Professor, Trinity University, San Antonio, TX, USA
- Kelly Berardi, MA, student, University of Windsor, Windsor, ON, Canada
- Ovidio Bermudez, MD, FAED, Associate Professor, Vanderbilt University, Nashville, TN, USA
- Roslyn Binford, PhD, Postdoctoral Fellow, The University of Chicago, Chicago, IL, USA
- Leann Birch, PhD, Professor, Pennsylvania State University, University Park, PA, USA
- Jennifer Boisvert, PhD Student, University of Regina, Regina, SK, Canada
- Ietza Bojorquez, MD, Mexico City, Mexico
- Kristin S. Bohn, PhD, Psychiatry, University of Oxford, Oxford, UK
- Ali Borden, MFT, Clinical Director, Monte Nido Treatment Center, Malibu, CA, USA
- Wayne Bowers, PhD, FAED, Professor, Univ. of Iowa, Iowa City, IA, USA
- Caroline Braet, PhD, Professor, Ghent University, Ghent, Belgium
- Terrill Bravender, MD, MPH, Pediatrics, Duke University Medical Center, Durham, NC, USA
- Timothy Brewerton MD, FAED, Clinical Professor, Medical University of South Carolina, Charleston, SC, USA
- Kenneth Bruce, PhD, Assistant Professor, Douglas Hospital & McGill University, Montreal, QC, Canada
- Cynthia Bulik, PhD, FAED, Professor, University of North Carolina at Chapel Hill, Chapel Hill, NC, USA
- Debora Burgard, PhD, Clinical Psychologist, Los Altos, CA, USA
- Debora Bussolotti, Psychiatrist, University Hospital of Bellvitge, Hospitalet del Llobregat, Barcelona, Spain
- Rose Calderon, PhD, Associate Professor, University of Washington and Seattle Children's Hosp, Seattle, WA, USA
- Rachel Calogero, MS, Syracuse University, Syracuse, NY, USA
- Nancy Cannon, PsyD, Psychotherapist, Rogers Memorial Hospital, Oconomowoc, WI, USA
- Stephanie Cassin, MSc, PhD Student, University of Calgary, Calgary, AB, Canada
- Ursula Castro, MD, Psychologist, Universidad Complutense, Madrid, Spain, Madrid, Spain
- Christine Celio, MA, Research Coordinator, Stanford University School of Medicine, Stanford, CA, USA
- Lisa Chernecki, BA Hons, Eating Disorders Program, Children's & Women's Health Centre of British Columbia, Vancouver, British Columbia, Canada
- Line Claus, Master Degree, Ghent University, Ghent, Belgium
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- Linda Craighead, PhD, Professor, University of Colorado, Boulder, CO, USA
- Scott Crow, MD, FAED, Associate Professor, University of Minnesota Medical School, Minneapolis, MN, USA
- Kristen Culbert, BA (expected May 2004), Student, Michigan State University, East Lansing, MI, USA
- Laura Currin, BA, Eating Disorder Research Unit, Institute of Psychiatry, King's College London, UK
- Ida Dancyger, PhD, Assistant Professor, North Shore University Hospital, Manhasset, NY, USA
- Simone de la Rie, MA, Robert-Fleury Stichting, Leidschendam, The Netherlands
- Martina de Zwaan, MD, FAED, Professor, Univ of Erlangen-Nuremberg, Erlangen, Germany
- Sherrie Delinsky, MS, Doctoral Candidate, Rutgers, The State University of New Jersey, Piscataway, NJ, USA
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- Gina Dimitropoulos, MSW, University Health Network, Toronto, Canada
- Regina Dolan-Sewell, PhD, National Institutes of Health/NIMH, Bethesda, MD, USA
