

# October Newsletter - Chicago Heights

## Director's Desk

Crystal Powell, Site Director



The fall is here! I am so excited to get to know each and every family enrolled in our program! I have an open-door policy; I welcome everyone to stop by my office and get to know me. If you have questions, concerns or comments I'm here to help.

For the month of October we are so excited to celebrate Fire Safety Month. On October 8, 2019, the fire department will come out to share how important Fire Safety is with our children.

Parents are encouraged to participate in the classroom events and to bring any talents or expertise that you may have such as, cooking, crafting, singing or dancing. Also, we will be taking our wonderful children to the Odyssey Fun Farm on October 22, 2019 and October 23, 2019 to enjoy a hay ride tour!

The weather will be changing soon and we want to ensure that children are dressed according to the weather. Also remember to keep a change of clothing in your child's locker; accidents do happen were they might have to change their clothes.

Please be mindful when parking during pick up and drop off. We have a parking lot designated just for you. Please do not park in front of the building as we must keep the bus zone clear for arrival and departures. Also if you are parked in front of the building, you may get ticketed by the Prairie State Police.

Also, a friendly reminder that the "Coffee Café" is open during the hours of 8:45-10:15 a.m.—please come out and socialize with other parents.

### UPCOMING EVENTS - MARK YOUR CALENDARS!

**Thursday | 10/3/19** | Parent Committee Meeting and Elections (9 a.m.)

**Monday | 10/7/19** | Professional Development (Closed)

**Tuesday | 10/8/19** | In-House Fire Safety Field Trip

**Tuesday | 10/22/19** | Classroom 1, 2, & 3 Odyssey Fun Farm Field Trip

**Wednesday | 10/23/19** | Classroom 4 & 5 Odyssey Fun Farm Field Trip



# WHEN IS SICK TOO SICK FOR SCHOOL?



## Send me to school if...

I have a runny nose or just a little cough, but no other symptoms.

I haven't taken any fever reducing medicine for 24 hours, and I haven't had a fever during that time.

I haven't thrown up or had any diarrhea for 24 hours.

## Keep me at home if...

I have a temperature higher than 100 degrees even after taking medicine.

I'm throwing up or have diarrhea.

My eyes are pink and crusty.

## Call the doctor if...

I have a temperature higher than 100 degrees for more than two days.

I've been throwing up or have diarrhea for more than two days.

I've had the sniffles for more than a week, and they aren't getting better.

I still have asthma symptoms after using my asthma medicine (and call 911 if I'm having trouble breathing after using an inhaler).



Adapted with permission from Baltimore City Public Schools.

★ **Catalina Torres, Parent Involvement Coordinator**

**Around Town**

**Illinois Action for Children's Consultants** are available to provide customized referrals to meet your child care need with in Cook County: Summer Programs, Before and After School Programs, Overnight Care, Weekend Care, Back up Care, Preschool Care, Infant/Toddler Care, Spring Break Camp, Winter Break Camp. Call: 312-823-1100; Email: [referrals@actforchildren.org](mailto:referrals@actforchildren.org) or visit online: [www.actforchildren.org](http://www.actforchildren.org)

**Prairie State College** offers training for a new career in the healthcare and transportation industry through the Pipeline Training. For courses and more information visit [www.twl@prairiestate.com](http://www.twl@prairiestate.com) or call (708)709-7786

**Re-Entry Job and Resources Fair** at Harvey IDES Office on 16845 Halsted St., Harvey, IL on Oct 2nd 9 am-12 pm. Bring your resume and be prepared to interview.

Apply online to **join the 2020 census team!** Visit [www.2020census.gov/jobs](http://www.2020census.gov/jobs) at \$22/50 per hour. For more information or help applying, call 1-855-JOB-2020

**OAI (Opportunity Advance Innovation)** offers free childcare and Welding Training at Prairie State Colle. Must have children under age 13. For eligibility and registration call (708)283-5020  
PLOWS Council on Aging on 7808 College Drive, Palos Heights, IL will start monthly groups for Grandparents & Other Relatives Raising Grandchildren. Sessions will focus on financial assistance, discussion of legal issues strategies for self-care, and more. Registration required (708) 361-0219

Visit **Behavioral Insights and Parenting Lab (BIP)** The Chicago University at <https://biplab.uchicago.edu/about-us/> to watch three interesting videos on how to add easy activities to your daily routine to help your child's early math development.