

October Newsletter - Home Visiting

EHS Home-Based Programs

October 2019 Home Visiting Newsletter

HAPPY FALL!!! We have been back in our routine of completing our weekly home visits and bi-weekly socializations for a month now, and we appreciate you allowing us into your home to assist with your child's development. October also brings has a few important awareness topics—breast cancer awareness month and fire awareness week.

You will have a hard time escaping the color pink during this breast cancer awareness month—this is the time to bring awareness and support everyone who has been affected. Be sure to wear your pink proudly!

Fire Prevention week occurs the week of October 9—during this week we would like to provide you with five safety tips to discuss in your home, to keep your family aware of fire safety.

- Check Your Smoke Alarms
- Create and Practicing a Fire Escape Plan
- Keeping Flammable Material In Safe Places
- Caution In The Kitchen
- Teaching Children to Never Play with Fire

You are a member of the Parent Committee. The center holds a Parent Committee Meeting each month; you are encouraged to participate in the monthly meetings as well, as any other family events. Your Parent Educator will inform/remind you of your site's Parent Meetings and events dates.

As we continue with our home visits this month, we want to always encourage reading with your children and practicing at-home activities that help enhance your child's development!

Also, all parents in the Home Base Option are encouraged to participate in the bi-weekly socializations. Socializations may also be in collaboration with the Centers Family Fun Night—please see the following schedule:

- Chicago Heights: second and fourth Friday
- Dolton: first and third Friday
- Ford Heights: second and fourth Thursday
- Harvey-South Holland: Second and fourth Friday

WHEN IS SICK TOO SICK FOR SCHOOL?



Send me to school if...

I have a runny nose or just a little cough, but no other symptoms.

I haven't taken any fever reducing medicine for 24 hours, and I haven't had a fever during that time.

I haven't thrown up or had any diarrhea for 24 hours.

Keep me at home if...

I have a temperature higher than 100 degrees even after taking medicine.

I'm throwing up or have diarrhea.

My eyes are pink and crusty.

Call the doctor if...

I have a temperature higher than 100 degrees for more than two days.

I've been throwing up or have diarrhea for more than two days.

I've had the sniffles for more than a week, and they aren't getting better.

I still have asthma symptoms after using my asthma medicine (and call 911 if I'm having trouble breathing after using an inhaler).



Adapted with permission from Baltimore City Public Schools.

★ **Catalina Torres, Parent Involvement Coordinator**

Around Town

Illinois Action for Children's Consultants are available to provide customized referrals to meet your child care need with in Cook County: Summer Programs, Before and After School Programs, Overnight Care, Weekend Care, Back up Care, Preschool Care, Infant/Toddler Care, Spring Break Camp, Winter Break Camp. Call: 312-823-1100; Email: referrals@actforchildren.org or visit online: www.actforchildren.org

Prairie State College offers training for a new career in the healthcare and transportation industry through the Pipeline Training. For courses and more information visit www.twl@prairiestate.com or call (708)709-7786

Re-Entry Job and Resources Fair at Harvey IDES Office on 16845 Halsted St., Harvey, IL on Oct 2nd 9 am-12 pm. Bring your resume and be prepared to interview.

Apply online to **join the 2020 census team!** Visit www.2020census.gov/jobs at \$22/50 per hour. For more information or help applying, call 1-855-JOB-2020

OAI (Opportunity Advance Innovation) offers free childcare and Welding Training at Prairie State Colle. Must have children under age 13. For eligibility and registration call (708)283-5020

PLOWS Council on Aging on 7808 College Drive, Palos Heights, IL will start monthly groups for Grandparents & Other Relatives Raising Grandchildren. Sessions will focus on financial assistance, discussion of legal issues strategies for self-care, and more. Registration required (708) 361-0219

Visit **Behavioral Insights and Parenting Lab (BIP)** The Chicago University at <https://biplab.uchicago.edu/about-us/> to watch three interesting videos on how to add easy activities to your daily routine to help your child's early math development.