

Bowling

What to do:

- Parent's will explain to their child/children the rules of the game.
- Fill bottles halfway with sand or water.
- Then help your child set up the bottles in a triangular shape, setting them up like pins in a bowling game.
- Draw a line to show where to stand to roll the ball.
- Take turns rolling the ball to knock the pins down or allow your child to throw as many times as he/she likes until all the bottles are knocked down.

Materials:

- Ten plastic 2-liter water or soda bottles
- One medium sized bottle
- Water or sand



Why is this activity important? This is important because it helps with math development, by counting the bottles standing or knocked down. Talk about the size of the bottles and how much sand or water was put into the bottle. Math will help children solve problems and find solutions.