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## Message from the President

Dear AED colleagues,



Kelly Bhatnagar

It is time to “start spreading the news!” Planning is well underway for the ICED 2024 in New York, New York (United States), and we are confident this meeting will mirror the success of the ICED 2023. The call for ICED 2024 abstracts recently closed, and we are delighted to have received 632 submissions! As a comparison point, we received approximately 500 submissions for the ICED 2023. Many thanks to our colleagues who submitted abstracts -- we look forward to a robust final program. Additionally, the AED Board of Directors and the AED management team Virtual, Inc. are working diligently to make the conference as cost-effective as possible. Take advantage of the early bird conference registration rates for additional savings!

- **Cultivating Belonging and Building Connections.** In light of world events taking place, I realize that our upcoming conference theme, Cultivating Belonging and Building Connections, resonates with a more profound significance. The world events spotlight the need to foster a sense of belonging and to forge authentic connections not only on a global stage but also within the microcosm of our organization. The AED will remain anchored to its strategic plan, which prioritizes our commitment to nurturing an environment where every member feels valued and connected with others.
- **Strategic Priority 1: Enhancing the Value of Membership.** We aim to cultivate a sense of belonging within the AED. Members who feel a genuine connection are more likely to participate in and contribute to organizational activities. Personally, it has been wonderful engaging with AED members during my virtual office hours and at recent AED events, including the first webinar in the AED Leadership Series (hosted by the AED Educational Programming Committee). It has been exciting to see members who are enthusiastic to become more involved in the AED, and I look forward to seeing many new applicant names during this year's call for AED committee volunteers!

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## Message from the President *continued*



### **Officers**

#### **President**

Kelly Bhatnagar, PhD, FAED  
Beachwood, OH, USA

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#### **Director for Standards of Excellence**

Renee D. Rienecke, PhD, FAED  
Chicago, IL, USA

To further enhance the value of AED membership, we will continue offering new training opportunities, especially those stemming from the work of our Training and Certification Task Force led by Immediate Past President Jennifer Thomas.

- **Strategic Priority 2: Cultivating a Diverse and Global Community of Professionals.** The essence of diversity -- and a steppingstone to cultivating a sense of belonging-- is within our embracement of different perspectives and experiences. In line with this strategic priority, the AED is thrilled to welcome the newly approved Black and Brown Professionals in Eating Disorders Special Interest Group (SIG) to be co-chaired by Karen Jennings-Mathis and Iman McPherson! The AED Director for Outreach, Gry Kjaersdam Telléus, has also partnered with leaders from AED chapter and affiliate organizations to identify uniform goals and expectations to implement across organizations. We hope this will expand our membership base to include more colleagues outside the United States.
- **Strategic Priority 3: Building a Sustainable Financial Model.** Sustainability is both a fiscal and a social responsibility. By fostering connections and building a community where every member feels a sense of belonging, we create a foundation for financial stability. Many efforts are taking place to support this strategic priority. I would also like to highlight the launch of the new AED job board hosted by the company YM. The job board has the potential to serve as a lucrative source of revenue and is a fantastic member benefit. If you still need to visit the page, please [check it out!](#)

I hope you, too, will reflect on the ICED 2024 theme and how we can work together to advance the AED Mission. I again welcome you to connect with me during my virtual office hours to share thoughts, ask questions, or say hello on the first Monday of each month from 3-4 pm ET (United States). Virtual appointments can be scheduled [here](#).

Warmly,  
Kelly Bhatnagar

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# Bericht van de President

Kelly Bhatnagar (Translated into Dutch by Linda Booij)

Beste AED-collega's,

Het is tijd om het nieuws te gaan verspreiden! De planning voor de ICED 2024 in New York is in volle gang en we zijn ervan overtuigd dat deze bijeenkomst het succes van de ICED 2023 zal evenaren. De oproep voor het indienen van abstracts voor ICED 2024 is onlangs gesloten en we zijn verheugd dat we 632 inzendingen hebben ontvangen. Ter vergelijking: voor de ICED 2023 ontvingen we ongeveer 500 inzendingen. Veel dank aan onze collega's die abstracts hebben ingediend -- we kijken uit naar een sterk inhoudelijk en definitief congresprogramma. Tevens werken het AED-bestuur en het AED-managementteam Virtual Inc. er hard aan om het congres zo kosteneffectief mogelijk te maken. Profiteer van de vroegboektarieven voor registratie voor extra besparingen!

