

October Newsletter - Ford Heights

Director's Desk



Janet Parker, Site Director

I would like to welcome all families returning and new to an exciting and adventurous school year. The staff here at Ford Heights Early Learning Center is dedicated to building positive relationships with each family. I would like to thank all parents that came to our first Welcome to School parent meeting. The turnout was fantastic!

Just a reminder, please make sure your child has an extra change of clothing in case of an accident. Lastly, please take the time to complete your child's At- Home- Activity sheet and return it back to your child's teacher as soon as possible.

We encourage parents to volunteer and engage in all of the multiple parental activities that will be happening during the school year. Parent Committee Meetings will be on the second Tuesday of each month—you are a member of the Parent Committee, so please plan to attend each month. Elections for Officers or the Parent Committee/Policy Council Representatives (Chair, Vice-Chair, and Secretary) will be held on October 8.

If you are interested in nominating yourself or nominating another parent, please talk to your FES or your PE.

What's new at Ford Height Early Learning: We are starting with an interesting series of Parent Cafés that will be held during consecutive six weeks, starting October 4. At the Parent Cafés, parent will have discussions in small groups about topics related to parenting, social-emotional development in children, parent-child relationships, and other that help strengthen families.

UPCOMING EVENTS - MARK YOUR CALENDARS!

Friday | 10/4/19 | Bright Promises Parent Café (8:45 – 10:15 a.m.)

Monday | 10/7/19 | Professional Development Day (**No School**)

Tuesday | 10/8/19 | Parent Committee Meeting and Elections (9 a.m.)

Friday | 10/11/19 | Bright Promises Parent Café (8:45 – 10:15 a.m.)

Friday | 10/18/19 | Bright Promises Parent Café (8:45 – 10:15 a.m.)

Friday | 10/25/19 | Bright Promises Parent Café (8:45 – 10:15 a.m.)



WHEN IS SICK TOO SICK FOR SCHOOL?



Send me to school if...

I have a runny nose or just a little cough, but no other symptoms.

I haven't taken any fever reducing medicine for 24 hours, and I haven't had a fever during that time.

I haven't thrown up or had any diarrhea for 24 hours.

Keep me at home if...

I have a temperature higher than 100 degrees even after taking medicine.

I'm throwing up or have diarrhea.

My eyes are pink and crusty.

Call the doctor if...

I have a temperature higher than 100 degrees for more than two days.

I've been throwing up or have diarrhea for more than two days.

I've had the sniffles for more than a week, and they aren't getting better.

I still have asthma symptoms after using my asthma medicine (and call 911 if I'm having trouble breathing after using an inhaler).



Adapted with permission from Baltimore City Public Schools.

★ **Catalina Torres, Parent Involvement Coordinator**

Around Town

Illinois Action for Children's Consultants are available to provide customized referrals to meet your child care need with in Cook County: Summer Programs, Before and After School Programs, Overnight Care, Weekend Care, Back up Care, Preschool Care, Infant/Toddler Care, Spring Break Camp, Winter Break Camp. Call: 312-823-1100; Email: referrals@actforchildren.org or visit online: www.actforchildren.org

Prairie State College offers training for a new career in the healthcare and transportation industry through the Pipeline Training. For courses and more information visit www.twl@prairiestate.com or call (708)709-7786

Re-Entry Job and Resources Fair at Harvey IDES Office on 16845 Halsted St., Harvey, IL on Oct 2nd 9 am-12 pm. Bring your resume and be prepared to interview.

Apply online to **join the 2020 census team!** Visit www.2020census.gov/jobs at \$22/50 per hour. For more information or help applying, call 1-855-JOB-2020

OAI (Opportunity Advance Innovation) offers free childcare and Welding Training at Prairie State Colle. Must have children under age 13. For eligibility and registration call (708)283-5020

PLOWS Council on Aging on 7808 College Drive, Palos Heights, IL will start monthly groups for Grandparents & Other Relatives Raising Grandchildren. Sessions will focus on financial assistance, discussion of legal issues strategies for self-care, and more. Registration required (708) 361-0219

Visit **Behavioral Insights and Parenting Lab (BIP)** The Chicago University at <https://biplab.uchicago.edu/about-us/> to watch three interesting videos on how to add easy activities to your daily routine to help your child's early math development.