

COUNTING IN THE KITCHEN

What to do:

1. Parents, using items that are found in the kitchen, that you and your children choose to count, draw pictures of the items on scrap paper. Examples of kitchen item categories include: cans, cold things, things to drink, utensils (forks, spoons etc.)
2. Parents can assist children with naming the kitchen item as they draw them on scrap paper.
3. Children should touch each group, one group at a time, as you count them, for example: first count the cans, second count cold things.
4. Parents will then write tally marks next to the matching picture on the scrap paper as children touch and count items. (Alternative) Parents can write tally marks in the air as children count the items.
5. Discuss the total of each group that was counted, for example: twelve cans, nine cold things etc. Name and write numbers on the scrap paper next to the matching picture or write numbers in the air.

Materials:

Scrap Paper
Pencils or Crayons



Why is this activity important?

Math/Counting: Teaching children math by counting helps children understand and gain a sense of numbers. When you count items in a set, the last number counted tells the size of the set. It allows numbers to be used to compare sets, size and amount.