- **Erbij horen en contacten leggen.** Gezien de recente gebeurtenissen in de wereld realiseer ik me dat ons aankomende congres thema, '*Cultivating Belonging and Building Connections*', een diepere betekenis heeft. De wereldgebeurtenissen benadrukken de noodzaak om een gevoel van saamhorigheid te bevorderen en authentieke verbindingen te smeden, niet alleen op een wereldwijd podium, maar ook binnen de microkosmos van onze organisatie. De AED blijft verankerd in haar strategisch plan, waarbij het scheppen van een omgeving waarin elk lid zich gewaardeerd en verbonden voelt met anderen onze prioriteit heeft.
- **Strategische Prioriteit 1: De waarde van het lidmaatschap vergroten.** We streven ernaar een gevoel van verbondenheid binnen de AED te bevorderen. Leden die zich echt verbonden voelen, zullen eerder deelnemen en bijdragen aan activiteiten van de organisatie. Persoonlijk vind ik het geweldig om in contact te komen met AED-leden tijdens mijn virtuele kantooruren en tijdens recente AED-evenementen, waaronder het eerste webinar in de AED Leadership Series (georganiseerd door de AED Educational Programming Committee). Het was goed om leden te ontmoeten die graag meer betrokken willen zijn bij de AED, en ik kijk ernaar uit om veel nieuwe namen van kandidaten te zien tijdens de oproep voor vrijwilligers voor AED-commissies dit jaar. Om de waarde van het AED-lidmaatschap verder te vergroten, zullen we nieuwe trainingsmogelijkheden blijven aanbieden, met name die voortkomen uit het werk van onze Training and Certification Task Force onder leiding van voormalig AED president Jennifer Thomas.
- **Strategische Prioriteit 2: Het cultiveren van een diverse en wereldwijde gemeenschap van professionals.** De essentie van diversiteit - en een springplank naar het cultiveren van een gevoel van verbondenheid - ligt in het omarmen van verschillende perspectieven en ervaringen. In lijn met deze strategische prioriteit is de AED verheugd om de onlangs goedgekeurde Black and Brown Professionals in Eating Disorders Special Interest Group te mogen verwelkomen, onder voorzitterschap van Karen Jennings-Mathis en Iman McPherson. De AED-director for Outreach, Gry Kjærdsdam Telléus, heeft ook samengewerkt met leiders van de AED Chapter en verwante organisaties om uniforme doelstellingen en verwachtingen te identificeren die in alle organisaties kunnen worden geïmplementeerd. We hopen dat dit ons ledenbestand zal uitbreiden met meer collega's buiten de Verenigde Staten.

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- **Strategische Prioriteit 3:** Het bouwen van een duurzaam financieel model. Duurzaamheid is zowel een fiscale als sociale verantwoordelijkheid. Door contacten te versterken en een gemeenschap op te bouwen waarin elk lid zich thuis voelt, creëren we een basis voor financiële stabiliteit. Er worden veel inspanningen gedaan om deze strategische prioriteit te ondersteunen. Ik wil ook graag de lancering van de nieuwe AED-vacaturebank onder de aandacht brengen, die wordt gehost door het bedrijf YM. De vacaturebank heeft het potentieel om als een lucratieve bron van inkomsten te dienen en is een fantastisch ledenvoordeel. Als u de pagina nog moet bezoeken, [neem dan een kijkje!](#)

Ik hoop dat ook u zult nadenken over het thema van ICED 2024 en hoe we kunnen samenwerken om de AED-missie vooruit te helpen. Ik nodig u opnieuw uit om contact met me op te nemen tijdens mijn virtuele kantooruren om gedachten te delen, vragen te stellen of gedag te zeggen op de eerste maandag van elke maand van 15.00-16.00 uur 's middags oostelijke tijd (VS). Virtuele afspraken kunnen [hier](#) worden gemaakt.

Met vriendelijke groet,  
Kelly Bhatnagar

## Message from the Editor



**Abigail Matthews  
Hamberg**

Greetings, fellow AED members! I hope that you enjoy reading this edition of the *Forum*, which includes features by the AED President, Kelly Bhatnagar, the AED Director of Membership, Leslie Anderson, and our new AED book reviewer, Leslie Sim (welcome!). You will also find our newest column, *The Partnership, Chapter, and Affiliate Committee (PCAC) Highlight*, in which Blanche A. Williams (PCAC member) introduces you to the International Association of Eating Disorders Professionals Foundation, Inc. (iaedp™), an AED chapter organization.

