



## Learning At Home Activity

**Age Group: Birth to 1-Year-Old**

**Objective: Fine Motor Skills**

### In and Out

#### Instructions:

1. Demonstrate to your child placing objects in a container and then dumping them back out.
2. Talk out what you are doing, i.e., "This is going into the container."
3. Encourage your child to mimic what you are doing.
4. Keep refilling and dumping containers until child is no longer interested.

#### Questions to extend learning:

- Can you place the toy inside the container?
- Do you think that the toy will fit into the container?
- Would you like to dump the toys out of the container?

#### Materials:

- Toys of varying shapes and sizes.
- You can use what you have at home: baskets, containers, boxes and/or bags with various opening sizes.



#### What will children learn?

The child will learn fine motor, grasp, and voluntary release while exploring with toys and containers.

#### Learning Objectives:

- Child will begin to develop fine motor skills.
- Demonstrates fine-motor strength and coordination.
- Uses fingers and hands.