

Balls In A Bowl

Instructions:

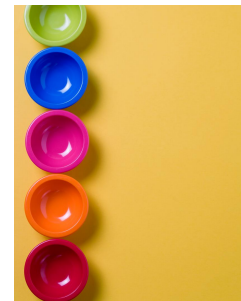
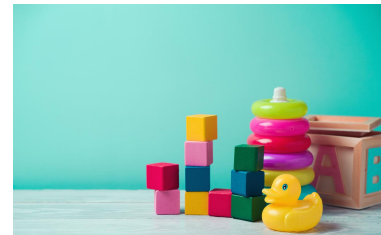
1. Parent will place bowl in front of the baby so they can reach the toys in bowl.
2. Place small balls or toys inside of bowl. Parent will then rotate bowl causing balls to fall out and make noise. By making noise you are trying to catch baby's attention.
3. Encourage your child to reach for toys and pick them up.
4. Talk with your child about what's happening or what they are seeing. (Example: What do you see? Can you get the ball? Look at the ball. Can you place it back in the bowl?)
5. Allow your baby to have fun with the activity and play as long as he or she shows interest.

How to extend activity:

- Repeat this activity over the next few days.

Materials:

- Mixing Bowl
- Small Balls or Small Toys (small enough to fit inside of bowl)

**What they learn:**

Motor: Your baby is learning that he or she can use small muscles in their hands by moving and banging them to make noise.

Language: As your baby explores and you give him words for what he is doing, he is learning language.

Cognitive: Teaching your child cause and effect helps make and organize the many connections in your baby's brain.