I am excited to announce big changes for the AED *Forum* -- this is the last quarterly *Forum* that you will receive. We are revamping the newsletter to create a "fresh" and more appealing resource. Stay on the lookout for updates about the new and improved *Forum*, coming in 2024. In the meantime, we are pausing the *Forum* quarterly for updates from AED committees and special interest groups. I look forward to "seeing" you next year!

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# Greetings from an AED Board Member



Leslie Anderson

I first joined the AED and attended the ICED in 2008. I remember feeling overwhelmed by how many people were at the conference and by how few attendees I knew. However, I also felt like I had found a professional home given the AED’s clear commitment to advancing the field through both research and evidence-based practice. I kept attending the annual ICED as often as I could and felt a little starstruck when I attended presentations by and interacted with the researchers and authors I looked up to. I quickly realized that the best way to really get to know people within the AED was to volunteer and work closely alongside committee members who had the same goals as me.

I started volunteering as a special interest group (SIG) co-chair in 2012. I quickly found myself on the AED Membership Recruitment and Retention Committee (MRRC) and as co-chair of the SIG Oversight Committee (SOC). I also served on the AED Awards and Scientific Review Committee, the Fellow Selection Committee, and the Scientific Program Committee. In 2022, I was nominated to be the AED Director of Membership which means that I am the liaison between the AED Board, the SOC, and the MRRC. My years of service with the OC and the MRRC have come in handy in my new role! The SIGs are a vital part of the AED, and the SOC and the MRRC work closely to improve the member experience within the organization.

The pandemic taught me how much I, and so many of you, value the in-person connection we get from experiences like the ICED. I appreciated being able to virtually stay in touch with the global eating disorder community through the AED during the pandemic, but I am so glad to be finally returning to in-person conferences. I am truly looking forward to helping the AED bolster the connection between members and to give all of us a professional home to come back to each year.

## Special Interest Group and Committee Updates



### Advocacy and Communications *Committee Update*

Millie Plotkin

The AED Advocacy and Communications Committee (ACC) has been busy working on projects promoting eating disorder (ED) advocacy, including the creation of guidelines for media reporting on EDs. The media can support the public by directing people to sources of supportive and evidence-based information. On the other hand, the media can perpetuate harmful ED stigma through uninformed reporting. Stories about EDs can be sensitive in nature and require careful consideration and accuracy. The ACC media reporting guidelines aim to advise media sources on speaking to and writing about individuals affected by EDs, and on directing the public to evidence-based resources.

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For example, reporters are encouraged to dispel ED stereotypes by featuring a diverse range of people and by avoiding stigmatizing messages like weight bias and caregiver blame. Topics to avoid are also included, such as detailed descriptions of behaviors, weight/calorie numbers, and "before and after" photographs. The guide concludes with recommendations for interviewing people with lived ED experience, both to avoid triggering someone still in recovery and to provide informative information without sensationalizing these deadly illnesses.

The media reporting guidelines are currently under review by the AED Board. We hope to make the guidelines available on the AED website in early 2024.

## Cognitive-Behavioral Therapy for Eating Disorders *Special Interest Group*

*Olivia Carter and Catherine Drury*

We are pleased to announce that Dr. Riccardo Dalle Grave will be our next virtual presenter in the Cognitive-Behavioral Therapy for Eating Disorders (CBT-ED) Special Interest Group's (SIG) Ask the Experts consultation series, where he will discuss [Enhanced Cognitive Behavior Therapy \(CBT-E\) for adolescents with eating disorders](#). Dr. Dalle Grave is the director of the Department of Eating and Weight Disorders at Villa Garda Hospital (Garda, VR, Italy). He co-developed an original inpatient intervention based on CBT-E principles and created an adaptation of CBT-E for adolescents. Dr. Dalle Grave is the author or co-author of more than 175 peer-reviewed articles and several books, including *Cognitive Behavior Therapy for Adolescents with Eating Disorders* (Guilford Press, 2020), *Cognitive Behavior Therapy for Eating Disorders in Young People: A Parents' Guide* (Routledge, 2022), and *A Young Person's Guide to Cognitive Behavior Therapy for Eating Disorders* (Routledge, 2024).

