

### Flying

**What to do:**

1. Place the blanket on your lap and then baby on top of the blanket on their belly.
2. Place your hand on their midsection so they are fully supported.
3. Gently move the baby up and down and back and forth.
4. Add sound effects to make it more exciting.

**Materials:**

- Blanket
- Your lap



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**What they will learn:** Large motor body movement, social-emotional