- Sarah Durkin, PGradDip, University of Melbourne, Melbourne, VC, Australia
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- Marla Engelberg, BSc (PhD Candidate), Postdoctoral Fellow, University of Chicago, Chicago, IL, USA
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- Dara Faden, BA, Pre-Doctoral IRTA, DEB, NICHD, NIH, Bethesda, MD, USA
- Christopher Fairburn, DM, Professor of Psychiatry, University of Oxford, Oxford, UK
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- Alison Field, ScD, Assistant Professor, Children's Hospital, Boston, MA, USA
- Maryelizabeth Forman, PhD, Research Coordinator, The Renfrew Center, Philadelphia, PA, USA
- Debra Franko, PhD, Associate Professor, Northeastern University, Boston, MA, USA
- Anthea R. Fursland, PhD, Kaiser Permanente, Oakland, CA, USA
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- Lise Gauvin, PhD, Full Professor, University of Montreal, Montreal, QC, Canada
- Allan Geliebter, PhD, Research Scientist, St. Luke's/Roosevelt Hospital, NY Obesity Research C, New York, NY, USA
- Josie Geller, PhD, Associate Professor, University of British Columbia, Vancouver, BC, Canada
- Juanita Gempeler, Diploma in Beh. Therapy, Assistant Professor, Javeriana University, Bogotá, Bogotá DE, Colombia
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- Simon Gowers, FRCPsych, Academic Unit, Young Peoples Center, Chester, UK
- Eitan Gur, MD, Senior Lecturer, The Chaim Sheba Medical Center, Tel Hashomer, Israel
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- Margus Heinmaa, MPsy, Pre-Doctoral Fellow, Hospital for Sick Children, Toronto, ON, Canada
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- Tom Hildebrandt, PsyM, Rutgers, The State University of New Jersey, Piscataway, NJ, USA
- Anke Hinney, PhD, Reseacher, Philipps-Univ of Marburg, Marburg, Germany
- Hendrik Hinrichsen, DCLinPsy, Clinical Psychologist, St. George's Hospital Medical School, London, UK
- Varsha Hirani, BSc, Research Psychologist, St. George's Hospital Medical School, London, UK
- Mari Hotta, MD, Professor, National Graduate Institute For Policy Studies, Tokyo, Japan
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- Debra K. Katzman, MD, FRCP(C), FAED, Associate Professor of Pediatrics, The Hospital for Sick Children and University of Toronto, Toronto, ON, Canada
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- Nancy King, MS, Private Practice, La Canada Flintridge, CA, USA
- Diane Klein, MD, Clinical Research Fellow, Columbia University/New York State Psychiatric Insti, New York, NY, USA
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- Hubert Lacey, MD, Professor of Psychiatry, St George's Hospital Medical School, London, UK
- Jan Lackstrom, MSW, Assistant Professor, University of Toronto, Toronto, ON, Canada
- Michele Laliberte, PhD, Director, Eating Disorders Program, St. Joseph's Healthcare, Hamilton, ON, Canada
- Lauren H. Langle, APRN-BC, New Orleans, LA, USA
- Bryan Lask, FRCPCH, FAED, Professor of Child and Adolescent Psychiatry, St George's Hospital Medical School, London, UK
- Janet Latner, PhD, Lecturer in Psychology, University of Canterbury, Christchurch, New Zealand