Dr. Dalle Grave will present on Tuesday, February 6<sup>th</sup>, 2024, at 9:30am ET (United States). To check the date/time in another location, please visit [here](#). The Zoom link for the event will be posted to the SIG discussion board approximately two weeks prior to the meeting. Questions for Dr. Dalle Grave can be posted on the discussion board or directly emailed to the CBT-ED SIG co-chairs ([olivia.carter@health.wa.gov.au](mailto:olivia.carter@health.wa.gov.au) or [cdrury@student.fdu.edu](mailto:cdrury@student.fdu.edu)) in advance -- or just come prepared for a lively discussion! . For those unable to attend, the meeting will be recorded and made available on the SIG webpage.

This is a special opportunity for CBT-ED SIG members to consult one of the world's leading experts on CBT-E and to ask their trickiest clinical questions. Any AED members who are keen to attend the event must be a member of the CBT-ED SIG. Please contact us ([olivia.carter@health.wa.gov.au](mailto:olivia.carter@health.wa.gov.au) or [cdrury@student.fdu.edu](mailto:cdrury@student.fdu.edu)) for help joining the SIG. We look forward to seeing you in February 2024! Please don't hesitate to reach out with any queries.

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## Educational Programming *Committee Update*

*Caitlin Shepherd*

The Educational Programming Committee (EPC) organizes educational opportunities for international AED members that focus on the most recent clinical and research developments in eating disorders. Each September, the EPC offers a webinar focused on the topic of suicidality in honor of Suicide Prevention and Awareness Month.

This year's webinar featured presenters Dr. Kathryn Fox, assistant professor in the Department of Psychology at the University of Denver (United States) and Shirley Wang, doctoral candidate in clinical psychology at Harvard University (United States) who shared their expertise on risk assessment and safety planning for suicidal thoughts and behaviors (SITBs) in online eating disorder research. They made a strong case for assessing SITBs in eating disorder populations, offered clear definitions of SITBs, and shared ways to measure these constructs. The presenters also provided concrete recommendations for assessing SITBs in online research studies and shared a self-guided safety plan to use with participants. They wrapped up the presentation by addressing potential ethical issues around waivers of parent/guardian consent in studies of adolescents.

You can watch Dr. Kathryn Fox and Shirley Wang's webinar [here](#). To learn more about previous educational initiatives within the AED, visit our [online library](#). A schedule of upcoming webinars is available [here](#).

## Fellows *Committee Update*

*Marcia Herron, Renee Rienecke, and Robyn Sysko*

Annual applications and nominations to become a Fellow of the AED (FAED) are due by Friday, December 15<sup>th</sup>, 2023. FAED status recognizes AED members who have made extraordinary contributions to the field of eating disorders and to the AED.

Strong candidates have been an AED member for at least five continuous years, have served as an AED volunteer and/or on at least one AED committee, and have held one or more leadership positions within the organization (e.g., chair or co-chair of an AED committee or special interest group (SIG)). Though important, SIG involvement and attendance and/or presentations at the ICED are not considered for FAED status. Candidates are expected to be at least mid-career, to have been active in the eating disorder field for the past ten or more years, and must have made distinguished and sustained contributions in one or more of the following areas:

- Research-based scholarship that has contributed significantly to professional literature in eating disorders.
- Literature designed for lay audiences (e.g., people with eating disorders, families, advocates, activists).
- Nationally and/or internationally recognized clinical services and/or prevention in eating disorders.
- Eating disorder advocacy in the context of government or other major organizations.

Appointment to FAED is given on a lifetime basis if active AED membership is maintained in good standing. Applications are accepted directly from FAED candidates or through nominations by senior AED members. More information about required application materials can be found [here](#). Please submit applications for the 2024 FAED class [here](#) by December 15, 2023.

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## Member Retention and Recruitment *Committee Update*

*Sandi James*

Membership of the AED continues to grow as we begin to recover from the pandemic. There has been a consistent increase in membership throughout the year. This is great news for the eating disorder community and the AED. The Membership Recruitment and Retention Committee (MRRC) continues to work on increasing the reach of the AED. The MRRC is working on building effective outreach projects, including a plan to reach out to a range of training programs and institutions to increase awareness of the AED and the resources offered to students looking to gain more training and skills in working with eating disorders. Initially, we will reach out to clinical master's programs in counseling, social work, and marriage and family therapy. We intend to expand outreach efforts to other disciplines (i.e., nutrition, public health) in the near future. We hope these efforts will continue to increase interest in the AED, promote membership diversity, and engage members around the world. If you have suggestions or comments for the MRRC, please contact co-chairs, [Ashley Acle and Megan Parker](#). We look forward to our combined contribution to AED's vision, "A world without eating disorders through science and practice."

