

Director's Desk



Elise Cole-Rogers, Site Director

Fall is here and we are already off to a wonderful beginning here at Dolton. A warm welcome to you all—I hope that the program year is off to a great start for you and your family! We have had a wonderful start to our school year and it seems as though everyone has made a smooth transition. If your child is still having a difficult time separating, please be sure to make an appointment with your child's teacher and myself so we can help ease the transition.

There are three areas where we need your help in the next few months. All of these are very important steps in helping your child be ready for school and get the most out of the program.

- 1. Attendance** – it is very important that your child attend the program regularly. This is a basic for school-readiness. When your child is not present, they cannot learn what they need to be ready for school!
- 2. Partner with Staff** – In order to help your child learn all they can, we need your help. The staff needs your ideas about how your child is learning and growing at home. They need you to help reset goals for your child for the rest of the year.
- 3. Work with your child** – Since you are the first and most important teacher of your child, you also can be helping him/her learn every day at home. As a part of our school-readiness goals, we will be giving you more ideas of what you can do at home to work with your child by sending home activities that extend the learning in the classroom.

If you can help us in these ways, it will be good for your child, you and the program! I am certain we can do this together. For more information about Head Start/Early Head Start and School Readiness, please visit ECLKC website at <http://eclkc.ohs.acf.hhs.gov>.

UPCOMING EVENTS - MARK YOUR CALENDARS!

Monday | 9/30/19 | Grandparents Day!

Monday | 10/7/19 | Professional Development (Closed)

10/7/19 – 10/11/19 | Fire Prevention Week

Thursday | 10/10/19 | Parent Committee Meeting/Elections

Wednesday | 10/16/19 | Universal Soul Circus Field Trip

Wednesday | 10/23/19 | Tinley Park Odyssey Pumpkin Farm Field Trip

Thursday | 10/31/19 | Pajama Day and Safety Pup Visit



WHEN IS SICK TOO SICK FOR SCHOOL?



Send me to school if...

I have a runny nose or just a little cough, but no other symptoms.

I haven't taken any fever reducing medicine for 24 hours, and I haven't had a fever during that time.

I haven't thrown up or had any diarrhea for 24 hours.

Keep me at home if...

I have a temperature higher than 100 degrees even after taking medicine.

I'm throwing up or have diarrhea.

My eyes are pink and crusty.

Call the doctor if...

I have a temperature higher than 100 degrees for more than two days.

I've been throwing up or have diarrhea for more than two days.

I've had the sniffles for more than a week, and they aren't getting better.

I still have asthma symptoms after using my asthma medicine (and call 911 if I'm having trouble breathing after using an inhaler).



Adapted with permission from Baltimore City Public Schools.

★ **Catalina Torres, Parent Involvement Coordinator**

Around Town

Illinois Action for Children's Consultants are available to provide customized referrals to meet your child care need with in Cook County: Summer Programs, Before and After School Programs, Overnight Care, Weekend Care, Back up Care, Preschool Care, Infant/Toddler Care, Spring Break Camp, Winter Break Camp. Call: 312-823-1100; Email: referrals@actforchildren.org or visit online: www.actforchildren.org

Prairie State College offers training for a new career in the healthcare and transportation industry through the Pipeline Training. For courses and more information visit www.twl@prairiestate.com or call (708)709-7786

Re-Entry Job and Resources Fair at Harvey IDES Office on 16845 Halsted St., Harvey, IL on Oct 2nd 9 am-12 pm. Bring your resume and be prepared to interview.

Apply online to **join the 2020 census team!** Visit www.2020census.gov/jobs at \$22/50 per hour. For more information or help applying, call 1-855-JOB-2020

OAI (Opportunity Advance Innovation) offers free childcare and Welding Training at Prairie State Colle. Must have children under age 13. For eligibility and registration call (708)283-5020
PLOWS Council on Aging on 7808 College Drive, Palos Heights, IL will start monthly groups for Grandparents & Other Relatives Raising Grandchildren. Sessions will focus on financial assistance, discussion of legal issues strategies for self-care, and more. Registration required (708) 361-0219

Visit **Behavioral Insights and Parenting Lab (BIP)** The Chicago University at <https://biplab.uchicago.edu/about-us/> to watch three interesting videos on how to add easy activities to your daily routine to help your child's early math development.