

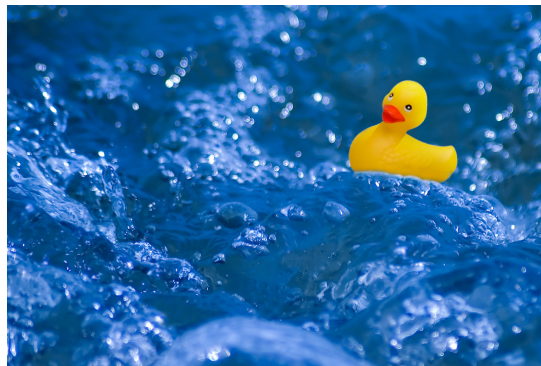
Kick and Splash in a Pan of Water

Instructions:

1. Place towel under the pan and fill the sheet pan with water.
2. Place baby on his/her back.
3. Put baby's feet into the pan and let him/her kick away.
4. Supervise child during activity.

Materials:

- Towel
- Sheetpan
- Water



What they learn:

Motor: By kicking, baby is using his/her muscles and stretching the muscles.

Cognitive: Baby is learning to use their senses of touching and hearing.