## Special Interest Group Oversight *Committee Update*

*Heather Hower*

Special Interest Groups (SIGs) offer AED members an opportunity to network and access resources within focused areas of the field. The "life cycle" of SIGs (i.e., SIG development, maintenance, and dissolution) parallels that of the AED, with waxing and waning interests. Below is an outline of the requirements to form, maintain, and reinstate SIGS within the AED.

- **Requirements to propose the formation of a new SIG:**
  - Any AED member(s) can propose a new SIG to the SIG Oversight Committee (SOC) by submitting the mission of the SIG, membership engagement plans, two identified founding SIG co-chairs, and at least ten SIG members.
  - Proposals will be reviewed and approved by the SOC and the AED Board.
- **Requirements to maintain the active status of a SIG per fiscal year:**
  - Maintain two active co-chairs who have contributed equally to the SIG.
  - Hold a SIG meeting at the annual ICED.
  - Attend quarterly SIG co-chair meetings and the annual ICED SIG co-chair meeting.
  - Submit an annual report that outlines all SIG activities from the past year.
  - SIGS that have not met all maintenance requirements will be placed on hiatus for one fiscal year.
- **Requirements for SIGS placed on hiatus:**
  - The SIG cannot accept new members.
  - The SIG message board can remain open, with access restricted to existing SIG members (i.e., members who joined the SIG before it was placed on hiatus).
  - The SIG cannot hold special events.
  - Previous SIG co-chairs are not required to attend SIG co-chair meetings.

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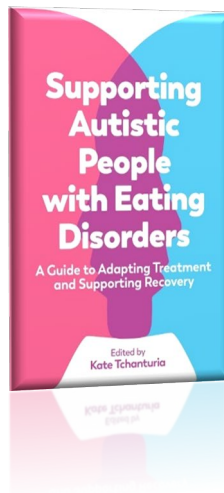
➤ **Requirements to reinstate a SIG on hiatus:**

- Following the hiatus period, SIGs seeking reinstatement must submit the updated mission of the SIG, membership reengagement plans, two identified SIG co-chairs, and at least ten SIG members.
- The SOC will review and approve (if appropriate) submissions for reinstatement.
- The SOC Board Liaison will relay the status of the SIG to the AED Board.

## Other News

### Book Review Corner

*Leslie Sim, AED Book Reviewer*



*Supporting Autistic People with Eating Disorders: A Guide to Adapting Treatment and Supporting Recovery* by Kate Tchanturia (Jessica Kingsley Publishers, 2021, 272 pages).

The young woman arrived in my office with a history that seemed familiar. At 24, she was engaging in restrictive and rule-governed dietary practices that had caused her weight to plummet. As is common in patients with eating disorders and significant weight loss, she was rigid in her thinking, socially anxious, sensitive to noise, and emotionally withdrawn. Yet, a constellation of symptoms that aligns with a familiar conceptualization does not tell whole story. Characteristics of autism spectrum disorder such as heightened sensory sensitivity, cognitive rigidity, restricted interests, and problems in social interaction and emotional processing can all drive a rigid adherence to restrictive eating patterns with critical implications for treatment.

For the patient in question, this spuriously familiar symptomatology had sent her on a costly iatrogenic detour. Her distress in response to sensory stimuli and challenges with interpersonal communication had led previous providers to conceptualize and treat her symptoms as comorbid bipolar and borderline personality disorder. But such interventions, along with traditional eating disorder care, carried a steep penalty for this young woman, as her emotional distress and eating disorder worsened, eventually sowing apprehension and mistrust in pursuing eating disorder care in the future. Certainly, a failure to recognize co-existing autism can lead to the worsening of eating disorder symptoms in the context of traditional eating disorder treatments that can be experienced by autistic people as invalidating, overwhelming, and coercive. Faced with overlapping symptomatology that may conceal a co-existing autism, clinicians may miss a critical opportunity to modify evidence-based eating disorder interventions and improve their effectiveness.

