

Handprint Poem

Directions:

- With a marker or crayon, trace your child's hand.
- Next ask your child to think of five words to describe themselves. If they need extra support offer examples to them.
- On each finger of their handprint, encourage your child to write the words they came up with to describe themselves.
- For younger children offer support by having them hold the pencil in their hands and then guiding their hands as they write the words.
- Help them read their handprint poem out loud.

Materials:

Paper, pencil,
crayons, or
markers



Questions to Extend Learning: To help extend learning with this activity ask your child, "what other words can they use to describe themselves?" Ask them to describe what makes them special.

Why is this activity important?

This activity encourages language skills. Language skills help support your child's ability to communicate, express and understand feelings. It also supports emergent writing skills.