- Yael Latzer, DSc, Lecturer, University of Haifa, Haifa, Israel
- Linda Lauritzen, BScN, Registered Nurse, St. Paul's Hospital, Vancouver, BC, Canada
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- Erica Layton, MA, Toronto, ON, Canada
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- Ee-Lian Lee, MMed (Psychiatry), Consultant Psychiatrist, Singapore General Hospital, Singapore, Singapore
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The AED would like to offer special recognition to the following individuals:

The NIMH Young Investigators Travel Awardees: Once again this year, thanks to a grant from the National Institute of Mental Health awarded to **Ruth Striegel-Moore, PhD, FAED** and **Cynthia Bulik, PhD, FAED** on behalf of the AED, we were able to award 11 Young Investigator Travel Awards. Eligible recipients were United States citizens who were in training and had provided evidence of academic excellence. These awards support attendance to at the AED/EDRS teaching day, the entire conference, and presentation of a scientific paper at the conference. The 2004 awardees are:

Liana Abascal	San Diego State Univ/UCSD	USA
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The AED Young Investigator Travel Awardees: The AED was able to offer four additional Young Investigator Travel Awards this year. Individuals were eligible for these awards if they were AED members, non-US or US Citizen, and a current trainee or not currently training with less than 3 years post-training. These awards support attendance at the AED/EDRS teaching day, the entire conference, and presentation of a scientific paper at the conference. The 2004 awardees are:

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The AED Clinician Scholarships: This year, thanks to profits from the AED Gala in Boston in 2002, the AED was pleased to be able to provide scholarships that supported conference attendance to 8 clinical scholars from around the world who are AED members. The 2004 clinical scholarships were awarded to:

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Sharlene Wedin, PsyD	Medical Univ. of South Carolina	USA
Shelagh Wright, Pdip	Huntercombe Manor	UK
Ruth E. Yodaiken, MA	Neve Hadar Eating Disorders Center	Israel

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Friday, April 30 from 7:30 am until 6:00 pm
Saturday, May 1 from 8:00 am until 6:00 pm
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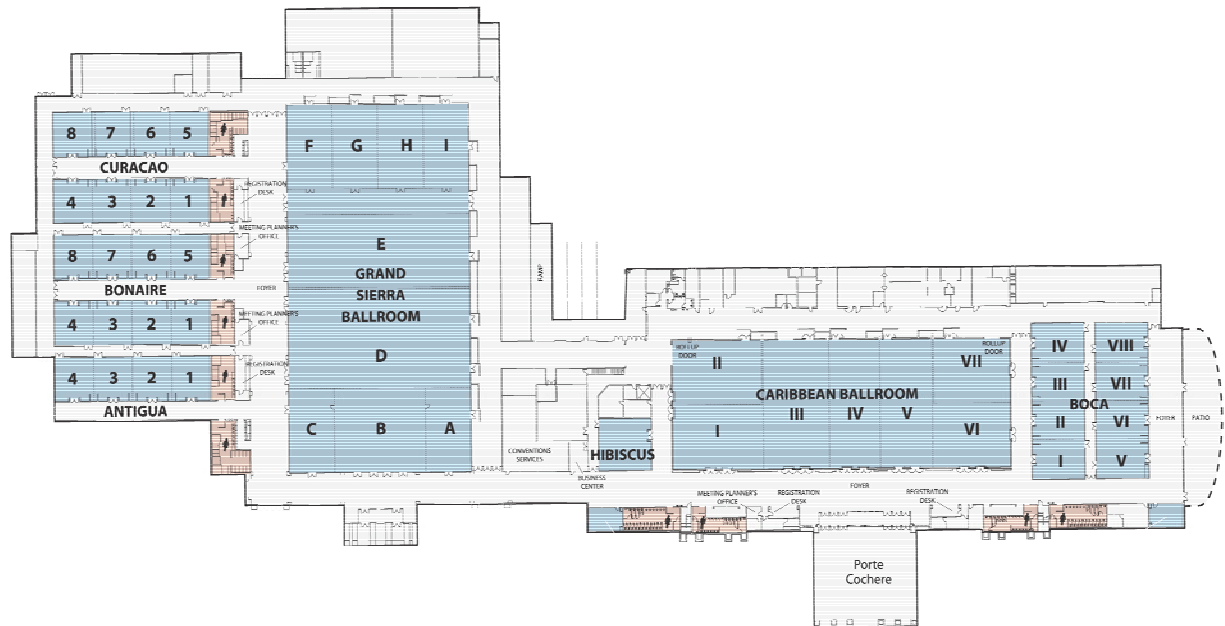
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