It is in this environment that we welcome *Supporting Autistic People with Eating Disorders: A Guide to Adapting Treatment and Supporting Recovery*, an accessible and authoritative guide to adapting eating disorder treatments for patients for whom a neurodevelopmental disorder may have driven and maintained an eating disorder. Authored by Dr. Kate Tchanturia, lead clinical psychologist of the National Eating Disorder Service at the South London and Maudsley National Health Service Foundation Trust and professor at King's College London, this carefully edited collection includes 20 readable chapters from an array of researchers, multidisciplinary practitioners, and contributors with lived experience.

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The resource presents a compelling case for improving our care for the substantial population of autistic people with eating disorders.

Early in the collection, we learn that over one-third of adult women with anorexia nervosa score high on screening measures of autism, creating higher levels of psychiatric symptoms and more difficulties in work and social functioning. These data set the table for eating disorder recovery stories shared throughout the book, emphasizing the importance of adapting eating disorder treatments for autistic people. In one such contribution, Dr. Pooky Knightsmith, a London-based advocate for autism and eating disorders, shares how her own autism diagnosis led to a radical revision of her eating disorder treatment and a turning point in her recovery.

Foremost among these lessons is that idiosyncrasies in eating are common in autistic people from a young age and may reflect neurodiversity versus underlying eating disorder symptoms. Without such a recognition, expecting flexibility in their eating and other behaviors may be unrealistic and counterproductive. *Supporting Autistic People with Eating Disorders* offers myriad ways in which practitioners can adapt their treatment milieu to engage autistic patients more effectively in treatment and support a successful outcome. Case studies highlight innovative assessment and treatment strategies to engage autistic people in eating disorder treatment. Further, recommendations are provided for developing unique care plans, implementing cognitive remediation therapy, providing care for the carer, reducing expressed emotion, and providing patients with accommodations to manage sensory stimuli and social demands.

Finally, the insights presented in *Supporting Autistic People with Eating Disorders* should only reinforce the recent recognition that eating disorders do not conform to rigid stereotypes -- say, of the perfectionistic girl who is afraid of becoming fat -- which have undoubtedly hindered our success in understanding and treating these diverse and complex conditions. While the eating disorder field has a long way to go to further our understanding of co-existing conditions, this compendium provides an important step when considering eating disorders in autistic people and is an indispensable resource for clinicians and researchers in the field.

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## Member's Spotlight: Erik Su



Erik Su

*Abigail Matthews Hamberg*

Erik Su is featured in this edition's *Member's Spotlight*. He recently joined the AED in September 2023. Learn more about Erik, below!

- **Welcome, Erik! Where do you live and what languages do you speak?** I live in Dallas, Texas (United States). I speak English and conversational Mandarin Chinese.
- **Tell us a bit about yourself.** I recently started a position at the University of Texas Southwestern Adolescent Medicine Group in Dallas. As an adolescent medicine physician, I hope to build and expand eating disorder programming at Children's Medical Center Dallas to better serve the youth of Dallas-Fort Worth. Prior to this position, I spent two years at Cincinnati Children's Hospital in Ohio (United States) after completing an adolescent medicine fellowship at Children's Hospital Los Angeles in California (United States).
- **Why are you an AED member?** I joined the AED to connect with other eating disorder specialists in the area, to build up my support and referral networks, and to stay up to date with the latest advancements in eating disorder care.
- **What is one thing that you are passionate about in the field of eating disorders?** Within the field of eating disorders, I am especially interested in the prevalence of weight stigma by society and specifically medical professionals, and I am interested in ways to train the next generation of pediatricians in appropriate ways to discuss their patients' weights and bodies.
- **In your region, what is one thing that is working well in eating disorder treatment and/or research? What is one thing that can be improved?** We are fortunate to have a lot of eating disorder expertise and programming in the Dallas-Fort Worth area, but we definitely need to expand access to care for pediatric patients with public insurance.
- **What is your dream job?** I am currently working my dream job, but in retirement, I dream of being a docent together with my wife at the wonderful Monterey Bay Aquarium in California and playing with otters all day

## The Partnership, Chapter, and Affiliate Committee Highlight



**Blanche A. Williams**

The International Association of Eating Disorders Professionals Foundation, Inc. (iaedp™)

The AED Partnership, Chapter, and Affiliate Committee (PCAC) strives to establish collaborative relationships with professional eating disorder organizations around the world. I am Blanche A. Williams, and I serve on the PCAC as an iaedp™ representative. iaedp™ is a volunteer-supported organization dedicated to excellence in education and training to professionals who provide eating disorders treatment. For over 16 years, I have been influential in the growth of many iaedp™ initiatives and projects, but most importantly, in supporting the development and promotion of the organization's membership.

