



## Learning At Home Activity

Age Group: 1 to 5 years old

Objective: Physical

### Going For a Nature Walk

**Instructions:**

1. Take a walk outdoors around the neighborhood.
2. Look for living and nonliving things in the environment, like trees, birds and rocks.

**Questions to ask while you walk:**

1. What did you see outside?
2. What colors do you see?
3. What do you think will happen to the trees when the season turns to fall?



**What will children learn?**

Children will notice and discuss the things that exist in the environment around them.

**Learning Objectives:**

- Demonstrates traveling skills
- Walks on tiptoes, walks backward, and runs