

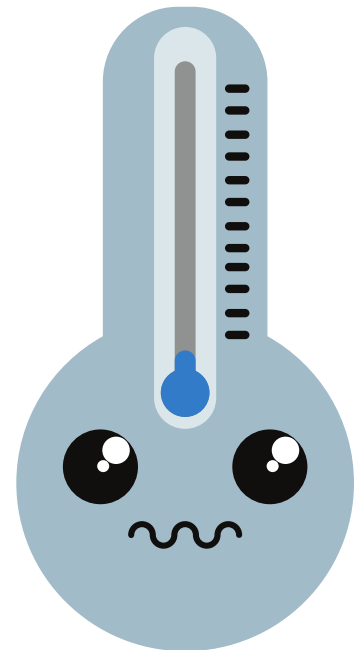
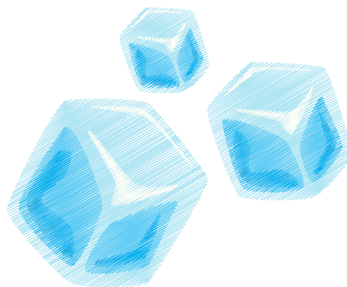
## COLD or NOT!

### What to do:

1. Parents and children will choose items from the materials list (See Materials 1 - 3).
2. Parents, explain to your children that you are going to explore items from different areas. Tell your child they will need to name and identify which items are cold and which items are not cold.
3. Parents will assist children by asking them to identify items and name if the items are cold or not. Give them hints, give them examples if need be to help the child to decide. Make a list, using tally marks as children decide if an item is cold or not. Encourage children to describe why an item feels cold or not.

### Materials:

1. Refrigerator Items
2. Freezer Items
3. Canned Goods/Pantry Items



### Why is this activity important?

**Science:** Teaching children science helps them to develop key life skills. Including forming their own opinions based on observation. Children are hands-on learners and natural opportunities for exploring and experimenting provides a foundation in scientific concepts and scientific thinking.