iaedp™ serves 3,000 members within 41 chapters in the United States and one international chapter with leadership representing Argentina, Canada, Chile, Costa Rica, Dominican Republic, Egypt, Ireland, Kenya and Mexico. Members can participate in numerous committees within the organization, including the iaedp™ Excellence in Practice Committee, which led a program to support primary care physicians with eating disorder patients; the iaedp™ African American Eating Disorders Professionals-Black, Indigenous, People of Color Committee, committed to serving underserved communities and hosting monthly Culturally Competent Conversations; the iaedp™ Communication Committee, which leads bi-monthly, peer-led confidential case consultations; and the iaedp™ Connection, Outreach, and Mentoring Committee, which supports member-to-mentor connections and networking events.

Additional highlights of iaedp™ include its annual symposium geared toward professionals who care for patients in a therapeutic environment, featuring cutting-edge workshops, professional development institutes, and plenary sessions. iaedp™ proudly publishes *The Eating Disorders Review*, an online professional journal founded in 1990. The resource includes news and original articles about the diagnosis and treatment of eating disorders is available in Spanish. MemberSHARE, an online business journal, was created solely for iaedp™ members ([here](#)). It features pages dedicated to committees, chapters, and continued education opportunities, and invites members to share their expertise through original content, achievements, and events. Finally, the iaedp™ certification process provides self-paced courses for professionals seeking specialized credentials within eating disorder treatment. Certification verifies one's supervised work experience, academic course completion, and satisfactory passing of a written examination.

Together, these offerings make iaedp™ an outstanding forum for the exchange of ideas and a major educational and training force in the eating disorder field. iaedp™ is more than just an organization -- it represents leadership in the field.

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## New Member Corner

*Abigail Matthews Hamberg*

Please join me in welcoming 79 new AED members from around the globe!

New Member	Country	New Member	Country
Marissa Adams	United States	Brittni Ingvaldson	United States
Maria Alba	United States	Maggie Johnson	United States
Julie Anne-Zeig	United States	Amani Joseph	United States
Rebecca Armstrong	United States	Carolyn Karoll	United States
Sarah Attaway	United States	Kayihan	United States
Jennifer Barney	United States	Rebecca Kirian	United Kingdom
Wesley Barnhart	United States	Sabrina Kordes	United States
Amanda Barron	United States	Ross Krawczyk	United States
Maryrose Bauschka	New Zealand	Po-Han Kung	United States
Joseph Blakeslee	United States	Brooke Lamphere	Chile
Laura Boyajian	United States	Aviva Lefkovits	United States
Jessica Bresee	Israel	Gabrielle Lenhardt	Colombia
Sophie Bryan	United States	Guillermo Lima Zarate	Brazil
Ana Caballero-Lamberg	United States	Heather McAllister	United States
Esteban Cardonne	United States	Cheryl Merrell	Germany
Andre Clark	United States	Sarah Nachimson	United States
Suki Conrad	Sweden	Angela Opitz	United States
Marilou Côté	United States	Elise Ozbardakci	Brazil
Philip Crockett	United States	Lilian Palmer	United States
Telma Cruz	United States	Beatriz Pola Rabassa	United States
Ana Maria Pereira De Araujo	United States	Hannah Posluszny	Canada
Mary Claire DePreist	United States	Angelia Price	United States
Makailah Dowell	Australia	Brianne Richson	United States
Rachel Dufour	United States	Janet Schebendach	United States
Monica Dunn	United States	Malka Sears	Australia
Samantha Everhart	United States	Melissa Shaffer	United States
Natalia Fantacone	Italy	Adina Silverman	United States
Danielle Fein	Mexico	Catherine Slomka	United States
Emily Fuller	United States	Jordan Smilan-Goldstein	United States
Catherine Gao	United States	Kathryn Smith	Canada
Thaís Gazotti	United States	Zachary Soulliard	Mexico
Charisse Graham	United States	Erik Su	United States
Rebekah Grohn	United States	Katie Taylor	United Kingdom
Olivia Gruver	United States	Nicole Traub	United States
Avery Gudmundsson	United States	Andres Treviño Alvarez	United States

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Jinbo He	Italy	Sarah Troha	Canada
Amanda Henkel	United States	Maria Valle	United States
Katherine Horrum	United States	Michaela Whitehead	United States
Zoe Hynes	United States	Krysta Winters	United States