

Hot or Cold

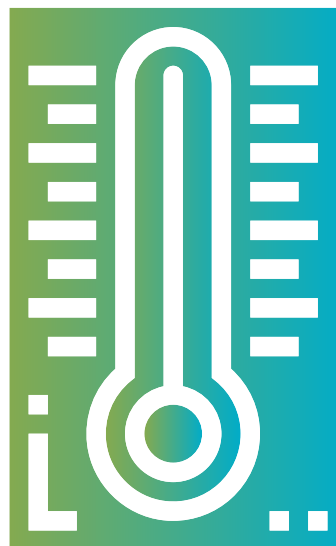
What to do:

Hot or Cold is a simple hiding game and involving play with words.

- Get your three to five year old to close their eyes tightly, and face away from you (so that they can't peek).
- Hide a soft toy somewhere in the room, or a small waterproof item outdoors.
- Then let your child run around to find it. If they move nearer to the hidden item say "hotter ...hotter ...hotter," getting louder as they get closer to the hidden item. If they move away from it say they are getting, "colder...colder...colder," until your voice is only a whisper. They will soon find the hidden treasure!
- Take turns hiding an item and hunting for the item.

Materials:

- Parent/Child
- Item or toy to Hide



Why is this activity important?

Children gain confidence in speaking through demonstrating their knowledge to others. Chatting and listening to your child will help build their communication skills. Talking about words and their meaning in everyday life will also help build your child's vocabulary and your own!