

## Leaf Bag

### Instructions:

1. Put leaves into the bag.
2. Tape the bag onto the floor.
3. Place baby on tummy in front of bag.
4. Let baby have fun exploring the leaves by crunching and patting on the bag

### How to extend activity:

For other positions, the bag can be given to the baby where he/she can shake and squeeze the bag

### Materials:

- Leaves (colored if possible)
- Large zip lock bag
- Tape



---

### What they learn:

- Fine motor-by crunching the leaves
- Gross motor-strengthening their back and stomach muscles to eventually sit on their own