



Learning At Home Activity

Age: Multi-Age
Motor

Our Families: Looking, recognizing, and Building Attachment

Instructions:

Birth to 5 months

1. Your baby sees best when objects are between 8 and 14 inches from the baby's face. Babies enjoy objects with high contrast.
2. Show your baby pictures of family members. Name them and show them who they are.
3. Notice how the baby focuses intently, on people around them. Do some facial features interest him a lot, like mustaches. Is he fascinated by glasses or earrings?
4. At around 8 weeks, your baby will begin to use his hands and mouth to explore. Encourage your family to let him feel their mouths, cheeks, ears, hair and so on.

6 to 36 months

1. Put a clear bag over the photographs of friends and family members. Let your child hold the bags with the photo inside.
2. Talk to your baby about who they are, what she can call them, and what they like to do.
3. When your child is getting to know new family members, or perhaps hasn't seen up to them in a while, be patient while she/he warms up to them. Suggest that they join in her/his play.
4. Tell your child stories about family members.
5. Store their pictures where she can see them.

Materials:

- Pictures of people in your children's lives
- Zip top bags
- Basket of Books 3-4 or age appropriate books including 1 wordless book



What will your child learn?

Communication: Your children are remembering the names of their family members.

Motor: Touching interesting things and holding photos exercise your children's hand and finger muscles.

Social-emotional: Your children are building attachment with the important people in their lives, which increases their feelings of trust and security. You are reinforcing your children's memories when you talk about special times together when loved ones. Around age 2 ½ or 3, your children will be better to remember these events on their own.