

Age Group: 3-5-year-old
Objective: Fine-motor strength and
Coordination

Line Pattern Tracing

Instructions:

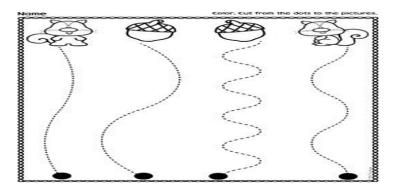
- 1. Use the pencil to create different line patterns for your child. (Straight, zigzag, wavy, or curvy).
- 2. Ask your child to trace over the line patterns using different color crayons or markers for each line.
- 3. Encourage your child to create their own line patterns using a pencil, a crayon, or a marker.

Questions to extend learning:

- 1. What other ways can you draw a line?
- 2. How many types of lines did you trace?
- 3. Which line pattern looks like a snake?

Materials:

- Paper
- Pencil
- Crayons or markers



What will the children learn?

Children will learn how to use their hands and fingers to grasp a writing or drawing tool to trace line patterns.

Learning Objectives:

- Demonstrates fine-motor strength and coordination.
- Uses writing and drawing tools.



Age Group: 3-5 year old
Objective: Demonstrates traveling skills,
Uses classification skills

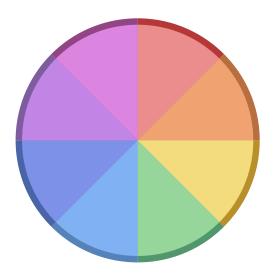
Color Hunt

Instructions:

- 1. Select an area either indoors or outdoors in which there is at least one object in view that matches each color card.
- 2. Invite your child to go on a color hunt with you.
- 3. Explain that he may choose a color card and then find something in the room or on the playground that matches the color on the card.
- 4. Begin with one color at a time. Invite your child to choose a card and then find an object to match it. You picked a red card. Can you find something in the room that is also red?
- 5. Offer directional instructions if he has a difficult time locating an object. Walk forward to the door and look by the rocking chair. Do you see anything red on the floor?
- 6. Make sure your directions are brief. Wait for your child to complete one direction before offering another.
- 7. When your child has finished matching the cards with objects, explain that the cards will be available for him to use later. Encourage him to match with the cards with new objects the next time he plays with them.

Materials:

 Small cards, each showing a color and the color's name



What will children learn?

Before your child can follow one-step directions independently, he may need assistance putting the words into action. Using verbal and visual instructions together when giving directions will help your child follow them. In this activity, your child will practice classification skills by matching objects by a single attribute: color.



Age Group: 1 to 2-year-old Objective: Cognitive Skills

Color Sorting

Instructions:

- Gather two items of the same color that your child can easily explore; you can choose up to three different colors.
- 2. Encourage the child to touch and explore the item.
- 3. Guide the child in sorting each item by color.
- 4. Encourage the children to verbally describe the color.

Questions to extend learning:

- What item did you grab?
- What color do you have?
- Can you describe the item?

Materials:

 Any household item with a solid color or solid color toys.



What will children learn?

The children will practice the following skills: language, sorting, cognitive, and handeye coordination.

Learning Objectives:

• Purposefully arranges similar objects.



Age Group: 3 to 5-year-old
Objective: Social Emotional Activity

Draw A Picture for A Loved One

Instructions:

- 1. Have a discussion with children about their family members and other important people in their lives.
- 2. Have them think about one person that is special to them and draw a picture for that person.
- 3. Write down whatever your child has told you about the picture that they have drawn.
- 4. Your child can give the picture to their loved one, mail the picture, or take a photo of the picture and send it through text or email.

Questions to extend learning:

- 1. Who is someone that makes you feel grateful? Who is someone that you are glad to have in your life?
- 2. Who is someone that you think would love to hear from you? Would you like to draw them a picture?
- 3. What are some things you would like to draw for them and tell them?

Materials:

- Paper
- Crayons and Markers



What will children learn?

Children will learn even though they are at home, they can still think about the important people in their lives by drawing pictures for others. This practice can help build children's relationship skills and social awareness skills.

Learning Objectives:

- Establishes and sustains positive relationships.
- Forms relationships with adults.



Age Group: 3-5 years old
Objective: Explores the visual arts

Leaf Rubbing: Art Project

Instructions:

Collect some different kinds of leaves. You will need leaves that are not dry or crumbly.

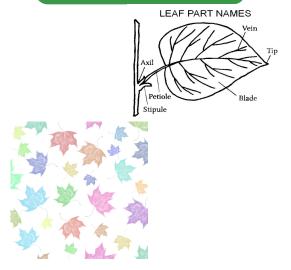
- 1. Arrange up to 4 leaves on a smooth surface.
- 2. Put a thin sheet of white paper, wax paper, aluminum foil, or tracing paper over your leaves.
- 3. Use the side of the crayon to rub gently over your paper and leaves.
- 4. Watch the outline and vein lines of your leaves appear on your paper.

Discussion topics and questions to ask your child:

- As you and your child creates the leaf prints, talk to your child about the various parts and functions of a leaf.
- The broad flat part of the leaf is called its blade.
- The lines that run through the blade are the leaf's veins.
- Veins carry food and water to the tree.
- The stalk of the leaf is called a petiole.

Materials:

- Tracing paper
- Wax paper
- Aluminum foil
- Crayons
- Colored pencils



What will children learn?

Your child will learn about the variety of paper and explore different mediums.

Learning Objectives:

- To use a variety of paper types (wax paper, tracing paper, and aluminum foil) and explore different mediums (crayon, colored pencils) when creating leaf prints.
- To learn the basic structure of a leaf, label the various parts and understand their function.



Age: 24-36 months

Cotton Swab Letter Painting

Instructions:

- 1. Set up a space where your child can be messy with paint.
- 2.On a piece of paper, write all the letters of the alphabet with a black marker or pen. Space the letters far enough apart for your child to trace.
- 3. Give your child a cotton swab and show them how to hold it.
- 4. Dip a cotton swab in the paint color of choice.
- 5. Use the cotton swab to make small dots tracing the lines of each letter.
- 6. Do this together for a while, then allow your child to explore the activity on his/her own.

How to extend activity:

Once your child has practiced their tracing with paint skills, you can have them begin practicing tracing the letters with straight and curved lines using a crayon. This extends their learning of letter recognition and fine motor skills of tracing as well as their pincer grasp.

Materials:

- Paper
- Black Marker or pen
- Paint
- Cotton Swabs



What they learn:

- **Fine Motor Skills:** Your child is practicing their fine motor skills by holding the cotton swab and tracing small lines.
- Cognitive Skills: Your child is practicing their letter recognition in this activity.



Age: 14-24 Months

Paint the Snow

Instructions:

- 1. Fill the container with snow.
- 2. Bring container back inside.
- 3. Fill the bowls with colored water.
- 4. Place bowls inside the snow container.
- 5. Let the child choose a color, stick the paint brush into the color water.
- 6. Start painting the snow.

How to extend activity:

Child can bring other toys into the snow container

Materials: • Storage

- Storage container
- Paint brushes
- Bowls
- Snow



What will your child learn?

- Child is learning fine motor skills by holding the paint brush and using strokes to paint the
- Child is building sensory skills by feeling the texture and the temperature of the snow.
- Child is developing eye-hand coordination by painting the snow.